SOCIAL CONTEXT AND THE EVOLUTION OF DELAYED REPRODUCTION IN BIRDS

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ABSTRACT

Classic life history theory makes generalized predictions about phenotypic correlations across large clades. Modern comparative tests of these correlations account for the underlying structure of phylogenetic trees. Yet neither life history theory nor phylogenetic comparative methods automatically specify how biological mechanisms generate correlations. This problem is evident in comparative analyses of birds. Birds show a correlation between body size and age at first reproduction, but do not actually grow larger if they delay reproduction. Instead, field studies raise the hypothesis that social contexts—especially cooperative breeding, coloniality, and lekking—generate unique demands for behavioral development, which in turn result in delayed reproduction. Here, we support that hypothesis with a comparative dataset spanning 961 species in 155 avian families. Continuous (Ornstein-Uhlenbeck), discrete (hidden state Markov), and phylogenetic regression models revealed delayed reproduction in colonial birds, a weaker signal in cooperative birds, and the consistent evolution of sexual bimaturism in polygynous, lekking birds. These results show an association between diverse social contexts, sex-specific developmental demands, and life history evolution in birds. Considering this diversity, we discuss how even statistically powerful phylogenetic correlations—whether focused on mass, lifespan, or broad social categories—can ultimately fail to model the history of life history evolution.

KEYWORDS
colony, lek, deferred breeding, recruitment, phylogenetic natural history, sexual bimaturism

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INTRODUCTION

One aim of life history theory is to explain diversity in core phenotypic traits (e.g., size, survival

rate, and fecundity) in terms of predictable, law-like patterns that span large groups of organisms. Famous

examples include the *r-K* selection spectrum (Pianka 1970) and invariant scaling rules (Charnov 1993).

Phylogenetic comparative methods have been developed to remove the confounding effects of

phylogenetic history when analyzing these patterns (e.g., phylogenetic generalized least squares, PGLS;

Grafen 1989). Where classic life history theory tested trait correlations across vast assemblages of plants,

fish, mammals, and birds (e.g., Western and Ssemakula 1982, Stearns 1983, Loveless and Hamrick 1984,

Roff 1984, Harvey and Clutton-Brock 1985, Molau 1993), contemporary life history theory pursues the

same goal while "accounting for phylogeny" (e.g., Møller 2006, Tökölyi et al. 2014, Friedman 2020). Yet

comparative methods do not automatically identify the causal dynamics underlying phenotypic

correlations, especially when causal dynamics themselves evolve across the tree of life (Uyeda et al.

2018, Kozłowski et al. 2020).

Consider the classic correlation between size and age at first reproduction. All else being equal,

natural selection favors organisms that reproduce as quickly as possible (Williams 1966). But if an

organism has an opportunity for development—for example, by growing rather than reproducing, leading

to increased future fecundity due to a larger body size—then selection can favor the evolution of delayed

reproduction (Williams 1966, Bell 1980, Roff 1984, Stearns 1992). Phylogenetic and non-phylogenetic

analyses clearly support a correlation between size and age at first reproduction across mammals and

birds (e.g., Western and Ssemakula 1982, Harvey and Clutton-Brock 1985, de Magalhães et al. 2007).

Now, consider the biology of birds. Almost all lineages of birds grow to adult size within their

first year of life, many within their first few weeks (Bennett and Owens 2002). But many bird species

delay reproduction for several years (Lack 1968). Because few birds actually grow while they delay

reproduction, the correlation between size and age at first reproduction cannot represent a direct causal

relationship between the two traits (Charnov 2000).

Instead, field studies show that some birds delay reproduction because they undergo unique

processes of behavioral development across diverse breeding systems and social contexts. For example,

the cooperative-breeding White-winged Chough (~350g, Corcoracidae: *Corcorax melanorhamphos*),

starts breeding around four years old, only after establishing a breeding group to assist with incubation

and provisioning young (Rowley 1978, Heinsohn and Cockburn 1997). The colonial Wandering

Albatross (~7 kg, Diomedeidae: *Diomedea exulans*) starts breeding around 11 years old, only after

establishing the central-place foraging skills, nest site, and pair-bonds required for two parents to raise

young at pelagic breeding colonies (Hector et al. 1986, Weimerskirch and Jouventin 1987, Pickering

1989, Riotte-Lambert and Weimerskirch 2013). Meanwhile, female Long-tailed Manakins (~20g,

Pipridae: *Chiroxiphia linearis*) begin breeding in their first or second year, whereas the lekking males

spend a decade navigating the social hierarchies of the lek and developing the content of coordinated,

multi-male sexual displays before they start to breed (McDonald 1993, Trainer et al. 2002). Individuals in

these species delay reproduction because reproduction requires social development, which extends

beyond somatic growth.

