Microplastics reduce the efficiency of the biological carbon pump by decreasing

the settling velocity and carbon content of marine snow

Cordelia Roberts[1,2,3,§,#], Clara M. Flintrop[2,3,¶,#], Alexander Khachikyan[4], Jana Milucka[4], Colin

B. Munn[1], and Morten H. Iversen[2,3,*]

[1]School of Biological and Marine Sciences, University of Plymouth, Drake Circus, Plymouth,

Devon PL4 8AA, United Kingdom

[2]Alfred Wegener Institute for Polar and Marine Research, Am Handelshafen 12, 27570

Bremerhaven, Germany

[3]MARUM and University of Bremen, Leobener Straße, 28359 Bremen, Germany

[4]Max-Planck-Institute for Marine Microbiology, Celsiusstr. 1, 28359 Bremen, Germany

[§]Marine Biology Association, The Laboratory, Citadel Hill Plymouth, PL1 2PB, UK

[¶]Hebrew University of Jerusalem, The Fredy & Nadine Herrmann Institute of Earth Sciences,

The Edmond J. Safra Campus - Givat Ram, Jerusalem 9190401, Israel

[#]These authors have contributed equally

*Corresponding author email: morten.iversen@awi.de

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Abstract

Plastics are pervasive in marine ecosystems including at the depths of our oceans. Microfibers,

amongst other microscopic plastics, accumulate in deep sea sediments at concentrations up to

four orders of magnitude higher than in surface waters. This is at odds with the fact that most

microfibers are positively buoyant, and it is hypothesized that settling aggregates are vectors

for downward transport of microfibers in the ocean. In laboratory incubations using roller

tanks, we formed diatom aggregates with differing concentrations of microfibers and observed

that microfiber addition stimulated aggregate formation, but decreased structural cohesion and

caused them to break apart more readily, resulting in smaller average sizes. Incorporation of

positively buoyant microfibers into settling aggregates reduced their size-specific sinking

velocities proportional to the microfiber concentration. Slower sinking extends aggregate

retention time in the upper ocean, thereby increasing the time available for organic matter

remineralization in the upper water column. Here, we show that microfiber concentrations

typical of those in the English Channel and Atlantic Ocean decrease potential export flux by

15-50%. Present day microfiber concentrations in surface waters may therefore be substantially

reducing the efficiency of the biological carbon pump relative to the pre-plastic era.

Introduction

High production and usage of plastics in combination with poor waste management has

resulted in enormous amounts of plastic litter in the oceans (Ryan and Moloney 1993;

Thompson et al. 2004; Barnes et al. 2009; Jambeck et al. 2015). Increasing amounts of plastic

debris in the marine environment are affecting marine processes and ecosystem functioning

(Gregory 1996; Andrady and Neal 2009). Plastic particles with sizes between 0.1 µm and 5

mm, referred to as microplastics (Barnes et al. 2009), are of particular concern because of their

pervasiveness in marine food webs (Setälä et al. 2018; Carbery et al. 2018). Microplastics

originate from materials used in manufacturing, cosmetics, and washing machine effluent in

the form of microfibers ("primary" microplastics) as well as from fragmentation of

macroplastic debris ("secondary" microplastics) (Thompson et al. 2004; Ryan et al. 2009). Of

these, synthetic microfibers from washing machine effluent constitute the single largest source

of marine primary microplastics (Browne et al. 2011; Pirc et al. 2016).

Microfibers have been observed to accumulate in deep sea sediments at concentrations

up to four orders of magnitude higher than in surface waters (Woodall et al. 2014) and are

ingested by deep sea organisms (Taylor et al. 2016). This is at odds with the fact that most

microfibers are positively buoyant (Kaiser et al. 2017; Porter et al. 2018) and it has therefore

been hypothesized that microfibers reach the deep sea after incorporation into settling material

such as marine snow (Van Cauwenberghe et al. 2013; Woodall et al. 2014). Marine snow, i.e.

aggregated organic matter larger than 0.5 mm, form through the aggregation of smaller

particles, typically diatoms, phyto-, and zoodetritus (Alldredge and Silver 1988; Alldredge and

Gotschalk 1988). It is the settling of marine snow that drives the biological carbon pump

(BCP) by exporting carbon fixed by phytoplankton from the surface to the deep ocean (Volk

and Hoffert 1985). The efficiency of the biological carbon pump is determined by the turnover

and the settling velocity of marine snow (Ploug et al. 2008; Iversen and Ploug 2010).

