Title page

Gut microbiota-derived gamma-aminobutyric acid from metformin treatment

reduces hepatic ischemia/reperfusion injury through inhibiting ferroptosis

Running title: Metformin against hepatic ferroptosis via microbial GABA

Fangyan Wang[+,1]; **Xiujie Liu**[+,1,4]; **Furong Huang**[+,1]; Yan Zhou[2]; Xinyu Wang[1]; Zhengyang

Song[1]; Sisi Wang[1]; Xiaoting Wang[1]; Dibang Shi[3]; Gaoyi Ruan[3]; Xiawei Ji[3]; Eryao Zhang[3];

Zenglin Tan[1]; Yuqing Ye[4]; Chuang Wang[5]; **Jesse Zhu**[*,4]; **Wantie Wang**[*,1]

[1]*Institute of ischemia/reperfusion Injury; School of basic medical science, Wenzhou Medical*

University, Wenzhou, China; [2]*Wenzhou Key Laboratory of Sanitary Microbiology; Wenzhou*

Medical University, Wenzhou, China; [3]*Department of Gastroenterology, The Second Affiliated*

Hospital and Yuying Children's Hospital of Wenzhou Medical University, Wenzhou, China;

[4]*Nottingham Ningbo China Beacons of Excellence Research and Innovation Institute, The*

University of Nottingham Ningbo, Ningbo; Suzhou Inhal Pharma Co., Ltd., Suzhou, China;

[5]*Medical school of Ningbo University, Ningbo University, Ningbo, China.*

[+]These authors contributed equally to this work and share first authorship.

*Corresponding Author: Prof. Wantie Wang   Email: wwt@wmu.edu.cn;

17   Prof. Jesse Zhu   Email: jzhu@uwo.ca

Metformin mitigates hepatic ischemia/reperfusion-induced ferroptosis via gamma-

aminobutyric acid derived from reshaped gut microbiota

Abstract: Hepatic ischemia/reperfusion injury (HIRI) is a common and inevitable factor

leading to poor prognosis in various liver diseases, making the outcomes of current

treatments in clinic unsatisfactory. Metformin has been demonstrated to be beneficial to

alleviate HIRI in recent studies, however, the underpinning mechanism remains unclear.

In this study, we found metformin mitigates HIRI-induced ferroptosis through reshaped

gut microbiota in mice, which was verified by the results of fecal microbiota

transplantation (FMT) treatment but eliminated by using antibiotics to deplete gut

bacteria. Detailedly, 16S rRNA and metagenomic sequencing identified that the

metformin-reshaped microbiota was characterized by the increase of gamma-

aminobutyric acid (GABA) producing bacteria, which was confirmed by the increase of

GABA synthesis key enzymes, glutamic acid decarboxylase (GAD) and putrescine

aminotransferase (PAT), in gut microbes of metformin-treated mice and healthy

volunteers. Furthermore, the benefit of GABA against HIRI-induced ferroptosis was

demonstrated by the results from GABA-treated mice. Collectively, our data indicate that

metformin can mitigate HIRI-induced ferroptosis by reshaped gut microbiota, and GABA

was identified as a key metabolite.

Keywords: ferroptosis / gamma-aminobutyric acid / gut microbiota / hepatic ischemia-

reperfusion injury / metformin

Introduction

Hepatic ischemia/reperfusion injury (HIRI) remains a major cause of liver damage mainly following liver transplantation, complicated hepatectomy, haemorrhagic shock and severe liver trauma.[1-4] Traditional therapeutics have been developed and repurposed to treat HIRI, including ischemic preconditioning, machine perfusion technologies, gene interventions, and stem cell therapy.[5-8] Unfortunately, current treatments are not satisfactory due to the complicated pathogenesis of HIRI. Recently, a novel theory relating to the gut-liver axis has been well accepted, demonstrating that gut microbiota is vital for liver diseases, however, there is no strategy targeted this theory to alleviate HIRI in clinical practice.

The liver links with the intestine by portal circulation which allows the transfer of gut-derived products, not only nutrients, but also microbial metabolites and components.[9] As an important part of the gut-liver communication, the intestinal mucosal and vascular barriers limit the systemic dissemination of microbes and toxins while allowing nutrients to access the circulation and reaching the liver.[10] Additionally, it is generally believed that liver injury can provoke intestinal mucosal damage and inflammation, further resulting in gut dysbiosis, which reversely induces a secondary attack on the liver.[11] Microbial agents, such as prebiotics and probiotics, have demonstrated to attenuate different liver diseases in animal studies,[12, 13] indicating that modulating gut microbes potentially prevents HIRI in clinical practice.

Recently, the hypoglycaemic drug, metformin, has attracted intensive attention in its pleiotropic biological actions in various diseases, such as obesity, cancer, nuroinflammation, especially liver diseases.[14-17] As evidences shown, the gut with high concentration of metformin become an important action site to reshape microbiota.[18] According to *Sun et al.*,[19] metformin was proven to decrease the abundance of the *B. fragilis* species and to increase the levels of bile acid and glycoursodeoxycholic acid in the gut, which inhibited intestinal farnesoid X receptor against obesity-related metabolic dysfunction in mice. Moreover, it is also demonstrated that metformin could attenuate sepsis-related liver injury by increasing the proportion of *Bifidobacterium,*

Muribaculaceae, Parabacteroides_distasonis, and *Alloprevitella* in rats.[20] As for the HIRI,

metformin has also shown the protective effect,[21] but the detailed role of gut microbiota remains

unclear.

Although metformin showed protective effects on HIRI, the role and distinctions of reshaping

microbes have yet to be determined. In the present study, we sought to elucidate that gamma-

aminobutyric acid (GABA)-producing bacteria played a critical role for the protective effects of

metformin against HIRI by using 16S rRNA and metagenomic sequencing to find the different

features of gut microbiota. The finding was reconfirmed by the results of mice that were treated

with metformin-reshaped fecal microbiota or oral antibiotics administration. Furthermore,

GABA was found to show a protective effect on HIRI by intraperitoneally injection into mice in

advance, while an increase of microbial GABA was observed in both mice and human

experiments after metformin treatment. Evidenced by the improvement of HIRI, we hypothesize

that metformin-reshaped gut microbiota elicits greater therapeutic responses for liver diseases

and serve as a promising targeted therapeutic.

