Long-term cold selection leads to increased thermal plasticity of male body

size and thermal canalization of fecundity in *Drosophila melanogaster*

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Abstract

From laboratory populations of *Drosophila melanogaster* maintained at 25˚C for many decades, new populations were derived and maintained at 17˚C for over 60 generations. Fitness traits such as body size and fecundity of the cold and warm selected populations were quantified at both 17˚C and 25˚C. Flies from both selection regimes had similar body weight when grown at 25˚C, but 17˚C selected males had greater dry weight and less relative water content than 25˚C selected males, when grown at 17˚C. Cold selected males thus evolved greater thermal plasticity of body weight and density compared to controls. Fecundity data showed, 25˚C selected females laid less eggs at 17˚C compared to 25˚C treatment, but 17˚C selected females did not show significant difference in fecundity between 25˚C and 17˚C. Cold evolved flies thus showed thermal canalization of fecundity, possibly buffering the repressing effect of cold. Whether or not (i) greater body mass and density of cold evolved males, and (b) unrepressed fecundity of cold evolved females, both observed when reared at cold, are causally related, remain to be investigated. The study thus shows thermal selection can lead to evolution of greater thermal plasticity in a trait, while result in thermal canalization of another.

Introduction

Temperature impacts a wide array of biological traits, starting from molecules to cellular attributes, from physiology to development, and from behavioural to life history traits. Ectothermic organisms experience a greater impact of temperature because they do not have internal thermoregulation the way endotherms do [reviewed in [1]]. In ectotherms such as insects, temperature can induce both plastic and evolutionary changes. The short-term or instantaneous effect of temperature on a trait, depicted as thermal plasticity, is observed in a wide variety of biological traits. Such plastic changes are viewed as inevitable effect of temperature on biological parameters, like growth, metabolism, physiology etc.[2–5]. However, there are ample empirical evidences that suggest there could be genetic variation within and across species controlling how a trait is influenced by temperature, and hence thermal plasticity can be shaped by selection [6–10]. In addition, temperature can lead to evolution of traits in the long run, manifesting thermal evolution, or thermal adaptation [8,10,11]. Thus, temperature induces both (a) proximate changes or plasticity and (b) ultimate changes or evolution, in biological traits. However, how thermal plasticity and thermal evolution impact each other is not fully understood [8,10,12–14].

Drosophila, the ectotherm is particularly well-suited for studies focusing on both thermal plasticity and evolution, because of its (a) amenability to studies manipulating temperature in the laboratory, both within and across generations, and, (b) wide geographic range across latitudes and continents covering thermally diverse regions [15–17]. In holometabolous insects like *Drosophila*, cold developmental temperature leads to slow growth and metamorphosis, which translates into emergence of bigger flies, demonstrating the temperature size rule [5,18,19]. Cold temperature during the adult stage usually leads to prolonged lifespan but reduced reproductive output or fecundity [20,21]. Such kind of plastic effect of cold

temperature on growth, body size and fecundity have been found to be consistent across studies, and is well documented in fly literature. However, long-term evolutionary effect of temperature on these traits may vary from population to population, as it seems to depend upon genetic composition and evolutionary history of the concerned population, and also upon specific thermal range considered for the study.

The objective of this study is to obtain a clear understanding of the relationships between temperature, fitness, plasticity, and adaptation in *Drosophila melanogaster*, using a well-defined experimental design. In view of these, we investigated how temperature shapes fitness traits like fecundity and body weight in *Drosophila*, at both plastic and evolutionary levels. Studies exploring the relationship between temperature and fitness have led to findings and given rise to hypotheses that are as diverse as the species and populations under investigation, their thermal histories, temperature ranges, and study designs. Some of these studies lend support to the optimal developmental temperature hypothesis, which suggests an organism achieves its highest fitness when it is raised at an optimal intermediate temperature [22,23]. Another hypothesis, namely the beneficial acclimation or the adaptive acclimation hypothesis states that individuals acclimated to a certain environment (*e.g.,* a temperature) perform better in that environment compared to individuals acclimated to a different environment [22,24,25]. Some studies also suggest adult fitness is greatest when the ambient temperature of the adult matches with the ambient temperature of the pre-adult stage [26]. There are two other hypotheses connecting temperature and fitness in various organisms. The colder-is-better hypothesis predicts individuals reared at low temperatures will have greater fitness than those reared at high temperatures; while the hotter-is-better hypothesis predicts the opposite [27–29]. Despite the studies and hypotheses, a tangible gap persists in the comprehensive understanding of the links connecting temperature, adaptation and plasticity and fitness.

Studies performed on fly populations collected from different latitudes and thermal ranges have

added important information about thermal adaptation, but these studies have their own

limitations. Evolution of latitudinal cline of flies may be influenced by factors other than

temperature, like humidity, photoperiod, and altitude, among others. Therefore, some of the

evolved changes may have been shaped by multidimensional selection pressures including

factors additional to temperature. An alternative approach allows one to study adaptive

evolution under a less complex scenario, and a more straight-forward manner. The *laboratory*

selection or *experimental evolution* approach enables one to study evolution in carefully

controlled set up of the laboratory, under the influence of clearly defined selection pressures.

Studies employing experimental evolution have undergone much refinement in the last 50

years, and have enriched our understanding of adaptive evolution in an unforeseen manner [30–

34]. While experimental evolution studies may not mimic multidimensional and complex

selection pressures experienced by populations in the natural environment, these studies

nonetheless hold considerable merit in delineating evolutionary responses of different selection

pressures. Consequently, tracking evolution of populations subjected to specific thermal

regimes under regulated laboratory conditions for many generations, can potentially shed light

on the unique role temperature plays in shaping adaptive evolution and fitness.

