<u>**Title**</u>

Functional characterization of helminth-associated Clostridia reveals

covariates of Treg differentiation

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<u>Abstract</u>

Parasitic helminths influence the composition of the gut microbiome. However, the microbiomes
of individuals living in helminth-endemic regions are understudied. The Orang Asli, an indigenous
population in Malaysia with high burdens of the helminth *Trichuris trichiura*, displayed microbiotas
enriched in Clostridia, a class of spore-forming obligate anaerobes previously shown to have
immunogenic properties. We previously isolated novel Clostridia that were enriched in these
individuals and found that a subset promoted the *Trichuris* life cycle. Here, we further
characterized the functional properties of these bacteria. Enzymatic and metabolomic profiling
revealed a range of activities associated with metabolism and host response. Consistent with this
finding, monocolonization of mice with individual isolates identified bacteria that were potent
inducers of regulatory T cell (Treg) differentiation in the colon. Comparisons between variables
revealed by these studies identified enzymatic properties correlated with Treg induction and
Trichuris egg hatching. These results provide functional insights into the microbiotas of an
understudied population.

Keywords: Clostridia; helminth; *Trichuris*; microbiome; immune modulation; regulatory T cells;
metabolites; bacterial enzymes

Introduction

The gut microbiota and its enzymatic byproducts impact numerous aspects of host physiology including metabolism and immunity [1-9]. The composition of the microbiota has been associated with numerous disease conditions and is heavily influenced by geography and lifestyle [10-18]. However, microbiome research is dominated by studies examining individuals in highly developed countries [19, 20]. Environmental variables absent in these populations contribute to differences in their microbiome compared with individuals residing in other regions. For instance, parasitic worms known as helminths cohabitate the gastrointestinal tract alongside bacteria and influence the diversity and composition of the microbiota [21-25]. Helminths colonize 1.5 billion people, or roughly 24% of the world population, with the highest prevalence reported in tropical and subtropical areas in Africa, Asia, and South America. [26-28]. Examining the properties of intestinal bacteria enriched in individuals from helminth-endemic regions may broaden our understanding of microbiota function.

Helminth infection can cause disease involving malnutrition, impaired growth, dysentery, intestinal obstruction, and anemia [26, 27]. The incidence of helminth infections is also negatively linked to the incidence of immune-mediated disorders on a global scale [29, 30]. The immune response generated against helminths includes the differentiation and expansion of regulatory T cells (Tregs), which suppress the development of autoimmune and inflammatory diseases [31-36]. Immune modulation by helminths can occur either by direct effects on the host immune system or indirectly through the microbiota [37-41]. For example, we and others have shown that expansion of the Clostridiales order during helminth colonization ameliorates disease in mouse models of inflammatory bowel disease and allergic asthma [41, 42]. We also found that Clostridiales were enriched in the gut microbiome of the Orang Asli, an indigenous population in rural Malaysia. Clostridiales were enriched in individuals with high burdens of the whipworm *Trichuris trichiura*, and deworming medication reduced the relative abundance of Clostridiales [42].

Clostridiales and the Clostridia class to which they belong are Gram-positive, spore-forming anaerobes that influence host physiology, such as through promoting differentiation of Tregs [5, 43, 44]. Based on the above association with helminths, we recently used a chloroform-based enrichment protocol to isolate and sequence the genomes of spore-forming bacteria from the feces of helminth-colonized Orang Asli [45]. This approach identified 13 Clostridiales species, most of which represented poorly characterized taxa. Metagenomics analysis of a large number

of Malaysians confirmed the association of these Clostridiales members with the Orang Asli

population and identified a specific association between the *Peptostreptococcaceae* family and

helminth colonization. Also, we found that *Peptostreptococcaceae* isolates were strong inducers

of *Trichuris* egg hatching, suggesting that Clostridiales enriched during helminth colonization

contain properties that support the helminth life cycle. However, the functional properties of these

bacteria remain unknown. Here, we examined the enzymatic and metabolomic activity of isolated

bacteria and their ability to induce Treg differentiation and identified specific enzymatic properties

that correlated with Treg induction and *Trichuris* egg hatching.

Results

Study design

We previously isolated 14 distinct bacterial taxa from *T. trichiura*-colonized Orang Asli

(OA1-14) and assigned genus-species designation based on whole genome sequencing (Figure

1) [45]. OA isolates represented six Clostridiales families: *Erysipelotrichaceae*, *Coprobacillaceae*,

Clostridiaceae, *Peptostreptococcaceae*, *Oscillospiraceae*, and *Lachnospiraceae*. One of the

Lachnospiraceae members, OA3, was a new species in the *Ruminococcus* genus based on

sequence identity and was designated *Ruminococcus pangsunibacterium*. OA12 was identified

as *Enterococcus hirae*. Although not a member of the Clostridiales order, the resistance of

Enterococci to chemical treatment likely explains how this bacterium was retained after

fractionation [46, 47]. Similar to the other OA isolates, OA12 was enriched in Malaysian

microbiomes [45] and was therefore included in subsequent experiments. OA isolates were

analyzed for *in vitro* enzymatic and metabolomic activity, and then screened for their capacity to

promote Treg differentiation *in vivo*. Finally, we performed correlation analyses to look for

relationships between all measured variables to identify bacterial properties related to Treg

differentiation or *Trichuris* hatching.

