Biomechanical comparison of plate materials and designs for subcondylar

fracture fixation: An *in silico* assessment

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Abstract

Mandibular subcondylar fractures present challenges in fixation due to high complication rates and the uncertainty in selecting optimal plate design and material. Previous computational studies have primarily relied on simplified models, point loading, and plate-only analyses. This study examines the combined influence of fixation plate design and material properties on fracture stability, with interfragmentary displacement as a key indicator of post-surgical stability. A finite element approach implemented in ANSYS Mechanical APDL v2022 R2, incorporating soft tissues such as the periodontal ligament, was employed to assess fixation stability using five materials – Nitinol, Magnesium alloys, Titanium alloys (Ti-6Al-4V and Ti-29Nb-13Ta-4.6Zr), and Stainless Steel 316L – across four plate designs under ipsilateral and contralateral molar clenching simulated using physiologically-mimetic muscle forces. Results showed a reduction in mandibular strain (up to 4% from around 1635 $\mu\varepsilon$ to 1569 $\mu\varepsilon$) with increase in the plate stiffness during ipsilateral clenching, while for contralateral clenching, this trend (up to 5.4% from around 1482 $\mu\varepsilon$ to 1402 $\mu\varepsilon$) was observed only for double mini and lambda plates due to enhanced resistance to bending moments from additional screw placement. Among designs, the double mini plate demonstrated the greatest reduction in the interfragmentary gap (by 77% during ipsilateral clenching; by 58% during contralateral clenching) and emerged as the most stable option across materials. Regarding materials, Titanium alloys (TNTZ and Ti-6Al-4V) were mechanically preferable, demonstrating higher safety margins based on factory of safety (FoS) ratios (TNTZ: FoS 5.57 ipsilateral, 3.21 contralateral; Ti-6Al-4V: FoS 5.05 ipsilateral, 2.98 contralateral), indicating reduced risk of yielding under functional loading. These findings underscore the critical interplay between screw configuration, material selection, and loading conditions, offering valuable guidance for implant design optimization.

Keywords: finite element analysis, *in silico*, masticatory cycle, mandible, fracture plate, subcondylar fixation

1. Introduction

The subcondylar region of the mandible is one of the most frequently fractured areas of the face [1,2], often due to vehicular accidents or interpersonal violence. Presently, Open Reduction and Internal Fixation (ORIF) is the standard treatment for mandible fractures [3]. However, ORIF has a complication rate of 10-30%, which often demands secondary surgeries and adds to financial burdens [4]. The narrow anatomy and unique physiology of subcondylar fractures make fixation particularly challenging. The choice of fixation plate material and geometric configuration is critical for a successful surgery. For optimal patient outcomes, the implant's stiffness should match with that of a native bone tissue, and the geometric configuration should facilitate effective load transfer across the narrow subcondylar region. Recently, three-dimensional plates such as trapezoid, strut, and lambda plates have been specifically designed for subcondylar fractures [5]. Additionally, the use of double mini plates has gained support for providing stability in fixation [6].Although there are different types of clinically approved materials, the Ti-6Al-4V alloy is considered the gold standard for its favourable biomechanical strength and biocompatibility. However, Ti-6Al-4V has higher elastic modulus as compared to the cortical bone [7], which causes stress shielding, resulting in an implant-removal rate of 10-12% [8]. Alternatively, steel (AISI SS 316L), has been popularly used for its affordability. However, steel has two times higher density (8.1-8.9 g/cm3) than titanium (4.4-4.5 g/cm3) along with higher modulus of 210 GPa [8,9]. In addition, these common metallic alloys are prone to corrosion, such as pitting, crevice corrosion and corrosion [10]. To overcome these issues, new alloys are being developed by including non-cytotoxic elements such as Niobium (Nb), Zirconia (Zr) and Tantalum (Ta) to reduce modulus and impart anti-corrosion ability. One such alloy which has been used for fracture fixation plate is Ti-29Nb-13Ta-4.6Zr (aged) with bio-inertness [11] and lower modulus of ~80 GPa [12] (as compared to 110 GPa of Ti-6Al-4V [13]). The reduced elastic modulus of this alloy brings its stiffness closer to that of cortical bone, which can enhance load sharing between the fixation plate and mandibular bone. Improved load sharing promotes more physiological strain distribution and may mitigate stress shielding effects during healing in mandibular fixation, while maintaining adequate mechanical stability and corrosion resistance [14,15]

The alternative materials, such as Mg WE43 alloy (Mg-3.5Y-2.3Nd-0.5Zr), have a lower elastic modulus (44.2 GPa [16]) favouring neo-bone growth and integration [8]. Further advantages of Mg include low densities (1.74-2.0 g/cm^3 [8]) and abundant presence of Mg^{2+} cation

in the body [7]. Mg WE43 alloy has an appropriate biodegradation rate for preventing non-union [17]. Another popular material being used in clinics for orthodontic braces is solid nitinol (NiTi), owing to its excellent biocompatibility, mechanical properties, and resistance to corrosion [18]. Furthermore, nitinol has less modulus (38.5 GPa [19]), which makes it a suitable choice for mandibular fracture fixation plates [20].

