

1 **Partial resistance to thyroid hormone-induced tachycardia and cardiac hypertrophy in mice**
2 **lacking thyroid hormone receptor β**

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22 **Running Title:** TR β in heart function regulation

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25 **Key Words:** thyroid hormone, heart, thyroid hormone receptor β , heart rate, tachycardia,
26 hypertrophy

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28 **Abstract**

29 *Background:* Thyroid hormones regulate cardiac functions mainly via direct actions in the
30 heart and binding to the thyroid hormone receptor (TR) isoforms $\alpha 1$ and β . While the role of
31 the most abundantly expressed isoform, TR $\alpha 1$, is widely studied and well characterized, the
32 role of TR β in regulating heart functions is still poorly understood, primarily due to the
33 accompanying elevation of circulating thyroid hormone in mice lacking TR β (TR β -KO).
34 However, their hyperthyroidism is ameliorated at thermoneutrality, which allows studying the
35 role of TR β without this confounding factor.

36 *Methods:* Here we non-invasively monitored heart rate in TR β -KO mice over several days using
37 radiotelemetry at different housing temperatures (22°C and 30°C), and upon T3
38 administration in comparison to wildtype animals.

39 *Results:* TR β -KO mice displayed normal average heart rate at both 22°C and 30°C with only
40 minor changes in heart rate frequency distribution, which was confirmed by independent
41 electrocardiogram recordings in freely-moving conscious mice. Parasympathetic nerve
42 activity was, however, impaired in TR β -KO mice at 22°C, and only partly rescued at 30°C. As
43 expected, oral treatment with pharmacological doses of T3 at 30°C led to tachycardia in
44 wildtypes, accompanied by broader heart rate frequency distribution and increased heart
45 weight, while TR β -KO mice showed blunted tachycardia, as well as resistance to changes in
46 heart rate frequency distribution and heart weight. At the molecular level, these observations
47 were paralleled by a blunted cardiac mRNA induction of several important genes, including
48 the pacemaker channels *Hcn2* and *Hcn4*, as well as *Kcna7*.

49 *Conclusions:* The phenotyping of TR β -KO mice conducted at thermoneutrality allows novel
50 insights on the role of TR β in cardiac functions in absence of the usual confounding
51 hyperthyroidism. Even though TR β is expressed at lower levels than TR $\alpha 1$ in the heart, our
52 findings demonstrate an important role for this isoform in the cardiac response to thyroid
53 hormones.

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60 Introduction

61 It has been long recognized that thyroid hormones (THs) tightly control cardiac activity, with
62 tachycardia as one of the typical hallmarks of hyperthyroidism, and bradycardia observed in
63 hypothyroidism (1, 2). THs, and specifically the active hormone 3,3',5-triiodothyronine (T3),
64 primarily act through regulating gene expression by the two nuclear receptors TR α 1 and TR β ,
65 which show a different pattern of expression throughout the body. For the heart, recent gene
66 expression studies suggest that TR α 1 is the major isoform; however, TR β also accounts for
67 ~30% of the total ligand-binding isoforms in the sinoatrial pacemaker cells and heart ventricles
68 (3-5). Consequently, a number of studies have conclusively shown that mice carrying a
69 mutation or deletion of TR α 1 are bradycardic despite relatively normal circulating levels of
70 THs (6-13). The role of TR β in heart functions on the other hand is more controversial, as the
71 knockout of TR β leads to a hyperthyroid phenotype as a consequence of the disrupted
72 negative feedback loop of the hypothalamus-pituitary-thyroid (HPT) axis - a confounding
73 factor which renders the understanding of TR β 's role in cardiac functions more difficult.
74 Therefore, a number of studies observed a modest increase by 6-11% in heart rate in TR β -KO
75 mice, which is likely attributed to the elevated circulating THs levels and their action on the
76 intact TR α 1 (7, 9, 14). Interestingly, however, previous research reported an increase in heart
77 rate of TR α 1-KO mice upon T3, indicating that TR β might also play an important role in the
78 regulation of cardiac functions (12, 13).

79 In addition to the endocrine regulation, heart rate is also regulated by the autonomic
80 nervous system (ANS), with the sympathetic branch increasing heart rate and the
81 parasympathetic branch decreasing it (15). One major factor that greatly affects autonomic
82 activity in both humans and rodents is the ambient temperature. In mice, it has been shown
83 that the usual housing at room temperature (20-22°C) causes sympathetic activation with
84 permanently elevated heart rate, and that even small changes in housing temperature (e.g.
85 due to high housing density) can significantly affect heart rate in mice (16-19). Therefore, the
86 conclusions from previous studies in rodents may have overestimated any cardiac phenotype
87 due to the constant cold stress in animals housed at room temperature. To circumvent this
88 issue, mice can be housed at thermoneutrality, a condition that is considered more
89 translationally relevant (20-22). Even more importantly, as we have previously shown that
90 housing at thermoneutrality strongly reduces the hyperthyroidism in TR β -KO mice (23), this
91 condition can eliminate confounding factors, thus allowing us to better study the role of TR β
92 in cardiac regulation.

93 In this study, we employed well-established radiotelemetry in conscious and freely
94 moving TR β -KO mice to long-term monitor heart rate and locomotor activity at room
95 temperature (22°C) as well as at thermoneutrality (30°C). Furthermore, to better dissect the
96 contribution of the sympathetic and parasympathetic nervous system in modulating cardiac
97 activity, TR β -KO mice were subjected to pharmacological denervation. Additionally, to
98 conclusively clarify the role of the β isoform in thyroid hormone-induced tachycardia and
99 cardiac hypertrophy, heart rate and weight were measured without and upon oral T3
100 treatment. Finally, the expression levels of several cardiac function-related markers (involved
101 in pacemaking, repolarization and calcium handling) were quantified by quantitative real-time
102 PCR following oral T3 treatment.

