In-depth immunometabolic profiling by measuring single-cell protein translation inhibition via bioorthogonal noncanonical amino acid tagging (SCENITH-BONCAT)

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Abstract:

Motivation:

Seahorse Extracellular Flux (XF) analysis has been influential in immunometabolism research, measuring
cellular oxygen consumption rate (OCR) and extracellular acidification rate (ECAR) to determine immune
cell metabolic profiles. However, Seahorse XF has several limitations, relying on purified adherent cells,
relatively high cell numbers, and specialized equipment and reagents. Recently, a novel flow cytometry-
based technique called SCENITH (Single Cell Energetic metabolism by profiling Translation inhibition) was
introduced, which measures cellular protein synthesis through puromycin staining as a proxy for
metabolic activity in single cells. The current limitation of SCENITH is its reliance on a specific anti-
puromycin antibody that is not commercially available. To address this, we propose an alternative
approach using biorthogonal noncanonical amino acid tagging (BONCAT) to measure protein synthesis.

Summary:

The field of immunometabolism has revealed that cellular energy metabolism significantly contributes to
immune cell function. Disturbances in immune cell metabolism have been associated with various
diseases, including obesity, atherosclerosis, and cancer. To further advance immunometabolic research,
developing novel methods to study the metabolism of immune cells in complex samples is required.
Here, we introduce SCENITH-BONCAT, an adapted version of SCENITH which utilizes click-labeling of
homopropargylglycine (HPG), an alkyne-bearing methionine analog, to measure protein synthesis as a
proxy of metabolic activity. SCENITH-BONCAT successfully reproduced known metabolic signatures of
immune cell activation. Specifically, LPS/IFNγ-induced classical activation increased glycolytic capacity,
and IL-4-induced alternative activation enhanced mitochondrial dependence in human macrophages. The
assay's applicability was further explored in peripheral blood mononuclear cells (PBMCs) from healthy
volunteers, revealing diverse metabolic rewiring in immune cell subsets upon stimulation with different
activators. Cryopreserved PBMCs showed reduced HPG incorporation and mitochondrial dependence
compared to freshly isolated cells, warranting attention to cellular mitochondrial health during
cryopreservation. Finally, SCENITH-BONCAT was used to analyze murine tissue-resident immune cells
from different organs. Principal component analysis (PCA) revealed tissue-specific clustering based on
metabolic profiles, likely driven by microenvironmental priming of tissue-resident immune cells. In
conclusion, SCENITH-BONCAT offers valuable insights into immune cell metabolic responses and presents
a powerful platform for studying immune cell metabolism in complex samples and tissue-resident
immune   populations   in   both   human   and   murine   studies.

Introduction:

The expanding field of immunometabolism has demonstrated that the functional properties of immune
cells are dependent on how these immune cells produce energy, i.e., by their metabolic profile. When
immune cells are activated, their energy demand increases to support proliferation and effector functions
such as the production of cytokines and antibodies. This process involves a significant reprogramming of
cellular metabolic pathways. Upon activation, many immune cell types switch from oxidative
mitochondrial metabolism to glycolysis, a phenomenon known as the 'Warburg effect' as it was first
described in tumor cells by Otto Warburg (Warburg et al., 1927). Although essential for immune
function, alterations in immune cell metabolism have been associated with various pathologies. For
example, chronic low-grade inflammation in adipose tissue is linked to metabolic rewiring of adipose
tissue macrophages in obesity (Boutens et al., 2018), while 'primed' glycolytic inflammatory monocytes
are associated with atherosclerosis (Shirai et al., 2016). In tumors, immune cell metabolism is
reprogrammed by limitations in nutrient availability and the accumulation of metabolic byproducts such
as lactate, hindering their effector functions (Kaymak et al., 2021). Hence, technologies that enable
detailed analysis of cellular metabolism are essential for studying the underlying mechanisms of
inflammatory diseases.

Seahorse Extracellular Flux (XF) analysis has been instrumental in making many discoveries in the
immunometabolism field. This technique measures cellular oxygen consumption rate (OCR) and
extracellular acidification rate (ECAR) to determine functional metabolic profiles. However, this method
has limitations, including its reliance on purified, adherent cells, relatively high cell numbers, and
specialized equipment and reagents. With the advent of single-cell technologies, developing novel
methods to determine functional metabolic profiles of immune cells in complex samples is of great
importance. A paper by Argüello et al. recently introduced a technique called SCENITH (Single Cell
Energetic metabolism by profiling Translation inhibition). The core principle of SCENITH is that the rate of
cellular protein synthesis reflects metabolic activity and can be used to determine cellular metabolic
dependencies. In SCENITH, the incorporation of the antibiotic puromycin into nascent proteins is
measured through immunostaining as a proxy for protein synthesis under conditions of metabolic
inhibition (2-deoxy-D-glucose to inhibit glucose metabolism, oligomycin to inhibit mitochondrial ATP
synthesis), allowing for the determination of cellular dependence on glucose and mitochondrial
metabolism. Since SCENITH is a flow cytometry-based assay, it offers single-cell resolution and requires
significantly fewer cells than Seahorse XF analysis. This method has been compared and validated
against Seahorse XF analysis (Argüello et al., 2020; Verberk et al., 2022) and is thus a promising tool for
determining functional metabolic profiles of immune cells in complex samples.

