Reciprocal inflammatory signals establish profibrotic cross-feeding metabolism

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Summary

When monocyte-derived macrophages are recruited to injured tissues, they can induce a maladaptive

fibrotic response characterized by excessive production of fibrillar collagen from local fibroblasts.

Macrophages initiate the fibrotic programming of fibroblasts via paracrine factors, but it is unclear if

reciprocal responses from the fibroblasts trigger pro-fibrotic programming of macrophages to establish

a collaborative feed-forward fibrotic circuit. We identify macrophage-fibroblast cross talk necessary for

injury-associated fibrosis, in which macrophages induce interleukin 6 (*IL-6*) expression in fibroblasts via

purinergic receptor P2rx4 signaling and IL-6 induces arginase 1 (*Arg1*) expression in macrophages.

Surprisingly, *Arg1* contributes to fibrotic responses by metabolizing arginine to ornithine, which

fibroblasts use as a substrate to synthesize proline, a uniquely abundant constituent of fibrillar collagen.

Taken together, we define a bidirectional circuit between macrophages and fibroblasts that facilitates

cross-feeding metabolism necessary for injury-associated fibrosis.

Main

Pathologic fibrosis is a destructive response to tissue injury that results from deposition of excess

fibrillar collagen by activated fibroblasts. Recent studies have revealed a heterogeneity of fibroblast

states following injury, and inflammatory fibroblasts have been detected as a distinct subset of

mesenchymal cells present in the early period after injury prior to the onset of full-blown fibrosis[1-3]. How

cytokine expression by inflammatory fibroblasts regulates fibrogenesis is not well understood.

The early phase of injury is also marked by influx of monocyte-derived macrophages, which

localize to fibroblasts at sites of injury[4]. Several studies have shown that these monocyte-derived

macrophages signal to fibroblasts via paracrine mediators[4-6], but the fibroblast responses are not well

characterized. Here, we identify a paracrine circuit between macrophages and fibroblasts that is

established in the late inflammatory phase following tissue injury. In a tissue injury model, macrophage-

derived extracellular ATP drove fibroblast IL-6 expression. IL-6, in turn, induced macrophage

expression of Arg1, which was necessary for lung collagen production via ornithine metabolism by

activated fibroblasts.

Macrophages induce fibroblast IL-6

To screen for macrophage-dependent secreted factors expressed by fibroblasts, we analyzed

scRNAseq data from cocultures of primary lung macrophages and fibroblasts, or fibroblasts cultured

alone (**Figure 1a-b, Figure S1a-b**). This analysis revealed the induction of multiple clusters unique to

fibroblasts cocultured with macrophages (**Figure 1c**). Notably, these clusters had higher levels of a

gene signature for collagen genes (**Figure S1c, Table S1**), consistent with the pro-fibrotic effects of

macrophage coculture. Focusing analysis on secreted factors[7], we also noted high expression of the

cytokine IL-6 in macrophage coculture-specific fibroblast clusters (**Figure 1d**; **Figure S2a**). IL-6 has

emerged as a target for the treatment of lung fibrosis[8-11]. Analysis of scRNAseq time course data for

multiple lung cell types in the bleomycin model confirmed that IL-6 was most highly expressed in

fibroblasts *in vivo* (**Figure 1e**), with some expression also noted in other mesenchymal cells such as

smooth muscle cells and pericytes (**Fig S2b**). We then confirmed macrophage-dependent fibroblast IL-

6 induction in human lung cell cocultures (**Fig S2c**).

To determine the mechanism of IL-6 induction in fibroblasts, we interrogated GO datasets under

the category of "Cellular Response to Stimulus". This analysis revealed that the GO pathway "Cellular

Response to ATP" was enriched in fibroblasts when they were cocultured with macrophages (**Figure

1f**). This GO pathway is relevant because extracellular ATP (eATP) levels are elevated in the

bronchoalveolar lavage fluid of patients with idiopathic pulmonary fibrosis (IPF)[12], and fibroblast-specific

deletion of the eATP receptor P2rx4 in mice suppresses injury-induced fibrosis[13]. To test if eATP

signaling via P2rx4 regulates IL-6 expression, we assayed IL-6 levels by ELISA of conditioned media

from cocultures of WT macrophages with either WT or P2rx4 knockout (KO) fibroblasts, finding that IL-6

was decreased in the case of P2rx4 KO fibroblasts (**Figure 1g**). Direct treatment of cultured murine

lung fibroblasts with ATPγS, a nonhydrolyzable form of ATP, increased IL-6 in the conditioned media of

WT but not P2rx4 KO lung fibroblasts (**Fig S2d**). This effect was blocked by inhibition of p38 Map

Kinase, which has been shown to mediate P2rx4 signaling[14,15] (**Fig S2e**). Importantly, mice with

fibroblast-specific P2rx4 KO had decreased bronchoalveolar lavage IL-6 compared to wild type

following bleomycin injury (**Figure 1h**). Consistent with the importance of IL6 to the fibrotic response

after injury, we confirmed that IL6 KO mice were protected from lung fibrosis (**Fig S2f-g**). To test

whether macrophages were the source of the eATP found to induce IL-6, we treated mice with

liposomal clodronate by airway delivery after injury for ablation of macrophages. The number of

CD11b+CD64+ macrophages was significantly decreased with macrophage ablation, which also

significantly decreased lung lavage ATP levels (**Figure 1i-k**). Taken together, these data indicate that

eATP derived from macrophages induces fibroblast IL-6 via P2rx4.

Fibroblast P2rx4-dependent IL-6 regulates macrophage Arg1

We next examined whether eATP-mediated IL-6 production in fibroblasts might reciprocally regulate

macrophage profibrotic responses. We performed differential gene expression analysis from scRNAseq

data for WT macrophages cultured with either WT or P2rx4 KO fibroblasts. The top differentially

expressed gene was *Arg1*, and its expression was dependent on fibroblast P2rx4 expression (**Figure**

2a). We hypothesized that fibroblast-derived IL-6, which was decreased in P2rx4 KO fibroblasts, may

regulate macrophage *Arg1* expression as found in other systems[16]. Analysis of ligand-receptor

interaction via CellChat[17] and Ingenuity Pathways Analysis confirmed suppression of IL-6 signaling in

the P2rx4 KO condition (**Figure S3a**). We then confirmed an increase of Arg1 in both cellular lysates

and conditioned media of cultured lung macrophages treated with IL-6 (**Figure 2b**).

