Graded changes in local functional connectivity of the cerebral cortex in young people with

depression

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Abstract

Major depressive disorder (MDD) is marked by significant changes to the coupling of

spontaneous neural activity within various brain regions. However, many methods for

assessing this local connectivity use fixed or arbitrary neighborhood sizes, resulting in a

decreased capacity to capture smooth changes to the spatial gradient of local correlations. A

newly developed method sensitive to classical anatomo-functional boundaries, Iso-Distant

Average Correlation (IDAC), was therefore used to examine depression associated alterations

to the local functional connectivity of the brain. One-hundred and forty-five adolescents and

young adults with MDD and 95 healthy controls underwent a resting-state fMRI scan.

Whole-brain functional connectivity maps of intracortical neural activity within iso-distant

local areas (5-10mm, 15-20mm, and 25-30mm) were generated to characterize local fMRI

signal similarities. Across all spatial distances, MDD participants demonstrated greater local

functional connectivity of the bilateral posterior hippocampus, retrosplenial cortex, dorsal

insula, fusiform gyrus, and supplementary motor area. Additionally, in the short and medium

range connections there were depression associated alterations in the midcingulate (15-20mm

and 25-30mm) and subgenual anterior cingulate (15-20mm). Our study identified increased

synchrony of the neural activity in several regions commonly implicated in the neurobiology

of depression; however, a subset of identified effects was dependent on the spatial distance

under consideration. Longitudinal examination of these effects will clarify whether these

differences are also found in other age groups and if this synchrony is additionally altered by

continued disease progression.

Introduction

Major depressive disorder (MDD) is a highly prevalent and disabling mental health condition

characterized by pervasive symptoms of sadness, hopelessness, and anhedonia (American

Psychiatric Association and Association, 2013). Depression often first arises during

adolescence (Gore *et al.*, 2011, Thapar *et al.*, 2012), with early onset being a strong predictor

of recurrent depression (Fergusson *et al.*, 2005, Klein *et al.*, 2009) as well as greater

reductions in quality of life and wellbeing into adulthood (Zisook *et al.*, 2007). Early

adolescence is marked by increased use of maladaptive emotional regulation strategies which

in turn are associated with exacerbated mental health issues (Cracco *et al.*, 2017, Silk *et al.*,

2003). One such strategy, known expressive suppression, involves inhibiting the outward

expression of emotional behavior (Gross, 2015), has been specifically associated with

depressive symptoms severity (Larsen *et al.*, 2013). However, there remains limited work

examining neurobiological underpinnings of this early stage of the disorder.

Previous neuroimaging research has attempted to uncover the neurobiological

underpinnings of MDD by focusing on long-range functional connectivity, examining the

temporal correlations of large-scale, spatially distinct brain networks. Within this framework,

MDD has been associated with alterations across multiple intrinsic brain networks

(Brakowski *et al.*, 2017, Li *et al.*, 2018), including the default mode (DMN), salience, and

central executive networks (Dunlop *et al.*, 2019). However, there has been increasing interest

in assessing local functional connectivity profiles (Jiang and Zuo, 2016, Zuo *et al.*, 2013), as

the functional integration of local neuronal groups appears to represent a key organizing

principle in the brains of higher vertebrates (Tononi *et al.*, 1994). Local functional

connectivity measures assess the temporal coherence of the functional magnetic resonance

imaging (fMRI) signal between a given voxel and neighboring voxels (Jiang and Zuo, 2016).

Measures of this 'localized synchrony' provide a framework for examining functional

disruptions at rest without a priori constraints, thereby allowing for data-driven identification

of regional abnormalities across a range of mental health disorders (Guo *et al.*, 2011).

Moreover, regional variation in homogeneity has been associated with the hierarchical

organization of information processing across the brain, and therefore alterations to these

measures may serve as key markers of human brain function (Jiang *et al.*, 2015, Jiang and

Zuo, 2016) and a sensitive tool for identifying brain alterations across mental health disorders

(Canario *et al.*, 2021, Wei *et al.*, 2018).

