Immunometabolic reprogramming by LRH-1/NR5A2 pharmacological activation resolves inflammation in immune cells of type 1 diabetes mellitus individuals and improves human islet engraftment and function

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SUMMARY

The intricate etiology of type 1 diabetes mellitus (T1DM), marked by a detrimental cross-talk between the immune system and insulin-producing β-cells, has impeded effective disease-modifying therapies. The discovery that pharmacological activation of the nuclear receptor LRH-1/NR5A2 can reverse hyperglycemia in mouse models of T1DM by attenuating the autoimmune attack coupled to β-cell survival/regeneration, prompted us to investigate whether immune tolerization could be achieved in individuals with T1DM by LRH-1/NR5A2 activation as well as improving islet function/survival subsequent to xenotransplantation. Pharmacological activation of LRH-1/NR5A2 induced a coordinated immunometabolic reprogramming of T1DM macrophages and dendritic cells, shifting them from a pro- to an anti-inflammatory/tolerogenic phenotype. Regulatory T-cells were also expanded resulting in the impediment of cytotoxic T-cell proliferation. LRH-1/NR5A2 activation enhanced human islet engraftment and function in hyperglycemic immunocompetent mice, leading to improved glycemia. These findings demonstrate the feasibility of re-establishing immune tolerance within a pro-inflammatory environment, opening a new therapeutic venue for T1DM.

NTRODUCTION

Contrary to most autoimmune diseases, Type 1 Diabetes Mellitus (T1DM) is gender impartial and stands out as one of the most prevalent chronic pediatric illnesses affecting 1.75 million individuals under the age of 20 years (https://diabetesatlas.org/atlas/t1d-index-2022/). A recent study estimated that in 2021 there were 355 900 new cases of T1DM in children and adolescents worldwide of which only 56% were diagnosed. This number is projected to increase to 476 700 by 2050 [1]. Classically, T1DM has been considered a T-cell-mediated autoimmune disease caused by a disruption in the balance between T-regulatory cells (Tregs) and T-effector cells (Teffs; CD4^{+} and CD8^{+} cytotoxic T-cells) that respond to islet-associated self-antigens [2,3]. This breakdown in immune homeostasis or 'tolerance' leads to β-cell destruction resulting in insulin deficiency, hyperglycemia, and the lifelong necessity for insulin supplementation in afflicted individuals [4]. Several immunosuppressive therapies have been developed and validated in pre-clinical models, based on this immune origin. However, these strategies have shown limited success in human subjects, failing to either prevent or revert T1DM [5]. An example of the latter is the recently Food and Drug Administration (FDA) approved drug teplizumab (anti-CD3 derivative), which delays the development of T1DM in individuals 'at-risk' by 2 years, underscoring the disease´s more complex root cause [6]. Within this context, the contribution of β-cells in the pathogenesis of T1DM has gained momentum, as evidenced by the expression of several T1DM susceptible gene variants in the β-cells. These gene variants modulate pro-inflammatory signals and cause vulnerability to endoplasmic reticulum (ER) and oxidative stress, triggering cell dysfunction and apoptosis. Due to the highly vascularized islet microenvironment, β-cell stress signals reach circulating immune cells, initiating a cross-talk. This cross-talk may ultimately result in the destruction of β-cells and is further influenced by other genetic and environmental factors [7-9]. Therefore new effective disease-modifying therapies (DMT) for

T1DM, should aim to resolve this detrimental dialogue by simultaneously targeting both immune and islet cells [10].

Nuclear receptors (NRs) play pivotal roles in a wide range of physiological and pathological processes [11]. They regulate metabolic pathways that control cellular energy balance, survival, and adaptability to the environment. NRs are also crucial for whole-organism functions such as development, metabolism, reproduction, immune response, and tissue regeneration. The fact that NRs activities can be controlled by ligands has made them attractive targets for drug development, with potential therapeutic applications [12,13]. One such NR is the liver receptor homolog 1 (LRH-1 *a.k.a.* NR5A2), which has emerged as a promising drug target for diseases like type 2 diabetes, pancreatic cancer, non-alcoholic fatty liver disease, and metabolic syndrome. Effective therapies for these diseases are still pendant [14-19]. Our previous work provided an early proof-of-concept that pharmacological activation of LRH-1/NR5A2 using a small chemical agonist (BL001) could therapeutically impede the progression of hyperglycemia in 2 mouse models (NOD and RIP-B7.1) of experimental autoimmune diabetes (EAD), validating the benefits of targeting this NR [20]. BL001 coordinated the resolution, rather than the suppression, of the auto-immune attack, concomitantly with the stimulation of β-cell regeneration via trans-differentiation as well as improved cell survival, the latter involving the PTGS2/PGE$_2$/PTGER1 signalling cascade [20-22].

Given the strong disease-modifying properties of LRH-1/NR5A2 activation in mouse models of T1DM, and aiming for the clinical potential of this strategy, herein we expanded our studies to primary immune cells obtained from individuals with T1DM. Our aim was to define the molecular mode of action of LRH-1/NR5A2 agonistic activation in T1DM cells, which is especially relevant considering that the diabetic milieu impedes the anti-inflammatory characteristics of both human macrophages and dendritic cells [23-25]. Furthermore, we sought to determine whether LRH-1/NR5A2 activation could facilitate

long-term human islet engraftment and function, ultimately normalizing blood glucose in immunocompetent hyperglycemic mice.

RESULTS

LRH-1/NR5A2 activation reduces the expression of pro-inflammatory markers on monocyte-derived macrophages and dendritic cells isolated from healthy and T1DM individuals.

Peripheral blood mononuclear cells (PBMCs) were isolated from blood samples procured from healthy and T1DM individuals with an average age of 33 and 37 years, respectively, an average BMI of approximately 23-24 and of equal sex representation (**Table 1**). CD14$^+$ monocytes were purified from PBMCs and derived either into naïve/primed (MDM1$_0$) or pro-inflammatory macrophages (MDM1) and immature (iDC) or mature dendritic cells (mDC) [26,27]. Cell viability was greater than 90% for all groups. We initially profiled cell surface markers associated with either a pro- or anti-inflammatory/tolerogenic phenotype in the presence or absence of the pharmacological activation of LRH-1/NR5A2 using the small chemical agonist BL001. LRH-1/NR5A2 activation significantly reduced the levels of the prototypical pro-inflammatory macrophage surface marker CD80 in MDM1 obtained from both healthy and T1DM donors (**Figure 1A**). Similarly, expression levels of CD14, which facilitates LPS binding to Toll-like receptor 4 (TLR4) and promotes an M1 phenotype [28], decreased in both MDM1$_0$ and MDM1 from individuals with T1DM after BL001 treatment (**Figure 1B**). In parallel, BL001 increased the expression of the anti-inflammatory cell surface marker CD206 in MDM1$_0$ of both healthy and T1DM individuals, while the anti-inflammatory CD209 was only significantly increased in MDM1 obtained from healthy but not in those of T1DM individuals (**Figure 1C and D**). In contrast, expression levels of CD86, CD163, and CD200R remained relatively constant in all the experimental groups (**Figure S1A-C**). Next, we measured the expression of several cell surface markers involved in antigen presentation and T-cell activation which are associated with a proinflammatory

mDC phenotype. Agonistic activation of LRH-1/NR5A2 did not alter the expression of proinflammatory cell surface markers on iDCs from either healthy or T1DM donors but increased the expression of CD36 - implicated in the clearance of apoptotic cells, inhibiting antigen presentation and DC maturation- exclusively in T1DM iDCs (**Figure 1E-H and Figure S1E-M**). In contrast, CXCR4, and CD54 expression levels were blunted in BL001-treated T1DM mDCs (**Figure 1E and G**), while healthy BL001-treated mDCs exhibited reduced levels of CXCR4 and CD25 as compared to untreated cells (**Figure 1E and F**). These findings collectively suggest that the pharmacological activation of LRH-1/NR5A2 not only reduces the expression of key pro-inflammatory cell surface markers in both T1DM MDM1 (CD80 and CD14) and mDCs (CXCR4 and CD54) but also imposes an anti-inflammatory phenotype on naïve $MDM1_0$ and iDCs, further limiting the recruitment/activation of additional MDM1 and mDCs. Of note, alterations in the expression of MDM and DC surface markers by BL001 were sex independent.

LRH-1/NR5A2 activation blunts pro-inflammatory cytokine secretion from MDMs and DCs isolated from individuals with T1DM

The reduction of pro-inflammatory surface markers in both MDMs and DCs prompted us to assess whether the pharmacological activation of LRH-1/NR5A2 would also modulate their cytokine secretion profile, further favouring an anti-inflammatory environment. We focused on immune cells isolated from individuals with T1DM as future DMT should likely target this population. For the analysis of the cytokine secretion profile, we used a commercial antibody array that covers a total of 80 different cytokines. We found that BL001 treatment of T1DM $MDM1_0$ significantly increased the secretion of angiogenin (ANG) and CCL4 (*a.k.a* macrophage inflammatory protein-1β, MIP-1β) (**Figure 2A).** Angiogenin is associated with an anti-inflammatory and wound-healing response in macrophage [29]. CCL4 is recognized as a chemokine attracting T-cells, including Tregs [30], but has recently also been shown to promote angiogenesis via angiopoietin-2 in oral squamous cell carcinoma [31]. In T1DM MDM1, BL001 treatment significantly altered the

secretion of 6 cytokines (**Figure 2B**). Noteworthy is the decreased secretion of CXCL6 and CCL13, both of which stimulate the chemotaxis of M1 macrophages [32]. Additionally, BL001 reduced the secretion from T1DM donors of TNFSF14, a member of the TNF family that triggers the NF-κB signalling pathway leading to the induction of various chemokines including CXCL6 [33]. Remarkably, pharmacological activation of LRH1/NR5A2 also decreased the secretion of macrophage migration inhibitor factor (MIF) and TNFRSF11 (*a.k.a.* osteoprotegerin, OPG), two cytokines with a marked pro-inflammatory activity. Deficiencies in these factors have been shown to induce an LPS-hyporesponsive phenotype [34,35]. Interestingly, secretion of CCL7, which attracts both M1 and M2 macrophages [32], was increased in response to BL001 treatment.

