Calcineurin inhibition enhances *Caenorhabditis elegans* lifespan by defecation defects-mediated calorie restriction and nuclear hormone signaling

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Abstract

Calcineurin is a highly conserved calcium/calmodulin-dependent serine/threonine protein phosphatase with diverse functions. Inhibition of calcineurin is known to enhance the lifespan of *Caenorhabditis elegans* through multiple signaling pathways. Aiming to study the role of calcineurin in regulating innate immunity, we discover that calcineurin is required for the rhythmic defecation motor program (DMP) in *C. elegans*. Calcineurin inhibition leads to defects in the DMP, resulting in intestinal bloating, rapid colonization of the gut by bacteria, and increased susceptibility to bacterial infection. We demonstrate that intestinal bloating caused by calcineurin inhibition mimics the effects of calorie restriction, resulting in enhanced lifespan. The TFEB ortholog, HLH-30, is required for lifespan extension mediated by calcineurin inhibition. Finally, we show that the nuclear hormone receptor, NHR-8, is upregulated by calcineurin inhibition and is necessary for the increased lifespan. Our studies uncover a role for calcineurin in the *C. elegans* DMP and provide a new mechanism for calcineurin inhibition-mediated longevity extension.

Introduction

Interventions that enhance lifespan also impart resistance to multiple stresses (Johnson et al., 2001). Indeed, the positive correlation between improved stress resistance and enhanced lifespan has been exploited to identify long-lived mutants (Castro et al., 2004; Denzel et al., 2014; Johnson et al., 2001; Muñoz and Riddle, 2003; Wang et al., 2004). Among stress responses, innate immunity appears to be a crucial factor for enhanced lifespan (Campos et al., 2021; Fabian et al., 2021; Soo et al., 2023; Xia et al., 2019). However, the correlation between innate immunity and lifespan is not always positive. Interventions that alter lifespan may not modulate innate immunity, and vice-versa (Labed et al., 2018; Naim et al., 2021; Otarigho and Aballay, 2020; Sun et al., 2011). Some signaling pathways also establish a tradeoff between innate immunity and lifespan. Mutants that have improved immunity but reduced lifespan have been identified (Amrit et al., 2019; Otarigho and Aballay, 2021; Ren and Ambros, 2015). Conversely, mutants with enhanced lifespans but declined immune responses have also been discovered (Kawli et al., 2010). Moreover, the genetic pathways for lifespan and immunity could be uncoupled in mutants exhibiting enhanced lifespan and improved immune responses (Alper et al., 2010; Guerrero et al., 2021). Therefore, the relationship between lifespan and innate immunity appears to be complex and remains to be fully understood.

Calcineurin, a conserved protein from yeast to humans, is a calcium/calmodulin-dependent serine/threonine protein phosphatase that is involved in diverse cellular processes and signal transduction pathways (Chen et al., 2022; Hogan et al., 2003; Schulz and Yutzey, 2004; Ulengin-Talkish and Cyert, 2023). Dephosphorylation of substrate proteins by calcineurin affects several cellular pathways, including transcriptional signaling programs (Ulengin-Talkish and Cyert, 2023). Calcineurin regulates the activity of the transcription factors of the nuclear factor of activated T cells (NFAT) family (Hogan et al., 2003). Dephosphorylation of NFATs by calcineurin triggers their nuclear localization and activates immune responses in vertebrates (Herbst et al., 2015; Hogan et al., 2003; Vandewalle et al., 2014). In the nematode *Caenorhabditis elegans*, calcineurin regulates thermotaxis, body size, fertility, and lifespan (Bandyopadhyay et al., 2002; Dong et al., 2007; Kuhara et al., 2002; Lee et al., 2013). Knockdown of the catalytic subunit of calcineurin, *tax-6*, is known to enhance *C. elegans* lifespan via multiple pathways, including autophagy and CREB-regulated transcriptional

coactivators (CRTCs) (Dong et al., 2007; Dwivedi et al., 2009; Mair et al., 2011; Tao et al.,

2013). However, the role of calcineurin in regulating *C. elegans* response to pathogen infections

has not been studied. Because *C. elegans* lacks the NFAT transcription factors (Song et al.,

2013), it will be intriguing to study how calcineurin inhibition impacts *C. elegans* innate

immunity. These studies could also shed some light on the complex interplay between lifespan

and immunity.

In this study, we examined the effect of calcineurin inhibition on *C. elegans* innate

immunity. Surprisingly, we found that the knockdown of *tax-6* enhanced the susceptibility of *C.*

elegans to bacterial infection despite enhancing lifespan. We discovered that *tax-6* is required for

the rhythmic defecation motor program (DMP). The knockdown of *tax-6* resulted in intestinal

bloating due to defects in the DMP, which enhanced susceptibility to bacterial infection by

increasing gut colonization by bacteria. Intestinal bloating resulted in calorie restriction-like

phenotypes, including reduced lipid levels, and led to increased lifespan. We discovered that the

TFEB ortholog, HLH-30, is required for calcineurin inhibition-mediated lifespan extension.

Moreover, we found that the nuclear hormone receptor, NHR-8, is upregulated by calcineurin

inhibition and is necessary for increased lifespan. Our studies uncover a new mechanism for

calcineurin inhibition-mediated longevity extension.

Results

Calcineurin knockdown enhances *C. elegans* susceptibility to *Pseudomonas aeruginosa*

infection

To understand the role of calcineurin in the innate immune response of *C. elegans*, we examined

the survival of a hypomorphic allele of *tax-6*, *tax-6(p675)*, when exposed to the pathogenic

bacterium *P. aeruginosa* PA14. Surprisingly, *tax-6(p675)* mutants showed significantly reduced

survival on *P. aeruginosa* compared to wild-type N2 animals (Figure 1A). Similarly, animals

carrying a null allele of *tax-6*, *tax-6(ok2065)*, also exhibited a significant decrease in survival on

P. aeruginosa compared to N2 animals (Figure 1B). In addition, knockdown of *tax-6* by RNA

interference (RNAi) increased susceptibility to *P. aeruginosa* relative to control animals (Figure

1C). The RNAi effects were specific to *tax-6*, as *tax-6(p675)* mutants did not show further

increased susceptibility to *P. aeruginosa* when subjected to *tax-6* RNAi (Figure 1D). As reported

earlier (Dong et al., 2007; Dwivedi et al., 2009; Mair et al., 2011; Tao et al., 2013), we

confirmed that both *tax-6* loss of function and RNAi knockdown led to an increased lifespan on

E. coli (Figure 1E, F). An earlier study demonstrated that calcineurin regulates cAMP response

element-binding protein (CREB) and CRTCs to regulate lifespan in *C. elegans* (Mair et al.,

2011). The knockdown of the CREB homolog-1 (*crh-1*) and *crtc-1* enhanced lifespan similar to

the *tax-6* knockdown (Mair et al., 2011). We investigated whether *crh-1* and *crtc-1* knockdowns

also affected *C. elegans* survival on *P. aeruginosa* as severely as *tax-6* knockdown. Interestingly,

crh-1 and *crtc-1* knockdowns did not compromise survival on *P. aeruginosa* as much as *tax-6*

knockdown did (Figure S1). These findings suggested that, despite the increased lifespan, *tax-6*

knockdown animals exhibit markedly enhanced susceptibility to *P. aeruginosa* infection through

a mechanism likely independent of *crh-1* and *crtc-1*.

We observed enhanced matricidal hatching in *tax-6* knockdown animals on *P.*

aeruginosa. Therefore, we asked whether the enhanced susceptibility of *tax-6* knockdown

animals to *P. aeruginosa* was because of enhanced matricidal hatching. To this end, we studied

the effects of *tax-6* knockdown in *fer-1(b232)* temperature-sensitive mutants. When grown at

25°C, *fer-1(b232)* animals have unfertilized oocytes (Argon and Ward, 1980), thus eliminating

the possibility of matricidal hatching. As shown in Figure 1G, even in the absence of matricidal

hatching, *fer-1(b232)* animals exhibited reduced survival on *P. aeruginosa* following *tax-6*

knockdown, indicating that the increased susceptibility is not due to enhanced matricidal

hatching. Moreover, *fer-1(b232)* animals showed an extended lifespan on *E. coli* when *tax-6* was

knocked down (Figure 1H). These results suggested that *tax-6* knockdown leads to both

increased lifespan and enhanced susceptibility to pathogen infection.

