Liver sinusoidal endothelial cells constitute a major route for hemoglobin clearance

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Abstract

Mild rupture of aged erythrocytes occurs physiologically in the spleen, leading to the release of hemoglobin (Hb), while pathological hemolysis characterizes several diseases. The detoxification of Hb has traditionally been attributed to the sequestration of Hb-haptoglobin complexes by macrophages. However, this process remains incompletely studied in animal models or primary cells, leaving the precise mechanisms of Hb clearance elusive. Using mice and primary liver cell cultures (murine and human), we uncovered that Hb uptake is chiefly performed by liver sinusoidal endothelial cells (LSECs) and involves macropinocytosis. Consistently, mouse LSECs displayed proteomic signatures indicative of active heme catabolism, ferritin iron storage, antioxidant defense, and macropinocytic capacity. LSECs also exhibited high iron content and the expression of hepcidin-regulated iron exporter ferroportin. Using erythrocyte/Hb transfusion assays in mice, we demonstrated that while splenic macrophages excel in phagocytosis of erythrocytes, LSECs primarily scavenge Hb and Kupffer cells clear erythrocyte membranes, the spleen-borne hemolysis products delivered to the liver via the portal circulation. High-dose Hb injections resulted in transient hepatic iron retention, early LSEC-specific induction of heme-catabolizing *Hmox1* and iron-sensing *Bmp6*, culminating in hepcidin-mediated temporary hypoferremia. Transcriptional induction of *Bmp6* in mice was phenocopied by erythrocyte lysis upon phenylhydrazine or iron citrate injection, although the latter elicited a distinct LSEC transcriptional signature compared to Hb. In conclusion, we identify LSECs as key Hb scavengers, a function that establishes the spleen-to-liver axis for iron recycling and contributes to heme detoxification during hemolysis, coupled with the induction of the BMP6-hepcidin axis to restore iron homeostasis.

Introduction

Internal iron recycling from senescent red blood cells (RBCs) satisfies most of the body's iron

needs (1, 2) and relies mainly on the phagocytic clearance of aged RBCs by splenic red pulp

macrophages (RPMs) (3, 4). However, recent evidence suggests that some aged RBCs escape

erythrophagocytosis and lyse locally in the spleen, thus releasing hemoglobin (Hb) (5).

Several inherited and acquired disorders, including hereditary anemias, autoimmune

hemolytic diseases, or infections, are characterized by compromised erythrocyte stability and

an increased risk of hemolysis (6, 7). Free Hb is captured by the acute-phase plasma protein

haptoglobin (8). The Hb-haptoglobin complexes are sequestered via CD163 (9), a receptor

that is highly expressed by both splenic RPMs and liver macrophages, Kupffer cells (KCs) (1,

5). However, the role of these macrophage populations in Hb uptake has not been well

characterized. Interestingly, pharmacokinetic studies in non-rodent mammals have shown that

the clearance rate of the Hb-haptoglobin complex is significantly slower than that of free Hb

(10), and that Hb sequestration may occur independently of haptoglobin and/or CD163 (11,

12). These observations are clinically relevant as enhanced erythrophagocytosis and

prolonged erythrolytic conditions lead to the partial loss of the CD163-expressing iron-

recycling macrophages (3, 13) and are characterized by depletion of the plasma haptoglobin

pool (7, 14, 15). Collectively, this evidence suggests that macrophages may be dispensable for

Hb clearance. It is well established that free Hb undergoes renal glomerular filtration (16, 17).

However, it remains unclear whether other specialized routes of extra-renal and macrophage-

independent Hb clearance operate in the body.

The liver receives approximately 25% of the cardiac output and is exposed to blood from the

portal circulation, which drains the gastrointestinal tract and the spleen (18). The hepatic

capillary network, which is composed of venous sinusoids, is specialized for monitoring and

filtering blood components. Liver sinusoidal endothelial cells (LSECs), along with KCs,

constitute the most efficient dual scavenging system in the body (19). While KCs engulf large

particles, LSECs remove macromolecules and nanoparticles, a function that protects the body

from waste by-products and noxious blood factors (20, 21). The maintenance of appropriate

iron homeostasis adds to the growing spectrum of homeostatic functions of LSECs.

Importantly, LSECs are the sensors of body iron levels and the major producers of inducible

angiokine bone morphogenetic protein 6 (BMP6), and homeostatic BMP2 (22, 23). BMPs

function as upstream activators of hepcidin, a key iron-regulatory hormone produced by liver

hepatocytes (2). Hepcidin suppresses iron release into the bloodstream via the sole known

iron exporter ferroportin (FPN), thereby limiting iron availability under iron-rich conditions

(24). However, it remains unclear how different types of iron signals are sensed and

detoxified in the liver microenvironment, and whether the emerging scavenging functions of

LSECs cross-talk with their role in maintaining iron homeostasis. Here, we show that LSECs

constitute a major route for Hb clearance. They contribute to steady-state iron recycling from

spleen-derived Hb that enters the liver via the portal vein and participate in heme

detoxification during hemolysis, timely coupled with induction of the iron-sensing BMP6-

hepcidin axis.

Material and Methods

Mice and *in vivo* procedures

Female BALB/c mice (8-10 weeks old) were obtained from the Experimental Medicine Centre of the Medical University of Bialystok or the Mossakowski Medical Research Institute of the Polish Academy of Sciences. Female C57BL/6-Tg(UBC-GFP)30Scha/J (UBI-GFP/BL6) mice were kindly provided by Aneta Suwińska (Faculty of Biology, University of Warsaw, Poland). Female and male (8-12 weeks old) WT C57BL/6J and *Cd163*^{-/-} mice were kindly provided by Anders Etzerodt (Department of Biomedicine, Aarhus University, Denmark). For the dietary experiment, C57BL/6J females (4 weeks old) were obtained from the Experimental Medicine Centre of the Medical University of Bialystok. Mice were fed a standard iron diet of 200 mg/kg (control) or a low iron diet containing <6 mg/kg (iron deficient) for 5 weeks before analysis. All mice were maintained at the SPF facility under standard conditions (20°C, humidity 60%, 12-h light/dark cycle). All data reporting the uptake of Hb by LSECs were obtained using female mice or primary female LSECs. However, we expect the findings to be relevant for both sexes.

