Transposable element expression with variation in sex chromosome number supports a toxic Y effect on human longevity

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ABSTRACT

Lifespan differences between sexes is a puzzling question in human and evolutionary biology. Sex chromosomes have been proposed to play a central role, and the Y male chromosome has been suspected of having a toxic genomic impact in this trait. As Y chromosomes are typically enriched in transposable elements (TE), this hypothesis suggests that in aged individuals, in whom TE are less repressed, an increase in somatic mutations and acceleration of the aging process will be observed. Using an unprecedented expression dataset from humans with atypical karyotypes, we show an increased TE expression related to the Y chromosome. These findings complement previous reports showing that the 47,XYY human population displays a shorter lifespan, and support the existence of a toxic Y effect on men lifespan.

Keywords: transposon, lifespan, gonosome, Klinefelter syndrome, transcriptomic, differential expression analysis

Introduction

Life expectancy at birth is on average five years longer in women than in men [1], a female-biased gap in longevity which is observed in almost all human populations [2] and which also explains why most supercentenarians are women [3]. The reasons for this consistent female-biased gap in longevity in humans remains a long-lasting conundrum. Both cultural and biological factors have been invoked [2,4]. For the latter, sex-specific production of hormones (e.g. androgens) as well as male-specific deleterious mitochondrial mutations are biological factors that - to some extent - contribute to the sex differences in survival prospects [5,6]. Recently, a new hypothesis has been proposed to explain this sex gap in longevity (reviewed in [7,8]). Differential survival among males and females are pervasive across the tree of life [9]. In both vertebrates and invertebrates, the heterogametic sex (male in XY systems, female in ZW ones) tend to die first, which suggests that sex chromosomes could contribute to establishing sex gaps in longevity [10,11]. As the heterogametic sex carries one type of each sex chromosome, it is therefore more frequently affected by recessive X-linked (or W-linked) deleterious genetic mutations (unguarded X hypothesis), but theory and empirical data suggest that this mechanism is probably not sufficient to explain the entire sex gap in longevity [12]. Moreover, Y (or W) chromosomes are often less recombinant, and repeated sequences tend to accumulate in these chromosomes. With age, epigenetic regulation mechanisms are less effective, and transposable elements (TE) can be reactivated. This was observed in aging fruit flies resulting in a surge in TE expression and an increase in the somatic mutation rate [13], higher in aged male than in aged female flies [14]. Experiments uncoupling phenotypic sex and sex chromosome content have shown that reduced longevity is caused by the presence of the Y, not by phenotypic sex [14]. This phenomenon, called the toxic Y effect, has been documented only in Drosophila species so far [15], and is still controversial [16].

The human Y chromosome is relatively small (about 57 Mb) compared to the X chromosome (about 156 Mb) but is an extremely repeat-rich chromosome compared to the X chromosome or autosomes [17,18]. If a toxic Y effect exists in humans, we should observe that - everything else being equal - more TE get reactivated in old 46,XY men than in old 46,XX women, as in Drosophila (hereafter referred to as prediction 1). Moreover, in humans, 47,XXY and 47,XYY individuals have strikingly different longevities [19,20]: 47,XYY is indeed associated with a 10-year-reduction in longevity while 47,XXY is associated with a 2-year-reduction only compared to 46,XY individuals. This is observed despite the extra-Y having smaller observable effects on the 47,XYY individual's biology and health than the extra-X in the 47,XXY karyotype that results in the Klinefelter syndrome (e.g. delays in first acquisitions, infertility, decreased bone mineral density ,…) [19,20]. If a toxic Y effect explains the aforementioned observations and contributes to establishing the human sex gap in longevity, TE expression should be associated with the number of Y chromosomes in a karyotype (hereafter referred to as prediction 2).

Results and Discussion

We tested prediction 1 using published blood RNA-seq data from the Genotype-Tissue Expression (GTEx) project. We compared TE expression in 46,XX female and 46,XY male individuals belonging to different age groups from 20 to 70 years old. We found that only a few TE families have expression patterns consistent with our prediction and that TE expression seems to show a peak of expression at 30-40 years old in males (see **Supplementary Materials - Analysis of TE expression in the GTEx dataset** and **Fig. S1 to S8, Tables S1 to S6, Data S1**). However, it was difficult to draw strong conclusions because of the intrinsic nature of the data from the GTEx database: the many donors in different conditions and the many different sequencing runs made the data quite noisy (potential confounding factors, no longitudinal follow-up of same individual, survival bias, etc…). Moreover, the rather low sequencing depth and read length are not ideal for studying TE expression (see **Materials and Methods**).