103

104

105 **Materials and Methods**

106 *Animals Husbandry*

107 Male TR β -KO mice (24, 25) and control wildtypes were bred on the C57Bl/6NCrI background
108 in the Gemeinsame Tierhaltung (GTH) of the University of Lübeck. Immediately after
109 radiotelemetry transmitter implantation, animals were single housed in wire-topped, plastic
110 cages (Techniplast, Italy) in a 12-hour light/dark cycle (lights on at 6:00 am), temperature-
111 controlled (22 and 30 \pm 1°C) air flow cabinet with *ad libitum* access to water and food (#1314,
112 Altromin, Germany). Mice were ~5-month old at experiments' commencement. All animal
113 experiments were carried out according to EU guideline regulations (210/63/EU) and
114 approved by the MEKUN Schleswig-Holstein (Germany).

115

116 *In vivo Electrocardiogram*

117 *In vivo* electrocardiograms (ECG) were recorded and analyzed using ECGenie system (Mouse
118 Specifics, Inc., MA, USA). Mice were acclimated to an electrode-fitted platform (7 \times 7.5 \times 27
119 cm) for at least 10 minutes prior to data collection. On average, a number of 207 complexes
120 per animal were analyzed.

121

122 *In vivo Radiotelemetry Recording*

123 Implantable radio transmitters (Mini-Mitter Respirationics, Bend, OR, USA) were used to
124 determine heart rate and locomotor activity in conscious, undisturbed freely moving mice.
125 Radio transmitters were implanted as described previously (11, 26-28) and animals recovered
126 for 7 days prior to recording. Parameters were recorded every 30 s. For the long-term
127 monitoring of heart rate and locomotor activity, samples were analyzed by calculating the 6-
128 h average. To study the effect of housing temperatures and T3 on heart rate frequency
129 distribution, the data were split into 20-bpm frequency bins and analyzed.

130

131 *Pharmacological Denervation*

132 To study autonomic input and dissect sympathetic and parasympathetic contributions for
133 control of heart rate, mice were intraperitoneally injected first with saline and, 45 minutes
134 later, with scopolamine methyl bromide (0.1 mg/kg body weight; #S8502, Sigma-Aldrich,

135 Germany) to block muscarinic receptors (PSNS). Finally, 45 minutes later, mice were injected
136 with timolol maleate (1 mg/kg body weight; #T6394, Sigma-Aldrich, Germany) to block β -
137 adrenergic receptors (SNS). Heart rate was constantly recorded through radiotelemetry.
138 Pharmacological denervation experiments were conducted in the first half of inactive light
139 phase. The median of each 45-min intervals and the differences in bpm were then calculated
140 off-line (Δ PSNS: median [scopolamine] - median [saline]; Δ SNS: median [timolol] - median
141 [scopolamine]). The intrinsic heart rate in bpm was recorded upon full receptors block (i.e. 45
142 minutes after timolol maleate administration).

143

144 *Pharmacological Treatment with Oral T3*

145 Hyperthyroidism was induced at a housing temperature of $30 \pm 1^\circ\text{C}$ by treating the mice with
146 0.5 mg/L 3,3',5-Triiodo-L-thyronine (#T6397, Sigma Aldrich, Germany) in 0.01% BSA and tap
147 water for 12 days. Mice were provided every two days with freshly diluted solution and the
148 water intake was monitored. Average daily dose of T3 was $\sim 5\mu\text{g}/30\text{g}$ of BW, which was
149 previously shown to result in a ~ 6 - to 8-fold elevation in serum T3 and suppression in serum
150 T4 (6, 29).

151

152 *Sacrifice, Organ Harvesting and RT-qPCR*

153 Mice were euthanized using carbondioxide or isoflurane in combination with cervical
154 dislocation. The hearts were quickly harvested, weighed, deep frozen in liquid nitrogen and
155 stored at -80°C . Gene expression was performed as described previously (26, 30). The mRNA
156 levels of target genes were normalized to those of *Cyclophilin D* and expressed in percentages
157 to the wildtypes at 30°C . Sequences of gene-specific primers are provided in Supplementary
158 Table S1.

159

160 *T3/T4 ELISA*

161 After sampling, blood was centrifuged (1000 rpm for 10 minutes at 4°C) to obtain serum for
162 subsequent total T3 (DNOV053; NovaTec Immundiagnostica GmbH, Germany) and T4 (EIA-
163 1781; DRG Instruments GmbH, Germany) levels determination by following manufacturer's
164 instructions.

165 *Re-analysis of Tabula muris senis single-cell data*

166 Fully processed and annotated FACS single-cell data for mouse heart were downloaded from
167 Figshare (<https://figshare.com/ndownloader/files/23872838>) and a dot plot was generated
168 for selected genes using scanpy (v1.9.3; (31)).

