β-catenin inhibition disrupts the homeostasis of osteogenic/adipogenic differentiation leading to the development of glucocorticoid-induced osteonecrosis of femoral head

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Abstract

Glucocorticoid-induced osteonecrosis of the femoral head (GONFH) is a common refractory joint disease characterized by bone damage and the collapse of femoral head structure. However, the exact pathological mechanisms of GONFH remain unknown. Here, we observed abnormal osteogenesis and adipogenesis associated with decreased β-catenin in the necrotic femoral head of GONFH patients. In vivo and in vitro studies further revealed that glucocorticoid exposure disrupted osteogenic/adipogenic differentiation of bone marrow mesenchymal cells (BMSCs) by inhibiting β-catenin signaling in glucocorticoid-induced GONFH rats. Col2$^+$ lineage largely contributes to BMSCs, and was found an osteogenic commitment in the femoral head through 9 months of lineage trace. Specific deletion of *β-catenin* in Col2$^+$ cells shifted their commitment from osteoblasts to adipocytes, leading to a full spectrum of disease phenotype of GONFH in adult mice. Overall, we uncover that β-catenin inhibition disrupting the homeostasis of osteogenic/adipogenic differentiation contributes to the development of GONFH, and identify an ideal genetic modified mouse model of GONFH.

Keywords: Glucocorticoid; Osteonecrosis of the femoral head; β-catenin; Osteogenic/adipogenic differentiation; Col2$^+$ lineage

Introduction

Glucocorticoids, potent immunity regulators, are widely used in the treatment of various autoimmune diseases such as systemic lupus erythematosus (SLE), nephrotic syndrome (NS) and rheumatoid arthritis (RA)[1]. However, excessive usage of glucocorticoids has been reported to cause severe adverse effects, especially femoral head osteonecrosis in the joint[2, 3]. As a destructive joint disease, glucocorticoid-induced osteonecrosis of the femoral head (GONFH) disables about 100,000 Chinese and more than 20,000 Americans annually[4, 5], bringing a huge financial burden on the society. Currently, there is no ideal medical treatment for GONFH due to its unclear pathological mechanisms. Most patients eventually have to undergo a joint replacement surgery[6]. Therefore, in-depth study of GONFH pathogenesis is urgently needed.

Previous *ex-vivo* studies on human necrotic femoral heads revealed prominent pathological features of GONFH including fat droplet clusters, trabecular bone loss, empty lacunae of

osteocyte at the early stage and extra subchondral bone destruction, structure collapse at the late

stage[7, 8]. Glucocorticoid-induced animal models are commonly used to study GONFH

pathogenesis, which mimic the early necrotic changes of GONFH but without structure collapse[9].

Several hypotheses, such as damaged blood supply[10, 11], abnormal lipid metabolism[12, 13] and

bone cell apoptosis[14, 15] have been proposed to explain the occurrence and development of

GONFH. However, the therapies developed according to the guideline established based on these

theories have not been successful in prevention of GONFH progression. Clinical evidence about

decreased replication and osteogenic differentiation capacity of bone marrow mesenchymal

stromal cells (BMSCs)[16-18] and the efficacy of BMSCs transplantation[19-21] in GONFH patients

indicate that GONFH might be a BMSCs-related disease. BMSCs contain mesenchymal

progenitor cells which give rise to osteoblasts and adipocytes, and glucocorticoids have been

shown to regulate osteogenic/adipogenic differentiation of BMSCs *in vitro*[22, 23]. Various

treatments targeting on promoting osteogenic differentiation of BMSCs alleviate early necrotic

phenotype in glucocorticoid-induced GONFH animal models[24-26]. Thus, we hypothesize that

imbalanced osteogenic/adipogenic differentiation of BMSCs plays a dominant role in GONFH

pathogenesis. Recent lineage tracing and single-cell RNA sequencing studies revealed that

BMSCs are a group of heterogeneous multipotent cells[27], and skeletal-derived mesenchymal

progenitor cells including collagen II (Col2)$^+$ lineage and Osterix (Osx)$^+$ lineage compose a large

proportion of BMSCs[28, 29]. However, which sub-population of BMSCs significantly contributes

to the GONFH pathogenesis remains unknown.

BMSCs differentiation is a complex process and is regulated by multiple signaling pathways.

Among them, canonical Wnt/β-catenin signaling functions as a switch in determining

osteogenic/adipogenic differentiation of BMSCs[30]. When β-catenin is accumulated in the nucleus,

interacting with TCF/Lef transcription factors to activate downstream target genes including

Runt-related transcription factor 2 (Runx2) and Osterix[31]. On the contrary, inhibition of β-catenin

induces expressions of CCAAT/enhancer binding protein alpha (C/EBPα) and peroxisome

proliferator activated receptor gamma (PPAR-γ) for adipogenesis[32, 33]. Our previous study

showed a significant decrease of β-catenin in the glucocorticoid-induced GONFH rat model[34].

Other groups also reported an involvement of β-catenin signaling in GONFH development[35-39].

Here, abnormal osteogenesis and adipogenesis with decreased β-catenin signaling were

observed in the necrotic femoral heads of GONFH patients and glucocorticoid-induced GONFH

rats. Activation of β-catenin signaling effectively alleviated the necrotic changes in GONFH rats

by restoring glucocorticoid exposure-induced imbalanced osteogenic/adipogenic differentiation of

BMSCs. Interestingly, specific deletion of *β-catenin* in Col2$^+$ cells, but not Osx$^+$ cells led to a full

spectrum of disease phenotype of GONFH in mice even including subchondral bone destruction

and femoral head collapse. Our present study provided novel molecular mechanisms of GONFH

pathogenesis, and an ideal genetic modified mouse model for GONFH study.