Studies done in the past have employed laboratory selection or experimental evolution as an

approach to study thermal selection [11,20,35–44]. Some of these studies were conducted for

a very short duration [35,36], while some employed a small population size, making it difficult

to make meaningful conclusions at the evolutionary level [37]. Some selection studies focused

on comparing responses to constant *vs.* fluctuating thermal conditions [38,39], while others

subjected large fly populations to evolve at different constant temperatures. One long-term

thermal selection study that involved extensive characterization of life history, growth and size

traits was conducted in Linda Partridge's laboratory. Partridge group allowed populations of

D. melanogaster to evolve at warm (25˚C) and cold temperatures (first et 18˚C, then gradually

brought to 16.5˚C) for many years [11,20,41].The populations adapted to warmer conditions

exhibited higher fitness levels when raised in warm temperatures, while populations adapted

to colder conditions performed better when exposed to colder temperatures [20], lending

support to the adaptive acclimation hypothesis. Perhaps the study design of Partridge group

matched closely with what fly populations might be facing while evolving in warm *vs.* cold

environments in nature, however, similar to clinal studies, selection pressures experienced by

these populations might have included factors other than that of temperature. To be more

precise, pre-adult and adult population densities were not controlled in this study, and warm

vs. cold rearing might result in very different population densities, which could potentially add

some inadvertent selection pressures on body size and fitness through factors other than

temperature, like crowding. Moreover, the populations were under overlapping generations,

which can potentially result in age-structuring and reduction of effective population size, and

these could be very different across warm and cold conditions. Given these limitations,

evolution of these populations cannot be completely attributed to thermal selection, as

confounding effects of crowding, age-structuring and dissimilar effective population sizes

cannot be completely ruled out. Another study was conducted by research group of Mauro

Santos, which involved laboratory selection of populations of *D. subobscura* at constant

temperatures of 13˚C, 18˚C, and 22˚C for over 4 years. They used discrete generation cycle

and controlled larval and adult densities. These populations diverged for many traits including

wing size and shape, development time, viability, gene expression, chromosomal traits [42,43].

Warm adapted populations (22˚C) showed greater net fitness at all three temperatures (13˚C,

18˚C, and 22˚C), while cold adapted populations had very low fitness in the warm environment

(22˚C) [44].

We performed a long-term thermal selection experiment using populations of *D. melanogaster*,

with a rigorous experimental design that employed controlled rearing densities and discrete

generations, among other factors. We used large outbred laboratory populations of *D.*

melanogaster, which have been reared at the standard rearing temperature of 25˚C for decades

with rigorously controlled rearing densities and discrete generation cycles, and another set of

populations, genetically related to the former, which have been selected with similar rigour at

a colder temperature of 17˚C, for close to 60 generations. Thermal range of *D. melanogaster*

ranges from ~11˚C to ~32˚C [17,23]. While 25˚C is optimal for these flies and can be

considered warm, 17˚C is sufficiently cold, which lengthens the development time two-fold

compared to that at 25˚C, produces much bigger flies [5,7], and suppresses fecundity [20,21].

We aimed to see when subjected to evolve at 17˚C for many generations, how fitness traits

evolve and diverge in these populations, compared to the ancestral controls maintained at 25˚C.

Reproductive output is a direct measure of Darwinian fitness of an organism, and in

Drosophila, it can be measured as either the number of eggs laid, or the offsprings produced

by the flies. We used fly fecundity, *i. e.* the number of eggs laid per female as a measure of

reproductive output or fitness of flies. Another trait, which is an indicator of fitness is body

size of flies. Body size is positively correlated with (a) female fecundity and (b) male mating

success in *Drosophila* [45,46],reviewed in [31] Therefore, we investigated the evolved and

plastic changes in the body size of flies caused by temperature.

To quantify reproductive output, or fecundity, we measured eggs laid by individual females

every day, up to 22 days of adult life. *Drosophila melanogaster* lives for about 35-40 days on

average, at standard rearing temperature of 25˚C, and the female lays maximum number of

eggs in early 3-4 days of life, after which the fecundity dwindles for the fly [reviewed in [31].

Therefore, 22 days fecundity is a fairly good representation of the overall egg output of the fly.

We employed a 2×2 full factorial design in which flies from the two thermal selection regimes

were grown and assayed at two treatment temperatures. This design allowed investigation of

the joint effects of selection and treatment temperature on fecundity.

In majority of studies focusing on body size in *Drosophila*, wing size has been used as a proxy

for body size. This is common in studies investigating body size clines, cellular bases of size,

etc[17,24]. However, some studies have also used thorax size [9,47], while others have used

body weight as a measure of body size in flies [reviewed in [31] While there are some

suggestions that for a tiny insect like *Drosophila* a linear measurement like wing, thorax or leg

might be a better indicator of body size than body mass [47], individual body parts may show

different degree of sensitivity to environmental factors like temperature. For example, wing

size is highly sensitive to rearing temperature while thorax and leg size show moderate and low

sensitivity to temperature [48],Ghosh and Shingleton, *unpublished data*], and therefore, thorax

and leg size may not be a reliable indicator of body size variation generated by temperature.

On the other hand, tiny size and very low weight of flies notwithstanding, body weight, wing

size and body size have been found to be positively correlated in flies [15] and body weight

has been used frequently as a measure of body size in studies investigating life history evolution

[reviewed in [37]]. Moreover, in a recent study, authors found a strong positive correlation

between wing size and body weight, across 38 strains of the *Drosophila* Genetic Reference

Panel or DGRP [49]. Therefore, body weight can be reliably used as a proxy for body size in

flies, and we used the same, but with some caution. There are some concerns that body weight

of a fly can vary considerably depending upon its age, activity, and in case of females its egg

laying status (pre and post peak fecundity). Taking the above factors into consideration, we

measured weight of only freshly eclosed unmated flies, within 4 hours of emergence from

pupae, keeping age, activity, and reproductive status consistent.

The 2×2 full factorial design used in our study allowed us to investigate both (a) long-term or

evolutionary effect of cold *vs.* warm selection, and (b) short-term or plastic effect of warm and

cold temperature on fitness traits like fecundity and body size of flies. While we measured egg

production of flies for fecundity, we assayed both wet and dry body mass of flies for measuring

body size. This also allowed us to find out relative content of water to body mass of the flies.