Inspired by this natural history, researchers have long suggested that avian life histories are

structured by territorial social contexts such as cooperative breeding, coloniality, and lekking (Lack 1968,

Orians 1969, Wiley 1974, Gould 1977, Bradley and Wooller 1990, Møller 2006, Hatchwell 2009). More

recently, Ancona et al. (2020) found that polygynous lekking birds—which have a sexual asymmetry in

social behavior at the lek—have a corresponding sexual asymmetry in age at first reproduction. Here, we

ask the broader question of whether delayed reproduction has evolved to a greater extent across multiple,

complex social contexts when compared to species that do not live in those social contexts. We analyze

the relationship between social context and age at first reproduction across the avian phylogeny using

continuous Ornstein-Uhlenbeck models (Butler and King 2004), a new application of discrete hidden

Markov models that incorporates underlying evolutionary heterogeneity (Boyko and Beaulieu 2021), and

phylogenetic regressions (Grafen 1989, Garland Jr et al. 1993). We conclude that simple life history

correlations (e.g., mass *vs.* age at first reproduction) obscure the important role of social context in avian

evolution, while our own, more complex models (social context *vs*. age at first reproduction) obscure an

even richer diversity in the developmental processes that influence life histories.

METHODS

Data and trees

We coded female and male age first reproduction for birds as a central, discretized, and annual

integer. For example, species that first breed in their second summer after hatch (~23-25 months old)

were assigned a value of two. Our core sources were encyclopedias, including all full-length articles in

Cornell's Birds of the World (Billerman et al. 2022), The Birds of the Western Palearctic (Cramp et al.

1977), Handbook of Australian, New Zealand, and Antarctic Birds (Marchant and Higgins 1990), and The

Birds of Africa (Fry et al. 1982), supplemented with literature on target families or species. See Appendix

I for detailed information about character coding, with references and full source quotations in the main

data file. Every analysis was conducted on separate female and male datasets.

Life history evolution is more sensitive to changes at younger ages (Williams 1966, Hamilton

1966, Stearns 1992), meaning shifts in younger values (e.g., breeding year one *vs*. two) may be subject to

stronger selection than shifts in older values (e.g., breeding year eight *vs*. nine). We therefore used $\log_2$

age values for continuous analyses of age at first reproduction. See Appendix II for analyses using

untransformed values.

We assigned each species in our age at first reproduction dataset to one of four social contexts:

cooperative, colonial, lekking, or "other." Cooperative breeding was assigned to birds in which breeding

territories include extra-pair individuals or multi-pair groups, encompassing both helpers-at-the-nest (e.g.,

Superb Fairywren *Malurus cyaneus*; Dunn et al. 1995) and communal breeding (e.g., Mexican Jay

Aphelocoma wollweberi; Brown 1970). Coloniality was assigned to species in which breeding territories

maintain nest sites in close proximity to conspecifics, as opposed to foraging or other environmental

resources (Perrins and Birkhead 1983). Lekking was assigned to species in which breeding territories

maintain sexual display sites rather than nesting or environmental resources (cf., Bradbury 1981). This

broad definition of lekking includes species with aggregated "arena" display sites (e.g., Greater Sage-

Grouse *Centrocercus urophasianus*; Wiley 1973) as well as more solitary display sites (e.g., Satin

Bowerbird *Ptilonorhynchus violaceus*; Borgia 1985; Prum 1994). Species that were not cooperative,

colonial, or lekking were assigned "other."

We made minor updates to the Cockburn (2006) parental care dataset for cooperative breeders,

reassigning some species based on our more recent life history sources and including communal breeders

as cooperative. We consulted our life history sources, Rolland et al. (1998), and Bradbury (1981) for

statements about coloniality and lekking. In cases of hierarchically-structured social groups of

cooperative breeders (e.g., Bell Miner *Manorina melanophrys*; Smith and Robertson 1978), we assigned

species under the more proximate context of cooperative. For comparing social and mass-based models,

we used mass data ($\log_{10}$, not distinguished by sex) from the AVONET dataset (Tobias et al. 2022).

