Yerba mate (*Ilex paraguariensis*) genome provides new insights into convergent evolution of caffeine biosynthesis

Federico A. Vignale[1#], Andrea Hernandez Garcia[2#], Carlos P. Modenutti[3,4], Ezequiel J. Sosa[3,4], Lucas A. Defelipe[1], Renato R.M. Oliveira[5], Gisele L. Nunes[5], Raúl M. Acevedo[6], German F. Burguener[7], Maximiliano Rossi[8], Pedro D. Zapata[8], Dardo A. Marti[8,9], Guilherme Oliveira[5], Madeline N. Smith[10], Nicole M. Dubs[10], Satish Nair[2,11,12], Todd J. Barkman[10]*, and Adrian G. Turjanski[3,4]*

[1] European Molecular Biology Laboratory - Hamburg Unit, Notkestrasse 85, Hamburg 22607, Germany

[2] Department of Biochemistry, University of Illinois at Urbana-Champaign, Urbana, IL 61801, USA

[3] IQUIBICEN-CONICET, Ciudad Universitaria, Pabellón 2, C1428EHA Ciudad Autónoma de Buenos Aires, Argentina

[4] Departamento de Química Biológica, Facultad de Ciencias Exactas y Naturales, Universidad de Buenos Aires, Ciudad Universitaria, Pabellón 2, C1428EHA Ciudad Autónoma de Buenos Aires, Argentina

[5] Instituto Tecnológico Vale, Belém, Pará, Brazil

[6] Laboratorio de Biotecnología Aplicada y Genómica Funcional, Instituto de Botánica del Nordeste (IBONE-CONICET), Facultad de Ciencias Agrarias, Universidad Nacional del Nordeste, W3402BKG, Corrientes, Argentina

[7] Department of Plant Sciences, University of California, Davis, CA 95616, USA

[8] Instituto de Biotecnología de Misiones, Facultad de Ciencias Exactas, Químicas y Naturales, Universidad Nacional de Misiones (INBIOMIS-FCEQyN-UNaM), Misiones, Argentina

[9] Instituto de Biología Subtropical, Universidad Nacional de Misiones (IBS-UNaM-CONICET),

Posadas, Misiones, Argentina

[10] Department of Biological Sciences, Western Michigan University, Kalamazoo, MI 49008,

USA

[11] Center for Biophysics and Quantitative Biology, University of Illinois at Urbana-Champaign,

Urbana, IL 61801, USA

[12] Carl R. Woese Institute for Genomic Biology, University of Illinois at Urbana-Champaign,

Urbana, IL 61801, USA

#Equal contributions

*Correspondence to Adrian G. Turjanski (adrian@qb.fcen.uba.ar) or Todd J. Barkman

(todd.barkman@wmich.edu)

Abstract

Yerba mate (*Ilex paraguariensis*) is an economically important crop marketed for the

elaboration of mate, the third-most widely consumed caffeine-containing infusion worldwide.

Here we report the first genome assembly of this species, which has a total length of 1.06 Gb

and contains 53,390 protein-coding genes. Comparative analyses revealed that the large

yerba mate genome size is partly due to a whole-genome duplication (Ip-α) during the early

evolutionary history of *Ilex*, in addition to the hexaploidization event (γ) shared by core

eudicots. Characterization of the genome allowed us to clone the genes encoding

methyltransferase enzymes that catalyse multiple reactions required for caffeine production.

To our surprise, this species has converged upon a different biochemical pathway compared

to that of its relatives, coffee and tea. In order to gain insight into the structural basis for the

convergent enzyme activities, we obtained a crystal structure for the terminal enzyme in the

pathway that forms caffeine. The structure reveals that convergent solutions have evolved for

substrate positioning because different amino acid residues facilitate a different substrate

orientation such that efficient methylation occurs in the independently evolved enzymes in

yerba mate and coffee. While our results show phylogenomic constraint limits the genes

coopted for convergence of caffeine biosynthesis, the x-ray diffraction data suggests structural

constraints are minimal for the convergent evolution of individual reactions.

Introduction

In the genomic era, hundreds of plant species have had their nucleotide sequences

determined to provide unprecedented insight into the genetic basis of many traits. One of the

few species of economic importance for which no genomic data exists is *Ilex paraguariensis*

var. *paraguariensis* A. St. Hilaire (Aquifoliaceae), colloquially known as yerba mate (YM),

which is a caffeinated diploid tree-species ($2n=2x=40$) endemic to the subtropical rainforests

of South America[1]. The dried leaves and twigs of this dioecious evergreen are used to prepare

a traditional infusion named mate, or chimarrão, widely consumed around the world.

Approximately 300,000 ha are cultivated with this tree crop, with Argentina responsible for

80% of world-wide production[2]. The mate infusion has been shown to have numerous

beneficial effects in humans including as an antioxidant[3,4,5], antidiabetic[6,7], as well as central

nervous system stimulant[8], among others. Several bioactive compounds have been identified

in YM that might be responsible for its effects, including terpenes, flavonoids, phenolics and

methylxanthines[2]. Although its stimulant properties are best known and mostly related to

caffeine content, little is known about the genetic and biochemical mechanisms of how YM

synthesizes this, or any, of its important metabolites. Despite the recent release of three other

Ilex genome sequences[9–11], none of the species produce caffeine, making the genetic basis

for convergent evolution of this trait in YM unclear.

Convergent evolution has occurred throughout the tree of life and is particularly

rampant in plants[12] where examples of repeated origins of morphological[13], anatomical[14],

physiological[15], and biochemical[16] traits have been documented. Caffeine (CF) is a xanthine

alkaloid that has independently evolved no less than six times across angiosperms and has

implications for pollination, insect defence and allelopathy[17,18]. There are multiple biosynthetic

routes to caffeine possible within the xanthine alkaloid network (Fig. 1). Within the Rosid

genera *Theobroma*, *Paullinia*, and *Citrus*, sequential methylation of xanthine (X), 1- and/or 3-

methylxanthine (1X, 3X) and, finally, either theophylline (TP) or theobromine (TB) leads to

caffeine[19]. In contrast, the Asterids, *Coffea* and *Camellia*, appear to sequentially methylate

xanthosine (XR), 7-methylxanthine (7X), and theobromine (TB) to yield caffeine[20,21] (Fig. 1).