Microplastics have been shown to be efficiently incorporated into aggregates,

subsequently leading to the downward transport of microplastics in the water column (Porter et

al. 2018; Michels et al. 2018; Kvale et al. 2020; Galgani et al. 2022). At the same time,

incorporation of microplastics into marine aggregates makes them more buoyant and cause the

aggregates to sink slower than they would without microplastic (Long et al. 2015; Porter et al.

2018). Additional evidence suggests the same holds true for gelatinous zooplankton faecal

pellets (e.g. Salp pellets [Wieczorek et al. 2019]) and copepod fecal pellets (Shore et al. 2021).

Microplastics have also been found in marine aggregates in situ (Zhao et al. 2018). Most

studies to date have focused on the transport of microfibers, but not on the impact from

microplastic on particulate organic carbon export. To improve predictions of the efficiency of

the biological pump in a world with ever-increasing amounts of plastic (Geyer et al. 2017),

studies are needed to assess the impact of microfibers on the settling velocity and carbon

content of marine snow and the implications of this for carbon export. In this study, the

ubiquitous diatom *Skeletonema marinoi* was incubated with four different concentrations of

synthetic microfibers common in clothing fabrics to assess how microfibers influence

aggregation dynamics, settling velocity, and export of carbon to the deep sea.

Material and Methods

Microfiber composition and phytoplankton cultures

We used microfibers less than 3 mm in size in different concentration to form marine snow

together with a constant concentration of diatoms. We determined the microfiber composition

using a laser scanning confocal Raman microscope (NTEGRA Spectra). The Raman spectra

showed that the microfibers were primarily composed of dyed cotton and polyamide (Fig. S1).

This was identified from comparisons to known Raman spectra of dyed cotton and polyamide

(Lepot et al. 2008). Still, some peaks within the spectra were unmatched (Fig. S1), suggesting

that the microfiber contained additional materials.

Cultures of *Skeletonema marinoi* (Sarno & Zingone 2005) were grown in GF/F-filtered

filtered Arctic seawater with salinity 32 enriched with f/2 medium (Guillard 1975) and silicate

at a 1:1 molar ratio of silicate to nitrate. Cultures were grown at 15°C under a 14:10 h

light:dark cycle at 150 µmol photons m^{-2} s^{-1} until they reached the stationary growth phase at

5.85 x 10^7 cells mL^{-1}.

Aggregate formation and settling velocity

Aggregates were formed by incubating *S. marinoi* cultures at a concentration of 5.4 x 10^4 cells

mL^{-1} in four 1.15 L roller tanks and rotating them at 3 rpm at 15°C under low light conditions

(~30 µmol photons m^{-2} s^{-1}). The microfiber concentrations added to each of the four roller tanks

were representative of current oceanic concentrations:

101   i) low concentrations ("low") of 240 (±0.2) microfibers L^{-1}. This amount is close to

102   concentrations found in the western English Channel (approx. 270 microplastics L^{-1}, (Cole et

103   al. 2014);

104   ii) medium concentrations ("medium") of 680 (±0.9) microfibers L^{-1};

105   iii) high concentrations ("high") of 840 (±1.1) microfibers L^{-1}. This is in the range of

106   concentrations found in the Atlantic Ocean (1150 microplastics L^{-1}; Kanhai et al. 2017)

107   iv) no fibers ("control") were added to the fourth roller tank, which acted as a control

108   without microfibers.

109   At five time points over a period of 163 hours (24h, 48h, 118h, 143h and 163h),

recordings of the rotating tanks were made with a DSLR camera equipped with a 50 mm lens.