Proteins or their conjugates were dissolved in PBS and administered intravenously (*i.v.*) at doses indicated in the figure legends. For macrophage depletion, mice received an *i.v.* solution of liposomes containing clodronic acid (LIPOSOMA, #C-SUV-005) (5 ml/kg) or control empty liposomes for 24 h. A sterile aqueous iron citrate (FeCit, 150 µg/mouse) solution (Sigma-Aldrich, #F3388) or sterile citric acid buffer (0.05 M, Sigma-Aldrich, #251275) was normalized to pH 7.0 and administered *i.v.* for 5 h. Mini-hepcidin (PR73, 50 nmol/mouse) (kind gift from Elizabeta Nemeth, UCLA, USA) was injected intraperitoneally (*i.p.*) for 4 h.

To induce hemolysis, a sterile solution of phenylhydrazine (PHZ) (Sigma-Aldrich, #P26252)

in PBS was administered *i.p.* at a dose of 0.125 mg/g of body weight for 6 h. PKH26-stained

(Sigma Aldrich, #PKH26GL-1KT) temperature-stressed UBI-GFP RBCs were resuspended to

50% hematocrit in HBSS (Capricorn, #HBSS-1A) and administered *i.v.* for 1.5 h. PKH26-

stained RBCs ghosts were mixed with fluorescently labeled Hb (10 μg/mouse) and

administered *i.v.*for 1.5 h.

Isolation of human non-parenchymal liver cells (NPCs)

Liver tissue samples were obtained from the Department of Hepatobiliary Surgery and

Visceral Transplantation at Leipzig University Medical Center. Specimens were collected

from macroscopically healthy tissue adjacent to resected segments in patients with primary or

secondary liver tumors or benign local liver diseases. During resections, both diseased and

surrounding unaffected liver tissue were removed; a portion of this unaffected tissue was used

for liver cell isolation. All patients provided informed consent for tissue use in research,

following Leipzig University Hospital ethical guidelines (approval numbers 322/17-ek and

057/23-ek). Detailed protocols for cell isolation and further examination are provided in

Supplementary Methods.

Cell-based and biochemical assays

Isolation of murine and human NPCs for primary cell cultures, cell treatments, and

immunofluorescence are described in Supplementary Methods. Isolation of cells from the

spleen, heart, bone marrow, and aorta, flow cytometry, FACS-sorting, liver tissue

immunofluorescence, heme/iron measurements, preparation of conjugated mouse Hb, stressed

RBCs, and RBC ghosts, and real-time quantitative PCR (RT-qPCR) were performed as

previously reported (25), or/and described in detail in Supplementary Methods.

Statistics

Data are represented as the mean ± SEM. The number of mice/samples per group or the

number of independent cell-based experiments are shown in the figures. Statistical analyses

were conducted using GraphPad Prism software (Version 9.4.1). When two groups were

compared two-tailed unpaired Welch's t-test was applied, whereas for more groups, the One-

Way or Two-Way Analysis of Variance (ANOVA) with post-hoc Tukey's test for multiple

comparisons was performed, as indicated in the figure legends. For all the experiments,

$\alpha=0.05$. Statistically significant changes between means are indicated as follows: ns, not

significant at $p>0.05$, * for $p<0.05$, ** for $p<0.01$, *** for $p<0.001$, and **** for $p<0.0001$.

Ethical Approval

All animal experiments were conducted following the guidelines of European Directive

2010/63/EU and the Federation for Laboratory Animal Science Associations. The procedures

were approved by the Local Ethics Committee in Warsaw (No. WAW2/150/2019,

WAW2/138/2019,   WAW2/137/2020,   WAW2/137/2021,   WAW2/179/2021,   and

WAW2/094/2021), or for the dietary experiment by the local ethical committee in Olsztyn

No. 26/2018. For the use of human cells, this study adhered to the Declaration of Helsinki and

received approval from the Ethics Committee of the Faculty of Medicine at Leipzig

University (Biobank of Surgical Research, registration no. 322/17-ek, 2020/06/10, ratified on

2021/11/30; Role of human LSEC in hemoglobin clearance, registration no. 057/23-ek,

2023/08/21).

Data availability

Transcriptome analysis of LSECs was conducted using the AmpliSeq method and proteomics

was performed by label-free quantification with mass spectrometry as described in the

Supplementary Methods. LSEC transcriptomic data for iron citrate injection have been

previously deposited in the GEO repository under accession no. GSE235976, whereas data for

Hb injection are accessible under no. GSE240270 (with a token: uhkrgywyhledjmj to allow

for review). Proteomics data were deposited to the ProteomeXchange Consortium via the

PRIDE partner repository with the dataset identifier PXD051274 (username:

reviewer_pxd051274@ebi.ac.uk; password: 0QJOAbzS for review).

Results

LSECs engage macropinocytosis to sequester Hb

Studies using radiolabeled Hb have shown that the clearance of injected hemoglobin is rapid

(16) and mainly mediated by the liver, kidney, and spleen (16, 17). To address the

involvement of macrophages in Hb uptake, we first performed experiments using clodronate

liposomes, a well-established strategy for depleting tissue macrophages, including hepatic

KCs. Using a whole-organ imaging system, we observed that regardless of the presence of

KCs, the liver emerged as the major organ sequestering fluorescently-labeled mouse Hb (Fig.