Regardless of which pathway is utilized, species differ in terms of which SABATH enzyme

family   members   were   convergently   recruited   to   synthesize   caffeine: Xanthine

Methyltransferase (XMT) is used by *Citrus* and *Coffea* while the paralogous Caffeine Synthase

(CS) is used by *Camellia*, *Theobroma* and *Paullinia*[19,22,23] (Fig. 1). Convergence appears to

also extend to the mutational level, since different amino acid replacements to homologous

regions of CS and XMT enzymes appear to govern the evolution of substrate preference

switches[24]. However, it remains unclear whether mutations lead to convergent three-

dimensional protein structures to confer convergent substrate interactions and catalysis by the

enzymes. Because XMT- and CS-type enzymes have been convergently recruited in both

Rosids and Asterids to catalyse the same or different pathways, it suggests considerable

evolutionary lability underlying caffeine production in plants[19]. As a result, it is difficult to predict

what sets of genes, biochemical reactions, and structural properties might lead to the evolution

of caffeine biosynthesis in YM, or any plant, *a priori*.

Although   some   transcriptomic   resources   have   been   generated   for   YM[25,26,27], a

complete genome sequence has the potential to advance our understanding of the metabolic

potential of this important crop and facilitate improvement. Here, we describe the first draft

genome of YM and report on its composition, organization and evolution. The genomic

sequence enabled us to uncover the genetic, biochemical and structural bases for convergent

evolution of caffeine in YM. Our comparative analyses of caffeine-producing enzymes across

angiosperms reveals how convergence may be the result of constrained evolutionary genomic

potential but relatively unconstrained structural potential.

Results and Discussion

Yerba mate genome sequencing, assembly and annotation

The YM genome was sequenced combining Illumina and PacBio sequencing

technologies. With Illumina sequencing, we generated ~263.2 Gb of short reads from various

DNA fragment sizes (350 bp, 550 bp, 3 kbp, 8 kbp and 12 kbp), while with PacBio sequencing,

we generated ~77.5 Gb of long reads. These reads represent ~157.5- and ~49.3-fold base-

pair coverage of the genome, respectively (Supplementary Table 1). The total assembly length

was ~1.06 Gb and consisted of 10,611 scaffolds (≥1 kb) with an N50 length of ~510.8 Kb

(Supplementary Table 2). To assess the completeness of the assembly we aligned the

available YM transcriptome reads[25,26,27] and the YM genome short reads generated in this

study with the genome assembly, establishing that 99.3% of the YM transcriptome reads and

99.5% of the YM genome short reads mapped to the assembly. This result suggests that we

have assembled almost all available sequence data. The GC content of the genome assembly

was 36.33% (Supplementary Table 2), similar to that of other eudicots (33.70-38.20 GC%)[28]

and almost identical to that of *Ilex polyneura* (36.08 GC%)[9], *Ilex asprella* (36.25 GC%)[10], and

Ilex latifolia (36.44 GC%)[11], the only three *Ilex* species with sequenced genomes. About

64.63% of the genome assembly was composed of repetitive sequences, of which ~36.22%

were retrotransposons, ~1.80% were DNA transposons, ~0.74% were simple repeats and

~0.15% were low complexity regions. Long terminal-repeat (LTR) retrotransposons of the

Gypsy and Copia families were the most abundant transposable elements, as observed in

many sequenced plant genomes[29], followed by long interspersed nuclear elements (LINEs)

and hobo-Activator transposons, among others (Supplementary Table 3).

A total of 53,390 protein-coding genes were predicted in the genome, with a mean

coding sequence length of 3,062 bp and 4.23 exons per gene. Of these, 41,483 (~77.63%)

could be annotated with GO terms, EC numbers or Pfam domains. In addition, we identified

4,530 non-coding RNA genes, including 2,670 small nucleolar RNAs, 815 transfer RNAs, 471

ribosomal RNAs, 348 small nuclear RNAs, and 226 micro RNAs (Supplementary Notes S1

and Supplementary Tables 4-6). To further assess the completeness of the assembly, we

aligned the scaffolds with the KOG[30] and DEG[31] databases, determining that 98% of the core

gene families from the KOG database and 97.5% of the *Arabidopsis thaliana* DEG subset

were present in the assembly. Then, we performed a Benchmarking Universal Single-Copy

Orthologs (BUSCO)[32] assessment using the eudicot ODB10 database. Among 2,326

conserved single-copy genes, ~77.30% (1,798) of the gene set was completely retrieved,

~12.12% (282) was partially retrieved and only ~10.57% (100) was missing. These results

suggest that the coding region of the assembly is nearly complete. The number of estimated

genes for YM is higher than the ca. 39,000 reported from the genome sequences of other *Ilex*

species[9–11]. This could be at least partly due to the larger genome size of YM estimated from

flow cytometry relative to the other species[33].

Evolutionary analysis of yerba mate genome provides evidence of whole-genome

duplication in an early *Ilex* ancestor

Most plant lineages have experienced ancient polyploidization events followed by

massive duplicate gene losses and genome rearrangements, which may have contributed to

the evolution of developmental and metabolic complexity[34,35]. Recent transcriptome-based

analyses[36,37] reported an ancient polyploidization event in the *Ilex* lineage around 60 Ma

(Cretaceous–Paleogene boundary), based on phylogenomic and synonymous substitution

rate (K_s) evidence. Evolutionary analyses of *Ilex polyneura*[9] and *Ilex latifolia*[11] genomes also

provided evidence of a shared *Ilex*-specific whole genome duplication (WGD). As YM is the

first American holly to have its genome sequenced, we performed synteny-based analyses of

its genome to deepen our understanding of Aquifoliales evolution (Fig. 2 and Supplementary

Fig. 1). The K_s distribution of YM paralogues (Fig. 2b) revealed a significant peak with a

median K_s value of ~0.37, not shared with the rest of the eudicot genomes analysed (Fig. 2b

and Supplementary Fig. 1). This confirms the lineage-specific polyploidization event (Ip-α)

previously reported in *Ilex*[36,37], in addition to the shared ancestral WGT-γ which is indicated by

a median K_s value of ~1.4 (Fig. 2b). A WGD in the common ancestor of *Ilex* species is further

supported by 2:1 syntenic depth ratios between the YM genome and the coffee and grape

genomes, which did not experience additional duplication events after the ancestral WGT-γ

(Fig. 2c). In order to determine the age of Ip-α, we used two different phylogenies (Fig. 2a).

The plastid genome phylogeny supports the monophyly of Aquifoliales as the first diverging

clade of campanulids[38]; the alternative nuclear genome phylogeny supports *Ilex* in Aquifoliales

I as an early branching lineage of lamiids[36]. With the former phylogeny, we estimated the age

of the WGD event between 48.75-69.63 Ma while, with the latter, divergence was estimated

at 49.43-70.62 Ma (Fig. 2a). Both estimates are consistent with that of Zhang et al. 2020 and

validate the age of Ip-α near the origin of *Ilex*, which is estimated between 43-89 Ma[39].