We then explored whether the increased susceptibility to bacterial infection following

tax-6 knockdown was mediated by any known *C. elegans* innate immunity pathways, including

the MAP kinase pathway mediated by NSY-1/SEK-1/PMK-1 (Kim et al., 2002), the MLK-

1/MEK-1/KGB-1 c-Jun kinase pathway (Kim et al., 2004), the TGF-β/DBL-1 pathway (Mallo et

al., 2002), and the bZIP transcription factor ZIP-2 pathway (Estes et al., 2010). In mutants

deficient in each of these pathways, *tax-6* knockdown further increased susceptibility to *P.*

aeruginosa (Figure S2A-D). The knockdown of *tax-6* appeared to have a more pronounced effect

in *pmk-1(km25)* mutants than in other mutants, suggesting that inhibition of *tax-6* might

exacerbate the adverse effects observed in *pmk-1(km25)* mutants. Additionally, the increased

susceptibility to *P. aeruginosa* seen in *tax-6* knockdown animals was independent of the FOXO

transcription factor DAF-16 (Figure S2E). Thus, the enhanced susceptibility to *P. aeruginosa*

resulting from *tax-6* knockdown appears to operate independently of established *C. elegans*

innate immunity pathways.

Calcineurin is required for the *C. elegans* defecation motor program (DMP)

To understand why *tax-6* knockdown animals had enhanced susceptibility to *P. aeruginosa*

infection, we studied the colonization of the intestine of *tax-6* RNAi animals by *P. aeruginosa*.

Knockdown of *tax-6* led to enhanced intestinal colonization by *P. aeruginosa* compared to the

control animals (Figure 2A, B). Similarly, *tax-6(ok2065)* and *tax-6(p675)* animals also showed

increased intestinal colonization by *P. aeruginosa* compared to N2 animals (Figure 2C, D and

Figure S3A, B). Animals with bloated intestinal lumens exhibit enhanced bacterial colonization

of the gut, an improved lifespan, and an increased susceptibility to pathogens (Kumar et al.,

2019; Singh and Aballay, 2019a). Because *tax-6* knockdown animals displayed all of these

phenotypes, we asked whether *tax-6* knockdown led to the bloating of the intestinal lumen.

Indeed, we found that *tax-6* knockdown resulted in bloated intestinal lumens (Figure 2E, F).

Intestinal bloating could result from either defects in pharyngeal pumping (Kumar et al.,

2019) or defects in the defecation motor program (DMP) (Singh and Aballay, 2019a). We found

that *tax-6* knockdown did not affect the pharyngeal pumping rate (Figure S4A). This prompted

us to explore whether calcineurin is necessary for the DMP. The *C. elegans* DMP is a highly

coordinated rhythmic behavior required for the regular expulsion of intestinal contents, occurring

approximately once per minute. The DMP involves a series of muscle contractions, including

posterior body muscle contraction (pBoc), anterior body muscle contraction (aBoc), and

expulsion muscle contraction (EMC), to release intestinal contents (Thomas, 1990). When we

counted expulsion events over a 20-minute period, we found that *tax-6* knockdown animals had a

drastically reduced number of expulsion events (Figure 2G). The DMP-defect phenotype had

low penetrance in *tax-6(p675)* mutants, which exhibited both regular and irregular DMPs (Figure

S4B). At the 1-day-old adult stage, about 36% of *tax-6(p675)* animals showed irregular and

slowed DMP, while the remainder had regular DMP (Figure 2H), suggesting that *tax-6(p675)* is

a weak allele. The fraction of the animals with irregular DMP appeared to increase with age,

indicating that this phenotype might be age-dependent. This may also explain why *tax-6(p675)*

animals were reported to have a normal defecation cycle in an earlier study (Lee et al., 2005).

Next, we investigated whether the reduced number of expulsion events was due to regular

intervals with longer cycle lengths or if rhythmicity was entirely disrupted upon *tax-6*

knockdown. To assess this, we obtained ethograms of the DMP for N2 animals grown on control

and *tax-6* RNAi. While animals on control RNAi displayed regular cycles of pBoc, aBoc, and

EMC, the *tax-6* RNAi animals exhibited disrupted rhythmicity (Figure 3A and Figure S5). Most

tax-6 knockdown animals lacked the pBoc and aBoc steps and had sporadic expulsion events.

Isolated pBoc events were occasionally observed, indicating a complete loss of rhythmicity in

tax-6 knockdown animals. Ethograms for *tax-6(ok2065)* animals also showed disrupted

rhythmicity (Figure 3B and Figure S6). Although the number of expulsion events appeared

higher in *tax-6(ok2065)* animals compared to *tax-6* RNAi animals (Figure S5 and S6), these

expulsion events seemed superficial, releasing little to no gut content. This suggested slow

movement of gut content in *tax-6(ok2065)* animals, leading to constipation and intestinal

bloating. We examined gut content movement by measuring the clearance of blue dye

(erioglaucine disodium salt) from the gut. The clearance was significantly slower in *tax-*

6(ok2065) animals compared to N2 animals (Figure 3C), indicating impaired gut content

movement due to the loss of *tax-6*. Similarly, *tax-6* knockdown animals also showed

significantly slowed gut content movement (Figure 3D).

We then explored whether the disruption of DMP rhythmicity due to *tax-6* knockdown

affected *P. aeruginosa* responses similarly to longer but regular DMP cycles. To do this, we

studied *P. aeruginosa* colonization in *clk-1(qm30)* and *isp-1(qm150)* mutants, which have

regular but extended DMP cycles (Feng et al., 2001; Wong et al., 1995). Interestingly, both *clk-*

1(qm30) and *isp-1(qm150)* mutants showed significantly reduced intestinal colonization by *P.*

aeruginosa compared to N2 animals (Figure S7A-D). This reduced colonization could be

attributed to their significantly decreased pharyngeal pumping rates (Wong et al., 1995; Yee et

al., 2014), suggesting a lower intake of bacterial food in these mutants. While the survival of *clk-*

1(qm30) animals on *P. aeruginosa* was comparable to N2 animals (Figure S7E), *isp-1(qm150)*

animals exhibited significantly improved survival (Figure S7F). Conversely, knockdown of *flr-1*,

nhx-2, and *pbo-1* in N2 animals resulted in significantly reduced survival on *P. aeruginosa*

compared to control RNAi (Figure S7G). Knockdown of these genes causes complete disruption

of DMP rhythmicity, increasing gut colonization by *P. aeruginosa* (Singh and Aballay, 2019a).

Overall, these findings demonstrated that calcineurin is crucial for maintaining the DMP

ultradian clock, and its inhibition increases susceptibility to *P. aeruginosa* by disrupting the

DMP.

Calcineurin inhibition enhances lifespan via DMP defects-induced calorie restriction

Defects in the *C. elegans* DMP lead to reduced nutrient absorption, resulting in decreased

intestinal fat levels (Sheng et al., 2015). We investigated whether *tax-6* knockdown similarly

reduces fat levels. To test this, we performed oil-red-O (ORO) staining on *tax-6* RNAi animals.

The knockdown of *tax-6* significantly reduced fat levels (Figure 4A, B). Next, we examined

whether the reduced fat levels in *tax-6* knockdown animals mimic calorie restriction-like

phenotypes. Calorie restriction is known to upregulate the expression of the FoxA transcription

factor PHA-4 (Panowski et al., 2007). Consistent with this, *tax-6* knockdown also resulted in the

upregulation of *pha-4* expression levels (Figure 4C). Because calorie restriction enhances

lifespan (Kaeberlein et al., 2006; Lakowski and Hekimi, 1998; Panowski et al., 2007), we

explored whether calcineurin inhibition could similarly increase lifespan through calorie

restriction mechanisms. The knockdown of *tax-6* in the genetic model of calorie restriction, *eat-*

2(ad465) (Lakowski and Hekimi, 1998), did not increase the lifespan (Figure 4D).