We drew a distribution of 1,000 phylogenetic trees for our final dataset from BirdTree (Fig. 1;

Jetz et al. 2012). Data and phylogenies were wrangled, pruned, and visualized with the ape, ggtree, and

tidyverse packages in R v4.3.1 (Paradis et al. 2004, Yu et al. 2017, Wickham et al. 2019, R Core Team

2023).

Continuous model comparisons

We first modeled the relationship between social context and avian life history evolution in a

continuous framework, using Ornstein-Uhlenbeck (OU) model comparisons (Butler and King 2004,

Beaulieu et al. 2012). If cooperative breeding, coloniality, or lekking influences the evolution of delayed

reproduction, then we predict that more complicated models—those differentiating age at first

reproduction regimes based on social context—will be preferable to simpler models that ignore social

context.

We compared seven continuous models for age at first reproduction ($\log_2$) evolution (Table 1):

Brownian motion (BM); single regime OU (OU1); cooperative in one regime *vs.* everything else in a

second regime (OU2-Cooperative); colonial in one regime *vs.* everything else in a second regime (OU2-

Colonial); lekking in one regime *vs.* everything else in a second regime (OU2-Lekking); cooperative or

colonial or lekking in one regime *vs.* everything else in a second regime (OU2-Social); and cooperative

vs. colonial *vs.* lekking *vs.* other in four separate regimes (OU4-Social). OU regimes differed only by

mean (θ) parameters and were assigned based on ancestral state estimates of social context (R package

ape, four-state discrete model, symmetrical rates). We fitted continuous models with the three-point

algorithm in R package OUwie (Ho and Ané 2014, Beaulieu and O'Meara 2022) and compared BIC

scores for each of 1,000 trees.

Discrete model comparisons

Because our trait of interest is discretized—first in terms of annual integer values and further via

log transformation—continuous models may offer poor descriptions of our data. We thus supplemented

our OU model comparisons with discrete model comparisons. As with our continuous comparisons, we

predict that more complicated models linking social context to transitions in delayed reproduction will be

preferable to simpler models in which the two traits evolve independently.

Species were binned into three age at first breeding states (1 *vs.* 2 *vs.* 3+ yr, untransformed ages)

and two social states (cooperative, colonial, or lekking *vs.* other). We then compared four discrete models:

age and social transition rates are independent of one another (H1-Independent); age transition rates

depend on social state (H1-Dependent); age and social transition rates are independent, but an unobserved

hidden character allows for shifts in age transition rates (H2-Independent); and age transition rates are

dependent on both social state and an unobserved hidden character (H2-Dependent).

The H1 models offer a standard comparison of uncorrelated *vs.* unidirectional, dependent

character evolution (Pagel 1994). Importantly, the H2 models allow for underlying transition rate

variation in our trait of interest (age at first reproduction) extending beyond our favorite covariate

("social" or "other"). This feature makes the H2-Independent model a better null comparison than the H1-

Independent model (Maddison and FitzJohn 2015, Uyeda et al. 2018, Boyko and Beaulieu 2021). See

Appendix III for model details. We fitted discrete models with R package corHMM (1 random restarts per

run; Beaulieu et al. 2022) and compared AICc scores for each of 1,000 trees.

Regression analyses

We directly compared age at first reproduction ($\log_2$) across social contexts using phylogenetic-

corrected ANOVA from R package phytools (Brownian correlation structure; Garland Jr et al. 1993,

Revell 2012) with post hoc pairwise t-tests. *P*-values were simulated from 1,000 iterations for each of

1,000 trees. We predicted that cooperative, colonial, and lekking species would have older ages at first

reproduction when compared to species outside of those social contexts ("other"). To interpret other

modeling results, we also tested whether the sexual difference in age at first reproduction (male – female,

untransformed values, overlapping dataset only) was elevated in different social contexts. Given three

overlapping comparisons per variable (cooperative *vs.* other, colonial *vs.* other, lekking *vs.* other), the

Bonferonni-corrected *P*-value threshold for pairwise t-tests was $\alpha = 0.05/3 = 0.016$,

