Microplastics may reduce the efficiency of the biological carbon pump by

decreasing the settling velocity and carbon content of marine snow

Cordelia Roberts[1,2,3,§,#], Clara M. Flintrop[2,3,¶,#], Alexander Khachikyan[4], Jana Milucka[4], Colin B.

Munn[1], and Morten H. Iversen[2,3,*]

[1]School of Biological and Marine Sciences, University of Plymouth, Drake Circus, Plymouth,

Devon PL4 8AA, United Kingdom

[2]Alfred Wegener Institute for Polar and Marine Research, Am Handelshafen 12, 27570

Bremerhaven, Germany

[3]MARUM and University of Bremen, Leobener Straße 13, 28359 Bremen, Germany

[4]Max-Planck-Institute for Marine Microbiology, Celsiusstraße. 1, 28359 Bremen, Germany

[§]Marine Biological Association, The Laboratory, Citadel Hill Plymouth, PL1 2PB, UK

[¶]The Fredy & Nadine Herrmann Institute of Earth Sciences, Hebrew University of Jerusalem,

Jerusalem 91904, Israel; Interuniversity Institute for Marine Sciences, Eilat 88103, Israel

[#]These authors have contributed equally

*Corresponding author email: morten.iversen@awi.de

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Abstract

Plastics are pervasive in marine ecosystems and ubiquitous in both shallow and deep oceans.

Microfibers, amongst other microscopic plastics, accumulate in deep sea sediments at

concentrations up to four orders of magnitude higher than in surface waters. This is at odds with

the fact that most microfibers are positively buoyant; therefore, it is hypothesized that settling

aggregates are vectors for downward transport of microfibers in the ocean. However, little is

known about the impact of microfibers on carbon export. We formed diatom aggregates with

differing concentrations of microfibers using roller tanks and observed that microfiber addition

stimulated aggregate formation, but decreased their structural cohesion and caused them to break

apart more readily, resulting in smaller average sizes. Incorporation of positively buoyant

microfibers into settling aggregates reduced their size-specific sinking velocities proportional to

the microfiber concentration. Slower sinking may extend aggregate retention time in the upper

ocean, thereby increasing the time available for organic matter remineralization in the upper

water column. Here, we show that microfiber concentrations typical of those in the English

Channel and Atlantic Ocean decrease potential export flux by 15-50%. Present day microfiber

concentrations in surface waters may therefore be substantially reducing the efficiency of the

biological carbon pump relative to the pre-plastic era.

Introduction

High production and usage of plastics in combination with poor waste management has resulted

in enormous amounts of plastic litter in the oceans (Ryan and Moloney 1993; Thompson et al.

2004; Barnes et al. 2009; Jambeck et al. 2015). Increasing amounts of plastic debris in the marine

environment are affecting marine biota and ecosystem functioning (Gregory 1996; Andrady and

Neal 2009). Plastic particles with sizes between 0.1 µm and 5 mm, referred to as microplastics

(Barnes et al. 2009), are of particular concern because of their pervasiveness in marine food webs

(Setälä et al. 2018; Carbery et al. 2018). Microplastics originate from materials used in

manufacturing, cosmetics, and washing machine effluent in the form of microfibers ("primary"

microplastics) as well as from fragmentation of macroplastic debris ("secondary" microplastics)

(Thompson et al. 2004; Ryan et al. 2009). Of these, synthetic microfibers from washing machine

effluent constitute the single largest source of marine primary microplastics (Browne et al. 2011;

Pirc et al. 2016).

Microfibers have been observed to accumulate in deep sea sediments at concentrations

up to four orders of magnitude higher than in surface waters (Woodall et al. 2014) and are

ingested by deep sea organisms (Taylor et al. 2016). This is at odds with the fact that most

microfibers are positively buoyant (Kaiser et al. 2017; Porter et al. 2018) and it has therefore

been hypothesized that microfibers reach the deep sea after incorporation into settling material

such as marine snow (Van Cauwenberghe et al. 2013; Woodall et al. 2014). Marine snow, i.e.

aggregated organic matter with diameters larger than 0.5 mm, form through the aggregation of

smaller particles, typically diatoms, phyto-, and zoodetritus (Alldredge and Silver 1988;

Alldredge and Gotschalk 1988). It is the settling of marine snow that drives the biological carbon

pump (BCP) by exporting carbon fixed by phytoplankton from the surface to the deep ocean

(Volk and Hoffert 1985). The efficiency of the biological carbon pump, i.e. the fraction of

primary production that is exported to depth, is determined by the turnover and the settling

velocity of sinking aggregates, e.g. marine snow, phytoplankton aggregates and cells, and

zooplankton faecal pellets (Ploug et al. 2008; Iversen and Ploug 2010).