1A and S1A and B). Next, using flow cytometry and confocal microscopy imaging of mouse

liver sections, we identified CD146$^+$STAB2$^+$ LSECs as the major hepatic cell type that takes

up Hb, surpassing KCs, hepatocytes, and monocytes (Fig. 1B and C, Fig. S1C; see Data

Supplements for gating strategies). We found that murine primary LSEC cultures

recapitulated the high capacity of this cell type for Hb uptake, as validated by confocal

microscopy and flow cytometry (Fig. 1D and Fig. S1D). We further confirmed that freshly

isolated human primary LSECs, distinguished by CD36 and CD32B markers, as previously

reported (26, 27) and confirmed by the Human Liver Cell Atlas (28) (Fig. S1E), outperformed

other NPCs in human Hb uptake (Fig. 1E and F). Notably, flow cytometric analysis revealed

that cells with high CD36 and CD23B expression, albeit not highly abundant, showed the

highest capacity for Hb scavenging (Fig. 1E).

To better understand the mechanism of Hb uptake we used mouse primary liver cell cultures.

In contrast to murine KCs, LSECs were negative for the Hb-haptoglobin complex receptor,

CD163 (Fig. 2A), and took up free Hb more robustly than haptoglobin-bound Hb (Hb:Hp;

Fig. 2B). Therefore, we hypothesized that LSECs may sequester Hb in a receptor-independent

manner, possibly via macropinocytosis, which is a non-specific internalization of extracellular

fluid (29). Staining of primary murine LSECs with an early endosome marker, EEA1,

revealed many constitutively formed intracellular vesicles of macropinosome size (1-2 μm)

(Fig. 2C and S2A). Fluorescently-labeled Hb was entrapped, though not exclusively, within

such vesicles (Fig. 2C and S2A), and co-localized with high-molecular-weight dextran, a

known macropinocytic cargo (Fig. 2D and S2B) (30, 31). Human primary CD36-high LSECs

likewise displayed numerous macropinosome-like vesicles and efficiently sequestered dextran

(Fig. 2E and F). Consistently, ethyl-isopropyl amiloride (EIPA), a well-established blocker of

macropinocytosis, in contrast to an inhibitor of clathrin-mediated endocytosis, chlorpromazine

(CPZ), abolished Hb uptake in murine primary LSECs (Fig. 2G and S2C) and decreased Hb

scavenging by their human counterparts (Fig. 2H). Likewise, Hb internalization by murine

LSECs was partially dependent on actin remodeling (suppressed by latrunculin A, LAT-A),

and Cdc42 activity (inhibited by ML141), both of which are important for macropinosome

formation (30). Hb uptake also required canonical Wnt signaling via β-catenin (blocked by

PRI-724), a pathway that is active in LSECs (32) and has previously been shown to activate

macropinocytosis (Fig. 2G) (33, 34). Similarly, Hb uptake by human primary LSECs was

suppressed by LAT-A (Fig. 2H). Noteworthy, Hb uptake was not altered by the

micropinocytosis blocker, nystatin (Fig. 2G). Interestingly, close to 100% of LSECs actively

sequestered Hb even at low doses and the capacity for the uptake did not show saturation with

higher cargo presence, implying a receptor-independent entry route (Fig. S2D). However, the

same doses of dextran, a cargo of similar molecular weight, were internalized by LSECs with

far lower efficiency (Fig. S2D). This implied a certain specialization of LSECs towards Hb

scavenging, even though the uptake of dextran by LSECs was likewise abolished by the

macropinocytosis inhibitor EIPA or actin remodeling blocker (Fig. S2E). Confirming the high

macropinocytic capacity of LSECs *in vivo*, we demonstrated their ability for efficient uptake

of fluorescently-labeled albumin, another known macropinocytic cargo (Fig. 2I) (31). Of note,

we observed that the uptake of Hb by primary murine KCs was not affected by the clathrin

endocytosis inhibitor CPZ, and appeared to be dependent on macropinocytosis (Fig. S2F).

Interestingly, the uptake of the Hb:Hp complex by LSECs and KCs was suppressed by both

EIPA and CPZ, implying the involvement of both clathrin-dependent endocytosis and

macropinocytosis routes in this process (Fig. S2G). Taken together, our data identify LSECs

as efficient scavengers of both free and haptoglobin-bound Hb and implicate

macropinocytosis as an important alternative pathway for Hb uptake, which also extends to

KC-mediated Hb scavenging.

LSECs outperform other endothelial and macrophage populations in Hb uptake

Similarly to the liver, sinusoidal endothelial cells are also present in the spleen and bone

marrow (20), organs that perform critical functions in systemic iron metabolism owing to the

presence of CD163^{+} iron-recycling RPMs and erythroblastic island macrophages,

respectively. Therefore, we sought to accurately compare the Hb-scavenging capacity of

endothelial and macrophage populations from the spleen and bone marrow with those of

hepatic LSECs and KCs over a wide range of Hb doses. We used 1 μg of Hb, which is below

the binding capacity of circulating haptoglobin (10-20 μg/ml plasma), an intermediate dose of

10 μg, and 100 μg (injected together with 10 mg of unlabeled Hb), which saturates the

haptoglobin pool and mimics hemolytic conditions. We also injected mice with 1 μg of Hb

bound to haptoglobin. Myeloid cells and ECs from the bone marrow were not capable of

efficient Hb sequestration (Fig. S3A). Strikingly, we observed the extraordinary ability of

LSECs to internalize Hb as compared to the other cell types analyzed as exemplified by the

70-99% of Hb-positive cells depending on the dose (Fig. 3A) and the highest mean intensity

of the Hb signal per cell as compared to KCs, splenic ECs, or RPMs (Fig. 3B, D, F, H). The

scavenging capacity of KCs and splenic ECs gradually increased with the Hb dose (Fig. 3C-

F), whereas RPMs contributed, albeit slightly, to Hb clearance only at the highest dose,

mimicking hemolysis (Fig. 3G and H). Finally, using flow cytometry and whole-organ

imaging, we did not detect Hb accumulation in the aorta, lined by non-sinusoidal ECs (Fig.