Results

Abnormal osteogenesis and adipogenesis with decreased β-catenin in necrotic femoral heads

of GONFH patients

To determine the pathogenesis of GONFH, we harvested the surgical specimens from

GONFH patients with femoral head necrosis (n=15) and samples from trauma patients without

femoral head necrosis (n=10). Compared to the non-necrotic femoral heads, we observed

subchondral bone destruction (Figure 1A, black asterisk), liquefied necrotic foci (Figure 1A, black

arrow), deformed and collapsed outline in the necrotic femoral head. μCT analysis further showed

sparse and cracked trabeculae in the collapsed region (Figure 1B, red box) and liquefied necrotic

region (Figure 1B, yellow box) compared to the corresponding regions (Figure 1B, white boxes)

in the non-necrotic femoral heads, which were further confirmed by the decreased BV/TV, Tb.N

and Tb.Th and increased Tb.Sp (Figure 1C). The representative images of ABH staining (Figure

1D) revealed sparse trabeculae, massive accumulated fat droplets (Figure 1D, black triangles),

numerous empty lacunae of osteocytes (Figure 1D, black arrows) and extensive subchondral bone

destruction (Figure 1D, yellow arrows) in the necrotic femoral heads. Histomorphological

quantitative analyses showed decreased trabecular bone area (Figure 1E), increased fat droplet

area (Figure 1E) and empty lacunae rate (Figure 1F) in the necrotic femoral heads. TUNEL

staining revealed more apoptotic osteocytes in the necrotic femoral heads (Figure 1G). We then

detected the expression of osteogenic (Runx2, Osterix) and adipogenic (FABP4, PPAR-γ, CEBP/α)

marker genes. The results of IHC staining showed a down-regulation of Runx2 and an

up-regulation of FABP4 in the necrotic regions (Figure 1H). Western blot analysis showed

increased expressions of PPAR-γ and CEBP/α and a decreased expression of Osterix in the human

necrotic femoral head tissues (Figure 1I). These findings indicate an involvement of abnormal

osteogenesis and adipogenesis during GONFH pathogenesis. β-catenin can regulate osteogenesis

and adipogenesis downstream target genes (Runx2, Osterix, FABP4, PPAR-γ and CEBP/α)

expressions[40]. The significant decrease of β-catenin in the necrotic femoral heads (Figure 1G, 1H)

indicate an important role of β-catenin signaling in GONFH pathogenesis.

Inhibition of β-catenin signialing leads to abnormal osteogenesis and adipogenesis in

glucocorticoid-induced GONFH rats

To further analyze the role of β-catenin in GONFH pathogenesis, a glucocorticoid-induced

GONFH rat model was established by continuous MPS induction, as previously described[9].

Gross anatomy analysis showed a local melanocratic region on the femoral head surface of

GONFH rats without any structure deformity or collapse (Figure 2A, black arrow). No color

change was observed on the femoral head surface from the Wnt agonist 1 treated rats. μCT images

and quantitative analysis of bone microstructure showed severe trabecular bone loss in the femoral

heads of GONFH rats, especially in the subchondral region (Figure 2A, 2B). Systemic injection of

Wnt agonist 1 effectively increased bone mass (Figure 2A), and alleviated decreased BV/TV, Tb.N

and Tb.Th and increased Tb.Sp in GONFH rats (Figure 2B). ABH staining and

histomorphological quantitative analysis revealed that the GONFH rats presented sparse

trabeculae, massive fat accumulation (Figure 2C, black arrow) and numerous empty lacunae of

osteocytes (Figure 2C, black arrows) in the necrotic region of femoral heads (Figure 2C-2E).

However, no subchondral bone destruction, femoral head collapse and deformity was occurred in

this GONFH rat model (Figure 2C). TUNEL staining revealed increased apoptotic osteocytes in

the femoral heads of GONFH rats (Figure 2F). ALP is an osteoblast marker reflecting the capacity

of osteogenesis. FABP4 is essential for lipid formation and metabolism. The decreased β-catenin

and ALP expressions and increased FABP4 expression confirmed abnormal osteogenesis and

adipogenesis during rat GONFH development (Figure 2G, 2H), consistent with the findings in

human GONFH femoral heads. Interestingly, activation of β-catenin by systematically injecting

Wnt agonist 1 for 6 weeks attenuated the early necrotic changes (Figure 2C-2E) and osteocyte

apoptosis (Figure 2F), and restored ALP and FABP4 expressions in the femoral heads of GONFH

rats (Figure 2G, 2H). Overall, these data indicate that β-catenin inhibition-induced abnormal

osteogenesis and adipogenesis contributes to GONFH pathogenesis.

β-catenin directs dexamethasone-induced osteogenic/adipogenic differentiation of rat

BMSCs

We further investigated cellular mechanisms involved in the necrotic femoral heads of glucocorticoid-induced GONFH rats. Primary bone marrow cells were extracted from the proximal femur of 4-week-old SD rats and cultivated to P3. Flow cytometry analysis identified that they were BMSCs, with $CD90^+$, $CD29^+$, $CD45^-$ and $CD11b^-$ characteristics (Figure 3A). ALP staining showed that the osteogenic differentiation of BMSCs were significantly inhibited after exposing to 10^2 nM or higher concentration of Dex for 7 days (Figure 3B). Oil red O staining showed a progressive adipogenic differentiation of BMSCs with the increased concentration of Dex (Figure 3B). These findings indicated that increased adipogenic differentiation and decreased osteogenic differentiation of BMSCs caused the abnormal osteogenesis and adipogenesis, finally leading to the femoral head necrosis in GONFH rats. The decreased expressions of β-catenin, Runx2, ALP and increased expressions of PPAR-γ, CEBP/α further revealed that Dex exposure inhibited β-catenin signaling, and redirected BMSCs differentiation from osteoblasts to adipocytes (Figure 3C, 3D). However, this Dex-induced abnormal differentiation of BMSCs were restored by SKL2001 through activation of β-catenin signaling (Figure 3E-3G). Taken together, these findings suggest that β-catenin inhibition redirects the direction of BMSCs differentiation, contributing to the GONFH development.

