1 **The Interaction Between Exploitative and Interference Competition: Limits to R^* Theory**

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Abstract

Most ecological theory emphasizes exploitative competition and ignores interference competition.

Much corresponding theory centers around the R^* rule, which predicts that consumers who share a

single limiting resource cannot coexist, because the superior exploitative competitor excludes the

inferior. Here we model motile consumers that directly interfere during the resource handling stage,

mechanistically capturing the dynamics of both exploitative and interference competition. We derive

analytical coexistence conditions, which show that interference competition readily promotes

coexistence. In contrast to previous theory, coexistence does not require intra-specific inference

propensities to exceed inter-specific interference, nor for interference behaviors to carry a direct

(rather than merely an opportunity) cost. R^* theory holds only within a narrow parameter value

regime, given interference competition. The parameters that affect exploitative competitive ability

also strongly modulate interference competition, and the latter rather than the former are

sometimes responsible for competitive exclusion. When coexistence does occur, the underlying

mechanisms often resemble either the competition-colonization trade-off or the Hawk-Dove game,

canonical models from community ecology and evolutionary game theory, respectively. Our model

therefore provides a tractable and more generalized framework to understand resource competition

that synthesizes previous disparate models into a single framework.

Keywords: coexistence theory, consumer-resource model, Hawk-Dove game, Grime's triangle,
Grime-Tilman debate, game theory, evolution of aggression

Introduction

The R^* rule (Armstrong and McGehee 1980, Tilman 1981, Tilman 1982) has been extraordinarily influential as a fundamental building block of community ecology and coexistence theory. Briefly, R^* theory equates the competitive ability of a focal species or genotype with its ability to deplete a limiting resource. Consider a consumer grown in monoculture with a single limiting resource. The consumer population will increase until resource consumption drives the resource concentration (R) down to a level (the consumer's R^*) at which consumer population growth stops. R^* theory emphasizes that a consumer with a lower R^* has a competitive advantage of those with a higher R^*. In a multi-species or polymorphic context, the species or genotype with the lowest R^* is predicted to exclude all others because it drives the resource level too low for others to persist – this is referred to as the R^* Rule.

R^* theory and the R^* Rule thus focus on *exploitative competition*, in which consumers compete indirectly through shared use of a depletable resource (either biotic or abiotic). This emphasis on theories of exploitative competition has often ignored *interference competition*. Interference competition refers to direct interactions between individuals at the same trophic level (e.g., direct conflicts for resource acquisition, territoriality, allelopathy); this is common in natural communities in a large variety of taxa (Schoener 1983, Ziv, Abramsky et al. 1993, Ziv and Kotler 2003, DeLong and Vasseur 2011, Inderjit, Wardle et al. 2011, Drury, Cowen and Grether 2020) but assumed negligible in most ecological theory, and absent in R^* theory.

Here we better integrate interference competition into mechanistic consumer-resource models, and explore its connections with R^* and coexistence theory. Most past ecological models of interference competition do not mechanistically consider resource dynamics (Case and Gilpin 1974, Schoener 1976, Schoener 1978, Hsu 1982, Vance 1984) and are therefore incommensurable with R^* theory. While Amarasekare (2002) explicitly considers resource dynamics, she still models interference phenomenologically to argue that (1) costly interference (e.g., aggression, territoriality) cannot maintain coexistence, and (2) interference competition does not maintain coexistence unless one consumer species eats or parasitizes the other. This supports the claim that interference competition over territory or food items cannot maintain coexistence.

In contrast, evolutionary game theory demonstrates that interference competition can facilitate the coexistence of different strategies. This is readily seen in the Hawk-Dove game (Maynard Smith and Price 1973, Maynard Smith 1974, Maynard Smith 1982), which considers two strategies competing for a shared, implicitly modeled resource: a "Dove" that abstains from, and a

"Hawk" that participates in interference competition. Obtaining resources yields benefit b and losing

contests yields cost C. Coexistence is maintained if the cost of Hawk-Hawk conflicts generates

sufficiently strong negative frequency dependence in the Hawk population, which occurs when $C <$

b. However, these ideas have not been formally integrated into R^* theory.

The competition-colonization trade-off is a related, classic coexistence mechanism (Skellam

1951, Horn and MacArthur 1972, Hastings 1980, Tilman 1994). Species are subject to a trade-off

between their ability to access resources (by rapidly colonizing a patch or resource pulse) and their

competitive ability (to displace heterospecifics from patches). Inferior competitors can persist if they

colonize patches sufficiently rapidly to escape superior competitors; inferior colonizers can persist by

displacing superior colonizers from patches. Locally superior competitive ability is often implicitly

assumed to be exploitative in nature, but it could just as easily be interference, which is how we

interpret it here. Interpreted in this way, the competition-colonization trade-off constitutes a

mechanism in which interference plays the key role in maintaining coexistence.

Here we develop a model of motile consumers that incorporates mechanistic descriptions of

both exploitative and interference competition, connecting to both the Hawk-Dove game and the

competition-colonization trade-off. We demonstrate that interference competition can readily allow

the coexistence of consumer species that differ in R^* values, making the R^* of a species (or

genotype) an unreliable qualitative metric of competitive outcomes.

