Auditory steady-state responses: multiplexed amplitude modulation frequencies to reduce recording time.

Rien Sonck[1,2,3*#]**, Jonas Vanthornhout**[1*]**, Estelle Bonin**[2,3]**, Tom Francart**[1]

* Shared first-authorship; [1] KU Leuven, Dept. of Neurosciences, ExpORL, Belgium; [2] University of Liège, GIGA-Consciousness, Coma Science Group, Belgium; [3] University Hospital Center of Liège, Brain Center (C2), Belgium

For correspondence: rien.sonck@kuleuven.be

Abstract

Objectives: This study investigated the efficiency of a multiplexed amplitude-modulated (AM) stimulus in eliciting auditory steady-state responses (ASSR). The multiplexed AM stimulus was created by simultaneously modulating speech-shaped noise with three frequencies chosen to elicit different neural generators: 3.1, 40.1, and 102.1 Hz. For comparison, a single AM stimulus was created for each of these frequencies, resulting in three single AM conditions and one multiplex AM condition.

Design: Twenty-two bilaterally normal-hearing participants (18 female) listened for 8 minutes to each type of stimuli. The analysis compared the signal-to-noise ratios (SNRs) and amplitudes of the evoked responses to the single and multiplexed conditions.

Results: The results revealed that the SNRs elicited by single AM conditions were, on average, 1.61 dB higher than those evoked by the multiplexed AM condition ($p < 0.05$). The single

conditions consistently produced a significantly higher SNR when examining various stimulus

durations ranging from 1 to 8 minutes. Despite these SNR differences, the frequency spectrum was

very similar across and within subjects. Additionally, the sensor space patterns across the scalp

demonstrated similar trends between the single and multiplexed stimuli for both SNR and

amplitudes. Both the single and multiplexed conditions evoked significant ASSRs within subjects.

On average, the multiplexed AM stimulus took 31 minutes for the lower bound of the 95%

prediction interval to cross the significance threshold across all three frequencies. In contrast, the

single AM stimuli took 45 minutes and 42 seconds.

Conclusion: These findings show that the multiplexed AM stimulus is a promising method to

reduce the recording time when simultaneously obtaining information from various neural

generators.

Introduction

The auditory steady-state response (ASSR) is a commonly used objective measure of the

auditory system (Picton et al., 2003; Picton & Burkard, 2012). During the test, electrodes are

placed on the scalp to record the electrical signal generated by the brain in response to an

auditory stimulus, requiring minimal subject participation. The ASSR uses an amplitude-

modulated (AM) carrier wave. Listening to this stimulus evokes sustained neural activity

that is phase-locked to the stimulus's modulation frequency. The response can be elegantly

and fully automatically detected by signal processing and statistical methods determining

when the modulation frequency is significantly present in the electroencephalogram (EEG)

(John & Picton, 2000; Van Dun et al., 2008).

The stimulus used to evoke ASSRs is characterized by two important frequencies: the carrier

frequency (or frequency range), which determines which part of the cochlea is activated, and

the modulation frequency, which relates to the main neural generators of the recorded

responses (Herdman et al., 2002). Multiple carrier frequencies, combined with multiple

modulation frequencies that are very close together, have been used to simultaneously and

(more or less) independently assess multiple areas of the cochlea (i.e., multiple ASSR; John

et al., 1998; Lins et al., 1994, 1996). The carrier and modulation frequencies can be

independently controlled, and stimuli containing multiple simultaneous frequencies have

been deployed to decrease overall recording time (Luts & Wouters, 2004).

In multiple ASSRs, the modulation frequencies are usually selected from a small range

primarily targeting one neural generator, such as 30 to 50 Hz (e.g., Gransier et al., 2017; John

et al., 1998) or 70 to 110 Hz (e.g., Dimitrijevic et al., 2002; Hatton & Stapells, 2010; Holmes

et al., 2018; Lins et al., 1994, 1996; Luts et al., 2006). In contrast, we will focus on multiple

simultaneous modulation frequencies *that are far apart*, targeting multiple neural

generators. The cortical areas primarily respond to low AM frequencies (< 20 Hz; Alaerts et

al., 2009; Farahani et al., 2020; Herdman et al., 2002; Y. Wang et al., 2012), while subcortical

areas such as the brainstem primarily respond to higher AM frequencies (> 80-100 Hz;

Bidelman, 2015; Farahani et al., 2020; Herdman et al., 2002; Luke et al., 2017).

Other stimuli, like the multi-tone frequency (Dolphin, 1996, 1997), have explored a wider

frequency range, but these did not include frequencies below 30 Hz and were exclusively tested in

dolphins. Other studies have explored the use of complex tones emphasizing fundamental

frequencies, speech syllable envelopes, and prosodic fluctuations. However, these studies

also predominantly target specific neural generators, either the brainstem or cortical areas,

without encompassing the entire auditory pathway (Henry et al., 2014; Varghese et al., 2015;

L. Wang et al., 2019).

In contrast, our objective is to develop a novel type of ASSR, termed the "multiplexed AM

stimulus," capable of simultaneously and efficiently gathering information from various

neural generators within the auditory system. The proposed multiplexed stimulus involves

simultaneously amplitude-modulating the carrier wave with multiple frequencies selected

from a broad frequency range (< 10 Hz to > 100 Hz). This broad range allows the stimulus to

simultaneously target multiple neural generators in the auditory pathway, such as the

brainstem, midbrain, and auditory cortex. Consequently, the multiplexed stimulus has the

potential to efficiently extract information from various neural generators, reducing

recording time and reducing the impact of fatigue and loss of attention.

