Multi-view integration of microbiome data for identifying disease-associated modules

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Abstract

Machine learning (ML) has become a widespread strategy for studying complex microbiome signatures associated with disease. To this end, metagenomics data are often processed into a single "view" of the microbiome, such as its taxonomic (species) or functional (gene) composition, which in turn serves as input to such ML models. When further omics are available, such as metabolomics, these can be analyzed as additional complementary views. Following training and evaluation, the resulting model can be explored to identify informative features, generating hypotheses regarding underlying mechanisms. Importantly, however, using a single view generally offers relatively limited hypotheses, failing to capture simultaneous shifts or dependencies across multiple microbiome layers that likely play a role in microbiome-host interactions.

In this work, inspired by the broad domain of *multi-view learning*, we aimed to investigate the impact of various integration approaches on the ability to predict disease state based on multiple microbiome views, and primarily to generate multifaceted biological hypotheses linking features across views. We first implemented an "early integration" ML pipeline to serve as a baseline for disease predictability and informative features' detection, and compared the resulting multi-view models to naïve single view models. Using a dataset collection of 25 case-control metagenomic studies, we found that multi-view models typically offer prediction accuracy that is comparable to that of the best-performing single view model, yet, further provide a mixed set of informative features from different views while accounting for between-views dependencies. Such early-integration multi-view models, however, are still limited in their ability to provide well-defined disease-associated multi-view modules that can be used to generate mechanistic hypotheses concerning the disease in question. To address this challenge, we developed a novel "intermediate integration" framework termed MintTea, based on sparse generalized canonical correlation analysis (CCA), to identify *multi-view modules* of features, highlighting shared disease-associated trends in the data expressed by the different views. We showed that this framework identified multiple modules that both are highly predictive of the disease, and exhibit strong within-module associations across features from different views. We further demonstrated that MintTea has significantly lower false discovery rates compared to other CCA-based approaches. We accordingly advocate for using multi-view models to capture multifaceted microbiome signatures that likely better reflect the complex mechanisms underlying microbiome-disease associations.

Introduction

The use of machine learning (ML) in human microbiome studies that aim to predict disease state or other host phenotype based on microbiome features has been rapidly increasing in popularity and scale[1–5]. The motivation for such studies typically involves evaluating the overall association of the microbiome with the host phenotype[1,4,6], using model explainability methods to identify a subset of important features and generate new biological hypotheses[7–9], or developing new diagnostic tools, risk score calculators[8,10–13], or microbiome-based recommendation systems[14,15]. Such ML modelling efforts generally start with the processing of raw metagenomic data (as well as other omics, when available) into structured feature tables, followed by the application of tailored ML pipelines that typically include a feature selection step, model construction, and a careful performance evaluation[3]. Clearly, the entire processes, therefore, involves multiple choices the researcher must make, which, in turn, could dramatically impact the study outcome[1,4,5,16].

One specifically dramatic choice in developing such ML models is the microbiome representation that will be used, i.e., the type of features that will serve as input for the ML pipeline. Different representations capture different aspects of the microbiome, and can be seen as complementary "views" through which the microbiome can be studied. Raw shotgun metagenomics, for example, can be processed into several different views: Researchers can choose to focus on taxonomic profiling (and at varying taxonomic levels) using tools such as Kraken2[17], mOTUs2[18] or MetaPhlAn4[19] for taxonomy assignment and abundance estimation. They can also use functional profiles, estimating the abundances of genes or pathways in the metagenome, as generated by tools such as HUMAnN3[20] or MetaLAFFA[21]. Additional profiles that could potentially be inferred based on shotgun data include strain markers[22], single nucleotide variation profiles[18], microbial genomic structural variants[23], bacteriophage profiles[24], and others. Moreover, advances in various high-throughput technologies have recently prompted a proliferation of *multi-omic* microbiome studies, where the same set of samples are profiled via multiple molecular assays[25–27], including, for example, transcriptomics or metabolomics. When other such omics are available, these can be similarly used as additional views for modelling, offering potentially complementary perspectives of the microbiome and its interaction with the host. Indeed, focusing on the gut microbiome, the addition of fecal metabolomics, for example, can provide valuable insights into the metabolic environment in the gut, which could in turn be incorporated into the constructed model. Below, we refer to these different types of data as different *views*, although in the literature,

they may be interchangeably referred to as different *omics*, *modalities*, *representations*, or

feature sets. It is also important to note that not all views necessarily offer the same

informative value, and several studies have shown that different views may be more or less

suitable for different classification tasks[4,5,16,28,29].

Importantly, however, when data from such multi-omic studies are analyzed, the different

views (omics) are often examined independently, or in a cross-view univariate manner using,

for example, correlation networks[25,30–32]. Clearly, in the context of a classification problem, it

is reasonable to assume that more sophisticated multivariate integration of different views

may improve both model performance and downstream biological hypothesis generation.

Indeed, several recent reviews have highlighted the benefits of multi-view/multi-omic ML

modelling across different biological and clinical domains[33–35], and successful multi-omic

classification models have been introduced, for example, in breast cancer therapy

prediction[36], early diagnosis of Parkinson's disease[37], and COVID-19 severity prediction[38]. In

the microbiome domain, ML methods that allow multi-view integration are still somewhat

scarce, but a few such approaches have been previously used to highlight association with

disease, to identify disease subtypes, or to generate mechanistic hypotheses about host-

microbiome interactions involving multiple omics[25,27,39,40]. One recent study, for example,

used sparse canonical correlation analysis (sCCA) to integrate taxonomic profiles and host

transcriptomics to identify multi-omic associations that are either shared or specific across

different gastrointestinal diseases[27]. These studies testify to the potential benefit of such

models, yet, their applicability to diverse microbiome datasets, and the robustness of the

obtained results, remain unclear.

In this study, we set out to explore and promote the use of multi-view machine learning for

microbiome research, hypothesizing that mechanisms underlying a certain microbiome-

disease association may often involve various taxa, functions, and metabolites, and that these

features will, in turn, exhibit coordinated patterns that could potentially be identify by

advanced integration approaches. To comprehensively assess the use of multi-view learning

in microbiome research, we collected data from 25 diverse case-control cohorts with

available shotgun metagenomics data, 7 of which further included metabolomics data, and for

which several different "views" can be obtained. We compared both the prediction accuracy

and the identification of informative features obtained by models trained on single-view data

and by models trained on concatenated multi-view data (a.k.a. "early integration" approach),

as a baseline for ML-based detection of microbiome-disease associations. We then developed

a novel "intermediate integration" approach which we term *MintTea*, to specifically identify modules of features from all views that jointly shift in disease, thus reflecting both interactions between views and association with disease. Unlike standard multi-view ML pipelines, MintTea is focused on identifying robust and meaningful multi-view modules, and not only optimizing predictive performance (and see also Supplementary Note 1). We showed that some of the modules identified by MintTea are in agreement with previous observations concerning the role of the microbiome in disease, and provided a complete catalog of identified multi-view modules across all datasets analyzed. This work thus serves as a proof of concept for the benefit of integrating multiple microbiome data types in a single ML pipeline for disease classification, and for going beyond naïve, early-integration, approaches.

Results

Overview

To examine different multi-view integration approaches across diverse microbiome datasets, we obtained 25 different datasets of shotgun metagenomics sequencing. All datasets are from case-control studies, spanning multiple health conditions and diseases (Supplementary Table S1). For each dataset, we generated 3 different feature sets based on the metagenomic data, namely: a taxonomic profile ("T"), a gene family profile ("G"), and a pathway-level profile ("P") (see Methods, Figure 1A). For 7 of the 25 datasets, metabolomics data was also available, and we hence additionally included a metabolite profile ("M") for these datasets. We specifically focused initially on 4 datasets, describing cases-control studies of ulcerative colitis (UC) and Crohn's disease (CD)[41], late-stage colorectal cancer (CRC)[26], and liver cirrhosis[42]. We then also describe result highlights for all of the additional datasets.

In addition to analyzing these multi-view data without integrating the different profiles, we focused on two different integration approaches (Figure 1B), with a two-pronged objective in mind: First, optimizing disease classification based on multiple different microbiome views, and second, generating biological hypotheses that capture the interactions between the different microbiome views and between these views and the disease state. We followed common terminology in this domain and labeled the two approaches as "early integration" and "intermediate integration", where the former refers to a naïve concatenation of different

136   views into a single joint table ("T+G+P" or "T+G+P+M"), and the latter refers to a joint

137   analysis of interactions between views and between each view and the phenotype, ultimately

138   identifying multi-view modules of features with a concordant disease-associated behavior.

Figure 1: Multi-view microbiome data and integration approaches. (A) Data types used in this analysis. Throughout the manuscript, taxonomic, gene, pathway and metabolite abundances are labeled with the letters 'T', 'G', 'P', and 'M', respectively. (B) Different integration approaches carried out using multiple data types.

Single-view vs. early integration multi-view disease models

To first assess the information captured in single vs. multi-view feature sets and the abilities

of simple ML models to pinpoint informative features, we implemented a ML pipeline with

random forest (RF) classifiers to predict the disease state of the host based on microbiome

features (Figure 2A). This pipeline included multiple commonly used steps, such as filtration

of rare features, clustering of highly correlated features, and feature selection (see Methods

for full details). Feature selection, specifically, was used within the cross-validation

procedure and before model training, aiming to address the substantially high number of

features, simplify training, and discard non-informative features (Methods and

Supplementary Table S2). Importantly, though feature selection is often focused on

optimizing model performance, here we intentionally implemented and tested a few different

"all-relevant" feature selection methods[43], whose goal is to also retain all informative (and

potentially biologically relevant) features, even in the presence of redundancy (see

Supplementary Note 2 for further details and a list of the feature selection methods tested).

