# 1 TITLE

# 2 A gut meta-interactome map reveals modulation of human immunity by microbiome 3 effectors

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# **KEYWORDS**

- 44 microbiome, type-3-secretion system, virulence effectors, complex diseases, network biology,
- 45 protein-protein interactions, immune signaling, interactome

#### 46 SUMMARY

47 The molecular mechanisms by which the gut microbiome influences human health remain 48 largely unknown. Pseudomonadota is the third most abundant phylum in normal gut 49 microbiomes. Several pathogens in this phylum can inject so-called virulence effector proteins 50 into host cells. We report the identification of intact type 3 secretion systems (T3SS) in 5 - 20% 51 of commensal Pseudomonadota in normal human gut microbiomes. To understand their 52 functions, we experimentally generated a high-quality protein-protein meta-interactome map consisting of 1,263 interactions between 289 bacterial effectors and 430 human proteins. 53 54 Effector targets are enriched for metabolic and immune functions and for genetic variation of 55 microbiome-influenced traits including autoimmune diseases. We demonstrate that effectors modulate NF-kB signaling, cytokine secretion, and adhesion molecule expression. Finally, 56 effectors are enriched in metagenomes of Crohn's disease, but not ulcerative colitis patients 57 pointing toward complex contributions to the etiology of inflammatory bowel diseases. Our 58 59 results suggest that effector-host protein interactions are an important regulatory layer by 60 which the microbiome impacts human health.

## 61 **MAIN**

62 The host-associated microbiota influences human health in complex host genetics-dependent ways<sup>1,2</sup>. Especially intestinal microbes positively and negatively affect the risk for several 63 complex diseases ranging from inflammatory bowel disease (IBD)<sup>1</sup> and asthma<sup>3</sup> to metabolic<sup>4</sup> 64 and neurodegenerative diseases<sup>5</sup>. Members of the bacterial phylum Pseudomonadota 65 66 (previously: Proteobacteria<sup>6</sup>) are prevalent in the human gut microbiome and their occurrence 67 is influenced by dietary ingredients such as fat and artificial sweeteners<sup>7</sup>. Unique features of this phylum are the type-3, type-4, and type-6 secretion systems (TxSS) that enable the 68 69 injection of bacterial proteins directly into the host cytosol. The presence of T3SS has been 70 classically associated with pathogen virulence<sup>8</sup>. In the plant kingdom, however, important 71 mutualistic microbes also communicate with the host via effector proteins to establish 72 cohabitation and elicit host-beneficial effects9. We therefore wondered if commensal 73 Pseudomonadota in the healthy human gut microbiome possess host-directed secretion 74 systems.

#### 75 **T3SS are common in the normal human gut microbiome**

76 Because of the higher quality and completeness of genome assemblies from cultured strains 77 compared to metagenome-assembled genomes (MAGs), we first evaluated Pseudomonadota 78 strains from gut and stool samples that were collected, among others, by the human 79 microbiome project and were available from culture collections. Using EffectiveDB<sup>10</sup>, a widely 80 used tool for secretion system identification, we detected complete T3SS in 44 of the 77 81 reference strain genomes (Extended Data Table 1). To expand the scope, we analyzed 82 genomes of 4,752 distinct strains, representing all major phyla from the human gut that had been isolated by the human gastrointestinal bacteria genome collection (HBC)<sup>11</sup>, and the 83 Unified Human Gastrointestinal Genome (UHGG) collection<sup>12,13</sup>. Of the 2,272 Gram-negative 84 strains, 478 (21%) had complete T3SS (Fig. 1a); similar proportions have T4SS (527) and 85 T6SS (719), both of which can also deliver effectors into host cells but also have other functions 86 87 (Extended Data Fig. 1 and Extended Data Table 1)<sup>14</sup>. Together 729 of the 2,272 Gram-negative strains, *i.e.*, 34%, have at least one host-directed secretion system. Because culturing can bias 88 the relative proportions of taxa, we sought to confirm the presence of T3SS in commensal 89 microbiota using metagenome datasets. From 16,179 Pseudomonadota MAG bins with high 90 or intermediate genome quality<sup>15,16</sup>, 770, i.e., 5%, encoded complete T3SS (Fig. 1a and 91 Extended Data Table 1). Notably, we only identified T3SS in Gammaproteobacteria, whereas 92 93 no secretion systems were found in the Beta- or Epsilonproteobacteria in the datasets, except 94 for a few Helicobacter strains. It is unclear if gut commensal strains in these orders lack T3SS, 95 or if the systems differ from those of the better-characterized Gammaproteobacteria and they 96 were missed by the algorithm. Across the analyses, T3SS were identified in strains of multiple

97 genera and were especially common among Escherichia (Fig. 1b and Extended Data Table 98 1). Notably, a recent *in vivo* profiling study of human digestive tracts using *in situ* sampling 99 found *Escherichia* as the genus that was most significantly enriched in intestinal over stool 100 samples<sup>17</sup>. Of the T3SS-positive (T3SS<sup>+</sup>) species, 24 matched representatives in two cohorts 101 of a dataset provided by the Weizmann Institute of Science (WIS cohorts)<sup>18</sup>. 59.4% of 102 individuals in the Israeli cohort and 47.1% in the Dutch cohort had potentially T3SS<sup>+</sup> species 103 in their gut microbiome, with relative abundances of 0.80% and 0.48%, respectively (Fig. 1c). 104 The most common T3SS<sup>+</sup> species in both cohorts was *Escherichia coli*, appearing within 54% 105 and 45% of individuals, respectively. Overall, T3SS<sup>+</sup> strains constitute a substantial proportion 106 of commensal Pseudomonadota and are common in normal human gut microbiomes. We 107 therefore aimed to understand the functions of T3SS-delivered effector proteins of commensal 108 strains.

# 109 Commensal effectors are unrelated to known pathogen effectors

110 To identify gut microbiome-encoded effectors we used a combination of three complementary 111 machine learning models<sup>19-21</sup> and considered 3,002 effector candidates from the 44 reference 112 strains that were most confidently predicted by all tools (Extended Data Table 2). In addition, 113 we identified 186 putative effectors in the 770 T3SS<sup>+</sup> MAGs (Extended Data Table 2). As T3SS 114 and substrate effectors are best known for their role in supporting a pathogenic lifestyle, we 115 investigated if the commensal bacterial effectors share sequence similarity with 1.638 known 116 T3SS effectors from pathogens<sup>22</sup>. Only 17 of 3,002 (0.5%) effectors from strains and 6 of 186 117 (3%) from MAGs, respectively, showed extended high sequence similarity ( $\geq$  90% sequence 118 similarity across  $\geq$  90% length) to known pathogen effectors; lowering the thresholds to 50% 119 similarity across 75% length only marginally increased the numbers to 34 (1%) and 7 (4%), 120 respectively (Fig. 1d and Extended Data Table 2). The largest number of commensal effectors 121 with similarity to pathogenic effectors were found in the genomes of Escherichia albertii (12 122 effectors with 67% to 98% identity) and Yersinia enterocolitica (10 effectors at > 98% identity). 123 The fact that all such pathogen-similar commensal effectors were found in different species, 124 of which some even belong to a different order than the respective pathogen, suggests that 125 non-pathogenic microbes participate in the horizontal gene transfer of effectors<sup>23,24</sup>. This is 126 supported by the observation that only a few pathogen-similar effectors were found among the 127 approximately 20 - 80 effectors of each strain. Of the six pathogen-similar effectors found in 128 MAGs, all but one matched the identified family of the pathogen from which they were initially 129 identified (Extended Data Fig. 2 and Extended Data Table 2). Plausibly, these effectors 130 originate from pathogens, or their relatives that were likely present in some samples. Jointly, 131 the data show that effector complements of commensal bacteria are distinct from those of 132 pathogens, thereby suggesting functions outside of the pathogen lifestyle.

#### 133 A microbiome-host protein-protein meta-interactome map

To investigate the functions of commensal effectors, we cloned effector ORFs for experimental 134 135 studies from 18 bacterial strains with diverse effector complements (Fig. 1e and Extended Data 136 Fig. 1). We successfully PCR-cloned 786 ORFs for the 1,300 encoded effectors (60.2%) and 137 173 of 186 effector ORFs from MAG bins (meta-effectors) following chemical synthesis (Fig. 138 2a). Thus, 959 sequence-verified full-length effector ORFs were assembled as the human 139 microbiome effector ORFeome (HuMEOme\_v1) (Extended Data Table 2). With these, we 140 conducted binary interactome (contactome) network mapping against the human 141 ORFeome9.1 collection encoding 18.000 human gene products using a stringent multi-assay 142 mapping pipeline<sup>25</sup>. In the main screen by yeast-2-hybrid (Y2H), we identified 1,071 143 interactions constituting the human-microbiome meta-interactome main dataset (HuMMI<sub>MAIN</sub>) (Fig. 2b,c). To assess sampling sensitivity<sup>26</sup>, i.e., saturation of the screen, we conducted three 144 145 additional repeats of 290 randomly picked effectors and 1,440 human proteins, which yielded 39 verifiable interactions constituting the HuMMI repeat subset (HuMMI<sub>RPT</sub>). The saturation 146 147 curve indicates that the single main screen has a sampling sensitivity of ~32% (Fig. 2d). Last, 148 to address how effector sequence similarity affects their interaction profiles we conducted a 149 homolog screen. Effectors were grouped if they shared  $\geq$  30% sequence identity (Extended 150 Data Table 2) and all effectors of one group were experimentally tested against the union of 151 their human interactors. The resulting dataset (HuMMI<sub>HOM</sub>) contains 398 verified interactions, 152 of which 179 were not found in the other screens. Altogether, HuMMI contains 1,263 unique verified interactions between 289 effectors and 430 human proteins (Fig. 2b,c and Extended 153 154 Data Table 3).

155 To assess data quality, we assembled a positive control set of 67 well-documented manually 156 curated binary interactions of bacterial (pathogen-) effectors with human proteins from the 157 literature (bacterial human literature binary multiple – bhLit BM-v1, Extended Data Table 3) 158 and a corresponding negative control set of random bacterial and human protein pairs 159 (bacterial host random reference set - bhRRS-v1). Benchmarking our Y2H assay in a single 160 orientation with these and with the established human positive reference set (hsPRS-v2) and hsRRS-v2 indicated an assay sensitivity of ~13% and 17.5%, respectively, which is consistent 161 162 with previous observations<sup>27,28</sup> (Fig. 2e and Extended Data Table 3). No negative control pair 163 in either reference set scored positive, demonstrating the reliability of our system. In addition, 164 we assessed the biophysical quality of HuMMI using the yeast nanoluciferase-2-hybrid assay (yN2H), which we benchmarked using the same four reference sets<sup>25</sup>. Notably, the retest rates 165 166 of all sets involving bacterial proteins were lower than those of the human hsPRS-v2 and 167 hsRRS-v2 across most of the scoring spectrum (Extended Data Fig. 2). Partly, this could be 168 due to the nature of hsPRS-v2 pairs, which consist of very well-documented interaction pairs,

169 which may have been selected for good detectability. In addition, the fact that the RRS sets 170 exhibit the same overall trend indicates that interactions with prokaryotic proteins are more 171 challenging to reproduce in this eukaryotic assay system, which reinforces the necessity for 172 bacterial protein-specific reference sets (Fig. 2f, Extended Data Fig. 2, and Extended Data 173 Table 3). At thresholds where the control sets were well separated, the retest rate of 173 174 randomly selected HuMMI interactions was statistically indistinguishable from the positive 175 control sets, and significantly different from those of the negative controls (Fig. 2f, Extended 176 Data Fig. 2, and Extended Data Table 3), indicating that the biophysical quality of our dataset 177 is comparable to those of well-documented interactions in the curated literature.

