Impact of operational conditions on drinking water biofilm
dynamics and coliform invasion potential

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Running title:

Coliform invasion in drinking water biofilms.

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16   Abstract

Biofilms within drinking water distribution systems serve as a habitat for drinking water

microorganisms. However, biofilms can negatively impact drinking water quality by causing

water discoloration and deterioration and can be a reservoir for unwanted microorganisms. In

this study, we investigated whether indicator organisms for drinking water quality, such as

coliforms, can settle in mature drinking water biofilms. Therefore, a biofilm monitor

consisting of glass rings was used to grow and sample drinking water biofilms. Two mature

drinking water biofilms were characterized by flow cytometry, ATP measurements, confocal

laser scanning microscopy and 16S rRNA sequencing. Biofilms developed under treated

chlorinated surface water supply exhibited lower cell densities in comparison with biofilms

resulting from treated groundwater. Overall, the phenotypic as well as the genotypic

characteristics were significantly different between both biofilms. In addition, the response of

the biofilm microbiome and possible biofilm detachment after minor water quality changes

were investigated. Limited changes in pH and free chlorine addition, to simulate operational

changes that are relevant for practice, were evaluated. It was shown that both biofilms

remained resilient. Finally, mature biofilms were prone to invasion of the coliform, *Serratia*

fonticola. After spiking low concentrations (i.e. ± 100 cells/100 mL) of the coliform to the

corresponding bulk water samples, the coliforms were able to attach and get established

within the mature biofilms. These outcomes are emphasizing the need for continued research

on biofilm detachment and its implications for water contamination in distribution networks.

36   Importance

The revelation that even low concentrations of coliforms can infiltrate into mature drinking

water biofilms highlights a potential public health concern. Nowadays, the measurement of

coliform bacteria is used as an indicator for fecal contamination and to control the

effectiveness of disinfection processes and the cleanliness and integrity of distribution

systems. In Flanders (Belgium), 533 out of 18840 measurements exceeded the established

norm for the coliform indicator parameter in 2021, however, the source of microbial

contamination is mostly unknown. Here, we showed that mature biofilms, are susceptible to

invasion of *Serratia fonticola*. These findings emphasize the importance of understanding and

managing biofilms in drinking water distribution systems, not only for their potential to

influence water quality, but also for their role in harboring and potentially disseminating

pathogens. Further research into biofilm detachment, long-term responses to operational

changes, and pathogen persistence within biofilms is crucial to inform strategies for

safeguarding drinking water quality.

1 Introduction

Microbial communities are ubiquitously present in drinking water distribution systems (DWDS). Over 98% of these microorganisms form biofilms on pipe materials or are associated with loose deposits (1–3). Biofilms can contribute to drinking water discoloration, the transformation of organic compounds, the decay of free chlorine, microbial regrowth, the formation of disinfection by-products and unwanted odor compounds, etc. (4–7). Additionally, they are recognized as potential sources of opportunistic pathogens (3, 8–12). Previous researchers detected pathogens such as *Mycobacteria* spp. and *Legionella* spp. as well as fecal indicators such as *Escherichia coli*, in biofilm samples from full-scale distribution networks (9, 11). Moreover, *Pseudomonas aeruginosa*, *Mycobacterium avium* and *Legionella pneumophila* can persist in young biofilms after spiking 10^5-10^6 cells/mL (12, 13). As a result, biofilms are a potential risk to human health, as biofilm cells can be released to the planktonic water phase under certain conditions. To ensure the quality of drinking water, the measurement of coliform bacteria serves as an indicator for fecal contamination, playing a pivotal role in assessing the effectiveness of disinfection processes and the cleanliness and integrity of distribution systems (14, 15). In Flanders (Belgium), 533 out of 18840 measurements exceeded the established norm for the coliform indicator parameter in 2021, with a maximum value of 201 coliforms per 100 mL (14). Similar maximum concentrations (e.g., 129 coliforms/100 mL or 175 coliforms/100 mL) have been measured before in other full-scale studies performed in the US and Iran (16, 17). However, the source of microbial contaminations is often not retrievable (14, 18).

Characterizing the microbial compositions and phenotypic attributes of biofilms, especially in the context of drinking water, poses challenges due to the practical difficulties in sampling. Previous researchers used laboratory setups to investigate the development and community compositions of biofilms (19–26). For example, biofilm formation rates,

measured in terms of ATP activity, and the deposition of iron and manganese have been

studied using biofilm monitors consisting of glass rings (27–29). Relatively new sampling

techniques consist of a coupon holder to implement in a part of the drinking water distribution

systems (DWDS) or in pilot-scale networks (30, 31). Ginige et al. (28) showed that the

microbial ATP content on glass rings was 80% less than that on plastic coupons for young

biofilms. However, inert glass allows the bulk water characteristics to be the only variable

determining biofilm formation and composition (27).

A typical drinking water biofilm comprises a diverse microbial community attached to

distribution pipes and immersed in a self-produced matrix of extracellular polymeric

substances (EPS), predominantly composed of polysaccharides and proteins (3, 32, 33). The

bacterial biofilm community is dominated by *Proteobacteria*, more specifically *Alpha-* and

Gammaproteobacteria. Notable genera found in biofilms on distribution pipes include

Pseudomonas, *Sphingomonas* and *Acinetobacter* (1, 6, 31, 34–41). The biofilm environment

provides protection against various environmental challenges, including antibiotics, metals,

disinfectants like free chlorine, and changes in operational conditions such as shear stress.

