A transmission bottleneck for malaria? Quantification of sporozoite expelling by
Anopheles **mosquitoes infected with laboratory and naturally circulating** *P.*
falciparum **gametocytes**

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Abstract

It is currently unknown whether all *Plasmodium falciparum* infected mosquitoes are equally
infectious. We assessed sporogonic development using cultured gametocytes in the Netherlands
and naturally circulating strains in Burkina Faso. We quantified the number of sporozoites
expelled into artificial skin in relation to intact oocysts, ruptured oocysts, and residual salivary
gland sporozoites. Sporozoites were quantified by highly sensitive qPCR; intact and ruptured
oocysts by fluorescence microscopy following antibody staining of circumsporozoite protein. In
laboratory conditions, higher total sporozoite burden in mosquitoes was associated with a
shorter duration of sporogony (p<0.001). Overall, 53% (116/216) of *P. falciparum* infected *An.*
stephensi mosquitoes expelled sporozoites into artificial skin. The geometric means of expelled
and residual salivary gland sporozoites were 116 (interquartile range (IQR: 33-501) and 21,016
(IQR: 9127-78,380), respectively. There was a strong positive correlation between ruptured
oocyst number and salivary gland sporozoite load (ρ=0.8; p<0.0001) and a weaker positive
correlation between salivary gland sporozoite load and the number of sporozoites expelled
(ρ=0.35; p=0.0002). In Burkina Faso, *An. coluzzii* mosquitoes were infected by natural
gametocyte carriers. Among mosquitoes that were salivary gland sporozoite positive, 97.2%
(36/37) expelled sporozoites with a geometric mean of 420 expelled sporozoites (IQR: 116-
2,779) and harbored a geometric mean of 35,149 residual salivary gland sporozoites (IQR:
20,310-164,900). Again, we observed a strong correlation between ruptured oocyst number and
salivary gland sporozoite load (ρ=0.9; p<0.0001) and a positive correlation between salivary
gland sporozoite load and the number of sporozoites expelled (ρ=0.7; p<0.0001). Mosquito
salivary glands in Burkina Faso harbored 1-3 distinct parasite clones; several mosquitoes expelled
multiple parasite clones during probing.

Whilst sporozoite expelling was regularly observed from mosquitoes with low infection burdens,
our findings indicate that mosquito infection burden is associated with the number of expelled
sporozoites. Future work is required to determine the direct implications of these findings for
transmission potential.

Introduction

Malaria transmission to mosquitoes depends on the presence of mature gametocytes in human peripheral blood that are ingested by a mosquito during blood feeding. Ingested parasites undergo several developmental transformations in a process called sporogony. After ingestion, gametocytes transform into male and female gametes that fuse to form a zygote. The zygote differentiates into a motile ookinete that penetrates the midgut epithelium to form an oocyst. Multiple rounds of mitotic replication result in the formation of sporozoites inside an oocyst. Upon oocyst rupture, sporozoites are released into the haemocoel and invade the salivary glands [1]. These sporozoites penetrate the distal portion of the two lateral and medial lobes of the glands and accumulate extracellularly inside secretory cavities before entering the salivary ducts [2]. Despite the large number of sporozoites in the cavities only a small proportion pass through the proximal part of the lobes where the salivary ducts become narrow [3,4], and only tens or low hundreds of sporozoites are assumed to be inoculated per mosquito bite [5]. Developmental bottlenecks during sporogony, as well as the size of the sporozoite inoculum, remain incompletely understood [5].

The density of gametocytes in human peripheral blood is an important determinant of human to mosquito transmission. Though infections with parasite densities below the microscopic threshold for detection can infect mosquitoes [6,7] the likelihood and infection intensity increases with the number of ingested gametocytes [4]. Because of the abundance of low-density gametocyte carriers among infected populations, these are considered important drivers of malaria transmission [8-10]. Importantly, this conclusion is based on the assumption that all infected mosquitoes are equally infectious regardless of oocyst densities.

In apparent support of this assumption single oocyst infections can result in thousands of salivary gland sporozoites [11,12]. A positive correlation between oocyst densities and salivary gland sporozoites was previously observed in *P. falciparum* [13-15] as well as in *P. vivax* [16], suggesting that on average 1000-2000 sporozoites reach the salivary glands per single ruptured oocyst. The few studies that quantified sporozoite inoculum by allowing mosquitoes to salivating into capillary tubes containing mineral oil, sucrose solution, or blood [17-19], estimated median inocula ranging between 8 to 39 sporozoites with a minority of mosquitoes expelling >100 sporozoites (reviewed in [5]).

While these studies provide some insights into sporozoite expelling and transmission dynamics,

they do not reflect natural feeding conditions. Also, microscopy techniques used to quantify

sporozoites may have underestimated the number of sporozoites [20]. Subsequent studies with

rodent *Plasmodium* models allowed natural mosquito probing through skin and showed a

positive association between sporozoite density in salivary glands and expelled sporozoite

numbers [20,21]. A recent study using a *P. yoelii* malaria model demonstrated that mosquitoes with

over 10,000 salivary gland sporozoites were 7.5 times more likely to initiate a malaria infection in

mice [21]. This finding has not been replicated for human malarias but is broadly consistent with

post-hoc analysis of infection likelihood in controlled human malaria infections (CHMI), where

only mosquitoes that had >1000 *P. falciparum* salivary gland sporozoites remaining after probing

(the residual sporozoite load) were capable of establishing an infection in malaria-naïve

volunteers [22].

If low oocyst/low sporozoite densities in mosquitoes are unlikely to initiate infections in

humans, this may have profound consequences for our understanding of transmission [23]. If

mosquitoes with low infection burdens have limited transmission potential then the rationale for

targetting low-density infections in humans that give rise to low infection burdens in mosquitoes

[4] may be diminished.

Here, we examined the progression of sporozoite development and the number of sporozoites

expelled into artificial skin by individual *Anopheles* mosquitoes infected either with *P. falciparum*

gametocyte cultures or in experimental infections with naturally circulating parasite strains. We

directly assessed the association between oocyst burden, salivary gland infection intensity and

the number of sporozoites expelled.