Enzymatic profile of the OA isolates

OA isolates were functionally profiled for their ability to perform 57 enzymatic reactions

that represent common bacterial activities including carbohydrate metabolism. Taxonomically

related isolates were more likely to share activities (Figure 2a-c). For instance,

Peptostreptococcaceae isolates (OA2, 6 and 8) and *Clostridium perfringens*-OA15 displayed high

levels of acid phosphatase, esculin hydrolysis, Naphthol-AS-BI-phosphohydrolase, and glutamic

acid decarboxylase activities (Figure 2a) and the ability to metabolize D-glucose (Figure 2c). The

Peptostreptococcaceae isolates, in addition to *E. hirae*-OA12, also had the highest arylamidase

activities, both in terms of the degree of activity and the different amino acid substrates (Figure

2b). As expected, the two *Clostridium innocuum* isolates OA4 and OA5 displayed similar profiles

for the majority of the 57 parameters, although there were a few enzymatic reactions in which

they diverged. For instance, *C. innocuum*-OA4 but not *C. innocuum*-OA5 showed mannose and

raffinose fermentation activities. *E. hirae*-OA12 and *Enterocloster* species OA11 and OA13

displayed the broadest capacities to metabolize carbohydrates (Figure 2c). Overall, these data

indicate that OA isolates possess a broad range of metabolic activities, consistent with their

taxonomic diversity.

OA isolates produce short chain fatty acids and hydrogen sulfide

Given the link between helminth-associated microbiota and anti-inflammatory responses,

we measured the production of short chain fatty acids (SCFAs) and hydrogen sulfide (H_2S) by

the OA isolates. Bacteria ferment soluble fibers to produce short chain fatty acids (SCFAs) which

include acetate, propionate, and butyrate [48]. SCFAs have been shown to regulate a variety of

immune cell types [9]. For example, they can induce Treg expansion in the gut to regulate

intestinal inflammation [49-51]. Although levels varied, we detected acetate in the culture

supernatant for all 14 OA isolates. *C. innocuum*-OA4 and -OA5 and *C. perfringens*-OA14

produced butyrate at levels similar to or greater than acetate. Propionate was not detected or

negligible except for *Paraclostridium sordellii*-OA8, the two *Romboutsia hominis*-OA2 and -OA6,

and *Enterocloster sp*. OA11 (Figure 3a). We validated this finding by testing cecal samples from

mice monocolonized with *R. hominis*-OA2 and included germ-free (GF) mice as a negative

control and mice colonized with a previously described synthetic minimal flora (MF) consisting of

15 bacteria [52, 53] as a positive control. As expected, we detected minimal levels of SCFAs in

GF mice compared with MF mice in which all three were detected. Mice monocolonized with OA2

displayed the proportion of the three SCFAs predicted by the *in vitro* analysis (Figure 3b).

Some bacteria can produce hydrogen sulfide (H_2S), which suppresses inflammation in

multiple disease models and is associated with Treg differentiation [54-59]. We found that

Peptostreptococcaceae isolates OA2, 6 and 8, as well as *Enterocloster* isolates OA11 and OA13,

were potent producers of H_2S, suggesting another possible mechanism by which these bacteria
could have immunomodulatory interactions with the host (Figure 3c-d).

Several OA isolates induce regulatory T cells in the gut

Peripherally induced Tregs (iTregs) in the gut that develop in response to microbial
antigens and metabolites are distinguished by expression of the transcription factor *forkhead box*
P3 (*Foxp3*) and *RAR-related orphan receptor γt* (*Rorγt*). These Foxp3$^+$ Rorγt$^+$ Tregs contribute to
immune tolerance of the microbiota and suppress colitis [60-64]. iTregs can be further
distinguished from thymus-derived or natural Tregs (nTregs) reactive to self-antigens by the
absence of the transcription factor Helios (Ikzf2) [65]. GF mice possess low numbers of iTregs,
and thus, the induction of iTregs in GF mice in response to colonization by bacteria serves as a
sensitive assay to measure immunomodulatory potential of commensal species [61, 66-68].

We analyzed iTregs in the colonic lamina propria of GF mice by flow cytometry three to
four weeks post oral inoculation with individual OA isolates (Figure 4a), except *Lawsonibacter* sp.
OA9 which failed to colonize GF mice in the absence of other bacteria. In addition to conventional
specific pathogen free (SPF) mice and untreated GF mice that served as benchmarks, we
included several controls to aid in interpretation of the quantitative data. As a positive control, we
colonized mice with a mixture of 17 Clostridia isolates (KH mix) previously shown to induce Tregs
in GF mice [5]. As negative controls, we used mice monocolonized with segmented filamentous
bacteria (SFB), a bacterium that induces Th17 cells (Rorγt$^+$ Foxp3$^-$ CD4$^+$ T cells) without inducing
Tregs [69], and mice monocolonized with one of the KH mix strains, *Clostridium aldenense*
(KH28), which is insufficient to induce Tregs to levels achieved with the entire KH mix consortium
[5]. We also quantified Tregs in MF mice described above (mice raised in a gnotobiotic isolator
containing MF) and GF mice gavaged with stool from MF mice (MF stool). Stable colonization
was confirmed for all conditions based on detection of bacteria in stool (Figure S1A).

As expected, GF mice had lower frequencies of Rorγt$^+$ Helios$^-$ Tregs out of all Foxp3$^+$ cells
and lower Foxp3$^+$ Rorγt$^+$ Tregs out of CD4$^+$ cells compared to SPF, MF, MF stool and KH mix
groups (Figure 4b-c). We observed a spectrum of Treg induction by the OA isolates. The
proportion of Foxp3$^+$ Rorγt$^+$ Tregs and Foxp3$^+$ Rorγt$^+$ Helios$^-$ Tregs were restored to similar levels
as SPF or MF mice in mice monocolonized with several of the OA isolates including *P. sordellii*-
OA8, *E. hirae*-OA12, and *C. perfringens*-OA14. In contrast, several OA isolates such as *R.*
pangsunibacterium-OA3 and *Lawsonibacter asaccharolyticus*-OA10 were similar to SFB and

failed to induce significant increases in these Treg populations. Mice monocolonized with KH28

increased the frequency of Foxp3$^+$ Rorγt$^+$ Tregs out of CD4$^+$ cells but not Rorγt$^+$ Helios$^-$ Tregs out

of Foxp3$^+$ cells (Figure 4b-c). In addition to changes in the proportion of these populations, we

quantified the absolute number of Tregs per colon. This analysis largely confirmed the above

findings by showing that OA isolates that increased the relative frequency of Foxp3$^+$ Rorγt$^+$ Tregs

and Foxp3$^+$ Rorγt$^+$ Helios$^-$ Tregs also increased the total number of these cells (Figure S1b-c).