To test prediction 2, we generated RNA-seq data from blood samples of individuals with several gonosome compositions on the karyotypes. Blood samples were obtained from 25 individuals of different karyotype compositions (46,XX, 46,XY, 47,XXY and 47,XYY) (**Table S7**) from the Lyon university hospital. For each sample, we performed deep RNA-seq for a median of 174 million reads (min-max: 132 million – 206 million) *per* individual, producing an unprecedented dataset (**Table S7**). We first analyzed gene

expression (**Fig. S3, Data S1**) to validate our wet and dry lab protocols (see **Materials and Methods**) and
to assess whether certain gene aging pathways (Gene Ontology (GO) - term analysis) were impacted by
the karyotype. The number of significantly differentially expressed protein-coding genes varied according
to the pair of karyotypes compared (**Fig. S9, Table S8**). Comparing 46,XX and 46,XY samples (typical male
and female karyotypes) returned 0.10% and 0.09% of over-expressed and under-expressed protein-
coding genes, respectively (**Table S8**). Previous work using much larger sample sizes yielded more sex-
biased genes [21]; we were thus conservative here. We also found that most (13/20, 65%) male-biased
protein-coding genes are Y-linked genes, and that most female-biased protein-coding genes are known X
chromosome inactivation escapees (**Fig. S10, Tables S8 to S10, Data S2 and S3**), as expected from
previous work [21]. It is indeed well-known that the extra-X chromosomes in 47,XXY or other karyotypes
(e.g triple X) are inactivated; only the genes escaping inactivation exhibit expression changes [22,23].
Furthermore, we found *XIST* and *TSIX* genes to be expressed only in karyotypes containing two X
chromosomes (47,XXY and 46,XX), which was also expected as these genes are implicated in the X
inactivation occurring only in the presence of two or more X chromosomes [24–26]. Some autosomal
protein-coding genes were also differentially expressed when comparing 46,XX and 46,XY samples (**Table
S8**).
Using pairwise karyotype comparisons, we found that 47,XYY and 47,XXY samples are the ones with
the highest number of differentially expressed protein-coding genes (~5-6%) compared to 46,XX samples
(**Fig. S9, Table S8**). A GO-term analysis revealed that overexpressed genes in 47,XYY samples compared to
47,XXY samples were included in biological pathways (cell cycle, DNA damage/telomere stress induced
senescence, senescence-associated secretory phenotype, cellular senescence, oxidative stress induced
senescence) which may be related to a faster aging and cancer risk in 47,XYY individuals compared to
47,XXY (**Fig. S11, Data S4**).
Concerning TE expression (**Fig. S3, Data S1**), a principal component analysis (PCA) showed that males
and females had different profiles of TE expression as indicated by the sex clustering in the PCA plot (**Fig.
S12**), a pattern that we also found for gene expression (**Fig. S13**). Similarly to protein-coding genes, TE
families exhibiting expression changes were more numerous in 47,XYY/46,XX and 47,XXY/46,XX
karyotype comparisons (**Fig. S14, Table S11**): 46 differentially expressed TE families in 47,XYY and 58 in
47,XXY compared to 46,XX. Most differentially expressed TE families were found to be significantly over-
expressed in 47,XYY (35 TE families), 47,XXY (51 TE families), and 46,XY (5 TE families) compared to 46,XX
karyotype, while few were under-expressed (11, 7, and 1 TE families, respectively) (**Fig. S14, Table S11**).
The differentially expressed TE families according to karyotype is shown in **Fig. 1-A and S15**. A similar
pattern was found for a majority of differentially expressed TE families: a minimal expression in 46,XX, a
maximal expression in 47,XYY, and an in-between expression in 46,XY and 47,XXY karyotypes, pointing to
a contribution of the Y chromosome in establishing this pattern. This pattern was also observed when
combining all the TEs (**Fig. 1-B**). Furthermore, when splitting individuals of a given karyotype in two age
groups (lower and higher than the median for this group), we showed that TE expression tends to be
higher later in life for 46,XY and 47,XYY individuals, which is in line with prediction 1, although the limited
sample size prevents a firm conclusion (**Fig. S16**).