Interestingly, analysis of a published scRNAseq time course following bleomycin lung injury[18]

showed maximal *Arg1* in cells annotated to be similar to the C2 transitional macrophage compartment

we previously demonstrated to localize to the fibrotic niche after injury[4] (**Figure 2c; Figure S3b**). C2

cells not only expressed higher Arg1 but also expressed higher levels of the Fab5 markers that were

recently found to be associated with pro-fibrotic macrophages in both mouse and human fibrotic lung

and liver datasets[19] (**Figure S3b**). Similar to our previous findings for these transitional cells[4], Arg1+

cells were found in proximity to clusters of activated fibroblasts that form after injury (**Figure 2d**), and

flow cytometry confirmed *Arg1* expression in CD11b+CD64+ macrophages as opposed to monocytes,

alveolar macrophages, or dendritic cells (**Figure S4**). Taken together, these data indicate that fibroblast

IL-6 regulates macrophage *Arg1* expression in the fibrotic period post injury, and *Arg1+* cells localize to

sites of fibroblast accumulation and activation.

Arg1 regulates lung fibrosis

Arg1 is a marker of alternatively activated macrophages, but studies of its functional role in fibrosis are

limited. Thus, we first treated bleomycin-injured mice with the Arg1 inhibitor CB-1158[20] during the early

fibrotic period and found that lung collagen content was significantly decreased and weight recovery

improved (**Figure 3a, Figure S5a**). In macrophage-specific Arg1 heterozygous KO mice, lung collagen

content and arginase activity were likewise decreased after injury (**Figure 3b**). To further test the

clinical significance of *Arg1+* macrophages, we performed scRNAseq analysis of aged mice compared

to young given that aging is a major risk factor for the development of lung fibrosis in patients.

Remarkably, *Arg1+* macrophages were not only greatly increased in bleomycin-injured aged mice but

also co-expressed the Fab5 profibrotic macrophage genes[19] (**Figure 3c; Fig S5b**). We then labeled

clinical lung samples from IPF by immunofluorescence. ARG1+ cells co-expressing the macrophage

marker CD163+ were notably increased in fibrotic regions defined by Masson's trichrome stain for

collagen (**Figure 3d**). Single-cell transcriptomic analysis also confirmed that ARG1 was expressed in

CD163+ monocytes and macrophages in human lungs (**Fig S5c**), and analysis of a dataset of BAL cell

gene expression by microarray[21] confirmed higher expression in IPF (**Fig S5d**). To test ARG1 as a

potential profibrotic factor in human fibrosis, we prepared precision cut lung slices and treated them

with CB-1158 or the IL6RA-blocking antibody tocilizumab for 24 hours. Collagen expression was

decreased with both treatments compared to untreated slices, suggesting inhibition of new collagen

synthesis (**Figure 3e**).

Arg1 regulates availability of ornithine, a pro-fibrotic substrate

Arg1 enzymatically converts arginine to urea and ornithine, and macrophages expressing *Arg1* secrete

ornithine into the tissue microenvrionment[22]. Ornithine can serve as a substrate for the synthesis of

proline[23], a major constituent of collagens. Thus, we sought to determine if *Arg1*+ macrophages supply

ornithine as a substrate for collagen production by fibroblasts. First, consistent with a potential for

ornithine to drive collagen production, we found that exogenous ornithine increased fibroblast collagen

expression at the protein level (**Figure S5e**). Next, in alignment with our transcriptomic findings, Col1a1

was increased in cocultures relative to fibroblast monocultures by immunofluorescence analysis

(**Figure 4a**). Importantly, fibroblasts with deletion of IL-6 or P2rx4, as well as Arg1 inhibition with CB-

1158, decreased collagen expression compared to WT, untreated cocultures (**Figure 4a**). Mass

spectrometric analysis confirmed that Arg1 inhibition with CB-1158 both increased arginine and

decreased ornithine in macrophages, and in fibroblasts the level of proline was correspondingly

decreased (**Figure 4b**). To verify that ornithine can be used as a substrate for proline synthesis, we

treated fibroblasts in culture with $^{13}C_5$-ornithine and detected an m + 5 mass shift in proline ($^{13}C_5$

proline), consistent with conversion of ornithine to proline via the pyrroline 5-carboxylate (P5C)

intermediate (**Figure 4c**). We then treated mice injured with bleomycin with or without ornithine by oral

gavage twice daily during the fibrotic phase after injury and found that ornithine treatment significantly

increased lung collagen content (**Figure 4d**).

Single cell profiling has enabled the identification of markers for scar-associated macrophages

(SAM)[24] as well as for disease-associated fibroblasts[3], but the functional interactions of these cells are

not well understood. We have demonstrated a role for eATP, a damage-associated molecular pattern

associated with inflammation and derived from macrophages, in the initiation of pathologic bidirectional

signaling—specifically in the induction of fibroblast IL-6 after injury. IL-6 is a key determinant of multiple

lung phenotypes including alveolar epithelial mobilization and self-renewal[25,26] and can induce

macrophage alternative activation during tissular inflammation[27]. Our results reveal the importance of

IL-6 for induction of Arg1 in transitional macrophages present in the fibrotic niche. Moreover, we find

that Arg1 regulates macrophage production of ornithine, which increases collagen protein expression in

fibroblasts *in vitro* and *in vivo*. These results reveal a previously unrecognized metabolic requirement of

macrophage ornithine for fibrogenesis via conversion to proline, an essential collagen building block,

though we note that ornithine conversion to polyamines with profibrotic potential remains a further

possibility not yet addressed by our work. Future studies should focus on how this circuit is abated in

the resolution of fibrosis, and whether it remains entrenched in progressive cases leading to organ

failure.