Since *eat-2(ad465)* animals consume fewer bacteria, it is possible that their feeding-based

RNAi efficiency is reduced, leading to a lack of responsiveness to *tax-6* RNAi. To assess RNAi

efficiency in *eat-2(ad465)* animals, we exposed them to *act-5* and *bli-3* RNAi, which are known

to cause developmental arrest and a blistered cuticle, respectively (Gahlot and Singh, 2024).

Similar to N2 animals, *eat-2(ad465)* mutants were sensitive to the toxic effects of *act-5* and *bli-3*

knockdown (Figure S8), indicating that *eat-2(ad465)* animals are not defective in RNAi. To

further confirm that calcineurin inhibition enhances lifespan via calorie restriction, we examined

the lifespan of *eat-2(ad465);tax-6(ok2065)* double mutants. While *eat-2(ad465)* animals

displayed increased lifespan compared to N2 controls, *eat-2(ad465);tax-6(ok2065)* double

mutants had a lifespan similar to *tax-6(ok2065)* animals (Figure 4E). These results suggested that

calcineurin inhibition promotes lifespan extension through calorie restriction mechanisms.

The mechanisms of lifespan enhancement by dietary or calorie restriction are complex

and involve several different downstream pathways (Chamoli et al., 2014; Greer and Brunet,

2009; Hansen et al., 2008). Further, different pathways are operational under different dietary

regimens (Greer and Brunet, 2009). Therefore, we investigated the involvement of pathways

associated with calorie restriction-mediated lifespan extension in response to calcineurin

inhibition. Specifically, we analyzed the interactions of the AMP-activated kinase, *aak-2* (Greer

and Brunet, 2009), the mTOR pathway, *raga-1* (Robida-Stubbs et al., 2012; Zhang et al., 2019),

ribosomal S6 kinase, *rsks-1* (Chen et al., 2009; Selman et al., 2009; Zhang et al., 2019), the

FOXO transcription factor, *daf-16* (Greer and Brunet, 2009), and the nuclear hormone receptor,

nhr-49 (Chamoli et al., 2014) with calcineurin inhibition in regulating lifespan. Mutants

defective in *aak-2* appeared to have only a partial increase in lifespan upon calcineurin inhibition

(Figure 4F). In contrast, loss-of-function mutants of *raga-1*, *rsks-1*, *daf-16*, and *nhr-49* exhibited

enhanced lifespan upon calcineurin inhibition (Figure 4G-J).

Calcineurin knockdown enhances lifespan via HLH-30 and NHR-8

To further investigate longevity pathways regulated by calorie restriction that may enhance

lifespan downstream of calcineurin inhibition, we examined the role of the TFEB ortholog HLH-

30. HLH-30 is essential for the starvation response and triggers lipid depletion under nutrient-

deprived conditions (O'Rourke and Ruvkun, 2013). Knockdown of *tax-6* did not extend the

lifespan of *hlh-30(tm1978)* animals (Figure 5A), indicating that HLH-30 is required for the

increased lifespan observed with calcineurin inhibition. To determine whether HLH-30 is

necessary for DMP defect-mediated lifespan extension, we assessed the lifespan of *hlh-*

30(tm1978) animals upon knockdown of *flr-1*, *nhx-2*, and *pbo-1*. Knockdown of these genes did

not alter the lifespan of *hlh-30(tm1978)* animals compared to control RNAi (Figure 5A), except

for a slight increase in lifespan with *nhx-2* knockdown. The *hlh-30(tm1978)* animals were found

to be sensitive to RNAi (Figure S9), suggesting that the lack of lifespan change with *tax-6*, *flr-1*,

and *pbo-1* RNAi was not due to reduced RNAi efficiency in *hlh-30(tm1978)* animals.

Additionally, we confirmed that *tax-6* knockdown caused DMP defects and intestinal bloating in

hlh-30(tm1978) animals (Figure S10A-C). We also explored whether HLH-30 affected fat

depletion due to DMP defects. The ORO levels declined significantly in *hlh-30(tm1978)* animals

upon the knockdown of *tax-6* and other DMP-regulating genes (Figure 5B, C). The reduction in

ORO levels was less pronounced in *tax-6* knockdown animals compared to those with other

DMP-regulating gene knockdowns.

Steroid hormone signaling mediated by NHR-8 is known to regulate lifespan extension

under calorie restriction (Thondamal et al., 2014). We tested whether NHR-8 was necessary for

lifespan extension induced by calcineurin inhibition. Indeed, *tax-6* knockdown did not extend the

lifespan of *nhr-8(ok186)* animals (Figure 5D). While the specific ligands of NHR-8 are not well-

defined (Magner et al., 2013), steroid hormones produced by the cytochrome P450 enzyme

DAF-9 have been shown to enhance lifespan via NHR-8 under calorie restriction (Thondamal et

al., 2014). Therefore, we investigated whether DAF-9 mediated the enhanced lifespan

downstream of calcineurin inhibition. We found that *tax-6* knockdown enhanced the lifespan of

daf-9(rh50) animals (Figure 5E), indicating that DAF-9-produced steroid hormones were not

required for lifespan increment by calcineurin inhibition. We also examined the lifespan of *nhr-*

8(ok186) animals upon knockdown of *flr-1*, *nhx-2*, and *pbo-1*. Knockdown of these genes did not

affect the lifespan of *nhr-8(ok186)* animals compared to control RNAi (Figure 5D). As with *hlh-*

30(tm1978) animals, the lack of lifespan change in *nhr-8(ok186)* animals was not due to RNAi

insensitivity, as they were responsive to RNAi (Figure S9). Furthermore, *tax-6* knockdown

resulted in DMP defects in *nhr-8(ok186)* animals (Figure S10D). We investigated whether NHR-

8 influenced fat depletion upon DMP defects. A significant reduction in fat levels was observed

in *nhr-8(ok186)* animals upon knockdown of *tax-6*, *flr-1*, *nhx-2*, and *pbo-1* (Figure 5F, G),

suggesting that NHR-8 functions downstream of or in parallel with fat depletion.

Since calorie restriction can enhance the expression of genes that promote lifespan, such

as *pha-4* (Panowski et al., 2007), we examined whether *tax-6* knockdown modulates *nhr-8*

mRNA levels. We observed a significant increase in *nhr-8* mRNA levels following *tax-6*

knockdown (Figure 5H). To determine whether this upregulation was due to intestinal bloating,

we assessed *nhr-8* mRNA levels in *flr-1*, *nhx-2*, and *pbo-1* knockdown animals. Knockdown of

these genes also increased *nhr-8* mRNA levels (Figure 5H), indicating that intestinal bloating

induces *nhr-8* upregulation. Thus, calcineurin inhibition likely enhances lifespan via NHR-8 by

increasing its expression.

Given that HLH-30 and NHR-8 are essential for lifespan extension upon calcineurin

inhibition, we investigated whether these pathways also influence survival in response to *P.*

aeruginosa infection following calcineurin knockdown. Both *hlh-30(tm1978)* and *nhr-8(ok186)*

animals showed significantly reduced survival upon *tax-6* RNAi (Figure 6A, B). These findings

suggested that the reduced survival on *P. aeruginosa* following calcineurin inhibition is

independent of HLH-30 and NHR-8 and is more likely due to increased gut colonization by *P.*

aeruginosa resulting from DMP defects (Figure 6C).