Meta-analyses examining regional homogeneity in MDD have revealed inconsistent

differences in the directionality of effects and regions implicated (Chen *et al.*, 2015, Hao *et*

al., 2019, Iwabuchi *et al.*, 2015). Altered local connectivity has been noted across regions

including the parahippocampal gyrus, insula, and medial prefrontal cortex (Chen *et al.*, 2015,

Iwabuchi *et al.*, 2015). Other local functional connectivity measures, including functional

connectivity density and dynamic regional phase synchrony, have illustrated reduced local

connectivity in the anterior cingulate cortex, precuneus, hippocampus, thalamus, and insula

(Ke *et al.*, 2016, Tang *et al.*, 2022, Zheng *et al.*, 2022). Conversely, recent work examining

first-episode MDD observed increased regional homogeneity of the hippocampus and insula

but reduced local connectivity of the orbitofrontal cortex (Hao *et al.*, 2019). It is likely that

the specific method used, including how neighborhood boundaries are defined, as well as

chronicity of the disorder, contributes to the inconsistencies observed between studies.

Despite these inconsistencies, the observed alterations appear to be localized to regions

implicated in affective processing and regulation (Rolls and Grabenhorst, 2008, Uddin *et al.*,

2017). Of particular note is the implication of insula dysfunction across measures of local and

remote functional connectivity (Iwabuchi *et al.*, 2014, Jamieson *et al.*, 2022, Manoliu *et al.*,

2014, Pastrnak *et al.*, 2021), due to its hypothesized role in the integration of autonomic,

emotional, and interoceptive stimuli (Sliz and Hayley, 2012) and potential specificity in

delineating MDD from bipolar disorder (Pastrnak *et al.*, 2021).

We aimed to investigate local functional connectivity alterations in a large sample of

adolescents and young adults with MDD, using the recently introduced framework -

IsoDistant Average Correlation (IDAC) (Macia *et al.*, 2018). Measures of local functional

connectivity often use arbitrary and binarized neighborhood boundaries, thereby losing the

capacity to describe the rich smooth spatial gradient of local fMRI correlations (Sepulcre *et*

al., 2010, Tomasi and Volkow, 2010, Zang *et al.*, 2004). IDAC assesses the average temporal

correlation of one voxel with all neighboring voxels within different spatial lags, thereby

overcoming these limitations (Macia *et al.*, 2018). Based on previous findings, we

hypothesize that MDD participants would illustrate increased local functional connectivity of

the insula, anterior cingulate, and hippocampus and reduced local functional connectivity of

the orbitofrontal cortex. Given the developmental nature of our cohort, we additionally

investigated whether local connectivity was associated with measures of depressive symptom

severity, and emotion processing and regulation.

128   **Methods**

One hundred and forty-nine unmedicated, help-seeking MDD participants were recruited as

part of the Youth Depression Alleviation-Combined Treatment and -Augmentation trials, for

full details see Davey and colleagues (Davey *et al.*, 2019) and Berk and colleagues (Berk *et*

al., 2020). MDD participants were between 15 to 25 years of age and were recruited through

specialist mental health clinics in the northern and western suburbs of Melbourne, Australia.

These participants had a current diagnosis of MDD, as assessed by the Structured Clinical

Interview for DSM-IV Axis I Disorders (SCID) (First *et al.*, 1997). Depressive symptoms

were at least of a moderate level of severity, indicated by a Montgomery-Åsberg Depression

Rating Scale (MADRS) score greater than or equal to 20. Exclusion criteria included a

lifetime or current diagnosis of a psychotic or bipolar disorder, current treatment with

antidepressant medication, or MRI contraindications including pregnancy. One hundred age

and sex-matched healthy participants were also recruited through online advertisements.