It is also important to note, we investigated the *selection response* in fecundity and body weight

caused by temperature by comparing the main effect of selection temperature on the traits.

Comparing the change in the trait values across treatment temperatures for a given selection

regime allowed us to evaluate the extent of *plasticity*, or the lack thereof (referred to as

canalization), for these traits. The study design also enabled us to find out whether selection in

warm *vs.* cold has changed the extent of plasticity or canalization of the traits under study.

Materials and Methods

Study populations and selection regimes

We used six large outbred laboratory populations of *D. melanogaster*: three populations

subjected to evolve at 17˚C (KIIT Base populations: KB17 1-3), and three control (baseline)

populations maintained at 25˚C (New KIIT Base populations: NKB25 1-3). Both KB17 and

NKB25 populations were derived from MB (melanogaster Base) populations, originally from

the laboratory of Amitabh Joshi [50]. MB populations are descendants of flies derived from

natural populations of *D. melanogaster*[50] . MBs and their ancestors have been selected at

25°C for many decades. Five replicates of MB populations (MB 1-5), selected for 202

generations on cornmeal medium at 25°C, ~90% relative humidity and constant light on a 21-

day discrete generation cycle [51] were brought to our laboratory in the summer of 2017. All

5 replicates were then mixed and this population was named KB-mix (KIIT Base mixed). KB-

mix population was maintained on a 21-day discrete generation cycle on cornmeal medium at

25°C, ~80% relative humidity and constant light for 2 years. Subsequently, KB-mix was split

into three replicates, namely KB1, KB2, and KB3. After one generation of rearing, each

replicate of KB was further split into two populations, one maintained at 17˚C, another

maintained at 25˚C. They were christened KB17 1-3 and KB25 1-3 respectively. The KB17

and KB25 populations were maintained on similar conditions as KB-mix, but at their respective

selection temperature.

Unfortunately, after 2.5 years of selection, all 3 replicates of KB25 populations died due to

BOD incubator malfunction, and the populations could not be rescued. However, selection was

continued for KB17 selection lines and they were used in our study. As we did not have

matched controls for our 17˚C selected lines, we used an alternative approach. We brought flies

ancestrally related to KB17 that is maintained at 25˚C. Laboratory of Imroze Khan had fly

populations that were derived by mixing the 5 MB populations (of Amitabh Joshi laboratory)

[52] and later split into 5 new replicate populations, known as MIB 1-5. MIB populations were

maintained under same conditions as MBs except for the fact they had a 15 day generation

cycle. We brought MIB 1-3, started maintaining them on a 14 day generation cycle, and

rechristened them New KB25 1-3 (NKB 1-3). Thus, both our thermal selection lines, *i. e.*

KB17s and NKB25s are maintained on a discrete generation cycle, ~80% relative humidity,

constant light, on cornmeal food.

KB17 1-3 and NKB25 1-3 have two notable contrasts. First, the former is maintained at 17˚C

whereas the latter is maintained at 25˚C. The second difference lies in their generation time.

D. melanogaster takes 17-20 days to develop from egg to adult at 17˚C, whereas it takes 8-10

days to develop at 25˚C. The generation time, therefore, is much longer at 17˚C. Consequently,

NKB25s are maintained on a 14 day generation cycle whereas KB17s are maintained on a 24

day generation cycle. Apart from this, similar maintenance protocols are followed for two

selection regimes. For each replicate population, flies are grown in 25 vials containing food,

and larval density is controlled at ~70 per vial. Upon eclosion, flies from all 25 vials are

transferred to plexiglass cages containing food smeared with supplementary live yeast-acetic

acid paste. On 11th day after previous generation egg collection in NKB25 populations, and

21st day after previous egg collection in KB17 populations, eggs are collected for the next

generation. Thus, egg collection is done on 4th - 6th day of adult age for NKB25, and 4th - 7th

day of adult age for KB17 populations.

Generation of flies for experiments

Body weight and fecundity of both 25˚C and 17˚C selection lines were assayed at two treatment

temperatures, namely (a) 25˚C, and (b) 17˚C. For comparing the selection lines at (a) 25˚C,

flies from both 17˚C and 25˚C selection lines were reared at a common temperature of 25˚C

for one generation, and then their progeny were assayed at 25˚C. This way both selection lines

were standardized, and any non-genetic parental effect of divergent temperature on the progeny

was eliminated, and only selection response or evolved changes between the two thermal

selection lines could be identified. Similarly, to compare the selection response at 17˚C, both

17˚C and 25˚C selected populations were reared at 17˚C for one generation, and their progeny

were subsequently assayed at 17˚C. For any given treatment temperature, the flies were both

grown and assayed at that temperature. The larval density was controlled at ~70 per vial for

generation of flies for all our experiments.

All assays reported here were conducted between 56-63 generations of selection for KB17

populations. The NKB25s were between 11 to 21 generations of selection during these assays;

however, their ancestors, *i.e.* the MIB flies, MB flies, and their ancestors were maintained at

25˚C- the standard laboratory temperature for *D. melanogaster* for decades. Hence, the number

of generations is somewhat irrelevant for the NKB25s, and they should rather be considered as

control or baseline populations that have been adapted to 25˚C for very long.

Fecundity assay

This assay was conducted after 56 generations of selection of KB17 populations. 20 vials of

eggs were collected for all three replicates of KB17, over an oviposition window of 13-14 hours

at 17˚C, and the vials were transferred to 25˚C. This step onwards the entire assay was

conducted at 25˚C. Upon eclosion, these flies were transferred to cages, and were referred to

as standardized flies (for 25˚C assay temperature). These flies were provided with food and

excess yeast-acetic acid paste for 3 days, and their eggs were collected in vials over a small

oviposition window of 3 hours. The flies growing from these eggs are referred to as assay flies.