Notably, we found that feature selection markedly enhanced our ability to predict disease

state across multiple datasets and feature sets (Supplementary Figure S1A). We also

examined the stability of each feature selection method – an important property of feature
selection that is often overlooked[44] – by comparing the selected features when the method is
applied to different subsets of the data. We found that different methods varied significantly
in their stability (Supplementary Figure S1B-C), and that higher stability was, perhaps not
surprisingly, strongly correlated with higher model AUCs (Pearson correlation > 0.7, $P < 10^{-7}$
across all feature selection methods). We finally ran this pipeline once for each feature set
independently ("single-view" models), and once using a concatenated table of all feature sets
(the "multi-view" model, using an "early integration" approach as described above). Receiver
operating characteristic (ROC) area under the curve (AUC) was averaged over cross-
validation iterations for each dataset and each feature set (See Methods).

Figure 2: Multi-view machine learning (ML) modelling of host diseases using no integration vs. early integration. (A) A diagram of a ML pipeline for microbiome data. Model evaluation is carried out through a repeated cross-validation procedure. Final estimations of model performance are averaged over repeats and folds. (B) Sample sizes for 4 of the datasets used in this study. Dark and light grey indicate the number of subjects in the "control" study group (noted: 'C'), and the "disease" group (noted 'D'), respectively. See Supplementary Figure S1 for equivalent details about additional metagenomic datasets analyzed. (C) Number of features selected by the feature selection step, per dataset and per feature set ('view') used. (D) Mean AUC (and standard deviations) of random forest

We found that for all 4 datasets, at least one of the single-/multi-view models resulted in an
AUC > 0.8, with 3 datasets reaching an AUC > 0.9, indicating a substantial disease-
associated microbiome signature in IBD, advanced CRC, and liver cirrhosis (Figure 2D), in
agreement with original studies and several reports on additional cohorts[45–48]. Interestingly,
however, comparing the accuracy of the single-view models to that of the multi-view model
in each dataset, we found that the multi-view model is generally comparable to the best
single-view model, but that it does not significantly outperform it (Supplementary Figure S2;
ANOVA and paired T-tests, see Methods). This finding likely indicates that the information
captured in the various views often largely overlaps, introducing redundancy into the model.
We also observed that among the single-view models, different views performed best for
different diseases and different studies, though overall, taxonomic profiles tended to perform
best (Supplementary Table S3). Of the remaining 21 datasets, 13 achieved an AUC > 0.7 in at
least one model and were therefore retained for downstream analysis (Supplementary Figure
S3, Supplementary Table S2).

To benchmark our entire pipeline we also compared our results to previously published
studies which applied similar ML pipelines to the same datasets[1,4,6,26]. Notably, although
several major differences exist between the pipelines in terms of modelling approaches,
feature transformation, and evaluation strategy, our pipeline resulted in comparable AUC's to
other pipelines across most datasets (Supplementary Figure S4). We also compared our
model to null models, where study group labels were shuffled, confirming that all AUC
values obtained by the true models were significantly higher than those obtained by the null
models (Figure 2D, Supplementary Figure S3C).

Lastly, we also ran our pipeline on an additional set of 12 16S rRNA gene sequencing
datasets from the MicrobiomeHD collection (Methods). Of these, 9 achieved an AUC > 0.7
in at least one model (single- or multi-view; Supplementary Figure S5, Supplementary Table
S2). We note that taxonomic models significantly outperformed other models across all 16S
datasets, which is perhaps non-surprising given that the two functional profiles (i.e. G and P)
in these datasets are *inferred* based on phylogeny[49] rather than assayed directly from
sequencing data.

Identifying disease-associated features in single-view and early-integration multi-view models

Having selected relevant features and training a final model, we were also interested in identifying the top informative features, and compare these top features when using single-view vs. multi-view models (Supplementary Table S4). To measure feature importance, we used a permutation-based approach proposed by Altmann et al. (2010)[50]. We further implemented and applied additional feature importance scoring approaches (as well as simple univariate statistical test), confirming that they provide highly correlated scores, though may differ slightly in their ranking of top features (Supplementary Figure S6).

Overall, we found that the top ranked features typically coincided with previous reports on diverse cohorts. In both IBD models, for example, known butyrate-producing species such as *Roseburia hominis*, *Gemmiger formicillis, Faecalibacterium prausnitzii,* and *Coprococcus catus* were decreased in IBD patients compared to healthy controls, and were among the top important features in both single- and multi-view models (Figure 3, Supplementary Table S4)[51,52]. Indeed, reduced abundances of butyrate-producing species has been well-established as an IBD risk factor[53]. Multiple other taxonomic (e.g. *Eubacterium siraeum*, *Dorea formicigenerans*, *Oscillibacter sp. 57_20*), functional (e.g. pyrimidine deoxyribonucleoside salvage, methylglyoxal degradation), and metabolite (e.g. chenodeoxycholate / deoxycholate, urobilin, adrenic acid, nicotinic acid) features with high importance scores were in agreement with differential analysis results on various IBD cohorts worldwide[25,53–55]. We also note that CD was characterized by higher absolute importance scores, as illustrated by darker shades in Figure 3 (as well as generally higher AUCs), likely reflecting the more prominent shift of the gut microbiome and metabolome in CD compared to UC[56].

Interestingly, examining the top 10 features in the multi-view models of both CD and UC (Figure 3), we found that they span both taxonomic features, gene families, and metabolites, indicating that the microbial signature in IBD may be best captured by a mixed set of features (also see Supplementary Figure S6B,D). Also, we note that among these top 10 multi-view features, the number of metabolite features was somewhat higher, likely reflecting the fact that these features originated from metabolomic assays which are completely independent from the other metagenomic-based views and thus less redundant compared to them. A similar analysis of the CRC dataset can be found in Supplementary note 3.

Figure 3: **Single-view vs. early integration multi-view feature importance in predicting IBD**. Feature importance analysis is presented for CD (A) and UC (B), using Altmann's method applied to single-view ML models (left columns), or to the early integration multi-view ML models (right columns; Methods). A union of the top 10 single-/multi-view contributors are shown for each dataset, grouped by feature type (T/G/P/M prefix, colors as in Figure 1A). Numbers represent the feature's importance rank in either the single- or multi-view model (ties were all assigned the minimal rank within the tied group of values). Ranks up to 10 are colored black, while higher ranks

are in grey. Symbols next to each feature name indicate whether that feature was significantly elevated (up triangle) or decreased (down triangle) in individuals with the disease (no triangle indicates no statistically significant difference). A star at the end of a feature name indicates that this is a cluster representative (see Supplementary Table S8).

CD: Crohn's Disease; UC: Ulcerative Colitis; SP: Super-pathway; THBC-CA: 1,2,3,4-tetrahydro-beta-carboline-3-carboxylic acid; HypD: hydrogenase expression/formation protein HypD; citD: citrate lyase subunit gamma (acyl carrier protein); aspC, aspS: non-discriminating aspartyl-tRNA synthetase; togB: oligogalacturonide transport system substrate-binding protein; SLC13A2_3_5: solute carrier family 13 (sodium-dependent dicarboxylate transporter), member 2/3/5; ptsG: glucose PTS system EIICBA or EIICB component; cobA-hemD: uroporphyrinogen III methyltransferase / synthase; fixB, etfA: electron transfer flavoprotein alpha subunit; nagEb: N-acetylglucosamine PTS system EIIB component; phnE: phosphonate transport system permease protein; oadA: oxaloacetate decarboxylase (Na+ extruding) subunit alpha; MurNAc: N-acetylmuramyl; DHQ: 3-Dehydroquinic acid; PY: pyrimidine

From early to intermediate integration: Introducing *MintTea*

While the identification of important features in the early integration multi-view models
above provided insights into microbial markers of disease across different layers, it may fail
to account for important information concerning the interaction between these layers or
concordant disease-associated shifts in different views. This caveat is especially concerning
when aiming to identify cohesive, distinct, and interpretable multi-omic disease signatures,
that go beyond one mixed pool of informative features from the various views. Put
differently, we wish to put forward a method that can identify multi-omic *modules*, each
representing a set of features from multiple views that capture both shared trends across the
various omics and association with disease.

One alternative integration approach that can be utilized for such a task is termed
intermediate integration, in which each view is first transformed into an intermediate
representation that captures both within- and between- view interactions and can potentially
be used for disease classification. Canonical correlation analysis (CCA), for example, is one
popular intermediate integration method that was previously extended and applied to
microbiome-related multi-omic data, specifically using sparse CCA (sCCA) – a CCA
extension that included sparsity constraints, or sparse generalized CCA (sGCCA), which
generalizes sCCA to further support more than two views[57,58]. Importantly, the

transformation process itself can further take the disease state of each sample into account,
thus extracting representations that highlight both interactions across different views and
between views and the disease (as in, for example, Refs[58,59]). Unfortunately, CCA and its
extensions are highly sensitive to small perturbations in the data, atypical samples,
collinearity between variables, and potentially non-unique solutions[57,60].