S3B and C). In conclusion, our data suggest that LSECs outperform other cell types for Hb

clearance over a wide range of circulating Hb concentrations.

LSECs constitutively express proteins critical for iron recycling from heme

We were intrigued by the fact that LSECs efficiently scavenged low doses of Hb. To further

explore their specialization, we examined data from single-cell RNA sequencing of ECs from

different mouse organs (35). Interestingly, both *Hmox1* [encoding heme oxygenase 1 (HO-1)]

and *Blrvb* (encoding biliverdin reductase b, BLRVB), which are important for heme

catabolism, together with important antioxidant enzymes such as *Gclc*, *Gpx4,* and *Nqo1*, were

identified by Kalucka et al. (35) as metabolic markers exclusively specific for liver EC. Using

the EC Atlas, we visualized the expression levels of *Hmox1* and *Blvrb,* as well as *Slc40a1*, the

gene encoding the iron exporter FPN, and found a clear signature for the high expression of

these transcripts in liver ECs compared to other organs (Fig. S4A). Consistently, by

employing dedicated single-cell RNA-seq databases we observed high expression levels of

Slc40a1, *Hmox1* and *Hmox2* in pig liver ECs and *Slc40a1* in human LSECs (Fig. S4B and C)

(28, 36). Following up on these transcriptomic signatures, we detected protein expression of

FPN and HO-1 in mouse liver sections (Fig. 4A) and primary murine LSECs (Fig. 4B). Flow

cytometry confirmed clear expression of cell-surface FPN on LSECs, reaching approximately

40% of cells, albeit at lower levels compared to KCs (Fig. 4C). Furthermore, close to 100% of

LSECs were positive for HO-1, although the expression levels appeared lower than those in

KCs (Fig. 4D). Next, to obtain comprehensive information on LSEC adaptation to Hb

clearance, we performed label-free proteomic profiling of FACS-sorted LSECs in comparison

with iron recycling macrophages (RPMs and KCs) and splenic and heart ECs. This analysis

identified 418 protein groups that were significantly more abundant in LSECs than in splenic

and cardiac ECs (Fig. 4E, Table S1). In addition to well-established LSEC markers (STAB1,

STAB2, CD206), intriguingly, these included L and H ferritin, HO-1 and BLVRB, heme

binding protein HEBP1, and enzymes involved in the antioxidant response (e.g., NQO1,

GCLC or PRDX1). Interestingly, the hits also included several known macropinocytosis

effectors, such as Rabankirin-5, ATP6V0A1, RAB5, or septin 2 (37-40), and several putative

players identified by previous RNAi screens (38) (Table S1). This proteomic signature of

LSEC, implying their active steady-state involvement in Hb uptake and iron recycling from

heme, was consistent with their relatively high labile iron levels compared to other ECs (Fig.

4F). FPN was robustly induced in LSECs under conditions of systemic iron deficiency,

mimicking the response observed in KCs (Fig. 4G), suggesting a tight control of LSECs' FPN

by circulating hepcidin. Confirming the iron export function of LSEC FPN, we detected a

significant increase in labile iron in LSECs in response to mini-hepcidin PR73 injection, a

response that was even more pronounced than in KCs (Fig. 4H) (41). Collectively, these data

indicate that LSECs are equipped with protein machinery that drives iron recycling from

heme, suggesting their role in steady-state iron turnover.

LSECs and KCs support iron recycling by removing hemolysis products from the spleen

Next, we sought to understand how LSECs may be involved in physiological iron recycling.

The hemolysis-driven iron recycling model proposed by Klei et al. implied but did not

formally demonstrate that RPMs likely sequester spleen-derived Hb via highly expressed

CD163 (5). However, CD163 knock-out mice did not show major differences in systemic and

splenic iron parameters (Fig. S5). Inspired by the high capacity of LSECs for Hb scavenging, we hypothesized that hepatic cells may play a role in the clearance of splenic hemolytic products delivered via portal circulation. Therefore, we extended previous studies by quantifying the contributions of splenic and hepatic myeloid and endothelial cells to the uptake of intact RBCs, RBCs devoid of cytoplasm (RBC ghosts), and free Hb. To this end, we injected mice with temperature-stressed RBCs, derived from Ubi-GFP transgenic mice and stained with the membrane label PKH26 (Fig. 5A and B). This approach revealed that RPMs outperformed other splenic cell types, F4/80^{high} CD11b^{high} pre-RPMs, CD11c$^+$ dendritic cells (DCs), monocytes, and splenic ECs in the sequestration of PKH26$^+$GFP$^+$ intact RBCs. An equal percentage of RPMs (approximately 30% of the population) was effective in removing PKH26$^+$GFP$^-$ RBC ghosts, a function that was efficiently supported by splenic pre-RPMs and, to a lesser extent, by DCs, monocytes, or ECs. Interestingly, we found that in the liver phagocytosis of intact RBCs by KCs was less efficient than the uptake of RBC ghosts (Fig. 5B). No erythrophagocytosis of intact RBCs was detected in hepatic DCs and LSECs, but they showed some capacity for the sequestration of RBC membranes, albeit lower than that of KCs. Independently, injection of fluorescently labeled RBC ghosts along with free Hb confirmed that KCs and LSECs, rather than RPMs or splenic ECs, respectively, are specialized in the clearance of these two major hemolysis products (Fig. 5C and D). Corroborating these data, we detected an increase in heme levels in the portal vein plasma and we identified hemoglobin α (HBA) and β (HBB) chains as top proteins upregulated in LSECs at the proteome-wide level after injection of stressed RBCs compared to control PBS-injected mice (Fig. 5E and F, Table S2). Interestingly, among the five proteins that were significantly increased along with HBA and HBB in LSECs following RBC transfusion, we detected two dehydrogenases ALDH1A1 and ALDH1L1 (Fig. 5F), the former with established roles in the detoxification of aldehydes formed by lipid peroxidation (42).

