Flow cytometry for immune characterization in homogenized mouse brain: A systematic review

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Abstract

Objective: To systematically review the neuroimmunology literature to determine the average immune cell counts reported by flow cytometry in wild-type (WT) homogenized mouse brain.

Background: Mouse models of gene dysfunction are widely used to study age-associated neurodegenerative disorders, including Alzheimer's disease and Parkinson's disease. The importance of the neuroimmune system in multifactorial disorders has become increasingly evident, and methods to quantify resident and infiltrating immune cells in brain, including flow cytometry, have been applied numerous times. However, there appears to be no consensus on the best approach to perform flow cytometry, to quantify immune cell counts or report them. The development of more standardized methods would accelerate neuroimmune discovery and validation through meta-analyses.

Methods: Examination of the PROSPERO registry confirmed a systematic review of 'neuroimmunology' by 'flow cytometry' has yet to be reported. A protocol for a systematic review was subsequently based on the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) using Studies, Data, Methods and Outcomes (SDMO) criteria. Literature searches were conducted in Google Scholar and PubMed databases. From that search, 870 candidate studies were identified and 417 studies were assessed for eligibility based on formal exclusion criteria.

Results: Out of the 417 studies reviewed, 52 were eligible for inclusion and comparative analysis. Each study assessed immune cell subsets within homogenized mouse brain and used flow cytometry. Nonetheless, there was considerable variability in methods, data analysis, reporting and results. Descriptive statistics are presented on study designs and results, including medians with interquartile ranges (IQRs) and overall means with standard deviations (SD) for specific immune cell counts and their relative proportions, within and between studies.

35   **Conclusion**: Experiments to conduct and report flow cytometry data, derived from homogenized

36   mouse brains, would benefit from a more standardized approach. While within study comparisons are

37   valid, variability in methods, counts and proportions of immune cell populations are too broad for

38   meta-analysis. However, inclusion of a minimal protocol with more detailed methods, controls and

39   standards could enable this nascent field to compare results across studies.

1   Introduction

The mouse has been used to model neurological disorders for many decades, whether lesion models

(i.e. inducing a stroke in a mouse specimen), using transgenic or more physiologic gene knock-out or

mutant knock-in approaches (1–3). Some illustrations of mouse modeling for neurologic and

neurodegenerative disorders include work in Alzheimer's disease (AD), Parkinson's disease (PD),

Huntington's disease (HD), multiple sclerosis (MS), psychological/intellectual disabilities (i.e.

depression or Down's syndrome), traumatic brain injuries (TBI) and prion diseases (1–3). Most of

these disorders are multifactorial, with genetic and environmental components, for which the immune

system may provide some integration. Consequently, there has been growing interest in

neuroimmunology, and not just focused on resident immune cells within the brain, but also on

infiltrating peripheral immune cells (4–7). Recent studies of gut microbiota have highlighted nervous

and immune communication between the gut and central nervous system (CNS) (8–10). With this

resurgence, researchers have employed traditional (i.e. immunofluorescence/histology slide staining

and Western blotting) and contemporary methods (i.e. single-cell genomics and single-cell

sorting/staining via flow cytometry) to better characterize specific immune cell subsets within the

body and brain.

Specifically, brain resident immune cells, including microglia and astrocytes, have been

comprehensively examined in many mouse models of neurologic disorders (4–10). However, the

characterization of other immune cell subsets in peripheral blood, the CNS, and within the brain

(both residential and infiltrated) has yet to be fully described (4–10). These immune cell subsets

include, but are not limited to, natural killer cells (NK cells), T cells, and B cells (4–10). However,

validation and comparison through meta-analysis might be enabled if researchers utilize more

standardized methods and reporting.

Technologic developments for single-cell isolation and analysis, including single-cell RNAseq, mass

cytometry (CYTOF), fluorescence-activated cell sorting (FACS) and multi-color flow cytometry

derived immunophenotyping, have illuminated a wide variety of scientific fields (11,12). Of these

techniques, FACS and flow cytometry immunophenotyping are most frequently used. Reasons

include the ease of use in setting up a flow cytometer or sorter for a variety of applications, the

sensitivity of the assay, the specificity of the antibodies used, the potential of those antibodies to be

used for both flow cytometry and Western blotting for the same target, and the ability to produce

qualitative and quantitative data (12,13).

Nevertheless, flow cytometry has its pitfalls as analytic interpretation of the data depends on the

user's preference for gating and target choices (13). Experimentally, flow cytometry is also

dependent on the fluorophores and cytometers used, and variation between these instruments may

result in false positives and negatives. Nevertheless, such issues can be circumvented by providing

multiple controls, such as unstained and fluorescence minus one (FMO) controls, more rigorously

described methods and standardization of flow cytometry protocols.

FACs and flow cytometry immunophenotyping have been insightful and widely used in basic

immunology that other scientific fields, including neurology, have begun to adopt these methods

(14–16). However, the use of flow cytometry for detecting cell types within the brain and CNS

warrant more standardized protocols and reporting, now that their utility has been demonstrated.

Although mouse immune profiles within the brain have been identified by high-dimensional single-

cell mapping using techniques like mass cytometry (CYTOF)(17), at the time of writing and despite

numerous publications, the expected cell counts and proportions of each immune subset within the

brain of a wild type (WT) mouse have not yet been clearly defined by standard FACS and flow

cytometry. Consequently, we have performed a systematic review focused on neuroimmunology and

the use of flow cytometry to detect immune cells derived from homogenized mouse brain. In our

results, we summarize the number of immune cells overall and estimate the immune subsets that can

be detected via flow cytometry immunophenotyping. Our findings demonstrate a critical need for

more standardized methods and reporting, and have led to best practice recommendations for future

publications.