Treg induction by OA isolates correlates with Th17 but not colonization levels

Given their role in mucosal immunity [70, 71], we examined whether OA isolates affect

the proportion of Th17 cells (Rorγt$^+$ Foxp3$^-$ CD4+ T cells) (Figure 4a) in the gut. Similar to Tregs,

we found that monocolonization with OA isolates led to a range of Th17 cell levels in the colon,

although none reached the extraordinarily high levels detected in mice monocolonized with SFB

(Figure 5a, S1d). Excluding SFB, we found that the proportion of Th17 cells in the colon roughly

correlated with the proportion of Tregs (Figure 5b). There were notable exceptions, such as OA6,

which was a strong Treg inducer but did not increase the frequency of Th17 cells above levels

seen in GF mice.

These observations raised the possibility that T cell differentiation reflected the degree of

colonization by bacteria. However, there were no significant correlations between the bacterial

burden and the proportions of Tregs or Th17 cells (Figure 5c-e), suggesting that the level of T

cell differentiation is a specific property of each bacterium. Interestingly, we found that

colonization by some OA isolates increased total bile acids (BAs) detected in the stool compared

with GF mice (Figure S2). Transformation of BAs by gut bacteria is associated with differentiation

of Tregs and Th17 cells [72-75]. However, we did not observe a correlation between total BAs

and these T cell populations.

Correlations between properties of OA isolates

To identify relationships between the properties measured for each OA isolate, we

performed a spearman correlation analysis between all measured variables (Figure S3). This

analysis identified several enzymatic activities that were correlated with T cell differentiation

(Figure 6a). Induction of Tregs was positively correlated with alanine arylamidase and tyrosine

arylamidase activity by bacteria (Figure 6a-e). Th17 cell induction was also positively correlated

with tyrosine arylamidase activity, and additionally associated with α-chymotrypsin activity (Figure

6a, f-i). Alanine arylamidase and tyrosine arylamidase have not previously been linked to Treg or
Th17 cell biology. α-Chymotrypsin is a member of the serine protease family and has been shown
to have antibacterial properties [76], and is also made by pathogenic bacteria in the *Vibrio* genus
[77]. Whether this correlation reflects a role of α-chymotrypsin in Th17 cell induction or merely
reflects the pro-inflammatory capacity of bacteria that produce this protease and induce Th17
cells through other mechanisms remains to be determined.

To quantify how bacterial properties explain the variance in lymphocyte differentiation we
performed a distance-based redundancy analysis (dbRDA) using the characteristics found to be
most significantly related with Treg or Th17 induction according to the Spearman correlation
analysis and LASSO regression (Figure S4a-b, Table S1). The analysis revealed that these
variables together contribute to the variance of responses in Treg and Th17 induction, with the
variation in alanine arylamidase production accounting for 41.95% of the variance, and all other
variables accounting for less than 20% of the variance each (Figure S4c).

We also incorporated data from our previous study in which we quantified the ability of
the OA isolates to mediate hatching of eggs from *T. trichiura* and the mouse parasite *Trichuris*
muris [45]. Hatching of *T. trichiura* but not *T. muris* was positively correlated with H_2S production
and negatively correlated with salicin acidification by the OA isolates (Figure 7a-c). H_2S, in
addition to being involved in a wide variety of physiological processes, has been shown to
promote hatching of eggs from *Ascaris suum*, a helminth that infects pigs [78]. Salicin utilization
by bacteria was previously shown to be toxic to nematodes in soil [79], although these
experiments were not done with *Trichuris* species. Our finding that these bacterial properties are
significantly related to egg hatching of only the human whipworm could provide insight on
mechanisms that may differentiate dependencies of *T. trichiura* and *T. muris* on bacterial factors
for hatching. Valine arylamidase activity was significantly correlated with hatching of both *T. muris*
and *T. trichiura* eggs (Figure 7a, d-e). Valine arylamidases were among the proteases found to
be part of the excretory/secretory products of *Contracaecum rudolphii*, a nematode that infects
mammals and birds [80]. This observation suggests a role for this protease in *Trichuris* egg
hatching.

Discussion
Our comprehensive enzymatic profiling of OA isolates coupled with analysis of SCFAs
and H_2S production revealed a broad range of metabolic activities that are associated with host

physiology, including immunity. Consistent with this observation, several OA isolates increased
the number and proportion of colonic iTregs when introduced into GF mice, comparable to levels
achieved upon colonization with the mixture of 17 Clostridia strains used as our benchmark.
SCFAs were previously associated with the ability of the Clostridia mixture to induce Tregs [5, 6].
We did not observe a correlation between SCFA production and iTreg induction by the OA
isolates, indicating that SCFAs are not sufficient to distinguish Treg-inducing OA isolates.
Subsequent to the initial characterization of the Clostridia mixture, other metabolites such as bile
acids have been shown to mediate Treg differentiation in the presence of intestinal bacteria [81],
which may contribute to Treg differentiation induced by OA isolates. Alternatively, it is possible
that previously unknown factors are involved. For example, we identified strong positive
correlations between Treg induction and alanine arylamidase and tyrosine arylamidase activities
that warrant further study. Our observation that three different species, *R. hominis*-OA2, *P.*
sordellii-OA8, and *E. hirae*-OA12, consistently exhibited the highest Treg and Th17 cell induction
as well as arylamidase activity, suggests a predictive potential for these enzymes in identifying
bacteria with immunomodulatory capacity. Overall, this is one of the few studies that have
functionally profiled individual bacterial isolates from understudied populations beyond inferring
properties from genomic data.