Materials and Methods

<u>Participants</u>

We recruited 22 bilaterally normal-hearing subjects (4 male and 18 female) with a mean age

of 22.7 ± 2.6 years. We conducted pure-tone audiometry on 15 participants to assess their

hearing thresholds across the frequency range of 125 Hz to 8 kHz, with the threshold for

normal hearing set at <20 dB HL. The remaining participants reported no issues with their

hearing. All subjects participated voluntarily and signed an informed consent. The Ethics

Committee Research UZ / KU Leuven approved the experiment (S57102).

<u>Experimental procedure</u>

At the start of the experiment, subjects were placed in a soundproof Faraday shielded booth,

and ASSR stimuli were binaurally presented via ER-3A insert earphones (Etymotic Research

Inc, IL, USA) to each subject. The earphones were encased in an electrically grounded box.

Subjects partook in three single amplitude-modulated conditions and one multiplexed AM

condition, lasting around 32 minutes. During each condition, subjects listened for eight

minutes to an amplitude-modulated carrier presented using the APEX software (Francart et

al., 2008). The order of these conditions was randomized for each subject. The stimulus was

presented using an RME Fireface UC soundcard (Haimhausen, Bayern, Germany) at 80 dBA.

<u>Stimulus construction</u>

We employed speech-shaped noise to generate the stimulus carrier, see Figure 1A, crafted by

extracting the spectrum from a self-recorded audiobook with a male speaker that is not publicly

accessible online, as it was exclusively recorded within our laboratory. The choice of the

audiobook stems from its use in a broader research project. This noise carrier was 100% modulated

in the single AM conditions by either a 3.1 Hz, a 40.1 Hz, or a 102.1 Hz sinusoidal modulator. We

chose these frequencies based on the neural generators they target. Specifically, the 3.1 Hz AM

frequency targets the cortical areas, the 102.1 Hz AM frequency targets the brainstem, and the 40.1

Hz AM frequency targets the cortical areas, the brainstem, and the thalamus. For the multiplexed

AM condition, the carrier was simultaneously 100% modulated by all AM frequencies, i.e., a

multiplexed modulator; see Equation 1, where m, the multiplexed modulator, is the element-wise

multiplication of the 3.1 Hz sinusoidal modulator (m_3), the 40.1 Hz sinusoidal modulator (m_{40}),

and the 102.1 Hz sinusoidal modulator (m_{102}). From here on, we will refer to the stimuli and

evoked potentials as 3 Hz, 40 Hz, and 102 Hz for convenience.

107
$$m = m_3 \times m_{40} \times m_{102} \qquad (1)$$

Figure 1B-C shows the multiplexed modulator and the resulting multiplexed stimulus. An

amplitude reduction is introduced in the resulting signal by multiplying three single

sinusoidal modulators to create a multiplexed modulator.

We assessed both the time and frequency domain to quantify this attenuation for each AM

frequency. In the time domain, we calculated the Amplitude Attenuation Index (AAI); see

Equation 2.

114
$$\text{AAI}_f = \frac{\int_0^{2\pi}(m(t))dt}{\int_0^{2\pi}(m_f(t))dt} \qquad (1)$$

In the equation, the multiplexed modulator is denoted as $m(t)$, where t stands for time, and

$m_f(t)$ represents one of the single sinusoidal modulators used to create the multiplexed

modulator. The AAI_f value indicates the amplitude attenuation experienced by a specific

frequency component f within the multiplexed modulator. An AAI_f of 1 signifies that the

frequency component in the multiplexed modulator did not undergo any amplitude

attenuation. Conversely, an AAI_f of 0 suggests a complete amplitude attenuation of the

frequency component within the multiplexed modulator. The AAI for each frequency

component in the multiplexed modulator is shown in Figure 2. Since the frequencies 3 Hz,

40 Hz, and 102 Hz have no common denominator, the AAI varies across different periods of

the multiplexed modulator. However, on average, the AAI is 0.4 for each frequency

component, which indicates that the amplitude of each frequency component is only 0.4 of

its original amplitude. Upon examining the frequency domain of both the multiplexed

modulator and multiplexed stimulus, as illustrated in Figure 1B-C, both exhibit consistent

amplitudes across the AM frequencies. Thus, the AM frequencies in the multiplexed signal

experience amplitude attenuation compared to the single ASSR; however, the amplitudes

between AM frequencies remain consistent.

Figure 1: (A) Depicts the speech-shaped noise carrier and its corresponding spectrum. (B) Illustrates the modulator and its modulation spectrum, while (C) showcases the resulting multiplexed signal, including its spectrum and modulation spectrum.

<u>EEG acquisition</u>

Subjects' brain activity was recorded using electroencephalography (EEG) with a 64-channel

BioSemi ActiveTwo system (BioSemi, Amsterdam, Netherlands) with Ag/AgCl electrodes

mounted on a cap according to the 10-20 system of electrode placement (Oostenveld &

Praamstra, 2001). The EEG data were acquired using the ActiView software at an 8192 Hz

sampling rate.

Figure 2: Shows the Amplitude Attenuation Index (AAI) corresponding to each amplitude-modulation frequency of the multiplexed modulator.

