Mechanical coupling coordinates microtubule growth

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Abstract

During mitosis, kinetochore-attached microtubules form bundles (k-fibers) in which many
filaments grow and shorten in near-perfect unison to align and segregate each chromosome. However,
individual microtubules grow at intrinsically variable rates, which must be tightly regulated for a k-fiber
to behave as a single unit. This exquisite coordination might be achieved biochemically, via selective
binding of polymerases and depolymerases, or mechanically, because k-fiber microtubules are coupled
through a shared load that influences their growth. Here, we use a novel dual laser trap assay to show
that microtubule pairs growing *in vitro* are coordinated by mechanical coupling. Kinetic analyses show
that microtubule growth is interrupted by stochastic, force-dependent pauses and indicate persistent
heterogeneity in growth speed during non-pauses. A simple model incorporating both force-dependent
pausing and persistent growth speed heterogeneity explains the measured coordination of microtubule
pairs without any free fit parameters. Our findings illustrate how microtubule growth may be
synchronized during mitosis and provide a basis for modeling k-fiber bundles with three or more
microtubules, as found in many eukaryotes.

Introduction

In the mitotic spindles of many eukaryotes, each chromosome is attached to a bundle of
microtubules (Kiewisz et al., 2022; McDonald et al., 1992; O'Toole et al., 2020; VandenBeldt et al., 2006)
that grow and shorten in unison, acting as a single unit to produce the forces necessary to move the
chromosome (Cimini et al., 2004). Microtubules are microns-long protein polymers composed of αβ-
tubulin dimers with their 'minus' ends oriented toward the spindle poles and their more dynamic 'plus'
ends oriented toward the chromosomes. Microtubule plus-ends, or tips, attach to chromosomes via
protein complexes called kinetochores to form 'k-fiber' bundles. Kinetochore-attached tips within a
single k-fiber remain very close to one another (within ~0.2 μm along the bundle axis) (O'Toole et al.,
2020) even as the bundle grows and shrinks (Cimini et al., 2004) by the addition and loss of tubulin
subunits at each tip (Maddox et al., 2003). Uncovering how the tips within a k-fiber maintain such a high
degree of synchrony is critical to understanding how chromosomes are accurately segregated during
normal mitosis and why even modest perturbations of kinetochore-attached microtubule dynamics can
lead to mis-segregation (Bakhoum & Compton, 2012; Bakhoum et al., 2009; Ertych et al., 2014; Stumpff
et al., 2014).

The tightly coordinated growth of microtubules within a k-fiber bundle is remarkable because
individually, microtubule tips exhibit highly variable growth speeds and switch stochastically between

distinct states of growth and shortening (Brouhard, 2015). Microtubule growth speed varies
considerably in purified tubulin systems (Figure 1a) (Cleary et al., 2022; Gildersleeve et al., 1992;
Mahserejian et al., 2022), in cell extracts (Geisterfer et al., 2020), and in live cells (Cassimeris et al., 1988;
Gaudenz et al., 2010; Yamashita et al., 2015). Part of this heterogeneity can be attributed to pausing,
when microtubules stochastically stop and start growing during periods of net growth (Amoah-Darko &
White, 2022; Mahserejian et al., 2022). How the intrinsic heterogeneity of microtubule growth is
coordinated to maintain sub-micrometer proximity between k-fiber tips remains a mystery.

One possible mechanism that might coordinate k-fiber microtubules is selective binding of
microtubule-regulatory proteins (Maiato, Rieder, et al., 2003; McAinsh & Meraldi, 2011; Tirnauer et al.,
2002). Many microtubule-associated proteins that are known to regulate growth *in vitro* are implicated
in modulating k-fiber dynamics and kinetochore movements in cells, including TOG-family proteins such
as XMAP215 (Brouhard et al., 2008) and CLASP (Al-Bassam et al., 2010; Maiato, Fairley, et al., 2003;
Sousa et al., 2007), mitotic kinesins such as MCAK and Kif18A (Sanhaji et al., 2011; Stumpff et al., 2012),
and other plus-end-trackers such as EB1 (reviewed in (Amin et al., 2019)). The localization of some of
these regulators is enriched near kinetochores specifically when a kinetochore is moving anti-poleward
and its k-fiber is growing longer (Amaro et al., 2010; Castrogiovanni et al., 2021; Tirnauer et al., 2002).
However, whether such selective enrichment is sufficient to explain the very tight coordination across
many individual microtubule tips within a k-fiber is unclear.

Another, simpler mechanism is suggested by the fact that microtubule dynamics are also strongly
affected by mechanical force. Tension applied to individual microtubules *in vitro* biases them toward
growth (Figure 1a) (Akiyoshi et al., 2010), while compression biases them toward shortening (Dogterom
& Yurke, 1997; Janson et al., 2003). Theoretically, these mechanical effects should promote
synchronization of any group of microtubules whose tips, like the tips of kinetochore-attached
microtubules within a k-fiber, are all coupled to the same load (Banigan et al., 2015; Schwietert &
Kierfeld, 2020; Skibbens et al., 1993). To illustrate how, consider a hypothetical k-fiber composed of just
two microtubules sharing a total load, F_{TOT}. The load is transmitted to the microtubule tips through the
kinetochore, which has elasticity (Cojoc et al., 2016; Renda et al., 2020) that we represent as spring-like
connections from the kinetochore to each tip (Figure 1b). Initially, the two microtubules might have
equal lengths and share the load equally – each one carries half of F_{TOT} (Figure 1b, step 1). If one tip
happens to grow more slowly than the other, then its spring will be stretched more, and it will start
carrying more tension than the other tip (Figure 1b, step 2). Conversely, the faster-growing tip will start
carrying less tension. Because tension accelerates microtubule growth, the lagging tip will tend to
accelerate, while the leading tip will tend to slow down, such that, on average, they return to having
equal lengths and tensions (Figure 1b, step 3).

Mechanical coupling was proposed decades ago as an explanation for sister k-fiber coordination
(Gardner et al., 2005; Khodjakov et al., 1996; Skibbens et al., 1995; Skibbens et al., 1993; Wan et al.,
2012), but how effectively it can coordinate microtubules within a k-fiber has not been determined.
Compressive forces can cause a bundle of microtubules growing *in vitro* to switch cooperatively into a
shortening state (Laan et al., 2008), but k-fiber bundles are usually under tension, not compression

(Khodjakov & Rieder, 1996; Waters et al., 1996). Theoretical studies have explored the effects of shared

tensile and compressive loads on cooperative switching and bi-stability in microtubule bundles (Banigan

et al., 2015; Das et al., 2014; Ghanti & Chowdhury, 2015; Schwietert & Kierfeld, 2020; Zelinski & Kierfeld,

2013), but these studies have generally neglected the variability in microtubule growth speed and

therefore cannot address how such variability is suppressed. Furthermore, to our knowledge, the

possibility that part of this variability (and suppression thereof) can be attributed to tension-dependent

pausing during microtubule growth has not been explored.

Here, we use a novel dual laser trap assay to test directly how well a constant shared load can

coordinate a pair of microtubules growing *in vitro*. We show that when microtubule pairs are

mechanically coupled to a single load through a material of sufficient stiffness, their growth is tightly

coordinated. By re-analyzing recordings of individual microtubules growing under constant force (from

(Akiyoshi et al., 2010)) and examining their stochastic pausing kinetics, we show that pausing is

suppressed by tension. We then develop a theoretical model, based on the measured behaviors of

individual growing microtubules, to describe both the natural variability and force dependence of

growth using no free fit parameters. Simulations based on this model, which incorporates stochastic,

force-sensitive pausing and intrinsic variability in microtubule growth speed, fit the dual-trap data well.

Altogether, this work illustrates how mechanical coupling may coordinate microtubule growth and

provides a basis for modeling k-fibers of three or more microtubules under a shared load.

94   **Results**

Dual-trap assay to measure coordination between paired microtubules *in vitro*

To study how mechanical coupling affects microtubule growth, we developed a novel technique

which we call the dual-trap assay (Figure 2). The dual-trap assay is based on our previously developed

single-trap (force-clamp) assay (Akiyoshi et al., 2010; Miller et al., 2016; Sarangapani et al., 2013), in

which dynamic microtubules are grown from stabilized seeds bound to a biotinylated coverslip. Using

the single laser trap, we attach an individual bead decorated with isolated yeast kinetochores to the

growing plus-end of a single microtubule. A computer then continuously measures the bead position

and adjusts the trap to exert a precise, constant level of tension on the microtubule via the kinetochore-

decorated bead. Under this persistent feedback-controlled tension, kinetochore-beads typically track

with the microtubule tips even as the tips stochastically grow and shorten.

