Title: Articular cartilage corefucosylation regulates tissue resilience in osteoarthritis

Short title: Articular cartilage corefucosylation and tissue resilience in OA

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Abstract

This study aimed to investigate the glycan structural changes that occur before histological

degeneration in osteoarthritis (OA) and to determine the mechanism by which these glycan

conformational changes affect cartilage degeneration. An OA model was established in

rabbits using mannosidase injection, which reduced high-mannose type N-glycans and led to

cartilage degeneration. Further analysis of glycome in human OA cartilage identified specific

corefucosylated N-glycan expression patterns. Inhibition of N-glycan corefucosylation

resulted in unrecoverable cartilage degeneration, while cartilage-specific blocking of

corefucosylation led to accelerated development of aging-associated and instability-induced

OA models. We conclude that α1,6 fucosyltransferase is required postnatally to prevent

preosteoarthritic deterioration of articular cartilage. These findings provide a novel definition

of early OA and identify glyco-phenotypes of OA cartilage, which may distinguish

individuals at higher risk of progression.

Keywords: early osteoarthritis, glyco-phenotypes, α1,6 fucosyltransferase, cartilage glycome

INTRODUCTION

Osteoarthritis (OA), a degeneration of joint components, such as proteoglycans (PGs) and

collagen, destroys cartilage and impairs joint function (1). The global prevalence of OA is

estimated to be >500 million, which is a significant socioeconomic burden (2). Therefore,

preventive measures must be implemented to reduce the future disease burden and disability.

Once the cartilage is destroyed, it cannot be repaired homogeneously and progresses

irreversibly thereafter (3, 4). Since articular cartilage has no blood vessels and is not

innervated, it is difficult for symptoms to appear. By the time clinical symptoms appear, the

condition is often already considerably advanced (5). Therefore, from a preventive

perspective, it is necessary to define and detect "pre-OA," the stage before the onset of early

OA (6, 7). Pre-OA is a knee with no pain, no motor function problems, and no arthroscopic or

structural changes on radiography, only emerging cellular effects. Despite many studies, there

is no gold standard for OA biomarkers (8). It is important to characterize the disease state

before OA to shift the paradigm from mitigation to late-onset disease prevention.

In the very early stages of OA, before cartilage matrix degeneration, cartilage destruction by

enzymatic processes that degrade glycoproteins, PGs, and collagen, in that order, is underway

(9). Collagenolytic activity is largely unchanged on intact articular surfaces (10, 11), and

glycoprotein degradation is thought to be an early transient event in the enzymatic process of

cartilage destruction because hexose degradation of glycoproteins promotes degradation of

the protein portion of the molecule by proteinases (12). Additionally, cartilage damage is

reversible if type 2 collagen breakdown is mild (13). Structural change analysis in

glycoproteins is necessary for the early stages of OA but has not yet been performed

sufficiently.

Matsuhashi *et al.*'s study showed that structural changes in N-glycans occurred in

degenerated cartilage in a rabbit OA model before tissue changes occurred (14). Urita *et al*.

demonstrated that these N-glycans in degenerated mice and human cartilage are high-

mannose type N-glycans (15). Furthermore, among several glycosidases, mannosidase

activity was very high in OA joints, and its activity was high before the progression of

cartilage fibrosis (16). This suggests that high-mannose type N-glycan plays an important

role in OA pathogenesis. However, whether changes in the glycan structure are involved in

OA pathogenesis is unclear.

This study analyzed the glycan structural changes that preceded OA degeneration and

elucidated the mechanism of glycan structural changes in cartilage degeneration. For this

purpose, the effects of mannosidase, a specific degrading enzyme of high-mannose type N-

glycans associated with OA, on cartilage tissues and its molecular mechanisms were

analyzed.

RESULTS

Mannosidase injection caused early OA-like change in vivo

A decrease in Safranin O staining in the right femoral condyle of the α-mannosidase-injected

knee after 4 weeks was observed (Fig. 1A, B). Terminal deoxynucleotidyl transferase dUTP

nick end labeling (TUNEL) staining was enhanced in the superficial layer compared with that

in control. Articular cartilage chondrocytes exposed to α-mannosidase were not arranged in

columns in the middle zone. The surfaces of each group were smooth and had a good

macroscopic appearance (Fig. 1C). None of the groups showed a decrease in type 2 collagen

staining, and the orientation was maintained (Fig. 1D). To achieve optimal activity, the pH

range of 4 to 5 is ideal for mannosidase. In a physiological saline solution with a pH of 7 and

a concentration of 100 μg/ml, it exhibited specific activity. Nevertheless, at a concentration of

1.0 μg/ml, this activity was no longer present (S1 Figure). The mean histological score of the

α-mannosidase group was 0.83, indicating mild OA (Fig. 1E). The control group was

unchanged. Cartilage degeneration during intermittent intra-articular administration of

mannosidase was reversed upon discontinuation (Fig. 1F).