Loss-of-function of β-catenin in $Col2^+$, but not Osx^+, -expressing cells leads to a GONFH-like phenotype in femoral head

Skeletal progenitor cells are major source of BMSCs, and both $Col2^+$ lineage and Osx^+ lineage can trans-differentiate into BMSCs[27, 28]. To determine which subset of BMSCs contributes more to GONFH pathogenesis, we generated *β-catenin^{Col2ER}* mice and *β-catenin^{OsxER}* mice, in which *β-catenin* gene was specifically deleted in $Col2^+$ cells and Osx^+ cells, respectively. For mapping their cell fate in the femoral head, we induced *Tomato^{Col2ER}* mice and *Tomato^{OsxER}* mice at 2-weeks old and analyzed at the age of 1 month. The fluorescent images showed that $Col2^+$ cells were evidently expressed in the chondrocytes of articular cartilage, secondary ossification center and growth plate (Figure 4A, white arrowheads), osteoblasts (Figure 4A, green arrowheads), osteocytes (Figure 4A, yellow arrowheads) and stromal cells (Figure 4A, red arrowheads) underneath the growth plate, while Osx^+ cells were identified only in osteoblasts, osteocytes and stromal cells underneath the growth plate (Figure 4A). We then trace $Col2^+$ lineage

for 9 months and found that Col2$^+$ chondrocytes in secondary ossification center and growth plate

were replaced by Col2$^+$ osteoblasts, osteocytes and stromal cells with age (Figure 4B), and these

Col2$^+$ cells continuously produced osteoblasts and osteocytes in the femoral head (Figure 4B).

These findings indicated the self-renew ability and osteogenic commitment of Col2$^+$ cells. We also

induced *Tomato^{Col2ER}* mice at the age of 1 month, but identified a poor *Cre*-recombinase efficiency

24 hours and 3 months later (Figure 4C). IHC assay showed a significant decrease of β-catenin in

the femoral heads of 3-month-old *β-catenin^{Col2ER}* mice and *β-catenin^{OsxER}* mice (Figure 4D, 4E),

indicating successful establishments of these *β-catenin* conditional knockout mouse models.

Then, we analyzed morphologic changes of the femoral heads from 3-months old

β-catenin^{Col2ER} mice and *β-catenin^{OsxER}* mice. No change of appearance was observed on the

femoral heads both in *β-catenin^{Col2ER}* mice and *β-catenin^{OsxER}* mice compared to *Cre*-negative

littermates (Figure 5A, 6A). μCT images and quantitative analysis of decreased BV/TV, Tb.N,

Tb.Th and increased Tb.Sp indicated that both *β-catenin^{Col2ER}* mice and *β-catenin^{OsxER}* mice

presented severe bone loss in the femoral heads (Figure 5B, 6B). ABH staining and

histomorphological analysis further revealed that bone trabeculae were extensively replaced by fat

droplet clusters in the femoral heads (especially in the subchondral region) of *β-catenin^{Col2ER}* mice

(Figure 5C, 5D), similar to the necrotic femoral heads in GONFH patients and

glucocorticoid-induced rat models. However, no fat droplet accumulation but only sparse and thin

bone trabeculae were observed in the femoral heads of *β-catenin^{OsxER}* mice (Figure 6C, 6D).

Compared to *Cre*-negative littermates, the number of empty lacunae was increased in the femoral

heads in *β-catenin^{Col2ER}* mice (Figure 5E), but no changed in *β-catenin^{OsxER}* mice (Figure 6E).

TUNEL staining revealed more apoptotic osteocytes in *β-catenin^{Col2ER}* mice compared to

Cre-negative littermates (Figure 5F). All these findings indicate that loss-of-function of β-catenin

in Col2$^+$ cells, but not in Osx$^+$ cells, led to an GONFH-like phenotype in femoral head.

Furthermore, decreased Runx2, ALP and increased PPAR-γ, CEBP/α expressions in

β-catenin^{Col2ER} mice (Figure 5G) revealed that this GONFH-like phenotype was caused by

imbalance of osteogenic/adipogenic differentiation of Col2$^+$ cells.

Older *β-catenin^{Col2ER}* mice display subchondral bone destruction and collapse tendency in

the femoral heads

Femoral head collapse occurs at the end-stage of GONFH and represents a poor joint

function[41]. To determine the occurrence of femoral head collapse, we further analyzed

6-month-old β-catenin^{Col2ER} mice. Gross appearance showed that older β-catenin^{Col2ER} mice lost

smooth and regular outline on the femoral heads compared to *Cre*-negative littermates and

3-month-old β-catenin^{Col2ER} mice (Figure 7A). µCT images showed severe bone loss (Figure 7B,

7C), subchondral bone destruction (Figure 7B, yellow arrows), local collapse (Figure 7B, red

arrows) and integral deformity (Figure 7B, red dotted lines) in the femoral heads of older

β-catenin^{Col2ER} mice. µCT quantitative analysis confirmed a significant increase of subchondral

bone defect area on the femoral head surface in older β-catenin^{Col2ER} mice (Figure 7D). Besides of

these early necrotic changes including sparse bone trabeculae, accumulated fat droplets (Figure 7E,

black triangles) and increased empty lacunae of osteoctyes (Figure 7E, black arrows, Figure 7F),

ABH staining also showed subchondral bone destruction (Figure 7E, yellow arrows), femoral head

collapse or deformity (Figure 7E, red arrows and red dotted lines) in older β-catenin^{Col2ER} mice.

Compared to *Cre*-negative littermates, the older β-catenin^{Col2ER} mice presented a decrease of

loading-bearing stiffness, indicating a poor biomechanical support of the femoral heads (Figure

7G).

Wnt agonist 1 could not alleviate GONFH-like phenotype in β-catenin^{Col2ER} mice

As the therapeutic effects of Wnt agonist 1 on rat GONFH, we further determined whether it

could alleviate the GONFH-like phenotype in β-catenin^{Col2ER} mice. After induction with TM,

β-catenin^{Col2ER} mice were immediately injected with Wnt agonist 1 three times once week until

they were analyzed at the age of 3 months. However, µCT images and quantitative analysis of

BV/TV, Tb.N, Tb.Th and Tb.Sp showed severe bone loss were not restored in β-catenin^{Col2ER} mice

by treating with Wnt agonist 1 (Figure 8A, 8B). Accumulated fat droplets, sparse trabeculae and

empty lacunae were still existed in the femoral heads of Wnt agonist 1 treated β-catenin^{Col2ER} mice

(Figure 8C-8E). IHC staining showed no change of decreased ALP and increased FABP4 in the

femoral heads of β-catenin^{Col2ER} mice after Wnt agonist 1 treatment (Figure 8F, 8G). These

findings indicate that Wnt agonist 1 could not restore the imbalanced osteogenic/adipogenic

differentiation of Col2$^+$ cells in β-catenin^{Col2ER} mice.