Activation of LRH-1/NR5A2 in T1DM iDCs significantly decreased the secretion of several members of the CC-chemokine subfamily (CCL2, CCL11, CCL24, and CCL26), all of which play roles in various inflammatory diseases by recruiting leukocytes to sites of inflammation (**Figure 2C**) [36]. Correlating with this decline in chemokine secretion, FGF9, which is known to increase expression of pro-inflammatory chemokines like CCL2 in the central nervous system [37] exhibited lower levels in T1DM iDCs treated with BL001. In parallel, the release of the pro-inflammatory cytokines IL-6, LIF (member of the IL-6 family), IL-7, and IL-8 was reduced in BL001-treated T1DM iDC (**Figure 2C**). Secretion levels of leptin, HGF, IGFBP1, FLT3 ligand, BDNF, and PDGFBB were also reduced in BL001-treated iDCs (**Figure 2C**). Leptin has been shown to drive DCs maturation leading to Th1 priming, whereas HGF blockade brings about resolution of the pro-inflammatory phase, a crucial step in restoring tissue homeostasis [38,39]. Interestingly, elevated serum IGFBP1 levels were observed in individuals with T1DM and the Flt3/Flt3L signalling pathway as well as BDNF have been linked to several autoimmune diseases [40-42]. Similarly, PDGF-BB was shown to constitute a key mediator of CXCL4-induced inflammation and fibrosis in the rare autoimmune disorder systemic sclerosis [43].

BL001-treated T1DM mDCs also exhibited a reduction in the secretion of IL-7 and IL-8 (**Figure 2D**), which may be particularly relevant since two independent studies have demonstrated that blocking the IL-7 receptor could reverse autoimmune diabetes in NOD mice by repressing effector T-cells (Teffs) [44,45]. Furthermore, high circulating levels of IL-8 have been associated with poor metabolic control in adolescents with T1DM [46]. In addition, BL001 treatment decreased the secretion of the key cytokine IL-1B, which determines the inflammatory milieu during T1DM, as well as IGFBP2 and IGFBP3, which are normally elevated in individuals with T1DM (**Figure 2D**) [40,47].

Taken together, our results indicate that LRH-1/NR5A2 activation reduces the secretion of several pro-inflammatory cytokines/chemokines in MDM1, mDCs, and iDCs, thereby attenuating the propagation of pro-inflammatory cells. Moreover, LRH-1/NR5A2 activation increases the secretion of pro-angiogenic cytokines ANG and CCL4 in $MDM1_0$ while simultaneously decreasing the secretion of the anti-angiogenic factor HGF in iDCs. This intricate response underscores the multifaceted role of LRH1/NR5A2 activation in shaping the immune microenvironment towards an anti-inflammatory and regenerative state.

LRH-1/NR5A2 agonistic activation attenuates the pro-inflammatory genetic signature of T1DM MDMs

We next questioned via RNAseq analysis whether BL001 altered specific gene sets in either T1DM $MDM1_0$ or MDM1, correlating with the observed attenuated pro-inflammatory phenotype. Remarkably, $MDM1_0$ displayed a greater number of differentially expressed genes (DEGs) than MDM1 upon BL001 treatment (1376 versus 671) (**Figure S2**). Gene set enrichment analysis (GSEA) revealed that common DEGs shared by $MDM1_0$ and MDM1 subpopulations clustered into KEGG pathways predominantly related to hematopoietic cell lineage commitment, cholesterol and fatty acid metabolism. In contrast, DEGs specific to $MDM1_0$ clustered into cell cycle, genome

dynamic and RNA metabolism, whereas genes altered only in MDM1 clustered into inflammatory pathways and apoptosis (**Figure S2**). Accordingly, functional enrichment analysis of DEGs in BL001-treated $MDM1_0$ compared to untreated cells, revealed the activation of enriched pathways for ribosomes, sphingolipid metabolism as well as autophagy. In contrast, cancer-related pathways (gastric cancer, p53, and transcription. misregulation in cancer) and the cell cycle pathway were suppressed as evidenced by decreased expression of numerous histone-encoding genes (**Figure 3A-C**). Of particular interest was the up-regulation of DDIT4 and GRB10, both involved in the inhibition of mTOR (**Figure 3B, black arrows**) [48,49]. DDIT4 conveys the anti-inflammatory effects of IL-10 on pro-inflammatory M1 macrophages through the inhibition of mTOR and the activation of autophagy/mitophagy resulting in the clearance of damaged mitochondria, lower levels of reactive oxygen species and blunted NLRP3 inflammasome activation [49]. In line with these effects, transcript levels of NLRP3 and its downstream target IL1B were reduced in BL001-treated $MDM1_0$ (**Figure 3B, blue arrows**). Taken together, these results indicate that BL001 coerces $MDM1_0$ into an anti-inflammatory and non-proliferative phenotype that secretes higher levels of regenerative factors (**Figure 2A**). Interestingly, in BL001 treated T1DM MDM1, lysosome was the only positively enriched pathway, while a myriad of pro-inflammatory-associated pathways such as the chemokine signalling pathway, cytokine-cytokine receptor interaction and Toll-like receptor signalling, were suppressed (**Figure 3D**). Lysosomal dysfunction was shown to impair autophagy flux contributing to M1 macrophage polarization under diabetic conditions [50]. This suggests that the activation of the lysosomal pathway, which includes the ACP5 and TMEM163 genes, both significantly up-regulated in BL001-treated T1DM MDM1 (**Figure 3E and F, red arrows**), may be involved in suppressing the pro-inflammatory phenotype. Consistent with this, primary murine macrophages lacking ACP5 display a pro-inflammatory phenotype with increased secretion of IL-1B and IL12 [51]. These cytokines, along with the inflammasome sensor NLRP3, the TLR4 and NF-κB

signalling pathways were all decreased in BL001-treated T1DM MDM1 (**Figure 3D and E, purple arrows**).

LRH-1/NR5A2 activation inhibits a subset of mitochondrial proteins in T1DM MDM1$_0$ and MDM1

To map global changes including post-transcriptional/translational alterations induced by LRH-1/NR5A2 activation, we determined the proteomic profile of T1DM MDM1$_0$ and MDM1 treated or not with BL001. This analysis revealed the presence of 188 differentially expressed proteins (DEPs) (87 up- and 91 down-downregulated proteins, $p<0.05$) out of a total of 1890 quantifiable proteins in MDM1$_0$ (**Figure 4A, Table S1 and S2**). Similarly, in T1DM MDM1 we identified 287 DEPs (151 up- and 136 down-downregulated proteins, $p<0.05$) out of 1953 quantifiable proteins (**Figure 4B, Table S3 and S4**). The low number of DEPs identified hampered the analysis of enriched pathways. Instead, we explored the protein-protein interaction (PPI) network among these DEPs. Consistent with the enrichment of the aminoacyl-tRNA biosynthesis and ribosome pathways observed in GSEA (**Figure 3A**), several interacting proteins among the up-regulated DEPs in BL001-treated T1DM MDM1$_0$ were related to translation initiation and tRNA synthesis (**Figure 4C, grey shaded area**). Intriguingly, a PPI cluster of mitochondrial proteins was identified in the down-regulated DEPs of BL001-treated MDM1$_0$ which was not identified by the GSEA (**Figure 4D**, **pink shaded area**). Next, we performed an integrative analysis of the transcriptome and proteome to highlight common DEGs and DEPs. This analysis revealed 14 up- and 16-down regulated transcripts/proteins shared by both omics (**Figure 4E, green circles and F**). Of particular interest, the transferrin receptor (TFRC), common to both omics, was the most up-regulated DEPs in BL001-treated MDM1$_0$ (**Figure 4C**). Deletion of this receptor in murine macrophages was shown to promote M1-like polarization driven by IFNγ, suggesting that its increased expression may sway an anti-inflammatory phenotype [52]. Similarly, BST2 (*a.k.a.* Tetherin) was the most down-regulated DEPs, consistent with a significant

decrease in transcript levels in BL001-treated $MDM1_0$ (**Figure 4D**). Tetherin is an anti-viral agent that induces pro-inflammatory gene expression via NF-κB [53], indicating that its suppression will likely prevent $MDM1_0$ activation towards an MDM1 phenotype.

In contrast to the GSEA in BL001-treated MDM1, which revealed lysosome as the only activated pathway (**Figure 3D**), most of the up-regulated DEPs interacting with each other, clustered in global gene transcription/translation, including RNA polymerase (POLR2A), translation initiation factors (EIF4A1, the second most up-regulated DEP) and ribosomal subunits (RPL8, RPL7A, etc.) (**Figure 4G, yellow shaded area**). The most up-regulated DEP, SPTBN1, was shown to inhibit inflammatory responses and hepatocarcinogenesis in hepatocellular carcinoma via down-regulation of the NF-κB signalling pathway, which was also suppressed in GSEA of T1DM MDM1 [54] (**Figure 4B and G; Figure 3D**). Interestingly, CD14 was the most significantly down-regulated DEP in BL001-treated MDM1, consistent with the results obtained by flow cytometry, further indicating that BL001 strongly suppress inflammation (**Figure 4B, H and J and Figure 1B**) [55,56]. This conclusion is substantiated by the observed decrease in proteins associated with the proteasome, for which inhibition results in a conversion to an anti-inflammatory phenotype (**Figure 4H, blue shaded area**) [57]. Similar to $MDM1_0$, several mitochondrial proteins were repressed in BL001-treated MDM1, evidencing that LRH-1/NR5A2 activation affects mitochondrial function (**Figure 4H, pink shaded area**) [19,58]. We then compared and contrasted the transcriptome and proteome of BL001-treated MDM1 and found that 4 up- and 6 down-regulated genes were common to both omic approaches (**Figure 4I, burgundy circles and J**). CD14 was the most down-regulated gene/protein, emphasizing that BL001 blocks the initial proinflammatory signalling receptor to prevent further stimulation by LPS. Of particular interest, ATP-citrate lyase (ACLY) was also consistently decreased in both omics and resulted in lower levels of Acetyl CoA in BL001-treated MDM1s (**Figure 4K**). LPS promotes histone acetylation via increased ACLY activity and higher levels of Acetyl CoA, which licences the transcription

of pro-inflammatory genes such as IL1B [59]. Our data may suggest that lower levels of ACLY and Acetyl CoA could result in decreased histone acetylation, leading to the repression of the pro-inflammatory gene response.