A significant limitation of SCENITH in its current form is its reliance on a specific anti-puromycin antibody
(clone R4743L-E8), which is not commercially available. Therefore, we propose an alternative way of
measuring protein synthesis in SCENITH through biorthogonal noncanonical amino acid tagging
(BONCAT) (Dieterich et al., 2006). During BONCAT, the amino acid methionine is replaced with a non-
natural analog containing a minimal modification, either the azide-bearing azidohomoalanine (AHA) or
the alkyne-bearing homopropargylglycine (HPG). After incubation of cells with the amino acid, nascent
proteins containing AHA or HPG can be fluorescently tagged through copper(I)-catalyzed azide-alkyne
cycloaddition (CuAAC) (Beatty et al., 2005), which is commonly known as a 'click' reaction. Among
others, BONCAT has been used for affinity purification of nascent proteins (Landgraf et al., 2015), to
track and localize the newly synthesized proteins in cells (Shen et al., 2021), and to measure SLC1A5-
mediated amino acid uptake (Pelgrom et al., 2022). A significant advantage of using BONCAT to measure
protein synthesis over anti-puromycin immunostaining is increased flow cytometry panel design flexibility
due to access to various fluorescent click probes. Moreover, AHA and HPG are non-toxic compared to
puromycin (Su Hui Teo et al., 2016), which can induce ER stress (Oguma et al., 2009) and other toxic
effects (Aviner, 2020).

Here, we applied SCENITH-BONCAT using HPG in a 'one size fits all' format for measuring metabolic
dependencies in multiple sample types (Figure 1). We show that cells incorporate HPG over time due to
protein synthesis and validate our method compared to the original SCENITH protocol in a primary

macrophage model of classical versus alternative activation. Next, we tested the application of SCENITH-
BONCAT for metabolic profiling of peripheral blood mononuclear cells (PBMCs) under different stimulatory
conditions. Finally, we demonstrate the technique's effectiveness in analyzing tissue-resident immune
cell metabolism in mice.

Materials & Methods:

Reagents, culture media, and supplements

L-homopropargylglycine (HPG), THPTA, AZDye 405 Azide Plus, and AZDye 488 Azide Plus were bought from Click Chemistry Tools. Lipopolysaccharide from *Escherichia coli* O55:B5 (LPS), oligomycin, 2-deoxy-D-glucose (2-DG), L-Cystine dihydrochloride, RPMI 1640 medium (with sodium bicarbonate, without methionine, cystine and L-glutamine) and homoharringtonine were purchased from Merck. Fetal calf serum (FCS) was acquired from Biowest. RPMI 1640 medium (with sodium bicarbonate, without L-glutamine and HEPES), GlutaMAX™, and dialyzed FCS were bought from Thermo Fisher. Interferon γ (IFNγ) and interleukin 4 (IL-4) were acquired from Peprotech. ODN2006 was purchased from HyCult. TransAct was bought from Miltenyi Biotec. Penicillin-Streptomycin Solution was obtained from Corning.

Flow cytometry antibodies and reagents

Anti-human antibodies: CD4-BV605, CD8-BV650, CD14-APC, CD16-PerCP-Cy5.5, CD19-PE-Dazzle594, CD45RA-BV785, CD62L-BV405 and HLA-DR-PE-Cy7 were bought from Biolegend. CD56-PE was purchased from Beckman Coulter.

Anti-mouse antibodies: B220-Alexa Fluor 700, CD3-Alexa Fluor 700, CD11b-BV650, CD11c-BV605, CD45-APC-Fire750, CD45-PE-Dazzle594, CD64-PE, CLEC2-FITC, F4/80-FITC, Ly6C-APC, Ly6G-PerCP-Cy5.5, MHCII-BV785, NK1.1-Alexa Fluor 700, Siglec-F-PE-Cy7, TIM4-PE, were acquired from Biolegend.

Zombie Aqua Fixable Viability Dye and Human TruStain FcX Fc Receptor Blocking Solution were from BioLegend. CF700-SE and CF750-SE were bought from Biotium. Brilliant Stain Buffer Plus (BD Biosciences was added to antibody mixes to prevent staining artifacts caused by interactions between Brilliant Violet dyes. In mouse experiments, True-Stain Monocyte Blocker (Biolegend) was used to avoid non-specific antibody binding of PE- and APC-based tandem dyes by myeloid cells.

Peripheral blood mononuclear cell (PBMC) isolation and stimulation

EDTA blood was collected from healthy volunteers after acquiring informed consent as per the norms of the International Declaration of Helsinki. Blood tubes were pooled and diluted 1:1 in PBS, after which PBMCs were isolated by Ficoll Paque Plus (Merck) gradient centrifugation in Leucosep™ tubes (Greiner Bio-One). PBMC layers were collected in a 50 ml tube and washed thrice with PBS before counting using a hemocytometer. PBMCs were resuspended at a density of 10×10^6 cells/mL in RPMI 1640 medium supplemented with 10% FCS, GlutaMAX, and P/S and cultured in FACS tubes at 37°C/5%CO_2 while shaking (100 RPM). To activate PBMCs, cells were stimulated with LPS (100 ng/mL), ODN 2006 (1 µM), TransAct (1:100), or a mixture of all three stimuli for 1 hour before methionine depletion.