Discussion

We discovered that calcineurin is required for the *C. elegans* DMP. Calcineurin activity is

regulated by intracellular calcium levels. Increased amounts of calcium ions activate the

phosphatase activity of calcineurin via the binding of the calcium-sensing protein calmodulin to

calcineurin (Klee et al., 1998). The rhythmic DMP cycle in *C. elegans* is known to be regulated

by rhythmic calcium waves (Santo et al., 1999; Teramoto and Iwasaki, 2006). The calcium

waves are regulated by the endoplasmic reticulum calcium channel, ITR-1, and mutations in the

itr-1 gene affect defecation by preventing cytoplasmic calcium release (Santo et al., 1999). It is

likely that calcium waves regulate DMP via calcineurin activities. Indeed, calcineurin is

expressed in the enteric muscles that are required for contractions for DMP (Lee et al., 2005). It

is interesting to note that *tax-6* gain-of-function mutants are also known to have DMP defects

(Lee et al., 2005). Therefore, optimum calcineurin activity appears to be crucial for maintaining a

rhythmic DMP.

Calcineurin inhibition has been shown to extend *C. elegans* lifespan via multiple

mechanisms (Dong et al., 2007; Dwivedi et al., 2009; Mair et al., 2011; Tao et al., 2013).

Activation of autophagy has been shown to be one of the mechanisms of extended lifespan upon

calcineurin inhibition (Dwivedi et al., 2009). We showed that defects in the DMP caused by

calcineurin inhibition reduce lipid levels and mimic calorie restriction. Calorie restriction is

known to induce autophagy (Morselli et al., 2010), and autophagy is required for calorie

restriction-mediated lifespan extension (Hansen et al., 2008; Jia and Levine, 2007). Therefore, it

is likely that reduced lipid levels because of intestinal bloating result in the activation of

autophagy upon calcineurin inhibition. Importantly, the TFEB ortholog, HLH-30, is required for

lipolysis and autophagy under starvation conditions (Lapierre et al., 2013; O'Rourke and

Ruvkun, 2013). HLH-30 is also required for lifespan enhancement via autophagy and multiple

longevity pathways (Lapierre et al., 2013; O'Rourke and Ruvkun, 2013). We observed that

HLH-30 is also required for the increase in lifespan upon calcineurin inhibition. Because

autophagy may regulate lifespan via multiple longevity pathways (Hansen et al., 2008; Lapierre

et al., 2013), this could explain why calcineurin inhibition enhances lifespan via multiple

mechanisms.

Dietary restriction-mediated lifespan extensions are complex and context-dependent

(Greer and Brunet, 2009). Multiple longevity pathways have been identified under different

paradigms of dietary restriction (Chamoli et al., 2020, 2014; Chen et al., 2009; Greer and Brunet,

2009; Lapierre et al., 2013; Matai et al., 2019; Selman et al., 2009; Thondamal et al., 2014). We

found that *tax-6* knockdown enhanced lifespan independent of multiple dietary restriction

pathways, including *raga-1*, *rsks-1*, *daf-16*, and *nhr-49*. An earlier study identified that *tax-6*

knockdown enhanced lifespan via NHR-49 (Burkewitz et al., 2015). We currently do not

understand the reasons for this discrepancy. We identified that *tax-6* knockdown resulted in the

upregulation of *nhr-8* mRNA levels, and *nhr-8* was required for the increased lifespan in *tax-6*

knockdown animals. NHR-8 has been shown to mediate calorie restriction-dependent lifespan

via the regulation of xenobiotic responses (Chamoli et al., 2014; Verma et al., 2018). It remains

to be studied whether NHR-8 and HLH-30 work in the same or different pathways downstream

of calcineurin inhibition (Figure 6C).

Recent studies in different organisms have shown that gut bloating has profound effects

on food-seeking behaviors, immunity, and lifespan (Duvall et al., 2019; Filipowicz et al., 2021;

Kumar et al., 2019; Min et al., 2021; Singh and Aballay, 2019a, 2019b, 2019c). Several *C.*

elegans mutants with defects in the DMP and bloated intestinal lumens are known to have

dampened nutrient absorption, leading to reduced lipid deposition in the gut, mimicking calorie

restriction (Sheng et al., 2015). It is possible that some of the effects of intestinal bloating on the

host physiology are mediated by calorie restriction. Indeed, the neuropeptide Y receptors, which

control a diverse set of behaviors, including appetite, are activated by gut bloating (Singh and

Aballay, 2019c). Calorie restriction is known to induce neuropeptide Y, which might trigger

feeding behaviors (Aveleira et al., 2015; de Rijke et al., 2005; Ferreira-Marques et al., 2016).

The complete characterization of the physiological changes downstream of gut bloating may

provide broad insights into the effects of gut physiology on behaviors, immunity, and lifespan.

Materials and Methods

Key Resources Table				
Reagent type (species) or resource	Designation	Source or reference	Identifiers	Additional information
strain, strain background (*Escherichia coli*)	OP50	*Caenorhabditis* Genetics Center (CGC)	OP50	
strain, strain background (*E. coli*)	HT115(DE3)	Source BioScience	HT115(DE 3)	
strain, strain background (*Pseudomonas aeruginosa*)	PA14	Frederick M Ausubel laboratory	PA14	
strain, strain background (*P. aeruginosa*)	PA14-GFP	Frederick M Ausubel laboratory	PA14-GFP	
strain, strain background (*Caenorhabditis elegans*)	N2 Bristol	CGC	N2	
strain, strain background (*C. elegans*)	*tax-6(p675)*	CGC	PR675	
strain, strain background (*C. elegans*)	*tax-6(ok2065)*	CGC	RB1667	
strain, strain background (*C. elegans*)	*fer-1(b232)*	CGC	HH142	
strain, strain background (*C. elegans*)	*eat-2(ad465)*	CGC	DA465	
strain, strain background (*C. elegans*)	*aak-2(ok524)*	CGC	RB754	

strain, strain background (*C. elegans*)	*raga-1(ok386)*	CGC	VC222	
strain, strain background (*C. elegans*)	*rsks-1(ok1255)*	CGC	RB1206	
strain, strain background (*C. elegans*)	*daf-16(mu86)*	CGC	CF1038	
strain, strain background (*C. elegans*)	*nhr-49(nr2041)*	CGC	STE68	
strain, strain background (*C. elegans*)	*hlh-30(tm1978)*	CGC	JIN1375	
strain, strain background (*C. elegans*)	*nhr-8(ok186)*	CGC	AE501	
strain, strain background (*C. elegans*)	*daf-9(rh50)*	CGC	RG1228	
strain, strain background (*C. elegans*)	*pmk-1(km25)*	CGC	KU25	
strain, strain background (*C. elegans*)	*kgb-1(km21)*	CGC	KU21	
strain, strain background (*C. elegans*)	*dbl-1(nk3)*	CGC	NU3	
strain, strain background (*C. elegans*)	*zip-2(ok3730)*	CGC	VC3056	
strain, strain background (*C. elegans*)	*clk-1(qm30)*	CGC	MQ130	

strain, strain background (*C. elegans*)	*isp-1(qm150)*	CGC	MQ887	
strain, strain background (*C. elegans*)	*sid-1(qt9)*	CGC	HC196	
strain, strain background (*C. elegans*)	*eat-2(ad465);tax-6(ok2065)*	This study		Materials and methods section
sequence-based reagent	Pan-act_qPCR_F	This study	qPCR primers	TCGGTATGGG ACAGAAGGAC
sequence-based reagent	Pan-act_qPCR_R	This study	qPCR primers	CATCCCAGTTG GTGACGATA
sequence-based reagent	pha-4_qPCR_F	This study	qPCR primers	CAAAGAGGAG CCAGAGTCGG
sequence-based reagent	pha-4_qPCR_R	This study	qPCR primers	TGTTTCTGCTC GCGTTTTCG
sequence-based reagent	nhr-8_qPCR_F	This study	qPCR primers	CTACACAGTTT CTCCGGCGT
sequence-based reagent	nhr-8_qPCR_R	This study	qPCR primers	GCCATTTGGG CCATAACACC
sequence-based reagent	tax-6(ok2065)_genotyping_F1	This study	Genotyping primers	CTCCTTTGAGG GAGCCAGTG
sequence-based reagent	tax-6(ok2065)_genotyping_F2	This study	Genotyping primers	CTGGGGACAA TCCACCATGAA
sequence-based reagent	tax-6(ok2065)_genotyping_R1	This study	Genotyping primers	TGTGTCCTGTA TCTGTGGGC

sequence-based reagent	eat-2(ad465)_genotyping_F	This study	Genotyping primers	CGGTGCAAAG AGCACATCTC
sequence-based reagent	eat-2(ad465)_genotyping_R	This study	Genotyping primers	TTAAGGCGTAC GAGCCTTCC
software, algorithm	GraphPad Prism 8	GraphPad Software	RRID:SCR_002798	https://www.graphpad.com/scientificsoftware/prism/
software, algorithm	Photoshop CS5	Adobe	RRID:SCR_014199	https://www.adobe.com/products/photoshop.html
software, algorithm	ImageJ	NIH	RRID:SCR_003070	https://imagej.nih.gov/ij/