LRH-1/NR5A2 activation drives mitohormesis to enforce a pro-inflammatory tolerant state in T1DM MDM1

A hallmark of LPS-induced pro-inflammatory reprogramming of macrophages is a time-dependent shift in ATP production from oxidative phosphorylation (OXPHOS) to glycolysis [60]. As a consequence of these metabolic changes and as a feedback mechanism to prevent cell impairment, macrophages trigger a stress response called mitohormesis [61]. This response, that includes a cross-talk between the nuclei and the mitochondria, attempts to re-establish mitochondrial homeostasis and induce a LPS tolerance state, thereby avoiding an exacerbated and perpetual pro-inflammatory response. In this context, several hydroxyestrogens were recently shown to induce mitohormesis in macrophages, enforcing a LPS-immuno-resistant phenotype [62]. This highlights mitohormesis as an unprecedent and controversial therapeutic target to counteract inflammation. As LRH-1/NR5A2 pharmacological activation suppressed the expression of mitochondrial proteins in both $MDM1_0$ and MDM1, we wondered whether BL001 could induce mitohormesis in macrophages. To validate this premise, we assessed the mitochondrial metabolic flux in T1DM MDMs. As expected, the addition of LPS to generate MDM1 significantly reduced the basal oxygen consumption rate (OCR) as compared to non-LPS-treated $MDM1_0$, consistent with the switch from OXPHOS to glycolysis to support a pro-inflammatory phenotype (**Figure 5A and B**). BL001 further decreased the basal OCR in MDM1 as well as in $MDM1_0$ even to lower levels than those found before the LPS treatment (**Figure 5A and B**). In parallel, transcript and protein levels of ATF4, the key activator of mitohormesis, as well as transcript levels of its downstream target GDF15 were significantly increased (**Figure 5C-E**). In contrast, the expression of both IL1B and NLRP3 was blunted in BL001-treated T1DM MDM1 (**Figure**

5F and G). Taken together, these results suggest that LRH-1/NR5A2 agonistic activation likely triggers mitohormesis to enforce a pro-inflammatory immune-paralyzed state. We then assessed whether this immune-paralyzed state could impact stimulation of naïve CD4$^+$ and CD8$^+$ T-cell proliferation, which is typically triggered by professional antigen-presenting cells such as macrophages and DCs [63,64]. CD4$^+$, but not CD8$^+$ T-cell proliferation was dampened by BL001-treated MDM1 derived from T1DM individuals, indicating that BL001 reprogramming of MDM1 partly inhibits T-cell proliferation (**Figure 5H and I**). MDMs from healthy individuals did not impede T-cell expansion, independent of BL001 treatment (**Figure 5H and I**).

NR5A2 promotes mitochondrial turnover favouring tolerization of T1DM mDCs

Having defined the molecular mode of action of LRH-1/NR5A2 in macrophages, we next focused on the genetic adaptations induced by BL001 in DCs. To this end, we performed an RNAseq analysis in T1DM iDCs and mDCs treated or not with BL001. Interestingly, BL001 induced alterations in the expression of only a few genes in T1DM iDCs, with no significant changes detected in KEGG pathways (**Figure 6A**). In contrast, BL001 treatment altered the expression of numerous genes in T1DM mDCs (**Figure 6B**). Functional enrichment analysis on BL001-treated T1DM mDCs revealed the activation of several pathways, including the lysosomal pathway, while only a few pathways were suppressed, among them 'viral protein interaction with cytokine and cytokine receptor' and 'cytokine-cytokine receptor interaction', both of which were also decreased in T1DM MDM1 treated with BL001 (**Figure 6C, Figure 3D**). Additionally, pathways related to phagosome, oxidative phosphorylation, and PPAR signalling were also activated by BL001 in T1DM mDCs (**Figure 6D**). Notably, all these pathways, along with the lysosome pathway, are known to play crucial roles in the tolerogenicity of DCs [65]. Supporting this premise, several key tolerogenic genes such as VEGFA and B, TGFB1 and 2, PTGS2, and CD36 were all significantly up-regulated in BL001-treated mDCs (**Figure 6E**). The most activated pathway in BL001-treated T1DM mDCs was OXPHOS (**Figure 6C and**

D). Similar to macrophages, a switch from OXPHOS towards glycolysis is the main trigger activating mDCs [66]. Thus, stimulation of OXPHOS via increased fatty acid oxidation (FAO) driven by the PPAR signalling pathway (also among the top activated pathways-**Figure 6C**) may induce an anti-inflammatory and tolerizing phenotype in mDCs. To ascertain this hypothesis, we assessed the mitochondrial metabolic flux of DCs isolated from T1DM individuals treated with or without BL001 and palmitate. Similar to MDM, maturation/activation of iDCs resulted in decreased basal OCR (**Figure 7A and B**). However, the addition of BL001 alone or together with palmitate did not increase/potentiate basal OCR as compared to untreated mDCs, refuting our hypothesis (**Figure 7A and B**). As the lysosomal and phagosome pathways along with several shared genes associated with increased acidification and hydrolase activity were activated in BL001-treated mDCs (**Figure 6C and D**), we next contemplated the possibility that mitophagy was being boosted to eliminate non-functional mitochondria while being replenished by new functional mitochondria, as suggested by the increased expression of numerous mitochondrial related genes (**Figure 6D**). To validate this premise, mitochondrial mass and membrane potential were assessed by flow cytometry using the probes MitoTracker Green (binding covalently to mitochondrial proteins, thus providing an assessment of mass) and MitoTracker Red (taken up by polarized mitochondria, thus gauging function) [67]. BL001-treated T1DM mDCs displayed a reduced number of cells with non-functional mitochondria (MitoTracker Green^{High} and MitoTracker Red^{low}) as compared to untreated cells substantiating, the concept that LRH-1/NR5A2 activation in mDCs may promote mitochondrial turnover which is likely coupled to the establishment of a tolerogenic phenotype (**Figure 7C**). In line with this, BL001 impeded mDCs-mediated stimulation of autologous CD4$^+$ and CD8$^+$ T-cell proliferation in individuals with T1DM (**Figure 7D and E**). Furthermore, BL001-treated T1DM iDCs also displayed reduced capacity to stimulate CD8$^+$ T-cells proliferation, which correlated with increased levels of CD36 in these cells (**Figure 7E and Figure 1H**). Interestingly, both CD4$^+$ and CD8$^+$ T-cell proliferation were decreased when exposed to healthy mDCs

treated with BL001 (**Figure 7D and E**). Such cells also displayed reduced expression of the activation marker CD25, which was previously shown to prime CD4^{+} T-cells [68] (**Figure 1F**). Taken together, our results suggest that BL001 induces the reprogramming of mDCs towards tolDCs via mitochondria turnover, resulting in reduced proliferation of T-effector cells.

BL001 promotes Treg expansion in individuals with T1DM which, inhibits CD4^{+} T-cell proliferation

In view of the anti-inflammatory benefits imparted by BL001 on both MDM1 and mDCs from T1DM donors, we pondered whether BL001 could also sway the expansion of Tregs, which enforce peripheral self-tolerance, counteracting self-immunity. CD4^{+} T-cells from both healthy and T1DM individuals were activated using CD3 and CD28 antibodies for 24 hours prior to the addition of BL001. The Treg subpopulation was then determined by flow cytometry using CD45, CD4, CD25, and FoxP3 markers. BL001 treatment restored the percentage of Tregs in T1DM individuals to healthy donor levels (**Figure 8A**). Although CD4^{+} T-cells proliferation showed no significant changes, CD8^{+} T-cells proliferation was decreased by BL001 treatment of T-cells, correlating with the increased Tregs population (**Figure 8B and C**).

BL001 improves human islet graft survival and function, improving glycemia in STZ-treated immune-competent mice

Since our results demonstrate that the pro-inflammatory resolving properties of BL001 extend to both human and murine immune cells [20], we proceeded to evaluate whether LRH-1/NR5A2 agonistic activation could improve the survival and graft function of human islets transplanted into hyperglycemic and immunocompetent mice. To this end, we performed suboptimal human islet transplantations (750 human islet equivalents; IEQ) under the kidney capsule of mice rendered diabetic with a single dose of streptozotocin (STZ). One week after transplantation, mice were treated or not with

BL001 for up to 8 weeks (**Figure 9A**). The rationale for using suboptimal amounts of IEQ was to examine any potential improvements in human insulin secretion, glucose homeostasis, and islet cell survival endowed by the BL001 treatment. Blood glucose levels transiently decreased within 2 weeks after islet transplantation but then relapse by 3 weeks post-implantation, independent of BL001 treatment (**Figure 9B**). From that point onward, the glycemia of vehicle-treated mice further deteriorated suggesting graft rejection which likely contributed to the premature death of these animals (**Figure 9C**). In contrast, blood glucose levels gradually decreased in BL001-treated mice until the termination of the experiment at 8 weeks, and this improvement correlated with a higher survival rate of these mice (**Figure 9B and C**). Human C-peptide was detected in some BL001-treated mice at 4- and 8 weeks post-treatment, confirming the functionality of human islets (**Figure 9D**). Although not significant, at 5 weeks post-transplantation, BL001-treated mice displayed greater glucose tolerance as compared to control mice (**Figure 9E and F).** Both vehicle and BL001-treated mice exhibited similar pancreatic islet insulin (INS) staining patterns, indicating that the recovery of glycemia in BL001-treated mice was not due to remnant endogenous islet β-cells but rather attributed to preserved islet graft mass and improved islet transplant outcomes conveyed BL001 administration (**Figure 9G**). Consistent with this, transplanted kidneys from vehicle-treated mice euthanized at 4 and 6 weeks contained few human islet remnants expressing INS and glucagon (GLUC). In contrast, BL001-treated mice sacrificed at 4 and 8 weeks retained human islet xenotransplants with a significantly higher number of INS expressing cells and a lower number of GLUC expressing cells, even when euthanized at 8 weeks instead of 6 weeks, as in the case of vehicle-treated mice (**Figure 9H-J**). Interestingly, a similar number of CD4^{+} T-cells was detected in transplanted kidneys of BL001-treated mice at 8 weeks compared to untreated mice (**Figure 9K**). Taken together, these results indicate that BL001 favours human islet survival, engraftment, and function, partially reversing hyperglycemia in STZ-treated immunocompetent C57BL/6.