After 8 days of egg collection, flies started eclosing, and those eclosing during the first 4 hours

were discarded, as they represent very early eclosing flies. From this point onwards virgin

separation of freshly eclosed flies were done every 4 hours, till the next day, and adult males

and females were collected in separate storage vials. Once flies were collected in sufficient

numbers and covering complete middle part of the eclosion time distribution, virgin collection

was stopped. Similar to very early flies, very late eclosed flies too were excluded from the

assay. Given the NKB25 populations were already maintained at 25˚C, no standardization was

needed for them. Eggs were collected from them over an oviposition window of 3 hours and

rest of the assay was conducted at 25˚C. Once eclosed, these were our assay flies. Similar

protocol was followed for virgin separation in these flies. Once virgin collection was completed

for both selection lines, one male and one female from storage vials were introduced into one

fecundity assay vial containing 2 mL of food. 15 such vials were set up for the fecundity assay

for each selection regime and replicate population. The eggs laid in each vial by the female

over a period of 24 h were counted under the microscope and the pair was transferred to a fresh

vial containing food every day, and the process was repeated. If a male from a pair died, then

it was replaced with an unmated male of the same age. If a female died, it was not replaced,

and data from the same vial was included in the analysis up to the death of the female. Similarly,

for treatment temperature of 17˚C, eggs were collected directly from generation 56 flies of

17˚C selection lines, and assay flies were generated at 17˚C. Simultaneously, 25˚C selected

populations were standardized for a generation at 17˚C, and fecundity assay was performed on

their offsprings, also maintained at 17˚C. Fecundity count was done for over 3 weeks of adult

life, 22 days to be precise, for 25˚C selected flies standardized at 17˚C, and 17˚C selected flies

standardized at 25˚C. 22 days total fecundity was analyzed using a 2 selection $\times$ 2 treatment

temperature full factorial design. The total number of eggs laid by the female was averaged

across 15 vials and used for the analysis. The fecundity data was also analyzed to investigate

the age-specific pattern of egg production. For this, the data was split into 3 parts: first week's

fecundity, second week's fecundity and third week's fecundity. The data for day 22 was not

included in the analysis.

Weight assays

Dry and wet weights of flies from all replicates of NKB25 and KB17 populations were assayed

after 63 generations of cold selection. The assays were conducted at both 25˚C and 17˚C, and

flies generated through population standardization were assayed along with their control

populations. Assay flies were collected within 4 hours of eclosion and stored immediately in

microcentrifuge tubes (MCTs), and freeze-killed by keeping the flies at -20˚C for 40-45 mins.

Wet weight was assayed for males and females separately. For each combination of selection

regime, treatment temperature, replicate population, and sex, 8 MCTs were set up with 5 flies

in each. After freeze-killing, these flies were taken out of the freezer and weighed immediately.

5 flies were weighed at a time. A Sartorius Quintix 35 (d = 0.01mg) balance was used for

weighing the flies. Weight measured for 5 flies per MCT was divided by 5 to obtain the average

weight per fly. After measuring the wet weight of flies, dry weight of the same flies were also

assayed. For this, after collection of the wet weight data, flies were returned to their respective

MCTs, and placed in a hot air oven set at 70˚C. They were kept at 70˚C for 36 hours, thus being

dehydrated completely, and then taken out and weighed again.

Relative water content of flies

Water content of flies was calculated by measuring the water lost during dehydration in the hot

air oven. Total dry weight of 5 flies stored in each MCT was subtracted from the wet weight

of the same flies to obtain the water content (in mg) of flies in each MCT. The relative water

content was calculated by dividing the water content by wet weight of flies in the respective

MCT (in percent).

Statistical Analysis

Mixed model analyses of variance (ANOVA) were performed for all the traits, *i. e.* fecundity,

wet weight, dry weight, and relative water content. Replicate population means were used for

testing significance of fixed factors and their interactions in all analyses. Post hoc comparisons

were done using Tukey's honest significant difference (HSD) test. Data analyses were carried

out on JMP Pro 17.

For analysis of fecundity data, 22 days total fecundity per female was averaged across vials to

obtain replicate population means. ANOVA was performed on replicate population means.

Selection and treatment temperature were treated as fixed factors, and replicate population was

treated as random factor nested within selection and treatment temperature. We also analyzed

week-wise fecundity data (1-7 days, 8-14 days, 15-21 days) to investigate the effects of

selection and treatment temperature on early fecundity, mid-stage fecundity, and late fecundity

till 21 days of adult life. A three-way ANOVA was conducted with selection, treatment, age

(week post eclosion) as fixed factors, with the random factor population replicate nested within

all three of these.

For both wet weight and dry weight measurements, mean weight per fly from each MCT was

averaged across 8 MCTs to obtain the replicate population mean. ANOVA was performed on

replicate population means of individual fly weight, with selection, treatment temperature, and

sex being treated as fixed factors. Replicate population was treated as random factor nested

within all 3 fixed factors. Similar analyses were performed separately for wet weight and dry

weight data. The relative water content data were obtained in percentage, and therefore were

subjected to arcsine-square root transformation to meet the normality assumption of ANOVA.

Population means were used for testing significance of fixed factors such as selection,

treatment temperature, sex, and their interactions.

Results

Total fecundity

After 56 generations of selection, KB17 selection lines did not show any significant difference

in fecundity from NKB25 selection lines (table 1). Treatment had a significant main effect on

fecundity ($p = 0.0001$) as it was significantly less at 17˚C treatment compared to 25˚C.

However, the interaction of selection and treatment temperature was significant ($p = 0.0356$)

(table 1). Post hoc comparisons showed NKB25 selection line had a significant drop in

fecundity from 25˚C to 17˚C treatment temperature, but KB17 selection lines did not show any

significant change between 25˚C to 17˚C treatment (figure 1 & 2).

Figure 1: Mean total egg output per female over first 22 days of adult life in NKB25 and KB17

populations, assayed at 25˚C and 17˚C. The error bars represent standard error of the three

replicate population means.

