Rifampicin tolerance and growth fitness among isoniazid-resistant clinical *Mycobacterium tuberculosis* isolates: an in-vitro longitudinal study.

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Abstract

Antibiotic tolerance in *Mycobacterium tuberculosis* leads to less effective bacterial killing, poor treatment responses and resistant emergence. There is limited understanding of antibiotic tolerance in clinical isolates of *M. tuberculosis*. Therefore, we investigated the rifampicin tolerance of *M. tuberculosis* isolates, with or without pre-existing isoniazid-resistance. *In-vitro* rifampicin survival fractions determined by minimum duration of killing assay in isoniazid susceptible (n=119) and resistant (n=84) *M. tuberculosis* isolates. Rifampicin tolerance was correlated with bacterial growth, rifampicin minimum inhibitory concentrations (MICs) and isoniazid-resistant mutations. The longitudinal isoniazid-resistant isolates were analyzed for rifampicin tolerance based on collection time from patients and associated emergence of genetic variants. The median duration of rifampicin exposure reducing the *M. tuberculosis* surviving fraction by 90% (minimum duration of killing-MDK90) increased from 1.23 (95%CI 1.11; 1.37) and 1.31 (95%CI 1.14; 1.48) to 2.55 (95%CI 2.04; 2.97) and 1.98 (95%CI 1.69; 2.56) days, for IS and IR respectively, during 15 to 60 days of incubation respectively. Increase in MDK90 time indicated the presence of fast and slow growing tolerant sub-populations. A range of 6 $\log_{10}$-fold survival fraction enabled classification of tolerance as low, medium or high and revealed isoniazid-resistance association with increased tolerance with faster growth (OR=2.68 for low vs. medium, OR=4.42 for low vs. high, *P*-trend=0.0003). The high tolerance in longitudinal isoniazid-resistant isolates was specific to those collected during rifampicin treatment in patients and associated with bacterial genetic microvariants. Our study identifies a range of rifampicin tolerance and reveals that isoniazid resistance is associated with higher tolerance with growth fitness. Furthermore, rifampicin treatment may select isoniazid-resistant isolate microvariants

with higher rifampicin tolerance, with survival potential similar to multi-drug resistant isolates. These findings suggest that isoniazid-resistant tuberculosis needs to be evaluated for rifampicin tolerance or needs further improvement in treatment regimen.

Introduction

Mycobacterium tuberculosis causes around 10 million cases of tuberculosis (TB) each year and 1.5 million deaths[1]. Challenges to successful TB treatment include bacterial evolution and diversification under host stresses and antibiotics, leading to differential antibiotic susceptibility even among genetically-susceptible *M. tuberculosis* isolates[2]. Based on killing dynamics, the differential susceptibility can be classified into two, 1) antibiotic tolerance observed as reduced rate of killing of the entire bacterial population, and 2) antibiotic persistence observed as reduced rate of killing of sub-populations compared to more susceptible bacteria[3]. There are differences in the molecular mechanisms of tolerance and persistence, for example stress conditions inhibiting bacterial protein or ATP synthesis can result in population level tolerance[4], whereas stochastic expression and induction of bacterial stress response result in persistent subpopulations[5]. Clinically susceptible isolates exposed to host stresses and antibiotic selection can exhibit increased antibiotic tolerance and persistence[6-8], supporting this studies have shown emergence of mutations increasing tolerance or persistence among clinical *M. tuberculosis* isolates[9-12].

Emergence of rifampicin tolerance or persistence, a key drug in TB treatment is a major concern considering the emergence of multi-drug resistant (MDR, resistant to at least isoniazid and rifampicin) tuberculosis[13]. Several mechanisms lead to rifampicin tolerance, heteroresistance or persistence[14]. These include efflux pump overexpression[15], mistranslation[16], overexpression of rifampicin target *rpoB*[17] , cell size heterogeneity[18-20] and the redox heterogeneity in bacteria[21].

Recent study has implicated the antibiotic tolerance in clinical isolates as a risk factor for hard-to treat infections and tolerance can also contribute to the emergence of resistance[22]. One of the difficulties in reducing the duration of anti-tuberculosis treatment is that shorter regimens are associated with high rates of relapse of infection. Relapses are believed to be partly due to hard-to treat bacterial phenotypes[23]. Therefore, it is important to identify hard-to treat phenotypes and stratify the treatment regimens based on the risk factors for poor treatment responses[23].

