

1 **Testing a non-destructive assay to track *Plasmodium* sporozoites in**
2 **mosquitoes over time**

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10 **Abstract**

11 **Background:** The extrinsic incubation period (EIP), defined as the time it takes for malaria
12 parasites in a mosquito to become infectious to a vertebrate host, is one of the most influential
13 parameters for malaria transmission but remains poorly understood. The EIP is usually
14 estimated by quantifying salivary gland sporozoites in subsets of mosquitoes, which requires
15 terminal sampling. However, assays that allow repeated sampling of individual mosquitoes over
16 time could provide better resolution of the EIP.

17 **Methods:** We tested a non-destructive assay to quantify sporozoites of two rodent malaria
18 species, *Plasmodium chabaudi* and *Plasmodium berghei*, expelled throughout 24hr windows,
19 from sugar-feeding substrates using quantitative PCR.

20 **Results:** The assay can quantify sporozoites from sugar-feeding substrates, but the prevalence of
21 parasite positive substrates is low. Multiple methods to increase the detection of expelled
22 parasites (running additional technical replicates; using groups rather than individual
23 mosquitoes) did not increase the detection rate, suggesting that expulsion of sporozoites is
24 variable and infrequent.

25 **Conclusions:** We reveal successful detection of expelled sporozoites from sugar-feeding
26 substrates. However, investigations of the biological causes underlying the low detection rate of
27 sporozoites (e.g. mosquito feeding behaviour, frequency of sporozoite expulsion, or sporozoite
28 clumping) are needed to maximise the utility of using non-destructive assays to quantify
29 sporozoite dynamics. Increasing detection rates will facilitate the detailed investigation on
30 infection dynamics within mosquitoes, which is necessary to explain *Plasmodium's* highly
31 variable EIP and improve understanding of malaria transmission dynamics.

32

33 **Keywords:** extrinsic incubation period, *Anopheles stephensi*, *Plasmodium berghei*, *Plasmodium*
34 *chabaudi*, malaria transmission

35

36 **Background**

37 Malaria, caused by *Plasmodium* parasites, [1] is transmitted between vertebrate hosts by
38 *Anopheles* mosquito vectors. Within the vector, parasites must mate, reproduce, traverse the
39 midgut wall, replicate extensively and then migrate to the salivary glands. Only after all these
40 processes (defined as sporogony) are completed, can parasites infect a new vertebrate host. The
41 time it takes for parasites to complete their development in the vector (the extrinsic incubation
42 period, EIP [2]) is usually reported to be 10-20 days [3,4]. This is surprisingly long given that
43 only a very small proportion of mosquitoes live longer than three weeks in the field [5–7].

44

45 Small changes in the EIP can have a large effect on the number of mosquitoes living
46 long enough to become infectious, making it a crucial parameter for transmission potential (i.e.
47 R_0) [3]. Although the historical assumption that the EIP only depends on temperature [8–10] has
48 been overturned [3], understanding of other sources of variation in EIP remains limited.
49 Variation in the EIP is associated with environmental factors, such as temperature and
50 availability of the vector's resources, along with intrinsic differences between *Plasmodium*
51 species. For example *Plasmodium mexicanum*, vectored by the short-lived sand fly, has a shorter
52 EIP [2], whereas *P. berghei* has a longer EIP, partly due to adaptation to the lower temperature
53 of their vector's habitat [11]. In comparison, *P. chabaudi* and *P. falciparum* have similar
54 development times, with the latter speeding up when mosquitoes receive an additional blood
55 meal [12]. Furthermore, longer EIPs have been observed in *P. falciparum*-infected mosquitoes
56 with lower salivary gland burdens [13]. Why malaria parasites cannot develop faster is a
57 longstanding mystery and highlights the need to investigate whether constraints (such as the
58 dynamics of resource availability within mosquitoes) and/or benefits to the parasite (such as
59 transmission correlating positively with sporozoite number) shape the EIP [6].

60

61 Explaining the EIP is challenging because it is most commonly approximated as the time
62 at which sporozoites are first visible in the salivary glands [3]. However, sporozoites may
63 require a period of maturation to become infectious; heterogeneous gene expression suggests
64 that not all sporozoites residing in the salivary glands are infectious [14]. Additionally, salivary
65 gland sporozoites may need to exceed a density threshold for onwards transmission to be likely.
66 For example, while transmission probability significantly increases above 10000 sporozoites for
67 *P. yoelii* [15], even though only tens to low hundreds of sporozoites are thought to be expelled
68 during transmission [13,16–18], studies using *P. falciparum* suggest a lower (>1000) threshold
69 [19]. Furthermore, some infected mosquitoes do not expel any sporozoites [13,20,21] further
70 complicating the correlation between salivary gland sporozoites and transmission probability.

71
72 Tools for estimating the EIP are also problematic; the EIP is typically estimated from
73 terminal sampling of a subset of mosquitoes from the population at intervals during sporogony.
74 Sporozoites are usually assayed following dissection of the salivary glands for microscopic
75 detection of sporozoites [22], or by molecular assays from (bisected) mosquitoes [13,23]. These
76 methods have several limitations. First, terminal sampling prevents tracking individual
77 mosquitoes over time so EIP is estimated at population-level. While population-level measures
78 such as the median EIP (EIP₅₀) are useful for modelling purposes [3], they do not take into
79 account the individual variation important for linking vector-parasite-environment interactions
80 with the EIP and infectiousness [24,25]. Second, processing a subset of mosquitoes every few
81 days is laborious and requires large numbers of infected mosquitoes.

82
83 Sporozoites are expelled during sugar feeding [26,27] and expelled sporozoites have a
84 greater chance of being infectious than those in the glands. Thus, using a non-destructive assay
85 that quantifies expelled sporozoites on sugar-feeding substrates allows the infections of
86 individual mosquitoes to be followed over time and can improve resolution of the EIP. Non-

87 destructive sugar-based assays to quantify sporozoites, using PCR or immunoblotting detection
88 of circumsporozoite protein, have been tested for groups or single mosquitoes infected with *P*
89 *falciparum* [24,26–29], and for groups of *P. berghei*-infected mosquitoes [28,30] with some
90 success. While assays able to detect sporozoites from groups of mosquito are useful for field
91 surveillance of malaria prevalence [26–28], assays sensitive enough to detect sporozoites from
92 individual mosquitoes provide the best resolution of EIP and its determinants. Furthermore,
93 investigating the ecological and evolutionary determinants of the EIP requires model systems in
94 which the full life cycle can be manipulated. Due to their tractability, rodent malarias are ideal,
95 but there is no assay available for individual mosquitoes infected with these *Plasmodium*
96 species. The most commonly used model, *P. berghei*, is useful for proof of principle
97 investigation of EIP-related questions, including onward transmission to a vertebrate host, but *P.*
98 *chabaudi* provides a unique opportunity to investigate EIP at a similar parasite density and
99 temperature [31] to *P. falciparum*.