Bacterial strains

341 The following bacterial strains were used: *Escherichia coli* OP50, *E. coli* HT115(DE3),

342 *Pseudomonas aeruginosa* PA14, and *P. aeruginosa* PA14 expressing green fluorescent protein

343 (*P. aeruginosa* PA14-GFP). The cultures for these bacteria were grown in Luria-Bertani (LB)

344 broth at 37°C.

C. elegans **strains and growth conditions**

C. elegans hermaphrodites were maintained on nematode growth medium (NGM) plates seeded

with *E. coli* OP50 at 20°C unless otherwise indicated. Bristol N2 hermaphrodites were used as

the wild-type control unless otherwise indicated. The strains used in the study are provided in the

Key Resources Table. Some of the strains were obtained from the Caenorhabditis Genetics

Center (University of Minnesota, Minneapolis, MN). The *eat-2(ad465);tax-6(ok2065)* strain was

generated using a standard genetic cross. The *fer-1(b232)* hermaphrodites were maintained on *E.*

coli OP50 at 15°C and were grown at 25°C prior to *P. aeruginosa* killing assays and longevity

assays to obtain animals with unfertilized oocytes.

RNA interference (RNAi)

RNAi was used to generate loss-of-function phenotypes by feeding nematodes *E. coli* strain

HT115(DE3) expressing double-stranded RNA homologous to a target gene. RNAi was carried

out as described previously (Gokul and Singh, 2022; Ravi et al., 2023). Briefly, *E. coli* with the

appropriate vectors were grown in LB broth containing ampicillin (100 μg/mL) at 37°C

overnight and plated onto NGM plates containing 100 μg/mL ampicillin and 3 mM isopropyl β-

D-thiogalactoside (IPTG) (RNAi plates). RNAi-expressing bacteria were allowed to grow

overnight at 37°C. Gravid adults were transferred to RNAi-expressing bacterial lawns and

allowed to lay eggs for 2 hours. The gravid adults were removed, and the eggs were allowed to

develop at 20°C to 1-day-old adults for subsequent assays. The RNAi clones were from the

Ahringer RNAi library and were verified by sequencing.

RNAi efficiency test

The RNAi efficiency test was carried out as described earlier (Gahlot and Singh, 2024; Ghosh

and Singh, 2024). Briefly, the wild-type N2, *eat-2(ad456), nhr-8(ok186)*, and *hlh-30(tm1978)*

worms were synchronized by egg laying and grown on empty vector control, *act-5*, and *bli-3*

RNAi plates at 20°C. The *sid-1(qt9)* worms were used as RNAi-defective controls. After 72

hours, the animals were monitored for development defects and blisters on the cuticle for *act-5*

and *bli-3* RNAi, respectively.

C. elegans **longevity assays**

Lifespan assays were performed on RNAi plates containing *E. coli* HT115(DE3) with the empty

vector control and *tax-6* RNAi clone in the presence of 50 μg/mL of 5-fluorodeoxyuridine

(FUdR). Animals were synchronized on RNAi plates without FUdR and incubated at 20°C. At

the late L4 larval stage, the animals were transferred onto the corresponding RNAi plates

containing 50 μg/mL of FUdR and incubated at 20°C. For *fer-1(b232)* lifespan assays, the

animals were synchronized on RNAi plates without FUdR and incubated at 25°C. The *fer-*

1(b232) lifespan assays were carried out at 25°C without FUdR. Animals were scored every

other day as live, dead, or gone. Animals that failed to display touch-provoked movement were

scored as dead. Animals that crawled off the plates were censored. Young adult animals were

considered as day 0 for the lifespan analysis. Three independent experiments were performed.

C. elegans **killing assays on** *P. aeruginosa* **PA14**

Bacterial cultures were prepared by inoculating individual bacterial colonies of *P. aeruginosa*

into 2 mL of LB and growing them for 10-12 hours on a shaker at 37°C. Bacterial lawns were

prepared by spreading 20 µL of the culture on the entire surface of 3.5-cm-diameter modified

NGM agar plates (0.35% instead of 0.25% peptone). The plates were incubated at 37°C for 12-

16 hours and then cooled to room temperature for at least 30 minutes before seeding with

synchronized 1-day-old adult animals. The killing assays were performed at 25°C, and live

animals were transferred daily to fresh plates. Animals were scored at times indicated and were

considered dead when they failed to respond to touch.

P. aeruginosa-**GFP colonization assay**

Bacterial cultures were prepared by inoculating individual bacterial colonies of *P. aeruginosa*-

GFP into 2 mL of LB and growing them for 10-12 hours on a shaker at 37°C. Bacterial lawns

were prepared by spreading 20 µL of the culture on the entire surface of 3.5-cm-diameter

modified NGM agar plates (0.35% instead of 0.25% peptone) containing 50 µg/mL of

kanamycin. The plates were incubated at 37°C for 12 hours and then cooled to room temperature

for at least 30 minutes before seeding with 1-day-old adult gravid adults. The assays were

performed at 25°C. After 6 hours of incubation, the animals were transferred from *P.*

aeruginosa-GFP plates to fresh *E. coli* OP50 plates and visualized within 5 minutes under a

fluorescence microscope.

Quantification of intestinal bacterial loads

The intestinal bacterial loads were quantified by measuring colony-forming units (CFU) as

described earlier (Singh and Aballay, 2019b, 2019a) with appropriate modifications. Briefly, *P.*

aeruginosa-GFP lawns were prepared as described above. After 6 hours of exposure, the animals

were transferred from *P. aeruginosa*-GFP plates to the center of fresh *E. coli* OP50 plates thrice

for 10 minutes each to eliminate bacteria stuck to their body. Afterward, ten animals/condition

were transferred into 50 µL of PBS containing 0.01% triton X-100 and ground using glass beads.

Serial dilutions of the lysates (10^1, 10^2, 10^3, 10^4) were seeded onto LB plates containing 50

µg/mL of kanamycin to select for *P. aeruginosa*-GFP cells and grown overnight at 37°C. Single

colonies were counted the next day and represented as the number of bacterial cells or CFU per

animal. At least three independent experiments were performed for each condition.

Fluorescence imaging

Fluorescence imaging was carried out as described previously (Gokul and Singh, 2022; Ravi et

al., 2023). Briefly, the animals were anesthetized using an M9 salt solution containing 50 mM

sodium azide and mounted onto 2% agarose pads. The animals were then visualized using a

Nikon SMZ-1000 fluorescence stereomicroscope.

Quantification of intestinal lumen bloating

The 1-day-old adult animals grown on the empty vector control and *tax-6* RNAi were

anesthetized using an M9 salt solution containing 50 mM sodium azide, mounted onto 2%

agarose pads, and imaged. The diameter of the intestinal lumen was measured using the Zeiss

Zen Pro 2011 software. At least ten animals were used for each condition.