Discussion

Despite it is well known that glucocorticoids are the certain etiology of GONFH, its

pathogenesis remains largely unknown. Current evidence including reduced osteogenic

differentiation ability of BMSCs from GONFH patients and clinical therapeutical effects of

BMSCs transplantation indicates that GONFH could be resulted from abnormal differentiation of

BMSCs[18-21]. Glucocorticoid-induced animal models are commonly used for GONFH research,

and several previous studies have revealed that direct BMSCs modifications with miRNA[42, 43],

lncRNA[44, 45] and circRNA[24, 46] or microenvironment interventions by injecting platelet-rich

plasma[47, 48], exosome[49, 50] and growth factors[51, 52] could promote osteogenic differentiation of

BMSCs and exhibit anti-GONFH effects in animals. In the present studies, we found severe

trabecular bone loss and massive fat droplets accumulation in the necrotic femoral heads of

GONFH patients and glucocorticoid-induced GONFH rats, confirming increased adipogenesis and

decreased osteogenesis in GONFH pathogenesis. Dex inhibited osteogenic differentiation of rat

BMSCs and promoted their adipogenic differentiation, revealing that this abnormal osteogenesis

and adipogenesis in GONFH rats were caused by the imbalance in osteogenic/adipogenic

differentiation of BMSCs. As β-catenin plays an important role in BMSCs differentiation, we then

analyzed its role in GONFH pathogenesis. The results showed a significant inhibition of β-catenin

signaling in the necrotic femoral heads of GONFH patients and glucocorticoid-induced GONFH

rats, while Wnt agonist 1 attenuated accumulated fat droplets and sparse trabeculae in GONFH

rats by activation of β-catenin signaling. The subsequent cellular experiments revealed that

β-catenin activation restored the imbalance of osteogenic/adipogenic differentiation of BMSCs

caused by long-term exposure of Dex. Overall, these findings indicate that β-catenin

inhibition-induced imbalanced osteogenic/adipogenic differentiation of BMSCs contributed to

GONFH.

BMSCs are a group of heterogeneous cells, and their majorities are derived from skeletal

progenitors[27]. It has reported that both Col2^{+} progenitors and Osx[+] progenitors provide a large

proportion of BMSCs[28]. Adult transgenic mice with conditional deletion of *β-catenin* in Col2^{+}

cells, but not Osx^{+} cells, displayed a GONFH-like phenotype. Extensive trabecular bone were

replaced by fat droplets in the femoral head (especially in the subchondral bone region) of

β-catenin[Col2ER] mice compared to *β-catenin*[OsxER] mice. Cell fate mapping revealed a apparent

difference in the distributions of Osx^{+} cells and Col2^{+} cells in the femoral head when mice

induced at 2-week-old. Besides of the similar parts with Osx^{+} cells (osteoblasts, osteocytes and

stromal cells underneath growth plate), Col2^{+} cells also largely expressed in the chondrocytes of

articular cartilage, secondary ossification center and growth plate. Whether these Col2^{+}

chondrocytes in secondary ossification center and growth plate caused this GONFH-like

phenotype, as it has been reported that the osteogenic commitment of these Col2^{+} chondrocytes[53,

54]. At the age of 3 month, Col2^{+} chondrocytes in the secondary ossification center and growth

plate were almost replaced by Col2^{+} osteoblasts, osteocytes and stromal cells, while GONFH-like

phenotype including fat droplets accumulation and sparse bone trabeculae could be still observed

in 6-month-old β-catenin[Col2ER] mice, indicating that not only Col2^{+} chondrocytes but all Col2^{+}

cells in different cellular morphology were involved in this GONFH-like phenotype. Nine months

of lineage trace further revealed that Col2^{+} cells had self-renew ability and could continuously

produced osteoblasts. The decreased ALP, Runx2 and increased CEBP/α and PPAR-γ in

β-catenin[Col2ER] mice revealed that deletion of *β-catenin* shifted the commitment of Col2^{+} cells

from osteoblasts to adipocytes, which should be responsible for this GONFH-like phenotype.

Femoral head collapse is the key feature of late stage GONFH and is disastrous to hip joint[55].

Although it has been well recognized that poor mechanical supports caused structural collapse of

necrotic femoral head[56], its detailed pathogenesis is poorly understood due to lack of ideal animal

models. Glucocorticoid-induced bipedal and quadrupedal animal models only exhibit the early

necrotic changes of GONFH[57], without structure collapse of femoral head in MPS-induced rats.

Other models using chemical or physical approaches are all failed to mimic full-range

osteonecrosis of GONFH in humans[58]. Importantly, we found that femoral head collapse

occurred spontaneously in older *β-catenin[Col2ER]* mice. Besides the early necrotic changes including

trabecular bone loss, empty lacunae and fat droplets accumulation, extensive subchondral bone

destruction were identified in 6-month-old *β-catenin[Col2ER]* mice. Previous studies have revealed

that strong trabeculae and integrated subchondral bone are critical to maintain femoral head

morphology[59, 60]. A significant decrease of loading-bearing stiffness confirmed a poor

biomechanical supports in 6-month-old *β-catenin[Col2ER]* mice. Therefore, it could be concluded that

β-catenin inhibition-induced imbalanced osteogenic/adipogenic differentiation of Col2^{+} cells

caused a poor biomechanical supports (manifesting with sparse trabeculae and subchondral bone

destruction), eventually leading to femoral head collapse in *β-catenin[Col2ER]* mice.

Osteocytes are the bone cells with longest life, up to decades within their mineralized

environment[61, 62]. However, numerous empty lacunae of osteocyte were observed in the necrotic

femoral head of GONFH patients and glucocorticoid-induced rats. Glucocorticoids are known to

induce cell apoptosis[63], and TUNEL staining confirmed increased osteocyte apoptosis in the

human and rat necrotic femoral heads, leaving behinds these empty lacunae. The importance of

β-catenin in the regulation of apoptosis is well established in skeletal system[64, 65]. Consistently,

the expression of β-catenin was significantly decreased in the human and rat necrotic femoral

heads. Moreover, we found that genetic deletion of β-catenin in Col2$^+$ cells spontaneously caused

osteocyte apoptosis in mice and activation of β-catenin by systematically injecting Wnt agonist 1

alleviated osteocyte apoptosis in glucocorticoid-induced rats, which indicate that β-catenin

inhibition-induced osteocyte apoptosis contributed to empty lacunae of GONFH.