Results

Low numbers of *P. falciparum* sporozoites are quantifiable by qPCR

Multicopy mitochondrial COX-1 and 18S rRNA gene targets were analysed in octuplicate on serial

dilutions of sporozoites to assess qPCR performance and select the target that achieved highest

sensitivity and most consistent sporozoite detection. COX-1 outperformed 18S in detecting

sporozoites (**Supplementary Figure 1**), the limit of detection (LOD) and limit of quantification

(LOQ) for COX-1 qPCR was determined at 20 sporozoites per sample (8/8 sample positivity with a

coefficient of variation <2) (**Figure 1A**). Next, we confirmed the qPCR performance in

combination with the matrix that was used for expelling experiments by spotting serial dilutions

of sporozoites in whole-blood on INTEGRA® dermal substitute artificial skin [24] prior to nucleic

acid extraction. The matrix had no apparent impact on sporozoite detectability and

quantification (**Supplementary Figure 2**).

A comparative analysis of oocyst densities using mercurochrome staining and

immunostaining

Subsequently, mosquito feeding assays were performed by offering diluted *in vitro* cultured

gametocytes to mosquitoes to obtain a broad range of oocyst densities. The association between

log_{10} oocyst intensity and infection prevalence in mosquitoes was assessed using a logistic

regression model (using data from 457 mosquitoes, **Figure 1B**). Mosquito infection prevalence

was strongly associated with oocyst intensity, corroborating earlier work[25], with a strong positive

sigmoidal association and a 14.68 (95% CI: 8.18-26.35, p<0.0001) times higher odds of infection

prevalence associated with a 10-fold higher oocyst density. In this analysis, oocysts were

enumerated microscopically following standard mercurochrome staining. We previously used

3SP2-Alexa 488 anti-circumsporozoite (CSP) immunostaining to visualize ruptured and intact

oocysts [26]. The concordance between oocyst prevalence by standard oocyst mercurochrome

staining (day 8 post infection) and anti-CSP immunostaining on day 18 post infection (**Figure 1C**)

was investigated. For this, oocyst density distributions by both methods were compared within

batches of mosquitoes that were fed on cultured gametocytes during the same standard

membrane feeding assay (**Figure 1D**). We observed no statistically significant difference in oocyst

densities determined by day 8 mercurochrome staining (median 5 oocysts, IQR: 2-20, N=252)

and day 18 immunolabelling (median 6 oocysts, IQR: 2-14, N=167; Student t-test on log densities,

p=0.944).

Highly infected mosquitoes become salivary gland sporozoite positive earlier

Following assay validation, the extrinsic incubation period (EIP) was compared between

mosquitoes with low and high oocyst densities. Batches of high and low infected mosquitoes

were generated using standard membrane feeding assay with standard concentrations of

cultured gametocytes or culture material that was 5- or 10-fold diluted (**Figure 1B**). On day 8

post infection, 20 mosquitoes were dissected and batches that had ≥70% oocyst infection prevalence and means of ≤5 or >20 oocysts were selected for subsequent dissections (**Figure 1B**). On days 9, 10 and 11, salivary glands and the remaining mosquito body (that included the mosquito midgut) were collected separately and analysed for sporozoite density by COX-1 qPCR. Mosquitoes were then binned into four categories of sporozoite infection intensity, defined as the sum of mosquito body and salivary gland sporozoite density (**Figure 2A**). This total sporozoite density was examined in relation with the likelihood of being salivary gland sporozoite positive and thus having completed sporogonic development.

On day 9 post-infection, 54.3 % of highly infected mosquitoes (>50,000 sporozoites) were salivary glands sporozoite positive (**Figure 2A**) and had 3.17 (CI 95%: 0.7-14.4, p=0.4278) times the odds of being salivary gland positive compared to low infected mosquitoes with <1000 sporozoites (27.3% salivary gland sporozoite positive) (**Supplementary Table S1**). By day 10 post-infection, 82.2 % of mosquitoes with 10,000-50,000 (10k-50k) sporozoites were salivary glands positive and had 11.56 (CI 95%: 1.83, 73.25, p=0.0449) times the odds of being salivary glands positive compared to low infected mosquitoes with <1000 sporozoites (28.6 % salivary gland sporozoite positive). On day 11 post-infection, all 15 highly infected mosquitoes (>50,000 sporozoites) were salivary gland sporozoite positive and meaningful odds ratios and 95% CIs could not be determined. When considering the entire period over which EIP experiments were conducted, mosquitoes with > 50,000 sporozoites had a 13.44 times higher odds of being salivary glands positive compared to low infected mosquitoes (<1000 sporozoites; 95% CI: 4.02-44.88, p<0.0001) (**Supplementary Table S2**). Mosquitoes harbouring 10,000-50,000 sporozoites had a 5.98 times higher odds of being salivary glands positive when compared to low infected mosquitoes (CI 95%: 1.88-19.07, p=0.0119). These data demonstrate that EIP is shorter in high infected compared to low infected mosquitoes in a temperature and humidity controlled environment.

Sporozoite densities increase with oocyst age

To quantify the number of sporozoites per oocyst, individual oocysts were isolated from midguts on days 9 and 10 post infection [27] and stained with 1% mercurochrome. The median sporozoite density was 10,485 (IQR: 9171.3-12,322.5; 12 examined mosquitoes) per oocyst for day 9 and

182 15,390 (IQR: 10,600-20,887, 19 examined mosquitoes,) for day 10 (**Figure 2B**, p=0.04995, by
183 Welsch two sample t-test on $\log_{10}$-transformed data).