Lastly, we used PGLS regressions (Grafen 1989) to investigate how strong, purely correlative

models (mass *vs.* age at first reproduction) compare to weaker, potentially causal models (social context

vs. age at first reproduction). We conducted four PGLS regressions with the following formulas: (1) age ~

social_context; (2) age ~ mass; (3) age ~ social_context + mass; and (4) age ~ social_context + mass +

social_context * mass. All models used $\log_2$ age values and Martin's correlation structures from R

package ape, with fixed α parameters from our OU1 model estimates (see *Methods: continuous model*

comparisons). See Appendix II for analyses using Brownian motion correlation structures. We fitted

PGLS models in R package nlme (Pinheiro and Bates 2000) and compared using BIC scores for each of

1,000 trees.

RESULTS

Data and trees

We compiled age at first reproduction values for 961 species (941 female values, 947 male

values) across 36/41 orders and 155/249 families in the Clements v2022 taxonomy (Clements et al. 2022).

Of the 94 families with no available data, 68 were in order Passeriformes. The female dataset included

126 cooperative, 198 colonial, and 27 lekking species (Fig. S1). The male dataset included 126

cooperative, 199 colonial, and 30 lekking species (Fig. 1).

Age at first reproduction values ranged from <1 yr (coded as 1 yr, see Appendix I) to >10 yr.

Species with the highest estimated ages at first reproduction included colonial tubenoses such as

Thalassarche chrysostoma (Procellariiformes: Diomedeidae, 13 yr female and male), the cooperative old-

world vulture *Gypaetus barbatus* (Accipitriformes: Accipitridae, 10 yr female and male), the lekking

manakin *Chiroxiphia linearis* (Passeriformes: Pipridae, 2 yr female, 11 yr male), and the lekking parrot

Strigops habroptila (Psittaciformes: Strigopidae, 10 yr female and male).

Male dataset

First reproduction
- 1 yr
- 2 yr
- 3+ yr

Social context
- Cooperative
- Colony
- Lek

Female (Fig. S1)

Figure 1. Avian phylogeny showing male age at first reproduction. Tips colored by social context. Binned ancestral ages estimated using corHMM (H1-Independent model). Orange box highlights differences between male and female ages in lekking pheasants and grouse (Galliformes: Phasianidae). Example phylogeny from 1,000 trees used for analysis. Silhouettes from phylopic.org.

Continuous model comparisons

All OU models greatly outperformed the simplest BM model in both female and male datasets for

avian age at first reproduction evolution (Table 1). For the female dataset, the best model from our set

included a separate OU regime for colonial taxa only (OU2-Colony), followed closely by models that

allowed a separate regime spanning all cooperative, colonial, or lekking taxa (OU2-Social), or distinct

regimes for each social context (OU4-Social, Table 1). Distinguishing cooperative-breeding taxa alone

(OU2-Cooperative) was no better than a simple OU1 model for both female and male data. Distinguishing

lekking taxa (OU2-Lek) was preferred to the OU1 model for males but not females. The best of our

continuous models for the male dataset distinguished separate regimes for each of our social contexts

(OU4-Social, Table 1). Whenever estimated separately, central (θ) OU parameters for age at first

reproduction were elevated in cooperative, colonial, and/or lekking regimes (Table S1).

Table 1. Continuous model comparisons for the evolution of delayed reproduction in birds. Multi-regime
Ornstein-Uhlenbeck models (OU2, OU4) divide lineages based on social context, allowing different
central (θ) parameters for age at first reproduction. ΔBIC scores (median with rounded 5th, 95th
percentiles) were calculated separately given the minimum BIC score in each of 1,000 trees.
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Model	Regimes	ΔBIC, female		ΔBIC, male	
BM	1	222.7	(169, 404)	213.1	(171, 317)
OU1	1	44.4	(35, 79)	69.5	(61, 87)
OU2-Cooperative	2	50.2	(40, 86)	75.8	(67, 94)
OU2-Colony	2	**0**	**(0, 4)**	38.7	(34, 43)
OU2-Lek	2	47.8	(37, 84)	44.6	(35, 65)
OU2-Social	2	2.8	(0, 21)	18.2	(13, 25)
OU4-Social	4	2.1	(0, 5)	**0**	**(0, 0)**