Convergent evolution of caffeine biosynthesis in yerba mate

In order to determine the genes and biochemical pathway responsible for caffeine

biosynthesis in YM, we used bioinformatic analyses to identify SABATH enzyme family

members in the genome[19,22,23]. There appear to be 28 full-length SABATH genes in YM that

encode members of the functionally diverse clades of the family, including SAMT[40] and JMT[41],

among others (Fig. 3a). Our phylogenetic analysis showed that although the YM genome does

not appear to encode XMT-type caffeine-producing enzymes like *Coffea* and *Citrus*, it does

contain three recently and tandemly duplicated genes that encode CS-type enzymes, IpCS1-

3 (Fig. 3a, c). The duplicated IpCS1-3 are 86-91% identical at the amino acid level and are

expressed at highest levels in caffeine-accumulating tissue (Fig. 3b)[19]. IpCS1-3 also appear

to be of recent origin, since non-caffeine accumulating *Ilex* species only have a single gene or

gene fragment in the syntenic region (Fig. 3c). In *Camellia*, *Theobroma* and *Paullinia*, recent

duplications of the CS-type enzymes responsible for the successive steps of xanthine alkaloid

methylation have also independently occurred (Fig. 3a)[19,24]. Two other YM genes encode

IpCS4 & 5, but these are not syntenic with IpCS1-3 and are not highly expressed in any tissues

studied (Fig. 3b); therefore, we did not characterize them further.

To investigate the biochemical activities of the enzymes encoded by the three CS-type

genes, we cloned them into bacterial expression vectors and determined heterologous protein

functions. One enzyme, IpCS1, appears to primarily methylate X to catalyse the formation of

3X (Fig. 4). A second enzyme, IpCS2, shows activity only with 3X to produce TB, while a third

enzyme, IpCS3, exhibits a preference to methylate TB to form CF (Fig. 4). Thus, collectively,

these three enzymes appear capable of catalysing a complete pathway from xanthine to

caffeine. The apparent K_M for the preferred substrates of all three enzymes ranges from 85-

197 μM, and the k_{cat} / K_M estimates are comparable to those determined for other caffeine

biosynthetic enzymes[24] (Supplementary Table 7). Further evidence for this biosynthetic

pathway has been reported by ^{14}C xanthine tracer studies in young leaf segments of *I.*

paraguariensis that showed radioactivity in 3X and TB in addition to CF[42]. A pathway from

X→3X→TB→CF has also been reported for *Theobroma* and *Paullinia* using CS-type SABATH

enzymes[19]. Like Huang et al. 2016, this represents another departure from the long-assumed

pathway to caffeine biosynthesis (XR→7X→TB→CF) as reported in coffee and tea (Fig. 1).

This instance in *Ilex* is particularly notable since YM is an Asterid, like coffee and tea. The fact

that *Ilex*, *Theobroma* and *Paullinia* convergently recruited CS genes that independently

duplicated and evolved to encode enzymes with similar substrate preferences to catalyse a

common pathway to caffeine, in spite of their divergence more than 100 Ma[43], is remarkable

and suggests a high degree of genetic constraint governing the repeated origin of this trait.

While the substrate preferences shown in Fig. 4 suggest pathway flux from

X→3X→TB→CF, IpCS1 also shows secondary activity with 7X to produce TB and IpCS3 can

catalyse the formation of CF from paraxanthine (PX) (Fig. 4a). Thus, flux through other

branches of the xanthine alkaloid biosynthetic network (Fig. 1) cannot be excluded. However,

it is not clear how 7X or PX would be produced *in planta* since none of the three enzymes

studied here is capable of their formation; therefore, these secondary activities may not be

physiologically relevant. In addition, it has been proposed that TP may also be a precursor to

caffeine biosynthesis in *I. paraguariensis* based on radioisotopic feeding studies[42], although

its levels in plant tissues are 30-160 times lower than TB[44]. Our *in vitro* enzyme assays provide

no experimental evidence for that biosynthetic route; however, it is possible that additional MT

enzymes from the SABATH (or other) gene family not characterized in this study may perform

such reactions. Alternatively, if the exogenously supplied TP was first catabolized to 3X in YM

tissues, then the caffeine detected previously[42] could have been synthesized via the route

described above for IpCS2+IpCS3 (Fig. 4).

The caffeine biosynthetic pathway in YM evolved from ancestral networks with different

inferred flux

The fact that caffeine is produced within only one small lineage of *Ilex* that diverged

and experienced CS gene duplication (Fig. 3) within the last 11 million years[39,44] indicates that

the pathway has only recently evolved. The nature by which novel multistep biochemical

pathways evolve is a central question in biology[45]. To investigate the caffeine pathway origin

in YM, we used Ancestral Sequence Resurrection[46,47] to study AncIpCS1 & AncIpCS2, the

ancestors of the three modern-day enzymes implicated in caffeine biosynthesis in YM (Fig. 5

and Supplementary Fig. 2). The ancestral enzyme, AncIpCS1, which gave rise to all three

modern-day YM enzymes, exhibits highest relative activity with X, 3X and 7X (Fig. 5a).

Methylation of 7X by AncIpCS1 occurred at the N3 position resulting in TB synthesis, whereas

xanthine methylation occurred at either the N1 or N3 position to form 1X and 3X, respectively

(Fig. 5b and Supplementary Fig. 3). AncIpCS1 was capable of methylation of 3X at N1 to

produce TP, while methylation at the N7 position led to TB formation (Fig. 5b). These data

demonstrate that, although AncIpCS1 could not produce caffeine, it could methylate xanthine

alkaloids at 3 different positions of the planar heterocyclic ring structures and this combination

of activities would have allowed for the ancestor of YM to produce a cocktail of 1X, 3X, TP and

TB by flux through multiple branches of the xanthine alkaloid biosynthetic network with a single

enzyme (Fig. 5b).

After gene duplication of AncIpCS1, one daughter enzyme ultimately gave rise to

IpCS1, which exhibits preference to methylate xanthine to produce 3X (Fig. 5a). The other

daughter enzyme, AncIpCS2, appears to have maintained highest activity with X, 3X and 7X

like AncIpCS1 (Fig. 5a). However, unlike its ancestor, AncIpCS1, AncIpCS2 evolved high

relative activity with 7X to produce not just TB, but also PX by methylation at the N1 position

(Fig. 5a and Supplementary Fig. 3b). AncIpCS2 retained the ancestral activity of AncIpCS1

with xanthine to produce 1X, but also evolved the ability to methylate X at the N7 position (Fig.

5b and Supplementary Fig. 3). This enzyme also retained ancestral activity with 3X to produce

only TB by N7 methylation but lost the ability to methylate 3X at the N1 position to form TP.

