1

A metagenomics pipeline reveals insertion sequence-driven evolution of the microbiota

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Abstract

Insertion sequence (IS) elements are mobile genetic elements in bacterial genomes that support

adaptation. We developed a database of IS elements coupled to a computational pipeline that

identifies IS element insertions in the microbiota. We discovered that diverse IS elements insert

into the genomes of intestinal bacteria regardless of human host lifestyle. These insertions

target bacterial accessory genes that aid in their adaptation to unique environmental conditions.

Using IS expansion in *Bacteroides*, we show that IS activity leads to insertion "hot spots" in

accessory genes. We show that IS insertions are stable and can be transferred between

humans. Extreme environmental perturbations force IS elements to fall out of the microbiota and

many fail to rebound following homeostasis. Our work shows that IS elements drive bacterial

genome diversification within the microbiota and establishes a framework for understanding how

strain level variation within the microbiota impacts human health.

Introduction

Bacteria rapidly evolve their genomes through the mobilization of genetic elements,

including bacteriophages (phages), plasmids, DNA inversions, and transposable elements[1-3].

Genetic rearrangements have a strong impact on bacterial fitness, influencing diverse

phenotypes including virulence, antibiotic resistance, interbacterial competition, and secondary

metabolism. For example, pathogenicity islands can distribute virulence traits to previously non-

pathogenic bacteria and DNA inversions can alter the expression of antibiotic resistance

genes[4,5]. Additionally, novel genetic traits such as metabolic and virulence genes are acquired

by bacteria through plasmid exchange, bacteriophage lysogeny, and conjugative

transposition[6,7]. Thus, mobile elements actively drive bacterial adaptation and evolution.

Insertion sequence (IS) elements are small (~1 kB) simple transposons that are

common to bacterial genomes[8]. IS elements are capable of self-mobilization by activating an

encoded transposase that recognizes sequence-specific inverted repeats at IS element termini.

IS transposases are diverse[9], and include enzymes with a DD(E/D) motif that support "copy-

and-paste" and "cut-and-paste" mechanisms or those with HUH nuclease chemistry which

transpose as ssDNA molecules at the replication fork[10-12]. Gene expression and genome fidelity

can be modulated by IS activity in a variety of ways, including IS insertions into protein coding

sequences inactivating genes, insertions into intergenic regions forming strong hybrid promoters

increasing gene expression, or recombination with other IS elements resulting in large

deletions[13-16]. Additionally, IS elements can rapidly expand in bacterial genomes when

commensal bacteria transition to become pathogens[15,17,18]. Thus, IS elements have a profound

impact on the evolution and physiological traits of bacteria[19].

Despite a deep knowledge of fundamental IS biology from diverse bacteria, we have a

rather rudimentary understanding of how these elements function in polymicrobial communities.

This knowledge is critical for deciphering how bacterial communities evolve in ecosystems such

as the human microbiota. A barrier to studying IS elements in complex environments result from

imperfect methodologies for measuring *in situ* IS element dynamics. This stems from the poor

recovery of multi-copy genes with repetitive sequences by short-read assemblers, leading to

fragmented assemblies where IS elements are absent or become break-points between

contigs[20]. Therefore, assembly-level analyses of IS elements from metagenomic datasets are

often underpowered. Despite these limitations, previous culture-based studies show that IS

elements are active in the human intestine. Sampling of *Bacteroides fragilis* isolates revealed

the gain and loss of IS transposases[21]. Furthermore, IS elements were shown to rapidly expand

in copy number in the genome of *Escherichia coli* during intestinal colonization of mice, driving

increased virulence in a mouse model of Crohn's disease[22,23]. Recently, longitudinal intestinal

metagenomic samples from a single individual were sequenced using long DNA fragment

partitioning, producing higher quality assemblies compared to short-read methodologies. This

analysis revealed that *Bacteroides caccae* gained and lost numerous IS insertions over the

course of sampling[20]. Finally, we previously utilized a targeted IS sequencing approach to

identify insertions of the IS element IS256 in intestinal *Enterococcus faecium* populations

isolated from an individual undergoing treatment with multiple antibiotics[19]. Antibiotic exposure

was associated with increased abundances of IS256 insertions in genes related to antibiotic

resistance and virulence, suggesting that antibiotic treatment drives IS-mediated

pathoadaptation in the human intestine.

In this work, we developed an open-source IS database that greatly expands the

diversity of IS elements compared to current databases. We built a computational pipeline that

utilizes this database to find IS insertions in public metagenomic datasets. Our analysis reveals

widespread abundance and expansion of IS insertions in the human microbiota. We show that

IS insertions are transferable between individuals and are stable for years. Distinct families of IS

elements are favored for insertional activity within the microbiota and these preferentially insert

into specific classes of genes. Such genes are linked to distinct microbial taxa with an

overrepresentation within the *Bacteroidia* and *Clostridia*. Gene classes targeted by IS elements

are primarily metabolic, cell surface, and mobile genetic element genes. Using an *in vitro*

ISOSDB412 (IS4351) expansion model, we confirm that identical and related accessory genes

are preferentially targeted. Finally, we show that the stability of IS insertions is lost following

antibiotic perturbation and diet intervention. Following these alterations, new IS abundances and

insertion site locations arise. Together, this work establishes a framework for studying IS

elements within the microbiota and is the first step toward understanding how IS elements

contribute to the function of the microbiota impacting human health.

Results

ISOSDB: a comprehensive open-source IS database

To facilitate the study of IS elements in bacterial genomes and metagenomic datasets,

we sought to build an updated and exhaustive IS database that can serve as an open-source

tool for the scientific community. Prior to our development of this database, the main repository

for IS elements was the ISFinder database[24]. While ISFinder has served as a gold-standard for

the systematic naming of IS elements and their identification in single isolate genomes[25], it is

underpowered for high-throughput genomics. ISFinder lacks integration into downstream tools

that can facilitate in-depth analyses of IS elements, the entirety of the database cannot be

downloaded for personal use, and it relies solely on manual curation and submission of new IS

elements, decreasing the speed at which new IS elements can be reported. These are

drawbacks in the current genomic age, where the identification of IS elements from complex

datasets such as metagenomes would greatly improve our understanding of their function.

To address the need for an unrestricted open-access IS database to support genomic

research, we built the Insertion Sequence Open-Source Database (ISOSDB), which consists of

IS elements identified from 39,878 complete bacterial genomes and 4,497 metagenome

assembled genomes (MAGs)[26].These IS elements were identified using OASIS, a rigorously

tested IS identification tool that allows for the high-throughput analysis of multiple genomes[27]. IS

elements were considered valid and included in ISOSDB if: 1) there were at least two copies of

the IS element in a single genome, 2) it was flanked by terminal inverted repeats (IRs), and 3)

has significant nucleotide homology to an IS element in ISFinder or has a putative transposase.