76 Methods

77 *Model*

78   We extend a typical consumer-resource model to incorporate interference competition between the

79   consumers for a single shared resource. Similar to (Galanthay, Křivan et al. 2023), we consider the

80   following set of differential equations:

81
$$\frac{dS_i}{dt} = (1/\tau_i)(1+e)H_i + C_{ii}\beta_i + \frac{1}{2}\sum_{j\neq i} C_{ij}\beta_i - mS_i - \sum_{j=1}^{N} a_i S_i H_j - a_i S_i R$$

82
$$\frac{dH_i}{dt} = a_i S_i R + C_i(\beta_i + m_i + m_{Ci}) + \frac{1}{2}\sum_{j\neq i} C_{ij}(\beta_j + m_i + m_{Ci}) - m_i H_i - (1/\tau_i)H_i - \sum_{j=1}^{N} a_j S_j H_i$$

83
$$\frac{dC_{ii}}{dt} = 2a_i S_i H_i - 2C_{ii}(\beta_i + m_i + m_{Ci}) \tag{1}$$

$$\frac{dC_{ij}}{dt} = 2(a_j S_j H_i + a_i S_i H_j) - C_{ij}\left(\beta_i + \beta_j + m_i + m_j + m_{Ci} + m_{Cj}\right)$$

$$\frac{dR}{dt} = f(R) - \sum_{j=1}^{N} a_j S_j R + \sum_{j=1}^{N} m_j H_j$$

While seemingly complex, these differential equations represent a relatively simple biological

scenario (Fig. 1). S_i represents the number of *Searching* individuals of consumers of type i, and H_i

represents the number of consumers in the process of *Handling* a resource. These discrete numbers

are approximated using continuous differential equations, that can also be interpreted as densities.

The consumer types could either be different species, or different variants of a single polymorphic

species. R is resource density, which grows according to a saturating function $f(R)$. For simplicity,

we assume $f(R) = r(K - R)$, representing a spontaneously regenerating consumable resource. We

do this instead of assuming a biological resource that exhibits logistic growth (i.e. $f(R) = rR(1 -$

$R/K)$) because it avoids complications such as limit cycles (see Galanthay et al., 2023).

Searching consumers of type i find resources at rate a_i and begin to handle them once

encountered. Handling consumers utilize resources at rate $1/\tau_i$. Note that we refrain from referring

to τ as "handling time" because, mathematically, it differs from the transformed handling time (h or

T_h) traditionally used in ecological models (Real 1977). Consumers reproduce at a rate proportional

to their utilization of resources $e_i \tau_i H_i$, with e_i as a conversion factor.

When a searching consumer encounters a handling consumer, this initiates a conflict. C_{ii}

represents the total number of individuals of type i engaged in within-type contests, and C_{ij} ($j \neq i$)

represents the number of individuals engaged in between-type contests. Conflicts resolve either by a

consumer of type i giving up at rate β_i, or dying. During contests, mortality rate increases by $m_C \geq$

0, on top of a basal mortality rate of m. Importantly, consumers do not differentiate between

opponents: consumers of type i initiate contests with types i and j at identical rates. Similarly, giving

up rates are intrinsic: consumers of type i always give up at the same rate β_i irrespective of their

opponent. We do so to avoid assuming, for example, intra-type interference propensity exceeds

inter-type interference, which unsurprisingly, easily produces coexistence (Vance 1984). Nor do we

need to invoke co-evolutionary dynamics to allow interference competition to play a role in

coexistence (Grether and Okamoto 2022).

Fig. 1: Schematic representation of the model described by Equations 1. Full dynamics of species i are shown; those of consumer j are symmetric and truncated for simplicity from the lower portion of the figure. Colored ovals clarify which parties are engaged in transformation at which rates. Resources and Searching-consumers of type i ($R + S_i$) combine to form a Handling-consumer-i (H_i). Handling-consumers of type i combine with Searching consumers of types i or j (S_i or S_j) to form C_{ii} or C_{ij} Contest interaction complexes, respectively. Search rate is denoted a, mortality m, giving up on contests β, and handling $1/\tau$. Contest complexes contain 2's because conflicts always contain two consumers.

Analysis

In the Supplementary Notebooks, we perform invasion analysis (Turelli 1978) for the two-consumer one-resource system described by equation (1) when $N = 2$. To do so, we first solve the non-trivial equilibrium for each one-consumer one-resource system, yielding $S_i^*, H_i^*, C_{ii}^*,$ and R_i^*. We then derive the 4×4 Jacobian matrix for the variables $S_j, H_j, C_{jj},$ and C_{ij} where $j \neq i$. We then compute the eigenvalues of the Jacobian matrix at the point where consumer i is at its non-trivial equilibrium

127   and consumer j is a rare invader: $[S_i^*, H_i^*, C_{ii}^*, R_i^*, S_j = 0, H_j = 0, C_{jj} = 0, C_{ij} = 0]$. We perform

128   analyses both analytically and numerically using Mathematica version 13.2. Consumer j will increase

129   in abundance (invade) when rare if and only if at least one eigenvalue is positive. Coexistence is

130   inferred from mutual invasibility. From this, we derive analytical conditions for consumer invasion

131   and coexistence.

RESULTS

No Interference Competition

134   To remove interference competition as a thought experiment, without changing resource

135   competition (fast handling $\tau_i \to 0$ would also change the latter), we take the limit of the giving up

136   rate $\beta_i \to \infty$. Let $R_{i,E}^*$ denote the equilibrium resource abundance set by species i in isolation when

137   only *exploitative* competition occurs. Assuming $R_{i,E}^* > 0$,

138
$$R_{i,E}^* = \frac{m_i(m_i\tau_i + 1)}{a_i(e_i - m_i\tau_i)} \qquad (2)$$

139   (see Supplementary Notebook A section 1). We refer to $R_{i,E}^*$ as the *exploitative competitive ability* of

140   consumer i. Similarly, we consider its ratio of between types, $R_{i,E}^*/R_{j,E}^*$, as the *relative exploitative*

141   *competitive ability* of consumers i and j (if $R_{i,E}^*/R_{j,E}^* < 1$, type i is favored; if $R_{i,E}^*/R_{j,E}^* > 1$, type j is

142   favored). $R_{i,E}^*$ additionally represents the minimum resource requirement for consumer i. In

143   Supplementary Notebook A (sections 2-4), we derive that coexistence requires:

144
$$1 < \frac{R_{i,E}^*}{R_{j,E}^*} < 1 \qquad (3)$$

145   which cannot be fulfilled. Mutual invisibility is therefore impossible, and the consumers cannot

146   coexist -- this is the R^* Rule (Tilman 1982).