These activities of AncIpCS2 would have allowed for ancestral flux to produce 1X, 7X, TB and

PX but not caffeine. Because a YM ancestor could have possessed both AncIpCS2 and a

descendant of AncIpCS1, AncIpCS1' (Fig. 5b), additional pathway flux is possible. If

AncIpCS1' retained activities of its ancestor, AncIpCS1, then the ancestral *Ilex* species could

have also produced 3X and TP making for an even more diverse array of xanthine alkaloids

in its tissues (Fig. 5b). It has been shown that the xanthine alkaloids, 1X, 3X, and TP, can bind

to modern-day rat adenosine receptors[48]. Therefore, if these molecules were to accumulate in

ancestral *Ilex* tissues, they could have conferred a selective advantage which would likely

result in retention of the ancient genes. Ultimately, once gene duplication led to the generation

of the three modern-day CS-type enzymes in YM, pathway flux could be channelled away

from intermediates like 1X and TP such that the modern-day pathway to caffeine evolved (Fig.

5b). Not only did the modern-day CS enzymes of YM evolve to catalyse a pathway from

X>3X>TB>CF from ancestral biosynthetic networks of different products, *Theobroma* and

Paullinia also independently evolved enzymes with similar properties[19]. And, they did so from

ancestral pathways that, like YM, had alternative ancestral fluxes[24]. While it could be due to

chance alone that all three lineages converged to catalyse a similar pathway from differing

ancestral networks, it is also possible that it was advantageous to specialize for flux to TB via

X and 3X because either it is more enzymatically favourable or these intermediates have

greater adaptive value than other structural isomers.

Protein crystal structure of IpCS3 reveals convergent structural basis for methylation

of theobromine to form caffeine

We successfully crystallised and determined the 2.7 Å resolution structure of IpCS3,

that converts TB into CF (Fig. 6a, Supplementary Table 8). As is typical for the SABATH family

of methyltransferases, IpCS3 exhibits a Rossman-like fold which accounts for the SAM binding

portion of the enzyme as well as an alpha-helical cap where methyl-acceptor binding occurs[49–

52]. This structural information of the enzyme bound to both of its products, S-

adenosylhomocysteine (SAH) and caffeine, facilitates an in-depth comparison of the active

site structures of the caffeine-producing CS-type enzyme found in *Ilex* and the XMT-type

enzyme in *Coffea*[49] to determine the extent to which convergence of physicochemical

properties of the active site has allowed for independent specialisation for TB methylation by

the paralogous SABATH enzymes. Although the IpCS3 structure was obtained in complex

with its product, caffeine, it can be assumed that the binding mode is conserved for its

precursor, theobromine. Indeed, our computational modelling of TB in the active site of IpCS3

predicts it to be oriented as we have discerned from the diffraction data (Supplementary Fig.

4). Thus, in the following comparisons, the atomic numbering for the theobromine precursor

will be used to facilitate comparison to the DXMT structure.

In both DXMT and IpCS3, there are several conserved residues, shared by nearly all

SABATH enzymes, that form part of the active site pocket and appear to play important roles

in binding many different substrates[50,51]. His160 and Trp161 in DXMT are in the same relative

positions as His155 and Trp156 in IpCS3 (Fig. 6b, c). These residues are ca. 3 Å from TB and

participate in H-bonding but to different atoms of the substrate. In DXMT, the NE1 of Trp161

and NE2 of His160 form hydrogen bonds to carbonyl O2 of TB when positioned for N1

methylation; yet, in the structure of IpCS3 these corresponding side chain groups form

hydrogen bonds to O6 of TB. Despite these two residues being conserved for H-bonding, the

substrates are rotated 180 degrees along an axis going through N1 and C4. Thus, the

conserved His and Trp residues interact with opposing carbonyls in TB/CF but still position

the substrate for N1 methylation (Fig. 6b, c).

On the other hand, there are residues that differ between the two enzymes but appear

to provide for important substrate interactions. Specifically, in the structure of DXMT, the

hydroxyl group of Ser237 allows specific hydrogen bonding with N9 to position Theobromine

for N1 methylation (Fig. 6c). In IpCS3, His236 is found at the homologous position in the

structure. Nevertheless, its involvement in H-bonding with N9 is uncertain as the distance

between heavy atoms is ca. 4Å. Tyr368 of DXMT is found to participate in π-π interactions with

the ring structure of TB[53]; yet in IpCS3, Asn353 is found in the homologous position and the

amine forms a hydrogen bond with N9 due to its proximity within 3.2 Å, which is additionally

stabilised by Asn221 and His236 (Fig. 6b). Because the residues in these positions of IpCS3

and DXMT differ yet contribute to TB binding, these independent replacements represent

convergent structural solutions for N1 methylation of the substrate.

Computational modelling of IpCS1 and IpCS2 active sites predict convergent substrate

binding residues for xanthine and 3-methylxanthine methylation

Previous studies used site-directed mutagenesis of two sequence regions in CS-type

caffeine biosynthetic enzymes from *Theobroma* and *Paullinia* to uncover the mutational basis

for the convergent evolution of substrate preference switches towards their preferred

substrates, X and 3X[24]. In order to determine whether the same regions were convergently

mutated in IpCS1 and IpCS2 and provide binding interactions with X and 3X, respectively,

AlphaFold2[54] models and subsequent docking studies were performed (Supplementary Fig.

5). Modelling of substrate binding in the predicted active sites of IpCS1 and IpCS2 (Fig. 7a, b)

shows that the preferred substrates have optimal binding orientations that would result in

methylation to form the products that were experimentally detected in our assays shown in

Fig. 4. From our docking simulations, IpCS1 residues W156, N221 and Y265 are positioned

for hydrogen bonding with the carbonyl moieties of xanthine to position N3 for methyl transfer

from SAM (Fig. 7a). Although *Theobroma* and *Paullinia* CS1 enzymes specialized for xanthine

methylation also possess W156 and Y265 in the homologous positions (Supplementary Fig.

6), these residues are highly conserved amongst nearly all angiosperm SABATH enzymes.

On the other hand, the homologous position to N221 did not change concomitantly with the

evolution of X preference in either *Theobroma* and *Paullinia* (Supplementary Fig. 6); instead,

when their "region III" was mutated, activity with X improved in both[24]. Because IpCS1 was

not mutated in the homologous region III, there appear to be convergent solutions allowing for

efficient positioning of X for 3X biosynthesis amongst these enzymes. In the case of IpCS2,

two hydrogen bond donors S24 and T25 appear to contribute to the positioning of 3X in the

active site (Fig. 7b). This homologous region was experimentally mutated in *Theobroma* and

Paullinia CS2 enzymes and improved specialization for 3X methylation in both, although the

actual substitutions are different in each case[24]. Thus, this may represent an additional

instance where convergent mutations of the same region lead to specialization for 3X

methylation.