They had no past mental health disorder diagnoses as assessed through SCID criteria. Due to

excessive head motion (three MDD participants, four controls; see below) and incidental

findings (one MDD participant, one healthy control), a total of four MDD participants and

five controls were excluded from further analysis. This resulted in 95 healthy controls and

145 MDD participants in our final sample. This study and consent process was approved by

the Melbourne Health Human Research and Ethics Committee. An informed consent form

was provided to, and signed by, all participants in this study. For participants under the age of

18, both participant and parental consent were required.

Image Acquisition

A 3T General Electric Signa Excite system with an eight-channel phased-array head coil was

used in combination with ASSET parallel imaging. The functional sequence consisted of a

single shot gradient-recalled echo-planar imaging sequence in the steady state (repetition

time, 2000 ms; echo time, 35 ms; and pulse angle, 90°) in a 23-cm field-of-view, with a 64 x

64-pixel matrix and a slice thickness of 3.5mm (no gap). Thirty-six interleaved slices were

acquired parallel to the anterior-posterior commissure line with a 20° anterior tilt to better

cover ventral prefrontal brain regions. The total sequence duration was 8 minutes,

corresponding to 240 whole-brain echo-planar imaging volumes. Participants were instructed

to keep their eyes closed for the duration of the scan. The first 4 volumes from each run were

automatically discarded to allow for signal equilibration. A T1-weighted high-resolution

anatomical image was acquired for each participant to assist with functional timeseries co-

registration (140 contiguous slices; repetition time, 7.9 ms; echo time, 3 ms; flip angle, 13°;

in a 25.6 cm field-of-view, with a 256 x 256-pixel matrix and a slice thickness of 1 mm). To

assist with noise reduction and head immobility, all participants used earplugs and had their

heads supported with foam-padding inserts.

Image Preprocessing

Imaging data was transferred to a Unix-based platform that ran MATLAB Version 9.3 (The

MathWorks Inc., Natick, USA) and Statistical Parametric Mapping (SPM) Version 12 v7487

(Wellcome Trust Centre for Neuroimaging, London, UK). Preprocessing followed previously

reported steps for IDAC analysis (Pujol *et al.*, 2023). In brief, for each subject functional

MRI images were slice-time corrected, realigned, and co-registered to their corresponding

anatomical image with an affine transformation. Spatial normalization occurred through a

back-transformation process, as such the individual 3D anatomical images were segmented

and registered to MNI space so that the resulting deformation fields could be applied to the

IDAC maps (see below). Images were then re-sliced to 3x3x3 mm resolution and smoothed

by convolving the image with a 4x4x4 mm full width at half maximum Gaussian kernel.

Motion fingerprint (Wilke, 2012) was used to quantify participant head motion. Participants

were excluded if movement exceeded a mean total displacement of 3 mm (~1 native voxel).

IDAC analysis

IDAC maps describe the pattern of correlation decay propagating from each voxel across the

brain. This approach differs from other method for assessing local connectivity by using

multi-distance local measures, rather than a single local measure. These multi-distance

measures can uniquely detail the rich spatial structure of the cerebral cortex functional

connections, as local connectivity is distance-specific to a large extent. This graded change in

local functional connectivity provides a more comprehensive characterization of the brain's

functional structure and has been shown to differentiate the human cortex into regions

consistent with traditional brain atlases as well as being sensitive to different brain functional

states (Macia *et al.*, 2018). For a detailed overview of IDAC see Macia and colleagues

(Macia *et al.*, 2018). Whole-cortex IDAC maps were computed using the mean correlation z-

score of each voxel with all neighboring voxels placed at increasingly spaced iso-distant

intervals. IDAC maps were calculated for three iso-distant intervals: 5-10 mm, 15-20 mm,

and 25-30 mm, and conducted separately for the right and left hemisphere in native space.

These three intervals were selected based on previously published work (Macia *et al.*, 2018).