This pattern could be driven by the expression of TE insertions present in genes and in long non-coding RNA. We thus re-analyzed the data excluding insertions in exonic parts of all genes and in long non-coding RNA insertions. We also removed non-autonomous expression from introns of X and Y chromosomes (see **Materials and Methods and Fig. S17**). The results exhibited fewer significantly differentially expressed TE families, probably due to a reduction in statistical power, because of a reduction of counts per TE family. However, the pattern concerning the overall expression of TEs remained (**Fig. S18 to S21, Table S12**).

The analysis of our own data revealed strong changes in TE expression in 47,XYY individuals, and a clear trend towards a low expression in 46,XX individuals, high expression in 47,XYY, and intermediate expression in 46,XY and 47,XXY individuals for some TE families and for the global TE expression. Regardless of the age of the individuals, the results herein showed that TE global expression is higher in 47,XYY individuals compared to other karyotypes, although the comparison was significant only with the 46,XX individuals (**Fig. 1-B**). Interestingly, similar observations were made in Drosophila where Y-linked TE expression is stronger in individuals with an additional Y chromosome (i.e. XYY) compared to XY individuals, regardless of their age [14]. The present results suggest that a similar disruption of TE regulation is present in young individuals with a 47,XYY karyotype in humans. Furthermore, in Drosophila, Y-linked TE expression is stronger in aged flies compared to young flies for XY and XYY individuals but not for XXY individuals [14], which is in line with the trend we found in humans (**Fig. S16**).

The analyses carried out herein support both predictions of the toxic Y chromosome hypothesis, particularly when using the dataset that we have generated. We show an over-expression of TE related to the number of Y-chromosomes in the karyotype, and suggest that a toxic Y effect may contribute to the sex gap in longevity in humans, as shown in Drosophila ((*14, 15*) but see [16]).

Sex gap in longevity is certainly a multifactorial trait and the toxic Y effect is just one of them. The present results indicate that relaxing TE control with aging or adding extra Y chromosomes will contribute to an increase in TE expression and potentially to an increase in somatic mutations. It is also important to bear in mind that an equilibrium is most certainly established in the interactions between chromosomes, and that adding Y chromosomes is disrupting it. The findings herein also suggest that future research in aging treatments needs to be sex-related and most probably TE-content related.

Materials and Methods

Biological material, RNA extraction and sequencing

GTEx dataset

The Genotype-Tissue Expression (GTEx) project regroups samples from a multitude of post-mortem organ donors and from a multitude of tissues. Samples were realized in PAXgene tissue fixation containers. After RNA extraction, libraries were prepared using an automated variant of the Illumina TruSeq RNA sample preparation protocol (Illumina Inc, California, USA) which was a non-stranded protocol using polyA selection. Then, libraries were sequenced in paired-end mode 76x2 on a HiSeq 2000 or 2500® (Illumina Inc, California, USA) (see https://gtexportal.org/home/methods and [27]).

To constitute the GTEx dataset, we extracted raw expression data (FASTQ containing Illumina reads) from the human expression atlas database GTEx via the dbGaP portal (dbGaP accession number phs000424.v8.p2) after authorization.