Results

Metformin significantly mitigates HIRI and reshapes gut microbiota in mice

In order to evaluate the protective effect of metformin on HIRI, survival experiment was

employed in mice. The survival rate of HIRI mice increased from 41.67% to 90.00% after

metformin intervention (Fig. 1a), accompanied by hepatic morphological and histopathological

improvement including the recovery of liver pathological structure, the decrease in red blood

cell aggregation and consumption of liver glycogen (Fig. 1b), as well as the decrease in serum

activity of ALT and AST (Fig. 1c). Qualification of MDA and GSH concentrations in the mice

liver demonstrated that the presence of metformin significantly attenuated HIRI-induced

oxidation (Fig. 1d).

In order to verify the critical role of gut microbiota in the pleiotropic actions of metformin,[22-24]

fecal samples were collected from the mice to perform 16S rRNA sequencing. It was found that

the gut microbiota was substantially modulated in IR + metformin (Met) group, showing

decreased abundance (alpha diversity) and reshaped distribution (Fig. 1e). Next, as the

microbiota-gut-liver axis theory indicates, HIRI-induced dysfunction of the gut barrier may

aggravate liver damage by disrupting the gut microbiota. H&E staining of the colon and ileum,

mainly involved in gut barrier dysfunction, showed that the density and integrity of intestinal

mucosa were strikingly reduced by HIRI, which was restored by metformin treatment (Fig. 1f).

The immunofluorescence analysis of colon tissues showed that the decreased tight junction

protein ZO-1 and Occludin in HIRI-treated mice were reversed by metformin (Fig. 1g and 1h).

Similarly, western blot analysis of Occludin in colon (Fig. 1g) and the mRNA levels of

Occludin, *ZO-1, Claudin-1, JAM1* and *JAM4* in ileum of HIRI mice were increased with

metformin administration (Fig. 1i). The inflammatory cytokine *IL-6*, *IL-1β* and *IL-18* were

significantly upregulated in the ileum and colon received HIRI and were reduced by metformin

treatment (Fig. 1j). In addition, the serum FD-4 level in IR group was cut down by metformin

(Fig. 1k). These results suggested that metformin plays a critical role in restoring gut barrier

function and alleviating HIRI.

Metformin-reshaped fecal microbiota attenuates HIRI

In order to further confirm the role of metformin in reshaping the gut microbiota, microbes were

transplanted into mice before inducing reperfusion (IR). As expected, the survival analysis of

mice in the IR + fecal microbiota transplantation (FMT) group showed a similarly protective

efficacy as the IR + Met group, as indicated by the significantly improved survival rate of IR

mice (Fig. 2a). This finding was validated by ALT and AST levels as well as H&E, PAS and

DHE staining (Fig. 2b and 2e). FMT treatment could restore the GSH level but reduce the

accumulation of MDA in hepatic tissues (Fig 2c and 2d). Furthermore, a decreased alpha

diversity was observed in the FMT group, similar to IR + Met group (Fig. 2f). Meanwhile, the

attenuation of gut damage was showed by H&E staining, and the improvement in tight junction

proteins ZO-1 and Occludin, and decreased HIRI-induced *IL-1β*, *IL-6*, and *IL-18* (Fig. 2g-2i).

Serum FD-4 level showed a sharply decrease in IR + FMT group (Fig. 2j). To further identify

the function of gut microbes, combination treatment of antibiotics and metformin were

employed. Expectedly, the survival rate of IR + Met + antibiotics (Abx) group was greatly

reduced, while the levels of ALT, AST, MAD and GSH were completely opposite to IR + Met

group (Fig. 2k). The results confirmed that reshaped gut microbiota is critical for the effect of

metformin against HIRI.

Metformin alleviates HIRI-induced ferroptosis through reshaped fecal microbiota

Since the reperfusion-induced excessive oxidative stress takes place in iron-rich hepatocytes,[25]

experiments were designed to observe ferroptosis in HIRI. The ferroptosis inhibitor, DFO,

significantly ameliorated the liver injury, suggesting that ferroptosis contributes to HIRI (sFig.

1). Hence, to find out the relation, ferroptosis-related indicators were also monitored in both IR

+ Met and IR + FMT groups. The increased accumulation of Fe after HIRI was significantly cut

down by metformin and FMT treatment (Fig. 3a). The quantitative Real-time PCR (qRT-PCR)

analysis showed that the HIRI-induced upregulation of ferroptotic parameters, *ACSL4,*

SLC7A11, SLC39A14 and *COX-2,* were significantly decreased by metformin and its reshaped

gut microbiota, respectively (Fig. 3b-3e). The results of western blotting further confirmed the

anti-ferroptosis of metformin and FMT by the remarkable reduction of ACSL4, TFR1, VDAC1,

VDAC2 and VDAC3 levels and the apparent increase of antiferroptotic FTH1 and Xct levels

(Fig. 3f), The results was further consolidated by lipid ROS staining and transmission electron

microscopy (TEM) analysis (Fig. 3g). Additionally, transcriptome data on genes associated with

antiferroptosis showed an increase in both IR + Met and IR + FMT groups, whereas proferroptic

genes showed a decrease, when compared with IR group (Fig. 3h). Collectively, the results

suggested that metformin-reshaped gut microbiota performed protection against HIRI by

inhibiting ferroptosis.

 Metformin induces GABA-producing gut microbiota

 The transcriptome analysis of liver tissues showed that similar mRNA changes between Met

 group and FMT group are mainly concentrated in the three top pathways: lipid metabolism,

 carbohydrate metabolism, and amino acid metabolism (Fig 4a). Given the close relevance

 between lipid metabolism and ferroptosis (sFig 2), and the fact of carbohydrate metabolism is a

 primary way to metabolize amino acids, 22 species of amino acid were detected in liver tissues

 using HPLC-MS/MS for further identification of key metabolites involved in the role of

 metformin against HIRI-induced ferroptosis. It was found that only GABA level is significantly

 increased by metformin treatment and FMT treatment (sFig. 3), further verifying by the data of

 ELISA detection (Fig. 4b). Moreover, it was observed that the genus of *Bacteroides* had a

 significant increase based on the 16s rRNA sequencing of metformin-treated mice microbes.

