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Enkephalin-mediated modulation of basal somatic sensitivity by regulatory T cells in mice

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Abstract

CD4$^+$CD25$^+$Foxp3$^+$ regulatory T cells (Treg) have been implicated in pain modulation in various

inflammatory conditions. However, the mechanisms by which Treg hamper pain are still

unclear. From a meta-analysis of 11 available transcriptomes, we show that the

proenkephalin gene (*Penk)* which encodes the precursor of analgesic opioid peptides, is

among the top 10 genes enriched in murine Treg relative to conventional T cells (Tconv). We

then show that *Penk* expression in Treg is under the control of TNFR signaling and the

transcription factor BATF. Using mice in which *Penk* mRNA expression can be tracked with a

fluorescent reporter, we also show that *Penk* expression is restricted to Treg and activated

Tconv in non-inflammatory conditions in all examined organs and tissues. Furthermore,

inducible ablation of *Penk* in Treg leads to heat hyperalgesia for both male and female mice.

Overall, our results indicate that TNFR signaling and BATF regulation of *Penk* in Treg might

play a key role at modulating basal somatic sensitivity in mice.

Introduction

Regulatory T-cells (Treg), characterized by the expression of the alpha chain of the interleukin-2 receptor CD25 and the transcription factor Foxp3 [1], are known to be key players in immuno-regulation in both humans and mice; too few may lead to autoimmune diseases whereas too many may prevent an efficient immune response to cancer[2,3]. Over the last few years, several new functions of Treg beyond immunoregulation have been identified in tissue regeneration or local regulation of metabolism[4–6] for instance. In addition, there are accumulating evidences of a cross-talk between Treg and the nervous system. These includes promotion of oligodendrocyte differentiation or inhibition of neuroinflammation facilitating CNS repair process after brain injuries and preventing cognitive decline[7–10]. Furthermore, Treg have been involved in the regulation of pain in various model of nerve injury in rats and mice, such as in autoimmune neuritis or chronic constriction of the sciatic nerve[11–13]. Depletion of Treg have been associated with enhanced pain sensitivity whereas increased Treg number or activity limit pain hypersensitivity[14]. Although the current view is that Treg control pain through their immuno-suppressive functions [15], whether Treg might regulate pain at steady state is currently unknown. Starting from our previous observation that the expression of the proenkephalin gene (*Penk*), encoding for analgesic enkephalins, is highly enriched in Treg (Aubert et al., 2019 biorXiv, https://doi.org/10.1101/638072), we characterize the expression of *Penk* in the immune system and investigate the role of Treg on pain *in vivo* at steady state using advanced genetically-engineered mouse models. Our results uncover a previously unknown mechanism by which Treg modulate basal somatic sensitivity.

Results and Discussion

A meta-signature of murine Treg and *Penk* expression in lymphoid and non-lymphoid organs

Using 11 available transcriptomes retrieved from the GEO website, we generated a Treg molecular signature at steady state in lymphoid tissues, improving the robustness of the analysis by several orders of magnitude relative to individual studies. The 25 most differentially expressed genes are depicted in Figure 1A and the complete list is shown in Table S1. As expected from the sorting strategies used to isolate Treg (Table 1 in the Material and Methods section), we observe that *Il2ra* and *Foxp3* are the most differentially expressed genes in Treg compared to Tconv, followed by the well-known Treg markers *CTLA-4, Itgae* (CD103), *Ikzf2* (Helios) and *Klrg1*. However, several unexpected genes are present in that signature, including the proenkephalin gene *Penk*, coding for opioid peptides endowed with analgesic properties. Using the Immuno-Navigator database[16], a batch-corrected collection of RNA quantification across numerous studies, samples and cell types, we confirm that *Penk* is highly correlated to *Foxp3* in mice (R=0.871, Figure 1B). Enriched expression of *Penk* in Treg was previously reported in several specific contexts including TCR-transgenic mice[17], UVB-exposure[6] or in the brain of mice recovering from stroke[8]. Using publicly available datasets, we also observe that *Penk* is enriched in Treg in the thymus, the visceral adipose tissue and in muscles (Figure 1C). Thus, *Penk* mRNA expression in Treg is consubstantial of their generation and is independent of their tissue localization at steady state.