Interference competition by only one type

Interference competition ($\beta_i < \infty$) enables the resource density (R^*) to grow to a higher equilibrium

(Fig. 2). We denote the equilibrium resource density set by species i as $R_{i,I}^* \geq R_{i,E}^*$, with equality for

infinite β_i. We refer to $R_{i,I}^*$ as consumer $i's$ interference R^*. $R_{i,I}^*$ and $R_{i,E}^*$ differ because conflicts

incur an opportunity cost – time spent in conflict is not available for searching for resources,

allowing resources to increase in density.

As consumer density rises, interference events increase in frequency per capita. The

resulting negative density-dependence decreases consumer abundance and increases resource

density. Increased mortality during conflicts ($m_C > 0$) modifies $R^*_{i,I}$ quantitatively but not

qualitatively (Fig 2A). Thus, interference competition does not need to be directly costly for it to

influence the resource level; opportunity cost alone is sufficient. The more interference competition

there this, the closer $R^*_{i,I}$ approaches the carrying capacity K (Fig. 2B).

We first consider a simplified model that bears some resemblance both to the Hawk-Dove

game and the competition-colonization trade-off. Let i and j represent "Hawk" and "Dove"

strategies. β_{Hawk} is finite while $\beta_{\text{Dove}} = \infty$, meaning the Hawk always contests resources while the

Dove immediately gives up. Because $\beta_{\text{Dove}} = \infty$, $R^*_{\text{Dove},I} = R^*_{\text{Dove},E} = R^*_{\text{Dove}}$, whereas $R^*_{\text{Hawk},I} >$

$R^*_{\text{Hawk},E}$. In Supplementary Notebook B section 4, we show that Doves can invade a community of

Hawks if:

$$R^*_{\text{Dove}} < R^*_{\text{Hawk},I} \times P_{\text{Dove}} \tag{4}$$

Where $P_{\text{Dove}} = \frac{1/\tau_{\text{Dove}} + m}{1/\tau_{\text{Dove}} + m + a_{\text{Hawk}}S^*_{\text{Hawk}}}$ gives the probability that a Dove does not experience Hawk

interference while utilizing the resource (see Supplemental Notebook B, section 5 for the

interpretation of P_{Dove}). Verbally, Doves must be able to persist at a minimal resource density

(R^*_{Dove}) not just below the resource density set by the Hawks ($R^*_{\text{Hawk},I}$), but below a lower level that

takes into account the inability to benefit from resources that they relinquish to Hawks (P_{Dove}).

Hawk interference generates both a benefit ($\Delta R^*_{\text{Hawk},I} - R^*_{\text{Hawk},E}$) and a cost ($P_{\text{Dove}}$) to Dove

invasion.

Conversely, the Hawk can invade a resident Dove population if:

$$R^*_{\text{Hawk},E} < R^*_{\text{Dove}} + H^*_{\text{Dove}} \tag{5}$$

(see Supplementary Notebook B section 4). Verbally, the Hawk must be able to persist ($R^*_{\text{Hawk},E}$;

Hawk-Hawk interference is negligible when Hawks are rare) on resources that include both those

currently unclaimed by Doves (R^*_{Dove}) and those currently held by Doves that Hawks can readily steal

(H^*_{Dove}).

Connection to the Classic Hawk-Dove Game

If we further assume that Hawks and Doves have identical exploitative competitive ability

($R^*_{\text{Hawk},E} = R^*_{\text{Dove}}$, as is implicit in the traditional Hawk-Dove game), the Dove invades when:

$$\frac{R^*_{\text{Hawk,I}}}{R^*_{\text{Hawk,E}}} P_{\text{Dove}} > 1. \tag{6}$$

Fig. 2: Interference competition reduces equilibrium resource density. The y-axis $R_{i,I}^*$ shows the equilibrium resource abundance set by a consumer that engages in interference competition, and the x-axis shows β_i the "giving-up rate" of the consumer (note the log-scale). As β_i becomes large, $R_{i,I}^*$ converges to $R_{i,E}^*$ (red dashed line), representing a fully "Dove" strategy. Slower giving up rates yield an increase in $R_{i,I}^*$ relative to $R_{i,E}^*$ (ΔR_i^* becomes larger). (A) A higher mortality rate of consumers m_{Ci} during a conflict (higher curves) elevates $R_{i,I}^*$ with less interference competition (faster giving up rates), but does not qualitatively affect trends. With very slow giving up, $R_{i,I}^*$ is just as elevated, even when interference competition incurs no additional mortality. (B) The asymptote for slow giving up is $R_{i,I}^* \to K$; the resource reaches its capacity when consumers are always engaged in fighting rather than foraging.

$\frac{R_{\text{Hawk,I}}^*}{R_{\text{Hawk,E}}^*} P_{\text{Dove}} > 1$See Supplemental Notebook B, Section 6 for details. Satisfying equation (6) implies

coexistence because the Hawk always invades when $R_{\text{Hawk},E}^* = R_{\text{Dove}}^*$ (equation (5)). As in the

traditional Hawk-Dove game, coexistence depends on whether interference within a pure Hawk

population yields an advantage to a rare Dove invader. The left-hand side of equation (6) is the

product of the proportional increase in resource availability due to Hawk-Hawk interference

($R_{\text{Hawk,I}}^*/R_{\text{Hawk,E}}^*$) and the probability the Dove does not experience interference while handling a

resource (P_{Dove}). Thus, the Dove invades if Hawk interference results in a net gain for Dove resource

utilization (successful handling). Coexistence is possible due to an interference-interference trade-

off: Hawks invade by stealing resources from Doves; Doves invade by benefitting from the increase

in resource density from Hawk-Hawk interference.