 Detailedly, the species of *Bacteroides* containing *Bacteroides_thetaiotaomicron,*

 Bacteroides_unifomis, and Bacteroides_salyersiae, were upregulated in human gut after

 metformin administration (Fig. 4c and d). qRT-PCR analysis of eukaryotic GABA synthesis key

 enzymes including *SSADH, GABA-T, Gad1* and *Gad2* in liver tissues, were not upregulated by

 metformin (Fig. 4e), which was also confirmed by western blotting detection of GAD1 and

 GAD2 in liver (Fig. 4g). Interestingly, the fecal GABA concentration was shown a significant

 increase in metformin-treated mice, which was copied by the IR + FMT group, but eliminated

 by antibiotics treatment (Fig. 4f). In order to further identify the increased GABA originates

 from gut microbiota, two key enzymes of protokaryotic GABA synthesis, GAD and PAT, were

 detected on DNA level, finding that both of them are significantly increased in the feces from

 IR+Met and IR+FMT groups (Fig. 4h). Given the big safety margin, healthy volunteers were

 recruited for a 1 week of daily oral 500mg dose of metformin trial. Excitingly, the increase of

 GABA production, and the expression of GAD and PAT were shown in the results of fecal

 experiments *in vitro* and *in vivo*, accompanied by the decreased glutamic acid (Glu), a key

 substrate for gut microbiota to synthesize GABA (Fig. 4i). Besides, putrescine, another

 substrate of GABA synthesis, was not found in primary culture medium but appeared after 24h

fermentation and then was consumption later in the anaerobic culture of human feces

experiment. (Fig. 4j). Taken collectively, GABA-producing gut microbiota was upregulated by

metformin.

GABA is the critical metabolite of metformin-reshaped gut microbiota against HIRI-induced

ferroptosis

The animal experiment was designed to further observe the effects of GABA on HIRI-induced

ferroptosis (Fig. 5a). As expected, the data showed that GABA treatment reduced histological

damage and liver glycogen consumption (Fig. 5b). Serum liver function detection showed that

ALT and AST activities were dramatically depressed after GABA treatment (Fig. 5c). The

decreased MDA and Fe as well as increased GSH were observed in further determination,

confirming the protection of GABA on liver (Fig. 5d). The results of western blotting showed

the anti-ferroptosis effect of GABA treatment by the significant reduction in ACSL4, TFR1,

VDAC1,2,3 and increase of anti-ferroptotic FTH1 levels, which had the same attenuating effect

as metformin and FMT treatment (Fig. 5e). In addition, the clustergram showed GABA

upregulated the genes of antiferroptosis and depressed the proferroptic ones, which was similar

to the effect after metformin treatment (Fig. 5f). In summary, GABA treatment reduced HIRI-

induced ferroptosis.

Discussion

Metformin has been well researched for treating various liver diseases due to its multifarious

effects. Notably, it has been well documented that oral administration of metformin lead to

therapeutic effects on HIRI,[26] leaving a thought-provoking question in its underlying

mechanism. In the current study, the changes in the gut microbiota altered by metformin are

demonstrated to be necessary and sufficient for conferring liver injury protection. Moreover, it

has been confirmed that metformin attenuated HIRI by the increased GABA from reshaped gut

microbiota, through anti-ferroptosis.

Increasing evidence shows that the gut microbiota is critical for the pleiotropic actions of

metformin.[27-29] Interestingly, metformin was previously found to have a much higher

concentration in the gut lumen than other organs,[18] as also confirmed by the current study. In

fact, that concentration favoured the action of metformin on reshaping gut microbes. Despite the

distinct heterogeneity of metformin-reshaped gut microbiota in recent research, *Bacteroides*

with a high abundance of gut microbes was reported to be reduced after metformin treatment in

studies of hyperlipidemia and diabetes,[19, 30] which other studies vary from for the different

action of this bacteria.[31, 32] Our findings showed an increase abundance of the genus of

Bacteroides after metformin treatment supported by the data of mice and healthy volunteers.

Detailedly, the increased *Bacteroides* especially *Bacteroides_thetaiotaomicron,*

Bacteroides_unifomis, and *Bacteroides_salyersiae* were observed in the human gut after

metformin administration. The enriched *Bacteroides theaiotaomicron,* a glutamate-fermenting

commensal, was reported to be decreased in obese individuals and was inversely correlated with

serum glutamate concentration.[33] Therefore, *Bacteroides theaiotaomicron* might be the potential

bacterium regulating of GABA production. Little research has been done on

Bacteroides_unifomis and *Bacteroides_salyersiae*, needing a further exploration of their

characteristics in the future. Notably, *Phascolarctobacterium*, coexistly with

Bacteroides_thetaiotaomicron,[34] was reported as an emerging probiotic which showed a

significant increase in our study. Taken collectively, those reshaped bacteria after metformin

treatment may be responsible for attenuating HIRI.

Increased GABA was shown from the metformin reshaped gut microbiota for the first time,

verified by our results of feces from mice and humans. As the critical metabolite of bacteria

against acid stress, GABA was extensively produced by gut microbes, especially the species

with strong capacity of acid resistance. Interestingly, our analysis of the sequences in PUBMED

Genebank found that those three species of *Bacteroides, Bacteroides_thetaiotaomicron,*

Bacteroides_unifomis, and Bacteroides_salyersiae, which belong to metformin reshaped

microbiota, contain the key enzyme genes of GABA synthesis GAD and PAT (sFig 4), further

confirmed by the qRT-PCR result of human fecal DNA *in vivo* and *in vitro* experiment.