To address this challenge and present a framework that can identify cohesive, disease-
associated, multi-omic *modules,* we developed an intermediate integration framework, termed
MintTea (Multi-view INTegration Tool for microbiomE Analysis), based on sparse
generalized canonical correlation analysis (sGCCA) and inspired by previously introduced
methods[58,59]. Specifically, MintTea's analysis identifies sets of features from multiple
different views that are both strongly associated with the disease and with each other.
Moreover, MintTea-identified modules aim to account for noisy data and to ensure robust and
confident results. Briefly, the framework receives two or more feature tables describing
different views (or omics) for the same set of samples, and a label for each sample (e.g.,
healthy vs. disease). It then searches for a *sparse* linear transformation per feature table that
yields maximal correlations between the respective latent variables, as well as between these
variables and the label. This first set of latent variables is referred to as the first component,
and additional components can be computed iteratively such that each new component is
orthogonal to the previous ones. This sGCCA variant, which encodes the label as an
additional view, was ran using DIABLO's implementation of this variant[59]. Importantly, to
identify subsets that are robust to small changes in the input data, the entire process is
repeated multiple times on random data subsets (e.g., 90% of the samples), and the final
multi-view modules are defined as sets of features from different views that consistently co-
occurred in the same component ("consensus modules"; see Methods). To assess the overall
association of each identified module with the disease, MintTea further tests the combined
predictive power of each module, using the first principal component (PC) calculated on all
module's features and subsequently computing its AUC. Lastly, MintTea compares the true
AUC to AUCs obtained using randomly selected modules (of the same size and distribution
over views), effectively serving as null models (Methods). The final outcome for each dataset
is therefore multiple multi-view modules, each capturing features from all views that are
highly associated within view, between views, and between views and phenotype. The entire
pipeline, including data preparations steps, is depicted in Figure 4A.

In Supplementary note 1, we discuss the conceptual differences between MintTea and other closely related approaches, and specifically compare MintTea to DIABLO[59] and sGCCA[58] in terms of module-disease association, between-view associations, stability of obtained modules, false discovery rate, and orthogonality of modules. We found that MintTea provides a good balance across multiple desired properties, while achieving a substantially lower false discovery rate (Supplementary Figure S7).

Figure 4: Identifying disease-associated multi-view modules via MintTea intermediate integration framework. (A) A diagram of the MintTea pipeline. (B-D) Properties of the multi-view modules obtained by applying MintTea to several key datasets, including (B) the number of features

in each module, stratified by feature type, (C) cross-view correlation per module, calculated as the average pairwise correlation between features of different views (with grey points and lines indicating the average and standard deviation of correlations obtained from random modules of the same size), and (D) AUC per module, calculated using the first principal component values against disease state of each sample (again compared to random modules, in grey). (E) A multi-view module predictive of liver cirrhosis. Node colors represent feature type (T/G/P). Edges connect features that appeared together in a sGCCA component over 80% of data subsampling iterations. (F) A sub-module of mixed features, shared between a CD-predictive module (module 3) and a UC-predictive module (module 2).

sGCCA: Sparse Generalized Canonical Correlation Analysis; SP: super-pathway; GGPP: geranylgeranyl diphosphate; SHCHC: 2-succinyl-6-hydroxy-2,4- cyclohexadiene-1-carboxylate; CiaR: two-component system, OmpR family, response regulator CiaR.

Using MintTea for identifying multi-view disease-associated modules

Applying MintTea to the 4 datasets previously described, we found 5 modules in the CD data, 6 in UC, 4 in late-stage CRC, and 3 in cirrhosis (Figure 4B), the majority of which capturing strong correlations (Pearson's $r > 0.3$) between features from different views (Figure 4C). Moreover, of these modules, 1, 2, 1, and 1, respectively, were further highly predictive of the disease state, exhibiting an AUC that was both above 0.7 and significantly higher than random modules (see Methods, Figure 4D, Supplementary Table S5). Intriguingly, however, we found that the features included in the highly predictive modules noted above did not necessarily overlap with those ranked highest by the single-view and early integrated multi-view models discussed in the previous section. Specifically, only 28.6%-77.8% of the features in each module were also significant contributors in the *single-view* models. Similarly, 14.3%-77.8% of module features were significant contributors in the *multi-view* models. This may confirm the ability of the intermediate integration approach to not only consider a single feature's contribution to disease prediction, but also take into account interactions between features, balancing between these two objectives. A detailed list of features in each module is available in Supplementary Table S6.

Figure 4E presents one example of such a multi-view module associated with liver cirrhosis (metagenomics only, no metabolomics). Indeed, multiple features in this module are related to bacterial contribution and response to oxidative stress (OS), a key driver of cirrhosis[61–63]. The bacterial species driving this module are typically found in the human oral cavity, including several *Streptococcus*, *Veillonella*, and *Megasphaera* species (both commensal and

opportunistic pathogens)[64], all of which previously found to be increased in stool samples of

individuals with liver diseases[65–67], as well as other gastrointestinal disorders[68–70]. We also

observe that several functional features (genes and pathways) in the module are *Streptococci-*

related and/or oxidative stress related, including the pyruvate oxidase gene, shown to be

possessed by multiple *Streptococcus* species and produce ROS[71], CiaR, a signaling

mechanism highly conserved in *Streptococci* that has a central role in the regulation of stress

tolerance[72], and nitrate reduction, which promotes oxidative stress and has been confirmed in

almost all of the *Streptococcus* and *Veillonella* species appearing in the module[73]. We

hypothesize that the *Veillonella* species take part in the module mostly due to their strong co-

abundance patterns with various Streptococcus species. Indeed, a recent study found that

Streptococcus and *Veillonella* species were co-abundant across multiple large-scale cohorts[74],

also in line with known metabolic interactions between them[75]. *Veillonella* species have also

been shown to reduce oxidative microenvironments, thus facilitating the growth of

Streptococci and others[76]. Other features such as the (R,R)-butanediol biosynthesis

superpathway are most likely included in the module as they are primarily driven by

Streptococcus species, as implied by HUMAnN3's taxon-stratified output. Overall, this

module suggests a potential multi-layer stress-related mechanism of specific bacterial species

that is highly associated with liver cirrhosis.

We further checked whether there are significant overlaps between modules from the four

different datasets and disease states (Supplementary Table S7). One significant overlap

(Fisher's exact test FDR value $7 \cdot 10^{-7}$) included 5 features shared between CD-associated

module 3 and UC-associated module 2 (both of which were highly predictive of disease,

AUC > 0.8, Figure 4F), including *Escherichia Coli*, heme b biosynthesis pathway (MetaCyc

PWY0-1415), (5Z)-dodecenoate biosynthesis pathway (PWY-7858), urobilin metabolite and

3-methyladipate/pimelate metabolite. Of these, the first 3 are significantly elevated in IBD

fecal samples and the latter 2 are decreased. Significant correlations were detected between

these features (either positive or negative) even when controlling for study group (linear

regression FDR values $< 1 \cdot 10^{-4}$, for all feature pairs). We also observed that the majority of

metagenomic reads mapped to the two pathways were indeed contributed by *E. coli* (as

reported by taxon-stratified HUMAnN3 outputs). We postulate that this set of features reflect

a heme-related mechanism led by specific heme-metabolizing *E. Coli* strains. Indeed,

intestinal inflammation has been shown to result in decreased enteric iron and increased

enteric heme availability, promoting an environment favorable for heme utilizing bacteria

such as *E. Coli*[77–79]. Furthermore, fecal urobilin, a downstream product of heme degradation

(via bilirubin), is significantly decreased in IBD patients, both in this dataset and in

independent cohorts[25,69], in accordance with reduced host heme catabolism. *E. Coli* has been

repeatedly reported to be overrepresented in IBD patients, based on both fecal samples[25] and

mucosal biopsies[79,80], often with indications of mucosa invasion in CD specifically[81]. It has

been further suggested that *E. coli* has a causative role in intestinal inflammation, as opposed

to merely colonizing inflamed mucosa[82]. We also note that Urobilin, Pimelic acid, and 3-

Methyladipate were all found to be highly associated with the gut microbiome in multiple

independent datasets, in a meta-analysis study we have previously conducted[83]. Though fecal

Pimelic acid / 3-Methyladipate were also previously shown to be significantly decreased in

IBD patients[25,69], we could not recover a specific mechanistic connection to *E. Coli* and heme

utilization.

Lastly, we evaluated the overall predictive power of all modules in each dataset, by training

ML models on the 1st PCs of all modules, and estimating their combined performance with

cross-validation. We found that the multi-view modules by themselves achieved an AUC

comparable to that of the previous models in CD and cirrhosis datasets, while utilizing a

significantly smaller number of features in total (Supplementary Table S5, Supplementary

Figure S8). In the liver cirrhosis dataset, for example, MintTea modules achieved an AUC of

0.905, based on 50 features in total that were further translated into just 3 values, representing

the 1st PC of each of the 3 modules that these 50 features were grouped into. In comparison,

the early integration approaches achieved a slightly better AUC of 0.929, but used 383

features for training the ML model after feature selection. Similarly, the overall AUC of the

CD modules was 0.961, compared to 0.958 using early-integration, utilizing 66 features (in 5

modules) compared to over 1900 used for ML training. Finally, though AUC performance in

the UC and CRC datasets was lower than that of previous early integration models, AUC

estimations in all cases were significantly higher than those reached when training similar

models on random modules (Supplementary Figure S8).