The finite element analysis (FEA) technique has been proven to be a preferred method to assess the feasibility of mandibular fixation methods [21,22]. FEA for mandibular fractures has been validated using 3D-printed polymer mandibles [23] and has been widely applied to investigate different scenarios with various plate designs, plate thicknesses, materials and bone conditions such as atrophy [22, 24-27], as also highlighted in a recent review article [28]. For instance, Orassi et al. [16] compared Ti-6Al-4V with Mg WE43 for condylar neck fractures using a double mini-plate configuration across plate thicknesses and found that Mg WE43 achieved strength comparable to titanium while offering the advantages of biodegradability. Prasadh et al. [29] also compared the same materials for mandibular angle fracture, and Jung et al. [30] compared four materials, but with very simplified models. Hassani et al. [24] reported that the location of screws played a crucial role in subcondylar fracture fixation. Despite these advances, many of these studies assigned simplified, homogeneous material properties rather than heterogeneous cortical–cancellous definitions; used idealized loading; and omitted the periodontal ligament (PDL) and temporomandibular joint fibrocartilage. Moreover, a systematic evaluation of fracture-site micromotion arising from the combined effects of plate geometry and material stiffness under physiologically realistic mandibular loading remains lacking. To address these gaps, we developed a high-fidelity FE mandible model that explicitly represents teeth, the PDL, condylar fibrous tissues, and distinct cancellous/cortical bone, and we simulated a physiologically realistic mastication cycle [31]. In addition, the influences of the chosen five different materials, including nitinol and less rigid Ti alloy, as well as different designs, have not been explored yet. To enable a focused evaluation of material–design interactions, four plate configurations with favourable biomechanical performance, reported in our earlier study [31], were selected for detailed analysis.

The primary aim of this study is to investigate how material stiffness modulates the fixation stability across clinically relevant plate designs in subcondylar mandibular fractures, by focussing on the interfragmentary displacement as a mechanistic indicator of the initial timepoints immediately following the surgical fixation. Specifically, in this study, a comparative

biomechanical evaluation of subcondylar fixation has been carried out for reconstructed mandibles
with the following combinations of five different implant materials, namely Nitinol, Magnesium
Alloy WE43, a low rigidity Titanium Alloy (TNTZ: Ti–29Nb–13Ta–4.6Zr), a common Titanium
Alloy (Ti-6Al-4V) and Stainless Steel (SS 316L) and four implant designs, namely trapezoid, strut,
lambda and double mini plates.

2. Materials and Methods

Anonymized computed tomography (CT) images with a pixel resolution of 512×512, pixel
size of 0.439 mm and slice thickness of 0.75 mm of a healthy subject were obtained after necessary
approval from the ethics committee of Guru Nanak Institute of Dental Sciences and Research,
Kolkata, India, for the development of the intact mandible model. A virtual fixation with four
plates was performed on the modeled fractured mandible. Thereafter, the plates were assigned with
five different effective material properties, to investigate the influence of the materials on the load-
transfer across the mandible.

2.1. Development of 3D model of intact mandible

The three-dimensional mandible model (Figure 1a) was developed from an anonymized
CT-scan of a 20-year-old healthy male, with consent obtained at Guru Nanak Institute of Dental
Sciences and Research, India. The mandible was segmented into cortical and cancellous bone,
teeth, 0.2 mm thick periodontal ligament (PDL), and 0.3mm thick condylar fibrocartilage using
Mimics 24.0 (Materialise, Leuven, Belgium) [31-35] . Temporal bone was modelled as rigid block
with concave depression [31-34] as shown in Figure 1. A global mesh convergence study was
performed, and mesh sizes were chosen for the model having <1% deviation in the state of
maximum tensile strain. Based on the mesh convergence study, an element size of 0.2 – 1 mm was
chosen for discretization. The entire model was discretized with 10-noded tetrahedral elements.

2.2. Development of implanted mandible

A standardized osteotomy line [36] for subcondylar fracture, from the mid-point of the
ramus to the bottommost point of sigmoid notch, was simulated in 3-Matic 16.0 (Materialise,
Leuven, Belgium). Four different plate designs (trapezoid, strut, lambda and double mini) (Figure
1b) were chosen. The patient-specific plate designs were inspired from the commercially available

plate designs (DePuy Synthes, PA). The screws were modelled as cylinders with a diameter of 2

mm and a length of 6 mm [37, 38]. To model the cold-welded locking screws, no relative

movement was allowed between the screw and the plate. The double mini plates were fixed in an

angulated manner [36] and the trapezoid, strut and lambda plates were fixed based on the

recommended guidelines[5]. All the reconstructed mandibles were meshed using 10-noded

tetrahedral elements using the same FE model development procedure as described in section 2.1

and had a similar number of elements (~14,00,000).