100

101 Here we test a non-destructive method to detect *P. berghei* and *P. chabaudi* sporozoites
102 from mosquitoes' sugar-feeding substrates. We compare how well this technique performs for
103 *P. berghei* and *P. chabaudi* which have different optimal temperatures for sporogony and
104 therefore different EIPs. We demonstrate that *Plasmodium* DNA from both species can be
105 detected and quantified from sugar-feeding substrates. However, while the detection rate for
106 sporozoites in mosquito expectorates is similar to other studies [24,28], parasite prevalence is
107 low. We discuss potential explanations for low parasite prevalence in individual mosquito's
108 expectorate, and suggest further improvements to sugar-feeding assays.

109

110 **Methods**

111 The qPCR to quantify *Plasmodium* sporozoites was validated, and used to determine the best
112 sugar-feeding substrate for the assay, the range of sporozoite DNA concentrations that can be

113 recovered from the substrates, as well as optimal storage conditions and sugar concentrations to
114 minimise DNA degradation. Subsequently, the recovery of expelled sporozoites from individual
115 mosquitoes was investigated, as well as methods to increase the detection of expelled parasites.

116

117 **Mosquitoes and malaria infections**

118 *Anopheles stephensi* SD500 mosquitoes were reared at 26°C, 70% relative humidity, in a
119 12L:12D hr light cycle, with *ad libitum* access to 8% fructose solution post-emergence.

120 Transmission to mosquitoes was achieved through blood-feeding mosquitoes on mice (8-10
121 week old male C57Bl/6) with microscopy-confirmed gametocytes of either *P. berghei* ANKA or
122 *P. chabaudi* genotype ER (following [31,32]). Mosquitoes used for *P. berghei* transmissions
123 were gradually acclimatised to 21°C prior to infectious blood feeds. All mosquitoes were
124 starved for 24 hours before infection and unfed females were removed on day 1 post-infectious
125 blood meal (pIBM).

126

127 **DNA extraction**

128 DNA from microscopy-quantified blood stage parasites [33] was extracted from 5µL blood
129 using a semi-automatic Kingfisher Flex Magnetic Particle Processor and MagMAX™-96 DNA
130 Multi-Sample Kit (ThermoFisher Scientific) as per [34], and was frozen at -20°C until use.

131 These blood-stage DNA samples were used to determine qPCR efficiency and the limit of
132 detection (LOD).

133

134 DNA was extracted from mosquitoes and feeding substrates following the CTAB-based
135 phenol-chloroform extraction method from Chen *et al* [35] with minor modifications as
136 described in Schneider *et al.* [33]. Extracted DNA was eluted in 30µL (mosquitoes,
137 supplemented feeding substrates) or 16µL (mosquito expectorate substrates) water, and frozen at
138 -20°C until use. Mosquito, but not feeding substrate DNA extracts, were diluted 4-fold to reduce

139 the effect of inhibitors originating from mosquito material on the performance of the PCR.
140 Seven microliters of (diluted) DNA extracts were used in all PCR reactions, and data are
141 presented as genomes/PCR to account for differences in sample processing.

142

143 **Quantification of *Plasmodium* by quantitative PCR**

144 Both *P. berghei* and *P. chabaudi* were assayed by a quantitative PCR (qPCR) targeting a region
145 of the 18S rRNA gene that is highly conserved among *Plasmodium* species [36]. Quantification
146 of parasite genomes was determined by comparing threshold cycle (Ct) against a standard curve,
147 generated from DNA extracted from blood stage parasites of either *P. berghei* ANKA or *P.*
148 *chabaudi* genotype ER (see “DNA extraction”). Negative water controls were included to
149 identify false positives.

150

151 **Optimising the assay**

152 The assay was optimised using two reference DNA samples from sporozoite-infected
153 mosquitoes. DNA samples from *Plasmodium*-infected mosquitoes, shown by qPCR to have high
154 sporozoite loads were pooled to create one reference DNA sample for *P. berghei* (2967
155 genomes/ μ L) and one for *P. chabaudi* (5099 genomes/ μ L). These reference samples were used
156 to determine: 1) which type of feeding substrate type returned an optimal DNA yield, and
157 whether 2) DNA could be detected across a range of concentrations, 3) DNA degradation
158 occurred during the collection period, and 4) sugar content impacted DNA yield.

159

160 The most suitable feeding substrate was selected by comparing the recovery of parasite
161 DNA from 15mg cotton wool, a 1cm² cotton pad (Boots UK) or a 1 cm² filter paper (Whatman
162 No. 1). Each substrate (n=3 per substrate type) was soaked in 8% fructose, supplemented with
163 5 μ L *P. berghei* or *P. chabaudi* reference DNA and stored at 26°C and 70% relative humidity for
164 24hrs to mimic housing conditions for *P. chabaudi*-infected mosquitoes. Reduced DNA yields

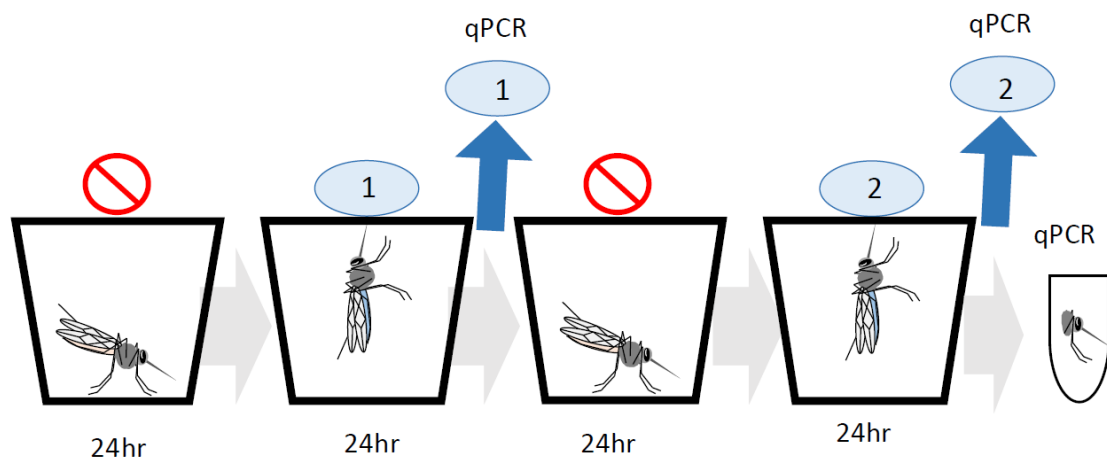
165 are expected at higher temperatures [37], so these conditions provide a conservative estimate of
166 assay performance for *P. berghei*. DNA yield was calculated by comparing qPCR results
167 directly from reference DNA with those from spiked feeding substrates, accounting for any
168 dilutions during sample processing. Subsequent tests were conducted using cotton wool, and all
169 substrates were kept in the same conditions as described above. Second, to confirm that DNA
170 could be consistently detected and quantified across a range of concentrations, cotton wool
171 substrates were supplemented with 5µL of serial dilutions of *P. berghei* (neat 10^0 to 5×10^{-3}
172 dilution) or *P. chabaudi* (neat 10^0 to 5×10^{-4} dilution) reference samples, (n=3 per
173 dilution/species), immediately after soaking in 8% fructose (time point 0hrs). Linearity of
174 quantification and the limit of quantification (LOQ), relative to the limit of detection (LOD),
175 was quantified. Third, DNA degradation under conditions mimicking mosquito housing was
176 tested by comparing DNA recovery from cotton wool supplemented with 5µL reference sample
177 (10^0 to 10^{-2} dilution for each species) either immediately after soaking in 8% fructose (time
178 point 0hrs) or at collection (time point 24hrs) (n=3 per time point/species). Finally, the impact of
179 sugar concentration on DNA yield was tested by soaking cotton wool substrates in distilled
180 water, 1% or 8% fructose and supplemented with 5µL of serial dilutions of *P. berghei* or *P.*
181 *chabaudi* reference samples (neat 10^0 to 10^{-2} dilution, n=3 per dilution/species). Parasite DNA
182 recovery was compared between the 3 sugar concentrations.