Redundant IS elements were deduplicated at 95% nucleotide identity. The resulting set of IS

elements totaled 22,713 distinct IS elements, an almost five-fold excess to the ISFinder

database (Fig. 1A). We identified transposase amino acid homologs, in addition to nucleotide

homology over the whole sequence of an IS element, in the ISFinder database. 97.5% of the

transposases included in ISOSDB had protein homologs in ISFinder, but only 37.9% had

nucleotide homologs in ISFinder (Fig. 1B). The ISOSDB also has a wide range of transposases

representing multiple IS families and contains distinct clusters of IS elements at the nucleic acid

and protein level (Fig. 1C-D & Table S1). In summary, the ISOSDB is an expansive, freely

available database that contains substantially improved IS diversity compared to current

databases.

Development of an IS detection pipeline that uses ISOSDB

IS elements drive genomic diversity in almost all bacterial species[9,28,29]. However, a

systematic method to identify IS insertions in complex microbial communities has not been

previously developed. This has precluded the study of IS biology in the microbiota at the

population scale. To obtain a deeper understanding of IS biology in the microbiota, we

developed the pseudoR pipeline that utilizes ISOSDB to identify IS insertions in previously

assembled genomic sequences. pseudoR is named for its ability to find IS inactivated

pseudogenes and is implemented in the R programming language. This pipeline is built for

fragmented, incomplete assemblies such as metagenomes. Our approach was inspired by

previous tools developed for the analysis of transposon insertions from eukaryotic[30] and

bacterial genomes[31,32]. These tools either require *a priori* knowledge of target site duplications

which is often not consistent for IS insertions[33], use read pairing to infer IS insertions which

limits the data available to verify IS insertions, or require a matched reference assembly.

The backbone of the pseudoR pipeline is a split read approach. First, reads are mapped

against assembled contigs and unmapped reads are binned as separate read files. These

unmapped reads are aligned against a database of IS terminal ends (150 bp on either end of an

IS) compiled from ISOSDB (Fig. S1). If an unmapped read has an IS termini, the termini is

trimmed and the remaining read is remapped against the assembled contigs. To ensure that

insertions are genuine, a minimum depth of four reads is required and these reads must include

at least one left and one right termini.

To compare between samples and multiple disparate assemblies, we built two modes

(multi and single). Multi-mode takes each sample and maps its reads against its own assembly.

These reads are then subsequently mapped against a deduplicated gene database built from all

assemblies in the dataset. Single-mode was developed to analyze time series datasets, where a

single assembly can be used for multiple samples (such as one from the start of the time

series).

IS insertions are widespread in the healthy human intestinal microbiota

160   We utilized the pseudoR pipeline to identify IS insertions in healthy human fecal

metagenomes by analyzing data from three geographically disparate studies: a survey of

healthy Italian adults ranging in age from 30-105 years (ITA)[34], healthy individuals from a

Japanese colorectal cancer study (JPN)[35], and healthy rural Madagascan adults (MDG)[36]. Each

study showed evidence of widespread IS insertion heterogeneity (Fig. 2A). Some individuals

had few detectable IS insertions while others had over 100 unique IS insertions (Fig. 2B). We

used relative IS depth (IS depth divided by the sum of the IS depth and the depth of reads that

map to the insertion site without the insertion present) as a metric to report the abundance of IS

alleles. Most insertions had a relative IS depth between 10% and 100%, demonstrating that the

inserted allele exists in equilibrium with the wild type allele (Fig. 2A). We next determined the

bacterial taxa that underwent extensive IS insertional activity (Fig. 2C, Fig. S2A). IS insertions

were most abundant in the *Bacteroidia* and *Clostridia*. These two classes make up the majority

of the healthy intestinal microbiota[37] and the genera *Bacteroides*, *Phocaeicola*, *Ruminococcus*,

and *Blautia* accounted for the majority of IS element insertion diversity (Fig. S2A). While

Bacteroidia IS insertions were present across all studies, the IS elements underlying these

insertions varied between studies (Fig. 2D). Unique IS types for the *Bacteroidia* included

ISOSDB412 (IS30 family) insertions for ITA individuals, ISOSDB18121 (IS1380 family)

insertions for JPN individuals, and ISOSDB33 (IS1182 family) insertions for MDG individuals

(Fig. 2D). Insertions in the *Bacteroidia* from JPN and ITA individuals were formed from shared

IS elements, including ISOSDB4584 (ISL3 family), ISOSDB634 (IS982 family), and ISOSDB445

(IS66 family), whereas the IS diversity in the *Bacteroidia* from MDG individuals consisted of

ISOSDB250 (IS66 family), ISOSDB426 (IS630 family), and ISOSDB45 (IS256 family) insertions.

This suggests that regional differences contribute to IS element content or activity that drives

insertion events.

IS insertion types among the *Clostridia* were found across all three geographic

locations, with many more IS elements shared between JPN and ITA individuals (Fig. 2D).

Interestingly, the *Clostridia* shared three IS family types (IS982, IS66, and IS30) with the

Bacteroidia, yet the specific IS family members were different IS elements (Fig 2D). We

conclude from this data that although the IS sequence space of these two classes of bacteria

are unique, some IS families are shared and certain IS families may be more promiscuous.

MDG individuals, despite having similar numbers of IS insertions among their bacterial

communities (Fig. 2B), had relatively low abundances of IS insertions in *Bacteroides*,

Phocaeicola, Blautia, and *Bifidobacterium* and much higher abundance of IS elements

associated with pathobionts including *Escherichia* and *Prevotella* (Fig. S2A)[38-41]. This is

supported by the presence of ISOSDB45 (IS256 family) insertions that are associated with

pathogenic bacteria (Fig. 2D)[19,42-44].

IS elements can insert into coding sequences or intergenic regions of the genome which

can inactivate genes or influence the expression of adjacent genes[28]. To measure IS insertions

in intragenic versus intergenic sites, we analyzed the precise positions of all IS elements in ITA,

JPN, and MDG individuals by comparing the number of intragenic insertions to intergenic

insertions on a per individual basis. We found that specific IS elements had preference for

intragenic or intergenic insertions (Fig. 2E). ISOSDB1159 (IS3 family), ISOSDB805 (IS3

family), ISOSDB178 (ISAS1 family), and ISOSDB237 (IS4 family) preferentially inserted into

intergenic loci, while ISOSDB18121 (IS1380 family), ISOSDB445 (IS66 family), and

ISOSDB412 (IS30 family) inserted more frequently into intragenic loci. These data indicate that

some IS elements are suited to diversify genomes through mutation whereas others may

preferentially insert adjacent to coding sequences to alter gene expression.