169

170 *Statistical Analysis*

171 All statistical analyses were performed using Excel (2016/2010/365, Version 2303) and
172 GraphPad Prism 9.0 (GraphPad Software, US). Locomotor activity and heart rate were
173 analyzed using two-way repeated measure (RM) analysis of variance (ANOVA) with genotype
174 as between-subjects factor and time as within-subject factor or using unpaired Student's *t*-
175 test. Heart rate frequency distribution was analyzed using two-way RM-ANOVA with genotype
176 as between-subjects factor and frequency bin as within-subject factor. Kurtosis and Skewness
177 were analyzed using two-way RM-ANOVA with genotype as between-subjects factor and
178 temperature as within-subject factor. Pharmacological denervation, intrinsic heart rate and
179 ECG parameters were analyzed using unpaired Student's *t*-test. The effect of T3 treatment
180 was analyzed using two-way RM-ANOVA with genotype as between-subjects factor and time
181 as within-subject factor. Normalized heart weight and gene expression were analyzed using
182 two-way ANOVA with genotype and treatment as between-subjects. Total T3 and T4 serum
183 levels were analyzed using either two-way ANOVA with genotype and temperature as
184 between-subjects or unpaired Student's *t*-test. *Post hoc* analysis was performed by using
185 Sidak's test. All data are expressed as mean \pm standard error of the mean (SEM) and
186 differences were considered statistically different at $p < 0.05$. Further details can be found in
187 Supplementary Table S2.

188

189 Results

190 To gain more insights into the role of TR β in the regulation of heart rate, the animals
191 were non-invasively monitored using radiotelemetry at room temperature (22°C) and,
192 subsequently, at thermoneutrality (30°C). Heart rate was not different between TR β -KO and
193 wildtype mice at neither temperature (Fig. 1A and B). As expected, a general reduction of
194 heart rate by thermoneutrality was observed in both groups, indicating the shift from
195 predominantly SNS to more PSNS control at 30°C. At 22°C, overall locomotor activity was
196 reduced in TR β -KO as compared with wildtype mice, but solely due to reduced activity during
197 the dark active phase (-23%; Fig. 1C), comparable to what has been observed in a previous
198 study of a hypothalamic TR β knockdown (32). This difference in overall locomotor activity was
199 no longer significant at 30°C (Fig. 1D). Total T3 and T4 serum levels of TR β -KO mice were
200 elevated by 75% compared to controls at 22°C, but not at 30°C (Suppl. Fig. 1A), as expected
201 from previous studies (23). To further confirm the lack of tachycardia observed in the
202 radiotelemetry experiments in spite of high TH levels at 22°C, we performed ECG recordings
203 in another set of non-implanted mice. While we observed a significant shortening of QRS
204 complexes duration in TR β -KO mice, general heart rate remained unchanged between
205 genotypes (Suppl. Fig. 1B and C).

206 To quantify heart rate variability, the 3-day-long heart rate monitoring was split into
207 20-bpm bins and the frequency distribution was analyzed. Even though the heart rate
208 frequency distribution of TR β -KO mice appeared to be broader than that of wildtypes, this
209 finding was not significantly different (Fig. 2A). Again, when mice were housed at 30°C, there
210 was a predominant PSNS control of heart rate as evidenced by a narrower distribution in both
211 genotypes as compared with 22°C, leading to a visible temperature effect in kurtosis and
212 skewness, which however failed to reach significance (Suppl. Fig. 2A). Interestingly, at 30°C,
213 the heart rate frequency distribution was significantly narrower in TR β -KO mice as compared
214 to controls.

215 When we tested autonomic activity by using pharmacological blockade of PSNS and
216 SNS *in vivo*, we observed impairment in the PSNS activity of TR β -KO mice when housed at 22°C
217 as indicated by a significantly reduced response to scopolamine methyl bromide. This was
218 partially rescued at 30°C, as the residual 66% reduction was no longer significant, suggesting
219 a beneficial effect of thermoneutrality on the PSNS activity in TR β -KO (Fig. 2B). SNS activity
220 did not differ between groups at any housing temperature as indicated by a comparable
221 response to timolol maleate (Fig. 2B). Upon complete pharmacological autonomic receptor

222 blockade, no change in intrinsic heart rate was observed in TR β -KO mice at both temperatures
223 (Fig. 2C). When we quantified mRNA expression levels of muscarinic receptor type 2 (*Chrm2*)
224 and adrenoceptor type 1 (*Adrb1*) in the heart as a possible molecular mechanism underlying
225 this pharmacological denervation response, we found no differences between groups at
226 neither temperature (Fig. 2D).

227 Next, to induce tachycardia, we treated TR β -KO and wildtype mice with T3 in the
228 drinking water for 12 days at 30°C. As previously shown (6, 29), this pharmacological
229 treatment led to a robust 5- to 7-fold elevation in serum levels of T3 and a parallel suppression
230 in those of T4, with somewhat higher T3 levels in TR β -KO mice (Suppl. Fig. 2B). As expected,
231 while T3 treatment prominently increased heart rate in wildtype mice already after 2-3 days
232 as compared to baseline, the effect was blunted in TR β -KO mice resulting in a significantly
233 reduced heart rate as compared to wildtypes (Fig. 3A). In addition, while the minimum heart
234 rate reached during the light inactive phase was unaltered by T3 treatment in both groups,
235 the maximum heart rate recorded in the dark active phase was significantly reduced in TR β -
236 KO as compared to controls (Suppl. Fig. 2C). On average, the delta heart rate measured
237 between the dark and light phase was significantly smaller in TR β -KO mice (Fig. 3B). As
238 reported previously (6), the heart rate frequency distribution of wildtypes broadened upon
239 T3, whereas that of TR β -KO mice remained narrower as compared to the untreated condition
240 and to wildtypes (Fig. 3C and Suppl. Fig. 2D and E). Heart weight was not different between
241 groups at 30°C in untreated condition; however, T3 treatment resulted in a significant increase
242 in the heart weight of wildtypes, which was not observed in TR β -KO mice, resulting in a
243 significant 14% reduction in heart weight compared to controls (Fig. 3D).

