A comprehensive atlas of the aging vertebrate brain reveals signatures of progressive proteostasis dysfunction

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ABSTRACT

Protein homeostasis is disrupted in aging and neurodegenerative diseases, yet, the specific impact of aging on brain proteostasis remains poorly understood. Here, we measured and integrated the effects of aging on the transcriptome, translatome, and multiple layers of the proteome in the brain of a short-lived killifish. We find that aging causes a decoupling between transcriptome and proteome. This leads to decreased abundance of proteins enriched in basic amino acids such as DNA/RNA-binding proteins and increased levels of others, independent of mRNA changes. Chronic proteasome impairment *in vivo* induces aging signatures in lysosomes and mitochondria. However, it does not recapitulate the age-related decoupling between transcripts and proteins. Instead, aberrant translation pausing and ensuing reduced ribosome availability reprogram the proteome independently of transcription. The age-linked changes in protein biogenesis likely enhance aggregation and reduce availability of key protein complexes, thus contributing to proteome dysfunction and aging hallmarks in older brains.

Keywords: brain, aging, proteome, translation, ribosome, proteasome, mitochondria, killifish, protein aggregation, post-translational modification

Nothobranchius furzeri - brain aging

5wph (young) 12wph (adult) 39wph (old)

Organelle composition

Proteome solubility

Post-transl. modification

Mitochondria & OXPHOS

Ribosomes

K,R aa

↑ Ribosome pausing
=
Loss of basic proteins
(Ribosomal proteins,
RNA/DNA binding)

Remodelling of protein synthesis

Highlights:

● A resource of protein solubility, organelle composition and PTMs in the aging vertebrate brain
● Proteostasis alterations converge on mitochondria, ribosomes and biosynthetic pathways
● Basic proteins, e.g., DNA/RNA binding, are reduced due to translation pausing
● Decreased ribosome availability reprograms protein synthesis in old brains

Introduction

Aging is the primary risk factor for most neurodegenerative diseases. Both aging and
neurodegeneration are characterized by a disruption in protein homeostasis, also known as
proteostasis, which ultimately leads to the progressive accumulation of protein aggregates.
Proteostasis involves multiple mechanisms that maintain a balanced and functional proteome.
These mechanisms include the regulated coordination of protein synthesis and degradation,
as well as correct protein localization within cells, and fine-tuning of their function through post-
translational modifications (PTMs). Preserving proteostasis is essential to ensure that an
adequate supply of protein building blocks is available for assembling cellular structures such
as multi-protein complexes and organelles. Additionally, it also prevents the accumulation of
misfolded and "orphan" protein complex subunits that are susceptible to aggregation.
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Several possible mechanisms are suggested to contribute to age-related proteostasis
impairment in the brain (J. Labbadia and Morimoto 2015; Hipp, Kasturi, and Hartl 2019)For
example, age-dependent enhanced ribosome collisions and stalling have been identified in
old yeast cells and nematodes as leading to a decline in proteostasis through overwhelmed
quality control pathways and increased aggregation (Stein et al. 2022). Age-dependent
changes in protein synthesis have also been observed in rodents and other organs beyond
the brain (Anisimova et al. 2020; Kluever et al. 2022; Ori et al. 2015). Further, accumulation
of ribosomes at isolated 3'-UTR has been observed in mouse and human aging brains
(Sudmant et al. 2018). On the other side, a decline in protein clearance pathways is also
implicated in aging phenotypes (Vilchez, Saez, and Dillin 2014; Hansen, Rubinsztein, and
Walker 2018). For instance, a partial decrease of proteasome activity, an early event during
brain aging, can contribute to the loss of stoichiometry of the ribosome and other protein
complexes (Kelmer Sacramento et al. 2020). Also, increased activity of deubiquitinating
enzymes leads to the accumulation of a subset of proteins that can influence lifespan in
nematodes (Koyuncu et al. 2021).

Although all these individual studies have documented changes in specific aspects of the
transcriptome and proteome during aging, as well as age-dependent alterations in aggregation
and post-translational modification, a comprehensive and coordinated analysis of these
changes is currently lacking.
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Understanding and integrating the impairment of proteostasis in the aging vertebrate brain is
particularly relevant for human neurodegenerative diseases. We reason that to comprehend
the mechanisms of proteostasis decline and its connections to other hallmarks of aging
requires an integrative analysis. This should comprise the integration of several aspects of
proteostasis in aging as well as their interplay and mechanistic relationships. To bridge the
knowledge gap arising from the separate investigation of these aspects in different model
systems, we conducted a comprehensive investigation of proteostasis in the aging brain of
the short-lived killifish *Nothobranchius furzeri*. We chose killifish because of the spontaneous
emergence of aging brain phenotypes, including cognitive decline (Valenzano et al. 2006),
neuronal loss (S. Bagnoli et al. 2022), accumulation of protein aggregates (Matsui, Kenmochi,
and Namikawa 2019), reduced proteasome activity (Kelmer Sacramento et al. 2020),
aggregation of prion-like proteins (Harel et al. 2022), and mis-localization and aggregation of
disease-relevant proteins, such as the RNA-binding protein TDP-43 (Louka et al. 2022).
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Using this model system, we integrated biochemical and omics techniques to systematically
measure the effects of aging on the transcriptome, translatome, and multiple layers of the
proteome and applied computational approaches to investigate the relationships between
these different aspects. We established a protocol for long-term partial inhibition of
proteasome activity to investigate whether this specific perturbation of proteostasis is sufficient
to replicate age-related brain phenotypes *in vivo*. Finally, we performed Ribo-Seq to directly
assess the contribution of mRNA translation to proteome alterations and to quantify ribosome
stalling and pausing in the aging vertebrate brain. Our analyses provide a compelling
hypothesis to explain the lack of correspondence between transcriptome and proteome
changes, an evolutionary conserved (Janssens et al. 2015; Wei et al. 2015; Walther et al.
2015; David et al. 2010; Takemon et al. 2021; Gerdes Gyuricza et al. 2022; Kelmer
Sacramento et al. 2020), yet understudied aspect of age-related proteostasis impairment that
has been linked to neurodegeneration in humans(Dick et al. 2023). We demonstrate that age-
dependent translation dysfunction, leading to aberrant elongation pausing and increased
aggregation can account for age-related alterations of the proteome independently of changes
in mRNA levels.

Results

Multi-layer characterization of proteome alterations in the killifish aging brain

Aging can influence different aspects of protein homeostasis. To obtain an unbiased characterization of the effect of aging on the brain proteome we employed a multi-layered approach to interrogate major modes of protein regulation. We generated datasets describing changes in protein and mRNA levels, protein subcellular localization, detergent insolubility, and post-translational modifications (PTMs) in the aging brain of killifish (Figure 1A and S1A). First, we captured proteome-wide variation in subcellular localization using an approach based on differential centrifugation coupled with quantitative mass spectrometry (LOPIT-DC) (Geladaki et al. 2019) and analyzed pools of adult (12 weeks post-hatching = wph) and old (39 wph) killifish brains (Figure S1B, Table S1). We used a list of well-annotated organelle markers (Gatto, Breckels, and Lilley 2019) to evaluate organelle separation by LOPIT-DC (Figure 1B and S1C, D) and to confirm the reproducibility of organelles sedimentation between adult and old brains (Figure S1E). We then employed a tailored statistical approach (see methods, Figure S1F) to identify age-dependent changes in protein sedimentation profiles (Figure 1C, Table S1). The most prominent changes affected multiple mitochondrial and lysosomal proteins among others, including the mitochondrial transporters SLC25A32 and SLC25A18, and the lysosomal and vesicle trafficking proteins RAB14 and CCZ1 (Figure 1D). We interpret these alterations of sedimentation as an indication of partial reorganization of the mitochondrial and lysosomal proteome during aging that correlates with the well-described dysfunction of these organelles during aging and neurodegenerative diseases.

In parallel, we used the same pools of samples to assess age-dependent changes in protein solubility. We complemented our previous analysis of SDS insoluble aggregates in the killifish aging brain (Kelmer Sacramento et al. 2020) with a more fine-grained analysis of protein solubility. Thus, we exposed brain homogenates to a series of detergent combinations of increasing strength, separated soluble and insoluble fractions by ultracentrifugation (as described in (Tebbenkamp and Borchelt 2009), Figure S2A, Table S1), and quantified protein abundances across fractions using mass spectrometry. Principal component analysis showed reproducible detergent-based fractionation in adult and old brains (Figure S2B) and GO enrichment analysis confirmed the expected partitioning of cellular components as a function of detergent strength (Figure S2C and S2D). In agreement with previous findings from other species (Vecchi et al. 2020; Walther et al. 2015) and the spontaneous age-related accumulation of protein aggregates in killifish brain (Matsui, Kenmochi, and Namikawa 2019; Harel et al. 2022; Kelmer Sacramento et al. 2020), we observed an overall increase of protein detergent-insolubility in old samples (Figure S2E). By comparing detergent insolubility profiles between adult and old brains (Figure S2F-G), we identified 410 protein groups changing detergent insolubility with aging (Figure 1E, Table S1). While many of these proteins exhibited increased insolubility to detergents in old brains, there were instances where aging was linked to decreased insolubility to detergents. This indicates that factors other than protein aggregation, such as alterations in protein interactions or localization, could be responsible for the observed changes in detergent insolubility.

Next, we examined the effects of brain aging on multiple PTMs, using a sequential enrichment strategy followed by quantification of age-dependent changes in protein ubiquitylation,

acetylation, and phosphorylation in the aging brain (Figure S3A, Table S2). We quantified
PTM-carrying peptides normalized for protein changes (see methods, Figure S3) and
identified age-related changes for 534 phosphorylated, 618 ubiquitylated, and 190 acetylated
peptides (*P*<0.05, Figure 1F). The general increase in the number of affected PTM peptides
with aging emphasized its overall impact on the proteome beyond protein abundance (Figure
1F-G). Integration of phosphorylation data with experimentally derived kinase-substrate
relationships (Johnson et al. 2023) indicates a remodeling of kinase signaling in the aging
brain. Besides an increased activity (i.e., increased phosphorylation of predicted targets) for
kinases involved in the regulation of immune responses, we reported enhanced activity for
kinases of the protein kinase C family, e.g., PKN1, PKN2, PKCA, whose hyperactivation is
linked to Alzheimer's disease (Alfonso et al. 2016; Morshed et al. 2021; Bai et al. 2020). Our
data also reveals the decreased activity of kinases responsible for the phosphorylation of
splicing factors and other RNA processing proteins, e.g. CDC2-like kinases 2 and 4 (CLK2
and CLK4, Figure 1H-I). These data suggest a convergence between aging and
neurodegeneration concerning altered signaling pathways in the brain and hints at
dysfunctional RNA processing in the aging brain.

To more systematically investigate the convergence between brain aging and
neurodegenerative diseases, we queried our datasets for killifish orthologs of proteins
encoded by genes that have been genetically linked to neurodegeneration in humans (Table
S3). We found several of these proteins to be affected by aging in killifish in at least one of the
proteomic datasets analyzed (Figure 1J). These include changes in subcellular fractionation
and detergent insolubility (Figure S4A-B), as well as 23 PTM sites conserved between killifish
and humans (Figure S4C-D-E). The microtubule-associated protein Tau (MAPT) was notably
affected by aging across multiple proteomic layers. MAPT showed a prominent increase in
detergent insolubility in old brains (Figure 1E), an alteration associated with human aging and
neurodegenerative diseases (Guillozet et al. 2003; Chatterjee et al. 2023; Wang and
Mandelkow 2015). Additionally, we detected an age-dependent increase in phosphorylation
and ubiquitylation of conserved residues in the microtubule-binding domain (MBD) of MAPT,
a region sensitive to PTMs and associated with Tau pathological aggregation (Figure 1K and
S4D) (L. Li et al. 2022; Datta et al. 2021; Wang and Mandelkow 2015). We validated the
spontaneous increase of MAPT/Tau phosphorylation in old killifish brains using
immunofluorescence staining for a conserved phosphorylated epitope of Tau (AT100) (Figure
1L).

Together, our analyses comprehensively establish how aging affects the brain proteome along
multiple axes beyond protein abundance, using a consistent model organism and age groups.
This thorough characterization of the proteome reveals several potential connections between
aging, specific molecular events, and genetic factors associated with neurodegeneration,
which are relevant to humans. To make this resource easily accessible to the scientific
community, we have developed a web application at https://genome.leibniz-
fli.de/shiny/orilab/notho-brain-atlas/ (credentials will be available after final publication)

Figure 1: Aging affects protein subcellular localization, detergent insolubility and post-translational modifications. A) Overview of the datasets generated in this study (wph= weeks post-hatching). B) Organelle markers protein profiles from LOPIT-DC (12 wph). The x-axis indicates the different fractions of the LOPIT-DC experiment. The y-axis indicates protein distribution across fractions. The median profiles of each organelle are highlighted by a colored solid line. C) Scatterplot depicting protein relocalization scores in the aging killifish brain. The x-axis indicates the median replicate Euclidean distance of the profiles between the two conditions. Y-axis indicates the -log10 P-value of the Hotelling T-squared test between adult (12 wph) and old (39 wph) profiles (N=4 pools per age group). D) Examples of sedimentation profiles for selected proteins with altered subcellular fractionation profiles. In each of the plots, the x-axis indicates the 10 fractions obtained from LOPIT-DC. The y-axis indicates the total protein distribution along the 10 fractions for adult (12 wph, pink) and old (39 wph, green) fish. Shaded areas indicate 50% of the replicate distribution. P-values indicate the results of the Hotelling T2 test (N=4 pools per age group). E) Volcano plot depicting protein detergent insolubility changes in the aging killifish brain. The x-axis indicates the difference in detergent insolubility score (see methods) expressed as old vs. adult. Higher values indicate increased detergent insolubility in the old brain. Y-axis indicates the -log10 of the MANOVA test between adult and old profiles (N=4 pools per age group). Significant changes are highlighted by dashed lines (MANOVA adjusted P<0.2 and absolute Δ Detergent insolubility score >2). F) Post-translationally modified peptides affected by aging. The y-axis (left) indicates the percentage of affected sites in each dataset when compared to the young samples (*P*<0.05, moderated Bayes T-test, N=3-4). G) Barplots showing relative abundances of ubiquitylated peptides from DNAJA1 and HSPA6 across age groups (purple bars). The corresponding protein abundances are displayed as reference (red bars). On the side is reported the sequence of the identified peptide, N=3-4. H) Volcano plot showing changes in estimated kinase activity (using the algorithm from (Johnson et al. 2023)) based on phosphoproteomics data from old (39 wph) vs. young (5 wph) fish brains. The x-axis indicates changes in estimated kinase activity. The y-axis indicates FDR corrected -log10(P-value, Fisher's test). I) Density

distribution for kinases involved in the regulation of immune response (GO:0050776, upper panel) and RNA
processing (GO:0006396, lower panel) against all other kinases from panel H. x-axis indicates the log2 Kinase
activity enrichment value. J) Heatmap showing alterations of proteins linked to neurodegenerative diseases.
Significant alterations in each dataset (P<0.05) are marked by black dots. K) Barplots displaying significantly
changing (P<0.05, moderated Bayes T-test) MAPT/Tau phosphorylated (green) and ubiquitylated (purple) peptide.
The values represent relative abundances to the young (5 wph) age group after correction for protein changes (see
methods, Figure S3B). Asterisks indicate the P-value of the moderated Bayes T-test (N=3-4). L) (Left panel)
Immunofluorescence stainings for phosphorylated (AT100) Tau in brain cryo-sections of young and old
Nothobranchius furzeri. The stainings were normalized over the amount of NeuN in order to account for the different
amounts of neuronal cells between young and old (N=5) animals. Scale bars = 20µm. (Right panel) Boxplot
representation of mean intensity for phosphorylated Tau normalized over the amount of NeuN.The p-value
indicates the results of a two-sample Wilcoxon test. *P ≤ 0.05; **P ≤ 0.01, ***P ≤ 0.001, ****P ≤ 0.0001. Related
to Figure S1,S2,S3,S4 and Table S1,S2,S3.