Comparative phylogenomic analyses of caffeine biosynthetic genes reveal historical

constraints to convergent gene co-option

Many nearly ubiquitous specialized metabolites involved in defence, development and

floral scent are produced by SABATH enzyme family members that appear to be conserved

across diverse angiosperm lineages, such as SAMT that methylates salicylic acid[55] and IAMT

that methylates Indole-3-acetic acid[52]. However, caffeine is sporadically distributed amongst

disparate angiosperm lineages and seems to have only recently evolved by convergence in a

few distantly related orders[19]. Our comparative evolutionary genomic analysis of the CS and

XMT syntenic regions across angiosperm (Fig. 8) indicates that predicting which SABATH

locus a given lineage might co-opt for caffeine biosynthesis is more dependent upon the

idiosyncratic history of gene loss than phylogenetic relatedness. For example, in the case of

the CS syntenic region used for caffeine biosynthesis in YM and *Theobroma*, *Coffea* lacks a

CS ortholog and none can be detected from its genome (Supplementary Fig. 7a). Thus, only

XMT was historically available for recruitment in *Coffea*. Conversely, YM appears to have lost

any vestiges of XMT orthologues known to be responsible for caffeine biosynthesis in *Coffea*

and *Citrus* (Supplementary Fig. 7b-d). This lack of genomic potential may be seen as an

evolutionary constraint to gene recruitment for caffeine biosynthesis in *Coffea* and YM.

A broader phylogenetic perspective on the XMT and CS syntenic regions provides

further insight into genomic canalization and allows for predictions about the underlying

genetic basis for caffeine biosynthesis in as-of-yet characterized lineages. As shown in Fig. 8,

several angiosperm lineages have neither XMT nor CS and this may explain why caffeine has

apparently never evolved in the large and diverse orders Brassicales, Asterales, Solanales

and Lamiales even though it has been shown to be advantageous in transgenic plants[56,57]. In

the case of *Cola*, a caffeine-producing genus from Africa[58], it is predicted to have co-opted CS

genes for xanthine alkaloid methylation because the order Malvales to which it belongs

appears to have lost XMT orthologues prior to its origin (Fig. 8). Tests of this hypothesis await

genomic sequences and functional studies of *Cola* enzymes. However, even with a functional

XMT or CS enzyme, duplication and diversification appears to be required to assemble a

complete pathway to caffeine as shown here for YM.

Methods

Plant materials. All plant materials used in this study were collected from *Ilex paraguariensis*

breeding line CA 8/74, kindly provided by the Banco de Germoplasma de Yerba Mate y Té at

the Estación Experimental Agropecuaria INTA Cerro Azul (EEA-INTA-CA), Misiones,

Argentina. This accession has one of the highest productivities, allows macro-propagation and

shows increased resistance to drought conditions (https://inta.gob.ar/).

DNA extraction and sequencing. Young leaves, preserved in silica-gel, were used for the

isolation of total genomic DNA with the DNeasy® Plant Mini Kit (QIAGEN®), following

manufacturer's instructions. Two approaches were combined to sequence the resulting DNA

and improve the accuracy of genome assembly. First, paired-end libraries (with insert sizes of

350 bp and 550 bp) and mate-pair libraries (with insert sizes of 3 kbp, 8 kbp and 12 kbp) were

constructed using the Illumina TruSeq® DNA Sample Preparation Kit and Illumina Nextera®

Mate Pair Library Preparation Kit following the kit's instructions, respectively. The obtained

libraries were sequenced on an Illumina HiSeq 1500 platform, generating ~263.2 Gb of raw

data. Second, long-reads libraries were prepared using Sequel Binding Kit 1.0 (Pacific

Biosciences), following manufacturer's instructions. The obtained libraries were sequenced on

PacBio Sequel I (Pacific Biosciences) using Sequel Sequencing Kit 1.0 (Pacific Biosciences)

and SMRT Cell 1M (Pacific Biosciences), generating ~77.5 Gb of additional raw data.

Genome assembly and quality assessment. We opted for a pipeline that could take

advantage of both short and long sequencing technologies. For the short-reads, we applied

Trimmomatic[59] v.0.39 to remove adaptor contaminations and filter low-quality reads (reads

with mean quality scores ≤ 25, reads where the quality of the bases at the head or tail was ≤

10 and reads with a length ≤ 30 bp). The resulting clean reads were then corrected using

Quake[60] v.0.3. Contig assembly and scaffolding was done using the assembler

SOAPdenovo[61] v.2 (55-mer size), with the mate-pair reads being used to link contigs into

scaffolds. After the assembly, DeconSeq[62] v.0.4.3 was used to detect and remove sequence

contaminants. Contigs and scaffolds clearly belonging to the chloroplast and mitochondria

genomes were also discarded. YM transcriptome sequences[25,26,27] and public databases

(KOG[30] and DEG[31]) were used to validate the genome assembly. Canu[63] v.2.2 was used to

perform the self-correction and assembly of the long reads, using the default parameters and

stopOnLowCoverage=20. For both short and long assemblies, we separated the assembly

haplotypes (haplotigs) using PurgeHaplotigs[64] with the recommended parameter values.

Then, we merged both SOAPdenovo v.2 and Canu v.2.2 curated assemblies using

Quickmerge[65] v.03, where only contigs with minimum overlap of 5000 bp (-ml 5000) were

merged and only the contigs greater than 1000 bp (-l 1000) were retained. The resulting

scaffolds and contigs were refined further with the gap-filling module in SOAPdenovo v.2

(GapCloser) and SSPACE[66] v.2.1.1.

Gene prediction and annotation. First, we masked the genome assembly with

RepeatMasker (http://repeatmasker.org/). Then, we predicted the protein coding and non-

coding genes using Funannotate[67] v.1.8.13 previously training it with the available *Ilex*

paraguariensis RNA-Seq experiments (NCBI projects PRJNA315513, PRJNA375923 and

PRJNA251985). Then, Infernal[68] v.1.1.4 was employed to improve the prediction of small

RNAs and microRNAs, while tRNAScan-SE[69] v.2.0 was used to improve the prediction of

transfer RNAs. Ribosomal RNAs were predicted using RNAmmer[70] v.1.2. The TAPIR web

server[71] (http://bioinformatics.psb.ugent.be/webtools/tapir) and the TargetFinder software[72]

v.1.7 were used to identify miRNA targets. InterProScan[73] v.5.55-88.0 and eggNOG-mapper[74]

v.2.1.7 were employed for the functional assignment of the predicted genes.

