Full title

Reference materials for SARS-CoV-2 molecular diagnostic: validation of encapsulated synthetic RNAs for room temperature storage and shipping

Short title

Room temperature storage and shipping of RNA reference materials for covid-19 detection

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22 Abstract

The Coronavirus pandemic unveiled the unprecedented need for diagnostic tests to rapidly

detect the presence of pathogens in the population. Real-time RT-PCR and other nucleic

acid amplification techniques are accurate and sensitive molecular techniques that

necessitate positive controls. To meet this need, Twist Bioscience has developed and

released synthetic RNA controls. However, RNA is an inherently unstable molecule needing

cold storage and costly shipping and resource-intensive logistics. Imagene provides a

solution to this problem by encapsulating dehydrated RNA inside metallic capsules filled

with anhydrous argon, allowing room temperature and eco-friendly storage and shipping.

Here, RNA controls produced by Twist were encapsulated (RNAshells) and distributed to

several laboratories that used them for COVID-19 detection tests by amplification. One RT-

LAMP procedure, four different RT-PCR devices and 6 different PCR kits were used. The

amplification targets were genes E, N; RdRp, Sarbeco-E and Orf1a/b. RNA retrieval was

satisfactory, and the detection was reproducible. RNA stability was checked by accelerated

aging. The results for a 10-year equivalent storage time at 25 °C were not significantly

different from those for unaged samples. This room temperature RNA stability is a great

advantage because it allows the preparation and the distribution of large strategic batches

which can be kept for a long time and used for standardization processes between

detection sites. Moreover, it makes it possible also to use these controls as single use and

in the field where large differences in temperature can occur. In conclusion, these

encapsulated RNA controls processed at room temperature can be used as reference

materials for SARS-Cov-2 virus and other pathogen detection.

Introduction

The Coronavirus pandemic has led to an unprecedented need for diagnostic tests to rapidly detect the presence of pathogens in the population. Real-time RT-PCR and RT-LAMP amplification techniques proved to be accurate and sensitive molecular tools for virological diagnosis [1,2,3,4,5].

A key aspect of any ongoing pathogen detection effort is the use of quality control measures for a wide range of applications from diagnostic assay development to day-to-day testing. This includes verifying and validating diagnostic tests of both Next-Generation Sequencing (NGS) and reverse transcription-amplification (RT-PCR or RT-LAMP) assays [6,7,8,9]. Controls based on viral nucleic acids extracted from infected patients or live viruses propagated in cell culture have safety and security concerns. Synthetic RNA controls, like those generated through gene synthesis by Twist Bioscience, mitigate the biohazard risk and broaden access across diverse strains [10]. Additionally, as DNA synthesis is a readily available technology, new RNA controls can be rapidly developed in response to the emergence of new strains or pathogens.

However, RNA is an inherently unstable molecule. In ambient conditions, RNA rapidly degrades, which presents a storage and cost challenge for laboratories that require large stocks of control RNA (for a review see [2]). Imagene's technology consists in confining dehydrated RNA, in the presence of proprietary stabilizing solutions, inside metallic capsules filled with anhydrous argon (RNAshells®), keeping away the samples from deleterious factors. Thus, it offers a solution to the stability problem by allowing extensive and eco-friendly storage and shipping a room temperature [2].

Here, Imagene encapsulated synthetic RNA controls produced by Twist Bioscience

(RNAshells). These capsules of controls were then distributed to five laboratories for

fitness-for-purpose analysis. The objective was to verify, first that the detection of the virus

was reliable using multiple PCR procedures and one LAMP procedure on 3 RNA variants

and 5 gene targets, using 4 PCR thermocyclers and 6 PCR kits, and second that the RNA

stability was insured over the equivalent of a 10-year storage period at room temperature.

Material and methods

Workflow

The experimental strategy we followed is summarized in Fig 1.

Fig 1. **Experimental strategy for the preparation, distribution and validation of**

RNAshell® encapsulated RNA controls for SARS-CoV-2 virus detection. The

frozen RNA samples were sent on dry ice to Imagene. One part of these was

aliquoted and sent on dry ice to Bordeaux CHU. The other part was aliquoted

and encapsulated. A set of these aliquots was heated to simulate a 10 years

room temperature storage and sent to Bordeaux CHU. The other aliquots were

sent to Bordeaux, Limoges, Poitiers CHUs, the CIRAD Réunion and a private

clinical laboratory (Plumelle, Salon de Provence).