However, thinner intervals and more numerous intervals could additionally be calculated,

providing a richer but more noisy characterization of IDAC curves. Notably, beyond a 30-

mm radius, negative correlations may give rise to cancellation phenomena. Covariates

included in this analysis were the six rigid body realignment parameters, their first-order

derivatives, average white matter, cerebrospinal fluid, and global brain signal. Motion

scrubbing using the realignment parameters from preprocessing was additionally conducted

to discard motion-affected image volumes (Power *et al.*, 2014). For volumes with greater

than 0.2 mm of inter-frame motion, the corresponding volume and those immediately

preceding and succeeding were discarded. A discrete cosine transform filter was applied for

frequencies outside the .01–0.1 Hz interval.

The resulting maps were then normalized to the Montreal Neurological Institute

(MNI) space using a back-transformation process to enable group inference. RGB color

overlays were used for displaying the values from the three distances simultaneously. For this

study, red represented results from 5-10 mm IDAC maps, green from 15-20 mm, and blue

from 25-30 mm. Overlaps of these distances are illustrated through the respective secondary

colors.

Statistical Analysis

Between groups analysis were conducted using a mixed model ANOVA (group [healthy

control and MDD] by distance [5–10, 15–20, and 25–30 mm]). Following examination of the

Effect of Group F contrast, post hoc t-tests were performed to examine group differences in

both directions for each of the three IDAC maps. This resulted in six primary contrasts of

interest. Accordingly, we adjusted the false-discovery error rate (FDR) corrected threshold to

.008 (0.05/6). Thus, all results displayed were estimated with a whole-brain, FDR corrected

threshold of $p < .008$, $k > 10$ voxels. Secondary level covariates included age, gender, and

handedness.

Given the regions implicated in the between groups comparison, we then examined

whether local functional connectivity changes were associated with the scores from the

Emotional Regulation Questionnaire (ERQ) (Gross and John, 2003). The instrument assesses

the two means by which people attempt to regulate their emotions: by expressive suppression

('Suppression') and by cognitive reappraisal ('Reappraisal'). In addition to the

aforementioned covariates, MADRS scores were included in these analyses to determine

whether these effects were independent of depressive symptom severity. Analyses of

between-group differences for clinical and demographic characteristics were calculated in

SPSS version 27 (IBMCorp., Armonk, NY). Comparisons were adjusted for multiple

comparisons using the Holm-Bonferroni correction (Holm, 1979) to determine significance

($p < .05$).

236   **Results**

Group Differences Between Demographic and Clinical Characteristics

Demographic and clinical characteristics of the sample are reported in Table 1. Healthy

controls and MDD patients differed significantly on MADRS symptoms ($t(233.5) = - 58.80$,

$p < .001$), ERQ Suppression ($t(241) = -5.94$, $p < .001$) and Reappraisal scores ($t(216.6) =$

10.60, $p < .001$).

Functional Structure of the Cerebral Cortex

To ensure that our results are consistent with previously illustrated anatomo-functional

boundaries (Macia *et al.*, 2018, Pujol *et al.*, 2019, Pujol *et al.*, 2023), whole-brain maps were

generated across the three distances for the healthy controls (Figure 1). Consistent with

previous effects, the visual association cortex demonstrated high connectivity across all local

distance ranges. The bilateral inferior parietal lobules, including the angular and

supramarginal gyri, demonstrated high connectivity at short and medium distances.

Moreover, the prefrontal cortex was comprised of high connectivity in the long and medium

distances.

Group Differences in the Functional Structure of the Cerebral Cortex

The Effect of Group contrast demonstrated that MDD participants and healthy controls had

significant differences across the three connectivity distances (Figure 2, Supplementary Table

S1). These effects were most predominately observed in the bilateral posterior hippocampus

extending to the retrosplenial cortex and ventral posterior cingulate as well as to the lingual

and fusiform gyri. Additional large effects were observed in the dorsal mid to posterior

insular cortices and right dorsal premotor cortex. Subsequent t-test for each distance 5–10,

15–20, and 25–30 mm illustrated that these results were all driven by greater local

connectivity in MDD participants compared to controls (Figure 3). As such, across all

distances MDD participants demonstrated greater local functional connectivity of the

bilateral extended posterior hippocampus, fusiform and lingual gyri, dorsal mid-insula, and

premotor cortex (Figure 4; Supplementary Table S2, S3 and S4).

