Flow cytometry for immune characterization in homogenized mouse brain: A systematic review

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Abstract

Objective: To systematically review the neuroimmunology literature to determine the average

immune cell counts reported by flow cytometry in wild-type (WT) homogenized mouse brain.

Background: Mouse models of gene dysfunction are widely used to study age-associated

neurodegenerative disorders, including Alzheimer's disease and Parkinson's disease. The importance

of the neuroimmune system in these multifactorial disorders has become increasingly evident, and

methods to quantify resident and infiltrating immune cells in brain, including flow cytometry, have

been applied numerous times. However, there appears to be no consensus on the best approach to

perform flow cytometry, to quantify immune cell counts or report them. The development of more

standardized methods would accelerate neuroimmune discovery and validation by meta-analysis.

Methods: Examination of the PROSPERO registry confirmed a systematic review of

'neuroimmunology' by 'flow cytometry' has yet to be reported. A protocol for a systematic review

was subsequently based on the Preferred Reporting Items for Systematic Reviews and Meta-Analyses

(PRISMA) using Studies, Data, Methods and Outcomes (SDMO) criteria. Literature searches were

conducted in Google Scholar and PubMed databases. From that search, 900 candidate studies were

identified and 437 studies were assessed for eligibility based on formal exclusion criteria.

Results: Out of the 437 studies reviewed, 60 were eligible for inclusion and comparative analysis.

Each study assessed immune cell subsets within homogenized mouse brain and used flow cytometry.

Nonetheless, there was considerable variability in methods, data analysis, reporting and results.

Descriptive statistics are presented on study designs and results, including medians with interquartile

ranges (IQRs) and overall means with standard deviations (SD) for specific immune cell counts and

their relative proportions, within and between studies.

Conclusion: Experiments to conduct and report flow cytometry data, derived from homogenized

mouse brains, would benefit from a more standardized approach. While within study comparisons are

valid, variability in methods, counts and proportions of immune cell populations are too broad for

meta-analysis. However, inclusion of a minimal protocol with more detailed methods, controls and

standards could enable this nascent field to compare results across studies.

1   Introduction

The mouse has been used to model neurological disorders for many decades, whether lesion models (i.e. inducing a stroke in a mouse specimen), using transgenic or more physiologic gene knock-out or mutant knock-in approaches (1–3). Some illustrations of mouse modeling for neurologic and neurodegenerative disorders include work in Alzheimer's disease (AD), Parkinson's disease (PD), Huntington's disease (HD), multiple sclerosis (MS), psychological/intellectual disabilities (i.e. depression or Down's syndrome), traumatic brain injuries (TBI) and prion diseases (1–3). Most of these disorders are multifactorial, with genetic and environmental components, for which the immune system may provide some integration. Consequently, there has been growing interest in neuroimmunology, and not just focused on resident immune cells within the brain, but also on infiltrating peripheral immune cells (4–7). Recent studies of gut microbiota have highlighted nervous and immune communication between the gut and central nervous system (CNS) (8–10). With this resurgence, researchers have employed traditional (i.e. immunofluorescence/histology slide staining and Western blotting) and contemporary methods (i.e. single-cell genomics and single-cell sorting/staining via flow cytometry) to better characterize specific immune cell subsets within the body and brain.

Specifically, brain resident immune cells, including microglia and astrocytes, have been comprehensively examined in many mouse models of neurologic disorders (4–10). However, the characterization of other immune cell subsets in peripheral blood, the CNS, and within the brain (both residential and infiltrated) has yet to be fully described (4–10). These immune cell subsets include, but are not limited to, natural killer cells (NK cells), T cells, and B cells (4–10). However, validation and comparison through meta-analysis might be enabled if researchers utilize more standardized methods and reporting.

Technologic developments for single-cell isolation and analysis, including single-cell RNAseq, mass

cytometry (CYTOF), fluorescence-activated cell sorting (FACS) and multi-color flow cytometry

derived immunophenotyping, have illuminated a wide variety of scientific fields (11,12). Of these

techniques, FACS and flow cytometry immunophenotyping are most frequently used. Reasons

include the ease of use in setting up a flow cytometer or sorter for a variety of applications, the

sensitivity of the assay, the specificity of the antibodies used, the potential of those antibodies to be

used for both flow cytometry and Western blotting for the same target, and the ability to produce

qualitative and quantitative data (12,13).

Nevertheless, flow cytometry has its pitfalls as analytic interpretation of the data depends on the

user's preference for gating and target choices (13). Experimentally, flow cytometry is also

dependent on the fluorophores and cytometers used, and variation between these instruments may

result in false positives and negatives. Nevertheless, such issues can be circumvented by providing

multiple controls, such as unstained and fluorescence minus one (FMO) controls, more rigorously

described methods and standardization of flow cytometry protocols.

FACs and flow cytometry immunophenotyping have been insightful and widely used in basic

immunology that other scientific fields, including neurology, have begun to adopt these methods

(14–16). However, the use of flow cytometry for detecting cell types within the brain and CNS

warrants more standardized protocols and reporting, now that their utility has been demonstrated.

Although mouse immune profiles within the brain have been identified by high-dimensional single-

cell mapping using techniques like mass cytometry (CYTOF)(17), at the time of writing and despite

numerous publications, the expected cell counts and proportions of each immune subset within the

brain of a wild type (WT) mouse have not yet been clearly defined by standard FACS and flow

cytometry. Consequently, we have performed a systematic review focused on neuroimmunology and

the use of flow cytometry to detect immune cells derived from homogenized mouse brain. In our

results, we summarize the number of immune cells overall and estimate the immune subsets that can

be detected via flow cytometry immunophenotyping. Our findings demonstrate a critical need for

more standardized methods and reporting, and led to best practice recommendations for future

publications.