Human monocyte isolation and macrophage differentiation

Human primary monocytes were isolated from buffy coats of healthy blood bank donors through magnetic-activated cell sorting (MACS). After PBMC isolation as described above, $CD14^+$ monocytes were magnetically labeled using MojoSort Human CD14 Nanobeads (Biolegend) and subsequently separated on LS columns using a QuadroMACS™ Separator (Miltenyi Biotec BV). Isolated monocytes were counted using a Vi-CELL XR Cell Analyzer (Beckman Coulter), resuspended at a density of 1×10^6 cells/mL in RPMI 1640 medium supplemented with 10% FCS, GlutaMAX and P/S, and seeded in T75 flasks using 10 mL per flask (10×10^6 cells). Monocytes were cultured for six days at 37°C/5%CO_2 in the presence of either M-CSF (50 ng/mL; Miltenyi) or GM-CSF (5 ng/mL; Miltenyi) for macrophage differentiation. At day 3 of differentiation, 5 mL of fresh medium containing M-CSF or GM-CSF was added to each flask.

After differentiation, macrophages were harvested by trypsinization and seeded in 24-well plates at a
density of 3×10^5 cells/well (GM-CSF) or 4×10^5 cells/well (M-CSF). Macrophages were subsequently left
untreated, classically activated by a combination of LPS (100 ng/mL) and IFNγ (10 ng/mL), or
alternatively activated using IL-4 (20 ng/mL) for 24 hours.

Mice experiments

All experiments followed the Guide for the Care and Use of Laboratory Animals of the Institute for
Laboratory Animal Research and were approved by the Central Authority for Scientific Procedures on
Animals (CCD, AVD10400202115283) and the Institutional Animal Care and Use Committee of
Wageningen University. Naïve, 12-week-old, male wild-type C57BL/6J mice were sacrificed by cervical
dislocation, and epididimal white adipose tissue (eWAT) fat pads, kidneys, liver, lungs, and spleen were
collected in RPMI for tissue-resident immune cell isolation. Before collecting tissues, the peritoneal cavity
was washed with 10 mL ice-cold PBS supplemented with 2 mM EDTA to isolate peritoneal exudate cells
(PECs). Tissue-resident immune cells were isolated as described previously (Liu et al., 2020;
vanderZande et al., 2023) with minor adaptations. Briefly, eWAT, kidneys, liver, and lungs were cut into
small pieces using razors, and the spleen was mechanically disrupted using a syringe plunger. eWAT fat
pads were digested in 5 mL digestion buffer containing 1 mg/mL collagenase type II from *Clostridium*
histolyticum (Sigma-Aldrich) in Krebs buffer supplemented with 100 mM HEPES, 20 mg/mL BSA and 6
mM D-Glucose for 45 minutes at $37°C/5\%CO_2$ while shaking (100 RPM). Digestion was stopped by
adding 5 mL wash buffer (PBS supplemented with 1% FCS and 2.5 mM EDTA), and the solution was
filtered through 250 μm Nitex filters (Sefar). Infranatant containing SVF was collected, and erythrocytes
were lysed using ice-cold erythrocyte lysis buffer (in-house, 0.15 M NH_4Cl, 1 mM $KHCO_3$, 0.1 mM
Na_2EDTA). Cells were finally filtered through 40 μm cell strainers (PluriSelect).

Kidneys and lungs were digested in 5 mL digestion buffer containing 1 mg/mL collagenase V, 1 mg/mL
dispase II, and 30 U/mL DNase I in RPMI for 30 minutes at $37°C/5\%CO_2$ while shaking (100 RPM).
Digestion was stopped by adding 5 mL wash buffer, and the digest was filtered through 100 μm cell
strainers (PluriSelect). After erythrocyte lysis and filtering through 40 μm cell strainers, kidney
leukocytes were purified using magnetic-assisted cell sorting (MACS) using CD45 microbeads (35 μl per
sample, Miltenyi Biotec) according to manufacturer's instructions.

The liver was digested in 5 mL RPMI supplemented with 1 mg/mL collagenase V, 1 mg/mL dispase II, 1
mg/mL collagenase D and 30 U/mL DNase I for 25 minutes at $37°C/5\%CO_2$ while shaking (100 RPM).
Digest was filtered through 100 μm cell strainers and washed twice with 40 mL wash buffer (300 RCF, 5
minutes, 4°C). After erythrocyte lysis and filtering through 40 μm cell strainers, leukocytes were isolated
using CD45 MACS, as was the case for the kidneys.

The spleen was digested in 5 mL digestion buffer containing 1 mg/mL collagenase D and 30 U/mL DNase
I in RPMI for 30 minutes at $37°C/5\%CO_2$ while shaking (100 RPM). Digest was filtered through 100 μm
filters, incubated with erythrocyte lysis buffer, and filtered again through 40 μm filters.