244 In line with the radiotelemetry data, the basal mRNA levels of the two pacemaker
245 genes *Hcn2* and *Hcn4* were comparable to controls. Interestingly, while the expression of *Hcn2*
246 was strongly induced by T3 in both genotypes, this was observed to a much lesser extent in
247 TR β -KO mice (+408% vs. 132%), resulting in significantly lower mRNA levels as compared to
248 T3 treated wildtypes. Likewise, the expression of *Hcn4* was significantly induced only in
249 wildtype animals (Fig. 4A). When we additionally quantified mRNA levels of other potassium
250 channels implicated in cardiac repolarization, we found that similarly *Kcna7* was significantly
251 induced by T3 treatment in wildtype but not in TR β -KO mice. While the expression levels of
252 *Kcnj3* and *Kcnq1* were significantly reduced by T3 treatment in both genotypes, those of *Kcnh2*
253 were unresponsive to T3 and significantly lower in TR β -KO mice as compared with wildtypes,
254 suggesting that the proper transcription of this channel may require intact TR β (Fig. 4A). When
255 the ratio between *Myh6* and *Mhy7* was calculated as a measure of cardiac hypertrophy, the

256 expected significant elevation in both groups was observed (Fig. 4A). Finally, we quantified
257 the expression level of genes involved in calcium handling and cardiac contraction. While T3
258 treatment slightly but significantly lowered *Atp2a2* (Serca2) mRNA levels only in wildtype
259 mice, those of *Pln*, an endogenous inhibitor of SERCA2 activity, were significantly decreased
260 in both wildtype and TR β -KO mice (Fig. 4A), resulting in a significant reduction in the ratio
261 between *Pln* and *Atp2a2* in both genotypes (Suppl. Fig. 2F). The basal mRNA levels of *Ryr2*
262 were significantly increased by 30% as compared to controls and interestingly, while T3
263 treatment enhanced *Ryr2* levels in wildtypes, it decreased them in TR β -KO mice. However,
264 there were no significant differences between wildtypes and TR β -KO upon T3 in any of these
265 calcium handling-related genes (Fig. 4A), suggesting that they are not involved in the observed
266 partial resistance. Interestingly, when we measured *Dio2*, we observed generally low
267 expression as expected, but a clear TR β dependent acute regulation (Suppl. Fig. 2F). Finally,
268 to better understand whether TR β could be directly involved in the regulation of the tested
269 genes, we reanalyzed published single-cell RNA sequencing data of adult mouse hearts to
270 identify TR β expressing cell types using the Tabula muris senis data set (33). These data
271 showed expression of TR β primarily in cardiomyocytes as well as lower TR β expression in
272 endocardial cells, smooth muscle cells and fibroblasts, which also expressed *Dio2* (Fig. 4B),
273 thus supporting the possibility of a TR β dependent regulation.

274

275 **Discussion**

276 The main findings of the present study were: TR β -KO mice showed (i) normal heart
277 rate both at room temperature and thermoneutrality, (ii) moderately reduced locomotion and
278 parasympathetic activity at room temperature, which were partially rescued at
279 thermoneutrality; (iii) resistance to T3-induced tachycardia and cardiac hypertrophy, and (iv)
280 altered expression of several cardiac activity-related genes, including *Hcn2*, *Kcna7* and *Ryr2*.
281 Together, these findings suggest only a negligible role for TR β under baseline conditions, but
282 a more important contribution of the receptor in condition of systemic hyperthyroidism.

283

284 *TR β is required for T3 induced cardiac hypertrophy*

285 The induction of cardiac hypertrophy is one of the most classic effects triggered by
286 THs (34). In addition to direct actions onto cardiomyocytes, THs-induced cardiac hypertrophy
287 seems to be induced mainly, if not exclusively, *via* the modulation of the ANS (for review, see
288 (35)). In fact, THs increase the expression/activity of β -adrenoceptors leading to a greater
289 sensitivity of the heart to sympathetic stimulation and, eventually, to positive inotropic effects
290 (36-38). Moreover, chronic administration of the β -adrenoceptors agonist isoproterenol
291 increases heart weight (39, 40). Conversely, treatment with the β -adrenoceptors blocker
292 propranolol inhibits T3-induced cardiac hypertrophy in parallel with increased heart rate (41).
293 Corroborating these findings, while wildtype mice display cardiac hypertrophy after
294 pharmacological treatment with either β -adrenoceptors agonist or T3, this effect was not
295 observed in mice lacking all the β -adrenoceptors (42), indicating that T3-induced cardiac
296 hypertrophy is to a large extent generated by the ANS. Consequently, Ortiga-Carvalho et al.
297 (43) observed that while whole-body TR β mutant mice developed cardiac hypertrophy upon
298 T3 treatment, this effect was not displayed by animals with cardiac-specific TR β mutation. In
299 the present study, we found that control animals have a 36% increase in heart weight
300 following T3 treatment, a clear indication of cardiac hypertrophy. This effect is not surprising
301 considering that the pharmacological treatment employed here induced a 5- to 7-fold
302 elevation in circulating T3 (6, 29) and that a significant increase in heart weight is detectable
303 even upon lower doses of T3 (26). In contrast, TR β -KO mice did not show similarly increased
304 heart weight, suggesting that TR β is required for the development of T3 induced cardiac
305 hypertrophy at 30°C, an effect previously shown also at room temperature (43-45). While this
306 effect cannot be simply attributed to acute differences in the *Myh6/Myh7* or *Pln/Atp2a2*
307 (*Serca2*) ratio, as the levels were comparable to T3 treated wildtypes, it remains unclear

308 whether this is the result of altered TR β action in other tissues including the brain, or whether
309 permanent alterations arising from the lack of TR β during development could be involved.

