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4 **Direct and indirect fitness effects of plant metabolites and genetic constraints**
5 **limit evolution of allelopathy in an invading plant**
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Abstract

1. Invading species encounter novel communities of consumers, pathogens, and competitors. Both phenotypic plasticity and rapid evolution can facilitate invasion across these heterogenous communities. However, the rate and extent of adaptive evolution on contemporary timescales can be constrained by adaptive phenotypic plasticity and the genetic architecture of traits under selection.

2. We measured phenotypic plasticity and quantified genetic variation for growth, leaf chlorophyll a (Chl a) and glucosinolates, and lifetime fitness among 23 naturally inbred seed families of *Alliaria petiolata* (garlic mustard) collected across its invasive range in eastern North America. After growing a self-pollinated generation in a uniform common garden to reduce maternal effects, we reared second-generation plants in a two-year greenhouse and field experiment with naïve soil from an uninvaded habitat. We estimated selection gradients and causal factors affecting lifetime fitness when reared alone, with an intraspecific competitor, and under interspecific competition with naïve *Acer saccharum* (sugar maple) saplings.

3. We defined Total Metabolite Production (TMP) as the first principal component of Chl a and glucosinolate concentrations, accounting for 84% of variation in these two traits. TMP was significantly plastic across growing environments ($p < 0.001$) with limited broad-sense heritability ($H^2 = 2.91$; $p = 0.08$). Path analysis revealed that plastic phenotypes with higher TMP had an indirect positive effect on *A. petiolata* fitness via a direct, negative effect on performance of *A. saccharum* competitors. In contrast, the second principal component defined Relative Glucosinolate Investment (RGI), which was significantly heritable ($H^2 = 16.91$, $p < 0.001$) with no detectable plasticity across treatments. Variation in RGI among *A. petiolata* genotypes had a direct, positive effect on *A. saccharum* performance and an indirect negative effect on *A. petiolata* fitness.

4. *Synthesis.* Adaptive evolution of allelopathy during invasion has been constrained by (i) a lack of heritable genetic variation for allelopathy, (ii) high plasticity for TMP across competition treatments, and (iii) selection for lower RGI under interspecific and intraspecific competition. As an alternative to eco-evolutionary feedbacks, plasticity in TMP may be an overlooked explanation for variable performance of *A. petiolata* across its introduced range.

Introduction

Introduction
Invasive species, from a broad range of taxa, have invaded new geographic regions and out-
performed native species despite having had less time to adapt to local conditions. To explain
this apparent paradox, several hypotheses have proposed rapid, adaptive evolutionary responses
to novel biotic interactions. For example, the Evolution of Increased Competitive Ability (EICA)
hypothesis posits that the loss of specialist herbivores favours the evolution of more competitive
genotypes when costly defences are no longer needed (Blossey and Notzold 1995; Keane and
Crawley 2002; Müller-Schärer et al. 2004; Doorduin and Vrieling 2011). The Novel Weapons
Hypothesis (NWH) attributes the dominance of invasive species to allelopathic metabolites that
suppress native competitors (Inderjit et al. 2008; Gomes et al. 2017; Hierro and Callaway 2021;
Inderjit et al. 2021). The roles of natural enemies and competition are not mutually exclusive; for
example, a reduction in herbivory could favour an evolutionary shift in chemistry from defensive
to allelopathic (Uesugi and Kessler 2013). Genetic changes predicted by these hypotheses are
typically framed within a dichotomy between native and introduced ranges but could equally
apply across introduced populations to explain variability in invasion rates. Indeed, there is
evidence that ecologically relevant variation among introduced populations is often overlooked,
acting as lurking variables in comparative studies framed within the native-introduced dichotomy
(Colautti et al. 2009; Colautti and Lau 2015). Evolutionary responses to biotic interactions that
differ across the introduced range could facilitate the establishment and spread of invasive
species, and account for variability in invasion rates throughout the introduced range.
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There is some evidence that eco-evolutionary feedbacks within the introduced range can
facilitate invasion. Greenhouse and growth chamber experiments demonstrate how invasions can
favour life history traits at the expanding invasion front, which in turn feed back to increase rates
of spread (Williams et al. 2016; Ochocki and Miller 2017; Szücs et al. 2017). In Australia,
Rhinella marina (cane toads) evolved morphological changes that increase dispersal at the
invasion front, facilitating further spread (Philips et al. 2006; Shine et al. 2021). In North
America, the invasive perennial herb *Lythrum salicaria* (purple loosestrife) rapidly evolved
clines in flowering time (Wu and Colautti 2022) as an adaptive response to local season length,
which in turn increased reproductive output by an order of magnitude (Colautti and Barrett
2013). These examples demonstrate how evolution can occur rapidly along abiotic environments
and density gradients, resulting in considerable variation in genotype, phenotypes, and
population growth rates across the introduced range. However, less is known about the eco-
evolutionary response of invasive species to biotic interactions.
83
Methods for the study of evolution in natural populations have been refined for decades (Endler
1986; Lande and Arnold 1983), yet these are rarely applied to studies of biological invasions
(Colautti and Lau 2015). The 'Chicago School' of ecological genetics separates natural selection,
which acts on phenotypes, from heritable genetic variation, which is necessary for an
evolutionary response to selection (Endler 1986; Conner and Hartl 2004; Svennson 2023).
Moreover, the evolution of highly heritable traits under strong selection can be constrained
nonetheless by trait correlations. For example, chlorophyll *a* (Chl *a*) and glucosinolate
production are often correlated due to pleiotropy (Chen et al. 2012) and chromosomal linkage
(Qian et al. 2016). Additionally, the magnitude and direction of natural selection are
environment-dependent, potentially mediated by biotic interactions that are not easily assessed
by selection gradients alone (Scheiner et al. 2000). Instead, path analysis, structural equation