This protection is attributed to the presence of the EPS matrix and the interconnected

processes among the biofilm bacteria (42–44). The formation of biofilms, along with their

corresponding phenotypic structure and the existing microbial community, is primarily

influenced by the raw water source and treatment processes (e.g., microbial and nutrient

composition) (3, 21, 45–48). For instance, previous studies reported a shift in the microbial

biofilm community and concentrations on distribution pipes after switching from drinking

water with more carbon and a higher conductivity to less turbid water with a lower nutrient

content (46, 47). In addition, the composition of drinking water biofilms, and consequently

biofilm detachment, is affected by factors such as water residence time, pipe materials, free

chlorine concentrations, and temperature (5, 23, 25, 49–55). Former studies mainly focused

on the bacterial removal effectiveness of hydrodynamic stressors such as flushing, increasing

chlorination concentrations, or interrupted water flow (24, 50, 52, 55). For example, shock

chlorination (10 mg Cl_2/L, 60 minutes contact time) has been shown to remove 75% of the

biofilm bacteria (24). However, there is a notable gap in the literature regarding the impact of

minor operational variations, commonly encountered in practice, on the dispersal of biofilms

into the water phase.

Here, two biofilm monitors, consisting of glass rings were set up to investigate whether

unwanted coliforms can intrude into mature drinking water biofilms. First, the biofilms were

characterized regarding bacterial cell density and community composition, as well as

phenotypic parameters such as biofilm biomass and thickness. Secondly, the response of the

biofilm microbiome and possible biofilm detachment after minor water quality changes were

investigated. These quality changes (pH, free chlorine concentration) were specifically chosen

to simulate operational changes that are relevant for the full-scale DWDS. Finally, the

survival of the coliforms in the bulk water phase was evaluated, and attachment of these

coliforms on the biofilm was investigated using confocal laser scanning microscopy and

qPCR. We chose to spike coliforms in low concentrations (~100 cells/100 mL), in order to

simulate real-life contaminations and thus conditions relevant for practice.

2   Materials and Methods

Biofilm sampling device, conditions and experimental design. A KIWA biofilm

monitor was used (KWR, The Netherlands) consisting of 38 glass rings to collect drinking

water biofilm (Figure A1) (27). This monitor was placed at two different locations for 17

months, receiving a continuous flow of 270 L/h, according to the manufacturer's instructions.

Monitor 1 was placed at the outlet of a drinking water reservoir receiving treated

groundwater, before the UV post-disinfection step (Table A1). Monitor 2 was placed at the

outlet of a drinking water tower receiving treated surface water with residual free chlorine.

Water quality parameters were measured by the respective drinking water providers (56). The

total organic carbon (TOC) concentration was measured at the end of the experiment (18). A

timeline of the experiments conducted is represented in Table 1 and briefly described below.

After 11 months and 17 months, 3 rings were analyzed with confocal laser scanning

microscopy (CLSM). 4 rings were put in 10 mL autoclaved tap water and sonicated in a water

bath (37 kHz, Elma – Ultrasonic, Belgium) 3 times for 2 minutes with a vortex step in

between according to the manufacturer's instructions, to detach the biofilm. The biomass was

quantified in terms of ATP and total cell counts (TCC) and the microbial community was

characterized with 16S rRNA amplicon sequencing as described further. In the second part of

the study, the KIWA monitors were transported to laboratory conditions to be able to

manipulate the water conditions and to perform invasion experiments on the 17 months old

biofilms. During these experiments, the corresponding water types were used (Table A1). The

monitor was connected to a 10 L plastic vessel and the water was pumped (WM 323

peristaltic pump, Watson Marlow, Belgium) and recirculated over the biofilm monitor. The

pump was operating on 150 rpm and the flow was 42 L/h. The experiments were performed at

room temperature (i.e., $22 \pm 2°C$). As the biofilms were consistently exposed to varied

experimental conditions, flow cytometry was conducted on a ring before each experiment to

define the total cell density (Table A2).

144   **Changing operational conditions in terms of the Langulier Saturation Index and**

HOCl addition. The LSI was calculated according to WAC/III/A/011 (57) (Table 1). The pH,

conductivity and calcium concentration were measured using a Multi-parameter analyser

C1010 (Consort, Belgium), a Hanna Edge Conductivity Meter (HANNA Instruments,

Belgium) and the Total Hardness Test (Merck, Belgium), respectively. The alkalinity of the

water samples was determined based on WAC/III/A/006 (58). Using 1M NaOH and 1M HCl

(Chem-lab, Belgium), the pH was adapted to the a higher and lower Langelier Saturation

Index (LSI) (Table 2). In addition, HOCl solution was added to have a free chlorine

concentration of 0.20 mg/L and 0.28 mg/L, for the groundwater and surface water samples,

respectively. The chlorine concentrate solution was prepared by addition of a NaOCl tablet

(B-Care Chemicals, Belgium) to 1 L ultrapure water (Milli-Q, Merck Millipore, Germany).

The amount of free chlorine was quantified with the Pocket Colorimeter II (Hach,Belgium).