183

184 **Testing the assay on mosquito expectorate samples**

185 To collect expectorate samples, mosquitoes were moved to paper cups, either individually (*P.*
186 *berghei* n=13; *P. chabaudi* n=10) or in groups (*P. berghei*, 4 mosquitoes/cup, n=5 cups). To
187 increase the likelihood of sugar feeding, mosquitoes were starved for 24 hours prior to being
188 provided with a feeding substrate, which was collected 24hrs later and stored at -20°C until
189 DNA extraction. This 2-day starvation–feeding cycle was repeated twice during days 22-25
190 pIBM for *P. berghei*, and days 12-15 pIBM for *P. chabaudi* (Figure 1). After both sets of

191 expectorate samples were collected, mosquitoes were anaesthetised on ice and bisected
192 following [23]. Head-thorax specimens were stored at -20°C until DNA extraction and
193 subsequent salivary gland sporozoite quantification by qPCR. Only data from sporozoite-
194 infected mosquitoes that survived for the entire experiment were included in all analyses (n=1 *P.*
195 *berghei* and n=1 *P. chabaudi* uninfected individual mosquitoes were excluded; no uninfected
196 mosquito groups were detected).



197

198 **Figure 1.** Cotton substrate collection timings from *Plasmodium* infected mosquitoes.

199 Mosquitoes were moved to paper cups and starved for 24 hours, then provided access to a sugar-
200 feeding substrate. After 24 hours, the substrate was collected for sporozoite detection by qPCR.
201 This cycle was repeated twice, such that two substrates were collected per mosquito. The cycle
202 started on day 22 pIBM for *P. berghei* and day 12 pIBM for *P. chabaudi*.

203

204 **Statistical analysis**

205 Data analyses were performed using R v. 4.1.3. Linear models were used to determine PCR
206 efficiency, and compare this between species. The absolute limit of detection (LOD) [38],
207 defined as the minimum concentration that can be detected with a sensitivity of 100%, was
208 determined using plateau-linear models fitted to qPCR Ct values and associated genome counts
209 (SSplin, *ntraa* package [39]). These models predict the switching point from a plateau to a linear
210 slope, thus indicating when the qPCR true positivity rate dropped below one. Parasite densities

211 below the LOD were set to zero. To determine the most suitable substrate and sugar
212 concentration, and test for DNA degradation over time, linear models were used to investigate
213 the effect of the variable tested (substrate, sugar, or time), parasites species, DNA concentration
214 (if relevant), and all their interactions on Ct value. DNA yield across *Plasmodium*
215 concentrations was analysed using linear models for *P. chabaudi* and the SSpln function for *P.*
216 *berghei*, for which this non-linear model fitted better than a linear regression ($\Delta\text{AICc} > 2$).

217

218 The presence/absence of parasite DNA from expelled sporozoites over time was tested
219 using binomial generalised linear models (glm), including an interaction between *Plasmodium*
220 species and salivary gland burden. Further binomial glms were used to test whether processing a
221 larger proportion of the mosquito expectorate DNA extract (summing parasite densities detected
222 in two qPCR replicates), or collecting expectorates from small groups of *P. berghei*-infected
223 mosquitoes rather than individuals improved detection rates, including species and either
224 replicate or grouping, as well as their interaction into the models. Negative binomial models
225 (glm.nb function, MASS package [40]) were used to investigate whether the number of expelled
226 sporozoites on positive substrates was affected by (1) day and salivary gland burden, and how
227 this varied by species; (2) summing parasite densities from two qPCR replicates, by species; (3)
228 grouping *P. berghei*-infected mosquitoes, by day; and (4) whether salivary gland sporozoite
229 burden differed between species.

230

231 Models were minimised using likelihood ratio tests, and AICc for non-nested models.
232 All models met model assumptions, confirmed by simulating and plotting residuals using the
233 DHARMA package [41]. Confidence intervals were obtained from statistical models or, in the
234 case of confidence intervals for quotients, using Fieller's method [42].

235

236 **Results**

237

238 **Validation of qPCR for sporozoite detection: True and false positivity**

239 The qPCR assay targeting the 18S rRNA gene has been previously validated for sporozoite

240 detection, achieving a 95% amplification efficiency and a limit of detection of <10

241 parasites/PCR reaction [36]. We replicate this high qPCR performance using DNA extracted

242 from blood stages of *P. berghei* (0.51 to 6428 genomes/PCR reaction) or *P. chabaudi* (0.24 to

243 75461 genomes/PCR reaction), achieving an amplification efficiency of $99.5 \pm 2.6\%$, $R^2=0.99$,

244 with equal performance between species (log₁₀ parasite density by species interaction:

245 $F_{(1,20)}=0.51$, $P=0.482$). Although quantification is accurate when low parasite densities are

246 detected, detection rates drop at lower densities. The limit of detection (LOD, the concentration

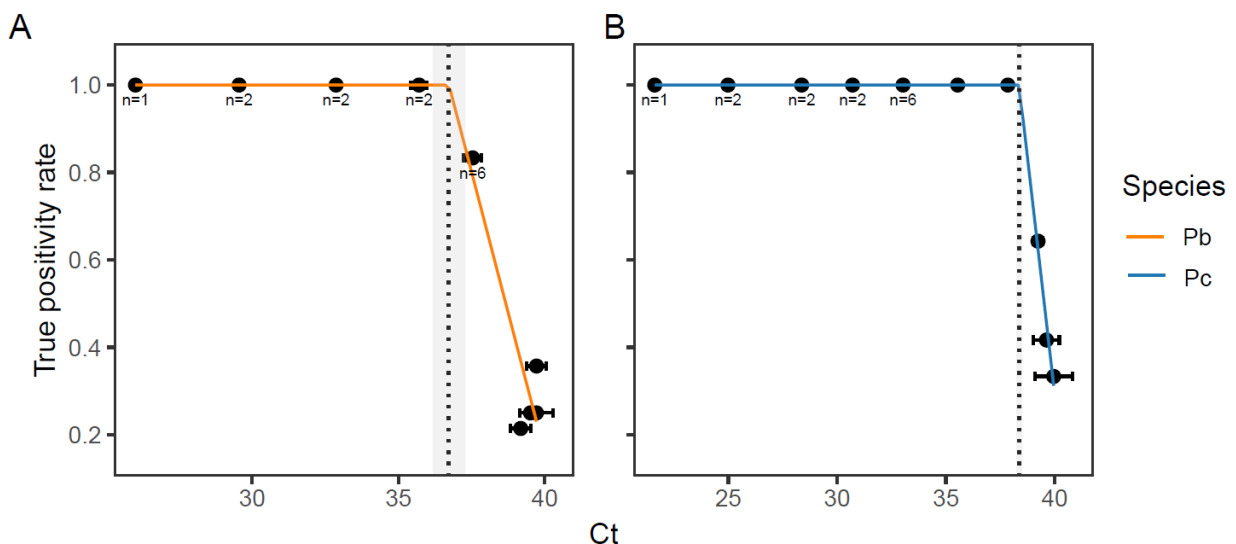
247 at which the true positivity rate drops below 1) was 4.37 genomes/PCR reaction (Ct 36.7 ± 0.5)