Oocyst density, salivary gland density, and the size of the sporozoite inoculum are
positively associated in mosquitoes infected with cultured gametocytes

We performed artificial skin feeding experiments with individual mosquitoes on day 15 post
infection to assess sporozoite expelling. To avoid interference of residual blood with oocyst
immunolabeling, we assessed mosquito oocyst density (ruptured and intact oocysts) and
sporozoite density in the salivary glands on day 18, allowing 3 days for bloodmeal digestion. This
approach allowed us to determine the density of intact and ruptured oocysts and associate this
to sporozoite density in the same mosquito. It was noted that a minority of oocysts failed to
rupture during this time span; 5% (93/1854) of all oocysts were visually intact and 88.3%
(166/188) of examined mosquitoes had at least one unruptured oocyst on day 18. While we
observed good concordance between oocyst densities by mercurochrome staining on day 8 and
immunostaining on day 18 post infection (**Figure 1D**), oocysts sporadically did not take up the
3SP2-Alexa488 anti-CSP antibody labelling (**Supplementary Figure 3**). In 54% (12/22) of
mosquitoes without evidence of ruptured oocysts, we observed salivary gland sporozoites.
Nevertheless, there was a strong positive association observed between ruptured oocysts and
salivary gland sporozoite load (ρ=0.80, p<0.0001; N=185) (**Figure 3B**). When intact oocysts were
also included, this association was nearly identical (ρ=0.80, p<0.0001; N=185) (**Supplementary**
Figure 4A). We estimated a median of 4951 (IQR: 3016-8318) salivary gland sporozoites per
ruptured oocyst in *An. stephensi*. Next, the association between sporozoite density and the
number of expelled sporozoites (inoculum size) was determined. For this, individual mosquitoes
in miniature cages were allowed to probe for a maximum of 8 minutes on blood-soaked artificial
skin (**Supplementary Figure 5**). The skin on the feeder (surface feeding area 201 mm^2) was used
as input for DNA extraction with excess skin discarded, after we confirmed that there was no
evidence for sporozoite migration outside this area (**Supplementary information S1**).

Among all mosquitoes used in skin feeding experiments, 53% (116/216) expelled sporozoites at
any parasite density, and 45% (97/216) expelled sporozoites above our threshold for reliable
detection and quantification of 20 sporozoites/skin (**Supplementary Figure 6**). In line with
previous work with rodent malaria species *P. berghei* [28], sporozoite expelling was observed in

mosquitoes that did not take a bloodmeal; 33% (5/15) of mosquitoes that probed but failed to

take a blood meal expelled sporozoites (sporozoite range 5-1802). To examine sporozoite

expelling in relation to infection burden, mosquitoes were binned into four categories of salivary

gland infection intensity that was estimated by combining the residual sporozoite load in the

salivary glands and the sporozoites successfully expelled into the skin. In this way also heavily

infected mosquitoes that expelled the majority of sporozoites were categorized as heavily

infected. We observed a strong positive association between oocyst sheets and total salivary

gland sporozoite load (Spearman's correlation coefficient (ρ) = 0.80, p<0.0001; N=111; **Figure**

3B). When examining this association for different ranges of oocyst intensity (<5, <10, <20

oocysts), correlation estimates remained highly similar and statistical significance was retained

(**Supplementary Table S3**).

We observed no statistically significant association between salivary gland infection intensity and

the prevalence of expelling sporozoites (**Figure 3A;** 95% CI: 0.74 - 0.85); p=0.1880). Among

mosquitoes that expelled sporozoites, the geometric mean number of expelled sporozoites was

126 (IQR: 30-501) while the highest number of sporozoites detected in skin was 4166. We

observed a weak but statistically significant positive association between total sporozoite load

and the number of expelled sporozoites (ρ=0.35, 95% CI: 0.17 - 0.50; p=0.0002; N=112; **Figure**

3C). When examining this association for different ranges of total sporozoite load (<10,000;

<50,000; <100,000 sporozoites), correlation estimates remained highly similar although this

correlation lost statistical significance when only including low total sporozoite loads <10,000

sporozoites (ρ=0.29; 95% CI: -0.07 - 0.58, p=0.1094) (**Supplementary Table S3**). When we

included 26 observations from mosquitoes that did not expel any sporozoites we observed no

statistically significant association between total sporozoite load and the number of expelled

sporozoites (ρ=0.016, 95% CI: -0.12, 0.16; p=0.8321; **Supplementary Figure 7**).

We observed no evidence for a sharp increase in sporozoite expelling at sporozoite densities

≥10,000, as was previously described in rodent malaria models [21]; 28% (53/186) of our

mosquitoes harbored sporozoites below this density. Among these low-infected mosquitoes,

64% (34/53) expelled sporozoites and the median number of expelled sporozoites was 67 (IQR:

13-128).

Natural infected mosquitoes in Burkina Faso show comparable correlation between oocyst density, salivary gland density and sporozoite inoculum

Seven gametocyte donors (age 5-15 years) were recruited in Balonghin, Burkina Faso. Their blood was offered to locally reared *An. coluzzii* via membrane at the gametocyte density observed and following gametocyte enrichment by magnetic activated cell-sorting whereby gametocyte concentration was increased ~3-4-fold (**Supplementary Table S4**). Five donors infected mosquitoes in at least one of these two conditions (**Figure 4A**); as expected mosquito infection rates and oocyst densities were significantly increased after gametocyte enrichment (**Supplementary Table S4**). Mosquito batches with ≥50% infection prevalence were used for artificial skin feeding experiments as described above. From a total of 53 mosquitoes, salivary gland sporozoites were detected in 69% (37/53). 31 mosquito midguts were available for immunolabelling of which 67.7% (23/31) had oocyst sheets detected by immunolabelling on day 19 and nearly half of these (48% [15/31]) had <5 oocyst sheets. Two mosquito midguts were negative by immunolabeling while their residual salivary gland sporozoite loads were 7958 and 14,750 respectively, suggesting oocyst staining failure or rupture followed by complete oocyst disappearance. 87.8% (370/421) of all detected oocysts ruptured while 39% (9/23) of oocyst positive mosquitoes harbored at least one intact oocyst (range 1-19). Failure to rupture was uncommon in low infected mosquitoes (≤5 oocysts, N=80) where only 2 midguts had 1 intact oocyst. Among 53 mosquitoes used for artificial skin feeding on day 16 post-infection, 89% (33/37) salivary gland sporozoite positive mosquitoes with a median of 45,100 residual salivary gland sporozoites (IQR: 20,310-164,900) expelled a median of 1035 sporozoites (IQR: 171-2969). We estimated a median of 6350 (IQR: 4225-8475) salivary gland sporozoites per ruptured oocyst in these experiments. Three skin samples were positive by COX-1 qPCR (range 1-64) while salivary glands were negative, suggesting either all sporozoites were expelled or a technical failure in DNA extraction from the salivary glands. AMA-1 amplicon sequencing was conducted on extracted salivary glands and artificial skins for mosquitoes that expelled sporozoites at any quantity. Among 22 mosquitoes that were infected from three gametocyte donors we identified 10 unique clones; 68.2% (15/22) of the infected mosquitoes that were tested harbored multiclonal infections. Following probing and successful sporozoite expelling, 10 skin samples contained more than one *P. falciparum* clone (45.5%; 10/22) (**Figure 5**).