Depletion of high-mannose type N-glycans in chondrocytes leads to cartilage

degradation ex vivo

To quantify the degeneration and resilience promoted by the injection of α-mannosidase, the

cultured cartilage was harvested at different time points (Fig. 2A). Concanavalin A (Con A)

reactivity declined in articular cartilage treated with α-mannosidase (Fig. 2B). The

application of α-mannosidase stimulated the release of PG from cultured cartilage in

association with extracellular matrix degradation (Fig. 2C) and showed significantly higher

spontaneous nitric oxide (NO) release than the control over time (Fig. 2F). Mannosidase-

exposed cartilage showed an increase in TUNEL-positive cells in chondrocytes in the deep

zone and type 10 collagen-positive cells in superficial chondrocytes; however, these changes

did not occur in cytokine-stimulated cartilage (S2 Figure). Mannosidase exposure increased

Adamts5 expression and suppressed *Mmp13* expression and anabolic factors (Fig. 3E). In the

articular cartilage that was exposed to freeze-thaw treatment before culture, no differences in

PG loss were observed between the α-mannosidase-stimulated cartilage and non-stimulated

cartilage (Fig. 2E). Excluding mannosidase loading, PG leakage and Safranin O staining were

restored (Fig. 2D), but Con A staining loss was not. Sialidase addition did not cause PG

leakage or NO production (S3 Figure), and the aggrecan lost in the catabolic phase was not

replenished in the subsequent anabolic phase.

Corefucosylated N-glycan was formed in resilient cartilage and isolated chondrocyte

Glycoblotting analysis revealed a significant difference in the N-glycan profiles (Fig. 3A and

S1 Table). Plotting m/z after mannosidase exposure against m/z before mannosidase exposure

demonstrated that only N-glycans were affected by enzyme dissociation from the y = x line

(Fig. 3B, S2 Table). In both denatured and reverted cartilages, Man8-9GlcNAc2 was

decreased, and Man5-6GlcNAc2 was increased by the action of mannosidase, which has a

high specificity for the terminal mannosidic residues of glycans (Fig. 3C, D). In contrast,

corefucosylated N-glycans, which were formed in the same biosynthesis pathway, were also

found (Fig. 3D). Similarly, the N-glycan profiles of isolated chondrocytes showed the

presence of this corefucosylated structure (S4 Figure). The expression of *Fut8*, the only

enzyme involved in corefucosylation, increased significantly in mannosidase-treated cartilage

(Fig. 3E).

Deficiency of corefucosylated glycans in articular cartilage inhibits recovery from

cartilage damage and promotes cartilage degeneration

We first examined whether the absence of core fucose affects the resilience of cartilage

degeneration. Mice lacking *Fut8* exhibited severe growth retardation and died shortly after

birth. Therefore, we decided to generate *Fut8* conditional knockout (cKO) mice (Fig. 4A, B).

The tissue specificity of recombination was confirmed by polymerase chain reaction (PCR)

analysis of mouse genomic DNA that detected either the intact *Fut8*$^{\text{loxP}}$ allele or the Cre-

recombined *Fut8*$^{\Delta}$ allele in repeated crosses; N-glycan analysis of cartilage demonstrated the

loss of corefucosylated sugar chains (Fig. 4C). The proportion of high-mannose type N-

glycan content was unchanged in cartilage lacking the *Fut8* gene (S5 Figure). Next, we used

real-time (RT)-PCR to determine relative *Fut8* messenger (m)-RNA levels in the cartilage of

Col2-*Fut8*$^{-/-}$ mice and their wild-type (WT) littermates (*Fut8*$^{\text{loxP/loxP}}$). Real-time polymerase

chain reaction (RT-PCR) analysis showed that *Fut8* mRNA expression was reduced by >99%

in the articular cartilage of Col2-*Fut8*$^{-/-}$ mice compared to that in their WT littermates (P <

0.01; n = 3 mice per group) (Fig. 4D). Chondrocyte-surface corefucosylation levels were

analyzed by lectin staining using *Pholiota squarrosa* lectin (PhoSL), which specifically

recognizes α1-6 core fucose (17). PhoSL lectin staining was completely absent in the articular

cartilage of *Fut8* cKO mice, in contrast to the positive staining observed in *Fut8* flox mice

under physiological conditions (Fig. 4E). Enzymatic degradation of high-mannose type N-

glycans on the cartilage in *Fut8*-deficient mice exacerbated cartilage degeneration (Fig. 4E,

F). In addition, reversible matrix repair by enzyme removal observed in control cartilage was

not observed in *Fut8*-deficient cartilage explant cultures. To evaluate whether TGF-β1

decreases cartilage degeneration after mannosidase stimulation, TGF-β1 was exogenously

added to Col2-*Fut8*$^{-/-}$ cartilage in the presence of α-mannosidase stimulation for 24 h. The

samples treated with TGF-β1 leaked significantly less PG following mannosidase stimulation

compared to samples not treated with TGF-β1 (Fig. 4F).

Loss of corefucosylated glycans in articular cartilage leads to premature OA

Col2-$Fut8^{-/-}$ mice developed and grew normally without major organ abnormalities of major

organs and could not be distinguished from their WT littermates. The whole skeletons of

newborn mice stained with alcian blue and alizarin red did not differ in appearance between

the genotypes (Fig. 5A). Col2-$Fut8^{-/-}$ mice showed a lower body weight than their WT

littermates, as indicated by the growth curve (Fig. 5B). To assess the role of FUT8 in

endochondral ossification, we performed an epiphyseal plate analysis of 4-week-old Col2-

$Fut8^{-/-}$ mice. This uncovered a significant enlargement of the zone of hypertrophic

chondrocytes in the growth plates of the long bones of Col2-$Fut8^{-/-}$ mice compared to

controls (Fig. 5C, S6 Figure). We analyzed the development of instability-induced OA

changes in $Fut8^{loxP/loxP}$ and $Fut8$ cKO mice. Sham operations produced no significant changes

in OA in either mouse genotype. Eight weeks after instability-inducing surgery, the joints of

WT mice developed changes in OA, such as cartilage erosion and a reduction in Safranin O

staining and chondrocyte number. Deletion of FUT8 results in more severe changes in OA. In

the joints of $Fut8$ cKO mice, 8 weeks after surgery, the noncalcified zone (the upper layer

above the tidemark) was almost completely lost. The number of chondrocytes was

significantly reduced (Fig. 5D). Quantitative assessment using the OA Research Society

International (OARSI) score supported these histological findings (difference: -2.900;

$Fut8^{flox/flox}$/destabilization of the medial meniscus (DMM) versus $Col2a1$-Cre;

$Fut8^{flox/flox}$/DMM, 95% confidence interval [CI] for the difference: -5.027 to -0.7734) (Fig.