All isolated and filtered cells were counted using a hemocytometer, and $2.5x10^5$ eWAT, kidney, and
peritoneal leukocytes/well, $5x10^5$ liver and lung leukocytes/well, and $1x10^6$ splenocytes/well were plated
in 96-well U-bottom plates for SCENITH-BONCAT.

<u>*SCENITH-BONCAT*</u>

Methionine depletion and inhibitor treatment

Cells (human PBMCs, human primary macrophages, or mouse tissue-resident immune cells) were
cultured for 30-45 minutes at $37°C/5\%CO_2$ in methionine-free RPMI 1640 supplemented with 65 mg/L L-
cystine dihydrochloride, 10% dialyzed FCS, GlutaMAX and P/S to deplete intracellular methionine levels.
Any ongoing stimulation (*e.g.* LPS, ODN 2006, TransAct) was refreshed in this medium. Cells were then

pre-incubated with metabolic inhibitors (10× work stocks in complete methionine-free RPMI) for 15
minutes to ensure complete shutdown of glucose and/or mitochondrial metabolism. The following four
treatments were applied in duplicate per experimental condition: DMSO (control), 2-deoxyglucose (2-
DG; 100 mM), oligomycin (1 µM), and a combination of 2-DG and oligomycin. All treatments were
corrected for DMSO and H_2O content. Cells were subsequently treated with HPG (100 µM) and incubated
for 30 minutes at 37°C/5%CO_2. After HPG incorporation, macrophage samples were washed 1× with
PBS, harvested by scraping, and transferred to a V-bottom 96-well plate. PBMC samples and mouse
tissue-resident immune cells were transferred to a V-bottom 96-well plate and pelleted through
centrifugation at 500RCF for 3 minutes, after which the supernatant was discarded by firmly flicking the
plate once. Cells were then washed 1× with PBS.

HPG was added directly after methionine depletion with or without homoharringtonine (20 µg/mL) or
DMSO control for kinetic experiments. Macrophages were harvested at T = 0, 0.5, 1, 2, 4, and 6 hours
post-treatment.

Fluorescent click labeling of HPG and flow cytometry

Human cells were pelleted by centrifugation and incubated with Zombie Aqua Fixable Viability Dye
(1:1000 in PBS) for 5-10 minutes at RT in the dark. Cells were then pelleted by centrifugation and fixed
in 2% formaldehyde for 15 minutes at RT. After fixation, cells were pelleted and washed 1× with PBS
before permeabilization with 0.1% saponin in PBS/1%BSA for 15 minutes at RT. Next, cells were washed
1× with PBS and barcoded with amine-binding dyes (CF700-SE and CF750-SE), 1 mM stocks) for 5
minutes at RT. Barcoding dyes were applied in four combinations of two dilutions (1:1000 and
1:100,000), allowing for pooling the four treatment conditions per replicate. Cells were then washed 1×
with PBS, and barcoded samples were pooled in Click buffer (100 mM Tris-HCl, pH 7.4). HPG was labeled
through copper(I)-catalyzed azide-alkyne cycloaddition (CuAAC) using the following reaction mix in Click
Buffer: 0.5 mM Cu(II)SO_4, 10 mM sodium ascorbate, 2 mM THPTA and 0.5 µM AF488 Azide Plus. Freshly
prepared sodium ascorbate solution (100 mM stock) and AZDye 488 Azide Plus were added to the
mixture just before addition to the samples. Click reaction was performed for 30 minutes at RT, after
which the cells were washed 2× with FACS buffer (PBS/1%BSA + 2 mM EDTA). PBMC samples were then
blocked with Human TruStain FcX Fc Receptor Blocking Solution (1:100) before staining with fluorescent
antibodies for 15 minutes at RT in the presence of Brilliant Stain Buffer.

Mouse cells were processed similarly with minor adjustments. Mouse cells were barcoded before
permeabilization using anti-CD45 antibodies (PE-Dazzle594- and APC-Fire750-conjugated) at 1:200 or
1:800 dilution for 15 minutes at RT. In addition, 0.5 µM AF405 Azide Plus was used for CuAAC, and
mouse tissue-resident immune cells were stained with a fluorescent antibody cocktail in the presence of
Brilliant Stain Buffer and TrueStain Monocyte Blocker.

Cells were washed 1× with FACS buffer after staining and acquired on a CytoFLEX S cytometer (Beckman
Coulter).

Flow cytometry and statistical analysis

Human macrophage and murine tissue flow cytometry data were analyzed using FlowJo software version
10.8.1 (Becton Dickinson). Human PBMC flow cytometry data were analyzed using OMIQ software from
Dotmatics (www.omiq.ai, www.dotmatics.com).

Principal component analysis (PCA) was performed in R version 4.2.2 using the mixOmics package
version 6.23.4 (Le Cao et al., 2021). R plots were made using the following packages: ggplot2 version
3.4.22 (Wickham et al., 2023), cowplot version 1.1.1 (Wilke, 2020), and ggh4x 0.2.4 (van den Brand,
2023). Statistical significance was tested by Repeated One-Way ANOVA with Dunnett's multiple

comparisons test or Two-Way ANOVA with Sidak correction for multiple testing using GraphPad Prism
software version 8.01.