During the artificial skin feeding, 30% (16/53) of probing mosquitoes did not ingest blood of

which 68% (11/16) expelled sporozoites (range 1-11,970). There appeared to be a trend towards

higher prevalence of expelling with increasing sporozoite density (**Figure 4B**). There was a strong

association between ruptured oocyst density and total salivary gland sporozoite density (ρ=0.84,

95% CI: 0.80 - 0.95; p<0.0001) (**Figure 4C**); when intact oocysts were also included the

association was very similar (ρ=0.86, p<0.0001; N=30) (**Supplementary Figure 4B**). When

examining these associations for different ranges of oocyst intensity (<5, <10, <20 oocysts),

correlation estimates remained highly similar and statistical significance was retained

(**Supplementary Table S3**). There was also a strong positive association between total sporozoite

load and the number of sporozoites expelled (ρ=0.71, 95% CI: 0.52 - 0.82; p<0.0001) (**Figure 4D**).

When examining this association between total sporozoite load and expelling for different

ranges of total sporozoite load (<10,000, <50,000, <100,000 sporozoites), correlation estimates

remained similar and statistically significant (**Supplementary Table S3**).

Discussion

We examined *P. falciparum* sporogony in different mosquito species by employing sensitive

molecular and staining techniques in conjunction with mosquito probing experiments on

artificial skin. Through the visualization of ruptured oocysts and the simultaneous quantification

of sporozoites that are expelled by individual mosquitoes, we observed that 95% of oocysts

rupture to release sporozoites and that higher salivary gland sporozoite load is associated with

shorter time to colonization of salivary glands and larger inoculum size.

The proportion infectious mosquitoes is a central component of malariometric indices, both in

terms of quantifying the force of infection and the human infectious reservoir. The

entomological inoculation rate (EIR) is defined as the number of infectious bites per person per

time-unit and is the product of human biting rate and the proportion of sporozoite-positive

mosquitoes [29,30]. While EIR is a common measure of human malaria exposure, mosquito

infection prevalence is used in this calculation and thus assumes all sporozoite-positive

mosquitoes are equally infectious [31]. Similarly, assessments of the human infectious reservoir for

malaria typically take the number of oocyst-positive mosquitoes as measure of transmission [10,32]

and thereby not only assume that all oocysts will lead to salivary gland sporozoites but also that

all oocyst positive mosquitoes have equal transmission potential. Recent work with a rodent
malaria model challenged this central assumption[21]; we provide the first direct evidence for *P.*
falciparum that sporozoite burden may indeed be a relevant determinant in efficient sporozoite
expelling.

In the current study, we assessed sporozoite expelling by mosquitoes carrying low and high
infection burdens. Our findings confirm that the vast majority (~95%) of oocysts rupture to
release sporozoites. This estimate is higher than a previous study with cultured gametocytes
(~72%) [15] that did not provide a second bloodmeal that may accelerate oocyst maturation [33]; a
second bloodmeal also better mimics natural feeding habits where multiple bloodmeals are
taken within the period required for sporogony. Moreover, we observed a strong positive
association between sporozoite salivary gland load and ruptured oocyst density in mosquitoes
infected with both cultured and naturally circulating gametocytes, with similar median numbers
of 4951 (IQR: 3016-8318) and 6350 (IQR: 4225-8475) salivary gland sporozoites per ruptured
oocyst in *An. stephensi* and *An. coluzzii* respectively. Previous studies have shown that despite
the substantial release of sporozoites per oocyst, only a proportion of sporozoites successfully
reach the salivary glands [11,34]. In line with this, we observed considerably higher sporozoite
estimates in intact oocysts (10,485-15,390 sporozoites per oocyst). Whilst these sporozoite
estimates are higher than commonly reported [5], an early study from the 1960s reported
microscopy-detected sporozoite densities above 9000 sporozoites per oocyst [12] and a recent
study using qPCR similarly observed up to 12,583 sporozoites from a single oocyst [35]. These high
sporozoite numbers per oocyst also mean that, different from *P. yoellii* [21] and *P. berghei* [22], only
a minority of infected mosquitoes had sporozoite densities below the threshold values
previously reported in relation to a very low likelihood of achieving secondary infections. Even
among infected *An. stephensi* mosquitoes with only 1 ruptured oocyst, 92.9% (26/28) had >1000
and 35.7% (10/28) had >10,000 sporozoites in their salivary glands. In our experiments in natural
gametocyte carriers in Burkina Faso, only 2 mosquitoes were observed with single oocysts and
both had >10,000 salivary gland sporozoites. Although *P. falciparum* sporozoite densities below
these lower thresholds were thus uncommon, we observed that 39% of sporozoite-positive
mosquitoes across a wide range of infection densities failed to expel sporozoites upon probing.
This finding broadly aligns with an earlier study of Medica and Sinnis that reported that 22% of *P.*

yoelii infected mosquitoes failed to expel sporozoites [20]. For highly infected mosquitoes, this

inefficient expelling has been related to a decrease of apyrase in the mosquito saliva [36,37].