IS elements frequently insert into accessory genes important for bacterial adaptation

Having identified numerous IS insertions within predicted coding sequences, we

analyzed open reading frames (ORFs) carrying IS insertions, termed iORFs, in the ITA, JPN,

and MDG individuals. A deduplicated gene database of all predicted ORFs from the

metagenomes of each study were assessed for iORF's. iORF's with insertions from a single

individual were ~10-fold more abundant than iORFs with insertions from multiple individuals

(Fig. 3A). This demonstrates that intestinal metagenomic IS insertions have a high degree of

inter-individual variation. We next performed functional annotation of the iORF's and found five

broad categories that were shared between individuals and encompassed 20.7% of iORFs (Fig.

3B). Many iORFs were annotated as *susC*, *susD*, or *tonB* receptor genes in ITA and JPN

individuals. These genes encode high-affinity substrate-uptake receptors for carbohydrates and

cofactors[45,46]. *susC-D* homologs are frequently involved in the uptake of polysaccharides used

for metabolism, with *Bacteroidia* species containing many different *susC-D* homologs[45].

Mobilome genes, including transposases, integrases, prophages, and mobile element defense

genes, such as restriction modification systems, contained insertions in almost every individual

across all studies. Exopolysaccharide biogenesis genes, such as LPS modifying enzymes and

cell wall synthesis glycosyltransferases, were consistent IS element insertion targets. Cell wall

and membrane modifications are crucial for *in vivo* survival by avoiding host immunity and

during competition with other bacteria[47]. Finally, antibiotic resistance genes frequently contained

IS insertions, including the genes *tetQ* and *ermF* in JPN and ITA individuals. IS insertions were

enriched in all functional categories except the EPS biogenesis genes, when comparing the

abundance of iORFs with all predicted protein coding sequences (Fig. 3C, Fig. S2B). Together,

these data show that genes involved in accessory metabolic functions, antibiotic resistance, and

genomic plasticity are common IS insertion targets.

We next asked if certain iORFs were shared between individuals from the three studies.

Although infrequent, a few iORFs were shared. 14% and 37% of ITA and JPN individuals,

respectively, had IS insertions in the gene *ermF*, a macrolide resistance gene, and 3.2% and

9.8% of ITA and JPN individuals, respectively, had IS insertions in *KAP*, a P-loop NTPase

predicted to be involved in phage defense (Fig. 3D)[48,49]. 7.9% and 6.1% of ITA and MDG

individuals, respectively, shared IS insertions in *shufflon*, a gene encoding an invertase that

regulates pilin phase variation (Fig. 3D)[50]. We found that iORF functional classes were

conserved across diverse intestinal bacteria (Fig. 3E) yet the IS types responsible for these

insertions differed among the various classes of bacteria (Fig. 3F). This demonstrates that

although IS elements target similar genes within disparate bacteria, the types of IS elements

that promote these diversification events are specific to certain classes of bacteria.

Multiple iORF's were classified as transposases (Fig. 3B) and examples of IS elements

inserting in other transposase genes has been previously reported[51]. In order to understand the

dynamics of IS insertions in other IS elements, we classified both the transposase iORF and the

IS forming the insertion by IS family (Fig. 3G). We found multiple examples of both self-targeting

(an IS inserting into a closely-related IS) and orthologous-targeting (an IS element inserting into

an unrelated IS). We found that IS families such as ISL3, IS4, IS110, and IS256 experienced

promiscuous insertion events. These results suggest that IS self- and orthologous-targeting

could be a mechanism to control IS mobilization of genetic traits.

IS elements provide mutational diversity to Bacteroides species

Genome wide mutagenesis of *Bacteroides thetaiotaomicron* (*Bt*) identified genes that

support adaptation to environmental pressures, including antibiotics, bile acids, and carbon

sources[52]. We used this dataset to evaluate whether we could identify similar fitness

determinants as iORFs within intestinal *Bacteroides*. We searched our iORF database for

homologs to these fitness-associated ORFs from *Bt* and found multiple closely related iORFs

that likely influence *Bacteroides* fitness both positively and negatively (Fig. S3A). Examples

include iORFs that provide fitness advantages during growth in the presence of the antibiotics,

such as doxycycline, and during hyaluronic acid and glucosamine consumption (Fig. S3A).

Interestingly, we found iORFs associated with bacterial fitness during exposure to the

antipsychotic medication chlorpromazine (Fig S3A) which is associated with compositional

changes and antibiotic resistance of the microbiota[53-56]. Additionally, we found multiple IS

insertions in homologs of the *Bt susC* gene BT1119 (Fig. S3B). Inactivation of BT1119

decreases fitness during growth on galacturonic acid[52].

Our *in silico* analysis shows that the intestinal *Bacteroidia* experience large-scale IS

mobilization into discrete groups of genes involved in carbohydrate utilization,

exopolysaccharide synthesis, and mobile genetic element interactions. To test if the activation

of an IS element leads to insertion into these classes of genes, we focused on ISOSDB412

(IS30 family member IS4351), an IS element is that is native to strains of *Bt* and *Bacteroides*

fragilis (*Bf*)[57]. We transformed a low-copy number plasmid carrying an *ermF* cassette disrupted

by ISOSDB412 into *Bt* VPI-5482 and *Bf* NCTC 9343. These strains lack native copies of

ISOSDB412 which allowed us to study this IS element in the context of a genetic arrangement

that we found from our analysis of the microbiota. Following growth, we isolated their genomic

DNA and performed IS-Seq which enriches for ISOSDB412 amplicons to identify their insertion

locations[19]. Both *Bt* and *Bf* strains carrying the ISOSDB412 plasmid obtained numerous

ISOSDB412 insertions throughout their genomes compared to controls that lacked the

ISOSDB412 plasmid construct (Fig. 4A, Fig. 4D). As predicted, ISOSDB412 insertions were

enriched in gene categories reflected from our findings from insertions from the human

microbiota (Fig. 4B, Fig. 4E). In *Bt*, ISOSDB412 insertions were enriched in *susC-D/tonB* and

EPS biogenesis genes, whereas *Bf* acquired an abundance of insertions in *susC-D/tonB* genes

despite a significantly lower number of ISOSDB412 insertion events compared to *Bt* (Fig. S4A).

Additionally, insertions were more frequently found in intragenic loci compared to intergenic loci,

confirming our findings from the intestinal microbiota (Fig. 4C, Fig. 4F). These results

demonstrate that IS elements can rapidly diversify *Bacteroidia* genomes.

Our discovery that IS insertions target accessory genes suggests that these IS insertions

inactivate genes that are currently dispensable for intestinal survival. To explore this, we

measured IS insertional dynamics in a nutrient-deplete environment with glucose as the sole

carbon source. We hypothesized that a lack of fiber and complex carbon sources, high levels of

glucose, and single sources of iron and nitrogen, would incentivize higher rates of IS insertions

to inactivate costly metabolic machinery needed for competition in complex nutritional

environments. We measured ISOSDB412 insertions from three *Bt* colonies after three

sequential passages in either complex media (BHIS) or minimal media (MM) (Fig. 4G, Fig. 4H,

Fig. 4I). We found that colonies passaged in MM had substantially more ISOSDB412 insertions

compared to BHIS-passaged colonies. Numerous insertions were found in the open reading

frame BT3642, a Na^+-dependent transporter (Fig. S4B) in MM colonies, but not in BHIS

colonies. This gene has been shown to be detrimental for growth in glucose minimal media[52].