Repeat content estimation. The repeat content was estimated employing Dfam TE Tools

v.1.5 (https://github.com/Dfam-consortium/TETools). First, we used RepeatModeler v.2.0.3[75]

to build a database with *Ilex* repeat families. Then, we merged that database with Dfam v3.6[76]

and GIRI Repbase ver 20181026[77]. Finally, we ran RepeatMasker on the assembly using the

merged database to look for repeat sequences.

Genome duplication analysis. Rates of synonymous substitution (K_s) between paralogous

genes and orthologous genes in *Lactuca sativa*, *Daucus carota*, *Ilex paraguariensis*, *Coffea*

canephora and *Vitis vinifera* were determined using CoGe's tool SynMap

(https://genomevolution.org/). Gaussian mixture models (GMMs) were fitted to the resulting K_s

distributions with the mclust R package[78] v.5.0, and significant peaks were identified using the

SiZer R package[79] v.0.1-7. To estimate the age of the lineage-specific polyploidization event

(Ip-α) in *Ilex*, we considered two different phylogenies (a multiple nuclear genome phylogeny

and a plastid genome phylogeny). With the median K_s value of yerba mate-grape orthologues

(~0.89) and the divergence date of the two species (125.64 Ma for the multiple nuclear

genome phylogeny and 123.7 Ma for the plastid genome phylogeny), we calculated the

number of substitution per synonymous site per year (*r*) for YM (divergence date = $K_s/(2 \times r)$).

Conforming to the multiple nuclear genome phylogeny, the YM *r* value is 3.54E-9; while for

the plastid genome phylogeny, the YM *r* value is 3.59E-9. These *r* values and the SiZer K_s

range of YM paralogues (~0.35-0.5) were then applied to estimate the age of Ip-α. Finally, to

determine the syntenic depth ratio between *I. paraguariensis* and *C. canephora* and *V.*

vinifera, we employed CoGe's tool SynFind (https://genomevolution.org/), using a distance

cutoff of 10 genes and requiring at least 5 gene pairs per synteny block.

Gene expression quantitation. First, YM transcriptome reads (PRJNA315513) were mapped

to the IpCS1-5 transcripts using BWA[80]. Then, with the number of mapped reads, the

abundance of each transcript was calculated, normalized by transcript length and

transcriptome size (quantification in RPKM, reads per kilobase per million mapped reads).

Cloning, heterologous expression and purification of enzymes. Two different approaches

were used to clone IpCS genes: RT-PCR from leaf tissue and custom gene synthesis. For RT-

PCR of IpCS2, cDNA was obtained from 1 μg of RNA from fresh YM leaves using standard

procedures and cycling conditions with the following two primers: IpCS2F 5'-

ATGGACGTGAAGGAAGCAC-3' and IpCS2R 5'-CTATCCCATGGTCCTGCTAAG-3'.

Following amplification, cDNA was cloned using the pTrcHis TOPO® TA Expression Kit

(Invitrogen, Carlsbad, CA). Ligation of cDNA into the pTrcHis vector and subsequent

transformation into Top10 *E. coli* cells was carried out according to the manufacturer's

protocol. The transformation mixture was incubated overnight at 37°C on LB plates containing

50 μg/mL ampicillin. Colonies were screened by PCR to obtain full-length inserts that were

subsequently verified for insert orientation by DNA sequencing. For IpCS1 & 3 and AncIpCS1

& 2, gene sequences were synthesized by GenScript with codons optimized for expression in

E. coli. Synthesized genes were subcloned from the pUC57 cloning vector into the pET-15b

(Novagen) expression vector using 1.5 μg of DNA and NdeI and BamHI in 30 μl reactions.

Linear fragments corresponding to the expected sizes were gel purified using the QIAEX II

Gel Extraction Kit (Qiagen Corp.) according to the manufacturer's instructions. Purified DNA

fragments were ligated into pET-15b using T4 DNA ligase from New England Biolabs. Ligation

products were transformed into Top10 *E. coli* cells using 2 μl of the ligation reaction. Minipreps

of positive transformants were obtained using a QIAprep Spin Miniprep Kit (Qiagen Corp.) and

10 ng of each plasmid was used to transform BL21 *E. coli* cells using standard plating and

incubation methods.

481   Induction of His$_6$-protein was achieved in 50 ml cell cultures of BL21 (DE3) with IpCS1

& 3 and AncIpCS1 & 2 in pET-15b or Top10 with IpCS2 in pTrcHis with the addition of 1mM

IPTG at 23° C for 6 hours. Purification of the His$_6$-tagged protein was achieved by TALON®

spin columns (Takara Bio) following the manufacturer's instructions. Bradford assays were

used to determine purified protein concentration, and recombinant protein purity was

evaluated on SDS-PAGE gels.

Enzyme assays. All enzymes were tested for activity with the eight xanthine alkaloid

substrates shown in Fig. 1. Radiochemical assays were performed at 24° C for 60 minutes in

50 μl reactions that included 50 mM Tris-HCl buffer, 0.01 μCi (0.5 μl) ^{14}C-labelled SAM, 10-20

μl purified protein and 1 mM methyl acceptor substrate dissolved in 0.5 M NaOH. Negative

controls were composed of the same reagents, except that the methyl acceptor substrate was

omitted and 1 μl of 0.5 M NaOH was added instead. Methylated products were extracted in

200 μl ethyl acetate and quantified using a liquid scintillation counter. The highest enzyme

activity reached with a specific substrate was set to 1.0 and relative activities with remaining

substrates were calculated. Each assay was run at least twice so that mean, plus standard

deviation, could be calculated.

High performance liquid chromatography (HPLC). Product identity of enzyme assays was

determined using HPLC on 500 µl scaled-up reactions utilizing all the same reagents as

described above except that non-radioactive SAM was used as the methyl donor and reactions

were allowed to progress for 4 hours. Whole reactions were filtered through Vivaspin®

columns (Sartorius) to remove all protein prior to injection in the HPLC. Mixtures were

separated by HPLC using a two-solvent system with a 250 mm x 4.6 mm Kinetex® 5 µM EVO

C18 column (Phenomenex). Solvent A was 99.9% water with 0.1% TFA and Solvent B was

80% acetonitrile, 19.9% water and 0.1% TFA and a 0-20% gradient was generated over 16

minutes with a flow rate of 1.0 ml/minute. Product identity was determined by comparing

retention times and absorbance at 254 and 272 nm of authentic standards. Reactions were

compared to negative controls in which no methyl acceptor substrates were added.