Importantly, we observed a positive association between salivary gland sporozoite density and

the number of expelled sporozoites. For unknown reasons, this association was markedly

stronger in experiments where *An. coluzzii* mosquitoes were infected using blood from

gametocyte carriers who were naturally infected with *P. falciparum* in Burkina Faso, compared

to *An. stephensi* mosquitoes infected with cultured gametocytes. In our experiments with

natural gametocyte carriers, sporozoite density appeared associated with both the likelihood of

expelling any sporozoites and the inoculum size. The most heavily infected mosquitoes expelled

~14-fold higher sporozoite numbers compared to the lowest quartile. In addition, we found

evidence that the extrinsic incubation period (EIP) – the period required for a mosquito to

become salivary gland sporozoite positive – is shorter for heavily infected mosquitoes. Previous

studies have not found consistent effects of parasite burden on EIP [38,39] but, unlike our

experiments, were also not specifically designed to examine this association across a broad

range of infection intensities. Our associations of a shorter EIP in highly infected mosquitoes and,

in separate experiments, a larger sporozoite inoculum size for highly infected mosquitoes make

mosquito infection intensity a plausible factor in determining onward transmission potential to

humans. Heavily infected mosquitoes may be infectious sooner and be more infectious. On the

other side of the infection spectrum, it is conceivable that submicroscopic gametocyte carriers

that typically result in low oocyst burdens in mosquitoes give rise to infected mosquitoes with a

reduced transmission potential. This would greatly reduce their importance for sustaining

malaria transmission and make it less important to identify individuals with low parasite

densities for malaria elimination purposes [40]. At the same time, we occasionally observed high

sporozoite inocula from mosquitoes with low infection intensity. This argues against a clear

threshold sporozoite or oocyst density below which mosquitoes are truly irrelevant for

transmission. Moreover, the high number of sporozoites per oocyst make it plausible that even

the low oocyst burdens that are typically observed from asymptomatic parasite carriers (in the

range of 1-5 oocysts/infected gut [8,32]) would be sufficient to result in salivary gland sporozoite

loads that are sufficient to result in secondary infections.

Our study leaves a number of questions and has several limitations. While the use of two
mosquito and gametocyte sources was a relevant strength of our study; an uncertainty relates to
the choice of artificial skin that has a realistic 1.33 mm thickness but is arguably less natural than
microvascularized skin with all the natural cues for mosquito probing. We initially considered
filter paper cards to study expelling [41] (**Supplementary Figure 8**) but this approach was
abandoned because of a marked loss in sensitivity due to incomplete DNA recovery (~10-fold
signal reduction) [42] and since it is definitely not a natural skin mimic. Whilst genuine skin might
have improved natural feeding behaviour, probing and blood-feeding were highly efficient in our
model and we see no reasons to assume bias in the comparison between high- and low-infected
mosquitoes. Our assessments of EIP and of sporozoite expelling did not demonstrate the viability
of sporozoites. Whilst the infectivity of sporozoites at different time-points post infection has
been examined previously [43], these experiments have never been conducted with individual
mosquitoes. In vitro experiments that aim to determine the infectivity of single mosquito bites
would ideally retain the skin barrier that may be a relevant determinant for invasion capacity
and use primary hepatocytes. These experiments were beyond the scope of the current work
and would also not provide conclusive evidence on the likelihood of achieving secondary
infections. Given striking differences in sporozoite burden between different *Plasmodium*
species – low sporozoite densities appear considerably more common in mosquitoes infected
with *P. yoelii* and *P. berghei* [5,22,44], and the inherent limitations of in vitro studies, the association
between sporozoite inoculum size and the likelihood of achieving secondary infections may be
best examined in controlled human infection studies. CHMI experiments can be specifically
designed to estimate the likelihood that probing by (individual) high- and low infected
mosquitoes results in blood-stage infection in malaria naïve volunteers. Whilst laborious, CHMI
studies are unique in allowing definitive evidence on possible differences in infectiousness
between high and low infected mosquitoes.

In conclusion, we observed that the majority of oocysts rupture and contribute to salivary gland
infection load. We further observe that this sporozoite load is highly variable and an important
determinant of the number of sporozoites that is expelled into the skin upon probing.

Methods

P. falciparum in vitro culture and mosquito infection

Plasmodium falciparum gametocytes, NF54 (West-Africa) and NF135 (Cambodia) [45,46] were cultured in an automated culture system [47] and maintained as previously described at Radboudumc, Nijmegen [48]. *An. stephensi* mosquitoes, Nijmegen Sind-Kasur strain [49], were reared at 30°C and 70-80% humidity with a 12-hour reverse day/night cycle. To have a range of infection intensities in mosquitoes, undiluted and diluted cultured gametocytes (0.3%-0.5% gametocytes) were generated in heparin blood. 100-150, 1-3-days old female mosquitoes were fed using glass membrane mini-feeders [50].

Mosquito feeding on gametocyte carriers who were naturally infected with *P. falciparum*

P. falciparum gametocyte donors were recruited at schools in Saponé Health District, 45 kilometres southwest of Ouagadougou. Following informed consent, finger prick blood was examined for gametocytes by counting against 500-1000 white blood cells (WBCs) in thick blood films. The gametocyte counts were done by two independent microscopists and expressed as density/µL by assuming 8,000 WBCs per µL of blood (**Supplementary Table S5**). If gametocyte densities were above 16 /µL, 2-5mL of venous blood was drawn by venepuncture in Lithium heparin tubes (BD Vacutainers, ref. 368496) and transported to Centre National de Recherche et de Formation sur le Paludisme (CNRFP) insectary in Ouagadougou in thermos flasks filled with water at 35.5°C [51].