Loss of basic proteins independently of transcription is a feature of the aging brain

We utilized our extensive datasets to investigate the mechanisms driving age-related changes
in proteostasis. One intriguing hallmark of an aging brain, whose mechanisms are poorly
characterized, is the loss of correlation between changes in gene transcripts (mRNA) and
corresponding protein changes, a phenomenon known as "decoupling". The widespread
occurrence of decoupling during aging across species suggests that it may be an important
contributor to proteome dysfunction with age. To further investigate this aspect and how it
might be connected to other proteome alterations, we combined our datasets with
quantification of age-related changes in gene transcripts and protein levels which we obtained
from proteomics and RNA sequencing (RNAseq) data (Figure 2A-B and S5A-H). By fitting a
null distribution on the measured differences between protein and transcript changes, which
we refer to as "decoupling score", we identified subsets of proteins displaying "positive protein-
transcript decoupling", i.e., protein level higher than expected from changes of its
corresponding transcript, or "negative protein-transcript decoupling", i.e., protein level lower
than expected from changes of its corresponding transcript (Figure 2B and 2C, Table S4).

The decoupling scores displayed a median shift towards negative values (Figure 2C) due to
an overall skew towards negative fold changes at the proteome level (Figure S5D), which was
independent of sample normalization (Figure S5C). To assess the reproducibility of the
decoupling metric, we compared the decoupling scores of this study to the decoupling scores
of an independent transcriptome and proteome aging brain dataset that we previously
generated (Kelmer Sacramento et al. 2020). Supporting our observations, there was a
significant positive correlation between these datasets (Figure S5I), despite technical
differences in the quantitative proteomics workflows: tandem-mass tags (TMT) based
quantification (Kelmer Sacramento et al. 2020) compared to label-free Data Independent
Acquisition (DIA, this study).

We then applied a multiple linear regression model to interrogate the association between the
measured decoupling scores (response variable, N=1188 complete observation) and distinct
biophysical properties of transcripts and proteins (N=9 features). Our model explained 31% of
the decoupling variance (Adjusted R^2 = 0.31, Figure 2D). We detected estimated protein
absolute abundance (see methods, β=0.36, P < 2.20E-16) and protein half-life (as described
in (Fornasiero et al. 2018), β=0.31, P < 2.20E-16) as the parameters with the highest

correlation with positive decoupling (higher protein levels than expected from transcript changes, Figure 2E). On the other hand, the parameters with the highest correlation with negative decoupling (i.e. lower protein levels than expected from transcript changes) were relative transcript abundance (expressed as log2 transcripts per million (TPM) β=-0.26, $P <$ 2.20E-16) and proportion of basic amino acids (β=-0.13, P = 4.30E-03, Figure 2D and 2E). We subsequently employed a second regression model, with protein amino acid composition as the sole predictor variable. Our analysis revealed significant correlations between negative decoupling and the content of lysine, proline, glutamine, and arginine (Figure 2F). These findings reveal that basic amino acid content has a significant aggregated impact on "negative" decoupling with aging, i.e. the loss of protein levels relative to mRNA.

Since higher content of basic amino acids is a known feature of nucleic acid binding proteins. Therefore, we investigated the age-dependent behavior of proteins involved in DNA repair and experimentally defined RNA-binding proteins (Caudron-Herger et al. 2021). Both these groups of proteins showed an age-dependent decrease of protein- but not transcript-levels (Figure 2G and H). On the other hand, myelin components, e.g., myelin basic protein (MBP) and myelin protein P0 (MPZ), and intermediate filament proteins, e.g. glial fibrillary acidic protein (GFAP) and alpha-internexin (INA), showed decreased transcript- but not protein-levels with aging (Figure 2I), likely due to their long half-lifes and low turnover rates.

Together, our data identify specific classes of proteins that experience "decoupling" between protein and transcript levels in the aging vertebrate brain. We identify distinct biophysical and biochemical characteristics linked to different patterns of dysregulation between protein and transcript levels. This suggests the presence of shared molecular attributes that contribute to aging-linked decoupling phenomena.

Figure 2: Protein-transcript decoupling affects highly abundant and basic proteins in opposite manners.
A) Workflow describing the characterization of protein-transcript decoupling in the killifish aging brain. Age-related changes in transcriptome and proteome are compared to compute the decoupling metrics. For a specific protein, positive decoupling values indicate a relative increase in protein abundance compared to its transcript, while negative decoupling indicates a relative decrease in protein abundance compared to its transcript. B) Scatterplot comparing protein- (x-axis) and transcript-level (y-axis) fold changes in killifish aging brain. The color of each dot represents the decoupling score calculated as the difference between log2 transformed fold changes measured at the protein and transcript levels. Grey dashed lines indicate the equal changes between transcript and protein and, therefore, a zero decoupling score. C) Density distribution of decoupling scores for the comparison of 39 wph vs. 5 wph. On the right part, highlighted in red are positive decoupling events (increase in protein abundance compared to the transcript), while on the left in blue are negative decoupling events (decrease in protein abundance compared to the transcript). Significant changes are defined as Q-value < 0.1. D) Multiple linear regression analysis of decoupling scores based on biophysical features of transcripts or proteins as predictors. The x-axis indicates the estimate of the regression coefficient for each feature, while the size of the dots and asterisks represent the -log10 P-values of the F-test. E) Added variable plot between selected biophysical features and decoupling scores. F) Multiple linear regression analysis of decoupling scores based on percentage of protein amino acid composition as predictors. The x-axis indicates the estimate of the regression coefficient for each feature, while the size of the dots and asterisks represent the -log10 P-values of the F-test. G) Transcript and protein level fold changes for RNA binding and DNA repair proteins for the comparison of 39 wph vs. 5 wph. H and I) Selected examples of proteins showing negative (H) and positive (I) decoupling in the aging killifish brain, N=3-4. *P ≤ 0.05; **P ≤ 0.01, ***P ≤ 0.001, ****P ≤ 0.0001. Related to Figure S5 and Table S4.

Decoupling correlates with changes in detergent-insolubility and affects ribosomes and respiratory chain complexes

To explore the interconnections among the various dimensions of proteome changes in the aging brain, we conducted a gene set enrichment analysis for each layer of the proteome alterations. We then used principal component analysis (PCA) to summarize the normalized enrichment scores (NES) and K-means clustering to identify Gene Ontology (GO) terms that showed correlated changes (Figure 3A, Figure S6A, see methods). By calculating Pearson's correlation coefficient between enrichment scores across datasets, we could define relationships between different layers of aging-linked changes. We found a positive correlation between protein-transcript decoupling and increased detergent insolubility, a hallmark of protein aggregation (Pearson's R = 0.28, P < 2.20E-16), as well as protein phosphorylation (Pearson's R = 0.26, P = 6.67E-08), while other alterations, for instance, changes in protein ubiquitylation, showed a smaller correlation value (Pearson's R = 0.11, P = 1.23E-02, Figure 3B).

To unbiasedly identify the most prominently affected cellular components in our analysis, we ranked GO terms by calculating the values of their projections on the first two principal component axes. We found that the highest-ranking terms were related to components of the mitochondrial respiratory chain and ribosomes (Figure 3C). These two sets of protein complexes were often affected by aging in opposite ways (Figure 3C). Components of the respiratory chain showed a progressive decrease in their transcripts together with a stable or modest increase of the corresponding protein levels (Figure 3D-E, Figure S6B). Respiratory chain proteins also showed an overall increase in detergent insolubility with aging (Figure 3F-G). Importantly, these alterations primarily affected respiratory chain components but not mitochondrial proteins in general (Figure S6C). To corroborate these findings, we interrogated our subcellular fractionation data (Figure S1). This analysis allowed us to identify two key aspects: (i) changes in the protein composition of aged mitochondria, notably a significant decrease in the relative abundance of mitochondrial ribosomes and an increase in the relative abundance of oxidative phosphorylation (Figure 3H and Figure S6D), and (ii) altered subcellular distribution of specific mitochondrial proteins (Figure S6E-F). These analyses provide support for a global remodeling of the mitochondria during aging.

Both cytosolic and mitochondrial ribosomal protein levels progressively decreased during aging (reaching, on average, a ~25% reduction in old brains), while their corresponding transcripts increased (Figure 3I-J, Figure S6G-H). The reduced level of ribosomal proteins was accompanied by a decreased detergent insolubility (Figure 3K-L, S6H-I). This alteration might be related to the loss of ribosome stoichiometry and partial mis-/disassembly that we previously described in the old killifish brain (Kelmer Sacramento et al. 2020). Interestingly, we noticed similar patterns for other large complexes rich in basic amino acids, like RNA polymerase II (Figure S6J-K), that might indicate common mechanisms altering the homeostasis of these key complexes. These results show a significant association between protein-transcript decoupling and other protein alterations in the aging brain that affect ribosomes and mitochondrial respiratory chain complexes preferentially and in opposite directions.

Figure 3: Ribosomes and respiratory chain complexes are major nodes affected in the aging brain.
A) Principal component analysis (PCA) showing the relationship between different age-related proteome
alterations. PCA was performed on normalized enrichment scores (NES) calculated by gene set enrichment
analysis for each dataset. Every dot represents a GO term (cellular component). Arrows show the contribution of
each dataset to the first two principal components. Colors indicate different clusters of GO terms obtained by k-
means clustering. B) Heatmap showing pairwise correlations of NES values across the different datasets. DR =
Detergent insolubility, ΔPT = protein-transcript decoupling induced by aging, AC=Acetylation, PH=Phosphorylation,
UB=Ubiquitylation. C) Top-ranking GO terms displaying the strongest contribution to the PCA analysis. GO terms
were ranked by summing scores along the first two principal components. The barplot colors indicate the cluster
membership of the GO terms, as shown in (A). The heatmap shows the NES values for each of the respective
terms across the different datasets. Gray tiles indicate GO terms that were not covered in the given dataset. D)
Line plots showing transcript (blue) and protein (red) median abundance for respiratory chain proteins across age
groups. Each point summarizes the median log2 protein or transcript quantity for the indicated complex relative to
the 5 wph age group (set to 0). The line bars indicate 50% of the distribution across N=3-4 pools per age group.
P-values indicate the results of a MANOVA test run on the two multivariate distributions. E) Selected examples of
respiratory chain proteins displaying positive protein-transcript decoupling, N=4 pools. F) Violin plot displaying
detergent insolubility score for proteins of the mitochondrial respirasome (GO:0070469). Each dot represents the
median insolubility score of each protein across N=4 pools per age group; asterisks indicate the results of a two-
sample Wilcoxon test G) Examples of detergent insolubility profiles for respiratory chain proteins displaying
increased detergent insolubility with aging. The x-axis indicates the different detergent insolubility fractions:
S=soluble, F1:F3=fractions after solubilization with buffers of increasing detergent strength (see methods, Figure

S2A). The y-axis indicates log2 protein quantities relative to the soluble (S) fraction. The shaded area indicates
50% of the distribution across N=4 pools per age group. H) On the left, the volcano plot displays changes in
mitochondrial proteome composition in response to aging. The x-axis indicates the log2 mitochondrial proteome
fold changes, and the y-axis indicates the -log10 P-value of the moderated Bayes T-test. On the right, a box plot
showing the effect of aging on different groups of mitochondrial pathways (annotation from MitoCarta 3.0). Each
group was tested against the rest of the mitochondrial proteins using a two-sample Wilcoxon test, corrected for
multiple testing using FDR correction. Only groups with Adjusted P-value<0.1 are shown. I) Line plots showing
transcript (blue) and protein (red) median abundance for ribosomal proteins across age groups. Each point
summarizes the median log2 protein or transcript quantity for the indicated complex relative to the 5 wph age group
(set to 0). The line bars indicate 50% of the distribution across N=3-4 pools per age group. J) Selected examples
of ribosomal proteins showing negative protein-transcript decoupling, N=3-4. K) Violin plot displaying detergent
insolubility score for cytoplasmic ribosomal subunits. Each dot represents the median insolubility score of each
protein across N=4 pools per age group. L) Examples of detergent insolubility profiles for ribosomal proteins
displaying decreased detergent insolubility with aging. The x-axis indicates the different detergent insolubility
fractions: S=soluble, F1:F3=fractions after solubilization with buffers of increasing detergent strength (see methods,
Figure S2A). The y-axis indicates log2 protein quantities relative to the soluble (S) fraction. The shaded area
indicates 50% of the distribution across N=4 pools per age group. *P ≤ 0.05; **P ≤ 0.01, ***P ≤ 0.001, ****P ≤
0.0001. Related to Figure S6.

Proteasome impairment recapitulates organelle-specific aging hallmarks, but not protein-transcript decoupling

Protein degradation by the ubiquitin-proteasome system has a major role in regulating protein
levels and contributes to the maintenance of key organelles and protein complexes, including
ribosomes and mitochondria. Previous studies (Kelmer Sacramento et al. 2020; Hipp, Kasturi,
and Hartl 2019; Gray, Tsirigotis, and Woulfe 2003) have shown a connection between brain
aging and a decline in proteasome activity. Consequently, we investigated the effects of a mild
but extended experimentally-induced reduction of proteasome activity on brain aging
phenotypes. To this end, we simulated the impairment observed during aging by imposing a
chronic reduction of proteasome activity in adult killifish. We optimized *in vivo* dosage of
bortezomib, a dipeptide that binds with high affinity and blocks the catalytic site of the
proteasome, to maintain a ~50% inhibition in the brain of adult killifish over 4 weeks without
inducing overt toxicity and affecting animal well-being (Figure 4A, Table S5). GO enrichment
analysis of brain proteome and transcriptome changes showed induction of adaptive
responses to bortezomib characterized by over-representation of terms related to the
proteasome (Figure 4A) and specific alterations of the proteostasis network (Figure S7A).
These include increased protein levels of proteasome activators (PSME1/PA28α,
PSME3/PA28γ, and PSME4/PA200) and increased mRNA levels of key autophagy genes
such as *ATG5* and *ATG7* (Figure 4B). Some of these adaptive responses, e.g., increased
levels of the small heat shock protein HSPB1 (also known as HSP27) and HSPA6, a member
of the HSP70 family, were also detected in the brain of old killifish (Figure 4B).
Immunofluorescence analysis of lysosomes revealed a marked increase in their area, volume,
and sphericity both upon proteasome impairment (Figure 4C) that replicates morphological
changes observed during aging (Figure S7B). Lysosomal swelling is also a typical
characteristic of lysosomal storage disorders (de Araujo et al. 2020) and increased lysosomal
size has also been linked to TDP-43 related Fronto-Temporal Dementia (FTD-TDP43) (Stagi
et al. 2014). We also noted that proteasome impairment induced a global decrease in the level
of mitochondrial proteins, which was entirely due to post-transcriptional mechanisms (Figure
4D). Consistently, we did not detect changes in master regulators of mitochondrial genes

(Figure S7C). We validated the decreased mitochondrial content by quantifying the ratio of
mitochondrial DNA (mtDNA) to nuclear DNA and showed that similar to aging, proteasome
impairment also induced a significant reduction of mtDNA (Figure 4D-S7D).

Next, we asked whether proteasome impairment could also recapitulate the age-related
protein-transcript decoupling that we characterized. As expected, proteasome impairment led
to increased abundance of shorter-lived proteins, consistent with the role of the ubiquitin-
proteasome system in regulating their turnover (Figure S7E). Combined analysis of RNAseq
and proteome data showed that proteasome impairment indeed induced protein-transcript
decoupling (Figure S7F, Table S5). However, when we applied the same multiple linear
regression models used for aging, we found that the biophysical properties associated with
decoupling by bortezomib are distinct from those associated with decoupling during aging
(Figure S7F). Consistently, the decoupling values caused by proteasome impairment or aging
were negatively correlated (Spearman Rho = -0.25, *P* < 2.20E-16, Figure 4E), also for the
specific cases of ribosomes (Figure 4F) and respiratory chain complexes (Figure 4G).
Together, our findings reveal that partial and chronic inhibition of the proteasome elicits
specific adaptive responses in adult killifish, some of which are also observed in aged brains.
However, proteasome impairment alone is not able to fully recapitulate age-linked proteome
changes, most prominently the age-related protein-transcript decoupling.