There are some limitations in the present study. Firstly, Wnt agonist 1 is a cell-permeating

activator of Wnt signaling that induces transcriptional activity dependent on β-catenin[66, 67]. Thus,

Wnt agonist 1 alleviated rat GONFH by activating β-catenin signaling, but could not rescue

GONFH-like phenotype in *β-catenin^{Col2ER}* mice. Nevertheless, it remains unclear how Wnt agonist

1 works to activate β-catenin signaling. Secondly, *β-catenin^{OsxER}* mice presented few lipid droplet

and empty lacunae but a significant decrease of bone mass in the femoral heads. Previous studies

revealed that specific knockout of *β-catenin* in Osx-expressing cells promote osteoclast formation

and activity[68, 69], while its exact mechanism of bone mass loss still need to be verified. Thirdly,

bone damage caused a poor mechanical support is the key to femoral head collapse. Although it is

well known that an extensive subchondral bone destruction finally led to femoral head collapse in

6-month-old *β-catenin^{Col2ER}* mice, the detailed mechanism why this subchondral bone destruction

occurs with age is still unclear.

In summary, our studies revealed that β-catenin inhibition induces the imbalance in

osteogenic/adipogenic differentiation of BMSCs and plays a crucial role in GONFH pathogenesis.

We also provided a *Col2*-specific *β-catenin* knockout mouse model, for the first time, which

mimics full spectrum of osteonecrosis phenotype of GONFH.

Materials and methods

Human specimen collection

Fifteen necrotic femoral head samples were collected from GONFH patients (ARCO grades

III-IV) who received arthroplasty surgery. Ten non-necrotic femoral head samples were acquired

from femoral neck fracture patients. All experiments with human specimens were approved by the

Ethics Committee of the First Affiliated Hospital of Zhejiang Chinese Medical University

(2018KL-005).

Animals and interventions

Thirty 2-month-old male Sprague-Dawley (SD) rats were purchased from the Animal

Laboratory Center of Zhejiang Chinese Medical University (Zhejiang, China, SCXK 2014-0004),

and randomly divided into the sham group, the GONFH group and the treatment group (n = 10 per

group). We adopted Zheng's methods to establish a glucocorticoid-induced GONFH rat model[9].

Firstly, rats in the GONFH group and the treatment group received once injection of

lipopolysaccharide (0.2 mg/kg body weight, Sigma, USA) by tail vein, followed by three

continuous intraperitoneal injections of 100 mg/kg body methylprednisolone (MPS, Pfizer, USA).

At the subsequent 6 weeks, MPS were intraperitoneally injected at the dosage of 40 mg/kg body

weight three times every week. Rats in the treatment group were intravenously injected with Wnt

agonist 1 (5 mg/kg body weight, Selleck, USA) at synchronous frequency with MPS.

$Col2$-$CreER^{T2}$ mice, β-$catenin^{flox/flox}$ mice, $Osterix$-$CreER^{T2}$ mice and $Rosa26^{tdTomato}$ mice

were obtained from Jackson Laboratory. To map cell fate of Col2^{+} cells and Osx^{+} cells in the

femoral head, $Col2$-$CreER^{T2}$;$Rosa26^{tdTomato}$ ($Tomato^{Col2ER}$) mice and

$Osterix$-$CreER^{T2}$;$Rosa26^{tdTomato}$ ($Tomato^{OsxER}$) mice induced by intraperitoneally injecting with

tamoxifen (TM, 1 mg/10g body weight/day, diluted in corn oil) for 5 consecutive days at the age

of 2 or 4 weeks, and traced as long as 9-month-old. To further investigate the role of β-catenin in

GONFH pathogenesis, $Col2$-$CreER^{T2}$;β-$catenin^{flox/flox}$ (β-$catenin^{Col2ER}$) mice and

$Osterix$-$CreER^{T2}$;β-$catenin^{flox/flox}$ (β-$catenin^{OsxER}$) mice were generated and induced with 5

continuous injection of TM. After induction, Wnt agonist 1 (5 mg/kg body weight) was

intravenously injected into β-$catenin^{Col2ER}$ mice three times every week until they were sacrificed

at the age of 3 months. All animal experiments were approved by the Animal Ethics Committee of

Zhejiang Chinese Medical University (No. 20190401-10).

Stereomicroscopy observation and biomechanical testing

Femoral head tissues harvested from human patients, glucocorticoid-induced GONFH rats,

β-$catenin^{Col2ER}$ mice and β-$catenin^{OsxER}$ mice were viewed under a stereomicroscope (Model

C-DSD230, Nikon, Japan) to assess their appearance characteristics. The fresh femoral head

tissues were placed on the test platform of a biomechanical testing machine (EnduraTec

TestBenchTM system, Minnetonka, MN, USA). The axial compression load was applied at a

speed of 0.5 mm/min until femoral head deformation. The loading-bearing stiffness of femoral

head was calculated by testing software.

μCT analysis

Femoral head samples were scanned with a micro-computed tomography (μCT, Skyscan

1176 , Bruker μCT, Kontich, Belgium) at a resolution of 9 μm. Three-dimensional (3D) structure

was reconstructed using NRecon Software v1.6 as described previously[70]. The region of interest

in the subchondral bone was selected for morphometric analysis including bone volume fraction

(BV/TV, %), average trabecular thickness (Tb.Th, mm), average trabecular number (Tb.N, 1/mm),

average trabecular separation (Tb.Sp, mm) and subchondral bone defect area (%).

Histology, immunohistochemistry and histomorphometry

Femoral head tissues were processed into 3-μm-thick paraffin section or 10-μm-thick frozen

section as described previously[71]. After deparaffinage and rehydration, sections were stained with

Alcian Blue Hematoxylin for 1 hour and then Orange G for 1 min for histological analysis. After

Alcian Blue Hematoxylin (ABH) / Orange G staining, bone tissue presented yellow color and

cartilage was blue. The trabecular bone area (%), fat droplet area (%) and empty lacuna rate (%)

were measured using OsteoMetrics software (Decatur, GA). The frozen sections were performed

with 4',6-diamidino-2-phenylindole (DAPI) staining and hematoxylin and eosin (H&E) staining

for evaluating *Cre*-recombination efficiency.