2   Methods

2.1   Study design

Study design was informed by prior literature (18–20) and based upon the Preferred Reporting Items

for Systematic Reviews and Meta-Analyses (PRISMA) criteria (21) and Cochrane Handbook of

reporting methodology reviews, employing SDMO (Types of Studies, Types of Data, Types of

Methods, and Types of Outcome Measures) criteria (22,23). Bias assessment for each individual

study selected for systematic review inclusion was also conducted using Systematic Review Centre

for Laboratory animal Experimentation (SYRCLE) (24) methodology, and subsequent reporting uses

the *robvis* R package and Shiny web app (25).

2.2   Search strategy

Google Scholar and PubMed databases were used to identify all studies for this systematic review,

published between Jan 2013 and May 2023. The search protocol and study design were also assessed

within the National Institute of Health (NIH) PROSPERO registry database, which confirmed a

review of this topic has not been previously conducted. For database searches, the following

combination of keywords were used to identify eligible studies: "flow cytometry" AND "immune

subset name examined in study" AND "mouse brain." For example, a keyword search containing

"flow cytometry, CD4 T cells, mouse brain". "Immune subset name examined in study" is defined as

one of the following immune cell subsets: "S100B Astrocytes," "GFAP Astrocytes," "GFAP S100B

Astrocytes," "CD4 T cells," "CD8 T cells," "double negative DN T cells," "regulatory T cells

TREG," "follicular helper T cells TFH," "T helper 1 T cells TH1," "T helper 2 T cells TH2," "T

helper 17 T cells TH17," "naïve T cells," "naïve CD4 T cells," "naïve CD8 T cells," "naïve-like T

cells," "central memory T cells TCM," "central memory CD4 T cells TCM," "central memory CD8

T cells TCM," "effector memory T cells TEM," "effector memory CD4 T cells TEM," " effector

memory CD8 T cells TEM," "effector memory T cells re-expressing CD45RA TEMRA," "effector

memory CD4 T cells re-expressing CD45RA TEMRA," "effector memory CD8 T cells re-expressing

CD45RA TEMRA," "natural killer cells NK cells," "dendritic cells DC," "B cells," "monocytes,"

"macrophages," "M1 macrophages," "M2 macrophages," "TMEM119 microglia," "TMEM119 IBA1

microglia," or "IBA1 microglia."

2.3   Selection and exclusion criteria

Studies were selected from search results employing the following inclusion criteria: 1) any study

performed between 2013-2023; 2) any study that contained flow cytometry data identifying immune

cell subsets and counts in mouse brain; 3) any study that reported total cell numbers or total live cell

percentages for one or more immune cell subsets, and; 4) any study that had WT mice or a non-

treated control (when reporting on transgenic mouse models). Studies were excluded from search

results based upon the following criteria: 1) studies performed in 2012 and prior; 2) any study not

focused on flow cytometry of homogenized mouse brains; 3) rat studies; 4) human studies, or; 5)

studies not reporting controls or the background mouse strain.

2.4   Data extraction

For each study, information on the mouse strain used, age, and gender were recorded. In addition,

methodological information on mouse perfusion, brain extraction and homogenization were recorded.

Flow cytometry methods were recorded when the following was reported: 1) cytometer make and

model; 2) software for data collection/analysis; 3) full gating strategy; 4) total cells collected per

sample; 5) total live cell counts; 6) total immune cell subset percentages calculated directly from live

cell counts, and; 7) methods for determining cell counts and/or mean fluorescence intensity (MFI)

readings.

Studies were subsequently examined for immune cell subset counts from WT/control mouse brains

directly from the main text, supplementary materials, and/or extrapolated from the figures and graphs

presented. In this systematic review, "raw" total immune cell subset counts were reported for each

immune cell subset as a median with an interquartile range (IQR; defined as: 75th percentile upper

quartile [Q3] – 25th percentile lower quartile [Q1]) and as the combined mean with standard deviation

(SD) of multiple studies (n). The "raw" total overall cell count collected per sample by flow

cytometry was also reported from these studies.

2.5   Data analysis

After the median with IQR and combined means with SD from the "raw" total immune cell subset

counts and from the "raw" total overall cell count collected per sample were recorded from each

study, we standardized an approach to estimate how many immune cells of each subset would be

counted if the total homogenized mouse brain cells collected by flow cytometry equaled a total of 1 x

10^5 collected cells. The value of cells required, per sample, for an accurate flow cytometry reading is

stated to be between 1 x 10^4 total cells (minimum) and 1 x 10^6 total cells (maximum) hence we used

the median (26).

Standardized total cell counts for each immune cell subset reported in this systematic review, were

calculated using the following equation:

$$\frac{a}{b} = \frac{X}{1 \, x \, 10^5 \, Total \, Cells \, Collected}$$

Where "a" is the [Raw Total Immune Cell Subset Count], "b" is the [Raw Total Cell Count

Collected] per sample, where "X" is the [Standardized Total Immune Cell Subset Count].

Rearranging to solve for X gives the following equation:

$$\frac{(a)(1 \, x \, 10^5 \, Total \, Cells \, Counted)}{b} = X$$

Once all total immune cell subset counts were standardized, we determined the theoretical

standardized percentages of each immune cell subset within the entire mouse brain, and report those

results as means with SD.