310

311 *Lack of TR β does not affect basal heart rate frequency at 22°C and 30°C*

312 Previous studies have shown a modest increase in heart rate of TR β -KO mice as a
313 result of higher levels of THs; however, these experiments were all conducted in animals
314 housed at room temperature, thus permanently exposed to minor cold stress (7, 9, 14). Here
315 we show that the lack of TR β has no effect on heart rate as evidenced by our *in vivo*
316 radiotelemetry as well as ECG experiments at room temperature, indicating that the moderate
317 ~75% elevation in THs levels observed at 22°C is not sufficient to induce tachycardia in mice.
318 This observation is in complete accordance with our previous results showing a normal heart
319 rate frequency profile in mice with similarly elevated TH levels (26).

320 A particular advantage of our present study is the phenotyping at thermoneutrality, a
321 condition that better resembles that of humans, as animals are no longer cold-stressed and
322 heart rate is predominantly under the control of the parasympathetic nervous system (21, 22).
323 More importantly, we confirmed that housing at 30°C leads to a significant normalization of
324 TH levels in TR β -KO mice, allowing us to assess the contribution of the TR β on heart functions
325 without the confounding factors cold-stress and hyperthyroidism. Our *in vivo* data at
326 thermoneutrality show normal heart rate in TR β -KO mice together with comparable cardiac
327 levels of the two pacemaker T3-target genes *Hcn2* and *Hcn4*. These results are in agreement
328 with the notion that the expression of these two key pacemaker genes is mainly regulated by
329 TR α 1, and the previously observed increase in *Hcn2* and *Hcn4* in hyperthyroid tachycardic TR β -
330 KO mice (4, 46). When we induced a hyperthyroid state by T3 treatment for 12 days, TR β -KO
331 mice developed tachycardia but not to the same extent as the control animals, suggesting that
332 TR β may have an important role in allowing the heart to reach and sustain the maximum
333 response/performance in a hyperthyroid state. The data are in agreement with a previous
334 study showing a total failure of TR β -KO mice to develop tachycardia upon T3 treatment (7);
335 however, although the dose of T3 employed was comparable to that of our study, the
336 treatment was restricted to only four days which may have been insufficient to generate any
337 tachycardia in the somewhat resistant TR β -KO mice. Most importantly, when TR α 1-KO mice
338 with intact TR β signaling were treated with T3, a robust increase in heart rate was observed,
339 strongly suggesting a contribution of TR β in regulating heart activity upon T3 (12, 13). Our
340 data of blunted tachycardia in T3 treated TR β -KO mice match the molecular profile showing a

341 reduced induction by T3 of the pacemaker gene *Hcn2* as well as the potassium channel *Kcna7*.
342 It remains, however, to be determined whether this constitutes a developmental defect in
343 TR β -KO mice similar to that observed in TR α 1 mutant mice (6, 30) or whether TR β impairs
344 cardiac adrenergic signaling by e.g. actions in other tissues, as this system has also been shown
345 to be crucial for pacemaker gene induction (42).

346

347 *Altered PSNS activity and heart rate distribution in TR β -KO mice*

348 Since heart rate is also indirectly regulated through the modulation of the ANS, we
349 aimed at dissecting the contributions of SNS and PSNS. Interestingly, while SNS activity was
350 normal at both temperatures, TR β -KO mice displayed reduced PSNS activity at 22°C, which
351 was partially rescued by thermoneutrality. This improvement in PSNS activity seems not to be
352 due to changes in muscarinic (*Chrm2*) and/or β -adrenergic (*Adrb1*) receptors as their gene
353 expression remained unchanged. Furthermore, our observation of normal intrinsic heart rate
354 indicates no cardiac defects caused by the lack of TR β , suggesting that developmental and/or
355 functional defects may reside in other structures (e.g. the hypothalamus). At present, it is
356 difficult to establish whether the decrease in PSNS activity is related to the different T3 levels
357 at 22°C and 30°C. While we observed that a 6-fold increase in T3 levels leads to decreased
358 PSNS activity in mice housed at thermoneutrality (6), in another study we showed that mice
359 housed at room temperature with moderately increased T3 levels similar to those of the TR β -
360 KO mice had normal PSNS activity (26), suggesting that only levels of T3 above a certain
361 threshold may affect the PSNS. Given that previous studies showed normal SNS and PSNS
362 activity in TR β KO mice at room temperature (7), it seems likely that the effects of TR β on
363 PSNS activity are negligible unless they develop a strong hyperthyroid condition.

364 Another interesting result observed was the altered heart rate frequency distribution,
365 with a generally broader distribution at 22°C and narrower at 30°C, indicative of a less
366 stringent central control of heart rate at room temperature. In fact, while wildtypes mice show
367 broader heart rate frequency distribution during T3 treatment as expected (6), TR β -KO mice
368 remained permanently narrow throughout the T3 treatment, suggesting that TR β play an
369 important role in adjusting heart rate stability in response to THs. This could be the result of
370 developmental defects occurring in the central nervous system, as TR β -KO mice show a ~40%
371 reduction in the number of parvalbumin neurons in the anterior hypothalamic area, a pivotal
372 brain area orchestrating autonomic, cardiovascular and stress response/functions (11, 47, 48).