Measurement of defecation motor program (DMP) rate

Wild-type N2 and *tax-6(p675)* animals were synchronized and grown at 20°C on *E. coli* OP50

for 4 and 5 days, respectively, before measuring the DMP rate. For RNAi experiments, N2

worms were synchronized on EV and *tax-6* RNAi plates and grown for 4 days at 20°C before

measuring the DMP rate. The DMP cycle length was scored by assessing the time between

expulsions (which are preceded by posterior and anterior body wall muscle contraction and the

contraction of enteric muscles in a normal regular pattern) (Thomas, 1990). The number of

expulsion events in 20 minutes was measured for each worm. The DMP rate was recorded for 5-

6 worms/condition.

Ethogram for DMP

Wild type N2 and *tax-6(ok2065)* worms were synchronized by egg laying and grown at 20°C on

E. coli OP50 for 4 and 5 days, respectively. For RNAi experiments, N2 worms were

synchronized and grown on empty vector control and *tax-6* RNAi at 20°C for 4 days. The assay

was performed at 25°C. The defecation motor program consists of three steps- posterior body-

wall muscle contraction (p), anterior body-wall muscle contraction (a), and expulsion muscle

contraction (x). Animals were observed for the exact time of these three contractions on a

dissecting scope for a continuous period of 20 minutes. A computer program was developed to

plot the ethogram where we manually input the timings of "p", "a", and "x" contractions.

Blue dye assay to assess functional defecation rate

Wild type N2 and *tax-6(ok2065)* worms were synchronized by egg laying and grown at 20˚C on

E. coli OP50 for 4 and 5 days, respectively, before measuring the functional defecation rate. For

RNAi experiments, N2 worms were synchronized and grown on empty vector control and *tax-6*

RNAi at 20˚C for 4 days. The functional defecation rate was assessed using a blue dye,

erioglaucine disodium salt (5% wt/v), as an indicator of gut content. The time required by worms

to clear the blue dye from the gut was used to calculate a functional defecation rate. Briefly, 50

worms from each condition were incubated in a solution containing blue dye and *E. coli* OP50

culture in a 1:1 ratio for 2 hours. Then, the worms were transferred to an NGM plate seeded with

E. coli OP50. About 25-27 worms from each condition were transferred to a fresh NGM plate

seeded with *E. coli* OP50. The functional defecation rate was assessed by observing the

clearance of blue dye from the intestine of worms every 5 minutes over a period of 60 minutes.

Three independent experiments were performed for each condition.

Pharyngeal pumping assay

For the pharyngeal pumping assay, 1-day-old adult animals grown on the empty vector control

and *tax-6* RNAi were used. The number of contractions of the terminal bulb of the pharynx was

counted for 30 seconds per worm. The pumping rates for 20 worms were recorded for each

condition.

Lipid staining

The oil-red-O (ORO) staining was carried out as described earlier (Lynn et al., 2015) with

appropriate modification. Briefly, wild-type N2, *hlh-30(tm1978)*, and *nhr-8(ok186)* animals were

synchronized on empty vector control and *tax-6* RNAi bacteria and grown at 20°C for 4 days.

About 300-400 synchronized gravid adult worms from experimental plates were washed three

times with 1X PBS plus 0.01% triton X-100 (PBST). To permeabilize the cuticle, 600 µL of 40%

isopropanol was added to 100 µL of worm pellet and was rocked for three minutes. The animals

were spun down at 500 rpm for 30 seconds, and then 600 µL of supernatant was removed.

Subsequently, 600 µL of ORO working stock was added to the worm pellet to stain the worms

and incubated at room temperature for 1 hour on a shaker. ORO working stock was freshly

prepared by diluting the stock 0.5% ORO in isopropanol to 60% in water and rocked at room

temperature for 2 hours, followed by the removal of debris with a 0.22 µm filter. Afterward,

worm samples were pelleted, 600 µL of supernatant was removed, 600 µL of PBST was added,

and the samples were rocked for 30 minutes at room temperature. After that, the worms were

mounted on a 2% agarose pad and imaged. At least ten worms/condition were imaged. Three

independent biological replicates were performed. The ORO intensity was quantified using

Image J software.

RNA isolation and quantitative reverse transcription-PCR (qRT-PCR)

Animals were synchronized by egg laying. Approximately 40 N2 gravid adult animals were

transferred to 9-cm RNAi plates seeded with *E. coli* HT115 expressing the appropriate vectors

and allowed to lay eggs for 4-5 hours. The gravid adults were then removed, and the eggs were

allowed to develop at 20°C for 96 hours. Subsequently, the animals were collected, washed with

M9 buffer, and frozen in TRIzol reagent (Life Technologies, Carlsbad, CA). Total RNA was

extracted using the RNeasy Plus Universal Kit (Qiagen, Netherlands). Residual genomic DNA

was removed using TURBO DNase (Life Technologies, Carlsbad, CA). A total of 6 µg of total

RNA was reverse-transcribed with random primers using the High-Capacity cDNA Reverse

Transcription Kit (Applied Biosystems, Foster City, CA).

qRT-PCR was conducted using the Applied Biosystems One-Step Real-time PCR

protocol using SYBR Green fluorescence (Applied Biosystems) on an Applied Biosystems

7900HT real-time PCR machine in 96-well-plate format. Twenty-five-microliter reactions were

analyzed as outlined by the manufacturer (Applied Biosystems). The relative fold-changes of the

transcripts were calculated using the comparative $CT(2^{-\Delta\Delta CT})$ method and normalized to pan-actin

(*act-1, -3, -4*) as described earlier (Singh and Aballay, 2019a, 2017). The cycle thresholds of the

amplification were determined using StepOnePlus software (Applied Biosystems). All samples

were run in triplicate. The primer sequences are provided in the Key Resources Table.

Quantification and statistical analysis

The statistical analysis was performed with Prism 8 (GraphPad). All error bars represent

mean±standard deviation (SD). The unpaired, two-tailed, two-sample *t*-test was used when

needed, and the data were judged to be statistically significant when $p < 0.05$. In the figures,

asterisks (*) denote statistical significance as follows: *, p<0.05, **, p<0.01, ***, p<0.001, as

compared with the appropriate controls. The Kaplan-Meier method was used to calculate the

survival fractions, and statistical significance between survival curves was determined using the

log-rank test. All experiments were performed in triplicate.

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Jogender Singh: Conceptualization, Data curation, Formal analysis, Funding acquisition,
Investigation, Methodology, Project administration, Visualization, Supervision, Writing—
original draft, Writing – review and editing
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541   **Competing interest:** The authors declare that they have no competing interest.
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Figures

Figure 1: Calcineurin knockdown enhances *C. elegans* susceptibility to *P. aeruginosa*

(A) Representative survival plots of N2 and *tax-6(p675)* animals on *P. aeruginosa* PA14 at

25°C. The animals were grown on *E. coli* OP50 at 20°C until 1-day-old adults before transferring

to *P. aeruginosa* PA14 at 25°C. p<0.001.

(B) Representative survival plots of N2 and *tax-6(ok2065)* animals on *P. aeruginosa* PA14 at

25°C. The animals were grown on *E. coli* OP50 at 20°C until 1-day-old adults before transferring

to *P. aeruginosa* PA14 at 25°C. p<0.001.

(C) Representative survival plots of N2 animals on *P. aeruginosa* PA14 at 25°C after treatment

with the empty vector (EV) control and *tax-6* RNAi. p<0.001.

(D) Representative survival plots of *tax-6(p675)* animals on *P. aeruginosa* PA14 at 25°C after

treatment with the EV control and *tax-6* RNAi. n.s., nonsignificant.

(E) Representative survival plots of N2 animals grown on bacteria for RNAi against *tax-6* along

with the EV control at 20°C. Day 0 represents young adults. $p<0.001$.

(F) Representative survival plots of N2, *tax-6(p675)*, and *tax-6(ok2065)* animals grown on *E.*

coli OP50 at 20°C. Day 0 represents young adults. $p<0.001$ for *tax-6(p675)* and *tax-6(ok2065)*

compared to N2.

(G) Representative survival plots of *fer-1(b232)* animals on *P. aeruginosa* PA14 at 25°C after

treatment with the EV control and *tax-6* RNAi at 25°C. $p<0.001$.