The landscape of multi-view modules across cohorts and disease states

364 Having shown that MintTea was capable of identifying multi-view modules exhibiting

365 associations both in-between views and with a disease, we finally applied MintTea to all

shotgun datasets described above (i.e. a total of 17 datasets), to map the landscape of such multi-view modules across cohorts in general and across disease states. This analysis has identified several multi-view modules per dataset (average: 5.24), with a varying number of features (ranging between 2 and 95 with an average of 14.43, Figure 5A). All modules are described in Supplementary Tables S5 (modules' descriptive statistics) and S6 (features in each module). As expected, the vast majority of modules captured strong between-view correlations that were significantly higher than expected by chance (Figure 5B). We also examined which of these multi-view modules were further predictive of the disease state (AUC > 0.7 and significantly higher than random modules), identifying 1-2 such modules in most datasets (Figure 5C). Importantly, although no highly predictive modules were identified for certain datasets, different pipeline settings may have resulted in predictive modules for these datasets as well (see Methods).

Notably, examining the modules in the above catalogue may provide novel insight into microbiome-disease associations. For example, in a cohort of individuals from rural Cameroon populations[84], some of whom suffer from soil-transmitted helminths (STH; intestinal worms that infect humans through contaminated soil), we identified two STH-associated modules (AUC 0.71 and 0.82 for modules 1 and 2, respectively) that may hint at two distinct or complementary infection signatures, possibly related to different STH types or different population characteristics. Supportive of this hypothesis, module 1 includes *Treponema succinifaciens* which is increased in hunter-gatherers and was also found to be positively associated with Trichuris (whipworm) infections specifically[84,85]. The module also includes known *Treponema* genes (K10190, K10843). Remarkably, only 2 of the 14 features in this module contributed to the early-integration ML model, further demonstrating the potential value of intermediate integration approaches. As another example, module 2 in the myalgic encephalomyelitis / chronic fatigue syndrome (ME/CFS) cohort[86] achieved an AUC of 0.73 and included 4 species, 3 pathways, and 1 KO, with 7 of the 8 features significantly elevated in ME/CFS patients (one pathway was not significantly differentially abundant). The module includes the *Bacteroides fragilis* species, which was specifically elevated in patients that do not also suffer from irritable bowel syndrome (IBS), a highly-common comorbidity of ME/CFS that may confound ME/CFS-microbiome associations. Two additional species in the module, as well as pathways of aliphatic amino acid biosynthesis (PWY-5101, P163-PWY), were previously implicated in depression and/or fibromyalgia, both of which closely related to ME/CFS[87–89].

Following the example in Figure 4E, we next mapped all significantly overlapping modules

across all 17 datasets (including both disease-associated and not disease-associated modules).

We identified a total of 119 significant overlaps (Fisher's exact test FDR-corrected P value <

0.1, and at least 3 features in common), suggesting highly prevalent multi-view associations

between microbiome features (Supplementary Table S7, Figure 5D). These could potentially

represent cohesive and universal building blocks of the microbiome's composition and

function. We also identified specific bacterial species that appeared in multiple modules of

different datasets. *Bifidobacterium longum*, for example, a key commensal in the human

gastrointestinal tract and a common probiotic, appeared in modules of 10 different datasets

(though not disease-associated in their corresponding datasets). Perhaps not surprisingly, *B.*

longum tended to appear with metabolic pathways related to dietary carbohydrate

metabolism, including glucose fermentation to lactate (also termed '*Bifid* shunt'[90]) and starch

biosynthesis. Indeed it is estimated that approximately 12% of the annotated open reading

frames in *Bifidobaterium* genomes are assigned to carbohydrate-metabolism related

functions[91]. The methylerythritol phosphate pathway (MetaCyc: NONMEVIPP-PWY), and

its superpathway of geranylgeranyl diphosphate biosynthesis were also consistently included

in these modules, in accordance with fact that most of the reads assigned to this pathway

were contributed by *Bifidobaterium* species, as determined by stratified HUMAnN3 outputs.

Interestingly, other species commonly appearing with *B. longum* in MintTea modules were

also from the *Bifidobacteriaceae* family, including *B. adolescentis*, *B. pseudocatenulatum*,

and *Aeriscardovia aeriphila* (previously classified as belonging to the *Bifidobacterium* genus

as well[92]). Taken together, these modules suggest a common axis of variation shared between

multiple cohorts and characterized mainly by *Bifidobacterium* species and carbohydrate

metabolism. Two other examples of species appearing in multiple modules, namely

Flavonifractor plautii (which was also consistently over-abundant across different disease

states) and *Klebsiella pneumoniae*, are provided in Supplementary Figure S9. Though some

features consistently co-occurred with these species across modules, most features appeared

in a single module only, suggesting that different datasets contain different feature

dependencies even in relation to the same bacterial species.

Figure 5: Multi-view modules across datasets and disease states. (A-C) Overview of multi-view modules identified for the 13 additional shotgun datasets (adding to the 4 datasets shown in Figure 4B-D). See legend of Figure 4B-D. Modules with features from a single view only were discarded and are not shown here. (D) Significant overlaps between multi-view modules of different datasets (Fisher's exact test FDR < 0.1, and at least 3 features in common). Each sector in the circus plot represents a multi-view module, grouped by the datasets to which they belong. Black dots represent disease-associated modules. Links between modules indicate significant overlaps. Modules including *Bifidobacterium longum* are further marked with orange dots and links. (E) Multi-view modules from multiple datasets that include *Bifidobacterium longum*. For each dataset listed on top, all module features are marked by points or triangles. Triangles pointing up indicate that the feature levels were

significantly increased in disease, while triangles pointing down indicate an opposite trend. Circles indicate no significant difference between study groups. None of these modules were highly predictive of disease state (AUC < 0.7), but all modules had significant cross-view correlations (r > 0.3, Methods); SP: super-pathway; Lys: L-Lysine; Thr: L-Threonine; Met: L-Methionine; GGPP: geranylgeranyl diphosphate; hypBA1: non-reducing end beta-L-arabinofuranosidase; aroKB: shikimate kinase / 3-dehydroquinate synthase; whiB1_2_3_4: WhiB family transcriptional regulator, redox-sensing transcriptional regulator;

Methods

Dataset collection

In this work we collected, processed, and analyzed data from two previously published large-scale microbiome data repositories, namely curatedMetagenomicData[93] and MicrobiomeHD[6], as well as from additional studies that included both metagenomics and metabolomics data. Below are details describing the data obtained from each of these sources and their processing.

We first processed data from 3 case-control studies that profiled both stool shotgun metagenomics and metbaolomics[26,41,94]. For each of these studies we ran HUMAnN3[20] to obtain KEGG Orthology (KO) profiles and MetaCyc[95] pathway profiles. MetaPhlAn3[20] was used to obtain taxonomic profiles at the species level. Processed metabolomics data was obtained from the supplementary information of each of the original publications or online repositories. Only identified metabolites (i.e., annotated with metabolite name by the original study's authors) were included in the analysis, to allow downstream interpretation. Metadata per subject was obtained from the supplementary information. When distinct disease subtypes were present, we split the data into separate datasets per disease sub-type, taking each sub-type as the "case" patients, and the same set of control subjects as shared controls. Specifically, the IBD data from Franzosa et al.[41] were split into Chron's disease (CD) and Ulcerative Colitis (UC) and CRC data from Yachida et al.[26] were split into CRC stages. In both of these cases, the original publications indicated unique microbiome signatures for each disease sub-type/stage, and performed ML modelling for each sub-type/stage separately, as we performed here.

Eighteen processed shotgun metagenomics datasets were extracted from the *curatedMetagenomicData* R package[93], version 3.2.3, together with the corresponding

sample metadata. Specifically, MetaPhlAn3[20] species-levels abundances and HUMAnN3[20]

unstratified gene-level (UniRef) and pathway-level (MetaCyc) abundances were obtained.

We only considered datasets with data from at least 40 stool samples from different subjects

in each study group (as defined by the "study_condition" variable). Longitudinal studies were

excluded. We mapped UniRef gene abundances into KO abundances using the mapping file

provided by HUMAnN3. Additional details for each dataset are available in Supplementary

Table 1.

We further downloaded 12 stool 16S amplicon sequencing datasets from the *MicrobiomeHD*

collection[6]. Only studies with at least 40 cases and at least 40 controls were taken. Each

dataset included sample metadata, 16S OTU abundances (clustered by 100% similarity using

USEARCH[96]), and taxonomy assignments at the genus level (computed by RDP

classifiers[97]). To further generate functional profiles for each 16S dataset, we ran PICRUSt2[49]

with default settings and obtained KO and MetaCyc pathway profiles. Additional details on

each dataset are available in Supplementary Table 1.

In total, data analyzed in this study included 5,702 samples, obtained from 28 studies, and

partitioned into 37 case-control datasets, covering 16 disease states. Of these 5,702 samples,

759 included shotgun metagenomics and metabolome data, 2,389 shotgun metagenomics data

only, and 2,554 16S data only. For most analyses, only shotgun metagenomic datasets were

used.