Immunohistochemistry (IHC) assay were performed on the paraffin sections according to the

previously established procedures[72]. Briefly, sections were immersed into 0.01 M citrate buffer

(Solarbio, Beijing, China) at 60□ for 4 h to repair antigen. After washing with phosphate buffer

(PBS) three times, the sections were incubated with primary antibodies including β-catenin

(diluted 1:500, abcam, ab32572, UK), Runx2 (diluted 1:200, Abcam, ab76956, UK), alkaline

phosphatase (ALP, diluted 1:200, ARIGO, ARG57422, CN), osteocalcin (OCN; diluted 1:200,

Takara, UK), PPAR-γ (diluted 1:300, Abcam,ab19481, UK), CEBP/α (diluted 1:400, Huabio,

EM1710-20, CA) and fatty acid-binding protein (FABP4, diluted 1:200, abcam, ab92501, UK)

overnight at 4□. After incubation with secondary antibodies for 30 min at room temperature,

tissue sections were stained with diaminobenzidine (DAB) solution to detect positive staining and

hematoxylin for counterstaining. Mean density (IOD/Area) as the parameter of immunohistochemical quantitative analysis was evaluated using Image-Pro Plus software (Media Cybernetics, Silver Spring, USA).

Rat BMSCs isolation and identification

BMSCs isolation were conducted as previously described[25]. Briefly, bone marrow cells were isolated from the proximal femur of 4-week-old SD rats. After centrifugation at 200 g for 10 min, cells were resuspended with α-MEM (Gibco, Grand Island, NY) containing 10% fetal bovine serum (FBS, Gibco, Grand Island, NY). By changing the medium 48 h later, no-adherent cells were removed and the primary BMSCs were harvested. At 100% confluence, primary cultures were detached using trypsin and subcultured at 8×10^3 cells/cm^2. A total of 50 μL third passage (P3) BMSCs suspension (4×10^6/mL) were mixed with 5 μL of rat CD90-APC, rat anti-CD29-BV421, rat anti-CD45-FITC or rat CD11b-PE (BD Pharmingen, Franklin Lakes, NJ, USA) in each flow cytometry tube. After incubation at room temperature for 30 min followed by twice washes of a staining buffer, the cells were resuspend with 500 μL staining buffer for flow cytometry analysis.

Rat BMSCs intervention and staining

To investigate the role of glucocorticoids on BMSCs differentiation, P3 BMSCs were treated with gradient concentrations of dexamethasone (Dex, 0, 10, 10^2, 10^3, 10^4, 10^5 nM) (Selleck, Shanghai, China) with or without SKL2001 (a agonist of β-catenin) (Selleck, Shanghai, China) for 72 h. For oil-red O staining, BMSCs were treated with adipogenic medium (α-MEM containing 10% FBS, 0.25 mM methylisobutylxanthine, 5 μg/mL insulin, and 50 μM indomethacin) for 72 h followed by 5 μg/mL insulin alone for an additional 48 h. After fixed in 4% paraformaldehyde for 10 min, BMSCs were stained in 60% saturated oil-red O solution for 5 min. For ALP staining, BMSCs were treated with osteogenic medium (α-MEM containing 10% FBS, 50 μg/mL ascorbic acid and 5 mM β-glycerophosphate) for 14 d, fixed in 4% paraformaldehyde for 10 min and stained with ALP staining kit (Thermo Fisher Scientific, Rockford, IL, USA) for 15 min.

Western blot analysis

According to the appearance and CT images, two piece (about 2*2*2 cm^3) of necrotic tissues

were cut from each human necrotic femoral head, and the corresponding region from human

fractured femoral head. These necrotic and non-necrotic tissues were mixed and ground into

powder after processed by liquid nitrogen, respectively. Tissue powder and rat P3 BMSCs were

lysed by protein extraction reagent, and the liquid supernatant containing total protein was

obtained through centrifuging at 12000 g for 20 min. Then, proteins were separated by SDS-PAGE

and transferred onto nitrocellulose membranes. The membranes were incubated overnight with

primary antibodies including β-catenin, Runx2, Osterix, ALP, PPAR-γ and CEBP/α at 1:1000

dilution. Next, the membranes were incubated with appropriate horseradish peroxidase-conjugated

secondary antibodies at 37℃ for 1 h. The immune complexes were detected using a

chemiluminescence kit and visualized via the ChemiDoc XRS Gel documentation system (Bio-rad,

CA). The gray intensity was measured by the software of Quantity One (Bio-Rad, CA).

Statistical analysis

All data were presented as mean ± standard deviation (SD). Statistical analyses including

unpaired Student's *t*-test (two groups) and one-way ANOVA followed by Tukey's test (multiple

groups) were performed with the software of SPSS 22.0 software. *$P<0.05$, **$P<0.01$ was

considered statistically significant.

Data Availability Statement
Raw data are mainly attached in the current study. Any other data involving this study are available from the corresponding author upon request.

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Author Contributions
Di Chen, Chenjie Xia and Hongting Jin conceived this study. Chenjie Xia wrote the paper. Di Chen and Hongting Jin revised the paper. Chenjie Xia, Huihui Xu, Ping-er Wang, Liang Fang, Jiali Chen, Wenhua Yuan, Danqing Fu, Xucheng Wang performed the experiments and analyzed the data. Bangjian He, Luwei Xiao, Peijian Tong and Chengliang Wu collected the human samples.

Declaration of Interests
Competing interests: The authors declare no competing interests.