Figure 4: Effects of four weeks *in vivo* proteasome impairment on the killifish brain. A) Adult killifish (12
wph, N=10) were treated for 1 month, every week, with an intraperitoneal injection of the proteasome inhibitor
bortezomib or vehicle control (DMSO). The bottom panel shows a Gene Set Enrichment Analysis (GSEA) of the
proteasome impairment sample (BORT/DMSO). Color code indicates the normalized enrichment score (NES) while
dot size indicates the -log10 of the adjusted P-value of the Kolmogorov-Smirnov tests (Holm's correction). The top-
right panel shows quantification of chymotrypsin-like (CT-L) proteasome activity in brain lysates following repeated
injections of bortezomib or DMSO control. Asterisks indicate the results of a two-sample Wilcoxon test, N=10. B)
(Left panel) Barplot showing normalized protein quantity (relative to DMSO control, set to 1) of selected proteins
(red) and transcript (blue) involved in the proteostasis network and their correspective in aging (Right panel).
Asterisks indicate the Q-value of the differential abundance testing performed with a two-sample T-test on the
peptide abundances N=10. C) (Left panel) Immunofluorescence stainings for lysosome (LAMP1) in brain cryo-
sections of control and treated *Nothobranchius furzeri*. Scale bars = 5μm. (Right panel) Barplot representation of
lysosome morphology features in control (grey) and Bortezomib treated (orange) samples. The y-axis represents
the mean value of the different morphology features in each replicates (N=6). D) (Left panel) Effect of proteasome
impairment on mitochondrial transcripts and proteins. Asterisks indicate the results of a two-sample Wilcoxon test.
(Right panel) Quantification of mitochondrial DNA (mt-DNA) from killifish brains. Relative mtDNA copy number was
calculated using real-time quantitative PCR with primers for 16S rRNA mitochondrial gene and Cdkn2a/b nuclear
gene for normalization (N=10). Asterisks indicate the results of two-sample Wilcoxon tests. E) Comparison of
decoupling scores measured in aging (old vs. young comparison, y-axis) and upon partial proteasome impairment
(bortezomib vs. DMSO, x-axis), proteins related to the respiratory chain (green) and ribosomal proteins (orange)
are shown. Spearman correlation was selected due to the presence of outliers in the distribution. F) Comparison
of decoupling induced by aging and proteasome impairment for ribosomes. G) Comparison of decoupling induced

490   by aging and proteasome impairment for oxidative phosphorylation proteins. *P ≤ 0.05; **P ≤ 0.01, ***P ≤ 0.001,
491   ****P ≤ 0.0001. Related to Figure S7, Table S5.

Translation pausing correlates with decreased levels of basic proteins in old brains

Our results suggest that factors other than proteasome dysfunction contribute to the
dysregulation of protein homeostasis during aging. One potential alternative mechanism is the
differential translation of specific mRNAs at old age, which could contribute to the age-related
discrepancy between transcript and protein levels. Therefore, we assessed changes in
translation output, estimated from transcript occupancy by ribosomes, via a Ribo-Seq
experiment in the killifish aging brain (Figure 5A, Table S6). Quality assessment of the reads
showed the characteristic tri-nucleotide periodicity (Figure S8A) and overall reproducibility
across replicates (Figure S8B). We compared age-related changes in ribosome occupancy
and mRNA levels and observed the expected positive correlation (R=0.25, P < 2.20E-16,
Figure S8C). We then estimated changes in translation efficiency (TE) from RNA-Seq and
Ribo-Seq (see methods) and compared them to proteome data. In line with previous findings
in the rat brain (Ori et al. 2015), we observed a stronger positive correlation between the
changes of TE and protein abundance (R=0.32, P < 2.20E-16, Figure 5B) than between
changes of transcript and protein abundance (R=0.23, P < 2.20E-16). Changes in TE led to
consistent alterations in protein levels for specific proteins, such as members of the Complex
IV of the respiratory chain, where increased TE was associated with higher steady-state
protein levels (Figure 5C and S8D). Intriguingly, this was not the case for other protein
complexes, including ribosomes, RNA polymerase II and other nucleic-acid binding proteins
involved in DNA repair, where increased TE was associated with a paradoxical reduction of
steady-state protein levels (Figure 5C, 5D, and S8D). These two modalities of protein
regulation act independently of transcript regulation. In summary, we found that for some
proteins, changes in TE with aging can amplify transcriptional changes, e.g., for proteasomes
(Figure 5D), or compensate for transcript regulation, e.g., for respiratory chain complexes
(Figure 5D and S8D). However, for some proteins, TE alone cannot explain the divergence
between proteome and transcriptome, as in the case of ribosomal proteins (Figure 5D).

Recent studies showed that aging is associated with translation dysfunction in yeast and
nematodes, whereby enhanced elongation pausing leads to ribosome collisions, abortive
translation of stalled mRNAs and aggregation of their encoded nascent polypeptides(Stein et
al. 2022). To assess if a similar effect of aging on translation could explain the apparent
incongruence between mRNA and protein levels observed in aged killifish brains, we queried
our Ribo-Seq data for signatures of translation pausing (i.e., analysis of pairs of highly
occupied codons, see Experimental Procedures). Indeed, this analysis revealed an overall
increase in site-specific pausing in the aging brain (Figure 5E, Table S6). Additionally, disome
analysis provided evidence for increased ribosome collisions in the old brain (Figure 5F).
Ribosome collision and stalling have been associated with changes in the ubiquitylation of
ribosomal proteins (Meyer et al. 2020; Higgins et al. 2015; Yan et al. 2019). To assess the
detection of these changes in the killifish system, we induced ribosome stalling in killifish cells
using anisomycin and validated the appearance of a higher molecular weight band in
immunoblot against the 40S subunit RPS3 (Figure S8E). A similar higher molecular weight
band was detectable in aging killifish brains, and its ratio to total RPS3 increased with age

(Figure S8F). This enhanced ubiquitination was in contrast with multiple other sites of ribosomal protein ubiquitylation detected by mass spectrometry as these were, for most ribosomal proteins, reduced with aging (Figure S8G). Together, these data support an increase of ribosome collision in the aging killifish brain. Of note, similar to what is observed in yeast and nematodes, aging also causes a progressive decrease of a subset of proteins involved in ribosome quality control (RQC) in aged killifish brains (Figure S8H). Such impairment of RQC may exacerbate ribosome collision and stall with age and may also disrupt the degradation of stalled mRNAs, leading to their accumulation in the aged cells.

Analysis of the correlation between our measured proteomic features and translation alterations with age identified a positive correlation between translation pausing and increased detergent insolubility, which is considered a hallmark of aggregation (Figure 5G). These alterations affected key proteostasis network components such as the proteasome (Figure S8I). Remarkably, stretches enriched in basic residues (arginine and lysine), as well as glycine, were enriched at both pausing (Figure 5H) and disome sites (Figure S8J). These features are consistent with previous observations from yeast and nematodes (Stein et al. 2022) and suggest a link between pausing, protein aggregation and proteostasis collapse in the aging vertebrate brain. Interestingly, the same residues (arginine and lysine) were associated with decreased protein levels in our decoupling model (Figure 2F). Consistently, we detected a significant correlation between translation pausing and protein-transcript decoupling (Figure 5I, R=-0.17, P < 2.20E-16). This indicates that translation pausing can explain a substantial fraction of the cases where reduced protein abundance is uncoupled from transcript regulation. More specifically, we observed increased pausing on transcripts coding for ribosomal and RNA-binding proteins, which exhibit a depletion at the protein level not reflected in their transcripts. At the same time, components of the respiratory chain did not show any remarkable deviation from the overall pausing distribution (Figure 5I), although different complexes showed distinct pausing profiles (Figure S8K). Alterations in translation efficiency and pausing have been linked to changes in mRNA half-life (Sharma et al. 2021; Chan et al. 2018; Schwartz and Parker 2000). Therefore, we estimated age-related alterations in mRNA half-life by calculating changes between exonic and intronic reads (Gaidatzis et al. 2016). Interestingly, we observed that in old brains transcripts encoding for ribosomal proteins and RNA-binding proteins showed increased half-life compared to the rest of the transcriptome (Figure 5J), suggesting that the increase in transcript levels might not be the result of increased transcription of these genes. Together these results show that increased ribosome occupancy does not necessarily result in enhanced protein synthesis in the aging brain, possibly due to increased pausing at some mRNAs. Furthermore, translation pausing is associated with signatures of ribosome collisions, which correlate with changes in protein solubility. We thus propose that translation dysfunction may represent the underlying cause for the decreased levels of ribosomal proteins and other nucleic-acid binding proteins in the aging brain. Taken together, our data suggest a link between translation pausing, protein aggregation and proteome alterations affecting proteostasis in the aging vertebrate brain.

Figure 5: Increased translation pausing in the aging killifish brain. A) Workflow of the experiment. Ribosome profiling was performed on Young (5 wph), Adult (12 wph), and Old (39 wph) *Nothobranchius furzeri* brains. Each (N=2) replicate consisted of a pool of 10-15 animals depending on the age group. B) 2-D density plot showing the relationship between age-related changes in protein abundance (x-axis) and changes in translation efficiency (y-axis). In each quadrant are summarized the number of protein and transcript pairs. C) GOEnrichmet analysis (ORA) on each quadrant shown in B. The x-axis indicates the -log10(adjusted P-value) of the Fisher test with Holm correction. D) Boxplot displaying differential modes of regulation, for example, protein complexes. On the x-axis are displayed the different datasets: Transcriptome (green), Translation efficiency (purple), and Proteome (red) for 26S Proteasome, oxidative phosphorylation, and cytoplasmic ribosomes. E) Lineplot showing the normalized ribosome distribution at different pausing sites for different age groups. The x-axis represents the distance (in codons) from the pausing site, while on the y-axis the normalized ribosome occupancy is shown. F) Lineplot showing the normalized disome ribosome distribution at different disome pausing sites for different age groups. The x-axis represents the distance (in codons) from the disome pausing site, while on the y-axis the normalized ribosome occupancy is shown. G) Boxplot showing the relationship between solubility and ribosome pausing. On the x-axis, the solubility values are grouped according to quantiles. Each quantile holds for 25% of the protein distribution. On the y-axis, the log2 fold changes in pausing for each significant (Adjusted P-value < 0.05) pausing site. Numbers in black indicate the number of observations in each of the distributions. H) Weblogo for residues that display a strong increase in pausing (Pause score > 10) in 39 wph/5 wph. The y-axis displays the relative frequencies of the different residues, while the x-axis displays the different ribosome positions (E, P, A). I) 2-D density plot showing the relation between significant changes in pausing (Adjusted P-value < 0.05) displayed on the y-axis and the decoupling metrics (x-axis). Each point in the distribution represents a significantly altered pausing site. Contour lines indicate the distribution of cytoplasmic ribosomes (red), RNA-binding proteins (black), and oxidative phosphorylation (white). J) Boxplot showing mRNA half-life estimate changes (see methods) between 39 wph and 5 wph. The x-axis represents different selected categories. Asterisk indicates the results of a two-sample Wilcoxon test with Holm correction. *P ≤ 0.05; **P ≤ 0.01, ***P ≤ 0.001, ****P ≤ 0.0001. Related to Figure S8, Table S6.

Proposing a possible model for a reshaping of translation in the aging brain

The results presented so far point to alterations in protein synthesis in old brains leading to a reduction of ribosomal proteins, among others. We hypothesized that the ensuing lower levels of ribosomes, particularly in light of increased load on the RQC machineries, may in turn lead to a vicious cycle of dysfunction. Altered ribosome concentration has been known to directly impact the translation of specific mRNAs, as observed in a group of inherited diseases collectively referred to as 'ribosomopathies' (Mills and Green 2017; Khajuria et al. 2018). We thus attempted to extend a model proposed by (Mills and Green 2017; Khajuria et al. 2018) to the aging scenario. The original model predicts that the protein output of specific mRNAs can be influenced by ribosome availability depending on transcript-specific translation initiation rate k_i (where k_i refers to the affinity of specific mRNAs sequences to bind ribosomes) (Mills and Green 2017; Khajuria et al. 2018). Under these assumptions, a decrease in ribosome concentration can, for example, increase protein synthesis from transcripts that have a high translation initiation rate by lowering the total ribosome load on them and therefore relieving trafficking and pausing events (Figure 6A). To test this hypothesis in the context of aging brain, we estimated k_i from killifish 5'-UTR sequences based on experimental data (Noderer et al. 2014), and modeled the estimated synthesis rate as described in (Mills and Green 2017; Khajuria et al. 2018) (see methods, Figure 6A, Table S7). In agreement with the model, a subset of killifish transcripts displayed an increase in predicted synthesis rate as a function of decreased ribosome concentration (orange cluster in Figure 6A and Table S7). To test these predictions on our experimental data, we selected a specific set of proteins showing decreased translation pausing and increased protein abundance in our decoupling model (60 proteins, bottom right quadrant in Figure 5I). We then estimated their predicted synthesis rates as a function of ribosome concentration. Consistent with the experimental data, the relative synthesis of this subset of proteins was predicted to increase following a reduction of ribosome concentration (Figure 6B). Approximately one-third of these proteins were mitochondrial (including 7 components of the respiratory chain), and another prominent fraction belonged to proteins related to neuron projections (Figure 6B). Intriguingly, the absence of ribosomal proteins in this subset, despite their high k_i value, indicates distinct translation dynamics for these proteins resulting from their increased elongation pausing during aging. These results provide evidence that reduced ribosome concentration in aged brains, likely triggered by aberrant pausing events, might remodel a subset of the proteome independently of transcript levels and regulation (Figure 6C).

Figure 6: **Reduced ribosome levels can lead to translation reprogramming in the aging brain.** A) Heatmap
showing the estimated protein output, modeled as described in Mills and Green 2017. Each column in the heatmap
indicates the estimated protein output for a specific ribosome concentration. Transcripts are clustered with a
hierarchical clustering using the "ward D2" algorithm on the dissimilarity (1 - Person's correlation) measure. For
display purposes, the heatmap represents 5000 rows randomly sampled from all datasets. In the right panel, an
illustrative example of a cluster displaying increased estimated protein output as a function of reduced ribosome
levels. For these transcripts, the general ribosome decrease is predicted to relieve trafficking and pausing, leading
to overall improved protein production. B) Lineplot showing the estimated protein output for transcript displaying
decreased ribosome pausing in the Ribo-Seq data (median per transcript log2 Pausing 39 wph / 5 wph < 0 and
Adjusted P-value <=0.15) and increased protein levels relative to the transcript in the decoupling model (orange).
The x-axis represents the simulated decreased ribosomal concentration, while the y-axis indicates the estimated
protein output, as shown also in A. C) Schematic representation of the translation reprogramming model and its
connection with the relevant hallmarks of aging. Aging is associated with increased ribosome collision and pausing
on ribosomal proteins, leading to a ~25% reduction of ribosome levels. This generalized decrease of available
ribosomes could drive the translation of other high-affinity mRNAs leading to increased protein levels in the aging
brain. Related to Table S7.

Discussion

Our work provides an integrated view of the changes in the diverse mechanisms comprising proteostasis and illuminates how they contribute to the remodeling of the vertebrate brain proteome during aging. We demonstrate that aging brains exhibit profound alterations in their proteome, manifested as changes in protein synthesis, solubility, post-translational modification and, organelle composition compared to younger ones. We also observe significant changes in the composition of their proteome, such as an overall reduction in ribosome levels, that do not correspond to changes in mRNA abundance. Our analysis further suggests that such proteome changes are driven in significant measure by alterations in translation, including increased elongation pausing at specific polybasic stretches. A corollary of these changes is that aging protein synthesis may no longer respond faithfully to changes in transcriptional programs. Accordingly, we observe that increased ribosome occupancy does not necessarily translate to higher protein synthesis in aged brains. Furthermore, we identify limitations in adaptive responses, such as the ones to proteasome impairment, which are only partially mounted in old brains. By unraveling these age-dependent events and understanding their underlying logic, we begin to establish connections between proteostasis alterations and other hallmarks of aging. These include mitochondrial and lysosomal dysfunction as well as aberrant RNA synthesis, splicing and, genome stability, given that translation of proteins involved in these processes is affected by age (Figure 6C).