models, and other forms of causal analysis can test hypotheses about the biotic context of natural
selection acting through direct and indirect mechanisms (Kingsolver and Schemske 1991;
Scheiner et al. 2000; Shipley 2016). For example, the NWH implicitly predicts that
allelochemicals increase fitness indirectly via direct suppression of competitors. When used in
concert, selection gradients, quantitative genetics, and causal analysis provide a versatile toolkit
for investigating eco-evolutionary dynamics of biological invasions.
101
Glucosinolate concentration in *Alliaria petiolata* (garlic mustard) is a good model trait for
investigating environment-dependent, eco-evolutionary dynamics. Like many invasive species,
populations of *A. petiolata* shift from primarily interspecific competition toward intraspecific
competition as populations grow. In *A. petiolata*, it has been proposed that an eco-evolutionary
feedback between glucosinolate production and competition select for genetic populations that
differ in glucosinolate production, depending on the ratio of intra- to inter-specific competition
(Lankau et al. 2009; Evans et al. 2016). Although glucosinolate production is environmentally
induced and maternally inherited (Holeski et al. 2012), previous studies have not accounted for
maternal effects, nor measure plasticity, heritability, or natural selection for glucosinolates.
Many experiments have tested the allelopathic effects of glucosinolates, but mostly in controlled
environments and with mixed conclusions about their role in *A. petiolata* invasion (Roberts and
Anderson 2001; Stinson et al. 2006; Burke 2008; Callaway et al. 2008; Wolfe et al. 2008; Barto
and Cipollini 2009; Barto et al. 2011; Cantor et al. 2011; Burke et al. 2019; Duchesneau et al.
2021; Roche et al. 2021). Therefore, our goal was to experimentally remove maternal effects and
test predictions of the eco-evolutionary feedbacks model using selection gradients, quantitative
genetics, and causal analysis.
118
Here, we test the hypothesis that introduced populations of *A. petiolata* evolved local differences
in glucosinolate investment as expanding populations shifted from inter- to intra-specific
competition. First, we use mixed models to assess genetic variation and plasticity for
glucosinolate investment, growth, and fitness in *A. petiolata* genotypes sampled across eastern
North America. Genetic divergence among populations is the main predicted outcome of eco-
evolutionary feedbacks. An alternative hypothesis is that adaptive phenotypic plasticity limits
adaptive evolution yet facilitates invasion across heterogenous environments. Second, we
analyze selection gradients to test whether natural selection favours higher glucosinolate
investment under interspecific competition and lower investment under intraspecific competition
or absent competition. This fluctuating selection is required for a negative feedback to drive eco-
evolutionary dynamics. Finally, we test mechanistic predictions of ecological feedbacks using
path analysis. Specifically, we quantify the direct effects of glucosinolate production by *A.*
petiolata on growth of competing *Acer saccharum* (sugar maple), and the resulting indirect effect
on *A. petiolata* fitness. This tests the key prediction that natural selection favours higher
glucosinolate production indirectly by suppressing competition.
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Materials and Methods
Seed sources
Alliaria petiolata seeds were collected between 2009–2012 as part of the Global Garlic Mustard
Field Survey (Colautti et al. 2014) with methods detailed therein. Of the 229 sample locations
across North America, 23 populations with viable seeds were chosen to maximize the geographic
scope and range of ecological conditions among introduced populations, including invasion

stage, density, herbivory, pathogen damage, and habitat. Our experiment uses the offspring of a
single plant per population (i.e., "seed family") as a representative of each naturally inbred
parent population. Seed families are thought to adequately capture the genetic profile of the
parent population because *A. petiolata* populations are highly inbred, with molecular markers
showing little genetic variation within populations (Durka et al. 2005). To dilute maternal effects
on growth and fitness, one individual from each family was first grown in an outdoor common
garden at the Queen's University Biological Station (QUBS; 44.5671° N, 76.3250° W) in 2017-
2018, and seeds produced from these offspring were used in the experiment. Four of the 23 seed
families did not produce viable seeds, and were replaced with seeds grown from the original field
collection (Figure 1; Table 1). This includes one genotype from the native range (EFCC2-4-80),
which was included because it is from a source population close to the genotype used in the
garlic mustard genome project (Alabi et al. 2021). However, excluding it from the final analysis
did not appreciably change any of the results presented.

On May 8, 2019, we collected *Acer saccharum* saplings from a natural population located in a
forest understory adjacent to a gravel road near the common garden site at QUBS. This section
of the forest was not yet invaded, but it appeared to be suitable habitat as there was a recently
established (< 5 y) and expanding population of *A. petiolata* nearby (~ 25 m). Blocks of soil, ~15
cm deep with an abundance of *A. saccharum* saplings, were transported back to the greenhouse
where saplings were placed into experimental pots. We retained soil around roots to avoid
disrupting root hairs and associated mycorrhizal connections. Additional field soil was collected
from this area by removing debris and other plant material from the surface of the soil, and then
collecting the top layer to a depth of ~ 12 cm. The soil was then thoroughly homogenized using
shovels and rakes prior to use in the glasshouse.

Experimental design
To limit human error in labelling and data collection, we used the baRcodeR package in R to
generate a unique, scannable 2-dimensional barcode for each plant (Wu et al. 2020). As detailed
in Appendix A of the Supporting Information, we stratified seeds of *Alliaria petiolata* in petri
dishes and transferred germinated seedlings into 2cm x 2cm plug trays at a constant 10°C (12h
half daylight) in a growth chamber to limit growth of early-germinating seeds. On May 9-10,
2019, we transplanted all available seedlings into 4-inch plastic pots in a glasshouse at the
Queen's University Phytotron under natural light, filtered with a shade cloth and watered as
needed. Sample size varied across 23 families due to variation in germination, survival, and
sample loss associated with glucosinolate and Chl *a* processing. As shown in Table 1, the
effective total sample size was 365 *A. petiolata* plants, with a median of 16 plants per seed
family.

