Swimming ability and flagellar motility of sperm packets of the

volvocine green alga *Pleodorina starrii*

Short Title: Flagellar motility of sperm packets of *Pleodorina starrii*

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Abstract

Eukaryotic flagella collectively form metachronal waves and exhibit the ability to swim or cause flow.

Large volvocine genera such as *Eudorina*, *Pleodorina*, and *Volvox* form bundles of small male

gametes (sperm) called "sperm packets" for sexual reproduction. Although sperm packets have

been reported to have flagella and the ability to swim, there has been no quantitative analysis of the

motility of sperm packets. Moreover, describing motility of sperm packets is important in the context

of collective motion and low Reynolds-number biofluid dynamics. In this study, we quantitatively

described the swimming behavior of the sperm packets of a male strain of *Pleodorina starrii*.

Although smaller, sperm packets swam faster than the asexual colonies of the same male strain.

Sperm packets swam approximately 1.4 times faster than asexual colonies. Body length was

approximately 2.3 times larger in the asexual colonies than in the sperm packets. Analysis of

flagellar waveforms revealed that flagella from sperm packets and asexual colonies showed ciliary-

type motion, whereas flagella from dissociated single sperm showed flagellar-type motion,

suggesting the presence of a switching mechanism between sperm packets and dissociated sperm.

Flagella from sperm packets were approximately 0.5 times shorter and had a beat period

approximately twice as long as those from asexual colonies. The flagella of sperm packets were

densely distributed over the anterior part of the body, whereas the flagella of asexual colonies were

sparse and evenly distributed. The effect of the distribution of flagella, but not the number of flagella,

seemed to illustrate the significant difference in the speeds between sperm packets and asexual

colonies.

Introduction

Collective motion is common in nature, such as in schools of fish [1], flocks of birds [2] or herds of sheep [3]. In the case of low Reynolds number (Re<<1), metachronal waves of eukaryotic flagella or cilia [4,5] are a form of collective motion of many flagella/cilia and are important for microbial swimming and flow generation inside the animal body.

Volvocine green algae, ranging from unicellular *Chlamydomonas* [6], 4-celled *Tetrabaena* [7] to thousands-celled *Volvox* [8,9], have been used as model organisms to investigate the dynamics of multiple flagella. They have two equal-length flagella in one cell, and flagella in the entire body have been shown to move collectively in many cases. Previous studies on the motility of multicellular volvocines focused on asexual colonies that are in their usual form in culture. Although they have been known to sexually reproduce [10], the function of motility in sexual reproduction in multicellular volvocines remains unclear.

In the process of sexual reproduction, bundles of small male gametes or sperm called "sperm packets" have been reported in large multicellular volvocine genera such as *Eudorina* [11], *Pleodorina* [12,13] and *Volvox* [14,15]. Male gametes or sperm in these genera are characterized as biflagellated cells with elongated cell bodies. Sperm are bundled as packets in male colonies, and these sperm packets swim into female colonies [12,13]. Sperm packets subsequently dissociate into single sperm after arrival at the female colonies. These processes have only been described qualitatively, and no study has quantitatively characterized the movement of flagella in sperm packets or sperm.

In this study, we focused on the motility of sperm packets in the volvocine alga *Pleodorina starrii* (Figure 1). *P. starrii* has three sexes: male, female and hermaphrodite [16]. We focused on the male strain and compared the swimming and flagellar motions of sperm packets with those of asexual colonies. We found that the swimming speed of asexual colonies was approximately 0.7 times lower than that of sperm packets, whereas the body size in asexual colonies was approximately 2.3 times larger than that in sperm packets. A comparison with a previous computational study suggested that the distribution of flagella illustrates the difference in swimming

speeds between sperm packets and asexual colonies. Furthermore, we found that flagella from a

single dissociated sperm showed flagellar-type motion, whereas flagella from sperm packets

showed ciliary-type motion, suggesting a waveform switching mechanism in sperm cells. Our

findings provide insights into the function of motility in the sexual reproduction of volvocines, which

had previously been overlooked.