Shared data preprocessing

For each of the datasets described above, we obtained sample metadata, taxonomy

abundances (T), gene abundances (G), pathway abundances (P), and, when available,

metabolite abundances (M) (Figure 1A). For all datasets: T,G, and P profiles were converted

into relative abundances (by total sum scaling); Metabolite values were log-transformed;

Constant and rare features (defined as those with <15% non-zero abundance values, or a

mean abundance <0.005%) were discarded; Highly correlated features were clustered such

that absolute correlations between any two cluster members is higher than 0.99, and using

one random feature as cluster representative (Supplementary Table S8); Lastly, non-bacterial

MetaCyc pathways were removed from the P profile, as annotated in the MetaCyc database

within the "Expected Taxonomic Range" field.

Predicting disease state using microbiome features

We implemented a standard ML pipeline to assess disease predictability in each dataset and

using each feature set. Training was performed with a repeated 5-fold cross validation (10

repeats) procedure and included a feature selection step (as described below), training a

random forest (RF) classifier, evaluating model performance on out-of-fold data using

receiver operating characteristic (ROC) area under the curve (AUC), and evaluating feature

importance (as described below). We used the 'ranger' R package[98] for RF modelling with a

"min_n" of 8 and otherwise default parameters. We opted for RF due to its simplicity on the

one hand and its tendency to perform well on microbiome abundance data as consistently

shown in previous studies[1,4,6,48,99,100]. Hyper-parameter tuning for the RF classifiers with a

nested cross-validation approach did not result in significantly improved performance for

most datasets and was therefore discarded.

Feature selection

To reduce data dimensionality and risk of overfitting, we dropped non-relevant features,

using 4 different 'all-relevant' feature selection approaches (including simple univariate tests,

feature importance-based methods, and Boruta[43]), as well as no feature selection for

comparison. We selected the "all-relevant" approach so that downstream analysis of the top-

performing features will not be subjected to arbitrary removal of redundant features that may

nonetheless be biologically relevant. Details about the different feature selection methods are

described in Supplementary Note 2. Eventually, feature selection was carried out with the

repeated 10-fold cross-validation, running independently for each fold. The best-performing

method per dataset was maintained for downstream analysis (see Supplementary Table S2).

Model evaluation and comparison

Final model performances, for each dataset and each feature set, were determined by

averaging AUC over the 5 repeats and 10 folds (i.e. a total of 50 trained models). The entire

pipeline was also executed on a shuffled version of the data where disease labels were

permuted, to compare true classification performance to that of a null (random) model.

Datasets where all AUC's were below 0.7 were discarded, leaving a total of 17 datasets.

For each dataset, single- and multi-view models' performances were compared using a

repeated measures ANOVA to determine whether any significant differences in AUC are

present. Subsequent paired t-tests were used to determine which specific models

outperformed others. We specifically used a *repeated measures* framework to link models

trained and tested on the same data folds.

We also verified our AUC results against previous studies that trained microbiome-based

classification models for the same datasets and using similar features, either in the original

studies from which data were obtained or in meta-analyses studies[1,4,6,26]. We only performed

comparisons when the authors reported an average AUC using some form of cross-validation

(as opposed to an AUC on an external validation dataset). Notably, the reference models were

often based on different data transformations, different feature selection methods, and

different ML algorithms. See Supplementary Figure S4.

Feature importance analysis

We examined the features importance in each model that achieved an AUC > 0.7, as follows:

Within each fold, we calculated permutation-based feature importance scores implemented in

'ranger' package[98]. We additionally applied the method introduced by Altmann et al.[50] to

assign a *P* value for each feature in each model. Final feature importance per feature was

aggregated over repeats and folds. Final *P* values were FDR-corrected over all features in

each feature set. We refer to features that were selected by the feature selection method in at

least 50% of repeats/folds and obtained a final Altmann FDR < 0.1 as "contributors".

Identifying multi-view disease modules

To identify multi-view sets of features that are both tightly associated with each other and

collectively associated with the disease, we developed a framework based on sparse

generalized canonical correlation analysis (sGCCA)[57,58]. We also utilized the recently

introduced DIABLO method, which extends sGCCA to a supervised scenario[59,101].

Supplementary Note 4 provides detailed explanation and formalization of sGCCA and its

variants. Briefly, when applied to multiple views and a label of interest, DIABLO identifies

sparse linear transformations of each view (termed 'components') so that the resulting latent

variables are highly correlated between views and with the label. One key limitation of such

linear models, however, is that components tend to be highly unstable, especially in the

presence of thousands of features and relatively small sample sizes. Indeed, we observed that

small changes in the input data (for example excluding a few samples) resulted in

substantially different components. We therefore wrapped DIABLO's core sGCCA

computation with a repeated sub-sampling procedure to identify "consensus components"

shared across multiple runs. Specifically, we ran 100 iterations, in each one only a random

sample of 90% of the samples was used for training. For each such run we recorded the list of

features with non-zero coefficients from each view, for each of the first 5 components

(adding additional components did not change downstream consensus components as they

tend to be highly unstable). We then constructed a network of multi-view features where 2

features are connected by an edge if they appeared together in a component in at least 80% of

the iterations. Connected components of size ≥ 2 were considered "consensus components"

which we refer to as "multi-view modules". We term the entire pipeline MintTea (Multi-view

INTegration Tool for microbiomE Analysis).

To assess the extent to which each MintTea-identified module is associated with disease

state, we applied principal component analysis (PCA) to all module features and took the first

PC as a representative of the module. We then computed the AUC for this first PC of each

module, and compared it to "null" modules where the same number of features, from the

same views, were randomly selected. Lastly, we trained a RF model on all modules to

estimate the overall predictive power of modules in each dataset. Classification performance

(measured by ROC AUC), of both single modules and all modules together, was estimated as

before using repeated 10-fold cross-validation.

To assess MintTea's sensitivity to various settings, we ran the entire pipeline using various

parameter combinations. The selected setting tended to perform well across most datasets as

measured by overall AUC's (Supplementary Figure S10A). We additionally confirmed that

using different settings tended to either expand, narrow, or split the original modules, rather

than producing unrelated ones (Supplementary Figure S10B-C). For a few datasets in which

the obtained multi-view modules were extremely large, we used pipeline settings that were

slightly more conservative (Supplementary Table S5).

Lastly, to identify significantly overlapping modules from different datasets, we first

narrowed modules to the set of features available in both datasets, and then ran Fisher's exact

test to determine odds ratios and *P* values. Results are listed in Supplementary Table S7.

The pipeline was developed in R using the packages "mixOmics"[101] for DIABLO running

("block.splsda" function), and "igraph"[102] for graph operations. Supplementary Note 1 further

describes a conceptual and quantitative comparison between MintTea and related methods.

Discussion

In this work, we focused on the application of methods from the domain of multi-view learning to microbiome multi-omic data. Specifically, after exploring the performances of models that do not integrate multi-omic data or that use a naïve "early" integration approach, we developed a novel integrated ML algorithm for simultaneously predicting host's disease based on multiple gut microbiome views and identifying cohesive, multi-omic disease signatures. Our "views" included taxonomic, gene-family, and metabolic pathway profiles derived from shotgun metagenomics data, as well as metabolomic profiles. Analyzing 25 case-control datasets, we found that simply early integration multi-view models typically resulted in performance comparable to the best single-view model, but further provided a mixed set of informative features, spanning different views. Importantly, however, using our new "intermediate integration" MintTea method, we were able to go beyond a pooled list of top informative multi-view features and pinpoint cohesive multi-view modules of features that reflected coordinated trends in the data across views, while also being highly predictive of disease. Indeed, MintTea serves as a proof-of-concept for the potential and value of applying advanced intermediate integration methods to microbiome multi-view data to generate transparent and multifaceted biological hypothesis (see Supplementary note 1 for a discussion about differences and similarities between MintTea and other related approaches).

Our systematic analyses and assessment of various integration approaches (including no integration, early integration, and intermediate integration) also provided several more general and intriguing insights concerning the association between microbiome features and disease. For example, a perhaps surprising observation in our study was that combining multiple views for host disease prediction with early integration did not necessarily improve prediction accuracy. Nonetheless, similar results have been reported on various biological domains[103,104]. We assume that the lack of increased performance, in our analyses, stems from the large redundancy between different microbiome representations, especially in the presence of mechanisms that involve all types of features. In a way, this makes the use of intermediate integration methods even more fitting, as it targets both inter-view associations and disease-related information simultaneously. Notably, different ML pipeline choices, such as an alternative feature selection approach or ML algorithm, may have resulted in slightly different results. Comparing the single-view models to one another, we also observed that different views performed best for single-view prediction for different datasets, though the taxonomic view tended to outperform the functional ones. We emphasize that this result does

not necessarily imply that the former is truly more clinically important than the latter.

Functional profiles at the gene-level are likely too-high-resolution (e.g., include thousands of

gene families), making it challenging for many ML models (even when applying feature

selection), or too-low resolution (e.g., aggregated at the pathway level), masking more subtle

disease-related signals[105].

Intermediate integration methods, an alternative (or complementary) approach to early

integration, have been gaining increased attention due to their ability to uncover intricate

multivariable interactions, as desperately required when dealing with complex biological

systems[106]. Our motivation to use a method based on sCCA was the assumption that gut

microbiome-disease associations are explained by one or more "modules" of features from all

views that take part in a specific mechanism effected by or promoting host disease.