Starting with 23 genetically distinct *A. petiolata* accessions from the Global Garlic Mustard Field
Survey (Colautti et al. 2014), we grew at least 3 individuals from each accession in each of 3
different competitive environments: (i) alone, (ii) interspecific competition with *A. saccharum*,
and (iii) intraspecific competition with a different *A. petiolata* seed family (Table 1; Supporting
Information Figure A1). We also grew 31 *A. saccharum* seedlings alone (i.e., the "maple alone"
treatment), as a control for comparison with *A. saccharum* growth and survival in the
interspecific treatment. In natural conditions, *A. petiolata* density can be as many as 18
plants/dm^2 in April and dwindle to as little as 0.6 plants/dm^2 by June (Anderson et al. 1996). In

comparison, density in our experiment was either 1.23 plants/dm^2 in the alone treatment or 2.46
plants/dm^2 in the intraspecific treatment.
189
In the first growing season, plants were kept in the Queen's University Phytotron to limit
environmental influences on leaf chemistry traits, growth rate, and total leaf area. *Alliaria*
petiolata is a biennial herb that requires an overwinter vernalization period to promote flowering
(Cavers et al. 1979). Therefore, plants were transplanted from the glasshouse into a field site
(QUBS, 44.56 °N, 76.32 °W) at the end of the first growing season, to allow plants to
acclimatize to cold temperatures before winter. This not only promoted flowering of *A. petiolata*,
but additionally allowed us to assess overwinter survival and lifetime fecundity under natural
field conditions.
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Field common garden
To allow plants to acclimate to colder temperatures, on October 5, 2019, we transplanted all
surviving plants from the greenhouse into a field plot at the QUBS field site, which included 2 m
tall aluminum fencing to exclude vertebrate herbivores. To limit interactions with surrounding
vegetation, we buried pots directly into the field soil, arranged into 49 experimental blocks with
dimensions 0.6 m × 1.2 m and 15 cm deep, with pots spaced 10 cm apart.
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207 *[Approximate location for Figure 1 and Table 1]*
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Greenhouse measurements (year 1)
To account for variation in time to germination and seedling size at transplant, we measured the
length of the largest leaf and the number of true leaves on *A. petiolata* on May 16 and 17, 2019.
To account for variation in *A. saccharum* size at transplant, we measured stem height, the
number of true leaves and the length of the largest leaf on *A. saccharum*. At the end of the first
growing period in the glasshouse (August 14 to 21, 2019), we estimated total leaf area (TLA) on
both plants as the leaf length multiplied by leaf width, summed across all leaves (hereafter
TLA$_{AS}$ for *A. saccharum* and TLA$_{AP}$ for *A. petiolata*).
218
219 Growth rates of *A. petiolata* were calculated from rosette growth in bi-weekly measurements. As
220 detailed in Appendix A of the Supporting Information, we used computer imaging with a
221 machine learning algorithm, validated by hand-measurements, to determine the total leaf area of
222 each plant in the experiment.
223
224 We quantified Chl *a* and total glucosinolate concentration in *A. petiolata* using methods
225 described in Appendix A of the Supporting Information. Sinigrin was used for the glucosinolate
226 standard curve as it is one of the most abundant glucosinolates in *A. petiolata* and it is suspected
227 to have allelopathic effects (Vaughn and Berhow 1999).
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229
Field measurements (year 2)
On May 13, 2020, we recorded overwinter survivorship. On July 8 and 9, 2020, we collected the
siliques from all remaining *A. petiolata* plants, and the above-ground shoots of all remaining *A.*

saccharum plants. All plant material was then dried to constant weight. We measured silique
biomass as our estimate of reproductive fitness in *A. petiolata*, and shoot biomass as our estimate
of *A. saccharum* performance. As a biennial, lifetime fitness of *A. petiolata* was calculated as the
joint distribution of survival and silique biomass at the end of the experiment, including plants
that did not survive to reproduce (lifetime fitness = 0).
238
Biotic interactions
By using non-sterile field soil, we allowed plants to be exposed to pathogens and other
organisms in the soil. We also allowed germination of *Sphagnum* moss, which covered the soil
surface, and ferns from the family Dryopteridaceae, which colonized sporadically. On October 1,
2019, the number of ferns in each pot were counted to a maximum of 15 individual plants to use
as a covariate in our analysis. On *A. petiolata* leaves, we observed thrips (order Thysanoptera), a
powdery mildew fungus identified as *Erysiphe cruciferarum*, and black rot (*Xanthomonas*
campestris). These pathogens commonly infect the Brassicaceae (Ciola and Cipollini 2011;
Vicente and Holub 2013) and were identified by characteristics leaf lesions (see Supporting
Information Figure A2 for examples).
249
Enemy abundance was evaluated by photographing the same leaves that were chosen for
glucosinolate and Chl *a* quantification. On each leaf, thrip damage and *X. campestris* lesions
were counted, and the presence of *E. cruciferarum* was recorded. *Acer saccharum* also exhibited
leaf damage, observable as leaf holes likely of thrip origin, which were small but still visible to
the naked eye. The presence of leaf damage on each leaf was recorded while TLA_{AS} was
measured, and the proportion of damaged *A. saccharum* leaves on each plant was used to
indicate pathogen damage for that species.
257
Data analysis
To account for an expected correlation between Chl *a* and total glucosinolate concentration, we
used a principal component analysis (PCA) to identify two orthogonal yet biologically
meaningful principal component 'traits.' We refer to the first principle component as Total
Metabolite Production (TMP) because it correlates with both Chl *a* and total glucosinolate
concentration, as shown later in the Results; we refer to the second principle compent as Relative
Glucosinolate Investment (RGI), because it measures the concentration of glucosinolates relative
to Chl *a*. A similar approach was used for phenological traits (Colautti and Barrett 2010) because
PCA can address statistical complications involving collinearity among biological traits (Chong
et al. 2018). In addition to the PCA on Chl *a* and total glucosinolate concentration, we used two
additional PCA to summarize the transplant size measurements of *A. saccharum* (TS_{AS}) and *A.*
petiolata (TS_{AP}), where TS_{AS} and TS_{AP} are the first principal component axis of each analysis
(see Supporting Information).
271
We used statistical mixed models to estimate the proportion of total phenotypic variation
attributable to genetic variation (G) among inbred seed families of *A. petiolata*, plasticity due to
environmental variation across competition treatments (E), and genetic variation for plasticity (G
$\times$ E). Separate models for each *A. petiolata* phenotypic trait as a dependent variable included
seed family, treatment, and a family-by-treatment interaction as random effects. Mixed effects
models were fit to the data using the package glmmTMB in R (Brooks et al. 2017; R Core Team
2020) and the significance of each effect was assessed using a likelihood ratio test. Greenhouse