Fig. 1. Schematic representation of the life cycle of *Pleodorina starrii*. In general, the colonies

proliferate asexually. Each colony consists of 32–64 cells with equal-length flagella. The cycle of

sexual reproduction begins under a lack of nitrogen, and consequently, male colonies with sperm

packets—bundles of male gametes (sperm) with two equal-length flagella—are formed. (A) 64-

celled mature asexual colony. (B) Sexually induced male colony with sperm packets (sp). (C) Sperm

packet. (D) Dissociated single sperm.

Materials and Methods

Culture

Pleodorina starrii was maintained at 20 °C in the AF6 medium under a 10:14 light/dark (LD) cycle.

Asexual colonies were transferred into the Volvox thiamine acetate (VTAC) medium and incubated

for 2-3 days at 25 °C under a 12:12 LD cycle. Sperm packets were induced by transferring 3-day

colonies from the VTAC medium into the mating medium [12,16]. The unisex male strain P7 [16]

(=NIES-4480 [17]) was used unless otherwise stated. The dissociation process of the sperm packet

was observed using the unisex male strain P7×P10 F1-14, which is the offspring of P7. The

experiments were performed at temperature of approximately 23-25 °C during the subjective

daytime.

Recording of free swimming

Swimming activity was recorded using an upright microscope BX53 (Olympus, Tokyo, Japan) with a

halogen lamp (Olympus, Tokyo, Japan), dry dark-field condenser (U-DCD, Olympus, Tokyo, Japan),

and 620-nm long-pass filter (SCF-50S-62R, OptSigma, Tokyo, Japan). Although phototaxis was not

examined in the present study, the wavelength was chosen based on the studies on

Chlamydomonas phototaxis, which did not induce phototaxis in *Chlamydomonas* [18]. *P. starrii* was

confined between a glass slide (S1126, Matsunami, Osaka, Japan) and a coverslip (18×18 mm,

Matsunami, Osaka, Japan) with a ~10×10 mm square hole in a 0.5 mm silicone rubber spacer

(Kogugo, Tokyo, Japan). Movies were captured at 14.3 fps using a CMOS camera (UI-3250-CP,

IDS, Obersulm, Germany) to monitor swimming and at 1000 fps using a high-speed CMOS camera

(VCC-H1540, Digimo, Tokyo, Japan) to monitor flagellar motility. A 10x objective lens (NA 0.40) was

used to observe sperm packets, whereas a 4x objective lens (NA 0.13) was used to observe

asexual colonies. Swimming trajectories and body lengths were quantified using the TrackMate

plugin [19] in ImageJ (Fiji). The swimming speed of each individual was calculated as the mean

swimming speed along the trajectory. The minimum value of the estimated diameter in the track was

considered as the body length because the estimated diameter was the minimum when the object

was in focus. Flagellar motility during swimming was visualized using the same setup (objective

10x) except that a mercury lamp (Olympus, Tokyo, Japan) without a long-pass filter (i.e., white light)

was used.

Recording of flagellar motility of sperm packets

To visualize flagellar movement, sperm packets were captured using a glass micropipette [20].

Glass pipettes with a tip diameter of ~20 μm were fabricated with the puller (PC-100, Narishige,

Tokyo, Japan) and the microforge (MF2, Narishige, Tokyo, Japan) from the capillary (G-1,

Narishige, Tokyo, Japan). The glass pipette was set to the injector (IM-11-2, Narishige, Tokyo,

Japan) on an inverted microscope (IX71, Olympus, Tokyo, Japan), 0.5–2 μL droplets of the culture

medium were placed on a glass-bottom dish (P50G-0-30-F, Mattek, Ashland, MA, US), and the

object inside the droplet was suctioned with the pipette. The droplets were covered with mineral oil

(8042-47-5; ICN Biomedicals, Aurora, OH, US) to prevent vaporization during observation. Movies

were captured at 1000 fps using a high-speed CMOS camera (VCC-H1540, Digimo, Tokyo, Japan),

long-working distance phase-contrast optics (Olympus, Tokyo, Japan) and a 40x objective lens (NA

0.75).