248 for *P. berghei* (Fig 2A) and 0.78 genomes/PCR reaction (Ct 38.4 ± 0.1) for *P. chabaudi* (Fig 2B).

249 At parasite densities below the LOD (i.e. higher Ct values), the rate of false negatives increases

250 and these densities were set to zero. False positives (water samples) were not detected at

251 concentrations above the LOD for either species.



252

253 **Figure 2.** True positivity rates, determined from quantification of a serial dilution of DNA from

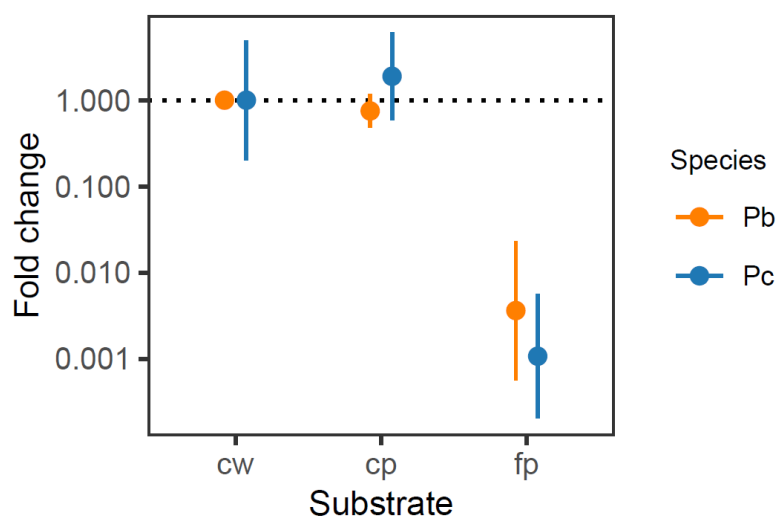
254 blood-stage parasites for *P. berghei* (A, orange) and *P. chabaudi* (B, blue). Mean Ct values

255 \pm SEM are presented for *P. berghei* (0.001 to 6428 genomes/PCR reaction) and *P. chabaudi*
256 (0.045 to 75461 genomes/PCR), tested in n=12 replicates unless stated otherwise in the graph.
257 The limit of detection (LOD, the concentration at which the true positivity rate drops below 1)
258 \pm SEM, predicted using a plateau-linear function, is 4.37 (Ct 36.7 \pm 0.5) or 0.78 (Ct 38.4 \pm 0.1)
259 genomes/PCR reaction for *P. berghei* and *P. chabaudi*, respectively (dotted lines \pm shading).

260

261 **Optimising the assay**

262 To determine the most suitable feeding substrate for the assay, three different substrates, soaked
263 in 8% fructose and supplemented with 5 μ L reference DNA from *P. berghei* or *P. chabaudi*
264 infected mosquitoes, were tested: filter paper, cotton wool and cotton pads. DNA yield varied by
265 substrate type and parasite species (substrate by species interaction: $F_{(2,12)}=4.42$, $P=0.036$).
266 Specifically, the extraction efficiency for cotton wool substrates, was 21% and 25% for *P.*
267 *chabaudi* and *P. berghei* cotton wool substrates, respectively. Cotton pads resulted in DNA
268 yields similar to cotton wool, and filter paper resulted in the lowest DNA yield relative to cotton
269 wool, and more so for *P. chabaudi* (933-fold lower; 95% CI: 186, 4683) than *P. berghei* (276-
270 fold lower; 95% CI: 45, 1675) (Fig 3). Based on DNA yield, and ease of use, cotton wool was
271 selected as the feeding substrate for the remainder of this study.



272

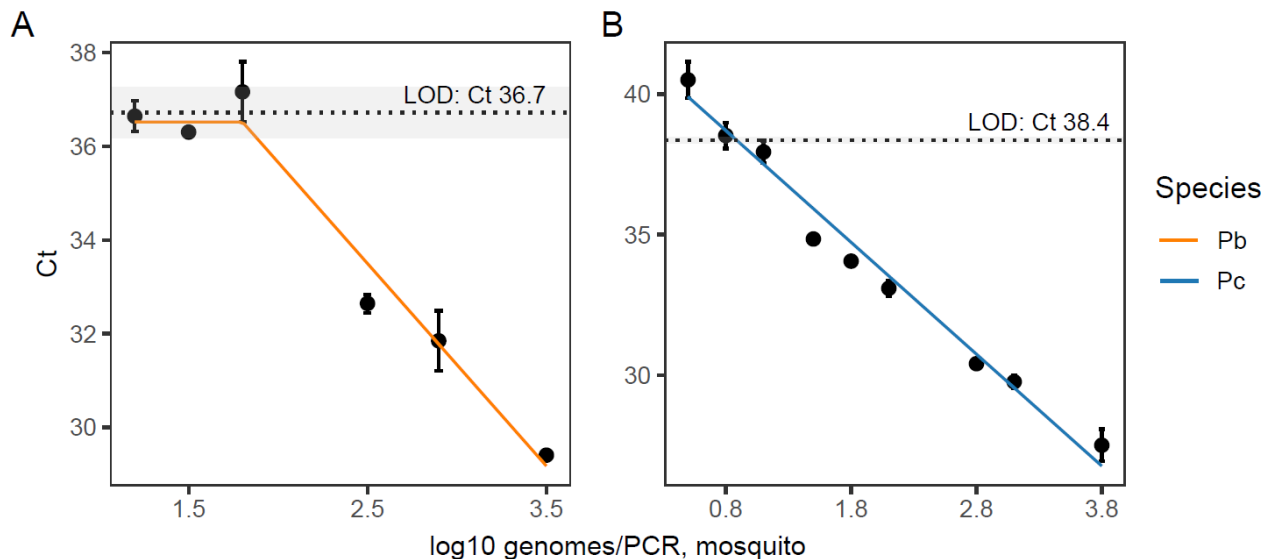
273 **Figure 3.** Relative DNA yield from substrates soaked in 8% fructose and supplemented with
274 reference DNA extracted from *P. berghei* (orange) or *P. chabaudi* (blue) infected mosquitoes.