373 Whether this altered heart rate stability of the TR β -KO mice is also detectable in response to
374 other stimuli other than THs (e.g. stress, drugs, etc.) remains to be elucidated.

375

376 **Conclusions**

377 Taken together, the present findings point towards a role of TR β in regulating frequency
378 distribution rather than average heart rate by a yet unknown mechanism possibly involving
379 tissues other than the heart. More importantly, TR β seems to be required for the full
380 development of T3 induced tachycardia and hypertrophy; however, it remains unclear
381 whether this is an acute effect or the consequence of the lack of TR β actions during
382 development.

383

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391

392 **Disclosures**

393 The authors have nothing to disclose.

394

395 **Authorship Contribution Statement**

396 Riccardo Dore, Sarah Christine Sentis and Jens Mittag conceptualized the study; Riccardo
397 Dore, Sarah Christine Sentis, Kornelia Johann and Nuria Lopez-Alcantara performed the
398 experiments; Julia Resch performed RT-qPCR; Riccardo Dore, Benedikt Obermayer, Robert
399 Opitz and Jens Mittag analyzed data; Riccardo Dore, Lars Christian Moeller, Dagmar Führer,
400 Benedikt Obermayer, Robert Opitz and Jens Mittag interpreted data; Riccardo Dore and Jens
401 Mittag drafted the manuscript. All authors provided critical revision of the manuscript and
402 approved its final version for publication.

403

404

405 **Figure Legends**

406 **Figure 1: The effect of housing temperature on heart rate and locomotor activity in TR β -KO**
407 **mice**

408 (A and B) Three-day radiotelemetry monitoring of heart rate frequency and (C and D)
409 locomotor activity at 22°C and 30°C. (A and B) Average heart rate frequency and (C and D)
410 locomotor activity during the dark active and light inactive phase at 22°C and 30°C. Black bars
411 indicate dark active phases. Data represent mean \pm SEM for TR β -KO (blue; n=5) and wildtype
412 controls (black; n=5). **P<0.01 (unpaired Students's *t* test).

413

414 **Figure 2: The effect of housing temperature on heart rate frequency distribution,**
415 **pharmacological denervation and cardiac mRNA receptor levels in TR β -KO mice**

416 (A) Heart rate frequency distribution of three consecutive days at 22°C and 30°C. (B)
417 Contributions of the parasympathetic (PSNS) or sympathetic nervous system (SNS) as
418 determined by change in heart rate frequency upon pharmacological receptors blockade with
419 scopolamine methyl bromide or timolol maleate at 22°C and 30°C. (C) The effect of housing
420 temperature on intrinsic heart rate after full pharmacological receptors blockade, and (D) on
421 cardiac expression of the muscarinic cholinergic receptor 2 (*Chrm2*) and adrenoceptor beta 1
422 (*Adrb1*). Data represent mean \pm SEM for TR β -KO (blue; n=5-10/group) and wildtype controls
423 (black; n=5-8/group). *P<0.05, **P<0.01, ***P<0.001 and ****P<0.0001 (Sidak's *post hoc* or
424 unpaired Students's *t* test).

425

426 **Figure 3: The effect of T3 treatment on heart rate, heart rate frequency distribution and**
427 **heart weight in TR β -KO mice at 30°C**

428 (A) Radiotelemetry recordings of heart rate over 12 days of oral T3 treatment at 30°C. Black
429 bars indicate dark active phases. (B) Average delta heart rate calculated as the difference
430 between the maximum and minimum heart rate frequency recorded during dark and light
431 phases, respectively. (C) Heart rate frequency distribution before and after T3 treatment at
432 30°C. (D) The effect of T3 treatment at 30°C on heart weight normalized by body weight. Data
433 represent mean \pm SEM for TR β -KO (blue; n=3-5/group) and wildtype controls (black; n=3-
434 7/group). #P<0.1, *P<0.05, **P<0.01 and ****P<0.0001 (Sidak's *post hoc* or unpaired
435 Students's *t* test).

436

437 **Figure 4: Cardiac gene expression with and without T3 treatment in TR β -KO mice at 30°C**

438 (A) Cardiac expression of genes involved in ‘pacemaker’ (*Hcn2* and *Hcn4*, mediating the
439 ‘funny’ potassium current), repolarization (*Kcna7*, mediating ultra-rapid potassium current;
440 *Kcnh2*, mediating potassium rapid current; *Kcnj3*, mediating potassium acetylcholine-
441 mediated current; *Kcnq1*, mediating potassium slow current), contraction and calcium
442 handling (*Myh6* and *Myh7*, myosin heavy chain with fast and slow ATPase activity,
443 respectively; *Atp2a2* (*Serca2*) and *Pln*, mediating calcium uptake into the sarcoplasmic
444 reticulum and the inhibition of SERCA2 activity, respectively, and *Ryr2*, mediating the calcium
445 extrusion from the sarcoplasmic reticulum. (B) Cell type-specific expression of selected genes
446 in adult mouse hearts. Dot plot was generated based on published single cell RNA-seq data of
447 the Tabula muris senis project. Dot size represents percentage of cells expressing the gene of
448 interest in a given cell type and color denotes mean expression levels. Data represent mean \pm
449 SEM for TR β -KO (blue; n=4-5/group) and wildtype controls (black; n=4-7/group). *P<0.05,
450 **P<0.01, ***P<0.001 and ****P<0.0001 (Sidak’s *post hoc* test).