700 µL of whole blood was used for immediate feeding, that was performed as described elsewhere, using 3 to 5 day-old *Anopheles coluzzii* mosquitoes per glass mini feeder (Coelen Glastechniek, The Netherlands) that was attached to a circulating water bath set up at 38°C (Isotemp®, Fisher Scientific) [52,53]. 50 mosquitoes per cup (starved for 12 hours) were allowed to feed in the dark for 15-20 minutes through a Parafilm membrane. To increase mosquito infection prevalence and intensity, 1mL of blood was used to enrich gametocytes with magnetic cells sorting columns (MACS), as described by Graumans et al. [54] (**Supplementary Figure 9**). In this process, a pre-warmed 23G hypodermic needle (Becton Dickinson, Franklin Lakes, NJ) was attached to an LC column on a QuadroMACS™ separator (MiltenyiBiotech, UK) that was placed inside a temperature-monitored incubator (37°C). The flow-through was collected in a 15ml

Falcon tube. Following hydration with 1ml RPMI, 1ml donor blood (Lithium Heparin) was added
to MACS column. The column was rinsed with 2ml warm RPMI. The 15mL Falcon tube was
replaced with a new tube, and the needle was removed. Enriched (bound) gametocytes were
washed off the column with 4ml of warm RPMI, the plunger was used to press the last 1mL of
medium through the column. The two 15ml Falcon tubes, one with the blood mixed to RPMI and
the second with the gametocyte suspension were spun down at 2000rpm for 5 minutes in a
temperature-controlled centrifuge at 37°C (Eppendorf 5702 R). RPMI supernatant was removed
from both tubes with 3ml disposable Pasteur pipettes. To prepare the mosquito blood meal, the
small visible pellet of concentrated gametocytes (~30µl), was resuspended with 150µl of
prewarmed malaria naïve serum (Sanquin Bloodbank, Nijmegen, The Netherlands) with a blunt
needle and 200µl of the patients packed red cells were added and mixed. About 350µl
gametocyte enriched blood meal was added to a water-jacket glass feeder as described above.
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Mosquito husbandry and oocyst detection by mercurochrome staining
In both insectaries, at Radboudumc (The Netherlands) and at CNRFP (Burkina Faso), following
membrane feeding unfed mosquitoes were immediately removed from cups with an aspirator.
On day 4-6 post infection mosquitoes were given a second blood meal to synchronize oocyst
development. Mosquitoes were kept at 27–29°C in the insectaries on 5-10% glucose and
dissected 7-8 days to assess infection prevalence. 20 mosquito midguts were stained with 1%
mercurochrome and oocysts were examined and confirmed by two independent microscopists
at 400X under an optic microscope (CX 40 Olympus). If oocysts prevalence was above 40%,
infected mosquitoes were transferred to the bio-secure insectary in Nijmegen, whilst in
Ouagadougou cups with infected mosquitoes were placed into secured metal cages
(30x30x30cm) and kept in a temperature and relative humidity controlled environment (27–29°C
and 70-80% HR) with double screened doors to prevent escaping sporozoite positive
mosquitoes.
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Extrinsic incubation period
The extrinsic incubation period (EIP) defined as duration of sporogony was estimated in *An.*
stephensi mosquitoes in order to assess i) the best day to perform the expelling experiment, and
ii) if EIP differed in low vs high infected mosquitoes. Cages containing 150 mosquitoes were fed

with *P. falciparum* NF54 and NF135 gametocytes, and 20 midguts were dissected on day 6-8 post

infection (PI) to assess oocyst infection intensity. Groups of low (mean of 5 oocysts) and high

(mean of 20 oocysts) infected mosquitoes (prevalence of infection >70%) were maintained in a

secure insectary until salivary glands dissections were performed on day 9-10-11. Salivary glands

for individual mosquitoes were collected in 1,5mL Eppendorf tubes containing 180µl oocyst lysis

buffer (NaCl 0.1M: EDTA 25mM: TRIS-HCl 10mM), and stored at -20°C for further molecular

analysis. Mosquito bodies were first homogenised by beat-beating as previously described [55], in

100µl PBS.

Sporozoite expelling experiments

15 and 16 days post feeding, at Radboudumc and CNRFP respectively, infected mosquitoes were

used to quantify the number of expelled sporozoites. To prevent contamination, all instruments

and equipment were cleaned from nucleic acids by 30-min exposure to sodium hypochlorite

(10% in H2O), rinsed with water and paper dried on the day before the experiment. New gloves

were used each time the experiments were performed. Integra dermal substitute (Dermal

Regeneration Template, single layer 20x25cm, ref number 68101), hereafter referred to as

artificial skin, was cut into 3.5cm squares. Squares were transferred to Petri dishes filled with

sterile nuclease-free water (VWR, E476), and left overnight at room temperature (RT).

Mosquitoes were individually collected in small Perspex cages (5x5x7cm, covered with netting

material on the top and bottom sides) (**Supplementary Figure 5C**). Mosquitoes were starved 14-

16 hours prior to feeding. On the day of the expelling experiment, artificial skin was transferred

with gloves to an inverted positioned glass membrane mini-feeder (convex bottom, 15mm

diameter, ref 70172000) connected to a heated circulating water bath (CORIO C-B5, Julabo) set

to 39°C. A rubber band was wrapped around the feeder to secure the artificial skin. Paper tissue

was gently pressed on the skin four times to absorb water. 100 µL of naïve donor blood (EDTA,

BD Vacutainers, ref. 367525) was pipetted on the circular artificial skin area and spread evenly

across the surface with the horizontal side of the tip. The feeder was then turned around and

placed on top of the cage, without touching the netting, with a maximum of eight minutes for

mosquito probing. Following mosquito probing, a scalpel (Dalhausen präzisa plus, no 11) was

used to cut the artificial skin above the rubber band around the entire feeder. The artificial skin

was transferred with tweezers to a 1,5mL Eppendorf tube containing 180µl oocyst lysis buffer,

and stored at -20°C. After feeding, mosquitoes were transferred to metal cages. Mosquitoes
were kept at 27-29°C in the insectaries on 5% glucose.