Apart from antibiotic susceptibility variations, another concern in standard TB treatment is the emergence of resistance to isoniazid (IR). There is globally around 10% prevalence of IR among clinical *M. tuberculosis* isolates[24]. IR is difficult to rapidly diagnose during drug susceptibility testing, and is associated with worse treatment outcomes compared to isoniazid-susceptible (IS) *M. tuberculosis* isolates[24]. Importantly, IR is also associated with subsequent emergence of rifampicin resistance leading to MDR TB[25]. Therefore, emergence of antibiotic tolerance or persistence among IS and IR clinical *M. tuberculosis* isolates may contribute to poor treatment response and the emergence of MDR-TB.

In addition to antibiotic survival, emergence of growth heterogeneity post-stress in bacterial survival fractions can lead to trade-offs between growth fitness and population survival, with the fast-growing sub-population mainly contributing to growth and the slow growing sub-population as a reservoir strategy for survival under future stresses[26]. Rifampicin treatment can result in differentially detectable sub-populations of *M. tuberculosis*, which can grow only in liquid medium as compared to solid medium[27]. Therefore, in determining risk of post-treatment relapse, it is important to consider, alongside tolerance range, the degree of growth heterogeneity within tolerant subpopulations.

Despite its potential importance for the TB treatment, the distribution of antibiotic tolerance among clinical *M. tuberculosis* isolates is unknown, and routine clinical microbiology

101 diagnosis does not include any assays for tolerance. The growth fitness of antibiotic tolerant
102 subpopulations, and the association of pre-existing (other drug) resistance with antibiotic
103 tolerance is completely unknown. Antibiotic tolerance and persistence can be differentiated
104 by linear vs bi-phasic killing curves or single vs bi-modal growth rate distribution[5]. Another
105 consideration is that tolerance can mask persistence,[5] therefore a single assay may not
106 determine both tolerance and persistence among clinical isolates[5].
107 To address this knowledge gap, we developed a most-probable number (MPN) based
108 minimum duration of killing (MDK) assay to determine the rifampicin tolerance among
109 clinical *M. tuberculosis* isolates in a medium-throughput manner[28]. In the current study, we
110 investigated the rifampicin tolerance in a large set of IS (n=119) and IR (n=84) clinical *M.*
111 *tuberculosis* isolates and its correlation with bacterial growth rate, rifampicin MICs, IR-
112 mutations and the rifampicin treatment selection in patients.
113
114 **Results**
115 **Study design**
116 We investigated rifampicin tolerance and its association with isoniazid susceptibility among
117 242 clinical *M. tuberculosis* isolates. We treated susceptible isolates with rifampicin
118 (2µg/mL), a concentration several times higher than their MICs (supplementary table 1), and
119 at 0, 2 and 5 days determined fractional survival following 15 and 60 days of culture (figure
120 1). Higher survival fractions indicate higher rifampicin tolerance, and differences in survival
121 fraction determined between 15 and 60 days of incubation indicated greater growth
122 heterogeneity in rifampicin tolerant sub-populations. 23 of the isolates grew poorly in the
123 absence of antibiotic, and a further 10 had low initial MPN, making accurate determination of
124 survival fractions difficult (figure 1), and these 33 isolates were removed from further
125 analysis. Of the remaining 209 isolates, 119 IS, 84 IR and 6 resistant to both rifampicin and

126 isoniazid, MDR. The MDR isolates were controls and comparators as isolates with a known
127 high degree of rifampicin tolerance[28].