bench and position within the field common garden were included only when significant, and we
included leaf area as a covariate in models of leaf chemistry traits. Reproducible R code for all
statistical models is available, along with all original data, in a repository archived through
Dryad (https://doi.org/10.5061/dryad.cfxpnvxbj).
283
Selection analysis
We measured selection using standardized selection gradients (Lande and Arnold 1983;
Matsumura et al. 2012). Mixed effects models were fitted to four separate response variables:
TLA_{AP}, survival, fecundity, and lifetime fitness. Each full model included an interaction term for
TMP and treatment, and a second interaction term between RGI and treatment. These two-way
interactions represent a statistical test of whether selection on TMP and RGI differ across
competition treatments. Our statistical models also included the fixed effects of bench, fern
abundance, TS_{AP}, relative growth rate, thrip damage, *X. campestris* infection, and *E.*
cruciferarum presence. The random effect of seed family was also included in all maximum
models. Fitness measured in the field common garden also included TLA_{AP} as a fixed effect
(covariate) and the random effects of row and column describing the spatial location of each
individual. A model of best fit for each fitness measurement was determined by sequentially
performing likelihood ratio tests of hierarchical models derived from the full model outlined
above.
298
A generalized linear model with a binomial error distribution and a logit link was used for model
selection of survival rates. Minimum adequate models were then converted to standardized
selection gradients after all terms were assessed for significance. Standardized selection
gradients of survival data were obtained by dividing data by the mean survival rate and fitting the
model with a gaussian error distribution (Hajduk et al. 2020). We did this because the predicted
response to selection is proportional to the additive genetic covariance between a trait and
fitness.
306
Selection gradients measure direct selection on a trait while controlling for selection on
correlated traits. To calculate the change in mean trait value from one generation to the next, we
measured selection differentials for TMP and RGI in each treatment by subtracting the
phenotypic mean of all individuals from the phenotypic mean of individuals that survived; this
estimated change in mean phenotype, which is a consequence of both direct selection on the trait
and indirect selection on correlated traits.
313
As with *A. petiolata*, we used model selection with likelihood ratio tests of nested models to
assess the significance of interspecific competition on TLA_{AS} in year 1 and on the log-
transformed *A. saccharum* shoot biomass in year two (to meet normality assumptions). To assess
the average effect of interspecific competition on *A. saccharum*, the fixed effects of TS_{AS}, fern
abundance, bench, leaf damage and treatment (i.e., *A. saccharum* alone vs interspecific
competition treatment) were included in our statistical models.
320
We did not directly measure soil microbial communities or root exudates. To test whether these
or other, unmeasured *A. petiolata* traits might affect *A. saccharum* performance, we again used
model selection with likelihood ratio tests on *A. saccharum* performance in year 1 and 2. Fixed
effects included TS_{AS}, leaf damage and fern abundance, as well as the *A. petiolata* traits: relative

growth rate, TLA_{AP}, TMP, RGI, and seed family. Random effects included greenhouse bench, as
well as field row and column in the year 2 model.
327
Path analysis
As with selection gradients, path coefficients are analogous to partial regression coefficients but
the latter can measure selection on a trait through hypothesized causal relationships (Scheiner et
al. 2000). We used standardized path gradients to measure direct selection on glucosinolate
production (TMP and RGI) resulting from the allelopathic effect of glucosinolates on *A.*
saccharum. Four hypothetical path scenarios were analyzed, one for each *A. petiolata*
performance/fitness measure as the response, namely TLA_{AP}, survival, fecundity, and lifetime
fitness. Each path scenario included the direct effects of TMP and RGI on *A. petiolata*
performance/fitness, and the indirect effects of TMP and RGI on *A. petiolata* performance/fitness
via impacts on *A. saccharum* performance in year 1. We also included the significant predictors
of *A. saccharum* and *A. petiolata* performance in each. Greenhouse bench, field row and column
were not included in path analyses, as path analysis cannot handle categorical variables. We used
the Lavaan package (Rosseel 2012) for each path analysis, using permutation tests with 10,000
iterations to test for model significance.
342
Results
Mortality in the greenhouse (year 1) was 2.29 % for *A. petiolata* and 1.53 % for *A. saccharum*
but increased under field conditions (year 2) to 69.66 % for *A. petiolata* and 6.25 % for *A.*
saccharum. Total leaf area of *A. petiolata* (TLA_{AP}), fecundity, and lifetime fitness were lowest in
the intraspecific treatment (Supporting Information Table B3). For example, mean fecundity was
3.13 g (95 % CI = ± 0.84 g) in the alone treatment, 1.78 g (95 % CI = ± 0.83 g) in the
interspecific treatment and 1.07 g (95 % CI = ± 0.38 g) in the intraspecific treatment. In contrast,
A. petiolata mortality was highest in the interspecific treatment (73.62 %) compared to 68.18 %
(120/176) in the intraspecific treatment, and 65.27 % (109/167) in the alone treatment (Table
B3).
353
Metabolite correlations
Consistent with studies of other species, we found that concentrations of glucosinolate and Chl *a*
were strongly correlated ($r^2 = 0.43$, $p < 0.001$). In the PCA of glucosinolate and Chl *a* production,
Total Metabolite Production (TMP) accounted for 84% of the variation in these two traits,
whereas Relative Glucosinolate Investment (RGI) accounted for 16 % (Figure 2; Supporting
Information Table B4). Higher TMP values represent individuals with greater leaf tissue
concentrations of both glucosinolates and Chl *a*. In contrast, higher RGI values represent
individuals with a higher production of glucosinolates relative to Chl *a*. Mean TMP was greatest
in the alone treatment (0.47; 95 % CI = ±0.19), followed by the intraspecific treatment (–0.05; 95
% CI = ±0.26), and the interspecific treatment (–0.43; 95 % CI = ±0.21), while RGI was similar
across treatments (Supporting Information Table B3).
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367   *[Approximate location for Figure 2]*
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Plasticity and genetic variation