We focused on expression data obtained from blood, a tissue with one of the largest numbers of
samples in the GTEx database. Thus, we considered only data of RNA-seq ("Assay.Type" variable) for
which a file with sra extension was available ("DATASTORE.filetype" variable) and generated from RNA
extracted from whole blood ("body_site" variable).
To reduce data heterogeneity and to get closer to the individuals we sampled in parallel to constitute
our dataset (see below), we focused on: data collected in non-latino nor hispanic white subjects ("RACE"
and "ETHNCTY" variables) and excluded data from subjects with persistent infection by the human
immunodeficiency virus (HIV), the hepatitis C virus (HCV) or the hepatitis B virus (HBV)
("LBHCV1NT","LBHBHCVAB", "LBHIV1NT", "LBHIVAB", "LBHIVO", and "LBHBSAG" variables), or with
dementia ("MHALZDMT" and "MHALZHMR" variables). Then, we made a restricted cohort ("no disease
group") by also excluding data from subjects with current or antecedents of cancer ("MHCANCER5",
"MHCANCERC", and "MHCANCERNM" variables), or cardiovascular diseases ("MHHRTATT", "MHHRTDIS",
and "MHHRTDISB" variables), and a cohort including them ("group including cancer and cardiovascular
diseases") to study the impact of current or antecedents of cancer or cardiovascular diseases in
transposable element (TE) expression.
At this step, we removed samples identified by the GTEx analysis working group as suboptimal for use
in analysis ("SMTORMVE" variable) and we kept only samples for which the material type experiment
was described as RNA:Total RNA ("material type exp" variable). Then, we downloaded the remaining
FASTQ files.
We generated an "age group" variable from the subjects' age by using five classes of 10-year ranges:
[20,30],]30,40],]40,50],]50,60],]60,70].
Then, using PCA of gene expression and TE expression in the whole cohort and in the subgroups by
sex or by age group, we identified a strong clustering of subjects who were organ donors OPO (Organ
Procurement Organization), who were distinct from subjects who were not ("COHORT" variable) (**Fig. S1**).
We also found that the "COHORT" variable had a statistical significant relation with the age group (Fisher
test: P < 0.001) but not with the sex group (Fisher test: P = 0.185). Therefore, we considered the
"COHORT" variable as acting as a confounding factor and we excluded the smallest group of subjects, i.e.
subjects who were not organ donors OPO (n = 24). Finally, we obtained 80 files suitable for analysis in the
no disease group (**Fig. S2**) and 102 in the group including cancer and cardiovascular diseases (see **Tables
S1 and S4** for repartition of samples according to age and sex).
The median number of paired-reads (after trimming, see below) was about 44.6 million (Min: 27.0 –
Max: 141.1 million) for the 80 FASTQ of the no disease group and was about 44.3 million (Min: 27.0 –
Max: 141.1 million) for the 102 FASTQ in the group including cancer and cardiovascular diseases.

Dataset generated in this study: biological sample collection for 46,XX; 46,XY; 47,XXY; 47,XYY individuals
Twenty-five subjects were included: 13 had a sex chromosome aneuploidy (nine patients with a
47,XXY karyotype and four with a 47,XYY karyotype) and 12 had normal chromosomal formula (six
subjects with 46,XX karyotype and six with 46,XY karyotype). Median age was 30.0 years old (inter-
quartile interval: 25.0 – 35.0). Pairwise Wilcoxon test showed a significant difference in the age
distribution only between 46,XX and 46,XXY (P = 0.038) which was no longer significant after Holm
adjustment (P = 0.230) but likely due to a lack of statistical power. Therefore, we cannot exclude that age
is a confounding factor in the relation between TE expression and karyotype, however it would be a
conservatory bias for our predictions because 47,XXY (24.1 years old) and 47,XYY (29.5 years old) subjects
have a lesser mean age than 46,XX (39.2 years old) and 46,XY (41.5 years old) subjects.
All subjects signed a consent form for genetic analysis and the study was approved by the ethics
committee of the Lyon university hospital (number of the ethics committee: 22_385, number in the
register of the *Commission nationale de l'informatique et des libertés*: 22_5385).
Blood samples were collected on a PAXgene® tube, kept 2 hours at room temperature, and then
frozen at -80°C until extraction.
RNAs were thawed and extracted on a Maxwell® RSC system (Promega, Wisconsin, USA) with the
Maxwell® RSC SimplyRNA Blood kit. Quantity (fluorometric concentration) and quality (RNA Integrity
Number, RIN) of the extract were assessed by a fluorometric measurement (Quant-iT™ RNA Assay Kit,
Broad Range from ThermoFisher Scientific, Massachusetts, USA) on a Spark® reader (Tecan, Männedorf,
Switzerland) and by electrophoresis (TapeStation 4200® System from Agilent Technologies, California,