Next, we sought to determine whether the ability of LSECs to sequester Hb could be

modulated by the altered capacity of splenic RPMs to fully execute erythrophagocytosis.

First, we observed that LSECs were more effective at Hb uptake in response to macrophage

depletion after clodronate injection (Fig. 5G). Second, we took advantage of the physiological

difference in iron parameters between the BALB/c and C57BL/6J (BL/6J) mice. We observed

a lower erythrophagocytic capacity of RPMs from BALB/c mice compared to BL/6J mice

(Fig. 5H), which was likely underlain by higher iron levels and reduced RPM FPN expression

(Fig. S6A and B), as previously reported (25). This led to heme accumulation in the

extracellular space of the spleen and portal plasma (Fig. 5I, S6C and S6D). This phenotype

was coupled with elevated levels of labile iron and higher FPN expression in the LSECs of

BALB/c mice (Fig. 5J and K), indicating their enhanced activity in iron recycling from Hb.

Taken together, our findings support the physiological role of LSECs in the sequestration of

endogenous spleen-derived Hb, thereby establishing a spleen-liver axis for effective iron

recycling from senescent RBCs.

LSECs detoxify hemoglobin upon hemolysis and trigger the iron-sensing BMP6

angiokine

We next investigated the response of LSECs to hemolytic conditions. To this end, we first

injected mice with 10 mg of mouse Hb (equivalent to the RBC fraction in approximately 100

µl of blood) in a time-dependent manner. We detected a significant increase in heme iron

content in the liver at the early time point which was normalized by the 24-hour endpoint

(Fig. 6A). Consistently, we observed a transient increase in iron levels in the liver, but not in

the spleen (Fig. 6B and S7A). Notably, the kidney also accumulated iron that could not be

mobilized and remained elevated throughout the experiment (Fig. S7B). Hemoglobin

clearance in the liver resulted in a strong transcriptional induction of the heme catabolizing

enzyme *Hmox1*, a response that could be attributed specifically to LSECs (Fig. 6C and D).

The rapid induction of *Hmox1* in LSECs upon intravenous Hb delivery was phenocopied by

injecting the mice with the hemolytic agent phenylhydrazine (PHZ), which far exceeded the

response of KCs, splenic cells, and the aorta (Fig. 6E and F). PHZ also caused significant,

albeit mild, iron accumulation in the liver (Fig. 6G), but not in other organs (Fig. S7C and D).

Hemoglobin challenge rapidly increased the hepatic expression of the iron-sensing gene

Bmp6, attributable to FACS-sorted LSECs, accompanied by transient upregulation of the

BMP target gene hepcidin (*Hamp*) in the liver (Fig. 7A-C). As expected, induction of the

BMP6-hepcidin axis caused serum hypoferremia at the 15-h time-point which normalized

after 24 h (Fig. 7D), reflecting the changes in liver iron content (Fig. 6B). PHZ-induced

hemolysis likewise led to the activation of *Bmp6* transcription in sorted LSECs (Fig. 7E).

Finally, we aimed to determine whether LSECs induce a specific response when exposed to

Hb compared with non-heme iron. To this end, we performed RNA sequencing to assess

global gene expression signatures upon injection of 10 mg of Hb and compared these to a

previously reported response to a quantitatively matched dose of iron citrate (43). Both

stimuli induced *Bmp6* at very comparable levels, and triggered an ETS1-controlled

transcriptional program, as previously reported for iron citrate response (43) (Fig. S8).

However, the two iron sources elicited different responses of LSECs at the transcriptome-

wide level (Fig. 7F). While only 64 genes, mainly attributable to the response to oxidative

stress and iron were co-induced by Hb and iron citrate, as many as 372 and 202 genes

increased their expression specifically upon Hb and iron citrate injection, respectively (Fig.

7F). These differences were reflected by a distinct functional enrichment within the Hb- and

iron-induced transcriptional signature (Fig. 7G). Interestingly, Hb-exposed LSECs

specifically induced genes associated with immune and inflammatory responses, such as the

phagocyte marker *Cd68*, the chemokines *Ccl24*, *Ccl6,* and *Ccl9*, and importantly, *Il18*, a

cytokine implicated in the pathogenesis of hemolytic sickle cell disease (44). Furthermore, Hb

ingestion activated gene expression signatures associated with phagocytosis, the PI3K-Akt

pathway, growth factor activity, and intracellular signaling, enriched categories with several

links to actin remodeling and, in some cases, directly to macropinocytosis. Indeed, several

genes induced by Hb, such as the receptors *Axl, Csf1r,* and *Met*, the growth factors *Hgf* and

Pdgfa, and the actin cytoskeleton-interacting factors *Evl* and *Coro1a* are known to play a role

in the regulation and/or execution of macropinocytosis (30, 45-47).

Collectively, these findings support the role of LSECs in Hb clearance and demonstrate their

high capacity to trigger the iron-sensing *Bmp6* angiokine in response to excessive Hb, along

with specific pro-inflammatory markers and factors associated with actin remodeling.