Twist RNA controls

Synthetic SARS-CoV-2 RNA control molecules for three SARS-CoV-2 variants were graciously

supplied by Twist Bioscience. Details are given Table 1.

Table 1. Synthetic SARS-CoV-2 RNA controls used in this study

Control	GenBank ID	GISAID name	Name used
Control 1	MT007544.1	Australia/VIC01/2020	RNA 1
Control 2	MN908947.3	Wuhan-Hu-1	RNA 2
Control 7	EPI_ISL_418227	France/HF2393/2020	RNA 7

92   The controls are ssRNA *in vitro* transcribed from synthetic DNA. Each one consists of

93   six non-overlapping 5 kb fragments, providing greater than 99% coverage of the viral

94   genome.

RNA encapsulation and accelerated ageing

RNA controls were sent to Imagene over dry ice as 100 µL solutions at a concentration of

approximately 10^6 copies per microliter [10]. They were distributed in 10 µL aliquots and

stored at -80°C. Aliquots were thawed, diluted with an Imagene proprietary stabilization

solution and distributed into glass inserts fitted in capsules to obtain either 10^4 copies (low)

or 10^5 copies (high) per capsule.

RNA samples were vacuum-dried and encapsulated under anhydrous and anoxic

argon/helium according to the process developed by Imagene [11,12] to give RNAshells®. A

set of 3 capsules of each variant RNA and each copy number (a total of 18 capsules) were

heated at 90 °C for 16 h to simulate 10 years of storage at 25 °C according to our previously

published Arrhenius equation for encapsulated RNA [13]. RNAshells® were then shipped at

room temperature to the participating laboratories.

RNAshell® opening and RNA rehydration

The RNAshells® were opened with a portable ShellOpener™ supplied by Imagene following

the given instructions. After opening, a given volume of RNAse-free ultrapure water was

added in the capsule and the RNA was left 10-20 minutes on the bench to rehydrate. At

that point, the RNA was ready for analysis (RT-qPCR or RT-LAMP). The different volumes

used to rehydrate and analyze the RNA by RT-qPCR in the different laboratories are given

Table 2.

 Table 2. Summary of the material and methods for the different RT-qPCR analysis.

Site	Bordeaux CHU	Bordeaux CHU	Limoges CHU	Poitiers CHU	Poitiers CHU	Private clinical Laboratory
Instrument	Light Cycler 480 (Roche)	Light Cycler 480 (Roche)	CFX96 (BioRad)	CFX96 (BioRad)	CFX96 (BioRad)	SLAN®-96 P Real-Time PCR System (Sansure)
Kit	GeneFinder Covid-19 Plus, Osang Healthcare (distributed by Elitech)[2] [14]	SARS CoV-2 R Gene, Argene Biomérieux [14,15]	SuperScript™ III One-Step RT-PCR (Thermofisher)	TaqPath COVID-19 Multiplex Diagnostic Solution (Thermofisher)	Allplex™ 2019-nCoV Assay (Seegene)	Kit Novel coronavirus 2019-ncov (Sansure)
Nb cycles	45	45	45	40	45	45
Cycles	20 min @ 50°C 5 min @ 95°C 45 cycles : - 15 s @ 95°C - 50 s @ 58°C	5 min @ 50°C 15 min @ 95°C 45 cycles : - 10 s @ 95°C - 40 s @ 60°C - 25 s @ 72°C	ND	2 min @ 25 °C 10 min @ 53°C 2 min @ 95°C 40 cycles : - 3 s @ 95°C - 30 s @ 60°C	20 min @ 50 °C 15 min @ 95°C 45 cycles : - 15 s @ 94°C - 30 s @ 58°C	30 min @ 50°C 1 min @ 95°C 45 cycles : - 15 s @ 95°C - 30 s @ 60°C
Positivity	Ct < 43	ND	fluo signal > 6 000 for IP2 > 13 000 for IP4	Ct < 37	Ct < 40	ND
Target genes	E, N, RdRp	E, N, RdRp	IP2-RdRp, IP4-RdRp Sarbeco- E	S, orf1, N	E, N, RdRp	ORF1ab, N