Our new dual-trap assay uses two separate laser trapping microscopes, located adjacent to one

another in the same room and connected to a single computer. On each of the two instruments, we

attach a kinetochore-decorated bead to a dynamic microtubule plus-end. The computer then

simultaneously monitors and controls the forces on both microtubules. Rather than keeping the force

constant on each microtubule, the computer adjusts the forces dynamically to simulate an elastic

coupling of both plus-ends to a single shared load (Figure 2a). Thus far, we have simulated only purely

elastic couplers, where both coupling springs are linear (Hookean) with stiffness, κ (Figure 2b). In the

future, more complex coupling materials with viscoelasticity (Cojoc et al., 2016) or strain-stiffening
(Schwietert et al., 2022; Volkov et al., 2018) could also be simulated.

To begin a dual-trap experiment, we first choose the spring stiffness, κ, and the total shared
load, F_{TOT}, which are kept constant (Figure 2a, step 1). After a kinetochore-decorated bead is attached
to a growing plus-end on each of the two instruments, feedback-control is initiated and the two plus-
ends are arbitrarily considered to be parallel, with tips side-by-side (i.e., both at $x_1 = x_2 = 0$) and sharing
the load equally ($F_1 = F_2 = \frac{1}{2} \cdot F_{TOT}$) (Figure 2a, step 2). Because microtubule growth is intrinsically
variable, the two microtubules subsequently grow at different speeds (Figure 2a, step 3). The computer
then dynamically monitors the bead positions (Figure 2a, step 4) and adjusts the forces, F_1 and F_2
(Figure 2a, step 5), according to the elastic coupling model (Figure 2b). For purely elastic couplers, the
force difference across the two microtubules equals the tip separation, ($x_2 - x_1$), multiplied by the
coupling stiffness (κ). When one microtubule grows more quickly than the other, tension on the leading
(faster-growing) microtubule decreases and tension on the lagging (slower-growing) microtubule
increases to maintain a constant total force on the pair, F_{TOT} (Supplemental Figure S3-1). For all the
experiments described below, F_{TOT} = 8 pN, a value within the estimated physiological range of 0.4 to
8 pN per k-fiber microtubule (Nicklas, 1988; Powers et al., 2009).

Mechanical coupling coordinates microtubule pairs *in vitro*

To measure the effects of mechanical coupling, we recorded the growth of many pairs of
microtubules coupled to a constant shared load (F_{TOT} = 8 pN) either through relatively soft springs, with
κ = 1 pN·μm^{-1}, or through springs with five-fold greater stiffness, κ = 5 pN·μm^{-1}. These two stiffnesses
span a range near the minimum elasticities estimated for mitotic chromosomes (Nicklas, 1983; Poirier et
al., 2002), for pericentromeres (Chacon et al., 2014), and for elements of the kinetochore (Schwietert et
al., 2022; Volkov et al., 2018). When coupled through soft springs (κ = 1 pN·μm^{-1}), microtubule pairs
tended to grow at different rates and their tips often became separated by more than a micrometer
(Figure 3a, left, and Figure S3-1, left). After 300 s, the average tip separation for soft-coupled pairs grew
to 0.8 ± 0.2 μm (mean ± SEM from N = 10 pairs) (Figure 3b, left). When coupled through stiff springs (κ =
5 pN·μm^{-1}), growth speeds were better matched, and the microtubule tips remained closer together
(Figure 3a, right, and Figure S3-1, right). The average tip separation for stiff-coupled pairs after 300 s was
0.25 ± 0.06 μm (mean ± SEM from N = 10 pairs) (Figure 3b, right), significantly lower than for soft-
coupled pairs (p = 0.03 based on a Wilcoxon-Mann-Whitney two sample rank test).

Because the plus-ends of microtubules within k-fiber bundles are rarely separated by more than
0.8 μm from each other *in vivo* (O'Toole et al., 2020), we used Kaplan Meier survival analysis to ask how
often the pairs of coupled microtubule tips in our experiments exceeded this threshold separation.
Consistent with their lower average tip separation, stiff-coupled microtubule pairs were much less likely
to exceed a separation of 0.8 μm than their soft-coupled counterparts (p = 0.01, log-rank test) (Figure
3c), which sometimes separated by 0.8 μm in as little as 60 s. Even after 400 s, more than 80% of the

stiff-coupled pairs had tip separations that remained below 0.8 µm, while fewer than half of the soft-
coupled pairs had tip separations below 0.8 µm. (Similar survival analyses using thresholds of 0.4, 0.6,
and 1.2 µm are provided in Supplemental Figure S6-2.)

Even at shorter time periods, the average behavior of soft- and stiff-coupled microtubule pairs
was distinct. During the first 100 s of growth, the average rate of tip separation for soft-coupled pairs
was 0.23 ± 0.04 µm·min^{-1} (mean ± SEM from N = 23 pairs), while the average rate of tip separation for
stiff-coupled pairs was only 0.14 ± 0.02 µm·min^{-1} (mean ± SEM from N = 26 pairs; p = 0.03 based on a
Wilcoxon-Mann-Whitney two sample rank test). Notably, the average rate of tip separation for stiff-
coupled microtubule pairs decreased as their average tip separation increased, suggesting they were
approaching a steady-state level of separation (Figure 3b, right). In contrast, the average rate of tip
separation for soft-coupled microtubule pairs remained approximately constant throughout the 400 s
measurement, suggesting that soft-coupled pairs would require more time to approach a steady state.
Altogether, these observations show that the growth of microtubule pairs can be tightly coordinated,
even over relatively short (< 100 s) timescales, by mechanically coupling their tips to a shared load
through couplers of sufficient stiffness.

165   Models of microtubule growth variability and force sensitivity can be derived from recordings of
166   individual microtubules

Coordination of microtubule growth can be thought of as the suppression of variability in
microtubule growth speed. Understanding how mechanical coupling suppresses variability requires a
realistic model of how the growth of individual microtubules varies over time and between
microtubules, as well as how growth behaviors are influenced by force. We therefore set out to create a
model of microtubule growth that explains both the variability between microtubules and the
suppression of their variability when they are coupled via a sufficiently stiff material.

To characterize the variability and force dependence of microtubule growth, we examined a
large set of 356 past recordings of individual microtubules growing under constant tension (force-clamp)
(Akiyoshi et al., 2010). This dataset was particularly relevant to our current studies because it was
recorded with an identical setup to our dual-trap experiments, except that each microtubule was grown
individually with a single laser trap exerting a constant level of tension (between 0.5 and 18 pN). Using
this dataset, we created two models derived from the natural variability of individual kinetochore-
attached microtubules and their average behaviors as a function of force. Below, we begin by briefly
describing a simple non-pausing model, which was developed first and served as a foundation for our
second, more successful pausing model. The pausing model reasonably explains our dual-trap results by
incorporating both stochastic pausing and intrinsic differences in microtubule growth speed.

A simple non-pausing model predicts larger tip separations than measured *in vitro*

When averaged across time and across many individual microtubules, mean growth speed increases exponentially with applied tension (Akiyoshi et al., 2010), such that

$$v_g = v_o * exp\left(\frac{F}{F_g}\right) \qquad\qquad [1]$$

where v_o represents the unloaded growth speed, F represents the applied tension, and F_g represents the sensitivity with which the growth speed increases with tension. However, individual microtubules show considerable variability around this mean behavior, with some microtubules remaining persistently slower than others for many minutes (Figure 1a). In our first model, we adopted the simple assumptions that this variability stems entirely from intrinsic differences in unloaded microtubule growth speed, v_o, and that all microtubules have identical force-sensitivity (with F_g = 8.4 pN, based on the exponential curve that best fit the mean growth speed-vs-force data (Akiyoshi et al., 2010)). In principle, such static heterogeneity in growth speed might arise from persistent differences in microtubule tip structure (Cleary & Hancock, 2021; Mahserejian et al., 2022; Rai et al., 2021) or from variation in the numbers of protofilaments per microtubule (Chretien et al., 1992; Rai et al., 2021).