128 **Distribution of Rifampicin tolerance in IS and IR isolates**

129 We analyzed the rifampicin survival fraction and the kill curve for IS and IR *M. tuberculosis*
130 isolates, at 0, 2 and 5 days of rifampicin treatment followed by 15 and 60 days of incubation
131 (figure 2). Following 5 days of rifampicin treatment, the average survival fraction reduced by
132 90-99% of the starting bacterial population (figure 2). Of note, the average time required for
133 90% survival fraction reduction (MDK_{90}) was 1.23 (95%CI (Confidence interval) 1.11; 1.37)
134 and 1.31 (95%CI 1.14; 1.48) days for IS and IR respectively when survivors were incubated
135 for 15 days, but rose to 2.55 (95%CI 2.04; 2.97) and 1.98 (95%CI 1.69; 2.56) days for 60
136 days for IS and IR isolates respectively (figure 2). This shift in the MDK_{90} indicated the
137 presence of growth heterogeneity within the tolerant subpopulation – with both fast and slow-
138 growing bacteria within tolerant subpopulations. For most of the isolates MDK_{90} time could
139 be calculated but other parameters of tolerance and persistence such as MDK_{99} (at 15
140 day=81% (170/209), 60 day=41% (86/209)) and $MDK_{99.99}$ (at 15 day=11% (22/209), 60
141 day=8% (17/209)) could be calculated for only a fraction of 209 isolates and rest were
142 beyond the assay limits (supplementary figure 1). Intriguingly, we observed a significant
143 difference in rifampicin tolerance between IS and IR isolates – but only in the 15 days post
144 recovery. The difference had disappeared by 60 days (figure 2). Therefore, we decided to
145 consider survival fractions with 15 and 60 days recovery for further analysis, the earliest and
146 latest time points for determining the fast- and slowly-growing rifampicin tolerant
147 subpopulations.

148 **Isoniazid resistance is associated with fast-growing rifampicin tolerant subpopulations**

149 To further investigate the relationship between rifampicin tolerance, growth fitness and
150 isoniazid susceptibility, we compared fractional survival at 15 and 60 days recovery

151 following 2 and 5 days of rifampicin treatment in IS (n=119) and IR (n=84) isolates (figure
152 3A, supplementary figure 2). There was no significant difference in rifampicin tolerance
153 between IS and IR isolates at 2 days of treatment (supplementary figure 2). At 5 days of
154 rifampicin treatment and both early and late recovery time points, IS and IR isolates showed a
155 broad distribution of fractional survival–spanning 1 million-times difference in rifampicin
156 susceptibility (figure 3A). At the 15 day recovery period, IR was significantly associated with
157 higher survival to rifampicin treatment as compared to IS isolates (P=0.017, figure 3A),
158 whereas at 60 days, fractional survival increased in both groups with no difference according
159 to isoniazid susceptibility (figure 3A). These results suggest that the difference between IS
160 and IR rifampicin tolerant subpopulations is within their fast-growing tolerant bacilli only.
161 To further refine distribution of rifampicin tolerance between isolates, fractional rifampicin
162 survival was parsed as low, medium or high as defined by falling within the 25th, 75th and
163 100th percentiles of survival fractions following rifampicin treatment and either 15 or 60 days
164 recovery (figure 3B). As expected, there was substantially lower tolerance to rifampicin in
165 low and medium groups compared with MDR isolates. Surprisingly, tolerance to rifampicin
166 between non-rifampicin resistant "high" tolerance strains and MDR strains was not
167 significantly different (P=0.78, figure 3B), and these high tolerant strains were characterized
168 in both IS and IR isolates. This suggests that within the IR, high tolerant subgroup, antibiotic
169 susceptibility (to both rifampicin and isoniazid) may be similar to *bona fide* MDR strains.
170 Analyzing rifampicin tolerance subgroups between IS and IR strains, at the early, 15 day
171 recovery time-point, the majority (79%, 26/33) of "low" rifampicin tolerant strains were
172 isoniazid susceptible. By contrast, IR isolates were over-represented in the "medium" and
173 "high" tolerant subgroups (OR of 2.7 and 4.4 respectively–table 1). These associations
174 disappeared with longer (60 day) recovery post antibiotic treatment, confirming that IR

175 isolates harbored fast-growing, high-level rifampicin-tolerant bacilli compared with IS
176 isolates (table 1).

177 **Association between rifampicin tolerance and relative growth in absence of antibiotics,**
178 **rifampicin MICs, isoniazid resistant mutations of *M. tuberculosis* isolates**

179 Clinical isolates of *M. tuberculosis* exhibit a large degree of lag time and growth
180 heterogeneity[29], as well as differences in rifampicin MICs or isoniazid-resistant mutations.
181 Prior studies showed that slow growth rate and non-replicating persistence were correlated[30],
182 therefore we wished to investigate the association between growth rates in the absence of
183 antibiotic treatment, rifampicin MIC distribution, isoniazid-resistant mutations and rifampicin
184 tolerance distribution in *M. tuberculosis* isolates.