178 The degree distribution of HuMMI<sub>MAIN</sub> shows that numerous human proteins are targeted by 179 multiple effectors (Fig. 2g and Extended Data Table 3), often from different species. Indeed, 180 sampling analysis demonstrates that commensal effectors significantly converge on fewer host 181 proteins than expected from a random process (Fig. 2h), thus suggesting selection for 182 interactions with these targets. We had previously observed convergence of effectors from phylogenetically diverse pathogenic microbes on common proteins of their plant host<sup>29,30</sup>. In 183 184 that system, we demonstrated with infection assays on genetic null mutant plant lines that the 185 extent of convergence correlates with the importance of the respective host proteins for the 186 outcome of the microbe-host interaction<sup>29</sup>. We therefore identified the human host proteins 187 onto which commensal effectors converge. To this end, we sampled random effector targets 188 for each strain and analyzed the distribution of repeatedly targeted proteins (Fig. 2i). While 189 host proteins interacting with effectors from two strains are expected at high frequency by 190 chance, targeting by four bacterial strains is unlikely to emerge by chance (Fig. 2i and 191 Extended Data Table 3). Thus, the 60 human proteins targeted by effectors from four or even 192 more commensal strains are subject to effector convergence and may be of general 193 importance for human microbe-host interactions. Together with our recently published plant-194 symbiont interaction data<sup>31</sup>, these data suggest that convergence has evolved as a universal 195 feature of effector-host interactions independent of the microbial lifestyle and kingdom of the 196 host organism.

# 197 Sequence features mediating effector-host interactions

The function of unknown proteins can often be inferred from better-studied orthologues, but convergence could also result from high sequence similarity among effectors. We therefore compared sequence- to interaction-similarity as a proxy for their function in host cells (Fig. 3a). Within the systematically retested HuMMI<sub>HOM</sub> clusters, both are poorly correlated and sequence similarity merely defines the upper limit for interaction similarity but does not imply it. This is illustrated by cluster 3, in which all seven effectors share over 90% mutual sequence similarity while their pairwise interaction profile similarities range from identical to complementary (Fig. 3b and Extended Data Table 3).

Using HuMMI<sub>MAIN</sub> we also investigated if effectors without substantial sequence similarity share interaction similarity, which might indicate shared functions. In fact, clustering effectors by their pairwise interaction similarity identified substantial overlap outside the homology clusters (Extended Data Fig. 3), indicating that dissimilar effectors may have similar functions in the host. Both analyses indicate that effector function as measured by protein-interaction profiles is largely independent of overall sequence similarity.

212 Looking for structural correlates for interaction specificity, we wondered whether domain-213 domain or domain-short linear motif (SLiM) interfaces mediating the interactions can be identified (Fig. 3c). Using experimentally identified interaction templates<sup>32</sup>, a putative interface 214 215 was found for 52 interactions in the HuMMI<sub>MAIN</sub> screen (Extended Data Table 4). Of these, 43 216 interactions matched motif-domain templates passing one (Fig. 3d), and 22 passing two 217 stringency criteria (Extended Data Fig. 3). Among the former, 23 interactions involve PDZ 218 domains in the human protein, which recognize PDZ-binding motifs (PBM) in the C-terminus 219 of interacting bacterial proteins. PDZ domain-containing proteins commonly mediate cell-cell 220 adhesion, cellular protein trafficking, tissue integrity, as well as neuronal and immune 221 signaling<sup>33</sup>. To experimentally validate these interfaces, individual and tandem PDZ domains 222 from 13 human proteins and C-terminal peptides from 16 interacting bacterial effectors were 223 tested via Holdup, a quantitative chromatographic *in vitro* interaction assay<sup>34,35</sup>. For 16 of 23 224 Y2H pairs (70%) at least one PDZ-peptide interaction was identified, all with affinities between 225 1 and 200 µM (Fig. 3e and Extended Data Table 4). In three instances two PDZ domains 226 arranged in tandem were required to detect the interaction by Holdup, indicating that some 227 Y2H pairs might have been missed because not all PDZ combinations of the proteins were 228 tested. For human proteins with multiple PDZ domains, often different domains were the target 229 for different effectors demonstrating both specificity and functional specialization of the 230 effectors (Fig. 3e).

231 Because of their functioning in immune signaling and cell shape, PDZ domains are frequently 232 targeted by viruses<sup>36</sup>. This opens the possibility that bacterial effectors and viral proteins 233 compete for PDZ-binding and thus mutually influence their respective impact on the host. To 234 gather support for this possibility, we identified viruses that can cause infections in the digestive 235 tract, namely SARS-CoV-2<sup>37</sup>, HPV16 and 18, which have a high prevalence in human guts and 236 have been linked to colorectal cancer<sup>38</sup>, and norovirus, a globally common cause of 237 gastroenteritis and diarrhea<sup>39</sup>. We selected two hitherto unpublished interactions of Norovirus 238 VP2 C-terminal peptide with DLG1 (domain 2) and MAGI1 (domain 4), and previously 239 observed interactions between the C-terminal peptides of SARS-CoV-2 E with SHANK3, and

240 of HPV16 and 18 E6 with the PDZ domains of PICK1 and MAGI4 (domain 1), respectively<sup>34</sup>. 241 Indeed, in fluorescent polarization assays the viral PBM peptides competed with those of the 242 effectors Vfu 12, met 32, met 31, and met 46 (Fig. 3f and Extended Data Fig. 3). Similarly, the functionally well-characterized interaction of the C-terminus of HTLV1 Tax1 with DLG1<sup>40</sup> 243 244 was competed off by the met 32 PBM peptide. Thus, viral and bacterial proteins may compete 245 in the intracellular environment for binding partners and hence for influence on human cell 246 function. Such competition could contribute to the previously observed mutual influence of 247 microbiome and viral infection on each other<sup>41</sup>.

Thus, while the overall sequence similarity of effectors does not correlate with their host-protein interaction profiles, several interfaces mediating the interactions can be identified. How these interactions compete with human and viral proteins to modulate the host network is an important question for future studies.

#### 252 Effector-targeted functions and disease modules

253 To explore the potential roles of commensal effectors in the host we analyzed the functions of 254 the targeted human proteins through gene ontology (GO) enrichment analysis (Fig. 4a, 255 Extended Data Fig. 4, and Extended Data Table 5). Redundant parent-child GO-term pairs 256 were grouped and are displayed by a representative term. Intriguingly, "response to muramyl-257 dipeptide (MDP)", a bacterial cell wall-derived peptide that can be perceived by human cells, 258 was among the most enriched functions, thus not only supporting the relevance of our 259 interactions but indicating that effectors modulate cellular responses to their detection. 260 Moreover, a key component of the MDP signaling pathway is NOD2, which is encoded by a major susceptibility gene for Crohn's disease (CD)<sup>42</sup>, an autoimmune disease with a strong 261 262 etiological microbiome contribution<sup>43</sup>. In addition, several central immune signaling pathways 263 are enriched among the targets, namely the NF-kB and the stress-activated protein kinase and 264 Jun-N-terminal kinase (SAPK/JNK) pathways, supporting the notion that modulation of 265 immune signaling is an important function of commensal effectors. Remarkably, five of the 266 significantly targeted convergence-proteins belong to the NF-kB module (Extended Data Fig. 267 4), one of the evolutionarily oldest immune signaling pathways in animals that is already 268 present in sponges<sup>44</sup>. This may reflect the long co-evolution between microbial effectors and 269 this ancient immune coordinator. Relating to human disease, anti-TNF biologicals, which 270 dampen NF-kB-driven immunity, are an important therapeutic for diverse autoimmune 271 diseases including CD, psoriasis, and rheumatoid arthritis. Another highly enriched group of 272 five terms relates to collagen production, which suggests that effectors may modulate the 273 extracellular environment that hosts the microbes. Inflammation-independent fibrotic collagen 274 production is an important clinical feature of CD, and the gut microbiota has been found to be 275 a main driver<sup>45</sup>. As several metabolism-related terms were identified, we also tested directly

whether enzymes in the Recon3D<sup>46</sup> model of human metabolism were targeted. Indeed, we detected a significant enrichment of metabolic enzymes (P = 0.0001, Fisher's exact test) and nominally significant targeting of bile acid and glycerophospholipid metabolism, and fatty acid oxidation (Extended Data Table 5). Overall, however, despite the strong overall signal and general targeting of fatty acid metabolism, no individual metabolic subsystem stood out as being targeted by effectors from more than two strains or having more than two targeted proteins.

283 From a network perspective, proteins encoded by disease-genes (disease proteins) constitute 284 nodes and form disease modules<sup>47</sup>, whose functional perturbation promotes pathogenesis. 285 Importantly, viruses can contribute to non-infectious disease etiology by binding to and 286 similarly perturbing these disease proteins and modules<sup>48</sup>. Therefore, we wondered if bacterial 287 effectors also target such network elements and may thereby influence human traits. We 288 started with "causal genes/proteins" identified from genome-wide-association studies (GWAS) 289 by the Open Targets initiative<sup>49</sup>, and merged gene sets for traits identified as identical by their 290 experimental factor ontology (EFO) terms (Extended Data Table 5). We first investigated direct 291 effector targets. The strong enrichment of the "immunoglobulin isotype switching" trait among 292 these is intriguing as the evolutionarily older IgA antibodies are emerging as having an 293 important role in shaping the gut microbiome<sup>50,51</sup>. Effector-targeted proteins are further 294 associated with diverse cancers and with diseases that have a strong immunological 295 component, including asthma, psoriasis, allergies, and systemic lupus erythematosus (Fig. 4b. 296 cutoff nominal P = 0.05, Fisher's exact test, Extended Data Table 5). While none of the 297 identified diseases is currently known as an ailment of the gut it has emerged that the gut 298 microbiome shapes immune homeostasis and contributes to lung and skin diseases like asthma<sup>52</sup> and psoriasis<sup>53</sup>. In addition, some of the disease-associated genes encode 299 300 convergence proteins for effectors from multiple bacterial species (Fig. 2g). As such, it is 301 plausible that proteins like REL or TCF4 are similarly targeted by effectors from 302 Pseudomonadota in skin or lung microbiome communities and contribute to the identified 303 diseases. Moreover, 26% of the effectors in HuMMI are also detectable in skin microbiome 304 samples (Extended Data Table 5), indicating that commensal effectors are shared between 305 different ecological niches.

A partly complementary explanation emerges from our previous studies of human and plant pathogen-host systems. In these evolutionary distant systems, we showed that genetic variation affecting the severity of infection does not reside in genes encoding direct targets but in interacting, i.e., neighboring proteins in the host network<sup>25,29</sup>. We, therefore, explored the network neighborhood of all effector-targets using short random walks in the human reference interactome (HuRI)<sup>54</sup>. We identified proteins that were significantly more often visited in HuRI 312 compared to degree-preserved randomly rewired networks, which we considered the 313 'neighborhood'. For each effector-targeted neighborhood, we assessed the enrichment of gene 314 products associated with diverse human traits using Open Targets causal genes. Nominally 315 significant associations were aggregated on a strain level and summarized for disease groups 316 (Fig. 4c and Extended Data Table 5). Intriguingly, most disease groups for which susceptibility-317 gene products are enriched in the target neighborhoods represent traits that have been linked 318 to the gut microbiome<sup>55</sup>. Apart from immunological traits, these include cardiovascular, 319 metabolic, and neurological traits as well as multiple cancers, including colorectal cancer. 320 Among the target neighborhoods for immunological diseases, we identified associations to CD 321 (nominal  $P = 8.5 \times 10^{-5}$ . Fisher's exact test) and inflammatory bowel disease (nominal P =322 0.0008. Fisher's exact test) but not to ulcerative colitis (UC) (Fig. 4d and Extended Data Table 323 5). Neighborhoods harboring genetic susceptibility associated with psoriatic arthritis, asthma, 324 and allergies were also significantly targeted, which recapitulates the observations for direct targets. Considering the importance of the microbiome for human metabolic disorders<sup>55</sup> it is 325 326 noteworthy that network modules important for HDL and LDL cholesterol levels (nominal P =327 0.006 and P = 0.008, respectively, Fisher's exact test), and several diabetes traits were 328 significantly targeted albeit less recurrently than inflammatory diseases and cancers (Extended 329 Data Table 5). Together, these results suggest that commensal effectors modulate their host's 330 immune system and local metabolic and structural microenvironment. As genetic variation 331 affecting the targeted proteins and their network neighborhood is linked to several human 332 diseases, functional modulation of the same network neighborhoods by commensal effectors 333 may contribute to disease etiology. The fact that the risk for several of the identified diseases 334 is known to be modulated by the microbiome strengthens this hypothesis. We therefore 335 investigated if commensal effectors, indeed, perturb some of the identified pathways and 336 functions.