For each simulated microtubule, we randomly chose an individual growth speed measurement from the force-clamp dataset (Akiyoshi et al., 2010), then extrapolated the microtubule's intrinsic unloaded speed (v_o) from the chosen point (v_g, F) using equation [1] with F_g = 8.4 pN. The growth speed of this simulated microtubule then followed the extrapolated curve as a function of force. To simulate a pair of coupled microtubules, we made two such random draws from the dataset, defining two distinct exponential (v_g-versus-F) relations for the two microtubules. (Bundles of three or more microtubules could be simulated in the same manner by making additional draws.) We used a simple Monte Carlo-based method (Gardner & Odde, 2010) to simulate traces of tip position versus time for the pair. As in our dual-trap experiments, the simulated tip pairs were coupled with either soft or stiff elastic springs to a constant shared load, F_{TOT} = 8 pN. Both the variability and force-dependence of growth in the model were derived directly from the experimental force-clamp data, with no adjustable ('free') parameters.

Despite its direct derivation from force-clamp data, the non-pausing model could not explain the behavior of microtubule pairs measured in the dual-trap assay (Figure 4). Simulated microtubule pairs developed much larger tip separations than real microtubule pairs over time, implying that this model overestimates real microtubule variability. The simulated microtubule pairs showed especially poor agreement with real microtubule pairs under the stiff-coupled condition (Figure 4c, red curves), indicating that the non-pausing model also does not capture the degree to which real microtubules are coordinated by mechanical coupling.

Microtubule growth is interrupted by stochastic, force-dependent pauses

Our simple non-pausing model lacked a notable behavior exhibited by microtubules that could influence their response to tension: Microtubule growth is frequently interrupted by stochastic pauses of varying durations, both in cells (Gaudenz et al., 2010; Sousa et al., 2007) and in purified tubulin systems (Mahserejian et al., 2022; Stumpff et al., 2012). Indeed, pauses recorded during our force-clamp (Figures 1a and S4-1b) and dual-trap assays (Figures 3a and S3-1) were frequent and often lasted tens of seconds. Presumably, these pauses occur because the configuration of the growing microtubule tip fluctuates and sometimes becomes transiently refractory to the incorporation of new tubulin subunits (Cleary & Hancock, 2021; Mahserejian et al., 2022). We hypothesized that entry and exit into the pause state might be force-dependent processes, and that pausing might therefore be a key aspect of microtubule force-sensitivity.

To test whether pause entry and exit rates vary with force, we reanalyzed the force-clamp dataset (Akiyoshi et al., 2010), applying a 2 s sliding window to identify intervals during each recording (N = 356) when the instantaneous growth speed fell to near-zero, indicative of a pause (Figure S5-1; see Materials and Methods for details about our pause marking procedure). The intervals in-between these pauses were designated as 'runs.' Distributions of run and pause durations were approximately exponential (Figure S5-2), consistent with a relatively simple two-state kinetic model of microtubule growth (Figure S5-1a), in which pause entry and exit are considered Poisson processes. For each force level, we estimated the pause entry and exit rates, k_{EN} and k_{EX}, by counting the total number of observed entrances into and exits out of pause and dividing by the total time spent in run and pause, respectively (Figure S5-1a).

This analysis revealed that tension delays pause entry and accelerates pause exit (Figure 5a). Both effects tend to decrease the time spent in the pause state for growing microtubule tips under high tension. In addition, the average growth speed during runs was accelerated by tension (Figure 5b). All three rates, pause entry, pause exit, and average growth speed during runs, were well-fit by single exponential functions of force (Figure 5; see Table 1 for fit parameters). These observations show that stochastic pausing during microtubule growth is force-dependent and imply that pausing kinetics will strongly influence the response of growing microtubules to mechanical coupling.

A pausing model can explain the variability between paired microtubule and their coordination by mechanical coupling

To examine how force-dependent pausing might affect the behavior of coupled microtubules, we created a second model in which growing microtubules switch stochastically between states of pause and run. Pause entry and exit were considered Poisson processes with kinetic rates dictated by the exponential fits of k_{EX} and k_{EN} versus force estimated from the force-clamp dataset (Figure 5a, dashed curves; Table 1). Intrinsic heterogeneity among microtubules was incorporated by randomly choosing an individual run speed measurement for each simulated microtubule from the force-clamp

dataset (i.e., by randomly choosing one point in Figure 5b). We then extrapolated the microtubule's
intrinsic unloaded run speed (v_{RUN}^o) from the chosen point (v_{RUN}, F) by assuming an exponential force-
dependence with sensitivity F_{RUN} = 14.8 pN (based on the dashed curve in Figure 5b; Table 1). The
growth speed during runs for this simulated microtubule then followed the extrapolated curve as a
function of force. We used a simple Monte Carlo-based method (again) to simulate traces of
microtubule tip position versus time. All model parameters were derived directly from the experimental
force-clamp data, with no adjustable ('free') parameters. As in our dual-trap experiments, simulated
microtubule tip pairs were coupled with either soft or stiff elastic springs to a constant shared load, F_{TOT}
= 8 pN. Simulations of individual microtubules growing under constant force closely resembled force-
clamp recordings of real microtubules *in vitro*. (Compare Figure S6-1 to Figure 1a.)

The pausing model of microtubule growth provided significantly better fits to our dual-trap data
than the non-pausing model. Like real microtubules in the dual-trap experiments, the simulated pairs of
tips tended to drift apart under soft-coupled conditions, while under stiff-coupled conditions they
stayed closer together (Figure 6a). After 300 s, the average tip separation for simulated soft-coupled
pairs grew to 0.79 ± 0.01 µm (mean ± SEM from N = 10,000 simulations), while simulated stiff-coupled
pairs had a lower average tip separation of 0.43 ± 0.005 µm (mean ± SEM from N = 10,000 simulations)
(Figure 6b), similar to the corresponding separations measured in dual-trap experiments (0.8 ± 0.2 µm
and 0.25 ± 0.06 µm, respectively). Simulated pairs of microtubule tips under stiff-coupled conditions
were also less likely to exceed a threshold separation of 0.8 µm (Figure 6c, dashed curves), similar to the
survival analyses of microtubule pairs measured with the dual-trap assay (Figure 6c, solid curves).
(Survival analyses of simulated microtubule pairs with threshold separations of 0.4, 0.6, and 1.2 µm also
resembled the survival analyses of microtubule pairs measured with the dual-trap assay. See Figure S6-
2.) In addition, the pausing model scored better than the non-pausing model when we used probability
to compare simulated to *in vitro* measurements (Figure S6-4). (To quantify the variability due to
stochastic pausing alone, we also compared the pausing model to a version in which we assumed that
microtubules were intrinsically identical ('ergodic'). The low variability predicted by this model (Figure
S6-3), particularly under the soft-coupled condition, indicates that stochastic pausing alone is
insufficient to generate the large and persistent differences in growth speed exhibited by real
microtubules). Overall, the strong agreement between the pausing model and the dual-trap recordings
suggests that mechanical coupling coordinates microtubule growth in at least two distinct ways: first, by
counteracting persistent (intrinsic) differences in microtubule growth speed, and second, by selectively
suppressing stochastic pausing in the lagging tip relative to the leading tip.

288   **Discussion**
Our work demonstrates the effectiveness of mechanical coupling for coordinating the growth of
microtubules and helps explain how numerous filaments within a k-fiber bundle can be tightly regulated
to grow in near-perfect unison. Using our dual-trap assay, we found that pairs of microtubule tips
growing *in vitro* are kept in close proximity when sharing a single load through a coupling material of
sufficient stiffness. Tip pairs in our experiments were kept within a fraction of a micrometer by couplers
of only κ = 5 pN·µm^{-1}, a modest stiffness within the ranges reported for elements of the kinetochore

(Schwietert et al., 2022; Volkov et al., 2018), pericentromeric chromatin (Chacon et al., 2014), and
mitotic chromosomes (Nicklas, 1983; Poirier et al., 2002). Because the kinetochore, its underlying
centromeric chromatin, and k-fiber plus-ends appear to deform with each other to maintain close
contacts *in vivo* (O'Toole et al., 2020), the plus-ends presumably exert forces on each other through a
composite material composed of both kinetochore and chromatin. We propose that this mechanical
coupling is a major coordinating influence on plus-end growth dynamics within k-fiber bundles.