(H) Representative survival plots of *fer-1(b232)* animals grown on bacteria for RNAi against *tax-*

6 along with the EV control at 25°C. The animals were developed at 25°C. Day 0 represents

young adults. $p<0.001$.

For all panels, n = 3 biological replicates; animals per condition per replicate > 60.

Figure 2: Calcineurin is required for the *C. elegans* defecation motor program (DMP)

(A) Representative fluorescence (top) and the corresponding brightfield (bottom) images of N2

animals incubated on *P. aeruginosa*-GFP for 6 hours at 25°C after growth on the empty vector

(EV) control and *tax-6* RNAi bacteria. Scale bar = 200 µm.

(B) Colony-forming units (CFU) per animal of N2 worms incubated on *P. aeruginosa*-GFP for 6

hours at 25°C after growth on the EV control and *tax-6* RNAi bacteria. **p < 0.01 via the *t*-test

(n = 3 biological replicates).

(C) Representative fluorescence (top) and the corresponding brightfield (bottom) images of N2

and *tax-6(p675)* animals incubated on *P. aeruginosa*-GFP for 6 hours at 25°C after growth on *E.*

coli OP50 at 20°C. Scale bar = 200 µm.

(D) CFU per animal of N2 and *tax-6(p675)* worms incubated on *P. aeruginosa*-GFP for 6 hours

at 25°C after growth on *E. coli* OP50 at 20°C. *p < 0.05 via the *t*-test (n = 3 biological

replicates).

(E) Representative photomicrographs of N2 animals grown on the EV control and *tax-6* RNAi

bacteria at 20°C until 1-day-old adults. Arrows point to the border of the intestinal lumen.

(F) Quantification of the diameter of the intestinal lumen of N2 animals grown on the EV control

and *tax-6* RNAi bacteria at 20°C until 1-day-old adults. ***p<0.001 via the *t*-test (n = 21 worms

each).

(G) The number of expulsion events observed in 20 minutes in 1-day-old adult N2 animals

grown on the EV control and *tax-6* RNAi bacteria at 20°C. ***p<0.001 via the *t*-test (n = 6

worms each).

(H) Percent of 1-day-old adult worms having irregular DMP. ***p<0.001 via the *t*-test (n = 4

biological replicates).

Figure 3: Calcineurin inhibition disrupts the *C. elegans* defecation motor program (DMP)

(A) Representative DMP ethograms of N2 animals after growth on the empty vector (EV)

control and *tax-6* RNAi bacteria till 1-day-old stage. Each dot represents a second, and each row

represents a minute. 'p', 'a', and 'x' represent posterior body-wall muscle contraction, anterior

body-wall muscle contraction, and expulsion muscle contraction, respectively.

(B) Representative DMP ethograms of N2 and *tax-6(ok2065)* animals after their growth on *E.*

coli OP50 at 20°C till the 1-day-old adult stage.

846   (C) Plots of the change in the percent of animals with blue dye in their gut with time for 1-day-

847   old adult N2 and *tax-6(ok2065)* animals (n = 3 biological replicates).

848   (D) Plots of the change in the percent of animals with blue dye in their gut with time for 1-day-

849   old adult N2 animals grown on EV control and *tax-6* RNAi bacteria (n = 3 biological replicates).

Figure 4: Calcineurin knockdown enhances lifespan via DMP defects-mediated calorie restriction

(A) Representative photomicrographs of oil-red-O (ORO) stained 1-day-old adult N2 animals grown on the empty vector (EV) control and *tax-6* RNAi bacteria at 20°C. Scale bar = 200 µm.

(B) Quantification of ORO intensity per animal of 1-day-old adult N2 animals grown on the EV control and *tax-6* RNAi bacteria at 20°C. The values are area normalized for each animal. ***$p<0.001$ via the *t*-test (n = 10 worms each).

(C) Quantitative reverse transcription-PCR (qRT-PCR) for *pha-4* mRNA levels in N2 animals grown on the EV control and *tax-6* RNAi bacteria at 20°C until 1-day-old adults. ***$p < 0.001$ (n = 3 biological replicates).

(D) Representative survival plots of *eat-2(ad465)* animals grown on the bacteria for RNAi

against *tax-6* along with the EV control at 20°C. Day 0 represents young adults. n.s.,

nonsignificant (n = 3 biological replicates; animals per condition per replicate > 80).

(E) Representative survival plots of N2, *tax-6(ok2065)*, *eat-2(ad465)*, and *eat-2(ad465);tax-*

6(ok2065) animals grown on *E. coli* OP50 at 20°C. Day 0 represents young adults. $p<0.001$ for

tax-6(ok2065), *eat-2(ad465)*, and *eat-2(ad465);tax-6(ok2065)* compared to N2. $p<0.05$ for *eat-*

2(ad465);tax-6(ok2065) compared to *tax-6(ok2065)* (n = 3 biological replicates; animals per

condition per replicate > 65).

(F-J) Representative survival plots of *aak-2(ok524)* (E), *raga-1(ok386)* (F), *rsks-1(ok1255)* (G),

daf-16(mu86) (H), and *nhr-49(nr2041)* (I) animals grown on the bacteria for RNAi against *tax-6*

along with the EV control at 20°C. Day 0 represents young adults. $p<0.001$ for all the plots (n =

3 biological replicates; animals per condition per replicate > 60).

Figure 5: Calcineurin inhibition enhances lifespan via HLH-30 and NHR-8

(A) Representative survival plots of *hlh-30(tm1978)* animals grown on bacteria for RNAi against

tax-6, *flr-1*, *pbo-1*, and *nhx-2* along with the empty vector (EV) control at 20°C. Day 0 represents

young adults. p values for *tax-6*, *flr-1*, *pbo-1*, and *nhx-2* compared to EV are <0.01, <0.001,

nonsignificant, and <0.001, respectively (n = 3 biological replicates; animals per condition per

replicate > 60).

(B) Representative photomicrographs of oil-red-O (ORO) stained 1-day-old adult *hlh-*

30(tm1978) animals grown on the EV control, *tax-6*, *flr-1*, *pbo-1*, and *nhx-2* RNAi bacteria at

20°C. Scale bar = 200 µm.

(C) Quantification of ORO intensity per animal of 1-day-old adult *hlh-30(tm1978)* animals

grown on the EV control, *tax-6*, *flr-1*, *pbo-1*, and *nhx-2* RNAi bacteria at 20°C. The values are

area normalized for each animal. ***p<0.001 via the *t*-test (n = 20 worms each).

(D) Representative survival plots of *nhr-8(ok186)* animals grown on bacteria for RNAi against

tax-6, *flr-1*, *pbo-1*, and *nhx-2* along with the EV control at 20°C. Day 0 represents young adults.

p values for *tax-6*, *flr-1*, *pbo-1*, and *nhx-2* compared to EV are nonsignificant, <0.05,

nonsignificant, and <0.05, respectively (n = 3 biological replicates; animals per condition per

replicate > 70).

(E) Representative survival plots of *daf-9(rh50)* animals grown on the bacteria for RNAi against

tax-6 along with the EV control at 20°C. Day 0 represents young adults. p<0.001 (n = 3

biological replicates; animals per condition per replicate > 80).

(F) Representative photomicrographs of ORO stained 1-day-old adult *nhr-8(ok186)* animals

grown on the EV control, *tax-6*, *flr-1*, *pbo-1*, and *nhx-2* RNAi bacteria at 20°C. Scale bar = 200

µm.

(G) Quantification of ORO intensity per animal of 1-day-old adult *nhr-8(ok186)* animals grown

on the EV control, *tax-6*, *flr-1*, *pbo-1*, and *nhx-2* RNAi bacteria at 20°C. The values are area

normalized for each animal. ***p<0.001 via the *t*-test (n = 20 worms each).

(H) Quantitative reverse transcription-PCR (qRT-PCR) for *nhr-8* mRNA levels in N2 animals

grown on the EV control, *tax-6*, *flr-1*, *pbo-1*, and *nhx-2* RNAi bacteria at 20°C until 1-day-old

adults. ***p < 0.001 via the *t*-test (n = 3 biological replicates).