Based on our observations, we propose that there are at least three different modalities in which protein production can be affected in the aging brain: (i) transcriptional modulation, i.e., changes in protein production that are influenced by the level of mRNA. For example, in the case of proteasomes, where decrease in protein abundance with age is associated with lower levels of mRNAs (Figure 5D). (ii) Translational modulation, i.e., changes in protein production that occur at the level of translation efficiency. This is exemplified by some components of the respiratory chain, particularly Complex IV, that show increased protein levels in old brains. In this case, reduced levels of mRNA are compensated by higher ribosome occupancy and more efficient protein synthesis (Figure S8D). (iii) Translational pausing, i.e., a specific type of modulation where prevalently proteins rich in basic amino acids, such as ribosomal and other nucleic acid binding proteins, experience increased translation stalling. This correlates with higher levels of mRNA but subsequently leads to unproductive protein synthesis.

The aging-linked changes in protein biosynthesis that we describe have two direct implications. First, the availability of a subset of protein complexes, notably those containing regions enriched in basic amino acids, is reduced in the aging brain. These complexes include those involved in all the major steps of protein biosynthesis, including ribosomes themselves but also other RNA-binding proteins involved in splicing, as well as RNA and DNA polymerases and DNA repair proteins. Interestingly, previous studies have proposed a translation control mechanism for this class of proteins influenced by the presence of lysine and basic amino acids (Arthur et al. 2015). All biological functions linked to these protein complexes have been shown to decline or become perturbed with age, and indeed their dysfunction is recognized as "hallmarks of aging". Perhaps, the common biophysical properties of the components of these protein complexes make them vulnerable to translation dysfunction with aging. Consequently, the observed impairment of protein biosynthesis with aging may contribute to other aging hallmarks that generally depend on nucleic acid binding proteins (López-Otín et al. 2023). The interplay of these processes in all the major steps of

protein synthesis may amplify these dysfunctions in a vicious feedback loop that further impairs proteostasis. Of note, individual manipulation of any of these pathways has been shown to ameliorate aging phenotypes (Schumacher et al. 2021; Bhadra et al. 2020; Bozukova et al. 2022; Gyenis et al. 2023; Debès et al. 2023; Gonskikh and Polacek 2017).

The second implication is that aging leads to a change in the protein composition of organelles, in particular mitochondria. Remodeling of protein biosynthesis leads to a reduction of mitochondrial ribosomes, similarly to other basic proteins, while components of the respiratory chain are maintained or even increased, as in the case of Complex IV. These observations based on bulk tissue measurements were corroborated by more direct analysis of the composition of mitochondria from subcellular fractions and by other age-dependent alterations of mitochondrial proteins, e.g., in detergent insolubility and sedimentation profiles. A compositional change of the brain mitochondrial proteome with age aligns with previous observations from other species (Ingram and Chakrabarti 2016), and with ultrastructural and functional alterations reported in aging and age-associated diseases (Heiby and Ori 2022). We also found that other aspects of mitochondria aging in the brain, i.e., reduced mtDNA content, were instead dependent on decreased proteasome activity, highlighting the convergence of multiple aging mechanisms in determining the levels and composition of key cellular structures such as mitochondria (Figure 6C).

Our data demonstrate that increased translation pausing during aging is an evolutionarily conserved phenomenon (Stein et al. 2022). Future analyses should clarify the mechanistic and/or regulatory events leading to increased translation pausing with age and their relationship with other age-related alterations of ribosomes, including loss of stoichiometry and aggregation (Kelmer Sacramento et al. 2020). One of the mechanisms potentially contributing to increased translational pausing could reside in the decrease in ATP levels that is typically observed in old tissues (Miyoshi et al. 2006; Braeckman, Houthoofd, and Vanfleteren 2002; Gkotsi et al. 2014; Espada et al. 2020). This reduction in energy levels might alter the decoding kinetics for specific non-optimal codons, such as the ones encoding basic amino acids (Bazzini et al. 2016; da Silva et al. 2023), leading to a decreased synthesis rate for these proteins. We also identified distinctive changes in protein ubiquitylation in ribosomal proteins, some of which have been previously associated with ribosome collision induced by different types of translation or proteotoxic stress (Higgins et al. 2015; Yan et al. 2019). However, it remains unclear whether these modifications are a cause or consequence of increased pausing. For ribosomes, decoupling in aging manifests as a decrease in protein levels together with a progressive increase in transcript levels. These findings are consistent with several observations. First, an age-dependent increase of transcripts encoding for ribosomal proteins has been observed by single-cell RNAseq in multiple cell types of the murine brain (Ximerakis et al. 2019). Accordingly, increased levels of transcripts encoding for ribosomal proteins were one of the most consistent transcriptional signatures of longevity shared across multiple tissues and mammalian species (Tyshkovskiy et al. 2023). Interestingly, our results suggest that this increase might not result from increased transcription but rather from increased mRNA stability. Decreased abundance of ribosomal proteins with age has been described in multiple organs in mice (Yu et al. 2020), as well as in nematodes (Koyuncu et al. 2021), and the protein half-life of ribosomes is affected by aging in the mouse brain (Kluever et al. 2022). These data suggest that similar mechanisms might affect ribosomes in different cell types and organs during mammalian aging. Translation pausing may also represent a converging pathophysiological mechanism shared between

aging and neurodegenerative diseases, as ribosome stalling has been linked to perturbation
of proteostasis in different types of neurodegenerative diseases (Z. Wu et al. 2019; Rimal et
al. 2021; S. Li et al. 2020; Aviner et al. 2022).

Other mechanisms that have not been investigated in this study can additionally contribute to
protein-transcript decoupling. For instance, age-dependent impairment of protein degradation
by the autophagy-lysosome system can lead to the accumulation of specific proteins (Aman
et al. 2021), as has been shown for myelin basic protein (MBP) in microglia (Safaiyan et al.
2016). Interestingly, although induction of initial stress response was congruent in aging and
after proteasome impairment, a compensatory activation of autophagy was induced by
proteasome impairment in adults but not during aging. This discrepancy explains, at least in
part, the anti-correlation that we observed between bortezomib-induced and age-related
decoupling and leaves open the interesting question of why aging brains fail to mount a
compensatory response to proteasome dysfunction. In this regard, it is noteworthy that aging
impairs the ability to respond to heat shock in *C. elegans (Johnathan Labbadia and Morimoto*
2015). In addition, stalling of RNA polymerase II has been described to occur with aging,
thereby skewing the output of transcription in a gene-length dependent manner (Gyenis et al.
2023), consistent with a systemic loss of long transcripts observed in multiple aging tissues
and species (Stoeger et al. 2022). A reduction in the abundance of specific transcripts could
increase transcriptional noise, lead to an imbalance in the stoichiometry of protein complexes,
but also alter the relationship between mRNA and protein levels, especially for long-lived
proteins.

Finally, our work might contribute to the understanding of the relationship between aging and
the risk of neurodegenerative diseases. We provide an unprecedented resource (accessible
at https://genome.leibniz-fli.de/shiny/orilab/notho-brain-atlas/, credentials will be available
after final publication) of proteome alterations in the aging vertebrate brain and show that
multiple proteins and signaling pathways associated with neurodegeneration in humans
become perturbed in different ways during physiological aging in killifish. Such alterations
might underlie convergent mechanisms between aging and mutations that increase the risk of
neurodegeneration in old individuals.

Limitations of the study: (i) Our analyses are based on measurements performed on bulk brain
tissue and, therefore, can be interpreted only as an average effect across different cell types
and brain regions. In addition, phenomena occurring in rare cell populations might be missed
by our analysis. (ii) Our findings are based on steady-state levels and do not allow us to
estimate the impact of aging on the synthesis and degradation of transcript and protein
directly. In the future, pulse-chase experiments performed *in vivo* using labeled nucleotides
and amino acids could enable a more direct investigation of mRNA and protein turnover
dynamics in aging. (iii) Some of our data lack spatial resolution, which could be critical to study
highly specialized cells such as neurons and discern proteome differences between, e.g., cell
body and synapses. (iv) Although we demonstrate that several aging phenotypes that we
describe are conserved across species, we cannot exclude that some effects might be
restricted to killifish and, therefore, not transferable to other species.

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Declaration of interest

Authors declare no competing interests.

Supplementary information

Figure S1: Subcellular fractionation of the killifish aging brain by LOPIT-DC

Figure S2: Protein detergent insolubility changes in the killifish aging brain

Figure S3: Analysis of protein post-translational modifications in the killifish aging brain

Figure S4: Age-associated alterations of proteins linked to human neurodegenerative disorders

Figure S5: Proteome and transcriptome characterization of the killifish aging brain

Figure S6: Alterations of ribosomal and respiratory chain proteins

Figure S7: Effect of proteasome impairment on the killifish brain

Figure S8: Ribosome profiling in the killifish aging brain

Table S1: Proteome alterations in the aging brain. Data from LOPIT-DC experiment and proteome insolubility characterization

Table S2: Post-translational modification changes in the killifish aging brain

Table S3: Killifish orthologs of proteins associated with neurodegenerative disease in humans

Table S4: Proteome and transcriptome data and protein-transcript decoupling in the aging brain

Table S5: Proteasome impairment in the killifish aging brain. Tables for Proteome, Transcriptome and protein-transcript decoupling induced by the proteasome impairment treatment

Table S6: Ribosome-sequencing experiment in the killifish aging brain. Data for translation efficiency and ribosome pausing analysis

Table S7: Estimate of protein synthesis rate as a function of ribosome concentration decrease

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Figure S1: Subcellular fractionation of the killifish aging brain by LOPIT-DC. A) Survival curves of
Nothobranchius furzeri MZM-0410 strain in captivity (data from (Baumgart et al. 2016)). The survival of
Nothobranchius furzeri was investigated by tracking the occurrence of deaths starting at the age of 5 weeks post-
hatching (wph), which corresponds to sexual maturity. This study includes data from four age groups highlighted
by vertical dashed lines. The analyzed strain was derived from the wild with a median lifespan of 7-8 months. B)
Scheme of the LOPIT-DC experiment. The protocol was adapted to brain tissue from Geladaki et al. 2019; see
methods for details. C-D) Organelle markers protein profiles from LOPIT-DC. The x-axis indicates the different
fractions. The y-axis indicates protein abundance estimates derived from label-free Data Independent Acquisition
mass spectrometry. Protein quantities were normalized by dividing the protein quantity in each fraction by the sum
of the protein quantity along fractions. Each profile represents the median across replicates (N=4 pools). The
median profiles of each organelle are highlighted by a colored solid line. Profiles obtained from adult (12 wph, panel
C) and old (39 wph, panel D) fish are shown. E) Principal component analysis for different organelles markers in
the LOPIT-DC fractions. Organelle markers from 12 wph (pink) and 39 wph (green) are shown. Each dot represents
the median profile across (N=4 pools) replicate for each condition. F) Computational strategy used to identify age-
related changes in protein sedimentation profiles. Related to Figure 1 and Table S1.

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Figure S2: Protein detergent insolubility changes in the killifish aging brain. A) Scheme of the differential detergent extraction experiment. The protocol was adapted to brain tissue from Tebbenkamp and Borchelt, 2009 (see methods). B) Principal component analysis based on proteomics data from fractions obtained by differential detergent extraction. C) K-means clustering of detergent insolubility profiles. On the y-axis, the log2 protein quantity relative to the soluble "S" fraction, each profile represents the median across both conditions and (N=4 pools) replicates. D) GO enrichment overrepresentation analysis (ORA) of proteins assigned to each cluster against the rest of the identified proteome. On the x-axis, the -log10 of the adjusted P-value (Holm correction) of the Fisher's Test is reported. Colors refer to the different clusters displayed in panel C. E) Boxplot depicting detergent insolubility profiles for all the proteins quantified across age groups. The y-axis indicates the log2 transformed value of protein quantity in each fraction relative to the soluble (S) fraction. Asterisks indicate the results of a two-sample Wilcoxon test. F) Computational strategy used for calculating differences in detergent insolubility profile across age groups. A MANOVA test was performed on each protein profile to detect significant changes in the multivariate mean between 12 wph (adult) and 39 wph (old samples), N=4 pools per age group. The detergent insolubility score (DIS) was calculated by summing the log2 protein quantity (relative to the soluble S fraction). Higher DIS indicate proteins that are relatively more abundant in insoluble fractions (F1:F3) than the soluble one (S). G) Example profiles of top hits proteins displaying changes in detergent insolubility with aging. EIF3B is an example of a protein that displays decreased detergent insolubility with age, while SULT2A1 displays increased detergent insolubility with age. For the left panel, the y-axis represents the log2 protein quantity in each fraction relative to the first soluble (S) fraction. Dark lines indicate the median between replicates, while shaded areas represent 50% of the replicate distribution, N=4 pools per age group. On the right panel, boxplots show the Detergent insolubility score (calculated as the sum of the log2 protein quantity relative to the first soluble (S) fraction) for the same proteins. Related to Figure 1 and Table S1. *P ≤ 0.05; **P ≤ 0.01, ***P ≤ 0.001, ****P ≤ 0.0001.

Figure S3: Analysis of protein post-translational modifications in the killifish aging brain. A) Workflow for
the enrichment of post-translational modified peptides from in killifish brain. B) Correction strategy for detecting
stoichiometric changes in post-translationally modified peptides. Correction factors were computed for each
protein and condition relative to the 5 wph (young) age group. Quantities of the modified peptides were divided by
the corresponding protein correction factor, and age-related changes were tested using *limma* (Ritchie et al.
2015). C-H) Relationship between age-related abundance changes of modified peptides vs. corresponding
protein, before (left panels) and after (right panels) correction. The red text indicates the test results for the
association between paired samples using Pearson's product-moment correlation coefficients. Related to Figure
1 and Table S2.

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Figure S4: Age-associated alterations of proteins linked to human neurodegenerative disorders.
A-B) Examples of proteins changing their subcellular localization profile or detergent insolubility. The top panels
indicate either subcellular fractionation profiles (as in Figure 1D) or detergent insolubility profiles. For subcellular
fractionation, in each of the plots, the x-axis indicates the 10 fractions obtained from LOPIT-DC and the y-axis
indicates the total protein distribution along the 10 fractions for adult (12 wph, pink) and old (39 wph, green) fish.
Shaded areas indicate 50% of the (N=4 pools) replicate distribution. P-values indicate the results of the Hotelling
T2 test. For detergent insolubility profiles, the x-axis indicates the different detergent insolubility fractions:
S=soluble, F1:F3=fractions after solubilization with buffers of increasing detergent strength (see methods, Figure
S2A). The y-axis indicates log2 protein quantities relative to the soluble (S) fraction. The shaded area indicates
50% of the distribution across N=4 pools per age group. In the bottom panels, the PCA plot represents relocalization
for each protein. The contour line represents the density distribution of the different organelles (calculated as the
median between 12 wph and 39 wph), and the position of the protein at 39 wph is highlighted with a cross. The
organelles represented are the ones that possess the higher absolute changes in the log2 ratios between Euclidean
distances from the protein in the two age groups. Only for panel A, the boxplot on the right side indicates the
detergent insolubility score in the two age groups. C) Pieplot showing conserved modified residues between
Nothobranchius furzeri and humans that display changes in abundance with aging. Data refers to proteins involved
in neurodegenerative diseases in humans. D) Local sequence alignments between *Nothobranchius furzeri* proteins
(bottom sequence) and best human BLAST hit (upper sequence) for different proteins involved in
neurodegenerative diseases. Modified residues are highlighted in purple (ubiquitylation) and green
(phosphorylation). E) Barplots displaying significantly changing (*P*<0.05, moderated Bayes T-test) of modified
peptides for the proteins shown in panel D. Asterisks indicate the P-value of the moderated Bayes T-test (N=3-4).