A variety of microtubule-modifying proteins are also implicated in regulating k-fiber dynamics
(reviewed in (Ou & Scholey, 2022) and (Amin et al., 2019)). These biochemical factors must work in
concert with mechanical effects, and we suggest that the two classes of mechanisms probably operate
over different length- and timescales. Certain tip-tracking proteins capable of influencing microtubule
dynamics are enriched at growing k-fiber ends specifically near kinetochores that are moving anti-
poleward (Amaro et al., 2010; Castrogiovanni et al., 2021; Tirnauer et al., 2002). Various kinesins are
known to regulate the size of the metaphase spindle (Goshima et al., 2005; Neahring et al., 2021), to
influence k-fiber dynamics (Maiato, Fairley, et al., 2003; Rizk et al., 2009; Stumpff et al., 2012;
Wordeman et al., 2007), and to alter microtubule dynamics *in vitro* in a length-dependent manner
(Varga et al., 2006). However, it is unclear whether the specific enrichment of such microtubule-
modulators on longer or faster-growing tips could occur quickly enough and with enough selectivity to
slow the growth of a single tip that has grown ahead of its neighbors by only a fraction of a micrometer,
as required for tight coordination within a k-fiber. On the other hand, mechanical forces would be
transmitted essentially instantaneously between neighboring tips through local deformations of the
material through which the tips are coupled. Therefore, mechanical coupling could account for the
rapid, sub-micron responses required to coordinate microtubule tips within a k-fiber, while microtubule-
modifiers and spindle-wide phenomena, like polar ejection forces and poleward flux, are likely to help
set overall k-fiber length (Risteski et al., 2021).

We found that tension accelerates microtubule growth not only by directly increasing growth speed,
but also by decreasing time spent in pause. More specifically, tension reduced the rate at which growing
tips entered a pause state. This finding implies that pause entry is associated with movement of tension-
bearing elements at the tip toward the minus end, opposite the direction of applied force and therefore
inhibited by the force. Tension also increased the rate at which paused tips resumed growth, which
implies that pause exit is associated with movement toward the plus-end, in the same direction as the
applied force and therefore assisted by the force. An attractive explanation for these observations is
that pauses occur when newly added tubulin dimers at a growing tip adopt curved structures (McIntosh
et al., 2018) that disfavor lateral bonding and that tension helps to straighten these curved structures,
thereby accelerating lateral bond formation and favoring growth (Cleary & Hancock, 2021).

We derived a model of microtubule growth with no free parameters, based on constant-force
recordings of individual microtubules (from (Akiyoshi et al., 2010)), and found that a combination of
stochastic, force-dependent pausing and intrinsic differences in microtubule growth speed explained
both the variability and the coordination measured in our dual laser trap assay. The necessity of
including microtubules with different intrinsic growth speeds for our model's success implies structural
heterogeneity in the growing tips that must persist for many minutes, even as thousands of tubulin
subunits are being added. In principle, these persistent differences might arise from different or
mismatched protofilament numbers (Chretien et al., 1992; Rai et al., 2021) or the accumulation of other
lattice defects (Wieczorek et al., 2015) that result in varying degrees of tip taper (Coombes et al., 2013)
(or tip "raggedness" (Brouhard & Rice, 2018)) which are more or less conducive to microtubule growth.

For technical reasons, we focused the present work exclusively on microtubule tips in a state of net
growth. However, coordination of k-fiber microtubules *in vivo* presumably also requires tight regulation
of tip shortening speeds and rates of switching between growth and shortening (i.e., 'catastrophe' and
'rescue' rates). These will be more difficult to study with our dual-trap assay because switch events are
stochastic and episodes of shortening are observed less frequently than episodes of growth under our
assay conditions. Nevertheless, the dual-trap approach can be used in the future (potentially with a
cutting laser to sever the microtubule tips to induce shortening (Driver et al., 2017; Murray et al., 2022))
to study how mechanical coupling affects microtubule pairs in which one or both filaments are
shortening, as well as switch rates between shortening and growth. Our dual-trap approach can also be
adapted to examine mechanical coupling through materials with complex mechanical properties, such
as viscoelasticity and strain-stiffening (Cojoc et al., 2016; Schwietert et al., 2022). The effect of
mechanical coupling on pairs of processive motor proteins (Holzbaur & Goldman, 2010) or pairs of
dynamic actin filaments linked to a shared load (Garner & Theriot, 2022) can also be studied with the
dual-trap approach. While extending our *in vitro* laser trap methods to more than two microtubules
would be impractical, our model is easily extended to explore mechanical coordination within k-fibers of
three or more microtubules, as found in the spindles of many eukaryotes. Overall, our work
demonstrates that mechanical coupling is a feasible mechanism that could coordinate k-fiber
microtubules and maintain their synchronous growth in the mitotic spindle.

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                                                      Methods

Spring-coupler model

For both *in vitro* and *in silico* experiments, the force on each microtubule plus-end was dictated by a
model in which plus-ends were coupled to a shared "kinetochore" via simple Hookean springs of
identical stiffnesses (Figure 2b). Because k-fibers grow relatively slowly in cells (Khodjakov et al., 1996;
Skibbens et al., 1993; Stumpff et al., 2012), we neglect viscous drag such that the sum of the forces on
individual k-fiber tips equals F_{TOT}. Microtubule pairs were considered to grow along a shared 1D axis.
Microtubules were assumed to be incompressible because microtubules have high axial stiffness
(Howard, 2001; Kis et al., 2002; Pampaloni et al., 2006) and are cross-linked in bundles (O'Toole et al.,
2020), thus forming the structural support required to maintain mitotic spindle integrity. Microtubules
were considered stationary except at the plus-end, so that only growth or shortening at the plus-end
affected plus-end position.

Kinetochore purification

Native kinetochore particles were purified from asynchronously grown *S. cerevisiae* SBY8253 cells
(Genotype: MATa DSN1-6His-3Flag:URA3) grown in YPD medium (2% glucose) by modifying previous
protocols (Akiyoshi et al., 2010; Miller et al., 2016). Protein lysates were prepared using a Freezer Mill
(SPEX SamplePrep) submerged in liquid nitrogen. Lysed cells were resuspended in buffer H (25 mM
Hepes, pH 8.0, 2 mM MgCl2, 0.1 mM EDTA, 0.5 mM EGTA, 0.1% NP-40, 15% glycerol, and 150 mM KCl)
containing phosphatase inhibitors (0.1 mM Na-orthovanadate, 0.2 µM microcystin, 2 mM β-
glycerophosphate, 1 mM Na pyrophosphate, and 5 mM NaF) and protease inhibitors (20 µg/ml
leupeptin, 20 µg/ml pepstatin A, 20 µg/ml chymostatin, and 200 µM PMSF). Lysates were
ultracentrifuged at 98,500 g for 90 min at 4°C. Protein G Dynabeads (Invitrogen) were conjugated with
an α-FLAG antibody (Sigma-Aldrich), and immunoprecipitation of Dsn1-6His-3Flag was performed at 4°C
for 3 h. Beads were washed once with lysis buffer containing 2 mM DTT and protease inhibitors, three
times with lysis buffer with protease inhibitors, and once in lysis buffer without inhibitors, and
kinetochore particles were eluted by gentle agitation of beads in elution buffer (buffer H + 0.5 mg/ml
3FLAG Peptide [Sigma-Aldrich]) for 30 min at room temperature.

Bead functionalization and slide preparation for laser trap experiments

To functionalize laser trapping beads with native kinetochore particles, streptavidin-coated polystyrene
beads (0.44 µm in diameter, Spherotech) were incubated with biotinylated anti-5His antibodies (Qiagen)
and stored for up to 6 months with continuous rotation at 4°C in BRB80 (80 mM Pipes, 1 mM MgCl$_2$, and
1 mM EGTA, pH 6.9) supplemented with 8 mg*mL^{-1} bovine serum albumin and 1 mM DTT. Before each
experiment, functionalized beads were sonicated for two minutes and decorated with kinetochore
particles by incubating 6 pM anti-5His beads for 1-2 hours at 4°C with purified kinetochore material,
corresponding to concentrations of Dsn1-His-Flag between 1.5 and 4 nM, well within the single-
kinetochore-particle condition described in (Akiyoshi et al., 2010).