Next, we measured ISOSDB412 abundance in *Bt* cells chronically infected with the

Crassvirales DAC15 or DAC17 (Fig. 4J, 4K, 4L). *Crassvirales* are bacteriophages that infect

Bacteroides species and are abundant in the human intestine[58]. *Bt* cells become chronically

infected by these phages and shed them during growth (Fig. S4C). While DAC15 and DAC17

share 99.24% nucleotide identity over 98% of their genomes, DAC17 infection is associated

with an increased IS insertions genome-wide (Fig. 4J, Fig. 4K) which inserted into genes

involved in EPS biogenesis (Fig. 4L). Furthermore, almost all of the infected strains carried IS

insertions in the CPS3 locus (Fig. S4D), which is crucial for productive phage infection and likely

leads to phage resistance[59]. Together, these results show that IS diversification of the *Bt*

genome is more prevalent under nutrient-limited conditions and during infection with intestinal-

resident phages. This indicates that IS activity supports *Bt* adaptation when faced with fitness

constraints.

Temporal monitoring of IS activity shows that IS insertions are maintained over time.

IS insertions were found in specific genetic loci coexisting with the wild type allele

lacking the IS insertion, indicating that both versions of the allele are maintained in equilibrium.

Previous work has shown that many phyla of intestinal bacteria harbor variable numbers of IS

insertions[60]. To understand the temporal longevity of IS insertions in the microbiota, we

analyzed longitudinal fecal metagenomic samples from healthy individuals[61,62]. Using a set of

two individuals whose fecal samples were collected over the course of 76 and 91 weeks[61], we

measured the IS landscape of their microbiotas using pseudoR. We also analyzed longitudinal

samples from an additional 10 individuals from a separate study[62]. A representative individual's

IS dynamics are in Fig. 5A-B. We used the assemblies from the first timepoint (indicated as

week 0 in Fig. 5A) as the reference for the pseudoR pipeline which was then compared to all

other time points to assess the maintenance of ancestral IS insertions and acquisition of new IS

insertions. We found that many IS insertions are maintained for the entire time course and that

some of these insertions frequently went in and out of detection (Fig. 5A). New insertions not

present at week 0 arose at almost every timepoint, with a variable number of insertions per

timepoint. New insertions were maintained for extended periods of time while others were only

detected at the initial timepoint. These results demonstrate that IS elements are stably carried in

the microbiota and are actively forming new insertions, similar to the accumulation of mutations

in laboratory-evolved strains[63-65].

Next, we analyzed whether host bacterial abundance accounts for the detection of new

IS elements in all individuals (Fig. S5A). Increasing levels of host bacterial IS elements could

generate higher sequencing read depth and more detection power for new IS insertions. For

every insertion not present at week 0, we compared the insertion site's read depth (a marker of

host abundance) to the maximum insertion site depth of all earlier timepoints (prior to the

detection of the insertion). Insertions with depths equal to or less than 200% of the previous

maximum insertion site depth were considered to arise from new insertional activity (Fig. S5B).

We found that the majority of new insertions could be accounted for as active IS insertions

independent of bacterial abundance (Fig. S5C).

Insertions across the time series included diverse IS families and were frequently

associated with the *Clostridia* and *Bacilli* (Fig. 5B). Additionally, we observed that the rate of

new insertions per week for every individual ranged on average from around 1 to 10 new

insertions. This value was calculated by dividing the number of new insertions per timepoint by

the number of weeks between the current timepoint and the previous timepoint. We assumed a

constant rate of transposition as has been used in previous studies[63,64]. Intra- and inter-personal

variation in this rate could be due to both variations in selective pressure in the microbiota and

technical variation, such as altered sequencing depth and library diversity. We also found that

the maintenance, loss, and gain of IS elements tracked with common bacterial accessory genes

that we established to be "hot spots" for IS insertions (Fig. 5C, Fig. 5D).

IS elements are efficiently transferred and maintained within new individuals

Having discovered that individual microbiotas have unique patterns of IS insertions, we

wanted to understand how the human host influences the dynamics of IS insertions within the

microbiota. To test this, we used pseudoR to profile the IS insertions during fecal microbiota

transplantation (FMT) where the microbiotas of FMT donors and recipients were longitudinally

sampled before and after fecal transplantation[61]. We compared the IS insertional landscape in

both the donors and recipients using the assembly of the donor's transplanted microbiota as a

reference. A representative recipient and donor's IS dynamics are shown in Fig. 6A. Donor-

derived communities harbored IS insertions that were stably maintained over one year in the

FMT recipients (Fig. 6A). Insertions present prior to transplantation in recipients were lost, but a

minority returned at later timepoints. Recipients maintained significantly less IS insertions that

were present at week 0 compared to the donors (Fig. 6C), but both donor and recipients had

similar rates of new insertions (Fig. 6D). To understand if IS insertional activity was similar

between host and recipient, we compared the pattern of new shared insertions in donors and

recipients at all timepoints post transplantation (Fig. 6B & Fig. S6). We found multiple instances

of the same newly detected insertion arising in both donor and recipients at the same timepoint.

These results demonstrate that IS insertions can be stably maintained in new hosts for

extended periods of time and that new IS mobilization occurs at similar rates and patterns in

new hosts.

Antibiotics drive widespread loss of IS insertions within the microbiota

371   Considering IS insertions were found to persist for prolonged periods of time within the

microbiota and were portable between individuals, we wanted to know what would happen to IS

diversity if a stable community was disrupted. To test this, we analyzed the IS composition

before, during, and after broad spectrum antibiotic treatment[66]. The metagenome of the

microbiota preceding antibiotic treatment was used as the reference for IS comparison using

pseudoR. As expected, antibiotic treatment caused a substantial loss of IS diversity, which was

not fully restored after treatment (Fig. 7A). The starkest example was sample ERAS10.

Extensive IS diversity was present at week 0 in ERAS10 before antibiotic treatment and by at

week 0.6 there were no detectable IS signatures nor did any of the original ISs return by week

26 post antibiotic therapy. To summarize these findings, we compared the rate of maintenance

of pre-antibiotic treatment insertions in individuals treated with antibiotics and those who were

not. Antibiotic treatment was associated with a significant decrease in the ability of the

microbiota to maintain IS insertions (Fig. 7D).

IS insertion into susC-D/tonB loci is associated with diet intervention.

386   Our analysis had identified *susC-D/tonB* genes as major targets for IS insertions,

suggesting that ISs can modulate carbohydrate metabolism in the *Bacteroidia* (Fig. 3), and we

showed in *Bt* that nutrient stress promotes insertions into predictable metabolic loci (Fig. 4).