We found significant genetic variation amongst the 23 *A. petiolata* seed families for survival,
transplant size (TS$_{AP}$), lifetime fitness, glucosinolate production, and RGI, but not for TMP or
Chl *a* (Table 2). Seed family explained 28.59 % of the variation in TS$_{AP}$, 17.96 % of the
variation in survival and 7.38 % of the variation in lifetime fitness (all $p < 0.001$). Notably, seed
family only explained 7.47 % of variation in glucosinolate concentration, and it was not a
significant predictor of TMP ($p = 0.08$) or Chl *a* production ($p = 0.19$). In contrast, the effect of
seed family on RGI was highly significant ($P < 0.001$) and explained 16.91 % of the phenotypic
variance. Of the traits with detectable genetic variation, only glucosinolate production and
lifetime fitness varied significantly among treatments. Transplant size (TS$_{AP}$) was a significant
predictor of relative growth rate, total leaf area (TLA$_{AP}$) and fecundity, but had little effect on the
magnitude of variance estimates (Supporting Information Table B5). Genetic variation was not
detectable in the remaining traits, which all exhibited strong plastic responses to treatment. We
did not detect significant genetic variation for plasticity in any traits in the form of statistical
interactions between seed family by competition treatment (Table 2).
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387   *[Approximate location for Table 2]*
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Natural selection
Alliaria petiolata performance in year 1 (TLA$_{AP}$) was best explained by TS$_{AP}$ ($\beta = +0.06$, $p <$
0.001), treatment, TMP, *X. campestris* infection ($\beta = -0.09$, $p < 0.001$), fern abundance ($\beta = -$
0.05, $p < 0.01$) and the random effect of greenhouse bench ($\chi^2 = 29.9$, $p < 0.001$). We found a
significant interaction between TMP and treatment ($\chi^2 = 11.9$, $p < 0.01$), indicating different
slopes. Specifically, TMP was positively associated with TLA$_{AP}$ in the interspecific treatment (β
$= +0.10$, $p < 0.001$), but was not associated with TLA$_{AP}$ in any other treatment (Figure 3). The
interaction between TMP and treatment remained significant after controlling for leaf area of the
sampled leaf ($\chi^2 = 12.6$, $p < 0.01$). Compared to the alone treatment, interspecific competition
reduced TLA$_{AP}$ by -15% ($p < 0.01$) while intraspecific competition reduced TLA$_{AP}$ on average
by -54 % ($p < 0.001$).
401
Alliaria petiolata survival was best explained by fern abundance ($\beta = +0.35$, $p < 0.001$) and the
random effects of family ($\chi^2 = 12.3$, $p < 0.001$) and field row ($\chi^2 = 6.7$, $p < 0.05$). The TMP by
treatment interaction was significant ($\chi^2 = 6.6$, $p < 0.05$), such that TMP was positively
associated with survival in the intraspecific treatment only ($\beta = +0.49$, p < 0.05). However, after
accounting for leaf area of the sampled leaf, the effect was no longer significant ($\chi^2 = 5.3$, $p =$
0.07). When family was removed from the model, the effect of RGI on survival was on the verge
of significance ($\beta = -0.14$, $p = 0.059$). Interspecific competition reduced *A. petiolata* survival by
33% ($\chi^2 = 5.3$, $p < 0.05$). In contrast intraspecific competition was associated with a 7%
reduction in *A. petiolata* survival, but was not significant ($p = 0.67$).
411
Selection differentials of survival were obtained by determining the mean change in trait value
between surviving individuals (after purging selection) and all individuals (before purging
selection), in units of standard deviation. After selection, mean TMP increased by $+0.10$ σ and
$+0.43$ σ in the inter- and intra-specific treatments, respectively, but remained relatively constant
in the *A. petiolata* alone treatment (-0.03 σ). In contrast, RGI decreased by -0.22 σ and -0.32 σ