USA), respectively. Each sample was of acceptable RNA quantity (fluorometric concentration of nucleic
acids between 26.9 and 109.3 ng/µl) and quality (RIN between 5.8 and 9.3).
Libraries were prepared using the Illumina TruSeq Stranded Total RNA Lp Gold kit (Illumina Inc,
California, USA). Size homogeneity of the fragments was verified using the TapeStation 4200® System.
Average length of fragments was between 405 and 498 bp (including adapters). Library concentrations
were assessed by fluorometric measurement (Quant-iT™ 1X dsDNA HS Assay Kit from ThermoFisher) on a
Spark® reader. Concentrations were between 19.3 and 133.0 nmol/L.
The sequencing was performed on a NovaSeq 6000® system (Illumina Inc, California, USA) in paired-
end mode (2 x 151 cycles) having generated a median of 174 million (Min: 132 – Max: 206 million) pairs
of reads per sample (after trimming, see below).
Demultiplexing was performed with bcl2fastq (v2.20) to obtain FASTQ files. The 25 subjects were
divided into two sequencing runs (run 1: 14 subjects, run 2: 11 subjects) (**Table S7**).

Bioinformatic processing
Studying the TE expression is challenging due to their repeated nature. We used a methodology
adapted to repeated sequences to map and estimate the expression level of TE.
From this point, FASTQ files from GTEx dataset or our dataset were processed in the same way,
except that kallisto, TEcount and TEspeX tools were used in non-stranded mode for GTEx dataset and in
stranded mode for our dataset when necessary.
See pipelines in **Fig. S3 and S17**.

Input files
FASTQ files were used after verification and improvement of quality with the FastQC® and
Trimmomatic® softwares [28]. After trimming, read quality was good.
The whole human reference transcriptome (Human Release 32 GRCh38/hg38, gencode v32) was
downloaded from the University of California Santa Cruz (UCSC) table browser
(https://genome.ucsc.edu/cgi-
bin/hgTables?hgsid=814613547_qUmIEGan4K2f39cHvb9AgrKdRVdK&clade=mammal&org=Human&db=h
g38&hgta_group=genes&hgta_track=knownGene&hgta_table=0&hgta_regionType=genome&position=c
hr1%3A11%2C102%2C837-11%2C267%2C747&hgta_outputType=primaryTable&hgta_outFileName=)
with output format = "sequence" (fasta file) and used for the differential gene expression analysis. The
downloaded file contained 247541 transcript sequences (5' and 3' untranslated regions and coding DNA
sequences of each gene were included, introns were discarded, and repeated regions were masked).
A GTF file corresponding to Release 32 GRCh38/hg38 of the human reference genome was
downloaded in gencodegenes website https://www.gencodegenes.org/human/ (content =
"comprehensive gene annotation", regions = "CHR"). This file provided a correspondence between
transcripts (227463 transcripts names) and genes (60609 genes, including 19947 protein coding-genes).
The human reference sequence file for repeats (including TE copy sequences) was downloaded on the
UCSC table browser (https://genome.ucsc.edu/cgi-
bin/hgTables?hgsid=791366369_Zf0cNT7ykVM0ZQ0zErZRArSgvMEO&clade=mammal&org=Human&db=
hg38&hgta_group=allTracks&hgta_track=rmsk&hgta_table=0&hgta_regionType=genome&position=chr1
%3A11%2C102%2C837-11%2C267%2C747&hgta_outputType=primaryTable&hgta_outFileName=) with
output format = "sequence" (fasta file) and RepeatMasker track from the "Dec. 2013 GRCh38/hg38"
assembly of the human reference genome. This file contained sequences of 4886205 repeat copies, after
excluding transfer RNAs, ribosomal RNAs, small RNAs, repeats U1 to U13, and satellites (microsatellites,
GSATX, HSAT5). From this file, we built the "rosetta" file (**Data S1**) which provided a correspondence
between the 4886205 repeat copy sequence names and the repeat family names (1270 repeat families).
Since we did not have access to the genome of the participants, we could not determine the location of
each repeat copy in each individual which may vary from one to another. Therefore, the rosetta file
allowed us to regroup counts per repeat copy into counts per repeat family, independently of their
location in the genome. Of note, two TE copies belong to the same family if at least 80% of their
sequences on at least 80% of their lengths is identical [29].

Alignment and read counting

Using the transcript sequences from the whole human reference transcriptome, gene expression was quantified with Kallisto software (v0.46.1) [30]. The --rf-stranded option was added to deal with reverse stranded RNAseq data in our dataset only. Alignment to the reference transcriptome resulted in high mapping efficiency (**Table S7**).

