Developmentally dynamic changes in DNA methylation in the human pancreas.

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ABSTRACT

Development of the human pancreas requires the precise temporal control of gene

expression via epigenetic mechanisms and the binding of key transcription factors.

We quantified genome-wide patterns of DNA methylation in human fetal pancreatic

samples from donors aged 6 to 21 post-conception weeks. We found dramatic

changes in DNA methylation across pancreas development, with >21% of sites

characterized as developmental differentially methylated positions (dDMPs) including

many annotated to genes associated with monogenic diabetes. An analysis of DNA

methylation in postnatal pancreas tissue showed that the dramatic temporal changes

in DNA methylation occurring in the developing pancreas are largely limited to the

prenatal period. Significant differences in DNA methylation were observed between

males and females at a number of autosomal sites, with a small proportion of sites

showing sex-specific DNA methylation trajectories across pancreas

development. Pancreas dDMPs were not distributed equally across the genome, and

were depleted in regulatory domains characterized by open chromatin and the

binding of known pancreatic development transcription factors. Finally, we compared

our pancreas dDMPs to previous findings from the human brain, identifying evidence

for tissue-specific developmental changes in DNA methylation. To our knowledge,

this represents the most extensive exploration of DNA methylation patterns during

human fetal pancreas development, confirming the prenatal period as a time of

major epigenomic plasticity.

KEYWORDS

Pancreas, DNA methylation, development, sex differences, fetal, monogenic

diabetes, neonatal diabetes, brain

INTRODUCTION

Development of the human pancreas is a highly intricate process requiring the

precise temporal control of gene expression. The mature pancreas derives from two

buds (dorsal and ventral) originating from the distal foregut endoderm and has both

exocrine and endocrine functions reflecting distinct cellular lineages (1). The

exocrine pancreas, responsible for the secretion of digestive enzymes, is composed

principally of acinar and ductal cells. The endocrine pancreas, assembled into Islets

of Langerhans, contains α-cells, β-cells, δ-cells, ε-cells, and γ-cells (otherwise known

as PP-cells) which each release specific hormones (glucagon, insulin, somatostatin,

ghrelin and pancreatic polypeptide, respectively) that act to regulate blood glucose

levels (2). The diversity of the cells within the maturing pancreas indicates a complex

developmental pathway involving spatially- and temporally- coordinated changes in

gene regulation (3), although the precise molecular mechanisms driving this process

are not fully understood. Importantly, several diseases are known to result from

aberrant development of the pancreas including maturity onset diabetes of the young

(MODY) and neonatal diabetes - monogenic disorders caused by pathogenic

mutations in genes involved in coordinating pancreas development (4, 5).

Epigenetic modifications play a key role in the dynamic regulation of gene function

during tissue development and differentiation (6). The most extensively studied

epigenetic mechanism is DNA methylation, the covalent addition of a methyl group to

the fifth carbon position of cytosine (7). DNA methylation is traditionally considered to

repress local gene expression via disruption of transcription factor binding and the

recruitment of methyl-binding proteins that initiate chromatin compaction and gene

silencing (8). Evidence suggests there is a more nuanced relationship between DNA

methylation and transcription that is dependent on genomic and cellular context;

DNA methylation in the gene body, for example, is often associated with increased

expression (9) and has been implicated in other genomic functions including

alternative splicing and promoter usage (10).

The establishment and maintenance of tissue-specific DNA methylation patterns is a

crucial feature for mammalian development, and within the pancreas, DNA

methylation plays a critical role in the specification of the endocrine and exocrine

lineages (11, 12). To date, a systematic exploration of DNA methylation changes

during human pancreas development has not been performed due to, at least in part,

the paucity of tissue from fetal donors. Several studies have utilized human fetal

pancreatic samples to characterize transcription factor expression (1) and single cell

gene expression patterns (13, 14) in the developing human pancreas, although

these studies have focused on very early developmental stages and profiled only a

limited number of samples. Our understanding of the genomic changes taking place

during human pancreas development has therefore relied largely on extrapolations

from animal model studies (15) and pancreatic cell lines (16, 17).

In this study we quantified DNA methylation across the genome in pancreas samples

obtained from 99 fetal donors spanning 6 to 21 post-conception weeks (PCW) and

23 postnatal (adult) donors. We report dramatic changes in DNA methylation across

human pancreas development, which are specific to the fetal period and distinct to

age-associated changes in the postnatal pancreas. This is, to our knowledge, the

most extensive study of DNA methylation across human fetal pancreas development

and confirms the prenatal period as a time of considerable epigenomic plasticity.

RESULTS

Generating a high-quality DNA methylation dataset across human fetal pancreas

development

We obtained flash-frozen 99 human fetal pancreas samples (43 male and 56 female)

dissected from donors aged between 6 PCW (Carnegie stage (CS) 18) and 21 PCW

from the Human Developmental Biology Resource (HDBR) (https://www.hdbr.org/)

(**Figure 1A** and **Supplementary Table 1**). As expected, mean pancreas mass

increased with age (**Supplementary Figure 1**) and immunohistochemical analysis of

matched formalin-fixed paraffin embedded (FFPE) samples from a subset of donors

(n = 10, aged 9 to 19 PCW, see **Methods**) was used to confirm the pancreatic origin

of tissue from the HDBR prior to methylomic profiling (see **Figure 1B** and **Figure**

1C). We quantified DNA methylation across the genome in DNA isolated from each

tissue sample using the Illumina Infinium MethylationEPIC (v1) array followed by a

stringent quality control pre-processing pipeline (see **Methods**). After excluding

poorly performing probes (i.e. those characterized by non-specific binding and those

affected by genetic variation), in addition to those annotated to the Y chromosome,

our final dataset included measurements of DNA methylation at 805,481 sites

(787,690 (97.79%) autosomal, 17,791 (2.21%) on the X-chromosome)). We

calculated a 'DNA methylation age' estimate for each sample using an epigenetic

clock previously trained on fetal brain tissue and shown to be robustly associated

with gestational age (18), finding a strong positive correlation between estimated age

and actual developmental age (corr = 0.89, P = 8.31 x 10^{-35}, **Figure 1D**). Finally,

global levels of DNA methylation in the fetal pancreas, calculated by taking the mean

across all autosomal DNA methylation sites included in the final dataset, did not

differ significantly over the course of development (corr = 0.069, P = 0.497)

(**Supplementary Figure 2**) indicating no overall changes in DNA methylation

content across the genome during this period.