in the inter- and intra-specific treatments, respectively, and remained relatively constant in the *A.*
petiolata alone treatment (+0.01 σ).
419
Fecundity was best explained by TS$_{AP}$ (β = +0.24, *p* < 0.001), TMP, and treatment (χ^2 = 9.4, *p* <
0.01). Unlike in models of TLA$_{AP}$ and survival, TMP was positively associated with fecundity in
all treatments (β = +0.14, *p* < 0.05) (Figure 3). Compared to the alone treatment, interspecific
competition reduced fecundity by 50% (*p* < 0.01), while intraspecific competition reduced
fecundity by 120% (*p* < 0.001) on average. Lifetime fitness was best explained by treatment (χ^2
= 15.5, *p* < 0.001), family (χ^2 = 13.2, *p* < 0.001) and field row (χ^2 = 9.0, *p* < 0.01). Interspecific
competition reduced lifetime fitness by 106% (*p* < 0.001), while intraspecific competition
reduced lifetime fitness by 119% (*p* < 0.001; see Table B7 for all *A. petiolata* model selection
results).
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431   *[Approximate Location for Figure 3]*
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433
Acer saccharum *performance*
When assessing treatment effects, TLA$_{AS}$ in year 1 was best predicted by TS$_{AS}$ (β = +0.39, *p* <
0.001), fern abundance (β = –0.07, *p* < 0.05), *A. saccharum* leaf damage (β = –0.13, p < 0.001)
and treatment (χ^2 = 17.5, *p* < 0.001). Compared to the alone treatment, interspecific competition
reduced TLA$_{AS}$ by 12.6% on average (*p* < 0.001). In the second year, *A. saccharum* shoot mass
was best explained by treatment (χ^2 = 17.6, *p* < 0.001) and TS$_{AS}$ only (β = +0.12, *p* < 0.001).
Interspecific competition reduced *A. saccharum* shoot mass in year 2 by –40.4% on average (*p* <
0.001).
442
When assessing which *A. petiolata* traits affected *A. saccharum*, TLA$_{AS}$ was best explained by
TS$_{AS}$ (β = +0.40, *p* < 0.001), *A. saccharum* leaf damage (β = –0.11, *p* < 0.001) and the two *A.*
petiolata traits, TMP and RGI. While TMP was negatively associated with TLA$_{AS}$ (β = –0.11, *p*
< 0.001), RGI was positively associated with TLA$_{AS}$ (β = +0.07, p < 0.05) (Figure 4). Shoot
mass in year two was best explained by TS$_{AS}$ (β = +0.18, *p* < 0.001), field row (χ^2 = 5.5, *p* <
0.05), and the competitor trait, TLA$_{AP}$ (β = –0.13, *p* < 0.001) (see Table B6 for all *A. saccharum*
model selection results).
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452   *[Approximate location for Figure 4]*
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Path analysis
TMP and RGI were significantly associated with TLA$_{AS}$ in year 1, but not *A. saccharum* shoot
mass in year 2. Therefore, TLA$_{AS}$ was included in all path analyses as the intermediate step
linking TMP and RGI to *A. petiolata* fitness. Significant predictors (as described in the results
above) of *A. petiolata* TLA$_{AP}$, survival, fecundity and lifetime fitness were included as covariates
in path analyses of *A. petiolata* TLA$_{AP}$, survival, fecundity and lifetime fitness, respectively.
Significant predictors of *A. saccharum* TLA$_{AS}$ were included in all path analyses.
462

In the TLA$_{AP}$ path analysis, TLA$_{AS}$ was negatively associated with TLA$_{AP}$ (β = –0.11, p < 0.05).
The indirect effects of TMP (β = +0.02) and RGI (β = –0.01), through TLA$_{AS}$, on TLA$_{AP}$ were
both significant (both p < 0.01); however, the direct effects of TMP and RGI on TLA$_{AP}$ were not
(p = 0.08 and 0.19, respectively; Supporting Information Figure B1). Likewise, in the survival
path analysis, TLA$_{AS}$ was also negatively associated with *A. petiolata* survival (β = –0.38, p <
0.05) and the indirect effects of TMP (β = +0.07, p < 0.05) and RGI (β = –0.05, p < 0.01),
through TLA$_{AS}$, on survival were significant (Figure 5). Like in the TLA$_{AP}$ path analysis, the
direct effect of both TMP and RGI on survival were not significant (p = 0.83 and 0.30,
respectively). Both path analyses suggest that TMP and RGI had opposite effects on *A. petiolata*
fitness and only impacted fitness through their intermediate effects on *A. saccharum*.
473
In contrast, TLA$_{AS}$ was not associated with fecundity (p = 0.92) and there were no significant
direct or indirect effects of TMP or RGI on fecundity (Supporting Information Figure B2).
Similarly, TLA$_{AS}$ was not a significant predictor in the path analysis of lifetime fitness (p =
0.28), and there were no indirect effects of TMP or RGI on *A. petiolata* lifetime fitness. There
was a significant direct effect of RGI on lifetime fitness (β = –0.50, p < 0.05), but not of TMP (p
= 0.08; Figure 6).
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482   *[Approximate location for Figure 5 and Figure 6]*
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Discussion
Plants that invade and spread across large geographical areas experience heterogeneous biotic
and abiotic environments (van Kleunen et al. 2018). In the Brassicaceae family, glucosinolates
play important roles in plant responses to biotic interactions and abiotic stress (Holst and
Fenwick 2003). To investigate glucosinolate evolution and the potential for eco-evolutionary
dynamics in glucosinolate production via allelopathy, we quantified plasticity, heritability, and
natural selection via direct and indirect ecological effects across three competition treatments.
492
Strong trait correlations compromise estimates of selection gradients, which can be addressed
using principal components analysis (Chong et al. 2018). As predicted, we found a strong,
positive correlation between glucosinolate concentration and Chl *a* (Figure 2). A PCA resulted in
two statistically independent axes that fortuitously differed in heritability. The first principal
component corresponded to plastic variation in Total Metabolite Production (TMP), while the
second delineated heritable variation in Relative Glucosinolate Investment (RGI) (Table 2). This
relatively simple analysis captured genetic variation from a native genotype from Italy and 22
populations of different age structure, density, habitat, herbivory, and pathogen damage,
spanning ~3,000 km across Canada and the United States, from British Columbia and Colorado
to Georgia and Maine. Below we discuss implications of plastic variation in TMP, and heritable
variation in RGI, for the evolution of allelopathy during *A. petiolata* invasion, and how these
might translate to other invasive species.
505
The eco-evolutionary feedbacks hypothesis (Lankau et al. 2009; Evans et al. 2016) makes at least
three predictions that can be evaluated with our experiment. First, glucosinolate production
should be highly heritable, particularly when assessed across populations evolved under different