This enabled detection of aggregates >0.5 mm for measuring aggregate formation, size

distribution, abundance, and size-specific settling velocities for each treatment. Aggregate size

was measured using the projected area of each aggregate and calculating the equivalent circular

diameter (ECD). The video recordings were used to determine size-specific sinking velocities

of the formed aggregates based on the method developed by Ploug et al. (2010). This method is

based on the observation that aggregates follow circular trajectories around a center (x_n) from

which the settling velocity can be predicted knowing the distance between the aggregate orbit

center to the center of the roller tank (x_b). A circle radius (R_n) was calculated for the center

position of each aggregate using the equation

$R_n = \sqrt{(x_n - x_b)^2 + (y_n - y_b)^2}$ (1)

where x_n and y_n are the particle positions, n= 1, 2, …., N, and (x_b, y_b) is the putative center of

the aggregate orbit. Using the radii and the orbit center position, an idealised circle was plotted.

The circle was manipulated to find the best fit of the actual aggregate orbit, R_n, to the center

position for each aggregate. The value produced for x_b was used to calculate the aggregate

settling velocity using the equation

$x_b = \dfrac{w_s}{\omega} = w_s \times T/(2\pi)$ (2)

where w_s is the settling velocity of the aggregate (cm s^{-1}), $\omega = 2\pi/T$ is the rotation rate (s^{-1}) and

T is the rotation period of the roller tank.

Potential export flux

At the end of the experiment, one aggregate of known volume from each of the four treatments

was filtered onto 25 µm pre-weighed GF/F filters. Filters were dried at 40 °C for 48h and re-

weighed on a Mettler Toledo (UMX2) balance with a sensitivity of ±0.1 µg to determine their

volume-specific dry weight (DW). After fuming with hydrochloric acid, filters were measured

with an EA mass spectrometer (EA-IRMS, ANCA-SL 20-20, Sercon Ltd. Crewe, UK) with a

precision of ±0.7 µgC to determine the PON and POC content of aggregates. The potential

export flux was estimated for each treatment as an average of the final three time points (118h,

143h and 163h) of the experimental period. This was done for each treatment by using the

POC-to-volume ratio to determine the POC content per aggregate and multiplying with the

measured settling velocity to get potential POC flux from each aggregate:

$POC_{AGG\_100} = POC_{AGG} \times \frac{POC_{AGG}}{V_t} \times D_{chla} \times w_s$ (3)

where POC_{AGG} is the POC content of each aggregate (μgC agg^{-1}), V_t is the tank volume (ml),

D_{chla} is the export distance from the fluorescence maximum to 100 m depth (here assumed to

be 80 m) and w_s is the aggregate sinking velocity (m d^{-1}). The potential POC flux was summed

for all aggregates in each treatment to get total potential export flux using the equation:

$POC_{100} = \sum_{AGG} [POC_{AGG\_100}]$ (4)

where POC_{100} is the estimated POC flux to 100 m for each microfiber concentration (gC m^{-2}

d^{-1}). Calculations were done by measuring the number and size of each aggregate inside the

roller tank. The measured treatment-specific POC content per aggregate was used to calculate

the total carbon content of aggregates in each treatment. From this, the total aggregated POC

per square meter could be calculated. This was multiplied by the size-specific (measured)

sinking velocities of the aggregates and divided by the depth the aggregates need to sink to be

exported to 100 m (this now becomes the time it takes to sink to 100 m instead of sinking

velocity - so we take into account that an aggregate that only sinks with 10 m d^{-1} needs 8 days

to sink to 100 m).

Results

Aggregate formation and structure

We incubated the diatom *Skeletonema marinoi* in roller tanks with four different microfiber concentrations: no microfibers, and low (240 ±0.2 L^{-1}), medium (680±0.9 L^{-1}), and high concentrations (840±1.1 L^{-1}) of microfibers. The low and high concentrations were representative of microfiber concentrations observed in the English Channel and the Atlantic Ocean, respectively. There was a positive linear correlation between initial microfiber concentrations in each treatment and the number of microfibers counted in aggregates at the end of the incubation (Fig. 3a). During the first 48 hours of roller tank incubation, aggregate formation followed a similar pattern in all treatments, with 7-10 comparably sized aggregates formed (Fig. 1). Aggregation dynamics started to diverge between 48h and 118h: At zero, low, and medium microfiber concentrations, both the number and size of aggregates increased. At high microfiber concentration, average aggregate size also increased but the number of aggregates remained low. From 118h, there was a continued increase in larger aggregates accompanied by a decrease of smaller size classes in the treatment with no added microfibers. This effect was not as pronounced in the treatments with added microfibers, especially at medium and high concentrations.