Methods

Human lung tissues

The studies described in this paper were conducted according to the principles of the Declaration of

Helsinki. IPF lung samples were obtained as explants at the time of lung transplantation. Written,

informed consent was obtained from all subjects, and the study was approved by the University of San

Francisco, California institutional review board. Deceased donor control lungs not known to have lung

disease were made available by Donor Network West. Because these samples were acquired from

deceased individuals the study is not considered human subjects research as per UCSF and NIH

policy.

Mice

Pdgfrb-Cre[28], Lysm-Cre[29], P2rx4 floxed[30], Arg1 floxed[31], and Arg1-YFP[32] mice were available to the

investigative team, and IL-6 KO[33] and WT mice were obtained from JAX. Col1a1-GFP mice were

obtained from David Brenner[34]. All mice were maintained on a C57BL/6 background and were

maintained in specific pathogen-free animal barrier facility at the University of California, San Francisco.

All experiments were performed on 6-8 weeks old, sex-matched mice, or in the case of aged mice, 24-

month-old, sex-matched mice, and were performed in accordance with approved protocols by the

University of California, San Francisco Institutional Animal Care and Use Committee.

Mouse lung injury, cell isolation, and macrophage-fibroblast coculture

For lung injury, mice anesthetized with isoflurane were instilled intratracheally with bleomycin

(Fresenius, 3U/Kg), and lungs were isolated after 7 days after injury. In the case of Arg1 inhibition,

bleomycin-injured mice were treated daily from day 9 to day 15 post-injury with 100 mg/kg CB-1158

(Numidargistat dihydrochloride) dissolved in water, by oral gavage. In the case of ornithine treatment,

mice were treated daily by gavage with ornithine 2 mg/kg dissolved in 100 μL of water. For creation of

single cell suspensions, lungs were harvested from euthanized mice and minced with scissors, the

tissue was resuspended in RPMI with 0.2% Collagenase (10103586001, Roche), 2000 U/ml DNase I

(4716728001, Roche) and 0.1 mg/ml Dispase II (4942078001, Sigma). The suspension was incubated

for 1 hour at 37°C and passed through a 70 μm filter (130-110-916, MACS SmartStrainers) to obtain

single cells. The cells were washed twice with 1X PBS pH 7.4 (10010023, Gibco). For macrophage

isolation, a total of 10^7 cells were resuspended in 80μl PBS buffer supplemented with 0.5% BSA (0332,

VWR Life Science) and 2mM EDTA (E57040, Research Products International). 20μl CD11b

microbeads were used per 10^7 cells. Macrophages were obtained by positive selection by binding to

CD11b microbeads and passing through MACS columns (130-049-601, Miltenyi Biotech). Isolated

CD11b$^+$ macrophages were cultured in DMEM supplemented with 10% FBS, 1% penicillin-

streptomycin, and 20 ng/ml M-CSF (315-02, Peprotech) for 2 days. Primary mouse lung fibroblasts

were freshly isolated after magnetic bead-based negative selection of epithelial cells (118204, Biotin

anti-mouse CD326 Epcam, Clone: G8.8, BioLegend), endothelial cells (102404, Biotin anti-mouse

CD31, clone: 390), immune cells (103104, Biotin anti-mouse CD45, clone: 30-F11, BioLegend),

pericytes and smooth muscle cells (134716, Biotin anti-mouse CD146, clone: ME-9F1, BioLegend), and

red blood cells (116204, Biotin anti-mouse Ter119, clone: TER-119, BioLegend) with biotinylated

antibodies and Dynabeads (MyOne Streptavidin T1, 65601, Thermo Fisher Scientific) as previously

described[1]. Fibroblasts were cultured for 5 days prior to trypsinization and addition to macrophages for

coculture at a 1:1 ratio in DMEM complete media for 5 further days.

Human lung cell isolation and macrophage-fibroblast coculture

Human lung tissue from deceased donors not used for transplant was resected and minced in Hanks'

Balanced Salt Solution (HBSS) buffer supplemented with 0.2% Collagenase (10103586001, Roche),

2000 U/ml DNase I (4716728001, Roche) and 0.1 mg/ml Dispase II (4942078001, Sigma), 1%

Penicillin-streptomycin for 1.5 hours at 37°C and 5% CO2. 1X Amphotericin B (15290026, Gibco) was

added to the dissociation solution for 30 min. Digested lung tissue was lysed further with a MACS

tissue dissociator (gentleMACS Dissociator, Miltenyi Biotec) using gentleMACS C tubes (130-093-237,

Miltenyi Biotec) at mLUNG-01 setting. The suspension was then passed through a 70 μm filter to obtain

single cells. Cells were resuspended in PBS with 0.5% BSA and 2mM EDTA. Macrophages were

incubated with CD11b microbeads and loaded on MACS columns. After washing the cell fraction of

unlabeled cells, CD11b+ cells were eluted and cultured in DMEM supplemented 10% FBS (10082147

Gibco), 1% penicillin-streptomycin (1670249, MP Biomedicals), and 50 ng/ml human M-CSF (300-25,

Peprotech) for 2 days. For the negative selection of human fibroblasts, the following antibodies were

used at a 1:200 ratio: epithelial cells (324216, Biotin anti-human Epcam, clone:9C4, BioLegend),

endothelial cells (13-0319-82, Biotin anti-human CD31, clone: WM-59, Invitrogen), immune cells

(368534, Biotin anti-human CD45, clone: 2D1, BioLegend), pericytes and smooth muscle (361036,

Biotin anti-human CD146, clone: P1H12, BioLegend). Fibroblasts were cultured in DMEM

supplemented with 10% serum, 1% penicillin-streptomycin, and 1% amphotericin B.

Flow cytometry

Cocultured cells: Cocultures were trypsinized with 0.25% trypsin and resuspended in 1X PBS with 0.5%

BSA and 2mM EDTA. Single-cell suspensions were pre-stained with Fc blocker for 10 min in ice

followed by staining at 1:300 with anti-CD64 (139304, PE anti-mouse CD64, clone:X54-5/7.1,

BioLegend) and anti-Pdgfra (25-1401-82, PE-Cy7, anti-mouse CD140a, clone: APA5, Invitrogen)

antibodies for 40 min. DAPI was used to distinguish dead cells.