156   **Invasion experiments with GFP-labeled *Serratia fonticola*.** The strain was isolated

from the Flemish drinking water distribution network (Antwerp, Pidpa) and identified with

MALDI-TOF mass spectrometry using a Vitek MS (bioMérieux, Marcy-l'Étoile, France) and

16S rRNA gene Sanger sequencing as described by Kerckhof et al. (59) and identified using

the NCBI BLAST tool (60). The strain was made ampicillin resistant by serial selections on

Luria Broth (LB) agar (Carl Roth, Belgium) with increasing concentrations ampicillin (5

µL/mL to 100 µL/mL) (Merck, Belgium). Each time, the cultures were incubated for 24 hours

at 28°C. GFP-labelling was performed using triparental mating. Briefly, the donor strain

Escherichia coli DH5α pME6012 containing the plasmid ptac-gfp and the helper strain

Escherichia coli HB101 containing the plasmid pRK2013 needed for conjugation were grown

in LB medium at 37°C for 24 hours with 8 µg/mL tetracycline and 50 µg/mL kanamycin,

respectively. The acceptor, *Serratia fonticola*, was grown in LB medium with 50 µg/mL

ampicillin at 28°C for 24 hours. Next, the cultures were washed twice. They were centrifuged

for 5 minutes at 3000 g, the supernatant was removed and 0.22 µm filtered sterile PBS (PBS

tablet, Merck, Belgium) was added. Triparental mating was performed by adding10 µL of

each culture on LB agar. Plates were incubated at 28°C for 24 hours. GFP-labeled coliforms

were selected for resistance to tetracycline (8 µg/mL) and ampicillin (50 µg/mL) and screened

for GFP fluorescence using a dark reader (Clare Chemical Research, USA). The final

identification of the pure culture was performed with 16S rRNA gene Sanger sequencing as

described in Kerckhof et al. (59) and identified using the NCBI BLAST tool (60).

Two invasion experiments were performed by spiking GFP-labeled *Serratia fonticola*

to the corresponding water samples (V = 10 L) in plastic vessels which were connected to the

KIWA monitor. Therefore, a few colonies were picked from the agar plate and resuspended in

25 mL of 3 g/L sterile R2A broth medium (Oxoid, England) with tetracycline (8 µg/mL) and

ampicillin (50 µg/mL) and the tubes were incubated at 28°C and 100 rpm for 24 hours.

Subsequently, the culture was washed using sterile 8.5% NaCl as explained before.

Afterwards, the culture was transferred to a diluted liquid medium of 50 mg/L R2A broth

medium (Oxoid, England) with tetracycline (8 µg/mL) and ampicillin (50 µg/mL) and

incubated at 28°C and 100 rpm for 24 hours. The culture was washed before measuring the

TCC with flow cytometry. The culture was diluted using sterile 8.5% NaCl and final spike

concentrations were ranging from 50 – 500 cells/100 mL. The concentration of *Serratia*

fonticola in the bulk water was determined by filtering (3x 100 mL) on S-Pack filters 0.45 µm

(Merck, Belgium) using a filtration unit consisting of six filtration funnels and a Microsart

e.jet vacuum pump (Sartorius, Germany) and incubation (18 – 23 h, 37°C) on chromogenic

coliform agar (CCA) (Carl Roth, Belgium), according to the ISO 9308-1:2014 method for

drinking water (56). As a control measure, the bulk water was filtered for selective plating and

a ring was extracted for FCM and qPCR analysis, as well as for CLSM analysis, preceding

each invasion experiment (Table 1). Water was refreshed after 4 days of recirculation.

Confocal laser scanning microscopy. Visual characterization of the biofilms was

done with a Nikon A1R confocal microscope (Nikon Instruments Inc., USA), which consists

of 4 lasers with in total 7 laser lines (405, 457, 476, 488, 514, 561, 639 nm). After 11 months,

3 biofilm rings were taken for CLSM analysis (Table 1). Prior to analysis, samples were fixed

in 4% paraformaldehyde (Merck, Belgium) for 24 hours. Fixated biofilm rings were stored at

-20°C in a PBS:EtOH 1:1 solution prior to analysis. First, samples were dehydrated in an

increasing ethanol series (3 min each in 50, 80 and 96% (v/v) ethanol). Secondly, nucleic

acids were labeled with 3 µM DAPI (Excitation/Emission (Ex/Em): 352/464, Merck,

Belgium) for 20 minutes in the dark at room temperature. Samples were washed with cold

(i.e., ± 6°C), filtered through 0.2 µm, PBS and air-dried. Finally, Fluoroshield™ mounting

medium (Merck, Belgium) was added to prevent bleaching. On each ring (n = 3), 1 stack of

horizontal plane pictures (10x/0.30 air objective, 512 × 512 pixels equivalent to

1282.58 × 1282.58 µm) with a z-step of 4.8 µm was taken at 3 locations (randomly

selected) of each biofilm ring. After 17 months, an additional set of 3 rings was employed for

CLSM analysis, this time incorporating EPS staining. Fixation, storage, and dehydration were

conducted the same way as previously described. Then, ~~first~~ the protein content was stained

for 30 minutes with FilmTracer™ Sypro™ Ruby Biofilm Matrix Stain (Ex/Em: 450/610,

Thermofisher Scientific, Belgium) and the carbohydrates with 240 µM Concanavalin A

CF640R (Ex/Em: 642/663, Biotium, USA) for 30 minutes. Nucleic acids were labeled with 3

µM DAPI (Ex/Em: 352/464, Merck, Belgium) for 20 minutes. Staining was performed at

room temperature (i.e., ± 22°C) and in the dark, after each staining step a washing step with

cold (i.e., ± 6°C), filtered through 0.2 µm, PBS. Finally, the rings were air-dried and

Fluoroshield™ mounting medium (Merck, Belgium) was added to prevent bleaching. The

selection of these fluorophore pairs was based on studies conducted by Fish et al. (61) and

Birarda et al. (62). However, as noted by Birarda et al. (62), it is acknowledged that

Concanavalin A can bind to glycoproteins and glycolipids. Nonetheless, the abundance of

biofilm matrix polysaccharides is presumed to surpass that of these two components, making

them the primary contributors to positive carbohydrate staining. On each ring (n = 3), 1 stack

of horizontal plane pictures (10x/0.30 air objective, 1024×1024 pixels equivalent to