Specifically, the species with the strong ability of producing GABA such as *Bacteroides*

theaiotaomicron, Bacteroides_unifomis and Bacteroides_salyersiae were increased in

metformin-treated volunteers. Some studies were published to elucidate the mechanism of

metformin regulating bile acids and folate metabolite by reshaped gut microbiota, however,

there is no report about how metformin to affect GABA synthesis of gut microbes. The data

from anaerobic cultured human feces showed that metformin promoted the increase of GAD

and PAT, and GABA level along with the substrate consumption of glutamate and putrescine in

a time-dependent manner.

GABA production was reported to be critical against acid stress for microbiota to survive and

preserve metabolic activity, especially in the human gut with a lower pH than other animals.[35]

Humans benefit from bacteria-derived GABA. Peripheral GABA was first demonstrated in

intestinal flora in 1981 and further confirmed by recent studies.[36] In addition to the important

role in the central neural system and immune system, GABA showed a protective effect in

different acute liver injury models.[37, 38] Published papers have shown that GABA performs

beneficial effect through binding to the GABA receptors or promoting histone acetylation.[39, 40]

Our data from GABA-treated mice showed protective effects against HIRI-induced ferroptosis.

However, further studies are required to examine the exact molecular mechanisms of GABA

regulating ferroptosis.

In conclusion, we have demonstrated metformin-reshaped gut microbiota performs therapeutic

responses for HIRI. Gut microbiota has been obviously modified while receiving oral

metformin treatment, suggesting that metformin-reshaped gut microbiota has enhanced

intestinal mucosal function so that reduce harmful substances to the liver, which most

efficiently evade damage. Specifically, GABA producing bacteria were significantly regulated

after metformin administration. Demonstrated for the first time, we showed that the increased

GABA is a key metabolite of gut microbiota for metformin to mitigate HIRI. These results offer

a unique therapeutic strategy, with optimized gut microbiota, that can serve as a target for

metformin treating liver diseases.

Material and methods

Animals

Six-to-eight-week-old specific pathogen-free male C57BL/6 mice were purchased from Beijing

Weitonglihua Experimental Animal Technology Co. Ltd. (Beijing, China). All mice were

housed under controlled temperature and humidity conditions with a 12-h light–dark cycle and

free access to food and water. The mice were fasted overnight before the experiments. All

animal experiments were approved by the Institutional Animal Care and Use Committee of the

Experimental Animal Centre of Wenzhou Medical University (wydw2021-0348).

Healthy volunteers

All research was conducted in accordance with both the Declarations of Helsinki and Istanbul,

all research was approved by the Ethics Committee of the Second Affiliated Hospital of

Wenzhou Medical University (2022-K-08-01), and written consent was given in writing by all

subjects.

Hepatic ischemia/reperfusion (IR) mouse model

A mouse model for HIRI was established as previously described.[3] Briefly, mice were

anaesthetised with pentobarbital sodium. A noninvasive microvascular artery clip was placed on

the left branches of the hepatic artery and portal vein for 30 min, and the clip was removed for

reperfusion for 6 h. During the study period, body temperature was maintained at 37 °C using a

heating lamp.

Experimental design

Mice were randomly divided into the several groups. In general, the arterial and portal vessels to

the cephalad lobes were clamped for 30min and reperfusion for 6 h. No vascular occlusion in

sham-controlled mice. In the treatment groups, animals were treated with metformin (1 mg/mL),

metformin modified fecal microbiota transplantation or metformin (1 mg/mL) mixed with

antibiotics (1 mg/mL penicillin sulfate, 1 mg/mL neomycin sulfate, 1 mg/mL metronidazole and

0.16 mg/mL gentamicin), in the drinking water for 1 week. Other two groups of mice were

infused at 1 h prior to the onset of liver ischemia with a single dose of deferoxamine (DFO) (20

mg/kg i.p.) or GABA (100 mg/kg i.p.), dissolved in PBS. Mice were sacrificed after

reperfusion; liver and serum samples were collected for analysis.

Measurement of serum alanine transaminase (AST), aspertate aminotransferase (ALT) level,

liver Fe content and GABA level

Serum AST and ALT levels were measured using assay kits (Nanjing Jiancheng Bioengineering

Institute, C010-2-1, C009-2-1). Liver samples were homogenised in saline, and Fe

concentrations were measured by tissue Fe assay kit (Nanjing Jiancheng Bioengineering

Institute, A039-2-1). GABA level was detected by an ELISA kit (Wuhan MSKBIO, KT21124).

Measurement of lipid peroxidation, glutathione (GSH) and superoxide anion levels of liver

tissues

Malondialdehyde (MDA) Detection Kit (Nanjing Jiancheng Bioengineering Institute, A003-1-2)

was determined to select the MDA level as a marker of lipid peroxidation. The assay was

performed according to the manufacturer's instructions. Lipid reactive oxygen species (ROS)

was measured by BODIPY 581/591 C11 (MKbio, 217075-36-0). Sections were stained with

BODIPY 581/591 C11 and nucleated with 4',6-diamidino-2-phenylindole (DAPI) (Beyotime

Institute of Biotechnology, A0131). Images were acquired under a fluorescence microscope

(Nikon, Tokyo, Japan). The liver was homogenised, and the supernatant was collected for GSH

analysis using a GSH assay kit (Nanjing Jiancheng Bioengineering Institute, A006). Frozen

sections of the liver (8 μm) were placed on glass slides and incubated with 10 mmol/L

dihydroethidium (DHE) (Beyotime Institute of Biotechnology, S0063) in a dark container at 37

°C for 30 min. Sections were rinsed three times in phosphate-buffered saline (PBS) then

observed using an upright microscope (Nikon, Tokyo, Japan).

Hematoxylin-eosin (H&E) and periodic acid-schiff (PAS) staining

For histopathological examination, liver and intestinal tissues were fixed in 4%

paraformaldehyde overnight. Selected tissue blocks were processed using a routine overnight

cycle in a tissue processor. Tissue blocks were then embedded in wax and serially sliced into 5-

μm sections. H&E and PAS staining performed as instructions provided by the reagent

manufacturer (Solarbio, G1120, G1281). Visualization and images were obtained under an

optical microscope (Nikon, Tokyo, Japan).