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chondrocytes through β-catenin-dependent manner during osteoporosis. Biomed Pharmacother. 2020. 127:

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List of Figure Captions

Figure 1. Abnormal osteogenesis and adipogenesis with decreased β-catenin signaling in the necrotic femoral heads of GONFH patients. Necrotic (n=15) and Non-necrotic (n=10) femoral head samples were obtained from the patients with GONFH or femoral neck fracture, respectively. (A) Gross anatomy analysis of human necrotic and non-necrotic femoral head samples. Black asterisks: subchondral collapsed region. Black arrows: liquefied necrotic region. (B) μCT images of human necrotic and non-necrotic femoral heads. Red and Yellow boxed area: 3D images of

subchondral collapsed region and liquefied necrotic region, respectively. White boxed areas: 3D images of corresponding regions in the non-necrotic femoral heads. (C) Quantitative analysis of BV/TV, Tb.N, Tb.Th and Tb.Sp on the necrotic regions. (D) ABH staining of human necrotic and non-necrotic femoral heads. a,c: high magnification images of bone marrow; b,d: high magnification images of bone trabeculae; Yellow arrows: subchondral bone destruction; black arrows: empty lacunae of osteocytes; black triangles: fat droplets. (E) Histomorphological quantitative analysis of trabecular bone area and fat droplet area. (F) Histomorphological quantitative analysis of empty lacunae rate. (G) TUNEL staining of osteocytes in human necrotic and non-necrotic femoral heads. (H) IHC staining of Runx2 and FABP4 expressions in human necrotic and non-necrotic femoral heads. (I) Western blot of β-catenin, Osterix, PPAR-γ and CEBP/α in human necrotic and non-necrotic femoral heads.

Figure 2. Systemic injection of Wnt agonist 1 alleviates abnormal osteogenesis and adipogenesis in rat GONFH femoral heads. The rat model of GONFH was established by a co-induction of lipopolysaccharide and methylprednisolone (MPS). The femoral head samples were harvested

after GONFH rats were intravenously injected with Wnt agonist 1 for 6 weeks. (A) Gross anatomy analysis and μCT images of femoral heads in sham, model and Wnt agonist 1 treated groups. (B) μCT quantitative analysis of BV/TV, Tb.N, Tb.Th and Tb.Sp in each group. (C) ABH staining of femoral heads in each group. a-c, high magnification images of the representative region; black arrows: empty lacunae of osteocytes; black triangles: fat droplets. (D) Histomorphological quantitative analysis of trabecular bone area and fat droplet area in each group. (E) Histomorphological quantitative analysis of empty lacunae rate in each group. (F) TUNEL staining of osteocytes in the femoral heads of GONFH rats. (G, H) IHC staining and quantitative analysis of β-catenin, ALP and FABP4 in rat femoral heads of each group.

Figure 3. Activation of β-catenin redirected Dex-induced imbalanced osteogenic/adipogenic differentiation of BMSCs. Primary BMSCs were extracted from the proximal femur of 4-week-old

SD rats and cultivated to passage 3 for subsequent experiments. (A) Flow cytometry analyzing the surface markers of rat BMSCs. (B) ALP staining and oil red O staining of BMSCs at the increasing concentrations of dexamethasone (Dex). (C, D) Western blot and quantitative analysis of β-catenin, Runx2, ALP, PPAR-γ and CEBP/α in BMSCs at the increasing concentrations of Dex. (E) ALP staining and oil red O staining of rat BMSCs at the condition with or without 10^4 nM Dex and 20 μM SKL2001 (an agonist of β-catenin). (F, G) Western blot and quantitative analysis of β-catenin, Runx2, ALP, PPAR-γ and CEBP/α in rat BMSCs at the condition with or without 10^4 nM Dex and 20 μM SKL2001.

Figure 4. Fate mapping of Col2$^+$ cells and Osx$^+$ cells in the femoral head. *Tomato^{Col2ER}* mice and *Tomato^{OsxER}* mice were continuously received 5 dose of TM injections (1 mg/10 g body weight) at the age of 2 weeks for fate mapping analysis. (A) Distributions of Col2$^+$ and Osx$^+$ cells in the femoral heads of 1-month-old *Tomato^{Col2ER}* mice and *Tomato^{OsxER}* mice. White arrowheads: chondrocytes; Green arrowheads: osteoblasts; Yellow arrowheads: osteocytes; Red arrowheads: bone marrow stromal cells; GP: growth plate; SOC: second ossification center; BM: bone marrow. (B) Lineage trace of Col2$^+$ cells in the femoral head for 9 months. a: high magnification image of bone marrow region. (C) Poor *Cre*-recombinase efficiency in the femoral heads of *Tomato^{Col2ER}* mice with TM induction at the age of 1 month. (D, E) Femoral heads were harvested from

3-month-old *β-catenin*^{Col2ER} mice and *β-catenin*^{OsxER} mice to detect expression of β□catenin. IHC staining and quantitative analysis of β-catenin in the femoral heads of 3-month-old *β-catenin*^{Col2ER} mice and *β-catenin*^{OsxER} mice.

Figure 5. Deletion of *β-catenin* in Col2⁺ cells leads to a GONFH-like phenotype. Femoral heads

3-month-old *β-catenin*[Col2ER] mice and *β-catenin*[OsxER] mice to detect expression of β□catenin. IHC staining and quantitative analysis of β-catenin in the femoral heads of 3-month-old *β-catenin*[Col2ER] mice and *β-catenin*[OsxER] mice.

Figure 5. Deletion of *β-catenin* in Col2^{+} cells leads to a GONFH-like phenotype. Femoral heads

were harvested from 3-month-old *β-catenin*^*Col2ER* mice and *Cre*-negative littermates with 5 continuous dosage of TM injections (1 mg/10 g body weight) at the age of 2 weeks. (A) Gross anatomy analysis of femoral heads in *β-catenin*^*Col2ER* mice and *Cre*-negative littermates. (B) Representative μCT images and quantitative analysis of BV/TV, Tb. N, Tb. Th and Tb. Sp in the femoral heads of *β-catenin*^*Col2ER* mice. (C) ABH staining of femoral heads in *β-catenin*^*Col2ER* mice. a-d: high magnification images of representative subchondral bone region; Black triangle arrowheads: fat droplets; Black arrows: empty lacunae of osteocytes. (D) Histomorphological quantitative analysis of trabecular bone area and fat droplet area in the femoral heads of *β-catenin*^*Col2ER* mice. (E) Histomorphological quantitative analysis of empty lacunae rate in the femoral heads of *β-catenin*^*Col2ER* mice. (F) TUNEL staining of osteocytes in the femoral heads of *β-catenin*^*Col2ER* mice. (G) IHC staining and quantitative analysis of Runx2, ALP, PPAR-γ and CEBP/α in the femoral heads of *β-catenin*^*Col2ER* mice.