Each flow chamber (~5-10 μL in volume) was constructed by placing two parallel strips of double-stick
tape between a glass slide and a KOH- or plasma-cleaned coverslip. Immediately before every
experiment, two flow chambers were each functionalized as follows. First, flow chambers were
incubated with 10 μL of 10 mg*mL^{-1} biotinylated bovine serum albumin (Vector Laboratories) for 15
minutes at room temperature. Chambers were then washed with 100 μL BRB80. Next, 20 μL of 333
mg*mL^{-1} avidin DN (Vector Laboratories) in BRB80 was added to the chamber and incubated for 3
minutes before washing again with 100 μL BRB80. Chambers were then incubated for 5 minutes with
GMPCPP-stabilized biotinylated microtubule seeds warmed for 5-10 minutes in BRB80. Next, chambers
were washed with 100 μL of growth buffer (1 mM GTP, 1 mg*mL^{-1} K-casein, and .08 mg*mL^{-1}
biotinylated bovine serum albumin in BRB80). Finally, chambers were incubated with kinetochore-
decorated beads diluted approximately 8-fold into growth buffer augmented with 1.5 mg*mL^{-1} purified
bovine brain tubulin and an oxygen scavenging system (1 mM DTT, 500 μg*mL^{-1} glucose oxidase, 60
μg*mL^{-1} catalase, and 25 mM glucose). The flow chamber exit and entrance were then sealed with nail
polish and used for experiments at 23°C for up to 2 hours.

430   Performing the dual-trap assay

Laser trap experiments were performed using two custom-built instruments based on commercial
inverted microscopes (Nikon; TE2000U) modified to each incorporate a trapping laser (Spectra-Physics;
J20I-BL-106C-NSI), a computer-controlled piezo specimen stage (Physik Instrumente; P-517.3CL), and a
position-sensitive photodetector (Pacific Silicon Sensor; DL100-7-PCBA2). See (Franck et al., 2010) for
details regarding instrument setup and calibration.

The dual-trap assay was modified from previous force-clamp protocols (Akiyoshi et al., 2010; Franck et
al., 2010; Miller et al., 2016) and maintained constant total force on two bead-laser trap systems, rather
than one (Figure 2a). Both lasers were controlled by a single computer, which adjusted the force on each
bead to maintain force equilibrium on the modeled "kinetochore" given the measured bead positions
(Figure 2b). We approximated the bead position as the microtubule tip position, since kinetochore-
decorated beads are known to track with microtubule plus-ends under tensions between 0.5 and 18 pN
(Akiyoshi et al., 2010; Asbury et al., 2006; Franck et al., 2010; Miller et al., 2016; Powers et al., 2009; Tien
et al., 2010) and the elastic linker connecting the microtubule plus-end to the bead stays the same
length under relatively stable force conditions. We recorded the position of a free bead using each laser-
trap at the start of each 2-hour experiment, and as necessary between recordings, to calibrate the laser
trap's zero-force position. Feedback to exert precisely the amount of force dictated by the relative bead
positions and the spring-coupler model was implemented with custom LabView software (National
Instruments). Bead-trap separation was sampled at 40 kHz, while stage position was updated at 50 Hz.
Bead and stage position data were decimated to 200 Hz before storing to disk.

LabView software to perform force-clamp experiments is available at
https://github.com/casbury69/laser-trap-control-and-data-acquisition and the LabView software to
perform dual-trap experiments is available at https://github.com/casbury69/dual-trap-control-and-data-
acquisition.

Analyzing dual-trap recordings

We analyzed recordings from the dual-trap assay using custom software made in Igor Pro 9
(Wavemetrics). First, by hand, we marked the beginning and end of recorded segments in which both
microtubules were growing and separated these episodes into individual recordings. We then calculated
the tip separation between coupled microtubules for each excised recording by taking the absolute
value of the difference in position at 1 s intervals from 0 to 400 s. For each recording, total force on the
microtubule pair was computed by adding the force on both microtubules together at 0.005 s intervals
(Fig. S3-1).

To calculate the speed of tip separation, we fit the first 100 s to a line with the Levenberg-Marquardt
method. Uncertainties in tip separation speed were estimated from residuals as described in (Press et
al.).

SEMs for microtubule pair tip separation measured using the dual-trap assay (Figure 3b) were calculated
at 1 s intervals after the recording began using the following equation:

468
$$SEM_{tip\ sep}(t) = \frac{\sigma_t}{\sqrt{N_t}}$$

where σ_t is the standard deviation of the tip separations at t seconds and N_t is the number of
microtubule pairs which were still growing and tip-attached to a bead at t seconds.

Download 'Dual-trap viewer.pxp' at https://github.com/casbury69/dual-trap-data-analysis to view
position- and force-versus-time curves for each of the dual-trap recordings analyzed in this work. See
also 'Dual-trap anlaysis.txt' at https://github.com/casbury69/dual-trap-data-analysis for the software
used to analyze dual-trap recordings.

Creating Kaplan-Meier survival curves

Kaplan-Meier survival curves for both simulated and *in vitro* microtubule pairs (Figure 3c, Figure 4c,
Figure 6c, Figure S6-2, and Figure S6-3c) were calculated at 1 s intervals after the recording began using
the following equation:

480
$$S(t) = \prod_{j=0}^{t} \frac{n_j - d_j}{n_j}$$

where $S(t)$ is the Kaplan-Meier survival probability at t seconds, t is the number of Kaplan-Meier
estimates made between time 0 and t seconds, n_j is the number of microtubule pairs still growing, tip-
attached to a bead, and within the threshold tip separation at j seconds, and d_j is the number of
microtubule pairs that exceeded the threshold tip separation (0.4, 0.6, 0.8, or 1.2 µm) between time $j -$
1 and j seconds.

SEMs for Kaplan-Meier survival plots estimated using the dual-trap assay (Figure 3c and Figure S6-2)
were calculated at 1 s intervals after the recording began using the following equation:

$$SEM_{survival}(t) = S(t) * \sqrt{\sum_{j=1}^{t} \frac{d_j}{n_j(n_j - d_j)}}$$

489 where $S(t)$ is the Kaplan-Meier survival probability at t seconds, t is the number of Kaplan-Meier
490 estimates made between time 0 and t seconds, d_j is the number of microtubule pairs that exceeded the
491 threshold tip separation (0.4, 0.6, 0.8, or 1.2 μm) between time $j - 1$ and j seconds, and n_j is the
492 number of microtubule pairs still growing, tip-attached to a bead, and within the threshold tip
493 separation at j seconds.

495 Segmenting constant force traces into periods of run and pause

To estimate pause entrance and exit rates as a function of force, we segmented N = 356 recordings of
growing microtubules under constant force (from (Akiyoshi et al., 2010)) into pauses and fast growth
('runs,' Figure S5-1a and b). First, we estimated the instantaneous growth speed over the entirety of
each recording to be the slope of the best fit line for a sliding 2 s window (Figure S5-1c). Next, we
defined a unique threshold between pause and run for each recording by assembling a histogram of
growth speeds throughout the recording and fitting that histogram with a sum of between two and six
Gaussian peaks. We centered one Gaussian at or near 0 μm·min⁻¹ and defined it as the 'pause' peak.
Fitting the growth speed histograms to Gaussian peaks was performed using the 'Multipeak fitting'
package in Igor Pro 9. The intersection of the pause peak and the Gaussian with the next highest mean
growth speed was identified for each individual recording and defined as the threshold to distinguish
pauses and runs for that recording.

To reduce the impact of high-frequency noise, we excluded pauses and runs that lasted less than 1 s. If
the instantaneous growth speed fell below that recording's predefined threshold for at least 1 s, the
microtubule was considered to have paused. If the instantaneous growth speed fell below the threshold
for less than 1 s, the short interval was combined with the run intervals before and after to make a
single run. Likewise, if the instantaneous growth speed exceeded the threshold for at least 1 s, the
microtubule was considered to be in run. If the instantaneous growth speed exceeded the threshold for
less than 1 s, the short interval was combined with the pause intervals before and after to make a single
pause. If the defined threshold was never crossed, the recording was considered a single run interval.