185 For correlating relative growth in absence of antibiotics, we removed 19 outliers
186 (supplementary figure 3 with 19 outliers), Intriguingly, slower growth before rifampicin
187 treatment did not had significant correlation with higher growth fitness in rifampicin survival
188 fraction at 15 days incubation in IS isolates (figure 4A regression coefficient -0.21, 95%CI [-
189 0.44, 0.007], *P*=0.058). By contrast, correlation of slower growth with lower growth fitness
190 in the long recovery period was observed in both IS and IR isolates (figure 4B, regression
191 coefficient for IS=0.38 [0.15, 0.61], *P*=0.0014, and IR=0.38 [0.12, 0.64], *P*=0.0041).
192 Comparing IS and IR isolates, IR isolates had slower growth in the absence of antibiotics
193 (figure 4C, P<0.0001). Thus, slow growth before rifampicin treatment correlates with
194 reduced growth fitness in certain rifampicin tolerant populations at 60 days incubation.

195 In case of IS isolates, higher rifampicin MICs correlated with lower rifampicin tolerance at
196 long recovery period, 15 (-0.24 [-0.50, 0.022], *P*=0.073) and 60 days incubation (-0.31 [-0.53,
197 -0.083], *P*=0.007, supplementary figure 4A), whereas IR isolates did not show such a
198 negative correlation of rifampicin tolerance with rifampicin MICs (0.14 [-0.14, 0.41], *P*=0.33
199 and 0.21 [-0.057, 0.48], *P*=0.12, supplementary figure 4A). This latter observation might be

due to increased growth fitness of IR rifampicin tolerant populations. In addition, there was no significant difference in rifampicin MICs distribution between IS and IR isolates (supplementary figure 4B).

We next investigated the association between isoniazid-resistant mutations in *M. tuberculosis* isolates and rifampicin tolerance distribution. These isolates had three different isoniazid-resistant mutations, *katG*_S315X (n=71), *inhA*_I21T (n=2) and fabG1_C-15X (n=6) and data not available for 5 isolates (supplementary figure 5). Due to low number of isolates with inhA and fabG1 mutations, it was not possible to identify the difference in rifampicin tolerance distribution between the isolates with different isoniazid-resistant mutations. Nevertheless, we observed wide distribution of rifampicin tolerance in isoniazid-resistant isolates with katG_S315X mutation itself (supplementary figure 5), indicating the role of other genetic or epi-genetic determinants influencing rifampicin tolerance.

Higher rifampicin tolerance and growth fitness is associated with IR isolates from intensive phase of treatment with rifampicin

The IS isolates were collected only at baseline before treatment, whereas the IR isolates in our study were collected longitudinally from patients at different stages of treatment. The antibiotic treatment may select different *M. tuberculosis* genetic microvariants in the patients and lead to differences in rifampicin tolerance between longitudinal isolates. Therefore, we analyzed the rifampicin tolerance distribution in the IR isolates in three sub-groups, before treatment (IR-BL), initial two months of intensive phase of treatment with rifampicin in the regimen (IR-IP), continuous phase and relapse lacking rifampicin and any other antibiotics treatment selection respectively (IR-CP) (Figure 5). This grouping reflects TB-treatment regimen in Vietnam during the study period with rifampicin only in the initial two months of treatment[24].

Interestingly, we observed significantly higher rifampicin tolerance and growth fitness in IR-IP group (*P*=0.0018, Figure 5 as compared to IS, IR-BL and IR-CP groups during 15 days recovery, indicating rifampicin treatment itself as a possible mechanism leading to the selection of *M. tuberculosis* tolerant microvariants in patients[17].

To verify this finding, we grouped individual patients based on changes in rifampicin tolerance between their initial and subsequent IR isolates as decrease, unchanged and increase (Figure 6) and analyzed the difference in non-synonymous SNPs between the isolates from the same patients associated with differences in rifampicin tolerance (Figure 7, supplementary table 2). The SNPs difference between the longitudinally collected *M. tuberculosis* isolates from same patient were 0-3 except in one case (SNPs=11), indicating de-novo emergence or selection of genetic microvariants within the patient (supplementary table 2). Next, we analyzed the non-synonymous SNPs associated with the changes in rifampicin tolerance both at 15 and 60 days incubation. This included both genetic variants emerging as more than 90% of WGS reads and less-than 90% threshold used as a cut-off for calling SNPs. Several genes Rv0792c, Rv1266c, Rv1696, Rv1758, Rv1997, Rv2043c, Rv2329c, Rv2394, Rv2398c, Rv2400c, Rv2488c, Rv2545, Rv2689c, Rv3138, Rv3680 and Rv3758c previously reported to be associated with persistence, tolerance and survival within host had non-synonymous SNPs associated with changes in rifampicin tolerance (Figure 7, supplementary table 3 with references). This indicates mutations in multiple genes might affect rifampicin tolerance and growth fitness, since there was no one gene or genetic variant in *M. tuberculosis* in multiple patients consistently associated with increased or decreased rifampicin tolerance, or that mutations may be epistatic with the genetic background of the strain.