***Penk* mRNA expression is regulated by TNFR signaling and the BATF transcription factor in Treg**

To explore possible mechanisms that could explain the enrichment of Penk mRNA in Treg

cells, we examined the Immuno-Navigator dataset to extract the genes that are most

correlated with Penk and with each other (Figure 2A). Among these genes, we observe

several members of the TNFR superfamily (*Tnfrsf1b* (TNFR2), *Tnfrsf4* (OX40), *Tnfrsf9* (4-1BB),

Tnfrsf18 (GITR)) as well as the transcription factor *Batf*. Furthermore, *Batf* expression is

highly correlated with *Penk* in Treg (R=0.599, Figure 2B). Thus, TNFR and BATF could be

involved in the regulation of *Penk* in Treg. To examine this possibility, we reanalyzed our

previously published dataset establishing the transcriptome of Treg stimulated with anti-CD3,

anti-CD28 antibodies and TNFR agonists *in vitro* [18]. We observe that addition of TNFR2, OX40

or 4-1BB agonists increases *Penk* expression at 36h post-stimulation relative to controls

(Figure 2C). Interestingly, *Batf* is also increased by TNFR agonists at an earlier time point

(18h), suggesting that TNFR signaling may regulate *Penk* expression through the BATF

transcription factor. Accordingly, a dramatic decrease in *Penk* expression is observed in Treg

lacking BATF [19](Figure 2D). In line with our hypothesis, BATF is a crucial partner of AP-1

transcription factor that has been shown to regulate *Penk* in the hippocampus[20].

Penk is prominently expressed by Treg at steady state

Based on these findings, we further investigated the expression of *Penk* mRNA in various

immune cell types across multiple tissues, as defined by a combination of lineage markers.

(Figure S1A). To do so, we crossed a transgenic mouse model expressing Tamoxifen (TMX)-

inducible Cre recombinase under the promoter of *Penk* (Penk^Cre-ERT2^) with the ROSA26^TdTomato^

reporter mice. In these mice, any cell that would expressed *Penk* at the time of TMX

administration would become permanently tagged with the tdTomato reporter a few days

later. In order to improve detection of those cells by flow cytometry, we also used an anti-

mCherry that cross-react with TdTomato (Figure S1B). In lymphoid tissue, such as in lymph

node (LN), *Penk* expression is mainly restricted to Treg and to a small subset of activated

CD4$^+$ T-cells (Figure 3A). Similar results are obtained in non-lymphoid tissues, such as in the

colon, although *Penk* expression in activated T cells is further increased relative to LN (Figure

3B). As summarized in Figure 3C, Treg is the immune subset expressing the highest level of

Penk in all tissues analyzed. Expression of *Penk* is also detected in Tconv, but at lower

frequencies than in Treg, in agreement with the molecular meta-signature established above

(Figure 1). All other cell types show low or undetectable *Penk* expression. Interestingly, in

CD4$^+$ T-cells (Tconv and Treg), *Penk* expression is higher in the activated CD62L^{low} CD44^{high}

fraction compared to the naive CD62L^{high} CD44^{low} phenotype (Figure S2). Thus, we observed

that *Penk* mRNA is predominantly found in Treg and activated CD4$^+$ T cells in the immune

system at steady state. Among these, the highest expression of *Penk* was detected in Treg

cells present in the skin and the colon. However, we cannot exclude the possibility that the

distribution of Penk may be broader in an inflammatory context. In line with this, a recent

study demonstrated that *Penk* expression in M2 macrophages is dependent on IL-4 and

occurs in response to nerve injury[21].