Mouse lung cell suspensions (for clodronate macrophage depletion experiments): Single cell

suspensions from digested mice lungs were incubated with ghost dye 516 (13-0867-T100, TONBO)

1:300 for 30min in ice followed by washing with staining buffer consisting of 1% EDTA and 1% serum in

PBS. Cells were stained with anti-CD64 (139304, PE anti-mouse CD64, clone:X54-5/7.1, BioLegend)

and anti-CD11b (25-0112-81, PE-Cy7, clone:M1/70, eBioscience) antibodies for 40 min at 4°C

protected from light. Cells were washed with staining buffer and resuspended in 100μl staining buffer

and 100μl IC fixation buffer. Samples were kept in dark at 4°C overnight followed by resuspending in

300μl staining buffer. Data was acquired using Fortessa (BD Bioscience) and analyzed using FlowJo

software.

Mouse lung cell suspension (for experiments with Arg1-YFP mice): Whole lung single cell suspensions

were prepared by harvesting lung lobes into 5 ml HBSS with 40µl Liberase Tm (0.1 U/ml, Roche, Cat#

5401127001) and 20µl DNAse 1 (10mg/ml, Roche, Cat# 10104159001), followed by automated tissue

dissociation (GentleMacs; Miltenyi Biotec) and tissue digestion for 30 min at 37°C on a shaker.

Digested samples were processed on the GentleMacs using the "lung2" program, passed through

70µm filters, and washed, followed by red blood cell lysis and final suspension in FACS buffer. Cells

were counted using a NucleoCounter (Chemometic). All samples were stained in 96-well V-bottom

plates. Single cell samples were first incubated with antibodies to surface antigens for 30 min at 4°C in

50μl staining volume. Flow cytometry was performed on BD LSRFortessa X-20. Fluorochrome

compensation was performed with single-stained UltraComp eBeads (Invitrogen, Cat# 01-2222-42).

Samples were FSC-A/SSC-A gated to exclude debris, followed by FSC-H/FSC-A gating to select single

cells and Draq7 viability dye (Biolegend) to exclude dead cells. Early transitional macrophages (TMs)

were identified as $CD19^-$, $Ly6G^-$, $NK1.1^-$, $Siglec-F^-$, $CD11b^+$, $CCR2^+$ and $CD64^+$. Late TMs were

identified as $CD19^-$, $Ly6G^-$, $NK1.1^-$, $Siglec-F^-$, $CD11b^+$, $CCR2^-$ and $CD64^+$. GR1 MDSC were identified

as $CD19^-$, $Ly6G^+$, $CD64^-$ and $CD11c^+$. Arginase1 positive cells were identified by the presence of eYFP.

Data were analyzed using FlowJo software (TreeStar, USA) and compiled using Prism (GraphPad

Software). Monoclonal antibodies used were: anti-CD45 (30-F11, Biolegend), anti-CD11b (M1/70,

Biolegend), anti-CD11c (N418, Biolegend), anti-NK1.1 (PK136, Biolegend), anti-CD19 (6D5,

Biolegend), anti-T1/ST2 (DJ8, BD BioSciences), anti-MerTK (DS5MMER, eBiosciences), anti-CD64

(X54-5/7, eBiosciences), anti-Ly6C (HK1.4), anti-Ly6G (1A8, Biolegend), anti-SiglecF (E50-2440), and

anti-I-A/I-E (MHCII) (M5/114.15.2, Biolegend), anti-CCR2 (475301, BD BioSciences).

Quantitative Real-Time PCR analysis

Macrophages or fibroblasts were lysed in 300μl TRIzol reagent (10296010, Ambion life technologies) to

obtained RNA. 600 ng of RNA per sample was used to prepare cDNA using iScript reverse

transcriptase supermix (Bio-Rad, 1708841). qPCR was performed for the target genes using SYBR

Green super mix (Applied Biosystems, 4309155). Gene expression was normalized to Gapdh for

analysis of mouse transcripts or 18S rRNA for human.

277   Mouse *Gapdh* Forward: AGTATGACTCCACTCACGGCAA

278   Mouse *Gapdh* Reverse: TCTCGCTCCTGGAAGATGGT

279   Mouse *IL6* Forward: CCAAGAGGTGAGTGCTTCCC

280   Mouse *IL6* Reverse: CTGTTGTTCAGACTCTCTCCCT

Human 18S rRNA Forward: GTAACCCGTTGAACCCCATT

Human 18S rRNA Reverse: CCATCCAATCGGTAGTAGCG

Human IL6 Forward: ACTCACCTCTTCAGAACGAATTG

Human IL6 Reverse: CCATCTTTGGAAGGTTCAGGTTG

ATP measurement

For ATP measurement, 1 mL of mouse lung lavage was collected in 1X PBS containing 100μM

ATPase inhibitor. ATP measurement was performed immediately by measuring bioluminescence using

Biotek H1 plate reader as described in the manufacturer's protocol (A22066, ATP determination Kit,

ThermoFisher Scientific). Briefly, an assay solution was prepared by mixing a working concentration of

10μM dithiothreitol, 0.2mM D- luciferase, 7.5 μg/ml firefly luciferase in 1X reaction buffer diluted with

distilled water. The reaction was kept in ice and protected from light. 10 μl of sample was mixed with 90

μl of assay solution, and light emission was measured at 560 nm using a Biotek plate reader.

Macrophage depletion

Mice were treated 6 days after bleomycin lung injury with 100μl of 18.4 mM liposomal-clodronate (CLD-

8909, Encapsula NanoSciences) by oral aspiration. Mice were kept under observation for 24hrs. These

mice were euthanized on day 7, and bronchoalveolar lavage fluid was collected in PBS containing

100μM ATPase inhibitor, and lung cell suspensions were prepared for flow cytometry.

IL-6 ELISA

Bronchoalveolar lavage fluid or conditioned culture media were collected for measurement of IL-6 with

a Duoset ELISA kit (R&D Systems, DY406-05). Capture antibody was coated overnight in a 96 well

plate at room temperature. Wells were aspirated and washed in ELISA wash buffer and blocked by

adding reagent diluent consisting of 1% BSA in PBS. After 1 hour of room temperature incubation, wells

were again washed with wash buffer and samples or standards were added and incubated for 2 hours

at room temperature. Detection antibody was used along with streptavidin-HRP and substrate solution.