degrees of intra- and interspecific competition. Contrary to this prediction, we found that
glucosinolate concentrations were highly plastic across competition treatments, with relatively
low heritability (Table 2). RGI was significantly heritable in the broad sense ($H^2 = 39.6$), but only
explained 16% of the variation in glucosinolates and Chl a. The second prediction is that natural
selection should favour higher investment into glucosinolate production when phenotypes
experience interspecific competition, and lower investment under intraspecific competition or no
competition. Instead, we found that natural selection favors genotypes with lower RGI.
Specifically, the selection differential for RGI was -0.22 σ and -0.32 σ in the inter- and intra-
specific treatments, respectively, and there was no selection detected in the no-competition
treatment (+0.01 σ). The third prediction is that glucosinolate investment should increase fitness
of *A. petiolata* indirectly by suppressing growth of competing *A. saccharum*. Instead, we found a
positive correlation between RGI and the growth of naïve *A. saccharum* (Figure 4), resulting in
an indirect negative correlation with *A. petiolata* fitness (Figure 5). The predicted correlations
were found for TMP, but adaptive evolution is unlikely for this trait given its low heritability.
Instead, the adaptive evolutionary response to natural selection under both intra- and
interspecific competition should produce populations that invest less into glucosinolate
production. In summary, none of our main results support the hypothesis that competition
dynamics during invasion drive eco-evolutionary feedbacks that maintain genetic variation in
glucosinolate production across the introduced range.
528
Although we do not find evidence to support the eco-evolutionary feedbacks hypothesis, the
strong selection gradients and high level of phenotypic plasticity observed in TMP are relevant to
understanding invasion dynamics of *A. petiolata*. Environmental conditions and ecological
interactions are likely more variable in natural populations than our relatively controlled
greenhouse and field gardens, which suggests that plasticity in natural populations should be
both common and ecologically important. We therefore conclude that the evolutionary potential
of TMP is minimal, even though it increases *A. petiolata* fitness. Instead, TMP represents a
highly plastic trait that can explain variation in performance among *A. petiolata* populations in
North America.
538
In addition to competitive interactions, plasticity in glucosinolate production is likely affected by
the presence of herbivores. This is relevant because glucosinolate production is upregulated by
generalist herbivores and passed on to offspring (Holeski et al. 2012). Previous experiments
using herbivore exclosures in the northeastern United States reveal competitive effects between
A. petiolata and native *Trillium erectum*, and preferential herbivory on the latter (Kalisz et al.
2014; Bialic-Murphy et al. 2019. We found an increase in TMP competition was reduced, as
would be the case in a population experiencing herbivory. As such, the apparent competitive
advantage of *A. petiolata* in natural populations may not be caused by glucosinolate production,
but rather both glucosinolate production and population density may be spuriously correlated due
to shared effects of herbivory. We might call this hypothesis 'apparent allelopathy' as a special
case of 'apparent competition' as defined by Holt (1977). Our study was not designed to test
effects of herbivory, but future experiments should consider rearing at least one generation in a
herbivore-free common garden to mitigate the effects of transgenerational plasticity on
glucosinolate production.
553

In contrast to TMP, we found heritable genetic variation for RGI, but selection favoured a lower relative investment into glucosinolate production under competition. This finding is contrary to the eco-evolutionary feedback hypothesis but may be important for understanding the causes and consequences of glucosinolate evolution during invasion of *A. petiolata*. The fitness cost of RGI under competition should favor genotypes with lower investment into glucosinolates, resulting in evolution of lower RGI. The maintenance of heritable genetic variation in RGI, despite this fitness cost, is consistent with glucosinolate investment playing other important ecological roles during invasion. For example, the evolution of increased competitive ability (EICA) hypothesis predicts an evolutionary reallocation of resources from defense to growth and competition in populations with fewer natural enemies (Blossey and Notzold 1995). Indeed, *A petiolata* may have fewer natural enemies in North America compared to Europe (Rodgers et al. 2008), and total glucosinolate production in North America was estimated to be 36% lower than native European populations (Cipollini et al. 2005). However, framing this hypothesis within a native-introduced dichotomy overlooks considerable variation among introduced populations, which can be higher than the average difference between ranges (e.g., compare population vs range means in Figure 1 of Cipollini et al. 2005). If all introduced populations escaped regulation by specialist enemies, then we would not expect significant heritability of RGI across populations as we observe in this study. Instead, heritable RGI is more consistent with herbivore communities that are heterogeneous throughout eastern North America, maintaining genetic variation in glucosinolate investment. In addition to herbivory, glucosinolates are known to play other ecological roles that could help maintain genetic variation in RGI, including response to abiotic stress (Louda and Mole 1991). Testing the effects of herbivory and biotic stress is beyond the scope of our experiment, but the same seed families that we used are available from the Global Garlic Mustard Field Survey (Colautti et al. 2014) to enable such studies in the future.

In summary, we examined plasticity, heritability, and natural selection of glucosinolate production in one native and 22 introduced populations of *A. petiolata*, reared in three competition treatments in greenhouse and field common gardens. We found that most traits were highly plastic, and selection consistently favored genotypes that invest less into glucosinolate production relative to Chl *a* in competitive environments. We conclude that eco-evolutionary feedbacks involving competition have not likely played a significant role in the invasion of *A. petiolata* across eastern North America. Instead, the successful spread of this species more likely owes to preadapted traits and phenotypic plasticity. Although not involved in competition, glucosinolates likely play other ecological roles during invasion that can be tested with seed accessions available from the Global Garlic Mustard Field Survey. More generally, our results demonstrate how evolution during biological invasion can be better understood through the application of quantitative genetics, selection gradients, and causal analysis.

Author Contributions
RH and RIC conceived and designed the experiment. RH and MM ran the experiment with financial support and research assistants provided by RIC. RH led the data analysis manuscript writing with contributions from MM and writing guidance from RIC.

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Data Availability

All original data and reproducible code are available through Dryad (https://doi.org/10.5061/dryad.cfxpnvxbj).

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784 **Table 1.** Summary of seed sampling locations and number of surviving individuals from each
785 accession in each of three treatments: alone, intraspecific competition, and interspecific
786 competition.