Discussion

249 We investigated rifampicin tolerance in a large number of clinical isolates of *M. tuberculosis*.
250 Overall clinical *M. tuberculosis* isolates showed higher levels of rifampicin tolerance than lab
251 isolates as the average survival fraction post-rifampicin treatment decreased only by 90 to
252 99% over 5 days. Therefore, emergence of tolerance may mask persistent sub-populations or
253 one assay may not capture both tolerance and persistence. We found that levels of rifampicin
254 tolerance are widely distributed among isolates, with some genetically susceptible strains
255 having similar susceptibility to rifampicin-mediated killing as *bona fide* rifampicin-resistant
256 isolates, at least during the 5 days rifampicin exposure of our assay condition. Furthermore,
257 IR isolates were more likely to harbor fast-growing subpopulations with high levels of
258 rifampicin tolerance.
259 In our experimental set-up, we decided to assay the recovery of *M. tuberculosis* following
260 rifampicin treatment at two distinct time-points, 15 and 60 days. Heterogeneity in regrowth
261 following stress has been linked to a tradeoff between growth fitness and survival[26], and it is
262 likely that in *M. tuberculosis* such diversification in growth rates among rifampicin-tolerant
263 subpopulations represents a balance between growth and persistence under antibiotic stress.
264 A better molecular mechanistic understanding of drivers of growth-rate heterogeneity in *M.*
265 *tuberculosis* may contribute to understanding the dynamics and drivers of tuberculosis
266 relapse following standard therapy.
267 We also observed a variation in growth rate in the absence of antibiotic therapy. IR isolates
268 were slower growing than IS isolates, which likely represents a fitness cost due to isoniazid-
269 resistance-causing mutations and strain genetic background[31]. As expected, IS isolates, with
270 slower growth in the absence of drug had a weak association with high levels of rifampicin
271 tolerance at the 15 day time point (representing rapidly growing recovered cells), whereas
272 both IS and IR isolates with slower growth in the absence of drug were significantly
273 associated with lesser rifampicin survival fraction levels at 60 days– representing slow

growing rifampicin tolerant bacilli. These data suggest that slower growth (in absence of drug) in both isoniazid susceptible and resistant isolates, perhaps due to fitness cost of mutations[31], may be associated with more persister-like tolerant subpopulations.

By contrast, the association between rifampicin MIC and rifampicin tolerance showed a contrasting trend with isoniazid susceptibility. IS isolates showed decreased tolerance with increase in rifampicin MIC, but IR isolates did not show this association. This may indicate higher growth fitness of IR with rifampicin tolerance. Another important finding from our study is the emergence of higher rifampicin tolerance and growth fitness in longitudinal IR isolates under rifampicin treatment selection. This further supports the findings that multiple genetic microvariants may co-exist in patient and rapidly change their proportion under selection from host stresses and antibiotic treatment[32]. We also observed non-synonymous mutations in multiple genes, associated with persistence and host survival enriched with changes in rifampicin tolerance between the longitudinal isolates (supplementary table 3 with references). However, lack of convergent SNPs in the samples may be due to the relatively small sample size, interaction between SNPs and strain background or indication of a larger set of tolerance-related genes that independently affect bacterial growth and antibiotic tolerance[3].

In addition to demonstrating a wide distribution of rifampicin tolerance among clinical isolates and the specific finding that IR isolates are associated with high-level rifampicin tolerance and growth fitness, our study reveals novel aspects of rifampicin tolerance associated with isoniazid susceptibility. Rifampicin treatment itself led to the selection of IR *M. tuberculosis* genetic microvariants with high rifampicin tolerance and increased growth fitness in patients. The precise mechanisms underlying these phenotypes will require further investigation, but it is intriguing to note that different *M. tuberculosis* lineages have varying liabilities for development of isoniazid resistance[33], suggesting that clinical isolates may

evolve diverse paths towards phenotypic drug resistance that impact fundamental bacterial physiology and tolerance to other antibiotics.