Results

SCENITH-BONCAT: assay concept

The assay concept is depicted in Figure 1. After sample workup and plating (1), cells are cultured in
methionine-free medium for 1 hour to deplete intracellular methionine (2). Next, the cells are pre-
incubated with DMSO as control, 2-DG to inhibit glucose metabolism, oligomycin to inhibit mitochondrial
respiration, or the compounds in combination to block ATP production completely (3). The methionine
analog HPG is subsequently added as a substrate for protein synthesis (4). Cells are then fixed and
permeabilized, after which intracellular HPG can be labeled through a click reaction with a fluorescent
azide probe to be measured by flow cytometry (5). By comparing HPG mean fluorescence intensities
between the different inhibitor conditions, it is possible to calculate the relative cellular metabolic
dependence on glucose and mitochondrial respiration (6) (Argüello *et al.*, 2020).

HPG incorporation is a proxy of protein synthesis and can be used as an alternative to puromycin

HPG is an alkyne-bearing methionine analog (Figure 2A) previously used to tag nascent proteins
(Landgraf *et al.*, 2015). To validate whether HPG incorporation in immune cells reflects protein synthesis,
M-CSF differentiated primary human macrophages were treated with HPG for up to 6 hours in the
presence or absence of homoharringtonine, a protein translation inhibitor. HPG accumulated in
macrophages over time as measured by flow cytometry (Figure 2B). This accumulation was entirely
blocked by treatment with homoharringtonine (Figure 2C), demonstrating that HPG incorporation can be
used as a proxy for protein synthesis.

Next, to test whether SCENITH-BONCAT could reproduce the results of the original SCENITH protocol
using the anti-puromycin antibody clone R4743L-E8, both assay variants were applied side-by-side to
analyze the metabolic profiles of primary human macrophages after classical activation (LPS + IFNγ)
versus alternative activation (IL-4). LPS activation in macrophages is associated with the upregulation of
glycolysis and a disrupted tricarboxylic acid (TCA) cycle, whereas IL-4 polarization is supported by
enhanced mitochondrial oxidative phosphorylation (OXPHOS) (Van den Bossche et al., 2017). As
expected, classical activation resulted in a relative increase in glycolytic capacity over mitochondrial
dependence. At the same time, the inverse was observed for alternative activation in both GM-CSF
(Figure 2D) and M-CSF (Figure 2E) differentiated macrophages. This result was obtained irrespective of
whether HPG or puromycin detection was used as a proxy for protein synthesis. Regarding glucose
dependence, both GM-CSF and M-CSF macrophages were highly glucose-dependent (>73%) across the
different polarized states, as evidenced by both techniques (Supplementary Figure 1). While polarization
did show some effects on glucose dependence using puromycin that was not recapitulated by HPG in GM-
CSF macrophages (Supplementary Figure 1A), the absolute values were not significantly different
between both techniques. These results establish SCENITH-BONCAT as a viable method for performing
immune cell metabolic profiling.

SCENITH-BONCAT reveals differential metabolic responses to inflammatory stimulation in PBMCs

An essential improvement of SCENITH over other techniques, such as Seahorse XF analysis, is its ability
to perform metabolic profiling of multiple cell types simultaneously in complex samples. Therefore, we
next tested the applicability of SCENITH-BONCAT to determine metabolic dependencies in PBMCs using a
nine-marker flow cytometry panel to identify B cells, monocytes, CD4 T cells, CD8 T cells, and NK cells
(Figure 3B). The gating strategy employed is illustrated in Supplementary Figure 2. We aimed to
investigate the metabolic profile of these cells in both their resting state and after immune cell activation.
A combination of immunological stimuli was applied to achieve this, as different immune cell types are
activated through distinct cell surface receptors. For instance, myeloid cells, such as monocytes, highly
express the TLR4 receptor, which recognizes LPS. B cells respond strongly to DNA containing
unmethylated CpG sequences via TLR9, whereas T cells are activated by co-activating the T cell co-

receptor CD3 and its co-stimulatory receptor CD28. Therefore, to determine the effect of immune
activation on metabolic dependencies, PBMCs were either left untreated (medium) or stimulated for 2
hours with LPS (TLR4 ligand), ODN2006 (CpG, TLR9 ligand), TransAct (synthetic CD3/CD28 agonist) or a
mixture containing all three ligands (Figure 3A).