Signal preprocessing

The electroencephalography (EEG) data preprocessing was performed offline in the MATLAB environment ("MATLAB" 2021). We extracted the amplitude of each frequency in the EEG signal by resampling the raw EEG to a sampling rate of 1024 Hz and applying a 20th-order infinite impulse response comb-notch filter to remove the 50 Hz powerline and its harmonics. Bad channels were identified using the root mean (RMS) method, which involves calculating the RMS value for each channel and comparing it to the threshold of 3 × the median RMS across channels. Channels with RMS values above this threshold are considered bad channels and were then interpolated using adjacent channels. The signal was then filtered using a 4th-order Butterworth high-pass zero-phase filter with a cutoff frequency of 1 Hz to remove DC and drift components. A multi-channel Wiener filter (Somers et al., 2018) was applied to remove eye-blinking artifacts. The signal was then re-referenced to the Cz

electrode for all analyses, apart for the topographic maps, where average re-referencing was

applied.

<u>Signal preprocessing for the SNR calculation</u>

The same bad channels detected during the amplitude preprocessing were interpolated to

extract the SNR of each frequency in the EEG signal. The signal was re-referenced to the Cz

electrode and divided into epochs based on the stimulus frequency. Since the 3 Hz, 40 Hz,

and 102 Hz do not have a common denominator to align their phases, we opted to make

slight variations in epoch timing to ensure we have an integer number of cycles such that no

phase drift could occur. For the 3.1 Hz stimulus, the signal was divided into 0.9677-second

epochs, resulting in 7928 samples per epoch. For the 40.1 Hz and 102.1 Hz stimuli, the signal

was divided into 0.9989-second epochs, resulting in 8184 samples per epoch. After dividing

the signal into epochs, a quality control step was performed to identify and discard bad

epochs. It was discarded if an epoch's peak-to-peak value was higher than six times the

median of the peak-to-peak values obtained across all the channels for each given epoch.

<u>Electrode selection</u>

The SNR was first normalized within subjects and then averaged per modulation frequency

using the min-max function, shown in Figure 3. Across modulation frequencies, the highest

normalized SNR was observed for the P10 and P9 electrodes, located in the parietal-occipital

region of the brain, see Figure 3B, and thus were chosen as our electrode selection. All results

except for the topographic maps are averaged across P9 and P10.

<u>Outcome measures and statistics</u>

Figure 3: (A) The average signal-to-noise ratio (SNR) normalized per condition across participants. Electrode P10 and P9 show the highest SNR across modulation frequencies. (B) The electrode selection is shown on a 10-20 topographical electrode map.

Signal-to-noise ratio

Each frequency bin's SNR was determined using Hotelling's T^2 statistic (Hotelling, 1992) a

statistical approach that generalizes the student's t-statistic to a multivariate dataset. In our

study, we used Hotelling's T^2 statistic to compare the mean of the modulated frequency bin

to the bin's variability across epochs, allowing for the detection of synchronized activity in

the EEG signal. We applied the Hotelling T^2 statistic to each EEG channel to determine if the

synchronized activity evoked by the ASSR stimuli was significantly different from the non-

synchronized neural background activity.

Linear mixed effect model: single vs. multiplexed

We constructed a linear mixed-effect (LME) model using R (R Core Team 2020) and the lme4

package (Bates et al., 2015) to investigate the relationship between listening to a multiplexed

AM stimulus, listening to a single AM stimulus, and the various AM frequencies on the SNR

of the evoked response. Initially, we fit a linear mixed-effects (LME) model to our data,

including all predictor variables and their interactions. However, the interaction effects

between the AM frequencies and the ASSR condition (single vs. multiplexed) were found to

be non-significant and were subsequently removed from the model, see Equation 3.

$$SNR\,(dB) \sim \alpha_j + \beta_1(f_{40}) + \beta_2(f_{102}) + \beta_3(condition) + \epsilon_j \qquad (\,2\,)$$

The model includes three categorical variables: $f40$ (representing a 40 Hz AM frequency),

$f102$ (representing a 102 Hz AM frequency), and *condition* (representing the ASSR

condition, with 0 indicating single and 1 indicating multiplexed). These variables are

considered fixed effects in the model. The 3 Hz AM frequency is also included in the model's

intercept. Interaction terms are added between the AM frequencies and the conditions. As

random effects, the intercepts for the subjects α_j are included to account for differences

between subjects, and the residual error term ϵ_j represents the variability that the model

does not explain. Although the residuals of our linear-mixed effect model do not follow a

normal distribution, resulting in less model power, we still proceeded with the planned

analysis. To interpret the LME model, we conducted post-hoc tests using the emmeans

package in R (Lenth et al., 2023) with Tukey's multiple comparison test (Keselman & Rogan,

1977).

Linear mixed effect model: SNR over ASSR duration

In most applications, ASSRs are typically employed to determine the presence of a response,

requiring that the response is above the significance threshold, with lesser emphasis on SNR

differences between two ASSR responses. Therefore, we used a linear-mixed effect model to

determine the duration required for each stimulus to reach the SNR threshold. We applied

Hoteling's T^2 statistics to varying amounts of data for each modulation frequency, ASSR

condition, and participant to achieve this goal. The data was sampled in one-minute

intervals, ranging from one to eight minutes. We chose to fit a square root linear mixed-

effects (LME) model to this data as a previous study has shown that the square root function

best describes signal-to-noise ratio over increasing amounts of data (Elberling & Don, 1984).