Histoimmunofluorescence staining

During immunofluorescence, sections were dyeing with primary antibody (1:100) Occludin

(Proteintech, 27260-1-AP) and zonula occludens 1 (ZO-1) (Proteintech, 66378-1-IG) and

incubated at 4°C overnight. Secondary antibody coupled with Alexa Fluor 488 (Bioss, bs-

40296G-AF488) was incubated at 37°C for 1 h. After additional PBS washing, the sections

were sealed with an antifluorescence quencher containing 4',6-diamidino-2-phenylindole

(DAPI). Immunofluorescence images were obtained using a laser scanning confocal microscope

(Nikon, Tokyo, Japan) and quantified by ImageJ (NIH, USA).

Transmission electron microscopy (TEM) analysis

After reperfusion, the mice were euthanized, and the livers were excised and washed with

precooled PBS (pH 7.4). Part of the liver was then removed and incubated overnight in 0.1 M

PBS (pH 7.4) containing 2.5% glutaraldehyde. The target tissues were cut into 50-µm-thick

sections using a vibratome. Selected areas of the livers were postfixed in 1% osmium tetroxide

for 1 h, dehydrated in a graded ethanol series and embedded in epoxy resin. The

polymerisation was performed at 80 °C for 24 h. Ultrathin sections (100 nm) were cut,

stained with uranyl acetate and lead citrate and viewed under a JEM2000EX TEM (JEOL,

Tokyo, Japan). Five fields were randomly selected for each sample to examine mitochondria

with ferroptosis features.

Quantitative Real-time PCR (qRT-PCR) analysis

Total RNA was extracted from liver and intestinal tissues using TRIzol (Yamei, YY101).

Isolated RNA was reverse transcribed to cDNA using a kit (Vazyme, R323-01). The obtained

cDNA was subjected to PCR using primers designed to detect *Interleukin (IL)-6, IL-1β, IL-18,*

recombinant Solute Carrier Family 7, Member 11 (SLC7A11), solute carrier family 39, member

14 (SLC39A14), acyl-CoA synthetase long-chain family member 4 (ACSL4), cyclooxygenase-

2(COX-2) ZO-1, Occludin, Claudin-1, Junctional adhesion molecule (JAM)1, JAM4 succinic

semialdehyde dehydrogenase (SSADH), GABA transaminase (GABA-T), Gad1 and Gad2 and *β-*

actin (primer sequences are listed in sFig. 5). Gene expression was determined using the SYBR

Green kit (Vazyme, Q711-02). All the results were normalised against β-actin expression using

the Thermal Cycler Dice Real Time System (ABI QuantStudio6, Singapore).

Western blotting

Total protein samples were extracted from tissues using RIPA lysis buffer (Yamei, PC101).

Protein concentrations were determined using a BCA protein detection kit (Yamei, ZJ101).

Proteins were separated using 10% SDS-PAGE and transferred to polyvinylidene fluoride

membranes. Membranes were blocked in 5% skimmed milk then incubated with the primary

antibodies ACSL4 (AbCam, ab155282), Transferrin Receptor 1 (TFR1) (Abclonl, A5865),

ferritin heavy chain (FTH1) (AbCam, ab65080), Occludin (Proteintech, 27260-1-AP), GAPDH

(Proteintech, 0494-1-AP) and β-tubulin (Proteintech, 10068-1-AP) at 4 °C overnight. After

washing three times with tris buffered saline, the membranes were incubated with appropriate

anti-rabbit or anti-mouse secondary antibodies at room temperature for 1 h. Imprinting was

observed using chemiluminescence (Yamei, SQ201) and an Odyssey imaging system (Li-Cor-

Biosciences, NE, USA).

High-performance liquid chromatography with tandem mass spectrometric detection (HPLC–

MS/MS) detection of metformin and liver amino acids

Sample separation was performed using a ZORBAX Eclipse XDB-C18 column (4.6 × 150 mm,

Agilent, USA) using an injection volume of 5 μL. Metformin detection conditions are as

follows: column temperature of 30°C, one mobile phase is NaH_2PO_4 (Sigma, V900060)

containing 5 mmol/L sodium dodecyl sulfonate (Sigma, V900859) with pH 3.5 while the other

mobile phase is acetonitrile (Aladdin, A104440). The metformin content in each sample was

measured by HPLC (Agilent 1260, USA). Amino acid detection conditions are as follows:

column temperature of 40°C, mobile phase A of 10% methanol/water (containing 0.1% formic

acid), mobile phase B of 50% methanol/water (containing 0.1% formic acid) and flow rate of

0.4 mL/min. Mass spectrometry was performed using a triple quadrupole mass spectrometer

with an ESI source in negative ionisation mode. High-purity nitrogen was used as the nebulising

and drying gas. Quantification was performed in multiple reaction monitoring mode.

16S rRNA sequencing

16S rRNA amplicon sequencing was performed at Chunlab Inc. (Seoul, Korea) with MiSeq

system (Illumina). Briefly, for preparation of MiSeq library amplicons, target gene (16S rRNA

V3–V4 region) was amplified using338F (5'-ACTCCTACGGGAGGCAGCAG-3') and 806R

(5'-GGACTACHVGGGTWTCTAAT-3') primers, using an ABI GeneAmp 9700 PCR

thermocycler (ABI, CA, USA). The PCR product was extracted from 2% agarose gel and

purified using the AxyPrep DNA Gel Extraction Kit (Axygen Biosciences, Union City, CA,

USA) according to the manufacturer's instructions and quantified using a Quantus Fluorometer

(Promega, USA). Normalization was performed the counts of individual OTUs in a sample by

dividing the total counts of all OTUs within that sample followed by a multiplication by

resulting in relative abundance expressed.

Metagenomic sequencing

Total genomic DNA was extracted from human fecal samples as mentioned in 16S rRNA

sequencing. DNA extract was fragmented to an average size of about 400 bp using Covaris

M220 (Gene Company Limited, China) for paired-end library construction. Paired-end library

was constructed using NEXTflexTM Rapid DNA-Seq (Bioo Scientific, Austin, TX, USA).