# 337 Effector function in human cells and disease

338 The NF-kB signaling module is enriched among the convergence proteins and all targets of 339 commensal effectors (Fig. 4a and Extended Data Fig. 4). Because of its important role in many diseases, we chose a cell-based dual-luciferase assay<sup>25</sup> to test whether commensal effectors 340 341 modulate NF-kB pathway activity in human cells. Indeed, five of 26 commensal effectors 342 caused a significant increase in NF-KB pathway activity in the absence of exogenous 343 stimulation suggesting pathway activation (Fig. 5a and Extended Data Table 6). Conversely, three effectors significantly reduced relative transcriptional NF-kB activity even in the presence 344 345 of strong TNF stimulation (Fig. 5b, Extended Data Fig. 5, and Extended Data Table 6). Since 346 some bacterial effectors also modulate NF-kB-independent induction of the thymidine kinase 347 control promoter, we assessed the impact of selected effectors on endogenous expression of

348 NF-kB controlled human adhesion factor ICAM1 and cytokine secretion. We focused these experiments on two NF-κB activating (Kpn 9, met 7) and two NF-κB inhibiting (Pst 11, 349 350 Cyo 12) bacterial effectors. ICAM1/CD54 is a glycoprotein that mediates intercellular epithelial 351 adhesion and interactions with immune cells, specifically neutrophils. Epidemiologically, 352 ICAM1 has been linked to CD such that increased ICAM1 expression is associated with higher 353 disease risk<sup>56</sup> likely by facilitating recruitment and retention of inflammatory immune cells<sup>57,58</sup>. 354 Interference with ICAM1-mediated neutrophil trafficking is currently being tested as a 355 therapeutic approach to treat CD<sup>59</sup>. In colon carcinoma Caco-2 cells, expression of met\_7 356 caused a significant increase of ICAM1 expression (P = 0.05, one-way ANOVA with Dunnett's 357 multiple hypothesis correction, Extended Data Table 6) following stimulation with a pro-358 inflammatory cocktail. Expression of the inhibitory effectors Pst 11 and Cvo 12 did not 359 significantly alter the induction of ICAM1 cell surface expression (Fig. 5c). We also investigated 360 the effect of met\_7 and Cyo\_12 on cytokine secretion in unstimulated Caco-2 cells or following 361 pro-inflammatory stimulation. In basal conditions, Cyo 12 reduced the secretion of several 362 cytokines especially IL6 and IL8, whereas met 7 caused an increase in IL8 secretion in these 363 conditions (Fig. 5d and Extended Data Table 6). Following proinflammatory stimulation, 364 expression of Cyo 12 further reduced cytokine secretion. This effect was most pronounced for 365 IL8, but also significant for IL6 and the pro-inflammatory IL1beta, IL18, and IL23. These 366 cytokines are noteworthy as they are linked to IBD pathogenesis. IL23R has been associated 367 to CD, and IL6 and IL23 stimulate the differentiation of Th17 cells, which have emerged as key players in CD<sup>60,61</sup>. IL8 is overexpressed in colonic tissue of IBD patients and has been 368 suggested as a chemoattractant triggering neutrophil invasion<sup>62,63</sup>. In contrast, no significant 369 370 impact of met\_7 on cytokine secretion was detectable in the context of stimulation (Fig. 5e and 371 Extended Data Fig. 5). Thus, commensal effectors can both stimulate and dampen intracellular 372 immune signaling and this modulation can impact immune and tissue homeostasis via cell-cell 373 adhesion and cytokine secretion.

374 As we identified both genetic and functional links between commensal effectors and IBD-375 related processes, we sought clinical evidence for a potential role of effectors in these 376 diseases. We hypothesized that a potential role of effectors in IBD etiology may be reflected 377 in altered effector prevalence in the microbiota of patients versus healthy controls. Analyzing 378 a large dataset with > 800 IBD patient-derived and > 300 healthy control-derived 379 metagenomes<sup>64</sup> we found 64 effectors that were significantly more prevalent in the 380 metagenomes of CD patients compared to healthy controls (Fig. 5f and Extended Data Table 381 6). In metagenomes of UC patients only three effectors had a significantly different prevalence, 382 and, intriguingly, these were less common compared to healthy controls (Extended Data Table 383 6). This trend was recapitulated when the prevalence distributions of all detected effectors

384 were analyzed. Whereas CD patients had a significantly higher load of effectors, the overall 385 effector prevalence was lower in UC patients compared to healthy subjects (Fig. 5g and Extended Data Table 6). These opposing findings were unexpected as an increased 386 387 abundance of Pseudomonadota has been reported both for CD and UC patients<sup>65</sup>. At the same 388 time, many clinical features such as affected tissues and response to anti-TNF therapy differ 389 between these two forms of IBD, rendering it plausible that effectors contribute differently to 390 their etiology. Whether commensal effectors indeed causally contribute to disease etiology or 391 acute flairs is an important question with potential therapeutic implications.

# 392 Discussion

The presence of T3SS in human commensal microbes has been noticed previously and was speculated to mediate crosstalk between the intestinal microbiota and the human host<sup>66,67</sup>. Here, we provide evidence that, analogous to the plant kingdom<sup>31,68</sup>, also in the human gut T3SS and effectors function in commensal microbe-host interactions and modulate immune signaling. Thus, effector secretion appears to be used universally by Pseudomonadota to mediate interactions with multicellular eukaryotes independently of the lifestyle of the microbe.

- 399 Since, as we show, commensal effectors modulate immune signaling we hypothesized that 400 this may affect the manifestation of human diseases, especially those involving the immune 401 system. The influence of the microbiome on IBD etiology is well documented<sup>1</sup>. Therefore, it is 402 noteworthy that IBD, especially CD, emerged in several of our analyses. Effectors target the 403 "response to the muramyl-dipeptide" pathway which includes NOD2, a major CD-associated 404 gene product<sup>69</sup>. Further, effectors target and regulate the NF-κB pathway, which is strongly activated by TNF, a key therapeutic target in CD<sup>70</sup>. Likewise, ICAM1 is a susceptibility gene 405 406 for CD whereby high expression increases disease risk<sup>56</sup>. Secretion of IL6, IL8, and IL23 is 407 significantly altered by effectors, and all have previously been linked to CD<sup>61,63</sup>. Thus, 408 commensal effectors regulate several IBD-relevant pathways and can thus influence the 409 establishment or maintenance of feedback loops during disease development<sup>71</sup>. This 410 conclusion is strengthened by the observation that effectors are enriched in metagenomes of 411 a CD patient cohort. Thus, multiple lines of evidence suggest that by modulating immune 412 signaling, commensal effectors contribute to the etiology of CD.
- Likely other microbial habitats of the human body, such as skin or lung, also host T3SS+ strains, and we identified effectors in a skin metagenome. It will be important to investigate this in the future to understand if those effectors have similar targets and effects on local cells. ICAM1, e.g., is the entry receptor for rhinovirus A<sup>72</sup>, and an increased expression due to microbial effectors could increase the risk for infections and thus to develop asthma<sup>73,74</sup>.

418 The broader question of how effectors influence the pathogenesis of IBD and other diseases 419 will be important to address in further detailed studies. Our molecular data show that different 420 effectors can have opposing impacts on immune pathways, analogous to genetic variants. 421 Thus, host genetics and effectors jointly impact on the molecular networks, and pathogenic 422 developments emerge from the interplay of protective and disease enhancing factors. For CD 423 specifically, however, our analyses suggest that effectors promote disease development. 424 In summary, we demonstrate that bacterial effector proteins constitute a hitherto unrecognized 425 regulatory layer by which the commensal microbiota communicates with host cells and 426 modulates human physiology. We anticipate that our findings and resources will open new 427 research directions towards understanding the host-genetics dependent mechanisms by which

- 428 the microbiome influences human health and exploring the potential of effectors for therapy
- 429 and prevention.

#### 430 METHODS

#### 431 Identification of T3SS+ strains in culture collections and MAGs

To collect reference genomes for strains available from culture collections, three large culture collections were queried for all Pseudomonadota strains: DSMZ via BacDive<sup>75</sup>, ATCC (atcc.org) and BEI (beiresources.org). The strain numbers were looked up in GenBank (Release 229) from which 77 strains could be identified as perfect match.

- 436 MAGs that were at least 50% complete and less than 5% contaminated (as estimated by CheckM<sup>76</sup> from two different meta-studies were selected. 92,143 MAGs of Almeida et al.<sup>15</sup> and 437 9.367 Pseudomonadota MAGs from Pasolli et al.<sup>16</sup> were used as input for T3SS prediction 438 439 scaled via massive parallel computing. The computational predictions presented have been 440 achieved in part using the Vienna Scientific Cluster (VSC). The prediction performance of 441 EffectiveDB<sup>10</sup> on incomplete and contaminated MAGs was assessed by 5-fold cross-validation 442 with 5 repeats using 0 - 100% completeness and 0 - 50% contamination in 5% steps of 443 simulated incompleteness/contamination, randomly sampling genes from test-set. In addition, 444 T3SS were predicted for 4,753 strains isolated by the human gastrointestinal bacteria genome 445 collection (HBC)<sup>11</sup>, and the unified gastrointestinal genome (UHGG) collection<sup>12,13</sup>. A 446 performance-improved re-implementation of the EffectiveDB classifier 447 (https://github.com/univieCUBE/phenotrex, trained on EggNOG 4 annotations<sup>77</sup>) was used to 448 predict functional T3SS present in MAGs and genomes of isolated strains. Threshold for 449 positive prediction was defined as > 0.7.
- 450 Protein sequences were predicted from 44 T3SS-positive reference strains and MAGs using prodigal v2.6.3<sup>76</sup>. Of 770 MAGs a total of 474,871 representative protein sequences were 451 452 identified using CD-HIT<sup>78</sup> (v4.8.1, parameters: `-c 1.0`). The identical procedure was performed 453 for 44 genomes from culture collections resulting in 161,115 proteins. Machine-learning based tools were used to predict T3SS signals (EffectiveT3 v.2.0.1 and DeepT3 2.0<sup>19</sup>) or effector 454 455 homology using pEffect<sup>21</sup> to extract potential effector proteins. The results of all three tools 456 were combined using a 0 - 2 scoring scheme: 2 for perfect score (pEffect > 90, EffectiveT3 > 457 0.9999, DeepT3: both classifiers positive prediction), 1 for positive prediction as defined by 458 default settings (pEffect > 50, EffetiveT3 > 0.95, DeepT3: one classifier) and 0 for negative 459 prediction. Sequences with a sum score above 4 were regarded as potential effectors. Further, all sequences without start/stop-codon or trans-membrane region containing proteins (> 0 460 regions; predicted with TMHMM version 2.0) were excluded. Proteins were clustered using 461 462 90% sequence identity threshold (CD-HIT parameters `-c 0.9 -s 0.9`) to reduce redundancy. 463 Effector-clusters with great diversity regarding T3SE-prediction scores were removed from the 464 final set. Full data in Extended Data Table 1.

# 465 Identification of effector similarities and homology groups

Based on a mutual sequence identity of  $\geq$  30% over 90% of the common sequence length effectors were considered 'homologous' and included in the HuMMI<sub>HOM</sub> experiment to investigate the impact of sequence similarity on interaction similarity. Protein sequences were analyzed by global alignment using Needleman Wunsch algorithm implemented in the emboss package (Extended Data Table 2).