2.3. Assignment of Material Properties

Cancellous bone was assigned with voxel-based non-homogeneous isotropic properties.

For each element, the apparent density (ρ) was calculated corresponding to its gray-scale value (in

HU) following the relationship [31] :

$\rho = \rho_1 + \frac{\rho_2 - \rho_1}{HU_2 - HU_1}(HU - HU_1)$ (1)

where (ρ_1, HU_1) represented the no-bone condition (0.022 g/cm³, 0 HU) and (ρ_2, HU_2)

represented the hard-bone condition (1.73 g/cm³, 2600 HU). The negative densities corresponding

to <0 HU were flushed to the minimum values corresponding to the no-bone condition [39-41]. A

power law relationship was used to calculate the element-specific Young's modulus (*E*) of

cancellous bone based on its apparent density [31,42]:

$E = 2017.3 \times \rho^{2.46}$ (2)

Cortical bone was assigned with region-specific orthotropic properties based on the

literature [13,31]. The rest of the structures, including the plates and screws were modelled as

homogenous linear isotropic [13,31]. The teeth were further divided into enamel and dentin with

different isotropic material properties [13,31]. Table 1 provides a summary of the material

properties assigned to each component. The plates were assigned with five different material

properties as presented in Table 2 [9,12,13,16,19]. Titanium alloy (Ti-6Al-4V) properties (E = 110

GPa, ν = 0.3) [13] were assigned to the screws in all the cases.

2.4. Applied loading and boundary conditions

All the intact and reconstructed mandibles were simulated under the contralateral left

unilateral molar clenching (LMOL) and the ipsilateral right unilateral molar clenching (RMOL) to

mimic 'alternating bilateral clenching pattern' [43,44]. A total of seven muscles were considered

in the study: superficial and deep masseter muscles (SM and DM), medial and inferior lateral

pterygoid (MP and ILP), and anterior, middle, and posterior temporalis (AT, MT and PT) [13] The

magnitude of the muscle forces was distributed over the nodes representative of the muscle

attachment sites [13]. The top surfaces of the rigid temporal blocks were fixed during the clenching

tasks [13]. The details of the applied muscle forces and boundary conditions are shown in Table

3.

A standard frictional contact pair was defined with a frictional coefficient of 0.4 [31,45,46]

at the plate-cortical and fracture interfaces. Rest of the surfaces between the adjacent parts, such

as the screw with the plate, cancellous and cortical, were modelled as bonded. While this

assumption of bonded interfaces facilitates analysis of global biomechanical behaviour, it does not

permit prediction of micro-movements or loosening at the interfaces, which should be considered

when interpreting results. An augmented Lagrangian was employed in the FE study.

2.5. Verification and validation of the FE model generation method

As the CT scan was from a living subject, direct one-to-one experimental validation of the

FE model was not possible. Nevertheless, the maximum principal strains and stresses in the intact

mandible during right molar clenching were found to be of quantitatively similar magnitude

(stress: 15MPa; strain: ~1200 με, Supplementary Figure S1) at qualitatively similar regions (for

example, high stresses near the anterior buccal body and symphysis region of the mandible) as

reported in literature [33]. Moreover, the reaction force generated at the constrained right molar

teeth was ~850 N for the intact mandible during the right unilateral molar clenching task. In the

present model, this reaction force represents the resultant occlusal bite force produced by the

applied muscle forces under equilibrium conditions and is within the reported range of occlusal

forces for healthy humans (365–1230 N) [47]. Also, the direction of the overall deformation was

found to be towards the working (chewing) side (Supplementary Figure S1), as found in earlier

reports [33,48]. Hence, the reliability and accuracy of the FE modelling methodology were verified

and adopted for all the reconstructed mandibles.

2.6. Interpretation of results

The maximum principal strains and stresses in the reconstructed mandible were estimated

to evaluate the efficacy of devices and risk of non-union and secondary fractures. The von Mises

stresses of the plates were calculated to predict the failure of ductile plate materials. 95th percentile
values of all the stresses and strains were computed over the entire structure (bone or implant and
screws) to exclude singularities around the constrained regions [33].In addition, the
interfragmentary displacement, defined as the distance between the two bone surfaces on both
sides of the osteotomy line (Figure 1c), was also computed to understand the fixation stability.

3. Results

223   The principal stresses, strains and von Mises stresses in the cortical bone and implants,
224   respectively, are presented below. Further, different virtual fractures created at the subcondylar
225   site due to influence of chewing laterality, fixation design and material are discussed. Only the von
226   Mises stress distributions in the plates have been presented in detail, whereas the results for the
227   screws are presented in the supplementary data.