5E). Changes in OA progressed earlier in the aging models of $Fut8$-deficient mice than in

control mice (WT and floxed mice). The mice were followed up until 15 months of age to

assess the spontaneous development of OA with aging (Fig. 5F). There were no apparent

changes of OA in the knee joints of either mouse genotype at 3 months of age (Fig. 5G). At 4

months of age, significant changes in OA were detected in the knee joints of the *Fut8* cKO

mice. The cartilage surface integrity was no longer maintained at 9 months. These OA

changes progressed more in *Fut8* cKO mice than in their WT littermates at 15 months. These

histological findings were quantitatively confirmed by the Osteoarthritis Research Society

International (OARSI) scores (difference: -2.000; WT versus *Col2a1-Cre; Fut8$^{flox/flox}$*, 95% CI

for the difference: -3.723 to -0.2771 at 4 months, difference: -2.700; WT versus *Col2a1-Cre;*

Fut8$^{flox/flox}$, 95% CI for the difference: -4.423 to -0.9771 at 9 months, and difference: -6.700;

WT versus *Col2a1-Cre; Fut8$^{flox/flox}$*, 95% CI for the difference: -8.423 to -4.977 at 15

months).

Altered glycosylation of human OA cartilage based on comprehensive glycan analysis

Total glycome profiling of human OA cartilage is shown in Fig. 6A and S3 Table. The

amount of high-mannose type N-glycan was significantly decreased, the same as previously

reported in OA cartilages (Fig. 6A) (15). Focusing on fucosylation, most of the

complex/hybrid type glycans were modified with fucose. The fucosylation that occurs at the

innermost N-acetylglucosamine (GlcNAc) of N-glycans could be recognized with a lectin

from the mushroom Pholiota squarrosa (PhoSL) and was able to detect the expression of the

corefucose structure. Therefore, we suspected that the stainability of PhoSL is increased in

OA cartilage. As expected, the PhoSL staining of OA cartilage was significantly increased

relative to that of a healthy control (Fig. 6B). We performed principal component analysis

(PCA) on 1110 glycomic data, discriminating OA from healthy cartilages along the first

principal component (PC1) axis (Fig. 6C). Hierarchical cluster analysis showed that clades

containing corefucosylated glycans were clustered (Fig. 6D), and N-13 ((Hex)1 (HexNAc)1

(Fuc)1 + (Man)3(GlcNAc)2) has the largest squared correlation with its cluster component.

DISCUSSION

The objective of this work was to provide novel and translational insights into the

pathogenesis of OA associated with changes in glycan structure. A graphical abstract

summarizing our findings is shown in Fig. 7. To test the hypothesis that structural changes in

high-mannose type N-glycans may induce OA, we tested the effect of mannosidase loading

on the structure of high-mannose type N-glycans. Consequently, modifying the structure of

high-mannose type N-glycans by mannosidase loading induced OA-like histological

alterations. Furthermore, the OA-like changes induced by mannosidase were recovered by

enzyme removal. These results suggest that structural alterations of high-mannose type N-

glycans lead to OA-like histological changes in articular cartilage but do not necessarily

cause the pathogenesis of eventual OA. Subsequently, glycoblotting analysis revealed that

core-fucose-containing glycans underwent complementary structural alterations per high-

mannose type N-glycans. This suggests that the structural change of core-fucose-containing

glycans may have some compensatory mechanism for OA-like alterations caused by the

structural change of high-mannose type N-glycans. Furthermore, under the regulation of *Fut8*

expression, which regulates the synthesis of core fucose, mannosidase was found to induce

irreversible OA. The high-mannose/corefucosylation relationship estimated function to

maintain formed cartilage. In endochondral ossification, the *Fut8* cKO growth plate had an

enlarged hypertrophic zone and reduced primary spongiosa because it is involved in the next

process of cartilage replacement into bone rather than the process of cartilage formation.

These results provide the first evidence that structural alterations in glycans in the articular

cartilage regulate eventual OA development.

Two key targets of cartilage degeneration during OA are type II collagen, a major substrate of

matrix metalloproteinase (MMP)-13 (18), and aggrecan, a PG with glycosaminoglycan side

chains of chondroitin and keratin sulfate (19, 20). The degradation of non-collagenous

molecules, such as aggrecan, occurs before the degradation of type II collagen in the early

stages of OA (20, 21). The histological analysis in this study revealed that the alteration in the

structure of high-mannose type N-glycans resulted in a decrease in Safranin O staining (a

decrease in glycosaminoglycans and/or PGs), whereas there was no change in collagen

staining. These findings are consistent with alterations in the early stages of OA.