451

452

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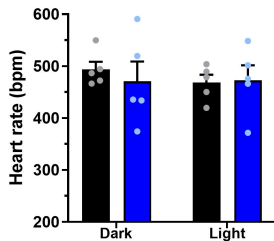
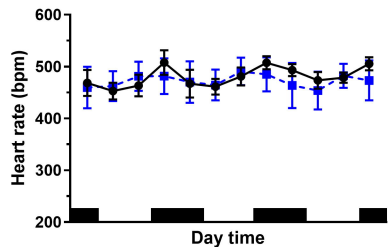
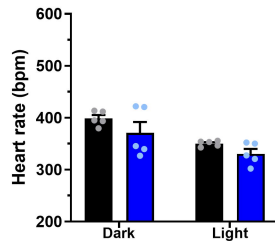
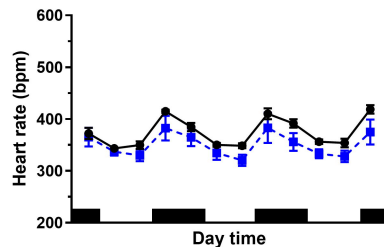
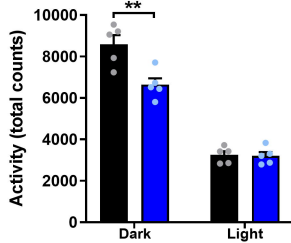
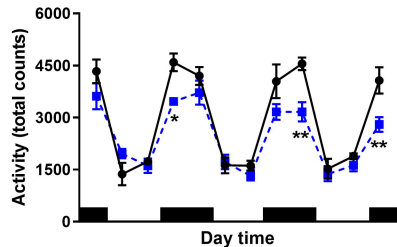
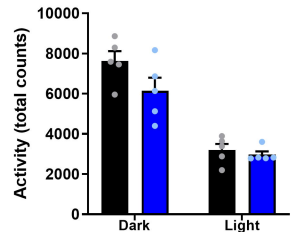
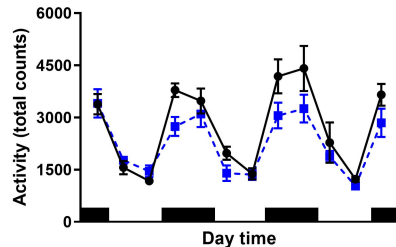
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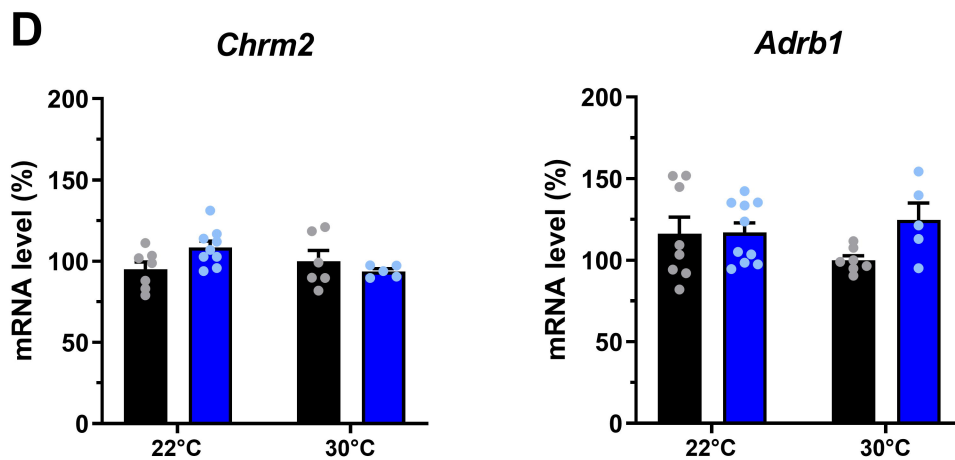