Alignment and read counting on repeat families from the human repeat reference sequence file were realized with TEcount (v1.0.0) software from TEtools (https://github.com/l-modolo/TEtools). This tool uses Bowtie2 [31] as the aligner and we added the --nofw option to deal with reverse stranded RNAseq data in our dataset only. TEcount uses also the "rosetta" file to sum the read counts per repeat copy into read counts per repeat family [32].

Statistical analysis

Statistical analysis was performed using the R software (v 3.6.3). TheGTEx dataset and our dataset were computed separately using the same procedure described below.

We considered as gene or TE "expression" the number of counts aligned on each reference transcript or TE sequence and as "differential expression analysis" the statistical procedure to compare gene or TE expression between several conditions (i.e. sex, age group, or karyotype).

Data preparation

Differential expression (DE) analysis was performed separately for genes and for TEs. Two files were prepared for each purpose.

As a same gene can have several transcripts, the tximport R package (v1.14.2, Bioconductor) was used to sum the read counts per gene transcripts into read counts per gene using the GTF file mentioned above. Then, a file (txi file) containing the gene identifier (Ensembl nomenclature), the average gene length, and the estimated counts for all genes per sample was obtained.

For DE analysis on TE, we applied on the repeat family counts a normalization factor calculated only on the gene counts to avoid masking relevant biological information. Indeed, if all the repeat families in a sample were overexpressed, this relevant biological information would be erased by the normalization factor if this one was only calculated on repeat family counts [32]. To estimate the normalization factor, the gene identifiers and counts per gene were extracted from the txi file and merged with the TEcount file containing the repeat family names and counts per repeat family per sample. The length could not be included in the merged table since this variable was not available from the TEcount table (each repeat family is a collection of copies displaying a diversity of lengths, it is thus difficult to estimate the length of a TE family). This merged table was then imported in the DESeq2 tool (command DESeqDataSetFromMatrix). From this step, we removed counts on the following 24 snRNA, snpRNA, scRNA, or remaining satellites and rRNA repeat families: 7SLRNA, 7SK, LSAU, D20S16, REP522, SATR1, SATR2, ACRO1, ALR/Alpha, BSR/Beta, CER, 6kbHsap, TAR1, SST1, MSR1, SAR, GA-rich, G-rich, A-rich, HY1, HY3, HY4, HY5,5S. This allowed us to only consider the 1246 families corresponding to TE families out of the 1270 repeat families contained in the rosetta file.

For the DE analysis on genes, as the length was available for genes, a more reliable procedure was performed. The raw txi file was directly imported in DESeq2 (command DESeqDataSetFromTximport) and the average length of each gene could be used as a correction term (offset) in the DESeq2 statistical model described below to consider the length bias [33,34].

Differential expression analysis

The R package DESeq2 R (v1.26.0, Bioconductor) [33,34] was used to normalize the read counts to remove any depth sequencing bias or bias related to sequence length (when possible), and to fit a negative binomial model on the log2 of the normalized counts (dependent variable) according to two independent variables: sex (factor with 2 levels: female, male) and age group (factor with 5 levels: [20,30],]30,40],]40,50],]50,60],]60,70]) for the GTEx dataset, or karyotype (factor with 4 levels: XX, XY, XXY, XYY) and batch (factor with 2 levels: first batch, second batch) for our dataset. Indeed, we found a significant effect of the sequencing batch in our dataset that had to be taken into account in the statistical model (**Fig. S12 and S13**).

The statistical model provided variation of expression of a gene or a TE family between two
conditions expressed as log2 fold-change (log2FC) (i.e. log base 2 of the ratio of predicted normalized
counts between the two conditions).
Log2FC were compared to 0 with a Wald test. A likelihood-ratio test (LR test) was also performed to
assess whether adding an independent variable in the model provided relevant information compared to
the null model, i.e. to test whether gene or TE family expression was globally impacted by an
independent variable having more than two classes (age group or karyotype variables). A 0.05 False-
Discovery Rate (FDR) threshold value was used for significance and p-values were adjusted for multiple-
testing using the Benjamini & Hochberg procedure [35].
The thresholds for the outlier and the low mean normalized read count filters were set as default.
Graphics were generated after the data transformations proposed by the DESeq2 package authors:
variance stabilizing transformation for PCA, adaptive shrinkage for MA plots, log2 transformation of the
normalized counts for heatmaps [33,36].
The command removeBatchEffect (for unbalanced batches) from the limma R package (v3.46.0) was
used before PCA representations, heatmap representations and before building boxplots of normalized
counts according to the karyotype to deal with batch effect in our dataset.
When necessary, gene name, gene description, and gene localization were determined using the GTF
file and the command gconvert from the R package gprofiler2 (v0.1.9) [37] from the Ensembl gene (ENSG)
identifier.