Aggregate settling velocity

We determined the size-specific sinking velocities of the formed aggregates in the different treatments at five time points during the incubations; after 24h, 48h, 118h, 143h, and 163h. The aggregate sizes and settling velocities were determined from video recordings following the method by Ploug et al. (2010) (see Material and Methods). Over the course of the experiment,

some aggregates were observed to be positively buoyant, i.e. they were rising rather than

sinking as indicated by their negative calculated sinking velocities. These aggregates were only

observed in the treatments to which microfibers were added, and overall the number of

positively buoyant aggregates decreased over time (Fig. 2): after 24h of roller tank incubation,

22% of the aggregates in the microfiber treatments were rising with a mean velocity of 6.0

($\pm$2.8) m d^{-1}. This decreased to only 10% of the aggregates at 48h (10.9 ($\pm$5.2) m d^{-1}) and at

118h none of the aggregates were rising. After 143h, 10% of the aggregates in the microfiber

treatments were rising with a mean velocity of 3.8 ($\pm$1.85) m d^{-1} (Fig. 2).

A clear positive relationship between aggregate size and settling velocity was only

established after 48h (Fig. 2). The size-to-settling relationship followed a power function for all

treatments and the size-specific settling velocity was generally lower for the microfiber

treatments compared to the control treatment without added microfibers (Fig. 2). After 143h,

we also observed that the size-specific sinking velocities decreased with increasing microfiber

concentrations (Fig. 2).

193   Potential export flux

Total aggregated volume did not significantly differ between treatments (ANOVA p = 0.1207)

(Fig. 3b). Particulate organic carbon (POC) and particulate organic nitrogen (PON) content of

individual aggregates decreased on exposure to increasing microfiber concentrations (Fig. 3c,

Table S1). Combined, the decrease in carbon content and decrease in size-specific settling

velocity in the microfiber treatments resulted in a 15-50% reduction in potential carbon flux

compared to the control (Fig. 3d, Table S1), although this was not reported to be significant

due to high variability in potential C flux, especially in the control treatment (Table S2).

However, there was a highly statistically significant difference in the amount of microfibers

incorporated into aggregates and the magnitude of potential C flux (Fig. S2). The relationship

between the amount of incorporated microfibers and potential C flux (gC m^{-2} d^{-1}) was best

described using an exponential regression:

$POC_{100} = 58.33e^{-5.323x}$ (5)

where x is the number of microfibers incorporated per aggregate volume (mm^{-3}), R^2=0.97.

Discussion

The production of marine snow in the surface and subsequent transport to depth via the

biological carbon pump plays a crucial role in the drawdown of natural and- increasingly

abundant- anthropogenic CO_2. Here, we demonstrated the impact of plastic pollution on the

formation and sinking of marine snow, and showed the direct impact of microplastics on

carbon content of marine snow and potential implications on the efficiency of the biological

carbon pump, which will impact wider marine carbon cycling. It has previously been suggested

that marine aggregates are vehicles for vertical transport of buoyant microplastic to the seafloor

(Woodall et al. 2014; Long et al. 2015; Porter et al. 2018). When microfibers were incubated

with diatoms in roller tanks, indeed aggregates formed containing substantial numbers of

microfibers, which increased with increasing concentration. Incorporation of microfibers into

aggregates had a notable impact on their properties: Diatom cultures with added microfibers

produced smaller, slower sinking aggregates in higher numbers than aggregates in the control

treatment, all of which have the potential to decrease the magnitude of export flux.