DISCUSSION

Despite concerted efforts from both academia and industry, successful T1DM modifying therapies attaining a clinically relevant long-term reversal of hyperglycemia using pharmacological agents have remained elusive. Lessons learnt from past endeavors highlight the need for a paradigm shift in our way to comprehend the pathology of this disease that involves an intricate interplay among immune and pancreatic cells [10]. This 'symphony' underscoring the pathogenesis of T1DM [69] requires a conductor/target to orchestrate a coordinated resolution of the autoimmune attack/proinflammatory process, rather than suppression, leading to β-cell regeneration/survival [10]. Herein, using MDMs, DCs, and T-cells isolated from individuals with established T1DM and a combination of cell surface marker analysis, omics profiling, and functional studies, we demonstrate that the pharmacological activation of LRH-1/NR5A2 resolves the pro-inflammatory environment by: 1) suppressing the pro-inflammatory M1-like phenotype of MDM1 while maintaining $MDM1_0$ in a naïve state through mitohormesis, 2) fostering a reprogramming of mDCs towards tolDCs by promoting mitochondrial turnover, thereby reducing $CD4^+$ and $CD8^+$ T-cells proliferation and 3) enhancing the expansion of Tregs, leading to diminished $CD8^+$ T-cell proliferation. In parallel, our study demonstrates that the activation of LRH-1/NR5A2 can enhance the engraftment and function of human islets transplanted into diabetic immunocompetent mice, ultimately alleviating hyperglycemia. As such, we argue that LRH-1/NR5A2 fulfills all criteria of a 'symphony conductor' orchestrating resolution of the autoimmune attack coupled to improved cell survival and regeneration [10,20]. In view of these properties, NR therapeutic targets such as LRH-1/NR5A2 will likely be successful in reverting other autoimmune diseases, a provocative idea currently being materialized using a pre-clinical mouse model of experimental autoimmune encephalopathy. To the best of our knowledge, our study is one of the first to demonstrate that a pharmacological compound not only imparts anti-inflammatory properties to fully activated MDM1s and mDCs of individuals with T1DM but also

promotes human engraftment and function in immunocompetent mice, likely via

tolerization as we previously demonstrated [20]. Most studies have primarily concentrated

on non-fully mature DCs, evaluating the effects of compounds like 1α,25-

Dihydroxyvitamin D3 on DCs maturation and activation, but none have investigated their

potential to transform fully mature DCs isolated from individuals with T1DM into a

tolerogenic phenotype [70,71]. Similarly, most human islet transplantation survival and

functional studies have been carried out in immunodeficient mice in order to prevent

rejection [72]. Consequently, our findings hold significant implications for human studies,

as reversing the disease will require resolution of the chronic pro-

inflammatory/autoimmune attack predominantly steered by islet self-antigen activated

macrophages and dendritic cells, which play a central role in the induction of T-cell

expansion and subsequent β-cell destruction [73].

Our findings also emphasize the cell context-dependent nature of the genetic alterations

and phenotypic outcomes induced by LRH-1/NR5A2 pharmacological activation. This is

evidenced by the disparity in the molecular pathways regulated in BL001-treated MDM1s

and mDCs, with many pathways suppressed in MDM1 but activated in mDCs. In MDM1s,

LRH-1/NR5A2 activation suppressed multiple pathways implicated in inflammatory

responses (15 out of 20), correlating with decreased expression of key cell surface

markers such as CD14 and CD80, and reduced secretion of pro-inflammatory cytokines

and chemokines. Interestingly, BL001 did not induce expression of M2-associated cell

surface markers such as CD206, CD209, and CD200R suggesting that the action of

LRH-1/NR5A2 activation is to neutralize/incapacitate the pro-inflammatory M1

phenotype rather than promoting a transition towards an M2-like phenotype. Accordingly,

although BL001-treated T1DM $MDM1_0$ harbored higher levels of CD206 at the cell

surface, both transcript and protein levels were decreased (**Figure 4E**, CD206 *a.k.a.*

MRC1), substantiating the premise that LRH-1/NR5A2 does not promote an M2-like

phenotype but rather suppresses a M1 phenotype. The concept of M1 incapacitation is

further evidenced by the instatement of an immune-paralyzed phenotype via mitohormesis induced by BL001, which is consistent with previous studies reporting that LPS/IFNγ-mediated mitochondrial shutdown prevents IL-4 polarization of M1 towards an M2 phenotype [74]. Additionally, BL001´s anti-inflammatory properties are highlighted by the inhibition of multiple enriched pathways related to inflammatory responses (systemic lupus erythematosus, influenza A, Epstein-Barr virus, among others), as well as pathways involved in either cell cycle or cellular senescence in BL001-treated MDM1$_0$. These molecular events translated to the inhibition of CD4$^+$ T-cells proliferation indicative of a resorbed Teff-mediated cell destruction. Of particular interest, the mitohormesis-related factor GDF15, which was increased in BL001-treated T1DM MDM1s, was recently shown to be expressed in a subset of macrophages and to promote muscle regeneration [75]. In parallel, pharmacological activation of LRH-1/NR5A2 also increased the expression of angiogenin and CCL4 in MDM1$_0$ from T1Dm individuals. Both angiogenin and CCL4 induce angiogenesis to support the provision of newly formed blood vessels for the delivery of nutrition and oxygen to growing tissues [31,76]. Taken together, these data emphasize the premise that BL001 favours a regenerative environment through increased expression of GDF15, angiogenin and CCL4 from MDMs [10,20]. In this context, we have previously shown that CCL4 serum levels were increased in BL001-treated hyperglycemic RIP-B7.1 mice correlating with immune coupled α- to β-cell trans-differentiation [20]. Angiogenin, was also shown to cleave tRNAs, through its ribonuclease activity, thereby transiently inhibiting translation in cells under stress conditions to quickly adapt to their new environment [77,78]. Accordingly, the top two activated enriched pathways in BL001-treated T1DM MDM1$_0$ were aminoacyl-tRNA biosynthesis and ribosome, evidencing an autocrine effect of angiogenin to alleviate stress-induced molecular reprogramming.

Pharmacological activation of LRH-1/NR5A2 reprogrammed T1DM mDCs towards a tolerogenic-like phenotype. This is evidenced by the activation of key molecular

pathways inducing tolerance, such as OXPHOS, PPAR signalling, lysosome, and phagosome, as well as a specific subset of tolerogenic-associated genes, including PTGS2. Previously, we demonstrated that PTGS2 and its product, prostaglandin E$_2$, endow a tolerogenic phenotype to DCs after efferocytosis and prevent cytokine-induced apoptosis in BL001-treated islet β-cell [21,22,79]. Consistent with a shift towards a tolerogenic phenotype, levels of several cell surface markers associated to mDCs (CXCR4 and CD54) were decreased, as did the secretion of IL-7 in cells treated with BL001. Of high relevance, a recent clinical trial assessing the efficacy of the humanized anti–IL-7R monoclonal antibody RN168 in subjects with T1DM revealed a significant decline in CD4$^+$ and CD8$^+$ effector and central memory T-cells along with an increase in Tregs [80]. BL001 treatment of mDCs from T1Dm donors, similarly suppressed the proliferation of both CD4$^+$ and CD8$^+$ T-cells suggesting a potential role of IL-7 in this process. This premise is further substantiated by the decreased levels of IL-7 in BL001-treated iDCs, which also impeded CD8$^+$ T-cell expansion. Contrary to our initial hypothesis and based on RNAseq data revealing BL001-mediated activation of the PPAR and OXPHOS pathways, with no net differences in mitochondrial respiration experiments, we advocate that the phenotypic switch induced by LRH-1/NR5A2 activation is likely mediated by enhanced mitochondrial turnover. The latter is supported by a decreased number of mDCs with dysfunctional mitochondria and previous studies demonstrating that mitophagy/autophagy contributes to maintaining an anti-inflammatory phenotype [81].

Tregs play a key role in sustaining peripheral tolerance, and their dysfunction have been reported in individuals with T1DM [82,83]. Consequently, clinical trials involving autologous Tregs reinfusion following *in vitro* expansion, have shown a transient increase in these cells, correlating with enhanced islet survival and C-peptide levels, rendering Tregs as a promising cell-based therapy for T1DM [84,85]. Nevertheless, these cells were found to be short-lived in transfused patients, and a subsequent clinical trial that combined Tregs

with IL-2 to improve survival, also resulted in an increase in cytotoxic T-cells [84,86]. Herein, we demonstrate that BL001 stimulates the expansion of the CD25^{+}/FoxP3^{+} Tregs subpopulation within the T-cell population, with a concomitant decrease in cytotoxic CD8^{+} T-cell proliferation, offering an appealing pharmacological alternative to cell therapy.