Analysis of flagellar motility

The flagellar waveform was analyzed using the lab-made software Bohboh [21]. Semi-auto-tracking

of flagella was applied to the dark-field images of asexual colonies and dissociated single sperm.

For pipette-captured sperm packets, phase-contrast images of the flagella were tracked manually

because of poor contrast. From the time series of flagellar traces, we obtained 3D plots of curvature,

along with flagellar length and time [22]. Flagellar beat periods were visually estimated from the 3D

plots, and flagellar lengths were calculated from traces on Bohboh. Because the length fluctuated

along the beat period owing to the three-dimensionality of the waveform, the mean length for each

flagellum (50–100 frames) was adopted its flagellar length.

Immunofluorescence microscopy

To visualize the distribution of flagella, indirect immunofluorescence microscopy was performed according to Matsuura et al. [23], using the same method as that used for staining *Chlamydomonas* flagella. The samples were fixed in methanol. Antiacetylated α-tubulin (mouse monoclonal 6-11B-1, ab24610, Abcam, Cambridge, UK) diluted in blocking buffer to 1:500 was used as the primary antibody, and samples were incubated with the primary antibody at 37 °C for 1 h. DyLight® 488-conjugated goat anti-mouse IgG (ab96871, Abcam, Cambridge, UK) diluted in blocking buffer to 1:500 was used as the secondary antibody, and samples were incubated with the secondary antibody at 37 °C for 1 h. Nuclei were stained with 50 µg/mL Hoechst 33342 (Nacalai Tesque, Kyoto, Japan) in PBS before immunofluorescence staining. Confocal images were captured using an FV-3000 microscope (Olympus, Tokyo, Japan) equipped with a 100x oil-immersion objective lens (NA 1.50) at the Department of Life Sciences, Gakushuin University.

Results

Sperm packets swam faster than asexual colonies

To characterize the swimming of sperm packets, we recorded and compared the swimming of sperm packets with asexual colonies of the same male strain (P7) at low magnification. Figure 2A shows the relationship between swimming speed and body length of sperm packets (n = 185) and asexual colonies (n = 313). Sperm packets had smaller body lengths and higher swimming speeds than asexual colonies. The top and right panels of Figure 2A show the distribution of the diameters and swimming speeds of sperm packets and asexual colonies. The diameters of sperm packets and asexual colonies were 24.7 ± 5.9 µm (mean ± S.D., n = 185) and 54.7 ± 14.9 µm (mean ± S.D., n = 313), respectively. The swimming speeds of sperm packets and asexual colonies were 308 ± 73 µm/s (mean ± S.D., n = 185) and 215 ± 63 µm/s (mean ± S.D., n = 313), respectively, indicating that sperm packets swam approximately 1.4 times faster than asexual colonies. Figures 2B and 2C show the swimming trajectories of the sperm packets and asexual colonies, respectively. Both exhibited nearly straight trajectories within an observation field of less than 1 mm.

Fig. 2. Swimming of sperm packets and asexual colonies. (A) Swimming speed plotted against the body diameter. Top panel shows the histogram of diameter, and right panel shows the histogram of swimming speed (navy: sperm packets, green: asexual colonies). (B) Swimming trajectories of sperm packets. Twenty randomly chosen trajectories are shown. (C) Swimming trajectories of asexual colonies. Twenty randomly chosen trajectories are shown.

Visualization of flagella in dark-field microscopy

To clarify the reason for the difference in speed between sperm packets and asexual colonies, we

visualized their flagellar movements. Figure 3 (as well as Supplementary Movie S1) shows a

swimming sperm packet viewed from the side using a dark-field microscope. We observed that the

sperm packet swam with flagella anterior and metachronal waves of the flagella traveling from the

top region to the periphery of the packet, although it was difficult to determine the relationship

between the direction of the wave and the power stroke of the flagella because of the dense

distribution of flagella. The flagella of asexual colonies (Figure 4, Supplementary Movie S2) were

evenly distributed over the body, and the metachronal waves were symplectic, i.e., the waves

propagated in the same direction as the power stroke of the flagella [24], as observed in *Volvox*

[25].