Phylogenetic analyses. In order to accurately determine the orthology of YM SABATH

sequences encoded in the genome, we compared them to all previously characterized gene

family members in other species. We also included CS and XMT orthologues from relatives

from the orders of caffeine-producing species (Malvales, Ericales, Gentianales, Sapindales)

available in public databases (GenBank, OneKP) as shown in Fig. 3. Accession numbers for

all sequences are provided in Supplementary Table 9. Alignment of amino acid sequences

was achieved using MAFFT[81] v.7.0 and employing the auto search strategy to maximize

accuracy and speed. A phylogenetic estimate was obtained using FastTree[82] v.2 assuming

the Jones-Taylor-Thorton model of amino acid substitution with a CAT approximation using

20 rate categories. Reliability of individual nodes was estimated from local support values

using the Shimodaira-Hasegawa test as implemented in FastTree.

Ancestral sequence resurrection. In order to obtain accurate ancestral CS protein

estimates, we assembled a dataset that included 154 sequences including all CS-type

enzymes we could retrieve from GenBank and China National Gene Bank as well as

representatives of all other functionally characterized clades of SABATH enzymes

(Supplementary Fig. 2). IQTree[83] was used to obtain a tree describing the relationships

amongst the sequences assuming the Jones, Taylor, and Thorton (JTT) matrix model for

amino acid substitution and the Free rate model for among-site rate heterogeneity[84].

Confidence in ancestral sequences was high as indicated by the average site-specific

posterior probability for AncIpCS1 (0.99) and AncIpCS2 (0.995). In order to determine

ancestral protein lengths in regions with alignment gaps, we coded each gap for the number

of amino acids possessed and used parsimony to determine ancestral residue numbers as in

our previous studies[19]. The estimated sequences were synthesized by Genscript Corp. and

had codons chosen for optimal protein expression in *Escherichia coli*.

Crystallization, data collection, phasing and refinement of IpCS3. Crystallization

screening was performed using the IpCS3 methyltransferase at a concentration of 30 mg/mL

incubated with 2 mM Theobromine and 2 mM S-Adenosyl methionine. Sitting-drop for

crystallization screening was set up by equal volume of precipitant and protein solution

(0.25:0.25 μL) using a Crystal Gryphon robot (Art Robbins Instruments) and a reservoir volume

of 45 μL. Trays were incubated at 9 °C. Initial hits were further optimized using the hanging-

drop method at 9°C, with 150 μL reservoir solution and 1:1 ratio of precipitant to protein and

ligand solution in a 2 μL drop. The latter was composed of 33 mg/mL IpCS3 protein

concentration and 4 mM Theobromine and 2 mM S-Adenosyl methionine. The crystallization

condition was optimized to 25% PEG 3350, 0.2 M NH_4SO_4, 0.1 M Bis-Tris methane pH 5.5.

Square crystals grew over 10 days and were subsequently soaked for 3h at 9°C in the

precipitant solution supplemented with 10 mM S-Adenosyl homocysteine and 10 mM

Theobromine. Crystals were transiently soaked in the precipitant solution supplemented with

20% Ethylene Glycol immediately prior to vitrification by direct immersion into liquid nitrogen.

Diffraction data were collected at the Advanced Photon Source (APS) at Argonne National

Laboratory Sector-21 via the Life Sciences-Collaborative Access Team (LS-CAT) at beamline

21-ID-G. Diffraction data were indexed, integrated, and scaled using the autoPROC software

package[85]. The structure was solved by molecular replacement using Phaser-MR included in

the Phenix software package[86], using PDBID 6LYH structure as the replacement model. The

model was subject to rounds of manual building followed by refinement using REFMAC5[87],

and was manually built in COOT[88] v.0.9.8.3. Crystallographic statistics are listed in

Supplementary Table 8.

Structure prediction and molecular docking. Protein structures of lpCS enzymes were

predicted using the ColabFold implementation of AlphaFold2[54] with no template. Diagnostic

plots depicting the MSA coverage, alignment error and LDDT are shown in the supplementary

information (Supplementary Fig. 5). Structures of xanthine alkaloid ligands (X, 3X, and TB)

were downloaded from the ChEMBL database[89]; protonation states were checked by

Chemicalize[90] and optimized using the VMD Molefacture plugin[91]. The receptor structures

were prepared following the standard AutoDock protocol[92] using the prepare_receptor4.py

script from AutoDock Tools. All non-polar hydrogens were merged, and Gasteiger charges

and atom types were added. The ligand PDBQT was prepared using the prepare_ligand4.py

script. The grid size and position were chosen to contain the whole ligand-binding site

(including all protein atoms closer than 5 Å from all ligands). For each system, 10 different

docking runs were performed. Docking was performed using AutoDock Vina v.1.2.0[93]. The

docking results were further analysed by visual inspection. Images of the molecules were

prepared using the PyMOL molecular graphics system[94].

Synteny comparisons and phylogenetic distribution of CS and XMT. The presence or

absence of CS and XMT genes was determined for orders of plants for which at least one

genomic sequence exists, as shown in Fig. 8. For those species which do not yet have an

available assembly, we used BLAST[95] analyses of GenBank (nr and TSA databases),

Phytozome[96] as well as the OneKP dataset[37] in China National GeneBank. BLAST combined

with subsequent phylogenetic analyses were also used to verify presence/absence of CS- or

XMT-type sequences in cases where the syntenic regions did not appear to encode one or

the other gene. Comparisons of the CS and XMT syntenic regions were performed using

CoGe's tool GEvo (https://genomevolution.org/).

Data availability

The raw sequence data, assembled genome and annotation were deposited in the

European Nucleotide Archive (ENA) under BioProject No. PRJEB65927. The plasmids used

to produce proteins are freely available upon request. The atomic coordinates and structure

factors have been deposited in the Protein Data Bank, Research Collaboratory for Structural

Bioinformatics, Rutgers University, New Brunswick, NJ (http://www.rscb.org) with the

accession code 8T2G for the IPCS3 structure bound to caffeine and SAH.

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Contributions

F.A.V., C.P.M., T.J.B. and A.G.T. designed the project and coordinated the research activities.

F.A.V., T.J.B. and A.G.T. wrote the manuscript with input from all co-authors. F.A.V. was

involved in all analyses. R.M.A. extracted the genomic DNA. E.J.S., G.F.B., R.R.M.O., G.L.N.,

and G.O. performed the assembly and annotation of the genome. F.A.V. conducted the

evolutionary and syntenic-gene analyses. A.H.G. and T.J.B. carried out the expression,

purification and activity assays of CS enzymes. L.A.D made the AlphaFold2 models. L.A.D.

and C.P.M. performed the molecular dockings. A.H.G. and S.N. obtained the crystal structure

of IpCS3-CF complex. T.J.B., M.R., and P.D.Z. performed the comparative genomic analyses

of caffeine-producing enzymes across angiosperms. P.D.Z., D.A.M., G.O., S.N., T.J.B., and

A.G.T. obtained funding to carry out the project. All authors read and approved the final article.