The values represent relative abundances to the young (5 wph) age group after correction for protein changes (see
methods, Figure S3B). Related to Figure 1 and Table S3.

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Figure S5: Proteome and transcriptome characterization of the killifish aging brain. A) Principal component
analysis of proteomics data. B) Correlation heatmap between samples from the aging brain proteome data.
Pairwise Pearson's R correlation coefficient was calculated on the log2 transformed protein abundances. C)
Boxplot displaying the distribution of log2 transformed and normalized protein abundances. D) Volcano plot
highlighting significant protein abundance changes in the aging brain (39 wph vs. 5 wph). Dashed lines indicate
the threshold used to select differentially abundant proteins (absolute log2 FC > 0.58 and -log10 Q-value < 0.05)
E) Principal component analysis of transcriptomics data. F) Correlation heatmap between samples from the aging
brain transcriptome data. Pairwise Pearson's R correlation coefficient was calculated on the log2 transformed
transcript per million reads (TPM). G) Boxplot displaying the distribution of log2 transformed and normalized
transcript counts (TPM). H) Volcano plot highlighting significant transcript abundance changes in the aging brain
(39 wph vs 5 wph). Dashed lines indicate the threshold used to select differentially expressed genes (absolute log2
FC > 0.58 and -log10 Adjusted P-value < 0.05). For displaying purposes, the X-axis range was limited to a -10:10
range leading to the exclusion of 1 gene. I) 2-D density plot showing the correlation between protein-transcript
decoupling during aging in this study, displayed on the y-axis, and protein-transcript decoupling described in
Sacramento et al., (2020) (x-axis). Related to Figure 2 and Table S4.

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Figure S6: Alterations of ribosomal and respiratory chain proteins. A) Scheme of data integration strategy.
For each dataset, a gene set enrichment analysis (GSEA) was performed using GO terms for cellular components.
The normalized enrichment scores (NES) from each dataset were combined in a matrix and used as input for
principal component analysis. B) Barplot showing transcript and protein abundances for oxidative phosphorylation
protein. All the values were normalized to the 5 wph (young) age group (set to 1), N=3-4. C) Boxplot depicting the
distribution of protein-transcript decoupling values (as defined in Figure 2A) for oxidative phosphorylation (light
gray) proteins against the rest of the mitochondrial proteome (dark gray). Asterisks indicate the results of a two-
sample Wilcoxon test. D-F) Examples of mitochondrial proteins that display changes in subcellular fractionation
with aging. The x-axis indicates the 10 fractions obtained from LOPIT-DC, and the y-axis indicates the total protein
distribution along the 10 fractions for adult (12 wph, pink) and old (39 wph, green) animals. Shaded areas indicate
50% of the replicate distribution from N=4 pools per group. P-values indicate the results of the Hotelling T2 test. G)
Barplot showing transcript and protein abundances for cytoplasmic ribosomal protein. All the values were

normalized to the 5 wph (young) age group (set to 1), N=3-4. H) Line plot showing the trajectories for transcriptome
(blue) and proteome (red) of mitochondrial large and small ribosomal subunits. Each point summarizes the median
distribution of the log2 ratio of the quantities relative to the first (5 wph) age group, while the line bars indicate 50%
of the distributions. P-values indicate the results of a MANOVA test run on the two multivariate distributions, N=3-
4. I) Violin plot displaying detergent insolubility score for proteins of the mitochondrial ribosome (GO:0005761).
Each dot represents the median insolubility score of each protein across N=4 pools per age group; asterisks
indicate the results of a two-sample Wilcoxon test. J) Line plot showing the trajectories for transcriptome (blue) and
proteome (red) for RNA Polymerase II enzyme. Each point summarizes the median distribution of the log2 ratio of
the quantities relative to the first (5 wph) age group, while the line bars indicate 50% of the distributions. P-values
indicate the results of a MANOVA test run on the two multivariate distributions, N=3-4. K) Violin plot displaying
detergent insolubility score for proteins of the RNA Polymerase II enzyme (GO:0016591). Each dot represents the
median insolubility score of each protein across N=4 pools per age group; asterisks indicate the results of a two-
sample Wilcoxon test. *P ≤ 0.05; **P ≤ 0.01, ***P ≤ 0.001, ****P ≤ 0.0001. Related to Figure 3.

Figure S7: Effect of proteasome impairment on the killifish brain. A) Protein abundance changes induced by proteasome impairment for different components of the proteostasis network. B) (Right panel) Immunofluorescence stainings for lysosome (LAMP1) in brain cryo-sections of young (light blue) and old (green) *Nothobranchius furzeri*. Scale bars = 5µm. (Left panel) Barplot representation of lysosome morphology features in young (light blue) and old (green) samples. The y-axis represents the mean value of the different morphology features in each of the replicates (N=6).C) Effect of proteasome impairment on mitochondrial transcripts and proteins. For protein data, asterisks indicate the Q-value of the differential abundance testing performed with a two-sample T-test on the peptide abundances. For transcript data, asterisks indicate the Adjusted P-value of the differential abundance testing. N=10 . D) Quantification of mitochondrial DNA (mt-DNA) from killifish brains during aging. Relative mtDNA copy number was calculated using real-time quantitative PCR with primers for 16S rRNA mitochondrial gene and

Cdkn2a/b nuclear gene for normalization (N=5). Asterisks indicate the results of two-sample Wilcoxon tests. E)
Violin plot showing the distribution of up and down-regulated proteins in response to proteasome impairment
against their half-life as quantified in Fornasiero et al., 2018. Asterisks indicate the results of a two-samples
Wilcoxon test. F) (Top left panel) Scatterplot comparing protein- (x-axis) and transcript-level (y-axis) fold changes
in killifish after treatment with bortezomib. The color of each dot represents the decoupling score calculated as the
difference between log2 transformed fold changes measured at the protein and transcript levels. Grey dashed lines
indicate the equal changes between transcript and protein and, therefore, a zero decoupling score. (Bottom left
panel) Density distribution of decoupling scores for comparing bortezomib vs. DMSO. On the right part, highlighted
in red, are protein "gain" events (increase in protein abundance compared to the transcript), while on the left, in
blue, are protein "loss" events (decrease in protein abundance compared to the transcript). (Right panel) Multiple
linear regression analysis of decoupling scores in response to proteasome impairment based on biophysical
features of transcripts or proteins as predictors. The x-axis indicates the estimate of the regression coefficient for
each feature, while the size of the dots and asterisks represent the -log10 P-values of the F-test. *P ≤ 0.05; **P ≤
0.01, ***P ≤ 0.001, ****P ≤ 0.0001. Related to Figure 4 and Table S5.

Figure S8: Ribosome profiling in the killifish aging brain. A) Tri-nucleotide plot showing characteristic triplet periodicity. The x-axis represents the distance from the starting codon (in nucleotide) and the y-axis the number of reads. B) Scatterplot showing the correlation between replicates for the Ribo-Seq experiment. On the different axis, the log2(RPKM) values from the different replicates are shown. C) Scatterplot showing the correlation between log2 fold changes for ribosome occupancy (y-axis) and changes in the transcriptome (x-axis) for different aging steps. D) Boxplot displaying differential modes of regulation for different protein complexes. On the x-axis are

displayed the different datasets: Transcriptome (green), Translation efficiency (purple), and Proteome (red). E) Immunoblot to detect RPS3 ubiquitylation in killifish cells treated with Anisomycin, which inhibits translation elongation and causes ribotoxic stress (Iordanov et al. 1997) for 24 hours. F) Immunoblot to detect RPS3 ubiquitylation across age groups. Barplot shows the ratio between the total RPS3 and its ubiquitylated fraction during aging. Asterisks indicate the results of an ordinary one-way ANOVA test (N=4). G) Barplots displaying significantly changing (*P*<0.05, moderated Bayes T-test) of ubiquitin-modified peptides for ribosomal proteins. Asterisks indicate the P-value of the moderated Bayes T-test (N=3-4). The values represent relative abundances to the young (5 wph) age group after correction for protein changes (see methods, Figure S3B). H) Barplot showing normalized protein abundance (relative to the first, 5 wph, age group set to 1) for factors associated with Ribosome-Quality-Control (RQC) pathways. The y-axis represents protein abundances relative to the first (5 wph) age groups. Asterisks indicate the Q-value of the differential abundance testing performed with a two-sample T-test on the peptide abundances, N=3,4 pools per group. I) 2-D density plot showing the relation between significant changes in pausing (Adjusted P-value < 0.05) displayed on the y-axis and changes in detergent insolubility metrics (x-axis). Each point in the distribution represents a significantly altered pausing site. Contour lines indicate the distribution of cytoplasmic ribosomes (red), Proteasome (black), and oxidative phosphorylation (white). J) Weblogo for disome pausing sites that display a strong increase in pausing (Pause score > 10). The y-axis displays the relative frequencies of the different residues, while the x-axis displays the different ribosome positions (E, P, A). K) Boxplot showing the distributions of pausing sites for cytoplasmic ribosomes (left panel) and respiratory chain complexes (right). Each dot represents a significantly altered (Adjusted P-value < 0.05) pausing site. The Y axis represents the log2 fold changes in pausing between 39 wph and 5 wph. *P ≤ 0.05; **P ≤ 0.01, ***P ≤ 0.001, ****P ≤ 0.0001. Related to Figure 5 and Table S6.

Materials and methods

Animal management practices

All experiments were performed in accordance with relevant guidelines and regulations. Fish were bred and kept in FLI's fish facility according to §11 of the German Animal Welfare Act under license number J-003798. The animal experiment protocols were approved by the local authority in the State of Thuringia (Veterinaer- und Lebensmittelueberwachungsamt; proteasome impairment: reference number 22-2684-04-FLI-19-010). Sacrifice and organ harvesting of non-experimental animals were performed according to §4(3) of the German Animal Welfare Act.

In vivo proteasome impairment

Adult animals (12–14 wph) were subjected to pharmacological intervention via intraperitoneal injections (IP) during a 4-weeks period of treatment. On each of the sixth day (t = 0, t = 6 d, t = 12d, t = 18d, t = 24d), fish were anesthetized with 200 mg/l buffered MS-222 (PharmaQ) and gently manipulated to deliver IP of Bortezomib at 500 µM or vehicle (1% DMSO in a physiological salt solution) at a dosage of 10 µl/g body weight. Animals from the same hatch were randomly allocated to the experimental groups. Both male and female fish were included in each experimental group. Individual brains from the fish were collected on the last day of treatment and snap-frozen in liquid nitrogen.

Proteasome activity assay

CT-L (chymotrypsin-like) proteasome activity was assayed with the hydrolysis of a specific fluorogenic substrate, Suc-LLVY-AMC (UBPBio, Catalog Number G1100). On the day of the experiment, brains were lysed in buffer (50 mM HEPES, pH 7.5 (Sigma Aldrich, H3375); 5 mM EDTA (Carl Roth, 8043.2); 150 mM NaCl (Carl Roth, 3957.1); 1 % (v/v) Triton X-100 (Carl Roth, 3051.3); 2 mM ATP (Sigma Aldrich, A2383) prepared with Milli-Q water) to a final estimated protein concentration of ~4 mg/mL and homogenized by sonication (Bioruptor Plus) for 10 cycles (30 sec ON/60 sec OFF) at high setting, at 4°C. Lysates corresponding to 10 µg protein were incubated in 50 mM Tris-HCl, pH 7.4, 5 mM MgCl2, 1 mM ATP, 1 mM DTT, 10% glycerol, and 10 µM proteasome substrate for 1 h at 37 °C. Specific proteasome activity was determined as the difference between the total activity of protein extracts and the remaining activity in the presence of 20 µM MG132 (Enzo Life Sciences, BML-PI102-0005). Fluorescence was measured by multiple reads for 60 min at 37°C by TECAN Kinetic Analysis (excitation 380 nm, emission 460 nm, read interval 5 min) on a Safire II microplate reader (TECAN).

Sample preparation for total proteome and analysis of PTMs

Snap-frozen brains were thawed and transferred into Precellys® lysing kit tubes (Keramik-kit 1.4/2.8 mm, 2 ml (CKM)) containing 150 µl of PBS supplemented with cOmplete™, Mini, EDTA-free Protease Inhibitor (Roche,11836170001) and with PhosSTOP™ Phosphatase Inhibitor (Roche, 4906837001). Based on estimated protein content (5% of fresh tissue weight), three to six brains were pooled to obtain ~1.5 mg of protein extract as starting material for each biological replicate. Tissues were homogenized twice at 6000 rpm for 30 s using Precellys® 24 Dual (Bertin Instruments, Montigny-le-Bretonneux, France), and the homogenates were transferred to new 2 ml Eppendorf tubes. Proteins were quantified using Pierce™ BCA Protein Assay Kit (Thermo Scientific, 23225), and 1.25 mg was processed for

further analysis. Volumes were adjusted using PBS and one-fourth of the volume equivalent
of the 4× lysis (8% SDS, 100 mM HEPES, pH8) buffer was added. Samples were sonicated
twice in a Bioruptor Plus for 10 cycles with 1 min ON and 30 s OFF with high intensity at 20 °C.
The lysates were centrifuged at 18,407 xg for 1 min and transferred to new 1.5 ml Eppendorf
tubes. Subsequently, samples were reduced using 10 mM DTT (Carl Roth, 6908) for 15 min
at 45 °C and alkylated using freshly made 200 mM iodoacetamide (IAA) (Sigma-Aldrich, I1149)
for 30 min at room temperature in the dark. An aliquot of each lysate was used for estimating
the precise protein quantity using BCA (Thermo Scientific, 23225). Subsequently, proteins
were precipitated using cold acetone, as described in (Buczak et al. 2020), and resuspended
in 500 µl of digestion buffer (3 M urea, 100 mM HEPES pH 8.0). Aliquots corresponding to 20,
200, and 1000 µg protein were taken for proteome, phosphopeptides, and
ubiquitylated/acetylated peptides enrichment, respectively, and digested using LysC 1:100
enzyme:proteins ratio for 4 hours (Wako sequencing grade, 125-05061) and trypsin 1:100
enzyme:proteins ratio for 16 hours (Promega sequencing grade, V5111). The digested
proteins were then acidified with 10% (v/v) trifluoroacetic acid and desalted using Waters
Oasis® HLB µElution Plate 30 µm (2, 10, and 30 mg, depending on the amount of starting
material) following manufacturer instructions. The eluates were dried down using a vacuum
concentrator and reconstituted in MS buffer A (5% (v/v) acetonitrile, 0.1% (v/v) formic acid).
For PTM enrichment, peptides were further processed as described below. For Data
Independent Acquisition (DIA) based analysis of total proteome, samples were transferred to
MS vials, diluted to a concentration of 1 µg/µL, and spiked with iRT kit peptides (Biognosys,
Ki-3002-2) prior to analysis by LC-MS/MS.
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Sequential enrichment of ubiquitylated and acetylated peptides
Ubiquitylated and acetylated peptides were sequentially enriched starting from ~1000 µg of
dried peptides per replicate. For the enrichment of ubiquitylated peptides, the PTMScan® HS
Ubiquitin/SUMO Remnant Motif (K-ε-GG) kit (Cell Signaling Technology, 59322) was used
following manufacturer instructions. The K-ε-GG modified enriched fraction was desalted and
concentrated as described above, dissolved in MS buffer A, and spiked with iRT kit peptides
prior to LC-MS/MS analysis.
The flowthrough fractions from the K- ε -GG enrichment were acidified with 10% (v/v)
trifluoroacetic acid and desalted using Oasis® HLB µElution Plate 30 µm (30 mg) following
manufacturer instructions. Acetylated peptides were enriched as described by Di Sanzo et al.
2021. Briefly, dried peptides were dissolved in 1000 µl of IP buffer (50 mM MOPS pH 7.3,
10 mM KPO$_4$ pH 7.5, 50 mM NaCl, 2.5 mM Octyl β-D-glucopyranoside) to reach a peptide
concentration of 1 µg/µL, followed by sonication in a Bioruptor Plus (5 cycles with 1 min ON
and 30 s OFF with high intensity at 20 °C). Agarose beads coupled to an antibody against
acetyl-lysine (ImmuneChem Pharmaceuticals Inc., ICP0388-5MG) were washed three times
with washing buffer (20 mM MOPS pH 7.4, 10 mM KPO4 pH 7.5, 50 mM NaCl) before
incubation with each peptide sample for 1.5 h on a rotating well at 750 rpm (STARLAB Tube
roller Mixer RM Multi-1). Samples were transferred into Clearspin filter microtubes (0.22 µm)
(Dominique Dutscher SAS, Brumath, 007857ACL) and centrifuged at 4 °C for 1 min at 2000
xg. Beads were washed first with IP buffer (three times), then with washing buffer (three times),
and finally with 5 mM ammonium bicarbonate (three times). Thereupon, the enriched peptides
were eluted first in basic condition using 50 mM aqueous NH3, then using 0.1% (v/v)
trifluoroacetic acid in 10% (v/v) 2-propanol and finally with 0.1% (v/v) trifluoroacetic acid.
Elutions were dried down and reconstituted in MS buffer A (5% (v/v) acetonitrile, 0.1% (v/v)
formic acid), acidified with 10% (v/v) trifluoroacetic acid, and then desalted with Oasis® HLB