We initially fitted a linear mixed-effects (LME) model to our data, including all predictor

variables and their interactions. However, as noted, like the other LME model, the interaction

effects between the AM frequencies and conditions were insignificant. They were

subsequently removed from the model, as shown in Equation 4. Like our previous model, the

residuals of our second linear-mixed effect model do not follow a normal distribution,

potentially resulting in reduced model power. Nevertheless, we again proceeded with the

analysis as planned. In the subsequent analysis step, we employed the lower bound of the

95% prediction interval as an indicator to define the required duration for each stimulus to

reach the SNR threshold. When the lower bound crosses the statistical threshold, it signifies

the duration at which a new value will have a 95% probability of being statistically

significant. Given the limited 8 minutes of data per stimulus, we utilized the LME model to

make predictions across increasing amounts of data, using a step size of 6 seconds. This

process continued until we identified the threshold where the lower bound crossed the

significant threshold.

224
$$SNR\ (dB) \sim \alpha_j + \beta_1(f_{40}) + \beta_2(f_{102}) + \beta_3(condition) + \beta_4(\sqrt{duration}) + \qquad (3)$$

225
$$\beta_5\left(f_{40} \times \sqrt{duration}\right) + \beta_6\left(f_{102} \times \sqrt{duration}\right) + \epsilon_j$$

Results

<u>Median SNR above significance threshold for each modulation frequency</u>

The SNR of the evoked responses was calculated for each participant in the study using the

eight-minute EEG recording. At eight minutes of data, the calculated F-statistic ($F_{(2,479)}$)

corresponding to an alpha of 0.05 is 3.01, which translates to 4.78 SNR dB (Dobie & Wilson,

1996). Across participants, the median SNR for single and multiplexed ASSR conditions was

above 4.78 SNR dB, see Figure 4A. For the 40 Hz AM, all evoked responses are above the

significance threshold. For the 3 Hz AM, 68% (15 out of 22) of the participants displayed

significant responses to the multiplexed AM stimulus, while 81% (18 out of 22) displayed

significant responses to the single AM stimulus. A similar pattern was observed for the 102

Hz AM, with 77% (17 out of 22) of participants displaying significant responses to the

multiplexed AM stimulus and 91% (20 out of 22) displaying significant responses to the

single AM stimulus. These results indicate that the single and multiplexed AM stimuli elicit

significant synchronized activity in the EEG signal.

Additional support for these findings comes from examining the frequency spectrum of the

EEG. Across subjects, both stimuli exhibit distinct responses at each AM frequency for both

Figure 4: (A) The boxplots compare the amplitudes evoked by the single amplitude-modulation (AM) stimuli against those evoked by the multiplexed AM stimulus. A dot in each condition represents each subject. The solid line denotes the model fit based on the observed data, while the dashed line illustrates the model predictions for unseen data. (B) Compares the average signal-to-noise ratios (SNRs) evoked by the 3, 40, and 102 Hz AM frequencies for the single and multiplexed ASSR across stimuli duration. Each dot represents the computed SNR for each subject at each duration, while the bold lines show the average fit across subjects. The confidence interval of the model fit is depicted between the two outer lines.

242   single and multiplexed conditions, as depicted in Figure 5. Even at the individual subject

243   level, the frequency spectra remain comparable between single and multiplexed AM

244   stimulation. For instance, Subject S02 exhibits a pronounced evoked ASSR at the AM

Figure 5: The figure shows the amplitude across frequencies of the ASSR response for the average across subjects and subjects S02 and S11, with arrows pointing to the amplitude-modulated frequencies of 3 Hz, 40 Hz, and 102 Hz.

frequencies for multiplexed and single AM stimuli. In contrast, the responses of Subject S11

show lower amplitude, with only the peak at 40 Hz discernible.

<u>Significant difference in SNR for multiplexed vs. single AM stimuli.</u>

We investigated the potential difference in SNRs between the ASSRs evoked by a single AM

stimulus and those evoked by a multiplexed AM stimulus.

Our LME model, yielding an R^2 of 0.63, identified significant effects for the 40 Hz ($t[110] =$

10.91, $p < .001$) and 102 Hz ($t[110] = 4.76, p < .001$) categorical variables, as well as the

intercept ($t[49.86] = 7.65, p < .001$). Additionally, the multiplexed stimulus significantly

influenced the SNR value ($t[110] = -2.08, p < .05$). To ease the interpretations, we also

conducted post hoc tests on the LME model; see Table 1. The pairwise comparison between

the estimated marginal means of the single and multiplexed stimuli showed no significant

Multiplexed	AM frequency	Mean (SNR dB)	CI 2.5%	CI 97.5 %
0	3	8.64	6.33	10.95
1	3	7.03	4.72	9.34
0	40	19.02	16.70	21.33
1	40	17.40	15.09	19.71
0	102	12.61	10.30	14.92
1	102	11.00	8.69	13.31

Table 1: displays the post hoc estimates for the Signal-to-Noise Ratio (SNR) and the corresponding 95% confidence interval (CI) obtained from the fitted LME model; see Equation 4. The estimates in the table represent the estimated marginal means while holding all other variables in the LME model constant.

difference in the SNR values ($difference = 1.61 \, SNR(dB), t[113] = 2.05, p - value =$

0.32), indicating that using a multiplexed AM stimulus does not significantly change the SNR

values compared to using a single AM.