2 Methods

2.1 Study design

Study design was informed by prior literature (18–20) and based upon the Preferred Reporting Items

for Systematic Reviews and Meta-Analyses (PRISMA) criteria (21) and the Cochrane Handbook of

reporting methodology reviews, employing SDMO (Types of Studies, Types of Data, Types of

Methods, and Types of Outcome Measures) criteria (22,23). Bias assessment for each individual

study selected for systematic review inclusion was also conducted using Systematic Review Centre

for Laboratory animal Experimentation (SYRCLE) (24) methodology, and subsequent reporting uses

the *robvis* R package and Shiny web app (25).

2.2 Search strategy

Google Scholar and PubMed databases were used to identify all studies for this systematic review,

published between Jan 2013 and July 2023. The search protocol and study design were also assessed

within the National Institute of Health (NIH) PROSPERO registry database, which confirmed a

review of this topic has not been previously conducted. For database searches, the following

combination of keywords were used to identify eligible studies: "flow cytometry" AND "immune

subset name examined in study" AND "mouse brain." For example, a keyword search containing

"flow cytometry CD4 T cells mouse brain" was used. "Immune subset name examined in study" is

defined as one of the following immune cell subsets: "S100B astrocytes," "GFAP astrocytes,"

"GFAP S100B astrocytes," "CD4 T cells," "CD8 T cells," "double negative DN T cells," "regulatory

T cells TREG," "follicular helper T cells TFH," "T helper 1 T cells TH1," "T helper 2 T cells TH2,"

"T helper 17 T cells TH17," "naïve T cells," "naïve CD4 T cells," "naïve CD8 T cells," "naïve-like T

cells," "central memory T cells TCM," "central memory CD4 T cells TCM," "central memory CD8

T cells TCM," "effector memory T cells TEM," "effector memory CD4 T cells TEM," " effector

memory CD8 T cells TEM," "effector memory T cells re-expressing CD45RA TEMRA," "effector

memory CD4 T cells re-expressing CD45RA TEMRA," "effector memory CD8 T cells re-expressing

CD45RA TEMRA," "TEMRA-like T cells," "natural killer cells NK cells," "dendritic cells DC," "B

cells," "monocytes," "macrophages," "M1 macrophages," "M2 macrophages," "TMEM119

microglia," "TMEM119 IBA1 microglia," "IBA1 microglia," or "neutrophils."

2.3   Selection and exclusion criteria

Studies were selected from search results employing the following inclusion criteria: 1) any study

performed between 2013-2023; 2) any study that contained flow cytometry data identifying immune

cell subsets and counts in mouse brain; 3) any study that reported total cell numbers or total live cell

percentages for one or more immune cell subsets, and; 4) any study that had WT mice or a non-

treated control (when reporting on transgenic mouse models). Studies were excluded from search

results based upon the following criteria: 1) studies performed in 2012 and prior; 2) any study not

focused on flow cytometry of homogenized mouse brains; 3) rat studies; 4) human studies, or; 5)

studies not reporting controls or the background mouse strain.

2.4   Data extraction

For each study, information on the mouse strain used, age, and sex were recorded. In addition,

methodological information on mouse perfusion, brain extraction and homogenization were recorded.

Flow cytometry methods were recorded when the following was reported: 1) cytometer make and

model; 2) software for data collection/analysis; 3) full gating strategy; 4) total cells collected per

sample; 5) total live cell counts; 6) total immune cell subset percentages calculated directly from live

cell counts, and; 7) methods for determining cell counts and/or mean fluorescence intensity (MFI)

readings.

Studies were subsequently examined for immune cell subset counts from WT/control mouse brains

directly from the main text, supplementary materials, and/or extrapolated from the figures and graphs

presented. In this systematic review, "raw" total immune cell subset counts were reported for each

immune cell subset as a median with an interquartile range (IQR; defined as: 75th percentile upper

quartile [Q3] – 25th percentile lower quartile [Q1]) and as the combined mean with standard deviation

(SD) of multiple studies (n). The "raw" total overall cell count collected per sample by flow

cytometry was also reported from these studies.

2.5   Data analysis

After the median with IQR and combined means with SD from the "raw" total immune cell subset

counts and from the "raw" total overall cell count collected per sample were recorded from each

study, we standardized an approach to estimate how many immune cells of each subset would be

counted if the total homogenized mouse brain cells collected by flow cytometry equaled a total of 1 x

10^5 collected cells. The value of cells required, per sample, for an accurate flow cytometry reading is

stated to be between 1 x 10^4 total cells (minimum) and 1 x 10^6 total cells (maximum) hence we used

the median (26).

Standardized total cell counts for each immune cell subset reported in this systematic review, were

calculated using the following equation:

153
$$\frac{a}{b} = \frac{X}{1 \ x \ 10^5 \ Total \ Cells \ Collected}$$

154   Where "a" is the [Raw Total Immune Cell Subset Count], "b" is the [Raw Total Cell Count

155   Collected] per sample, where "X" is the [Standardized Total Immune Cell Subset Count].

156   Rearranging to solve for X gives the following equation:

157
$$\frac{(a)(1 \ x \ 10^5 \ Total \ Cells \ Counted)}{b} = X$$

Once all total immune cell subset counts were standardized, we determined the theoretical

standardized percentages of each immune cell subset within the entire mouse brain, and report those

results as means with SD.

3   Results

3.1   Literature search and study selection

A PRISMA based flow diagram illustrates our screening methodology for study identification

(**Figure 1**) (21). The two databases (Google Scholar and PubMed) were searched using keywords , as

defined in Methods, and highlighted 900 articles for systematic review. Of those 900 reports, 223

were removed as they supplied only an abstract or were duplicated between databases, and 677

studies remained. Of these an additional 240 studies were removed as they were published in 2012 or

prior. This cut off is arbitrary, but was used to identify more contemporary flow cytometry

immunophenotyping publications and resulted in 437 eligible studies. Further inclusion and

exclusion criteria removed: 131 studies in which flow cytometry of homogenized mouse brains was

not a main focus; 129 studies with insufficient information and/or results from controls or in which

the background mice strain was not specified; 94 human studies, and; 23 rat studies. Consequently,

60 studies that passed our inclusion and exclusion criteria were incorporated in this systematic review

(27–86).