Development of the human fetal pancreas is associated with dramatic changes in

DNA methylation at specific sites across the genome

We used a linear regression model, controlling for sex, to identify sites at which DNA

methylation changed significantly across fetal pancreas development (see

Methods); we refer to these as developmental differentially methylated positions

(dDMPs). In total, we identified 177,130 dDMPs associated with developmental age

at an experiment-wide significance threshold ($P = 9$ x 10^{-8}), of which 174,992

(98.79%) were autosomal and 2,138 (1.21%) were located on the X chromosome

(**Figure 2A** and **Supplementary Table 2**). Across all autosomal dDMPs there was a

modest excess of sites characterized by decreasing levels of DNA methylation

('hypomethylated dDMPs') across fetal pancreas development (hypomethylated

dDMPs = 88,345 (50.5%), hypermethylated dDMPs = 86,647 (49.5%), P = 9 x 10^{-8})

(**Supplementary Figure 3**), consistent with patterns previously identified in our

analyses of the developing human fetal brain (19).

The top-ranked dDMP associated with fetal pancreas development was

cg08125539, located in intron two of the gene encoding insulin-like growth factor 2

mRNA binding protein 1 (*IGF2BP1*), which became progressively methylated over

time (mean change in proportion DNA methylation per PCW = 0.049, P = 1.35 x 10^{-}

^{61}, **Figure 2B**). *IGFBP1* is the predominant insulin-like growth factor (IGF)-1 binding

protein during fetal development and is primarily secreted by the liver suggesting a

role in the regulation of fetal growth (20). Interestingly, in adulthood, low IGFBP-1

levels are associated with a higher risk for type 2 diabetes (21). The top-ranked

hypomethylated dDMP across pancreas development was cg20554008, located in

the first intron of the gene encoding mitogen-activated protein kinase 3 (*MAP2K3*)

(mean change in proportion DNA methylation per PCW = -0.036, P = 1.48 x 10^{-61},

Figure 2C). *MAP2K3* is involved in the MAP kinase signaling pathways which has a

critical role in cellular proliferation and differentiation in various contexts including

cancer (22).

We performed pathway analysis on genes annotated to dDMPs using the

missMethyl R package (23). Gene ontology (GO) analysis of genes annotated to the

top 10,000 hypermethylated dDMPs identified a highly significant enrichment for

multiple developmental pathways (**Supplementary Table 3**). KEGG analysis

revealed an enrichment of genes within the Wnt signaling pathway (FDR = 0.0011),

a crucial pathway for cell fate determination and organogenesis that plays an

important role in development of the pancreas (24-26), and insulin secretion (FDR =

0.088) **(Supplementary Table 4)**. GO analysis of genes annotated to the top 10,000

hypomethylated dDMPs revealed an enrichment of genes involved in catalytic

activity (FDR = 6.87 x 10^{-8}) and other catabolic processes (FDR = 3.12 x 10^{-7})

(**Supplementary Table 5**). KEGG analysis of hypomethylated dDMPs highlighting

an enrichment of genes involved in endocytosis (FDR = 0.077) and protein

processing in the endoplasmic reticulum (FDR = 0.077), both of which are implicated

in the regulation of secretion from pancreatic β-cells (27) **(Supplementary Table 6)**.

Many of the individual DMPs associated with pancreas development are in close

proximity to each other, clustering into developmentally regulated differentially

methylated regions (dDMRs). We used *dmrff* (28) to formally define these spatially-

correlated regions of variable DNA methylation (see **Methods**). In total we identified

7,934 dDMRs (corrected P < 0.05, number of probes ≥ 3) spanning an average of

389 bp (with a range of 3-37 sites) (**Supplementary Table 7**). Many of the top-

ranked dDMRs are proximal to genes with established roles in development and

function of the pancreas. For example, the top hypermethylated dDMR (chr20:

36148264-36149656, 30 sites, $P < 1.14 \times 10^{-304}$, **Figure 2D**) spans the transcription

start-site of the neuronatin gene (*NNAT*) that itself is located within the bladder

cancer associated protein gene (*BLCAP*). *NNAT* is an imprinted proteolipid-encoding

gene expressed specifically from the paternal allele that is highly expressed within

differentiating endocrine cells and immature aggregating islet cells in mice (29, 30).

Of note, a recent study showed that the mouse *Nnat* gene is differentially expressed

across development in a discrete population of beta cells, and that this

transcriptional plasticity is directly regulated by DNA methylation (31). The top

hypomethylated dDMR (chr19: 16830287-16830859, 9 sites, $P = < 1.14 \times 10^{-304}$,

Figure 2E) spans the transcription start site (TSS) of the gene encoding WD repeat

domain-containing protein 1 (*NWD1*), which plays an important role in the

developmental regulation of gene expression (32).

The developing human pancreas has distinct modules of co-methylated loci

We used weighted gene correlation network analysis (WGCNA) (33) to undertake a

systems-level characterization of the DNA methylation changes associated with

human pancreas development. To enable a focus on sites annotated to genes we

selected sites located in 'promoter' and 'gene body' regions characterized by

variable DNA methylation, identifying discrete modules of co-methylated positions

and used the first principal component of each individual module (the "module

eigengene" (ME)) to assess their relationship with fetal pancreas development (see

Methods). Among promoter-annotated sites (n = 92,989 variable sites) we identified

17 co-methylation modules of which 12 were significantly associated with pancreas

development (Bonferroni-corrected P < 0.003) (**Supplementary Table 8**). The

Promoter3 module (n = 5,091 probes) was the most positively correlated with

developmental age (correlation of ME with age = 0.92, P = 2 x 10^{-42}, **Figure 3A**) and

the Promoter2 module (n = 5,955 probes) was characterized by the strongest

negative correlation with developmental age (correlation of ME with age = -0.88, P =

2 x 10^{-32}, **Figure 3B**). Module membership for sites included in both modules was

found to be highly correlated with site significance with developmental age

(Promoter3: r = 0.92, P < 1 x 10^{-200}; Promoter2: r = 0.81, P < 1 x 10^{-200})