$1272.79 \times 1272.79 \, \mu m$) with a z-step of $4.8 \, \mu m$ was taken at 3 locations (randomly

selected) of the ring. For evaluating invasion of the GFP-labeled coliform (Ex/Em: 488/509),

each time a ring before and after were analyzed (Table 1). Fixation, storage, dehydration and

DAPI staining were conducted the same way as previously described. On each ring (n = 1), 1

stack of horizontal plane pictures (10x/0.30 air objective, 1024×1024 pixels equivalent to

$1272.79 \times 1272.79 \, \mu m$ or 40x/0.60 air objective, 1024×1024 pixels equivalent to

$202.42 \times 202.42 \, \mu m$) with a z-step of $2 \, \mu m$ was taken at 5 locations (randomly selected)

of the ring. All samples were analyzed within 14 days. A construction was made and Nunc™

Glass Bottom Dishes (Thermofisher Scientific, Belgium) were used to fit the biofilm ring

under the CLSM. Image stacks were processed in ImageJ and the plugin Comstat2 was used

to determine biomass, roughness and thickness of the biofilms (64). An automatic threshold

(Otsu's method) was used for all image processing. Particles stained by DAPI are further

reported as cells and/or biomass.

Biomass analysis. ATP and TCC were determined as described in Waegenaar et al.

(18). The ATP concentration was measured using the BacTiter-Glo™ Microbial Cell

Viability Assay (Promega, Belgium) and luminescence was measured with the Infinite M

Plex, multimode microplate reader (Tecan, Switzerland). TCC was measured using an Attune

NxT BRXX flow cytometer (ThermoFisher Scientific, USA) and staining was performed with

1 v% of 100 times diluted SYBR Green I solution (10000x concentrate in DMSO, Invitrogen,

Belgium). Biofilm samples were 10 times diluted in 0.2 µm filtered Evian and all samples
were measured in technical triplicate.

Molecular analysis of microbial communities. 16S rRNA gene amplicon sequencing
was performed on biofilm and bulk samples. Biofilm samples (volume = 15 mL) were filtered
using Millipore Express PLUS Membranes (Merck, Belgium) and Polycarbonate syringe filter
holder (Sartorius, Germany). MF-Millipore Membrane Filters (Merck, Belgium) and a
filtration unit consisting of six filtration funnels and a Microsart® e.jet vacuum pump
(Sartorius, Germany) were used to filter bulk water samples. DNA extraction was performed
using the DNeasy PowerSoilPro kit (Qiagen, Germany), following the manufacturer's
protocol. PCR amplification was performed according to Van Landuyt et al. (65) (see
supplementary methods for details). 10 µL genomic DNA extract was send out to LGC
genomics GmbH (Berlin, Germany) for library preparation and sequencing on an Illumina
Miseq platform with v3 chemistry (Illumina, USA).

Quantitative polymerase chain reaction (qPCR) to detect *Serratia fonticola*.
QPCR assays were performed using a StepOnePlus real-time PCR system (Bio-Rad,
Belgium). Specific primers were used to detect the gfp-gen: Forward (5'-
AGTGGAGAGGGTGAAGGTGA-3') and Reverse (5'-ACGGGAAAAGCATTGAACAC-
3'). Reactions were performed in a volume of 20 µL consisting of 10 µL of 2x iTAQ
universal SYBR Green supermix (Bio-Rad Laboratories, USA), 2.0 µL DNA template, 0.8
µL (10 µM) of each primer, and 6.4 µL nuclease-free water. Amplification conditions were
outlined according to the manufacturer's instructions. Quantification was done a standard
curve based on known concentrations of DNA standard dilutions from 10^7 copies/µL to 10
copies/µL. Reactions were performed in technical triplicates, a negative and positive control
was included.

Data analysis and Statistics. Data analysis was done in R (66) in RStudio version

4.2.1 (67). The Flow Cytometry Standard (.fcs) files were imported using the flowCore

package (v2.12.2) (68). The background data was removed by manually drawing a gate on the

FL1-H (green) and FL3-H (red) fluorescence channels as described in Props et al. (68). The

xlsx package (v4.2.5.2) was used to analyze the data from the confocal microscopy (70).

Illumina data was processed using the DADA2 pipeline (v1.28.0) (71). Taxonomy was

assigned using the Silva database v138 (72). Further data analysis was performed using

statistical packages such as the phyloseq package (v1.44.0) and the vegan package (v2.6-4)

(73, 74). Data visualization was done using the ggplot2 (v3.4.3) and ggpubr (v0.6.0) packages

(75, 76). The data generated by MALDI-TOF mass spectrometry was analyzed using the

MYLA® software. Statistical analysis was done with the dplyr package (v1.1.2) and the

vegan package (v2.6-4) (74, 77).

3   Results

Mature biofilm characterization. A KIWA biofilm monitor was used to grow and

sample a drinking water biofilm (Figure A1). The monitor was set up at two distinct locations,

each receiving water from different sources: treated groundwater without a disinfection step

and treated surface water with a chlorination step. The treated surface water was characterized

by elevated mineral content, including aluminum, calcium, and nitrate, leading to increased

hardness. In contrast, treated groundwater exhibited a higher total organic carbon content and

more total colony counts (Table A1).