Based on this data, we suspected that a radical diet intervention in humans would lead to a shift

in IS insertions in metabolic-associated genes such as *susC-D/tonB* loci. To test this hypothesis,

we analyzed the IS insertions in the intestinal microbiota of obese individuals before, during,

and after a year-long diet intervention[67]. Participants in this study received a low-calorie formula-

based diet for 12 weeks, followed by a 6-week period of phasing out the formula diet for solid

food without changing total caloric intake, followed by a 7-week phase where caloric intake was

increased while preventing weight gain[68]. We found that ancestral *susC-D/tonB* insertions were

frequently lost during the course of the diet study and new insertions in *susC-D/tonB* genes

arose after the diet intervention ended (Fig. 7C). Additionally, insertions arose in the *susC-*

D/tonB homolog BT1119 (Fig. 7D). Together, these results demonstrate that diet alteration is

associated with perturbations in IS insertions in *susC-D/tonB* genes.

Discussion

IS elements are fundamental to the evolution of bacterial genomes. Despite this, IS

diversity and function within polymicrobial communities is understudied. Here, we built a

computational pipeline for identifying IS insertions within complex metagenomic DNA

sequences. This pipeline, which we call pseudoR, relies on an open-source IS element

database (ISOSDB), which vastly improves nucleotide diversity compared to current state-of-

the-art databases. Using pseudoR, we found that IS elements contribute to high levels of

bacterial genomic diversification within the microbiota, are maintained at specific loci for

extended periods of time, can be efficiently transferred between individuals, and experience

fluctuations within bacterial populations following perturbation. Together, these results

demonstrate that IS elements are important genetic elements that can dictate genotype diversity

within the microbiota.

Using previously published metagenomic datasets, we show that the majority of open

reading frames containing IS insertions (iORFs) are unique and not shared between individuals.

This is similar to the observation that polymorphism diversity in the human intestinal microbiota

is more likely to be unique than shared[69]. Our work expands on this idea and suggests that IS

activity is a part of each person's "fingerprint" of microbial diversity.

iORFs were frequently annotated within five broad categories: *susC-D/tonB*, mobilome

genes, EPS genes, antibiotic resistance genes, and MGE resistance genes. Genes belonging to

these categories are considered accessory genes and are often non-essential. Interestingly,

genes regulated by DNA inversions, including phase variation, fall into similar functional

categories as those targeted by IS insertions[70,71]. This suggests that insertions and inversions

control gene expression of the microbiota to position bacteria for optimal adaptation.

Additionally, *susC-D/tonB* receptors are often targets of nucleotide evolution in the human

intestine, possibly to help gain new abilities based on substrate availability[21]. In support of this, a

SusC epitope activates T cells to promote an anti-inflammatory IL-10 response in healthy

individuals and induces a pro-inflammatory IL-17A response in people with Crohn's disease[72].

This suggests that IS elements influence the immunomodulatory capacity of the microbiota.

The microbiome of urban individuals is less-well suited to degrade diverse

polysaccharides compared to rural individuals[73]. Here, we found that urban individuals (those in

the ITA and JPN cohorts) have extensive modulation of the microbiota with high rates of IS

insertions in *susC-D/tonB* genes, compared to individuals living in rural settings (MDG cohort).

This could partly be explained by in ITA and JPN individuals as they have a dominance of IS

insertions in *Bacteroides* and *Phocaeicola* bacterial species, while MDG individuals have limited

Bacteroidia IS insertions. However, we expect that the varied diet of MDG individuals, which

includes wild meat and plants[74], partially selects for a more diverse set of functional *susC-*

D/tonB receptors compared to individuals consuming an industrialized diet. Further work to

characterize IS insertions in individuals with rural lifestyles, such as the Hadza hunter

gatherers[75], will better demonstrate how IS elements impact nutrient acquisition.

iORFs were common among MGE resistance and macrolide resistance (*ermF*) genes[76].

Both of these classes of genes have been reported to be targets of IS inactivation[19,33]. Since

these are heterogenous populations that co-exist between genes carrying or lacking IS

insertions, we hypothesize that IS insertions in these genes maintains a low level of population-

wide MGE and antibiotic resistance and reduces the burden of expressing the resistance gene.

Such a "hedge-betting" strategy would be advantageous upon antibiotic or phage exposure

where the population can regain resistance thorough selection of variants.

Prior to this study, it was uknown how stable IS elements were in bacterial genomes

within host associated microbiotas. We found that specific IS insertions were detectable for just

under two years, demonstrating that IS insertions within specific genetic loci are often not

sanitized from the population. These findings are analogous to the discovery of nucleotide

polymorphism conservation within the microbiota[77]. Additionally, we established that IS

elements can be stably transferred between individuals. Donor-derived bacterial communities

have been shown to persist in recipients following FMT[78-80]. We conclude that IS insertions are

stable in host associated microbiotas and may impart a minimal fitness cost to their bacterial

host.

Bacterial diversity frequently rebounds after antibiotic treatment[66,81], but how bacterial

communities assemble at the strain level is more varied and includes widespread loss of

mutations and enrichment of others[82]. We found that IS insertions were readily lost after

antibiotic treatment. Our results suggest that ISs can be viewed as strain-level features that are

more variable than taxonomic-level diversity following perturbation.

In summary, the development of a contemporary and stringently curated IS database,

combined with a streamlined computational approach to identify IS elements from metagenomic

data, has revealed insights into how IS elements shape the genomes of the microbiota and sets

the stage for exploring how specific IS variants in the microbiota influence human health.

However, a few limitations to the tools and study exist. First, delineation of IS insertion sites

between closely related strains is imperfect, thus insertions between very closely related strains

may group together and fail to resolve. Work from the intestinal microbiota has found that most

species are represented by one dominant strain and that these strains are stable over long

periods[83], suggesting that the insertion sites that we measured are from subpopulations

originating from single strains. Second, we do not understand how IS insertions influence the

fitness of the microbiota. We can begin to overcome this problem by assembling and assessing

Tn-Seq libraries of diverse intestinal bacteria under conditions relevant to the intestine and in

animal colonization experiments. Coupling such studies with pseudoR analyses of microbiota

datasets would begin to help determine what IS insertion sites are beneficial or detrimental to

commensal bacteria. Third, the pseudoR pipeline relies on assemblies containing some level of

the wild type allele for comparison to an IS insertion at that same allele. This limits the detection

of IS elements that assemble as part of the reference contig. Conceivably, an inverse method to

find wild type alleles in IS-allele assemblies can be built and be implemented into a future

release of pseudoR. Fourth, the single reference mode of pseudoR excludes assemblies from

later timepoints to prevent over-assembly and focuses the analysis on the initial timepoint. This

hinders our understanding of how IS elements are impacting the microbiota not present at the

initial timepoints.