The ability of some OA isolates to induce both Tregs and Th17 cells is consistent with the
co-regulation of these cell types. Thus, a model in which helminth-associated bacteria inhibit
inflammatory diseases by shifting the balance towards immune tolerance may be too simplistic.
Although our approach allowed us to examine properties of individual bacteria in isolation and
reduce variables, it would be interesting to determine whether the presence of *Trichuris* alters the
properties of OA isolates, or vice versa. Along these lines, we noted correlations between
Trichuris egg hatching as determined in our prior study, and H_2S production and valine
arylamidase activity. In addition, the helminth-associated *Peptostreptococcaceae* isolates *R.*
hominis-OA2, *R. hominis*-OA6, and *P. sordellii*-OA8 had high glutamic acid decarboxylase (GAD)
activity which is lacking in *E. hirae*-OA12, an isolate that fails to induce *T. muris* and *T. trichiura*
egg hatching (Figure 2A) [45]. GAD catalyzes the formation of the neurotransmitter gamma-
aminobutyric acid (GABA), and bacterially produced GAD and GABA have been shown to act on
Caenorhabditis elegans, a nematode related to *Trichuris* [82]. *Trichuris* species are not
genetically tractable. Therefore, we suggest that testing the role of bacterial products downstream

of the above enzymatic pathways may lead to insights into the life cycle of this medically important
parasite.

In conclusion, our findings describe the functional properties of bacteria isolated from
helminth-colonized individuals in Malaysia and identify correlates of Treg induction and *Trichuris*
egg hatching. Although our analyses focused on a finite set of parameters and bacterial taxa,
they unveil key features of these specific helminth-associated bacteria that can be targeted for
deeper analysis in future studies. As more bacteria from individuals in understudied populations
become available for study along with their full genomes, it will be important to determine the
extent to which these functional properties are represented in related taxa, which will enable us
to infer how the selective presence of these bacteria in certain populations can impact their health
status.

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Author Contributions

S.S. and K.C. conceived and designed the study. S.S. performed the experiments and analyzed and interpreted the data. A.L. helped perform enzyme assays and A.V. helped perform H_2S assays. W.B.J. and C.J.G. performed and analyzed LC-MS to quantify SCFAs. D.E. performed the effect size analysis and assisted with computational and statistical analyses. K.C., P.L. and Y.A.L.L. oversaw interpretation of the data. S.S. and K.C. wrote the paper with input from all authors.

Declaration of Interests

K.C. has received research support from Pfizer, Takeda, Pacific Biosciences, Genentech, and Abbvie; consulted for or received honoraria from Vedanta, Genentech, and Abbvie; and is an inventor on U.S. patent 10,722,600 and provisional patent 62/935,035 and 63/157,225.

Main figures - titles and legends

Figure 1. Study design for characterization of the OA isolates

List of OA isolates with updated taxonomic classifications (top) and schematic summarizing the

study design (bottom). The phylogenetic tree to the left of the table depicts the relationships

between OA isolates. The column labeled "*Trichuris* associated" refers to whether the abundance

of the isolate decreased in microbiomes after deworming treatment, with 'N.D.' denoting isolates

that were not detected [45]. The column labeled "Promotes *Trichuris* life cycle" refers to whether

the isolate promotes *Trichuris muris* egg hatching, with gray cells denoting isolates that were not

tested [45].

* OA4 and OA5 were classified as members of the *Erysipelotrichaceae* family and OA3 was

classified as a member of the *Lachnospiraceae* family at the time of our previous publication [45].

** OA8 was classified as *Paraclostridium sordellii* at the time of our previous publication [45].

SCFA, short chain fatty acids; H_2S, hydrogen sulfide; BA, bile acids.

Figure 2. Enzymatic profile of the OA isolates

Enzyme activity (A), arylamidase activity (B), and acid production from various carbohydrates (C)

by the OA isolates were measured using API colorimetric kits for microbial identification. Each

reaction was run in at least three independent trials for each isolate, and the intensity of the

reaction was assessed visually on a scale of 0 (no reaction) to 4 (strong or complete reaction).

The phylogenetic tree at the top of (A) depicts the relationships between OA isolates.

Figure 3. OA isolates produce short chain fatty acids and hydrogen sulfide

(A) Short chain fatty acid (SCFA) production in bacterial culture supernatants measured by mass

spectrometry. AUC, Area under curve.

(B) SCFA concentration per mg of cecal contents from germ-free (GF), minimal flora (MF) or *R.*

hominis-OA2-monocolonized (OA2) mice, measured by mass spectrometry. AUC, Area under

curve.

(C) Representative images of lead acetate paper used to detect hydrogen sulfide (H_2S)

production by the OA isolates *in vitro*. Darker color indicates more H_2S produced by bacterial

cultures.

(D) Quantification of H_2S production by each OA isolate, normalized to the amount of H_2S

production by media alone ('PYG') within each experiment. Kruskal-Wallis with Dunn's multiple

comparisons test was used to compare between each group and PYG. *$p < 0.05$, **$p < 0.01$, ***p

< 0.001, ****$p < 0.0001$.

Figure 4. OA isolates induce iTregs in the colon

(A) Representative flow cytometry gating strategy for $Ror\gamma t^+$ $Helios^-$ iTregs out of $Foxp3^+$ cells,

$Foxp3^+$ $Ror\gamma t^+$ iTregs out of $CD4^+$ cells, and $Ror\gamma t^+$ $Foxp3^-$ Th17 cells out of $CD4^+$ cells from colon

lamina propria cells.

(B) Frequencies of $Ror\gamma t^+$ $Helios^-$ cells within $Foxp3^+$ Tregs.

(C) Frequencies of $Ror\gamma t^+$ $Foxp3^+$ Tregs out of $CD4^+$ T-cells.

SPF, Specific pathogen free; MF, Minimal flora mice; MF stool, GF mice gavaged with stool from

Minimal flora mice; KH mix, Mice gavaged with consortium of 17 Clostridia strains from Atarashi

et al., 2013 [5]; KH 28, *Clostridium aldenense* from the KH mix; SFB, Segmented filamentous

bacteria; GF, Germ-free. Each dot corresponds to one mouse. Each group was tested in at least

2 independent experiments consisting of 2-5 mice. Kruskal-Wallis with Dunn's multiple

comparisons test was used to compare between each group and GF. *$p < 0.05$, **$p < 0.01$, ***p

< 0.001, ****$p < 0.0001$.