Fig. 3. Image of a sperm packet (side view) under dark-field microscopy. The sperm packet thrust

itself with flagella anterior. The metachronal wave propagated from the center (see Supplementary

Movie 1). White triangles indicate flagella, and the orange arrow indicates the swimming direction.

Fig. 4. An asexual colony in dark-field microscopy. (A) Images of an asexual colony. Flagella beat with ciliary-type motion. Registered images of a rolling colony near the wall are shown every 5 ms. The image of the silicone rubber spacer (wall) was deleted (black triangle in the lower right) for proper registration (see Supplementary Methods). Blue arrow indicates the direction of the effective stroke. Red broken line indicates where the kymograph (B) was drawn. Time [ms] corresponds to the time axis in (B). (B) Kymograph of the movement of flagella drawn from red broken line in (A). Blue broken arrow indicates the propagation of metachronal waves.

Sperm packets disassemble into a single sperm after arrival in the female colonies [13].

Figure 5 (Supplementary Movie S3) shows the process of disassembling a sperm packet, as

recorded by dark-field microscopy. The packet disassembled gradually as the sperm moved

randomly. To date, the trigger for this dissociation has not been identified. Figure 6 (Supplementary

Movie S4) shows a single sperm after disassembly of a packet. The two flagella of the sperm beat

alternately, and individual sperm barely propel themselves. Flagellar movement was flagellar-type,

i.e., the flagella bent in two directions [26], similar to human or sea urchin sperm.

Fig. 5. Dissociation of a sperm packet viewed using dark-field microscopy. The sperm packet

gradually collapsed, and the dissociated sperm jumped out of the packet. Images are shown every

10 s. White triangle indicate dissociated sperm.

Fig. 6. Dark-field microscopy images of a single dissociated sperm. The two flagella beat with

flagellar-type motion and did not synchronize. Images are shown every 2 ms.

Visualization of flagella of sperm packets held on the micropipette

Because it was difficult to analyze flagellar motility from freely moving sperm packets (Figure 3), we

suctioned the sperm packets into a glass micropipette. Figure 7 (Supplementary Movie S5) shows

the flagellar motility of a sperm packet held on a micropipette, using phase-contrast microscopy. We

found that the flagella beat with a ciliary-type motion, i.e., the flagella bent in only one direction. The

effective stroke was directed from the top (anterior) region of the body to the periphery, and the

metachronal waves were also directed from the top to the periphery. Thus, the metachronal waves

in the sperm packets were symplectic, similar to those in asexual colonies.

Fig. 7. A sperm packet captured to a micropipette in phase-contrast microscopy. (A) Images of a

sperm packet. The flagella beat with ciliary-type motion. Images are shown every 5 ms. Blue arrows

indicate the direction of effective stroke, and red broken line indicates where the kymograph (B) was

drawn. Time [ms] corresponds to the time axis in (B). Contrast enhanced. (B) Kymograph of the

movement of flagella drawn from the red broken line in (A). Blue broken arrows indicate the

propagation of metachronal waves.

Analysis of flagellar waveform

We tracked and quantified flagellar movement. Figures 8A–C show a time series of flagellar

waveforms traced from an asexual colony (Figure 4), dissociated single sperm (Figure 6), and

sperm packets (Figure 7), respectively. The flagellum from the asexual colonies (Figure 8A) showed

ciliary-type movement, bending in one direction, similar to the colonies of other Volvocales [9]. The

flagellum from the dissociated single sperm (Figure 8B) showed flagellar-type movement with

principal and reverse bends [26]. The flagellum from sperm packets (Figure 8C) showed ciliary-type

motion with a usually larger period. The flagellum appeared shorter in sperm packets than in single

sperm or colonies. As shown in Figure 8D–F, 3D plots of curvature along with time and flagellar

length supported these views; Figures 8D and 8F indicate that the flagella from the asexual colony

and the sperm packet bent in only one direction (i.e., ciliary-type motion), whereas Figure 8E shows

that the flagella from the single dissociated sperm bent in two directions (i.e., flagellar-type motion).