Competing interests

621   The authors declare no competing interests.

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Figure 1. Biosynthetic routes to caffeine within the xanthine alkaloid network. CF, caffeine; PX, paraxanthine; TB, theobromine; TP, theophylline; 1X, 1-methylxanthine; 3X, 3-methylxanthine; 7X, 7-methylxanthine; XR, xanthosine; X, xanthine. Nitrogen atoms are coloured to match the arrows corresponding to the enzymes that methylate them.

Figure 2. Yerba mate genome duplication history. **a**, Evolutionary scenario of the eudicot genomes of *Lactuca sativa*, *Daucus carota*, *Ilex paraguariensis*, *Coffea canephora* and *Vitis vinifera*, from their ancestor pre-γ. The plastid genome phylogeny is represented with solid black lines, while the multiple nuclear genome phylogeny is represented with green dashed lines. Paleopolyploidizations are shown with coloured dots (duplications) and stars

(triplications). Divergence time estimates for the lineages, as well as age estimates for the *L.*

sativa and *D. carota* paleopolyploidizations were obtained from the literature[36,38,97,98]. Ma,

million years ago. **b**, K_s distributions with Gaussian mixture model and SiZer analyses of *I.*

paraguariensis (blue), *L. sativa* (green), *D. carota* (yellow), *C. canephora* (red) and *V. vinifera*

(purple) paralogues. SiZer maps below histograms identify significant peaks at corresponding

K_s values. Blue represents significant increases in slope, red indicates significant decreases,

purple represents no significant slope change, and grey indicates not enough data for the test.

c, Comparative genomic synteny analyses of *I. paraguariensis* with *C. canephora* and *V.*

vinifera.

Figure 3. The yerba mate genome encodes three recently duplicated CS-type SABATH proteins that are expressed in caffeine-producing tissues. a, SABATH gene tree estimate (LnL = -34265.473) shows the placement of full length YM proteins (marked by blue-green dots) within clades that have published functions. GAMT, gibberellin MT; IAMT, indole-3-acetic acid MT; LAMT/FAMT, loganic/farnesoic acid MT; BAMT/BSMT, benzoic/salicylic acid MT; XMT, xanthine alkaloid MT used for caffeine biosynthesis in *Coffea* and *Citrus*; SAMT, salicylic

acid MT; JMT, jasmonic acid MT; CS, caffeine synthase in *Theobroma*, *Camellia* and *Paullinia*.

b, Gene expression analysis of IpCS1-5 as indicated by the relative abundance of YM

transcriptome reads mapped to the IpCS1-5 transcripts. RPKM, reads per kilobase per million

mapped reads. Error bars indicate standard deviation from the mean. Housekeeping gene:

G3PD, Glyceraldehyde-3-phosphate dehydrogenase. **c**, Synteny-based analysis of the CS

genomic region for *I. paraguariensis*, *I. polyneura* and *I. latifolia*.

Figure 4. SABATH enzymes have evolved to catalyse the biosynthesis of caffeine in yerba mate. a, Relative enzyme activities of three CS-type SABATH enzymes with eight xanthine alkaloid substrates. **b**, HPLC traces showing products formed by three encoded CS-type enzymes. **c**, Proposed biosynthetic pathway for caffeine in yerba mate. X, xanthine; XR, xanthosine; 1X, 1-methylxanthine; 3X, 3-methylxanthine; 7X, 7-methylxanthine; TP, theophylline; TB, theobromine; PX, paraxanthine. Coloured atoms and arrows indicate atoms that act as methyl acceptors for a given reaction.

Figure 5. Ancestral sequence resurrection reveals ancestral xanthine alkaloid pathway flux. a, Simplified evolutionary history of three YM xanthine alkaloid-methylating enzymes and their two ancestors, AncIpCS1 and AncIPCS2. Average site-specific posterior probabilities for each ancestral enzyme estimate are provided. Numbers above each branch of the phylogeny represents the number of amino acid replacements between each enzyme shown. **b**, Inferred pathway flux is shown for the antecedent pathways that could have been catalysed by the ancestral or modern-day combinations of enzymes that would have existed at three time points in the history of the enzyme lineage. Arrows linking metabolites are coloured according to the activities detected from each enzyme shown in panel a. Dotted arrows are shown for

940   AncIpCS1' because it is unknown what characteristics it would possess; it is assumed that it

941   would have at least catalysed the formation of 3X from X since both its ancestor and

942   descendant enzyme do so. X, xanthine; XR, xanthosine; 1X, 1-methylxanthine; 3X, 3-

943   methylxanthine; 7X, 7-methylxanthine; TP, theophylline; TB, theobromine; PX, paraxanthine.

a

b

SAH   CF

3.2 Å

Asn 353

His 236

3.3 Å   2.7 Å

Asn 221

His 155

Trp 156

c

SAH   TB

Tyr 368

3.0 Å   Ser 237

2.9 Å

2.8 Å

His 160

Trp 161

Figure 6. Crystal structure of IpCS3 in complex with Caffeine (CF) and S-adenosyl-homocysteine (SAH) and comparison with the active site of *Coffea* DXMT. a, Overview of the crystal structure of IpCS3 (PDBID 8T2G) depicting the active site of the enzyme in complex with CF and SAH. **b**, Relevant residues in IpCS3 for ligand recognition. **c**, Relevant residues in DMXT (PDBID 2EFJ) for ligand recognition. Protein residues are displayed as lines with carbon atoms coloured in bluewhite while small molecules - caffeine (CF), theobromine (TB), and S-adenosyl-homocysteine (SAH) - are drawn as sticks. Colour code for the rest of

968   the atoms: nitrogen (blue), oxygen (red) and sulphur (yellow). Hydrogen bond interactions are

969   indicated as black dotted lines.

Figure 7. Docking models of xanthine alkaloids in IpCS1 and IpCS2 active sites. **a**,

IpCS1-X complex. **b**, IpCS2-3X complex. Protein residues are displayed as lines with carbon

atoms coloured in bluewhite while small molecules - xanthine (X), 3-methylxanthine (3X),

caffeine (CF), paraxanthine (PX), S-adenosyl-L-methionine (SAM) and S-adenosyl-

homocysteine (SAH) - are drawn as sticks. Colour code for the rest of the atoms: nitrogen

(blue), oxygen (red) and sulphur (yellow). Hydrogen bond interactions are indicated as black

dotted lines.

1000

1001

1002

1003

Figure 8. Only CS genes were available for co-option and utilization for xanthine alkaloid biosynthesis in yerba mate whereas coffee only had XMT genes. Both CS- and XMT-type caffeine biosynthetic enzymes were present in the ancestor of core eudicots but numerous apparent losses of one or the other or both has occurred during lineage diversification. Gene loss is represented by vertical bar on relevant branches of the cladogram.