There were no significant group by distance interactions. However, the longer distances (15–

20 and 25–30 mm) demonstrated more apparent alterations in the left anterior insula, as well

as across the cingulate, including the midcingulate (15–20 and 25–30 mm), ventral anterior

(15–20 mm) and subgenual anterior cingulate (25–30 mm; Figure 3). The 25–30 mm distance

was also observed to demonstrate differences between groups in the supplementary motor

and premotor cortices.

The Associations Between Depressive Symptoms, Emotional Regulation, and Local

Functional Connectivity

We observed a significant association between ERQ Suppression scores and local

connectivity across all three IDAC distances while adjusting for MADRS scores

(Supplementary Figure S2). Specifically, there was a consistent association between these

scores and the local connectivity of the bilateral mid-insula cortex for the short and medium

lengths (5-10 mm and 15-20 mm). MADRS scores adjusted for ERQ suppression were

conversely associated with connectivity alterations in the bilateral posterior hippocampi,

lingual gyri, midcingulate and supplementary motor cortex across all three distanced

(Supplementary Figure S3). Additional effects were observed in dorsal anterior cingulate (5-

10 mm). No significant correlations were observed between IDAC measures and ERQ

Reappraisal scores.

286   **Discussion**

Our investigation of the differences in local functional connectivity patterns present in

adolescents and young adults with MDD showed that MDD participants had greater multi-

distance local functional connectivity across several brain regions, with the largest effects

observed in the retrosplenial cortex, posterior hippocampus, dorsal mid-insula, and the

fusiform and lingual gyri. We did not identify reduced local connectivity in the orbitofrontal

cortex as hypothesized. Additionally, we observed consistent associations between ERQ

Suppression scores and the local connectivity of regions including the insula across

participants, which may have contributed to the between group differences observed in these

areas.

Posterior Hippocampal and Retrosplenial Alterations

The posterior hippocampus and retrosplenial cortex have consistently shown functional

alterations in depression. Meta-analyses have identified increased regional homogeneity of

the left hippocampus in drug naïve MDD participants (Hao *et al.*, 2019). Similarly, reduced

suppression of the hippocampus has been observed in depressed participants during loss

reinforcement learning conditions, with the degree of this hyperactivity being associated with

severity of symptoms (Johnston *et al.*, 2015). Depression has also been associated with

functional alterations in the retrosplenial cortex (Harel *et al.*, 2016, Kumar *et al.*, 2008, Zhu

et al., 2012). Notably, both regions are components of the medial temporal subsystem of the

DMN (Andrews-Hanna *et al.*, 2010), and have been broadly implicated in affective memory

and information processing, particularly autobiographical memory (Andrews-Hanna *et al.*,

2014, Miller *et al.*, 2014). The retrosplenial cortex has also been implicated in mental

imagery and projecting oneself in time, both key components in episodic memory (Chrastil,

2018). As such, these regions are spatially and functionally positioned to link DMN

subsystems necessary for episodic memory retrieval and core DMN regions, such as the

posterior cingulate cortex, necessary for the generation of self-conceptualization (Andrews-

Hanna *et al.*, 2014, Davey and Harrison, 2022, Kaboodvand *et al.*, 2018). Increased local

synchrony of these regions observed in depressed individuals may therefore represent

changes to the processing and encoding of emotional memory (Jaworska *et al.*, 2015), and

specifically contribute to the negatively biased recall of stimuli hypothesized by cognitive

models of depression (Disner *et al.*, 2011).