 Connection to the Competition-Colonization Trade-off

When $R^*_{\text{Hawk},I} \approx R^*_{\text{Hawk},E}$ (Hawk-Hawk interference does not meaningfully increase

equilibrium resource density, which occurs when $0 \ll \beta_{\text{Hawk}} < \infty$), coexistence requires:

$$R^*_{\text{Hawk},E} - H^*_{\text{Dove}} < R^*_{\text{Dove}} < R^*_{\text{Hawk},E} P_{\text{Dove}} \qquad (7)$$

where the left inequality permits Hawk invasion and the right permits Dove invasion. Recalling that

$P_{\text{Dove}} < 1$, the Dove needs to be a superior exploitative competitor ($R^*_{\text{Dove}} < R^*_{\text{Hawk},E}$) to outweigh

this interference. The Hawk can invade if there are enough Doves handling resources (H^*_{Dove}) that

can be stolen to compensate for lower exploitative ability. This scenario resembles classic

competition-colonization trade-off models, when competition is interpreted as interference

competition. In particular, when the Dove's superior exploitation comes from a higher search rate

(a), Doves invade when $a_{\text{Dove}} > a_{\text{Hawk}}/P_{\text{Dove}}$, mathematically similar to the 2-species coexistence

condition from classical models (Hastings 1980, Tilman 1994; see Supplemental Notebook B, Section

7). Coexistence requires a trade-off between their abilities to find new resources vs. displace

competitors from resources –an exploitative-interference trade-off.

Interference competition by both types

Interference competition adds two mechanisms that threaten the R^* Rule: increased

resource availability due to intra-type interference, and resource theft, quantified by P_{Dove} and

H^*_{Dove}, respectively. Next, we investigate how both R^* and these two additional mechanisms shape

outcomes when both β_1 and $\beta_2 < \infty$. We call the consumer with the smaller β the Hawk and that

with the larger the Dove, based on their propensities to engage in interference contests, although

both are on a spectrum of Hawkishness. The two types might also differ in other ways.

Generalizing equations (4) and (5), consumer j can invade a community of type i if and only

if:

$$R^*_{j,E} < P_j\left(R^*_{i,I} + \omega_j H^*_i\right). \qquad (8)$$

See Supplemental Notebook C sections 1-4 for details of its derivation. If $\beta_i \to \infty$ and $\beta_j < \infty$, then

equation (8) reduces to equation (5), the case of a Hawk invading a population of Doves. Conversely,

if $\beta_j \to \infty$ and $\beta_i < \infty$, equation (8) reduces to equation (4), the case of the Dove invading a

population of Hawks.

P_j is a generalization of P_{Dove}, quantifying the negative impacts of interference competition

on invasion of type j ($0 \le P_j \le 1$). P_j accounts both for the costs invader j experiences from

interference from resident i, and for the opportunity cost the invader experiences due to interfering with residents. See Supplemental Notebook C, section 3 for more details. P_j is multiplied by terms describing the positive influences on invasion. $R_{i,I}^*$ is the equilibrium resource level of the resident i, including its elevation from interference competition. ω_j is the probability that invader j wins a contest against resident i: $\omega_j = (\beta_i + m)/(\beta_j + \beta_i + 2m)$ (see Supplemental Notebook C, sections 4-5). $\omega_j H_i^*$ therefore represents the additional resources that invader j can access by taking them from handling residents i (the benefit j experiences from its own Hawkish behavior).

Rearranging Equation (8) for each consumer type (1 and 2), we derive criteria for coexistence in terms of interference and exploitative competition:

$$
\underbrace{\frac{1}{P_2\left(\dfrac{H_1^*}{R_{1,E}^*}\omega_2 + \dfrac{R_{1,I}^*}{R_{1,E}^*}\right)}}_{\substack{\text{Net impact of}\\\text{interference on the}\\\text{invasion of type 2}\\(I_2)}}
\;<\;
\underbrace{\frac{R_{1,E}^*}{R_{2,E}^*}}_{\substack{\text{Relative}\\\text{exploitative}\\\text{competition}\\\text{abiliity}\\(E_{12})}}
\;<\;
\underbrace{P_1\left(\frac{H_2^*}{R_{2,E}^*}\omega_1 + \frac{R_{2,I}^*}{R_{2,E}^*}\right)}_{\substack{\text{Net impact of}\\\text{interference on the}\\\text{invasion of type 1}\\(I_1)}}
\qquad (9)
$$

where I_j represents the net impact of interference on invasion of consumer j ($j = 1,2$) and E_{12} represents the relative exploitative competition ability of the consumer 1 relative to consumer 2. In the absence of interference (when $\beta_1 = \beta_2 = \infty$), $I_1 = I_2 = 1$ and the expression collapses to the R^* Rule (equation (3)). Without loss of generality, we assume $\beta_1 < \beta_2$, and denote $\beta_H = \beta_1$ and $\beta_D = \beta_2$. The relative importance of exploitative and interference competition can be quantified according to the magnitudes of $|\log I_H|$, $|\log E_{HD}|$, and $|\log I_D|$.

Five distinct scenarios are possible (see Table 1 and Fig. 3). In scenarios 1-3, one consumer is competitively excluded, while coexistence occurs in scenarios 4-5 when $1/I_D < E_{HD} < I_H$. We find that $1/I_D > E_{HD} > I_H$ cannot be fulfilled (priority effects do not occur). Competitive exclusion can be due either to differences in exploitation (scenario 1, reminiscent of the R^* Rule; Fig. 3, red shading), or to differences in interference (Fig. 3, blue shading). In scenario 2, Hawk interference is too costly to Doves, while in scenario 3, the Hawk's opportunity cost from interference is too large. Unlike for the simplified case of $\beta_D = \infty$, the Hawk may be excluded even if the Dove is not superior at exploitative competition.