275 DNA yield is presented as mean fold difference \pm SEM (n=3/substrates/species) relative to the
276 mean DNA yield for cotton wool for each species and displayed on a log₁₀ scale to clearly
277 visualise both increased and decreased DNA yield. Cotton wool (cw); cotton pads (cp), filter
278 paper (fp).

279
280 Assay performance for cotton wool was tested by supplementing cotton wool substrates
281 with 5 μ L of a serial dilution of reference DNA for *P. berghei* (17-3461 genomes/PCR) or *P.*
282 *chabaudi* (3-5949 genomes/PCR) (Fig 4). Non-linearity for *P. berghei* samples with Ct >
283 36.5 \pm 0.4 shows that quantification became inaccurate at parasite densities below 50
284 genomes/PCR. This switching point is referred to as the limit of quantification (LOQ), and
285 occurs at a similar Ct value as for *P. berghei* blood samples (36.7 \pm 0.5; dotted line, Fig 4A). For
286 *P. chabaudi*, the linear dynamic range covered all tested parasite densities, suggesting that we
287 can confidently detect and quantify *P. chabaudi* genomes from cotton wool substrates up until
288 the LOD as determined by the *P. chabaudi* blood samples above (Ct 38.4 \pm 0.1; Fig 4B). The
289 slopes in Fig 4 were steeper than expected, indicating PCR efficiencies of 70.4 \pm 8.9% for *P.*
290 *berghei* and 78.2 \pm 4.5% for *P. chabaudi*, which could be explained by covering a wider range of
291 DNA concentrations: DNA quantities were underestimated for low density samples, with Ct
292 values at/above the LOD. To maximise chances of mosquitoes feeding and expelling sporozoites,
293 access to substrates lasted for 24 hrs. Because the conditions in which mosquitoes are kept may
294 not be optimal to preserve DNA, we investigated DNA degradation over 24hrs. Specifically, we
295 compared DNA yield from cotton wool supplemented with DNA at the time of sugar soaking
296 (time point 0) or supplemented at the time of collection 24 hrs later (time point 24). As
297 expected, lower DNA concentrations result in a lower DNA yield (DNA: $F_{(1,33)}=2036.6$,
298 $P<0.001$). While the absolute number of genomes varies between species, reflecting the higher
299 parasites densities in the *P. chabaudi* compared to the *P. berghei* reference sample (species:
300 $F_{(1,33)}=310.9$, $P<0.001$), quantification is equally efficient in both species (DNA by species

301 interaction: $F_{(1,31)}=0.03$, $P=0.87$). We did not observe DNA degradation after 24 hrs of storage
302 for either species (time by species interaction: $F_{(1,29)}=0.0004$, $P=0.98$; time: $F_{(1,32)}=3.71$,
303 $P=0.063$), across all parasite densities (time by DNA by species interaction: $F_{(1,29)}=1.76$,
304 $P=0.20$; time by DNA interaction: $F_{(1,31)}=0.11$, $P=0.75$) (Fig 5A).

305



306

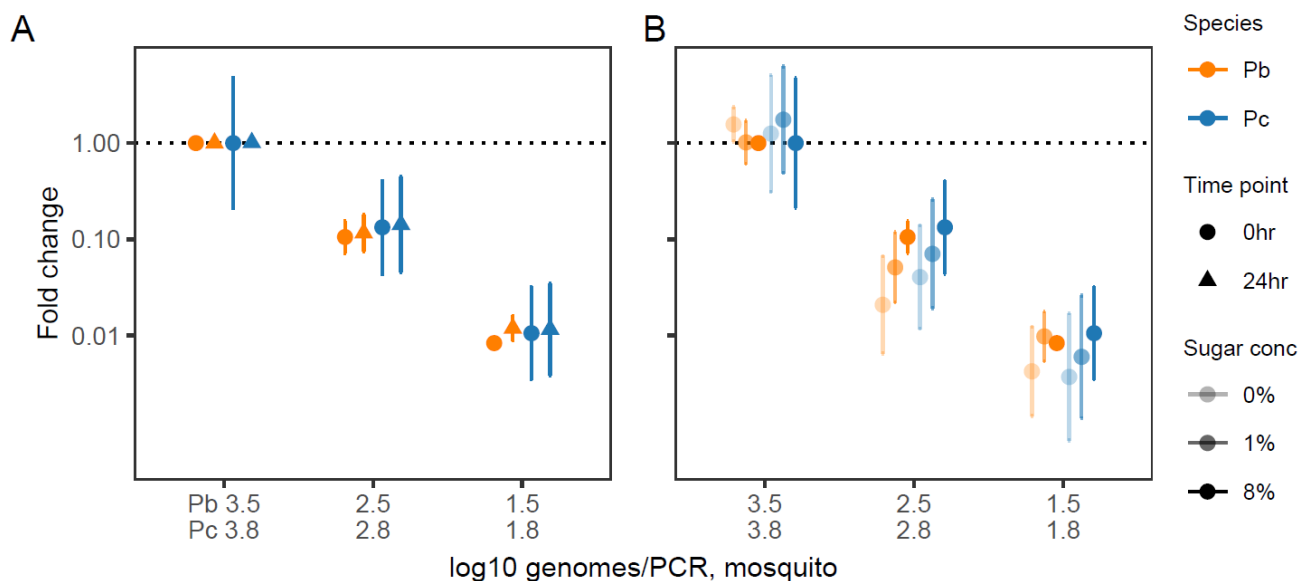
307 **Figure 4.** Linearity of quantification for *P. berghei* (orange; A) and *P. chabaudi* (blue; B)
308 reference DNA quantified from cotton wool substrates soaked in 8% fructose. Data points
309 present mean Ct values \pm SEM for reference DNA originating from infected mosquitoes (log10
310 genomes/PCR, mosquito) that ranged from 17-3461 (*P. berghei*) or 3-5949 (*P. chabaudi*)
311 genomes/PCR (n=3 / concentration / species). The limit of quantification (LOQ, Ct at which
312 samples can be successfully detected but quantification becomes inaccurate) is determined as
313 the switch point where the plateau ends. The limit of detection \pm SEM (LOD, see Fig 2) and its
314 associated Ct value for blood samples is depicted by the dashed line.

315

316

317 Mosquito feeding substrates have a high concentration of sugar (usually fructose or
318 glucose), which may affect extraction efficiency and subsequent amplification of DNA. To test
319 whether the sugar content of the substrates affected DNA yield, we compared DNA recovery

320 from cotton wool substrates soaked in 0, 1 or 8% (w/v) fructose, and supplemented with
 321 reference DNA at time point 0. Our analysis confirmed higher parasite densities in the *P.*
 322 *chabaudi*, compared to *P. berghei* reference sample (species: $F_{(1,49)}=80.4$, $P<0.001$), that lower
 323 DNA concentrations result in lower DNA yields (DNA: $F_{(1,49)}=639.0$, $P<0.001$), and that
 324 quantification of DNA is equally efficient for both species (DNA by species interaction:
 325 $F_{(1,48)}=0.838$, $P=0.36$). Sugar concentration impacts DNA yield (sugar: $F_{(2,49)}=8.10$, $P<0.001$);
 326 lower concentrations reduce the yield compared to 8% fructose by 1.5-fold (95% CI: 1.07, 2.05)
 327 for 1% and 2.4-fold (95% CI: 1.72, 3.31) for 0% (Fig 5B), in the same manners across parasite
 328 species and densities (sugar by DNA by species interaction: $F_{(2,42)}=0.56$, $P=0.58$; sugar by
 329 species interaction: $F_{(2,44)}=0.13$, $P=0.88$; sugar by DNA interaction: $F_{(2,46)}=1.30$, $P=0.28$).
 330 Together, these results confirm that collecting mosquito excrement over a period of 24 hours
 331 on substrates soaked in 8% fructose is optimal.