3   Results

3.1   Literature search and selection of studies for review

A PRISMA based flow diagram illustrates our screening methodology for study identification

(**Figure 1**) (21). The two databases (Google Scholar and PubMed) searched using the keyword search

terms, defined in Methods, highlighted 870 articles for systematic review. Of those 870 reports, 218

were removed as they supplied only an abstract or were duplicated between databases, and 652

studies remained. Of these an additional 235 studies were removed as they were published in 2012 or

prior. This cut off is arbitrary, but was used to identify more contemporary flow cytometry

immunophenotyping publications and resulted in 417 eligible studies. Further inclusion and

exclusion criteria removed: 128 studies in which flow cytometry of homogenized mouse brains was

not a main focus; 126 studies with insufficient information and/or results from controls or in which

the background mice strain was not specified; 91 human studies, and; 20 rat studies. Consequently,

52 studies that passed our inclusion and exclusion criteria were incorporated in this systematic review

(27–78).

3.2   Reporting of mouse information and perfusion/tissue processing is inconsistent between

studies.

Of the 52 studies selected, we reviewed the basic characteristics of the mice strains used (**Figure 2A**,

Suppl. Table 1). The inbred congenic C57BL/6 mouse line was used most (22/52 studies [42.3%]) as

a control and as the background for genetically modified mice (29,30,32,33,38,43–49,51,56,60,68–

71,74,76,78). Nevertheless, in many studies the nomenclature of this mouse line was inconsistently

labeled and often imprecise. Terminology included mention of: C57BL/6J (15/52 studies [28.8%])

(31,34,35,41,54,58,62,64–67,72,73,75); C57/BL6 (2/52 studies [3.84%]) (36,42); C57BL/6 (H-2b)

(2/52 studies [3.84%]) (37,55); and C57BL/6J (B6) (2/52 studies [3.84%]) (40,63). . The majority of

studies that reported mouse gender (**Figure 2B, Suppl. Table 1**) used only male mice (27/52 studies

[51.9%]) (27,31,32,35,36,40,42,43,46,47,49,51,52,56,60–65,67,69–73,76), although 10/52 studies

[19.2%] reported mixed results of male and female animals together (29,33,34,38,39,41,45,53,74,77).

The age of the mice (**Figure 2C, Suppl. Table 1**) within studies varied but the majority reported

findings at 8-10 week (2-2.5 month) (8/52 studies [15.4%]) (36,53,54,57,60,62,69,73). However,

studies characterized animals over a wide range of age, from 1-2-weeks (34,41) and between 3-26

months (76).

Perfusion (**Suppl. Figure 1, Suppl. Table 1**) and brain tissue processing methods (**Figure 3A-C,**

Suppl. Table 1) also varied across the 52 studies. A majority of studies (30/52 studies [57.7%],

Suppl. Figure 1, Suppl. Table 1) used cold PBS for perfusion (31,33–35,37,41,45–50,52,54–

60,63,65–69,72,75,76,78). Of the 52 studies reviewed, 8/52 [15.4%] (**Figure 3A, Suppl. Table 1**)

used a commercial kit, such as the Neural Tissue Dissociation Kit P (Miltenyi Biotec), to isolate

immune cells from mouse brain (27,28,36,42,43,63,69,73). Nevertheless, in neurology it remains

unclear how to best process mouse brain to dissociate the tissue and leave cell types intact (79–81).

Researchers may use mechanical homogenization, enzymatic homogenization, or both

homogenization techniques (79–81). For the studies reviewed, 17/52 [32.7%] (**Suppl. Table 1**) used

some type of mechanical homogenization (i.e. Glass-Teflon homogenizer, an 18-gauge needle, etc.)

before filtering through a cell strainer, prior to enzyme treatment and the use of a myelin removal

gradient (i.e. Percoll gradient) (27,33,35,39,46,50,52,55,57–59,61,62,65,66,68,71). The enzymatic

solutions used in the reports were also vary widely (**Figure 3B, Suppl. Table 1**). Most studies used

collagenase (I, II, IV, D, or I-S) alone or combined with additional enzymes (20/52 studies [38.5%])

(29–33,35,48,49,56,62,64–66,68–70,72,76–78). The enzyme most used in combination with

collagenase (or another tissue digestion enzyme) was DNase I (16/52 studies [30.8%]) (27,29–

33,49,50,53,55,56,62,64,65,68,70,72,76–78). After homogenization of mouse brain, cell strainers are

generally used to remove dead cells and myelin (**Figure 3A, Suppl. Table 1**), and a 70 μm filter was

used in the majority (20/52 studies [38.5%]) of studies

(15,29,32,34,35,40,41,45,47,48,50,54,55,58,61,65,66,69,74,76). To further remove myelin from

mouse brain homogenate, researchers employ a myelin removal kit or Percoll gradient solutions.

Specific cell types can be isolated while the myelin layer rises to the top of the sample tube with

centrifuge, depending upon the percentage of Percoll. Again, in the studies reviewed, the percentages

of Percoll (**Figure 3C, Suppl. Table 1**) varied with most using a 30%/70% Percoll gradient solution

(13/52 studies [25.0%]) (15,29,31,35,45,47,55,59,64,65,73,74,76). Overall, the age of mice and

methodology for isolating immune cell counts from brain for flow cytometry varied greatly between

studies.