Furthermore, we observed that removing mannosidase could cause PG loss to the control

level. Karsdal *et al.* demonstrated that articular cartilage degradation is reversible in the

presence of aggrecanase and concluded that the repair ability is not impaired before the

degradation of aggrecan and type II collagen by MMPs (22). Reimann *et al.* observed that the

glycosaminoglycans loss in articular cartilage is reversible and an early sign of OA before the

"state of no return." (23) The present results are consistent with the findings of previous

reports on early OA and suggest that the mannosidase-loaded model can be considered an

early OA-like alteration.

Since the structural change in high-mannose type N-glycans alone did not cause irreversible

OA, we investigated other regulatory mechanisms related to high-mannose type N-glycans

that could induce irreversible OA. The expression of corefucosylated N-glycans on a series of

biosynthetic pathways was upregulated with structural changes in high-mannose type N-

glycans. FUT8 is known to corefucosylate small oligomannose N-glycans (Man4-

Man5GlcNAc2) but not large oligomannose N-glycans, such as Man8-Man9GlcNAc2 (24).

This suggests that small oligomannose N-glycans trimmed by mannosidase could activate

Fut8. *Fut8* is also upregulated in human OA chondrocytes (25, 26), and increased expression

of these corefucosylated N-glycans has been observed during late chondrocyte differentiation

(27). These findings suggested that these structural changes are related to OA-related

glycosylation.

To clarify the relationship between the alteration of corefucosylated N-glycans and cartilage

degeneration, *Fut8* cKO mice were used. Since the results of the ex vivo freeze-thaw model

showed that cartilage degeneration was induced by changes in the glycan structure of

chondrocytes, we used chondrocyte-specific KO mice. As a result, the reversibility of the

cartilage degeneration model was diminished. This finding suggests that *Fut8*-mediated

corefucosylation in chondrocytes plays a function in promoting glycan repair. Furthermore, to

directly determine whether *Fut8* was involved in the inhibition of OA progression, the OA

model was investigated. For the modeling of OA in *Fut8* cKO mice, the instability-induced

OA model and the age-associated OA model were adapted. The former emphasizes

mechanical stress factors in OA, the latter aging factors. OA is a multifactorial disease.

Therefore, we thought it was appropriate to validate both aspects of OA. The results showed

that conditional KO of *Fut8* in chondrocytes hastened the onset of OA. This suggests that

cartilage corefucosylation associated with FUT8 plays a protective role against the

attenuation of type II collagen in the OA process.

Finally, the expression of α1,6-linked core fucose on N-glycans in human cartilage is

associated with OA, and corefucosylation was found to be one of the characteristics in OA

cartilage. Total cellular glycome analysis, including N- and O-linked glycans derived from

glycoproteins, GSL-glycans, GAGs, and fOSs, is informative for analyzing cell-specific

characteristics (28−30). Glycome profiling enabled the detection of corefucosylated N-

glycans by sequential clustering of degenerated cartilage characteristics. Core fucose

deficient mice generated by ablating the α1,6 fucosyltransferase enzyme, FUT8, were

reported to have suppressed phosphorylation of Smad and increased expression of MMPs

(matrix metalloproteinases) due to decreased binding of TGF-β ligand caused by the lack of

core fucose addition to the TGF-β type II receptor (31, 32). The present study shows that

treatment of cartilage with mannosidase caused corefucosylation, suppression of *Mmp13*, and

increased expression of *Tgf-β*. Moreover, treatment of FUT8-knockout cartilage with

mannosidase resulted in the suppression of *Tgf-β* expression and increased *Mmp13*

expression. Here, the exogenous addition of TGF-β1 rescued them from cartilage

degeneration. These results suggest that corefucosylation following the loss of high-mannose

type N-glycans may provide chondroprotective effects via the TGF-β signaling pathway,

which may have been lost by FUT8-knockout.

One limitation of this study was that we did not have access to cartilage samples from

immediately before the onset of OA; thus, we do not know the expression of Fut8 in human

cartilage in the early stage of OA onset and its influence on extracellular matrix degradation

under homeostatic conditions. Obtaining cartilage specimens continues to be challenging,

especially for those with early stages of OA.

In summary, we show for the first time a key role of FUT8 and glycan-dependent signaling

mediators in extracellular matrix resilience associated with cartilage corefucosylation during

early OA.

METHODS

Intra-articular injection of α-mannosidase in the knee

We injected mannosidase into rabbit knee joints in accordance with a previous paper showing

that N-type glycans are altered prior to cartilage matrix degeneration. Japanese White rabbits

weighing 3.10 ± 0.15 kg purchased from a professional breeder (Japan SLC Inc., Hamamatsu,

Japan) were used for this study according to established ethical guidelines approved by the

local animal care committee. Animals were anesthetized with 10 mg/kg of intravenous

ketamine, followed by isoflurane in oxygen gas. Both knees in each rabbit were shaved,

prepared, and draped in a sterile fashion. α-Mannosidase from Canavalia ensiformis (Jack

bean) (Sigma, St Louis, MO, USA) was dissolved in saline. Five hundred microliter volumes

containing 1.9 units per ml (0.05 mg) of mannosidase solution were injected into the joint

cavity of the right knee. α-Mannosidase from Canavalia ensiformis (Jack bean) has been

widely used as a tool for glycan analysis, which has a high specificity towards terminal

mannosidic residues of glycans and participates in mannose trimming reactions (33). The

measurement of its performance in a saline solution was evaluated using the QuantiChrom α-

Mannosidase Assay Kit (BioAssay Systems, Hayward, CA, USA). This colorimetric assay

uses 4-nitrophenyl-α-d-mannopyranoside as a substrate to identify the generation of 4-

nitrophenol. The following doses of α-Mannosidase were administered: 0.5 ml at 0.01 μg/ml,

1.0 μg/ml, or 100 μg/ml. Simultaneously, the contralateral knee joint received an equal

volume of saline solution. Each joint was injected once or four times in alternate weeks. The

animals were euthanized at 4 and 16 weeks postoperatively. Each section of the knee joint

was stained with hematoxylin and eosin or Safranin O/fast green, as well as with

immunohistochemical staining for type II collagen and TUNEL. Two investigators quantified

the OA severity using the OARSI scoring method.