After 11 and 17 months of biofilm development, we characterized the biofilms through

flow cytometry, ATP analysis, confocal laser scanning microscopy (CLSM) and 16S rRNA

sequencing (Table 1, Table 3, Figure 1). The cell densities and ATP concentrations of the

groundwater biofilms were 10 times higher than those of the surface water biofilms. Similar

observations were made using CLSM, where DAPI staining was used to determine the

biofilm biomass, roughness and average thickness. The biofilm derived from treated surface

water exhibited increased roughness but decreased average thickness both at the 11-month

and 17-month intervals. Notably, the treated groundwater biofilms exhibited reduced

roughness and average thickness after 17 months compared to the measurements performed

after 11 months. In general, significant statistical differences were observed between the two

biofilms for each parameter after growing the respective biofilms for 17 months (Table 3). In

addition, using 16S rRNA sequencing, a significant difference in the compositions of the two

biofilm communities was observed (ANOSIM, $p < 0.05$, Figure 1). *Chloroflexi* and

Proteobacteria were identified as the most dominant phyla in the groundwater biofilm

samples, constituting 37% and 35% of the community, respectively. *Chloroflexi* were mainly

represented by uncultured and unclassified JG30-KF-CM66 (~30%) and S085 (~7%) bacteria,

whereas only 1.5% of the groundwater bulk bacteria belonged to this phylum. The bulk

community was dominated by *Cyanobacteria* (~26%) and *Alphaproteobacteria* (~22%),

including families like *Hyphomicrobiaceae* (~3%) and *Hyphomonodaceae* (~3%) (Figure

A2). These families were also detected in the surface water biofilm samples (i.e., ~3% and

~11%, respectively) and to a lesser extent in the corresponding bulk samples (i.e., ~2% and

~7%, respectively). More than 65% of the bacteria in the biofilms developed under surface

water supply were *Alphaproteobacteria*, more specifically *Acetobacteraceae* (~12%),

Beijerinckiaceae (~8.5%) and *Sphingomonadaceae* (~ 7%). Furthermore, these bacteria were

predominant in the surface water bulk samples (~70%, Figure A2). To conclude, the

phenotypic and genotypic characteristics were significantly different between biofilms

derived from treated groundwater and treated surface water.

As extracellular polymeric substances (EPS) play a crucial role in the biofilm structure,

the protein and sugar content were determined for both biofilm samples after 17 months

(Table 1, Table 3, Figure 2). Consistent with the other measurements, the groundwater biofilm

exhibited 10 times more EPS biovolume than the surface water biofilm. However, the ratios

of sugars to biomass and proteins to biomass were similar for both mature biofilms (Figure

A3). The higher bacterial and EPS content in the groundwater biofilm could be attributed to

the higher carbon content in the raw water and the absence of disinfectants (Table A1). To

illustrate that the biofilms used in further experiments were mature, statistical analyses were

performed between the two timepoints, more precisely after 11 and 17 months. Biomass and

community composition were selected as key parameters, and no significant differences were

observed over time for both biofilms (Table A3).

Effect of operational water quality changes on biofilm detachment. After 17

months of growing a drinking water biofilm, the KIWA monitors were transferred from the

water reservoirs to laboratory conditions, and the original water quality was adjusted to

examine the response of the biofilm microbiome to minor changes observed in practice (Table

1). More concretely, the effects of slight pH variations and the addition of small

concentrations of HOCl on biofilm detachment were investigated. These minor pH changes

led to an increase or decrease in the Langelier Saturation Index (LSI) (Table 2). This

qualitative index predicts the scale forming potential of water and is based on the

measurement of pH, conductivity, alkalinity, calcium ions and temperature (78, 79). Cell

counts in the bulk were measured with flow cytometry for 8 hours. Generally, little or no

detachment of the biofilm was observed compared to the untreated controls (Figure 3). Linear

regression with a confidence interval of 95% was performed to quantify cell release rates to

the bulk. If the cell release rate is higher than zero, there is an indication that biofilm cells are

dispersed into the bulk water phase. Briefly, detachment was always observed except for two

blank conditions. Furthermore, the dispersal of biofilm cells to the bulk water was faster (i.e.,

higher release rates) when the LSI was changed or when HOCl was added. Therefore,

statistics on the residuals and the slopes of the linear regression models was conducted and no

significant difference was observed between the controls and the applied operational changes

(Table A4).

Invasion of coliforms onto drinking water biofilms. *Serratia fonticola*, isolated

from the Flemish distribution network (Belgium), was labeled with a green fluorescent protein

(GFP) to distinguish this specific strain from other drinking water biofilm bacteria. It was then

introduced into the water supplied to the biofilm monitors. Two invasion experiments were

performed for each water type (Table 1). The initial concentration and survival of the coliform

in the bulk water were monitored using selective media. QPCR and CLSM were used to

determine whether *Serratia fonticola* attached to the biofilm (Table 1). Prior to conducting the

invasion experiments, control measures were executed for bulk and biofilm samples, and no

coliforms were detected. *Serratia fonticola* was added to the water samples and

concentrations were ranging between 15 cells/100 mL and 650 cells/100 mL (Table 4). For

treated surface water, the coliforms were still present in the bulk water phase after three hours.

After 24 hours, the coliforms were below detection limit (< 0 cells/100 mL) for both water

types. Biofilms on the glass rings were analyzed after 4 or 7 days using CLSM and qPCR. For

the first invasion experiment, the gene copies were below the limit of quantification (LOQ =

28.57 gene copies/cm²), whereas for the second invasion experiment, 578.59 ± 38.45 and

358.36 ± 24.03 gene copies/cm² of the invader were measured in the groundwater and surface

water biofilms, respectively (Table 4). Detection of the GFP-labeled *Serratia fonticola* in the

biofilm was also done with CLSM and coliforms were detected 7 or 8 days after the spike for

each water type (Figure 4, Figures A4 - A11). Even though mature biofilms seem to be strong

microbial ecosystems and minor water quality changes do not lead to major detachment into

the bulk phase, they are susceptible to unwanted invasion by coliforms.

4. Discussion

Treated groundwater and chlorinated surface water resulted in significantly

different biofilms in terms of community compositions and biomass content. Two biofilm

monitors, consisting of glass rings, were employed to investigate drinking water biofilms.