3.2 Reporting of mouse information and perfusion/tissue processing is inconsistent between

studies.

Of the 60 studies selected, we reviewed the basic characteristics of the mice strains used (**Figure 2A**,

Suppl. Table 1). The inbred congenic C57BL/6 mouse line was used most (26/60 studies [43.3%]) as

a control and as the background for genetically modified mice (29,30,32,33,38,43–

49,51,53,56,60,68–71,74,76–78,81,84). Nevertheless, in many studies the nomenclature of this

mouse line was inconsistently labeled and often imprecise. Terminology included mention of:

C57BL/6J (20/60 studies [33.3%]) (27,31,34,35,41,54,58,62,64–67,72,73,75,80,82,83,85,86);

C57/BL6 (2/60 studies [3.33%]) (36,42); C57BL/6 (H-2b) (2/60 studies [3.33%]) (37,55); and

C57BL/6J (B6) (2/60 studies [3.33%]) (40,63). . The majority of studies that reported mouse sex

(**Figure 2B, Suppl. Table 1**) used only male mice (34/60 studies [56.7%])

(27,31,32,35,36,40,42,43,46,47,49,51,52,56,60–65,67,69–73,76,79–82,84–86), although 10/60

studies [16.7%] reported mixed results of male and female animals together

(29,33,34,38,39,41,45,53,74,77). The age of the mice (**Figure 2C, Suppl. Table 1**) within studies

varied but the majority reported findings at 8-12 week (2-3 months) (9/60 studies [15.0%])

(31,35,58,59,67,74,77,82,85). However, studies characterized animals over a wide range of age, from

1-2-weeks (34,41,83) and between 3-26 months (39).

Perfusion (**Suppl. Figure 1, Suppl. Table 1**) and brain tissue processing methods (**Figure 3A-C,**

Suppl. Table 1) also varied across the 60 studies. A majority of studies (36/60 studies [60.0%],

Suppl. Figure 1, Suppl. Table 1) used cold PBS for perfusion (29,31,33–35,37,41,45–50,52–

60,63,65–69,72,75–78,81,83,86). Of the 60 studies reviewed, 8/60 [13.3%] (**Figure 3A, Suppl.**

Table 1) used a commercial kit, such as the Neural Tissue Dissociation Kit P (Miltenyi Biotec), to

isolate immune cells from mouse brain (27,28,36,42,43,63,69,73). Nevertheless, in neurology it

remains unclear how to best process mouse brain to dissociate the tissue and leave cell types intact

(87–89). Researchers may use mechanical homogenization, enzymatic homogenization, or both

homogenization techniques (87–89). For the studies reviewed, 19/60 [31.7%] (**Suppl. Table 1**) used

some type of mechanical homogenization (i.e. Glass-Teflon homogenizer, an 18-gauge needle, etc.)

before filtering through a cell strainer, prior to enzyme treatment and the use of a myelin

removal/immune isolation gradient (i.e. Percoll gradient) (27,33,35,39,46,50,52,55,57–

59,61,62,65,66,68,71,83,86). The enzymatic solutions used in the reports also vary widely (**Figure**

3B, Suppl. Table 1). Most studies used collagenase (I, II, IV, D, or I-S) alone or combined with

additional enzymes (23/60 studies [38.3%]) (29–33,35,48,49,56,62,64–66,68–70,72,76–79,85,86).

The enzyme most used in combination with collagenase (or another tissue digestion enzyme) was

DNase I (28/60 studies [46.7%]) (27,29–33,49,50,53,55,56,62,64,65,68,70,72,75–82,84–86). After

homogenization of mouse brain, cell strainers are generally used to remove dead cells and myelin

(**Figure 3A, Suppl. Table 1**), and a 70 μm filter was used in the majority (23/60 studies [38.3%]) of

studies (15,32,34,35,40,41,45,47,48,50,54,55,58,60,61,64–66,69,74,76,84,86). To further remove

myelin from mouse brain homogenate along with isolating immune cells, researchers employ a

myelin removal kit or Percoll gradient solutions. Specific cell types can be isolated while the myelin

layer rises to the top of the sample tube with centrifuge, depending upon the percentage of Percoll.

Again, in the studies reviewed, the percentages of Percoll (**Figure 3C, Suppl. Table 1**) varied with

most using a 30%/70% Percoll gradient solution (17/60 studies [28.3%])

(15,29,31,35,45,47,55,59,64,65,73,74,76,79,81,83,86). Overall, the age of mice and methodology for

isolating immune cell counts from brain for flow cytometry varied greatly between studies.

3.3 Flow cytometry methodology used and cell counts are inconsistently reported between studies

After considering mice strain and brain homogenization methods, we examined the flow cytometry instruments used and data reporting (**Figure 4A-C, Suppl. Figures 2A-B and 3A-B, Suppl. Table 2**). The make and model of flow cytometer/FACS sorter (**Suppl. Figure 2A, Suppl. Table 2**) and analysis software (**Suppl. Figure 2B, Suppl. Table 2**) used in each of studies also varied widely. The flow cytometer most reported was the BD LSRII Flow Cytometer (17/60 studies [28.3%]) (32,34,35,37,38,41,45,53,55,61–63,65,67,78,81,83) whereas the FACS sorter was the BD FACS Aria III (8/60 studies [13.3%])(33,40,49,51,56,57,66,85). The analysis software most generally used was a version of FlowJo (Tree Star) for flow cytometry immunophenotyping (38/60 studies [63.3%]) (29,31–33,35–38,40,43,45–47,49,51–56,58,60,64,65,67,70–76,78,79,81,83,85,86) and BD FACSDiva specifically for FACS analysis (13/60 studies [21.7%]) (27,28,34,37,39,41,44,47,62–64,78,79).