3.1. Principal stresses and strains in the mandible

The maximum principal stresses in the intact mandible were found on the buccal border
below the right or left molar teeth under RMOL (14.8 MPa) or LMOL (14.1 MPa), respectively
(Supplementary Figure S1). The maximum principal stresses in all the reconstructed mandibles
(15-18 MPa) were higher as compared to the intact mandible. However, the different material
properties of plates resulted in minimal differences ($\pm$ 0.2-0.5 MPa) in maximum principal stresses
in the reconstructed mandibles (Supplementary Table S1). Among different plate designs, highest
maximum principal stresses (~18 MPa under RMOL, ~16 MPa under LMOL) were observed in
the mandible reconstructed with trapezoid plate. Whereas the lowest principal stresses were found
in case of lambda plate (~17 MPa) under RMOL and strut plate (~15 MPa) under LMOL
(Supplementary Table S1).

The maximum principal strains (1288 $\mu\varepsilon$ under RMOL and 1240 $\mu\varepsilon$ under LMOL)
occurred along the anterior border near the condyle and coronoid of intact mandible
(Supplementary Figure S3). In reconstructed mandibles, there were higher strain values (1383 -
1635 $\mu\varepsilon$) than those observed in the intact mandible (Table 4). For different materials, an increase
in the young's modulus of the plates resulted in an increase of its stiffness which was also
associated with a reduction in the maximum principal strains (Table 4). Only strut and trapezoid
plates exhibited an opposite trend of increasing strains (~20 – 100$\mu\varepsilon$) in reconstructed mandibles

under LMOL loading condition with an increase in plate stiffness (Table 4). Among all plate
designs, the strut plate resulted in the least maximum principal strain in reconstructed mandibles
for most of the materials (Table 4).

3.2. Stress and strains in implant components

Maximum von Mises stresses in the plate were found to increase with an increase in plate
material modulus (Table 5). Under RMOL, peak plate stresses ranged from 111 MPa (Double
mini, nitinol) to 456 MPa (Lambda, SS316L). Under LMOL, stresses increased substantially,
ranging from 171 MPa (Lambda, nitinol) to 520 MPa (Trapezoid, SS316L). Among the plate
designs, the lambda and trapezoid plates generally exhibited higher peak stresses compared to the
strut and double mini plates under both loading conditions. The double mini plate consistently
showed the lowest stresses across materials, particularly under RMOL. For titanium (both Ti-6Al-
4V and TNTZ) fixation plates, the maximum von Mises stresses did not exceed the yield strength
for all designs (Table 5). Notably, TNTZ plates demonstrated lower stress-to-yield ratios compared
to Ti-6Al-4V despite a lower elastic modulus, indicating improved relative safety margins. For
nitinol, only the strut plate exhibited maximum von Mises stress lower than its yield strength
(Table 5). Whereas for other two materials (Mg WE43 and SS316L), all plates experienced
maximum von Mises stresses beyond corresponding yield value, indicating reduced safety margins
(Table 5). For a concise quantitative comparison, the factor of safety (FoS), defined as the ratio of
material yield strength to maximum von Mises stress, was evaluated for the double mini plate
configuration as a representative case. Under RMOL, the FoS values were approximately 1.80
(Nitinol), 1.36 (Mg WE43), 5.57 (TNTZ), 5.05 (Ti-6Al-4V), and 1.58 (SS 316L). Under LMOL,
the FoS decreased to approximately 0.97 (Nitinol), 0.75 (Mg WE43), 3.21 (TNTZ), 2.98 (Ti-6Al-
4V), and 0.99 (SS 316L). This comparison demonstrates the substantially higher safety margins
provided by the titanium alloys, whereas Mg WE43, SS 316L, and Nitinol approach or fall below
unity under contralateral loading, indicating an increased likelihood of yielding. A marginal
increase in von Mises stresses was found in the posterior part of the plates under RMOL as
compared to those under LMOL (Figures 2 - 3). It was observed that there is a higher stress
distribution in the anterior arm of the trapezoid plate under LMOL (Figure 3).

Maximum principal strains in the plates decreased consistently with increasing elastic
modulus under both loading conditions (Table 6). Across materials, the strain reduction from

nitinol to SS316L was substantial. For example, under LMOL in the trapezoid plate, strain

decreased from 6080 µε (nitinol) to 2277 µε (SS316L), corresponding to approximately a 63%

reduction. A similar decreasing trend with increasing stiffness was observed for all implant types.

For all implant designs, nitinol exhibited the highest strains, followed by Mg WE43, TNTZ, Ti-

6Al-4V, and SS316L. Under RMOL, maximum principal strains ranged from 928 µε (Double

mini, SS316L) to 4180 µε (Lambda, nitinol). Under LMOL, strains increased substantially,

ranging from 1493 µε (Double mini, SS316L) to 6080 µε (Trapezoid, nitinol).

Both the stresses and strains in plates were generally higher under LMOL than RMOL

(Tables 5 – 6). For example, in the trapezoid plate, stress increased from 214 MPa (Ti-6Al-4V,

RMOL) to 382 MPa (LMOL), representing approximately a 79% increase. A similar trend was

observed for SS316L plates, where stress increased from 300 MPa to 520 MPa (~73% increase).