(**Supplementary Figure 4**) indicating a clear relationship between DNA methylation

at sites within these modules and fetal pancreatic development. Among gene body

annotated sites (n = 77,945 variable sites), we identified 16 co-methylation modules,

of which 13 were significantly associated with pancreas development (Bonferroni-

corrected P < 0.003) (**Supplementary Table 9**). The GeneBody3 module (n =

10,312 probes) was most positively correlated with developmental age (correlation of

ME with age = 0.919, P = 6.26 x 10^{-41}, **Figure 3C**) and the GeneBody4 module (n =

8,419 probes) was most negatively correlated with developmental age (correlation of

module eigengene (ME) = -0.741, P = 1.76 x 10^{-18}, **Figure 3D**). Again, module

membership for both modules was found to be highly correlated with site significance

(GeneBody2 module: r = 0.88, P < 1 x 10^{-200}; GeneBody3 module: r = 0.61, P < 1 x

10^{-200} (**Supplementary Figure 5**) indicating a clear relationship between DNA

methylation at sites within these modules and fetal pancreatic development. To

investigate the biological significance of the genes annotated to the core DNA

methylation sites in each of the modules associated with pancreas development we

conducted GO and KEGG pathway analysis (see **Methods**) identifying many

relevant pathways including several related to the metabolism of macromolecules in

the Promoter1 module (FDR = 0.001), bile secretion in the Promoter4 module (FDR

= 0.008) and anatomical structure morphogenesis in the Promoter3 module (FDR =

0.02) (**Supplementary Table 10**).

Autosomal sex-specific differences in DNA methylation in the developing pancreas

DNA methylation at 12,952 sites (1.61% of tested sites) was significantly different (*P*

$< 9 \times 10^{-8}$) between males and females in the fetal pancreas. As expected, the vast

majority of these differences occurred at sites located on the X chromosome (n =

12,242 (94.5%), mean male-female difference = 0.18 (SD = 0.12), range of male-

female differences = 0.69 – 0.01), although a notable proportion were autosomal (n =

646 (4.99%), mean male-female difference = 0.048 (SD = 0.037), range of male-

female differences = 0.30 – 0.009) (**Supplementary Table 11**). This may indicate

sex-specific differences in gene regulation in the developing pancreas and is an

interesting observation given evidence for male-female differences in pancreatic size

and function (34, 35). The top-ranked autosomal DMP between males and females

was cg06513015 (difference in mean DNA methylation = 0.27, *P* = 2.34 x 10^{-78})

which is annotated to the promoter regions of the *ERV3-1* gene; of note this site has

previously been shown to have significantly higher DNA methylation in newborn

females compared to males (36, 37) (**Supplementary Figure 6**). Interestingly, we

also identified 115 sites (all on the X chromosome) characterized by significant sex-

specific changes in DNA methylation across development of the pancreas,

potentially reflecting temporal changes in X chromosome dosage compensation

mechanisms across development (**Supplementary Table 12** and **Supplementary**

Figure 7).

The distribution of dDMPs differs across genic features and is depleted in key

transcription factor binding domains and regions of open chromatin

Although the distribution of dDMPs was largely consistent across autosomes

(**Supplementary Figure 8**), certain genic features were highly enriched or depleted

for developmentally-dynamic sites. For example, we observed a striking depletion of

dDMPs in CpG islands (odds ratio = 0.241, $P < 2.23 \times 10^{-308}$), transcription start sites

(TSS200) (odds ratio = 0.377, $P < 2.23 \times 10^{-308}$) and 1st exons (odds ratio = 0.389, P

$< 2.23 \times 10^{-308}$) (**Figure 4A**). In contrast, there was a significant enrichment of

dDMPs in features including CpG island shores (odds ratio = 1.10, $P = 5.38 \times 10^{-52}$),

CpG island shelves (odds ratio = 1.14, $P = 2.97 \times 10^{-39}$), and gene bodies (odds ratio

= 1.18, $P = 3.63 \times 10^{-210}$) (**Supplementary Table 13**). The depletion of dDMPs in

CpG-rich promoter regions was driven primarily by a lack of sites becoming

hypomethylated across development (**Figure 4B**); in contrast to other genic features

we see a highly significant enrichment of hypermethylated dDMPs relative to

hypomethylated dDMPs in CpG islands (sites characterized by decreasing DNA

methylation = 4,294 (37.1%), sites characterized by increasing DNA methylation =

7,266 (62.9%), $P < 2.2 \times 10^{-16}$, **Supplementary Figure 3**). Reflecting this, mean

DNA methylation across all dDMPs located in CpG islands significantly increases

across development of the pancreas (mean change in DNA methylation per PCW =

0.0046, $P < 2.2 \times 10^{-16}$) (**Supplementary Figure 2**). These patterns reflect the fact

that CpG islands are generally characterized by low levels of DNA methylation early

in development with tissue-specific patterns of DNA methylation becoming

established during the prenatal period (38).

We next sought to investigate whether dDMPs were enriched within known

pancreatic regulatory domains identified from recent published analyses of key

transcription factor binding site occupancy and chromatin accessibility in pancreatic

islets from human donors. First, we used pancreatic islet ChIP-seq data generated

on pancreatic islet cells (39) to test for an enrichment of dDMPs in peaks highlighting

binding of the transcriptional regulator CCCTC binding factor (CTCF) and five

pancreatic transcription factors (FOXA2, MAFB, NKX2-2, NKX6-1, and PDX1) (40-

44). Mirroring the patterns observed in CpG islands, we found a highly significant

depletion of dDMPs in domains bound by each of these transcription factors (**Figure

4C** and **Supplementary Table 13**). In contrast to CpG islands, however,

transcription factor ChIP-seq peaks were dramatically depleted for hypermethylated

dDMPs compared to background rates across the genome (**Figure 4D**) (CTCF: odds

ratio = 0.423, $P < 2.2 \times 10^{-308}$; FOXA2: odds ratio = 0.459, $P < 2.2 \times 10^{-308}$; MAFB:

odds ratio = 0.635, $P = 1.78 \times 10^{-48}$; NKX2-2: odds ratio = 0.334, $P < 2.2 \times 10^{-308}$;

NKX6-1: odds ratio = 0.254, $P < 2.2 \times 10^{-308}$; PDX1: odds ratio = 0.399, $P = < 2.2 \times$

10^{-308}) (**Figure 4E** and **Supplementary Figure 9**), reflecting the observation that the

binding of many transcription factors is sensitive to methylated DNA (45, 46).