<u>Similarity in sensor space patterns between multiplexed and single AM stimuli.</u>

Examining the sensor space across 64 channels, the amplitude patterns for each AM frequency

exhibit remarkable similarity between the single and multiplexed stimuli, as illustrated in Figure

6A. Additionally, the similarity remains when we look at the SNR patterns within the sensor

space, but it is slightly less pronounced at 102 Hz, shown in Figure 6B.

Figure 6: Topographic maps spanning all 64 channels illustrate the sensor space characteristics, showcasing (A) amplitude measures and (B) signal-to-noise ratio (SNR) (dB) across each amplitude-modulated (AM) frequency for both the single and multiplexed stimuli.

<u>Using a multiplexed AM stimulus reduces the recording time compared to using</u>

<u>sequentially presented single AM stimuli.</u>

To complement our current findings, we sought to determine the minimum stimulus

duration required to elicit a significant response for each type of auditory ASSR across all

participants. Our fitted model, shown in Equation 4, had an R^2 value of 0.71 and revealed the

following fixed effects to be significant: ASSR condition ($t[1034] = -3.59$, $p < .001$),

$\sqrt{duration}$ ($t[1034] = 9.09$, $p < .001$), and 40 AM frequency ($t[1034] = 7.07$, $p < .001$),

and 102 AM frequency ($t[1034] = 2.33$, $p < .05$). We also found that the interaction effect

between the 40 Hz and $\sqrt{duration}$ was significant ($t[1034] = 2.28$, $p < .05$). The post hoc

test showed a 0.86 SNR dB (95% $CI = [0.39, 1.33]$) difference between the multiplexed and

single ASSR. Overall, both ASSR conditions showed a similar evolution of SNR across time, as

depicted in Figure 4B. This evolution of SNR across time is seems to be driven by a reduction

of noise and not by increasing amplitudes across time, see Appendix A.

We then investigated the minimum stimulus duration necessary for the lower bound of the

95% prediction interval associated with each AM frequency to cross the significance

threshold. Our results revealed that, for the 3 Hz single AM frequency, 27 minutes and 48

seconds were necessary, 4 minutes and 18 seconds were required for the 40 Hz single AM

frequency, and 13 minutes and 36 seconds were needed for the 102 Hz single AM frequency.

In the case of the multiplexed AM stimulus, it took 31 minutes for the 3 Hz AM frequency, 5

minutes and 12 seconds for the 40 Hz AM frequency, and 15 minutes and 24 seconds for the

102 Hz AM frequency. The critical difference between the multiplexed and single stimuli was

that the multiplexed stimulus allowed for the presentation of all AM frequencies

simultaneously, resulting in a shorter overall duration of 31 minutes. In contrast, for the

sequentially presented single stimuli, the stimulus duration for each AM frequency must be

added together, resulting in a total duration of 45 minutes and 42 seconds. Our findings

suggest that the multiplexed stimulus is more efficient and effective for eliciting significant

ASSR responses across multiple AM frequencies.

Discussion

This study compared the standard single AM stimulus, where each AM frequency is

presented sequentially, to a novel approach called the multiplexed AM stimulus. The

multiplexed AM stimulus is a single carrier wave modulated by multiple frequencies

simultaneously, aiming to obtain information from various neural generators efficiently or

simply measure the effect of modulation frequency. This approach contrasts with "multiple

ASSRs," where multiple carrier frequencies are used simultaneously. This study is the first

to examine the ASSR to multiple simultaneously presented AM frequencies on a single

carrier, specifically 3 Hz, 40 Hz, and 102 Hz.

We found a significant difference of 1.61 SNR dB between the single and multiplexed

conditions on the SNR of the evoked response. Additionally, when we studied the effect of

stimulus duration on the ASSR, where we tested durations ranging from one to eight minutes

and calculated the SNR of the ASSR for each duration, we found that the single AM stimulus

had a significantly 0.86 SNR dB higher than the multiplexed AM stimulus. However, it is

worth noting that both the model and its residuals exhibit left skewness, increasing the

likelihood of type I errors.

As a result, caution should be exercised in interpreting this significant difference as it may

be a false positive result. If this finding is true, it would mean that considering a single

frequency, single ASSRs are slightly more efficient. This result makes sense because the

single sinusoidal modulators have been 100% amplitude modulated. When these

modulators are combined into a multiplexed modulator, only 40.52% of its original

amplitude is kept. These attenuations, although inconsistent across periods, remains

consistent between AM frequencies in the frequency spectrum, as can be seen in Figure 1.

On average, the multiplexed AM stimulus took 31 minutes for the lower bound of the 95%

prediction interval to cross the significance threshold across all three frequencies. In

contrast, the single AM stimuli took 45 minutes and 42 seconds. Consequently, adopting the

multiplexed AM stimulus is a valid alternative to using single AM stimuli, offering the

advantage of reduced recording time. Over time, the amplitudes remain stable, illustrated in

Appendix A, reinforcing the idea that the noise diminishes with prolonged stimulus duration,

thus increasing the SNR.