332
 333 **Figure 5.** Relative DNA recovery in response to storage time (A) and sugar concentration (B)
 334 for reference DNA quantified from cotton wool substrates. Data points present mean fold
 335 change \pm 95% CI, relative to substrates supplemented with neat reference DNA at time point 0
 336 (A), or soaked in 8% fructose (B), for each species. Dilutions of reference DNA, originating
 337 from infected mosquitoes (log10 genomes/PCR, mosq), range from 35-3461 (*P. berghei*,
 338 orange) or 59-5949 (*P. chabaudi*, blue) genomes/PCR (n=3 /concentration/group).

339

340 **Testing the assay using mosquito expectorate samples**

341 Following optimisation using reference DNA, we tested the assay's performance using mosquito
342 expectorate samples. We allowed *Plasmodium*-infected mosquitoes, housed individually (n=12
343 *P. berghei*, n=9 *P. chabaudi*) or in small groups (n=5 groups of 4 mosquitoes/group for *P.*
344 *berghei*), to feed for 24 hours on cotton wool substrates soaked in 8% fructose, which were
345 collected twice per (group of) mosquito(es). We compared the prevalence and density of
346 parasite DNA in the feeding substrates between species and by group size.

347

348 There was no correlation between the number of sporozoites in the salivary glands of
349 individual mosquitoes and the number of expelled parasites on positive feeding substrates
350 (salivary gland burden: $\chi^2_{(1)}=0.0098$, $P=0.92$) for either species (salivary gland burden by
351 species interaction: $\chi^2_{(1)}=0.839$, $P=0.36$). However, we detected 11-fold (95% CI: 3.61, 34.9)
352 more expelled parasites on positive feeding substrates for *P. berghei* compared to *P. chabaudi*
353 (species: $\chi^2_{(1)}=10.7$, $P=0.0011$; Fig 6A). This likely reflects the 3.4-fold (95% CI: 1.16, 9.56)
354 higher sporozoite burden in the salivary glands for *P. berghei* compared to *P. chabaudi*-infected
355 mosquitoes (species: $\chi^2_{(1)}=4.50$, $P=0.034$; Fig 6B). The number of sporozoites expelled was 2.9-
356 fold (95% CI: 1.32, 6.30) higher on the first vs. second substrate collection day (day: $\chi^2_{(1)}=4.82$,
357 $P=0.028$). This may be due to a higher representation of *P. berghei*-infected mosquitoes, with
358 their higher sporozoite burdens in the glands and the expectorate, in positive substrates of the
359 first (3/4: 75%) vs second collection day (4/6: 67%) (Table 1).

360

361

362

363

364 **Table 1.** Parasite detection rates from sugar feeding substrates, fed on by individual or groups of
 365 mosquitoes.

	<i>P. berghei</i> (days 23, 25 pIBM)			<i>P. chabaudi</i> (days 13, 15 pIBM)		
	Det. Rate ^a	Ct ^b	Sporozoites ^b	Det. rate ^a	Ct ^b	Sporozoites ^b
Individuals						
1 st Substrate	0.25 (3/12)	33.6±0.6	47.4±16.5	0.11 (1/9)	37.9	1.5
2 nd Substrate	0.33 (4/12)	35.2±0.5	13.3±4.0	0.22 (2/9)	37.5±0.8	2.2±1.1
Groups						
1 st Substrate	0.40 (2/5)	33.0±2.25	172±160	n.d.	n.d.	n.d.
2 nd Substrate	0.60 (3/5)	34.6±1.16	34.4±21.8	n.d.	n.d.	n.d.

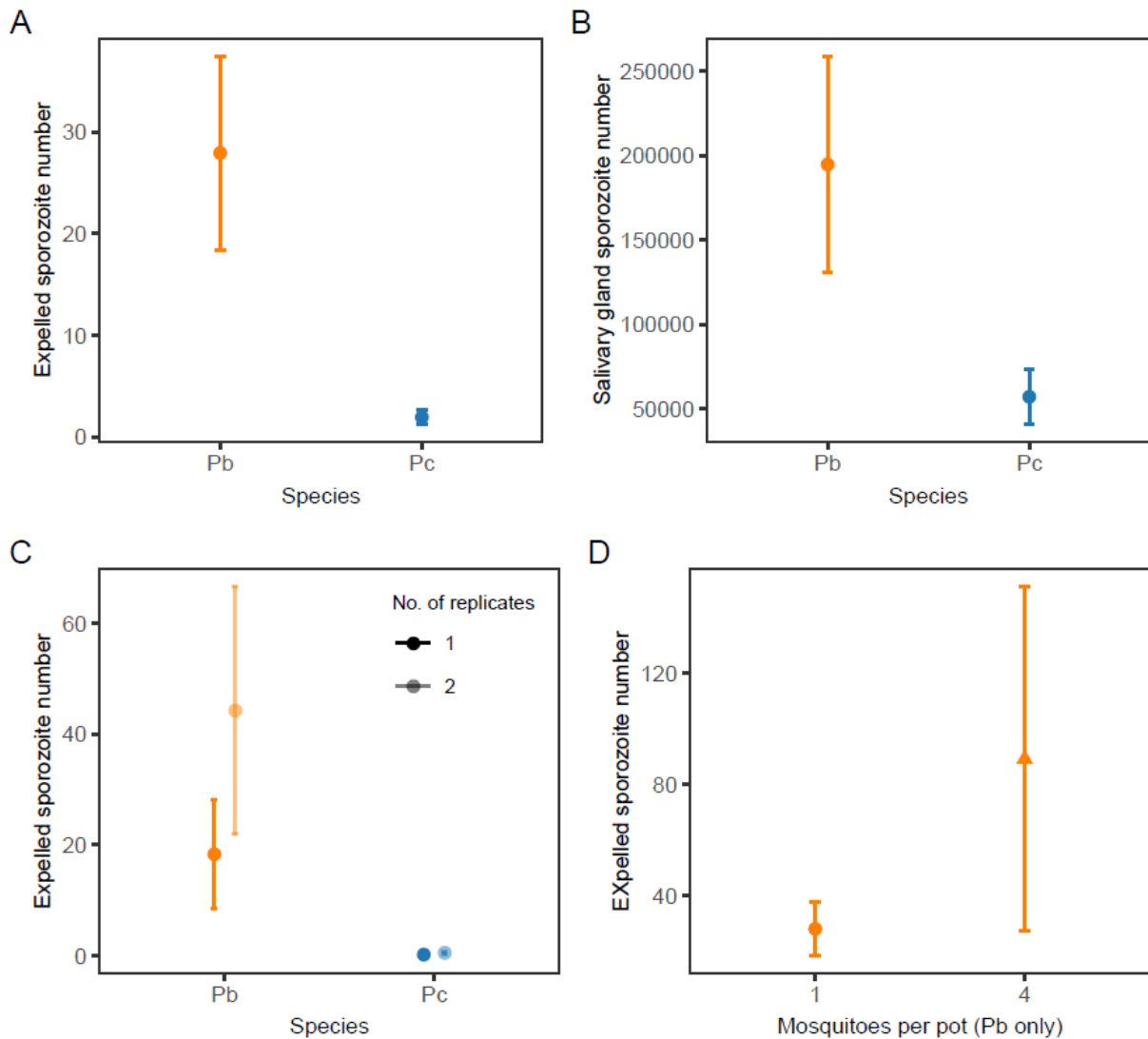
366 ^a proportion of positive substrates (number positive/total tested). ^b mean Ct value or number of
 367 sporozoites with SEM for positive substrates. n.d : not done