They were placed in two distinct reservoirs for 17 months, one receiving treated groundwater

without disinfection and the other receiving treated surface water with residual free chlorine.

The use of glass as a carrier material ensures reproducible biofilm sampling, considering only

the biofilm formation potential. However, due to the absence of nutrient leaching, glass

results in lower biofilm density compared to plastic (28). In general, bacterial cell densities of

mature biofilms vary from $10^4 - 10^8$ cells/cm² (2, 3, 22, 80). We observed similar

concentrations, although a lower cell density was observed for biofilms developed under

surface water supply, probably due to a free chlorine disinfectant (Table 3). Furthermore, the

results aligned with previous studies, showing ATP concentrations of 100–1100 pg/cm² for

unchlorinated and 10–100 pg ATP/cm² for chlorinated water (38, 81). Regarding CLSM

analysis results, lower biomass content was observed for treated surface water biofilms,

hovering around 1 µm³/µm², as previously reported in the literature (5). A study by Shen et al.

(82) demonstrated a positive correlation between biofilm roughness and adhesion and a

negative correlation with detachment. Although significantly higher biofilm roughness was

measured for the surface water biofilm, this did not result in higher biomass content. Overall,

biofilms from treated groundwater exhibited a 10 times higher FCM cell concentration,

biofilm thickness, ATP and biomass content, possibly due to higher cell and TOC

concentrations in bulk water and the absence of disinfection (Table 3, Table A1).

Furthermore, chlorination not only reduced biofilm density but also decreased EPS production

(Figure 2, Table 3) (22). 16S rRNA sequencing revealed a significant difference between

treated groundwater and surface water biofilms (Figure 1). The groundwater biofilm

community was dominated by *Alphaproteobacteria*, *Chloroflexi* and *Actinobacteriota*, while

the surface water biofilm mainly consisted of *Alphaproteobacteria* and *Gemmatimonadota*.

Within the *Chloroflexi* phylum, the class JG30-KF-CM66 was most abundant, even though

only small concentrations were found in the bulk. This finding is consistent with raw

groundwater measurements reported in the literature (Figure 1, Figure A2) (83). Additionally,

members of the *Chloroflexi* and *Actinobacteriota* clusters are known to degrade complex

organic matter structures that could be present in biofilms (84, 85). On the other hand,

previous studies have confirmed that the biofilm and bulk core microbiome of treated

chlorinated surface water mainly consists of *Alphaproteobacteria*, such as

Hyphomicrobiaceae and *Sphingomonadaceae* (20, 26, 53, 86–88). These taxa are both known

to easily colonize surfaces, produce EPS, and can degrade a wide range of organic carbon

compounds (20, 87, 89).

This study demonstrated that the biofilms entered a mature phase, also referred to as

quasi-steady state phase, after 17 months, due to a consistent biofilm density and community

during the 11-month to 17-month intervals (Table A3). Previous studies have indicated that

this mature phase is characterized by stable cell numbers, EPS formation and maintaining an

equilibrium between growth, attachment and detachment (40, 80). Furthermore, we showed

that treated groundwater and chlorinated surface water resulted in significantly different

biofilms, impacting cell density and community composition. This underscores the

importance of both water source and treatment processes in biofilm formation. However,

conflicting findings persist regarding the impact of source and treatment in distribution pipes.

Previous studies have suggested that the source water mainly shapes the biofilm community

composition (36, 41). In contrast, other researchers have shown that there is no significant

difference in the biofilm community concerning the drinking water source, and that treatment

(e.g., disinfection) is more important for the biofilm core community in distribution pipes

(90).

Mature biofilms react minimally towards operational changes in water quality.

While the water quality in drinking water distribution systems generally remains constant,

minor operational adjustments can occur, impacting water microbiology (92). For example,

additional chlorination because of water works, variations in the quality of raw water sources,

mixing of different water types in the DWDS, etc. (91, 92). Previous studies have primarily

focused on the influence of severe operational changes, such as flushing and shock

chlorination, the goal of this work is to investigate the effects of these minor variations, which

frequently occur in practice, on biofilm detachment.

Drinking water providers maintain fixed pH values and free chlorine dosage during

treatment to control biofilm formation and corrosion of pipe materials, valves, pumps, etc.

(15). To evaluate water corrosivity, the LSI, a qualitative index that predicts the scale forming

potential of water, is determined. Both European and Belgian drinking water directives

recommend measuring an LSI above -0.5 (14, 93). A slightly negative LSI means more

corrosive water that contains carbon dioxide deposits, while a positive LSI indicates $CaCO_3$

supersaturated water with the potential to form scale (78). In this study, the LSI of the tested

waters was adjusted by changing the pH (Table 2). Additionally, an HOCl solution was added

to have a free chlorine concentration of 0.20 mg/L and 0.28 mg/L, for the groundwater and

surface water samples, respectively. In general, there was detachment towards the bulk water

phase as indicated by the slopes of the regression models being higher than zero. However, no

significant biofilm detachment was observed between the untreated controls and the adjusted

waters (Figure 3, Table A4). Besides, our drinking water setup, and distribution systems in

general, demonstrated resilience (36). The pH was restored after 4 hours, and the free chlorine

concentration was below the detection limit (< 0.05 mg Cl_2/L) after 2 hours of recirculation

(data not shown). Similarly, the research of Trihn et al. (5) observed the role of biofilms in

free chlorine decay.