Microplastics have been shown to be efficiently incorporated into aggregates, leading to

the downward transport of microplastics in the water column (Porter et al. 2018; Michels et al.

2018; Kvale et al. 2020; Galgani et al. 2022). At the same time, incorporation of microplastics

into marine aggregates makes them more buoyant and causes the aggregates to sink slower than

they would without microplastic, although to date, this has only been shown for microbeads

(Long et al. 2015; Porter et al. 2018). Additional evidence suggests the same holds true for

gelatinous zooplankton faecal pellets (e.g., salp pellets [Wieczorek et al. 2019]) and copepod

fecal pellets (Shore et al. 2021). Microplastics have also been found in marine aggregates in situ

(Zhao et al. 2018). Most studies to date have focused on the transport of microfibers, but not on

the impact of microplastics on particulate organic carbon export. To improve predictions of the

efficiency of the biological pump in a world with ever-increasing amounts of plastic (Geyer et

al. 2017), studies are needed to assess the impact of microfibers on the settling velocity and

carbon content of marine snow and the implications for carbon export. In this study, the

ubiquitous diatom *Skeletonema marinoi* was incubated with three different concentrations of

synthetic microfibers common in clothing fabrics to assess how microfibers influence

aggregation dynamics, settling velocity, and export of carbon to the deep sea.

Material and Methods

Microfiber composition and phytoplankton cultures

We formed marine snow during roller tank incubations with diatoms (at constant concentration)

and different concentrations of microfibers that were shorter than 3 mm. We determined the

microfiber composition using a confocal Raman spectrometer (NTEGRA Spectra, Eindhoven,

The Netherlands). The Raman spectra showed that the microfibers were primarily composed of

dyed cotton and polyamide (Fig. S1). This was identified from comparisons to known Raman

spectra of dyed cotton and polyamide (Lepot et al. 2008). Still, some peaks within the spectra

were unmatched, suggesting that the microfiber contained additional materials.

Cultures of *Skeletonema marinoi* (Sarno & Zingone 2005) were grown in GF/F-filtered

natural seawater with salinity 32 enriched with f/2 medium (Guillard 1975) and silicate at a 1:1

molar ratio of silicate to nitrate. Cultures were grown at 15°C under a 14:10 h light:dark cycle at

150 µmol photons m^{-2} s^{-1} until they reached the stationary growth phase at 5.85 x 10^7 cells mL$^-$

^{1}.

Aggregate formation and settling velocity

Aggregates were formed by incubating *S. marinoi* cultures at a concentration of 5.4 x 10^4 cells

mL^{-1} in four 1.15 L roller tanks and rotating them at 3 rpm at 15°C under low light conditions

(~30 µmol photons m^{-2} s^{-1}). The microfiber concentrations in the four roller tank treatments

were representative of current oceanic concentrations:

i) low concentrations ("low") of 240 (±0.2) microfibers L^{-1}. This amount is close to

concentrations found in the western English Channel (approx. 270 microplastics L^{-1}, (Cole et al.

2014);

ii) medium concentrations ("medium") of 680 (±0.9) microfibers L^{-1};

iii) high concentrations ("high") of 840 (±1.1) microfibers L^{-1}. This is in the range of

concentrations found in the Atlantic Ocean (1150 microplastics L^{-1}; Kanhai et al. 2017)

iv) no fibers ("control") were added to the fourth roller tank, which acted as a control

without microfibers.

At five time points over a period of 163 hours (24h, 48h, 118h, 143h and 163h),

recordings of the rotating tanks were made using a commercial digital single-lens reflex camera

equipped with standard lens of 50 mm focal length. This enabled detection of aggregates >0.5

mm for measuring aggregate formation, size distribution, abundance, and size-specific settling

velocities for each treatment. Aggregate size was measured using the projected area of each

aggregate and calculating the equivalent circular diameter (ECD). The video recordings were

used to determine size-specific sinking velocities of the formed aggregates based on the method

developed by Ploug et al. (2010). This method is based on the observation that aggregates follow

circular trajectories around a center (x_n) from which the settling velocity can be predicted

knowing the distance between the aggregate orbit center to the center of the roller tank (x_b). A

circle radius (R_n) was calculated for the center position of each aggregate using the equation:

$R_n = \sqrt{(x_n - x_b)^2 + (y_n - y_b)^2}$ (1)

where x_n and y_n are the particle positions, n= 1, 2, …., N, and (x_b, y_b) is the putative center of

the aggregate orbit. Using the radii and the orbit center position, an idealised circle was plotted.