Similar to previous studies, the SNRs of the ASSR exhibit an inverted U-shaped pattern across

AM frequencies, with the highest SNR values appearing at around 40 Hz (Gransier et al.,

2017, 2021). Previous studies have shown that the auditory system has the highest

sensitivity to AM frequencies around 40 Hz and that this response originates from various

neural generators (Farahani et al., 2017, 2020; Herdman et al., 2002; Johnson et al., 1988;

Reyes et al., 2004; Weisz & Lithari, 2017). Furthermore, the percentage of significant ASSRs

evoked by multiplexed and single AM stimuli are comparable to those reported by (Gransier

et al., 2017, 2021) with all ASSRs evoked by the 40 Hz stimuli being significant. Notably, we

found a higher number of significant responses for both the 3 Hz and 102 Hz AM frequencies,

which can be attributed to the diotic stimulation used in our study, in contrast to the

monaural stimulation employed by Gransier et al. (2017). Moreover, the stimuli in our study

were presented at a sound intensity of 80 dB instead of 70 dB, which can also affect the

amplitude of the ASSRs (Ménard et al., 2008).

The main result of our study shows that using a multiplexed AM stimulus can reduce

recording time, which may be more practical for subjects prone to tiredness, loss of

attention, and low arousal.

Another advantage of the multiplexed AM stimulus is the ability to simultaneously present a

wide range of AM frequencies. This approach potentially enables the stimulus to target

multiple neural generators in the auditory pathway. Higher AM frequencies above 80 Hz

tend to elicit more subcortical activity, primarily from the brainstem (Bidelman, 2015;

Farahani et al., 2020; Herdman et al., 2002; Luke et al., 2017). In contrast, lower AM

frequencies below 20 Hz elicit more cortical activity, primarily from the auditory cortex

12/10/23 3:41:00 PM. However, a challenge inherent in all ASSR stimuli is associating

modulation frequency ranges with *precise* neural generators, particularly in pinpointing the

exact contribution of each neural generator to the ASSR response. In addition, the

multiplexed stimulus yields a more complex modulation spectrum. It is highly non-linear,

thus making it possible that there are unexpected interactions between the ASSR responses.

Despite these challenges, our findings indicate no noticeable differences in SNRs and

amplitudes between the multiplexed ASSR and the single ASSR. The topographic maps also

show an absence of distinct differences between both ASSRs, which at least does challenge

the notion that either brain or cortical generators predominantly drive the multiplexed

ASSR. Furthermore, the 40 Hz AM frequency amplitude topographies closely resemble those

reported in other studies (Johnson et al., 1988; Neklyudova et al., 2021; Saupe et al., 2009).

Based on the study results, a potential avenue for future research would be to improve the

multiplexed AM stimulus by increasing the number of AM frequencies included. This

approach would allow for an analysis of the apparent latency (Picton et al., 2003), which can

provide more information about the neural generators involved in the multiplexed ASSR and

therefore provide greater insights into the integrity of the auditory pathway (L. Wang et al.,

2021). In this study, we used multiplication to create the multiplexed stimulus, yielding a

more complex modulation spectrum. However, for future research, choosing addition over

multiplication will facilitate the development of a simple spectrum, thereby reducing

potential interacting and confounding factors.

Another avenue might investigate multiplexed sweeps, where sweeps on lower frequency

ranges are simultaneously combined with sweeps on higher frequency ranges; this might

help to better capture ASSRs from each neural generator, as the specific AM frequency that

neural generators respond best to can vary strongly across individuals (Gransier et al.,

2021).

Conclusion

In conclusion, our study revealed that employing a multiplexed ASSR is more time-efficient

than using a sequentially presented single ASSR.

Bibliography

Alaerts, J., Luts, H., Hofmann, M., & Wouters, J. (2009). Cortical auditory steady-state

responses to low modulation rates. *International Journal of Audiology*, *48*(8), 582–

593. https://doi.org/10.1080/14992020902894558

Bates, D., Mächler, M., Bolker, B., & Walker, S. (2015). Fitting linear mixed-effects models

using lme4. *Journal of Statistical Software*, *67*(1), 1–48.

https://doi.org/10.18637/jss.v067.i01

Bidelman, G. M. (2015). Multichannel recordings of the human brainstem frequency-

following response: Scalp topography, source generators, and distinctions from the

transient abr. *Hearing Research*, *323*, 68–80.

https://doi.org/10.1016/j.heares.2015.01.011

Dimitrijevic, A., John, S. M., Roon, P. V., Purcell, D. W., Adamonis, J., Ostroff, J., Nedzelski, J. M.,

& Picton, T. W. (2002). Estimating the Audiogram Using Multiple Auditory Steady-

State Responses. *Journal of the American Academy of Audiology*, *13*(4), 205–224.

https://doi.org/10.1055/s-0040-1715964

Dobie, R. A., & Wilson, M. J. (1996). A comparison of t test, F test, and coherence methods of

detecting steady-state auditory-evoked potentials, distortion-product otoacoustic

emissions, or other sinusoids. *The Journal of the Acoustical Society of America*,

100(4), 2236–2246. https://doi.org/10.1121/1.417933

Dolphin, W. F. (1996). Auditory evoked responses to amplitude modulated stimuli

consisting of multiple envelope components. *Journal of Comparative Physiology A*,

179(1). https://doi.org/10.1007/BF00193439

Dolphin, W. F. (1997). The envelope following response to multiple tone pair stimuli.