Consistent with its anti-inflammatory properties observed in both mice [20] and in human immune cells, we demonstrate that the therapeutic administration of BL001 to hyperglycemic immunocompetent mice xenotransplanted with human islets favours graft implantation and functionality, thus improving glycemia. While our prior work demonstrated that short-term BL001 treatment could protect transplanted human islets in mice against rejection, long-term engraftment and function, as evaluated by circulating human C-peptide was not assessed in that study [20]. Our findings have substantial implications for future immunomodulatory therapies in combination with the transplantation of either human islets or induced pluripotent stem cell (hIPSC)-derived islet-like organoids, which are also susceptible to immune rejection. Current strategies to avoid graft rejection encompass cell encapsulation and/or aggressive immunosuppressant regimens, often resulting in secondary complications such as kidney failure [87-89]. Alternatively, hIPSC-derived islet-like organoids are being genetically modified to successfully evade the autoimmune attack in pre-clinical mouse models [90,91]. Nonetheless, these approaches have yet to reach ethical approval for clinical trials. Pharmacological activation of LRH-1/NR5A2 could circumvent these caveats encountered by cell therapy by attenuating the pro-inflammatory environment- without suppressing the general immune system- while increasing β-cell survival and performance [21,22].

Overall, our findings introduce a new dimension in T1DM therapies, where the pharmacological activation of LRH-1/NR5A2 instructs the genetic and metabolic

reprogramming of human monocyte-derived macrophages, dendritic cells, and T-cells from individuals with T1DM to support an anti-inflammatory and regenerative environment. This resolution of the autoimmune attack also promotes islet survival and function (**Figure 10**).

Limitations of the study

While the mode of action of LRH-1/NR5A2 agonistic activation has been elucidated in distinct populations of macrophages and dendritic cells as well as its impact on T-cells *in vitro*, the net physiological outcome endowed by BL001 in a more complex milieu comprised of several interacting immune cell types along with islets have yet to be evaluated. Furthermore, whether regenerative factors secreted by immune cells exposed to BL001 will promote human β-cell regeneration remains to be assessed. Modelling T1DM *in vitro* will address these limitations [92].

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AUTHOR CONTRIBUTIONS
N.C.V., R.G-P., A.M.M., M.A.G.S., M.A.M.B., M.V.P., and B.R.G. were involved in research design. N.C.V., S.R.F., D.S-L., L.L.N., P.I.L, J.F.M., A.D., E.M.V., R.A.L., C.C.L., N.v.O., C.M.R., L.H., R.L.F.S., A.C.O.V., A.M.M., A.I.A., A.C.C. L.A.F. and F.M. contributed to conducting experiments. N.C.V., S.R.F., L.L.N., P.I.L, J.F.M., A.D., C.C.L., M.R.R, L.P., M.V.P., R.G-P, and B.R.G contributed to data analysis. R.N., L.P., and M.A.D. supplied human samples and reagents. N.C.V., and B.R.G. wrote the manuscript. All authors commented on the manuscript. B.R.G. is the guarantor of this work and, as such, has full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

DECLARATION OF INTERESTS
Two patents (WO 2011 144725 A2 and WO 2016 156531 A1) related to BL001 have been published of which B.R.G and N.C.V. are inventors. These patents have been licenced to ARIDDAD Therapeutics, a Biotech spinoff co-founded by B.R.G. and N.C.V. along with European business partners. M.V.-P. holds a patent that relates to immunotherapy for T1D and is co-founder and SEO of Ahead Therapeutics S.L., which

aims at the clinical translation of immunotherapies for the treatment of autoimmune diseases. The other authors declare no competing interests related to the current study.

INCLUSION AND DIVERSITY

We support an inclusive and equitable conduct of research.

STAR METHODS

RESOURCES AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, Benoit R. Gauthier (benoit.gauthier@cabimer.es).

Materials availability

All unique/stable reagents generated herein are available from the lead contact upon request.

Data and code availability

Data

All data reported in this paper will be shared by the lead contact upon request.

Mass spectrometry data

The mass spectrometry proteomics data have been deposited to the ProteomeXchange Consortium via the PRIDE [93] partner repository with the dataset identifier PXD045222.

RNAseq data

The RNAseq data have been deposited to the NCBI BioProject and can be retrieved with the project ID number PRJNA1017470.

Code

This paper does not report original code.

EXPERIMENTAL MODEL AND SUBJECT DETAILS

Ethical approval

The Clinical/Investigation Ethical Committees of the Hospital Germans Trias i Pujol and the University Hospital Virgen Macarena and Rocio approved all experiments with human islets and blood-derived cells (PI-19-142, GAUTHIER-201306722 and 2057-N-22) and have been conducted following the principles outlined in the Declaration of Helsinki for human research. Mouse experimentations were approved by the Andalusian Ministry of Agriculture, Farming, Fish and Sustainable Development (08/07/2019/120). Animal studies were performed in compliance with the ARRIVE guidelines [94].

Clinical samples

Samples of 30-50 mL peripheral blood were collected by venipuncture from individuals with T1DM (68) and control healthy subjects (37) in BD Vacutainer Sodium Heparin tubes (BD Biosciences, San Jose, CA, USA). Inclusion criteria were: 8-55 years of age, body mass index 18-30 kg/m^2 and an evolution of the disease longer than 6 months. Exclusion criteria were: being under immunosuppressive or anti-inflammatory treatment, or undergoing pregnancy or breastfeeding. Patients were informed of the procedure and signed a written consent prior to blood extraction. The collection and processing of personal and clinical data from included subjects were limited to those data necessary to achieve the objectives of the study, and the data collected was processed with adequate precautions to ensure confidentiality and compliance with applicable data privacy protection laws and regulations.

Human islet procuration

Human islets were either obtained from the Alberta Diabetes Institute IsletCore Laboratory (CA) or from ECIT-San Raffaele Scientific Institute, Milan (IT). Human islet preparations were washed, handpicked and subsequently maintained in CMRL-1066 (ThermoFisher Scientific) containing 5.6 mM glucose, and supplemented with 10% FCS,

100 Units/ml penicillin, 100 µg/ml streptomycin and 100 µg/ml gentamycin (all purchased from Sigma-Aldrich).

Mice

C57BL/6J mice were purchased from Janvier Labs (Saint-Berthevin Cedex, FR). Mice were housed in ventilated plastic cages under a 12-h light/dark cycle and given food and water *ad libitum*.

METHODS DETAILS

Peripheral blood mononuclear cell (PBMC) and monocyte isolation

Peripheral blood mononuclear cells (PBMCs) were isolated using either Ficoll Paque or Histopaque 1077 density gradient centrifugation. The PBMC layer was extracted and washed with PBS. Cells were resuspended in PBS, 2% FBS, 1mM EDTA buffer and monocytes were then isolated using the magnetic EasySep Human CD14$^+$ Selection kit (STEMCELL Technologies, Vancouver, BC, Canada) following the manufacturer's instructions. When the purity of CD14 marker in the selected fraction was greater that 90%, monocytes were cultured in 24-well plates (Labclinics, Barcelona, Spain) at a concentration of 10^6 cells/ml in either X-VIVO 15 media (Lonza, Basel, Switzerland) or RPMI 1640 media (ThermoFisher Scientific), both supplemented with 2% male AB human serum (Biowest Nuaillé, France), 100 IU/ml penicillin (Sigma-Aldrich and Normon SA, Madrid, Spain), 100 µg/ml streptomycin (Sigma-Aldrich, Madrid, Spain). The negatively selected fraction of PBMCs was cryopreserved in FBS (ThermoFisher Scientific) with 10% dimethylsulfoxide (Sigma-Aldrich, Saint Louis, MO, USA) at a 10-20X10^6 cells/ml and stored for later use.

Monocyte-derived macrophages (MDMs) and dendritic cells (DCs)

Purified CD14$^+$ monocytes were derived into either macrophages (MDM) or dendritic cells (DCs). For MDM, cells were treated with 1,000 IU/ml rhGM-CSF (Prospec, Rehovot,

Israel) for 3 days to generate naïve/primed $MDM1_0$ and subsequently with a cocktail containing 20ng/ml of INFγ (Immunotools, Friesoythe, Germany) and 10ng/ml of LPS (Sigma-Aldrich) to promote the pro-inflammatory MDM1 phenotype. Alternatively, monocytes were treated with 1000 IU/ml rhIL-4 and 1000 IU/ml rhGM-CSF (Prospec, Rehovot, Israel) for 6 days to obtain DCs. Media and cytokine stimuli were replenished at day 4. Dendritic cells were either cultured with 20 µg/ml human insulin (Sigma-Aldrich) to obtain immature DCs (iDCs) or adding a cytokine cocktail (CC) consisting of tumor necrosis factor (TNF)α (1000 IU/ml, Immunotools, Friesoythe, Germany), IL1β (2000 IU/ml, Immunotools) and Prostaglandin E2 (PGE2, 1 µM, Cayman Chemical, Ann Arbor, MI, USA) to obtain mature DCs (mDCs). All derived cell types were maintained at 37°C in the presence of 5% CO_2.

CD4$^+$ T-cell isolation

The CD4$^+$ T-cell subpopulation was isolated from the CD14$^-$ fraction of PBMCs using the Easysep human CD4$^+$ T-cell isolation kit (Stemcell Technology) as per the instructions of the manufacturer. CD4$^+$ T-cells were cultured in RPMI 1640 media (ThermoFisher Scientific), supplemented with 2% male AB human serum (Biowest Nuaillé, France), 100 IU/ml penicillin (Sigma-Aldrich and Normon SA, Madrid, Spain), 100 µg/ml streptomycin (Sigma-Aldrich, Madrid, Spain). Subsequently, CD4$^+$ T-cells were activated using the TransAct reagent (Milteny) for 24h before a single dose of 10 µM BL001 was added to the culture media.

BL001 treatment

Subsequent to the differentiation of monocytes into $MDM1_0$, MDM1, iDCs and mDCs 3 consecutive doses of 10 µM BL001 was added to the culture media; 0, 24 hours and 30 minutes prior to cell analysis or processing.