Immunolabelling of intact and ruptured oocysts

Mosquitoes were allowed to digest blood for three days to prevent interference with
immunolabelling; mosquito salivary glands and midguts were dissected on day 18 PI for *An.*
stephensi (Nijmegen), and day 19 PI for *An. coluzzii* (Burkina Faso). Salivary glands were collected
in 1,5mL Eppendorf tubes containing 180µl oocyst lysis buffer (NaCl 0.1M: EDTA 25mM: TRIS-HCl
10mM), and stored at -20°C for further molecular analysis. Midguts were dissected in 20 µl
phosphate buffered saline (PBS, pH 7.2) without mercurochrome. For experiments performed in
Nijmegen, *An. stephensi* midguts were transferred to a fresh drop of (1:400) 3SP2-Alexa488 anti-
CSP antibodies and incubated for 30 minutes at RT in a slide humidity incubation box. Following
staining, midguts were washed twice with 10µl of PBS for 10 minutes. Midguts were transferred
to glass slides and secured with a cover slip. Intact/degenerated and ruptured oocysts were
counted using an incident light fluorescence microscope GFP filter at 400X. Due to lack of
fluorescence microscopes at CNRFP, we combined a formalin fixation method with
immunostaining. *An. coluzzii* midguts were transferred into individual screw cap tubes
(Eppendorf) filled with 400µl of 4% formalin and stored at 4°C until shipped to the Netherlands.
Midguts stored in 4% formalin were collected by using a p1000 Gilson pipette with the point of
the tip cut and placed on a slide. Midguts were rinsed from formalin 3 times in PBS 1X-Tween
0.05% by moving the midgut with a needle from drop to drop. They were then transferred to a
fresh drop of 3SP2-Alexa488 anti-CSP antibodies (1:400) and incubated for 20 minutes. Midguts
were rinsed in PBS and examined as described above (**Supplementary Figure 10**).

Sample extraction, sporozoite quantification by qPCR and amplicon deep sequencing

Serial dilutions of *P. falciparum* sporozoites were generated to prepare standard curves for
qPCR. Therefore pooled salivary glands from highly infected mosquitoes were collected in a glass
pestle grinder that contained 500µl PBS. The sample was homogenised and subsequently diluted
100 times in PBS. Sporozoites were transferred to a hemocytometer and counted under a phase
contrast light microscopy (400x magnification), by two independent microscopists. Serial
dilutions were prepared in PBS, using glass test tubes and low binding tips. For each
concentration, 100µl was filled out in a 1,5ml Eppendorf tube. Eppendorf tubes were stored at -

70°C for at least one day before sample processing. Prior to DNA extraction, 30μl proteinase K

(Qiagen, cat no. 19133) was added to Eppendorf tubes containing collected artificial skin and

salivary glands samples. PBS was added to all samples to have an equal volume (410μL) before

incubation overnight at 56°C. The following day, total nucleic acids (NA) were extracted with the

automated MagNA Pure LC instrument (Roche) using the MagNA Pure LC DNA Isolation Kit –

High performance (Roche, product no. 03310515001), and eluted in 50μL. Samples were used

immediately or stored at -20°C. *P. falciparum* sporozoites were quantified by qPCR, targeting the

mitochondrial gene COX-1. A previously published primer set [56] was modified to improve

template annealing, forward primer 5'-CATCAGGAATGTTATTGCTAACAC-3' and reverse primer 5'-

GGATCTCCTGCAAATGTTGGGTC-3', resulting in an amplicon length of 112bp. A probe was

designed for amplicon detection 6FAM-ACCGGTTTTAACTGGAGGAGTA-BHQ1. qPCR reactions

were prepared with TaqMan Fast Advanced Master Mix (Applied Biosystems, ref 4444557). For

each reaction was used 12.5μl mix, 0.4μl primers (stock 50μM, final concentration 800nM), 0.1μl

probe (stock 100μM, final concentration 400nM) 7μl PCR grade water and 5μl template DNA. In

each run, standard curves and negative controls (water) were included. Melt curves were visually

inspected. Samples were run on a Bio-Rad CFX 96 real time System at 95°C for 15 sec, followed

by 30 cycles of 95°C for 15 sec, 60°C for 60 seconds. To identify unique clones in mosquitoes

infected by gametocyte donors with naturally acquired *P. falciparum* gametocytes, samples were

genotyped by apical membrane antigen 1 (AMA-1) amplicon sequencing as previously described

[57].

Statistical analysis

Statistical analyses were performed in R, version 3.1.12 [58]. Associations between log_{10} oocyst

intensity and infection prevalence was modelled using a logistic regression model (using N=457,

Figure 1B). The difference in mean log_{10} oocyst densities between staining types were compared

using a t-test (t = 0.070075, df = 405, p-value = 0.9442, N=406, **Figure 1D**). The association

between total sporozoite density and experiment day with the prevalence of salivary gland

sporozoite was modelled using a mixed effects logistic regression with a random intercept for

the different experiments (using N=266, **Figure 2A**). Welsch t-test was used to compare

sporozoite density between days 9 and 10 (t = -2.0467, df = 28.66, p=0.04995, N=31, **Figure 2B**).

The association between total sporozoite load and sporozoite expelling prevalence was modelled

using a logistic regression (using N=186, **Figure 3A**).

Spearman's correlation coefficient (ρ) was used to assess the association between oocyst sheets
and salivary gland sporozoite load (one outlier not included), (ρ=0.80, 95% CI: 0.74, 0.85;
p<0.0001; N=111, **Figure 3B**); the association between total sporozoite density and the number
of sporozoites that was expelled into the artificial skin (ρ=0.35, 95% CI: 0.17 - 0.50; p=0.0002;
N=112, **Figure 3C**) (one outlier not included); the associations between ruptured oocyst density
and total sporozoite load, and between total sporozoite load and skin expelling (ρ=0.9, 95% CI:
0.80, 0.95; p<0.0001; N=25, **Figure 4C**) and (ρ=0.71, 95% CI: 0.52 - 0.82; p<0.0003; N=25, **Figure**
4D).

Ethics declarations

The study protocol in Burkina Faso was approved by the London School of Hygiene and Tropical
Medicine ethics committee (Review number: 14724), the Centre National de Recherche et de
Formation sur le Paludisme institutional review board (Deliberation N°
2018/000,002/MS/SG/CNRFP/CIB) and the Ethics Committee for Health Research in Burkina Faso
(Deliberation N° 2018–01-010). Experiments with in vitro cultured parasites and *An. stephensi*
mosquitoes at Radboud university medical center were conducted following approval from the
Radboud University Experimental Animal Ethical Committee (RUDEC 2009-019, RUDEC 2009-
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Consent for publication

All authors have given their consent for this publication.