Transcription factor binding occurs mainly in regions of open chromatin. We

therefore used publicly available single nucleus ATAC-seq data to test the

enrichment of dDMPs in genomic regions of open chromatin in three endocrine cell

types (alpha-, beta- and delta-cells) (47). In all three cell types, regions of open

chromatin were again characterized by an overall depletion of dDMPs driven by a

highly significant depletion of hypermethylated dDMPs, mirroring the patterns seen in

occupied transcription-factor binding sites (**Figure 4F** and **Supplementary Figure**

10). This depletion was particularly strong in delta cells where there was also an

overall depletion of hypomethylated dDMPs (all dDMPs: odds ratio = 0.221, P < 2.2 x

10^{-308}; hypermethylated dDMPs: odds ratio = 0.106, P < 2.2 x 10^{-308}; hypomethylated

dDMPs: odds ratio = 0.394, P < 2.2 x 10^{-308}).

A number of neonatal diabetes genes are enriched for dDMPs

Maturity onset diabetes of the young (MODY) and neonatal diabetes are monogenic

disorders of the pancreas caused by pathogenic mutations in several genes,

including those encoding many of the key transcription factors involved in

coordinating pancreas development (48). We explored whether DNA methylation

sites annotated to both MODY (N = 33, **Supplementary Table 14**)

(https://panelapp.genomicsengland.co.uk/panels/472/) and neonatal diabetes (N =

32, **Supplementary Table 15**)

(https://panelapp.genomicsengland.co.uk/panels/293/) genes (**Supplementary**

Figure 11) were enriched for dDMPs associated with pancreas development. There

was evidence for dDMPs annotated to all the tested MODY genes (33 genes

(100%)) and virtually all tested neonatal diabetes genes (30 genes (93.7%)) genes

(**Supplementary Table 14&15**). Although there was no overall significant

enrichment of dDMPs to either MODY (odds ratio = 1.148, P = 0.021) or neonatal

diabetes (odds ratio = 1.084, P = 0.133) genes, there was a significant enrichment of

sites becoming hypermethylated across development annotated to neonatal diabetes

gene regions (odds ratio = 1.357, P = 2.98 x 10^{-4}) (**Figure 5A** and **Supplementary**

Figure 12). A number of disease genes were characterized by very dramatic

changes in DNA methylation across development. The neonatal diabetes gene with the highest proportion of significant dDMPs was *NKX2-2* encoding homeobox protein NKX2-2, a crucial islet transcription factor (42, 49). DNA methylation at 16 of 22 (72.72%) *NKX2-2* sites changed significantly across development (**Figure 5B**), with these sites clustered into a discrete dDMR spanning the gene characterized by increasing DNA methylation (beta = 0.195, P = 1.14 x 10^{-51}) (**Figure 5C** and **Supplementary Table 7**). Another neonatal diabetes gene containing a dDMR characterized by dramatic hypermethylation across pancreas development encodes the lipopolysaccharide responsive beige like anchoring protein (*LRBA*); DNA methylation at 44 of 118 (37.29%) *LRBA* sites was associated with developmental age (**Figure 5D**), with these sites clustered into a discrete dDMR encompassing an intragenic CpG island (beta = 0.235, P = 1.14 x 10^{-301}) (**Figure 5E** and **Supplementary Table 7**). Summary results for all neonatal diabetes genes are presented in **Supplementary Table 16**, potentially aiding the identification of regulatory domains with a critical role in pancreas development.

The dramatic temporal changes in DNA methylation occurring in the developing pancreas are limited to the prenatal period and are distinct to age-associated changes in the postnatal pancreas

Given the notable shifts in DNA methylation observed across pancreatic development, we were interested in characterizing the extent to which these changes continued in the postnatal pancreas. We quantified DNA methylation across the genome in 23 adult pancreas samples obtained from the Barts Pancreas Tissue Bank (BPTB) (https://www.bartspancreastissuebank.org.uk/) (mean age = 59 years, age range 34 to 80 years, **Supplementary Table 1**) using the Illumina EPIC array.

As expected, the chronological age of postnatal donors was strongly correlated with

epigenetic age estimates derived from our DNA methylation data using the Horvath

multi-tissue epigenetic clock (50) (corr = 0.88, P = 2.91 x 10^{-8}, **Supplementary**

Figure 13). We next tested the extent to which dDMPs were also characterized by

age-associated changes in DNA methylation in postnatal pancreas. Across the

176,624 significant fetal pancreas dDMPs also tested in the adult pancreas, there

was no positive correlation in effect sizes (**Figure 6A**), suggesting that most of the

dramatic temporal changes at fetal dDMPs is limited to the prenatal period and do

not reflect aging *per se*. Overall, DNA methylation at pancreas dDMPs was more

variable in fetal pancreas samples than postnatal pancreas samples (**Figure 6B**)

(average variance in DNA methylation across the top 10,000 dDMPs profiled in both

datasets = 0.0150 (fetal pancreas) vs 0.0013 (postnatal pancreas), P = 9 x 10^{-8}).

DNA methylation at pancreas dDMPs was markedly different between early fetal (6 -

8 PCW) and adult pancreas samples (corr = -0.206, **Figure 6C**), mean levels of DNA

methylation in adult pancreas (average age = 59 years) were strongly correlated

(corr = 0.697) to those seen older fetal samples (19-21 PCW). These results further

highlight the relative stability of DNA methylation at these sites postnatally following

the dramatic shifts observed during pancreatic development (**Figure 6D**).