Flow Cytometry

Subpopulations of immune cells were characterized by flow cytometry (FACSCalibur and FACSAria I, BD Biosciences, Madrid, Spain), using either Zombie Violet 421 (Biolegend) or 7aad (BD Biosciences) for viability assessment and the following antibodies for 1) MDMs phenotyping: CD14 APC/FITC, CD80 PE, CD86 APC, CD163 PE-Vio615/BV421, CD200R PE, CD206 FITC/BV711, and CD209 FITC and 2) DCs phenotyping: CD11c APC, CD25 PE, CD86 FITC, HLA class I FITC, HLA class II FITC, CD14 PE and CD40 APC, CD36 APCCy7, TIM4 APC, αβ5 integrin PE, CD54 PECy7, CXCR4 APCCy7, CCR2 APC, DC-SIGN-APC, PD-L1 PECy7 and CCR7 PECy7 (Key Resources Table). Regulatory T cells were evaluated using the REAfinity™ Treg Phenotyping Kit (Key Resources Table).

Cytokine profiling

Media was collected from MDMs and DCs, treated or not with BL001, and analyzed using the RayBiotech Human Cytokine Array C5 that interrogates 80 cytokines simultaneously (RayBiotech, Norcross, USA). Membranes were scanned and analyzed using the ImageJ/Fiji software. Results were then normalized using the internal controls of the membranes, and the relative signal intensity are represented.

Autologous T Cell Proliferation Assays

Immune cells cultured in each condition were co-cultured with autologous T lymphocytes to determine their capacity to induce T cell proliferation. Briefly, PBMCs from the same donor were thawed to be stained with the CellTrace Violet (CTV) or CFSE Cell Proliferation kit (ThermoFisher Scientific) following the manufacturer's instructions. After staining, cells were suspended in either RPMI 1640 or X-VIVO 15 complete media at a final concentration of 10^6 cells/ml, and 100,000 cells were plated in 96-well round bottom plates (Labclinics). Stained and activated PBMCs were co-cultured with either MDMs, DCs or CD4$^+$ T-cells subject to the various experimental conditions at a 10:1 or 2:1 ratio

(10^5 PBMCs:10^4 DCs; 2×10^4 PBMCs: 10^4 MDMs; 2×10^4 PBMCs: 10^4 CD4$^+$ T-cells) in triplicates. After up to 6 days of co-culture in the incubator at 37 ºC and 5% CO2, cells were washed with 150 µL PBS per well at 400×g for 5 minutes and incubated for 20 minutes at 4 ºC with a staining mix containing CD3 PE, CD4 APC/Viogreen and CD8 FITC/PerCP-Cy5.5 staining and 7-AAD/Zombie Violet 421. Cells were then washed in PBS and T-cell proliferation was analyzed by flow cytometry. Data were analyzed using the FlowJo software (Tree Star Inc.).

Transcriptome profiling

Total RNA was isolated from human primary immune cells using the RNeasy Plus Micro Kit (Qiagen). RNA integrity number (RIN) values were evaluated using Bioanalyzer® 2100 (pico assay) and their profiles were accepted for preparing libraries for NGS (RIN >8.40). RNA-seq libraries were performed by the Genomic Facility at CABIMER, using the kit Illumina Stranded TOTAL RNA preparation RIBO-ZERO PLUS and sequenced on a NovaSeq 6000 platform with an average of 30 million reads per sample. Reads were mapped and quantify using Salmon (version 1.5.0) with default parameters to the human transcriptome (assembly GRCh38) downloaded from GENCODE genome with default parameters. Differential expression was analysed using Deseq2 using a paired sample design. Gene set enrichment analysis was performed using clusterProfiler (version 4.0).

Proteomic profiling

Monocyte derived macrophages were lysed in 8 M urea/10 mM HEPES (pH 8.0). Samples were then supplemented with 1 mM Dithiothreitol (DDT) and incubated 30 min at RT at which point 5 mM chloroacetamide (CAA) was added and further incubated for 30 min at RT. Finally, samples were supplemented with 5 mM DTT and incubated for another 30 min at RT. Five hundred ng of Lys-C (Wako) was added to the samples and incubate for 5 h. Subsequently, three volumes of 50 mM ABC were added to dilute the

urea to a final concentration of 2M. A second round of digestion with 500 ng of Trypsin (Promega) was performed overnight. Resulting peptides were desalted with C18 StageTips [95] and analyzed by label-free quantitative mass spectrometry-based proteomics using a Q-Exactive Orbitrap mass spectrometer (Thermo Scientific, Germany) equipped with an EASY-nano liquid chromatography 1000 system (Proxeon, Odense, Denmark). The Q-Exactive was coupled to a fritted fused silica capillary (25 cm L x 75 µm ID x 360 µm OD, CoAnn Technologies, Richland, US) in-house packed with 1.9 µm C18 beads (Dr. Maisch, cat:r119.aq, Ammerburch-Entringen, Germany). Peptides were separated by liquid chromatography using a 2h gradient from 2% to 95% solvent B (water/acetonitrile/formic acid at a ratio of 20/80/0.1) and followed by 0 % acetonitrile in 0.1% formic acid for chromatography column re-conditioning. The mass spectrometer was operated in positive polarity mode at 2.3 kV with the capillary heated to 250 °C. Data-dependent acquisition mode with a top 10 method was used to automatically switch between full-scan MS and MS/MS scans. Full scan MS spectra were acquired at a resolution of 70,000, an automatic gain control (AGC) target value of 3×10^6, and a scan range of 400–1,400 m/z. Precursors were fragmented by Higher-Collisional Dissociation (HCD) with a normalized collision energy of 25. Tandem mass spectra (MS/MS) were recorded with a resolution of 17,500 and an AGC target value of 1×10^5. Precursor ion masses of scanned ions were subsequently dynamically excluded from MS/MS analysis for 60 sec and only precursors with a charge state of 2-6 triggered MS/MS events. Maximum injection times for MS and MS/MS were 20 and 60 ms, respectively.

Mass spectrometry RAW files was analized using MaxQuant (v2.1.3.0) [96] . Search was performed against an in-silico digested UniProt reference proteome for Homo sapiens including canonical and isoform sequences (29th August 2022). Database searches were performed according to standard settings with the following modifications: Digestion with Trypsin/P was used, allowing 3 missed cleavages. Oxidation (M), acetyl

(protein N-term) were allowed as variable modifications with a maximum number of 3. Label-Free Quantification (LFQ) was enabled, not allowing Fast LFQ. Matching between runs was enabled with a match time window of 0.7 min and an alignment time window of 20 min.

Output from MaxQuant Data were exported and processed for statistical analysis in Perseus [97]. LFQ intensity values were log2 transformed and potential contaminant and proteins either identify by site or only reverse peptides were removed. Samples were grouped in experimental categories and proteins not identified in every replicate in at least one condition were removed. Missing values were imputed using normally distributed values with 0.3 width and 1.8 down shift separately for each column. After imputation results were exported into in MS Excel and paired t-test were performed. Volcano plots were constructed for data visualization using the VolcaNoseR web [98] (https://huygens.science.uva.nl/VolcaNoseR2/). We explored the protein-protein interaction (PPI) network (PPI) among differentially expressed proteins using the online search tool for the retrieval of interacting genes/proteins (STRING v11) that comprise a database of known and predicted protein-protein interactions [99]. Networks were then visualized in the Cytoscape software (version 3.9.1), using the yfile circular layout algorithm [100].

Acetyl Coenzyme A measurement

MDM1, treated or not with BL001, were washed in PBS and then lysed in 1M Perchloric acid. The lysate was centrifuged at 10,000g for 10 min at 4ºC. The deproteinized supernatant was neutralized with potassium bicarbonate and the neutral pH confirmed with Whatman® indicator papers. The Acetyl CoA content was then determined using the Acetyl coenzyme A assay kit as per the instructions of the manufacturer (Sigma-Aldrich). An Acetyl-CoA standard curve was plotted in the range of 0–100 pmol. Fluorescence was measured using a Varioskan Flash spectrophotometer. For

normalization by protein content, the protein pellets were solubilized first in 0.2 N NaOH and then solubilized in a buffer containing 7M Urea, 2M ThioUrea, Tris 50mM ph 8.8, as previously described [101]. The protein content was determined using the Quick Start Bradford Protein assay (Biorad). Acetyl CoA content was then normalized to protein content.

Mitochondrial bioenergetic and fitness

Mitochondrial bioenergetics of MDMs and DCs were measured using the Seahorse XF Cell Mito Stress Test Kit and the XF24 Extracellular Flux Analyzer (Agilent), as previously described [102]. Briefly, after overnight culture, cells were washed and replenished with Seahorse assay media (Seahorse Bioscience), supplemented with 1 mM pyruvate and 2 mM glutamine. Where applicable, 10 µM BL001 and 1 mM palmitate conjugated to 0.17 mM BSA (150 mM NaCl, pH 7.2), were also added to designated wells. Plates were incubated in a CO_2-free incubator at 37 °C for 1 h to allow temperature and pH equilibration, after which oxygen consumption rate (OCR) was measured in the XF24 Extracellular Flux Analyzer over a period of 95 min. Mitochondrial processes were examined through sequential injections of oligomycin (4 µM) at min 21, carbonyl cyanide 4-(trifluoromethoxy) phenylhydrazone (FCCP; 2 µM) at min 45, 5 µM antimycin A/Rotenone at min 78. At the end of the measurement, cells in each well were counted using the Scepter™ 2.0 Cell Counter to normalize the data. Only the oxygen consumption rate (OCR) for the basal respiration rate was considered for which the area under the curve (AUC) is presented in pertinent figures. Mitochondrial fitness as assessed by the number of non-functional mitochondria in mDCs treated or not with BL001, was determined by flow cytometry using the probes MitoTracker Green that binds covalently to mitochondrial proteins, thus providing an assessment of mass and MitoTracker Red that is taken up by polarized mitochondria thus gauging function. Non-functional mitochondria were then determined by the ratio of MitoTracker Green^{High} over MitoTracker Red^{low} [67].