The reaction was stopped with stop solution, and optical density was measured using a microplate

reader at 450 nm.

Arginase 1 ELISA

CD11b+ mouse lung cells were seeded in 12-well dishes for 2 days in DMEM supplemented with M-Csf

(315-02, Peprotech). Cells were stimulated with murine IL-6 for 72 hours. Conditioned media Arginase

1 levels were measured using Mouse Arginase 1 ELISA Kit (ab269541, Abcam) based on the

manufacturer's protocol. Briefly, 50 µl of the undiluted samples were added to each well along with 50µl

of antibody cocktail, which consisted of capture antibody and detection antibody dissolved in antibody

diluent. Plates were incubated for 1 hour at room temperature. Wells were washed thrice with wash

buffer and incubated with 100 µl Tetramethylbenzidine (TMB) substrate for 15 min. The reaction was

stopped using 100µl stop solution, and OD was measured at 450nm.

Histology and Immunofluorescence imaging

Mouse lung: Mouse lungs were fixed in 4% formaldehyde at 4°C for 4 hours, then washed and

submerged in 30% sucrose solution overnight at 4°C. Next, the tissue was incubated in 1:1 solution of

30% sucrose and OCT (4585, OCT) overnight followed by changing to OCT for 2 hours, and then a

tissue block was frozen after embedding in OCT. 15 µm sections were cut from OCT-embedded tissue.

For immunofluorescence imaging, sections were first pretreated with 1X target antigen retrieval

reagents (RNAscope, advanced cell diagnostics) at 100° C for 10 min. Dried slides were incubated with

anti-Arg1 primary antibody (93668, Cell Signaling Technology) overnight at 4° C in antibody staining

solution containing 1% BSA, 1% Tween20 and 2% serum. Slides were washed thrice with PBS and

incubated with secondary antibodies goat anti-mouse IgG 647 and donkey anti-rabbit IgG 555 for 4

hours at 4°C. The sections were washed in PBS and mounted on antifade DAPI mounting media and

imaged using Leica SP8 confocal laser scanning microscope at BIDC, UCSF.

For Sirius Red imaging, sections prepared from mouse lungs frozen in OCT were stained with

Sirius Red (0.1% Sirius Red in saturated picric acid, Electron Microscopy Sciences, 26357-02) for 60

min followed by a 2-min 0.01 N HCl wash, rinsed in 70% ethanol, and air-dried overnight before

imaging. Images were acquired using a bright-field microscope (Zeiss Axio scan.Z1). The images were

quantified using Qupath image analysis software using the artificial neural network pixel classifier

function[35], with software training based on user-defined fibrotic regions in a single image.

Human lung: 4 μm thick sections from patient FFPE blocks were collected for IHC staining. Slides were

stained on the Discovery Ultra automated platform (Roche Diagnostics) using Ventana reagents unless

otherwise stated. After deparaffinization, antigen retrieval was performed in CC1 at 97C for 32min.

Primary antibodies were applied sequentially as CD163 (EPR19518, Abcam, ab182422, 1:250) and

Arginase-1 (SP156, Roche, 760-4801, pre-diluted) and paired with R6G and Cy5 respectively. The

slides were then scanned using with a 20x objective on AxioScan (Zeiss) whole slide scanner.

Masson's Trichrome staining was performed using the 2000^{TM} kit (StatLab, SKU #: KTMTR2 EA)

following manufacturer's instructions. QuPath image analysis software[35] was used to define fibrotic

regions by thresholding using Masson's trichrome stain-defined regions.

Coculture: Mouse macrophages and fibroblasts were cocultured, or in some cases fibroblasts cultured

alone, on glass coverslips (10 mm, Carolina). Treatments included 1mM ornithine (020040-100,

Research Products International) for 2 days after 3 days of culture, or 100nM CB1158 (HY-101979A,

MedChemExpress) for 24 hours after 4 days of coculture. Cells were fixed with 4% formaldehyde for 10

min at room temperature followed by washing thrice with 1X PBS. Col1a1 antibody (72026, Cell

Signaling Technology) was diluted in 1% BSA and 0.5% Triton X100 antibody staining solution. Imaris

software (Oxford Instruments) was used to quantify fluorescence.

Arginase activity assay

Whole lung lysates were prepared for arginase activity assay per the vendor protocol (Abcam,

ab180877). Briefly, lysates were incubated for 20 minutes at 37°C with substrate solution followed by

addition of reaction mix and developer. Absorbance was measured on a microplate reader (Bio Tek

Synergy H1) at OD = 570 nm at 37°C.

Western blot

Precision cut lung slices were obtained from human IPF tissue sections. Briefly, IPF tissue was injected

with 2% low melting agarose (50111, Lonza) and then submerged in ice-cold PBS to allow solidification

of agarose. 400 μm lung slices was generated using Compresstome (VF-310-OZ, Precisionary

Instruments). Slices were kept in complete DMEM media for 2 hours to allow the release of agarose

followed by changing to fresh complete DMEM. Lung slices were treated with 50 μM CB1158 or 10

μg/ml Tocilizumab for 24 hours. After incubation slices were minced using a tissue homogenizer. Cells

were lysed in Pierce RIPA buffer (Thermo Fisher Scientific, 89901) with protease inhibitor cocktail

(Thermo Fisher Scientific, 1861278). 10 μg of protein was run on 10% sodium dodecyl sulfate-

polyacrylamide gel electrophoresis (Bio-rad, 4561034) and transferred to a PVDF membrane (Thermo

Fisher Scientific, 88520). The membrane was incubated with 1:1000 Col1a1(#720265, Cell Signaling

Technology) overnight at 4°C. Blots were washed in 1XTBST and incubated with peroxidase-

conjugated goat anti-rabbit (1:20,000, Anaspec, AS28177) for 4 hr at 4°C. These blots were developed

using SuperSignal West Pico Chemiluminescent substrate (Thermo Fisher Scientific, 34080) in

ChemiDoc XRS+ gel imaging system (Bio-rad). Quantification of bands was done using ImageJ.