RNA Controls	RNAshells #1, 2, 7 10⁴ copies 10⁵ copies	RNAshells #1, 2, 7 10⁴ copies 10⁵ copies	RNAshells #1, 2, 7 10⁴ copies 10⁵ copies	RNAshells #1, 2, 7 10⁴ copies 10⁵ copies	RNAshells #1, 2, 7 10⁴ copies 10⁵ copies	RNAshells #2 6x 10⁴ copies 6x 10⁵ copies
	RNAshells #1, 2, 7 10^4 copies 10^5 copies 18 aged RNAshells (3 of each) Solution #1, 2, 7 10 µL @ 10^6 copies / µL	RNAshells #1, 2, 7 10^4 copies 10^5 copies 18 aged RNAshells (3 of each) Solution #1, 2, 7 10 µL @ 10^6 copies / µL	RNAshells #1, 2, 7 10^4 copies 10^5 copies	RNAshells #1, 2, 7 10^4 copies 10^5 copies	RNAshells #1, 2, 7 10^4 copies 10^5 copies	RNAshells #2 6x 10^4 copies 6x 10^5 copies
Rehydration volume	10 µL	10 µL	20 µL	25 µL	25 µL	ND
RNA volume in reaction	5 µL	5 µL	5 µL	10 µL	8 µL	ND
Theoretical number of copies / reaction	5,000 or 50,000	5,000 or 50,000	2,500 or 25,000	4,000 or 40,000	3,200 or 32,000	ND

115   ND: non disclosed

Analysis of RNA samples in solution

117   The non-diluted and non-encapsulated aliquots of RNA 1, 2 and 7, at approximately 10^6

118   copies per µL, were prepared and sent by Imagene on dry ice to Bordeaux CHU. The

119 samples were thawed and diluted to match the concentrations of the rehydrated capsules

120 (here, 10^3 and 10^4 copies per μL). They were analyzed in parallel by RT-qPCR (see Table 2).

RT-qPCR analysis

The reverse transcription polymerase chain reaction (RT-PCR) is an amplification technique

widely used to detect a specific RNA target such as viral RNA. The reaction mix includes

dNTPs, enzymes, a buffer solution, a fluorescent probe and one pair of primers to amplify a

specific region of the fragment. The reaction is carried out by a series of alternating

temperature steps in a thermal cycler. In a first stage, RNA conversion to cDNA is

performed. A second stage begins with an initial heating step to denature the RNA/cDNA

hybrid, activate the *Taq* DNA polymerase enzyme and degrade the target RNA. It is

followed by the amplification reaction which includes 3 steps: denaturation, annealing of

the primers and elongation, reproduced 40-45 times. At each elongation step a fluorescent

signal is generated proportionally to the amount of amplified product. A threshold cycle

(Ct) is obtained by measuring the number of amplification cycles necessary to obtain a

given minimum fluorescent signal.

A positive control for RT-qPCR should contain an amount of target sufficient to give a Ct

easily distinguishable from the negative control but not too high to avoid the risks of cross-

contamination from a well to the nearby wells in the analysis plate.

The different RT-qPCR materials and methods used in the study, when available, are

summed up in Table 2.

RT-LAMP analysis

The Reverse Transcription Loop mediated isothermal AMPlification (RT-LAMP) is a single-tube technique for the detection of a target RNA. After an initial reverse transcription step, the cDNA target sequence is amplified at a constant temperature by a DNA polymerase with a high displacement activity using two pairs of primers. The amplified products are detected by a colorimetric or a fluorescent probe. The parameter related to the concentration of the target is the time necessary to detect a positive signal.

Using several pairs of primers makes LAMP more specific but more complex to design than PCR. Another advantage is that LAMP being an isothermal amplification technique does not require a thermal cycler allowing the procedure to be used in the field. In this context, a positive control should give a signal in the first minutes of the reaction (as early as possible).