3.3   Flow cytometry methodology used and cell counts are inconsistently reported between

studies

After considering mice strain and brain homogenization methods, we examined the flow cytometry

instruments used and data reporting (**Figure 4A-C, Suppl. Figures 2A-B and 3A-B, Suppl. Table**

2). The make and model of flow cytometer/FACS sorter (**Suppl. Figure 2A, Suppl. Table 2**) and

analysis software (**Suppl. Figure 2B, Suppl. Table 2**) used in each of studies also varied widely. The

flow cytometer most reported was the BD LSRII Flow Cytometer (12/52 studies [23.1%])

(32,34,35,37,38,41,45,53,62,63,65,67) whereas the FACS sorter was the BD FACS Aria III (7/52

studies [13.5%])(32,39,48,50,55,56,65). The analysis software most generally used was a version of

FlowJo (Tree Star) for flow cytometry immunophenotyping (32/52 studies [61.5%]) (29,31–33,35–

38,40,43,45,46,49,51–56,58,60,64,65,67,70–76,78) and BD FACSDiva specifically for FACS

analysis (11/52 studies [21.2%]) (27,28,34,37,39,41,44,62–64,78).

After reviewing methodology in all 52 studies, we assessed the quality of flow cytometry reporting

(**Figure 4A-C, Suppl. Figure 3A-B, Suppl. Table 2**). For each study, we scored the following

parameters: 1) whether a full gating strategy was reported; 2) the total cells collected per sample for

flow cytometry; 3) the total live cell counts during flow cytometry sample collection; 4) if the total

immune cell subset percentage was calculated directly from the live cell count reported or was it

derived from another gate (i.e. was the immune cell subset percentage reported derived from the

CD45$^+$ gate or from the live/dead gate); and 5) whether the methods used to determine cell counts

and/or MFI readings were documented. Of the 52 studies reviewed, 31/52 [59.6%] included a full

gating strategy (**Figure 4A, Suppl. Table 2**) (27–29,32,34–36,38,39,43,45–47,49,52,53,56,57,60,62–

66,69,73–78) , while 18/52 [35.6%] reported a partial gating strategy

(30,31,37,40,42,44,48,50,51,54,55,58,59,61,68,70–72) and 3/52 [5.8%] of studies did not include this

information (33,41,67). On reporting total cells collected per sample during flow cytometry

collection (**Figure 4B, Suppl. Table 2**), only 17/52 [32.7%] of studies provided this data

(27,28,32,38,39,43,46,49,54,59,60,63,65,69,73,75,76). Total live cell counts collected during flow

cytometry (**Suppl. Figure 3A, Suppl. Table 2**) was only reported in 11/52 [21.2%] of the studies

reviewed (27,28,32,39,59,60,63,69,73,75,76). Out of the 52 selected studies, only 14/52 [26.9%]

expressed their results in terms of total immune cell subset percentages derived from live cells only

(**Figure 4C, Suppl. Table 2**) and not from another gate (such as deriving from the CD45^{+} gate)

(27,28,37,39,45,49,54,60,69,70,73,74,76,78). Lastly, 35/52 [67.3%] of studies (**Suppl. Figure 3B,**

Suppl. Table 2) reported methods on how cell counts and/or MFI readings were recorded (27–

30,32,34,35,37,39,41,43–46,51–54,56,57,59–61,63–66,69,72–78). Overall, the cytometer/FACS

sorter used, and the reporting of total cells collected, total live cells and immune cell subset

percentages was not standardized in the 52 studies examined.

3.4   Reported immune cell counts from WT/control homogenized mouse brain is highly

variable between studies.

Across all studies we then examined the total immune cell counts reported in WT/control mouse

models, as detected by flow cytometry immunophenotyping and/or by FACS (**Suppl. Table 3**). As

described in Methods and **Suppl. Table 3**, studies were selected based on their reporting of a wide-

variety of immune cell subsets. These included astrocyte subsets, T cell subsets/memory T cells

(naïve-like, central memory [T_{CM}], effector memory [T_{EM}] and effector memory re-expressing

CD45RA [T_{EMRA}]), natural killer cells (NK cells), dendritic cells (DCs), B cells, monocytes,

macrophages (M1 and M2 phenotypes), and different microglia subsets.

Many immune subsets were examined but relatively few were reported in sufficient studies to be able

to calculate representative medians with IQR and means with SD (**Figure 5 and Suppl. Table 3**).

Immune cell subsets with at least two or more references to derive a median and mean cell count for

WT/control mice include: bulk CD4^{+} T cells (29–35), bulk CD8^{+} T cells (29,30,32,36–39), double

negative (DN) T cells (35,40), regulatory T cells (T_{REG}) (31,41–44), T helper 1 cells (T_{H1}) (29,42), T

helper 17 cells (T_{H17}) (46,47), NK cells (35,43,48,49,51–53), DCs (35,54–57), B cells (35,58–62),

monocytes (63–69), bulk macrophages (66,67,70–74), and TMEM119$^+$ IBA1$^-$ "steady state/ramified"

microglia (75–78). Immune cell subset counts that were derived from only one study, such as S100B$^+$

only astrocytes (27), GFAP$^+$ only astrocytes (28), follicular T cells (T_{FH}) (45), and T_{EM} bulk CD4$^+$

and bulk CD8$^+$ T cells (32), were still included in this review as a representation of the possible

median/average cell count for these subsets.