The circle was manipulated to find the best fit of the actual aggregate orbit, R_n, to the center

position for each aggregate. The value produced for x_b was used to calculate the aggregate

settling velocity using the equation:

$x_b = \dfrac{w_s}{\omega} = w_s \times T/(2\pi)$ (2)

where w_s is the settling velocity of the aggregate (cm s^{-1}), $\omega = 2\pi/T$ is the rotation rate (s^{-1}) and

T is the rotation period of the roller tank.

Potential export flux

At the end of the experiment, aggregates of known volume from each of the four treatments were

filtered onto 25 µm pre-weighed GF/F filters. Filters were dried at 40°C for 48h and re-weighed

on an ultra-microbalance (UMX2, Mettler Toledo, USA) with a mass readability of ±0.1 µg to

determine their volume-specific dry weight (DW). After fuming with hydrochloric acid, filters

were measured with an elemental anlayzer isotope ratio mass spectrometry (EA-IRMS, ANCA-

SL 20-20, Sercon Ltd. Crewe, UK) with a precision of $\pm 0.7\ \mu gC$ to determine the PON and POC

content of aggregates. The potential export flux was estimated for each treatment as an average

of the final three time points (118h, 143h and 163h) of the experimental period. This was done

for each treatment by using the POC-to-volume ratio to determine the POC content per aggregate

and multiplying with the measured settling velocity to get potential POC flux from each

aggregate:

$$POC_{AGG\_100} = POC_{AGG} \times \frac{POC_{AGG}}{V_t} \times D_{chla} \times w_s \qquad\qquad (3)$$

where POC_{AGG} is the POC content of each aggregate ($\mu gC\ agg^{-1}$), V_t is the tank volume (ml),

D_{chla} is the export distance from the fluorescence maximum to 100 m depth (here assumed to be

80 m) and w_s is the aggregate sinking velocity ($m\ d^{-1}$). The potential POC flux was summed for

all aggregates in each treatment to get total potential export flux using the equation:

$$POC_{100} = \sum_{AGG} [\,POC_{AGG\_100}\,] \qquad\qquad (4)$$

where POC_{100} is the estimated POC flux to 100 m for each microfiber concentration ($gC\ m^{-2}\ d^{-}$

^{1}).

Results

Aggregate formation and structure

We incubated the diatom *Skeletonema marinoi* in roller tanks without and with added

microfibers at three different concentrations: low ($240 \pm 0.2\ L^{-1}$), medium ($680 \pm 0.9\ L^{-1}$), and high

($840 \pm 1.1\ L^{-1}$). The low and high concentrations were representative of microfiber concentrations

observed in the English Channel and the Atlantic Ocean, respectively. There was a positive linear

correlation between initial microfiber concentrations in each treatment and the number of

microfibers counted in aggregates at the end of the incubation (Fig. 3a). During the first 48 hours

of roller tank incubation, aggregate formation followed a similar pattern in all treatments, with

7-10 comparably sized aggregates formed (Fig. 1). Between 48 – 118 hours, aggregation

dynamics started to diverge among treatments. At zero, low, and medium microfiber

concentrations, both the number and size of aggregates increased. At high microfiber

concentration, average aggregate size also increased but the number of aggregates remained low.

After 118 hours, there was a continued increase in larger aggregates accompanied by a decrease

of smaller size classes in the treatment with no added microfibers. This effect was not as

pronounced in the treatments with added microfibers, especially at medium and high

concentrations.

Fig. 1. Number of aggregates in each size bin (primary y-axis) and mean equivalent circular

diameter of aggregates (black line ± standard deviation) (secondary y-axis) throughout the study

for each treatment: without addition of microfibers (control) and for low, medium, and high

amounts of microfibers added to the diatom (*S. marinoi*) incubations.

Aggregate settling velocity

We determined the size-specific sinking velocities of all aggregates in the different treatments at

five time points during the incubations: after 24h, 48h, 118h, 143h, and 163h. Over the course

of the experiment, some aggregates were observed to be positively buoyant, i.e., they were rising

rather than sinking as indicated by their negative calculated sinking velocities. Buoyant

aggregates were only observed in treatments to which microfibers were added, and overall, the

number of positively buoyant aggregates decreased over time (Fig. 2): after 24 hours of roller

tank incubation, 22% of the aggregates in the microfiber treatments were rising with a mean

velocity of 6.0 ($\pm$2.8) m d^{-1}. This decreased to only 10% of the aggregates at 48 hours (10.9 $\pm$

5.2 m d^{-1}) and at 118 hours none of the aggregates were rising. After 143 hours, 10% of the

aggregates in the microfiber treatments were rising with a mean velocity of 3.8 ($\pm$1.85) m d^{-1}

(Fig. 2).