Discrete model comparisons

Across female and male datasets, a dependent model (H1-Dependent) in which age at first

reproduction transition parameters depend on simplified social context (i.e., cooperative, colonial, or

lekking *vs.* other) was preferred to an independent model (H1-Independent) in which transitions were

unrelated (Table 2). Importantly, the simple social-dependence model (H1-Dependent) was worse than a

model in which age transitions depend on a hidden character state unrelated to our social context

classification (H2-Independent, Table 2). The best discrete model for both females and males combined

these patterns of variation, making age transitions dependent on both our social character states and

additional hidden states (H2-Dependent, Table 2). In H1- and H2-Dependent models, almost all median

upward age transition rates were elevated in "social" lineages, whereas downward transitions were

elevated in "other" lineages (Appendix III). The exceptions were age 1-2 and 2-1 transition rates in

hidden state 2 of the H2-Dependent model, which was estimated with wide uncertainty across trees

(Appendix III).

Table 2. Discrete model comparisons for the evolution of delayed reproduction in birds. Dependent
models allow age at first reproduction transition rate parameters to vary with respect to social state, while
more complicated models (H2) allow those parameters to vary with respect to a hidden character state.
ΔAICc scores (median with rounded 5th, 95th percentiles in parentheses) were calculated separately given
the minimum AICc score in each of 1,000 trees.
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Model	Transition dependency	ΔAICc, female		ΔAICc, male	
H1-Independent	None	74.8	(54, 96)	74.2	(59, 93)
H1-Dependent	Age|Social	33.1	(13, 53)	31.3	(16, 49)
H2-Independent	Age|Hidden	21.5	(0, 45)	29.2	(13, 48)
H2-Dependent	Age|Social,Hidden	**0**	**(0, 5)**	**0**	**(0, 0)**

Regression analyses

Phylogenetic ANOVAs for age at first reproduction across social contexts were significant for

female, male, and difference datasets (median $P < 0.01$). Post hoc pairwise t-tests showed that colonial

birds had significantly higher ages at first reproduction when compared to "other" taxa (i.e., neither

cooperative, nor colonial, nor lekking) across both females and males (Table 3). Age at first reproduction

was not significantly different between cooperative and "other" species.

Only the male dataset showed significantly higher ages at first reproduction for lekking taxa

(Table 3). This sexual disparity was supported directly by tests of the difference between male and female

ages. Unlike cooperative or colonial birds, lekking birds showed elevated age at first reproduction in

males relative to female (Table 3).

Table 3. Post hoc pairwise comparisons following significant phylogenetic ANOVAs of avian age at first
reproduction (female or male, $\log_2$,) or difference in age at first reproduction (male - female,
untransformed) across social contexts. Post hoc pairwise T values compare species in each social context
with species coded as "other" (e.g., cooperative *vs.* other). Uncorrected pairwise P-values (median with
5th, 95th percentiles; median $P < 0.016$ in bold) were simulated for each of 1,000 trees.
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Social context	Female			Male			Difference, male - female		
	T	*P*		*T*	*P*		*T*	*P*	
Cooperative	-3.5	0.16	(0.13, 0.18)	-3.9	0.11	(0.09, 0.13)	-0.72	0.78	(0.76, 0.81)
Colony	**-18.3**	**<0.01**	**(<0.01, <0.01)**	**-18.5**	**<0.01**	**(<0.01, <0.01)**	0.59	0.92	(0.91, 0.94)
Lek	-0.7	0.81	(0.79, 0.83)	**-7.6**	**<0.01**	**(<0.01, 0.01)**	**-18.3**	**<0.01**	**(<0.01, <0.01)**

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Simple PGLS models using only mass data were substantially better at fitting age at first

reproduction values than models using social context alone for both male and female datasets (Tables 4,

S5). Cooperative breeding, coloniality, and lekking were associated with significantly higher ages at first

reproduction in the female and male Social models and the male Social+Mass model (Tables 4, S5). For

social contexts in the Social*Mass model, only colony breeding was significant for females and only

lekking was significant for males. The marginally significant effect of lekking in the female Social model

(median "lek" effect in female Social model = 0.4, P = 0.046) disappeared in the female Social+Mass and

Social*Mass models, whereas lekking remained significant with larger effect across male models (median

"lek" effect in male Social model = 1.1, P < 0.01; Tables 4, S5). Whereas the significance and effect of

social context terms on age at first reproduction varied across trees and models, mass was a significant

term across the entire range of trees, models, correlations structures, and alternate age values (Table S5).