Evaluation of collagen orientation by a polarized light microscope

To evaluate the collagen orientation of the repaired tissue at 16 weeks postoperatively, a

supplemental evaluation using a polarized light microscope (PLM) (ECLIPSE E600 POL;

Nikon, Tokyo, Japan) was conducted (34). This evaluation was performed on HE-stained

sections from each group. Two cross polarizers were used so that highly ordered collagen

perpendicular to the articular surface appeared bright, while collagen that was not ordered

(nonbirefringent) appeared dark. The contrast of fibrils more parallel to the articular surface

was darker than collagen oriented perpendicular to the articular surface. To observe the

predominant direction of the birefringent regions and confirm the lack of orientation in the

nonbirefringent regions, the sections were rotated at 0°, 45°, and 90° for the fixed filters.

Microscopic images were acquired using a digital camera (DS-5M-L1, Nikon, Tokyo, Japan).

Each sample was examined independently by an experienced PLM user.

Ex vivo analysis of deletion of high-mannose type N-glycan in cartilage

Organ culture experiments in mice were established to study the effects of mannosidase on

articular cartilage without immunoreaction and in anticipation of later candidate gene

research using transgenic mice. According to the established ethical guidelines approved by

the local animal care committee, cartilage catabolism was analyzed by culturing femoral head

cartilage of 4-week-old C57BL6 male mice with α-mannosidase (1.9 U/mL) ex vivo (35, 36).

Mannosidase was removed on day 3, and organ culture was continued until day 6. To

evaluate cartilage degradation, quantification of PG release from cartilage explants was

performed using the dimethylmethylene blue assay (36, 37) and exposure to sialidase (1.9

U/mL) and interleukin-1 beta (Cat #. 300-01A; BioLegend, San Diego, CA, USA) (10

ng/mL) was also used as another control. The NO concentration in the culture medium was

measured using the Griess reagent system (Promega, Tokyo, Japan). To determine the direct

effects of mannosidase on the matrix, some cartilage explants were subjected to freeze-thaw

cycles in liquid nitrogen to destroy chondrocytes present in the superficial layer of the

cartilage (22, 38). After the procedure, the cells were replaced with the same culture medium

described above. Each tissue sample was stained with Safranin O. Lectin staining with Con A

(Wako Pure Chemical Industries, Richmond, VA, USA) and PhoSL (J-Oil Mills Inc., Tokyo,

Japan) was used to detect the high-mannose type N-glycans. Staining was performed using

the ABC Kit (Vector Labs, Burlingame, CA, USA), and the sections were counterstained with

HE.

RNA extraction and quantitative RT-PCR analysis

Total RNA was extracted from the samples using an RNeasy Mini Kit (Qiagen, Hilden, Germany). For complementary DNA synthesis, 1.0 μg of RNA was reverse transcribed using random hexamer primers (Promega, Tokyo, Japan) and ImProm II reverse transcriptase (Promega). Quantitative RT-PCR was performed using a Thermal Cycler Dice Real Time System II (Takara Bio Inc., Otsu, Japan) and SYBR Premix Ex Taq II (Takara, Shiga, Japan) with gene-specific primers (S4 Table) in 15 μl of the mixture, following the manufacturer's instructions. Quantitative data were normalized using peptidylprolyl isomerase A as an endogenous reference gene and were calculated using the ΔΔCt method (39).

Generation of *Fut8$^{loxp/loxp}$Col2a1-Cre* cKO mice

Fut8$^{loxp/loxp}$ mice were provided by Tohoku Pharmaceutical University (Sendai, Japan). To interrupt the synthesis of corefucosylated N-glycans in cartilage, we generated mice with knockout of the chondrocyte-specific *Fut8* gene (Col2-*Fut8$^{-/-}$* mice) by crossing *Fut8$^{loxp/lox}$* mice with Col2a1-Cre–transgenic mice (40), in which Cre recombinase is expressed specifically in chondrocytes under the Col2a1 promoter. Transgenic mice carrying the Col2a1-Cre transgene (strain B6; SJL-Tg [Col2a1-Cre] 1Bhr/J; stock number 003554) were obtained from the Jackson Laboratory (Bar Harbor, ME, USA). Homozygous *Fut8$^{loxp/loxp}$* mice were bred with *Col2a1-Cre* mice, and offspring with the genotype *Fut8$^{loxp/+}$ Col2a1-Cre* were bred with *Fut8$^{loxp/loxp}$* mice to obtain the *Fut8$^{loxp/loxp}$Col2a1-Cre* cKO experimental group and *Fut8$^{loxp/loxp}$* (flox) littermate controls. All animals were maintained at Hokkaido University under the regulations of the Institutional Animal Care and Use Committee.