HPG incorporation was differentially elevated by stimulation in all tested immune cells (Figure 3C). The
stimuli mixture (Mix) generally yielded similar results as the most potent single stimulation for each cell
type. As expected, B cells showed the highest HPG incorporation after treatment with the TLR9 ligand
ODN2006, while both CD4 and CD8 T cells most strongly responded to CD3/CD28 activation by TransAct.
$CD14^+/CD16^-$ classical monocytes showed a similar increase in HPG levels for all single stimulations.
Glucose dependence (Figure 3D) was very high (>90%) in classical monocytes, non-classical monocytes,
and B cells across all stimuli. Classical monocytes showed a substantial glycolytic shift in response to
stimulation (Figure 3E), with mitochondrial dependence decreasing from 66.1% to non-detectable levels
after LPS treatment. B cells similarly showed reduced mitochondrial dependence after activation with
ODN2006 and LPS, from 24.6% to 12.6% and 15.6%, respectively. $CD14^-/CD16^+$ non-classical
monocytes showed a very high mitochondrial dependence at baseline (95.0%) unaffected by stimulation,
although this monocyte subset could no longer be identified after LPS stimulation. CD4 and CD8 T cells
showed very low levels of HPG incorporation when untreated, indicating that these cell types are
relatively quiescent when inactive. As a result, small fluctuations in HPG signal could majorly skew the
relative metabolic dependencies in these cells, leading to highly variable and even negative values. In
line with the literature, activated T cells were highly glucose-dependent and relatively glycolytic. Within
the T cell subsets, $CD45RA^+$ T cells (Naïve & Effector) showed strongly increased HPG incorporation after
TransAct stimulation, whereas $CD45RA^-$ T cells (Central Memory & Effector Memory) also reacted to LPS
stimulation (Supplementary Figure 3). Similar to T cells, NK cells showed relatively low HPG
incorporation. NK cells responded most strongly to LPS stimulation of PBMCs, which increased their
glucose and mitochondrial dependence.

The above data show that SCENITH-BONCAT can be used to determine individual immune cell metabolic
profiles in PBMCs. During human studies, however, PBMCs are often cryopreserved directly after isolation
for later processing. To investigate whether cryopreservation is compatible with metabolic profiling using
SCENITH-BONCAT, PBMCs isolated from healthy volunteers were split into two fractions, one of which
was directly assayed after isolation (Fresh) while the other was cryopreserved at -80°C (Frozen) for up
to two weeks before measurements. Cryopreservation reduced immune cell HPG incorporation after
activation (Supplementary Figure 4A). Additionally, overall immune cell mitochondrial dependence
decreased after cryopreservation (Supplementary Figure 4B). This was especially evident for resting
classical monocytes, whose average mitochondrial dependence dropped from 75.3% in fresh samples to
16.4% after cryopreservation. Thus, caution should be exercised when performing SCENITH-BONCAT or
any other assay of metabolism on cryopreserved cells, as this process appears to deteriorate cellular
mitochondrial health (Acin-Perez et al., 2020).

Metabolic profiling of murine tissue-resident immune cell populations

After establishing the use of SCENITH-BONCAT for the metabolic profiling of complex samples, we next
tested its potential for analyzing tissue-resident immune cell populations in mice. Naïve, 12-week-old,
male wild-type C57BL/6J (n=6) were sacrificed, after which epididymal white adipose tissue (eWAT),
kidneys, livers, lungs, peritoneal exudate cells (PEC) and spleens were extracted. Upon tissue-resident
immune cell isolation, cells were subjected to SCENITH-BONCAT. A 9 marker flow cytometry was used
to identify conventional dendritic cell subsets (cDC1 and cDC2), tissue-specific macrophage populations,
monocytes, B cells, neutrophils, eosinophils, $Ly6C^-$ and $Ly6C^{hi}$ non-B lymphocytes. The complete gating
strategies are depicted in Supplementary Figure 5.

HPG incorporation levels were variable across tissues and cell types (Figure 4A). In general, tissue-
resident immune cells in PEC and spleen samples showed the highest HPG fluorescence intensities, while
HPG accumulation was relatively low in kidney and liver immune cells. This is most likely related to the

purity of the sample, as cells from PEC and spleen are almost solely of leukocytic origin, whereas kidney and liver samples still contain other cell types and biological material which could interfere with HPG uptake, even after $CD45^+$ magnetic cell sorting. Within tissues, cDCs and B cells often displayed the highest HPG fluorescence intensities, while non-B lymphocytes and neutrophils generally showed relatively low amounts of incorporation. HPG incorporation and metabolic profiles could not be assessed in eosinophils, as these cells acquired a very high non-specific background signal after fluorescent click reaction, even in the absence of HPG.

To visualize potential differences in immune cell metabolic profiles across tissues, glucose and mitochondrial dependencies of shared immune populations were analyzed by PCA. Samples derived from the same tissue clustered together, and clear group separations were observable between different tissues (Figure 4B). Broadly, three clusters can be observed based on the proximity of the plotted centroids, namely 1) liver and eWAT, 2) kidney and PEC, and 3) lung and spleen. The loadings of the first component (PC1), explaining 38% of data variance, show that mitochondrial dependence parameters are highly important for projection along this axis (Figure 4C). Indeed, monocytes, cDC1s, cDC2s, and B cells exhibited variable levels of mitochondrial dependence between different tissues (Figure 4D). Compared to other tissues, lung, and spleen were highly dependent on mitochondrial metabolism across all four cell types (>83.0%), whereas cells derived from kidney and PEC were relatively glycolytic (52.7% - 74.1% mitochondrial). Liver and eWAT did not exhibit a clear tissue-specific metabolic profile but showed similar cell type-specific trends, *e.g.,* relatively mitochondrially dependent cDC1s but glycolytic cDC2s. Furthermore, neutrophils, monocytes, cDC1s, cDC2s, and B cells all showed high dependence on glucose, whereas $Ly6C^-$ and $Ly6C^{hi}$ non-B lymphocytes were less glucose-dependent and showed variable mitochondrial dependence across tissues (Supplementary Figure 6A-C). Similar to human T cells from PBMCs, several tissue-resident macrophage populations showed low levels of HPG incorporation (Figure 6A), leading to relatively unstable metabolic dependencies in, *e.g.,* Kupffer cells (Supplementary Figure 6D). Among macrophage populations, spleen macrophages appear relatively glycolytic, whereas peritoneal macrophage subsets showed high mitochondrial dependence. Within PEC, a further subdivision in mitochondrial metabolism could be observed between $MHCII^+$ monocyte-derived immature macrophages (86.1%) and $F4/80^{hi}$ mature tissue-resident macrophages ($TIM4^-$ 97.5%, $TIM4^+$ 95.1%).