However, the implementation of the results should be handled with care, as only the

short effect (i.e., 8 hours) of the operational changes was investigated. Continuous pH

changes could alter the electrostatic interactions between materials and microorganisms and

between microorganisms (8, 83). Former studies have examined the long-term effect of

chlorine on biofilms, mentioning that small increases in chlorine concentrations could lead to

a decrease in culturable biofilm bacteria and EPS production (42, 52). Furthermore, in our

study, biofilms were grown on glass rings, whereas in a full-scale distribution network aged

biofilms on iron or plastic piping materials are used, which are more susceptible towards

corrosive water. For example, biofilms attached to stainless steel compound pipes are more

sensitive to flushing than those attached to ductile cast iron pipes (55).

Mature biofilms are susceptible towards the invasion of *Serratia fonticola*. In the

next part, we added a GFP-labeled coliform, *Serratia fonticola* (i.e., $\pm$ 100 cells/100 mL), into

the treated groundwater and surface water samples to investigate invasion onto the

corresponding biofilms. Water was recirculated over the biofilm monitor for 4 days, and

Serratia fonticola was followed using selective media (Table 4). Our results indicated that the

coliform was unable to survive longer than 24 hours in the bulk waters, possibly because of

the oligotrophic drinking water environment or competition with the resident drinking water

community (94–97). However, after 7 days, the coliform was detected in the biofilm samples

(Figure 4, Table 4). Since confocal microscopy has limitations (e.g., operator dependent) and

bleaching of the fluorescent protein was observed, the results were validated using qPCR

based on the detection of the fluorescent gene, which was incorporated into the genome of the

coliform. In the first invasion experiment, the gene copies were below the limit of

quantification, but in the second invasion experiment, detection with qPCR was achieved

(Table 4). This variation could be attributed to the sampling day (after 7 days instead of 4

days) or more favorable invasion circumstances. Overall, adhesion and invasion onto a

drinking water biofilm depend on nutrient availability, surrounding microorganisms, local

hydrodynamics and biofilm roughness (82, 95).

Previous researchers already showed that biofilms could be a reservoir for fecal

indicators and pathogens (8, 10). For example, Kilb et al. (98) detected coliforms on rubber-

coated valves from distribution networks. Pathogens such as *Pseudomonas aeruginosa* were

able to persist in drinking water biofilms after spiking through bulk water samples (12).

However, in comparison with the microbial drinking water legislation (i.e., absence in 250

mL and 100 mL for *P. aeruginosa* and total coliforms, respectively) and the observed

concentrations in practice (i.e., 200 cells/100 mL), high spike concentrations were used (i.e.,

10^5-10^7 cells/mL) in former studies (12, 13, 15–17, 95). Here, in this study, we demonstrated

that even low concentrations of coliforms (± 100 cells/100 mL) can attach and get established

in mature drinking water biofilms. We explicitly chose to use low concentrations as they are

relevant for the full-scale practice, where the bigger volumes and flow rates in the DWDS

might get contaminated by for example groundwater intrusion after pipe burst, or rain-, river-

or wastewater contamination due to wrong connections (99, 100). Furthermore, it is important

to notice that *Serratia fonticola* was able to settle in two significant different biofilms

regarding cell density and community composition (Figure 1, Table 3, Table 4). As mentioned

before, both biofilms were characterized as mature or quasi-stationary. The concept of quasi-

stationary phase is introduced by Boe-Hansen et al. (80), who argue that a true stationary

phase is never reached in biofilms due to continuous selection influenced by small changes in

environmental conditions. This suggests that certain microcolonies within biofilms may be

more susceptible at specific moments.

Water stagnation, changes in flow rates, and flushing after water works can disrupt

biofilms, potentially releasing coliforms and other unwanted microorganisms into the water

phase, leading to contamination and associated health concerns (50, 55, 92). Moreover,

detached coliforms may settle elsewhere in the DWDS. Despite these risks, further research

about biofilm detachment and effective mitigation strategies for preventing the establishment

of unwanted microorganisms is necessary to understand the occurrence of contaminations in

distribution networks. Favere et al. (94) propose that pathogens and indicator organisms are

considered to be r-strategist (high growth rate at high nutrient concentrations), whereas the

naturally drinking water community consist out of K-strategist (high substrate affinity). When

producing biostable water through nutrient limitation, the bacterial community is directed

towards K-strategists, consequently restricting the survival of the r-strategist. In addition,

previous research have indicated that by depleting nutrients (such as carbon, nitrogen or

oxygen), both the biological activity in the water and biofilm as well as the production of EPS

and subsequent biofilm adhesion, can be reduced (44, 101).

4 Conclusion

In conclusion, we have used a biofilm monitor consisting of glass rings to study drinking

water biofilms. More specifically, we investigated the response of the biofilm microbiome

towards limited operational variations in pH and free chlorine concentration, and the ability of

the coliform, *Serratia fonticola*, to settle onto these biofilms. Two mature drinking water

biofilms were characterized using several techniques and it was shown that they were

significantly different from each other regarding cell density and community composition. To

summarize, biofilms resulting from treated groundwater had a 10 times higher cell density,

biofilm thickness, ATP and biomass content than biofilms resulting from treated chlorinated

surface water. Next, it was observed that the biofilms remained resilient when applying

limited changes that are seen in the full-scale drinking water network. Finally, *Serratia*

fonticola, spiked at low concentrations through the bulk water phase, demonstrated the ability

to attach and get established within the mature biofilms, highlighting the potential for biofilms

to act as reservoirs for unwanted microorganisms in drinking water distribution systems.

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Data availability statement

The datasets presented in this study can be found in online repositories. The names of the

repository/repositories and accession number(s) can be found below:

https://github.com/waegenaarfien/2023_Unwanted-coliforms-can-hide-in-mature-drinking-

water-biofilms.git, https://www.ncbi.nlm.nih.gov/bioproject/PRJNA1015597.