Skeletal examination

To observe the skeletal systems, whole skeletons of WT and cKO littermates were stained

with alcian blue and alizarin red, as previously described (41, 42). The newborns were

skinned, eviscerated, and fixed in 95% ethanol. Intact skeletons were stained with 150 mg/ml

of alcian blue 8GX in 75% (vol/vol) ethanol/20% acetic acid for 24–48 hours and excess

tissues were removed by 1–2% KOH digestion for 2–3 days. The skeletal preparations were

stained with 75 mg/ml of alizarin red S in 1% KOH for 24 hours and cleared in graded

glycerol solutions (43).

Instability-induced OA model

An OA model was created in 10-week-old mice by destabilizing the knee joint as previously

described (44). With the mice under general anesthesia, we destabilized the right knee joint

by transection of the medial collateral ligament and removing the cranial half of the medial

meniscus using a microsurgical technique (DMM). A sham operation was performed on the

left knee joint using the same approach, without ligament transection and meniscectomy. For

histological assessment, the mice were sacrificed, and the entire knee joint was dissected 8

weeks postoperatively.

Age-associated OA model

At 3, 4, 9, and 15 months of age, the mice were sacrificed, and their entire knee joints were

dissected to assess the spontaneous development of OA as a model of age-associated OA (44,

45).

Human Cartilage Preparation

Acquisition and use of patient tissues were approved by the institutional review board (IRB)

of Hokkaido University (approval number: 014-0144), and informed consent was obtained in

advance. Samples were from patients undergoing total knee arthroplasty for clinically and

radiologically diagnosed OA (n=5; age range 61–84 years, mean 72.4; male: female ratio

1:4). Age-matched control articular cartilage was from patients undergoing total hip

arthroplasty for femoral neck fracture with no history of joint disease (n=5; age range 45–88

years, mean 61.2 years; male: female ratio 3:2). Each cartilage specimen was evaluated

macroscopically by at least two veteran doctors to ensure that it had not suffered damage or

degeneration and was treated within 9 hours of harvest in the operating room. Immediately

upon receipt, isolated human cartilage was homogenized with a Polytron blender

(Kinematica, Luzern, Switzerland), and then cold ethanol was added to separate the protein

and lipid fractions.

Total cartilage glycomic analysis

To determine whether the glycosylation detected is conserved across species, we analyzed the

total glycome in human cartilage. N-glycans were released directly using cartilage lysates

following deglycosylation by overnight treatment with peptide N-glycanase F (PNGase F,

2U) (Roche, Switzerland). The supernatants containing GSLs and fOSs were dried with a

centrifugal evaporator. GSL-glycans were isolated by enzymatic digestion using EGCase I

(Takara Bio Inc. Japan), whereas fOSs were recovered from an EGCase I-free fraction (46).

Cartilage lysate was delipidated and digested by GAG disaccharides (47). Extracted

glycoproteins were subjected to BEP for O-glycan analysis. Detailed procedures and

materials are provided elsewhere (48). N-glycans, fOSs, GAGs, and GSL-glycans were

subjected to glycoblotting (49). Purified N-glycans, fOSs, O-glycans, and GSL-glycan

solutions were mixed with 2,5-dihydrobenzoic acid and subjected to Matrix-assisted laser

desorption/ionization-time of flight mass spectrometry (MALDI-TOF MS). 2AB-labeled

GAG disaccharides were analyzed by HPLC. The glycan compositions were manually

determined by conducting database searches (i.e., a compositional search of the UniCarbKB

database (http://www.unicarbkb.org/query) for fOSs and N- and O-glycans and of the

SphinGOMAP database (http://www.sphingomap.org/) for GSL-glycans). All previously

deposited GSL-glycans in the SphinGOMAP database were extracted and compiled as an in-

house database to allow searching by the m/z value and/or composition. The absolute

quantification was obtained by comparative analyses between the MS signal areas derived

from each glycan and the internal standard.

Statistics

All data in this study are presented as the mean ± standard deviation and were repeated at

least three times unless otherwise indicated. Data analysis was performed using GraphPad

Prism 9 software version 9.4.1 (GraphPad Software, Inc., San Diego, CA, USA), and the

Welch t-test/Welch analysis of variance with subsequent use of the Tukey–Kramer multiple

comparison tests were used to determine significant differences between the groups. P-values

<0.05 were considered significant. JMP Pro version 16.2.0 (SAS Institute, Cary, NC, USA)

was used to reveal the relationships between each subject of sub glycomes; we performed

principal component analysis (PCA) and hierarchical cluster analysis.

Study approval

Acquisition and use of patient tissues were approved by the institutional review board (IRB)

of Hokkaido University (approval number: 014-0144), and informed consent was obtained in

advance. All animal studies were performed according to established ethical guidelines

approved by the local animal care committee.

Data availability

All data reported in this paper is available from the corresponding author upon request. This

paper does not report original code. Any additional information required to reanalyze the data

reported in this paper is available from the lead contact upon request.

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AUTHOR CONTRIBUTIONS

Conceptualization: NI

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FIGURES

Fig. 1. Effects of α-mannosidase injection in the knee joint in vivo.

(A) Time course of intra-articular α-mannosidase injection and unloading. Red arrows

indicate the one-shot, intra-articular injection that was performed once a week. **(B)**

Histological evaluation of knee articular cartilage 4 weeks after intermittent α-mannosidase

infusion and 16 weeks after load removal. Scale bars, 50 μm. **(C)** Representative macroscopic

assessment of the articular cartilage using mannosidase concentration. Scale bar, 1 cm. **(D)**

Evaluation of the collagen orientation of reparative tissues at 4 weeks postoperatively.