368

369 While 50% (6/12) of *P. berghei*- and 33% (3/9) of *P. chabaudi*-infected mosquitoes
 370 (confirmed to be positive for salivary gland sporozoites via qPCR) generated at least one
 371 positive substrate, the overall proportion of positive feeding substrates from individual
 372 mosquitoes was low at 29% (7/24) for *P. berghei* and 17% (3/18) for *P. chabaudi*. Only one
 373 mosquito, infected with *P. berghei*, returned a positive substrate on both collection days, and the
 374 number of positive substrates was similar across days for both species (day: $\chi^2_{(1)}=0.63$, $P=0.43$)
 375 (Table 1). As expected, the probability of detecting parasites on feeding substrates increased
 376 with increasing salivary gland burden ($\chi^2_{(1)}=5.92$, $P=0.015$). This was regardless of species,
 377 suggesting that parasites from *P. berghei* and *P. chabaudi*, after adjusting for parasite density,
 378 are equally well detected in feeding substrates (salivary gland burden by species interaction:
 379 $\chi^2_{(1)}=0.30$, $P=0.58$; species: $\chi^2_{(1)}=0.0044$, $P=0.95$).

380

381 To investigate whether detection rates of parasites on feeding substrates could be
382 improved, we doubled the proportion of the DNA extract quantified by qPCR from 0.44 to 0.88,
383 by running a replicate qPCR reaction. Doubling the volume of sample tested did increase the
384 density of parasites detected across both replicates in positive cotton substrates by 2-fold (95%
385 CI: 1.03, 5.13) (replicate: $\chi^2_{(1)}=3.95$, $P=0.047$, Fig 6C), regardless of species (species by
386 replicate interaction: $\chi^2_{(1)}=0.058$, $P=0.809$). However, for each species, the proportion of feeding
387 substrates from which parasite DNA was detected was identical (*P. berghei* 7/24, *P. chabaudi*
388 3/18). Subsequently, we tested if housing mosquitoes in small groups could increase the amount
389 of DNA per feeding substrate (thus improving detection rates), whilst preserving the possibility
390 to obtain data from replicate groups and track results over time. We used groups of 4 *P. berghei*-
391 infected mosquitoes, because the higher sporozoite density in the *P. berghei* expectorates
392 increases the likelihood that sporozoites in the expectorates of multiple mosquitoes will be
393 detectable. As expected, grouping increased the number of expelled sporozoites by 3-fold (95%
394 CI: 1.10, 8.52) (grouping: $\chi^2_{(1)}=4.00$, $P=0.045$; Fig 6D). Less sporozoites were expelled on the
395 second collection day, regardless of group size (day by grouping interaction: $\chi^2_{(1)}=0.11$, $P=0.74$,
396 day: $\chi^2_{(1)}=6.14$, $P=0.013$). However, we did not detect an increase in the rate of detection of *P.*
397 *berghei* for grouped mosquitoes (grouping: $\chi^2_{(1)}=1.31$, $P=0.25$): 50% (5/10) of cotton substrates
398 obtained from groups returned positive expectorate samples, compared to 29.2% (7/24) from
399 individually-housed mosquitoes (Table 1).



400
 401 **Figure 6.** Mean sporozoite densities \pm SEM for sporozoite-positive expectorates (A,C,D) and
 402 salivary glands (B) for mosquitoes infected with *P. berghei* (orange) and *P. chabaudi* (blue).
 403 Data are presented for single (dark colours) or double (C, light colour) qPCR replicates, and for
 404 individual mosquitoes (circles) or groups of 4 mosquitoes (triangles, D).

405

406 Discussion

407 We tested a non-destructive assay for detecting and quantifying sporozoites from mosquito
 408 expectorate. Like previous studies [24,26–28], we demonstrate that DNA from *Plasmodium*
 409 sporozoites can be detected from feeding substrates. Moreover, we demonstrate our assay
 410 detects rodent *Plasmodium* DNA across a range of concentrations, with no evidence of DNA

411 degradation over the 24hrs of sample collection, and DNA yield was optimal on substrates
412 soaked in 8% fructose, which is the concentration commonly used to maintain lab mosquitoes.
413 However, when testing samples expelled by individual mosquitoes (as opposed to reference
414 DNA) the proportion of positive substrates was low.

415

416 Our study differs from previous studies in that we investigated individual mosquitoes
417 infected with two commonly used rodent laboratory models, *P. berghei* and *P. chabaudi*. The
418 assay performed similarly for both species and expectorates from mosquitoes infected with *P.*
419 *berghei* had on average 11-fold more sporozoites than *P. chabaudi*-infected mosquitoes. This is
420 not unexpected considering that we, and others, observe *P. berghei* generally reaches higher
421 oocyst and sporozoite densities [31,43,44], suggesting that there may be malaria species-specific
422 differences in sporozoite inoculum size. Indeed, sporozoite inocula from *P. berghei*-infected
423 mosquitoes are higher than mosquitoes infected with *P. yoelii* [21,45], and more sporozoites are
424 needed to successfully initiate infections in vertebrate hosts for *P. berghei* compared to *P. yoelii*,
425 suggesting that per-sporozoite infectivity is lower for *P. berghei* [46,47]. Although we did not
426 detect a correlation between the number of salivary gland and expelled sporozoites, similar to
427 some studies [20,48–50] but not others [13], we do confirm previous reports [24,25] of higher
428 salivary gland sporozoites burdens correlating with higher rates of detection from substrates.
429 Therefore, like previous studies using *P. falciparum* [19,24,25], our data are consistent with the
430 hypothesis that mosquitoes with higher salivary gland burdens are more likely to expel
431 sporozoites and transmit malaria.