Coexistence in scenario 4 stems from an interference-interference trade-off similar to the classic Hawk-Dove game (Fig. 3, purple shading, middle region). Interference considerations dominate both invasion directions, when $|\log E_{HD}| < |\log I_D|$ and $|\log E_{HD}| < |\log I_H|$. In contrast, coexistence in scenario 5 occurs via a trade-off between exploitative and interference competition abilities (Fig. 3, purple shading, top and bottom regions). In scenario 5a, Doves invade primarily due

Scenario	Definition	Condition
(1) R^* Rule	Exclusion on the basis of inferior exploitative ability.	$\|\log E_{HD}\| > \|\log I_H\|$ OR $\|\log E_{HD}\| > \|\log I_D\|$
(2) Hawk wins	Dove is excluded due to interference from the Hawk.	$\|\log E_{HD}\| < \|\log I_D\|$
(3) Dove wins	Hawk is excluded due to opportunity cost from slow giving up rate.	$\|\log E_{HD}\| < \|\log I_H\|$
(4) Interference-interference trade-off	Invasion of both Hawk and Dove is predominantly facilitated by the impact of interference competition.	$\|\log E_{HD}\| < \|\log I_H\|$, $\|\log E_{HD}\| < \|\log I_D\|$,
(5a) Interference-exploitation trade-off (Competition-colonization)	Dove invades due to superior exploitation, Hawk invades due to superior interference.	$\|\log E_{HD}\| > \|\log I_D\|$ $\|\log E_{HD}\| < \|\log I_H\|$
(5b) Interference-exploitation trade-off	Hawk invades due to superior exploitation, Dove invades due to superior interference.	$\|\log E_{HD}\| < \|\log I_D\|$ $\|\log E_{HD}\| > \|\log I_H\|$

Table 1: Summary of the five different scenarios, their definitions, and the condition under which

they occur. Scenarios 1-3 depict competitive exclusion (equation 9 is not fulfilled; either $1/I_D > E_{HD}$

or $E_{HD} > I_H$). Scenarios 4-5b depict coexistence (equation 9 is fulfilled; $1/I_D < E_{HD} < I_H$).

to superior exploitative ability ($\|\log E_{HD}\| > \|\log I_D\|$), while Hawks invade primarily by stealing

resources from Doves ($\|\log E_{HD}\| < \|\log I_H\|$). This resembles the competition-colonization trade-off,

particularly when $a_2 > a_1$. In scenario 5b, Doves invade due to the negative density-dependence

induced by Hawk-Hawk interference ($\|\log E_{HD}\| < \|\log I_D\|$), while Hawks invade primarily due to

superior exploitative competitive ability ($\|\log E_{HD}\| > \|\log I_H\|$). By putting them on orthogonal axes,

Fig. 3 illustrates I_j and E_{ij} as though they were independent, but they are far from it. Instead,

changes to a single model parameter (e.g., a or τ) alter multiple key properties ($R_{i,E}^*, R_{i,I}^*, \omega_i H_j^*, P_i$).

We next dig deeper into the causal effects of mechanistic parameters.

First, consider the relatively simple case in which consumers are equal in exploitative

competitive ability (i.e. in all traits except giving up rate, β). Coexistence occurs if and only if β_1 and

β_2 are on either side of a central value (henceforth β_0; Fig. 4A, green star). β_0 is a complicated

(though analytically tractable) expression that depends on every parameter of the model (See

Supplemental Notebook C, Section 6). The only possible outcomes (Fig. 4B) are Hawk victory

(Scenario 2), Dove victory (Scenario 3), or an interference-interference trade-off (Scenario 4).

Interestingly, coexistence does not require a qualitative trade-off between the key metrics

Fig. 3: Interference I_j and exploitative E_{ji} forms of competition combine to shape outcomes. Colors indicate outcome, dashed lines delineate five mechanisms by which they are achieved. Three outcomes are depicted: j excludes i (red), i excludes j (blue), and coexistence (purple). Coexistence can be produced either when interference ability trades off with exploitation, or due to trade-offs embedded within the coexistence possibilities of the Hawk-Dove game. Similarly, competitive exclusion can either follow the R* rule, or be driven by Hawk-Dove interference dynamics. Within the latter region, Hawk victory occurs if $\beta_j > \beta_i$ and Dove victory occurs if $\beta_j < \beta_i$. $I_i = 0.65$ throughout.

associated with Doveish and Hawkish benefits ($R^*_{i,I} - R^*_{i,E}$, and $\omega_j H^*_i$, respectively). I.e., coexistence

can occur when $\omega_1 H^*_2 > R^*_{1,I} - R^*_{i,E}$ and $\omega_2 H^*_1 > R^*_{2,I} - R^*_{2,E}$ (both consumers predominantly

benefit from resource theft), and also when $\omega_1 H^*_2 < R^*_{1,I} - R^*_{1,E}$ and $\omega_2 H^*_1 < R^*_{2,I} - R^*_{2,E}$ (both

consumers benefit predominantly from resources made available by their competitor's intra-type

interference).

The equilibrium ratio of resource abundances set by consumers ($R^*_{2,I}/R^*_{1,I}$) does not

determine the competitive outcome in the manner predicted by R^* theory, which predicts exclusion

of the consumer with the higher R^*. Indeed, coexistence predominantly occurs when the equilibrium

resource abundance R_I^* differs by a larger factor depending on which type is the resident (Fig. 4C,

top-left and bottom right corners).

When consumers also differ in exploitative competitive ability ($R_{1,E}^*/R_{2,E}^* \neq 1$), the region of

coexistence changes, sometimes dramatically (Fig. 5). The parameters that affect exploitative ability

also impact interference. E.g., faster search a slightly increases opportunities to interfere with

others, while faster resource use $1/\tau$ more dramatically decreases vulnerability to interference by

others. Which trait underlies a difference in exploitative competitive ability can therefore strongly

impact outcomes.

When different search rates are responsible for a moderate difference in exploitative

competitive ability (e.g., $R_{1,E}^*/R_{2,E}^* = 1.2$ because $a_2 > a_1$; Fig 4A, 4F), outcomes are similar

(compare Figs. 4A and 5A; e.g. a little more coexistence instead of wins by the worse exploiter, type

1). However, the mechanism behind the same outcome may be different (compare Figs. 4B and 5F).

When giving up rates (β) are similar, the R^* Rule now operates, and coexistence can now stem from

interference-exploitation as well interference-interference trade-offs. Even with larger differences in

exploitative ability (e.g., $R_{1,E}^*/R_{2,E}^* = 1.75$ because $a_2 > a_1$; Fig 5B), coexistence remains possible

for a wide region of parameter space, largely via exploitation-interference trade-offs (Fig. 5G).