Sections stained with HE was viewed under a polarized light microscope at multiple angles

(0°, 45°, and 90°). Scale bar, 200 μm. **(E)** OARSI scores at 4 weeks postoperatively on

sections from the knee joint (n = 6). **(F)** Tissue degeneration scores at each time point are

based on mannosidase concentration. Data are shown as mean ± standard deviation. *$P <$

611   0.05, **P < 0.01 versus the saline group in (E), and versus 4 weeks in (F). In (E), the Welch

612   t-test was used for statistical analysis. In (F), n = 6 rabbits per group. One-way analysis of

613   variance with Tukey's multiple comparison test was used to perform statistical analysis. HE,

614   hematoxylin and eosin; OARSI, Osteoarthritis Research Society International; TUNEL,

615   terminal deoxynucleotidyl transferase dUTP nick end labeling.

Fig. 2. Cartilage degradation induced by mannosidase stimulation.

(A) Schematic diagram of the procedures used to establish the early OA model before

irreversible and progressive destruction of articular cartilage. **(B)** Mannosidase-treated

cartilage stained with Safranin O and Con A. The distribution of high-mannose type N-

glycans is decreased in mannosidase-induced degraded mouse cartilage. Scale bars, 50 μm.

(C), (D) PG release after exposure to mannosidase (C) and recovery after its removal from

cultured cartilage grafts (D). **(E)** To investigate the non-chondrocyte-mediated release of

fragments, PG loss was measured in cartilage explants that had undergone freeze-thaw

cycles. **(F)** Sequential NO released into media measured as concentrations of nitrite for

cartilage explants stimulated with mannosidase. Data are shown as mean ± standard deviation

(s.d.). *$P < 0.05$, **$P < 0.01$ versus the control group in (C), (E), and (F), and versus day 3 in

(D). In (C) and (E), n = 3 samples (six mice) per group. One-way ANOVA with the Tukey

multiple comparison test was used to perform statistical analysis. In (D), n = 12 mice in each

group and n = 3 samples (six mice) at each time point. In (F), n = 16 mice at each time point

and n = 4 samples (eight mice) per group. In (D) and (F), two-way ANOVA with the Sidak

multiple-comparisons test was used to perform statistical analysis. Con A, concanavalin A;

NO, nitric oxide; ANOVA, analysis of variance; PG, proteoglycan.

Fig. 3. Cartilage N-glycomes.

(A) MALDI-TOF MS spectra showing the quantitative N-glycan profiles of cartilage before

(upper) and after (lower) mannosidase treatment. **(B)** Scatter plot of the changes in *m/z* per

protein abundance in the mannosidase (x-axis) and control (y-axis) N-glycan structures. The

red dots indicate the top 10 N-glycan structures based on the deviation from the y = x line.

(**C**) Heatmap of N-glycome showing differential N-glycan expression in the mannosidase

(man+) group versus the control (man-) group. (**D)** N-glycans altered by mannosidase were

corefucosylated glycans and high-mannose type N-glycans. (**E)** RT-PCR expression analysis

of marker genes in organ culture of cartilage with mannosidase. Data are shown as mean ±

standard deviation. *$P < 0.05$, **$P < 0.01$ versus the control group in (D), and versus 0 hours

in (E). In (D) and (E), n = 3 samples (six mice) per group. In (D), unpaired t-tests were used

to perform statistical analyses. In (E), one-way ANOVA with the Dunnett multiple

comparison test was used to perform statistical analysis. MALDI-TOF MS, matrix-assisted

laser desorption/ionization-time of flight mass spectrometry; ANOVA, analysis of variance;

RT-PCR, real-time polymerase chain reaction.

Fig. 4. Loss of resilience due to FUT8 deficiency in cartilage.

(A) Biological reaction of FUT8. FUT8 transfers fucose to the innermost GlcNAc residue of

complex N-glycans via α1,6-linkage (corefucosylation). **(B)** Targeted disruption of *Fut8*

locus. The *Fut8* gene (WT allele; top), targeting vector (middle), and disrupted *Fut8* locus

(mutant allele; bottom). Schematic representation of the *Fut8*-targeting strategy and Cre-

mediated recombination of the *Fut8*^{loxP} allele. (**C**) MALDI-TOF MS mass spectra of N-

glycans from WT and *Fut8* cKO mice. The corefucosylation levels in cartilage were

decreased and undetectable in *Fut8* cKO mice. (**D)** Gene profile in chondrocytes isolated

from *Fut8* cKO mice. The expression levels of these genes in WT cells were set to 1. PPIA,

peptidylprolyl isomerase A. (**E)** Histological findings in cartilage explants from *Fut8* cKO

mice and their floxed littermates cultured with mannosidase and subjected to Safranin O

staining and PhoSL lectin staining. Scale bar, 50 μm. (**F)** PG release in cultured cartilage

explants from *Fut8* cKO mice and their floxed littermates. M-, Mannosidase (-); M+,

Mannosidase (+). Data are shown as mean ± standard deviation. In (F), n = 3 samples (six

mice) per group. *$P < 0.05$, **$P < 0.01$. One-way ANOVA, with the Tukey multiple

comparison test, was used to perform statistical analysis. MALDI-TOF MS, matrix-assisted

laser desorption/ionization-time of flight mass spectrometry; WT, wild-type; cKO,

conditional knockout; PG, proteoglycan; ANOVA, analysis of variance.