Download 'Force-clamp viewer.pxp' at https://github.com/casbury69/laser-trap-data-viewer to view
position- and velocity-versus time curves for each force-clamp recording analyzed in this work, as well as
how pauses were marked for each recording. This file also includes additional shortening events which
were not studied here. See also 'Force-clamp viewer.txt' at https://github.com/casbury69/laser-trap-
data-viewer for the software used to distinguish pauses from runs.

Quantifying growth speed during runs for individual recordings

For each pause-based model that we considered, microtubule growth speed during runs was assumed
to be time-invariant under constant force. Thus, we made the same assumption when we quantified the
growth speed during runs of individual microtubules *in vitro*, and calculated a unique growth speed
during runs for each recording (dots in Figure 5b). The growth speed during each run interval was
calculated by averaging together the instantaneous growth speeds comprising that interval, measured
with the 2 s sliding window described above. We calculated the overall growth speed during runs for a
single microtubule by averaging together the growth speed of all contained run intervals, weighted by
the duration of that interval, such that:

530
$$v_{run} = \frac{\sum v_i * t_i}{T}$$

where v_{run} is the overall growth speed during runs for a particular recording, v_i is the growth speed for
the ith run interval, t_i is the duration of the ith run interval, and T is the total time spent in the run state.

Quantifying the force dependence of pause entrance rates, exit rates and growth speed

To calculate average pause exit rates, entrance rates, and growth speeds as a function of force we
binned each recording by the constant tensile force to which the microtubule was subjected (Figure 5).
For consistency, we used the same seven force bins used by (Akiyoshi et al., 2010) (see Table 2 for bin
boundaries). For both the pause entrance and exit rate, we excluded the highest force bin from our
analysis because of low statistics. For each force bin, we calculated the mean pause entrance and exit
rate by counting the number of times microtubules in that force bin entered and exited pause and
dividing by the total time microtubules in that bin spent in run and pause, respectively (Figure S5-1a).
Error bars in the y-direction represent counting uncertainties, calculated with the equation:

543
$$SEM_{rate}(i) = \frac{k_i}{\sqrt{N_i}}$$

where k_i is the rate of pause entrance or exit for the ith force bin, and N_i is the number of pause
entrances or exits in the recordings in the ith bin (N = 387 to 3502 pause entrances and N = 378 to 3501
pause exits per bin, see Table 2 for the number of pause entrances and exits by bin). Error bars in the x-
direction represent standard deviations of forces for the recordings in each bin.

We found the mean growth speed during runs for each force bin by averaging together the growth
speed during runs for all the recordings in that bin. Error bars in the y-direction represent the SEMs of
growth speeds, calculated with the equation:

551
$$SEM_{run\ speed}(i) = \frac{\sigma_i}{\sqrt{N_i}}$$

where σ_i is the standard deviation of the growth speeds during runs, averaged over each recording, for
the ith force bin, and N_i is the number of recordings in the ith bin (N = 9 to 85 recordings per bin, see

Table 2 for the number of recordings by bin). Once again, error bars in the x-direction represent the
standard deviations of forces for the recordings in each bin. Fit lines for pause exit and entrance rates
and growth speed were calculated with Levenberg-Marquardt least-squares method (Press et al.).

Simulating pairs of growing microtubules

Simulated recordings using each model followed the same general procedure. For simulations in which
the growth or run speed was different between microtubules (both non-ergodic models), the 'unloaded'
growth or run speed was drawn from a distribution of measured growth or run speeds as described in
the results section. For the non-ergodic pausing model, intrinsic unloaded run speeds ($v_{intrinsic}$) of
more than 30 nm/s were considered outliers and excluded from the distribution. For microtubules
simulated with the ergodic pausing model, both microtubules had the same growth speed during runs,
based on the equation and parameters for v_{run} in Table 1. Each simulation began with both
microtubules growing (in run, for pause-based models) from the same position under the same tensile
force. As microtubules stochastically grew or paused, the tensile force on each microtubule evolved
according to the spring-coupler model, just like they did in the dual-trap assay. As the force changed,
depending on the model type, the growth or run speed changed according to exponential relationships
with force estimated from (Akiyoshi et al., 2010) (Table 1).

A modified Gillespie algorithm was used to implement stochastic microtubule events: pause entrance
and exit, detachment from the kinetochore, switches into shortening (catastrophe), and other event
interruptions. Each of these event rates were assumed independent Poisson processes and were derived
directly from the data summarized in (Akiyoshi et al., 2010). Each microtubule was assumed to have
identical rates for all stochastic events, given the same external force. Detachment and catastrophe
rates were calculated using the exponential relationships as a function of force estimated by (Akiyoshi et
al., 2010).The rate of interruption by other events was also estimated from these force-clamp recordings
but was force-independent. For simulations that included pausing, rates of pause entrance and exit
were calculated from the fit equations in Table 1 (fit lines in Figure 5).

Because detachment, catastrophe, and pause rates are force-dependent, they can only be approximated
as Poisson (time-invariant) rates for short time intervals over which the force on the tip is relatively
constant. Consequently, we imposed a maximum timestep of no greater than 1 s for each simulation. If
the timestep chosen by our Gillespie algorithm exceeded the maximum timestep, no event occurred and
the microtubule continued growing during that 1 s interval. All simulations were performed using
custom software in Igor Pro 9 (Wavemetrics).

Download 'Dual-trap simulations.pxp' at https://github.com/casbury69/simulations-of-coupled-
microtubules to run dual-trap simulations as described in the results and see 'Dual-trap simulator.txt' at
https://github.com/casbury69/simulations-of-coupled-microtubules for the code used to run these
simulations.

Comparing pausing and non-pausing models with simple probability

To evaluate whether the pausing or non-pausing model was more likely given our dual-trap
measurements, we compared histograms of tip separations at 100 and 200 s after the start of the
recording or simulation (Figure S6-4). We used 0.1 µm bins for both simulated and dual-trap data and
normalized all histograms to have an area of 1.

We calculated the likelihood that simulations performed using the pausing and non-pausing models
would produce each *in vitro* tip separation:

598
$$L_{measurement} = w_{bin} * P_{normalized}$$

where w_{bin} is the bin width of the tip separation histogram (0.1 µm) and $P_{normalized}$ is the normalized
probability of the given model at the measured tip separation (y-values of the dashed lines in Figure S6-
4).

To compare the overall likelihood that the pausing and non-pausing simulations would produce all the
tip separations measured *in vitro*, we multiplied together the likelihoods of each measurement for a
given model at a given coupler stiffness and at a given time point. We calculated the log likelihood by
taking the base 10 logarithm of each probability (reported in the right-hand column of each table in
Figure S6-4).

Statistical analysis

All statistical analysis was performed using custom software written in Igor Pro 9 (Wavemetrics).

We calculated p-values to determine whether survival curves of stiff-coupled and soft-coupled *in vitro*
microtubule pairs were statistically different for each threshold tip separation using a log-rank test. For
each survival curve, at 1 s intervals after the recording began, we calculated an expected value using the
following equation:

614
$$E(t) = \frac{n_t}{n_{tot}}(d_{tot})$$

where n_t is the number of microtubule pairs comprising one survival curve that are still growing, tip-
attached to a bead, and within the threshold tip separation at t seconds, n_{tot} is the total number of
microtubule pairs comprising both survival curves being compared that are still growing, tip-attached to
a bead, and within the threshold tip separation at t seconds, and d_{tot} is the total number of microtubule
pairs that exceeded the threshold tip separation between time $t-1$ and t seconds for both survival
curves being compared. Expected values for each pair of survival curves were used to calculate a chi-
square value for each tip separation threshold using the following equation:

622
$$\chi^2 = \sum_{j=1}^{2} \frac{\left(\sum_{t=1}^{T} S_j(t) - \sum_{t=1}^{T} E_j(t)\right)^2}{\sum_{t=1}^{T} E_j(t)}$$

where T is the total number of timepoints (400, in all cases), $S_j(t)$ is the Kaplan-Meier survival
probability of curve j at time t, and $E_j(t)$ is the expected value of Kaplan-Meier survival curve j at time
t. A chi-square table was then used to estimate the p-value for each tip separation threshold.