Heat hyperalgesia in mice deficient for *Penk* in Treg

To determine if enkephalins produced by Treg had an effect on pain at steady state, we

generated mice deficient for enkephalins in Treg by crossing TMX-inducible Cre recombinase

under the control of the *Foxp3* promoter (Foxp3$^{Cre-ERT2}$) with mice transgenic for LoxP

sequences flanking exon 2 of *Penk* (Penk^{flox}). In these mice (hereafter referred to as Lox), any

cell expressing Foxp3 at the time of TMX administration would become deficient for exon 2

of *Penk* a few days later. Since exon 2 is the precursor of Met-Enkephalin, an endogenous

opioid that act on thermal pain sensation[22], we evaluated the sensibility of these mice to

pain induced by heat (Figure 4). As controls, we used mice expressing the Cre recombinase

and wild-type (WT) at the locus of LoxP sequences insertion. Mice were treated with TMX

and evaluated for heat sensitivity without further additional treatment at ten different time

points (4 before and 6 after administration of TMX, 2 to 3 days apart). Under these

conditions, a significant trend towards lower latency periods (signing heat hyperalgesia) is

observed in the Lox group compared to WT mice. Interestingly, the effect is not apparent

until 7 days after TMX administration (Figure S4). Indeed, before TMX administration, WT and

Lox female and male mice do not differ in their response to heat (Figure 4A-B). However,

after TMX administration, Lox mice develop hyperalgesia compared to control mice, with a

20 percent reduction in their median latency period from D7 onwards (8.1 vs. 6.5 sec, Figure

4C). Interestingly, the effect of *Penk* deletion in Treg on heat hyperalgesia is sex independent,

since it is observed in both female and male (Figure 4D), although the reduction was slightly

higher in female (22% reduction in latency period) than in male (16% reduction). This can be

explained by the fact that males tend to respond faster (7.9s vs 6.1s) than females (8.4s vs

7.0s), irrespective of the genotype (Figure 4D). *Penk* expression by CD4^{+} T-cells has been

associated with analgesia in mice models of visceral pain[23–25], but the specific contribution of

Treg was not investigated. In neuroinflammatory settings, such as constriction of the sciatic

nerve, pain control by Treg could be dependent on their immuno-suppressive function [12,26–28].

On the contrary, our tests were performed at steady state, ruling out the possibility that

hyperalgesia could be due to a defect in the immuno-suppressive function of Treg. They

strongly suggest a direct role of enkephalins produced by Treg on nociception, uncovering a

new non-immune fundamental function of Tregs on endogenous regulation of basal somatic

sensitivity.

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Materials & Methods

Extraction of Treg meta-signatures

The datasets used were selected based on a "Treg* AND (Tconv* OR Teff*) AND Mus

Musculus" search in the GEO dataset web site (https://www.ncbi.nlm.nih.gov/gds). GEO

datasets were manually inspected for inclusion of studies comparing fresh Treg with fresh

Tconv from lymphoid organs. Characteristics of selected datasets are summarized in Table 1.

For each dataset, we generated a list of differentially expressed genes with a cutoff based on

a false discovery rate (FDR) inferior to 0.05 and a log2 fold change superior to 1 with the

GEO2R embedded algorithm.

Table 1: Characteristics of the datasets used for the Treg meta-signature (NA = not

available; LN = Lymph Nodes)

Dataset	Genetic background	Age	Sex	Treg sorting	Tissue	Affymetrix Genome array
GSE103216	C57Bl/6	6-8 weeks	Female	Foxp3-RFP	LN	1.0
GSE136582	C57Bl/6	6-8 weeks	NA	Foxp3-eGFP	Spleen	2.0
GSE14308	C57Bl/6	NA	NA	CD25^{high}	Spleen and LN	2.0
GSE15907	C57Bl/6	6 weeks	Male	CD25^{high}	Spleen	1.0
GSE17580	C57Bl/6	NA	Female	CD25^{high}	Mesenteric LN	2.0
GSE24210	C57Bl/6	NA	NA	CD25^{high}	Spleen and LN	2.0
GSE37532	C57Bl/6	25 weeks	Male	CD25^{high}	LN	1.0
GSE40685	C57Bl/6	NA	NA	Foxp3-GFP	Spleen and LN	2.0
GSE42021	BALB/c	NA	NA	Foxp3-GFP	Spleen and LN	2.0
GSE50096	C57Bl/6	6 weeks	NA	Foxp3-GFP	Spleen	1.0
GSE7460	C57Bl/6	32-36 weeks	NA	CD25^{high}	LN	2.0

Mice

All male and female mice were on a C57Bl/6J background. *Foxp3^tm9(EGFP/cre/ERT2)Ayr^*/J (Foxp3^Cre-ERT2^)