We first calculated the overall medians for each examined immune subset by collecting all of the

"raw" total immune subset cell counts from each of the 52 studies (**Figure 5**). By doing this, we

discovered that out of these studies, there were some that were outliers (outside of the IQR) that

appear to heavily altered the overall total immune cell counts determined by flow cytometry

(29,35,38,43,49,55,60,63,71,74,78). Out of all the immune cell subsets from the 52 studies, the

highest median was TMEM119$^+$ IBA1$^-$ "steady state/ramified" microglia (72,300 [IQR=194,038]; n

= 4 studies) (75–78). The lowest median that was calculated was T_{FH} T cells (8 [IQR=0]; n = 1

study) (45). Memory T cell subsets found within both CD4$^+$ and CD8$^+$ T cells were not reported as an

immune cell subset in any study. Similarly, T helper 2 cells (T_{H2}) were not reported in any studies. It

was also surprising that there were no reports on M1 and M2 macrophage counts within mouse brain.

For each of the combined means of the total immune cell subsets found within mouse brains, the 52

studies had a highly variable range, where most of the SD calculated were greater than the calculated

means (**Suppl. Table 3**). As with the calculated medians, the highest mean cell count reported from

the 52 studies was TMEM119$^+$ IBA1$^-$ "steady state/ramified" microglia (90,323 ± 104,555; n = 4

studies) (75–78). The lowest mean cell counts reported were for T_{FH} T cells (8 ± 0; n = 1 study) (45).

Subsequently, we also calculated the combined means of total overall cell counts, collected per

sample, as reported in the 52 studies reviewed (**Suppl. Table 3**). Although not as variable as immune

cell subset counts, the total overall cell counts collected by flow cytometry ranged from 1 x 10^4 to ~3

x 10^6 cells. In some studies, the actual number of cells collected by flow cytometry was not specified

(27,28,45–47) but the total cell counts could be extrapolated from data given in the main text, figures,

and/or supplementary material. Overall, we conclude the immune cell subset counts collected by flow

cytometry immunophenotyping are highly variable between studies, and there is currently

insufficient data on specific T cell subsets/memory subsets and M1/M2 macrophage counts within

the mouse brain.

3.5   Standardizing mean total immune cell subset counts and percentages within WT/control

mouse brain.

Due to the high range of SD values derived from the means of the examined immune cell subsets

from each of the 52 studies, we sought to determine a way to better standardize the mean total

immune cell subset percentages found from within WT/control mouse brain in each study (**Figure 6,**

Suppl. Table 3). Our approach stems from the idea that flow cytometry data that counts individual

cell percentages should be reported as values from the total number of cells collected (on average 1 x

10^5 cells) and should not be derived from a sub-partition within the gating strategy (26,82). Thus,

based on the assumption the total cells collected per sample was 1 x 10^5 cells, we were able to

estimate a standardized total immune cell subset count for the data provided in each study.

From these standardized total immune cell subset counts, we are able to determine the proportion of

immune cell subsets within the brain by simply dividing the standardized count by 1 x 10^5 total cells

collected to obtain percentages (**Figure 6**, **Suppl. Table 3**). As expected, the top three immune cell

subsets found within WT/control mouse brain were TMEM119$^+$ IBA1$^-$ "steady state/ramified"

microglia (28.5% $\pm$ 33.0), S100B$^+$ only astrocytes (12.7% $\pm$ 0), and GFAP$^+$ only astrocytes (8.30% $\pm$

0). Out of the non-neural specific immune cells, bulk CD4$^+$ T cells (6.41% $\pm$ 6.15) and bulk CD8$^+$ T

cells (4.00% ± 5.34) were most often counted within mouse brain compared to other adaptive/innate

immune cells. Overall, we were able to calculate the average percentage of immune cells found

within WT/control mouse brain from the 52 selected studies. Hence, we are able to report a more

reliable estimate of the immune cell composition within mouse brain despite still high SD values.

3.6   Evaluating risk of bias of all included studies

As per PRISMA and Cochrane criteria for systematic reviews, it is important to evaluate the risk of

bias for all studies cited (20,21,24,83). Here we utilize the SYRCLE's risk of bias tools for animal

studies (24) to create a summary graph and "stop-light" figure (**Figure 7**) to highlight the overall bias

of each study assessed within the following domains: D1: Sequence Generation (randomization

methods used to choose animals for comparable groups); D2: Baseline Characteristics (full

description of animal characteristics from all comparable groups); D3: Allocation Concealment

(methods used to conceal how animals are distributed to researchers, i.e. using a coding method for

each animal) ; D4: Random Housing (housing all animal groups randomly within the animal room);

D5: Blinding (blinding methods used on researchers, such as blinding the knowledge of intervention

or transgenic model used and blinding the outcome assessors); D6: Random Outcome Assessment

(methods on how the animals were selected at random for outcome assessment); D7: Incomplete

Outcome Data (description of the completeness of the data outcome, i.e., stating if data was excluded

or if animals were removed from study at any point); D8: Selective Outcome Reporting (the

completeness of the study protocols); D9: Other Sources of Bias (examples include: confounders,

contamination problems, analysis errors, design-specific risk of bias, etc.).

The overall bias of all selected studies was deemed predominantly "unclear" (~over 50%) due to lack

of reporting on specific data/methodology required to pass the "high" or "low" bias questionnaire in

each study (**Figure 7**). The most bias domains (~over 50%) from the selected studies was Baseline

Characteristics (i.e. it was largely unclear how sex, age, weight or other baseline characteristics or

confounders were adjusted for in each analysis) and Incomplete Outcome Data (i.e. it was generally

unclear whether all animals were included in each analysis, and if not, whether there any report on

why they were missing outcome data or how that missing data influenced the study). The lowest bias

domain (~over 75%) was Selective Outcome Reporting (i.e. did the results reported reflect on the

methods described in the selective studies). Overall, the reported bias from all included studies were

largely considered to be "unclear" due to the lack of reporting and transparency in the methods and

results described.