Hydroxyproline assay

Mice were euthanized and lungs were excised and snap frozen. Isolated lung samples were

homogenized and incubated with 50% trichloroacetic acid (T6399, Sigma) on ice for 20 min. Samples

were then incubated in 12N HCL (A144, Fisher) overnight at 110°C. Dried pellets were reconstituted in

distilled water with constant shaking for 2 hours at room temperature. Samples were then mixed with

1.4% Chloramine T (Sigma, 85739) and 0.5 M sodium acetate (Sigma, 241245) in 10% 2-propanol

(Fisher, A416) and incubated with Ehrlich's solution (Sigma, 03891) for 15 min at 65°C. Absorbance

was quantified at 550 nm, and concentration was calculated using a standard curve of commercial

hydroxyproline (Sigma, H5534).

scRNAseq library preparation and sequencing

PIPseq T2 3' Single Cell RNA Kit (v3.0 – cultured cells, v4.0 – directly sequenced cells) was used for

pre-templated instant partitioning (PIP) to capture single-cell mRNA transcripts with PIP beads

according to manufacturer's protocol (Fluent Biosciences, FB0001026). In the case of directly

sequenced cells, 7 days after bleomycin injury, cells were isolated by the isolation procedure described

above for scRNAseq workflow. In the case of cocultures, 7 days after bleomycin lung injury, mice were

euthanized and lungs were harvested followed by cell isolation as above. After 5 days of coculture,

single cell suspension of cells was obtained by trypsinization followed by washing in 1X PBS.

Cells were washed in ice-cold PIPseq Cell Suspension Buffer (Fluent Biosciences, FB0002440).

Cells were counted and stained with Trypan blue to confirm >90% viability. Single-cell library

preparation was performed using the manufacturer-recommended default protocol and settings. The

sequencing libraries were submitted to UCSF Center for Advanced Technology (Novaseq X) or

Novogene (Novaseq 6000) for sequencing. The demultiplexed FASTQ files were aligned to mouse

genome (mm10) using PIPseeker 1.0.0 (Fluent Biosciences). After sequence alignment, we observed

around 50% of input cells being called when PIPseeker sensitivity level was set to 3, which was near

the inflection point of the barcode rank plot. The original FASTQ files, the quality reports, and the

expression matrix outputs of PIPseeker have been deposited in Gene Expression Omnibus (GEO).

scRNAseq Data Analysis

The Seurat – Guided Clustering Tutorial (March 27, 2023) was followed to convert our expression

matrixes into Seurat objects (Seurat version 4.3.0)[36]. For quality control, we removed the cells with less

than 200 genes or more than 10,000 genes and larger than 5% mitochondrial content. Seurat objects

were integrated following Seurat's Introduction to scRNAseq Integration (March 27, 2023), selecting the

top 2,000 variable features as integration anchors. Cell doublets were removed with the package

DoubletFinder (2.0.3)[37]. Following Seurat – Guided Clustering Tutorial (March 27, 2023), we selected

the top 2000 highly variable genes to obtain the cell UMAP coordinates and group the cells into clusters

with a sensitivity of 0.5[36]. Cell types were annotated using the SingleR package 1.10.04[4] using the

ImmGen database[38] as reference. The Gene Set Enrichment Analysis (GSEA) was performed using

the package enrichR 3.1[39] (FDR<0.05), with gene ontology data taken from the database

"GO_Biological_Process_2021"[40]. Cell communication pathways analysis was performed using the

package CellChat (1.6.1)[17]. Upstream regulator prediction was done using the Ingenuity Pathway

Analysis software (Qiagen)[41]. Differentially expressed genes for macrophages with $p < 0.05$ and

average log2 fold change > 0.75 were used for analysis. Analysis results with $p < 0.05$ were considered

significant.

Analysis of published datasets

Time series of single-cell data after bleomycin lung injury were obtained from the Tsukui and

Sheppard[42] and Strunz et al.[18] (GSE141259). These samples were processed and merged with Seurat

(4.3.0) using the function SCTransform to correct for batch effects and annotated with SingleR 1.10.044

using the ImmGen database as reference. We subsetted the macrophages from GSE141259[18]

repository and annotated by applying SingleR using as reference the macrophage subtypes (C1, C2,

C3) defined by Aran et al.[4] (GSE111664). Microarray RNA data from bronchoalveolar cells of healthy

individuals and IPF patients was extracted from the GPL14550 dataset within the GSE70867[21]

repository. The differentially expressed genes between IPF and healthy samples were obtained by

following the R workflow provided by the NCBI GEO2R platform using GEOquery(2.66.0) and limma

(3.54.2) packages.

LC-MS metabolomics and ^{13}C-flux

Primary murine lung macrophages and fibroblasts were cocultured, or fibroblasts were cultures alone,

as above, for 24 hours with or without 1mM $^{13}C_5$-ornithine (Cambridge Isotope Laboratories, CLM-4724-

H-PK) or 1 mM CB-1158. Cell extracts were used to calculate protein equivalents by resuspension in

0.2 M NaOH, heated to 95 °C for 25 min, and determined via BCA (Pierce, 23225). Dried metabolites

were resuspended in 50% ACN:water and 1/10th of the volume was loaded onto a Luna 3 um NH2

100A (150 × 2.0 mm) column (Phenomenex). The chromatographic separation was performed on a

Vanquish Flex (Thermo Scientific) with mobile phases A (5 mM NH_4AcO pH 9.9) and B (ACN) and a

flow rate of 200 μL/min. A linear gradient from 15% A to 95% A over 18 min was followed by 9 min

isocratic flow at 95% A and reequilibration to 15% A. Metabolites were detected with a Thermo

Scientific Q Exactive mass spectrometer run with polarity switching (+3.5 kV / -3.5 kV) in full scan mode

with an m/z range of 65-975. TraceFinder 4.1 (Thermo Scientific) was used to quantify the targeted

metabolites by area under the curve using expected retention time and accurate mass measurements

(< 5 ppm). Values were normalized to cell number and sample protein concentration. Relative amounts

of metabolites were calculated by summing up the values for all isotopologues of a given metabolite.

Fractional contribution (FC) of ^{13}C carbons to total carbon for each metabolite was calculated as

previously described[43].