After reviewing methodology in all 60 studies, we assessed the quality of flow cytometry reporting (**Figure 4A-C, Suppl. Figure 3A-B, Suppl. Table 2**). For each study, we scored the following parameters: 1) whether a full gating strategy was reported; 2) the total cells collected per sample for flow cytometry; 3) the total live cell counts during flow cytometry sample collection; 4) if the total immune cell subset percentage was calculated directly from the live cell count reported or was it derived from another gate (i.e. was the immune cell subset percentage reported derived from the CD45$^+$ gate or from the live/dead gate); and 5) whether the methods used to determine cell counts and/or MFI readings were documented. Of the 60 studies reviewed, 37/60 [61.7%] included a full gating strategy (**Figure 4A, Suppl. Table 2**) (27–29,32,34–36,38,39,43,45–47,49,52,53,56,57,60,62–66,69,73–81,83,84,86) , while 20/60 [33.3%] reported a partial gating strategy

(30,31,37,40,42,44,48,50,51,54,55,58,59,61,68,70–72,82,85) and 3/60 [5.0%] of studies did not

include this information (33,41,67). On reporting total cells collected per sample during flow

cytometry collection (**Figure 4B, Suppl. Table 2**), only 18/60 [30.0%] of studies provided this data

(27,28,32,38,39,43,46,49,54,59,60,63,65,69,73,75,76,84). Total live cell counts collected during flow

cytometry (**Suppl. Figure 3A, Suppl. Table 2**) was only reported in 11/60 [18.3%] of the studies

reviewed (27,28,32,39,59,60,63,69,73,75,76). Out of the 60 selected studies, only 14/60 [23.3%]

expressed their results in terms of total immune cell subset percentages derived from live cells only

(**Figure 4C, Suppl. Table 2**) and not from another gate (such as deriving from the $CD45^+$ gate)

(27,28,37,39,45,49,54,60,69,70,73,74,76,78). Lastly, 37/60 [61.7%] of studies (**Suppl. Figure 3B,**

Suppl. Table 2) reported methods on how cell counts and/or MFI readings were recorded (27–

30,32,34,35,37,39,41,43–46,51–54,56,57,59–61,63–66,69,72–79,84). Overall, the cytometer/FACS

sorter used, and the reporting of total cells collected, total live cells and immune cell subset

percentages was not standardized in the 60 studies examined.

3.4   Reported immune cell counts from WT/control homogenized mouse brain is highly

variable between studies.

Across all studies we then examined the total immune cell counts reported in WT/control mouse

models, as detected by flow cytometry immunophenotyping and/or by FACS (**Suppl. Table 3**). As

described in Methods and **Suppl. Table 3**, studies were selected based on their reporting of a wide-

variety of immune cell subsets. These included astrocyte subsets, T cell subsets/memory T cells

(naïve-like, central memory [T_{CM}], effector memory [T_{EM}] and effector memory re-expressing

CD45RA [T_{EMRA}]), natural killer cells (NK cells), dendritic cells (DCs), B cells, monocytes,

macrophages (M1 [predominately $CD86^+$] and M2 [predominately $CD163^+$] phenotypes), different

microglia subsets (TMEM119$^+$ only ["Steady State/Ramified Microglia"], IBA1$^+$ only ["Highly

Active Microglia"], and TMEM119$^+$IBA1$^+$ ["Active Microglia"]), and neutrophils.

Many immune subsets were examined but relatively few were reported in sufficient studies to be able

to calculate representative medians with IQR and means with SD (**Figure 5 and Suppl. Table 3**).

Immune cell subsets with at least two or more references to derive a median and mean cell count for

WT/control mice include: bulk CD4$^+$ T cells (29–35), bulk CD8$^+$ T cells (29,30,32,36–39), double

negative (DN) T cells (35,40), regulatory T cells (T$_{REG}$) (31,41–44), T helper 1 cells (T$_{H1}$) (29,42), T

helper 17 cells (T$_{H17}$) (46,47), NK cells (35,43,48,49,51–53), DCs (35,54–57), B cells (35,58–62),

monocytes (63–69), bulk macrophages (66,67,70–74), TMEM119$^+$ IBA1$^-$ "steady state/ramified"

microglia (75–78) and neutrophils (48,79–86). Immune cell subset counts that were derived from

only one study, such as S100B$^+$ only astrocytes (27), GFAP$^+$ only astrocytes (28), follicular T cells

(T$_{FH}$) (45), and T$_{EM}$ bulk CD4$^+$ and bulk CD8$^+$ T cells (32), were still included in this review as a

representation of the possible median/average cell count for these subsets.

We first calculated the overall medians for each examined immune subset by collecting all of the

"raw" total immune subset cell counts from each of the 60 studies (**Figure 5**). By doing this, we

discovered that out of these studies, there were some that were outliers (outside of the IQR) that

appear to heavily altered the overall total immune cell counts determined by flow cytometry

(29,35,38,43,49,55,60,63,71,74,78,81). Out of all the immune cell subsets from the 60 studies, the

highest median was TMEM119$^+$ IBA1$^-$ "steady state/ramified" microglia (72,300 [IQR=194,038]; n

= 4 studies) (75–78). The lowest median that was calculated was T$_{FH}$ T cells (8 [IQR=0]; n = 1

study) (45). Memory T cell subsets found within both CD4$^+$ and CD8$^+$ T cells were not reported as an

immune cell subset in any study. Similarly, T helper 2 cells (T$_{H2}$) were not reported in any studies. It

was also surprising that there were no reports on M1 (CD86^{+}) and M2 (CD163^{+}) macrophage counts

within mouse brain.