Materials and Methods

Data and Code Availability

IS-Seq data have been deposited at NCBI SRA and are publicly available as of the date

of publication. Accession numbers are listed in the Key Resources Table. This paper analyzes

existing, publicly available data. The accession numbers for these datasets are listed in the Key

Resources Table. All original code has been deposited at GitHub and is publicly available as of

the date of publication. DOIs are listed in the Key Resources Table.

Experimental Model and Study Participant Details

Bacteroides thetaiotaomicron VPI-5482, *Bacteroides thetaiotaomicron* VPI-5482 CPS3,

and *Bacteroides fragilis* NCTC 9343 were cultured as previously described [84,85]. Briefly, these

strains were grown in brain-heart infusion (BHI) broth (Becton Dickinson, Franklin Lakes, NJ)

supplemented with 1 g/L cysteine, 5% w/v $NaHCO_3$, and 5 mg/L hemin (BHIS), Varel-Bryant

minimal media [86] supplemented with 28 mM glucose, or *Bacteroides* phage recovery medium

(BPRM) [87] at 37° C in a Coy Type A vinyl anaerobic chamber in an atmosphere of 5% hydrogen,

20% carbon dioxide, and balanced nitrogen (Coy Lab Products, Grass Lake, MI). For growth on

solid-media we used BHI agar supplemented with 10% defibrinated calf blood (Colorado Serum

Company, Denver, CO). *Escherichia coli* S17-1 was grown in Lennox L broth (Fisher Scientific,

Hampton, NH) with aeration at 37° C. Tetracycline was used at 2 µg/mL, gentamicin was used

at 200 µg/mL, and ampicillin was used at 100 µg/mL.

Quantification and Statistical Analysis

Details of statistical analyses for specific figures can be found in the figure legends. All

statistical analyses were performed using Graphpad Prism, with the exception of Fisher's exact

test which was performed using R.

Creation of the ISOSDB

All genomes classified as "complete" in NCBI Assembly were downloaded on

05/08/2023 using bit v1.8.57 [88]. IS elements were identified using OASIS [27]. This program uses

annotated transposases as points for sequence extension and comparison to find complete IS

elements. Identified IS elements were filtered using the following criteria: 1) multiple (minimum

of 2) complete copies of the element must be present in at least one genome and 2) the

elements must contain identified inverted repeat sequences. To supplement these genomes, we

identified IS elements in hybrid-assembled MAGs from a large human intestinal microbiota

study [26]. These metagenomes were annotated with Prokka v1.14.6 [89], processed as described

above, and then combined with the IS elements identified from the genomes from NCBI

Assembly. Redundant IS elements in the final database were deduplicated using CD-HIT-EST[90]

with a 95% sequence cutoff and a word length of 9. IS element homologs in ISFinder were

found using either blastn (complete elements) with a minimum e-value of 0.000001 and a

minimum length of alignment of 224 bp or blastp (transposases) with a minimum e-value of

0.000001[91]. To further confirm that IS elements in the ISOSDB are legitimate, the transposases

of IS elements that lacked nucleotide homology to IS elements in ISFinder were profiled using

InterProScan [92] and NCBI Conserved Domain Database [93] using default settings. Putative

transposases that lacked domains associated with transposases (such as "DDE superfamily

endonuclease", "Integrase core domain", and "Transposase") were removed from the final

ISOSDB. The ISOSDB and pseudoR pipeline is freely available at

https://github.com/joshuakirsch/pseudoR. Each IS element in this database is given a unique

numeric identifier. Clustering at the amino acid and nucleotide level was performed using

MMSeqs2 v15.6f452 [94] with coverage mode 0 and a minimum coverage of 80%.

pseudoR pipeline

To characterize IS elements and their insertion sites in metagenomic DNA sequences

we built the pseudoR pipeline. This tool relies on deeply-sequenced short read Illumina data

and can be used for both metagenomic and single isolate genome data.

For this study, reads were downloaded from NCBI SRA [95] using fasterq-dump v2.11.0

from these studies [34-36,61,66,67]. Study accession numbers are provided in the Key Resources

Table. Duplication removal, quality trimming, and read decontamination was performed using

programs from the BBTools software suite [96]. PCR duplicated reads were removed with

clumpify.sh with the flag "subs=0". Adapter and quality trimming was performed with bbduk.sh

and human, mouse, and phi29 read contamination was removed using bbsplit.sh. Cleaned and

deduplicated reads were assembled using MEGAHIT v1.2.7 with the "meta-large" preset (-k-

max 127 -k-min 27 -k-step 10) [97]. All contigs used in downstream analyses were greater than 1

kB.

We built two modes for IS identification: single and multi mode. Single mode is used to

identify IS insertions within the microbiota from longitudinal samples from the same individual. In

this mode, only the individual's starting timepoint assembly is used to find IS insertions. This

approach reduces the chance that meaningful information is lost during clustering of multiple

assemblies from multiple timepoints. The single reference mode can be used for evolution

studies where a single population is compared between different treatments. Multi mode is used

for comparing the insertional patterns between multiple individuals. When using the multi

reference mode, reads are first mapped against the sample's own assembly and then remapped

against a combined and deduplicated ORF database built from every sample's assembly.

Before the pipeline was initially run, a database of IS termini was built by merging the

first and last 150 bp of each IS in the ISOSDB together and deduplicating these merged

sequences using CD-HIT-EST [90] with a minimum sequence identity of 90%. The merged

sequences were split into 150 bp sequences and a blastn database [91] was built from this

deduplicated dataset.

At the beginning of the pipeline, ORFs in assemblies are predicted using pprodigal.py (a

parallelizable wrapper of prodigal [98]) and deduplicated using dedupe.sh. Reads are aligned first

to the reference assembly using Bowtie2 [99]. Any mapped read, including discordantly mapped

reads, are considered positive hits. Unmapped reads are collected and aligned to the IS termini

database using blastn and then filtered using a custom R script. This filtering script ensures that

the IS termini is properly positioned on the read such that the remainder of the read is outside of

the IS element. The IS termini are removed and the trimmed reads are re-mapped to the

sample's assembly as unpaired reads using Bowtie2. Following this, the original mapped reads

and IS-termini trimmed reads are re-mapped against the deduplicated gene database in

nucleotide format.

Following read mapping completion in both single and multi mode, a custom R script is

used to identify DNA insertion sites with read mapping from both the left and right terminus of

the IS element at most 20 bp away from one another and this script compiles read abundances

for these regions. Mosdepth v0.3.3[100] is used to determine the sequencing depth of the

uninserted allele for the loci described above. Seqkit v2.2.0[101], samtools v1.6[102], R, ggplot2,

tidyr, and MetBrewer are used for various computational tasks. Scripts to reproduce all data

analysis presented here are available in the GitHub repository.

iORFs assoated with *B. thetaiotaomicron*

B. thetaiotaomicron VPI-5482 coding sequences were downloaded from

fit.genomics.lbl.gov. Homologs to iORFs were found using blastp with a maximum e-value of

0.00005 and a minimum identity of 75%. Hits to multiple related fitness determinants were

filtered to include the representative with the strongest fitness value.