Using waveform analysis (Figure 8, Supplementary Figure S1 and S2), we estimated the

beat period and length of the flagella (Supplementary Table 1). The beat period was 35 ± 13 ms in

asexual colonies (mean ± S.D., n = 4), 30 ± 9 ms in single dissociated sperm (n = 3) and 69 ± 18 ms

in sperm packets (n = 3). The flagellar length was 23.6 ± 8.1 µm in asexual colonies (n = 4), 16.4 ±

1.4 µm in single dissociated sperm (n = 3), and 11.0 ± 0.5 µm in sperm packets (n = 3).

Fig. 8. Flagellar waveform of (A) an asexual colony, (B) a single dissociated sperm, and (C) a

sperm packet. (A) and (B) show 20 frames in 1000 fps. (C) shows 60 frames every 3 frames. (D)–

(F) 3D plots of curvature along with time and flagellar length obtained from (A)–(C). Ciliary-type

waveform (D) and (F) show stripes of curvature of plus value (red) and near-zero (green), indicating

a one-directional bend, whereas flagellar-type waveform (E) shows stripes of plus- (red) and minus-

value (blue) curvature, indicating a two-directional bend.

Visualization of the distribution of flagella

Indirect immunofluorescence microscopy was used to clearly visualize the distribution of flagella.

Figures 9A and 9B show the distribution of flagella (green) in sperm packets and asexual colonies,

respectively. The flagella of sperm packets were densely distributed over the anterior part of the

body, whereas the flagella of asexual colonies were sparse and evenly distributed.

Fig. 9. Distribution of flagella in immunofluorescence microscopy. (A) A sperm packet; (B) an

asexual colony. Green structures represent acetylated α-tubulin (flagella), and blue structure

represents the nuclei. Z projections of confocal images are shown. White triangles indicate flagella,

and orange arrows indicate the swimming direction. Note that flagella were densely distributed in

the sperm packet, whereas the asexual colony had sparse distribution of flagella.

Discussion

The normalized body length is nearly the same, but the normalized speed is dramatically

different between sperm packets and asexual colonies

Table 1 summarizes the swimming parameters of the sperm packets and asexual colonies. We

found that, on average, asexual colonies had approximately 2.3 times larger diameter,

approximately 0.7 times lower speed, 2.1 times larger flagellar length, and 0.5 times smaller beat

period than sperm packets. Asexual colonies contained 32–64 cells [13], whereas the sperm

packets contained 20–50 cells (n = 3). Thus, it is reasonable to assume that the number of flagella

is comparable between the asexual colonies and sperm packets. From the numerical simulation of

ciliated spherical bodies, Omori et al. [27] showed that the normalized swimming speed $\overline{U}/(\frac{L}{T})$,

where $\overline{U}$ is the swimming speed, L is flagellar length, and T is flagellar beat period, decreased with

the power of −2 of the normalized body length 2a/L (where a is the radius) if the number of the

flagella N is fixed in 2a/L ranging 10 to 30. If we consider the mean flagellar length of each category,

sperm packets and asexual colonies have a 2a/L of 2.2 and 2.3, respectively, which is nearly the

same. However, the normalized swimming speed $\overline{U}/(\frac{L}{T})$ is dramatically different between the two

categories, although both are approximately in quantitative agreement with the curves reported in

[27] if we extrapolate. If the normalized body size and direction of the metachronal waves

(symplectic or antiplectic) were the same, the number of flagella would cause a difference in

swimming speed [27]. However, the number of flagella would not differ in our case. Thus, in our

study, the difference in speed could be attributed to the difference in the distribution of flagella

(Figure 9), which was not considered in [27]. Because the cell shape is elongated in sperm packets

but spherical in asexual colonies [12,13,16], the spacing of the flagella would be smaller in sperm

packets.