µElution Plate 30 µm. Desalted peptides were finally dissolved in MS buffer A, spiked with iRT
kit peptides and analyzed by LC-MS/MS.
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Enrichment of phosphorylated peptides

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Lysates (corresponding to ~200 µg of protein extract) were acetone precipitated, digested into
peptides, and desalted, as described in ''Sample preparation for total proteome and analysis
of PTMs''. The last desalting step was performed using 50 µl of 80% ACN and 0.1% TFA
buffer solution. Before phosphopeptide enrichment, samples were filled up to 210 µl using
80% ACN and 0.1% TFA buffer solution. Phosphorylated peptides were enriched using Fe(III)-
NTA cartridges (Agilent Technologies, G5496-60085) in an automated fashion using the
standard protocol from the AssayMAP Bravo Platform (Agilent Technologies). In short, Fe(III)-
NTA cartridges were first primed with 100 µl of priming buffer (100% ACN, 0.1% TFA) and
equilibrated with 50 µL of buffer solution (80% ACN, 0.1% TFA). After loading the samples into
the cartridge, the cartridges were washed with an OASIS elution buffer, while the syringes
were washed with a priming buffer (100% ACN, 0.1% TFA). The phosphopeptides were eluted
with 25 µL of 1% ammonia directly into 25 µL of 10% FA. Samples were dried down with a
speed vacuum centrifuge and stored at −20 °C until LC-MS/MS analysis.
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Subcellular fraction of killifish brain by LOPIT-DC

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All the following steps were performed at 4°C, keeping samples on ice unless stated otherwise.
Fresh brains from adult (12 wph) and old (39 wph) killifish were pooled to reach ~150 mg of
wet tissue weight per biological replicate. A mixture of male and female fish was used. Fresh
brain tissue was subsequently transferred to a 15 mL Potter homogenizer (Fisher Scientific,
15351321) together with 7.5 mL of lysis buffer (LB) (250 mM sucrose, 10 mM HEPES ph 8.0,
2 mM MgAc, 2 mM EDTA) supplemented with Protease Inhibitor (Roche,11836170001) and
homogenized with ~60 gentle strokes. The brain homogenate was then transferred in a 15mL
Falcon tube and treated with Benzonase (Merk, 70664) for 20 min at room temperature. An
aliquot of 2.5 mL homogenate was collected for each sample and stored at -80°C to be later
processed for differential detergent extraction (see below). The remaining 5 mL were
transferred to a 5 mL Eppendorf tube and centrifuged at 500 xg for 5 min at 4°C to remove
cell debris and unlysed cells. Subsequently, the clarified homogenate was centrifuged at 1000
xg for 13 min at 4°C and the resulting pellet was collected as the first subcellular fraction (01).
Following one additional centrifugation at 1000 xg for 7 minutes, the supernatant was then
divided into 4 x 1.5 mL Ultracentrifuge Tubes (Beckman) and processed for differential
ultracentrifugation step with an Optima TLX-BenchTop Ultracentrifuge (Beckman, 8043-30-
1197), using a TLA55 rotor (Beckman, 366725), using the following ultracentrifugation
settings:

xg	Time	Fraction	Temperature
3000	10'	02	4°C
5000	10'	03	4°C
9000	15'	04	4°C
12000	15'	05	4°C
15000	15'	06	4°C
30000	20'	07	4°C
79000	43'	08	4°C
120000	45'	09	4°C
—	—	10 (final supernatant, cytosol enriched)	

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Pellets from each centrifugation step were resuspended in 50 µL of PBS, and proteins were
solubilized by adding 50 µL of 2x lysis buffer (200 mM HEPES pH 8.0, 100 mM DTT, 4% (w/v)
SDS). For fraction 10 (cytosol enriched), 300µL was taken and supplemented with 300 µL of
2x lysis buffer. All the samples were then sonicated using a Bioruptor Plus (Diagenode) for 5
cycles with 60 sec ON and 30 sec OFF with max intensity, boiled for 10 min at 95°C, and a
second sonication cycle was performed. The solubilized proteins were reduced with 200mM
DTT for 15 min at 45°C and alkylated using freshly made 200mM IAA for 30 min at room
temperature in the dark. Subsequently, proteins were precipitated using cold acetone,
dissolved in 1 M guanidine HCl in 100 mM HEPES pH8.0, and digested using LysC and
trypsin, as described in (Buczak et al. 2020). The digested proteins were then acidified with
10 % (v/v) trifluoroacetic acid and desalted using Oasis® HLB µElution Plate 30 µm following
manufacturer instructions. The eluates were dried down using a vacuum concentrator and
reconstituted in 5 % (v/v) acetonitrile, 0.1 % (v/v) formic acid. Samples were transferred
directly to MS vials, diluted to a concentration of ~1 µg/µL, and spiked with iRT kit peptides
prior to analysis by LC-MS/MS.

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Differential detergent extraction
All the following steps were performed at 4°C, keeping samples on ice unless stated otherwise.
For each replicate, 2.5 mL of brain homogenate was thawed on ice. After thawing, the
homogenate was centrifuged at 500 x*g* for 5 min at 4°C to remove debris. The supernatant
was collected, and 64 µL of 20% (v/v) IGEPAL Nonidet P-40 (Sigma) was added to reach an
initial concentration of 0.5% (v/v). The homogenate was then divided into 4x 1.5mL
ultracentrifuge tubes and sonicated in a Bioruptor Plus for 10 cycles with 30 min ON and 30 s
OFF with max intensity at 24 °C. The homogenates were then loaded into a TLA55 rotor and
ultracentrifuged with an Optima TLX-BenchTop Ultracentrifuge at 100,0000 x*g* for 5 min at
24°C. After ultracentrifugation, the supernatants were collected and stored as "soluble" (S)
fraction. The remaining pellets were resuspended in 1mL of buffer A (10 mM HEPES pH 8.0,
2 mM MgAc, 2 mM EDTA, 0.5% NP-40), samples were mixed by vortexing, and sonicated in
a Bioruptor Plus for 10 cycles with 30 s ON and 30 s OFF with max intensity at 24 °C. Samples

were then ultracentrifuged again at 100,0000 x*g* for 5 min at 24°C. The supernatants ("F1")
were collected and the remaining pellets were resuspended in 1mL of buffer B (10 mM HEPES
pH 8.0, 2 mM MgAc, 2 mM EDTA, 0.5% NP-40, 0.25% SDS, 0.5% deoxycholic acid), mixed,
sonicated, and centrifuged as above. The supernatants ("F2") were collected and the
remaining pellets were resuspended in 1mL of buffer C (10 mM HEPES pH 8.0, 2 mM MgAc,
2 mM EDTA, 0.5% NP-40, 2% SDS, 0.5% deoxycholic acid), mixed, sonicated, and
centrifuged as above. The supernatants ("F3") and the remaining pellets were collected. All
the collected samples were stored at -80°C until further analysis.
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Data independent acquisition for proteome quantification
Peptides were separated in trap/elute mode using the nanoAcquity MClass Ultra-High
Performance Liquid Chromatography system (Waters, Waters Corporation, Milford, MA, USA)
equipped with trapping (nanoAcquity Symmetry C18, 5 µm, 180 µm × 20 mm) and an
analytical column (nanoAcquity BEH C18, 1.7 µm, 75 µm × 250 mm). Solvent A was water
and 0.1% formic acid, and solvent B was acetonitrile and 0.1% formic acid. 1 µl of the samples
(~1 µg on column) were loaded with a constant flow of solvent A at 5 µl/min onto the trapping
column. Trapping time was 6 min. Peptides were eluted via the analytical column with a
constant flow of 0.3 µl/min. During the elution, the percentage of solvent B increased
nonlinearly from 0–40% in 120 min. The total run time was 145 min, including equilibration
and conditioning. The LC was coupled to an Orbitrap Exploris 480 (Thermo Fisher Scientific,
Bremen, Germany) using the Proxeon nanospray source. The peptides were introduced into
the mass spectrometer via a Pico-Tip Emitter 360-µm outer diameter × 20-µm inner diameter,
10-µm tip (New Objective) heated at 300 °C, and a spray voltage of 2.2 kV was applied. The
capillary temperature was set at 300°C. The radio frequency ion funnel was set to 30%. For
DIA data acquisition, full scan mass spectrometry (MS) spectra with a mass range 350–1650
m/z were acquired in profile mode in the Orbitrap with the resolution of 120,000 FWHM. The
default charge state was set to 3+. The filling time was set at a maximum of 60 ms with a
limitation of 3 × 106 ions. DIA scans were acquired with 40 mass window segments of differing
widths across the MS1 mass range. Higher collisional dissociation fragmentation (stepped
normalized collision energy; 25, 27.5, and 30%) was applied, and MS/MS spectra were
acquired with a resolution of 30,000 FWHM with a fixed first mass of 200 m/z after
accumulation of 3×10^6 ions or after filling time of 35 ms (whichever occurred first). Data were
acquired in profile mode. For data acquisition and processing of the raw data, Xcalibur 4.3
(Thermo) and Tune version 2.0 were used.
1294

Data processing for MS-DIA samples
Spectral libraries were created by searching the DIA or/and DDA runs using Spectronaut
Pulsar (14.9.2 and 15.3.2, Biognosys, Zurich, Switzerland). The data were searched against
species-specific protein databases (Nfu_20150522, annotation
nfurzeri_genebuild_v1.150922) with a list of common contaminants appended. The data were
searched with the following modifications: carbamidomethyl (C) as fixed modification, and
oxidation (M), acetyl (protein N-term), lysine di-glycine (K-ε-GG), phosphorylated tyrosine (T)
and serine (S) and acetyl-lysine (K-Ac) as variable modifications for the respective PTMs
enrichments. A maximum of 3 missed cleavages were allowed for K-Ac and K-ε-GG
modifications, 2 missed cleavages were allowed for phospho enrichment. The library search
was set to 1 % false discovery rate (FDR) at both protein and peptide levels. DIA data were

then uploaded and searched against this spectral library using Spectronaut Professional (v14.9.2 and 15.3.2) and default settings. Relative quantification was performed in Spectronaut for each pairwise comparison using the replicate samples from each condition using default settings, except:

Dataset	Software version	Test	Data Filtering	Imputation	Normalization
Aging proteome	15.3.2	Unpaired t-test	Q-value	Global Imputing	True, Automatic
LOPIT-DC	14.9.2	NA	Q-value percentile 0.2	Run Wise Imputing	True, Global
Detergent insolubility	15.4.2	NA	Q-value percentile 0.2	Run Wise Imputing	False
Proteasome Inhibition	14.9.2	Unpaired t-test	Q-value	Global Imputing	True, Automatic
PTMs - Ubiquitin	15.4.2	–	Q-value percentile 0.2	Global Imputing	True, Automatic
PTMs - Phosphorylation	15.4.2	–	Q-value percentile 0.2	Global Imputing	True, Automatic
PTMs - Acetylation	15.4.2	–	Q-value percentile 0.2	Global Imputation	True, Automatic

Candidates and report tables were exported from Spectronaut and used for downstream analysis.

Immunoblot

Killifish brains and cells treated for 24 hours with anisomycin (Cell Signaling Technology, 2222) were lysed following as described in "Sample preparation for total proteome and analysis of PTMs". Protein concentration was estimated by Qubit assay (Invitrogen, Q33211), and 30 µg of proteins were used. 4× loading buffer (1.5 M Tris pH 6.8, 20% (w/v) SDS, 85% (v/v) glycerin, 5% (v/v) β-mercaptoethanol) was added to each sample and then incubated at 95 °C for 5 minutes. Proteins were separated on 4–20% Mini-Protean® TGX™ Gels (BioRad, 4561096) by sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) using a Mini-Protean® Tetra Cell system (BioRad, Neuberg, Germany, 1658005EDU). Proteins were transferred to a nitrocellulose membrane (Carl Roth, 200H.1) using a Trans-Blot® Turbo™ Transfer Starter System (BioRad, 1704150). Membranes were stained with Ponceau S (Sigma, P7170-1L) for 5 min on a shaker (Heidolph Duomax 1030), washed with Milli-Q water, imaged on a Molecular Imager ChemiDocTM XRS + Imaging system (BioRad) and destained by 2 washes with PBS and 2 washes in TBST (Tris-buffered saline (TBS, 25 mM Tris, 75 mM

NaCl), with 0.5% (v/v) Tween-20) for 5 min. After incubation for 5 min in EveryBlot blocking
buffer (Biorad, 12010020), membranes were incubated overnight with primary antibodies
against RPS3 (Bethyl Laboratories, A303-840A-T) or α-tubulin (Sigma, T9026) diluted
(1:1000) in enzyme dilution buffer (0.2% (w/v) BSA, 0.1% (v/v) Tween20 in PBS) at 4 °C on
a tube roller (BioCote® Stuart® SRT6). Membranes were washed 3 times with TBST for
10 min at room temperature and incubated with horseradish peroxidase coupled secondary
antibodies (Dako, P0448/P0447) at room temperature for 1 h (1:2000 in 0.3% (w/v) BSA in
TBST). After 3 more washes for 10 min in TBST, chemiluminescent signals were detected
using ECL (enhanced chemiluminescence) Pierce detection kit (Thermo Fisher Scientific,
Waltham, MA, USA, #32109). Signals were acquired on the Molecular Imager ChemiDocTM
XRS + Imaging system and analyzed using the Image Lab 6.1 software (Biorad). Membranes
were stripped using stripping buffer (1% (w/v) SDS, 0.2 M glycine, pH 2.5), washed 3 times
with TBST, blocked, and incubated with the second primary antibody, if necessary.
1343
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RNA isolation for RNA-Seq analysis
Individual brains from the fish were collected and snap-frozen in liquid nitrogen. The protein
amount was estimated based on fresh tissue weight (assuming 5% of protein w/w), and ice-
cold 1x PBS with protease/ phosphatase inhibitors (Roche,11836170001, 4906837001) was
added accordingly to a final concentration of 2 µg/µL. Samples were then vortexed (5 times)
before sonication (Bioruptor Plus) for 10 cycles (60 sec ON/30 sec OFF) at the high setting,
at 4 °C. The samples were then centrifuged at 3000 x*g* for 5 min at 4 °C, and the supernatant
was transferred to 2 mL Eppendorf tubes. 1.5 mL of ice-cold Qiazol (Qiagen, 79306) reagent
was added to 150 µL of homogenate, vortexed five times, and snap-frozen in liquid nitrogen.
On the day of the experiment, samples were thawed on ice, vortexed five times, and incubated
at room temperature for 5 min before adding 300 µL of chloroform. Samples were mixed
vigorously, incubated for 3 min at room temperature, and centrifuged at 12000 x*g* for 20 min
at 4 °C. The upper aqueous phase (600 µL) was carefully transferred into a fresh tube, and
the remaining volume (phenol/chloroform phase) was kept on ice for DNA isolation. The
aqueous phase was mixed with 1.1 volume of isopropyl alcohol, 0.16 volumes of sodium
acetate (2 M; pH 4.0), and 1 µL of GlycoBlue (Invitrogen, AM9515) to precipitate RNA. After
10 min incubation at room temperature, samples were centrifuged at 12000 x*g* for 30 min at 4
°C. The supernatant was completely removed, and RNA pellets were washed by adding 80%
(v/v) ethanol and centrifuging at 7500 x*g* for 5 min at 4 °C. The washing steps were performed
twice. The resulting pellets were air-dried for no more than 5 min and dissolved in 10 µL
nuclease-free water. To ensure full dissolution of RNA in water, samples were then incubated
at 65 °C for 5 min, before storage at -80 °C.
1367