To determine whether tip separation and tip separation speed between soft and stiff couplers were
statistically significant, we calculated p-values with a Wilcoxon-Mann-Whitney two sample rank test
using built-in Igor Pro software (Cheung & Klotz, 1997; Klotz, 2006; Streitberg & Rohmel, 1986; Zar,
1999).
630

Figures

Figure 1. Intrinsic variability in microtubule growth could be coordinated by mechanical coupling. (**a**) Microtubules (MTs)
grow at intrinsically variable rates that increase with force, on average. Example recordings show plus-end position versus time
for individual growing microtubules subject to a constant tensile force of either 2 or 6 pN (thin green or magenta traces,
respectively). At each force, 10 to 14 example recordings are shown, together with the mean position versus time (thick traces,
computed from N = 25 or N = 10 individual recordings at 2 or 6 pN, respectively). Individual traces are from (Akiyoshi et al.,
2010). (**b**) Mechanism by which mechanical coupling could coordinate growing microtubules. In this example, two microtubules
share a total force, F_{TOT}, through two spring-like connections to their plus-ends. If one microtubule stochastically lags behind, it
will experience more tension than the leading microtubule due to differential stretching of their spring-connections. Because
tension tends to accelerate plus-end growth (as illustrated in panel a), the higher tension will tend to accelerate the growth of
the lagging microtubule, causing it to catch up.

Figure 2. Dual-trap assay to measure the coordination of two real microtubules *in vitro* coupled together by simulated spring-like connections to a shared tensile load. (**a**) Schematic of the dual-trap assay, which measures the effects of the spring-coupler model (detailed in b) on real microtubules (MTs) growing *in vitro*. Two dynamic microtubules are grown from seeds anchored to two separate coverslips on two separate stages, each with their own microscope and laser trap. Each laser trap applies tension to its respective microtubule plus-end via a bead decorated with isolated yeast kinetochores, and each tension is adjusted dynamically under feedback control by a shared computer. Initially (steps 1 and 2), microtubule plus-ends are considered to have the same position ($x_1 = x_2 = 0$) so that each bears half of the total user-input tension (F_{TOT}). Over time, as microtubules grow at different rates (step 3), the computer dynamically adjusts the tension on each microtubule according to the spring-coupler model (steps 4 and 5), so that the higher the tip separation ($|x_1 - x_2|$) and stiffness (κ), the larger the difference in tension between the two microtubules. (**b**) Spring-coupler model used to represent the physical connection between two microtubule plus-ends via a kinetochore. Both springs have identical stiffnesses (κ). The kinetochore is assumed to be in force equilibrium such that the sum of the spring forces is equal to the total external force, F_{TOT}, which is kept constant in the current study.

659
Figure 3. Microtubule pairs growing *in vitro* are coordinated by mechanical coupling. (a) Example dual-trap assay recordings
showing real microtubule (MT) plus-end positions over time for representative microtubule pairs coupled via soft (1 pN·μm⁻¹,
left) or stiff (5 pN·μm⁻¹, right) simulated spring-couplers. All dual-trap data was recorded with F_{TOT} = 8 pN. **(b)** Tip separation
($|x_1 - x_2|$) between microtubule plus-end pairs that were coupled with either soft (left) or stiff (right) simulated spring-couplers
over 400 s of growth. Light colors show tip separations for 10 individual microtubule pairs with each coupler stiffness, while
dark colors show mean tip separation for all recorded pairs (N = 50 and N = 43 recordings with soft and stiff couplers,
respectively). **(c)** Fraction of microtubule pairs whose plus-ends remained within 0.8 μm of each other over time. (In other
words, the fraction of pairs at any given time whose tip separation had not exceeded the dashed line in (b).) Shaded regions in
(b) and (c) show SEMs from N = 50 and N = 43 recordings with soft and stiff couplers, respectively.

669
Figure S3-1. Additional dual-trap assay recordings showing tip positions and forces on pairs of growing microtubules. (a)
Example dual-trap assay recordings showing real microtubule (MT) plus-end positions (top) and forces (bottom) plotted against
time for representative microtubule pairs coupled via soft or stiff simulated spring-couplers. Plus-end position data in the top
graphs is recopied from Figure 3a. Black traces in the bottom graphs show total force on the two microtubules (F_{TOT}) and
demonstrate that a constant total force of F_{TOT} = 8 pN was maintained by the feedback-control. (b) Two additional examples of
dual-trap assay recordings, formatted as in (a).

Figure 4. Simple non-pausing simulations fail to recapitulate the coordinated growth of mechanically coupled microtubule pairs. (**a**) Example simulations of microtubule (MT) plus-end positions over time using the non-pausing model. Simulated microtubule pairs were coupled via soft or stiff spring-couplers and shared a total load F_{TOT} = 8 pN to match dual-trap assay conditions. (**b**) Tip separations between microtubule plus-end pairs that were simulated using the non-pausing model and coupled with either soft (left) or stiff (right) spring-couplers. Light colors show tip separations for N = 40 individual simulated microtubule pairs, while dark colors show mean tip separation for N = 10,000 simulated pairs. (**c**) Comparison between the fraction of *in silico* (simulated, dashed curves) and *in vitro* (real, solid curves) microtubule pairs whose plus-ends remained within 0.8 μm of each other over time. Shaded regions show SEMs from N = 50 and N = 43 *in vitro* recordings with soft and stiff couplers, respectively. Soft- and stiff-coupled microtubule pairs were each simulated N = 10,000 times over 400 s of growth in both (b) and (c). Simulation parameters for (a), (b), and (c) can be found in Table 1.

Figure 5. Increasing tension on individual growing microtubules suppresses pausing and accelerates growth during runs. (a)
As tension on a growing microtubule tip increases, the rate of pause entrance decreases, while the rate of pause exit increases.
Mean pause entrance (■) and exit (■) rates (k_{EN} and k_{EX}) were estimated as described in Figure S5-1 and are plotted as
functions of force. Error bars show counting uncertainties from N = 25 to 85 individual microtubule recordings and dashed
curves show least squares exponential fits. (**b**) As tension on a microtubule tip increases, the growth during runs (i.e., in-
between pauses) is accelerated. Points show run speeds measured from recordings of individual microtubules subject to
constant tensile forces (from (Akiyoshi et al., 2010)). Symbols (■) represent mean run speeds (v_{RUN}) grouped according to the
applied tensile force. Error bars show SEMs from N = 9 to 85 individual microtubule recordings and dashed curve shows the
least squares exponential fit. See Figure S5-1 and Materials and Methods for details and Table 1 for fit parameters.

Figure S5-1. Individual microtubules frequently pause during periods of overall growth. (**a**) Growing microtubules switch
between states of 'pause,' when plus-end growth speed is nearly zero, and 'run,' when the plus-end is clearly growing. Pause
entrance and exit rates, k_{EN} and k_{EX}, were quantified by counting the numbers of entrances or exits and dividing by the total
amount of time spent in the run or pause states, respectively. (**b**) Example recording showing plus-end position versus time for
an individual microtubule subject to a constant tensile force of 4 pN and exhibiting frequent pauses (denoted by purple shaded
regions). This example recording is one of N = 356 force-clamp traces (from (Akiyoshi et al., 2010)) used to estimate the pause
entrance and exit rates and growth speeds during runs as functions of force (as shown in Figure 5). (**c**) Classification of runs and
pauses. Instantaneous growth speed was computed as a function of time (and plotted at right) from the recording shown in (b),
using a 2 s sliding window, and then assembled into a histogram (middle plot, red) and fit with a sum of multiple Gaussian
curves (middle and left plots, blue). One Gaussian was always centered at 0 µm·min⁻¹ and defined as the 'pause' peak. The
intersection of the pause peak and the Gaussian having the next highest mean growth speed was identified for each individual
recording and used as a threshold (dashed horizontal line) to distinguish pauses and runs for that recording. Pauses were
defined as periods longer than 1 s when the instantaneous growth speed fell below the threshold, while runs were defined as
periods longer than 1 s when growth speed was above the threshold (see Materials and Methods for details).

Figure S5-2. Pause and run durations are exponentially distributed. (a) Normalized histograms showing pause durations measured from recordings of individual microtubules growing under constant levels of tension (force-clamp data from (Akiyoshi et al., 2010)), either between 0 and 2 pN (top), or between 6 and 8 pN (bottom), corresponding to the lowest and third-highest force bins in Table 2, respectively. **(b)** Normalized histograms showing run durations measured from recordings of individual microtubules growing under constant levels of tension (force-clamp data from (Akiyoshi et al., 2010)), as in (a). For both (a) and (b), least-squares regressions are shown as dashed curves. The indicated time constants (τ) were derived from these fits.