RNA extraction and quantitative real-time PCR

Total RNA from was extracted using the RNeasy Micro Kit (Qiagen, Madrid, SP). Complementary DNA using 0.1 to 1 µg RNA was synthesized using the Superscript III Reverse Transcriptase (Invitrogen-Thermo Fisher Scientific, Madrid, Spain). The QRT-PCR was performed on individual cDNAs using SYBR green (Roche) [20]. Gene-specific primers were selected using a human housekeeping gene database (HRT Atlas v1.0 database) [103] and the sequences are listed in the Key Resource Table. Expression levels were normalized to various reference genes including CCNI and ACTIN. The relative gene expression was calculated using the standard curve-based method [104].

Western blot

MDMs were disrupted in a RIPA lysis buffer containing protease (P8340) and phosphatase inhibitors (P0044, P5726). Western blots were performed according to standard methods [102]. Antibodies employed are provided in the Key resources table.

Xenotransplantation

Human islet transplantations were performed as previously described [20]. Briefly, 8-week-old immune-competent C57BL/6 male mice were treated with a single dose of 175 mg /kg b.w. streptozotocin (STZ) prepared in 0.01 M sodium citrate at pH 4.5 to induce hyperglycemia. One week later, mice were anesthetized with an intraperitoneal (*i.p.*) injection of 100 mg/Kg ketamine and 10 mg/Kg xylazine and 750 human islet equivalents (IEQ) were transplanted under the kidney capsule using flame-polished borosilicate glass capillaries (Harvard Apparatus, GC100T-10). Mice were then *i.p.* injected, or not, with 10 mg/kg body weight (b.w.) BL001. Circulating glucose levels were measured from tail vein blood samples using an Optium Xceed glucometer (Abbott Scientifica SA, Barcelona, Spain). An oral glucose tolerance test (OGTT) was performed at 5-weeks post-transplantation as previously described [105]. Upon termination of the experiment, animals were sacrificed and transplanted kidneys and pancreas extracted, fixed and

embedded for further histology analysis. In order to accurately assess transplant rejection/engraftment the entire kidney was sectioned and insulin/glucagon co-immunostaining for was performed at every 15th slice, corresponding with an interval of ~ 75-150 µm which matches the median size of the majority of islets.

Immunofluorescence analyses

For immunostaining, kidneys or pancreases were fixed overnight in 4% paraformaldehyde at 4ºC. Tissues were dehydrated, paraffin embedded, and sectioned at 5 µm thickness. Immunostaining was then performed overnight at 4ºC using a combination of primary antibodies (Key Resources Table) in PBS 1% BSA 0.2% TritonX100. Subsequently, secondary antibodies (Key Resources Table) were incubated for 1 hour at room temperature in PBS 0.2% TritonX100. Nuclei were stained with 0.0001% of 4′,6-diamidino-2-phenylindole (DAPI, Sigma-Aldrich) and cover slips were mounted using fluorescent mounting medium (DAKO). Epifluorescence microscopy images were acquired with a Leica DM6000B microscope and z-stack images were acquired using a Confocal Leica TCS SP5 (AOBS) microscope.

Morphometric analyses

For the assessment of the whole Kidney area, images of kidney sections were automatically acquired using the Thunder imager software. Morphometric quantification was performed on at least 4 kidney slices of 3 to 8 mice of 3 independent experiments using Photoshop, ImageJ and FIJI softwares.

QUANTIFICATION AND STATISTICAL ANALYSIS

Data are presented as the mean ± SEM. Student's t-test or One-Way ANOVA were used as described in figure legends. p values less than or equal to 0.05 were considered statistically significant. Statistical analyses were performed using the GraphPad Prism software version 8 (GraphPad Software, La Jolla, USA).

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FIGURE LEGENDS

FIGURE 1: LRH-1/NR5A2 activation constricts pro-inflammatory cell surface markers of monocyte-derived macrophages (MDM) and mature dendritic cells (mDCs) in individuals with T1DM. Monocytes were purified from healthy and T1DM individuals, and differentiated into either resting or pro-inflammatory macrophage (MDM1$_0$ or MDM1) and immature or mature dendritic cells (iDCs or mDCs). LRH1/NR5A1 activation was achieved by administering 10 µM BL001 every 24 hours for a total duration of 48 hours with a final dose given 30 minutes before further analysis. MDM cell surface markers (**A**) CD80, (**B**) CD14 (**C**) CD206, (**D**) CD209, and DC cell surface markers (**E**) CXCR4, (**F**) CD25, (**G**) CD54, (**H**) CD36 were then assessed by flow cytometry. Data are presented as means ± SEM. Paired Student t-test * p<0.05, ** p<0.01 and *** p<0.001 as compared to untreated cells.

FIGURE 2: Pharmacological activation of LRH-1/NR5A2 changes the cytokine secretion profile of monocyte-derived macrophages (MDM) and dendritic cells (DCs) isolated from individuals with T1DM. Cell culture supernatant from (**A**) MDM1$_0$, (**B**) MDM1, (**C**) iDCs and (**D**) mDCs were collected and cytokines measured by using a membrane-based antibody array containing 80 anti-cytokines. Only significantly altered cytokines are shown. Data are presented as means ± SEM. Unpaired Student t-test * p<0.05, ** p<0.01, *** p<0.001, **** p<0.001 compared to DMSO

FIGURE 3: LRH-1/NR5A2 agonism blunts the pro-inflammatory program in T1DM monocyte-derived macrophages (MDM). Non-activated (MDM1$_0$) and activated (MDM1) procured from T1DM individuals were treated with BL001 and subjected to RNAseq analysis. Dot plots show KEGG pathways enriched in BL001-treated (**A**) MDM1$_0$ and (**D**) MDM1. Cnetplots of selected KEGG pathways modulated by BL001 in (**B**) MDM1$_0$ and (**E**) MDM1. Volcano plots exhibit the most significantly differentially expressed genes in BL001-treated (**C**) MDM1$_0$ and (**F**) MDM1. Plots were generated using ClusterProfiler/EnrichedPlot base on the differential gene expression derived from a pairwise comparison. Arrows highlight genes of interest described in the results.

FIGURE 4: Proteomic alterations induced by BL001 in T1DM monocyte-derived macrophages (MDM). Non-activated (MDM1$_0$) and activated (MDM1) obtained from T1DM individuals were treated with BL001 and subjected to a proteomic analysis. Volcano plot displaying the most significantly differentially regulated proteins in BL001-treated (**A**) MDM1$_0$ (**B**) MDM1. Cytoscape circular layout exhibiting significantly (**C**) up and (**D**) down-regulated proteins in BL001-treated MDM1$_0$. The grey shaded area highlights RNA-associated proteins, while the pink shaded area highlights mitochondrial proteins. Graded coloured legends represent fold change as compared to untreated cells. (**E**) InteractiVenn diagram and (**F**) heatmap depicting common genes that are significantly altered in both the RNAseq and proteomic analysis of BL001-treated MDM1$_0$. Cytoscape circular layout of significantly (**G**) up and (**H**) down-regulated genes in BL001-treated MDM1. Graded coloured legends represent fold change as compared to untreated cells. The yellow shaded area depicts proteins implicated in transcriptional/translational processes, the pink shaded area highlights mitochondrial proteins, and the blue shaded area emphasize proteasome associated proteins. (**I**) InteractiVenn diagram and (**J**) heatmap revealing common genes that are significantly altered in both the RNAseq and proteomic analysis of BL001-treated MDM1. (**K**) Acetyl CoA levels in MDM1 treated or not with BL001. *n=3* independent donors. Data are presented as means ± SEM. Student t-test * p<0.05 as compared to untreated.

FIGURE 5: LRH-1/NR5A2 activation stimulates mitohormesis to enforce LPS-tolerance in T1DM MDM1. (**A**) Mitochondrial stress test of T1DM MDM1$_0$ and MDM1 (LPS-treated MDM1$_0$) treated with or without BL001. (**B**) Calculated basal oxygen

consumption rates (OCR-BR) Abbreviations: Oligo-Oligomycin, FCCP-Carbonyl cyanide-p-trifluoromethoxyphenylhydrazone, Rot-Rotenone, Ant-Antimycin A. Student t-test **p<0.01 as compared to $MDM1_0$ or MDM1. (**C**) Transcript and (**D**) protein levels of the mitohormesis-associated gene ATF4. Transcript levels of (**E**) GDF15, (**F**) IL-1beta (**G**) NLRP3 in T1DM MDM treated with or without BL001. Transcript levels were normalized to those of the housekeeping gene CCNI (https://housekeeping.unicamp.br/). Data are presented as means ± SEM. Paired Student t-test * p<0.05, **p<0.01 as compared to untreated. Relative autologous proliferation of (**H**) CD4$^+$ and (**I**) CD8$^+$ T cells in the presence of either healthy or T1DM MDMs treated or not with 10 µM BL001.

FIGURE 6: Pharmacological activation of LRH-1/NR5A2 fosters a tolerogenic gene signature prolife in mDCs isolated from individuals with T1DM. Volcano plots displaying significantly differentially regulated genes in BL001-treated T1DM from (**A**) IDCs and (**B**) mDCs. (**C**) Dot plot showing KEGG pathways enriched in BL001-treated T1DM mDCs. (**D**) Cnetplot of selected KEGG pathways significantly altered in BL001-treated T1DM MDM1. Plots were generated using ClusterProfiler/EnrichedPlot according to the differential gene expression derived from a pairwise comparison. (**E**) Heatmap of selected genes associated with a tolerogenic DC phenotype.