Here, RT-LAMP was first tested on a dilution series of control RNA 2 Low or High, rehydrated with 50 µL of RNAse-free pure water. For Control 2 Low: a single analysis was done for 1000 copies/reaction, 2 replicates were done for 500 and 250 copies/reaction and 3 replicates for 100, 50 and 25 copies/reaction. For Control 2 High: 3 replicates were done for 1000 copies/reaction and 4 replicates for 200, 40 and 8 copies/reaction.

To test the encapsulated RNA 2 as a positive control in the field, 60 independent RT-LAMP runs were performed for the presence of SARS-CoV-2. Each run included 14 samples, a negative control and a positive control. The positive control consisted of RNA 2 rehydrated with water and further diluted in *Amies* medium to have a final concentration of 1000 copies/reaction.

RT-LAMP was performed according to the protocol RunCov developed by the CIRAD-UMR

PVBMT (3P) and validated by the National Reference Center [16]. The reactions were

performed in a 25 μL total reaction volume containing 15 μL of ISO-DR004-RT300

Isothermal Mastermix (OptiGene Ltd, Horsham, United Kingdom), 2.475 μL of each primer

pair (N and S), 0.05 μL (0.5 units) of AMV transcriptase (Promega, Charbonnières-les-Bains,

France) and 5 μL of template RNA. LAMP reactions were run on a Genie II instrument

(OptiGene) at 65°C for 25 min followed by an annealing step during which the temperature

was decreased from 92°C to 78°C at a speed of 0.05°C/s to determine the annealing

temperature (Ta) of the produced amplicon.

Statistical analysis

All statistical analyses including ANOVA, Fisher Test and previous verification of data

normality (histogram and normal: Q-Q plot), were performed using the R statistical

software, version 4.1.1 (2021-08-10; R Development Core Team, Vienna, Austria) with the

different packages: stats, multcomp, emmeans and ggplot2).

Results and discussion

Objectives and strategy

The aim of this work was to validate whether encapsulated RNA controls stored and

shipped at room temperature were fit for purpose as reference materials for internal

quality control of SARS-CoV-2 detection.

Bordeaux CHU received non-diluted, non-encapsulated, frozen samples in solution, to

compare the controls before and after encapsulation (i.e. to check the potential effect of

the process and stabilization solution). They also received the aged RNAshells® to validate

that 10 years of storage at room temperature did not alter the performance of the

encapsulated controls. Two other laboratories (Poitiers CHU and Limoges CHU) received

RNAshells® to verify that the controls gave the same performances when run with other

RT-qPCR techniques. The CIRAD-UMR PVBMT (3P) laboratory tested the controls in

multiple experiments while developing a RT-LAMP test for field use. Finally, RNAshells®

were sent to a private clinical laboratory to check that the capsules can be routinely used

by any operator.

Controls in solution

First, we checked the performance of the controls on non-encapsulated samples. The

results of these experiments are presented Fig 2.

Fig 2. RT-qPCR for controls in solution. The controls were thawed and diluted at

reception. Measures were done at Bordeaux CHU on 3 variants RNA (RNA 1, 2, 7), 2

copy numbers: 5,000 (low, L) and 50,000 (high, H) copies/reaction, 3 target genes

(polymerase gene, N gene and E gene).

All the controls gave positive results. For a given low or high concentration and a given

target gene, the Ct were comparable between the different variants (p = 0.647). The

highest Ct differences came from the gene targets (p=7.79 x 10^{-4}), probably due to

differences in PCR efficiency.

The chosen copy numbers gave Ct values in a suitable range (around 30 and 27 respectively

for the low and high controls), clearly different from the negative control (above 40-45).

The Ct were also not too low. This is advantageous because a positive control with too

many more copies than in patient samples could result in carry-over contamination in the

nearby wells of the PCR plate leading to false positive samples.

RNA controls encapsulation and accelerated aging

Then, we needed to verify, that encapsulation does not induce alterations in the controls.

Another important point is to test whether RNA controls could be stored at room

temperature for an extended period of time in RNAshell®, so a set of capsules were

submitted to an accelerated aging by heating to simulate a storage period of 10 years at

25°C according to our previously published Arrhenius study [13]. The results are shown Fig

3.