Moreover, strain increased from 3240 µε (Nitinol, RMOL) to 6080 µε (LMOL), indicating a 88%

increase in strain. Similar observations were made for other plates and materials as well.

Overall, the maximum von Mises stresses in the screws were not influenced by plate

materials to a large extent (Table 5, Supplementary Figures S1 – S2). Under RMOL, screw stresses

ranged from 126 MPa to 173 MPa. Under LMOL, stresses increased substantially, ranging from

170 MPa to 304 MPa. LMOL resulted in approximately 60–100% higher screw stresses compared

to RMOL, depending on plate design. For instance, trapezoid screw stresses increased from

approximately 148 MPa (RMOL, Ti-6Al-4V) to 298 MPa (LMOL), corresponding to a ~101%

increase. Despite this increase, screw stresses remained below the yield strength of titanium in all

configurations, indicating adequate immediate mechanical safety (Table 5, Supplementary Figures

S2 – S3). The double mini configuration consistently exhibited the lowest screw stresses under

both loading conditions, whereas trapezoid and strut designs showed comparatively higher screw

loading under LMOL.

3.3. Interfragmentary displacement

For all plate designs and load cases, the interfragmentary displacements were found to be

decreasing with increase in stiffness of fixation plates (Table 7). Among all plate designs, the least

interfragmentary displacement (6 – 44.90 µm) was found with the double mini plate, whereas the

highest interfragmentary displacement (86.80 – 530 µm) was found with lambda plate. For lambda

plate, interfragmentary displacement was higher under RMOL as compared to LMOL, whereas,

for double mini plate, interfragmentary displacement was higher under LMOL as compared to
RMOL (Table 7). For trapezoid and strut plates, the interfragmentary displacements for nitinol and
MgWE43 were marginally higher under RMOL than LMOL (Table 7). However, for TNTZ, Ti-
6Al-4V and SS316L, trapezoid and strut plates exhibited higher interfragmentary displacements
under LMOL than RMOL (Table 7).

4. Discussion

This study focused on an *in silico* assessment of four plate designs of different materials
for subcondylar fracture fixation during mastication cycle. Various components of mandible,
including the PDL and condylar fibrous tissue, were explicitly modelled to develop the *in-silico*
model. The FE study provided key insights into the influence of plate material on the mechanics
of load transfer through mandible. The maximum principal strains for all the reconstructed
mandibles were well below the corresponding yield strain limit of ~2500 $\mu\varepsilon$ [49].

The mandibular strains in the mandibles subjected to RMOL decreased with increasing
elastic modulus of plate as it provided increasing stability. This trend was also exhibited under
LMOL but only for mandibles reconstructed with lambda and double mini plates. For these two
plates, the presence of two anterior screws in the proximal segment likely increased the resistance
to the moment generated at the fracture site, thereby improving construct stability. This is also
supported by the lowest interfragmentary displacements with double mini plates under both
loading conditions, while lambda plates showed comparatively lower mandibular principal
stresses among the configurations. For instance, under LMOL loading, the interfragmentary
displacement with double mini plates ranged between approximately 18–45 μm, whereas trapezoid
and strut plates showed substantially higher displacements of approximately 68–131 μm,
indicating higher effective construct stiffness of the double mini configuration. In contrast,
trapezoid and strut plates, which had only one anterior screw in the proximal segment, likely
provided relatively lower resistance to bending moments. Consequently, the expected increase in
stability with increasing plate elastic modulus was not consistently observed in these
configurations. For trapezoid and strut plates, hence, the mandibular strains increased with
increasing elastic modulus of plates. This trend of increasing mandibular strains was observed due
to decreasing strains in the plates with increasing elastic modulus of plates (Table 6), as the softer

plates undergo more deformation than stiffer plates, and absorb higher amount of total strains
leading to lower strains in the corresponding reconstructed mandibles.

The study considered ipsilateral (RMOL) and contralateral (LMOL) occlusions. Under
ipsilateral occlusion (RMOL), the constrained teeth remained within the fracture plane, whereas
under contralateral occlusion (LMOL), the constrained teeth on the opposite side (Figure 4) caused
an out-of-plane bending moment due to reaction forces. This resulted in higher forces in screws
and plates under contralateral occlusion (LMOL). Consequently, as compared to ipsilateral
occlusion (RMOL), higher stresses and strains were generally observed in plates under
contralateral occlusion (LMOL) (Table 5 – 6).