Functional and taxonomic classification of contigs and ORFs

Metagenomic sequences with IS insertions were functionally annotated using eggNOG

mapper v2[103]. Orthologous groups were cross-validated using the COG database[104]. ORFs were

classified as *susCD/tonB* if they contained a PFAM which contained the phrases "SusC",

"SusD", or "tonB". Anti-MGE ORFs were classified as such if they classified as COG5340,

COG2189, COG0286, COG0732, COG0827, or COG4217. Exopolysaccharide biogenesis

ORFs and mobile element ORFs were classified as belonging to COG category "M" or 'X',

respectively. Antibiotic resistance genes were identified using CARD RGI 6.0.0[105]. ORFs and

contigs containing IS insertions were classified using Kraken2 v2.0.7[106].

Bacteria

Bacteroides thetaiotaomicron VPI-5482, *Bacteroides thetaiotaomicron* VPI-5482 CPS3[85],

and *Bacteroides fragilis* NCTC 9343 were cultured as previously described[84]. Briefly, these

strains were grown in brain-heart infusion (BHI) broth (Becton Dickinson, Franklin Lakes, NJ)

supplemented with 1 g/L cysteine, 5% w/v $NaHCO_3$, and 5 mg/L hemin (BHIS), Varel-Bryant

minimal media[86] supplemented with 28 mM glucose, or *Bacteroides* phage recovery medium

(BPRM)[87] at 37° C in a Coy Type A vinyl anaerobic chamber in an atmosphere of 5% hydrogen,

20% carbon dioxide, and balanced nitrogen (Coy Lab Products, Grass Lake, MI). For growth on

solid-media we used BHI agar supplemented with 10% defibrinated calf blood (Colorado Serum

Company, Denver, CO). *Escherichia coli* S17-1 was grown in Lennox L broth (Fisher Scientific,

Hampton, NH) with aeration at 37° C. Tetracycline was used at 2 µg/mL, gentamicin was used

at 200 µg/mL, and ampicillin was used at 100 µg/mL.

DNA extraction and IS-Seq

Genomic DNA was extracted from 1.5 mL cultures of *Bacteroides* strains using the

Zymobionics DNA Miniprep kit (Zymo Research, Irvine, CA) and used as input for IS-Seq as

described previously [19]. Briefly, NGS libraries were produced using the Illumina DNA Prep Kit

(Illumina, San Diego, CA) and amplified using ISOSDB412 IS-Seq Step1 and p7 primers for 13

cycles using Q5 Master Mix (New England Biolabs, Ipswich, MA). The products of this reaction

were amplified with IS-Seq Step2 and p7 primers for 9 cycles using Q5 Master Mix and

sequenced on a Novaseq 6000 at Novogene (Sacramento, CA). R1 reads were binned and

trimmed of the ISOSDB412 terminus and adapters using cutadapt v1.1.18 [107]. To remove PCR

duplicates, R2 pairs of R1 reads that contained the ISOSDB412 terminus were binned and

deduplicated using dedupe.sh from the BBTools suite with the flag minidentity=100.

Deduplication of R2 reads ensures that each amplified read pair is a unique molecule, while

maintaining read depth information of the R1 (IS-amplified) read. This set of deduplicated R2

reads was re-paired to trimmed R1 reads with reformat.sh from the BBTools suite and these

pairs were aligned to the host genome using Bowtie2. R1 read depth at each genomic position

was calculated using bedtools v2.30.0 [108] IS-seq reads can be found at the European

Nucleotide Archive under study accession number PRJEB66483.

DNA manipulation and cloning

Primers and plasmids used in this study are listed in the Key Resources Table. All

plasmid constructs were made using Gibson assembly master mix (New England Biolabs,

Ipswich, MA). Assembled constructs were electroporated into electrocompetent *E. coli* S17-1.

These cells were prepared by washing cell pellets three times in ice-cold electroporation buffer

(0.5 M sucrose, 10% glycerol). The resulting transformants were mated with *B. thetaiotaomicron*

or *B. fragilis* by mixing 500 µL of stationary phase *E. coli* S17-1 and 500 µL of stationary phase

Bacteroides on BHI blood agar overnight at 37° C under aerobic conditions. Transconjugants

were selected by scraping the bacterial lawns into BHI and plating serial dilutions on BHI blood

agar supplemented with tetracycline and gentamicin, and incubating at 37°C anaerobically for

48 hours. The ISOSDB412 (IS4351) DNA sequence construct was purchased from Twist

Biosciences (San Francisco, CA). pB006 (Addgene plasmid #182320), a gift from Dr. Lei Dai,

was used as a shuttle vector and purchased from Addgene (Watertown, MA)[109]. The *tetM*

cassette was cloned from pCIE-*tetM*[110] and the *ermF* cassette was cloned from pG10K, a gift

from Dr. Janina Lewis (Addgene plasmid #191377) and purchased from Addgene[111].

***B. thetaiotaomicron* passaging experiment**

B. thetaiotaomicron was grown overnight in BHIS and then subcultured 1:100 into either

Varel-Bryant minimal media or BHIS containing antibiotic and grown overnight. The next day,

bacteria cultured in BHIS were subcultured 1:100 into BHIS and bacteria cultured in Varel-

Bryant minimal media cultured were subcultured 1:100 into Varel-Bryant minimal media with

antibiotic. After overnight growth, this passaging was repeated once more. Genomic DNA was

isolated and the final passage was sequenced as described above.

***B. thetaiotaomicron* phage infection**

B. thetaiotamicron CPS3 (a mutant of *B. thetaiotamicron* VPI-5482 expressing only the

CPS3 capsule)[85] was transformed with pB6T-ermF-IS4351 and grown overnight in *Bacteroides*

phage recovery medium (BPRM) with antibiotic. Overnight cultures were diluted to OD_{600} of 1.0

in phage buffer[59] and was plated on BPRM agar containing tetracycline and $1x10^8$ PFU/mL of

either DAC15 or DAC17. Dilutions of resuspended overnight culture were also plated on BPRM

containing tetracycline. Plated cultures on DAC15 agar media were incubated at 37° C for 48

hours and individual colonies were picked and patched onto fresh BPRM plates with DAC15.

This process was repeated. Cultures plated on DAC17 agar and agar without phage were

similarly passaged. Passaged colonies were cultured into BPRM broth without phage and

incubated for 48 hours at 37° C. Genomic DNA was isolated and sequenced as described

above.