# 471 Commensal vs pathogen effector similarity

We gathered the sequences of 1,195 known pathogenic T3 effectors from the BastionHub database<sup>79</sup> (August 29<sup>th</sup>, 2022). We assessed the similarity between commensal and pathogenic effector sequences using BLAST (stand-alone, version 2.10<sup>80</sup>). For each commensal effector, the pathogen effector with the highest sequence similarity was considered as best match. Subsequently, we computed the alignment coverage over the pathogenic effector sequence. Full data in Extended Data Table 2.

### 478 Cohort analyses

479 Genomes of bacterial isolates from the human gut were gathered from multiple published 480 datasets<sup>11-13</sup>. The presence of T3SS was predicted for each of these genomes as described above. GTDB-Tk (v2.1)<sup>81</sup> was used to assign the taxonomy to each of the genomes, and the 481 482 concatenated bac120 marker proteins from this were used to generate a phylogenomic tree of 483 the isolates, visualized in iTOL<sup>82</sup>. FastANI was used to match the T3SS positive genomes to 484 the WIS representative genomes of the human gut<sup>18</sup> based on ANI values > 95%<sup>83</sup>. The relative abundance of the 10 matching representative genomes was then identified across 3,096 485 486 Israeli, and 1,528 Dutch patients<sup>18</sup>.

# 487 Effector cloning

Bacterial strains from the ATCC collection were ordered from LGS Standard Standard (Wesel, 488 489 Germany) or ATCC in the US (Manassas, Virginia). Bacterial strains from the DSMZ collection 490 were obtained from the Leibniz-Institut DSMZ (Braunschweig, Germany) and strains from the 491 BEI collection were ordered at BEI resources (Manassas, Virginia, USA) (Extended Data Table 492 2). Effectors identified from MAGs and effectors for the PRS were ordered at Twist Bioscience 493 (San Francisco, CA, 660 USA). If no genomic DNA could be obtained strains were cultured 494 according to the manufacturer's protocol and DNA was extracted using the NucleosSpin 495 Plasmid (NoLid) Mini kit (Macherey-Nagel cat. No. 740499) with vortexing after addition of 496 BufferA2 and BufferA3. A nested PCR was performed to add Sfi sites, the DNA was purified 497 using magnetic beads (magtivio cat. no. MDKT00010075), followed by an Sfi digestion and 498 another clean-up with magnetic beads. Digested PCR products were cloned into pENTR223.1

499 using T4 DNA Ligase (ThermoFisher ca. no. EL0011). Plasmids were propagated in DH5α E. 500 coli and the plasmid DNA was extracted using the pipetting Bio Robot Universal System 501 (Qiagen cat. no. 9001094) and the QIAprep 96 plus BioRobot kit (Qiagen cat. no. 962241). 502 ORFs were verified by Sanger Sequencing. Effectors were cloned into the Y2H destination 503 plasmid pDEST-DB (pPC97, Cen origin), the pDEST-N2H-N1 and -N2, or the mammalian 504 expression vector pMH-FLAG-HA by an LR reaction of the Gateway System. After propagation 505 in DH5a E. coli and DNA extraction plasmids were transformed into S. cerevisiae Y8930 506 (MAT $\alpha$  mating type) as DB-X ORFs as described<sup>84</sup>.

## 507 Meta-interactome mapping

508 A state-of-the-art high-quality Y2H screening pipeline was followed as previously described<sup>25,85</sup>. DB-X ORFs were tested for autoactivation by mating against AD-empty 509 510 plasmids in Y8800 (MATa). 45 ORFs of the strains and 14 meta effectors tested positive and 511 were excluded from subsequent steps. The remaining 900 ORFs were individually mated 512 against pools of ~188 AD-Y human ORFs from the human ORFeome collection v9.1 including 513 17,472 ORFs<sup>86</sup>. During primary screening, haploid AD-Y and DB-X yeast cultures were spotted 514 on top of each other and grown on yeast extract peptone dextrose (YEPD) agar (1%) plates. 515 After incubation for 24 h, the clones were replica plated onto selective synthetic complete 516 media lacking leucine, tryptophan and histidine (SC-Leu-Trp-His) + 1 mM 3-AT (3-amino-1,2,4-517 triazole) (3-AT plates) and replica cleaned after 24 h. 48 h later, three colonies were picked 518 per spot and grown for 72h in SC-Leu-Trp liquid medium. For the secondary phenotyping, 519 yeasts were spotted on SC-Leu-Trp plates and after incubation for 48 h replica plated and 520 cleaned on 3-AT-plates and SC-Leu-His + 1 mM 3-AT + 1 mg per litre cycloheximide plates to 521 identify spontaneous DB-X autoactivators. Clones growing on 3-AT plates, but not on 522 cycloheximide plates were picked into yeast lysis and processed to generate a library for pair 523 identification by Next Generation Sequencing using a modified KiloSeg procedure as 524 previously described<sup>25</sup>. Identified DB-X and AD-Y pairs were mated individually during the 525 fourfold verification, replica plated and cleaned after 24 hours and picked after another 48 h 526 incubation. Growth scoring was performed using a custom dilated convolutional neural network 527 as described<sup>25</sup>. Pairs scoring positive at least three out of the four repeats qualified as bona 528 fide Y2H interactors. The AD-Y and DB-X constructs were identified once more by NGS. All 529 interaction data are in Extended Data Table 3.

# 530 Assembling reference sets

531 To identify additional reliably documented interactions between bacterial effectors and human 532 proteins for the positive control set (bhLit\_BM-v1), we queried the IMEx consortium protein 533 interaction databases<sup>87</sup> through the PSICQUIC webservice<sup>88</sup> (May 10<sup>th</sup>, 2021) using the T3

effectors UniprotKB accession numbers and fetched all the PubMed identifiers of the articles
describing additional interactions. In total, we gathered 67 interactions between 29 T3 effectors
and 64 human proteins, described in 13 distinct publications that underwent the manual
curation step for inclusion in the PRS (Extended Data Table 3).

### 538 Y2H assay sensitivity

539 Effector ORFs from bhLit\_BM-v1 and bhRRS-v1 (Extended Data Table 3) were transferred 540 into pDEST-DB (DB-X) and transformed into Saccharomyces cerevisiae Y8930 (MATα). Yeast strains containing the corresponding AD-Y human ORF were picked from hORFeome9.1<sup>86</sup> and 541 542 ORF identity verified by end-read Sanger sequencing of PCR products. Yeast strains harboring plasmids containing ORFs from hsPRS-v2/hsRRS-v2<sup>89</sup> were provided by the Center for 543 544 Cancer Systems Biology, Dana-Farber Cancer Institute, Boston, MA. DB-X and AD-Y were 545 mated fourfold with each other, as well as against yeast strains containing the corresponding 546 DB-empty or AD-empty plasmid. Growth scoring was performed as described above for the 547 fourfold verification. Pairs scoring positive at least three out of the four repeats qualified as 548 bona fide Y2H interactors.

#### 549 Interactome validation by yN2H

200 interactions were randomly picked from HuMMI and all ORFs from the indicated datasets
(Extended Data Table 3) were transferred by Gateway LR reactions into pDEST-N2H-N1 and
pDEST-N2H-N2 plasmids containing a *LEU2* or *TRP1* auxotrophy marker, respectively<sup>89</sup>.
Successful cloning was monitored by PCR-mediated evaluation of insert size, and positive
clones transformed into haploid *Saccharomyces cerevisiae* Y8930 (MATα) and Y8800 (MATa)
strains, respectively. Protein pairs from all datasets were randomly distributed across matching
96-well plates.

557 5 µL of each haploid culture of opposite mating type grown to saturation was mated in 160 µL 558 YEPD medium and incubated overnight. Additionally, each position was mated with yeast 559 stains containing empty N1 or N2 plasmids, to measure background. 10 µL mated culture was 560 inoculated in 160 µL SC-Leu-Trp and grown overnight. 50 µL of this overnight culture was 561 reinoculated in 1.2 ml SC-Leu-Trp and incubated for 24 h at 1000 rpm. Cells were harvested 562 15 min at 3000 rpm, the supernatant discarded, and each cell pellet was fully resuspended in 563 100 µl NanoLuc Assay solution (Promega corp. Madison, WI, USA, cat# 1120). Homogenized 564 solutions were transferred to white flat-bottom 96-well plates (Greiner Bio-One, Frickenhausen, 565 Germany, cat# 655904) and incubated in the dark for 1 h at room temperature. Luminescence 566 for each sample was measured on a SpectraMax ID3 (Molecular Devices, San Jose, CA, USA) 567 with 2 s integration time. The normalized luminescence ratio (NLR) was calculated by dividing 568 the raw luminescence of each pair (N1-X N2-Y) by the maximum luminescence value of one

- of the two background measurements. All obtained NLR values were log<sub>2</sub> transformed and the
- 570 positive fraction for each dataset was determined at log<sub>2</sub> NLR thresholds between –2 and 2, in
- 571 0.01 increments. Statistical results were robust across a wide range of stringency thresholds.
- 572 Extended Data Table 3 reports the results at  $log_2 NLR = 0$ . Reported *P* values were calculated
- 573 by Fisher's exact test.

## 574 Interactome framework parameter calculation

575 Assay sensitivity (S<sub>a</sub>), i.e., the fraction of detectable interactions was assessed employing the 576 effector bhLit\_BM-v1 (54 pairs) and bhRRS-v1 (73 pairs) as well as the human hsPRS-v2 (60 577 pairs) and hsRRS-v2 (78 pairs) for benchmarking. All reference sets were tested 4 times using the Y2H screening pipeline. To assess sampling sensitivity (S<sub>s</sub>) a repeat screen was 578 579 conducted. 288 bacterial effectors were screened 4 times against 5 pools comprising 1,475 580 human proteins. A saturation curve was calculated as described<sup>85</sup>. Briefly, all combinations of 581 the number of interactions of the 4 repeats were assembled and the reciprocal values 582 calculated. From these a linear regression was determined to obtain the slope and the 583 intercept. Reciprocal parameters were calculated to find V<sub>max</sub> and K<sub>m</sub> and using the Michaelis-584 Menten-formula a saturation curve was predicted. Overall sensitivity emerges from both sampling and assay limitations and is calculated as  $S_0 = S_A * S_S$ . 585

#### 586 Sequence similarity and interaction profile

587 To investigate the relationship between the similarity of effector sequences and the similarity 588 of their interaction profiles we calculated the pairwise Jaccard index, which measures the 589 overlap between two effectors' interaction profiles. We calculated the Jaccard index of all 590 possible effector pairs within a homology cluster. This index represents the ratio of number of 591 human proteins targeted by both effectors to the total number of human proteins targeted by 592 either of them. For our analysis, we only considered effector pairs where the total number of 593 human proteins that are targeted by either effector was at least 3. We implemented the 594 calculations described here as commands in R version 4.2.1.

### 595 Interface predictions

We used as input a representative set of effectors identified in isolated strains (2300 596 597 sequences clustered at 90% sequence identity) and all effectors identified in MAGs (186). We described and 598 in<sup>32</sup> available at [https://github.com/TAGCran *mimic*INT as 599 NetworkBiology/mimicINT]. Briefly, mimicINT performs domain searches in effector sequences with InterProScan<sup>90</sup> using the domain signatures from the InterPro database<sup>91</sup> retaining 600 601 matches with an E-value below 10<sup>-5</sup>. For host-like motif detection, mimicINT uses the SLiMProb tool from the SLiMSuite software package<sup>92</sup> by exploiting the motif definitions available in the 602 ELM database<sup>93</sup>. Motifs are detected in disordered regions as defined by the IUPred 603

604 algorithm<sup>94</sup> using both short and long models (motif disorder propensity = 0.2, minimum size 605 of the disordered region = 5). The interface inference step relies on the 3did database<sup>95</sup> (ii) the 606 ELM database<sup>93</sup>. The workflow checks whether any of the effector proteins contains at least 607 one domain or motif for which an interaction template is available. In this case, it infers the 608 interaction between the given protein and all the host proteins containing the cognate domain 609 (i.e., the interacting domain in the template). To control for false positive inference using motif-610 domain templates, mimicINT provides two scoring strategies. First, considering binding specificity of domains belonging to the same group (as PDZ or SH3)<sup>96</sup> an HMM-based domain 611 612 score<sup>97</sup> is computed used to rank or filter the inferred interactions. Second, given the degenerate nature of motifs98, mimicINT, using Monte-Carlo simulations, assesses the 613 614 probability of a given SLiM to occur by chance in guery sequences and, thus, can be used to 615 filter false positives<sup>99</sup>. This statistical approach randomly shuffles the disordered regions of the 616 input sequences to generate a large set of N randomized proteins.