The only significant interaction in the Social*Mass PGLS model was Colony*Mass in females

(Tables 4, S5; median interaction term = -0.2; P = 0.04). However, intercepts and mass coefficients varied

whenever separate Mass models were fit to taxa in different social contexts (Table S6). Notably, there

was a significant correlation between mass and age at first reproduction for females across 27 lekking

species, but no significant correlation for males across 30 lekking species (Fig. S2).

Table 4. Phylogenetic generalized least squares (PGLS) models for age at first reproduction. ΔBIC scores
(median with rounded 5th, 95th percentiles in parentheses) were calculated separately given the minimum
BIC score in each of 1,000 trees. Significant terms had median P < 0.05 across 1,000 trees.
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Model	Female ΔBIC		Significant terms	Male ΔBIC		Significant terms
Social	115.4	(67, 169)	cooperative, colony, lek	100.1	(51, 138)	cooperative, colony, lek
Mass	**0**	**(0, 88)**	mass	2.5	(0, 13)	mass
Social+Mass	7.1	(0, 23)	mass, cooperative, colony	**0**	**(0, 6)**	mass, cooperative, colony, lek
Social*Mass	27.1	(0, 45)	mass, colony, colony*mass	26.1	(11, 30)	mass, lek

DISCUSSION

Our comparative analyses are consistent with the hypothesis that complex social contexts—

coloniality, lekking, and, in one analysis, cooperative breeding—are associated with the evolution of

delayed reproduction in birds. Both continuous (OU) and discrete (hidden Markov models) model

comparisons showed that models incorporating social context offer better descriptions of age at first

reproduction evolution than models ignoring social context (Tables 1-2). Continuous model parameters

(Table S1) and discrete model transition rates (Appendix III) revealed that delayed reproduction was

elevated in lineages that live in these complex social contexts. Phylogenetic ANOVAs further clarified

these results, showing an elevated age at first reproduction in both females and males of colony-nesting

species (Table 3). Lekking, however, was more strongly associated with delayed reproduction in males

relative to females across species (Tables 1, 4) and associated with longer delays in males relative to

females within species (Table 3). When mass and social context was included in PGLS models, they

showed significantly delayed reproduction for females and males in colonial species, males in lekking

species, and an additional signal of delayed reproduction in cooperative birds across sexes (Table 4).

These results provide quantitative support for the claim that social contexts influence life history

evolution in birds (Gould 1977 p. 345:347, Bradley and Wooller 1990, Møller 2006). Field studies show

how different behavioral processes within each social context can give rise to delayed breeding. For

example, young seabirds of all sexes must first gain experience with colony nesting territories (Ainley et

al. 1983) and establish a pair-bond (Pickering 1989) to begin breeding among conspecifics in dense island

colonies. Meanwhile, male—but not female—reproduction in lekking species requires developing display

sites and displays (e.g., McDonald 1989, Collis and Borgia 1993). Consistent with this developmental

asymmetry in behavioral demands and previous comparative studies of polygynous birds (Wiley 1974,

Ancona et al. 2020), our results for lekking lineages showed delays in male—relative to female—

reproduction. Research in fish, mammals, and birds has long tied sex-related demands in social

development to the evolution of sex-related life histories (e.g., blackbirds: Selander 1965, grouse, as

recapitulated in Fig. 1: Wiley 1974, ungulates: Gould 1977, Spotted Hyenas: Holekamp and Strauss 2020,

Orangutans: Kralick et al. 2023, guppies: Rodd et al. 1997, wrasses: Robertson 1972, Lowe et al. 2021).

The multiple origins of lekking in birds allows for broader, comparative analyses of such socially-

mediated life history evolution (Fig. 1; Ancona et al. 2020)

On the one hand, we support a general association between social context and delayed

reproduction. On the other hand, our results teach us that these even these claims are not sufficiently

specific. Some of our continuous and discrete models lump cooperation, colonies, and leks into a simple

"social" category (Tables 1-2). Yet colony-breeding is neither homologous nor analogous to lekking in

birds, and these social contexts had different consequences for female and male life histories. Meanwhile,

our simple "other" category included diverse social dynamics (e.g., social networks in parrots; Penndorf

et al. 2023) that did not feature as characters in our analyses.