Figure 2: Reaction norms of mean total fecundity of 22 days of adult life in NKB25 and KB17

populations, reared at 25˚C and 17˚C. The error bars represent standard error of the three

replicate population means.

Effect	df	MS	F	P
Selection	1	895.795	2.3083	0.1672
Treatment	1	17956.8	46.2714	0.0001 **
Selection × Treatment	1	2471.07	6.3675	0.0356

Table 1: ANOVA results for mean total fecundity per pair for 1-22 days of adult life.

Age-specific fecundity

Analysis of week-wise fecundity data showed significant effects of treatment, age, and

interaction of treatment and age (table 2). 17˚C treatment lowered overall fecundity, and

fecundity was significantly higher during the first week compared to week 2 and 3 (figure 3).

The treatment × age interaction showed fecundity was significantly higher during week 1

compared to 2 and 3 only at 25°C treatment, for both selection regimes. 17°C treatment did not

show significant difference in fecundity across weeks. The main effect of selection and its

interactions were not significant for the week-wise fecundity data. However, comparison of the

means between section regimes showed an interesting trend. At 17°C treatment, fecundity was

lower than 25°C overall, but KB17 had higher fecundity than NKB25 at 17°C, across all 3

weeks. First week's fecundity at 17°C was 71% higher in KB17 compared to NKB25, while

in the second week the same was 14% higher in KB17, and in the third week KB17 at 17°C

laid 21% more eggs than NKB25s. 25°C treatment did not show difference in fecundity

between NKB25 and KB17 during the first week, during second week, KB17 laid 9% less

eggs than NK25, and in third week KB17 had 21% higher fecundity compared to NKB25.

408   Figure 3: Mean daily egg output per female of (a) NKB25 and (b) KB17 populations over first

409   22 days of adult life, assayed at 17˚C and 25˚C. The error bars represent standard error of the

410   three population replicate means. Early stands for day 1-7, mid for day 8-14, and late for day

411   15-22.

Effect	df	MS	F	P
Selection	1	543.849	2.5914	0.1205
Treatment	1	7844.29	37.377	<.0001
Week	2	3525.06	16.7965	<.0001
Selection × Treatment	1	527.684	2.5143	0.1259
Selection × Age (week)	2	166.809	0.7948	0.4632
Treatment × Age (week)	2	8445.4	40.2412	<.0001
Selection × Treatment × Age (week)	2	82.1708	0.3915	0.6803

Table 2: ANOVA results for mean total fecundity per pair for early stage (1-7 days), middle

stage (8-14 days), and late stage (15-22 days) of adult life.

Wet weight

After 63 generation of selection, wet weight of the flies was strongly affected by selection,

treatment temperature and sex (figure 4, table 3). Overall, flies of KB17 selection lines were

significantly heavier than their counterparts from NKB25 ($p = 0.0084$). Flies grown at 17˚C

had significantly greater wet weight than those grown at 25˚C ($p < 0.0001$). Females had

significantly greater wet weight than males ($p < 0.0001$). The two- and three-way interactions

among selection, treatment temperature, and sex were not significant for wet weight. However,

post hoc comparisons showed KB17 flies had significantly greater wet weight compared to

NKB25 flies when grown at 17˚C, but at 25˚C both selection line flies had similar wet weights.

Figure 4: Mean wet weight per fly at eclosion in NKB25 and KB17 populations, reared at 25˚C

and 17˚C. The error bars represent standard error of the three replicate population means.

Effect	df	MS	F	P
Selection	1	0.01735	9.0328	0.0084
Treatment	1	0.64329	334.9556	<.0001 **
Sex	1	0.71544	372.5247	<.0001 **
Selection × Treatment	1	0.00406	2.1153	0.1652
Selection × Sex	1	0.00132	0.6893	0.4186
Treatment × Sex	1	0.00686	3.5718	0.077 *
Selection × Treatment × Sex	1	0.00013	0.0674	0.7984

Table 3: ANOVA results for mean wet weight per fly at eclosion

437   Dry weight

Dry weight of the flies was strongly affected by selection, treatment temperature and sex (table

4). Overall, flies of KB17 selection lines were significantly heavier than NKB25 flies ($p <$

0.0001) (figure 5). Flies grown at 17˚C had significantly greater dry weight than those grown

at 25˚C ($p < 0.0001$) (table 4). Females were significantly heavier than males across conditions

($p < 0.0001$). Both selection × treatment, and selection × sex interactions were highly significant

($p < 0.0001$). Dry weight of KB17 flies were significantly higher than NKB25 flies when grown

at 17˚C, but they were not significantly different from each other when grown at 25˚C. Pooled

over treatments, KB17 males had greater dry weight than NKB25 males, but the females from

both regimes did not show significant difference in their dry weight overall. Treatment

temperature × sex interaction was not significant. However, the three-way interaction among

selection, treatment temperature and sex was highly significant ($p = 0.0004$). Post hoc

comparisons showed KB17 males had significantly greater dry weight than NKB25 males

when grown at 17˚C, but their dry weight was not different when grown at 25˚C (figure 5).

Females from both selection regimes did not differ in dry weight at any of the two treatment

temperatures. Interestingly, males at all combination of selection and treatment temperatures

were significantly lighter than females, except for 17˚C selection lines grown at 17˚C, in which

male and female dry weight had no difference.

Figure 5: Mean dry weight per fly at eclosion in NKB25 and KB17 populations, reared at 25˚C

and 17˚C. The error bars represent standard error of the three replicate population means.

Effect	df	MS	F	P
Selection	1	0.00714	34.5274	<.0001 **
Treatment	1	0.16581	802.208	<.0001 **
Sex	1	0.03066	148.352	<.0001 **
Selection × Treatment	1	0.0053	25.6407	0.0001 **
Selection × Sex	1	0.00812	39.2684	<.0001 **
Treatment × Sex	1	0.00032	1.5384	0.2327
Selection × Treatment × Sex	1	0.00409	19.7673	0.0004 **

Table 4: ANOVA results for mean dry weight per fly at eclosion

Relative water content of flies

Relative water content of flies (water content scaled by wet weight) was significantly affected

by selection ($p = 0.0123$), treatment temperature ($p < 0.0001$), and sex ($p = 0.0004$) (table 5).