Figure 5. Associations between OA isolate colonization, Tregs, and Th17 cell levels

(A) Frequencies of $Ror\gamma t^+$ $Foxp3^-$ Th17 cells out of $CD4^+$ T-cells.

(B) Spearman correlation between the frequency of $Foxp3^+$ $Ror\gamma t^+$ iTregs out of $CD4^+$ cells and

$Ror\gamma t^+$ $Foxp3^-$ Th17 cells out of $CD4^+$ cells induced by each bacterium or control group.

(C-E) Spearman correlation between the bacterial burden in each mouse and the proportions of

$Ror\gamma t^+$ $Helios^-$ iTregs out of $Foxp3^+$ cells (C), $Foxp3^+$ $Ror\gamma t^+$ iTregs out of $CD4^+$ cells (D), or $Ror\gamma t^+$

$Foxp3^-$ Th17 cells out of $CD4^+$ cells (E).

In A: SPF, Specific pathogen free; MF, Minimal flora mice; MF stool, GF mice gavaged with stool

from Minimal flora mice; KH mix, Mice gavaged with consortium of 17 Clostridia strains from

Atarashi et al., 2013 [5]; SFB, Segmented filamentous bacteria; GF, Germ-free. Each dot

corresponds to one mouse. Each group was tested in at least 2 independent experiments

consisting of 2-5 mice. Kruskal-Wallis with Dunn's multiple comparisons test was used to

compare between each group and GF. $*p < 0.05$, $**p < 0.01$, $***p < 0.001$, $****p < 0.0001$.

In B-E: r^2 and p values are depicted on each plot. Each dot corresponds to the average of at least

2 independent repeats with 2-5 mice within each experiment and the red line depicts the linear

regression slope.

Figure 6. Treg and Th17 cell induction by the OA isolates is correlated with enzymatic

activities by bacteria

(A) Spearman r and p values corresponding to significant correlations between the frequency of

induced Treg and Th17 cells and other measured variables of the OA isolates.

(B) Graph displaying relationship between alanine arylamidase activity and induction of Rorγt$^+$

Helios$^-$ Foxp3$^+$ iTregs for the OA isolates.

(C) Quantification of Rorγt$^+$ Helios$^-$ Foxp3$^+$ iTregs comparing OA isolates with or without alanine

arylamidase activity.

(D) Graph displaying relationship between tyrosine arylamidase activity and induction of Rorγt$^+$

Foxp3$^+$ Tregs for the OA isolates.

(E) Quantification of Rorγt$^+$ Foxp3$^+$ Tregs comparing OA isolates with or without tyrosine

arylamidase activity.

(F) Graph displaying relationship between tyrosine arylamidase activity and induction of Rorγt$^+$

Foxp3$^-$ Th17 cells for the OA isolates.

(G) Quantification of Rorγt$^+$ Foxp3$^-$ Th17 cells comparing OA isolates with or without tyrosine

arylamidase activity.

(H) Graph displaying relationship between α-chymotrypsin activity and induction of Rorγt$^+$ Foxp3$^-$

Th17 cells by the OA isolates.

(I) Quantification of Rorγt$^+$ Foxp3$^-$ Th17 cells comparing OA isolates with or without α-

chymotrypsin activity.

In B, D, F, H: Spearman r and p values are depicted on each plot in. Each dot corresponds to the

average value per OA isolate and the red line depicts the linear regression slope. Bar graphs

show mean +/- SEM.

In C, E, G, I: Each dot corresponds to the average value per OA isolate. Mann-Whitney test with

p values depicted on the bar graphs.

Figure 7. H$_2$S, salicin acidification, and valine arylamidase are associated with *Trichuris*

***egg* hatching by bacteria**

(A) Spearman r and p values corresponding to significant correlations between *Trichuris* egg

hatching and other measured variables of the OA isolates.

(B) Relationship between H$_2$S production by the OA isolates and *T. trichiura* egg hatching rate.

(C) Relationship between acid production from salicin by the OA isolates and *T. trichiura* egg

hatching rate.

(D) Relationship between valine arylamidase activity by the OA isolates and *T. trichiura* egg

hatching rate.

(E) Relationship between valine arylamidase activity by the OA isolates and *T. muris* egg hatching

rate.

Spearman r and p values are depicted on each plot. Each dot corresponds to the average value

per OA isolate and the red line depicts the linear regression slope.

 Supplemental figures - titles and legends

Figure S1. Bacterial burden and absolute numbers of Treg and Th17 cells induced by the

OA isolates

(A) Colony forming units (CFUs) per mg of stool from mice colonized with indicated bacteria on

the day cells were collected for analysis by flow cytometry. Each dot corresponds to one mouse.

(B-D) Absolute numbers of Rorγt$^+$ Helios$^-$ Foxp3$^+$ Tregs (B), Rorγt$^+$ Foxp3$^+$ Tregs (C) and Rorγt$^+$

Foxp3$^-$ Th17 cells (D) in the colon lamina propria of mice colonized with the indicated bacteria.

SPF, Specific pathogen free; MF, Minimal flora mice; MF stool, GF mice gavaged with stool from

Minimal flora mice; KH mix, Mice gavaged with consortium of 17 Clostridia strains from Atarashi

et al., 2013; SFB, Segmented filamentous bacteria; GF, Germ-free. Each dot corresponds to one

mouse. Each group was tested in at least 2 independent experiments consisting of 2-5 mice.

Kruskal-Wallis with Dunn's multiple comparisons test was used to compare between each group

and GF in B-D. *$p < 0.05$, **$p < 0.01$, ***$p < 0.001$, ****$p < 0.0001$.