In rodent work the retrosplenial cortex has been implicated in abnormal long-term

metabolic stress responses and vulnerability to depression (Harro *et al.*, 2014). Excitatory

efferent projections from the dorsal hippocampus, equivalent to the posterior hippocampus in

humans (Fanselow and Dong, 2010), to the retrosplenial cortex have been identified as

contributors to the generalization of negative memories (Ren *et al.*, 2022). The hippocampus

demonstrates a high proportion of glutamatergic pyramidal cells (Freund and Buzsaki, 1996,

Olbrich and Braak, 1985), with co-activation of these neurons during rest being shown to

significantly increase following chronic stress exposure (Tomar *et al.*, 2021). Thus, due to the

sensitivity of these regions to stress (Corcoran *et al.*, 2018), hippocampus and retrosplenial

cortex dysfunction may represent a potential mechanism through which early life adversity

results in changes to the processing and encoding of emotional memory. This in turn, would

facilitate the reductions in hippocampal volume observed in older depressed participants

(Huang *et al.*, 2013, MacQueen and Frodl, 2011, Malykhin and Coupland, 2015). It therefore

appears that IDAC could be sensitive to stress-related neuroplastic changes impacting

extended hippocampal function. Future examination of how these changes in local synchrony

progress as a function of the chronicity of the disorder will provide insight about the

longitudinal effect these local alterations have on other regions and networks.

Dorsal Mid-Insula Alterations

Compared to healthy controls, MDD participants have shown decreased activity of the mid-

insula cortex during interoceptive processing (Avery *et al.*, 2014, DeVille *et al.*, 2018) and

recall (DeVille *et al.*, 2018). MDD participants additionally illustrate increased resting-state

connectivity between the dorsal mid-insula and affective regions, including the amygdala,

subgenual cingulate cortex, and orbitofrontal cortex (Avery *et al.*, 2014). It has been

proposed that the insula illustrates a posterior-to-anterior progression of interoceptive

processing, with the posterior insula mapping interoceptive signals (Craig, 2002, Kuehn *et*

al., 2016), and the anterior insula associated with interoceptive awareness (Craig, 2009, Gu *et*

al., 2013). Within this framework the dorsal mid-insula is well placed to serve as an

intermediary between these processes. Primate cytoarchitectonics of the precentral insular

gyrus further supports this functioning, as the mid-insula both projects to (Mesulam and

Mufson, 1982), and receives input from (Mufson and Mesulam, 1982), the anterior and

posterior insula. Moreover, the mid-insula has previously been associated with interoceptive

processing (Centanni *et al.*, 2021), including both interoceptive attention (Kurth *et al.*, 2010,

Schulz, 2016) and interoceptive recall (DeVille *et al.*, 2018). Together this work indicates

that this part of the insula may be responsible for processing interoceptive prediction errors,

which occur following a mismatch between expectations concerning physiological states and

bodily signals (Barrett and Simmons, 2015). A recent meta-analysis examining alterations

across multiple psychiatric disorders during interoception identified consistent changes to the

mid-insula (Nord *et al.*, 2021). As such, the integrative role of the mid-insula may increase its

sensitivity to dysfunctional signals emerging from disparate bodily and brain systems (Nord

et al., 2021, Sliz and Hayley, 2012) thereby contributing to abnormal emotional states

(Namkung *et al.*, 2018).

Interestingly, we observed that the local functional connectivity of the insula was

associated with habitual use of expressive suppression. Due to expressive suppression

involving inhibiting the outward expression of emotional behavior (Gross, 2015), its use may

be viewed as an attempt to exert top-down control of interoceptive signals (Nord *et al.*, 2021,

Paulus and Stein, 2010). Maladaptive emotional regulation strategies are well noted in

depressive samples (Schafer *et al.*, 2017), including increased use of expressive suppression

and decreased use of cognitive reappraisal (Joormann and Gotlib, 2010). While a recent

review has highlighted mixed evidence concerning whether expressive suppression is

associated with depression (Dryman and Heimberg, 2018), longitudinal research suggests

that expressive suppression may both predict (Larsen *et al.*, 2013) and be predicted by

depressive symptoms (Larsen *et al.*, 2012). The precise nature of this relationship likely

depends on the developmental stage being investigated (Dryman and Heimberg, 2018). Age

has been suggested as an important mediator of this relationship given that older adults use

expressive suppression more frequently, however, experience less psychological distress

from its use (Brummer *et al.*, 2014). Thus, the young nature of our sample may explain the

large difference in expressive suppression observed between the healthy controls and MDD

participants.