617 Here, we first grouped effectors sequences by strain and effectors from MAGs were assigned 618 to the closest strain. In the first experiment, disordered regions were shuffled 100,000 times 619 using as background the effector sequences from the same strain (within-strain shuffling). In 620 the second, regions were shuffled 100,000 times using as disorder background the full set of 621 effector sequences (inter-strain shuffling). Subsequently, the occurrences of each detected 622 motif in each effector sequence were compared to the occurrences observed in the 623 corresponding set of shuffled sequences. We considered as significant all the motif 624 occurrences having an empirical P value lower than 0.1. To evaluate whether the number of 625 interface-resolved interactions inferred by mimicINT is significantly different from chance, we 626 generated 10,000 random networks by sampling human proteins from the interaction search 627 space in a degree-controlled manner. We then counted how many randomly generated 628 networks mimicINT inferred a higher number of interfaces than for the one observed in the 629 main screen network. Results and statistical details are in Extended Data Table 3.

### 630 Holdup assay

631 Domain production: 54 human PDZ domains and the 11 tandem constructs were 632 recombinantly expressed as His6-MBP-PDZ constructs in E. coli BL21(DE3) pLysS in NZY auto-induction LB medium (nzytech, MB17901)<sup>100</sup>. PDZ domains were purified by Ni<sup>2+</sup>-affinity 633 634 with a 96-tip automated liquid-handling system (Tecan Freedom Evoware) using 800 µl of Ni<sup>2+</sup> 635 Beads (Chelating Sepharose Fast Flow immobilized metal affinity chromatography, Cytiva) for 636 each target. The domains were eluted in 2.5 ml of elution buffer: 250 mM imidazole, 300 mM 637 NaCl, 50 mM Tris, pH 8.0 buffer, and then desalted using PD10 columns (GE healthcare, 638 17085101) into 3.5 ml of 50 mM Tris, pH 8.0, 300 mM NaCl, 10 mM Imidazole buffer. Concentration of desalted His<sub>6</sub>-MBP-PDZ was determined using absorption at 280 nm on a 639

640 PHERAstar FSX plate reader (BMG LABTECH). Stock solutions were diluted to 4 µM and 641 frozen at -20°C. To assess purity and confirm the concentrations, proteins were further 642 analyzed by SDS-PAGE (LabChip<sup>™</sup> GXII, Perkin Elmer). Peptides: 10-mers corresponding to 643 the C-terminal sequences of effectors were ordered as synthetic biotinylated peptides from 644 GenicBio Limited (Shanghai, China); the N-terminal biotin was attached via a 6-aminohexanoic 645 acid linker, which we showed does not alter the peptide's binding or structural properties<sup>34</sup>. 646 Purity was assessed by HPLC and mass spectrometry; all peptides were >95% pure. 647 Depending on the amino acid composition and charge peptides were solubilized in dH<sub>2</sub>O, 1.4% 648 ammonia or 5% acetic acid, aliquoted at 10 mM concentration and stored at -20°C.

649 For the hold-up assay we followed published procedures<sup>34,35</sup>. Briefly, 2.5 µl of Streptavidin resin 650 (Cytiva, 17511301) were incubated for 15 min with 20 µl of a 42 µM biotinylated peptide 651 solution, in each well of a 384-well MultiScreenHTS<sup>™</sup> filter plate (Millipore, MZHVN0W10). 652 The resin was washed with 10 resin volumes (resvol) of hold-up buffer (50 mM Tris HCI, 300 653 mM NaCl, 10 mM imidazole, 5 mM DTT), and depleted by incubation for 15 min with 5 resvol 654 of a 1 mM biotin solution, and three washes with 10 resvol of hold-up buffer. A single PDZ 655 domain was then added to each well, incubated for 15 min with the peptide bound to the resin 656 and the unbound PDZ was recovered by centrifugation into 384-well black assay plates for 657 fluorescence readout. The concentration is quantified by intrinsic Trp fluorescence, 658 fluorescein/mCherry was used for peak normalization. Binding affinities and equilibrium 659 dissociation constants ( $k_D$ ) were calculated as in<sup>34</sup>, using the mean PBM concentration for  $k_D$ calculations. Raw values and statistical analysis are in Extended Data Table 3. 660

## 661 Fluorescent polarization

662 All FITC labelled peptides were synthesized as 10-mers by Biomatik, Canada, as acetate salts 663 of >98% purity. The FP experiments were performed with the His<sub>6</sub>-MBP-PDZ proteins in 50 664 mM Tris, 300 mM NaCl, 1 mM DTT, pH 7.5 buffer in 384-well plates (Corning 3544). For direct 665 binding the His<sub>6</sub>-MBP fused PDZ domains were two-fold serially diluted with 12 dilutions, and 666 a final volume of 10 µl. These were then incubated with 50 nM of the FITC labelled viral 667 peptides and the plates were then read out after 1 h in FlexStation 3 (Molecular Devices) at 668 23°C, using 485 nm excitation and 520 nm emission. For competition experiments, the PDZ 669 domain and FITC peptide were kept constant at 6  $\mu$ M and 50 mM, respectively. The bacterial 670 effectors peptides in 1% ammonia buffer were added to the PDZ in a four-fold dilution, (5 671 concentrations: 0 to 31.25 µM) and incubated at room temperature for 2 h. The FITC peptides 672 were then added and further incubated for 1 h at RT. The plates were then read as above. 673 Statistical analysis was performed using the Kruskal-Wallis test with Dunn's test followed by 674 an FDR-correction. Raw values and statistical analysis are in Extended Data Table 3.

#### 675 Effector convergence

676 To estimate the significance of effector convergence, we performed a permutation test by 677 randomly sampling 'target' nodes (n = 979) from Y2H identifiable proteins from the human reference interactome map, HuRI<sup>86</sup>, as the sampling space (n = 8,274). We used sampling 678 679 with replacement to allow repeatedly picking a protein. In each iteration, the number of 680 distinctly targeted proteins was counted. The resulting distribution from 10,000 random 681 permutations was used to calculate the z-score of the experimentally observed targets (n = 682 349). The *P* value is the area under the curve for the standard normal distribution up to a given 683 z-score. We calculated the P value as implemented in the "pnorm()" R function using the z-684 score as input. To account for the two-tailed test, the P value was multiplied by 2. To avoid 685 artifacts due to differential sampling we only considered interactions in the HuMMIMAIN. 686 excluding those human proteins targeted by effectors of the unknown strains and targets 687 outside HuRI. The rationale for the latter is that a substantial proportion of proteins that are not 688 in HuRI may not be suitable for Y2H analysis. Thus, restricting the analysis to the HuRI subset 689 increases the stringency.

690 To estimate the significance of the convergence of effectors from different strains (interspecies 691 convergence), we used a conditional permutation test that preserves the strain contribution. 692 For each iteration, we generated 18 samples, where for each sample, we randomly picked the 693 number of proteins equivalent to the observed targets of each strain (Extended Data Table 3). 694 From the full list of random picks that are assigned to all strains, the frequency of selecting a 695 protein was recorded. This frequency is the convergence value which indicates the number of 696 targeting strains. Using the convergence value distribution obtained from 10,000 iterations, we 697 identified the statistically significant number of strains sharing a target. The observed 698 convergence value ranges from 2 to 15 strains. We calculated the z-scores using the 699 convergence value distribution obtained from the conditional permutation test and the 700 associated *P* values as implemented in the "*pnorm(*)" R function. The significant convergence 701 value (*P* value < 0.004) starts at 4 strains. We considered any target that is in common between 702 at least 4 strains to be subject to interspecies convergence.

### 703 Function enrichment analysis

We used the "*gost()*" function from the gprofiler2 version 0.2.1 R package<sup>101</sup> to identify enriched functions in effector targets. This function implements a hypergeometric test to estimate the significance of the abundance of genes considering the frequency of the genes in the function annotation databases. The main input argument for this function is the gene list ("*query*"). The function allows the user to optionally set input arguments, including the background ("*custom\_bg*"), evidence codes ("*evcodes*"), annotation databases ("sources"), methods for

710 correcting the hypergeometric test *P* values ("correction\_method"), and other arguments that 711 were set to their default options. We used the target official symbol identifiers as the "guery" 712 argument. The list of HuRI proteins was the "custom\_bg" argument. The annotations inferred 713 from electronic annotations were excluded by setting the "exclude iea" argument to "TRUE". 714 The hypergeometric test P values were corrected using Benjamin-Hochberg method by setting 715 the "correction method" argument to "fdr". The argument ("sources") was set to a vector 716 ("GO:BP", "KEGG", "REAC"), which encodes the search space across three function annotation 717 databases: gene ontology biological process terms ("GO:BP")<sup>102</sup>, Kyoto encyclopedia of genes and genomes ("*KEGG*") pathways<sup>103</sup>, and Reactome pathway database ("*REAC*")<sup>104</sup>. After 718 719 plugging in these inputs into the "*gost()*" function, the output is a named list where "result" is a 720 data frame that tabulates the enrichment analysis results. We calculated the odds ratio and 721 the fold enrichment to estimate the effect size of each tested function. The odds ratio was 722 calculated for each function as the odds in the target set divided by the odds in the HuRI set. 723 The odds in the target set are the number of function-annotated target proteins divided by that 724 of the function-unannotated target proteins. Similarly, the odds in the HuRI set are the number 725 of function-annotated HuRI proteins divided by that of function-unannotated HuRI proteins. 726 The fold enrichment was calculated for each function by comparing the number of function-727 annotated target proteins to that of the expected. The expected value represents the number 728 of function-annotated target proteins that is expected randomly based on the HuRI 729 background. It is the product of the total number of targets (n = 349) by the rarity. The rarity is 730 the number of function annotated HuRI proteins divided by the sum of annotated HuRI proteins. 731 The total HuRI proteins annotated for GO:BP, KEGG, and REAC, are 6988, 3250, and 4592, 732 respectively. Statistical details are in Extended Data Table 5.

#### 733 Metabolic subsystem analysis

734 Several metabolism-related functions were significantly enriched in target proteins; therefore, 735 we tested the abundance of targeted enzymes in metabolic subsystems using the human 736 genome-scale metabolic model Recon3D<sup>46</sup>. To focus on metabolic enzymes as opposed to 737 signaling enzymes, we excluded ligases and kinases from Recon3D analyses. We performed 738 the hypergeometric test using the R function "phyper()" for each subsystem annotated in 739 Recon3D (n = 95). The inputs to this function are: the number of subsystem-annotated targeted 740 enzymes, the number of subsystem-annotated Recon3D enzymes, the number of subsystem-741 unannotated Recon3D enzymes, and the number of targeted enzymes (n = 16). The nominal 742 P values were corrected using Benjamin-Hochberg. We calculated the odds ratio and the fold 743 enrichment using the same calculations described above for functional enrichments.