Figure 6: Calcineurin inhibition-mediated effects on lifespan and survival on *P. aeruginosa*

are mediated by distinct mechanisms

(A)-(B) Representative survival plots of *hlh-30(tm1978)* (A) and *nhr-8(ok186)* (B) animals on *P.*

aeruginosa PA14 at 25°C after treatment with the empty vector (EV) control and *tax-6* RNAi.

$p < 0.001$ for both the plots (n = 3 biological replicates; animals per condition per replicate > 85).

(C) Model depicting the mechanism of increased lifespan and enhanced susceptibility to

pathogen upon inhibition of calcineurin via the defects in the defecation motor program (DMP).

Supplementary Figures

Figure S1: Calcineurin knockdown enhances *C. elegans* susceptibility to *P. aeruginosa*

Representative survival plots of N2 animals on *P. aeruginosa* PA14 at 25°C after treatment with

the empty vector (EV) control, *tax-6*, *crtc-1*, and *crh-1* RNAi. . p<0.001 for *tax-6* and p<0.01 for

crtc-1 and *crh-1* compared to EV (n = 3 biological replicates; animals per condition per replicate

> 85).

Figure S2: Calcineurin inhibition enhances susceptibility to *P. aeruginosa* independent of

known immunity pathways

(A-E) Representative survival plots of *pmk-1(km25)* (A), *kgb-1(km21)* (B), *dbl-1(nk3)* (C), *zip-*

2(ok3730) (D), and *daf-16(mu86)* (E) animals on *P. aeruginosa* PA14 at 25°C after treatment

with the empty vector (EV) control and *tax-6* RNAi. p<0.001 for all the plots (n = 3 biological

replicates; animals per condition per replicate > 90).

Figure S3: Calcineurin is required for the *C. elegans* defecation motor program (DMP)

(A) Representative fluorescence (top) and the corresponding brightfield (bottom) images of N2 and *tax-6(ok2065)* animals incubated on *P. aeruginosa*-GFP for 6 hours at 25°C after growth on *E. coli* OP50 at 20°C. Scale bar = 200 µm.

(B) CFU per animal of N2 and *tax-6(ok2065)* worms incubated on *P. aeruginosa*-GFP for 6 hours at 25°C after growth on *E. coli* OP50 at 20°C. **p < 0.01 via the *t*-test (n = 3 biological replicates).

Figure S4: Calcineurin inhibition leads to defects in the defecation motor program (DMP)

without affecting the pharyngeal pumping rate

(A) Pharyngeal pumps per 30 seconds of 1-day-old adult N2 animals grown on the empty vector

(EV) control and *tax-6* RNAi bacteria at 20°C. n.s., nonsignificant via the *t*-test (n = 20 worms

each).

(B) The number of expulsion events observed in 20 minutes in 1-day-old adult N2 and regular

and irregular *tax-6(p675)* animals grown on *E. coli* OP50 at 20°C. ***p<0.001, n.s.,

nonsignificant via the *t*-test (n = 6 worms each).

Figure S5: Calcineurin inhibition disrupts the *C. elegans* defecation motor program (DMP)

Three different DMP ethograms of N2 animals after growth on each empty vector (EV) control

and *tax-6* RNAi bacteria till 1-day-old stage. Each dot represents a second, and each row

represents a minute. 'p', 'a', and 'x' represent posterior body-wall muscle contraction, anterior

body-wall muscle contraction, and expulsion muscle contraction, respectively.

Figure S6: Calcineurin inhibition disrupts the *C. elegans* defecation motor program (DMP)

Three different DMP ethograms of N2 and *tax-6(ok2065)* animals each after their growth on *E. coli* OP50 at 20°C till the 1-day-old adult stage. Each dot represents a second, and each row represents a minute. 'p', 'a', and 'x' represent posterior body-wall muscle contraction, anterior body-wall muscle contraction, and expulsion muscle contraction, respectively.

Figure S7: Slow DMP versus disrupted DMP lead to distinct phenotypes on *P. aeruginosa*

exposure

(A) Representative fluorescence (top) and the corresponding brightfield (bottom) images of N2

and *clk-1(qm30)* animals incubated on *P. aeruginosa*-GFP for 6 hours at 25°C after growth on *E.*

coli OP50 at 20°C. Scale bar = 200 µm.

(B) CFU per animal of N2 and *clk-1(qm30)* worms incubated on *P. aeruginosa*-GFP for 6 hours

at 25°C after growth on *E. coli* OP50 at 20°C. *p < 0.05 via the *t*-test (n = 3 biological

replicates).

(C) Representative fluorescence (top) and the corresponding brightfield (bottom) images of N2

and *isp-1(qm150)* animals incubated on *P. aeruginosa*-GFP for 6 hours at 25°C after growth on

E. coli OP50 at 20°C. Scale bar = 200 µm.

(D) CFU per animal of N2 and *isp-1(qm150)* worms incubated on *P. aeruginosa*-GFP for 6 hours

at 25°C after growth on *E. coli* OP50 at 20°C. **p < 0.01 via the *t*-test (n = 3 biological

replicates).

(E) Representative survival plots of N2 and *clk-1(qm30)* animals on *P. aeruginosa* PA14 at

25°C. The animals were grown on *E. coli* OP50 at 20°C until 1-day-old adults before transferring

to *P. aeruginosa* PA14 at 25°C. n.s., nonsignificant (n = 3 biological replicates; animals per

condition per replicate > 90).

(F) Representative survival plots of N2 and *isp-1(qm150)* animals on *P. aeruginosa* PA14 at

25°C. The animals were grown on *E. coli* OP50 at 20°C until 1-day-old adults before transferring

to *P. aeruginosa* PA14 at 25°C. p<0.001 (n = 3 biological replicates; animals per condition per

replicate > 90).

(G) Representative survival plots of N2 animals on *P. aeruginosa* PA14 at 25°C after treatment

with the empty vector (EV) control, *flr-1*, *pbo-1*, and *nhx-2* RNAi. p<0.001 for *flr-1*, *pbo-1*, and

nhx-2 RNAi compared to EV (n = 3 biological replicates; animals per condition per replicate >

90).

Figure S8: The *eat-2(ad465)* animals are not defective in RNAi

Representative images of wild-type N2, *eat-2(ad465)*, and *sid-1(qt9)* worms on the empty vector

(EV) control, *act-5*, and *bli-3* RNAi. Scale bar = 1 mm.

Figure S9: The *hlh-30(tm1978)* and *nhr-8(ok186)* animals are not defective in RNAi

Representative images of wild-type N2, *hlh-30(tm1978)*, *nhr-8(ok186)*, and *sid-1(qt9)* worms on

the empty vector (EV) control, *act-5*, and *bli-3* RNAi. Scale bar = 1 mm.

Figure S10: Calcineurin inhibition leads to defects in the defecation motor program (DMP)

in *hlh-30(tm1978)* and *nhr-8(ok186)* animals

(A) The number of expulsion events observed in 20 minutes in 1-day-old adult *hlh-30(tm1978)*

animals grown on the empty vector (EV) control and *tax-6* RNAi bacteria at 20°C. ***p<0.001

via the *t*-test (n = 5 worms each).

(B) Representative photomicrographs of *hlh-30(tm1978)* animals grown on the EV control

and *tax-6* RNAi bacteria at 20°C until 1-day-old adults. Arrows point to the border of the

intestinal lumen.

(C) Quantification of the diameter of the intestinal lumen of *hlh-30(tm1978)* animals grown on

the EV control and *tax-6* RNAi bacteria at 20°C until 1-day-old adults. ***p<0.001 via the *t*-test

(n = 13 worms each).

(D) The number of expulsion events observed in 20 minutes in 1-day-old adult *nhr-8(ok186)*

animals grown on the EV control and *tax-6* RNAi bacteria at 20°C. ***p<0.001 via the *t*-test (n

= 6 worms each).