Furthermore, our analyses of cooperative species may have been hindered by our use of a single

category for both communal breeders and helpers-at-the-nest. Obligate communal breeders require extra-

pair assistance to provision and protect young (e.g., Rowley 1978, Heinsohn and Cockburn 1997). The

need to establish a cooperative breeding group may thus cause delayed reproduction. Alternatively,

functional helpers-at-the-nest often assist conspecifics only after failing to disperse to their own territories

(e.g., Pruett-Jones and Lewis 1990, Dunn et al. 1995, Margraf and Cockburn 2013). In such cases,

cooperation can be part consequence, rather than cause, of delayed reproduction. We also represented age

at first reproduction as a static value within species. Reproductive patterns within cooperative species,

such as the decision to help or disperse, often fluctuate widely with environmental factors such as rainfall

(Koenig et al. 1992, Rubenstein 2011, Welklin et al. 2023). Our simple trait categorizations thus neglect

factors known to affect life histories in birds.

In fact, we know that our simplified social character states explained only a portion of

evolutionary patterns in avian delayed reproduction. The best discrete evolutionary models allowed for

hidden state variation, independent from the classes of social variation we recognized (Table 2). One

critical feature left out of our models is foraging development, which tunes a parent's ability to

simultaneously provision young and stay alive (Ashmole 1963, Wunderle 1991, Becker et al. 2008).

Foraging development is further imbricated with social context. For example, scavenging opportunities in

raptors can be regulated by dominance hierarchies (Dwyer and Cockwell 2011); pelagic seabirds must

develop central-place foraging skills to breed at their island colonies (Coulson 2002, Collet et al. 2020);

and some species learn how to forage directly from others (Slagsvold and Wiebe 2011). Snow (1971)

argued that frugivory contributes to the evolution of polygynous leks by making it easier for a single

parent to forage for dependent offspring. For lekking birds, then, it may be the ease of foraging—rather

than the high demand for foraging development—that ultimately contributes to sex-related delayed

reproduction.

No details of this underlying ecological and evolutionary diversity are represented, informed,

predicted, or explained by our most powerful PGLS model: the significant regression between mass and

age at first reproduction in birds (Table 4). We know the model is merely correlative rather than causal,

because most birds do not grow any larger while they delay reproduction across years (Lack 1968,

Bennett and Owens 2002). Phylogenetic correction has nothing to do with it; a correlation neither

guarantees nor replaces a basic, biological fact about organismal diversity (cf., Uyeda et al. 2018).

One ad hoc response is to appeal to lifespan, arguing that low mortality rates can independently

explain the separate evolution of delayed reproduction and large body size (Pianka 1970, with opposite

logic in Møller 2006), thus generating an equally universal scaling law (Charnov 1993, 2000). But

lifespan cannot independently explain the evolution of delayed reproduction; an organism of any given

lifespan should still evolve to reproduce as quickly as possible (Williams 1966, Lehtonen 2016; with

specific exceptions in declining populations and variable environments, Caswell 1982, Tuljapurkar 1990).

What underpins the evolution of delayed reproduction is not simply variation in lifespan, but rather

variation in "some more important development" (Williams 1966 p. 87:88) before an organism starts

breeding (Wittenberger 1979, Bell 1980). Although expected lifespan can tune the reproductive costs and

benefits of development (Stearns and Koella 1986), it neither predicts nor explains the form of that

development. Configured and refigured by behavior, society, and sex at colonies, leks, and elsewhere, the

form of development is precisely what varies among lineages of birds. General rules about evolution will

never help us if we already know that individual lineages have evolved different rules, and evolve

according to those different rules. It is clear we have much more to learn about life histories than anything

a universal regression—phylogenetic or otherwise—purports to teach.

ETHICS

This work did not require ethical approval from a human subject or animal welfare committee.

DATA ACCESSIBILITY

All data and analysis code are available from: https://github.com/ltaylor2/Avian_Delayed_Reproduction

AUTHORS' CONTRIBUTIONS

L.U.T.: conceptualization, data curation, formal analysis, investigation, methodology, software,

validation, visualization, writing - original draft; R.O.P: investigation, resources, supervision, writing -

review & editing.

CONFLICT OF INTEREST DECLARATION

We declare we have no competing interests.