744 Random walk-based determination of commensal effector network neighborhoods

745 We have implemented a network propagation protocol based on a Random Walk with Restart 746 (RWR) algorithm RWR-MH<sup>105</sup> to explore the network vicinity of the commensal effectors in 747 HuRI<sup>54</sup>, which contains 338 target proteins (HuMMI<sub>MAIN</sub> screen) of 243 commensal effectors. 748 We used the human effector targets as seeds for the random walk and set the restart 749 probability to the default value of 0.7. In this way, we obtained a ranked list of proteins in the 750 network: the ones with the higher scores are more proximal to the seeds than those with lower 751 scores. To assign statistical significance to the computed RWR scores, we implemented a 752 normalization strategy based on degree-preserving network randomizations<sup>106</sup>. We thus 753 generated 1,000 random networks from HuRI and ran the RWR algorithm to compute 1,000 754 scores for each network protein. We then computed an empirical P value for each protein in 755 the network keeping as neighbor proteins only those with an empirical P value < 0.01.

### 756 Disease enrichment analysis

757 We tested the association of all target proteins, or those subject to convergence, with human 758 diseases by performing a two-sided Fisher's exact test. We used the disease-causal genes 759 identified by the Open Targets genetic portal, which prioritizes genes at GWAS loci based on 760 variant-to-gene distance, molecular QTL colocalization, chromatin interaction, and variant 761 pathogenicity<sup>107</sup>. This machine-learning approach assigns a locus to gene (l2g) score to 762 identify the most likely causal gene for the genetic variation signal of any marker SNP. We 763 considered a score of 0.5 or more as a threshold, as recommended by the authors<sup>108</sup>. The 764 Fisher's exact test was performed using the function "fisher.test()" from "stats" R package 765 version 4.2.2 with its default inputs whenever applicable. The input to this function is a  $2 \times 2$ 766 contingency table, where columns represent the query set and the background set, and rows 767 denote the absence or presence of causal genes in the respective set. HuRI proteins were 768 used as the background set, and the query set was either the target proteins or those subject 769 to convergence. The calculated nominal *P* values from this function were then corrected using 770 the Benjamin-Hochberg method as implemented in the "p.adjust()" function. The odds ratio 771 and fold enrichment values were calculated as described in the functional enrichment section. 772 Statistical details are in Extended Data Table 5.

### 773 Association with human traits and phenotype in network neighborhoods

For each set of significant neighborhood-proteins we tested for enrichment of Open Targets causal genes for human traits that had been investigated by 3 or more studies and for which the Open Targets initiative identified 3 or more causal genes ( $l2g \ge 0.5$ ). We used a two-sided Fisher's exact test to assess whether a given strain neighborhood is enriched in protein associated with a human trait or phenotype followed by Benjamini-Hochberg multiple testing correction. This yielded no significant association (FDR < 0.05). We therefore focused on 400

associations with a nominal *P* value < 0.01 and an OR > 3. Some disease categorizations were
adjusted to better reflect etiology. Thus, Sjogren syndrome, eczema and psoriasis were
considered an 'immunological' rather than eye or skin traits, and osteoarthritis was labeled as
a disease of "musculoskeletal or connective tissue" rather than metabolic. For Fig. 4d some
closely related traits were merged, i.e., three asthma terms and three psoriasis terms.
Statistical details are in Extended Data Table 5.

#### 786 **NF-κB activation assay**

787 HEK 293 (RRID: CVCL\_0045, DSMZ) were maintained in DMEM with 10% FBS and 100 U/mL 788 penicillin and 100 U/mL streptomycin at 37°C and 5% CO2. IKK $\beta$  (in pRK5 with a Flag-tag) 789 served as positive control whereas A20 (in pEF4 with a Flag-tag) as the negative control. In a 60 mm cell culture dish 1 x 10<sup>6</sup> cells were seeded in 3 ml Medium. After 24 h cells were 790 791 transfected using 10 ng NF-κB reporter plasmid (6 × NF-κB firefly luciferase pGL2), 50 ng pTK 792 reporter (renilla luciferase) and 2 µg bacterial ORF in pMH-FLAG-HA. The DNA was added to 793 200 µl 250 mM CaCl<sub>2</sub> solution (Carl Roth cat. no. 5239.1), vortexed and added dropwise to 794 200 µl 2 × HBS (50 mM HEPES (pH 7.0) (Carl Roth cat. no. 9105.4), 280 mM NaCl (Carl Roth 795 cat. no. 3957.2), 1.5 mM Na<sub>2</sub>HPO<sub>4</sub>  $\times$  2 H<sub>2</sub>O (Carl Roth cat. no. 4984.1, pH 6.93) which was 796 vortexed. After 15 min incubation, the mixture was added dropwise to the cells. Medium was 797 changed after 6 h incubation. To assess NF-κB inhibition, cells were treated for 4 h with 20 798 ng/ml TNF (Sigma-Aldrich cat. no. SRP3177) 24 h after transfection. Samples were washed, 799 lysed, centrifuged and the supernatant was measured using the dual luciferase reporter kit 800 (Promega, E1980) with a luminometer (Berthold Centro LB960 microplate reader, Software: 801 MikroWin 2010). NF-KB induction was determined as Firefly luminescence to Renilla 802 luminescence. P values were calculated using the Kruskal-Wallis test with Dunn's correction 803 followed by an FDR-correction. Raw values and statistical analysis are in Extended Data Table 804 6.

805 Protein expression levels were checked by Western Blots. Proteins were separated by SDS-806 PAGE and transferred on polyvinylidene fluoride membranes, and after transfer blocked with 807 5% milk in 1 x PBS + 0.1% Tween-20 (PBST) for 1 h at room temperature. Primary antibodies 808 were added in 2.5% BSA in PBS-T buffer at 4°C overnight. After 3 x 15min washes with PBS-809 T anti-mouse secondary antibody was added at a 1:10,000 dilution for 1 h at RT (Jackson 810 ImmunoResearch Labs cat. no. 715-035-150, RRID:AB 2340770). Primary antibodies: anti-811 Actin beta (SCBT cat. no. sc-47778, RRID:AB 626632) at a 1:10.000 dilution, anti-FLAG M2 812 (Sigma Aldrich cat. no. F3165, RRID:AB\_259529) at a 1:500 dilution and anti-HA (Sigma-813 Aldrich cat. no. 11583816001, RRID:AB 514505) at a 1:1,000 dilution. For detection the 814 LumiGlo reagent (CST cat. no. 7003S) and a chemiluminescence film (Sigma-Aldrich cat. no. 815 GE28-9068-36) were used.

#### 816 ICAM1 assay

817 Caco-2 cells were maintained in DMEM Glutamax medium (Gibco) supplemented with 10% 818 FBS, 1% Pen/Strep at 37°C in a humidified 5% CO2 incubator. Medium was refreshed twice 819 a week. Caco-2 cells were plated in both 24- and 96-well plates 24 h before transfection. Six 820 hours prior to transfection, culture medium was replaced with supplement-free DMEM. Co-821 transfections were performed using 40,000 MW linear polyethylenimine (PEI MAX®) 822 (Polysciences, Warrington, USA) at a ratio of 1:5 pDNA:PEI. Equimolar ratios of the eGFP-823 plasmid and effector-plasmid were used to ensure equimolar representation of relevant ORFs. 824 In total, 250 ng and 1 µg pDNA was added per well of the 96- and 24-well plates, respectively. 825 pDNA-PEI complexes were formed by incubating pDNA and PEI at RT for 15 minutes, followed 826 by the addition of supplement-free DMEM and another incubation of 15 minutes at RT. Cells 827 were then exposed to the transfection mixture for 16 h, washed, and rested for 6 h in complete 828 DMEM. Subsequently, cells were stimulated using an activation mix containing 200 ng/ml PMA 829 (P8139-1MG, Sigma-Aldrich), 100 ng/ml LPS (L6529-1MG, Sigma-Aldrich), and 100 ng/ml 830 TNF (130-094-014, Miltenyi Biotec). In 24-well plates, cells were stimulated for 24 h and 831 detached from the plate using ice-cold PBS. In the 96-well plate, cells were stimulated for 48 832 h, treated with BD GolgiStop™ (554724, BD Biosciences) in the final 6 h of stimulation, and 833 detached using trypsin/EDTA. Cells were washed twice and ICAM1 was stained using an anti-834 ICAM1 PE (#MHCD5404-4, Invitrogen) antibody. The mean fluorescent intensity of the GFP+ 835 cell population was measured on a FACSFortessa<sup>™</sup> flow cytometer (BD) and the data was analyzed using FlowJo V10.8.1 (BD). After positive tests for normal data distribution, 836 837 significance was assessed using a one-way ANOVA with Dunnett's multiple comparisons test. 838 Raw values and statistical analysis are in Extended Data Table 6.

#### 839 Cytokine assays

Caco-2 cells were plated in 100 mm cell culture dishes three days prior to transfection. The 840 841 transfection protocol was identical to that described above, however, a total of 20 µg pDNA 842 was used per dish. Upon overnight transfection, cells were detached using Trypsin/EDTA and 843 resuspended in cell sorting buffer (PBS + 2% FBS + 2mM EDTA). GFP+ cells were sorted into 844 ice-cold FBS using a BD FACSAria III cell sorter (BD) and transferred to a 96-well plate at 845 30,000 cells per well. Upon a 24 h rest-period, cells were activated for 48 h using the activation 846 mix described above. During cell stimulation, cell proliferation was monitored through 847 longitudinal imaging of cell confluency in the Incucyte S3 Live cell analysis system (Essen 848 BioScience). Cytokine levels were determined using the human inflammation panel 1 849 LEGENDplex<sup>™</sup> kit (Biolegend) following the manufacturer's instructions. Cell culture 850 supernatant of the above samples was used to analyze IL1beta. To this end, IL1beta ELISAs 851 were performed using the ELISA MAX<sup>™</sup> Deluxe Set Human IL1beta kit (437015, Biolegend)

following the protocol provided by the manufacturer. Statistical significance was evaluated
using Kruskal-Wallis test with uncorrected Dunn's test. Raw values and statistical analysis are
in Extended Data Table 6.

### 855 **Protein ecology**

856 Metagenomic assemblies from the Inflammatory Bowel Disease Multi'omics DataBases (IBDMBD)<sup>64</sup> and from the skin metagenome<sup>109</sup> were downloaded, and each samples protein 857 repertoire predicted using Prodigal (options; -p meta)<sup>110</sup>. Effector proteins were compared to 858 859 the metagenomic protein repertoires using DIAMOND (options; >90% guery length, >80% 860 identity). For analyses in Fig. 5, samples were grouped into patients with UC (n = 304), CD (n= 508), and controls without IBD (n = 334). The annotations were then converted into binarised 861 862 vectors of presence and absence of each effector across the sample and the Fischer exact 863 test, implemented within scipy python module, was used to determine if the prevalence of each 864 effector occurring within CD or UC patient metagenomes compared to controls. Significance 865 was then corrected using the Benjamini-Hochberg method. The significance of differences in 866 prevalence distributions between healthy and either patient cohort were estimated by Wilcoxon 867 rank-sum test, implemented in the "wilcox.test()" R function. Statistical details in Extended Data 868 Table 6.

### 869 Statistics and reproducibility

870 Data were subjected to statistical analysis and plotted to Microsoft Excel 2010 or python or R 871 scripts. For comparison of normally distributed values we used one-way ANOVA, for 872 assessment of overlap for comparison of values not passing the normality tests we used 873 Kruskal-Wallis test with Dunn's corrected as appropriate and indicated in the figure legends and methods. Enrichments were calculated using Fisher's exact test with Bonferroni FDR 874 correction. All statistical evaluations were done as two-sided tests. Generally, a corrected P 875 876 value < 0.05 was considered significant. GO, KEGG, and Reactome functional enrichments 877 were calculated using profiler with the respectively indicated background gene sets. For the 878 disease target enrichments and neighborhood associations no associations were significant 879 after multiple hypothesis correction, which is why nominally significant associations calculated by Fisher's exact tests were used for Fig. 4c,d. All raw values, n, and statistical details are 880 881 presented in supplementary tables as indicated in the Figure legends and methods sections.