Hearing Research, *110*(1), 1–14. https://doi.org/10.1016/S0378-5955(97)00056-7

Elberling, C., & Don, M. (1984). Quality estimation of averaged auditory brainstem

responses. *Scandinavian Audiology*, *13*(3), 187–197.

https://doi.org/10.3109/01050398409043059

Farahani, E. D., Goossens, T., Wouters, J., & van Wieringen, A. (2017). Spatiotemporal

reconstruction of auditory steady-state responses to acoustic amplitude

modulations: Potential sources beyond the auditory pathway. *NeuroImage*, *148*,

240–253. https://doi.org/10.1016/j.neuroimage.2017.01.032

Farahani, E. D., Wouters, J., & van Wieringen, A. (2020). Brain mapping of auditory steady-

state responses: A broad view of cortical and subcortical sources. *Human Brain*

Mapping, *42*(3), 780–796. https://doi.org/10.1002/hbm.25262

Francart, T., van Wieringen, A., & Wouters, J. (2008). APEX 3: A multi-purpose test platform

for auditory psychophysical experiments. *Journal of Neuroscience Methods*, *172*(2),

283–293. https://doi.org/10.1016/j.jneumeth.2008.04.020

Gransier, R., Hofmann, M., van Wieringen, A., & Wouters, J. (2021). Stimulus-evoked phase-

locked activity along the human auditory pathway strongly varies across

individuals. *Scientific Reports*, *11*(1), 143. https://doi.org/10.1038/s41598-020-

80229-w

Gransier, R., van Wieringen, A., & Wouters, J. (2017). Binaural interaction effects of 30–50

hz auditory steady state responses. *Ear and Hearing*, *38*(5), e305.

https://doi.org/10.1097/AUD.0000000000000429

Hatton, J., & Stapells, D. (2010). The Efficiency of the Single- Versus Multiple-Stimulus

Auditory Steady State Responses in Infants. *Ear and Hearing*, *32*, 349–357.

https://doi.org/10.1097/AUD.0b013e3181ff352c

Henry, M. J., Herrmann, B., & Obleser, J. (2014). Entrained neural oscillations in multiple

frequency bands comodulate behavior. *Proceedings of the National Academy of*

Sciences of the United States of America, *111*(41), 14935–14940.

https://doi.org/10.1073/pnas.1408741111

Herdman, A. T., Lins, O., Van Roon, P., Stapells, D. R., Scherg, M., & Picton, T. W. (2002).

Intracerebral sources of human auditory steady-state responses. *Brain Topography*,

15(2), 69–86. https://doi.org/10.1023/A:1021470822922

Holmes, E., Purcell, D. W., Carlyon, R. P., Gockel, H. E., & Johnsrude, I. S. (2018). Attentional

Modulation of Envelope-Following Responses at Lower (93–109 Hz) but Not Higher

(217–233 Hz) Modulation Rates. *Journal of the Association for Research in*

Otolaryngology, *19*(1), 83–97. https://doi.org/10.1007/s10162-017-0641-9

Hotelling, H. (1992). The generalization of student's ratio. In S. Kotz & N. L. Johnson (Eds.),

Breakthroughs in Statistics: Foundations and Basic Theory (pp. 54–65). Springer.

https://doi.org/10.1007/978-1-4612-0919-5_4

John, S. M., Lins, O. G., Boucher, B. L., & Picton, T. W. (1998). Multiple auditory steady-state

responses (MASTER): Stimulus and recording parameters. *Audiology: Official Organ*

of the International Society of Audiology, *37*(2), 59–82.

https://doi.org/10.3109/00206099809072962

John, S. M., & Picton, T. W. (2000). MASTER: A Windows program for recording multiple

auditory steady-state responses. *Computer Methods and Programs in Biomedicine*,

61(2), 125–150. https://doi.org/10.1016/S0169-2607(99)00035-8

Johnson, B. W., Weinberg, H., Ribary, U., Cheyne, D. O., & Ancill, R. (1988). Topographic

distribution of the 40 Hz auditory evoked-Related potential in normal and aged

subjects. *Brain Topography*, *1*(2), 117–121. https://doi.org/10.1007/BF01129176

Keselman, H. J., & Rogan, J. C. (1977). The Tukey multiple comparison test: 1953–1976.

Psychological Bulletin, *84*(5), 1050–1056. https://doi.org/10.1037/0033-

2909.84.5.1050

Lenth, R. V., Bolker, B., Buerkner, P., Giné-Vázquez, I., Herve, M., Jung, M., Love, J., Miguez, F.,

Riebl, H., & Singmann, H. (2023). *emmeans: Estimated Marginal Means, aka Least-*

Squares Means (1.8.9) [Computer software]. https://cran.r-

project.org/web/packages/emmeans/index.html

Lins, O. G., Picton, T. W., Boucher, B. L., Durieux-Smith, A., Champagne, S. C., Moran, L. M.,

Perez-Abalo, M. C., Martin, V., & Savio, G. (1996). Frequency-Specific Audiometry

Using Steady-State Responses. *Ear and Hearing*, *17*(2), 81.

Lins, O. G., Picton, T. W., Picton, P. E., Champagne, S. C., & Durieux-Smith, A. (1994).