Furthermore, sCCA-based frameworks have been previously applied to various microbiome

multi-view data with insightful results[27,107]. To overcome challenges related to the high-

dimensionality of the data and consequent instability of results, however, we further wrapped

this analytical technique with repeated iterations using data subsamples and consensus

analysis, to identify *robust* multi-view modules based on multiple sCCA components. Using

this approach, we were able to pinpoint several such multi-view modules in each dataset.

Taking the liver cirrhosis dataset as one example, we identified a cirrhosis-associated module

of features including bacterial species typically characteristic of the human oral microbiota,

as well as oxidative-stress related functions. Notably, we also showed that using solely the

first principal component of this one module, *on its own*, achieved an AUC of 0.916, showing

our framework's ability to simultaneously expose both inter-view and disease-related

associations and further hint at biologically meaningful mechanisms.

Applying MintTea to our previously described collection of datasets, and comparing the

modules identified in each dataset, we identified multiple modules with a significantly high

overlap, as well as specific microbiome features that appeared in modules of multiple

datasets. *B. longum*, for example, appeared in modules of 10 different datasets, consistently

co-occurring with dietary carbohydrate metabolism and other pathways. These modules,

alongside additional groups of overlapping modules, suggest common axes of variation in the

gut's microbiome composition and function, shared across multiple cohorts and representing

cohesive, multi-layer microbiome modules. In a way, these modules can thus be thoughts of

as the microbiome's fundamental building blocks or "modes" of operation.

Clearly, any attempt to model disease based on metagenomic and other features can only be as accurate and reliable as the underlying features. Though there are several well-established tools for taxonomic and functional profiling from metagenomics data, they may each induce biases and inaccuracies[108]. Moreover, additional, possibly invaluable features can be recovered from metagenomics and metabolomics data, for example by using assembly-based methods to add unknown-genome abundances to taxonomic profiles[108], or adding unannotated metabolites from untargeted metabolomic profiles. Another limitation is the insufficient control for major confounders known to exert microbiome shifts (e.g., stool consistency and medication usage)[109]. This limitation could be potentially mitigated by careful sample stratification, inclusion of these factors as covariates in models, or even adding such data as an additional "view". Diet, for example, is likely a substantial mediator of many of the identified microbiome-metabolome modules, and it could therefore be especially interesting to include "diet"-view profiles in future analyses to elucidate potential diet-driven mechanisms. Lastly, we note that a major limitation of intermediate integration methods in general is the difficulty to systematically validate the identified modules, largely since systematic mapping of such multi-omic mechanisms is lacking. In this work for example, we suggest methods to evaluate the between-views associations in each module, as well as the overall module's association with the disease, but a validation of the biological coherence of the modules is nonetheless limited.

Overall, this work serves as a proof of concept for integrating multiple microbiome data types in a single machine learning pipeline for disease classification and for generating hypotheses concerning multi-view disease-associated modules. We advocate for using such multi-view intermediate integration models to capture complementary biological insights into the complex mechanisms underlying microbiome-disease associations.

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Data and code availability

Data used in this study was retrieved from either the curatedMetagenomicData package[93] (available at: https://waldronlab.io/curatedMetagenomicData/), the MicrobiomeHD collection[6] (available at: https://zenodo.org/record/569601), or supplementary tables and deposited data from 3 specific studies[26,41,94] (exact source of each table and accession numbers are listed in Supplementary Table S1). The R code used for this analysis, including the MintTea pipeline, is available on GitHub (https://github.com/borenstein-lab/multi_view_integration_analysis).

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Supplementary notes

Supplementary note 1: Conceptual and quantitative comparison between MintTea and other related methods

As described in the main text, MintTea's objective is to identify cohesive disease-associated multi-view microbiome modules, and as such aims to simultaneously capture both associations between views and associations with the host disease state. Though many methods that focus on either of these two aims exist, only a few methods tackle both objectives simultaneously, each taking a unique approach to achieve these two tasks, with various, and sometime subtle, differences. In the table below, we outlined the capabilities and key objectives of several different common approaches for identifying associations between the microbiome and a given disease and for pinpointing disease-associated signatures in the microbiome using multi-view data. Importantly, in this comparison, we focused on the *conceptual* differences between these approaches, rather than on their specific performances as captured by some evaluation metric. We specifically indicated for each method whether it is explicitly designed for multi-view data, whether it directly attempts to optimize classification ability, and whether it is easily interpretable in terms of pinpointing the most important features. We further noted whether each method also directly aims to optimize associations between the different views (or between features from different views). Assuming that informative features are identified by the method, we further indicated whether these features are partitioned or clustered into modules to generate distinct disease signatures, and also whether these modules are forced to include all views (even at the cost of reduced association) or not. Lastly, given that a major limitation of many statistical and machine learning (ML) methods is their sensitivity to noisy and high-dimensional data (as is the case for microbiome data), which in turn impacts reproducibility of the obtained results, we indicated whether each method inherently incorporates mechanisms to reduce likely spurious results.

To span the space of potential approaches, we included in the comparison both ML approaches for multi-view data, CCA extensions as previously discussed (see Supplementary note 4), as well as a reasonable heuristic approach that can be used to achieve a similar goal, based on first filtering out non-informative features and then clustering the remaining features

970 based on pairwise associations (using WGCNA for example, a highly popular method for

971 clustering highly correlated features).

Method	Description	Specific for multi-view data (≥ 2 views)	Optimizes classification accuracy	Pinpoints informative features (interpretable)	Optimizes inter-view associations	Partitions informative features into modules	Supports modules with a subset of views[1]	Inherently controls for high-dimensional and noisy data
ML: no integration	A ML model is trained for each view independently	✗	✓[2]	✗[3]	✗	✗	NA	✓
ML: early integration	A ML model is trained on a concatenation of all views	✓	✓	✗[3]	✗	✗	✓	✓
ML: late integration	A ML model is trained for each view independently, with a final ensemble model for final classification	✓	✓	✗[3]	✗	✗	✓	✓[4]
Feature selection + WGCNA[110]	Features are filtered based on disease-association, and WGCNA is applied to find correlated modules	✗	✗[5]	✓	✗	✓	✓	✗
sCCA / sGCCA / sMCCA[57,58]	A sparse version of classic CCA, and extensions of sCCA for ≥ 2 views	✓	✗	✓	✓	✓	✗	✗
DIABLO[59]	An extension of sGCCA to a supervised framework. See Ref[59]	✓	✓	✓	✓	✓	✗	✗
MintTea	Our framework	✓	✓	✓	✓	✓	✓	✓

ML: Machine learning; CCA: Canonical correlation analysis; sCCA: Sparse CCA; sGCCA/sMCCA: sparse generalized/multiple CCA; WGCNA: Weighted correlation network analysis.
[1] As opposed to requiring each module to contain features from all views.
[2] Does not leverage the availability of multiple views, hence optimization is only within each view.
[3] Depends on the selected ML algorithm and the selected explainability methods.
[4] Depends on the selected ML algorithm (e.g., whether bootstrapping/bagging mechanisms are involved).
[5] Features are filtered by their univariate association with disease. As a consequence, some of the discarded features may have actually contributed to classification accuracy when combined with others.

As clearly evident from this comparison, only a few of these approaches directly target, as

does MintTea, both aims described above. It is also important to note that while it may be

possible, in principle, to first apply some ML method that optimizes predictability and then,

as a second step, try to cluster informative features into modules (as in the "Feature selection

+ WGCNA" entry in the table above), such a two-step approach may yield different or partial

modules, failing, for example, to identify features that are not sufficiently informative by

themselves but that can be incorporated into informative modules to enhance predictability

(as discussed in the main text).

A few other properties further differentiate MintTea from other approaches, including

specifically its ability to generate modules that do not incorporates all views (which may be

crucial in future studies when the number of omics further increases), and its inherent

subsampling and consensus detection procedure, which allows MintTea to better handle the extremely high-dimensionality and noise associated with microbiome data. Indeed, this last property is a key differentiator of MintTea from other, closely related, CCA expansions. Such a repeated sub-sampling procedure forces outputted modules to be more robust to small changes in input data and ultimately to provide more robust results. To quantify the impact of this subsampling procedure on the obtained modules' quality, robustness, and false discovery rates, we next compared MintTea's modules to those produced by the two CCA-based method listed in the above table: sMCCA (as implemented by the 'MultiCCA' function in the 'PMA' R package[58]) and DIABLO[59]. For all comparisons, we used the liver cirrhosis dataset, as it was one of the largest datasets at hand (237 samples), but application to other datasets resulted in qualitatively similar trends. To allow comparison, we also tuned the penalty parameters of each method so that the average component/module size (i.e. non-zero loadings in MultiCCA/DIABLO) is approximately 20 features (from all views combined), with DIABLO and MultiCCA further set to output 3 modules only.

We first compared the modules in terms of their ability to classify disease and the strength of between-view associations in unseen data. To this end, we ran each model on 70% of the samples, serving as a training set, and then computed the resulting modules on the remaining left-out 30% test set. For DIABLO and MultiCCA, the test set modules were computed using the trained loadings (feature weights), and for MintTea we took the 1st PC of all features from all views (as done in the main text). Notably, DIABLO and MultiCCA result in one predicted variable *per view* (3 views in this case) that are supposedly highly correlated, and so evaluation is carried out on each such vector separately and then averaged. The entire procedure was repeated 100 times to ensure the results consistency and significance. We found that modules from all 3 methods achieved similar disease classification performance (with a notable, yet not statistically significant advantage for MintTea), with an AUC of 0.69 (standard deviation ± 0.11), 0.67 (± 0.08) and 0.74 (± 0.14) for DIABLO, MultiCCA and MintTea, respectively. This suggests that while all these methods aim to capture cohesive modules, this is not achieved at the cost of prediction accuracy. Similarly, modules were comparable in their average correlation between features from different views (0.47 ± 0.1, 0.49 ± 0.14, 0.45 ± 0.1, respectively), suggesting that methods capture similar between-view associations.