Further analysis
GO term enrichment analysis:
A gene ontology (GO) analysis was performed on significantly differentially expressed genes (DE
genes) in the six pairwise karyotype comparisons (47,XYY vs 46,XX, 47,XXY, 46,XX, 46,XY vs 46,XX, 47,XYY
vs 46,XY, 47,XXY vs 46,XY, 47,XYY vs 47,XXY) after adjustment on the batch effect. The R package
gprofiler2 (v0.1.9) was used [37] with the g:SCS algorithm for multiple testing correction. The significance
threshold was set at 0.05.
Comparison of the global expression of TE:
We made another level of comparison of TE expression which assessed the global TE expression
rather than TE family expression separately. To do that, we summed all the normalized counts of each TE
family per individual and then we divided by the total number of normalized counts on genes and TE
families per individual. The Wilcoxon test was used to compare global TE expression between groups. P-
values were corrected for multiple testing using the Holm method [38].

Consensus-specific quantification of TE expression without TE insertions in exons and long non-coding
RNA
To test the robustness of our results, we re-analyzed our dataset with another procedure which also
permitted to avoid the spurious or non-autonomous expression of TE from exonic sequences and long
non-coding RNA sequences. To do that, we used a tool named TEspeX (v2.0.1) [39], with "--strand
reverse" option to deal with reverse stranded RNAseq data. We provided four input files to TEspeX. The
first was a file containing the consensus TE sequences (1179 sequences) generated from the Dfam
database using the instructions here https://github.com/fansalon/TEconsensus, keeping only "LINE"
"SINE" "DNA" "LTR" "RC" "Other" "Retroposon" repeat classes (except for 7SLRNA). The second and third
files containing cDNA and long non-coding RNA sequences (fasta files), respectively, were downloaded
from https://www.gencodegenes.org/human/ (content = "Protein-coding transcript sequences" and
"Long non-coding RNA transcript sequences", regions = "CHR", Release 43 GRCh38/hg38), as suggested
by the creators of the tool. As we worked with total RNAseq data, we took advantage of the "--mask"
TEspeX option to also remove spurious TE expression from introns of genes carried by the X or Y
chromosome. We did not remove expression from intronic insertions of autosomal genes to meet our
computer resources. For this purpose, we downloaded the intron sequences of genes carried by the X or
Y chromosome on the UCSC table browser https://genome.ucsc.edu/cgi-
bin/hgTables?hgsid=814613547_qUmIEGan4K2f39cHvb9AgrKdRVdK&clade=mammal&org=Human&db=h
g38&hgta_group=genes&hgta_track=knownGene&hgta_table=0&hgta_regionType=genome&position=c
hr1%3A11%2C102%2C837-11%2C267%2C747&hgta_outputType=primaryTable&hgta_outFileName=

with output format = "sequence" (fasta file), track "GENCODE V43" from the "Dec. 2013 GRCh38/hg38"
assembly of the human reference genome and without masking repeat sequences, then we removed
duplicate intronic sequences using seqkit rmdup command from seqkit tool (v2.4.0).
TEspeX provided a file containing the number of counts per TE consensus sequence for each
individual as output.

Appendices

Supplementary material including Supplementary text, Figures S1 to S21, Tables S1 to S12.
Data S1. Rosetta file
Data S2. List of all differentially expressed genes on X chromosome or Y chromosome according to
karyotype using LR test in our dataset, first regardless the gene type and then for protein coding genes.
Data S3. List of all differentially expressed genes (regardless their type) in each pairwise karyotype
comparisons after batch adjustment in our dataset
Data S4. GO analysis on our dataset

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Data, scripts, code, and supplementary information availability

414   Fastq files of our dataset were submitted to European Genome-phenome Archive (EGA ID of the
415 study: EGAS00001007462).
416   Scripts and code were described in detail in the Methods section but can be supplied upon request.

Conflict of interest disclosure

418   The authors declare that they have no financial conflicts of interest in relation to the content of the
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