Discussion

Recent advances have revealed the critical role of specialized hepatic sinusoidal endothelium

in maintaining systemic and liver homeostasis. The scavenging activity of LSECs is essential

for the hepatic clearance of biological macromolecules, such as denatured collagen,

glycans/glycation end products, modified low-density lipoproteins, small immune complexes,

lipopolysaccharides and viruses (20, 21, 27, 48, 49). In addition, LSECs regulate the vascular

tone in the liver, balance the tolerogenic immune milieu with the onset of immune responses,

ensure physiological zonation of hepatic immune cells (49, 50), and control iron balance by

producing the angiokines BMP2 and BMP6 (22, 23). Our study identified the novel

homeostatic role of LSECs in the clearance of free Hb, an activity in which their scavenging

and iron-regulatory functions converge.

The clearance functions of LSECs have been attributed to their extraordinary endocytic

activity and surface expression of scavenger receptors (20). We discovered that LSECs have a

remarkable and constitutive capacity for macropinocytosis, similar to that of macrophages,

which use this pathway for antigen presentation, and in contrast to the inducible

macropinocytosis of cancer cells, which is critical for nutrient acquisition (29, 31). We

showed that this capability distinguishes LSECs from ECs of other organs, thus significantly

expanding the scarce knowledge on the macropinocytic activity of ECs (51) and assigning

physiological significance to early observations that LSECs can engage macropinocytosis for

antigen capture (52). We propose that the macropinocytosis of LSECs likely contributes to

their scavenging function. While this possibility merits future studies, macropinocytosis has

recently been identified as a major driver of LDL uptake by macrophages, leading to foam

cell formation in atherosclerosis (53). Hence, our findings aid in shifting the paradigm from

the sole role of scavenger receptor-mediated endocytosis in the clearance of blood-borne

macromolecules, emphasizing the importance of macropinocytic uptake. Further studies are

required to elucidate the mechanisms by which β-catenin signaling supports macropinocytosis

of LSECs and whether its pharmacological blockade impairs liver clearance functions.

Finally, our data also demonstrated that the macropinocytic activity of KCs supports their

uptake of both free Hb and Hb complexed with Hp, broadening the significance of this route

in Hb clearance.

Our study employed *in vivo* approaches to verify the role of macrophages in Hb uptake and

revealed that LSECs qualitatively and quantitatively outcompete CD163-expressing KCs and

RPMs in this task. These provocative findings may be explained by the fact that the role of

CD163 in Hb uptake has been mainly investigated by its ectopic expression in non-

macrophage cells and by using polyclonal anti-CD163 blocking antibodies in cultured

macrophages (9, 11, 54). Our study does not exclude the contribution of iron-recycling

macrophages to Hb uptake under hemolytic conditions, nor does it imply that other

tissues/endothelial cells are unaffected by prolonged and pathological exposure to free Hb and

heme (55). The extent to which LSEC-mediated Hb uptake protects other organs in hemolytic

disorders, such as sickle cell disease or thalassemia, and whether and how LSEC functions are

impaired under such conditions, remains to be determined. It is noteworthy that CD163-

expressing macrophages play important anti-inflammatory roles, such as in the tumor

microenvironment or arthritis, but these tissue-specific roles do not appear to be related to Hb

clearance (56-58).

Most importantly, our study defined and quantified the individual contributions of splenic and

hepatic cell types to physiological iron recycling. Consistent with previous studies (3, 4), we

provide evidence that RPMs are efficient at phagocytosis of intact stressed RBCs, whereas the

liver is the site of scavenging steady-state hemolytic products. KCs were efficient in the

uptake of RBC ghosts and outperformed RPMs in Hb uptake. LSECs, owing to their

anatomical location, exceptional macropinocytic activity, and expression of iron-recycling

proteins, have emerged as a novel cell type involved in the maintenance of iron homeostasis,

specialized for the removal of spleen-derived Hb. Consistent with this newly proposed role of

LSECs, endothelial-specific FPN knock-out mice have been reported to exhibit marked iron

deficiency, anemia, and iron loading in liver NPCs (59). Further studies using cell-type

specific genetic deletions of proteins involved in iron recycling are crucial to quantify the

exact contribution of RPMs, KCs, and LSECs to the circulating plasma iron pool and thus

assess their relative involvement in iron recycling from RBCs.

Authorship Contributions

KMS, GZ, TPR, ZS, and MMia conceived and planned the experiments; ZS, GZ, AJ, PS, RM,

MC, IR, KJ, and MMo performed research; GZ, ZS, AJ, PS, RM, MC, MK, RS analyzed

data; GZ, ZS, AJ, PS, RM, MC, KJ, KMS, MMik, visualized data; AE provided CD163 KO

mice, DS and GD isolated and provided primary human NPCs; MMik and RS curated data;

KMS, TPR supervised the study; TPR, AJ, MMia and AE edited the manuscript; KMS, GZ,

ZS wrote the manuscript.