Second, we compared each method's stability when trained on different data subsets (Supplementary Figure S7A-B). Here, we ran each method on two randomly selected data

subsets of the same size and compared the resulting modules, assuming that more similar modules imply higher reproducibility/robustness of the method. The two sets of modules were compared both in terms of individual features included in the modules (Supplementary Figure S7A) and in terms of pairs of features that co-occurred in the same module in both sets (Supplementary Figure S7B). In the latter comparison, we used a z-score to quantify how likely were *pairs* of features co-occurring in the same module in one output to also co-occur in the same module in the other output at random. The data subsets used ranged from 50% of the samples to 100%, with stability estimations increasing as subset size increased, as expected. Overall, this analysis suggests that DIABLO tends to be less stable on this dataset, MultiCCA is slightly more stable in terms of selected features while MintTea is slightly more stable in terms of feature co-occurring in the same module.

Importantly, one main caveat of CCA-based methods is that, by design, they always output a set of components, even when no correlation structure in the data actually exists. When using these methods, users are thus required to carefully evaluate the obtained modules themselves, and be aware of potentially high false-positive rates especially when the number of features greatly exceeds the number of samples (again, an unfortunately common setting in microbiome studies). To demonstrate this point, we assessed the false discovery rates of all methods by applying them to a shuffled version of the data where each view was shuffled independently (row-wise) so that any existing correlations between views (and between views and disease) were removed. We kept only DIABLO and MultiCCA components that resulted in significant between-view correlations (Bonferroni-corrected P value < 0.01), and only the features in each module that had a non-redundant loading (> 0.001). Supplementary Figure S7C illustrates the results obtained over 100 random samples of 70% of the data. Evidently, even when strictly filtering the components outputted by DIABLO/MultiCCA, their false discovery rates were still significantly higher than that of MintTea, demonstrating that MintTea is markedly more conservative and reliable.

Lastly, we also evaluated the orthogonality of the different modules produced by each method (Supplementary Figure S7D). Orthogonal modules indicate complementary information captured by each module, while correlated modules indicate redundancy (i.e., that different modules do not actually capture distinct data signatures). DIABLO, by design, outputs perfectly orthogonal components. MultiCCA, in contrast, resulted in highly correlated modules (often with high overlap of features). MintTea, perhaps not surprisingly, resulted in partial orthogonality, lying between that of DIABLO and that of MultiCC.

1049 In summary, we argue that MintTea's dual objective, both identifying associations with
1050 disease and uncovering relationships between different views, distinguishes it from many
1051 other supervised and unsupervised methods, and that even when compared to closely related
1052 CCA-based methods, MintTea represents a successful balance between multiple properties
1053 and metrics while maintaining substantially lower false discovery rates.

Supplementary note 2: "All-relevant" feature selection approaches

We compared 4 different feature selection approaches, all of which are designed to retain all
informative features (weakly informative as well). Notably, in cases where classification
accuracy is the only objective, other approaches that reduce redundancy should probably be
tested and even favored (e.g. mRMR[111], or Recursive Feature Elimination), as ML models
may be prone to overfit in face of large redundancy in the data[112]. The first approach was
based on a univariate statistical test of differential abundance between cases and controls.
Such an approach is commonly referred to as a "filter" feature selection method. We
specifically chose the Mann Whitney U-test, running it on either relative abundances or CLR-
transformed values and taking all features that obtained a P value below a specified
threshold.

The second approach was a modified Boruta feature selection[43]. Roughly, the Boruta
algorithm adds "shadow features" to the original dataset, which are permutations of the
original features. This way the distributions of the true data are maintained but the
associations with disease, if existed, are removed. The ML algorithm of choice is then trained
(here: random forests, RFs), and all features are scored for their importance by the default RF
method. The maximal importance score among all shadow features is considered a threshold
distinguishing truly informative features (features with scores above the threshold) and non-
informative ones (scores below the threshold). This permutation and evaluation process is
repeated multiple times and a statistical criterion is used for final definition of informative
and uninformative features. Due to the conservative nature of the Boruta method, we relaxed
the threshold used for defining informative features, as implemented in the python Boruta
implementation (https://pypi.org/project/Boruta/). The third approach was an ensemble of the
previous two approaches, taking the intersection of selected features.

Lastly, the fourth approach was based on the Altmann method[50], computing P values per
feature reflecting the significance of the feature's contribution to the model and taking

features with a *P* value below a specified threshold. We additionally ran our pipeline with no
feature selection at all, to serve as a baseline of performance.

The entire evaluation of feature selection methods was incorporated in a repeated 5-fold
cross-validation framework. Overall, different feature selection methods performed best for
different datasets and different feature sets (see Supplementary Table S2), though differences
were typically non-significant.

Supplementary note 3: Single-view and early integration multi-view feature importance in predicting late-stage colorectal cancer

Adding to the IBD example given in Figure 3, in the late-stage colorectal cancer (CRC) data,
we again found well-established CRC-associated species included among the top important
taxonomic features in both the taxonomy-only and multi-view models, including several sub-
species of the oral commensal *Fusobacterium nucleatum*[113,114] (which were previously shown
to colonize tumors[115]), as well as *Peptostreptococcus stomatis*[114], *Peptostreptococcus*
anaerobius[116], and *Parvimonas micra*[114], (Supplementary Table S4). Of the measured
metabolites, top contributing metabolites included fumarate (elevated in CRC), a known
oncometabolite[117], and alpha-Aminoadipate, previously detected at higher levels in CRC
tumor samples compared to adjacent mucosa[118]. While both of these metabolites are likely
not microbiome-related, other top contributing metabolites such as dimethylglycine (elevated
in CRC), previously suggested as an early marker for CRC[119], hydroxyproline (depleted in
CRC), known for intestinal health benefits[120], and urocanate (elevated in CRC), again in line
with previous reports[121], are potentially driven by microbiome activity[83,119]. Among
functional microbiome features, though overall performance of these models was poor, genes
involved in tryptophan biosynthesis (e.g. K01696, K00766; depleted in CRC patients) were
identified as main contributors, in agreement with accumulating evidence showing the role of
tryptophan metabolism in CRC development[122].

Supplementary note 4: Explanation and formulation of the intermediate integration pipeline

1107 The intermediate integration approach implemented in this study is based on sparse canonical
1108 correlation analysis (sCCA) and specifically a recently introduced framework named

1109 DIABLO[59]. The modifications and expansions of sCCA which we implemented in the

1110 MintTea framework are described in the Methods section. Explanations and formulations of

1111 sCCA and its relevant expansions are provided below.

Sparse canonical correlation analysis (sCCA)

1112

Briefly, sCCA is a method used to identify sparse linear combinations of two sets of features

describing the same set of samples, so that the resulting latent variables are maximally

correlated with each other. Formally, we denote 2 standardized feature tables ('views') as

$X^{(1)} \in \mathbb{R}^{n \times P_1}$ and $X^{(2)} \in \mathbb{R}^{n \times P_2}$, P_1 and P_2 being the number of features in each view

respectively, and n denoting the number of samples. Sparsity is enforced using a lasso (ℓ_1)

penalty function on the loading vectors, essentially making most of the loading values equal

to zero, with a hyper-parameter λ determining the degree of sparsity. It is particularly helpful

in cases where the number of features substantially exceeds the number of samples. sCCA

then solves the following optimization problem iteratively per component $h \in 1, \dots, H$, H

being the total number of requested components (a user-defined hyper-parameter):

1123
$$\underset{a_h^{(1)}, a_h^{(2)}}{\text{argmax}} \ \text{cov}\left(X_h^{(1)} \cdot a_h^{(1)}, X_h^{(2)} \cdot a_h^{(2)}\right)$$
$$s.t. \left\|a_h^{(1)}\right\|_2 = 1, \left\|a_h^{(2)}\right\|_2 = 1, \left\|a_h^{(1)}\right\|_1 \leq \lambda^{(1)}, \left\|a_h^{(2)}\right\|_1 \leq \lambda^{(2)}$$

1124 In the above formula, $a_h^{(q)}$ is the loading vector for view q and component h, and $X_h^{(q)}$ is the

1125 residual matrix of the regression between $X_{h-1}^{(q)}$ and $a_{h-1}^{(q)}$. The use of residual matrices

1126 guarantees orthogonality of components within each block. We note that the use of

1127 *covariance* in the objective function, instead of *correlation* as in the original CCA, is clarified

1128 in Tenenhaus et al.[57] and is closely related to the PLS method[123].

Sparse generalized canonical correlation analysis (sGCCA) and DIABLO

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To expand sCCA to $Q \geq 2$ views, i.e. generalizing sCCA, the objective function shown

above is set to maximize the *sum* of correlations between all pairs of latent variables.