Competing interests

The authors declare that they have no competing interests.

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Contributions

Conceptualization and study design were done by C.A., W.G., P.S., K,L. and T.B. Formal analysis,
visualization, data curation were done by J.R. and T.B. Methodology was performed by C.A.,
W.G, K.L., G.J. S.H; Z.S and G.M performed samples collection and sporozoite expelling in Burkina
Faso. Manuscript drafting, review and editing was by C.A.,W.G, J.R, K.L. and T.B. Supervision and
project administration was done by K.L, T.B, G.G, M.G, A.B.T. Resources, funding acquisition by
T.B. All authors reviewed the manuscript.

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Figure. 1 The detectability of sporozoites by molecular methods and oocysts by immunolabeling. A.
qPCR performance for *P. falciparum* sporozoites. Serial dilutions of sporozoites (x-axis) were prepared in
PBS and assessed in octuplicate on a single plate to determine qPCR COX-1 limit of detection and
quantification. Dots represent sample cycle threshold (left y-axis), and bars coefficient of variation (right
y-axis). For each serial dilution Ct sample positivity is shown as the percentage (%) of total tested. **B.** The
relationship between oocyst density versus infection prevalence from 457 membrane feeding
experiments using cultured gametocytes. Colours represent regular feeds (red) and those selected for
performing experiments on the extrinsic incubation period (EIP; green) or sporozoite expelling
experiments (blue). **C.** Immunofluorescence staining with 3SP2-Alexa 488 anti-CSP. Empty sheet and
intact oocyst. **D.** Violin plots of oocysts staining - day 8 post infection by mercurochrome (purple) and -
day 18 by 3SP2-Alexa 488 anti-CSP immunostaining (yellow) for cultured parasites. Box plots show
interquartile range, whiskers show the 95% intervals.

Figure. 2 Extrinsic Incubation Period in high versus low infected mosquitoes. A. Total sporozoites (SPZ)

per mosquito in body plus salivary glands (x-axis) were binned by infection load <1k; 1k-10k; 10k-50k;

>50k and plotted against the proportion of mosquitoes (%) that were sporozoite positive (y-axis) as

estimated from an additive logistic regression model with factors day and SPZ categories. 120, 120, 40

mosquitoes were dissected on day 9 (blue), 10 (dark green), 11 (light green) respectively (**Supplementary**

information S2). Error bars show the 95% confidence intervals. **B.** Violin plots of sporozoite density (SPZ)

in single oocysts dissected on day 9 (purple) and day 10 (green). The box indicates the interquartile range

(IQR) (Q1 and Q3 quartiles) and the median. Lines extending Q1 and Q3 quartiles indicate the range of the

data within 1.5 times IQR.

Figure 3. Sporozoite expelling in relation to infection burden in *Anopheles stephensi* mosquitoes infected with cultured gametocytes. A. Binning of mosquitoes by total sporozoite load and expelling prevalence (N=186) **B.** The number of ruptured oocysts stained by 3SP2-Alexa 488 anti-CSP and fluorescent microscopy (X-axis) in relation to total salivary gland sporozoite density (Y-axis), assessed by COX-1 qPCR; ρ=0.80 (CI: 0.74 - 0.85, p<0.0001). The red dot indicates a mosquito which had 9 ruptured oocysts but only 126 residual salivary glands sporozoites while expelled 1567 sporozoites. Considering the high number of ruptured oocysts in the midgut it is possible that some lobes of salivary glands were missed during dissection and sporozoite load was underestimated by qPCR (95% CI: 0.17, 0.50). **C.** Total sporozoite density (residual salivary gland sporozoites + sporozoites expelled, X-axis) in relation to the number of expelled sporozoites (Y-axis) by COX-1 qPCR ρ=0.35 (CI: 0.17 - 0.50, p=0.0002). The dotted line on the x- axis shows the threshold of qPCR detection of 20 sporozoites.

Figure 4. Sporozoite expelling in relation to infection load in *Anopheles coluzzii* mosquitoes infected by naturally acquired gametocyte infections in Burkina Faso. (**A**) Direct feeding (blue) vs magnetic-activated cell sorting (MACS; green). Bars show the infection prevalence for each of the 7 gametocyte carriers. Scatter plots with median lines show the midgut oocyst density as result of direct feeding (blue) and MACS (green). (**B**) Binning of total sporozoite load and expelling prevalence (N=25). (**C**) Scatter plot of absolute numbers of ruptured oocyst (sheet) density assessed by fluorescent microscopy vs total salivary gland sporozoite density assessed by COX-I qPCR; ρ=0.90 (95% CI: 0.80 - 0.95). The line represents the fitted linear regression line and the grey shaded area is the 95%CI. (**D**) Scatter plot of absolute numbers of total sporozoite density (residual salivary gland sporozoites + sporozoites expelled) and sporozoites expelled into the artificial skin assessed by COX-I qPCR; ρ=0.70 (CI: 0.52 - 0.82). The line represents the fitted linear regression line and the grey shaded area is the 95% CI.

Figure 5. Clonal complexity of *P. falciparum* infections in salivary glands and artificial skins following probing by mosquitoes infected by gametocyte carriers who were naturally infected in Burkina Faso. Clonal data for three donors: 01646 IR **(top row)**, 01661 NJ **(middle row)** and 011690 CC **(bottom row)**. **Left panel** shows scatter plots for the association between sporozoite salivary gland load and expelled sporozoites in skin, with a Spearman's rank correlation across samples from each donor. **Right panel** shows clonal data for each donor sample in a heatmap plot. The colored numbers on y-axes correspond with the color of the sample in the scatter plot. Purple indicates the presence of a clone in the salivary gland only, turquoise indicates the presence of a clone in the skin only and green indicates the presence of a clone in both salivary gland and skin.

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