The 60 studies had highly variable ranges for each immune cell subset found within mouse brain, for

which most of the SD calculated were greater than the means (**Suppl. Table 3**). As with the

calculated medians, the highest mean cell count reported from the 60 studies was TMEM119^{+} IBA1^{-}

"steady state/ramified" microglia ($90,323 \pm 104,555$; n = 4 studies) (75–78). The lowest mean cell

counts reported were for T_{FH} T cells (8 ± 0; n = 1 study) (45). Subsequently, we also calculated the

means of total overall cell counts, collected per sample, as reported in the 60 studies reviewed

(**Suppl. Table 3**). Although not as variable as immune cell subset counts, the total overall cell counts

collected by flow cytometry ranged from 1×10^4 to $\sim 3 \times 10^6$ cells (**Suppl. Table 3**). In some studies,

the actual number of cells collected by flow cytometry was not specified but the total cell counts

could be extrapolated from data given in the main text, figures, and/or supplementary material.

Overall, we conclude the immune cell subset counts collected by flow cytometry

immunophenotyping are highly variable between studies, and there is currently insufficient data on

specific T cell subsets/memory subsets and M1/M2 macrophage counts within the mouse brain.

3.5   Standardizing immune cell counts and percentages within WT/control mouse brain.

We devised a method to standardize counts of immune cells and subset percentages within

WT/control mouse brain in each study (**Figure 6, Suppl. Table 3**). In flow cytometry, cell type

percentages should be reported as values from the total number of cells collected (on average 1×10^5

cells) rather than from a sub-partition within the gating strategy (26,90). Thus, based on the

assumption the total cells collected per sample was 1×10^5 cells, we were able to estimate a

standardized total immune cell subset count for the data provided in each study.

From these standardized total immune cell subset counts, we are able to determine the proportion of

immune cell subsets within the brain by simply dividing the standardized count by 1×10^5 total cells

collected to obtain percentages (**Figure 6**, **Suppl. Table 3**). The immune subsets with the highest

total cell percentages that were found within WT/control mouse brain were TMEM119$^+$ IBA1$^-$

"steady state/ramified" microglia (28.5% $\pm$ 33.0), S100B$^+$ only astrocytes (12.7% $\pm$ 0), and GFAP$^+$

only astrocytes (8.30% $\pm$ 0). Of non-neural specific immune cells, bulk CD4$^+$ T cells (6.41% $\pm$ 6.15)

and bulk CD8$^+$ T cells (4.00% $\pm$ 5.34), were most often counted within mouse brain compared to

other adaptive/innate immune cells. Overall, we were able to calculate the average percentage of

immune cells found within WT/control mouse brain from the 60 selected studies. Hence, we are able

to report a more reliable estimate of the immune cell composition within mouse brain despite their

wide SD.

3.6 Evaluating risk of bias of all included studies

As per PRISMA and Cochrane criteria for systematic reviews, it is important to evaluate the risk of

bias for all studies cited (20,21,24,91). Here we utilize the SYRCLE's risk of bias tools for animal

studies (24) to create a summary graph and "stop-light" figure (**Figure 7**) to highlight the overall bias

of each study assessed within the following domains: D1: Sequence Generation (randomization

methods used to choose animals for comparable groups); D2: Baseline Characteristics (full

description of animal characteristics from all comparable groups); D3: Allocation Concealment

(methods used to conceal how animals are distributed to researchers, i.e. using a coding method for

each animal) ; D4: Random Housing (housing all animal groups randomly within the animal room);

D5: Blinding (blinding methods used on researchers, such as blinding the knowledge of intervention

or transgenic model used and blinding the outcome assessors); D6: Random Outcome Assessment

(methods on how the animals were selected at random for outcome assessment); D7: Incomplete

Outcome Data (description of the completeness of the data outcome, i.e., stating if data was excluded

or if animals were removed from study at any point); D8: Selective Outcome Reporting (the

completeness of the study protocols); D9: Other Sources of Bias (examples include: confounders,

contamination problems, analysis errors, design-specific risk of bias, etc.).

The overall bias of all selected studies was deemed predominantly "unclear" (~over 50%) due to lack

of reporting on specific data/methodology required to pass the "high" or "low" bias questionnaire in

each study (**Figure 7**). The most biased domains (~over 50% high bias scoring) from the selected

studies were Baseline Characteristics (i.e. it was largely unclear how sex, age, weight or other

baseline characteristics or confounders were adjusted for in each analysis) and Incomplete Outcome

Data (i.e. it was generally unclear whether all animals were included in each analysis, and if not,

whether there any report on why they were missing outcome data or how that missing data influenced

the study). The lowest biased domain (~over 75% low bias scoring) was Selective Outcome

Reporting (i.e. did the results reported reflect on the methods described in the selective studies).

Overall, the reported bias from all included studies were largely considered to be "unclear" due to the

lack of reporting and transparency in the methods and results described.

4   Discussion and Recommendations

A prominent role for the innate and acquired immune system in brain health, neurologic and age-

associated neurodegenerative disorders has become increasing apparent. In part, this has been driven

by the immunologic role of several variant gene discoveries including triggering receptor expressed

on myeloid cells 2 (*TREM2*) in Alzheimer's disease, granulin (*GRN*) in frontotemporal dementia and

leucine rich repeat kinase 2 (*LRRK2*) in Parkinson's disease (92–95). Despite this burgeoning interest

in neuroimmunology, and many published studies, results from flow cytometry immunophenotyping

from homogenized mouse brain are highly variable. Although this does not invalidate 'within study'

comparisons of specific immune subsets, such variability is a challenge for reproducibility, meta-

analysis across studies and interpretation (27–86). Reliable data on residential and infiltrating

immune cells within WT/control mouse brain would be of benefit (1–10). One step towards that goal

is standardized reporting of flow cytometry methods and results as well as requiring that to become a

prerequisite for peer-reviewed publications. In this systematic review, we demonstrate most studies

that apply flow cytometry methods to neurology and neuroimmunology, specifically to homogenized

mouse brain, share little to no consensus on methods, analysis or results. Here we summarize our

findings and make a series of recommendations for future studies (**Table 1**).