Discussion

Here, we established SCENITH-BONCAT as a valid approach for performing in-depth metabolic profiling of immune cells. We demonstrated that HPG incorporation can be used as an alternative to puromycin immunostaining as a proxy for protein synthesis. Both substrates showed that LPS/IFNγ-primed classical activation of monocyte-derived macrophages resulted in a relative increase in glycolytic capacity, while IL-4-induced alternatively activated macrophages displayed enhanced mitochondrial dependence. These results are in line with previous work in murine bone-marrow-derived macrophages (Huang et al., 2014; Van den Bossche et al., 2016), but also with a recent study on Seahorse analysis of human monocyte-derived macrophage activation (Hickman et al., 2023).

The use of HPG over puromycin as a substrate to measure protein synthesis has several advantages. Firstly, puromycin is a toxic antibiotic often used as a selection agent for eukaryotic cells. Puromycin inhibits protein translation, leading to the formation of prematurely terminated truncated polypeptides (Lacsina et al., 2012). This apparent toxicity limits the maximal substrate incorporation time and could lead to unwanted effects. HPG, on the other hand, is incorporated into full-length proteins and, therefore, relatively non-toxic (Su Hui Teo *et al.*, 2016). Secondly, compared to AHA, puromycin labeling was found to be inappropriate for accurately measuring overall protein synthesis rates during energy-starved conditions, particularly in response to glucose starvation and 2-DG treatment (Marciano et al., 2018). This could explain differences in glucose dependence measurements between both technical variants. Lastly, whereas SCENITH measurement of puromycin is reliant on a specific, non-commercially available antibody, HPG can be combined with a wide range of different azide probes covering the full spectrum of fluorescent light, providing the user with a high degree of customizability. A limitation of SCENITH-BONCAT over the original protocol is the requirement for methionine depletion before treatment, which requires specialized culture media and additional washing steps. This could be overcome by developing biorthogonal amino acids analogs that are efficiently incorporated under native culture conditions, such as a novel threonine analog that was recently described as part of a method named THRONCAT (Ignacio et al., 2023).

Application of SCENITH-BONCAT in PBMCs replicated previously published metabolic signatures of immune cell activation. For instance, stimulation with ODN2006 (CpG) enhanced HPG incorporation and glycolytic capacity in B cells, which is in line with the literature (Krieg et al., 1995) and the result of high expression of TLR9 (Hornung et al., 2002). Upon activation with LPS and other stimuli, classical monocytes reportedly switch from a mitochondrially dependent to a highly glycolytic profile (Lachmandas et al., 2016), which could be reproduced by SCENITH-BONCAT. Furthermore, CD16^{+}/CD14^{-} non-classical monocytes displayed higher levels of mitochondrial dependence compared to classical CD16^{-}/CD14^{+} monocytes, which is congruent with previous studies reporting increased mitochondrial activity and transcription of genes involved in mitochondrial respiration in non-classical monocytes (Schmidl et al., 2014; Zhao et al., 2010). As expected, CD4 and CD8 T cells showed strongly increased HPG incorporation in response to CD3/CD28 stimulation. Activated T cells were primarily glycolytic and glucose-dependent but also exhibited mitochondrial activity. We observed very low levels of HPG incorporation in unstimulated T cells and NK cells, indicating that these cells are metabolically quiescent under basal conditions, which is in accordance with previous research (Chapman et al., 2020; Keppel et al., 2015). As a result, minor technical variations in HPG measurements could significantly skew overall metabolic dependencies in these cells, leading to unpredictable and even negative values. This was particularly visible for oligomycin treatment, which sometimes increased HPG incorporation compared to DMSO control, possibly due to metabolic adaptation through increased glycolytic flux (Hao et al., 2010). For accurate metabolic profiling of quiescent cells, specialized SCENITH-BONCAT protocols will need to be developed, *e.g.,* which employ higher concentrations of HPG and/or longer incubation times.