432

433 Low detection rates of expelled sporozoites could be due to technical limitations of the
434 assay. The qPCR limit of detection of approximately four and one genome(s) per PCR for *P.*
435 *berghei* and *P. chabaudi* respectively, is equivalent to 68 *P. berghei* or 14 *P. chabaudi* genomes
436 (i.e. sporozoites) per substrate when taking into account sample processing and DNA recovery.

437 Additionally, proteins present in mosquito saliva can interact with sporozoites [51], potentially
438 reducing the stability of expelled sporozoites which may raise the detection threshold slightly
439 higher. Therefore, low densities of expelled sporozoites may have gone undetected. However, as
440 detection rates did not improve by running multiple technical replicates, nor for expectorates
441 from groups of four *P. berghei*-infected mosquitoes, it is more likely that not all substrates
442 contain sporozoites. Similar low prevalence of positive feeding substrates were shown in [28]
443 where 31% (day 21 pIBM) and 55% (day 23 pIBM) of cotton wool DNA extracts were positive
444 for groups of three *P. berghei*-infected mosquitoes, in comparison to 40% (day 23 pIBM) and
445 60% (day 25 pIBM) for our groups of four mosquitoes. Depending on the mosquito species
446 used, 8-52% of feeding substrates contained DNA of the human malaria parasite *P. falciparum*
447 [24]. Our values of 29% and 17% of total positive substrates collected for individually-housed
448 *P. berghei* and *P. chabaudi*-infected mosquitoes respectively sit within this range. In addition,
449 the proportion of individually-housed *An. stephensi* mosquitoes generating at least one positive
450 substrate over 24 hr (33%, *P. chabaudi* and 50%, *P. berghei*) is within the range observed for *P.*
451 *falciparum* (35%, FTA cards [26]; 61%, artificial skin [13]). Higher proportions of mosquitoes
452 with at least one *P. falciparum* positive cotton substrate (93%) were reported in [24], where up to
453 ten substrates per mosquito were collected, thus increasing the chance of at least one substrate
454 being positive. Together these data indicate that the low detection rate of parasites on feeding
455 substrates may be common.

456

457 Low detection rates on feeding substrates may instead be due to mosquito feeding
458 behaviour, sporozoite biology or a combination of both. While mosquitoes do not expel
459 sporozoites every day [24,25,28], female mosquitoes are likely to sugar-feed daily especially if
460 they do not have access to a blood meal [52]. As mosquitoes in our study were starved for 24
461 hours in between access to substrates to increase feeding rate, a lack of sugar-feeding is unlikely
462 to explain the absence of sporozoites on the feeding substrates. It is generally assumed that

463 mosquitoes salivate in a similar way during sugar- and blood-feeding [26,30], although different
464 enzymes are released from different lobes during the two types of feeding, and thus sporozoite
465 expulsion may vary too. Furthermore, when mosquitoes with high *P. yoelii* sporozoite loads
466 were blood-fed on multiple days, some did not inject any sporozoites and some only injected a
467 high number of sporozoites on one of the days [21]. This may be due to sporozoites clumping
468 together [53,54], which will increase variation in expulsion probability. We found that *P.*
469 *berghei* sporozoite expulsion was lower on day 25 than on day 23 pIBM, and others did not
470 detect any *P. berghei* sporozoites from 26 days pIBM onwards [28]. This suggests that
471 sporozoites may degenerate [55] or deplete [56] over time. If so, *Plasmodium* species may vary
472 in sporozoite lifespan in the glands; for example, *P. falciparum* sporozoites have been shown to
473 be expelled for several weeks [24].

474

475 How the quantity and quality of sporozoites (both in the salivary glands and expectorate)
476 influences the probability of transmission remains mysterious. While expelled sporozoites in
477 this assay cannot be directly tested for their infectivity to hosts, patterns of sporozoite expulsion
478 over time may provide a better proxy for mosquito infectivity to vertebrate hosts than the
479 presence or density of salivary gland sporozoites at a certain time point. Expelled sporozoites
480 are transcriptionally different to those in the glands [14], and thus may vary in their properties,
481 including infectivity. Therefore, a more appropriate measure of EIP may be the time at which
482 sporozoites are first expelled, rather than when sporozoites appear in the salivary glands.
483 However, our data suggest that to estimate infectivity throughout a mosquito's lifespan, the
484 frequency of expulsion should be accounted for as well. While our assay can detect expelled
485 sporozoites from sugar feeding substrates for two rodent malaria species, further assay
486 improvements are needed to track EIP over time in individual mosquitoes. Identifying why
487 detection rates are low remains a key challenge for improving the assay. Our qPCR assay has
488 high sensitivity, so increasing DNA recovery is most likely to improve detection rate. For

489 example, a liquid-only feeding system could reduce yield losses and therefore increase assay
490 sensitivity. Additionally, setting up video systems or using food colouring in sugar substrates
491 would provide further information on the frequency of mosquito feeding. Confirming how often
492 mosquitoes feed would allow untouched negative substrates to be excluded, and is also key to
493 resolving the likelihood of sporozoite expulsion over time.

494

495 **Conclusions**

496 Rodent malaria species are a valuable laboratory tool for comparison between different
497 *Plasmodium* species and for asking broad questions about *Plasmodium* biology. We show that
498 expelled sporozoites from two different rodent malaria species can be detected from feeding
499 substrates, but further improvement is needed to use this assay for tracking sporozoite expulsion
500 from individual mosquitoes. The low rate of parasite detection in feeding substrates suggests
501 that the appearance and burden of salivary gland sporozoites may not be the most appropriate
502 measure of mosquito infectivity, and that the definition of EIP may require updating. Tracking
503 expelled sporozoites in individual mosquitoes, rather than using salivary gland sporozoite
504 dissections, would be optimal, whilst facilitating studies to identify how environment-parasite-
505 vector interactions influence EIP and infectivity to vertebrate hosts over time.

506

507 **Acknowledgements**

508 We thank Aidan O'Donnell, Ronnie Mooney and Jacob Holland for practical help, and Anna
509 Cohuet and Edwige Guissou for discussion and suggestions to improve the assay.

510

511 **Author contributions**

512 Conceptualization, PS, SER and CEO; Investigation, CEO; Analysis, CEO, PS; Writing-
513 Original Draft, CEO, PS; Writing-Review and Editing, all authors.

514

515 **Funding**

516 The Wellcome Trust (202769/Z/16/Z) and the Royal Society (URF/R/180020 and
517 RGF\EA\181046) funded the work.

518

519 **Declaration of Interests**

520 The authors declare no conflicts of interest.

521

522 **Availability of data and materials**

523 The datasets supporting the conclusions of this article are available in Edinburgh DataShare
524 repository [[http:// ADD LINK UPON ACCEPTANCE](http://ADD LINK UPON ACCEPTANCE)]

525

526 **Ethics approval and consent to participate**

527 All procedures comply with the UK Home Office regulations (Animals Scientific Procedures
528 Act 1986; SI 2012/3039) and were approved by the ethical review panel at the University of
529 Edinburgh (PPL PP8390310).

530

531 **Consent for publication**

532 Not applicable.

533

534 **Competing interests**

535 The authors declare that there are no competing interests.

536

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