The wide range of observed rifampicin tolerance, spanning many orders of magnitude confirms findings of experimentally evolved drug tolerance to the laboratory isolate *M. tuberculosis*-H37Rv[10] and extends our prior findings from a smaller-scale pilot study[28]. Given that almost all rifampicin resistance is via mutations in *rpoB*[34], our findings suggest that first-line molecular testing for rifampicin susceptibility, which is replacing phenotypic drug susceptibility[35], may not fully capture response to therapy. It needs to be further validated if these strains that are 'hyper-tolerant' to rifampicin are risk factors for poor clinical outcomes in IR-TB[24].

An important observation arising from our study is that IR is associated with increased likelihood of high levels of tolerance to rifampicin – but only in faster growing recovered bacteria. Given the association of IR with emergence of rifampicin resistance[25], our findings suggest a plausible mechanism by which isoniazid resistance, via rifampicin tolerance, acts as a 'stepping stone' to rifampicin resistance. The association between IR and rifampicin tolerance only held for fast-growing recovered bacteria. Given the observation that 'growing' rifampicin tolerant bacteria are over-represented after initiation of drug therapy in humans due to the specific regulation of *rpoB* in mycobacteria in response to rifampicin exposure[17], this may represent a divergence between growing and non-replicating persister forms of antibiotic tolerance. A better understanding of which forms of tolerance contribute to clinically relevant response to therapy will be critical for tailoring individualized regimens for TB or improving treatment regimen for IR-TB[36].

Our study has some limitations. We only assayed rifampicin tolerance under one standard axenic culture condition. It is known that antibiotic tolerance phenotypes vary considerably according to culture conditions[11], with some phenotypes only emerging *in vitro* with

specialized media, e.g. containing odd-chained fatty acids[11]. Secondly, contributors to antibiotic tolerance can be genetic, epigenetic or transient[9-12], and there is considerable epistasis between genetic variation and antibiotic susceptibility. Our assay will not be able to capture drivers of tolerance that have been lost in the collection, banking, freezing and reviving of the *M. tuberculosis* isolates. Finally, the isolates were from a previous study[24], and during the study period the old 8-month TB treatment regimen lacked rifampicin in the continuation phase[24].

This study also reveals interesting aspects like fast and slow growing sub-populations and possible variation in lag-time distribution among clinical *M. tuberculosis* isolates. There can also be different mechanisms of tolerance and persistence among *M. tuberculosis* isolates, detailed investigations are required to further understand these aspects and its clinical relevance.

In conclusion, our study identifies a significant association between isoniazid-resistance and rifampicin tolerance in clinical isolates of *M. tuberculosis*. Our findings have implications for the requirement to consider heterogeneity in bacterial responses to antibiotics and emergence of antibiotic tolerant bacterial genetic microvariants in determining optimal tuberculosis treatment regimens.

Methods

Ethical approval

M. tuberculosis isolates in this study were a part of collection from a previous study[24], approved by the Institutional Research Board of Pham Ngoc Thach Hospital as the supervisory institution of the district TB Units (DTUs) in southern Vietnam, Ho Chi Minh City Health Services and the Oxford University Tropical Research Ethics Committee (Oxtrec 030–07).

349 **Bacterial isolates**

350 242 *M. tuberculosis* isolates, collected for a previous study in Vietnam were used in this
351 study[24]. All the isolates were cultured in the biosafety level-3 laboratory at the Oxford
352 University Clinical Research Unit, Ho Chi Minh city, Vietnam[24].