FIGURE 7: Pharmacological activation of LRH-1/NR5A2 induces mitochondria turnover to inactivate T1DM mDCs, thereby blunting stimulation of autologous CD4$^+$ and CD8$^+$ T-cell proliferation. (**A**) Mitochondrial stress test and (**B**) calculated basal oxygen consumption rates (OCR) of T1DM iDC and mDC treated with or without BL001 and with palmitate. Abbreviations: Oligo-Oligomycin, FCCP-Carbonyl cyanide-p-trifluoromethoxyphenylhydrazone, Rot-Rotenone, Ant-Antimycin A. Student t-test ** p<0.01 as compared to iDCs. (**C**) Mitochondrial functionality was quantified by flow cytometry using MitoTracker Green and MitoTracker Red. Relative autologous proliferation of (**D**) CD4$^+$ and (**E**) CD8$^+$ T-cells in the presence of either healthy or T1DM DCs treated with or without 10 µM BL001. Data are presented as means ± SEM. Paired Student t-test * p<0.05 as compared to untreated cells.

FIGURE 8: Treg expansion is stimulated by LRH-1/NR5A2 agonism decreasing CD8$^+$ T-cell proliferation in T1DM individuals. (**A**) CD4$^+$ T-cells from either healthy or T1DM individuals were activated and expanded via a polymeric nanomatrix structure composed of CD3 and CD28 for 24 hours prior to the addition of 10 µM BL001. The Treg subpopulation was then determined by flow cytometry using CD45, CD4, CD25 and FoxP3 markers and is represented as the percentage of the CD4$^+$ subpopulation. *p<0.05 paired student t-test. The CD14$^-$ PBMCs subpopulation was labelled with CFSE and then stimulated/expanded via a polymeric nanomatrix structure composed of CD3 and CD28 for 24 hours prior to the addition of CD4$^+$ T-cells (ratio 1: 2, respectively). Proliferation of (**B**) CD4$^+$/CFSE$^+$ and (**C**) CD8$^+$/CFSE$^+$ subpopulations was assessed by flow cytometry 4 days post co-culturing. Data are presented as means ± SEM. **p<0.01 paired student t-test.

FIGURE 9: BL001 improves human islet graft survival and function, and consequently reduces hyperglycemia in STZ-treated immunocompetent C57BL/6 mice. (**A**) Experimental design of the transplantation experiment: eight-weeks old C57BL/6 were treated with streptozotocin (STZ, "week -2" ;175 mg/Kg body weight). Seven days later, when all mice were hyperglycemic, 750 IEQ human islets were transplanted, under the kidney capsule ("week -1"). Treatments (vehicle or BL001) were initiated 7 days post-transplantation ("week 0") and up to 8 weeks afterwards. (**B**) Glycemia and (**C**) survival were assessed weekly . (**D**) Human C-peptide was measured at 4 and 8 weeks. ND, not determined. (**E**) Glycaemia levels of mice during an oral glucose tolerance test was performed at 4 weeks from the onset of the treatments. (**F**)

Area under the curve (AUC) corresponding to oral glucose tolerance test. Immunofluorescence analysis of insulin (INS) and glucagon (GLUC) on (**G**) pancreas and (**H**) kidney sections of mice euthanized at 6 (Vehicle) and 8 weeks (BL001). Morphometry analysis of (**I**) alpha, (**J**) beta and (**K**) CD4^{+} cells at 4, 6 and 8 weeks post BL001 treatment. *n=3* mice from 3 independent experiments. Data are presented as means ± SEM. *p<0.05 and **p<0.01 student t-test.

FIGURE 10: Cellular and molecular mechanism of action mediated by the pharmacological effect of LRH-1/NR5A2 in human immune system cells. Proposed model of genetic and immune cell-tailored reprogramming induced by LRH-1/NR5A2 activation and its impact on T-effector cell proliferation. Improvement of human islet engraftment influenced by BL001 treatment.

Key Resources Table

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
CCR7 PECy7	BD Biosciences	Cat#557648
Annexin V PE	Immunotools	Cat#31490014 7
CD3 PE	Immunotools	Cat#21620034
CD4 APC	Immunotools	Cat#21278046
CD8 FITC	Immunotools	Cat#21810083
CD11c APC	Immunotools	Cat#21487116
CD14 PE	Immunotools	Cat#21620144
CD25 PE	Immunotools	Cat#21810254
CD40 APC	Immunotools	Cat#21270406
CD86 FITC	Immunotools	Cat#21480863
HLA class I FITC	Immunotools	Cat#21159033
HLA class II FITC	Immunotools	Cat#21388993
αvβ5 integrin PE	BioLegend	Cat#920007
CD36 APCCy7	BioLegend	Cat#336213
CD54 PECy7	BioLegend	Cat#353115
CCR2 APC	BioLegend	Cat#357207
CXCR4 APCCy7	BioLegend	Cat#306528
TIM4 APC	BioLegend	Cat#354008
DC-SIGN APC	BioLegend	Cat#330108
PD-L1 PECy7	BioLegend	Cat#329717
CTV Cell Proliferation Kit	ThermoFisher Scientific	Cat#C34557
CSFE	ThermoFisher Scientific	Cat#C34554
Zombie Violet 421	BioLegend	Cat#423114
CD4	Miltenyi Biotec	Cat#130-122-994
CD8	eBioscience	Cat#45-0088-41
CD14	BioLegend	Cat#325604
CD25	Miltenyi Biotec	Cat#130-122-994
CD80	Miltenyi Biotec	Cat#130-123-253
CD86	BioLegend	Cat#305412
CD163	Miltenyi Biotec	Cat#130-112-126
CD206	Miltenyi Biotec	Cat#130-095-131
CD200R	Miltenyi Biotec	Cat#130-111-290
CD209	Miltenyi Biotec	Cat#130-092-873
FoxP3	Miltenyi Biotec	Cat#130-122-994
ACTIN	Sigma-Aldrich	Cat#A5441
ATF4	Cell Signaling	Cat#11815
INSULIN	Sigma-Aldrich	Cat#I2018
GLUCAGON	Cell Signaling	Cat#2760
Biological samples		
Human islets	ADI IsletCore Laboratory, Edmonton, CA and Vita-Salute San Raffaele University, Milan (IT)	N/A

Blood samples	Hospital Germans trias I Pujol, Badalona and the University Hospital Virgen Macarena, Sevilla (ES)	N/A
Chemicals, peptides, and recombinant proteins		
BL001	In house	In house
rhIL-4	Prospec	Cat#CYT-211
rhGM-CSF	Prospec	Cat#CYT-221
Human insulin	Sigma-Aldrich	Cat#I3536
TNFα	Immunotools	Cat#11343015
IL-1β	Immunotools	Cat#11340013
PGE2	Cayman Chemical	Cat#14010
Streptozotocin	Sigma-Aldrich/Merck	Cat#S0130-1G
Penicillin	Sigma-Aldrich/Merck	Cat#P0781
Streptomycin	Sigma-Aldrich/Merck	Cat#P0781
INFγ	Immunotools	Cat#11343536
LPS	Sigma-Aldrich/Merck	Cat# L6529
Critical commercial assays		
Cell Mito Stress Test Kit	Agilent	Cat#103015-100
Treg Phenotyping Kit, anti-human, REAfinity	Miltenyi Biotec	Cat#130-122-994
Human Cytokine Array C5	RayBiotech	Cat#AAH-CYT-5-2
Human C-peptide ELISA kit	Mercodia	Cat#10-1136-01
Acetyl Coenzyme A assay kit	Sigma-Aldrich	Car#MAK039-1KT
CD4+ T cell isolation kit	Stemcell Technology	Cat# 17952
Deposited data		
RNAseq dataset	This paper	PRJNA1017470
Proteomic dataset	This paper	PXD045222
Experimental models: Organisms/strains		
C57BL/6J	Janvier Labs	strain code 027/SC-C57J-F
Oligonucleotides		
Primer: ATF4 Fw: TCAAACCTCATGGGTTCTCC Rv: GTGTCATCCAACGTGGTCAG		
Primer: CCNI Fw: GCACAGATGGATAGCTCC Rv: CTTTGTCACAGGTCACCA		
Primer: GDF15 Fw: ACCTGCACCTGCGTATCTCT Rv:CGGACGAAGATTCTGCCAG		
Primer: IL1B Fw: AGCTACGAATCTCCGACCAC Rv: CGTTATCCCATGTGTCGAAGAA		
Primer: NLRP3 Fw: CGTGAGTCCCATTAAGATGGAGT Rv: CCCGACAGTGGATATAGAACAGA		
Software and algorithms		
FlowJo software	Tree Star Inc	www.flowjo.com
Fiji	Imagej	https://imagej.net/software/fiji/downloads
Prism	GraphPad	https://www.graphpad.com/
Adobe Photoshop	Adobe	https://www.adobe.com/es/
ImageJ	Imagej	https://imagej.nih.gov/ij/

Cytoscape	Cytoscape	https://cytoscape.org/index.html
Other		
BD Vacutainer Sodium Heparin tubes	BD	Cat#366667
Ficoll Paque PLUS	Cytiva	Cat#17144003
Histopaque 1077	Sigma-Aldrich	Cat#10771
EasySep Human CD14 Positive Selection kit II	STEMCELL Technologies	Cat#17858
Accutase	ThermoFisher Scientific	Cat#00-4555-56
7-AAD	BD Biosciences	Cat#559925
MitoTracker Green	ThermoFisher Scientific	Cat#M7514
MitoTracker Red	ThermoFisher Scientific	Cat#M7512

Figure 1

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Table 1: Characteristics and clinical data of blood donors. Samples were collected from three independent National Hospitals. N/A, not applicable.

	Healthy subjects	Individuals with T1DM
N	37	68
Gender (F/M)	20F / 17M	32F / 36M
Age (years)	33 ± 9	37 ± 10
BMI (kg/m^2)	23 ± 3	24 ± 4
Age at diagnosis (years)	N/A	20 ± 12
Progression (years)	N/A	16 ± 11
HbA1c (%)	N/A	7,0 ± 0,9
Insulin dose (IU/kg/day)	N/A	0,53 ± 0,17