Figure S2. Monocolonization with a subset of OA isolates increases total bile acids in stool

Quantification of total bile acids per g of stool from mice monocolonized with the indicated

bacteria. PBS, PBS as a technical control; GF, germ-free mouse; MF, minimal flora mouse.

Kruskal-Wallis with Dunn's multiple comparisons test was used to compare between each group

and GF. **$p < 0.01$, ****$p < 0.0001$.

Figure S3. Spearman correlation matrix depicting relationships between OA isolate

properties

Heatmap showing Spearman correlations between all measured variables for the OA isolates

including Treg and Th17 cell induction, *Trichuris* egg hatching, and production of SCFAs, BAs,

H$_2$S, and enzymes. Variables with insufficient data points to complete the correlation analysis

were removed from the heatmap.

Figure S4. dbRDA analysis to determine effect size of bacterial enzyme production on

lymphocyte differentiation induced by the OA isolates

(A) Enzyme production data used to perform the distance-based redundancy analysis (dbRDA)

and statistical significance of the F statistic for each variable.

(B) PCA biplot depicting dbRDA results for Treg and Th17 cell induction and enzyme production.

(C) Proportion of variance explained by 10 significant variables on the variance of Treg and Th17

cell induction.

Materials and Methods

Gnotobiotic mice

Germfree (GF) C57BL/6J were bred and maintained in flexible-film isolators at the New York University Grossman School of Medicine Gnotobiotics Animal Facility. Absence of fecal bacteria was confirmed monthly by evaluating the presence of 16S DNA in stool samples by qPCR as previously described [83]. Minimal flora (MF) mice harboring the consortium of 15 bacteria described in [52] were kept in a separate isolator. For inoculation with bacteria, GF mice were housed in Bioexclusion cages (Tecniplast) with access to sterile food and water. An equal amount of male and female mice 6-8 weeks of age was used for all experiments. All animal studies were performed according to protocols approved by the NYU Grossman School of Medicine Institutional Animal Care and Use Committee.

Bacterial strains

OA isolates were previously described [45]. The consortium of 17 Clostridia isolates (KH mix) including *Clostridium aldenense* (KH28) was kindly provided by K. Honda (RIKEN Center for Integrative Medical Sciences, Japan) [5]. All bacteria were cultured under anaerobic conditions in an anaerobic chamber (Coy Labs). Frozen glycerol stocks (30% glycerol) of all bacteria were prepared. Glycerol stocks of the OA isolates were streaked onto BRU agar plates (Anaerobe Systems) and incubated anaerobically for 48 hours at 37°C. PYG broth (Anaerobe Systems) inoculated with single colonies was grown at 37°C. OA1, 2, 4, 5, 6, 8, 11, 12, 13, 14, the KH mix, and KH28 were grown for 24 hours. OA3, 7, 9, and 10 required 3 days to reach similar turbidity. To quantify colony forming units, we performed serial dilutions of liquid culture in sterile PBS and plated on BRU agar plates. Segmented Filamentous Bacteria (SFB) were kindly provided by D. Littmann (NYU Grossman School of Medicine) [69] in the form of stool from GF mice monocolonized with SFB. SFB burden was confirmed in stool by qPCR as described in [69].

Enzyme activity assays

OA isolates were grown anaerobically for 24 hours or 3 days, prepared as per manufacturer's instructions, and inoculated onto test strips from API® ZYM, API® Rapid ID 32A, and API® 20A Microbial Identification Kits (BioMerieux). Test strips were incubated at 37°C for either 4 hours or 24 hours and at either aerobic or anaerobic conditions depending on the manufacturer's

instructions, after which enzyme reactions were assessed visually based on colorimetric
changes.

Quantification of SCFAs using LC-MS

Bacterial cultures of OA isolates were spun down at 14,000g for 5 minutes at 4°C and supernatant
was collected and stored at -80°C. Cecal contents were harvested from GF mice, MF mice, or
mice monocolonized with OA2 and stored at -80°C. For the measurement of SCFAs in bacterial
liquid culture, a 10 μL aliquot of the culture was mixed with 190 μL of short-chain fatty acids
(SCFAs) derivatization solution (1 mM 2,2′-dipyridyl disulfide, 1 mM triphenylphosphine, and 1
mM 2-hydrazinoquinoline dissolved in acetonitrile). For the measurement of SCFAs in cecal
contents, ~10mg of cecal sample was resuspended in 50 μL of 50% MeOH (in H_2O) and vortexed
for 10 min (some beads were added to disperse the cecal material). Then the mixture was spun
down, and 10 μL of supernatant was mixed with 190 μL SCFAs derivatization solution.

For both bacterial liquid culture and cecal content samples, the resulting mixtures were vortexed
and incubated at 60 °C for 1 hr. The mixture was centrifuged at 21000 x g for 20 min, and the
supernatant was analyzed using an Agilent 1290 LC system coupled to an Agilent 6530
quadrupole time-of-flight (QTOF) mass spectrometer with a 130Å, 1.7 μm, 2.1 mm × 100 mm
ACQUITY UPLC BEH C18 column (Waters). We used the following solvent system: A: H_2O with
0.1% formic acid; B: Methanol with 0.1% formic acid. 1 μL of each sample was injected, and the
flow rate was 0.35 mL/min with a column temperature of 40 °C. The gradient for HPLC-MS
analysis was: 0-6.0 min, 99.5%-70.0% A; 6.0-9.0 min, 70.0%-2.0% A; 9.0-9.4 min, 2.0% A; 9.4-
9.6min, 2.0%-99.5% A. Peaks were assigned by comparison with authentic standards.

Hydrogen sulfide production assay

In a 24-well plate, 10ul of 24-hour or 3-day bacterial culture was added to 1ml of sterile PYG
media. Each plate was covered with a piece of lead acetate paper cut to fit the 24-well plate,
followed by the plate lid over the lead acetate paper. After 24 hours, photos were taken to quantify
darkening of the lead acetate paper using Image J.