Data and code availability

Newly generated single-cell sequencing data will be made public on acceptance for publication.

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Author contributions

PY and JGO performed or assisted in the analysis of all the experiments and in figure preparation. KC

and CP performed single cell library preparation and sequencing, supervised by ARA. NB and AB

assisted in functional experiments with lung tissues and cells. XY performed human cell coculture

experiments. JN performed flow cytometry of mouse lung cells supervised by ABM. KB performed

mouse breeding and development of crosses for experiments. TT and DS performed single cell

sequencing of mouse lung fibroblasts. MM and HT provided deceased donor control lung tissues

supervised by MAM. RM generated and provided P2x4 floxed mice. MN performed

immunofluorescence analysis of IPF lung tissues. PJW provided lung explants from IPF patients and

helped to interpret associated imaging data. KMT designed and performed metabolomic assays,

assisted by PY. MB conceived of the work, supervised experimental planning and execution, and wrote

the manuscript with input from PJW, KT, MM, DS, and TT.

Competing Interests

The authors declare that there are no competing interests.

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Figure 1: Extracellular ATP signaling induces fibroblast IL-6 expression.

(a) Schematic of scRNAseq of primary lung macrophage and fibroblast coculture.

(b) UMAP plot of scRNAseq for macrophage-fibroblast cocultures with SingleR-based cell type
annotation[4] shown. Data represent n=2 separate cultures for each condition.

(c) UMAP plot for data from (b) showing sample of origin (left; "Fib"=fibroblast monoculture, "Fib +
Mac"= fibroblast coculture with macrophages).

(d) Left: UMAP plot showing *Il6* expression. Right: Violin plot of *Il6 expression*. ***p<0.001 by
Wilcoxon Rank Sum test corrected for multiple comparisons by Bonferroni method.

(e) Quantification of *Il6* expression by cell type in cells sequenced by scRNAseq directly after
isolation from the lung at steady state and multiple time points after injury (reanalysis of merged
data[18,42] normalized by Sctransform[44]).

(f) Gene set enrichment analysis (GSEA) of fibroblast single cell transcriptomes in coculture with
macrophages compared to fibroblast monoculture using GO "Response to stimulus" pathways.

(g) IL-6 ELISA of conditioned media from macrophage-fibroblast cocultures with or without
fibroblast-specific P2rx4 deletion. N=5 five biological replicates per condition. **p<0.01,
***p<0.001 by Student's t-test.

(h) IL-6 ELISA from bronchoalveolar lavage form mice with or without fibroblast-specific P2rx4
deletion. N=7, 7, 6 biological replicates, left to right. *p<0.05 by Student's t-test.

(i) Schematic for macrophage depletion and representative flow cytometry for CD11b+CD64+
macrophages with and without bleomycin injury and intratracheal clodronate treatment.
(j) CD11b+CD64+ macrophages with and without injury and liposomal clodronate treatment. N=5,
6, 6 biological replicates, left to right. **$p<0.01$ by Student's t-test.
(k) Bronchoalveolar lavage ATP concentrations. N=8, 5, 6 biological replicates, left to right. *$p<0.05$
by Student's t-test.
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Figure 2: Transitional macrophages express Arg1, an IL-6 inducible gene.

    (a) Top: Schematic of design of co-culture scRNAseq. Bottom: Volcano plot for macrophages from scRNAseq of macrophage-fibroblast cocultures for WT macrophages and fibroblasts, or WT macrophages cocultured with P2rx4 KO (*Pdgfrb-Cre: P2rx4 f/f*) fibroblasts. Significance was determined by Wilcoxon Rank Sum test corrected for multiple comparisons by Bonferroni method. Color-labeled genes had p<0.05 and absolute value of log log2 fold change >0.75. Data represent n=2 separate cocultures.

    (b) Arg1 ELISA of cell lysates and conditioned media collected from mouse lung macrophage monoculture 72 hours after IL-6 treatment. N=3 biological replicates per condition.**p<0.01, ***p<0.001 by Student's t-test.

    (c) Analysis of macrophages from bleomycin lung injury (data reanalyzed from Strunz et al.[18]). Top left: Annotation of macrophages from multiple time points, according to C1, C2, or C3 macrophage annotation (as described in Aran et al.[4]; C1=alveolar macrophages; C2=transitional monocyte-derived macrophages; C3=monocyte derived macrophages). Top right: Feature plot of Arg1 expression. Bottom left: Proportions of C1, C2, and C3 across time. Bottom right: Violin plot of Arg1 expression according to cluster (C1, C2, and C3).

    (d) Immunofluorescence of *Col1a1-GFP* mice labeled with Arg1 antibody at 14 days after bleomycin injury.

Figure 3: Arg1 is necessary for fibrosis in murine and human lung.

(a) Hydroxyproline assay for collagen content of lungs from injured and uninjured WT mice treated
with or without Arg1 inhibitor CB-1158 during days 9-15 post bleomycin. N=6, 7, 8 mice, left to
right. ***p<0.001 by Student's t-test.

(b) Representative images of Sirius red stain for collagen in injured WT or Lysm-Cre:Arg1 f/+ mice
at 14 days post-bleomycin, with fibrotic regions highlighted in green for the same images.
Results for n=3 mice per condition are quantified in the plot. Lung lysate arginase activity was
quantified at 14 days post injury (n=3 and 4 mice per condition, left to right). *p<0.05 by
Student's t-test.

(c) UMAP of macrophages identified by SingleR[4] from CD45+ cells directly isolated by antibody
column and sequenced by scRNAseq after bleomycin injury from aged (96-week-old) and young
(6-8 week old) mice. Cells expressing Arg1 were defined as cells having >1 counts after scaling
and centering[44]. Cells expressing Fab5 genes were defined as cells whose average expression
of *Trem2, Cd9, Spp1, Gpnmb*, and *Fabp5*[19] was >1 after scaling and centering. N=2 mice per
condition. UI=uninjured. I=injured.

(d) Masson's trichrome and immunofluorescence images from sections of IPF lung (images shown
are representative of 4 separate IPF patient lung samples). Immunofluorescence images were
taken from an adjacent section and correspond to the fibrotic (Region 1) and nonfibrotic (Region
2) areas indicated in the Masson's trichrome image. Cellular content was quantified in fibrotic
regions (indicated in red) versus the remaining nonfibrotic area.