For further evaluation of fracture reconstruction, the possibility of failure of the
reconstruction plate [50] was investigated based on the maximum von Mises stresses in the plates.
As the maximum von Mises stresses in the SS316L and Magnesium plates were found to be
exceeding the yield strength of 380 MPa and 162 MPa respectively [9,16], SS316L and
Magnesium should be used with caution due to a risk of plate failure. With nitinol, only the use of
a strut plate is suggested based on low maximum von Mises stress, supporting the favourable
performance of strut plate among all designs. Both the titanium alloys (Ti-6Al-4V and TNTZ)
provide adequate strength with the resulting maximum von Mises stresses well below the yield
limits. TNTZ plates, even with a lower modulus than Ti-6Al-4V, had a lower ratio of maximum
von Mises stress with respect to the yield strength (864 MPa [12]) than Ti-6Al-4V under LMOL
for all the plate designs.

Furthermore, the stress concentration observed in the anterior arm of the trapezoid plate
under LMOL can be attributed to the altered bending and torsional load transfer across the fixation
system. Under contralateral occlusion, the out-of-plane bending moment generates tensile opening
forces at the anterior aspect of the fracture, causing the anterior arm of the trapezoid plate to act as
a cantilever resisting these forces. Additionally, the angular junction between the anterior and
posterior arms of the trapezoid geometry creates a geometric discontinuity, which further promotes
localized stress concentration. In contrast, under ipsilateral occlusion (RMOL), the load is applied
closer to the fixation side, resulting in a shorter bending moment arm and more direct compressive

load transmission through the posterior region of the plate, which might explain the marginally
higher stresses observed posteriorly.

In addition to the stresses and strains, we also evaluated another important indicator of
stability of fracture fixation: interfragmentary displacement. The observed reduction in the
interfragmentary displacements with increase in the stiffness of the implant materials, added
support to the use of stiff materials and Ti alloys. The interfragmentary displacement trend with
material stiffness corroborated the results in literature [30]. However, in the design aspect, the
double mini plates fixed with the highest number of screws, led to the most superior stabilisation
[30]. Lambda plate resulted in a very high interfragmentary distance (beyond the critical limit of
150 μm [51,52] for facilitating fracture healing) under RMOL, indicating the risk of non-union
while using lambda plate. The strut plate and trapezoid plates had almost similar interfragmentary
displacements under RMOL and the interfragmentary displacements did not exceed 150 μm in any
of the cases. However, the double mini plates fixed with the highest number of screws, resulted in
the lowest interfragmentary displacement and least mandibular strains indicating that in terms of
design, double mini design resulted in the most superior fixation. While Orassi et al. [14] showed
that Mg WE43 could be used, we show that its use is configuration dependent, just like nitinol
also. In terms of design, we had previously [31] found that the presence of multiple arms along the
tensile and compressive strain contours led to reduced strains with trapezoid and double mini
plates. We now reinforce that with a trapezoidal plate, the material selection also plays a role.
Hence, this study highlights that both plate material and design strongly influence fixation stability
in subcondylar fractures. Titanium alloys (Ti-6Al-4V and TNTZ) showed the most reliable
performance, while SS316L and magnesium posed risks of plate failure. Among designs, double
mini plates provided the most suitable stabilization with the lowest interfragmentary displacement,
followed by trapezoid plates, whereas lambda plates risked non-union due to excessive
displacement under ipsilateral loading. Clinically, these findings support the preferential use of Ti-
based double mini or trapezoid plates [5,6] for achieving stable fixation and reliable healing, while
emphasizing that material–design–loading interactions should guide patient-specific treatment
planning. It should be noted that extensive clinical outcome data are currently available primarily
for titanium based fixation systems [5,6], which remain the standard of care in maxillofacial
fracture management. In contrast, materials such as magnesium alloys, Nitinol, and novel Ti alloys
are still under active investigation, and long-term clinical evidence in subcondylar fracture fixation

is limited. Therefore, the present findings for these materials should be interpreted as preclinical
biomechanical insights that may guide future translational and clinical research rather than
immediate clinical recommendations.

Despite the study's thorough approach, it has a few limitations. Although heterogeneous
material properties were assigned to the cancellous bone and orthotropic material properties to the
cortical bone, the model does not simulate the non-linear nature of materials or the heterogeneous
anisotropic properties of the cortical bone. Additionally, this study does not account for inter-
patient variability owing to differences in morphological properties such as bone density and
volume. Hence, the results should be considered patient specific. While biomechanical stability is
a critical determinant of successful fracture fixation, clinical outcomes are also influenced by
additional biological and material-related factors, such as nickel hypersensitivity and uncontrolled
corrosion in magnesium-based alloys, which are not captured in the present finite element
framework. However, since all comparative simulations were performed on the same anatomy
under identical loading and boundary conditions, the observed differences between modeling
strategies, materials, and plate designs reflect relative mechanical trends rather than subject-
specific effects. Although the present study did not simulate bone healing, it is recognised that
mechanical stability plays an important role in fracture repair and tissue differentiation. Recent
work [53] has highlighted the mechanobiological coupling between stability and callus formation.
The comparative biomechanical insights provided here thus contribute to understanding the
mechanical environment that precedes biological healing. The models also use a simplified
cylindrical representation of screws that likely leads to an underestimation of the local stress
concentrations at the thread roots and bone-screw interface, and hence, the reported screw stress
values should be interpreted as conservative lower-bound estimates.