	Flagellar length, L [μm]	Flagellar period, T [ms]	L/T [μm/s]	Body length, 2a [μm]	Swimming speed, $\bar{U}$ [μm/s]	Normalized body length, 2a/L	Normalized speed, $\bar{U}/(\frac{L}{T})$
Sperm packets	11.0±0.5 (n=3)	69±18 (n=3)	167±44 (n=3)	24.7±5.9 (n=185)	308±73 (n=185)	2.2	1.8
Asexual colonies	23.6±8.1 (n=4)	35±13 (n=4)	649±69 (n=4)	54.7±14.9 (n=313)	215±63 (n=313)	2.3	0.3

Table 1. Swimming parameters of sperm packets and asexual colonies.

Although the beat period of sperm packets was longer than that of asexual colonies (i.e., the

flagellar beat was slower in sperm packets), swimming was faster in sperm packets than in asexual

colonies. This could be attributed to the size difference between sperm packets and asexual

colonies as well as the difference in the waveform and collective motion of the flagella. The effect of

size difference, i.e., sperm packets were smaller in size and thus had smaller drag than asexual

colonies, might be stronger than the effect of the beat period difference. Another reason might be

the differences in flagellar motion. Although flagellar movements of both sperm packets and asexual

colonies were categorized as ciliary-type motion, they showed subtle differences in actual

waveforms (Figure 8A and C) or spatiotemporal dynamics in curvatures (Figure 8D and F). These

differences, as well as the differences in metachronal wave dynamics (Figure 4B, Figure 7B) and

hydrodynamic interactions between flagella, would result in faster swimming in sperm packets.

Switching mechanism of flagellar- and ciliary-type motion

We found that the flagellar waveform changed in sperm packets and dissociated single sperm.

Sperm packets showed ciliary-type movement, whereas dissociated single sperm showed flagellar-

type motion. Wild-type *Chlamydomonas* flagella usually show ciliary-type motion, and sometimes

the waveform becomes flagellar-type, depending on the Ca^{2+} concentration inside the flagella

[28,29]. A similar mechanism can be considered for waveform switching in the sperm of *P. starrii*:

the Ca^{2+} concentration is constantly higher in the flagella of dissociated single sperm than in the

sperm packets. To test this hypothesis, an experiment using demembranated cell models of both

sperm packets and dissociated single sperm is desirable.

If the Ca^{2+} concentration is consistently higher in dissociated single sperm than in sperm

packets, the underlying cause may be the higher viscous load in single sperm than in sperm

packets. Ca^{2+} influx may occur through mechanosensitive channels (e.g., [30]).

Significance of larger swimming speed in sperm packets

The sperm packets swam faster than the asexual colonies. To date, we have not measured the

speed of sexual reproduction in female colonies. However, it would be reasonable to assume that

the speed of female sexual colonies would not be significantly higher than that of asexual colonies

because the morphology does not change significantly between sexual and asexual colonies of

females [16]. If we consider that the speed of female sexual colonies is not significantly different

from that of male asexual colonies, the faster swimming of sperm packets would enable them to

catch up with female colonies during sexual reproduction. However, it remains unclear whether they

are attracted to females.

Conclusions

In this study, we quantitatively characterized the swimming and flagellar motility of sperm packets of

the volvocine green alga *Pleodorina starrii*. Two important changes in the flagellar properties during

male gametogenesis and gamete fusion were confirmed. The first is the change in flagellar

distribution during sperm packet formation, which allows the packets to approach the female sexual

colony at a high speed. The second is the change from ciliary- to flagellar-type motility for effective

fusion with the female gametes. Further studies should clarify the phototaxis and chemotaxis of

sperm packets, the mechanism of switching flagellar waveforms, and the entire process of sexual

reproduction in the context of swimming.

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Author contributions

A.K. conceived the study. K.T., H.N., and T.H. prepared the samples. T.N. constructed the

microscopy system. S.A.B. provided the software and developed the image analysis methods. A.K.

performed the experiments and analyzed the data. A.K. drafted the manuscript, and A.K., K.T.,

H.N., and T.N. contributed to the final manuscript.

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