Although studying circulating immune cell populations can yield valuable insights, it's important to acknowledge that they can differ significantly from their tissue-resident counterparts, which possess unique functions and metabolic profiles driven by microenvironmental imprinting. Until now, there has been a lack of suitable technologies to measure the metabolism of tissue-resident immune cells due to low cell availability and high sample complexity. By employing SCENITH-BONCAT on murine tissues, we

could broadly separate samples according to their residency. cDCs, B cells, and monocytes from lung and
spleen were generally highly mitochondrially dependent, while kidney and PEC cells were more glycolytic.
This potentially reflects the relative degree of tissue oxygenation, as the lungs are highly perfused while
the spleen serves as a reservoir for oxygen-rich erythrocytes. We observed that tissue-resident cDC1
cells were generally more mitochondrially dependent than their cDC2 counterparts. Consistent with this
finding, *in vitro*-generated cDC1s were reported to have an increased mitochondrial content and
membrane potential compared to cDC2s (Kratchmarov et al., 2018). Within macrophage populations,
kidney macrophages incorporated very low levels of HPG, in line with their reported quiescent state
during homeostasis (Wculek et al., 2022). Our results corroborate that peritoneal and alveolar
macrophages are highly mitochondrially dependent (Davies et al., 2017; Woods et al., 2020), while
splenic red pulp macrophages were relatively glycolytic. Wculek and colleagues observed a similar
ranking of murine tissue macrophages based on their relative expression of OXPHOS-related genes in
single-cell RNA sequencing datasets (Wculek et al., 2023). Similar to the measurements in PBMCs, low
levels of HPG incorporation sometimes resulted in unstable metabolic dependencies in some cell types.
Further optimized SCENITH-BONCAT protocols must be designed to metabolically profile tissue
macrophages, especially in relatively impure tissue samples such as liver and kidney.

In summary, SCENITH-BONCAT is a promising technique for performing in-depth metabolic profiling of
samples of varying complexity, spanning isolated cell types to *ex vivo* murine tissues. While tested here
with a focus on immune cells, SCENITH-BONCAT is not limited by cell type or tissue. Our adaptation
retains the benefits of the original protocol, including its independence of specialized equipment except
for any flow cytometer, low cell number requirement, and non-necessity for cell purification while
providing much-needed improvements in accessibility and customizability.

Figure legends

Figure 1: SCENITH-BONCAT assay concept. Created using BioRender (www.BioRender.com).

Figure 2: Comparison of SCENITH-BONCAT with the original SCENITH protocol. (A) Structures of
methionine and HPG. (B-C) Primary human macrophages (M-CSF) were treated with HPG and harvested
at different time points for click staining. (B) Representative flow cytometry histograms of HPG-AZ488
staining at 0, 0.5, 1, 2, 4, and 6 hours post-treatment. (C) HPG incorporation kinetics of macrophages
treated with homoharringtonine (red) or DMSO control (blue). Data are displayed as means ± SD of the
geometric MFI (gMFI, n=3). (D-E) Primary human macrophages (GM-CSF and M-CSF) were stimulated
for 24 hours with culture medium (green), LPS + IFNγ (red), or IL-4 (blue) before SCENITH analysis
using either HPG or puromycin (Puro) as substrates. (D) Mitochondrial dependence (%) and glycolytic
capacity (%) of GM-CSF macrophages. (E) Mitochondrial dependence (%) and glycolytic capacity of M-
CSF macrophages. Data are displayed as mean percentages ± SD (n=6). Significance was tested by
Two-Way ANOVA with Sidak correction for multiple testing. Individual donors are displayed by different
symbols. * = $p < 0.05$, ** = $p < 0.01$, *** = $p < 0.001$

Figure 3: SCENITH-BONCAT analysis of PBMC metabolic profiles after different stimulations.
(A) PBMCs isolated from healthy blood donors (n=6) were stimulated for 2 hours with Medium control
(green), LPS (red), ODN2006 (orange), TransAct (blue), or all stimuli combined (Mix, purple). (B)
Representative UMAP plot of PBMCs stained with 9-marker flow cytometry panel. (C) Fold changes of
HPG incorporation compared to Medium control, (D) glucose dependence (%), and (E) mitochondrial
dependence (%) of classical monocytes, non-classical monocytes, B cells, CD4 T cells, and CD8 T cells.
Significance was tested by Repeated One-Way ANOVA with Dunnett's multiple comparisons test.
Individual donors are displayed by different symbols. ND = Not determinable. * = $p < 0.05$, ** = $p <$
0.01, *** = $p < 0.001$

Figure 4: SCENITH-BONCAT analysis of murine tissue-resident immune cell populations. The
following tissues were isolated from male C57BL/6 mice (n=6) and subjected to SCENITH analysis: eWAT
(red), kidney (yellow), liver (green), lung (cyan), PEC (blue), spleen (pink). (A) HPG incorporation (gMFI)
of immune cell populations from all six tissues. (B) PCA score plot based on metabolic dependencies of
shared immune cell populations in all six tissues. (C) Loadings on PC1 of the PCA score plot. Measures of
glucose dependence are represented by red bars and mitochondrial dependence by blue bars. (D)
Mitochondrial dependence (%) of cDC1s, cDC2s, monocytes, and B cells from all six tissues.

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Figure 1

Figure 2

Figure 3

Figure 4