A clear positive relationship between aggregate size and settling velocity could be

observed after 48h (Fig. 2). Due to aggregate fractality, their size-to-settling relationship follows

a power law function, but in the range observed in this study the settling velocity increased

almost linearly with size. Generally, size-specific settling velocity was lower for the microfiber

treatments compared to the control treatment without added microfibers (Fig. 2). After 143h, the

size-specific sinking velocities decreased with increasing microfiber concentrations (Fig. 2).

Fig. 2. Aggregate settling velocities (w_s) plotted against their equivalent circular diameter (ECD)

throughout the study.

Potential export flux

Total aggregate volume did not significantly differ between treatments (ANOVA p = 0.1207)

(Fig. 3b). However, particulate organic carbon (POC) and particulate organic nitrogen (PON)

content of individual aggregates decreased with increasing microfiber concentrations (Fig. 3c,

Table S1). Combined, the decrease in carbon content and decrease in size-specific settling

velocity in the microfiber treatments resulted in a 15-50% reduction in potential carbon flux

compared to the control (Fig. 3d, Table S1), although the difference was not statistically

significant due to high variability in potential C flux, especially in the control treatment (Table

S2).

However, there was a statistically significant difference in the number of microfibers

incorporated into aggregates and the magnitude of potential C flux (Fig. S2). The relationship

between the number of incorporated microfibers and potential C flux (g C m^{-2} d^{-1}) was best

described using an exponential regression:

$POC_{100} = 59.34e^{-5.712n}$ (5)

where n is the number of microfibers incorporated per aggregate volume (mm^{-3}), R^2=0.97.

Fig. 3. Microfiber content per aggregate (a), total aggregate volume (b), total aggregated POC

(c), and potential POC flux to 100 m (d) as a function of microfiber concentration at t$_0$ for

aggregates averaged from days 5-7 for each treatment. An asterisk (*) denotes a statistically

significant difference (Table S2).

Discussion

The production of marine snow in surface waters and its subsequent transport to depth via the biological carbon pump plays a crucial role in the drawdown of natural and—increasingly abundant—anthropogenic CO_2 (Wilson et al. 2022). It has previously been suggested that marine aggregates are vehicles for vertical transport of buoyant microplastics to the seafloor, (Woodall et al. 2014; Long et al. 2015; Porter et al. 2018). To date, most studies have focused on microbeads as a model plastic pollutant, despite microfibers being the most common type of microplastic identified in the ocean (Liu et al. 2022, and references therein). Here, we not only showed that marine aggregates incorporate plastic microfibers and can transport them to depth, we also measured the direct effects of microfiber incorporation on the formation, sinking velocity, and carbon content of marine snow, and discuss potential impacts on the efficiency of the biological carbon pump and wider marine carbon cycling.

Additions of microfibers to diatom cultures in roller tanks resulted in formation of aggregates that contained substantial numbers of microfibers, proportional to the initial microfiber concentration in the treatment. Incorporation of microfibers into aggregates had a measurable impact on key aggregate properties, such as size and settling velocities. Diatom cultures with added microfibers produced more, smaller, slower sinking aggregates than aggregates in the control treatment, impacts of which have the potential to decrease the magnitude of export flux.

In general, smaller aggregates sink slower than larger aggregates of a similar composition, but this was not the only reason for the observed lower sinking velocities within microfiber treatments: size-specific sinking velocities also decreased as a function of increasing microfiber concentration. Microfibers can decrease the setting velocity of artificial aggregates,

in comparison to artificial aggregates without microfibers and with alternative microplastics

(Porter et al. 2018). Our results indicate that the decrease in settling velocities observed in the

microfiber treatments was due to increased buoyancy of the aggregates. In fact, during the first

phase of the study we observed positively buoyant, non-sinking aggregates, suggesting

microfibers within aggregates may delay export of organic material until aggregate mass density

increases and aggregates start to sink. Evidence of buoyant particles and reduced sinking velocity

seemingly contradicts hypotheses of marine snow as a vector of microplastics to depth. As export

of marine snow is not limited to gravitational sinking, additional mechanisms transporting

microplastics to depth may include particle injection pumps associated with the biological carbon

pump, such as the eddy subduction pump, mixed layer pump and the mesopelagic migrant pump

(via zooplankton grazing and defecation at depth (Boyd et al. 2019). Additionally, microbial

communities associated with microfibers (Zettler et al. 2013; Vaksmaa et al. 2022) may also

influence the sinking of microplastics (Amaral-Zettler et al. 2021) and can induce rapid

aggregation of biogenic particles (Michels et al. 2018) which likely extends to microplastics. To

determine how microbial colonization of microplastics influences aggregate dynamics, further

laboratory studies could investigate incorporation of colonized microfibers and other

microplastics into aggregates, analogous to this study.