Adapters containing the full complement of sequencing primer hybridization sites were ligated

to the blunt-end of fragments. Paired-end sequencing was performed on Illumina

NovaSeq/Hiseq Xten (Illumina Inc., San Diego, CA, USA) at Majorbio Bio-Pharm Technology

Co., Ltd. (Shanghai, China) using NovaSeq Reagent Kits/HiSeq X Reagent Kits according to

the manufacturer's instructions (www.illumina.com).

Statistical analysis

GraphPad Prism version 9.0 (GraphPad Software, San Diego, CA) was used for statistical

treatment. Experimental data were shown as the mean ± SD. Two-tailed unpaired *Student's t-*

test and *one-way ANOVA* with *Tukey's* correction were used for all comparisons of mice-related

experiments. A *P* value *< 0.05* was considered significant. The sample distribution was

determined using a Kolmogorov–Smirnov normality test.

Acknowledgements

We appreciate the support of Suzhou inhal pharma Co., Ltd and Zhejiang Xiaolun Intelligent

Manufacturing Co., Ltd. We also thank Shanghai Majorbio Bio-pharm Technology Co., Ltd for

assisting with the 16S rRNA and metagenomics analysis, Suzhou Bionovogenes for helping

with the HPLC-MS/MS analysis.

Disclosure and competing interests statement

All the authors had no potential conflict of interest to declare.

Data availability

The original contributions presented in the study are publicly available. These data can be found

here: https://pan.quark.cn/s/aca2e6ffcbdc

References

1.   Ye L, He S, Mao X, Zhang Y, Cai Y, Li S. Effect of Hepatic Macrophage Polarization

and Apoptosis on Liver Ischemia and Reperfusion Injury During Liver Transplantation. *Front*

Immunol. 2020;11:1193. doi:10.3389/fimmu.2020.01193

2.   Jiao Z, Liu X, Ma Y, et al. Adipose-Derived Stem Cells Protect Ischemia-Reperfusion

and Partial Hepatectomy by Attenuating Endoplasmic Reticulum Stress. *Front Cell Dev Biol*.

2020;8:177. doi:10.3389/fcell.2020.00177

3.   Liu Y, Lu T, Zhang C, et al. Activation of YAP attenuates hepatic damage and fibrosis

in   liver   ischemia-reperfusion   injury.   *J   Hepatol*.   Oct   2019;71(4):719-730.

doi:10.1016/j.jhep.2019.05.029

4.   Liu T, Zhang Q, Mo W, et al. The protective effects of shikonin on hepatic

ischemia/reperfusion injury are mediated by the activation of the PI3K/Akt pathway. *Sci Rep*.

Mar 21 2017;7:44785. doi:10.1038/srep44785

5.   Liu X, Chen H, Yan Z, et al. Remote liver ischemic preconditioning attenuates

myocardial ischemia/reperfusion injury in streptozotocin-induced diabetic rats. *Sci Rep*. Jan 21

2021;11(1):1903. doi:10.1038/s41598-021-81422-1

6.   Czigany Z, Lurje I, Schmelzle M, et al. Ischemia-Reperfusion Injury in Marginal Liver

Grafts and the Role of Hypothermic Machine Perfusion: Molecular Mechanisms and Clinical

Implications. *J Clin Med*. Mar 20 2020;9(3):846. doi:10.3390/jcm9030846

7.   Ke B, Lipshutz GS, Kupiec-Weglinski JW. Gene therapy in liver ischemia and

reperfusion   injury.   *Curr   Pharm   Des*.   2006;12(23):2969-2975.

doi:10.2174/138161206777947669

8.   Rowart P, Erpicum P, Detry O, et al. Mesenchymal Stromal Cell Therapy in

Ischemia/Reperfusion Injury. *J Immunol Res*. 2015;2015:602597. doi:10.1155/2015/602597

9.   Albillos A, de Gottardi A, Rescigno M. The gut-liver axis in liver disease:

Pathophysiological   basis   for   therapy.   *J   Hepatol*.   Mar   2020;72(3):558-577.

doi:10.1016/j.jhep.2019.10.003

10.   Tripathi A, Debelius J, Brenner DA, et al. The gut-liver axis and the intersection with

the microbiome. *Nat Rev Gastroenterol Hepatol*. Jul 2018;15(7):397-411. doi:10.1038/s41575-

018-0011-z

11.   Carbajo-Pescador S, Porras D, Garcia-Mediavilla MV, et al. Beneficial effects of

exercise on gut microbiota functionality and barrier integrity, and gut-liver crosstalk in an in

vivo model of early obesity and non-alcoholic fatty liver disease. *Dis Model Mech*. Apr 30

2019;12(5):dmm039206. doi:10.1242/dmm.039206

12.   Roychowdhury S, Glueck B, Han Y, Mohammad MA, Cresci GAM. A Designer

Synbiotic Attenuates Chronic-Binge Ethanol-Induced Gut-Liver Injury in Mice. *Nutrients*. Jan 5

2019;11(1):97. doi:10.3390/nu11010097

13.   Xu S, Zhao M, Wang Q, et al. Effectiveness of Probiotics and Prebiotics Against Acute

Liver   Injury: A   Meta-Analysis.   *Front   Med   (Lausanne)*.   2021;8:739337.

doi:10.3389/fmed.2021.739337

14.   Lv Z, Guo Y. Metformin and Its Benefits for Various Diseases. *Front Endocrinol

(Lausanne)*. 2020;11:191. doi:10.3389/fendo.2020.00191

15.   Podhorecka M, Ibanez B, Dmoszynska A. Metformin - its potential anti-cancer and

anti-aging effects. *Postepy Hig Med Dosw (Online)*. Mar 2 2017;71(0):170-175.

doi:10.5604/01.3001.0010.3801

16.   Kang MJ, Moon JW, Lee JO, et al. Metformin induces muscle atrophy by

transcriptional regulation of myostatin via HDAC6 and FoxO3a. *J Cachexia Sarcopenia*