In general, smaller aggregates sink slower than larger aggregates of a similar

composition, but this was not the only reason for the observed lower sinking velocities within

microfiber treatments: size-specific sinking velocities also decreased as a function of

increasing microfiber concentration. This indicates that the decrease in settling velocities

observed in the microfiber treatments was due to increased buoyancy of the aggregates. In fact,

during the first phase of the study we observed positively buoyant, non-sinking aggregates.

Over time, the sinking velocities of the microfiber-rich aggregates started to increase, which is

typical for ageing aggregates as they become denser over time (Ploug et al. 2008). Buoyancy

and reduced sinking velocity of particles seemingly contradict previous hypotheses for marine

snow as a mechanism of transporting particles to depth, but as long as microplastic

concentrations are sufficiently low to maintain negative buoyancy of particles, these particles

will continue to transport microplastics to depth. Additionally, export of marine snow to depth

is not only limited to gravitational sinking, but microplastics may also be injected via particle

injection pumps associated with the biological carbon pump; including the eddy subduction

pump, mixed layer pump and the mesopelagic migrant pump (via zooplankton grazing and

defecation at depth) (Boyd et al. 2019). Microbial communities associated with microfibers

also need to be considered since microbial colonization (Zettler et al. 2013; Vaksmaa et al.

2022) can influence sinking of microplastics (Amaral-Zettler et al. 2021) which can induce

rapid aggregation with biogenic particles (Michels et al. 2018). To determine the impact of

microbial colonization of plastic fibres on aggregate formation, degradation, and settling, the

nature of naturally colonised microfibers and other plastic types across different ocean basins

needs to be explored further to determine the fate of microplastics within the environment.

The reduced settling velocity, combined with lower carbon content in the microfiber

treatments led to a reduction of the potential carbon flux compared to the treatment without

microfibers (Fig. 4). This reduction was in the range of 15 to 50 % for microfiber

concentrations typical of those found in the English Channel and Atlantic Ocean, respectively.

We hypothesize that the reduction in carbon flux is likely even higher in situ, as reduced

settling velocities would prolong the residence times of microfiber-containing aggregates in the

ocean surface. Prolonged residence times would extend the time available for microbial

remineralization in the upper water column (Ploug et al. 1999). It would also increase the

probability of encounters with aggregate feeding zooplankton such as copepods (Poulsen and

Kiørboe 2005; Iversen and Poulsen 2007; Lombard et al. 2013), salps (Iversen et al. 2016),

polychaetes (Christiansen et al. 2018), and protozoans (Poulsen and Iversen 2008; Poulsen et

al. 2011). Additionally, ingestion of microfibers by zooplankton can alter sinking rates of

zooplankton faecal pellets (Cole et al. 2016) which likely further exacerbates the effects

observed in this study. There is also evidence that the presence of microplastics increases

release of chromophoric dissolved organic matter (CDOM) (Galgani et al. 2018), and can

accelerate global loss of oxygen due to reduced grazing pressure on primary producers (Kvale

et al. 2021), which is likely to influence marine carbon dynamics. Together, this would result

in higher microbial degradation and turnover of microfiber-containing aggregates in the upper

water column where microbially respired CO_2 will readily be exchanged with the atmosphere.

Hence, incorporation of buoyant microfibers into aggregates may substantially reduce the

efficiency of the biological carbon pump in a high plastic world. In regional areas which play a

pivotal role in the biological carbon pump e.g. the Southern Ocean (Khatiwala et al. 2013), this

could have disproportionate impacts.

It is clear that all major ocean basins are already heavily contaminated by microplastic

(Gago et al. 2018; Peeken et al. 2018; Bergmann et al. 2019). Plastic debris is currently found

throughout the marine environment (Barnes et al. 2009) and marine plastic also has a

continuum of effects on carbon, nutrients and microbial processes (Galgani and Loiselle [2021]

and references therein), including reduced export of zooplankton faecal pellets (Wieczorek et

al. 2019). In combination with our study which found reduced size, sinking velocity and carbon

content of particles with incorporated microfibers, this implies that the functioning of the

biological carbon pump could already be affected by microplastics. Consequently, this may

result in ocean services not working at peak efficiency when considering mitigating the

increasing atmospheric CO_2 levels via carbon sequestrations in the deep ocean and sediments.