(catalog #016961), *B6.Cg-Gt(ROSA)26Sor^tm9(CAG-tdTomato)Hze^*/J (ROSA ^tdTomato^) (catalog #007909),

*B6.Cg-Penk^tm1.1(cre/ERT2)Hze^*/J, (Penk^Cre-ERT2^) (catalog #022862) were purchased from The Jackson

Laboratory. *C57BL/6JSmoc-Penk^em1(flox)Smoc^* (Penk^flox^) were purchased from Shanghai Model

Organisms (catalog NM-CKO-210032). For the *Penk* mapping experiments, Penk^Cre-ERT2^ were

bred with ROSA^tdtomato^. All mice were confirmed to be homozygous for the inducible Cre and

at least heterozygous for tdTomato by touchdown PCR (primers sequences available on

request). To specifically knock-out the Penk gene in Tregs, Foxp3^Cre-ERT2^ were crossed with

Penk^flox^ leading to double heterozygous mice (F1) that were crossed together resulting in

double homozygous F2 littermates' mice. All mice used in this study were of F3 generation.

Mice were genotyped by touchdown PCR (primers sequences available on request). Mice

were housed under specific pathogen-free conditions and were used for experiments at 8

weeks or older. All protocols were approved by the Ethics Committee for Animal

Experimentation Charles Darwin (APAFIS #32284-2021070513305185 v5).

Tamoxifen administration

Tamoxifen (ThermoFisher, Les Ulis, France) was dissolved in peanut oil at the concentration

of 8 mg/ml under 37°C agitation and delivered by 200μL oral gavage. All mice were

administered tamoxifen only once, 7 days before the start of each experiment.

Preparation of cell suspensions

Organs were harvested on ice in PBS 3% fetal calf serum (FCS). Inguinal, brachial and

mesenteric LNs and spleens were directly mashed through a 70μm filter and resuspended in

PBS 3% FCS. Lungs, colons, livers, VAT and skin were dissected, minced then incubated in

appropriate digestion buffers (Miltenyi Biotech, Paris, France) at 37°C for various duration

according to manufacturer protocols. Cell suspensions were then passed through a 70μm cell

strainer and suspended in PBS 3% FCS. To eliminate dead cells and debris, liver cell

suspensions was isolated on a 70:30 Percoll gradient. Rings were collected, washed, and cell

pellets were resuspended in PBS 3% FCS. ACK Lysing Buffer was used to lyse red blood cells in

the lungs, livers and spleens (lysis performed for 1 min at RT, followed by two washes with

PBS), prior to staining for flow cytometry.

Antibodies and flow cytometry analysis

The monoclonal antibodies (mAb) and fluorescent reagents used in this study are listed

below in the Table. Up to 4.10^6 cells were incubated for 30 min at 4°C with fixable live/dead

dye and with the anti-CD16/CD32 (clone 2.4G2) to block FcgRII and FcgRII receptors. Cells

were then stained with a combination of antibodies. Cell-surface staining was performed in

PBS 3% FCS for 20 min at 4°C. Permeabilization and intracellular staining was performed

using the Foxp3/Transcription Factor Staining Buffer Set kit and protocol (ThermoFisher).

Stained cells were washed with PBS 1X before acquisition on a Cytek Aurora flow cytometer

(Cytek Bioscience, Fremont, CA, USA). Data were analyzed and UMAPs were generated using

FlowJo software, version 10.8.1 (TreeStar, Ashland, OR, USA).

mAb or reagent (dye)	Provider	Clone	Dilution
Anti-mouse F4/80 (AF647)	BioLegend	BM8	1/400
Anti-mouse CD62L (AF700)	BD Biosciences	MEL-14	1/400
Anti-mouse CD25 (APC Fire 750)	Biolegend	PC61	1/100