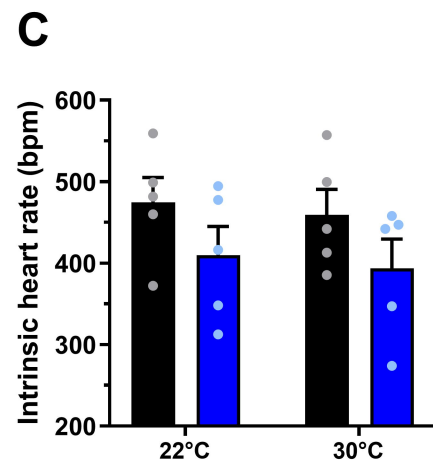
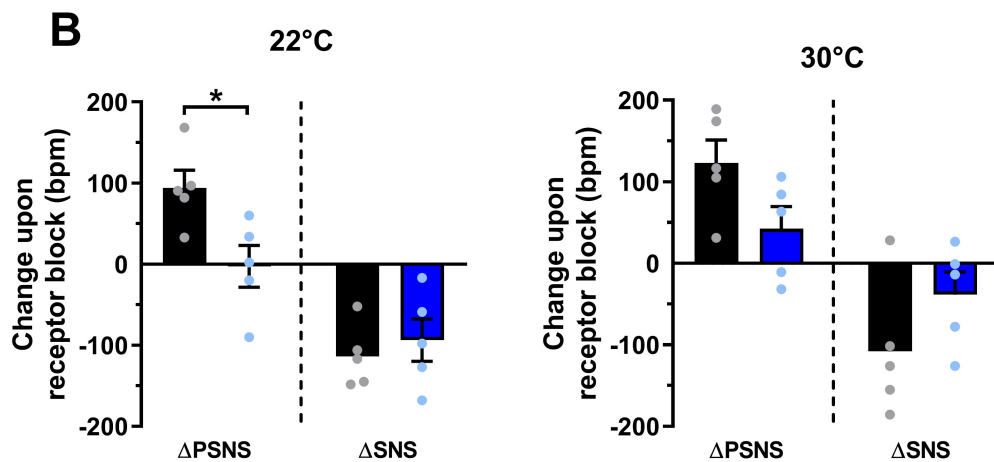
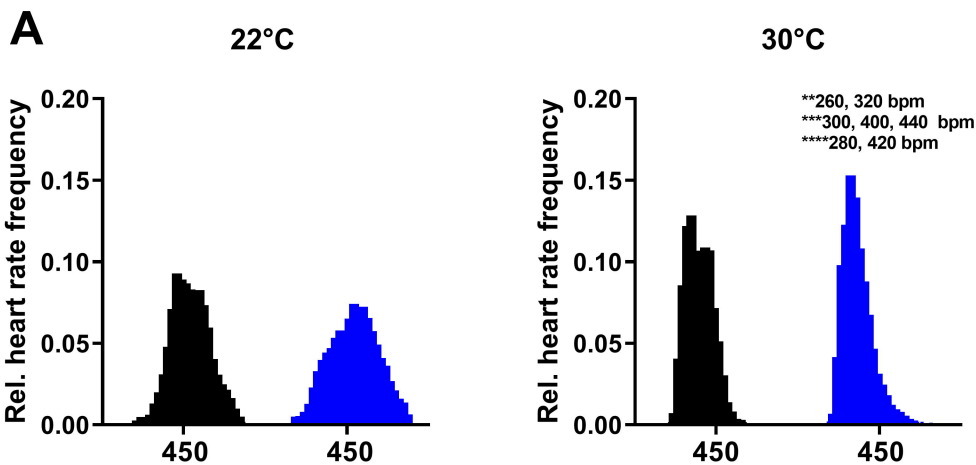
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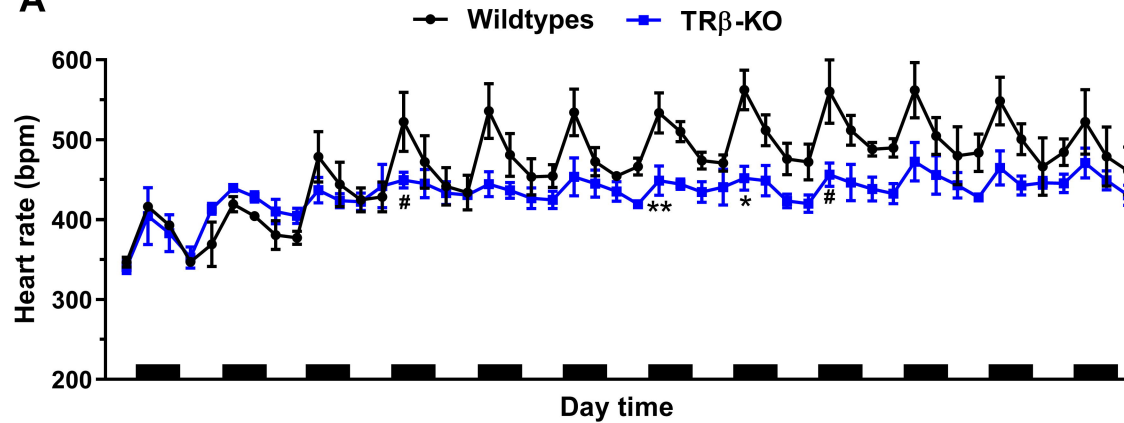
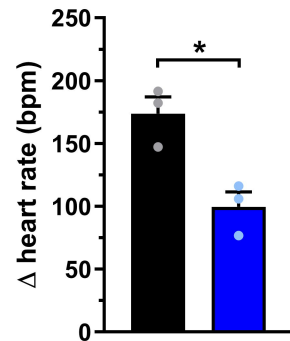
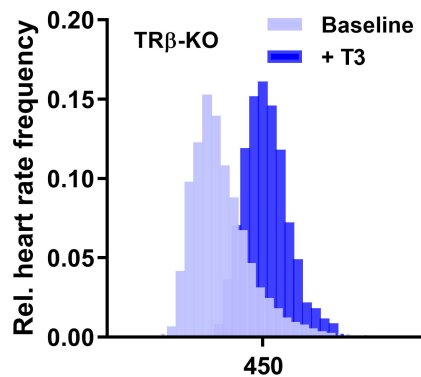
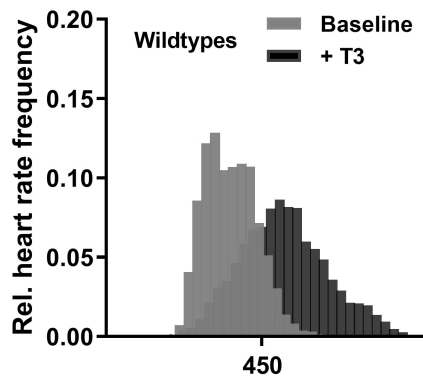
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- 598

A**22°C****B****30°C****C****22°C****D****30°C**

■ Wildtypes

■ TRβ-KO



A**B****C****D**