Accession	Lat	Long	Alt (m)	N Alone	N Intra	N Inter
JBCHY1-1-50	38.95	-75.05	25.9	8	9	9
JBBLB2-1-20	38.91	-75.05	0	7	7	8
CRSOSO-3-40	44.9	-68.68	59	8	6	7
SMITH1-20	42.43	-76.39	326	4	9	8
CWRIC2-X2	37.54	-77.51	30	8	5	7
DVGM-20	40.88	-74.96	232	7	5	8
KVEDG1-1-80	39.44	-76.29	2	6	8	6
MHBUR1-4-20	41.97	-71.71	128	8	5	7
WSSWM3-1-0	39.91	-75.36	23	6	5	9
JWBOY-2-80	39.06	-78.07	250.9	7	6	5
MAVBEL2-1-20*	41.17	-95.9	358	5	6	6
VRCAN-1-40	42	-73.33	203	6	4	6
VRPET2-3-20	42.53	-72.19	329.1	8	4	4
BWPEM1-9-0	37.37	-80.52	1156	4	6	5
EFCC2-4-80	45.7	11.69	73	4	4	5
JARI1-1-80	41.48	-71.52	20.7	5	5	3
SMAKC1-B*	41.17	-81.64	307	4	4	5
VSGARO1-1-0	44.23	-69.78	62	5	3	5
MSMID1-1-20	41.6	-72.7	5	4	2	4
CBMCK1-1-0*	40.04	-105.23	1606.9	4	4	1
PDVRT1-20	40.22	-74.52	52	3	4	2
MHNAT1-2-0	41.96	-71.35	60	2	2	3
RULEB1-20*	40.33	-76.51	146.3	2	3	1
Total				**125**	**116**	**124**

787 *Seed families were derived from the original field collection
788

789 **Table 2.** Percent of total phenotypic variation explained by family (broad sense heritability
790 [H^2]), treatment (plasticity) and a family-by-treatment interaction (genetic variation in
791 plasticity/reaction norms).

Variables	Family (H^2)	Treatment	Family × Treatment
	% (χ^2, p)	% (χ^2, p)	% (χ^2, p)
Transplant size	**28.59 (107.5, < 0.001)**	0.13 (0.3, 0.56)	2.57 (1.4, 0.24)
Chl a*†	2.21 (1.7, 0.19)	**8.54 (27.1, < 0.001)**	< 0.1 (0, 1)
Glucosinolate*†	**7.47 (14.0, < 0.001)**	**8.78 (26.3, < 0.001)**	3.02 (0.6, 0.43)
Total metabolite production (TMP) †	2.91 (3.1, 0.08)	**10.95 (32.5, < 0.001)**	2.13 (0.3, 0.59)
Relative glucosinolate investment (RGI)	**16.91 (39.6, < 0.001)**	< 0.1 (0, 1)	<0.1 (0.1, 0.1)
Relative growth rate	1.89 (3.2, 0.07)	**11.19 (48.9, < 0.001)**	3.22 (1.3, 0.25)
TLA	0.17 (0.9, 0.35)	**27.40 (141.0, < 0.001)**	2.85 (1.8, 0.19)
Survival	**17.96 (22.3, < 0.001)**	0.26 (0.1, 0.79)	< 0.1 (0, 1)
Bolt size	<0.1 (0, 1)	**14.46 (17.1, < 0.001)**	< 0.1 (0, 1)
Fecundity*	< 0.1 (0, 1)	**11.52 (12.0, < 0.001)**	< 0.1 (0, 1)
Lifetime Fitness*	**7.38 (14.2, < 0.001)**	**3.51 (11.7, < 0.001)**	1.44 (0, 1)

792 Bold indicates $p < 0.05$
793 * Analyzed on log scale
794 † Leaf area of the sampled leaf included as a fixed effect.
795

Figure 1. Sampling locations of naturally inbred seed families used in the experiment (green dots) excluding one family (EFCC2-4-80), which was sampled from northern Italy. The yellow "X" indicates the location of the field common garden site at the Queen's University Biological Station (QUBS), and where *Acer saccharum* seedlings were collected.

803 **Figure 2.** Bivariate plot of glucosinolate and Chl *a* concentrations with approximate principal
804 component eigenvector 'traits' representing Total Metabolite Production (TMP, red) and
805 Relative Glucosinolate Investment (RGI, blue). TMP accounts for 84 % of the total variation
806 while RGI accounted for 16 % of the total variation.

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Figure 3. Bivariate plots of Total Metabolite Production (TMP) for *A. petiolata* against (A) total
leaf area or (B) mean-standardized fecundity – a measure of relative fitness. Green circles denote
the alone treatment, orange triangles denote the interspecific treatment and blue squares denote
the intraspecific treatment. The y-axis in panel A shows mean-standardized total leaf area
(unitless), after controlling for *X. campestris* infection, fern abundance, greenhouse bench and *A.*
petiolata transplant size. The y-axis in panel B shows mean-standardized fecundity after
controlling for *A. petiolata* transplant size, showing selection gradients. Both x-axes show z-
standardized *A. petiolata* TMP, representing the production of both glucosinolates and Chl *a*.
Slopes of zero reflect non-significant selection gradients. Regression lines are colored according
to treatment.
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Figure 4. Bivariate plots of (A) Total Metabolite Production (TMP) and (B) Relative Glucosinolate Investment (RGI) against *Acer saccharum* total leaf area at the end of year 1. The y-axis shows the mean-standardized total leaf area (unitless) after controlling for *A. saccharum* transplant size and leaf damage. Both TMP and RGI were z-standardized to a mean of zero and unit standard deviation. Regression coefficients (β) and broad sense heritabilities (H^2) are also shown for each graph.

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Figure 5. Path analysis of *Alliaria petiolata* survival. Survival was mean-standardized while
other variables were z-standardized such that coefficients are at the same scale as selection
gradients. Arrows denote the direction of the effect, with green arrows indicating a positive
gradient and red arrows indicating a negative gradient. Arrow thickness denotes the magnitude of
the effect and darker arrows indicate greater significance. The text next to each arrow shows the
path coefficient and its significance level ($p < 0.05$*, $p < 0.01$**, $p < 0.001$***). Total Metabolite
Production (TMP) denotes the production of both glucosinolates and Chl *a*, while Relative
Glucosinolate Investment (RGI) indicates the production of glucosinolates relative to Chl *a*. *Acer*
saccharum TLA denotes the total leaf area of *Acer saccharum* at the end of year 1. Solid arrows
represent direct effects while dashed arrows represent indirect effects.
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846 **Figure 6.** Path analysis of *Alliaria petiolata* lifetime fitness. Scaling and aesthetics are the same
847 as described in Figure 5.
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