Anti-mouse CD4 (BUV 496)	Miltenyi Biotec	GK1.5	1/400
Anti-mouse CD3 (BUV563)	BD Biosciences	145-2C11	1/400
Anti-mouse CD69 (BUV661)	BD Biosciences	H1.2F3	1/200
Anti-mouse Nkp46 (BUV737)	BD Biosciences	29A1.4	1/200
Anti-mouse CD8a (BUV805)	BD Biosciences	53-6.7	1/800
Anti-mouse Ly6G (BV570)	BioLegend	1A8	1/200
Anti-mouse CD11b (BV650)	BD Biosciences	M1/70	1/1000
Anti-mouse CD45 (NovaFluor Blue 660-120S)	eBioscience	30-F11	1/200
Anti-mouse CD11c (PE CF594)	BD Biosciences	HL3	1/150
Anti-mouse Ly6C (PE Cy7)	BD Biosciences	AL-21	1/1600
Anti-mouse CD44 (PerCP)	BioLegend	IM7	1/200
Anti-mouse CD19 (PerCP Cy5.5)	BD Biosciences	1D3	1/400
Anti-mouse IA/IE (V500)	BD Biosciences	M5/114.15.2	1/300
Anti-mouse TCRγδ (BV421)	eBioscience	GL3	1/200
Anti-mouse Ki67 (AF532)	Invitrogen/eBiosience	SolA15	1/1600
Anti-mouse mCherry (Pacific Blue)	Invitrogen/eBiosience	16D7	1/50
Anti-mouse GATA3 (PE Cy5)	Invitrogen/eBioscience	TWAJ	1/400
Anti-mouse Foxp3 (FITC)	Invitrogen/eBioscience	FJK-16s	1/800
Fixable viability dye (Live Dead Blue)	Invitrogen/eBioscience		1/2000
Anti-mouse CD16/CD32 (BD Fc Block)	BD Biosciences	2.4G2	1/80

Hot plate test

The method used was described by Baker et al. (2002)[29]. Briefly, mice were placed on a metal hot plate maintained at 55°C. The plate was enclosed with Plexiglas walls so that mice could not escape. The response latency, which is the time taken to observe a nocifensive behavior

such as jumping, licking or flicking of the hind paws, was recorded. The mice were then

immediately removed from the plate upon the recording of a reaction, or within 25s if no

response was observed to prevent tissue damage. The test was repeated every two days for

a total of four measures before the administration of tamoxifen and four measures starting

from D3 post-tamoxifen. Male and female mice were tested separately. Mice remained in

their home cage except when being tested on the hot plate. The experimenter was blind to

the genotype of the mice until the end of the experiment.

Statistical analysis

All statistical tests are reported in the figure legends and were performed with Prism v8

(Graph Pad Inc, La Jolla, CA, USA). The statistical power of the analyses (alpha) was set at

0.05.

Funding

This study was funded by a research grant from Sorbonne University (SU) (Emergence 2021)

to GM, and by the National Institute for Health and Medical Research (INSERM). NA was

funded by a doctoral fellowship from Fondation ARC and by a post-doctoral fellowhip from

EGLE TX, MF by a doctoral fellowship from the French Ministère de l'Enseignement Supérieur

et de la Recherche, MP and MN by pregraduates fellowships from SU and EGLE TX

respectively. The funders had no role on the supervision of the research, nor in the analysis

of the results.

Acknowledgments

The authors would like to thank Olivier Brégerie, Flora Issert, and Doriane Foret for taking

care of our mice; Dr Martina Lubrano di Ricco and Morgane Hilaire for technical help, Dr

Benoit Salomon for providing Foxp3$^{Cre-ERT2}$ and ROSA^{tdTomato} mice; Francois-Xavier Lejeune (ICM,

Paris) for help with biostatistics analysis and Dr Jean-Luc Teillaud for critical review of the

manuscript.

Figure 1: A meta signature of murine Treg and *Penk* mRNA expression in lymphoid and non

lymphoid organs. A) Top 25 genes enriched in Treg compared to Tconv from lymphoid tissue

from at least 10 of the 11 datasets analyzed ranked by fold change (LogFC) of mean

expression relative to Tconv. The *Penk* gene is highlighted in red. **B)** Correlation of Penk and

Foxp3 mRNA expression in all the cell types listed in the legend. The Pearson correlation

coefficient is indicated. **C)** Expression of Penk mRNA in Treg (blue) and Tconv (red) isolated

from thymus, visceral adipose tissue (VAT) and muscle. The source of the data is indicated

below each graph.