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DUPLICATE FIGURES AND TABLES

Figure 1. Avian phylogeny showing male age at first reproduction. Tips colored by social context.
Binned ancestral ages estimated using corHMM (H1-Independent model). Orange box highlights
differences between male and female ages in lekking pheasants and grouse (Galliformes: Phasianidae).
Example phylogeny from 1,000 trees used for analysis. Silhouettes from phylopic.org.
587

588 **Table 1.** Continuous model comparisons for the evolution of delayed reproduction in birds. Multi-regime
589 Ornstein-Uhlenbeck models (OU2, OU4) divide lineages based on social context, allowing different
590 central (θ) parameters for age at first reproduction. ΔBIC scores (median with rounded 5th, 95th
591 percentiles) were calculated separately given the minimum BIC score in each of 1,000 trees.
592

Model	Regimes	ΔBIC, female		ΔBIC, male	
BM	1	222.7	(169, 404)	213.1	(171, 317)
OU1	1	44.4	(35, 79)	69.5	(61, 87)
OU2-Cooperative	2	50.2	(40, 86)	75.8	(67, 94)
OU2-Colony	2	**0**	**(0, 4)**	38.7	(34, 43)
OU2-Lek	2	47.8	(37, 84)	44.6	(35, 65)
OU2-Social	2	2.8	(0, 21)	18.2	(13, 25)
OU4-Social	4	2.1	(0, 5)	**0**	**(0, 0)**

596 **Table 2.** Discrete model comparisons for the evolution of delayed reproduction in birds. Dependent
597 models allow age at first reproduction transition rate parameters to vary with respect to social state, while
598 more complicated models (H2) allow those parameters to vary with respect to a hidden character state.
599 ΔAICc scores (median with rounded 5th, 95th percentiles in parentheses) were calculated separately given
600 the minimum AICc score in each of 1,000 trees.
601

Model	Transition dependency	ΔAICc, female		ΔAICc, male	
H1-Independent	None	74.8	(54, 96)	74.2	(59, 93)
H1-Dependent	Age|Social	33.1	(13, 53)	31.3	(16, 49)
H2-Independent	Age|Hidden	21.5	(0, 45)	29.2	(13, 48)
H2-Dependent	Age|Social,Hidden	**0**	**(0, 5)**	**0**	**(0, 0)**

604   **Table 3.** Post hoc pairwise comparisons following significant phylogenetic ANOVAs of avian age at first
605   reproduction (female or male, $\log_2$,) or difference in age at first reproduction (male - female,
606   untransformed) across social contexts. Post hoc pairwise *T* values compare species in each social context
607   with species coded as "other" (e.g., cooperative *vs.* other). Uncorrected pairwise *P*-values (median with
608   5th, 95th percentiles; median *P* < 0.016 in bold) were simulated for each of 1,000 trees.
609

Social context	Female			Male			Difference, male - female		
	T	*P*		*T*	*P*		*T*	*P*	
Cooperative	-3.5	0.16	(0.13, 0.18)	-3.9	0.11	(0.09, 0.13)	-0.72	0.78	(0.76, 0.81)
Colony	**-18.3**	**<0.01**	**(<0.01, <0.01)**	**-18.5**	**<0.01**	**(<0.01, <0.01)**	0.59	0.92	(0.91, 0.94)
Lek	-0.7	0.81	(0.79, 0.83)	**-7.6**	**<0.01**	**(<0.01, 0.01)**	**-18.3**	**<0.01**	**(<0.01, <0.01)**

613   **Table 4.** Phylogenetic generalized least squares (PGLS) models for age at first reproduction. ΔBIC scores
614   (median with rounded 5th, 95th percentiles in parentheses) were calculated separately given the minimum
615   BIC score in each of 1,000 trees. Significant terms had median *P* < 0.05 across 1,000 trees.
616

Model	Female		Significant terms	Male		Significant terms
	ΔBIC			ΔBIC		
Social	115.4	(67, 169)	cooperative, colony, lek	100.1	(51, 138)	cooperative, colony, lek
Mass	**0**	**(0, 88)**	mass	2.5	(0, 13)	mass
Social+Mass	7.1	(0, 23)	mass, cooperative, colony	**0**	**(0, 6)**	mass, cooperative, colony, lek
Social*Mass	27.1	(0, 45)	mass, colony, colony*mass	26.1	(11, 30)	mass, lek

617