There are tissue-specific developmental changes in DNA methylation specific to the

pancreas

Using data from our previous study of DNA methylation changes during development

of the human brain (19) we explored the extent to which dDMPs identified in this

study were specific to development of the pancreas. 73,964 (41.75%) of the

identified pancreas dDMPs were also profiled in the human brain using an earlier version of the Illumina array (Illumina 450K); across these sites there was a modest positive correlation in effect size between pancreas and brain (corr = 0.277, P = < 2.2 x 10^{-16}) (**Figure 7A** and **Supplementary Table 17**). DNA methylation at 8,131 (10.99%) of the tested pancreas dDMPs was significantly associated with development in the human brain at a Bonferroni-corrected significance threshold (P < 6.76 x 10^{-7}). Of these, DNA methylation at 6,645 (81.72%) sites was characterized by a consistent direction of developmental change in pancreas and brain (e.g., **Figure 7B**) whilst 1,486 (18.28%) sites were characterized by an opposite direction of effect across tissues (e.g., **Figure 7C**). A relatively large number of DMPs were also found to be specific to the developing pancreas; in total we found 55,402 pancreas DMPs (74.90%) that did not appear to be dynamically regulated in the developing brain (i.e., pancreas DMPs at which there was a non-significant mean change in proportion DNA methylation per PCW <0.005 and >-0.005 in the fetal brain) (**Supplementary Table 19**). Of note, the top-ranked example of a pancreas-specific DMP was annotated to the neonatal diabetes gene *LBRA* (cg08219218: absolute difference in mean change in DNA methylation per PCW between the fetal pancreas and brain = 0.0527, **Figure 7D**). We also identified pancreas-specific changes across sites annotated to *NNAT* within the top-ranked dDMR, suggesting that developmental changes in DNA methylation across this domain are specific to the pancreas (**Supplementary Figure 14**).

Similarly, of the 13,480 brain dDMPs identified by Spiers and colleagues at P < 9 x 10^{-8}, 12,531 (92.96%) were included in our fetal pancreas dataset; there was an overall positive correlation in effect sizes across the two tissues (corr = 0.483, P = <

2.2 x 10^{-16}) (**Figure 7E** and **Supplementary Table 18**). 6,831 (54.51%) of the tested

brain dDMPs were significantly associated with developmental age in the human

pancreas at a Bonferroni-corrected significance threshold (P < 3.99 x 10^{-6}), with

5,513 (80.71%) sites characterized by a consistent direction of effect in the brain and

1,318 (19.29%) sites characterized by an opposite direction of effect in the brain. We

identified a number of brain-specific dDMPs with 1,545 sites (12.33%) not

characterized by developmental changes in the developing pancreas

(**Supplementary Table 20**). Of note, the top-ranked brain DMP at which DNA

methylation did not change during pancreas development was annotated to the

Methionine Sulfoxide Reductase A gene (*MSRA*) (cg02192555: absolute difference

between change in mean DNA methylation per PCW between the fetal brain and

pancreas = 0.0368) (51). Overall, these results indicate that whilst many dDMPs

show very similar developmental trajectories across tissues (**Figure 7C**), a relatively

large proportion of sites are characterized by tissue-specific developmental changes

in DNA methylation (**Figure 7D**).

DISCUSSION

In this study, we characterized changes in DNA methylation occurring through

development of the human pancreas. We profiled genome-wide patterns of DNA

methylation in pancreas samples from 99 fetal donors (43 male and 56 female)

spanning 6 to 21 post conception weeks, and 23 postnatal (adult) pancreas samples

(ages 34 to 80 years, 9 male and 14 female). Our data highlight that considerable

epigenomic changes taking place in the human pancreas during fetal development,

with significant changes in DNA methylation identified at over 21% of sites tested.

The distribution of pancreas dDMPs was found to differ across genic regions, with

notable depletion in CpG islands, regions of open chromatin and the binding sites of

pancreatic transcription factors involved in pancreas development. The dramatic

temporal changes in DNA methylation occurring in the developing pancreas were

found to be limited to the prenatal period and be distinct to age-associated changes

observed in the postnatal pancreas. Finally, we compared our data with those from a

similar study on the developing human brain, finding both common developmental

changes across tissues and tissue-specific trajectories of DNA methylation. This is,

to our knowledge, the most extensive study of DNA methylation across human fetal

pancreas development to date, confirming the prenatal period as a time of

considerable epigenomic plasticity.

Distinct developmental patterns of DNA methylation were observed in several

genomic regions. DNA methylation in CpG-rich areas were found to exhibit less

variability during fetal pancreas development compared to other genomic regions.

Moreover, although CpG-rich regions tend to have more hypermethylated dDMPs

than hypomethylated dDMPs (**Supplementary Figure 3**), the majority of dDMPs in

the genome become hypomethylated as the pancreas develops. This observation is

unsurprising considering that CpG islands play a role in stabilizing the expression of

essential housekeeping genes (6) and reflects our previous observations in the

developing human brain (19). We also investigated changes in DNA methylation

within regulatory regions bound by specific islet transcription factors important for

pancreas development and function (i.e. FOXA2, NKX2-2, NKX6-1, PDX1, MAFB,

and CTCF). DNA methylation is known to disrupt the developmental binding of many

transcription factors (6), and therefore the progressive hypomethylation observed

across these domains may orchestrate the complex patterns of gene expression

crucial for pancreatic development and function. In particular, the binding of CTCF,

which plays a crucial role in the developing pancreas by contributing to the

establishment and regulation of chromatin architecture, gene expression and cell

fate determination (52), is known to be highly anticorrelated with DNA methylation

(53). These data support a critical role for developmental changes in DNA

methylation during the differentiation of different pancreatic cell types, including

those responsible for insulin production and glucose regulation.

We also investigated changes in DNA methylation across pancreas development in

relation to sites annotated to genes associated with diseases of the pancreas

including MODY and neonatal diabetes, finding that the vast majority of these genes

contained at least one significant dDMP. Although MODY genes showed no

enrichment for sites characterized exclusively by either increasing or decreasing

DNA methylation across pancreatic development, there was a strong enrichment for

sites to become hypermethylated in genomic regions annotated to neonatal diabetes

genes. This is interesting given the role of aberrant pancreas development in the

development of neonatal diabetes, a rare form of diabetes that presents in the first

six months of life, and the fact that many of the genetic mutations that cause

neonatal diabetes are known to disrupt normal pancreas development and function.