The influence of screw placement on fixation stability is another factor that could affect
the results. However, these factors were beyond the scope of the present study and planned to be
investigated as an extension of this study in future. Furthermore, the present study evaluates
fixation performance under static loading conditions and assesses mechanical safety primarily
through stress- and strain-based metrics relative to material strength. While this approach is widely
used for pre-clinical evaluation of mandibular fixation strategies, it does not explicitly capture
fatigue-related failure mechanisms arising from cyclic mastication loading. Consequently, long-

term failure modes such as plate fatigue or screw loosening cannot be directly inferred from the current analysis. In addition, for biodegradable materials such as the Mg WE43 alloy, progressive material degradation during the healing period may alter load-sharing behaviour and compromise fixation stability if degradation occurs faster than bone union. These time-dependent effects were beyond the scope of the present static framework and warrant future investigation.

5. Conclusion

A biologically realistic FE model was developed to evaluate fixation using different implant designs and materials during mastication. The different trends between plates with varying number of screws highlighted the importance of screws in the proximal segment to resist the moment present under contralateral chewing. Based on the least strains in reconstructed mandibles and the least interfragmentary distances, the double mini plates are suggested as the most optimal for reconstruction. Although, nitinol and Mg WE43 posed some advantages, they resulted in high equivalent von Mises stresses in plates, indicating the use of titanium to be more suitable. This study suggests that the patients should continue with the contralateral chewing to prevent instability. The results from this study have potential to improve development of improved fixation techniques of double mini plates of titanium alloys such as TNTZ.

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Conceptualization: KM, AD; Data curation: AG, AD; Formal analysis: AG, RG, KD, AD, KM; Investigation: AG, RG, AD, KM; Methodology: AG, RG, AD, KM; Project administration: KD, KM; Resources: KD, KM; Software: KM; Supervision: KD, KM; Validation: AG, RG, AD; Visualization: AG, RG, AD, KM; Writing – original draft: AG; Writing – review and editing: AG, RG, AD, KD, KM.

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Figure Legends

Figure 1. (a) Developed model of fractured mandible (b) Developed plate models and
corresponding mandibular reconstructions: 1. Trapezoid, 2. Strut, 3. Lambda, 4. Double mini
plates, (c) Interfragmentary displacement calculated at the maximum opening end of the osteotomy
site

Figure 2. Von Mises stress distribution in trapezoid, strut, lambda and double mini plates for (a)
Nitinol, (b) Mg WE43, (c) TNTZ, (d) Ti-6Al-4V and (e) SS 316L under RMOL
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673 **Figure 3.** Von Mises stress distribution in trapezoid, strut, lambda and double mini plates for (a)
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675
Figure 4. Plane passing through right molars and fracture site and plane through left molars
indicating the bending effect during ipsilateral chewing forces

Table Captions

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Table 1. Material properties of components of Finite Element model

Component	E_X (GPa)	E_Y (GPa)	E_Z (GPa)	ν_{XY}	ν_{YZ}	ν_{XZ}	G_{XY} (MPa)	G_{YZ} (MPa)	G_{XZ} (MPa)
Symphysis and mental foramen	23	10	15	0.3	0.3	0.3	4800	3600	6200
Gonial angle	20	11	12	0.3	0.3	0.3	4800	5300	6000
Rest of cortical	17	6.9	8.2	0.3	0.3	0.3	2800	2900	4600
Cancellous	$1 \times 10^{-4} - 4.33$	-	-	0.3	-	-	-	-	-
Enamel	80	-	-	0.3	-	-	-	-	-
Dentin	17.6	-	-	0.25	-	-	-	-	-
Condylar Fibrous Tissue	0.006	-	-	0.25	-	-	-	-	-
Periodontal ligament	0.003	-	-	0.45	-	-	-	-	-
Blocks	50000	-	-	0.3	-	-	-	-	-
Screws (Ti-6Al-4V)	110			0.3					

Table 2. Material properties of plates

Material	Elastic modulus (E_X in GPa)	Poisson's ratio (v)	Yield Strength (MPa)	Reference
Nitinol	38.5	0.3	200	Moghaddam et al. 2016 [17]
Mg WE43	44.2	0.27	162	Orassi at al. 2022 [14]
TNTZ	80	0.3	864	Niinomi et al. 1998 [12]
Ti-6Al-4V	110	0.3	900	Dutta et al. 2019 [13]
SS 316L	210	0.3	380	Xie at al. 2013 [9]