Supplemental material

Supplemental material for this article may be found at ...

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Table 1: Experimental design detailing timepoints, specific experiments, water flow, number of rings analyzed, and types of analyses conducted. To perform FCM, ATP, 16S sequencing, and qPCR, a ring was placed in 10 mL of autoclaved tap water and subjected to sonication (3 cycles of 2 minutes each) to detach the biofilm.

Timepoint (months)	Place	Experiment	Water flow (L/h)	Rings taken for analysis	Type of analysis
1	Water tower/reservoir	Growing biofilm	270	/	/
11	Water tower/reservoir	Growing biofilm	270	4	FCM, ATP, 16S
				3	CLSM (DAPI)
11	Water tower/reservoir	Growing biofilm	270	6	CLSM: test EPS staining
17	Water tower/reservoir	Growing biofilm	270	4	FCM, ATP, 16S
				3	CLSM (DAPI, EPS)
18	Lab	Changing conditions: LSI = -0.50	42	Hour 0: 2	FCM
18	Lab	Changing conditions: LSI = 0.30	42	Hour 0: 2	FCM
19	Lab	Changing conditions: HOCl addition	42	Hour 0: 2	FCM
20	Lab	Invasion (1st experiment)	42	Day 0: 2	FCM, qPCR, CLSM (DAPI)
				Day 4: 2	FCM, qPCR, CLSM (DAPI)
				Day 7: 1	CLSM (DAPI)
24	Lab	Invasion (2nd experiment)	42	Day 0: 2	FCM, qPCR CLSM (DAPI)
				Day 8: 1	qPCR, CLSM (DAPI)

Table 2: Original pH and corresponding Langelier Saturation Index (LSI) for each water type. To evaluate biofilm detachment, the LSI was changed by decreasing or increasing the pH using HCl and NaOH, respectively.

Water type	pH original	LSI original	pH, HCL added	LSI, HCl added	pH, NaOH added	LSI, NaOH added
Treated groundwater (no disinfection)	7.10	-0.04	6.84	-0.52	7.58	0.25
Treated surface water (chlorination)	7.75	0.10	7.30	-0.55	7.90	0.31

Table 3: *Characterization of the biofilms using different techniques after 11 and 17 months. Results are presented as an average ± standard deviation. Statistics are done using the Wilcoxon rank sum test or the t test indicated with a 't', and a statistical difference is indicated with a '*'. Biofilms resulting from treated groundwater were more dens and active than biofilms resulting treated chlorinated surface water.*

Technique	Parameter	After 11 months		P value	After 17 months		P value
	Water type	Treated groundwater (no disinfection)	Treated surface water (chlorinated)		Treated groundwater (no disinfection)	Treated surface water (chlorinated)	
Flow cytometry	Total cell counts (cells/cm²)	$(1.01 \pm 0.04) \times 10^{7}$	$(5.96 \pm 1.01) \times 10^{5}$	4.11×10^{-5} *	$(7.46 \pm 0.58) \times 10^{6}$	$(5.23 \pm 3.68) \times 10^{5}$	4.11×10^{-5} *
ATP analysis	ATP content (pg/cm²)	411.34 ± 52.58	51.86 ± 3.22	8.23×10^{-5} *	896.54 ± 72.11	77.26 ± 41.48	4.04×10^{-4} *
CLSM	Roughness (Ra)	1.25 ± 0.39	1.97 ± 0.03	0.06*	0.78 ± 0.14	1.68 ± 0.04	3.97×10^{-5} *
CLSM	Average thickness (µm)	15.78 ± 5.89	0.94 ± 0.57	0.06*	4.95 ± 2.62	1.31 ± 0.33	7.18×10^{-3} *
CLSM	Biomass (µm³/µm²)	5.65 ± 2.23	0.57 ± 0.45	0.08[t]*	4.10 ± 3.07	0.25 ± 0.10	1.59×10^{-4} *
CLSM EPS	Protein biovolume (µm³/µm²)	Not determined	Not determined	/	1.23 ± 1.09	0.13 ± 0.07	3.97×10^{-5} *
CLSM EPS	Sugar biovolume (µm³/µm²)	Not determined	Not determined	/	2.73 ± 2.54	0.29 ± 0.25	7.94×10^{-5} *

Table 4: *Two invasion experiments were performed with Serratia fonticola on the mature biofilms. The concentration in the bulk water phase was followed with selective plating (chromogenic coliform agar). Invasion of the coliform in the biofilm was determined using CLSM and qPCR. Positive detection on the respective day after the spike (Dx) with CLSM is indicated with 'present'. It was not possible to perform CLSM for the groundwater biofilms of the second spike experiment because of calcium precipitation on the rings. Using qPCR, the GFP-labeled coliform was found in the biofilm after 7 days (D7).*

		Bulk			Biofilm	
Technique	**Experiment**	**Chromogenic coliform agar**			**CLSM**	**qPCR**
Water type		Start concentration (cells/100 mL)	After 3 hours (cells/100 mL)	After 24 hours (cells/100 mL)	/	(Gene copies/cm²)
Treated groundwater (no disinfection)	1st invasion experiment	104.0 ± 10.6	0	0	D4: not present D8: present	D4: under LOQ
Treated groundwater (no disinfection)	2nd invasion experiment	15.3 ± 3.0	0	0	D7: not possible	D7: 578.59 ± 38.45
Treated surface water (chlorinated)	1st invasion experiment	650.0 ± 14.1	420.0 ± 17.0	0	D4: not present D8: present	D4: under LOQ
Treated surface water (chlorinated)	2nd invasion experiment	39.5 ± 5.0	1.0 ± 1.4	0	D7: present	D7: 358.36 ± 24.03