When differences in the resource use time τ drive the same advantage in exploitative

competitive ability, coexistence becomes less likely ($R_{1,E}^*/R_{2,E}^* = 1.2$ in Fig. 5C), at some point

largely evaporating ($R_{1,E}^*/R_{2,E}^* = 1.75$ in Fig. 5D). Hawk or Dove victories (Scenarios 2 or 3)

encapsulate most of the parameter space in which competitive exclusion occurs, rather than the R^*

Rule (Figs. 5H, 5I).

$R_{1,E}^*/R_{2,E}^*$ rarely explains competitive outcomes. Indeed, a "superior" resource competitor

can be excluded via interference by a type that searches more slowly but uses resources faster (e.g.,

Fig. 5E, 5J; $R_{1,E}^*/R_{2,E}^* = 0.5$ with $a_2 > a_1$ and $\tau_1 > \tau_2$). This occurs even though both $R_{1,E}^*/R_{2,E}^* < 1$

and $R_{1,I}^*/R_{2,I}^* < 1$ for much of the parameter space.

Fig. 4: Given identical exploitative competitive abilities ($R_{1,E}^* = R_{2,E}^*$), coexistence behavior revolves around the relationships between β_1 and β_2 with a central giving up rate β_0 (green star in A). Panel A: coexistence is possible when $\beta_1 < \beta_0 < \beta_2$ where β_0 is the value indicated at the green star and $i \neq j$. Panel B: coexistence (when it occurs) is mediated via an interference-interference trade-off (Scenario 4); competitive exclusion occurs via Dove or Hawk victory. The absence of exploitative differences ($E_{12} = 1$) prohibits the operation of the R^* Rule (Scenario 1) or exploitation-interference trade-offs (Scenario 5). Panel C: β_1 and β_2 strongly modify $R_{1,I}^*/R_{2,I}^*$. The dashed lines separate regions of coexistence and the solid diagonal line represents when $R_{1,I}^* = R_{2,I}^*$. Coexistence in panel A occur in the upper-left and bottom-right corners, regions of parameter space in which $R_{1,I}^*/R_{2,I}^*$ is the farthest from unity (1). Each consumer can be excluded when it has a lower R_I^* (upper-right corner) or a higher R_I^* (bottom-left corner). Note the log scale for color in Panel C. Throughout, parameters are: $\tau_i = 1, a_i = 0.1, m = 0.015, e = 0.035, m_{C1} = m_{C2} = 0, r = 0.25, K = 250$ ($i = 1,2$).

DISCUSSION

Resource competition is the foundation of much ecological theory, in the form of R^* theory (Tilman

1982), but its co-occurrence with interference competition remains understudied. Here, we analyze

a mechanistic framework in which consumers can be interrupted by interference competitors while

handling a resource, and time invested in contesting a resource incurs an opportunity cost of not

searching for uncontested resources. Outcomes rarely follow R^* theory, whether R^* is interpreted as

the equilibrium resource level, or as the hypothetical equilibrium resource level in the absence of

interference / minimum resource level required for persistence. Both exploitation-interference and

interference-interference trade-offs can lead to co-existence. The former is sometimes analogous to

the competition-colonization trade-off, while the latter is analogous to the Hawk-Dove game.

Fig 5: The impact of different giving-up rates (β_1 and β_2) on outcomes and mechanisms by which they occur, when consumers differ in exploitative ability ($R^*_{1,E}/R^*_{2,E} \neq 1$). Row 1 (Panels A-E) depicts outcome and row 2 (Panels F-J) depicts the corresponding dominant mechanism as defined by Table 2. The first two columns describe consumers that differ in search rate (a). The third and fourth columns describe consumers that differ in resouce use rate (τ), and the rightmost column shows consumers who differ in both. Columns 1 and 3 depict relatively small differences in exploitative competitive ability ($R^*_{1,E}/R^*_{2,E} = 1.2$ via $a_1 = 0.1, a_2 = 0.12$ or $\tau_1 = 1, \tau_2 = 1/1.35$) while columns 2 and 4 depict relatively larger differences ($R^*_{1,E}/R^*_{2,E} = 1.75$ via $a_1 = 0.1, a_2 = 0.175$ or $\tau_1 = 1, \tau_2 = 1/30$). In column 5, consumer 1 is superior at exploitation ($R^*_{1,E}/R^*_{2,E} = 0.5$) because it is a more efficient searcher ($0.35 = a_1 > a_2 = 0.01$), but consumer 2 generally wins because it utilizes resources considerably faster ($1/5.19 = \tau_2 < \tau_1 = 1$). When not specified above, $a_i = 0.1, \tau_i = 1, m = 0.015, e = 0.035, m_{C1} = m_{C2} = 0, r = 0.25, K = 250$.

R^* theory breaks down for two basic reasons. Firstly, interference allows the equilibrium

resource density to rise, and thus outcomes are not always determined by which consumer tolerates

the lowest resource density. Within R^* theory, the minimum tolerated resource density R_E^* is equal

to the equilibrium resource density R_I^*. With interference competition, this is no longer true.

Secondly, an invading consumer may steal resources from its competitor. Invader growth

rates are therefore higher than expected from the equilibrium density of free resources. Thus, in

contrast to traditional R^* theory, the ability of type j to invade depends not only on the equilibrium

resource density set by resident i ($R_{i,I}^*$) but also on the density of residents currently handling

resources (H_i^*; see equation 4).

Key traits (e.g., search rate a, resource use rate, $1/\tau$) that are traditionally associated with

exploitative competitive ability have diverse implications for interference competition. Specifically,

genotypes or species that achieve low R_E^* due to faster resource utilization ($1/\tau$) gain more via

protection from interference competition than genotypes that achieve the same low R_E^* through

faster search (a) gain via increased ability to interfere with others. Although many previous models

used a handling time h (analogous to our τ) in consumers' functional responses (i.e. to make

consumption a saturating function of resource density), they do not emphasize h except as it

pertains to intrinsically driven consumer-resource oscillation (Rosenzweig 1971, Johnson and

Amarasekare 2015) and to relative non-linearity in functional responses (Armstrong and McGehee

1980). This is driven by the assumption that h influences competitive outcomes only via its effect on

R^*, which we show here to be unfounded.