RNA-Seq library preparation
Sequencing of RNA samples was done using Illumina's next-generation sequencing
methodology (Bentley et al. 2008). In detail, quality check and quantification of total RNA was
done using the Agilent Bioanalyzer 2100 in combination with the RNA 6000 pico kit (Agilent
Technologies, 5067-1513). Total RNA library preparation was done by introducing 500 ng total
RNA into Illumina's NEBNext Ultra II directional mRNA (UMI) kit (NEB, E7760S), following the
manufacturer's instructions. The quality and quantity of all libraries were checked using
Agilent's Bioanalyzer 2100 and DNA 7500 kit (Agilent Technologies, 5067-1506).
1376

RNA-Seq sequencing

All libraries were sequenced on a NovaSeq6000 SP 300 cycles v1.5; paired-end 151 bp (one pair for each of the projects). Total RNA libraries were pooled and sequenced in three lanes. Small RNA libraries were pooled and sequenced in one lane. Sequence information was extracted in FastQ format using Illumina's bcl2FastQ v2.20.0.422, against the *Nothobranchius furzeri* reference genome (Nfu_20150522, annotation nfurzeri_genebuild_v1.150922). Alignment to the reference genome was performed using STAR (Dobin et al. 2012) with the following parameters: --outSAMmultNmax 1 --outFilterMultimapNmax 1 --outFilterMismatchNoverLmax 0.04 --sjdbOverhang 99 --alignIntronMax 1000000 --outSJfilterReads Unique. The deduplication step was performed using the umi_tool v1.1.1 (Smith, Heger, and Sudbery 2017), using the following parameters: extract --bcpattern= NNNNNNNNNNNN`, `dedup --chimeric-pairs discard --unpaired-reads discard -- paired.

RNA-Seq quantification and differential expression

RNA-Seq data were then processed as follows: quantification was performed using featurecounts v2.0.3 (Liao, Smyth, and Shi 2013) with the following parameters -s 2 -p -B --countReadPairs. Differential expression analysis was performed using the DESeq2 package (v1.34.0) (Love, Huber, and Anders 2014). Raw count data were normalized using the transcript per million strategy.

Ribo-Seq library preparation

Ribosome profiling libraries were prepared following previously published protocol with modifications (Stein et al., 2022). 10~15 brain samples from fish were combined and lysed frozen using Cryo-Mill (Retsch, MM301) in the presence of 1ml of lysis buffer (20 mM Tris-HCl pH 7.5, 140 mM KCl, 5 mM MgCl2, 1 mM DTT, 100 µg/ml Cycloheximide, 1% Triton X-100, and 1 X Protease Inhibitor). Lysed powder was quickly thawed in a water bath at room temperature and spun at 21,000 g for 15 minutes at 4 °C to clear lysate. RNAse I (Invitrogen, AM2294) was added to 0.4U/µg of RNA and incubated at 25 °C for 45 minutes. Digestion was stopped by adding 0.4U/µg of SUPERaseIn RNAse Inhibitor (Invitrogen, AM2696). RNAse-treated lysate was layered on 900 µl sucrose cushion buffer (20 mM Tris-HCl pH 7.5, 140 mM KCl, 5 mM MgCl2, 1 mM DTT, 100 µg/ml Cycloheximide, 0.02U/µl SuperaseIn, 1M Sucrose), and spun at 100,000 rpm for 1 hour at 4 °C in TLA100.3 rotor. Resulting ribosome pellet was resuspended in 250 µl of lysis buffer with SuperaseIn and RNA was extracted using TRIzol reagent (Invitrogen, 15596026) following manufacturer's protocol. 27-34bp fragments were isolated from denaturing gel, ligated to adapter (NEB, S1315S), and ribosomal RNA was removed using RiboCop (Lexogen, 144.24) mixed with custom depletion DNA oligos (Table 2). Remaining fragments were reverse transcribed, circularized, and PCR amplified following the steps described previously (McGlincy and Ingolia 2017). Barcoded samples were pooled and sequenced using Hiseq 4000 (Illumina).

Imaging

Cryo-sections preparation and free-floating immunofluorescence

To prepare brain cryo-sections for free-floating immunofluorescence from 5 wph and 39 wph old killifish, brains were dissected and fixed ON in a solution of 4% paraformaldehyde PFA in PBS at 4°C. The samples were then equilibrated in a 30% sucrose solution ON at 4° and subsequently embedded in cryo-protectant (Tissue -Tek O.C.T. Compound; Sakura Finetek,

USA). Tissue slices of 50mm thickness were cut at a cryostat (Leica) and stored on glass slides (Thermo Fisher Scientific, USA).

Free-floating immunofluorescence experiments were performed by adapting previous protocols for classical on-slide immunofluorescence (Sara Bagnoli, Terzibasi Tozzini, and Cellerino 2023). Briefly, the sections were washed in PBS to remove the cryo-embedding medium and detached from the glass slide. The sections were then placed in 24-wells and performed two additional washes in PBS for 5 min each. Afterward, an acid antigen retrieval step (10 mM Tri-sodium citrate dihydrate, 0.05% tween, at pH 6) was performed by bringing the solution to boiling point in a microwave and adding 50ml of it in each well, leaving the solution for 5 minutes. This step was repeated two times.. 500 ml of blocking solution (5% BSA, 0.3% Triton-X in PBS) was then applied for 2 h. Primary antibodies (Phospho-Tau AT100, NeuN or Lamp1 Table 1) at the proper dilution were added in a solution of 1% BSA, 0.1% triton in PBS, and left overnight at 4°C in slow agitation on a rocker. Next day, the proper secondary antibodies (Table 1) at a 1:500 dilution were used in the same solution. After 2h of incubation, slices were washed three times with PBS, counter-stained with a solution 1:10000 of Hoechst 33342 (Invitrogen, USA) for two minutes and manually mounted under a stereomicroscope on Superfrost Plus glass slides (Thermo Fisher Scientific, USA). Finally, Fluoroshield mounting medium (Sigma, USA) was used and slices were covered with a coverglass (Thermo Fisher Scientific, USA).

Image acquisition

Imaging of lysosomal staining was performed with a Zeiss scanning confocal microscope (LSM900, Zeiss, Germany) equipped with an Airyscan module. Nine consecutive z planes with a step of 300nm were acquired with a 63x oil immersion objective (Plan-Apochromat 63x/1.4 Oil DIC M27, Zeiss, Germany) at a resolution of 2186x2186 pixels with the use of Airyscan. Images were then deconvoluted in the Zeiss Zen blue 3.7 suite using the Fast Iterative algorithm and exported as tiff for further analysis in Imaris (Bitplane, UK).

Samples processed for Tau stainings were imaged with an Axio Imager Z.2 (Zeiss, Germany) equipped with an Apotome slide using a 63x oil immersion objective (Plan-Apochromat 63x/1.4 Oil DIC M27, Zeiss, Germany). Z-stacks were realized by acquiring five consecutive z-planes at an interval of 1 micron. Images were then processed in imageJ (Fiji).

Lysosomes morphological analysis

To analyze the change in morphology of lysosomes in aging, we analyzed nine 5 wph samples and twelve 39 wph samples. To study morphological changes in case of proteostasis alteration, samples from six bortezomib-treated animals and six controls (DMSO treated) were analyzed. Tiff images were loaded in Imaris (Bitplane, UK) to recreate a 3D rendering of the samples. A version of the 'Surfaces' algorithm was created, optimizing the settings to realize an optimal mask of single lysosomes. Statistics obtained (Area, Volume, Mean intensity, and Sphericity) were extracted, and mean values for each animal were calculated. Data significance was tested using a two-tails T-test.

Mean fluorescence intensity analysis

To analyze differences in the amount of Tau phosphorylation between young (5 wph) and old (39 wph) *Nothobranchius furzeri* brain samples, we performed mean fluorescence intensity (MFI) analysis in the free license software ImageJ (Fiji). Since Tau is a neuronal protein, and the number of neurons between young and old animals varies, we normalized the MFI of Tau

staining over the MFI of NeuN, a neuronal-specific marker, in order to render the Tau MFI proportional to the number of neurons. Images were opened in ImageJ (Fiji), and median filtering (1px radius) was applied. The average intensity projection was realized, and MFI for the green channel (Tau) and red channel (NeuN) was measured and reported in an Excel table. Tau MFI for each animal was divided by the corresponding NeuN MFI, and the significance of the results was tested by a two-tails T-test.

Primary Antibody	Producer	Catalog Number	Type	Working dilution
Lamp1	Abcam	Ab24170	Polyclonal Rabbit	1:500
NeuN	Abcam	Ab177487	Monoclonal Rabbit	1:500
Phospho-Tau AT100	Thermo Fisher Scientific	MN1060	Monoclonal Mouse	1:400
Secondary Antibody				
AlexaFluor 488 anti-Rabbit	Invitrogen	A11001	Goat IgG	1:500
AlexaFluor 568 anti-Rabbit	Invitrogen	A11011	Goat IgG	1:500
AlexaFluor 488 anti-Mouse	Invitrogen	A11004	Goat IgG	1:500

Table 1: List of antibodies utilized in this work

Oligo #1	GGCCGTTACCGGCCTCACACCGTCCATGGGATGAGC/3BioTEG/
Oligo #2	CGGGCGAGACGGGCCGGTGGTGCGCCCGGGAAC/3BioTEG/
Oligo #3	CGCCTCCCCGCCTCACCGGGTAAGTGAAAAAACGATAAGAG/3BioTEG/
Oligo #4	GCACGCGCCGGGCGCTTGACACCAGAACCGAGAGC/3BioTEG/

Table 2: List of DNA oligonucleotides used for ribosomal RNA depletion

Data analysis

Protein subcellular localization by LOPIT-DC

For each age group and replicate, protein distribution profiles were calculated by dividing the scaled protein quantity in each fraction by the total sum of protein quantity across all fractions. Protein markers for the different compartments were taken from the Bioconductor package pRoloc (Crook et al. 2019), by mapping *Nothobranchius furzeri* entries onto *Homo sapiens* entries via orthologues mapping. To classify each of the proteins into a stable compartment, a support-vector-machine classifier with a radial kernel (Breckels et al. 2016) was used. Hyperparameters C and *gamma* were selected via a grid-search approach using a 5-fold cross-validation iterated 100 times. The best C and *gamma* parameters were selected to classify the "unknown" proteome. Only classified proteins with an SVM-score > 0.7 were considered stable classification. To detect age-related changes in subcellular fractionation, a two-step approach was implemented. For each normalized protein profile, a principal component analysis was used to summarize the variance from the 10 fractions in each replicate and age group. After summarization, the first two principal component scores were used to perform a Hotelling T^2 test to detect changes in the multivariate protein profile mean. To estimate effect sizes, the median Euclidean distance between age groups was calculated for each protein profile (see Figure S1F).

Differential detergent extraction

A batch correction was applied to remove the effects of different batches of LC-MS/MS analysis using the limma::removeBatchEffect function from the limma package (Ritchie et al. 2015). Then, for each protein group, a detergent insolubility profile was generated by dividing the protein quantities from fractions F1:F3 by the quantity in the soluble (S) fraction, and log2 transformed. To detect significant changes in detergent insolubility profiles between age groups, a MANOVA test was applied to the detergent insolubility profiles using the standard function in the R programming language, and P-values were corrected for multiple testing using the FDR strategy. To estimate effect sizes, a detergent-insolubility-score (DIS) was calculated by summing the log2 transformed protein quantities in fractions F1:F3 relative to the S "soluble" fraction. For each age group and protein group, the median DIS between replicates was used to estimate the magnitude of changes in detergent insolubility: $\Delta DIS = DIS_{39wph} - DIS_{12wph}$. High values of ΔDIS indicate proteins that become more detergent resistant in the old (39 wph) samples (see Figure S2E).

Modified peptide abundance correction

For each enrichment, PTMs report tables were exported from Spectronaut. To correct the quantities of modified peptides for underlying changes in protein abundance across the age groups compared, correction factors were calculated using the aging proteome data. For each condition and protein group, the median protein quantity was calculated and then divided by the median protein quantity in the young (5 wph) age group. Each modified peptide was matched by protein identifier to the correction factor table. If a modified peptide was mapped to 2 or more proteins, the correction factor was calculated using the sum of the quantity of these proteins. Further, the correction was carried out by dividing peptide quantities by the mapped correction factors, and log2 transformed (see Figure S3). Differences in peptide quantities were statistically determined using the t-test moderated by the empirical Bayes method as implemented in the R package limma (Ritchie et al. 2015).

Kinase activity prediction from phosphoproteome data

Kinase activity prediction was calculated using the Kinase library (https://kinase-library.phosphosite.org/ea?a=de, (Johnson et al. 2023) using the differential expression-based analysis and default parameter.

GO enrichment analysis

Gene Set Enrichment Analysis (GSEA) was performed using the R package clusterProfiler (T. Wu et al. 2021), using the function gseGO. Briefly, *Nothobranchius furzeri* protein entries were mapped to the human gene name orthologues and given in input to the function to perform the enrichment. For GO term overrepresentation analysis (ORA), the topGO R package was used.

Identification of conserved PTMs sites

For the *Nothobranchius furzeri* proteins involved in neurodegenerative diseases (Figure 1J), a local alignment was performed with protein BLAST(v2.12.0+) (Altschul et al. 1990) with default parameters against the RefSeq human proteome (Taxon ID:9606). The top 10 hits from the BLAST search were retrieved, and each modified residue was mapped into the local alignment to identify the corresponding position in the human proteins. Each modified peptide was then considered conserved if at least one of the top 10 hits from the BLAST alignment had a corresponding residue in the modified amino acid position.

Calculation of protein-transcript decoupling and multiple linear regression

For aging brain proteome data and proteasome impairment samples, protein-transcript decoupling values were calculated as the difference in log2 fold changes between proteome and transcriptome. A null distribution was fitted on the decoupling values using the R package fdrtool (Strimmer 2008). Q-value < 0.1 was used as a threshold to reject the null hypothesis. The decoupling values from each protein-transcript pair were used as response variables in a multiple linear regression model. Predictors for the model were retrieved as follows: protein quantities were calculated as the median log2 protein quantity across all replicates from the proteomics DIA data. Protein quantities are estimated using the median peptide abundance as calculated by the Spectronaut software. mRNA abundance values were defined as the median log2(TPM) across all samples from the RNA-Seq aging dataset. Biophysical parameters were calculated for each protein with the R package Peptides. Protein half-life values were taken from mouse cortex data from (Fornasiero et al. 2018). The percentage of gene GC content was obtained from ENSEMBL Biomart (v108) (Cunningham et al. 2022), mapping ENSEMBL annotation against the *Nothobranchius furzeri* reference genome (Nfu_20150522, annotation nfurzeri_genebuild_v1.150922) using bedtools (Quinlan and Hall 2010). Multiple linear regression models were then performed using the `lm` base R function by keeping only complete and unique observations from the matrix generated. Features were scaled for each dataset, and a multiple linear regression model without intercept was fitted to the data.