Relative water content per unit wet weight was significantly greater in NKB25 (70.3%)

compared to KB17 flies (68.85%) . Similarly, relative water content was significantly greater

in flies grown at 25˚C (72.3%) compared to those grown at 17˚C (66.9%). Females had

significantly greater relative water content (70.85%) compared to males (68.4%). All two- and

three-way interactions among selection temperature treatment temperature and sex were

significant (table 5). KB17 males had significantly less water content (61%) compared to

NKB25 males (68.6%) when grown at 17˚C, but the males from the two regimes had similar

relative water content when grown at 25˚C (figure 6, table 5). Females from the two selection

regimes did not show difference in relative water content at any of the treatment temperature.

Figure 6: Mean relative water content per fly at eclosion in NKB25 and KB17 populations,

reared at 25˚C and 17˚C. The error bars represent standard error of the three replicate

population means.

Effect	df	MS	F	P
Selection	1	13.2702	7.9574	0.0123 *
Treatment	1	174.452	104.6097	<.0001 **
Sex	1	33.9829	20.3777	0.0004 **
Selection × Treatment	1	17.2591	10.3494	0.0054 **
Selection × Sex	1	34.6921	20.803	0.0003 **
Treatment × Sex	1	17.748	10.6425	0.0049 **
Selection × Treatment × Sex	1	23.4481	14.0606	0.0017 **

Table 5: ANOVA results for mean water content scaled by wet weight per fly at eclosion

Discussion

Evolution of the females: the fecundity

Cold temperature reduced pooled fecundity of the two selection regimes, but the interaction

between selection and treatment revealed dissimilar effect of cold temperature on the warm

and cold evolved populations. The control groups, *i. e.* the warm selection lines, suffered from

a significant decline in fecundity when exposed to cold temperature, in comparison to their

fecundity in warmer conditions. In contrast, the cold selection lines did not suffer such

significant reduction in fecundity at cold treatment temperature compared to warm treatment.

For *Drosophila melanogaster*, 25˚C is known to be the optimal temperature, and findings from

our control populations show cold temperature represses their fitness, as observed in numerous

previous studies [21,23,26]. However, the cold selected populations seem to have evolved the

ability to withstand cold, such that it does not affect their fecundity. This clearly indicates the

cold evolved flies have adapted to cold as a result of selection. Surprisingly, cold adaptation

did not lower their fitness in the warm environment as the fecundity of both selection lines

were at par at the warm treatment. Our findings therefore did not reveal any trade-off between

adaptation to 17˚C *vs.* 25˚C.

If we compare the reaction norm of fecundity levels across 17˚C and 25˚C treatments, 25˚C

adapted populations have a more plastic reaction norm while the one for 17˚C selected

populations is less plastic (figure 2). This means the thermal reaction norm of fecundity has

evolved to be less plastic, or more canalized, in the cold selected populations. For a trait like

fecundity, canalization, or robust reproductive output, across environments is likely to confer

greater fitness and adaptability in diverse environments. The sustained fecundity of cold-

adapted flies transitioning from warm to cold environments — an attribute not observed in

warm-evolved controls, hints at an evolved mechanism neutralizing the cold's suppressive

effect. There could be different possible evolved mechanisms for the same. Some of the

possibilities are as follows: (a) cold perception that potentially modulate egg production might

have diverged in the two selection lines such that egg production of the cold evolved flies are

not as affected by cold as the warm evolved flies; (b) cold selection might have led to bigger

flies such that an increased size buffers against repressive effect of cold on fecundity, as body

size and fecundity are positively correlated in flies. There could be possible alternative

mechanisms accounting for the thermally canalized fecundity of cold evolved flies.

Age-specific fecundity pattern

Apart from total fecundity, our experiment revealed notable impacts of selection and treatment

temperature on the age-specific pattern of fecundity. The results showed several interesting

trends for the pattern of fecundity. The distribution of fecundity along the age axis in wild-

caught *Drosophila*, as well as those maintained in the laboratory tends to be positively skewed

- a triangular shape of the lifetime fecundity distribution characterized by an early peak, is a

typical feature of iteroparous insects [57]. This peak has been shown to be triggered by onset

of mating in flies [58]. In our study, the typical early life spike in fecundity was observed at

25°C for both selection lines, which also coincides with the age of egg collection in our

selection regimes. Surprisingly, we did not observe such a spike at 17°C treatment for either of

the selection lines, which suggests the early life fecundity spike may not be canalized across

conditions, and can be absent in colder environments.

The week-wise breakdown and analysis of fecundity data showed when flies were grown and

assayed at 25°C, fecundity pooled across selection regimes was highest during first week, and

then it showed a gradual decline during week 2 and 3. At 17°C, in contrast, the pooled fecundity

did not differ across 3 weeks, rather the data show a somewhat moderate steady fecundity level

at 17°C throughout the duration of the assay, which is different from the pattern observed at

25°C - the early spike followed by lower fecundity level afterwards. These contrasts between

25°C and 17°C treatments can be suitably explained by the lifespan of the flies at the said

temperatures. Cold temperature increases lifespan in flies and a trade-off between lifespan and

reproductive output is well-documented in evolutionary biology [reviewed in 31]. In

conjunction with the existence of this trade-off, flies appear to maintain a relatively steady yet

reduced egg production spanning their elongated lifespan at cold temperature. In contrast, at

warm temperature flies lay maximum number of eggs early in life which subsequently dwindles

to a lesser egg output for the remaining part of lifespan. The strategy at cold temperature seems

to conserve resources, facilitating a prolonged lifespan and extended period of egg production.

The energy needs to support a longer lifespan perhaps does not allow flies to blow up too much

resources early in life. The age-specific fecundity pattern thus corresponds to energy need of

the flies to live and reproduce for their respective lifespans at warm *vs.* cold conditions. It was

observed that this pattern remained unaffected by selection.