Figure 6. Simulations recapitulate the coordinated growth of mechanically coupled microtubule pairs. (**a**) Example
simulations of microtubule (MT) plus-end positions over time using the pausing model. Simulated microtubule pairs were
coupled via soft or stiff spring-couplers and shared a total load F_{TOT} = 8 pN to match dual-trap assay conditions. (**b**) Tip
separations between microtubule plus-end pairs that were simulated using the pausing model and coupled with either soft
(left) or stiff (right) spring-couplers. Light colors show tip separations for N = 40 individual simulated microtubule pairs, while
dark curves show mean tip separation for N = 10,000 simulated pairs. (**c**) Comparison between the fraction of *in silico*
(simulated, dashed curves) and *in vitro* (real, solid curves) microtubule pairs whose plus-ends remained within 0.8 μm of each
other over time. Shaded regions show SEMs from N = 50 and N = 43 *in vitro* recordings with soft and stiff couplers, respectively.
Soft- and stiff-coupled microtubule pairs were each simulated N = 10,000 times over 400 s of growth in both (b) and (c).
Simulation parameters for (a), (b), and (c) are listed in Table 1.

Figure S6-1. Simulations of microtubule growth under constant force using the pausing model resemble real microtubule recordings. Examples using the pausing model to simulate plus-end position versus time for individual growing microtubules subject to a constant tensile force of either 2 or 6 pN (light green or magenta traces, respectively). At each force, N = 16 example simulations are shown, together with the corresponding mean positions versus time (thick traces, computed from the N = 16 individual simulations).

Figure S6-2. Simulations of microtubule pairs using the pausing model maintain tip separations similar to real microtubule pairs. Comparison between the fraction of *in silico* (simulated, dashed curves) and *in vitro* (real, solid curves) microtubule (MT) pairs whose plus-ends remained within (**a**) 0.4 µm, (**b**) 0.6 µm, (**c**) 0.8 µm, and (**d**) 1.2 µm of each other over time. Microtubule pairs *in silico* and *in vitro* shared a total load of F_{TOT} = 8 pN and were coupled via soft or stiff spring couplers. Shaded regions show SEM from N = 50 and N = 43 *in vitro* recordings with soft and stiff couplers, respectively. Soft- and stiff-coupled microtubule pairs were each simulated N = 10,000 times over 400 s of growth. Simulation parameters can be found in Table 1. *P*-values indicate comparisons between soft- and stiff-coupled microtubule pairs *in vitro* using a log-rank test.

Figure S6-3. Simulations using an ergodic version of the pausing model, without intrinsic heterogeneity, fail to recapitulate the coordinated growth of mechanically coupled microtubules pairs. (a) Example simulations of microtubule (MT) plus-end positions over time using the ergodic pausing model. Simulated microtubule pairs were coupled via soft or stiff spring-couplers and shared a total load F_{TOT} = 8 pN to match dual-trap assay conditions. (b) Tip separations between microtubule plus-end pairs that were simulated using the ergodic pausing model and coupled with either soft (left) or stiff (right) spring-couplers. Light colors show tip separations for N = 40 individual simulated microtubule pairs while dark colors show mean tip separation for N = 10,000 simulated pairs. (c) Comparison between the fraction of in silico (simulated, dashed curves) and in vitro (real, solid curves) microtubule pairs whose plus-ends remained within 0.8 μm of each other over time. Shaded regions show SEMs from N = 50 and N = 43 in vitro recordings with soft and stiff couplers, respectively. Soft- and stiff-coupled microtubule pairs were each simulated N = 10,000 times over 400 s of growth in both (b) and (c). Simulation parameters for (a), (b), and (c) can be

found in Table 1. As expected, microtubule pairs simulated using this ergodic model remained much closer together than real
microtubule pairs, rarely separating by more than 0.5 μm irrespective of coupler stiffness. After 300 s, the average tip
separation for soft-coupled pairs was only 0.202 ± 0.002 μm (mean ± SEM from N = 10,000 simulations), barely different from
the average tip separation for stiff-coupled pairs of 0.134 ± 0.002 μm (mean ± SEM from N = 10,000 simulations). Combined
with the success of the non-ergodic pausing model in fitting our dual-trap data, this supports the idea that microtubule growth
can be considered non-ergodic during our 400 s experiments.
765

a Distribution of tip separations at *t* = 100 s

	Mean [μm]	SD [μm]	SEM [μm]	N	Log Likelihood
In vitro	0.39	0.29	0.06	23	N/A
Pausing	0.32	0.27	0.00086	100,397	-15.6
Non-pausing	x	x	x	100,000 +	-16.3

b Distribution of tip separations at *t* = 100 s

	Mean [μm]	SD [μm]	SEM [μm]	N	Log Likelihood
In vitro	0.23	0.17	0.03	26	N/A
Pausing	0.25	0.21	0.00066	100,000	-10.2
Non-pausing	x	x	x	100,000 +	-13.4

c Distribution of tip separations at *t* = 200 s

	Mean [μm]	SD [μm]	SEM [μm]	N	Log Likelihood
In vitro	0.60	0.54	0.17	15	N/A
Pausing	0.56	0.48	0.0015	100,000	-18.0
Non-pausing	1.05	0.91	0.0028	104,792	-19.2

d Distribution of tip separations at *t* = 200 s

	Mean [μm]	SD [μm]	SEM [μm]	N	Log Likelihood
In vitro	0.31	0.23	0.06	16	N/A
Pausing	0.37	0.29	0.00092	100,000	-14.5
Non-pausing	0.71	0.55	0.0017	100,000	-17.3

Parameter name	Parameter symbol	Relevant equation	Parameter estimate	Applicable models	Reference
Growth speed force sensitivity	F_g	$v_g = v_{g0}\exp(F/F_g)$	8.4 pN	non-pausing	Akiyoshi et al., 2010 Figure 4e
Unloaded pause entrance rate	k_{EN0}	$k_{EN} = k_{EN0}\exp(F/F_{EN})$	19.4 min^{-1}	pausing	Figure 5a, red
Pause entrance rate force sensitivity	F_{EN}	$k_{EN} = k_{EN0}\exp(F/F_{EN})$	-4.6 pN	pausing	Figure 5a, red
Unloaded pause exit rate	k_{EX0}	$k_{EX} = k_{EX0}\exp(F/F_{EX})$	9.0 min^{-1}	pausing	Figure 5a, blue
Pause exit rate force sensitivity	F_{EX}	$k_{EX} = k_{EX0}\exp(F/F_{EX})$	14.1 pN	pausing	Figure 5a, blue
Unloaded run speed	v_0	$v_{RUN} = v_0\exp(F/F_{RUN})$	0.52 μm·min^{-1}	neither	Figure 5b
Run speed force sensitivity	F_{RUN}	$v_{RUN} = v_0\exp(F/F_{RUN})$	14.8 pN	pausing	Figure 5b

781 **Table 1. Parameter table for coupled microtubule pairs simulated for non-pausing and pausing models.** Relevant parameters
782 measured from constant force recordings from (Akiyoshi et al., 2010). These parameters were used to simulate coupled
783 microtubule pairs using each of the models described in the main text. The equation in which each parameter is used, as well as
784 which models of microtubule growth use that equation, are indicated.

Bin number	N	Lower bound [pN]	Upper bound [pN]	Pause entrances	Time in pause [s]	Pause exits	Time in run [s]
1	41	0.69	1.94	1834	10957	1830	7364
2	85	1.94	2.97	3502	18047	3501	18952
3	77	2.97	3.999	2376	12842	2374	18159
4	60	3.999	5.98	1937	9661	1932	16993
5	60	5.98	7.99	1439	5930	1438	18465
6	25	7.99	10.3	387	1298	378	6559
7	9	10.3	18	23	93	23	712

786 **Table 2. Number of recordings, bounds, and pause quantification from force-clamp dataset, binned by force**. Table describing
787 constant force recordings in (Akiyoshi et al., 2010) and the pause quantification performed in the current work. N indicates the
788 number of recordings in a particular bin. For consistency, these force bins are identical to those used in (Akiyoshi et al., 2010).

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