Muscle. Feb 2022;13(1):605-620. doi:10.1002/jcsm.12833

17.   Xiong C, Yin D, Li J, et al. Metformin Reduces Renal Uptake of Radiotracers and

Protects Kidneys from Radiation-Induced Damage. *Mol Pharm*. Feb 4 2019;16(2):808-815.

doi:10.1021/acs.molpharmaceut.8b01091

18.   McCreight LJ, Bailey CJ, Pearson ER. Metformin and the gastrointestinal tract.

Diabetologia. Mar 2016;59(3):426-35. doi:10.1007/s00125-015-3844-9

19.   Sun L, Xie C, Wang G, et al. Gut microbiota and intestinal FXR mediate the clinical

benefits of metformin. *Nat Med*. Dec 2018;24(12):1919-1929. doi:10.1038/s41591-018-0222-4

20.   Liang H, Song H, Zhang X, et al. Metformin attenuated sepsis-related liver injury by

modulating   gut   microbiota.   *Emerg   Microbes   Infect*.   Dec   2022;11(1):815-828.

doi:10.1080/22221751.2022.2045876

21.   Jiang A, Du P, Liu Y, Pu J, Shi J, Zhang H. Metformin regulates the Th17/Treg balance

by glycolysis with TIGAR in hepatic ischemia-reperfusion injury. *J Pharmacol Sci*. May

2021;146(1):40-48. doi:10.1016/j.jphs.2021.01.006

22.   Mueller NT, Differding MK, Zhang M, et al. Metformin Affects Gut Microbiome

Composition and Function and Circulating Short-Chain Fatty Acids: A Randomized Trial.

Diabetes Care. Jul 2021;44(7):1462-1471. doi:10.2337/dc20-2257

23. Lee CB, Chae SU, Jo SJ, Jerng UM, Bae SK. The Relationship between the Gut
Microbiome and Metformin as a Key for Treating Type 2 Diabetes Mellitus. *Int J Mol Sci*. Mar
30 2021;22(7):3566. doi:10.3390/ijms22073566

24. Liu Z, Liao W, Zhang Z, et al. Metformin Affects Gut Microbiota Composition and
Diversity Associated with Amelioration of Dextran Sulfate Sodium-Induced Colitis in Mice.
Front Pharmacol. 2021;12:640347. doi:10.3389/fphar.2021.640347

25. Bi J, Zhang J, Ren Y, et al. Irisin alleviates liver ischemia-reperfusion injury by
inhibiting excessive mitochondrial fission, promoting mitochondrial biogenesis and decreasing
oxidative stress. *Redox Biol*. Jan 2019;20:296-306. doi:10.1016/j.redox.2018.10.019

26. Li X, Wang L, Yang X, Huang C. Metformin Attenuates Ischemia-reperfusion Injury of
Fatty Liver in Rats Through Inhibition of the TLR4/NF-kappaB Axis. *Balkan Med J*. Jun 1
2020;37(4):196-202. doi:10.4274/balkanmedj.galenos.2020.2019.9.31

27. Forslund K, Hildebrand F, Nielsen T, et al. Disentangling type 2 diabetes and
metformin treatment signatures in the human gut microbiota. *Nature*. Dec 10
2015;528(7581):262-266. doi:10.1038/nature15766

28. Li R, Xie L, Li L, et al. The gut microbial metabolite, 3,4-dihydroxyphenylpropionic
acid, alleviates hepatic ischemia/reperfusion injury via mitigation of macrophage pro-
inflammatory activity in mice. *Acta Pharm Sin B*. Jan 2022;12(1):182-196.
doi:10.1016/j.apsb.2021.05.029

29. Milosevic I, Vujovic A, Barac A, et al. Gut-Liver Axis, Gut Microbiota, and Its
Modulation in the Management of Liver Diseases: A Review of the Literature. *Int J Mol Sci*.
Jan 17 2019;20(2):395. doi:10.3390/ijms20020395

30.   Zhang Y, Wu T, Li W, et al. Lactobacillus casei LC89 exerts antidiabetic effects

through regulating hepatic glucagon response and gut microbiota in type 2 diabetic mice. *Food*

Funct. Sep 20 2021;12(18):8288-8299. doi:10.1039/d1fo00882j

31.   Lee H, Lee Y, Kim J, et al. Modulation of the gut microbiota by metformin improves

metabolic profiles in aged obese mice. *Gut Microbes*. Mar 4 2018;9(2):155-165.

doi:10.1080/19490976.2017.1405209

32.   Shi Z, Chen G, Cao Z, et al. Gut Microbiota and Its Metabolite Deoxycholic Acid

Contribute to Sucralose Consumption-Induced Nonalcoholic Fatty Liver Disease. *J Agric Food*

Chem. Apr 7 2021;69(13):3982-3991. doi:10.1021/acs.jafc.0c07467

33.   Liu R, Hong J, Xu X, et al. Gut microbiome and serum metabolome alterations in

obesity and after weight-loss intervention. *Nat Med*. Jul 2017;23(7):859-868.

doi:10.1038/nm.4358

34.   Ikeyama N, Murakami T, Toyoda A, et al. Microbial interaction between the succinate-

utilizing bacterium Phascolarctobacterium faecium and the gut commensal Bacteroides

thetaiotaomicron. *Microbiologyopen*. Oct 2020;9(10):e1111. doi:10.1002/mbo3.1111

35.   Otaru N, Ye K, Mujezinovic D, et al. GABA Production by Human Intestinal

Bacteroides spp.: Prevalence, Regulation, and Role in Acid Stress Tolerance. *Front Microbiol*.