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Figure Legends

Figure 1. LSECs represent the major cell type that sequesters Hb.
(A) Hemoglobin (Hb) distribution in control and macrophage-depleted mice (clodronate) injected with
Alexa Fluor 750-labeled Hb (Hb-AF750, 10 µg/mouse), imaged with Bruker *in vivo* Imaging System.
Results are presented as total fluorescent counts from the isolated organs. (B) AF750 fluorescence
from indicated liver cell populations isolated from Hb-AF750-injected mice was analyzed with flow
cytometry. (C) Frozen liver slices from mice injected with Hb-AF647 (red) were processed and
stained for Kupffer cells (KCs) (F4/80, green) or LSECs (CD146, green) and nuclei (blue). (D) Murine
liver primary non-parenchymal cells (NPCs) were treated *in vitro* with Hb-AF750 (red) (0.5 µg/ml)
and stained for F4/80 (blue) and the LSEC marker STAB2 (green). (C, D) Areas in the highlighted
rectangles are shown at 5x higher magnification. (E) Flow cytometric analysis of human freshly
isolated primary NPCs, exposed in culture to human Hb-AF647 and stained with the human LSEC

markers CD36 and CD32B. The intensity of Hb-A647 uptake was measured in two LSEC

subpopulations, more pure CD36^{hi}CD32B^{hi} and CD36^{mid}CD32B^{mid}, as compared to other NPCs

CD36^{neg}CD32B^{neg}. Numbers indicate MFI. Data are representative of three independent donors of

human NPCs. (F) Hb-AF647 (green) uptake was imaged in freshly isolated human liver NPCs stained

for the LSEC markers CD36 and CD32B (orange). (C, D, F) Arrows indicate Hb presence in LSECs;

Scale bars, 20 μm. Numerical data are expressed as mean ± SEM, each data point represents one

biological replicate. Two-way ANOVA with Tukey's Multiple Comparison tests was used in A, and

Welch's unpaired t-test was used to determine statistical significance in B; ns - not significant,

**p<0.01 and ****p<0.0001.

Figure 2. LSECs engage macropinocytosis to sequester Hb.

(A) Cell-surface expression of the CD163 receptor on LSECs and KCs was measured by flow

cytometry and presented as fluorescence intensity. (B) Uptake of free Hb and Hb in the presence of

haptoglobin (Hp, Hb:Hp) in primary murine LSEC cultures was measured with flow cytometry. (C)

Hb-AF647 vesicle localization was imaged with microscopy in NPCs *in vitro* cultures depleted from

macrophages. Arrows indicate Hb-AF647 (blue) presence in the EEA1^{+} (green) and Actin^{+} (white)

vesicles. Areas in the highlighted rectangles are shown at higher 5x magnification (left corner). Scale

bars, 20 μm. (D) Co-localization of Hb-AF647 (red) with rhodamine-dextran (green) was imaged with

microscopy in STAB2^{+} LSECs (white). Arrow indicates colocalization of Hb and rhodamine-dextran.

The area in the highlighted rectangle is shown at higher 5x magnification in separate channels below.

Scale bar, 20 μm. EEA1^{+} vesicles (E) and FITC-dextran uptake (blue) (F) were imaged with

microscopy in human NPCs cultures stained with the LSEC marker CD36. (G) NPCs were pre-treated

with the clathrin-mediated endocytosis inhibitor chlorpromazine (CPZ), the macropinocytosis blocker

EIPA, actin polymerization blocker latrunculin A (LAT-A), inhibitor of Cdc42 GTPase ML141, β-

catenin inhibitor PRI-724 and with micropinocytosis blocker nystatin before Hb-AF750 treatment for

10 min. Flow cytometry was used to determine Hb uptake by the LSECs. (H) Flow cytometric analysis

of CD36^{hi}CD32B^{hi} and CD36^{mid}CD32B^{mid} human primary LSECs, treated with Hb-AF647 and

exposed to EIPA, LAT-1 and CPZ. Numbers indicate MFI. Data are representative of three

independent donors of human NPCs. (I) Mice were injected for 1 h with Hb-AF750 or albumin-

AF750, both at 10 μg/mouse. The fluorescence intensity of AF750, the percentage of AF750^{+} LSECs

and KCs populations were measured with flow cytometry. (C- F) Scale bars, 20 μm. Numerical data

are expressed as mean ± SEM, each data point represents one biological replicate. Welch's unpaired t-

test was used to determine statistical significance in A and G for nystatin, two-way ANOVA with

Tukey's Multiple Comparison tests was used in I; while one-way ANOVA with Tukey's Multiple

Comparison tests was used in B and G. ns - not significant; *p<0.05, **p<0.01, ***p<0.001 and

****p<0.0001.

Figure 3. LSECs outperform other endothelial populations and macrophages in Hb uptake.

Percentage of Hb-AF750 uptake by mouse (A) LSECs, (C) KCs, (E) splenic endothelial cells (ECs), and (G) RPMs. Fluorescence intensity of Hb-AF750 in (B) LSECs, (D) KCs, (F) splenic ECs, and (H) RPMs. Both parameters were analyzed with flow cytometry. Data are expressed as mean ± SEM and each data point represents one biological replicate. One-way ANOVA with Tukey's Multiple Comparison tests was used to determine statistical significance; ns - not significant, $*p<0.05$, $**p<0.01$, $***p<0.001$ and $****p<0.0001$

Figure 4. LSECs constitutively express proteins critical for iron recycling and macropinocytosis.

(A) Frozen mouse liver slices were processed and stained for FPN and HO-1 (white) in KCs (F4/80, green) or LSECs (CD146, orange). (B) FPN and HO-1 presence in F4/80$^+$ (white) KCs and CD31+ endothelial cells (green) imaged by microscopy in murine NPC *in vitro* cultures. (A, B) Nuclei (blue), scale bars, 20 μm. Arrows indicate ECs positive for FPN or HO-1. (C) Flow cytometry analysis of FPN expression in LSECs and KCs. (D) Flow cytometry analysis of HO-1 expression in LSECs and KCs. (E) Shown are selected proteins statistically significantly ($p<0.01$) more abundant in mouse FACS-sorted LSECs than in spleen and heart endothelial cells (ECs). Log2 fold change (from 3 independent cell isolates) in protein abundance in LSECs versus indicated cell type is presented. Individual label-free quantification values of protein abundance and calculated p-values are included as Data Supplements. (F) Cytosolic ferrous iron (Fe^{2+}) content in endothelial cells was measured with a FerroOrange probe. (G) Flow cytometry analysis of FPN expression in LSEC and KCs isolated from mice maintained on balanced or iron-deficient diets. (H) Cytosolic ferrous iron (Fe^{2+}) content was measured with a FerroOrange probe in LSECs and KCs derived from mice injected with mini-hepcidin (PR73). Numerical data are expressed as mean ±SEM and each data point represents one biological replicate. Welch's unpaired t-test was used to determine statistical significance in C, D, G, and H; one-way ANOVA with Tukey's Multiple Comparison tests was used in F; ns - not significant, $*p<0.05$, $**p<0.01$, $***p<0.001$ and $****p<0.0001$.