# **AUTHOR CONTRIBUTIONS**

Project conception: PFB T3SS and effector analyses: PH, TH, SA, CB, AZ, TR, PFB ORF cloning: VY, MR, MA, AS, PFB Interactome mapping and validation: VY, SR, BW, AS, PFB Interaction curation: VY, MA, MB, AZ, CF, PFB Data analyses: BD, VY, DS, CWL, MB, SAC, PS, CB, AZ, PFB Interface identification and validation: SAC, AZ, JFM, SBM, JCT, RV Effector ecology: TH, TC Cell-based assays: VY, NvdH, FO, PFB, DK, MB Visualization: VY, BD, JFM, AZ, PFB Funding acquisition: PFB, CF, AZ, CB, TR, DK Manuscript writing and editing: PFB, VY, BD, BW, TH, CF, AZ

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# **REPORTING SUMMARY**

Further information on research design is available in the Nature Research Reporting Summary linked to this paper.

# DATA AVAILABILITY

All sequence, interaction, and functional data generated in this study are available as supplementary information. The effectors identified and cloned for interactome mapping are presented in Extended Data Table 1. All protein-protein interaction data acquired in this study can be found in Extended Data Table 2 and Extended Data Table 3. The data for functional validation assays can be found in Extended Data Table 6. The protein interactions from this publication have been submitted to the IMEx (http://www.imexconsortium.org) consortium through IntAct<sup>111</sup> and assigned the identifier IM-29849. New effector sequences have been submitted to GenBank: Banklt2727690: OR372873 - OR373035 and OR509516 - OR509528.

# CODE AVAILABILITY

All source code related to this paper is available as a zip file.

## **COMPETING INTERESTS**

The authors declare no competing interests.

# **EXTENDED DATA TABLES:**

Extended Data Table 1: T3SS in strains of the commensal human microbiome

Extended Data Table 2: Effector identification and cloning

Extended Data Table 3: Effector host interaction map

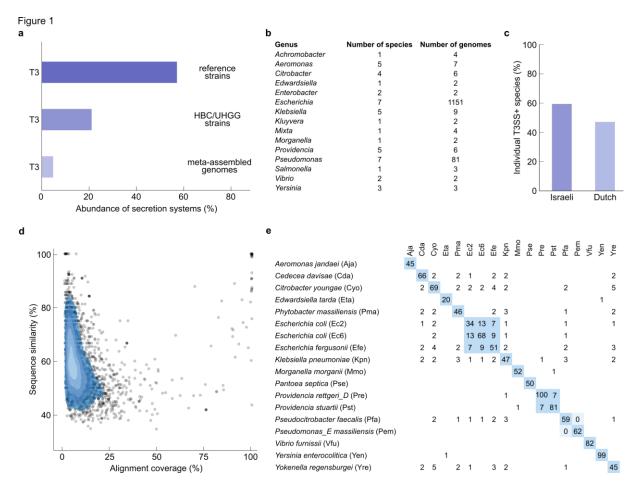
Extended Data Table 4: Interface identification and validation

Extended Data Table 5: Functional and disease enrichment

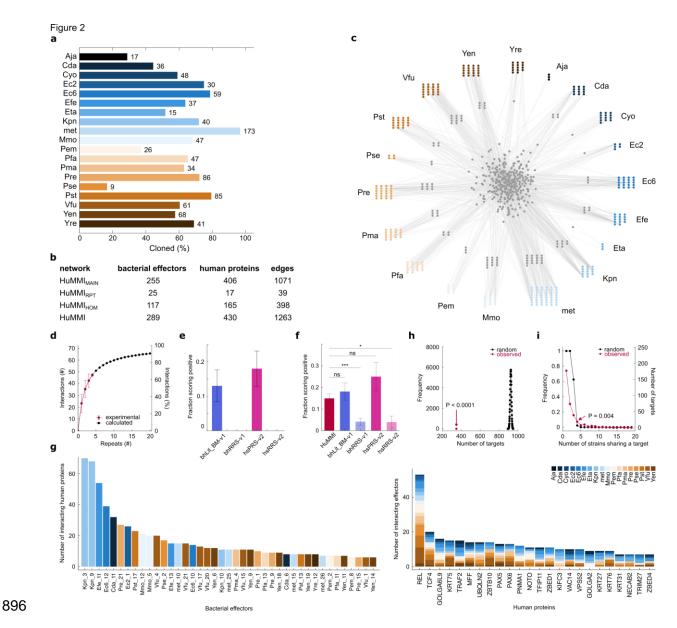
Extended Data Table 6: Functional assay data and IBD prevalence

882 FIGURES

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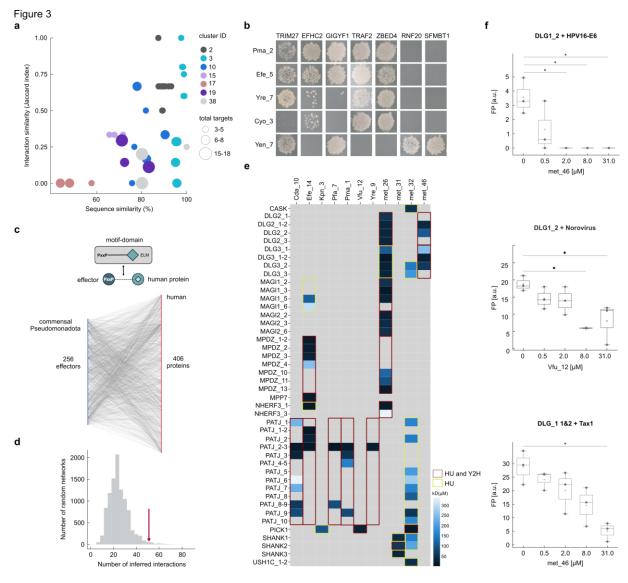


884 Fig. 1 | T3SS in commensal bacterial species in the gut microbiome. a, Proportion of 885 Pseudomonadota genomes encoding complete T3SS among 77 reference strains of human 886 intestinal and stool samples, in a collection of 4,475 strains isolated from normal human guts, 887 and in meta-assembled genomes (MAG) of normal human guts. b, Most abundant genera and 888 identified number of species and genomes encoding complete T3SS from the samples in a. c, Proportion of individuals in two human cohorts containing T3SS encoding microbial species. 889 890 d, Similarity of 3,002 candidate effector-substrates for T3SS identified from commensal 891 reference strains with 1,195 effectors from pathogenic microbes across the range of alignment 892 coverages. e, Selection of 18 commensal Pseudomonadota strains with dissimilar effector 893 complements used for subsequent functional analyses. Numbers indicate the count of shared 894 effectors at >90% mutual sequence similarity across 90% common sequence length among 895 the indicated strains. Full data for all panels in Extended Data Table 1.



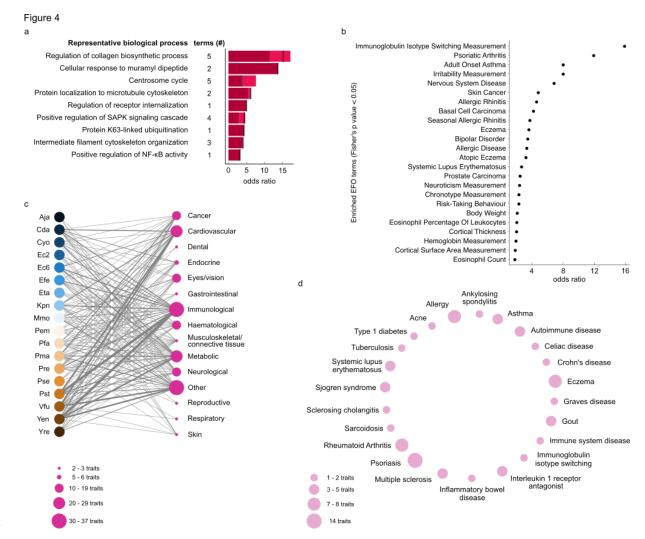
897 Fig. 2 | Meta-interactome network map of bacterial effectors with human proteins. a. Success rates of effector ORF cloning for each strain, and number of sequence verified ORFs 898 899 (right). b, Number of interactions and involved proteins in the HuMMI subsets. c, Verified 900 human microbiome meta-interactome (HuMMI) map. Grey nodes: human proteins; outer layer 901 human proteins targeted only by the nearest strain; central human proteins by effectors from 902 multiple strains. d, Sampling sensitivity: saturation curve calculated from the repeat 903 experiment: red dots represent average of verifiable interactions found in any combination of 904 indicated number of repeat screens; black dots and line: modeled saturation curve. e, Assay 905 sensitivity: percentage of identified interactions from bhLit\_BM-v1 (n = 54 pairs), bhRRS-v1 (n = 73 pairs), hsPRS-v2 (n = 60 pairs), hrRRS-v2 (n = 78 pairs) in our Y2H. Error bars present 906 907 the standard error (SE) of proportion. f, Validation rate of a random sample of HuMMI interactions (n = 295 pair configurations) compared to four reference sets in the yN2H 908 909 validation assay: bhLit\_BM-v1 (n = 94 pair configurations), bhRRS-v1 (n = 145 pair

910 configurations), hsPRS-v2 (n = 44 pair configurations), hrRRS-v2 (n = 51 pair configurations). 911 \* P = 0.04; \*\*\* P = 0.0006; ns "no significant difference" (Fisher exact test; Extended Data 912 Table 3). Error bars present SE of proportion. g, Left: degree distribution for the most 913 connected effectors; right: effector-degree distribution for most targeted human proteins. 914 Colors represent strains according to legend. h, Observed number of total effector targets in 915 the human reference interactome (HuRI), compared to random expectation (exp. P < 0.0001; 916 n = 10,000 randomizations). (I) Frequency distribution of human proteins targeted by effectors 917 from the indicated number of different strains (red), compared to random expectation (black; n 918 = 10,000). Targeting by effectors from four strains or more occurs significantly more often than 919 expected by chance (exp. P = 0.004; n = 10,000).



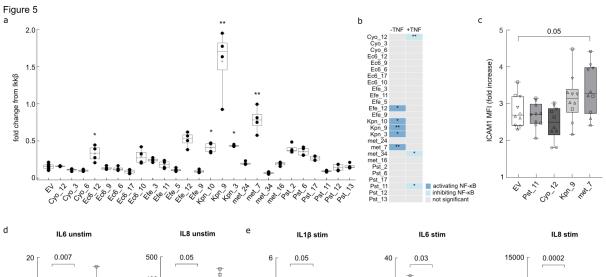
921 Fig. 3 | Interaction specificity and interaction motifs. a, Scatter plot of sequence- and 922 Jaccard-interaction similarity for all effector pairs within indicated homology groups of 923 HuMMI<sub>HOM</sub> with  $\geq$  3 interactors and effectors. Node size indicates union of human proteins 924 targeted by effector-pair according to legend. b, Y2H data for one of four repeats for homology 925 cluster 3. c, Schematic of interaction motif-domain interface identification in the effector-host 926 interaction. d, Count of motif-domain pairs matching at least one stringency criteria identified 927 in HuMMI<sub>MAIN</sub> (arrow) compared to random expectation (experimental P value, n = 10,000). e. 928 Interaction strength of PDZ domains of human proteins with C-terminal 10 amino acid peptides 929 of the effectors indicated on top. Calculated  $K_D$  according to legend. Overlap between HU and 930 Y2H is indicated by colored frames. f, Competition of the interaction between human PDZ 931 domains and viral PBM peptides by the indicated effector peptides. \* P < 0.05 (Kruskal Wallis 932 with Dunn's correction, n = 3). Boxes represent interguartile range (IQR), with the bold black 933 line representing mean; whiskers indicate highest and lowest data point within 1.5 IQR.