Limitations

The strength and novelty of this study should be considered in the context of its limitations.

Our results were derived from young adults and adolescents. It remains unclear whether these

same efects would be present in older populations and how these local connectivity profiles

change longitudinally and as a function of illness chronicity. Additionally, while the

homogeneity of the current sample is a major strength it also limits the generalizability of our

findings. As such, further work in transdiagnostic samples examining the relationship

between local functional connectivity and factors such as expressive suppression may be

warranted.

Conclusion

We have examined the local functional connectivity of the cerebral cortex using a novel

approach to investigate brain alterations associated with MDD. We identified differences in

the local synchrony of several regions, including the retrosplenial cortex, posterior

hippocampus, and dorsal mid-insula. Across these regions depressed individuals

demonstrated increased coupling of intracortical activity. Additionally, across participants,

increased local functional connectivity of the insula was correlated with use of expressive

suppression as an emotional regulation strategy. Longitudinal examination of these between

group local synchrony differences will aid in identifying whether this relationship changes as

a function of the chronicity of the disorder.

Declaration of Competing and Financial Interests

The authors declare no biomedical financial interests or potential conflicts of interest.

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430 Table 1

431 *Comparison of Characteristics Between Healthy Controls and Major Depressive Disorder*

432 *Patients*

Characteristics	Healthy Controls (N = 95)		MDD (N = 145)		Hedges' g or Cramer's V	p
	Mean or N	SD or Percentage	Mean or N	SD or Percentage		
Age (years)	20.1	2.9	19.9	2.8	.07	1.00
Female	52	54.7	81	54.4	.01	1.00
Handedness (Right)	78	82.1	139	92.7	.18	.095
Ethnicity					.23	1.00
Caucasian	70	73.7	122	81.9		
Black or African	1	1.1	1	0.1		
Asian	19	20.0	23	15.4		
South American	3	3.3	1	0.1		
Indian	1	1.1	1	0.1		
Middle Eastern	1	1.1	2	0.1		
MADRS score	2.13	2.8	33.0	5.4	-6.76	<.001
ERQ Suppression score	14.35	4.7	17.79	4.2	-.78	<.001
ERQ Reappraisal score	30.76	6.2	22.0	6.9	1.02	<.001
Age of MDD onset	-	-	15.5	2.7	-	-

Figure 1. Iso-Distant Average Correlation (IDAC) brain maps across all three distances

projected onto a cortical surface. Results displayed are from healthy control participants (*N* =

95) with overlay of the IDAC distances (top), 5-10 mm (red), 15-20mm (green), and 25-

30mm (blue) with values capped at 95% of their respective maximal *t* values. The overlay of

the 3 maps together (bottom) illustrates the consistent and unique effect across these

distances through primary RGB colors and their secondary combinations. Left = Left.

Figure 2. Main effects of group across the three local connectivity distances (5-10mm, 15-20mm, and 25-30mm). Results are displayed at $p_{FDR} < .008$, whole-brain corrected.

Figure 3. Group differences in the local functional connectivity for each of the 5-10mm, 15-20mm and 25-30mm distances (MDD participants > healthy controls). Results are displayed at $p_{FDR} < .008$, whole-brain corrected.

Figure 4. Red, green, and blue overlays illustrating the overlapping alterations to local functional connectivity present in MDD participants. Results are displayed at $p_{FDR} < .008$, whole-brain corrected.

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