Reduced aggregate settling velocity and positive buoyancy of particles alone has the

potential to influence marine carbon cycling. Here, we report lower size-specific carbon content

of aggregates which, in combination with reduced settling velocity, has the potential to reduce

carbon export flux by up to 60% compared to aggregates without microfibers (Fig. 4). This

reduction was in the range of 15 to 50% for microfiber concentrations typical of those found in

the English Channel and Atlantic Ocean, respectively. We hypothesize that the reduction in

carbon flux is likely even higher in situ, as reduced settling velocities would prolong the

residence times of microfiber-containing aggregates in the ocean surface and thus extend the

time available for microbial remineralization in the upper water column (Ploug et al. 1999).

Longer residence times would also increase the probability of encounters with aggregate-feeding

zooplankton such as copepods (Poulsen and Kiørboe 2005; Iversen and Poulsen 2007; Lombard

et al. 2013), salps (Iversen et al. 2016), polychaetes (Christiansen et al. 2018), and protozoans

(Poulsen and Iversen 2008; Poulsen et al. 2011). Additionally, ingestion of microfibers by

zooplankton can alter sinking rates of zooplankton faecal pellets (Cole et al. 2016), potentially

further exacerbating the effects observed in this study. There is also evidence that the presence

of microplastics increases release of chromophoric dissolved organic matter (Galgani et al.

2018), and can affect the water column oxygen inventory due to reduced grazing pressure on

primary producers and increased particle remineralization (Kvale et al. 2021), all of which are

likely to influence marine carbon dynamics. Together, this would result in higher microbial

degradation and turnover of microfiber-containing aggregates in the upper water column where

microbially respired CO_2 will be readily exchanged with the atmosphere. Hence, incorporation

of buoyant microfibers into aggregates may substantially reduce the efficiency of the biological

carbon pump in a high plastic world. In regional areas which play a pivotal role in the biological

carbon pump, e.g., the Southern Ocean (Khatiwala et al. 2013), this could have disproportionate

impacts.

Current studies show that all major ocean basins are already heavily contaminated by

microplastic (Gago et al. 2018; Peeken et al. 2018; Bergmann et al. 2019). Plastic debris can be

found throughout the marine environment (Barnes et al. 2009) and it profoundly affects carbon

and nutrient cycling, as well as microbial processes (Galgani and Loiselle 2021, and references

therein), including reduced export of zooplankton faecal pellets (Wieczorek et al. 2019). The

results of our study, which found reduced size, sinking velocity and carbon content of particles

with incorporated microfibers, suggests that the present-day functioning of the biological carbon

pump could already be affected by microplastics. Consequently, this may result in ocean services

not working at peak efficiency, which has implications for mitigating the increasing atmospheric

CO_2 levels via carbon sequestrations in the deep ocean and sediments. The impact of

microplastics and associated debris should be explored in combination with the cascade of

impacts arising from increasing atmospheric CO_2, and the role this may play in altering the

efficiency of the ocean as a carbon sink and wider ecosystem processes.

Fig. 4. Direction and magnitude of changes in aggregate properties and carbon export related to

plastic microfiber incorporation.

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Author contribution statement

CR: Conceptualization (equal); Investigation (lead); Writing – original draft (lead); Writing – review and editing (equal); formal analysis (equal); Visualization (equal). CFL: Investigation (supporting); Writing – original draft (lead); writing – review and editing (equal); formal analysis (lead); Visualization (equal). AK: Investigation (lead); Writing – review and editing (equal). JM: Supervision (supporting); writing – review and editing (equal). CBM: Funding Acquisition (lead); writing – review and editing (equal); Supervision (equal). MHI: Conceptualization (equal); Resources (lead); Writing – original draft (supporting); Writing – review and editing (equal); Investigation (supporting); formal analysis (supporting); Project Administration (lead); Supervision (equal).

Conflict of interest

The authors declare no conflict of interest.

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Data availability statement

The data collected for this study will be made publicly available in the PANGAEA Open Access

library.

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