Figure 6. Loss-of-function of *β-catenin* in Osx^+ cells causes bone loss in the femoral heads. Femoral heads were harvested from 3-month-old *β-catenin*^*OsxER* mice and *Cre*-negative littermates with 5 continuous dosage of TM injections (1 mg/10 g body weight) at the age of 2 weeks. (A) Gross anatomy analysis of femoral heads in *β-catenin*^*OsxER* mice and *Cre*-negative littermates. (B) μCT images and quantitative analysis of BV/TV, Tb. N, Tb. Th and Tb. Sp in the femoral heads of *β-catenin*^*OsxER* mice. (C) ABH staining of femoral heads in *β-catenin*^*OsxER* mice. (D) Histomorphological quantitative analysis of trabecular bone area and fat droplet area in the femoral heads of *β-catenin*^*OsxER* mice. (E) Histomorphological quantitative analysis of empty lacunae rate in the femoral heads of *β-catenin*^*OsxER* mice.

Figure 7. Older *β-catenin*^{Col2ER} mice display subchondral bone destruction and collapse tendency in femoral heads. Femoral heads were harvested from 6-month-old *β-catenin*^Col2ER mice and *Cre*-negative littermates with 5 continuous dosage of TM injections (1 mg/10 g body weight) at the age of 2 weeks. (A) Gross anatomy analysis of femoral heads in 6-month-old *β-catenin*^Col2ER mice. (B) Representative μCT images of femoral heads in 6-month-old *β-catenin*^Col2ER mice. Red dotted lines: integral deformity. Red arrows: local collapse. Yellow arrows: subchondral bone destruction. (C) Quantitative analysis of BV/TV in the femoral heads in 6-month-old *β-catenin*^Col2ER mice. (D) Quantitative analysis of subchondral bone defect area on the femoral head surface in older *β-catenin*^Col2ER mice. (E) ABH staining of femoral heads in 6-month-old *β-catenin*^Col2ER mice. a-c: high magnification images of representative subchondral bone region. Red dotted lines: integral deformity. Red arrows: local collapse. Black arrows: empty lacunae of osteoctyes. Black triangles: fat droplets. (F) Histomorphological quantitative analysis of empty lacunae rate. (G) Loading-bearing stiffness of the femoral heads in 6-month-old *β-catenin*^Col2ER mice.

Figure 8. Systemic injection of Wnt agonist 1 can not alleviate the GONFH-like phenotype in β-catenin^{Col2ER} mice. β-catenin^{Col2ER} mice with 5 continuous dosage of TM injections (1 mg/10 g body weight) were treated with Wnt agonist 1 three times once week until sacrifice at the age of 3 months. (A) Representative μCT images of femoral heads in Wnt agonist 1 treated β-catenin^{Col2ER} mice. (B) Quantitative analysis of BV/TV, Tb.N, Tb.Th and Tb.Sp in the femoral heads of Wnt agonist 1 treated β-catenin^{Col2ER} mice. (C) ABH staining of the femoral heads in Wnt agonist 1 treated β-catenin^{Col2ER} mice. a-b: high magnification images of subchondral bone region. Black triangles: fat droplets. (D) Histomorphological quantitative analysis of trabecular bone area and fat droplet area in the femoral heads of Wnt agonist 1 treated β-catenin^{Col2ER} mice. (E) Histomorphological quantitative analysis of empty lacunae rate in the femoral heads of Wnt agonist 1 treated β-catenin^{Col2ER} mice. (F, G) IHC staining and quantitative analysis of ALP and FABP4 in the femoral heads of Wnt agonist 1 treated β-catenin^{Col2ER} mice.

A

TM induction at 2-week-old , analysis at 1-month-old

| HE staining | Cre-negative | Tomato^Col2ER mice | Tomato^OsxER mice |

B Tomato^Col2ER mice, TM induction at 2-week-old

3 month old   6 month old   9 month old

C Tomato^Col2ER mice, TM induction at 1 month-old

48 hours later   3 months later

D

Cre-negative   β-catenin^Col2ER   Cre-negative   β-catenin^OsxER

3-month-old, IHC of β-catenin

E

Mean density of β-catenin — Cre-negative / β-catenin^Col2ER

Mean density of β-catenin — Cre-negative / β-catenin^OsxER

A Cre-negative

β-catenin^{OsxER}

B Cre-negative   β-catenin^{OsxER}

Cre-negative   β-catenin^{OsxER}

1000μm

3-month-old

BV/TV (%) **

Tb.Th (mm) **

Tb.N (mm) *

Tb.Sp (mm) *

C Cre-negative   β-catenin^{OsxER}

D Trabecular bone Area (%) **

Lipid droplet Area (%) P=0.664

E Empty lacunae rate (%) P=0.521

A

β-catenin^cALER

1000μm

Cre-negative

B   Cre-negative   β-catenin^Col2ER   β-catenin^Col2ER   β-catenin^Col2ER

1000μm

6-month-old

C

BV/TV (%)
**
Cre-negative
β-catenin^Col2ER

D

Subchondral bone defect area (%)
**

E   Cre-negative   β-catenin^Col2ER   β-catenin^Col2ER   β-catenin^Col2ER

1000μm

a   b   c   d

F

Empty lacunae rate (%)
**

G

Load-bearing stiffness (N)
**

A

β-catenin^Col2ER   β-catenin^Col2ER+Wnt 1

3-month-old

B

- β-catenin^Col2ER
- β-catenin^Col2ER+Wnt 1

P=0.633 BV/TV (%)

P=0.592 Tb.Th

P=0.867 Tb.N

P=0.531 Tb.Sp

C

β-catenin^Col2ER

β-catenin^Col2ER+Wnt 1

F

ALP   FABP4

D Trabecular bone Area (%) P=0.977

Liquid droplet Area (%) P=0.884

E Empty lacunae rate (%) P=0.801

G Mean density of ALP P=0.683

Mean density of FABP4 P=0.945