Quantification of Treg and Th17 cell induction

Male and female germ-free C57BL/6J mice were monocolonized at 6-8 weeks of age by oral gavage with ~1x10^7 colony forming units (CFU) of indicated bacteria. 21-28 days later, mice were euthanized, and the colon and cecum were harvested. For single cell suspension, colonic and cecal tissues were flushed with HBSS (Gibco), fat and Peyer's patches were removed, and the tissue was cut into 5-6 pieces. Tissue bits were incubated first with 20 mL of HBSS with 2% HEPES (Corning), 1% sodium pyruvate (Corning), 5mM EDTA, and 1 mM dithiothreitol (Sigma-Aldrich) for 15 min at 37°C with shaking, and then with new 20 mL of HBSS with 2% HEPES, 1% sodium pyruvate, 5mM EDTA for 10 min at 37°C with shaking. Tissue bits were washed in HBSS + 5% FCS, minced, and then enzymatically digested with collagenase D (0.5 mg/mL, Roche) and DNase I (0.01 mg/mL, Sigma-Aldrich) for 30-45 min at 37°C with shaking. Digested solutions were passed through a 70 mm cell strainer (BD) and cells were subjected to gradient centrifugation using 40% Percoll (Sigma-Aldrich).

Surface and transcription factor staining was performed per manufacturer's instructions in PBS + 2% FBS for 20 min on ice. Zombie Aqua Fixable Viability Kit (Biolegend) was used to exclude dead cells. Surface markers were stained with anti-CD45 Pacific Blue, anti-CD3 FITC and anti-CD4 APC-Cy7 from Biolegend. For intracellular staining of transcription factors, cells were permeabilized with the eBioscience Foxp3/Transcription Factor Staining Buffer Set (Thermo Fisher Scientific) at room temperature for 30 min, and then stained with anti-Foxp3 APC and anti-Rorγt PE from Invitrogen, and anti-Helios PE-Cy7 from Biolegend. Samples were acquired on the CytoFLEX analyzer (Beckman Coulter) and analyzed using FlowJo 10.8.1.

Quantification of bile acids in stool samples

10-15mg of stool was homogenized in cold 100% ethanol at a final concentration of 10mg/ml using Zirconia/Silica 1.0mm beads. Homogenates were spun down at 21,000g for 3 minutes at 4°C and 450ul of the supernatant was transferred to a clean 1.5ml tube. The sample was then dried down in a speedvac before reconstituting in ultrapure water. Bile acid concentration in each sample was quantified using the Bile Acid Assay Kit (Sigma #MAK309) following the manufacturer's instructions, and the SpectraMax M3 Multi-Mode Microplate Reader with SoftMax Pro 6.5.1. software.

Distance-based redundancy analysis (dbRDA)

Enzyme production levels were normalized, and one enzyme (α-mannosidase) that had zero production for all isolates was removed, for further statistical analyses. Least absolute shrinkage and selection operator (LASSO) regression was used as a feature selection method of enzymatic production. Enzymes that contributed significantly to prediction of Treg and Th17 induction and enzymes that had significant Spearman correlation coefficients were chosen as explanatory variables for dbRDA. Both analyses were conducted using R version 4.2.2.

Statistical analysis

For *in vitro* and *in vivo* experiments, the number of repeats per group is annotated in corresponding figure legends. Significance for all experiments was assessed using GraphPad Prism software. Specific tests are annotated in corresponding figure legends. P values correlate with symbols: ns or no symbol = not significant, $*p < 0.05$, $**p < 0.01$, $***p < 0.001$, $****p < 0.0001$.

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Figure 1.

	Family	Genus; species	*Trichuris* associated	Promotes *Trichuris* life cycle
OA12	*Enterococcaceae*	*Enterococcus hirae*	Yes	No
OA7	*Erysipelotrichaceae*	*Holdemania massiliensis*	No	
OA4	*Coprobacillaceae* *	*Clostridium innocuum*	No	No
OA5	*Coprobacillaceae* *	*Clostridium innocuum*	No	
OA14	*Clostridiaceae*	*Clostridium perfringens*	No	No
OA8	*Peptostreptococcaceae*	*Paeniclostridium sordellii* **	Yes	Yes
OA6	*Peptostreptococcaceae*	*Romboutsia hominis*	Yes	Yes
OA2	*Peptostreptococcaceae*	*Romboutsia hominis*	Yes	Yes
OA9	*Oscillospiraceae*	*Lawsonibacter sp. OA9*	Yes	
OA10	*Oscillospiraceae*	*Lawsonibacter asaccharolyticus*	No	
OA3	*Oscillospiraceae* *	*Ruminococcus pangsunibacterium (sp. OA3)*	No	
OA1	*Lachnospiraceae*	*Muricomes sp. OA1*	No	
OA13	*Lachnospiraceae*	*Enterocloster sp. OA13*	N.D.	
OA11	*Lachnospiraceae*	*Enterocloster sp. OA11*	N.D.	

Characterization of bacteria

In vitro:
• Enzyme activity
• SCFA
• H$_2$S

In vivo:
• Treg differentiation
• BA

Correlation analysis

Figure 2.

A

B

C

Figure 3.

A

Panel A: Stacked bar chart. Y-axis: AUC (x10^7), 0.0 to 3.0. Legend: Propionate, Butyrate, Acetate. X-axis categories: OA12, OA7, OA9, OA13, OA1, OA11, OA8, OA6, OA2, OA10, OA3, OA5, OA4, OA14.

B

Panel B: Stacked bar chart. Y-axis: AUC/mg (x10^5), 0 to 12. X-axis categories: GF, MF, OA2.

C

PYG		OA6 *R. hominis*
OA14 *C. perfringens*		OA11 *Enterocloster sp.*
OA1 *Muricomes sp.*		OA8 *P. sordellii*

D

Panel D: Bar chart. Y-axis: H$_2$S production, 0.0 to 1.0. X-axis categories: PYG, OA10, OA3, OA4, OA9, OA12, OA5, OA14, OA7, OA1, OA6, OA2, OA13, OA11, OA8.
Significance markers: OA7 **, OA1 *, OA6 ***, OA2 *, OA13 **, OA11 ***, OA8 ****.