We do find support for traditional R^* theory within some regions of parameter space (Figs.

3, 5). Thus, whether R^* theory explains particular competitive outcomes is an empirical question.

However, while R^* theory is supported by a substantial number of experimental studies (Wilson,

Spijkerman and Huisman 2007), they generally involve microorganisms within well-mixed

chemostats. This experimental design minimizes the impact of interference competition. Outside the

laboratory, however, spatial structure is ubiquitous. Interference competition is widespread;

perhaps most obviously in animals (Schoener 1983, Drury, Cowen and Grether 2020), but also

among plants via the soil interactions and allelopathy (Inderjit et al. 2011, Meiners et al. 2012, Rice

2012) and microbe-microbe interactions through mechanisms such as stabbing (Böck et al. 2017,

Ghoul and Mitri 2016, García-Bayona and Comstock 2018, Boynton 2019).

Furthermore, when the same consumer is favored by both exploitative and interference

competition, measuring outcomes plus exploitative ability provides insufficient evidence in favor of

the R^* Rule (compare Figs. 5G and 5I). Ideally, experiments and models should be tailored to the

mechanistic biology of the organisms in question. As a more general strategy, comparing R^*_E (as

measured by the mean trait values of a, m, e, and τ) to R^*_I (as measured by the equilibrium resource

abundance set by a consumer population) will likely provide insights into the strength of negative

density-dependence driven by interference. Analyses of the functional responses of consumer

species to resource and consumer densities can also offer a means of detecting interference

competition, given a phenomenological form (Beddington 1975, DeAngelis, Goldstein and O'Neill

1975, Arditi and Akçakaya 1990, DeLong and Vasseur 2011, Novak, Wolf et al. 2017).

Toward a Synthesis of Resource-Competition Mechanisms

A synthesis of previously disparate mechanisms of competition emerges organically from our

mechanistic framework. We classify mechanisms by asking whether competitive exclusion can be

attributed primarily to exploitation vs. to interference, and whether coexistence can be attributed

primarily to an interference-exploitation trade-off vs. an interference-interference trade-off. The R^*

rule describes competitive exclusion due to exploitation, and the fact that exploitative competition

over a single resource cannot produce coexistence. The Hawk-Dove game describes both

competitive exclusion due to interference, and coexistence due to an interference-interference

trade-off. Our interpretation of the competition-colonization trade-off describes coexistence due to

an interference-exploitation trade-off. Which scenario occurs is a complex outcome of parameter

value combinations, with many mechanistic parameters affecting both exploitative and interference

competition abilities (e.g., a and τ). The R^* rule occurs when differences in exploitative abilities

$(R^*_{j,E}/R^*_{i,E})$ are large in magnitude relative to differences from interference . The R^* Rule applies

most often occurs when consumers are similar in interference-specific traits (similar β) and exhibit

considerable differences in exploitative competitive ability via a parameter such as search rate (a;

Fig. 5G) that has only a modest impact on interference competition.

The fitness benefits and costs of Hawkishness and Doveishness are emergent properties of

underlying density-dependent interactions. This differentiates our model from recent advances that

hold a payoff matrix fixed given a resource level, and consider eco-evolutionary fluctuations derived

from self-renewing and/or decaying resources (Tilman, Plotkin and Akçay 2020). In our analysis, we

partition the impacts of interference competition on invasion into three key terms: the increase in

resource abundance due to intra-type interference ($R^*_I - R^*_E$), resource theft (ωH^*), and costs due

to interference (P). This allows for precise descriptions of how (or if) interference competition

permits coexistence.

Our underlying model is similar to recent work incorporating density-dependence into game

theory models, to position Hawk-Dove dynamics within more ecologically realistic scenarios (Křivan,

Galanthay and Cressman 2018, Křivan and Cressman 2022, Galanthay, Křivan et al. 2023). Our work

formally connects this underlying model to R^* theory for the first time.

Our model reproduces dynamics analogous to the competition-colonization trade-off, where

competition is interpreted as interference. In addition, a second and perhaps counterintuitive form

of exploitation-interference trade-off also arises in our model. In this case, it is the Hawk who is

favored by exploitative competition, and the Dove who is favored by interference competition

(Scenario 5b). I.e., a Hawk, who is more likely to displace its competitor, is also superior at

exploitative competition, but the Dove can nevertheless invade because of the resources freed up by

Hawk-Hawk contests. This novel coexistence mechanism complicates empirical efforts to detect and

interpret trade-offs in interference and exploitative competitive abilities.

Importantly, interference-exploitation trade-offs and interference-interference trade-offs

are not mutually exclusive. While we qualitatively differentiate each mechanism in our analyses by

highlighting which has the dominant effect on invasion (Fig. 5), both may operate simultaneously

and play an important role in coexistence. Except in limiting cases (see equations (6-7)), their joint

operation is almost assured. Future theoretical and empirical studies focused on the competition-

colonization trade-off should also examine the possibility of interference-interference trade-offs

(particularly in motile organisms). For example, Mordecai et al. (2016) find evidence for the

prerequisites of the competition colonization trade-off in a trematode community, but conclude it is

insufficient to explain coexistence. A precise mechanistic understanding of the dynamics

underpinning interference competition, that allows assessment of the interference-interference

trade-off, may offer deeper insights into the role of interference competition plays in maintaining

the diversity of this and similar communities.

Connections to Previous Models of Interference Competition

Most previous models of interference competition use phenomenological terms to summarize the

strengths of intra-specific (or intra-type) and inter-specific (or inter-type) interference. Such models

are extensions of traditional Lotka-Volterra equations, in which resources are either modeled

implicitly or non-dynamically (Case and Gilpin 1974, Schoener 1976, Schoener 1978, Hsu 1982,

Vance 1984). A typical finding is that two consumers that differ in exploitative competitive ability can

coexist only when they both self-limit resource acquisition considerably more than they limit each

other's (Vance 1984). In such models, *why* intraspecific interference might exceed interspecific

interference is unclear. Importantly, our model does not presuppose that intra-consumer

interference propensities are greater than inter-consumer interference propensities. I.e., consumers

in our model do not modify either the initiation or the termination of interference behavior based

on the identity of the competitor they interact with.