Figure 5. LSECs and KCs support iron recycling by removing hemolysis products from the spleen.

(A-D) Mice were administered i.v. with (A-B) stressed GFP$^+$ RBCs stained with a membrane marker PKH26 or (C-D) Hb-AF750 and PKH26$^+$ RBCs devoid of cytoplasm (RBC ghosts). Splenic and liver cells were isolated, stained, and analyzed by flow cytometry. (A) The percentage of cells positive for markers of intact RBCs (PKH26$^+$GFP$^+$) and RBC ghosts (PKH26$^+$GFP$^-$) in splenic RPMs, pre-RPMs, dendritic cells (DCs), monocytes, and endothelial cells (ECs). (B) The percentage of PKH26$^+$GFP$^+$ and PKH26$^+$GFP$^-$ cells in liver KCs, dendritic cells (DCs), and LSECs. (C-D) The percentage of cells positive for Hb (AF750) and RBC ghosts. (E) Heme levels from the portal vein plasma of control mice and mice transfused with temperature-stressed RBCs, measured by Heme Assay Kit. (F) Volcano plot

illustrating the changes in the proteome of FACS-sorted LSECs 90 min after i.v. transfusion of
stressed RBCs. Proteins significantly upregulated are marked in red. (G) Hb-AF750 uptake by LSECs
derived from control and macrophage-depleted mice (Clodro). (H-K) BALB/c and C57BL/6J (BL/6J)
mice phenotype comparison. (H) The capacity of endogenous erythrophagocytosis was assessed by
intracellular staining of the erythrocytic marker (Ter-119) in RPMs. (I) Heme levels in the portal vein
were measured with Heme Assay Kit. (J) Cytosolic ferrous iron (Fe^{2+}) levels in LSECs were measured
with a FerroOrange probe. (K) FPN levels in LSECs measured by flow cytometry. Data are expressed
as mean ± SEM and each data point represents one biological replicate. Welch's unpaired t-test was
used to determine statistical significance in E, G-K; while two-way ANOVA with Tukey's Multiple
Comparison tests was used in A, B, C, and D; ns - not significant, *p<0.05, **p<0.01, ***p<0.001 and
****p<0.0001.

Figure 6. LSECs detoxify hemoglobin upon hemolysis.
(A-D) Mice were injected with native hemoglobin (Hb, 10 mg/mouse) and analyzed at indicated time
points. (A) Heme iron levels in the liver were determined with Heme Assy Kit and normalized to
protein content. (B) Non-heme iron content in the liver was measured by bathophenanthroline
colorimetric assay. (C and D) *Hmox1* gene expression measurement by RT-PCR in (C) the liver and
(D) FACS-sorted KC and LSEC populations. (E-G) Hemolysis was induced in mice by i.p. injection
of phenylhydrazine (PHZ, 0.125 mg/g) 6 h before analysis. *Hmox1* gene expression in (E) FACS-
sorted cell populations of KCs and LSECs, and (F) spleen and aorta. (G) Non-heme iron content in the
liver. Data are expressed as mean ± SEM and each data point represents one biological replicate. One-
way ANOVA with Tukey's Multiple Comparison tests was used in A-C, and separately for KCs and
LSECs in D, while Welch's unpaired t-test was used to determine statistical significance in E-G,
separately for each cell type/organ; ns - not significant, *p<0.05, **p<0.01, ***p<0.001 and
****p<0.0001.

Figure 7. LSECs trigger the iron-sensing BMP6 angiokine upon hemolysis.
(A-D) Mice were injected with native hemoglobin (Hb, 10 mg/mouse) and analyzed at indicated time
points. (A, B) *Bmp6* and (C) *Hamp* gene expression measured by RT-qPCR in whole livers or FACS-
sorted LSECs, as indicated. (D) Plasma iron levels were determined by transferrin saturation
measurements. (E) *Bmp6* expression in FACS-sorted LSECs in mice injected with (PHZ, 0.125 mg/g,
6 h). (F-G) Mice were injected with Hb (10 mg) or Ferric citrate (FeCit, 150 µg) for 5 h. (F) A volcano
plot of differentially regulated genes identified by the RNA-seq transcriptomic analysis in FACS-
sorted LSECs. The green color indicates negatively, and the red color positively-regulated genes.
Venn diagram shows genes regulated by Hb and FeCit. (G) functional enrichment among genes
induced by Hb or FeCit. The x-axis represents the fold of enrichment. The y-axis represents GO terms

of biological processes (BP), Kyoto Encyclopedia of Genes and Genomes terms (KEGG), and GO

terms of molecular function (MF). The size of the dot represents the number of genes under a specific

term. The color of the dots represents the adjusted P-value. Data are expressed as mean ± SEM and

each data point represents one biological replicate. One-way ANOVA with Tukey's Multiple

Comparison tests was used in A-D, while Welch's unpaired t-test was used to determine statistical

significance in E; ns - not significant, $*p<0.05$, $***p<0.001$ and $****p<0.0001$.

Figure 1

Figure 2

Figure 3

Figure 4

Figure 5

Figure 6

Figure 7