We retrieved 60 neurological/neuroimmunology studies that utilized flow cytometry to identify or

sort multiple immune cell subsets from WT/control mouse brain, which generally compared within

study results to an experimental mouse model (27–86). We compared mouse strains and perfusion

and tissue processing methods, and note the age of mice and methods for tissue homogenization are

variable (96–99). Vivarium conditions, such as group housing within ventilated racks in a pathogen

free barrier facility versus more conventional non-barrier non-ventilated caging, were seldom

documented. Corresponding authors from the 10/60 studies (16.7%) indicated the majority of studies

utilized a barrier facility with HEPA-filtered air, where each cage was individually ventilated and had

sterilized bedding and chow (29,41,47,53,54,60,64,75,77,78). Housing conditions, age and sex

influences the immune cell subsets that can be identified by flow cytometry (96–99), and should be

carefully considered, documented in experimental protocols and adjusted for as a covariate in

subsequent analyses. When deciding on immune cell isolation methods for mouse brains, both

mechanical homogenization or/and enzymatic tissue digestion are appropriate. Nevertheless, each

approach has pros and cons on immune cell retrieval and phenotypic expression, and depending on

the specific research question, must be carefully considered (100–102).

Once the mouse lines and homogenization/isolation methods were analyzed, we compared flow

cytometry techniques and data reporting across the 60 studies. Cytometers/FACS sorters come in a

variety of makes and models, but essentially do the same function, and should be calibrated using

universal standards (90,103,104). Many useful guidelines exist for reporting and include the

Minimum Information about a Flow Cytometry Experiment (MIFlowCyt) criteria (26,90,103,105).

These recommend researchers present flow cytometry data and methods by reporting: 1)

sample/specimen used for experiments; 2) how the samples were treated (storage, processing,

stained, etc.); 3) what reagents were used and which antibody clones; 4) what controls were used

(unstained controls, FMOs, single color controls, etc.) with a demonstration of the full gating strategy

for each panel; 5) what instrument was used and details about it; 6) how many total cells and/or live

cells were collected in each sample; 7) what analysis software was used and how compensation was

calculated. Greater adherence would enable more reliable and accurate results, increase

reproducibility and subsequent meta-analysis.

In the 60 selected studies, we next examined the median and average count and percentages of

immune cell subsets reported from WT/control mouse brain. The immune cell subsets selected

(**Figure 5**, **Figure 6**, **Suppl. Table 3**) consist of brain/CNS-only residential immune cells (astrocytes

and microglia) and immune cells considered to be both residential and peripheral (i.e. T cells, B cells,

macrophages, NK cells) (1–10). As expected, of all the immune subsets examined, astrocytes and

microglia are the most populous immune cells within WT/control mouse brain (15,27,28,76–78). It is

of note that three different astrocyte phenotypes were documented (S100B$^+$ only, GFAP$^+$ only, and

GFAP$^+$ S100B$^+$ cells). However, some astrocytes do not readily express GFAP and S100B is

expressed more in mature astrocytes (106–109). Similar observations were made for microglia

subsets; TMEM119 is expressed in more stable, non-reactive microglia, whereas IBA1 is found in

more active microglia and other phagocytic cells (110–113). Traditional methods of detecting

microglia by flow cytometry use $CD11b^+CD45^{lo/-}$ phenotyping. However, we favor microglia-

specific markers, such as TMEM119 and IBA1, as these differentiate microglia from other

phagocytic cell types.

For other immune cell subsets, T cells make up the second most abundant immune cell within

WT/control mouse brains, with more bulk $CD4^+$ T cells (29–39). In the brain, it is likely both

$CD4^+/CD8^+$ T cells are comprised of resident memory T cells (T_{RM}) and might be classified as an

even more specialized subset (i.e. T_{CM}, T_{EM}, and T_{EMRA}) (114–116). For the innate immune cell

populations (excluding microglia and astrocytes), NK cells were observed more frequently in

WT/control mouse brain than other innate immune cells (35,48–53). Many studies report NK cells as

most abundant within the brain's parenchyma, and more often than other innate immune populations

(excluding microglia and astrocytes) or adaptive immune cells (T cell and B cells) (117–119). NK

cells were the most reported innate immune cell subset within WT/control mouse brains in the 60

studies reviewed, but there were still more bulk $CD4^+/CD8^+$ T cell counts reported. We cautiously

include neutrophils in our systematic review (48,79–86). These polynucleated cells are challenging to

detect with flow cytometry as neutrophil extracellular traps (NETs) cause them to be extremely

"sticky", to bind onto each other and to bind non-specifically to flow antibodies (causing false

positives) (120–123). The variability in nomenclature/targets to identify neutrophils, their short life

span and sensitivity towards purification methods are additional limitations. (120–123)

The presence of less abundant immune cell subsets found within the brain, or infiltrating the brain,

including specific $CD4^+$ T cell subsets, T cell memory subsets, and DCs, were also assessed.

Unpredictably, it appears that T_{H1} T cells are more abundant in WT/control mouse brains than T_{H2} T

cells (not reported in the 60 selected studies) (29,42). Conventionally, the T_{H1}/T_{H2} ratio is used to

determine whether an individual has a bacterial/viral infection (higher ratios are indicative or greater

infection) although higher ratios of these subsets are also found in aged subjects, once again

highlighting the importance of defining age in studies of immunity (124). None of the 60 studies

reported specific T cell memory subsets besides bulk T_{EM} CD4$^+$/CD8$^+$ T cells (32) within WT/control

mice. Given the importance of specific T cell memory subsets to overall immunity, future flow

cytometry analysis of the brain may benefit from their inclusion. Surprisingly, a few reports listed

migratory/residential DCs within WT/control mouse brains, albeit at extremely low levels (35,54–

57), as microglia are thought to mediate brain immune surveillance (125–127).