(e) Immunoblot for COL1A1 from lung slice lysates prepared 24 hours after treatment in culture with
the indicated inhibitors. **p<0.01, ***p<0.001 by Student's t-test.

Figure 4: Macrophage Arg1 regulates fibroblast collagen expression via ornithine loading.

(a) Col1a1 immunofluorescence of mouse fibroblast cocultures or macrophage-fibroblast cocultures with or without CB-1158, IL-6, or ornithine treatment. N=3 biological replicates per condition. *p<0.05 by Student's t-test corrected for multiple comparisons by Bonferroni method.

(b) Relative quantities arginine, ornithine, proline in lysates of murine primary lung fibroblasts or macrophages, isolated after coculture with or without CB-1158 inhibitor treatment, quantified by

liquid chromatography-mass spectrometry. N=2 and 3 biological replicates for macrophages
and fibroblasts, respectively. **$p < 0.01$ by Student's t-test.
(c) $^{13}C_5$ proline as a fraction of total proline quantified by liquid chromatography-mass spectrometry
from fibroblast lysates prepared after fibroblast monoculture, with or without treatment with $^{13}C_5$
ornithine for 24 hours. N=3 biological replicates per condition. ***$p < 0.001$ by Student's t-test.
(d) Hydroxyproline assay for collagen content of lungs from injured WT mice treated with or without
ornithine (2 mg/kg) twice daily by ornithine gavage during days 7 through 20 . N=8, 7 mice, left
to right. **$p < 0.01$ by Student's t-test.
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Supplementary Figure 1
(a) Left: Bright field image of cocultured primary macrophages and fibroblasts. Right: Flow
cytometry for Pdgfra and CD64 with coculture cells.
(b) UMAP plot of replicates from culture-cell scRNAseq (n=2 separate cultures per condition).
(c) UMAPs of cultured-cell scRNAseq shown in Figure 1a-b labeled by culture condition, cell type
annotated by SingleR, and collagen gene signature score (see Table 1 for genes).
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Supplementary Figure 2
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(a) Heat map of the most highly expressed genes that are predicted to be secreted factors[7] by
Seurat clustering shown. Clusters 3,4, 9, fibroblast clusters present only with macrophage
coculture, expressed the highest *Il6*.
(b) UMAP of "Fibroblasts" and "Other mesenchymal cells" from Figure 1e (reanalysis of scRNAseq
data[18,42]), and dot plot of top differentially expressed genes showing that Other mesenchymal
cells express multiple smooth muscle (eg *Myh11*, *Myl9*, *Acta2*, and *Tagln*) and pericyte markers
(eg, *Mcam*).
(c) IL-6 ELISA from conditioned media from deceased donor human lung macrophage-fibroblast
coculture. N=3 biological replicates per condition. ***p<0.001 by Student's t-test.
(d) IL-6 ELISA of conditioned media from monocultured mouse lung fibroblasts from fibroblast-
specific P2rx4 KO (Pdgfrb-Cre: P2rx4 f/f) or WT mice, with and without ATPγS treatment. N=3
biological replicates per condition. *p<0.05 by Student's t-test.
(e) IL-6 ELISA of conditioned media from monocultured mouse lung fibroblasts with and without
ATPγS and SB203580 (p38 Map Kinase inhibitor) treatment. N=5 biological replicates per
condition. **p<0.01, ***p<0.001 by Student's t-test.
(f) Hydroxyproline assay for WT and Il6 KO mice at 21 days after bleomycin injury. N=5, 8, and 3
mice, left to right. ***p<0.001 by Student's t-test.
(g) Sirius Red staining for WT and Il6 KO mice at 21 days after bleomycin injury (representative
images; n=2 in each condition).

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Supplementary Figure 3
(a) Left: Ingenuity Pathways Analysis of predicted upstream regulators for macrophages cultured
with WT relative to P2rx4 fibroblasts. Right: CellChat plot comparing WT and P2rx4 conditions
for data from Figure 2a. Significance was determined by Wilcoxon test with p<0.05.
(b) Top: Feature plot of macrophages from Strunz et al.[18] with Arg1 and Spp1 expression as well as
Fab5 profibrotic macrophage genes[19] indicated. Bottom: proportions of expression by C1, C2, or
C3 annotation. Bottom: Dot plot for gene expression of cells from Strunz et al.[18] annotated as
either C1, C2, or C3 macrophages (left; C1=alveolar macrophages; C2=transitional monocyte-
derived macrophages; C3=monocyte derived macrophages, nomenclature per Aran et al.[4]).
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Supplementary Figure 4

753  (a) Gating strategy for mice at steady state and 10 days post-bleomycin. TM=transitional
754    macrophage (CD64+CD11b+ SiglecF-, as shown). AM=alveolar macrophage (CD64+SiglecF+,
755    as shown).
756  (b) Plot of percentage of cells expressing YFP in each lineage. N=3 mice per condition.
757
758

Supplementary Figure 5

(a) Weight measured daily in CB-1158-treated mice (corresponding to Figure 3a). *p<0.05 by
Student's t-test.

(b) Dot plot of Fab5[19] gene expression in old and young mouse lung macrophages after bleomycin
injury (corresponding to Figure 3c). UI=uninjured. I=injured.

(c) UMAPs of ARG1-expressing cells identified from human lung scRNAseq[45]. SingleR cell type
annotations of these cells and a feature plot of the macrophage marker CD163 is shown.

(d) ARG1 expression by microarray analysis of gene expression of BAL cells from healthy (20
patients) and IPF (112 patients) from GSE70867[21].

770   (e) Col1a1 immunofluorescence of monocultured lung fibroblasts with or without ornithine
771   treatment.
772

Table S1: Collagen genes used for collagen gene score (corresponding to Figure S1b)

Col1a1
Col1a2
Col3a1
Col4a1
Col4a2
Col4a4
Col5a1
Col5a3
Col6a3
Col6a6
Col8a1
Col9a3
Col10a1
Col13a1
Col15a1
Col22a1
Col23a1