Fig 3. RT-qPCR on RNAshell®-encapsulated and aged controls. RT-qPCR

measures were done by Bordeaux CHU on 3 variants RNA (RNA 1, 2, 7), 2 copy

numbers: 5,000 (low, L) and 50,000 (high, H) copies/reaction, 3 target genes

(polymerase gene, N gene and E gene) and after 2 storage times: time 0 post-

encapsulation and after heating for a period equivalent to 10 years at room

temperature (0 and 10).

All analyzed RNA, whatever the variant, target gene or storage time were successfully

amplified.

To analyze the extent and sources of variations on these experiments we used variant 1.

The results are shown Fig 4.

Fig 4. Group analysis for Ct on variant 1 controls. Ct (3 replicates) are shown

according to: a) the state: encapsulated (encaps), encapsulated and aged (encaps

10) or in solution (liquid) and b) the number of copies (5,000 (low) and 50,000

(high) of each target gene. Groups of Ct values from the same state (dry vs liquid)

and copy number are circled.

The encapsulated controls and the controls in solution show significant Ct differences

(p=0.001999), due partly to the encapsulation step, including the addition of a stabilization

solution, but more probably to the fact that the controls in solution did not come from the

same diluted samples. However the Ct values of encapsulated RNA are maintained in the

same suitable range, meaning that the encapsulation process did not lead to RNA loss,

degradation or PCR inhibition to an extent that would make RNAshell®-encapsulated RNA

unfit for purpose.

On the other side, no significant difference was observed between 0- and 10-years

RNAshells® (Fig 3, p=0.7606) meaning that the simulated long-term storage of RNA did not

lead to significant degradation. One can therefore consider that the encapsulated RNA

controls are stable over at least 10 years at room temperature and are suitable reference

materials.

Compatibility with other RT-qPCR kits and instruments

To broaden the validation, capsules were distributed to laboratories that performed tests

with three other RT-amplification techniques, including the method used by the National

Reference Center for SARS-CoV 2 (on RdRp IP2 and IP4 regions). The results are shown

Fig 5.

Fig5. RT-qPCR results from Limoges and Poitiers CHU. For Limoges CHU, the RT-

qPCR measures were done on 3 variants RNA (RNA 1, 2 and 7), 2 copy numbers:

2,500 (Low, L) and 25,000 (High, H) copies/reaction), and 3 target genes (RdRp-IP2,

RdRp-IP4 and E genes). For Poitiers CHU, RNAshells® were rehydrated with 25 µL of

water. Eight µL were used for the Seegene kit and 10 µL for the Thermofisher kit. Ct

values were obtained by RT-qPCR measures done on 3 variants RNA (RNA 1, 2 and

7), 3 target genes (E, N and RdRp genes), with 2 copy numbers: 10,000 (Low, L) and

100,000 copies/capsule (high, H) giving 3,200 and 32,000 copies per reaction for the

Seegene kit and 4,000 and 40,000 copies per reaction for the Thermofisher kit. For

each technique, the control capsules were run in 3 distinct experiments (Poitiers

CHU) and the mean and SE of the 3 Ct were calculated.

Although the experiments were run over 3 days (at Poitiers CHU), the sampling from a

given capsule gave constant results. In all the experiments, techniques and targets, the

results obtained in the different laboratories were reproducible among all the capsules,

showing that the encapsulated control RNA are suitable for their use as internal quality

controls. The Ct for variants were strictly equivalent. The highest variability came from

the analysis kits and target genes as demonstrated above with the controls in solution.

Compatibility with a RT-LAMP procedure

SARS-Cov-2 genome was successfully amplified using the RT-LAMP assay from both RNA 2

low and RNA 2 high capsules with a high sensitivity (100% positive samples at 25 copies per

reaction for RNA2 low, 40 copies for RNA2 high and 50% positive samples at 8 copies for

RNA 2 high). Annealing temperature peaks were obtained for both S and N regions for 90%

of the positive samples with annealing temperatures ranging between 88.4-88.7 °C and

83.4-83.8 °C, for N and S regions, respectively. For 10% positive samples only one annealing

temperature peak (S or N) was obtained. This last result was principally obtained for low

copy numbers. This was already observed in other RT-LAMP experiments involving other

types of samples and is probably due to differences in primers binding probabilities to their

respective targets.