Our data may help elucidate novel mechanisms involved in diseases of the

pancreas. One of the most significant dDMRs in our dataset, for example, was

located within the *LRBA* gene (**Figure 5D**). Although *LRBA* mutations result in

neonatal diabetes and additional autoimmune features diagnosed as early as six

weeks of age (54). These mutations are thought to cause diabetes through de-

regulation of the immune system and there is little previous evidence to suggest a

role for *LRBA* in the development of the pancreas. Our data reveals that there are

dynamic changes in the epigenetic state of LRBA across pancreas development,

with progressive hypermethylation across a discrete region within the gene. Not all

cases of neonatal diabetes and MODY can be explained by identified coding

mutations in the coding region of known genes and understanding the epigenomic

changes occurring during fetal pancreas development could provide clues to the

location of novel (potentially non-coding) functional genetic variants contributing to

the etiology of these disorders.

There are several limitations to this study. First, legal restrictions on later-term

abortions precluded the assay of pancreas tissue from later stages of fetal

development. However, the observation that DNA methylation at dDMPs was

relatively stable between the oldest fetal samples studied and postnatal (adult)

pancreas (**Figure 6D**) implies that the magnitude of epigenetic changes occurring

later in pregnancy and during early postnatal life is much lower that was observed

across early fetal development. Another limitation is that the tissue used in the

present study was whole pancreas and our measurements of DNA methylation

represent a composite of different cell types. This precludes us from exploring

changes within specific cell-types in the developing pancreas, and future work

should focus on profiling changes in purified cell-types. Third, although the Illumina

EPIC array can accurately quantify DNA methylation at single-base resolution with

probes associated with the majority of genes and CpG islands across the genome,

the array targets only ~2% of the CpG sites in the human genome, and probes are

not equally distributed across all genomic features. As costs diminish, future studies

should employ sequencing-based genomic-profiling technologies to more thoroughly

interrogate the epigenome across development in large numbers of samples. Fourth,

no demographic or phenotypic information other than developmental age and sex

was available for the samples assayed. Fifth, we do not have gene expression data

from these samples and are therefore unable to make direct conclusions about the

transcriptional consequences of the developmental changes in DNA methylation we

observe. Finally, we are not able to distinguish between DNA methylation and its

oxidized derivative, DNA hydroxymethylation, as standard sodium bisulfite

approaches do not distinguish between these modifications. There is currently very

limited information about the prevalence of hydroxymethylated DNA in the pancreas

and future studies should aim to characterize this modification across fetal pancreas

development using techniques capable of discriminating DNA methylation and DNA

hydroxymethylation (55-57).

In conclusion we identify highly dynamic changes in DNA methylation occurring

throughout the genome across human fetal pancreatic development. The dramatic

temporal changes in DNA methylation occurring in the developing pancreas appear

to be limited to the prenatal period and be distinct to age-associated changes

observed in the postnatal pancreas. The majority of genes involved in neonatal

diabetes and MODY were located proximal to sites showing developmental changes

in DNA methylation, potentially providing novel insights into the developmental

mechanisms involved in these diseases.

METHODS

Human pancreas tissue samples

Human fetal tissues were obtained from the Human Developmental Biology

Resource (HDBR). These samples were collected with appropriate maternal written

consent and approval from the Newcastle and North Tyneside (Newcastle

University) and London - Fulham (UCL) Research NHS Health Authority Joint Ethics

Committees. HDBR is regulated by the UK Human Tissue Authority

(HTA; www.hta.gov.uk) and operates in accordance with the relevant HTA Codes of

Practice. The age of these samples ranged from 6 to 21 PCW, determined by

Carnegie staging in the case of embryonic samples (defined as ≤56 DPC (8 PCW)

and foot and knee to heel length measurements for fetal samples (defined as ≥57

DPC (8.14 PCW). Other than sex, no additional phenotypic or demographic

information on the fetal donors was available. Human adult pancreatic tissue (n = 23)

was acquired from the Barts Pancreas Tissue Bank at Queen Mary's University

London (www.bartspancreastissuebank.org.uk) with full approval from the Research

Ethics Committee (REC) (references 13/SC/0592, 18/SC/0630 and 23/SC/0324).

All samples used in this study were collected from the Barts Pancreas Tissue Bank,

with written informed consent from patients recruited at Barts Health NHS Trust

(BHNT). Pancreas samples were taken for surgical biopsy for pancreatic tumors, and

only samples with no malignancies or cellular abnormalities were selected for this

study.

Immunohistochemistry (IHC) and multiparameter immunofluorescence imaging

2μm formalin-fixed paraffin-embedded (FFPE) pancreatic tissue sections obtained

from HDBR were stained for the presence of chromogranin A (ChrgA) positive

endocrine cells and CK19-positive ductal cells. Sections were double-stained with

antibodies against ChrgA and CK19 using standard immunohistochemical

approaches. Counterstaining with haematoxylin allowed for identification of exocrine

and structural tissue. The source, characteristics, dilutions and validations of primary

antibodies, as well as source, description and details of accessory agents are

provided in **Supplementary Table 21**. For multiplex tissue immunofluorescence,

2µm FFPE pancreas tissue sections were baked at 60°C for 1 hour, dewaxed in

histoclear, rehydrated in degrading ethanols (100%, 95%, 70%) and fixed in 10%

neutral buffered formalin (NBF). Heat-induced epitope retrieval (HIER; 10mM citrate

pH6) was performed to unmask the epitopes by placing the sections in a pressure

cooker in a microwave oven on full power for 20 mins. The sections were then

blocked with 5% normal goat serum (NGS) and incubated with the primary antibody

before being probed with an appropriate OPAL™ secondary antibody conjugated to

a fluorophore (Akoya Biosciences, **Supplementary Table 21**). This was followed by

a further HIER to remove the primary antibody before staining with the next

primary/secondary combination. The same steps (from blocking to antigen retrieval)

are repeated four times (for each of the primary/secondary combinations). The

sections are counterstained with DAPI and mounted for multispectral fluorescent

microscopy performed using the PhenoImager HT automated quantitative pathology

imaging system (Akoya Biosciences).

Genome-wide quantification of DNA methylation and data preprocessing

Frozen pancreas tissue was homogenized using a motorized pestle prior to

conducting nucleic acid extraction using the Qiagen AllPrep Universal kit (Qiagen).