Selection did not have a significant impact on week-wise fecundity data, but the data showed

each week KB17 flies laid 14% to 71% more eggs on average compared to NKB25, at the cold

treatment. This suggests, during each of the three weeks, low fecundity caused by cold

treatment was much less prominent in KB17 populations compared to the controls, *i. e.*

NKB25s. Perhaps variability of the fecundity data across individuals and replicate means did

not result in a significant effect of selection on the week-wise egg output data, but like the total

fecundity (of 22 days), these data showed the same trend, *i. e.* cold treatment temperature has

less repressive effect on the cold selected populations. We speculate that in course of selection

KB17 populations would show further improvement in their fecundity under cold condition. It

is also important to note, the highest difference between KB17 and NKB25 fecundity at 17˚C

treatment was observed during the first week, when KB17 fecundity at 17˚C was 71% higher

on average than NKB25 fecundity. This is exactly what is expected, because the KB17

populations had been under selection for early life (day 3-4) fecundity at 17˚C for 56

generations before this assay, and although early fecundity peak does not seem to be a feature

of 17˚C treatment, 17˚C selection seemed to have been able to increase the early life fecundity

at 17˚C, showing signs of adaptation to the selection regime.

Evolution of males: body size and relative water content at eclosion

Both dry and wet body weight of flies at eclosion were significantly influenced by treatment

temperature, selection, and sex. Flies from the same selection regime were always heavier

when grown at colder temperature. Selection temperature too had a significant main effect on

body weight of flies, as cold evolved flies had both greater wet and dry weight than warm

evolved flies. Females were heavier than males, under all conditions except one. The

interactions among selection, treatment temperature, and sex, were more pronounced on dry

weight compared to wet weight. The interactions showed that flies when grown at 17˚C, had

significant effect of selection, as the 17˚C selected flies were heavier than 25˚C selected flies.

However, when grown at 25˚C, the weights of flies from both thermal regimes were similar.

Moreover, this effect was actually caused by the size divergence of males, as the 17˚C selected

males had 33% greater dry weight than 25˚C selected males, when grown at 17˚C. The weight

of the females did not evolve in this study. Interestingly, as 17˚C males evolved to have much

greater dry weight when grown at 17˚C while female size remain unchanged, the weight of the

two sexes converged when grown at cold temperature. Consequently, sexual size dimorphism

(SSD) that is ubiquitous in flies was absent in 17˚C selected populations when grown at 17˚C.

In addition, analysis of relative water content of the flies showed 17˚C selected males have also

evolved significantly less relative water content than the 25˚C selected males, when grown at

17˚C. This indicates not only 17˚C males evolved greater weight, but they were also more

dense with relatively less water content, when grown at 17˚C.

After 63 generations of evolving at cold, which took around 3.5 years, evolution of greater and

more dense body mass only in male flies is really unique. Moreover, the existence of this

difference only when the flies are grown at cold, but not at warm temperature indicates that the

males of cold evolved populations undergo greater change in body mass and density between

warm and cold rearing, compared to the males from warm evolved populations. This shows the

cold evolved males have actually evolved *greater thermal plasticity of body mass and density*,

a selection response not observed in the females. Given males and females share their genome,

how the body mass or its plasticity have remained unchanged in cold evolved females is not

clear yet. It is possible that the females may eventually evolve similar trend in course of

selection, but, the body physiology and the selection pressure experienced by the two could be

potentially different. Therefore, it would be erroneous to extrapolate findings from males to

both sexes, and how the female body weight, physiology and plasticity may evolve as a result

of cold adaptation may not be accurately predicted from evolution of the males. Nonetheless,

the increased thermal plasticity of absolute and relative body mass of cold evolved males is an

interesting evolutionary response of cold adaptation, and what is the underlying cause of this

evolved change remains an interesting question to explore. Moreover, evolution of bigger male

size that resulted in abolishing SSD in the cold evolved populations (when grown at cold) is a

rare phenomenon, and how it affects the mating compatibility of the flies in these populations

is a question relevant to sexual selection. Whether this is a transient phase of evolution of these

populations, and if the females also eventually evolve bigger size or increased plasticity, remain

to be observed in the coming years.

Relationship between body size and fecundity

The coincidental increase in plasticity of male body weight and thermal canalization of female

fecundity, caused by cold adaptation in our experimental evolution study are striking. Female

body size is positively correlated with fecundity in a wide variety of organisms including

Drosophila [reviewed in [31,46]. Had we observed an increase in female body size, or its

plasticity in the cold evolved populations, better egg production of these flies in the cold,

compared to that of the warm evolved flies could be attributed to the size advantage. However,

the female size did not evolve in these lines yet, rather the males have evolved higher and more

dense body mass. Male body size is positively correlated with lifetime mating success of

Drosophila [45] as larger males are more successful at courtship and winning male-male

competition for obtaining mates [53]. Larger males have also been shown to have higher

postcopulatory success [54]. While a positive correlation between male body size and male

reproductive success is clearly documented, it is less clear what effect male body size has on

reproductive output of its female partners. It is generally observed larger males cause greater

harm to the females by transferring more accessory gland proteins (Acp) during copulation,

some of which are harmful for the females [55]. One study suggests smaller males might induce

greater fecundity in their mates [45] while another study shows medium sized males lead to

highest reproductive output in their mates [56]. However, the size variation of flies used in

these studies were generated by manipulating larval densities, and hence reflect phenotypic

plasticity of body size caused by the environment, *i. e.* pre-adult crowding. The size difference

in male flies in our study is due to evolved or genetic difference in size caused by temperature.