4   Discussion and Recommendations

A prominent role for the innate and acquired immune system in brain health, neurologic and age-

associated neurodegenerative disorders has become increasing apparent. In part, this has been driven

by the immunologic role of several variant gene discoveries including triggering receptor expressed

on myeloid cells 2 (*TREM2*) in Alzheimer's disease, granulin (*GRN*) in frontotemporal dementia and

leucine rich repeat kinase 2 (*LRRK2*) in Parkinson's disease (84–87). Despite this burgeoning interest

in neuroimmunology, and many published studies, results from flow cytometry immunophenotyping

from homogenized mouse brain are highly variable. Although this does not invalidate 'within study'

comparisons of specific immune subsets, such variability is a challenge for reproducibility, meta-

analysis across studies and interpretation (27–78). Reliable data on residential and infiltrating

immune cells within WT/control mouse brain would be of benefit (1–10). One step towards that goal

is standardized reporting of flow cytometry methods and results as well as requiring to become a

prerequisite for peer-reviewed publications. In this systematic review, we demonstrate most studies

that apply flow cytometry methods to neurology and neuroimmunology, specifically to homogenized

mouse brain, share little to no consensus on methods, analysis or results. Here we summarize our

findings and make a series of recommendations for future studies (**Table 1**).

We retrieved 52 neurological/neuroimmunology studies that utilized flow cytometry to identify or

sort multiple immune cell subsets from WT/control mouse brain, which generally compared within

study results to an experimental mouse model (27–78). We compared mouse strains and perfusion

and tissue processing methods, and note the age of mice and methods for tissue homogenization are

variable. However, younger mice have a different immune landscape to older animals (88–91).

Vivarium conditions, such as group housing within ventilated racks in a pathogen free barrier facility

versus more conventional non-barrier non-ventilated caging, are seldom documented. Housing

conditions, age and gender influences the immune cell subsets that can be identified by flow

cytometry, and should be carefully considered, documented in experimental protocols and, whenever

possible, adjusted for as a covariate in subsequent analyses. When deciding on immune cell isolation

methods for mouse brains both mechanical homogenization or/and enzymatic tissue digestion are

appropriate. Nevertheless, each approach has pros and cons on immune cell retrieval and phenotypic

expression, and depending on the specific research question, must be carefully considered (92–94).

Once the mouse lines and homogenization/isolation methods were analyzed, we compared flow

cytometry techniques and data reporting across the 52 studies. Cytometers/FACS sorters come in a

variety of makes and models, but essentially do the same function, and should be calibrated using

universal standards (82,95,96). Many useful guidelines exist for reporting and include the Minimum

Information about a Flow Cytometry Experiment (MIFlowCyt) criteria (26,82,95,97). These

recommend researchers present flow cytometry data and methods by reporting: 1) sample/specimen

used for experiments; 2) how the samples were treated (storage, processing, stained, etc.); 3) what

reagents were used and which antibody clones; 4) what controls were used (unstained controls,

FMOs, single color controls, etc.) with a demonstration of the full gating strategy for each panel; 5)

what instrument was used and details about it; 6) how many total cells and/or live cells were

collected in each sample; 7) what analysis software was used and how compensation was calculated.

Greater adherence would enable more reliable and accurate results, increase reproducibility and

subsequent meta-analysis.

In the 52 selected studies, we next examined the median and average count and percentages of

immune cell subsets reported from a WT/control mouse brain. The immune cell subsets selected

(**Figure 5**, **Figure 6**, **Suppl. Table 3**) consist of brain/CNS-only residential immune cells (astrocytes

and microglia) and immune cells considered to be both residential and peripheral (i.e. T cells, B cells,

macrophages, NK cells) (1–10). As expected, of all the immune subsets examined, astrocytes and

microglia are the most populated immune cells within WT/control mouse brain (15,27,28,76–78). It

is of note that three different astrocyte phenotypes were documented (S100B$^+$ only, GFAP$^+$ only, and

GFAP$^+$ S100B$^+$ cells). However, some astrocytes do not readily express GFAP and S100B is

expressed more in mature astrocytes (98–101). Similar observations were made for microglia

subsets; TMEM119 is found expressed in more stable, non-reactive microglia, whereas IBA1 can be

expressed in more active microglia and other phagocytic cells (102–105). For other immune cell

subsets, T cells make up the second most abundant immune cell within WT/control mouse brains,

with more bulk CD4$^+$ T cells (29–39). In the brain, it is likely both CD4$^+$/CD8$^+$ T cells are comprised

of resident memory T cells (T$_{RM}$) and might be classified as an even more specialized subset (i.e.