Our systematic review has some limitations. Our analysis and database search were not automated to

update figures from more recent research (128,129) and potentially, this may be considered a

selection bias. The key word searches we conducted for each immune cell subset has been reported in

our methods but different variations of these names, or use of other abbreviations when searching,

could alter what literature is identified in each database, thus could also be considered as some level

of bias. As several studies selected failed to report sufficient details within their main text, figures, or

supplementary materials, whenever possible, data was extrapolated. We recommend supplementary

data includes all raw cell counts and documents which data are used in the main figures and text, to

provide more transparency and enable reproducibility. Overall, there was tremendous variability in

immune cell subset counts in the 60 studies reviewed, such that the SD often exceeded mean

estimates. Hence medians with IQRs are provided throughout this review. Although heterogeneity in

instrumentation is unavoidable and necessary in experimental design, and within study comparisons

are still valid, it would be helpful to standardize some aspects of how immunophenotyping and cell

counts are reported. Minimally, publications must include details on vivarium housing, age, sex, and

strain. In our analysis, we have included a series of recommendations to aid interpretation of results,

reproducibility and meta-analysis (**Table 1**). It would be insightful to compare flow cytometry results

across studies, not only within them. Adherence to reporting guidelines will ultimately improve our

understanding of the dynamic role of immunity in mouse brain.

5   Figure Legends

Figure 1. Prisma Flow Diagram. Guidelines provided by PRISMA (21).

Figure 2. Mouse information reported between studies. Reported baseline mouse information

described as percentages out of the 60 studies: **A.** mouse strains; **B.** mouse sex; and **C.** mouse age.

Figure 3. Brain tissue dissociation and cell isolation methods reported between studies. Tissue

processing techniques were reported as percentages from the 60 studies: **A.** brain dissociation filters

utilized; **B.** digestion enzymes used for brain homogenization; and **C.** Percoll gradients used to

remove myelin layer and isolate immune cells.

Figure 4. Reporting of flow cytometry results and cell counts between the studies. Differences in

flow cytometry results and cell counts reported as within study percentages (n=60 studies): **A.** gating

strategy reported; **B.** total cells per sample collected from flow cytometer/sorter reported; and **C.** total

immune cell subset counts derived from the live cell gate reported.

Figure 5. Calculated medians with interquartile ranges (IQRs) of immune cells quantified by

flow cytometry within wild-type/control mouse brains. Medians with IQRs (defined as: 75th

percentile upper quartile [Q3] – 25th percentile lower quartile [Q1]) of immune cell subset counts

found with wild-type (WT)/control homogenized mouse brain were calculated from data extrapolated

from the 60 studies selected for inclusion in this systematic review. Immune cell subsets were

organized as: **A.** bulk adaptive immune cells; **B.** specialized T cells; **C.** innate immune cells; and **D.**

brain-specific immune cells. Total n-values (number of studies for each identified subset) are

reported along with the median and IQR for each immune subset above each bar graph.

Figure 6. Standardized total cell percentages of immune cells quantified by flow cytometry

within wild-type/control mouse brains. Estimated percentages of immune cell subset counts found

within wild-type (WT)/control homogenized mouse brain were calculated from data extrapolated

from the 60 studies selected for inclusion in this systematic review. The equations used to determine

the standardized cell counts can be found in the Methods section. Briefly, "raw" total immune cell

subset count and "raw" total cell count collected via flow cytometry were standardized assuming 1 x

10^5 total cells were collected. Results were reported as combined means of percentages with standard

deviations ($\pm$SD) from the standardized totals from each study assuming 1 x 10^5 total cells were

collected.

Figure 7. SYRCLE's risk of bias: Tools for animal studies summarized for each study. Both the

summary graph and "stop-light" figure was created via the *robvis* R package and Shiny web app (25).

Criteria are based upon the Systematic Review Centre for Laboratory animal Experimentation

(SYRCLE) methodology to detect bias (24). All 60 studies selected were reviewed and analyzed

using SYRCLE criteria domains: D1: Sequence Generation; D2: Baseline Characteristics; D3:

Allocation Concealment; D4: Random Housing; D5: Blinding; D6: Random Outcome Assessment;

D7: Incomplete Outcome Data; D8: Selective Outcome Reporting; and D9: Other Sources of Bias.

Red: High Bias; Yellow: "Unclear" Bias; Green: Low Bias.

487 **Tables**

488 **Table 1. Minimum recommendations and sources for standards for future mouse brain flow**

489 **cytometry reports**

Table 2. Minimum recommendations and sources for standards for future mouse brain flow cytometry reports(4,5,13,15,26,90,96–99,103)	
Criteria	**Recommendations and Notes**
Mouse Strain	• Report background mouse strain being used, as different mouse strains have different immune backgrounds and responses. • Ensure a WT or a non-treated mouse is included, and housed in the same vivarium as transgenic/treated mice, in order to enable cross-study comparison. • Report specific details of the vivarium and the caging conditions used. • DO NOT switch mouse strains in the middle of an experiment, as immune profiles will vary drastically. • Ensure genetic, phenotypic, and supplier information is provided for each mouse strain used.
Mouse Age	• Report the ages of the mice used for the study, as immune profiles are altered by age. • For a more naïve, younger immune cell population, it is best to utilize mice aged ~3 months. • For a more mature, older immune cell population, it is best to utilize mice aged ~15 months. • Age can affect neurological phenotype and behavior; thus, needs to be included as a confounder.
Mouse Sex	• Report the sex of the mice used, as male and female mice have different immune responses. • Ensure that the same sex of mice is used throughout all experiments within the study, unless the study is focused on sex differences. • Use power analysis based on sex-specific means and their variance to estimate the of male and female required.
Perfusion Techniques	• Perfusion is recommended before brain homogenization, to avoid circulating blood/immune cell contamination. • Use cold Hank's balanced salt solution (HBSS) with 10% serum (i.e. heat-inactive fetal bovine serum [FBS], mouse serum, etc.) via cardiac perfusion to ensure residential immune cells and neurological cells remain intact and viable for flow cytometry. • 4% paraformaldehyde (PFA) in any perfusion mixture will affect flow cytometry staining, and should only be included AFTER staining for surface antigens.
Brain Dissociation and Cell Isolation Techniques	• Mechanical homogenization (i.e. Dounce tissue grinder, bead beating, sonication, etc.), enzymatic homogenization (i.e. collagenase, DNase I, trypsin-EDTA, etc.), or the combination of both can alter the phenotypes of immune cells, thus the it is important to describe the technique was used. • Use one or more cell strainers (preferably using a 100 μm filter first, then a 70 μm filter) in order to remove as much excess dead cells, fats, myelin, etc. as possible, as these components will alter flow cytometry collection and readings.