Brainstem auditory steady-state responses to multiple simultaneous stimuli. *The*

Journal of the Acoustical Society of America, *95*(5_Supplement), 2842–2843.

https://doi.org/10.1121/1.409573

Luke, R., De Vos, A., & Wouters, J. (2017). Source analysis of auditory steady-state

responses in acoustic and electric hearing. *NeuroImage*, *147*, 568–576.

https://doi.org/10.1016/j.neuroimage.2016.11.023

Luts, H., Desloovere, C., & Wouters, J. (2006). Clinical Application of Dichotic Multiple-

Stimulus Auditory Steady-State Responses in High-Risk Newborns and Young

Children. *Audiology and Neurotology*, *11*(1), 24–37.

https://doi.org/10.1159/000088852

Luts, H., & Wouters, J. (2004). Hearing assessment by recording multiple auditory steady-

state responses: The influence of test duration. *International Journal of Audiology*,

43(8), 471–478. https://doi.org/10.1080/14992020400050060

Ménard, M., Gallégo, S., Berger-Vachon, C., Collet, L., & Thai-Van, H. (2008). Relationship

between loudness growth function and auditory steady-state response in normal-

hearing subjects. *Hearing Research*, *235*(1), 105–113.

https://doi.org/10.1016/j.heares.2007.10.007

Neklyudova, A. K., Portnova, G. V., Rebreikina, A. B., Voinova, V. Y., Vorsanova, S. G., Iourov, I.

Y., & Sysoeva, O. V. (2021). 40-Hz Auditory Steady-State Response (ASSR) as a

Biomarker of Genetic Defects in the SHANK3 Gene: A Case Report of 15-Year-Old

Girl with a Rare Partial SHANK3 Duplication. *International Journal of Molecular*

Sciences, *22*(4), Article 4. https://doi.org/10.3390/ijms22041898

Oostenveld, R., & Praamstra, P. (2001). The five percent electrode system for high-

resolution EEG and ERP measurements. *Clinical Neurophysiology: Official Journal of*

the International Federation of Clinical Neurophysiology, *112*(4), 713–719.

https://doi.org/10.1016/s1388-2457(00)00527-7

Picton, T. W., & Burkard, R. (2012). Human Auditory Evoked Potentials. *The Journal of the*

Acoustical Society of America, *132*, 566. https://doi.org/10.1121/1.4728209

Picton, T. W., John, S. M., Dimitrijevic, A., & Purcell, D. (2003). Human auditory steady-state

responses. *International Journal of Audiology*, *42*(4), 177–219.

https://doi.org/10.3109/14992020309101316

Reyes, S. A., Salvi, R. J., Burkard, R. F., Coad, M. L., Wack, D. S., Galantowicz, P. J., & Lockwood,

A. H. (2004). PET imaging of the 40 Hz auditory steady state response. *Hearing*

Research, *194*(1), 73–80. https://doi.org/10.1016/j.heares.2004.04.001

Saupe, K., Schröger, E., Andersen, S., & Müller, M. (2009). Neural Mechanisms of Intermodal

Sustained Selective Attention with Concurrently Presented Auditory and Visual

Stimuli. *Frontiers in Human Neuroscience*, *3*, 58.

https://doi.org/10.3389/neuro.09.058.2009

Somers, B., Francart, T., & Bertrand, A. (2018). A generic EEG artifact removal algorithm

based on the multi-channel Wiener filter. *Journal of Neural Engineering*, *15*.

https://doi.org/10.1088/1741-2552/aaac92

Van Dun, B., Verstraeten, S., Alaerts, J., Luts, H., Moonen, M., & Wouters, J. (2008). A flexible

research platform for multi-channel auditory steady-state response measurements.

Journal of Neuroscience Methods, *169*(1), 239–248.

https://doi.org/10.1016/j.jneumeth.2007.12.002

Varghese, L., Bharadwaj, H. M., & Shinn-Cunningham, B. G. (2015). Evidence against

attentional state modulating scalp-recorded auditory brainstem steady-state

responses. *Brain Research*, *1626*, 146–164.

https://doi.org/10.1016/j.brainres.2015.06.038

Wang, L., Bharadwaj, H., & Shinn-Cunningham, B. (2019). Assessing Cochlear-Place Specific

Temporal Coding Using Multi-Band Complex Tones to Measure Envelope-Following

Responses. *Neuroscience*, *407*, 67–74.

https://doi.org/10.1016/j.neuroscience.2019.02.003

Wang, L., Noordanus, E., & van Opstal, A. J. (2021). Estimating multiple latencies in the

auditory system from auditory steady-state responses on a single EEG channel.

Scientific Reports, *11*(1), 2150. https://doi.org/10.1038/s41598-021-81232-5

Wang, Y., Ding, N., Ahmar, N., Xiang, J., Poeppel, D., & Simon, J. Z. (2012). Sensitivity to

temporal modulation rate and spectral bandwidth in the human auditory system:

MEG evidence. *Journal of Neurophysiology*, *107*(8), 2033–2041.

https://doi.org/10.1152/jn.00310.2011

Weisz, N., & Lithari, C. (2017). Amplitude modulation rate dependent topographic

organization of the auditory steady-state response in human auditory cortex.

Hearing Research, *354*, 102–108. https://doi.org/10.1016/j.heares.2017.09.003

Appendix

Appendix A: Compares the amplitudes evoked by the 3, 40, and 102 Hz amplitude-modulated (AM) frequencies for the single and multiplexed auditory steady-state response (ASSR) across stimuli duration. Each dot point represents the amplitude for an individual subject at each specified duration.