Tenenhaus and Tenenhaus (2011)[124] further introduced the notion of a design matrix, C, to

weigh each pair of views according to the expected level of association between them, based

on prior knowledge. Formally, a design matrix $C = \{c_{ij}\}$ is defined by the user, where $c_{ij} \in$

$[0,1]$ $\forall i, j \in 1, \dots, Q$, so that $c_{ij} = 1$ if view i and view j are expected to be closely related,

and 0 if they are expected to be unrelated. Intermediate design values, between 0 and 1, are

also supported. The resulting optimization problem for sGCCA therefore becomes:

$$\underset{a_h^{(1)},\ldots,a_h^{(Q)}}{\mathrm{argmax}} \sum_{\substack{i,j=1 \\ i \neq j}}^{Q} c_{ij} \cdot \left(\mathrm{cov}\left(X_h^{(i)} \cdot a_h^{(i)}, X_h^{(j)} \cdot a_h^{(j)} \right) \right)$$

$$s.t. \left\| a_h^{(q)} \right\|_2 = 1 \ and \ \left\| a_h^{(q)} \right\|_1 \leq \lambda^{(q)} \ \forall q \in 1,\ldots,Q$$

The optimization problem is solved by an efficient iterative algorithm described in detail in Tenenhaus et al.[57]. DIABLO extends sGCCA to classification problems by adding an additional "dummy" view, namely X^{Q+1}, with one or more indicator variables representing the label of each sample (here: host disease state). By doing so, the identified "components" reflect both inter-view relationships as well as associations with the disease. Furthermore, DIABLO substitutes the lasso's λ parameter with a "*keepX*" parameter indicating the exact number of variables to select from each view, for ease of use[59].

Overall, given Q view tables and a phenotype of interest, DIABLO returns one or more "components" which are sparse linear combinations of the original views, capturing a multi-view set of features that are both closely related with one another and jointly associated with the phenotype. Importantly, there's a tradeoff between the two (a "correlation-discrimination tradeoff"), meaning that, at the extreme, some components may be strongly associated with the disease but have low inter-view correlations, and vice versa. Though DIABLO offers additional features, mainly label prediction based on distances in the latent space, we utilized only its core sGCCA computation, as described above.

Supplementary figures

Figure S1: **Feature selection stability and performance improvement**. (A) Disease classifiers' performance (measured by a random forest AUC) with (Y axis) vs. without (X axis) applying feature selection before training. Each point represents a specific dataset (of the 26 analyzed datasets) and a specific feature set. Only models with AUC > 0.6 (either with or without feature selection) are presented. Stars mark cases where the difference was significant (paired t-test FDR < 0.05). (B-C) Comparison of feature selection stability using different feature selection approaches. Each dot represents the Jaccard (B) or Somol (C) stability index for a specific dataset and using the concatenated feature set (i.e. all omics available for the dataset). Stability indices quantify how robust a feature selection is to small changes in the input data (higher values indicate greater stability), and are calculated here over data subsets as part of a cross-validation procedure.

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Figure S2: **Comparison of single-view and multi-view classifiers' performance**. For each

of the 4 main datasets (listed at each panel's title) we show detailed performance distributions

over repeated cross-validation iterations for both single- and multi-view RF models. Models

are ordered within each panel from best average performance (right) to worst (left).

Significant differences were determined by paired T-tests and a subsequent FDR correction.

Significance marks: ****: $P < 0.0001$; ***: $P < 0.001$; **: $P < 0.01$; *: $P < 0.05$.

1175

1176 **Figure S3**: **Single- and multi-view disease classification based on shotgun sequencing**
1177 **data**. See Figure 2 legend. Datasets presented here were retrieved from the
1178 curatedMetagneomicData repository[93] or manually curated (See Supplementary Table S1).

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Figure S4: **AUC comparisons to previous machine learning studies using the same datasets**. We compared AUC results of our pipeline to those of similar pipelines reported in previous studies or meta-analyses, specifically Wirbel et al.[1] (A), Pasolli et al.[4] (B), Yachida et al.[26] (C) and Duvallet et al.[6] (D). AUC results of these studies were extracted from either publication figures or supplementary information. As some of the studies did not report confidence intervals, and others reported different types of confidence intervals or standard errors, we only included their reported average AUC's. For our AUC's we included 95% confidence intervals of the mean (using the 't.test' R function). Notably, functional feature sets ("G") differed significantly between our study and Wirbel et al. and Yachida et al., as each one used a different reference database for gene annotations, substantially affecting the percent of annotated reads and the resolution of gene families.

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1192　**Figure S5**: **Single- and multi-view disease classification based on 16S amplicon**
1193　**sequencing data from MicrobiomeHD resource**. See Figure 2 legend. Datasets presented
1194　here were retrieved from MicrobiomeHD[6].

1195

Figure S6: **Multiple estimations of feature importance**. Left panels present a pairwise comparison between different feature importance approaches, for the CD dataset (A) and the UC dataset (C). Each point in the scatter plot represents a feature, and overall correlation is illustrated by a fitted linear regression and its associated *P* value. The following feature importance methods are included in the pairwise comparisons: "Single-view RF importance", referring to the permutation-based feature importance score calculated as part of the RF training, for each omic independently; "Single-view Altman FDR", referring to the FDR-corrected *P* value generated using the Altman method (see Methods); "Multi-view RF importance" and "Multi-view Altman FDR" are the equivalent metrics but using the concatenated multi-view dataset; "U-test FDR", refers to the FDR-corrected *P* value from a Mann–Whitney U test. Right panels (B, D) present the distribution of feature ranks in the CD and UC (respectively) multi-view models. Only the top 100 features are presented. RF: random forest; CD: Crohn's Disease; UC: Ulcerative colitis.

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Figure S7: **MintTea comparison to DIABLO and MultiCCA**. Each panel represents a
different comparison of MintTea to two other CCA-based methods: DIABLO[59] and sparse
multiple CCA (implemented by the MultiCCA function from the 'PMA' R package[58]). All
comparisons were made using the liver cirrhosis dataset. (A-B) Method stability assessment.
For two random data subsets (ranging from 50% of the samples to 100%, noted on the x
axis), components/modules were identified and compared. The more the two sets of
components were similar, both in terms of individual features included in the components (A)
and in terms of pairs of features that co-occurred in a component in both sets (B), we
conclude that the method is more stable. See Supplementary Note 1 for details on how we
computed these estimates. (C) False discovery rate analysis. All 3 methods were run on data
that was shuffled across samples within each view. Higher number of identified components
as well as higher numbers of features within components indicate higher false discovery
rates. (D) Orthogonality assessment.

All results are averaged over 100 runs with random data subsets and error bars represent
standard deviations. Penalty parameters were adjusted in each method so that the average
component size (i.e. non-zero loadings in MultiCCA/DIABLO) is approximately 20 features
(from all views combined).

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Figure S8: **Overall predictive power of multi-view modules**. For each of the four datasets,
a random forest was trained on the first principal components of each module in that dataset.
Cross-validated AUC's of these models are shown in yellow, and compared to standard
random forest models on raw features (in red) and models trained on random modules (grey).
Numbers next to red dots represent the average number of features used for the model
(averaged over cross-validation iterations). Numbers next to yellow dots represent the total
number of raw features included in modules, and in square brackets the respective number of
modules in that dataset.

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Figure S9: **Multi-view modules including the taxa *K. pneumoniae* (left) and *F. plautii* (right)**. See Figure 5E legend. Modules colored in dark orange were highly predictive of disease state (AUC > 0.7, and higher than AUC of random modules).

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Figure S10: **Sensitivity analysis for MintTea's pipeline parameters**. The x axis for all panels are the various combinations of parameters required by our intermediate integration pipeline. Briefly, parameters include: 'keep' – the number of features to select from each view as provided to DIABLO's sGCCA computation; 'des' – the value to set as design matrix default (see Supplementary Note 4); 'nrep' – number of repetitions; 'nfol' – number of folds to which the entire data is split in order to run DIABLO on nfol-1 folds at a time (i.e.,

subsampling); 'ncom' – number of components as provided to DIABLO's sGCCA; 'edge' –

the threshold defining how often should a pair of features co-appear in a DIABLO component

in order for them to co-appear in the final modules. The leftmost pipeline setting is the one

used in the main results section of this study. (A) The overall AUC of disease classifier

models, achieved for each pipeline setting, for each of the 4 main datasets (see Methods).

Tiles are colored by their AUC scaled over rows (datasets), illustrating that no single pipeline

setting outperforms others across all datasets. (B) Variations of module 2 from the cirrhosis

dataset, as outputted by each pipeline setting. The Y axis lists features from all views, and

points indicate that a feature was included in a multi-view module that resulted from using

the specific pipeline setting (x axis). Only modules overlapping with the original module

(highlighted, leftmost) are plotted, to illustrate how different pipeline settings tend to either

expand the original module, narrow it down, or split it into two or more modules (in which

case, different modules' features are colored differently). (C) Single module AUC's for each

module appearing in panel B.

Supplementary tables

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Table S1: Datasets included in the analysis

Table S2: RF model performance results, for both single-view and multi-view models

Table S3: Pairwise comparisons between single- and multi-view models in each dataset

Table S4: RF top feature contributors, for both single-view and multi-view models

Table S5: Multi-view modules - Overview

Table S6: Multi-view modules - Detailed features

Table S7: Significantly overlapping modules across datasets

Table S8: Feature clusters