The impact of microplastics and associated debris should be explored in combination with the

cascade of impacts arising from increasing atmospheric CO_2, and the role this may play in

altering the efficiency of the ocean as a carbon sink and wider ecosystem processes.

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Author contribution statement

CR: Conceptualization (equal); Investigation (lead); Writing – original draft (lead); Writing –

review and editing (equal); formal analysis (equal); Visualization (equal). CFL: Investigation

(supporting); Writing – original draft (lead); writing – review and editing (equal); formal

analysis (lead); Visualization (equal). AK: Investigation (lead); Writing – review and editing

(equal). JM: Supervision (supporting); writing – review and editing (equal). CBM: Funding

Acquisition (lead); writing – review and editing (equal); Supervision (equal). MHI:

Conceptualization (equal); Resources (lead); Writing – original draft (supporting); Writing –

review and editing (equal); Investigation (supporting); formal analysis (supporting); Project

Administration (lead); Supervision (equal)

Conflict of interest

The authors declare no conflict of interest.

Data availability statement

The data collected for this study will be made publicly available in the PANGAEA Open

Access library.

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 Figures and figure legends

Fig. 1. Aggregate abundances in the different size-bins throughout the study. Each panel show

the distribution of aggregate sizes for the four different treatments: i) without addition of

microfibers (Control) and for low, medium, and high amounts of microfibers added to the

diatom (*S. marinoi*) incubations.

Fig. 2. Aggregate settling velocities (w_s) plotted against their equivalent circular diameter

(ECD) throughout the study.

Fig. 3. Microfiber content per aggregate (a), total aggregate volume (b), total aggregated POC

(c), and potential POC flux to 100 m (d) as a function of microfiber concentration at t_0 for

aggregates averaged from days 5-7 for each treatment. An asterisk (*) denotes a statistically

significant difference (Table S2).

Fig. 4. Direction and magnitude of changes in aggregate properties and carbon export related to plastic microfiber incorporation.

Supporting Information

Fig. S1. Raman spectra of rope sample used in experiments: dyed cotton fiber (a), undyed

cotton (b), PET (c), polyamide (d) and the rope sample (e).

482   **Table S1.** Microfiber concentration at t_0, aggregate number and aggregate microfiber, POC,

483   and PON content at t_{fin}, predicted POC flux to 100 m depth, and decrease in POC flux for each

484   treatment.

Treatment	Control	Low	Medium	High
Microfiber concentration at t_0 (L^{-1})	0	240 (±0.2)	680 (±0.9)	840 (±1.1)
Aggregates at t_{fin} (n)	7	14	18	13
Aggregate microfiber conc. at t_{fin} (mm^{-3})	0	0.026 (±0.0004)	0.057 (±0.01)	0.133 (±0.02)
POC (µgC mm^{-3})	2.43	1.88	2.00	1.26
PON (µgN mm^{-3})	0.32	0.26	0.24	0.16
Predicted flux to 100 m (gC m^{-2} d^{-1})	60.2 (±21.1)	51.7 (±9.1)	39.6 (±3.5)	29.7 (±2.8)
% Decrease in flux compared to control	-	14	34	51

486 **Table S2.** ANOVA results for influence of different microfiber treatments on aggregate

487 volume, aggregate POC, aggregate flux and number of plastics incorporated on 3-day average

488 POC flux.

Parameter	Degrees of freedom	P-value	Tukey's HSD significant pairwise comparisons
Aggregate Volume	3	ns	-
Aggregate POC	3	0.02*	High – Control
			High – Low
POC_{100} flux	3	ns	-
Microfiber content vs POC_{100} flux	3	<0.01 ***	Medium – Control
			High – Control
			Medium – Low
			High – Low
			High – Medium

490   **Fig. S2.** Aggregate from the "Medium" treatment with microfibers incorporated into the matrix

491   (white arrows) (a). Correlation between potential POC flux to 100 m and number of

492   microfibers per aggregate volume, averaged over days 5-7 for each treatment (b). The

493   correlation is best described using Eq. 5. Asterisks (***) denote highly statistically significant

494   differences (Table S2).