2021;12:656895. doi:10.3389/fmicb.2021.656895

36.   Schafer DF, Fowler JM, Jones EA. Colonic bacteria: a source of gamma-aminobutyric

acid in blood. *Proc Soc Exp Biol Med*. Jul 1981;167(3):301-303. doi:10.3181/00379727-167-

41169

37.   Wang S, Xiang YY, Zhu J, et al. Protective roles of hepatic GABA signaling in acute

liver injury of rats. *Am J Physiol Gastrointest Liver Physiol*. Mar 1 2017;312(3):G208-G218.

doi:10.1152/ajpgi.00344.2016

38.   Shilpa J, Pretty MA, Anitha M, Paulose CS. Gamma aminobutyric acid B and 5-

hydroxy tryptamine 2A receptors functional regulation during enhanced liver cell proliferation

by GABA and 5-HT chitosan nanoparticles treatment. *Eur J Pharmacol*. Sep 5 2013;715(1-

3):154-163. doi:10.1016/j.ejphar.2013.05.028

39.   Clark JW, Daykin H, Metha JA, et al. Manipulation of rapid eye movement sleep via

orexin and GABAA receptor modulators differentially affects fear extinction in mice: effect of

stable   versus   disrupted   circadian   rhythm.   *Sleep*.   Sep   13   2021;44(9):zsab068.

doi:10.1093/sleep/zsab068

40.   Zeng K, Xie A, Dong X, et al. GABA-Aalpha5 Might Be Involved in Learning-

Memory Dysfunction in the Offsprings of Chronic Ethanol-Treated Rats via GABA-Aalpha5

Histone H3K9 Acetylation. *Front Neurosci*. 2019;13:1076. doi:10.3389/fnins.2019.01076

 Figure legends

Figure 1. Metformin significantly mitigates HIRI by reshaping gut microbiota in mice

(a) Survival rate analysis (n = 10-12/group). (b) Morphological appearance, H&E and PAS

staining of liver (n = 3/group). (c) Serum ALT and AST levels. (d) Levels of MDA and GSH in

liver tissue. (e) Sobs index, PCoA (n = 4/group). (f) H&E staining of ileum and colon (n =

3/group). (g) Western blot of Occludin in colon (n = 3/group). (h) IFC of ZO-1 and Occludin in

colon (n = 3/group). (i) qRT-PCR analysis of *Occludin, ZO-1, Claudin-1, JAM1* and *JAM4* in

ileum. (j) *IL-6, IL-1β* and *IL-18* in ileum and colon. (n = 3–5/group). (k) FD-4 level in mice

serum (n = 3). Data are expressed as mean ± standard deviation. *One-way ANOVA* was used to

analyze statistical differences; *$P < 0.05$, **$P < 0.01$ and ***$P < 0.001$.

Figure 2. Metformin-reshaped fecal microbiota attenuates HIRI

(a) Survival rate analysis (n = 10-12/group). (b) Serum ALT and AST levels. Levels of MDA

(c) and GSH (d) in liver tissue. (e) H&E, PAS and DHE staining of liver (n = 3/group). (f)

Alpha diversity and PCoA level of mice microbes. (g) H&E staining of ileum and colon and

Western blot analysis of Occludin in colon (n = 3/group). (h) IFC of ZO-1 and Occludin in

colon (n = 3/group). (i) qRT-PCR analysis of *Occludin, ZO-1, Claudin-1, JAM1* and *JAM4* in

ileum, and *IL-6, IL-1β* and *IL-18* in ileum and colon. (n = 3–5/group). (j) FD-4 level in mice

serum (n = 3). (k) Survival rate of IR + Met + Abx group (n = 10) and the levels of serum ALT,

AST, liver MDA, Fe, and GSH in IR + Met + Abx group. Data are expressed as mean ±

standard deviation. *One-way ANOVA* was used to analyze statistical differences; *$P < 0.05$, **P

< 0.01 and ***$P < 0.001$.

Figure 3. Metformin alleviates HIRI through inhibiting ferroptosis

(a) Levels of Fe in liver tissue (n=6). qRT-PCR analysis of *ACSL4* (b) *SLC7A11* (c), *SLC39A14*

(d) and *COX-2* (e) (n = 5-8/group). (f) Western blot analysis of ACSL4, FTH1, VDAC1,

VDAC2, VDAC3, TFR1 and Xct in liver tissue (n = 3/group). (g) Lipid ROS staining and TEM

analysis of liver tissues (n = 3/group). (h) Ferroptosis-related transcriptome cluster diagram

heatmap. Data are expressed as mean ± standard deviation. *One-way ANOVA* was used to

analyze statistical differences; *$P < 0.05$, **$P < 0.01$ and ***$P < 0.001$.

Figure 4. Metformin induces GABA-producing gut microbiota.

(a) KEGG analysis of transcriptome. (b). HPLC-MS/MS of GABA content in liver, ELISA of

GABA in liver (n = 6–9/group). (c) Community heatmap analysis on genus level. (d)

Metagenomic sequencing analysis of human feces. (e) qRT-PCR analysis of key metabolite

enzyme glutamate decarboxylase 1 (Gad1), glutamic acid decarboxylase 2 (Gad2), 4-

aminobutyrate aminotransferase (Gabat), aldhehyde dehydrogenase family 5 (SSADH) in liver

(n = 5-8/group). (f) ELISA of GABA in feces (n = 7–10/group) (g) Western-blot analysis of

GAD1 and GAD2 in liver. (h) qRT-PCR analysis of GAD and PAT in mice feces (n= 3-

5/group). (i) The level of GAD, PAT, GABA and Glu in human feces (n= 5-6/group) (j) The

level of GABA, Glu and putrescine in human feces vitro culture (n= 3/group). Data are

expressed as mean ± standard deviation. *One-way ANOVA* was used to analyze statistical

differences; *$P < 0.05$, **$P < 0.01$ and ***$P < 0.001$.

Figure 5. GABA is the critical metabolite of metformin-reshaped gut microbiota against

HIRI-induced ferroptosis.

(a) Diagram of GABA treatment experiment on mice model. (b) H&E and PAS staining of liver

(n = 3/group). (c) Serum ALT and AST levels (n =6/group). Levels of MDA, GSH and Fe in

liver tissues (d) (n =4/group). (e) Western blot analysis of ASCL4, FTH1, TFR1 and

VADC1,2,3 in liver (n = 4/group). (f) Ferroptosis-related transcriptome cluster diagram

heatmap (n = 3-5/group). Data are expressed as mean ± standard deviation. *One-way ANOVA*

was used to analyze statistical differences; *$P < 0.05$, **$P < 0.01$ and ***$P < 0.001$.