T$_{CM}$, T$_{EM}$, and T$_{EMRA}$) (106–108). For the innate immune cell populations (excluding microglia and

astrocytes), NK cells were observed more frequently in WT/control mouse brain than other innate

immune cells (35,48–53). Many studies report NK cells as most abundant within the brain's

parenchyma, and more often than other innate immune populations (excluding microglia and

astrocytes) or adaptive immune cells (T cell and B cells) (109–111). NK cells were the most reported

innate immune cell subset within WT/control mouse brains in the 52 studies reviewed, but there were

still more bulk CD4$^+$/CD8$^+$ T cell counts reported. The presence of less abundant immune cell

subsets found within the brain, or infiltrating the brain, including specific CD4$^+$ T cell subsets, T cell

memory subsets, and DCs, were also assessed. Unpredictably, it appears that T$_{H1}$ T cells are more

abundant in WT/control mouse brains than T$_{H2}$ T cells (not reported in the 52 selected studies)

(29,42). Conventionally, the T$_{H1}$/T$_{H2}$ ratio is used to determine whether an individual has a

bacterial/viral infection (higher ratios are indicative or greater infection) although higher ratios of

these subsets are also found in aged subjects, once again highlighting the importance of defining age

in studies of immunity (112). None of the 52 studies included reported specific T cell memory

subsets besides bulk T$_{EM}$ CD4$^+$/CD8$^+$ T cells (32) within WT/control mice. Given the importance of

specific T cell memory subsets to overall immunity, future flow cytometry analysis of the brain may

benefit from their inclusion. Surprisingly, a few reports listed migratory/residential DCs within

WT/control mouse brains, albeit at extremely low levels (35,54–57), as microglia are thought to

mediate brain immune surveillance (113–115).

Our systematic review has some limitations. Our analysis and database search were not automated to

update figures from more recent research (116,117) and potentially, this may be considered a

selection bias. The key word searches we conducted for each immune cell subset has been reported in

our methodology, however, different variations of these words or use of other abbreviations when

searching could alter what literature is identified in each database, thus could also be considered

some level of bias. Several of the studies included also failed to report sufficient details within their

main text, figures, or supplementary materials, and whenever possible that data was extrapolated.

Nevertheless, there was tremendous variability in immune cell subset counts in the 52 studies

reviewed, where SD often exceeded mean measures, thus the overall calculated medians with IQRs

were reported more thoroughly in this review. Although heterogeneity in instrumentation is

unavoidable and necessary in experimental design, and within study comparisons are still valid, it

would be helpful to uniformly define how immunophenotyping is reported, including vivarium

housing, age, sex, and strain. There needs to be greater effort to standardized total immune cell

counts and to standardize the reporting of specific immune cell subset counts. From our analysis, we

have sought to make a series of criteria and recommendations to aid interpretation of results,

reproducibility and meta-analysis (**Table 1**). Adherence to reporting guidelines will ultimately

improve our understanding of the dynamic role of immunity in mouse brain.

5   Figure Legends

Figure 1. Prisma Flow Diagram. Guidelines provided by PRISMA (21).

Figure 2. Mouse information reported between studies. Reported baseline mouse information

described as percentages out of the 52 studies: **A.** mouse strains; **B.** mouse ages; and **C.** mouse

genders.

Figure 3. Brain tissue dissociation and cell isolation methods reported between studies. Tissue

processing techniques were reported as percentages from the 52 studies: **A.** brain dissociation filters

utilized; **B.** digestion enzymes used for brain homogenization; and **C.** Percoll gradients used to

remove myelin layer.

Figure 4. Reporting of flow cytometry results and cell counts between the studies. Differences in

flow cytometry results and cell counts reported as within study percentages (n=52 studies): **A.** gating

strategy used; **B.** total cells per sample collected from flow cytometer/sorter; and **C.** total immune

cell subset counts derived from the live cell gate.

Figure 5. Calculated medians with interquartile ranges (IQRs) of immune cells quantified by

flow cytometry within wild-type/control mouse brains. Medians with IQRs (defined as: 75th

percentile upper quartile [Q3] – 25th percentile lower quartile [Q1]) of immune cell subset counts

found with wild-type (WT)/control homogenized mouse brain were calculated from data extrapolated

from the 52 studies selected for inclusion in this systematic review. Immune cell subsets were

organized as: **A.** bulk adaptive immune cells; **B.** specialized T cells; **C.** innate immune cells; and **D.**

brain-specific immune cells. Total n-values (number of studies for each identified subset) are

reported along with the median and IQR for each immune subset above each bar graph.

Figure 6. Standardized total cell percentages of immune cells quantified by flow cytometry

within wild-type/control mouse brains. Estimated percentages of immune cell subset counts found

within wild-type (WT)/control homogenized mouse brain were calculated from data extrapolated

from the 52 studies selected for inclusion in this systematic review. The equations used to determine

the standardized cell counts can be found in the Methods section. Briefly, "raw" total immune cell

subset count and "raw" total cell count collected via flow cytometry were standardized assuming 1 x

10^5 total cells were collected. Results were reported as combined means of percentages with standard

deviations ($\pm$SD) from the standardized totals from each study assuming 1 x 10^5 total cells were

collected.

Figure 7. SYRCLE's risk of bias: Tools for animal studies summarized for each study. Both the

summary graph and "stop-light" figure were created via the *robvis* R package and Shiny web app

(25). Criteria are based upon the Systematic Review Centre for Laboratory animal Experimentation

(SYRCLE) (23) methodology to detect bias (24). All 52 studies selected were reviewed and analyzed

using SYRCLE criteria domains: D1: Sequence Generation; D2: Baseline Characteristics; D3:

Allocation Concealment; D4: Random Housing; D5: Blinding; D6: Random Outcome Assessment;

D7: Incomplete Outcome Data; D8: Selective Outcome Reporting; and D9: Other Sources of Bias.

Red: High Bias; Yellow: "Unclear" Bias; Green: Low Bias.