Photo plate wells: PYG PYG OA9 OA9 OA15 OA15 / OA1 OA1 OA10 OA10 OA6 OA6 / OA3 OA3 OA11 OA11 OA8 OA8 / OA7 OA7 OA13 OA13 OA12 OA12

Figure 4.

B

C

Figure 5.

Figure 6.

A

Variable A	Variable B	Spearman r	p value
Th17 cells: Rorγt+ Foxp3- (% of CD4+)	α-chymotrypsin	0.81117	0.00148
Treg cells: Rorγt+ Helios- (% of Foxp3+)	Alanine Arylamidase	0.78493	0.00210
Th17 cells: Rorγt+ Foxp3- (% of CD4+)	Tyrosine Arylamidase	0.73952	0.00579
Treg cells: Rorγt+ Foxp3+ (% of CD4+)	Tyrosine Arylamidase	0.73952	0.00579
Treg cells: Rorγt+ Foxp3+ (% of CD4+)	Esterase Lipase (C 8)	0.71527	0.00819
Treg cells: Rorγt+ Helios- (% of Foxp3+)	Acid production from D-lactose	0.69976	0.01008
Th17 cells: Rorγt+ Foxp3- (% of CD4+)	Phenylalanine Arylamidase	0.68912	0.01147
Treg cells: Rorγt+ Foxp3+ (% of CD4+)	Naphthol-AS-BI-phosphohydrolase	0.68221	0.01228
Treg cells: Rorgt+ Foxp3+ (% of CD4+)	α-chymotrypsin	0.67452	0.01431
Treg cells: Rorγt+ Helios- (% of Foxp3+)	Tyrosine Arylamidase	0.67338	0.01469
Th17 cells: Rorγt+ Foxp3- (% of CD4+)	Esterase Lipase (C 8)	0.64715	0.02003
Treg cells: Rorγt+ Foxp3+ (% of CD4+)	gelatin hydrolase	0.62678	0.02564
Treg cells: Rorγt+ Helios- (% of Foxp3+)	gelatin hydrolase	0.62678	0.02564
Th17 cells: Rorγt+ Foxp3- (% of CD4+)	Naphthol-AS-BI-phosphohydrolase	0.61399	0.02872
Th17 cells: Rorγt+ Foxp3- (% of CD4+)	Alanine Arylamidase	0.58193	0.04196
Th17 cells: Rorγt+ Foxp3- (% of CD4+)	H2S production	0.56593	0.04733
Treg cells: Rorγt+ Helios- (% of Foxp3+)	α-chymotrypsin	0.56404	0.04793

Figure 7.

A

Variable A	Variable B	Spearman r	p value
T. trichiura egg hatching	H2S production	0.94286	0.01667
T. trichiura egg hatching	Valine Arylamidase	0.94112	0.01667
T. muris egg hatching	Valine Arylamidase	0.94112	0.01667
T. trichiura egg hatching	Acid production from salicin	-0.92582	0.03333

B

C

D

E

Figure S1.

Figure S2.

Figure S3.

Figure S4.

A

Explanatory variables used for dbRDA	ANOVA for each explanatory variable
Valine arylamidase	Pr(>F) = 0.003
α-chymotrypsin	Pr(>F) = 0.004
Alanine Arylamidase	Pr(>F) = 0.001
Tyrosine Arylamidase	Not significant
Esterase Lipase (C 8)	Pr(>F) = 0.028
Acid production from D-lactose	Pr(>F) = 0.002
Phenylalanine Arylamidase	Pr(>F) = 0.029
Naphthol-AS-BI-phosphohydrolase	Pr(>F) = 0.007
Gelatin hydrolase	Not significant
Acid production from salicin	Pr(>F) = 0.049
Acid production from D-trehalose	Pr(>F) = 0.045

B

- **ANOVA for dbRDA model:** Pr(>F) = 0.009
- **ANOVA for dbRDA component 1:** Pr(>F) = 0.013 Explains 85% of the variance. Component 2 is not significant.
- **Proportion of constrained variance** > 0.99

C

Table S1. Least absolute shrinkage and selection operator (LASSO) regression was performed to identify variables that could predict Treg and Th17 cell induction by the OA isolates. R^2 values for the model are depicted next to each cell population type, and important variables and their corresponding coefficients are below.

Treg induction: Rorγt+ Foxp3+ (% of CD4+), $R^2 > 0.3$	
Variable	Coefficient
Esterase Lipase (C 8)	1.73E-02
Treg induction: Rorγt+ Helios- (% of Foxp3+), $R^2 > 0.99$	
Variable	Coefficient
Alanine Arylamidase	3.44E-01
Alpha-Chymotrypsin	6.94E-02
Beta-galactosidase	4.02E-02
Alpha-Arabinosidase	-3.88E-02
Gelatin Hydrolase	3.27E-02
Acid production from L-rhamnose	2.97E-02
Acid production from D-trehalose	2.92E-02
Acid production from D-maltose	2.68E-02
Acid production from D-glucose	1.64E-02
Pyroglutamic Acid Arylamidase	1.33E-02
Th17 cell induction: Rorγt+ Foxp3- (% of CD4+), $R^2 > 0.97$	
Variable	Coefficient
Beta-Galactosidase	1.24E-01
Beta-Galactosidase 6 Phosphate	-5.88E-02
Arginine Arylamidase	4.77E-02
Alpha-Chymotrypsin	3.19E-02
Alanine Arylamidase	2.19E-02
Cysteine Arylamidase	1.12E-02
Acid Production from D-trehalose	1.10E-02
Acid Production from D-sorbitol	4.18E-03
ESC Hydrolysis (B-glucosidase)	3.94E-04