Data integration

Log2 fold changes (for PTMs), ΔDIS (for detergent insolubility), or protein-transcript decoupling values were used as input for a GSEA analysis based on GO cellular component terms using the gseGO function from the clusterProfile (T. Wu et al. 2021) R package with the

following parameters minSize = 5 and maxSize = 400. For each GSEA, the normalized
enrichment scores (NES) were taken and arranged in a matrix with different GO terms as rows
and different datasets as columns. To visualize the relationship between the dataset, a
principal component analysis was performed on the matrix. Missing GO terms in a given
dataset were imputed as 0 values. The sum of the scores on the first two principal components
was used to extract the most strongly affected GO terms from the combined integration of all
the datasets.
1586
Mitochondrial proteome composition
To calculate age-related changes in mitochondrial proteome composition (Figure 3H), raw DIA
files coming from fraction 02 of the LOPIT-DC experiment were re-analyzed in Spectronaut
(v16.2), using the same parameters as the other LOPIT-DC experiment. Fraction 02
represents the fraction where mitochondrial proteins are sedimenting in the LOPIT-DC
experiment and, therefore, strongly enriched for mitochondrial proteins (Figure S1C-D). From
the protein quantity matrix, mitochondrial proteins (according to Mitocarta3.0 annotation
(Pagliarini et al. 2008)) were extracted, and their quantities log2 transformed and normalized
by median centering. To detect changes in composition, a linear model on the log2
mitochondrial-centered values was implemented between the two age groups with the R
package limma (Ritchie et al. 2015).
1598
Ribo-seq data processing and analysis
Data processing and analysis was based on previously published protocol (Stein et al. 2022).
Adapter sequences were removed from demultiplexed sequencing reads using Cutadapt
v.1.4.2 (Martin 2011), followed by removal of the 5' nucleotide using FASTX-Trimmer. Reads
mapping to ribosomal RNAs were removed using Bowtie v.1.3.1 (Langmead et al. 2009).
Remaining reads were aligned to reference libraries that consisted of coding sequences
containing 21 nucleotides flanking upstream of the start codon and downstream of the stop
codon. To maximize unique mapping, a reference library was constructed using the longest
transcripts for every 22757 genes. Bowtie alignment was performed using the following
parameters: -y -a -m 1 -v 2 -norc -best -strata. A-site offset was estimated using riboWaltz
(Lauria et al. 2018), and fragment lengths that do not exhibit 3-nucleotide periodicity were
removed. Pause scores at each position were calculated by dividing the number of reads at
each position by the average number of reads within the internal part of the transcript,
excluding the first and last 20 codons. Positions with increased pausing during aging were
identified following the previously published method (Stein et al. 2022). Briefly, for 6749
transcripts with sufficient coverage (>0.5 reads/codon and >64 reads/transcript) in all age
groups, we used a two-tailed Fisher's exact test to compare each position (codon) between
age groups to identify positions with statistically significant changes (Benjamini-Hochberg
adjusted P-value < 0.05). These positions were further filtered to include positions with odds
ratio greater than 1, pause score of the older sample greater than the pause score of younger
sample, reads in the oldest sample greater than the average number of reads across the
transcript, and a position in the internal part of the transcript to only select sites with high-
confidence age-dependent changes in pausing. To visualize amino acids enriched in age-
dependent pausing sites, we used the weighted Kullback Leibler method (Thomsen and
Nielsen 2012) using the frequency of each amino acid in coding sequences as background.
For metagene analysis around age-dependent pausing sites, reads were first aligned to these
sites and normalized by dividing reads at each codon by the average reads per codon within

the analysis window to control for differences in expression and coverage. Mean and
bootstrapped 95% confidence intervals of these normalized values were plotted. Only
positions with sufficient coverage (reads/codon>0.5) in the analysis window were included. To
identify sites with disome formation, we first identified sites with strong pausing in the old
sample (pause score >6). Then, we calculated the average ribosome density of two regions
for young and old samples; 1) analysis window (40 codons up/downstream from strong pause
site) and 2) between 8 and 12 codons upstream from strong pause site (approximate position
of trailing ribosome). Sites with higher ribosome density in 2) were identified as disome sites,
and disomes sites unique to old samples were plotted. For comparisons to proteomics data
sets, we included all sites with statistically significant changes (Benjamini-Hochberg adjusted
P-value < 0.05) and used log2 of pause score ratio (Old/Young).
For translation efficiency analysis, RNA-seq data was re-aligned to the same reference library
used for Ribo-seq to compare transcript abundance. Changes in translation efficiency were
calculated using DESeq2 (Love, Huber, and Anders 2014), using the following design ~assay
+ condition + assay:condition, where assay indicates the different counts from RNA-Seq and
Ribo-Seq respectively, and condition indicated the different age groups.
1642

Estimates of mRNA half-life variations
Exonic coordinates of protein-coding genes were extracted from the annotation
nfurzeri_genebuild_v1.150922. Exonic and intronic read counts were obtained following the
procedure suggested by (Gaidatzis et al. 2016). To this end, exonic coordinates were flanked
on both sides by 10 nt and were grouped by gene. Intronic coordinates were obtained by
subtracting the exonic coordinates from the gene-wise coordinates. For each gene, exonic
and intronic read counts were obtained using the htseq-count function from HTSeq v2.0.2
(Putri et al. 2022) with the parameter -m set to intersection-strict to consider only reads that
strictly fall within an exon or an intron. Additionally, in each sample, genes with less than 10
reads on both exons and introns were ignored (read counts set as missing values) in order to
be robust against noisy estimates based on low read counts. Lastly, the log-transformed
exonic-to-intronic read count ratio r was computed for each gene and sample as:
1655

1656 $$r = Log_2(exonic\ counts\ + 1) - Log_2(intronic\ counts\ + 1)$$

1657

1658 Gene-specific biases such as exonic and intronic lengths and GC content can affect exonic
1659 and intronic read counts. These biases cancel out when ratios between samples are
1660 considered, as they are typically multiplicative (Gaidatzis et al. 2016). The ratio between
1661 mRNA half-life in sample s_1 and sample s_2 is then estimated as:
1662

1663 $$Log_2(\frac{mRNA\ halflife\ s_1}{mRNA\ halflife\ s_2}) = \frac{r_1}{r_2}$$

1664

Estimates of protein synthesis rate
To estimate k_i, 5'-UTRs sequences were retrieved from the *Nothobranchius furzeri* reference
genome (Nfu_20150522, annotation nfurzeri_genebuild_v1.150922). The masked FASTA
genome sequences were parsed using bedtools (Quinlan and Hall 2010). The translation
starting codon "ATG" was identified from the `CDS` features from the GFF file. The region
around the starting codon was extracted with +6 nucleotide upstream and +4 nucleotide
downstream to match the pattern "NNNNNNATGNN". Only valid sequences (without

ambiguous nucleotides) with an ATG starting codon in the correct position were retained. 91% of the transcript annotated in the GFF file had a valid translation initiation region as described above. The k_i was then estimated using the dinucleotide position weight matrix from (Noderer et al. 2014). In case a single transcript had multiple starting sites, the k_i values were summarized by taking the median value. This led to the estimate of k_i for 59129 transcripts. Estimated protein synthesis rates were calculated as in (Mills and Green 2017; Khajuria et al. 2018). More in detail, the authors described the estimated synthesis rate as:

$$Q = mRk_i [1 - (L / ((k_e / (k_i R)) + (L - 1)))]$$

where Q refers to the estimated synthesis rate, m refers to individual mRNA expression level obtained from the median across sample log2(TPM) from RNA-Seq data and normalized between 0 and 1, R represents the total amount of available ribosomes, k_i indicates an mRNA-specific translation initiation rate as computed above and normalized between 0 and 1, L is the number of codons occupied by one ribosome, set to 10 (based on the average length of a ribosome footprint), and k_e is the termination rates arbitrarily set to 1. Estimated synthesis rates were then computed for different values of R ranging from 1.3 to 0.

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2052

A
N=2, pool
5wph (Young)
12wph (Adult)
39wph (Old)

Brain isolation

Ribo-Seq

Translation efficiency (DESeq2)

Ribosome pausing analysis

B Translation efficiency vs. proteome

Transl ↓ Protein ↑
2000 pairs

Transl ↑ Protein ↑
1063 pairs

Transl ↓ Protein ↓
2753 pairs

Transl ↑ Protein ↓
732 pairs

R=0.32 P=3.14e-160

Proteome - 39wph / 5wph (log2)
Translation efficiency 39wph / 5wph (log2)

C
Transl ↓ Prot ↑
polysome
cytosolic small ribosomal subu [...]
small ribosomal subunit
cytosolic ribosome
ribosome
ribonucleoprotein complex
cytosolic large ribosomal subu [...]
cytosolic large ribosomal subu [...]
cytosolic ribosome

basolateral plasma membrane
mitochondrion
anchored ribosome
inner mitochondrial membrane [...]
oxidoreductase complex
respiratory chain complex
mitochondrial respirasome
respirasome
respiratory chain
mitochondrion

Transl ↓ Prot ↓
intrinsic component of postsyn [...]
ATPase complex
integral component of synaptic [...]
condensed chromosome
intrinsic component of synaptic [...]
chromosomal region
nuclear chromosome
chromosome
nuclear protein-containing com [...]

transmembrane transporter comp [...]
transporter complex
transmembrane transporter compl [...]
plasma membrane protein comple [...]
membrane protein complex
exocytic vesicle
exocytic vesicle membrane
presynapse
synaptic vesicle
synaptic vesicle membrane

Adjusted p (-log10)

D
Proteasome | Resp. chain | Ribosome

39wph / 5wph (log2)

Transcript | Transl. efficiency | Protein

E Ribosome pausing analysis
Significant pausing sites 39wph / 5wph

5wph
12wph
39wph

Distance from pause site (codons)
Norm ribosome occupancy

F Disome analysis

5wph
12wph
39wph

Distance from pause site (codons)
Norm ribosome occupancy

G Ribosome pausing vs. detergent insolubility

Detergent insolubility 39wph / 12wph (quantiles)
36| 345 | 273 | 379
Ribosome pausing 39wph / 5wph (log2)

H Motifs with increased pausing
39wph / 5wph (362 sig. motifs)

E   P   A

Acidic | Hydrophobic | Polar
Basic | Neutral

I Ribosome pausing vs. prot.-transc. decoupling
Significant pausing sites 39wph / 5wph

Ribosomes
RNA-binding proteins
Respiratory chain

R=-0.17 P=1.71e-11

Protein-transcript decoupling - 39wph / 5wph (log2)
Ribosome pausing 39wph / 5wph (log2)

Negative decoupling
protein abundance *decrease*
relative to transcript

Positive decoupling
protein abundance *increase*
relative to transcript

J mRNA half-life changes

ns   ****   ****

Others | Res. chain | Ribosome | RNA-binding

mRNA half-life 39wph / 5wph (log2)

A Predicted protein synthesis output vs. cellular ribosome concentration

B Comparison to experimental aging data

Nothobranchius furzeri - brain aging

5wph (young) 12wph (adult) 39wph (old)

Organelle composition → Mitochondria & OXPHOS

Proteome solubility →

Post-transl. modification → Ribosomes

K,R
aa

↑ Ribosome pausing
=
Loss of basic proteins
(Ribosomal proteins,
RNA/DNA binding)

Remodelling of protein
synthesis

A

Survival of *N. furzeri* in captivity

n = 183
single-housed males

5wph - Young
12wph - Adult
20wph - Adult-Old
38wph - Old

Fraction alive (%)

Age (weeks post hatching, wph)

B

LOPIT-DC protocol
(Geladaki et al., 2019)

Adult
12wph

N=4 pools, ~20 fish each

Old
39wph

N=4 pools, ~20 fish each

Nothobranchius furzeri
Brain isolation

Brain tissue
homogenization

1xLB
250mM sucrose
10mM HEPES
2mM MgAc
2mM EDTA
Protease inhibit.

Cytosol
enriched

x g: 1000   3000   5000   9000   12000   15000   30000   79000   120000
10min 30min 10min 15min 15min 15min 20min 43min 45min

Collect pellets, reduction, alkylation,
protein precipitation and digestion

Mass-spectrometry DIA
Analysis ~ 5000 Proteins

C 12 wph - Adult

Cytosol | Endoplas. reticulum | Golgi apparatus | Lysosome | Mitochondria | Nucleus | Plasma mem. | Proteasome

Norm. protein abundance

Fraction

D 39 wph - Old

Cytosol | Endoplas. reticulum | Golgi apparatus | Lysosome | Mitochondria | Nucleus | Plasma mem. | Proteasome

Norm. protein abundance

Fraction

E

Cytosol
Hotelling T2 P = 0.39
Dim2 (28%) / Dim1 (47%)

Endoplas. reticulum
Hotelling T2 P = 0.661
Dim2 (24.4%) / Dim1 (35.1%)

Golgi apparatus
Hotelling T2 P = 0.798
Dim2 (20.9%) / Dim1 (41.8%)

Lysosome
Hotelling T2 P = 0.747
Dim2 (19%) / Dim1 (55.1%)

Mitochondria
Hotelling T2 P = 0.101
Dim2 (12.1%) / Dim1 (61.9%)

Nucleus
Hotelling T2 P = 0.01
Dim2 (31.2%) / Dim1 (40.6%)

Plasma mem.
Hotelling T2 P = 0.868
Dim2 (20.3%) / Dim1 (56.4%)

Proteasome
Hotelling T2 P = 0.687
Dim2 (9.9%) / Dim1 (74.2%)

12wph   39wph

F

For each protein, summarize profiles
with PCA to reduce co-variance

Norm Protein Quantity
LOPIT-DC Fractions

PC2 (30.7%)
PC1 (50%)

Hotelling T2 test on the first 2 (PCs)
for difference in multivariate mean
(P<0.05 = 310 proteins)

A. Proteome — PCA plot: PC2 (14.6%) vs PC1 (41%). Conditions: 5wph, 12wph, 39wph.

B. Proteome — clustered heatmap with condition and Pearson R corr. (1, 0.95, 0.9, 0.85, 0.8, 0.75).

C. Proteome — Log2 (protein quantity) boxplots across 5wph_R1, 5wph_R2, 5wph_R3, 12wph_R1, 12wph_R2, 12wph_R3, 39wph_R1, 39wph_R2, 39wph_R3.

D. Proteome — Volcano plot 39wph / 5wph: −log10 (Q-value) vs Log2 fold change (39wph/5wph). Labels: RPLP2, GADD45GIP1, FTL, CNP, DR1, PPM1G, SRSF3, PRSS48, ROD3, PPP1R14C, CALU, NAA50, KHDRBS1, SETSIP.

E. Transcriptome — PCA plot: PC2 (14.4%) vs PC1 (25%). Conditions: 5wph, 12wph, 20wph, 39wph.

F. Transcriptome — clustered heatmap with condition and Pearson R corr. (1, 0.99, 0.98, 0.97).

G. Transcriptome — Log2 (TPM) boxplots across 5wph_R1, 5wph_R2, 5wph_R3, 5wph_R4, 12wph_R1, 12wph_R2, 12wph_R3, 12wph_R4, 20wph_R1, 20wph_R2, 20wph_R3, 20wph_R4, 39wph_R1, 39wph_R2, 39wph_R3.

H. Transcriptome — Volcano plot 39wph / 5wph: −log10 (adjusted P-value) vs Log2 fold change (39wph/5wph). Labels: H3F3A, RCC2, DPYSL4, DNMT3A, SLC22A23, HMGA1, H3F3A, EZH2.

I. Reproducibility of protein-transcript decoupling in independent studies. Left: 12wph / 5wph, P = 1.88e−40, R: 0.34. Right: 39wph / 12wph, P = 9.8e−37, R: 0.27. Axes: Prot.-transc. decoupling (this study) vs Prot.-transc. decoupling (Sacramento et al., 2020).