Tables

Table 1. Minimum recommendations and sources for standards for future mouse brain flow

cytometry reports

Table 2. Minimum recommendations and sources for standards for future mouse brain flow cytometry reports(4,5,13,15,26,82,88–91,95)	
Criteria	**Recommendations and Notes**
Mouse Strain	• Report background mouse strain being used, as different mouse strains have different immune backgrounds. • Ensure a WT or a non-treated mouse strain is used within the study and are housed in the same vivarium as transgenic/treated mice in order to create more accurate comparisons. • Report any specific detail of the vivarium and what caging conditions the mice were in. • DO NOT switch mouse strains up in the middle of experimentation within the study, as immune profiles will vary drastically. • As much genetic, phenotypic, and supplier information should be provided from each mouse strain used.
Mouse Age	• Report the ages of the mice used for the study, as immune profiles are altered by age. • For a more naïve, younger immune cell population, it is best to utilize mice aged ~3 months. • For a more mature, older immune cell population, it is best to utilize mice aged ~15 months. • Age can affect neurological phenotype and behavior; thus, need to be included as a confounder.
Mouse Gender	• Report the gender of the mice used, as male and female mice have different immune responses. • Ensure that the same gender of mice is used throughout all experiments within the study, unless the study is focused on gender differences. • Use equal N-values of male and female for each experiment conducted.
Perfusion Techniques	• Perfusion is recommended before conducting brain homogenization, as to avoid having circulating blood/immune cell contamination within the brains. • Use cold Hank's balanced salt solution (HBSS) with 10% serum (i.e. heat-inactive fetal bovine serum [FBS], mouse serum, etc.) for heart puncture perfusion of the mice, as this solution is best for keeping both residential immune cells and neurological cells intact and remain viable for flow cytometry. Saline with 10% serum could be used as well. • Using 4% paraformaldehyde (PFA) in any perfusion mixture will affect flow cytometry staining and should be done AFTER staining for surface antigens.
Brain Dissociation and Cell Isolation Techniques	• Choosing to do mechanical homogenization (i.e. Dounce tissue grinder, bead beating, sonication, etc.), enzymatic homogenization (i.e. collagenase, DNase I, trypsin-EDTA, etc.), or the combination of both can alter the phenotypes of immune cells, thus the it is important to describe which technique was used. • Use one or more cell strainers (preferably using a 100 μm filter first, then a 70 μm filter) in order to remove as much excess dead cells, fats, myelin, etc. as possible, as these components will alter flow cytometry collection and readings.

	• Use an isotonic Percoll gradient in order to isolate immune cells and other cells of interest, where at a minimum a 37% isotonic Percoll gradient should be used in order to remove all of the myelin (top layer) and isolate all brain cells (bottom layer/cell pellet). • A 30%/37%/70% isotonic Percoll solution is also recommended if microglia isolation is the only objective.
Flow Cytometer/Sorter Equipment and Analysis Software Reporting	• Report the exact specifications of the flow cytometer/sorter used in the study. • DO NOT switch between cytometers/sorters throughout experimentation, as different models can produce different results. It is also recommended that calibration and optimization of the machine is done every day if possible in order to get accurate and concise results. • Report flow cytometry antibody information, such as clone ID, fluorophore conjugated, targets, company it is bought from, etc. • Analysis software and version number should be reported due to each software having slightly different analysis methods.
Flow Cytometry Result Reporting	• Include a representation of the entire gating strategy (from forward scatter/side scatter, to single cells, to live dead, to beginning of gating strategy and beyond) for each type of experiment conduct. For these figures, it is recommended they come from a WT/non-treated control mouse. • State that the results provided are standardized and comparable to multiple flow cytometry controls, such as unstained, FMO, and single-color controls. It is also highly recommended that, at a minimum, that either unstained and/or FMO control gating should be included within the report. • For each represented gating strategy, provide, if possible, both cell counts and cell percentages for each gate reported. • For histogram presentations, show representations by way of stacked histograms, which includes an unstained and FMO histogram along with the subjects' histograms. It is also recommended to indicate MFI readings for each histogram to be included. • Reporting total cells per sample collected by flow cytometry should be included. This can be reported as a unified cell count (i.e. all samples had 1×10^5 cells collected during flow cytometry) or each individual sample has the number of cells collected included in the results. • Use a live/dead dye in order to separate out only living cells in order for an accurate gating strategy and cell count. It is also suggested to include the total amount of live cells counted on average or from each sample in the methods or result section. • Report cell subsets as either total cell counts or by percentages derived from either live cells or from total cells collected. It is NOT recommended to report only subset percentages from a single gate after live/dead gating, i.e. reporting cell percentages only deriving from CD45$^+$ gating, in the main text or in figures. • Methods used to describe how cell counts were reported (i.e. by use of flow cytometry cell counting beads, counts provided by the machine, counts calculated, etc.) or how MFI's were calculated is recommended.

Conflict of Interest

480 The authors declare that the research was conducted in the absence of any commercial or financial

481 relationships that could be construed as a potential conflict of interest.

Author Contributions

RCS and MJF performed the search and analysis of this systematic review. RCS and MJF contributed equally on the conception, design, organization. All authors contributed to manuscript revision, read, and approved the submitted version.

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Data Availability Statement

All relevant data is contained within the article: The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author/s.

499 **Figures**

500 **Figure 1**

508   **Figure 2**

Figure 3

529   **Figure 4**

551 **Figure 5**

557   **Figure 6**

Figure 7

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