Figure 2: Penk mRNA expression is regulated by TNFR signaling and the BATF transcription

factor in Treg. A) A network of the genes most correlated to Penk in Treg is shown. The

Pearson correlation values were extracted from the Immuno-Navigator database (taking only

Treg for the analysis) and integrated into Cytoscape v3.7[30]. Each node is a gene linked by

edges with width proportional to the Pearson correlation. (edge range: 0.538-0.758). **B)**

Illustration of the correlation between expression of *Penk* and *Batf* in Treg. Each dot is a

sample from the Immuno-Navigator database. The Pearson correlation coefficient is

indicated on the figure. **C)** *Penk* and *Batf* mRNA expression after *in vitro* stimulation of

purified Treg with the indicated TNFR agonists prior (0), and at 18 and 36hrs after

stimulation. Each dot is a biological replicate from a single experiment. **D)** GEO2R analysis of

the GSE89656 dataset for Penk mRNA variations between wild type control Treg (WT) and

BATF-KO Treg.

Figure 3: *Penk* is prominently expressed by Treg at steady state

A-B) (right) UMAP representing all major cell types indicated in the figures determined by flow cytometry from lymph nodes (A) and colon (B) (left). Projection of *Penk* (blue) on the UMAP of lymph node and colon (right). Subsets were manually gated as depicted in Figure S1A. **C)** Scatter plot displaying the average population size and percentage of Penk$^+$ cells for the listed cell populations and organs. Population size was calculated as the percentage out of total CD45$^+$ single cells and represented on a log10 scale. (n = 3 mice for the VAT, spleen and bone marrow, n = 6 mice for the other groups; results cumulative of two independent experiments).

Figure 4: Heat hyperalgesia in mice deficient for *Penk* in Treg. A) Withdrawal latency of WT and Lox mice before the administration of TMX (baseline). The mean of all 4 measures before administration of TMX for each mouse is shown. Statistical modeling was performed using a non parametric unpaired Mann-Whitney t-test and was deemed as non-significant (ns). **B)** Withdrawal latency of WT and Lox mice before administration of TMX (baseline) shown separately for female and male mice, as in A. Statistical modeling was performed using two-way ANOVA and the effect of the genotype on the results was deemed non-significant (ns). **C)** Withdrawal latency of WT and Lox mice post-TMX treatment. The mean of all 4 measures taken from D7 onward is represented for each mouse. Statistical modeling was performed using a non parametric unpaired Mann-Whitney t-test and was deemed significant (p=0,0038). **D)** Withdrawal latency of WT and Lox mice post-TMX treatment shown separately for female and male mice, as in C. Statistical modeling was performed using two-

345　way ANOVA and the effect of the genotype on the results was deemed significant (p=0,0037).

346　A multiple comparisons test using the Benjamini-Hochberg False Discovery Rate model was

347　used. The adjusted p values were deemed significant for both female and male mice

348　(q=0,043). Results shown in this figure are cumulative of two independent experiments with

349　n = 44 mice (26 WT and 18 Lox).

Supplementary figures and table

Figure S1. Representative flow cytometry profiles in Penk^{Cre-ERT2}x ROSA^{tdtomato}

A) Gating strategy used to define the population for the mapping of *Penk* expression by immune cells. **B)** Representative staining of TdTomato and mCherry

Figure S2. *Penk* expression in Tconv and Treg according to activation status in lymph node

Representative staining of TdTomato and mCherry in naive (CD62L^{high} CD44^{low}), central memory (CD62L^{high} CD44^{high}) and effector memory (CD62L^{low} CD44^{high}) Tconv (top) and Treg (bottom).

Figure S3. A kinetics of latency periods in response to heat in WT and Lox mice. Each dot is the mean value (± SD) of latency period in response to heat stimulation for all mice of the WT or Lox genotype. The results are represented as a function of days relative to TMX gavage (D0). Statistical modeling of the results was performed with linear regression curve fitting with a comparison of intercept and slopes. The low p value allow to reject the hypothesis that one curve fits all the datasets.

Table S1: List of the differentially expressed genes between Tconv and Treg. Only genes upregulated in 10 out of 11 datasets are presented with the associated log2 fold change as determined by GEO2R. (NA = not available)

Figure 1

Figure 2

Figure 3

Figure 4

Figure S1

Figure S2

Figure S3