Table 3. Muscle Forces and Boundary Conditions Applied

Clenching	Side	Direction	Muscular force (in N)							Boundary Conditions
			SM	DM	MP	AT	MT	PT	LP	
RMOL	Right	$F_{Resultant}$	137.1	58.8	146.9	115.4	63.1	44.6	20.1	Right Molar Top (X=Y=Free, Z=0) Temporal Block Top (X=Y=Z=0)
		F_x	−28.4	−32.1	71.4	−17.2	−14.0	−9.3	12.6	
		F_y	−57.4	21.0	−54.8	−5.1	31.5	38.1	−15.2	
		F_z	121.2	44.5	116.1	114.0	52.8	21.1	−3.5	
	Left	$F_{Resultant}$	114.2	49.0	104.9	91.7	64.0	29.5	43.5	
		F_x	23.6	26.7	−51.0	13.7	14.2	6.1	−27.4	
		F_y	−47.9	17.5	−39.1	−4.0	32.0	25.2	−32.9	
		F_z	101.0	37.1	83.0	90.5	53.6	14.0	−7.6	
LMOL	Right	$F_{Resultant}$	114.2	49.0	104.9	91.7	64.0	29.5	43.5	Left Molar Top (X=Y=Free, Z=0) Temporal Block Top (X=Y=Z=0)
		F_x	−23.6	−26.7	51.0	−13.7	−14.2	−6.1	27.4	
		F_y	−47.9	17.5	−39.1	−4.0	32.0	25.2	−32.9	
		F_z	101.0	37.1	83.0	90.5	53.6	14.0	−7.6	
	Left	$F_{Resultant}$	137.1	58.8	146.9	115.4	63.1	44.6	20.1	
		F_x	28.4	32.1	−71.4	17.2	14.0	9.3	−12.6	
		F_y	−57.4	21.0	−54.8	−5.1	31.5	38.1	−15.2	
		F_z	121.2	44.5	116.1	114.0	52.8	21.1	−3.5	

Table 4. Maximum principal strains (με) for reconstructed mandibles during RMOL and LMOL for different implant materials

Loading conditions	Implant type	Nitinol	Mg WE43	TNTZ	Ti-6Al-4V	SS 316L
RMOL	Trapezoid	1605	1609	1614	1611	1595
	Strut	1541	1538	1528	1522	1517
	Lambda	1572	1568	1554	1549	1543
	Double mini	1635	1628	1603	1558	1569
LMOL	Trapezoid	1478	1481	1496	1498	1495
	Strut	1383	1385	1411	1429	1466
	Lambda	1482	1476	1451	1434	1402
	Double Mini	1511	1506	1484	1473	1461

Table 5. Maximum von Mises stresses (MPa) in plates and screws during RMOL and LMOL for different implant materials

Component	Loading conditions	Implant type	Nitinol	Mg WE43	TNTZ	Ti-6Al-4V
Plate	RMOL	Trapezoid	143.50	149.68	184.76	213.56
		Strut	121.46	135.53	207.10	254.90
		Lambda	224.46	244.22	329.82	374.00
		Double mini	111.04	118.78	155.10	178.15
	LMOL	Trapezoid	237.16	253.49	330.42	382.20
		Strut	185.87	204.78	298.50	358.37
		Lambda	170.62	187.50	264.48	315.83
		Double mini	205.18	217.11	269.26	302.33
Screws	RMOL	Trapezoid	143.47	144.54	147.08	148.49
		Strut	170.17	170.62	170.02	168.77
		Lambda	157.02	159.85	170.63	173.38
		Double mini	135.6	135.83	134.75	132.34
	LMOL	Trapezoid	276.96	279.44	292.43	298.23
		Strut	245.48	246.38	241.89	238.33
		Lambda	243.59	244.34	243.10	237.00
		Double mini	184.99	185.82	183.70	180.80

Table 6. Maximum principal strains (με) in plates under RMOL and LMOL for different implant materials

Loading conditions	Implant type	Nitinol	Mg WE43	TNTZ	Ti-6Al-4V	SS 316L
RMOL	**Trapezoid**	3240	2941	2022	1693	1221
	Strut	2494	2398	2016	1784	1364
	Lambda	4180	3952	3014	2465	1638
	Double Mini	2383	2210	1603	1329	928
LMOL	**Trapezoid**	6080	5642	3992	3301	2277
	Strut	4066	3802	2891	2474	1789
	Lambda	3554	3356	2653	2310	1738
	Double Mini	4452	4087	2845	2325	1493

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Table 7. Interfragmentary displacement (μm) during RMOL and LMOL for different implant materials

Loading conditions	Implant type	Nitinol	Mg WE43	TNTZ	Ti-6Al-4V	SS 316L
RMOL	Trapezoid	138.57	126.00	86.91	73.00	55.40
	Strut	131.00	128.00	111.56	90.00	70.30
	Lambda	530.00	507.00	383.00	300.00	186.00
	Double Mini	27.00	24.60	15.18	11.00	6.10
LMOL	Trapezoid	116.90	112.60	92.56	80.00	68.40
	Strut	130.88	129.10	123.90	122.00	114.13
	Lambda	146.00	140.13	116.20	105.50	86.80
	Double Mini	44.90	42.17	31.40	26.50	18.70

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