Moreover, in our study the females are not exposed to smaller *vs.* bigger males for the first

time, rather they have co-evolved with the respective size of their mates. Therefore, how the

size divergence of the males from the warm *vs.* cold selection lines may impact the fitness of

their mates cannot be predicted from the documented effect of male size on female fitness

where the size difference is neither genetic (*i. e.* evolved), nor caused by temperature. If two

populations have evolved differences in male size, how it shapes the overall reproductive

output of these two populations remains an open question. It is possible that in populations

with larger average male body size, females overall end up laying more eggs on average due

to possible greater reproductive potential of their mates. If this is true, then the cold-reared

males of our cold evolved lines with their greater body mass, may induce greater fecundity in

their mates. In our study, the cold and warm evolved female flies do not differ in size, yet the

former are able to maintain their fecundity when grown at cold, unlike the warm evolved

females who suffer reduced egg output at cold. This could be possible due to size advantage of

the cold evolved males over warm evolved males when grown at cold, via their possible greater

reproductive potential that might help the their mates (cold evolved females) to lay more eggs

in cold, compared to those laid by warm evolved females. This would mean in cold evolved

male size and populations, the higher thermal plasticity of body weight of males may help in

greater canalization of female fecundity across temperatures. However, findings from this

study are inadequate to prove this connection. Nonetheless, it does open up a pandora's box

linking male body size, female fecundity, thermal plasticity, and thermal evolution, and calls

for a suite of rigorous experiments exploring these parameters.

Findings and future direction

Our study shows cold adapted populations have greater fecundity than warm evolved

populations when grown and assayed in cold environment, and in the warm environment, cold

evolved flies are at par with the warm evolved flies. This shows although cold temperature like

17˚C represses fecundity at the plastic level, long-term cold adaptation may to lead to evolution

of greater fecundity, particularly in the cold environment. And this cold adaptation does not

incur any cost on adaptation of cold evolved flies to the ancestral standard/warm environment.

This study therefore, does not reveal any trade-off between adaptation to cold *vs.* warm

environments as cold evolved flies in our study show greater fitness than warm evolved flies

both in terms of male body weight and female fecundity, specifically at cold temperature, but

they are at par with the warm adapted flies when grown at warm environment. However, it is

important to note this study was conducted using a limited temperature range, confined to two

set points (25˚C as warm and 17˚C as cold). Exploring extremes of the thermal spectrum, be it

hotter or colder, might uncover additional aspects of adaptation to warm *vs.* cold, as suggested

in previous research [17,22].

Our findings from the analyses of fecundity and weight data thus lead to several important

findings about thermal evolution and thermal plasticity, as follows: (a) although cold

temperature reduces reproductive output at the plastic level, cold adaptation can enable flies to

overcome this suppression caused by cold. Despite adaptation to cold, the populations are not

outperformed by the warm adapted populations when reared in warm environments. This

suggests cold adaptation can thus lead to expansion of adaptive range of *D. melanogaster*

populations rather than shifting their adaptive optima; (b) cold adaptation can increase the

thermal plasticity of body weight and density, particularly in males, because at warm

temperature warm and cold adapted males may not grow apart, but at cold temperature cold

evolved males grow heavier and more dense than warm adapted males; (c) male size measured

in terms of body weight at eclosion may evolve faster than that of females during cold

adaptation. We suspect evolution of canalization of fecundity across warm and cold

environments in cold evolved females can be possibly caused by at least in parts, greater

thermal plasticity of body size of cold evolved males, which makes them bigger at cold, and

may lead to greater fecundity of their mates at cold, such that the cold evolved females do not

suffer a significant drop in fecundity; and (d) last, but not the least we show that the early life

peak in fecundity oft-described in *Drosophila* may not be present at cold temperature, and flies

would rather save on resources for living and reproducing for a longer time span at cold.

Conclusion

Our findings show some rare empirical evidences of real-time evolution of a number of

interesting phenomena due to cold adaptation, namely: (a) evolution of thermal canalization/

robustness of a fitness trait (fecundity), (b) evolution of greater plasticity of another fitness trait

(body weight, and density), albeit observed only in males, (c) expansion of adaptive range of a

population from warm to cold environment, and (d) evolution of bigger male size in absence

of evolution of female size, leading to absence of SSD. The study also highlights and (d)

absence of clear early life fecundity spike in *D. melanogaster* at cold temperature, typically

observed at optimal temperatures like 25˚C.

While our findings suggest cold adaptation in *D. melanogaster* may lead to expansion of

thermal range of flies, and dismiss the presence of a trade-off in adaptation to warm *vs.* cold

temperatures, it nonetheless signals the necessity of broadening the scope of the study. An ideal

study should encompass a suite of other life-history traits and potentially extreme temperature

conditions, to provide a holistic understanding of the adaptive capacities and potential trade-

offs involved in thermal adaptation. Furthermore, it would be pertinent to delve deeper into the

underlying mechanisms which account for the observed thermal canalization of fecundity in

cold-adapted females, including the possible role played by the greater plasticity of the male

body weight found in these populations. The conclusions drawn from this study, rooted in a

rigorous 3.5 years of cold environment selection, certainly pave the way for intriguing

questions about the future. There lies a captivating potential to observe the evolutionary

ramifications unravelling in successive periods, looking 50 to 60 generations ahead, possibly

unfolding a deeper layer of understanding of the evolutionary dynamics of thermal adaptation.

The study lays a promising groundwork for further explorations into the rich tapestry of

evolutionary biology, opening avenues for deeper inquiries into the nuanced relationships

linking adaptation, canalization, plasticity, fitness, and selection.

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Author contributions

RR – Data curation, Formal analysis, Investigation, Methodology, Project administration, Resources, Supervision, Validation, Visualization, Writing-original draft, Writing-review and editing; AC – Data curation, Formal analysis, Investigation, Methodology, Project administration, Resources, Supervision, Validation, Visualization, Writing-original draft, Writing-review and editing; SDS – Data curation, Investigation, Methodology, Project administration; AM – Data curation, Investigation, Methodology, Project administration; PB – Data curation, Investigation, Methodology, Project administration; SG – Conceptualization, Data curation, Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Resources, Supervision, Validation, Visualization, Writing-original draft, Writing-review and editing;

Conflict of interest declaration

We declare we have no competing interests.

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