The processing of all samples was randomized to minimize batch effects attributed

to age or sex. Genomic DNA (~500ng) was treated with sodium bisulfite using the

Zymo EZ DNA Methylation-Lightning kit (Zymo Research). DNA methylation was

profiled across the genome using the Illumina Infinium MethylationEPIC BeadChip

(Illumina) and scanned on the HiScan System (Illumina) using the standard

manufacturers instructions. Data quality control and pre-processing were performed

using the *wateRmelon* package as described previously (58). Cross-reactive probes

and polymorphic DNA methylation sites, as detailed in the Illumina annotation file

and identified in publications (59) were removed leaving 805,481 probes for further

analysis (including n = 17,516 X chromosome and n = 77 Y chromosome probes) for

fetal samples and 857,808 probes for adult pancreatic samples. Data were

normalized with the *dasen* function of the *wateRmelon* package. Demographic

information for the final cohort of 99 fetal pancreas samples and 23 adult pancreas

samples remaining following quality control are provided in **Supplementary Table 1**.

Statistical Analysis

A multiple linear regression model with developmental age (in post conception

weeks, PCW) and sex was implemented to identify DNA methylation changes in the

developing human pancreas. DNA methylation at specific sites was considered to be

significantly associated with development (in PCW) and sex if they passed an

experiment-wide significance threshold of $P = 9 \times 10^{-8}$. Analysis of differentially

methylated probes at the regional level was performed using the DMR-finding tool

dmrff (https://github.com/perishky/dmrff). Gene annotations provided by Illumina

were used to map sites to specific genes. The *missMethyl* package (23) was used to

conduct pathway analysis using standard parameters and relevant backgrounds.

Enrichment analysis

We used publicly available ChIP-seq data generated on pancreatic islet cells

(Pasquali 2014) to test for an enrichment of dDMPs in regions characterized by the

binding of six transcription factors (CTCF, FOXA2, MAFB, NKX2-2, NKX6-1, and

PDX1). We used publicly available single nucleus ATAC-seq data to test the

enrichment of dDMPs in genomic regions of defined by open chromatin in three

endocrine cell types (alpha-, beta- and delta-cells) (Chiou, *et al.* 2021). Diabetes

gene lists were obtained from the PanelApp webpage of Neonatal diabetes genes

and Monogenic diabetes genes. For analyses of different genic regions, we used

feature annotations from the Illumina EPIC array manifest. For DNA methylation

sites in each region, we calculated Fisher exact test P-values and odds ratios for the

association between a site being present in a given set of genomic regions or genes

and the site being differentially methylated with a P-value less than a given threshold

(varying the threshold from $P = 10^{-1}$ to $P = 10^{-35}$).

Weighted gene correlation network analysis (WGCNA)

Weighted gene correlation network analysis (WGCNA) was performed to identify

modules of highly correlated DNA methylation sites associated with pancreas

development (33). WGCNA was performed separately for DNA methylation sites

annotated to promoter regions (n = 92,989 sites) and gene body regions (n = 77,945

sites). Modules were identified based on pairwise correlations using a signed

network at power 4. We excluded modules containing <100 DNA methylation sites. A

weighted average expression profile representing the first principal component of

each individual module, otherwise known as a module eigengene (ME), was

calculated for each module. Correlations between the MEs and the phenotypic traits

available (PCW, sex) were used to identify modules associated with these traits. The

relationship between each probe and each module was assessed through

calculation of module membership (MM), the absolute correlation between a probe's

DNA methylation status and the ME, allowing the identification of the subset of

probes with the strongest membership to each module. To assess the biological

meaning of modules associated with pancreas development, genes associated with

probes possessing an absolute MM value of >0.85 were extracted and assessed

using pathway and gene ontology analysis.

RAW DATA AVAILABILITY

Raw and normalized Illumina EPIC methylation data has been submitted to the NCBI

Gene Expression Omnibus (GEO; http://www.ncbi.nlm.nih.gov/geo/) under

accession number GSE244636.

 FIGURE LEGENDS

FIGURE 1: Characterization of fetal pancreas samples. A) An overview of the age and

sex distribution of fetal pancreas samples profiled in this study. **B)** Chromogranin A (brown)

and Cytokeratin 19 (pink) staining of FFPE tissue from a 17 PCW donor showing both

endocrine and ductal tissue. **C)** Immunofluorescent staining analysis of FFPE tissue from a

17 PCW donor confirming the presence of endothelial cells (CD31+, red), alpha cells (GLU+,

green), beta cells (INS+, cyan), and delta cells (SST+, magenta). **D)** Age estimates derived

from an epigenetic clock calibrated on fetal tissue samples confirm a strong correlation

between actual and estimated gestational age across the 99 fetal pancreas samples

included in this study (corr = 0.89, P = 8.31 x 10^{-35}).

FIGURE 2: Changes in DNA methylation associated with development of the human

pancreas. A) Mean levels of DNA methylation in early fetal pancreas samples (6 - 8 PCW)

and later fetal pancreas samples (19 - 21 PCW) across all significant dDMPs. **B)**

cg08125539, annotated to the *IGF2BP1* gene on chromosome 17, was the most significant

hypermethylated dDMP across pancreas development (change in DNA mmethylation

proportion per gestational week = 0.049, P = 1.35 x 10^{-61}). **C)** cg20554008, annotated to the

MAP2K3 gene on chromosome 17, was the most significant hypomethylated dDMP across

pancreas development (change in DNA methylation proportion per gestational week = -

0.036, P = 1.48 x 10^{-61}). Many dDMPs are colocalized into larger regions of differential DNA

methylation (dDMRs) associated with pancreas development. Shown are **D)** the top-ranked

hypermethylated dDMR located in the *BLCAP* and *NNAT* genes on chromosome 20

(regression coefficient = 0.253, P = < 1.14 x 10^{-304}) and the top-ranked hypomethylated

dDMR located in the transcription start site of NWD1 on chromosome 19 (regression

coefficient = -0.239, P = P = < 1.14 x $10^{-304).}$

FIGURE 3: Gene comethylation modules associated with development of the human

pancreas. Across DNA methylation sites located in promoter regions, the module eigengene

of the **A**) Promoter4 module was most positively correlated with developmental age and the

module eigengene of the **B)** Promoter3 module had the strongest negative correlation with

developmental age. Shown for each module is the module eigengene for each sample (left

panel) and a heatmap depicting the mean DNA methylation for core sites in each module

across development (right panel) with colour corresponding to DNA methylation level at sites

with a module membership >0.85. Across DNA methylation sites located in gene body

regions, the module eigengene of the **C)** GeneBody3 module was was most positively

correlated with developmental age and the module eigengene of the **D)** GeneBody4 module

had the strongest negative correlation with developmental age.