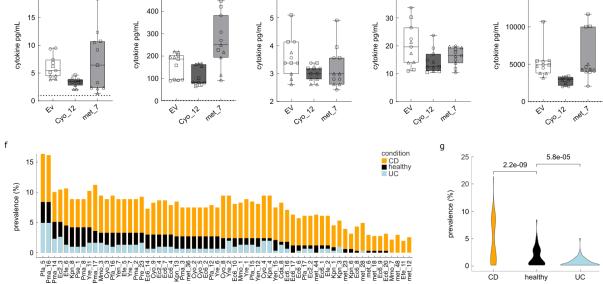
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Fig. 4 | Function and disease association of microbially targeted human proteins. a. 935 936 Odds ratios (OR) of representative functional annotations enriched among effector targeted 937 human proteins (FDR < 0,05, Fisher's exact test with Bonferroni FDR correction). The number 938 of represented terms is shown by terms (#). The lowest and highest OR observed for the 939 represented group are indicated by light shaded area in each bar. Black line indicates OR for 940 representative term. Full data and precise FDR and OR values in Extended Data Table 5. b, 941 Genetic predisposition for traits and diseases enriched among human genes encoding effector 942 targets in HuRI (cutoff FDR = 0.05, Fisher's exact test, n = 349). **c**, Disease groups for which 943 genetic predisposition is enriched in network neighborhoods of effectors from the indicated 944 strains. Trait node size corresponds to number of significantly targeted traits in that group 945 according to legend. Stroke of strain-group edge reflects number of underlying significant effector-trait links ( $\alpha$  < 0.01 and OR > 3, Fisher's exact test). **d**, Specific diseases underlying 946 947 the 'immunological' group in c. Node size reflects the number of underlying effector-trait 948 associations according to legend.





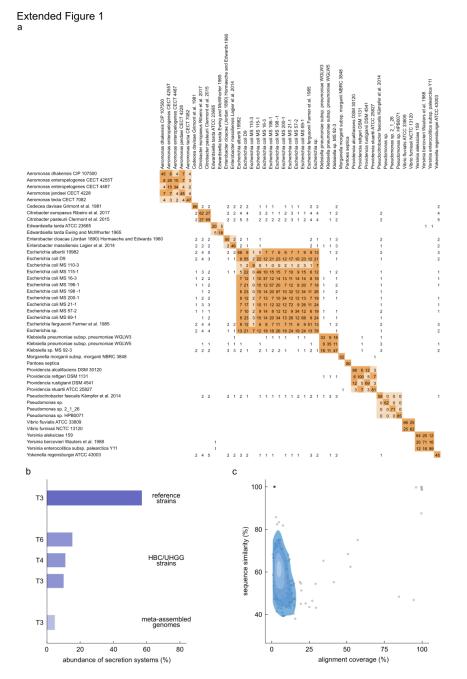
950 Fig. 5 | Effector impact on human cell function and clinical prevalence in IBDs. a, Relative 951 NF-kB transcriptional reporter activity of HEK293 cells expressing the indicated effectors or 952 empty vector (EV) in unstimulated conditions (Kruskal-Wallis test with Dunn's correction, \* P < 0.05, \*\* P < 0.01, n = 4). Boxes represent IQR, black line indicates the mean, whiskers indicate 953 954 highest and lowest data point within 1.5 IQR. b, Summary of significant impact of effectors on 955 normalized NF-kB transcriptional reporter activity in baseline conditions and after TNF stimulation (Kruskal-Wallis test with Dunn's correction, \* P < 0.05, \*\* P < 0.01, n = 4). c, Fold-956 957 induction of ICAM1 expression following pro-inflammatory stimulation of Caco-2 cells 958 transfected with the indicated effectors (one-way ANOVA with Dunnett's multiple comparison 959 test, n = 10). d, Concentration of cytokines secreted by Caco-2 cells in basal conditions 960 transfected with the indicated effectors. EV indicates empty vector mock control. P values 961 calculated by Kruskal-Wallis test (n = 11). Dashed line indicates detection limit of assay. e. 962 Concentration of cytokines secreted by Caco-2 cells stimulated by a pro-inflammatory cocktail 963 transfected with the indicated effectors. EV indicates empty vector mock control. Indicated P

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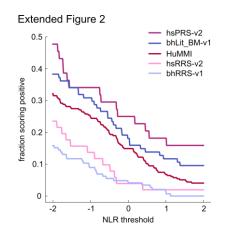
964 values calculated by Kruskal-Wallis test (n = 11). Dashed line: detection limit of assay. C – E 965 Boxes represent IQR, black line indicates the mean, whiskers indicate highest and lowest data 966 point. **f**, Effector prevalence in metagenomes of CD (n = 504), and UC patients (n = 302) 967 compared to healthy controls. Effectors are significantly more prevalent in CD patient 968 metagenomes (FDR < 0.01; Fisher exact test, Benjamini-Hochberg correction). **g**, Effector 969 prevalence distribution among the indicated cohorts. *P* values calculated by Wilcoxon rank-970 sum test, n as in f.

## 971 EXTENDED DATA FIGURES

972



Extended Data Fig. 1 | T3SS in strains of the commensal gut microbiome. a, Effector-973 974 complement comparison of the 44 T3SS+ Pseudomonadota reference strains. Numbers 975 indicate the count of shared effectors at >90% mutual sequence similarity across 90% common 976 sequence length among the indicated strains. b, Abundance of secretion systems in 977 Pseudomonadota genomes among the 77 reference strains of human intestinal and stool 978 samples, in a collection of 4,475 strains isolated from normal human guts (HBC/UHGG strains) 979 and in meta-assembled genomes (MAG) of normal human guts. c, Similarity of identified 186 candidate effectors from the 770 T3SS+ MAGs with 1,195 effectors from pathogenic microbes 980 981 across the range of alignment coverages. Full data for all panels in Extended Data Table 1.

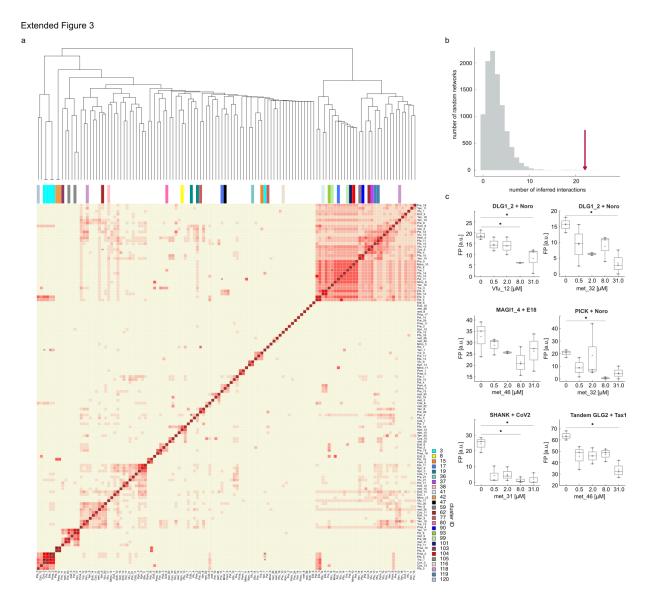


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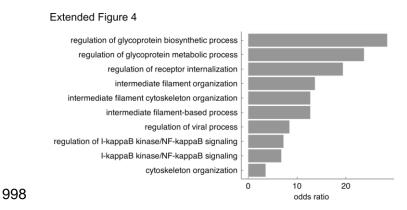
983 Extended Data Fig. 2 | Detection rates of protein pairs in different sets across varying

thresholds in yN2H. Fractions scoring positive of the HuMMI dataset and benchmarking
datasets (hsPRS-v2, bhLit\_BM-v1, hsRRS-v2, bhRRS-v1) depending on the threshold of the

986 normalized luminescence ratio (NLR). Full data in Extended Data Table 3.

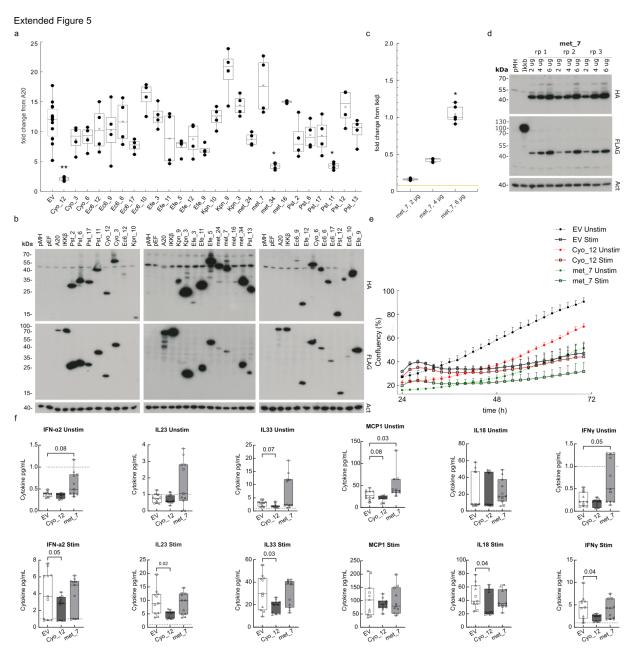


988 Extended Data Fig. 3 | Interaction specificity and interaction motifs. a, Jaccard-interaction similarity of all interacting effector-pairs with at least 3 shared human interactors. Color-989 990 intensity correlates with Jaccard-index. Effector pairs marked with "H" share the same 991 homology cluster. Clusters are color-coded according to legend. b, Count of motif-domain pairs 992 matching at least two stringency criteria identified in HuMMI<sub>MAIN</sub> (arrow) compared to n = 10,000 993 randomized control networks (empirical P = 0.0003). **c**, Competition of the interaction between 994 human PDZ domain and viral PBM peptide by indicated C-terminal effector peptides. \* P < 0.05 (Kruskal Wallis with Dunn's correction, n = 3). Boxes indicate IQR, black line represents 995 996 mean, whiskers indicate highest and lowest data point within 1.5 IQR. Precise P values and n 997 for each test are shown in Extended Data Table 4.



999 Extended Data Fig. 4 | GO enrichment for convergence proteins. OR for functional
annotations enriched among effector-targeted human proteins that are subject of convergence
(FDR < 0.05, Fisher's exact test with Bonferroni FDR correction). Full data and precise FDR</li>

1002 and OR values in Extended Data Table 5.



1004 **Extended Figure 5 | Effector impact on human cell function. a.** Relative NF-κB 1005 transcriptional reporter activity of HEK293 cells expressing the indicated effectors under TNFstimulated conditions (Kruskal-Wallis test with Dunn's correction, \* P < 0.05, \*\* P = 0.01, n = 1006 1007 4). Boxes represent IQR, with the bold black line representing the mean; whiskers indicate 1008 highest and lowest data point within 1.5 IQR. b, Representative anti-Hemagglutinin (HA) and 1009 anti-Flag (FLAG) western blots showing expression of transfected effector proteins relative to 1010 actin control (ACT). Empty pMH-Flag-HA (pMH), empty pEF4 (pEF). c. Titration of met\_7 1011 shows a concentration dependent specific increase of NF-KB reporter activity. Yellow line 1012 represents the empty vector value. (Kruskal-Wallis test with Dunn's correction, \* P < 0.05, error 1013 bars: standard deviation of the mean, n = 5). Boxes represent IQR, with the bold black line 1014 representing the mean; whiskers indicate highest and lowest data point within 1.5 IQR. d,

1015 Representative anti-Hemagglutinin (HA) and anti-Flag (FLAG) western blots for experiment in 1016 c showing expression of transfected effector proteins relative to actin control (ACT). e, 1017 Representative proliferation curves of Caco-2 cells transfected with empty vector (EV), Cyo\_12 1018 or met\_7 in basal conditions (unstim) or following pro-inflammatory stimulation (stim) over 72 1019 h after sorting. f, Concentration of cytokines secreted by Caco-2 cells transfected with the 1020 indicated effectors in basal conditions (Unstim) or following pro-inflammatory stimulation (Stim). EV indicates empty vector mock control. Indicated P values calculated by Kruskal-1021 1022 Wallis test with Dunn's multiple hypothesis correction (n = 11). Boxes represent IQR, with the 1023 bold black line representing the mean; whiskers indicate highest and lowest data point. Raw measurements, n, and precise P values for all panels in Extended Data Table 6. 1024 1025

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