	• Use an isotonic Percoll gradient in order to isolate immune cells and other cells of interest. At minimum a 37% isotonic Percoll gradient is required to remove all myelin (top layer) and isolate all brain cells (bottom layer/cell pellet). • A 30%/37%/70% isotonic Percoll solution is also recommended if microglia isolation is the only objective.
Flow Cytometer/Sorter Equipment and Analysis Software Reporting	• Report the exact specifications of the flow cytometer/sorter used in the study. • DO NOT switch between cytometers/sorters throughout experimentation, as different models can produce different results. Ideally, calibration and optimization of the machine should be performed daily to ensure accurate results. • Report flow cytometry antibody information, such as clone ID, fluorophore conjugated, targets, and source, etc. • Analysis software and version number should be reported.
Flow Cytometry Result Reporting	• Include a representation of the entire gating strategy (from forward scatter/side scatter, to single cells, to live dead, to beginning of gating strategy and beyond) for each type of experiment conduct. These figures should come from a WT/non-treated control mouse. • State that the results provided are standardized and comparable to multiple flow cytometry controls, such as unstained, FMO, and single-color controls. At a minimum, either unstained and/or FMO control gating should be included in the report. • Provide cell counts and cell percentages for each gate reported. • Histograms should include unstained and FMO results along with the subjects' data. Indicate MFI readings for each histogram included. • Report total cells per sample collected by flow cytometry either as a unified cell count (i.e. all samples had 1×10^5 cells collected during flow cytometry) or for each individual sample. • Use a live/dead dye to separate out living cells for counts. Include the total amount of live cells counted on average and/or from each sample. • Report cell subsets as either total cell counts or by percentages derived from either live cells or from total cells collected. It is NOT recommended to report only subset percentages from a single gate after live/dead gating, i.e. reporting cell percentages only derived from CD45+ gating, in the main text or in figures. • Methods used to describe how cell counts were reported (i.e. by use of flow cytometry cell counting beads, counts provided by the machine, counts calculated, etc.) or how MFI's were calculated is recommended.

Conflict of Interest

The authors declare no potential conflict of interest.

Author Contributions

RCS and performed the initial search and analysis of this systematic review, where DTG and MJF

confirmed the findings. RCS and MJF contributed equally on the conception, design, organization.

All authors contributed to manuscript revision, read, and approved the submitted version.

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Data Availability Statement

All relevant data is contained within the article: The original contributions presented in the study are

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A. Mouse Strain Used %

- 1.67% Jcl:ICR
- 1.67% B6129SF2/J
- 1.67% C3H/Fej
- 1.67% BKS.Cg-Dock7m+/+Leprdb/Nju,db/db
- 1.67% BALB/C
- 3.33% C57BL/6N
- 1.67% Not Reported

86.59%

C57BL/6
43.3% C57BL/6
33.3% C57BL/6J
3.33% C57/BL6
3.33% C57BL/6 (H-2b)
3.33% C57BL/6J (B6)

B. Mouse Gender Used %

Not Reported
Female 13.33%
13.33%
Male and Female 16.67%
Male 56.67%

C. Mouse Age

Age	Percentage (%)
1-2 Weeks	
2 Weeks	
4 Weeks (1 Month)	
6 Weeks (1.5 Months)	
8 Weeks (2 Months)	
6-8 Weeks (1.5-2 Months)	
8-10 Weeks (2-2.5 Months)	
9-10 Weeks (2.25-2.5 Months)	
10-12 Weeks (2.5-3 Months)	
12 Weeks (3 Months)	
4-12 Weeks (1-3 Months)	
6-12 Weeks (1.5-3 Months)	
8-12 Weeks (2-3 Months)	
7-13 Weeks (1.5-2.5 Months)	
10-14 Weeks (2.5-3.5 Months)	
12-14 Weeks (3-3.5 Months)	
4-15 Weeks (1-3.5 Months)	
10-16 Weeks (2.5-4 Months)	
12 Weeks-16 Weeks (3-4 Months)	
28 Weeks-32 Weeks (7-8 Months)	
16 Weeks-52 Weeks (4-12 Months)	
12 Weeks-72 Weeks (3-18 Months)	
72 Weeks (18 Months)	
8 Weeks-88 Weeks (2-22 Months)	
12 Weeks-88 Weeks (3-22 Months)	
12 Weeks-104 Weeks (3-26 Months)	
Not Reported	

A.

Brain Dissociation Filter Used %

6.67% MACS Strainer System

40 μm Filter

Not Reported or Used Dissocation Kit Only

31.67%

10.00%

13.33%

38.33%

100 μm Filter

70 μm Filter

B.

Digestion Enzymes Used %

Collagenase Alone
1.67% Collagenase D
1.67% Collagenase II
1.67% Collagenase IV

Collagenase + Other Enzymes
6.67% Collagenase/DNase I
15.00% Collagenase/Dispace/DNase I
1.67% Collagenase D/DNase I
8.33% Collagenase IV/DNase I
1.67% Collagenase IX/Hyalurondise/Collagenase I-S

Not Reported

45.00%

33.33%

16.67%

Other Enzymes
1.67% Tryspsin-EDTA
1.67% DNase I/Dispace II/Papain
11.67% Liberase/DNase I
1.67% Papain/Protease/DNase I

C.

Percoll Gradients Used

Percentage (%)

Standardized Total Cell% in Mouse Brain