In the field, 1000 copies per reaction were taken so that the signal came out early,

validating the run before or at the same time as positive samples came out.

The results are given Table 3.

Table 3. RT-LAMP results from CIRAD.

RNAshell RNA 2	Copies / reaction	Amplification time (min)	Annealing temperature	
			N gene	S gene
Low	1000	10.00	88.5	83.50
Low	500	11.75	88.5	83.7
Low	500	11.00	88.5	83.7
Low	250	12.75	88.5	83.6
Low	250	13.50	88.6	83.7
Low	200	14.50	88.6	83.8
Low	200	14.50	88.4	83.8
Low	200	16.75	88.7	83.7
Low	100	13.00	88.6	83.8
Low	100	12.50	88.8	83.7
Low	100	13.00	88.5	83.7
Low	50	13.50	88.7	83.8
Low	50	17.00	88.7	83.8
Low	50	14.00	88.7	83.7
Low	25	16.75	88.3	83.8
Low	25	14.00	88.6	83.8
Low	25	13.50	88.4	83.6
High	1000	10.30	88.7	83.7
High	1000	10.15	88.7	83.7
High	1000	10.15	88.6	83.7
High	200	12.00	88.6	83.7
High	200	11.30	88.6	83.6
High	200	11.30	88.6	83.6
High	200	10.45	88.7	83.7
High	40	12.30	88.7	83.7
High	40	13.45	-	83.7
High	40	13.15	-	83.7
High	40	13.45	88.6	88.5
High	8	19.45	-	83.4

High	8	23.30	88.7	-
High	8	-	-	-
High	8	-	-	-

282   RNA 2 samples High and Low were rehydrated with 50 µL of water and diluted to

283   have between 1000 and 8 copies per reaction and amplified using the Runcov RT-

284   LAMP protocol of the CIRAD La Réunion. The amplification time and annealing

285   temperatures are given.

287   " Real life" use of the capsules as internal quality controls

For the monitoring of SARS-CoV 2 detection in the field by RT-LAMP, the RNA 2 variant

(1000 copies) was used as a positive control for 60 RT-LAMP tests run on samples taken

and analyzed in 4 different sites (A, B, C, D). This control was successfully amplified in each

run (Fig 6).

Fig 6. LAMP tests The RNA 2 variant (1000 copies) was used as a positive control

for 60 (real life) tests run on samples analyzed at 4 different sites (A, B, C, D). For

each test, both N and S regions were amplified.

For each test, both N and S regions were amplified, generating annealing peaks within the

expected annealing temperature ranges (not shown).

This field study shows that the capsules can be used as positive controls at the point of care

or on site with simplified logistics due to their stability at room temperature.

Validation of RNA controls for private clinical laboratories

To test the robustness of the controls, a series of experiments we conducted in a private

clinical laboratory. The laboratory received the capsules and the instructions for use and

included the rehydrated RNA in their routine diagnostic test. The results are shown Fig 7.

Fig 7. Private clinical laboratory-. Results on 2 target genes and 2 levels on 6 capsules

for each.

The results showed a good reproducibility among the capsules except for 2 capsules with a

low RNA copy number where the operator probably had rehydrated the RNA with a higher

volume of water, decreasing the number of copies in the test.

So, the capsules can easily be used as reference materials for internal quality control of the

monitoring of the diagnostics procedures, without the need for extensive training of the

operators.

315   Conclusions

The RNAs synthetized by Twist Bioscience and encapsulated in RNAshells® by Imagene

have been validated as positive controls for SARS-CoV-2 detection. Both 10,000 and

100,000 copy numbers per capsule are suitable for their use in RT-qPCR and RT-LAMP

analysis. The signal is reproducible among the variants, the targets and the analysis

methods. Moreover, the RNAshell®-encapsulated RNA showed an excellent stability, with

an unprecedented shelf life of more than 10 years at room temperature. This stability is a

great advantage because, first, it facilitates the use of these controls in the field, in

particular when large variations of temperature can be expected, and second, importantly,

it allows the preparation and the distribution of large strategic batches which can be kept

for a long time and used for standardization between processes or detection sites.

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