We nevertheless derive coexistence, largely because interference competition interrupts

consumption and thus increases resource density ($R_I^* > R_E^*$; Fig. 2). McPeek (2012) previously used a

phenomenological term to generate intra-specific density-dependence, increasing the resource level

set by a resident, and thus allowing multi-consumer coexistence on a single resource. We show that

interference competition for a single limiting resource alone can yield this pattern. This provides a

mechanism by which such density-dependence likely occurs.

Amarasekare (2002), analyzing a model similar to our own, assumes no intraspecific

interference (implying $R_E = R_I^*$) and concludes that (1) mutually costly forms of interspecific

interference (e.g., aggression, territoriality) cannot maintain coexistence, and (2) interference-

exploitation trade-offs can facilitate coexistence when interference is beneficial to the inferior

exploiter. While Amarasekare (2002) argues this scenario reflects intraguild predation or parasitism,

it has the same form as our competition-colonization trade-off limiting case (equation (7); Scenario

5a). An alternative exploitation-interference trade-off (Scenario 5b) and interference-interference

trade-offs (Scenario 4) make up a large portion of potential coexistence space (which are not

examined in Amarasekare, 2002), suggesting that the range of conditions under which costly

interference competition maintains coexistence is greatly underappreciated.

Caveats, Future Directions, and Conclusion

In this study, we analyzed a simple ecological scenario: two consumers competing for a single

limiting resource. It remains an open question precisely how much diversity can be maintained when

interfering consumers compete for multiple resources.

Our model considers a spontaneously generated, consumable resource, rather than a biotic

resource that undergoes a replicative form of growth from a starting population. The same general

principles likely apply for other resource types. However, there is an interesting caveat. Because our

model introduces resource handling (quantified by τ), we add non-linearity to the consumer

functional response (Holling 1965). For a replicating rather than a spontaneously generated

resource, this allows the possibility of stable limit cycles. When different non-linear function

responses (for example, when $\tau_1 \neq \tau_2$) result in a trade-off between fitness in low-resource

environments (gleaners) and high-resource environments (opportunists), resource oscillations may

contribute to species coexistence (Armstrong and McGehee 1980, Yamamichi and Letten 2022). The

interplay of this effect with interference competition is beyond the scope of our study.

Our modeling of interference competition as a delay before a motile organism "gives up" is

not an obvious fit to sessile plants, although it is, following precedent in classic game theory

(Maynard Smith and Price, 1973), a good fit for motile animals (Stanton, Palmer and Young 2002,

Rodríguez, Jansson and Andrén 2007, Ferzoco and McCauley 2023). Specifically, temporal

investment in interference incurs an opportunity cost to foraging, facilitating coexistence. Plants also

invest in local interference strategies, e.g., root competition, overgrowth, undercutting, and

allelopathy, likely incurring an opportunity cost to reproduction and resource acquisition, rather

than foraging. Such trade-offs are likely ubiquitous, and other process-based models of interference

may yield results similar to our study.

Our model considers a consumable resource. Bertram and Masel (2019) considered

competition for a durable resource such as territory, via three traits within a variable-density lottery

model: the rate b that adults give birth to and disperse juveniles, juveniles' ability c to contest each

other to take possession of an unoccupied territory and thus become and adult, and adult survival

$1/d$. Our searching term a is somewhat analogous to b, our persistence in interference competition

$1/\beta$ is somewhat analogous to c, and our mortality m is directly analogous to d.

These similarities perhaps reveal profound patterns. Grime (1977, 1988, 2006) hypothesized

that trade-offs shaped species into three types of specialization – "ruderals" tolerate low resource

levels, "competitors" excel at interference competition, and "colonizers" rapidly disperse to

ephemeral resources. Grime's three-dimensional scheme has been the subject of an extensive

debate in the competition literature, often contrasted with more traditional models of competition

mediated by resource consumption (the "Grime-Tilman debate"; Aerts 1999; Craine 2005; Jabot and

Pottier 2012). A major obstacle to synthesis (and empirical testing) has been the lack of explicit

mathematical models of the different selective pressures proposed by Grime (Tilman 2007, Jabot

and Pottier 2012). Our framework mathematically unites ideas of Grime with ideas of Tilman. The

essence of their dispute was that Grime imagined low density environments in which intraspecific

competition was weak and ruderals would prevail, whereas Tilman's view was that organisms in

apparently low density environments simply had larger territories, with resource levels still set by

consumption down to the lowest tolerated level. Our work provides loose support for Grime's view,

by showing that resource levels need not be set by exploitation alone.

In our model, aggressive behavior (as defined by β) is likely to co-evolve with other critical

parameters (e.g. m, a, τ). Concerted trait combinations seem likely, including traits not considered

by our model. E.g., consumers may differ in intrinsic fighting abilities, as reflecting in the death rate

of their opponent. Physiological constraints might impose trade-offs, e.g., between fighting,

reducing vulnerability to interference τ, dispersing a, and persisting at low resource levels m and e.

Multidimensional adaptive dynamic models (Dieckmann, Heino and Parvinen 2006, Leimar 2009)

may provide a means of understanding how the combination of exploitative factors and life history

tradeoffs lead to the evolution of aggression in motile organisms such as animals and the propensity

for such trade-offs to promote or inhibit species coexistence and/or polymorphisms.

CODE AVAILABILITY

536   All computation was conducted within Mathematica notebooks, available as Supplementary Files.

AUTHOR CONTRIBUTIONS

538   DS and JM conceived the project, DS constructed the model and conducted its analysis, DS wrote the

539   first draft of the manuscript, DS and JM substantially revised the manuscript for both content and

540   presentation.

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