FIGURE 4: The distribution and direction of fetal pancreas dDMPs differs markedly

across genomic features. A) Compared to the genome average, dDMPs are significantly

underrepresented in CpG islands, transcription start-sites, 5′ UTRs, and first exons, but

significantly enriched in CpG island shores, CpG island shelves, and the gene bodyRelative

enrichment of dDMPs in CpG island features. **B)** The depletion of dDMPs in CpG islands is

largely driven by a dramatic paucity of sites becoming hypomethylated across development.

Sites becoming hypomethylated across development are shown in blue and sites becoming

hypermethylated across development are shown in red. Shown is the relative enrichment of

sites in each category based on their P-value for association with developmental age (from 1

x 10^{-1}, to 1 x 10^{-35}) determined using a Fisher's exact test. The genome-wide significance

threshold for dDMPs (P < 9 x 10^{-8}) is denoted using a grey line. **C)** Compared to the genome

average, dDMPs are also depleted in regulatory domains defined by key transcription factor

binding site occupancy and chromatin accessibility in pancreatic islets from human donors.

In contrast to the pattern seen in CpG islands, these regulatory domains are characterized

by a dramatic depletion of hypermethylated dDMPs for both regions of **D)** transcription factor

binding occupancy and **E)** open chromatin in pancreatic islet cell-types. **F)** The depletion of

dDMPs in domains bound by CTCF, for example, is largely driven by a dramatic paucity of

sites becoming hypomethylated across development.

FIGURE 5: Developmental changes in pancreatic DNA methylation annotated to

neonatal diabetes genes. A) There is a significant enrichment of sites becoming

hypermethylated across pancreas development annotated to neonatal diabetes genes. Sites

becoming hypomethylated across development are shown in blue and sites becoming

hypermethylated across development are shown in red. Shown is the relative enrichment of

sites in each category based on their P-value for association with developmental age (from 1

$x \ 10^{-1}$, to $1 \ x \ 10^{-35}$) determined using a Fisher's exact test. The genome-wide significance

threshold for dDMPs ($P < 9 \ x \ 10^{-8}$) is denoted using a grey line. **B)** cg23425348 shows the

most significant developmental change in DNA methylation associated across sites

annotated to *NKX2-2* (change in DNA methylation proportion per gestational week = 2.83 x

10^{-2}, $P = 8.26 \ x \ 10^{-29}$) which is the neonatal gene with the highest proportion of dDMPs and

C) contains a discrete region of significant hypermethylation (regression coefficient = 0.195,

$P = 1.14 \ x \ 10^{-51}$). **D)** cg25995955 shows the most significant developmental change in DNA

methylation associated across sites annotated to *LRBA* (change in DNA methylation

proportion per gestational week = $3.33 \ x \ 10^{-2}$, $P = 5.05 \ x \ 10^{-50}$). **F)** The LRBA gene is

another neonatal diabetes gene with an enrichment of dDMPs clustered into a discrete

region characterized by increasing DNA methylation across development (regression

coefficient = 0.224, $P = 1.14 \ x \ 10^{-304}$).

FIGURE 6: The dramatic temporal changes in DNA methylation at fetal dDMPs is

limited to the prenatal period. **A**) Correlation of DNA methylation changes during fetal

development (X-axis) and postnatal aging (Y-axis) at 176,624 dDMPs tested in both fetal

and adult pancreas. No pancreas dDMPs were significantly associated with age in the

postnatal pancreas. **B**) DNA methylation at pancreas dDMPs was dramatically more variable

in fetal pancreas samples than postnatal pancreas samples. Shown is the distrinution of

variance in DNA methylation across the 10,000 most significanty dDMPs in fetal pancreas

samples (pink) (variance = 0.0150) compared to the variance in DNA methylation at the

same sites in adult pancreas samples (blue) (0.0013). **C**) DNA methylation at pancreas

dDMPs was dramatically different between early fetal (6 - 8 PCW) and adult pancreas

samples at the 10,000 most significant dDMPs. **D**) In contrast, DNA methylation at pancreas

dDMPs was highly correlated between early fetal (6 - 8 PCW) and adult pancreas samples

at the same dDMPs (corr = 0.70).

Figure 7: Overlap between developmental changes in DNA methylation between

pancreas and brain. A) Correlation of effect sizes at pancreas dDMPs with those at the

same sites in the developing brain. **B)** A site at which developmental changes in DNA

methylation is highly similar between pancreas and brain. Shown is cg08486065 which is

characterized by significant decrease in DNA methylation across development in both

pancreas (effect size = 0.0362, P = 1.06 x 10^{-54}) and brain (effect size = 0.0341, P = 1.38 10^{-}

^{12}). **C)** A site at which DNA methylation changes significantly across development in the

pancreas and brain but in the opposite direction. Shown is cg16094352 which is

characterized by significant hypermethylation across development in the pancreas (effect

size = 0.0151, P = 3.13 x 10^{-41}) but significant hypomethylation across development in the

brain (effect size = -0.00484, P = 1.68 x 10^{-8}). **D)** A site at which developmental changes in

DNA methylation are specific to the pancreas. Shown is cg08219218 annotated to *LBRA*

that is characterized by significant hypermethylation across development in the pancreas

(effect size = 0.0490, P = 4.52 x 10^{-41}) but no change in the brain. **E)** Correlation of effect

sizes at brain dDMPs with those at the same sites in the developing pancreas. **F)** A site at

which developmental changes in DNA methylation are specific to the brain. Shown is

cg02192555 annotated to *MSRA* that is characterized by significant hypomethylation across

development in the brain (effect size = -0.0371, P = 3.86 x 10^{-12}) but no change in the

pancreas.

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