Fig. 5. OA acceleration in *Fut8* cKO mice.

(A) Double staining with alizarin red and alcian blue of the whole skeleton of wild-type and

Col2a1-Cre;Fut8^flox/flox cKO littermate embryos (newborn). Scale bars, 1 cm (left). Weight

and body length of wild-type and cKO littermate embryos (right). **(B)** Growth curves were

determined by body weight in male (left) and female (right) wild-type mice and their cKO

littermates. **(C)** Histologic findings in knee joints from 4-week-old mice. Toluidine blue (TB)

staining and immunostaining for type X collagen (Col10) and proliferating cell nuclear

antigen (PCNA) in growth plates of the tibia were performed in each mouse genotype. The

dashed line indicates the hypertrophic zone. Scale bar, 100 μm. **(D)**, **(E)** Features of

instability-induced OA in *Fut8^{flox/flox}* (flox) mice and their cKO littermates 8 weeks after

surgery. Safranin O staining is shown for each mouse genotype. Scale bar, 100 μm (D).

Summed histological scores for OA severity in the knee cartilage from flox and cKO mice, as

determined using the OARSI scoring system, are shown (E). **(F), (G)** Features of age-

associated osteoarthritis in wild-type mice and their flox and cKO littermates. Safranin O

staining of the knee joint is shown for each mouse genotype at 3, 4, 9, and 15 months of age.

Scale bar, 100 μm (F). The summed OARSI scores are shown (G). Data are shown as mean ±

standard deviation. In (A), the Welch t-test was used to perform statistical analyses (n = 6

mice per group). In (B), n = 15 mice per group at each time point. In (E) and (G), n = 5 mice

per group at each time point. *$P < 0.05$, **$P < 0.01$ versus the wild-type group in (B) and

(G), and versus flox mice in (E). One-way ANOVA with the Tukey multiple comparisons test

(B), and two-way ANOVA with the Tukey multiple comparisons test (E and G) were used to

perform statistical analysis. OA, osteoarthritis; cKO, conditional knockout; OARSI,

Osteoarthritis Research Society International. ANOVA, analysis of variance; ns, not

significant.

A

Healthy

OA

×10

GSL

N   O

fOS   GAG

◯ : 500 pmol/100 ug Protein

B

	Healthy	OA
Safranin-O		
PhoSL		

C

PC scores

● Healthy
● OA

PC2

PC1

Proportion of variance

—●— % Individual
▭ % Cumulative

29.62 16.05 12.62 10.27 9.09 8.45 5.69 4.33 3.88

45.67 58.29 68.55 77.65 86.10 91.79 96.12 100.00

Principal Component

D

Most Representative Variable	Cluster Proportion of Variation Explained	Total Proportion of Variation Explained	.2 .4 .6 .8
N-13	0.784	0.106	
N-6	0.728	0.072	
GSL-14	0.843	0.068	
N-51	0.756	0.055	
GSL-3	0.765	0.048	
N-25	0.752	0.047	
N-41	0.796	0.043	
GAG-4	0.684	0.037	
GSL-12	0.774	0.035	
GAG-12	0.771	0.035	
N-50	0.731	0.033	
fOS-7	0.721	0.032	
O-16	0.832	0.03	
GSL-6	0.766	0.028	
N-39	0.732	0.026	
N-37	0.934	0.025	
N-18	0.677	0.024	
GSL-16	0.875	0.024	

Proportion of variation explained by clustering: 0.769

Ctrl-1 Ctrl-2 Ctrl-3 Ctrl-4 Ctrl-5 OA-1 OA-2 OA-3 OA-4 OA-5

0   5   10   15   20   % Relative Abundance

▲ : Core-fucosylated N-Glycan

Fig. 6. Altered glycosylation of human Osteoarthritis (OA) cartilage based on

comprehensive glycan analysis.

(A) Total glycome profiling of human OA cartilage. Pie charts at the vertices of the pentagon

correspond to the glycan expression profiles of N-glycans, O-glycans, GSL-glycans, free

oligosaccharides (fOS), and glycosaminoglycan (GAG). The size of each circle and its

constituent colors reflect the absolute quantity of glycans (pmol/100 μg protein) and the

glycan substructures, respectively. The sizes of the circles representing the GAG contents are

decreased by 1/10-fold. Each color indicates the estimated glycan structure and corresponds

to the respective glycan number in the S3 Table. **(B)** Expression of core fucose in healthy and

OA cartilage. Scale bar, 100 μm. **(C)** Principal component analysis (PCA) of a glycan

expression data set. Data points represent individual samples. The first principal component

(PC1) distinguishes healthy and OA samples. **(D)** Hierarchical cluster analysis results

showing cluster image display for total glycans with color gradient for relative glycan

expression and dendrogram for each glycan structure. Cluster summary of PCA on the

glycome are shown on the right. The most representative variable is (Hex)1 (HexNAc)1

(Fuc)1 + (Man)3(GlcNAc)2 which means the largest squared correlation with its cluster

component.

Fig. 7. Graphical abstract.

The corefucosylation of N-glycans is associated with the reduction of high-mannose type N-

glycans in articular cartilage functions to maintain the formed vitreous cartilage as cartilage.

Failure of the complementary relationship leads to irreversible cartilage degeneration and

destruction of cartilage integrity.