Enumeration of infectious phage particles

90 µL of supernatant from liquid cultures of passaged colonies were mixed with 10 µL

chloroform (Fisher Scientific), centrifuged for 1 minute at 21,000 RCF at 25° C, and the

supernatant was collected. Dilutions of this supernatant were made in phage buffer and 5 µL

spots of the dilutions were plated on a BPRM plate containing *B. thetaiotamicron* CPS3

embedded in 0.35% BPRM top agar, and incubated at 37° C overnight.

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Author Contributions

Conceptualization, J.M.K., B.A.D.; Methodology, J.M.K., B.A.D.; Software, J.M.K.; Validation,

J.M.K.; Formal Analysis, J.M.K.; Investigation, J.M.K.; Resources, B.A.D., A.J.H.; Data Curation,

J.M.K.; Writing – Original Draft, J.M.K., A.J.H., B.A.D.; Writing – Review & Editing, J.M.K.,

B.A.D.; Visualization, J.M.K., B.A.D.; Supervision, B.A.D.; Project Administration, B.A.D.;

Funding Acquisition, J.M.K., A.J.H., B.A.D.

Declaration of Interests

B.A.D. is a co-founder and shareholder of Ancilia Biosciences.

Figure Legends

Figure 1. The ISOSDB: a database of diverse and complete ISs. (A) Number of unique IS

sequences in ISFinder and the ISOSDB. (B) Comparison of transposase (Tnp amino acid) and

nucleotide sequences of the full ISs from the ISOSDB to the ISs from ISFinder. (C) Numbers of

clusters of ORFs and full nucleotide sequences in the ISOSDB for a range of minimum

sequence identities. (D) Number of ISs per IS family in the ISOSDB. Only families with 100 or

more IS elements are shown.

Figure 2. IS insertions are abundant in intestinal bacteria. (A) Abundance of ISs from ITA,

JPN, and MDG individuals. Each data point represents one new insertion not found in the

reference assembly. The y-axis is the relative IS depth percentage (IS depth/ (WT allele depth +

IS depth)). (B) Number of insertions per sample shown in A. (C) IS insertions per bacterial class.

The intensity of each bar is proportional to the number of IS insertions. (D) IS insertions in

Bacteroidia and *Clostridia* bacteria organized by IS family. The intensity of each bar is

proportional to the number of IS insertions. (E) Preferential IS insertion in either intergenic (left

side, red) or intragenic (right side, blue) loci for highly abundant ISs (paired T test with FDR

multiple testing correction, maximum adjusted p value = 0.05). The difference between

intragenic and intergenic insertions individual IS elements was averaged between multiple

individuals and is shown on the X axis.

Figure 3. IS insertions are commonly found in bacterial accessory genes. (A) Number of

shared and unique iORFs within ITA, JPN, and MDG individuals. (B) Heatmap of IS insertions in

different gene functional categories. (C) Statistically significant enrichment of ISs in the

functional categories from B. White asterisks represent categories where the iORFs are over-

abundant compared to all genes and blue asterisks represent categories where the iORFs are

under-abundant compared to all genes (Fisher's exact test with FDR multiple comparison

correction, ***$p < 10^{-24}$, **$p < 10^{-3}$, *$p < 0.05$). (D) Location and relative IS depth in shared

iORFs. The location of the insertion (either above or below the gene representation) is

representative of the study. (E-F) Number of IS insertions in iORFs in the functional categories

in B from different bacterial classes (E) and IS families (F). (G) Rate of IS insertions in

transposases. Rectangles in the red dashed line are self-targets and rectangles outside of the

red dashed line are non-synonymous-targets.

Figure 4. ISOSDB412 insertion in *Bacteroides* species replicates findings from intestinal

metagenomic data. (A and D) Representative IS-Seq deep sequencing of ISOSDB412

insertions in *Bt* (A) and *Bf* (D). (B and E) Functional enrichment of ISOSDB412 insertions in *Bt*

(B) and *Bf* (E) (Fisher's exact test, $*p < 0.06$, $***p < 0.001$). (C and F) ISOSDB412 insertions

were counted in intergenic and intragenic loci in *Bt* (C) and *Bf* (F) (paired T-test, $*p < 0.05$). (G)

Representative IS-Seq of ISOSDB412 insertions of *Bt* passaged in either BHIS or MM. (H)

Number of ISOSDB412 insertions in each condition in G (paired T test). (I) Number of

ISOSDB412 insertions in EPS biogenesis genes in G (paired T test). (J) Representative IS-Seq

of ISOSDB412 insertions of *Bt* chronically infected with DAC15 or DAC17. (K) Number of

ISOSDB412 insertions in each condition in J (unpaired T test, $*p < 0.05$). (L) Number of

ISOSDB412 insertions in EPS biogenesis genes in J (unpaired T test, $*p < 0.05$).

Figure 5. IS insertions are maintained in the intestinal microbiota for extended time

periods. (A) IS insertions are depicted as rectangles, with the color intensity proportional to the

relative IS depth percentage. Each insertion is unique based on insertion position and the same

insertions are aligned vertically. Orange-colored IS insertions are present at the first timepoint

(week 0), green IS insertions are new insertions not present at the initial timepoint, and blue IS

insertions are new insertions at timepoints after their first appearance. (B) Number of IS

insertions per timepoint for IS families (red) or taxonomic classes (blue). (C) Rate of new IS

insertions per week. (D) Dynamics of IS insertions over time for gene functional category iORFs.

Data from every individual was used for this figure. The legend for this panel is the same as in

A.

Figure 6. FMT transfer of IS insertions between donors and recipients. (A) Blue rectangles

are IS element insertions in donor samples and red rectangles are IS insertions in recipient

samples. The same insertions in donor and recipients are aligned vertically. Week 0 is the

transplanted fecal material. (B) Heatmap showing new IS insertions that were detected 2 weeks

after transplantation and are detected in both donor and recipient samples (see Fig. S6). (C)

Loss of IS insertions detected in the transplanted fecal material (week 0) from recipients (paired

T test, **$p < 0.01$). (D) Similar rates of new IS insertions are found in both donor and recipients

(unpaired T test. Outliers removed prior to this test using the ROUT method where Q = 1%).

Figure 7. Antibiotic treatment and diet intervention alters the IS insertional landscape.

(A) Heatmap showing IS insertion dynamics during antibiotic treatment. Only insertions in alleles

with less than or equal to 200% of the week 0 read depth are shown in this panel. Horizontal

black bars at the 0.6 Week timepoint are present in individuals who did not have an available

sample for this timepoint. (B) Antibiotic treatment significantly decreases the number of IS

insertions present following week 0 (unpaired T test, *** $p < 0.005$). (C) Dynamics of IS

insertions in *susCD/tonB* genes during the diet timecourse. Data from every individual was used

for this figure panel. (D) New *BT1119* IS insertions arise after the diet intervention has ended.

Wild type allele depth is shown as a black line and IS insertion allele depth is shown as a red

bar.

Supplemental Tables

Table S1. IS element families represented in ISOSDB, Related to Figure 1

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