353

354 **Rifampicin killing assay**

355 Most-probable number-based rifampicin killing assay was done for the clinical *M.*
356 *tuberculosis* isolates as per the published protocol[28]. *M. tuberculosis* isolates, after single sub-
357 culture from archive, were inoculated in 7H9T medium (Middlebrook 7H9 broth
358 supplemented with 0.2% glycerol, 10% OADC and 0.05% Tween-80) and incubated at 37^0C
359 until exponential phase with OD_{600} range of 0.4-0.6 is reached. All cultures were
360 homogenized by vortexing for three minutes with sterile glass beads and diluted to the OD_{600}
361 of 0.4. The diluted culture was used for measuring initial viable bacterial number by most
362 probable number (MPN) method, using 96 well plates according to the published protocol[28].
363 Briefly the protocol was as follows, a 1 mL aliquot of *M. tuberculosis* culture was harvested,
364 and the cell pellet was washed once. This washed culture was resuspended in 1mL culture
365 and 100 µL was transferred to 96-well plates as an undiluted culture in duplicate for serial
366 dilution. The undiluted culture was used for 10-fold serial dilution up to 10^9 dilutions in
367 microtiter plates. Immediately, after sampling for initial MPN (day 0), the remaining culture
368 in the tube was treated with rifampicin (Merck-Sigma Aldrich, USA) at a final concentration
369 of 2 µg/mL and incubated. On 2 and 5 days post-rifampicin treatment, viable bacterial
370 number was determined again by MPN method as previously mentioned[28]. The growth in 96
371 well plate was recorded as images by the Vizion image system (Thermo Fisher, Scientific Inc,
372 USA) after 15 and 60 days of incubation, beyond 60 days drying of plates were observed.
373 The number of wells with visible bacterial growth was determined by two independent

374 readings from two individuals, discrepancies between the two readings were verified and
375 corrected by a third person reading. MPN value was calculated as mean MPN/mL. The
376 survival fraction at 2 and 5 days post rifampicin treatment was calculated as compared to the
377 initial MPN taken as 100% survival.

378 **Relative growth difference calculation from MPN number**

379 For calculating relative growth difference of isolates before rifampicin treatment, the $\log_{10}$
380 MPN ratio between 15 and 60 days of incubation were taken to determine the relative
381 proportion of fast and slow growing sub-population. A $\log_{10}$ MPN ratio close to 0 indicated
382 less growth heterogeneity in the population, whereas a ratio less than 0 indicated presence of
383 growth heterogeneity due to the presence of fast and slow growing, or heterogeneity in the
384 lag time distribution of sub-populations.

385 **Drug susceptibility testing**

386 Microtiter drug susceptibility testing was performed using UKMYC6 plates (Thermo Fisher,
387 Scientific Inc·, USA) for determining initial rifampicin and isoniazid phenotypic
388 susceptibility[37]. Briefly, three weeks-old *M. tuberculosis* colonies from Lowenstein-Jensen
389 medium were used to make cellular suspension in 10 mL saline-Tween80 tube with glass
390 beads (Thermo Fisher, Scientific Inc·, USA) and adjusted to 0.5 McFarland units. The
391 suspension is diluted in 7H9 broth (Thermo Fisher, Scientific Inc., USA) and inoculated into
392 96-well microtiter plate using a semi-automated Sensititre Autoinoculator (Thermo Fisher,
393 Scientific Inc., USA). Plates were sealed with plastic sheet and incubated at 37^0C for 14 to 21
394 days. The minimum inhibitory concentration (MIC) was measured by a Sensititre Vizion
395 Digital MIC Viewing system (Thermo Fisher, Scientific Inc., USA) and considered valid if
396 there was growth in the drug free control wells. The clinical resistant cut-off concentrations
397 for isoniazid and rifampicin were 0.1 and 1 μg/mL, respectively.

398 The IR isolates were also confirmed using BACTEC MGIT 960 SIRE Kit (Becton
399 Dickinson) according to the manufacturer's instruction in the biosafety level-3 laboratory at
400 the Oxford University Clinical Research Unit[24]. Phenotypic DST was done for streptomycin
401 (1.0 μg/mL), isoniazid (0.1 μg/mL), rifampicin (1.0 μg/mL) and ethambutol (5.0 μg/mL)[24].
402 Whole genome sequence data was available for the isolates from previously published study[25]
403 and the Mykrobe predictor TB software platform was used for genotypic antibiotic
404 susceptibility determination of *M. tuberculosis* isolates[38].
405
406 **Statistical analysis**
407 MDK90 values, and its credible interval was estimated using a linear mixed effect model
408 with a Bayesian approach (brm function, brms package).We used the linear mixed effect
409 model for survival analysis as the data consists of repeated measurements at specific time
410 points. For the linear mixed effect model with the bacterial strains as a random effect, we use
411 the Bayesian approach with non-informative priors, which is equivalent to the frequentist
412 approach. The fixed effect relates to the explanatory variable we are utilizing to predict the
413 outcome. Specifically, our outcome measure is the $\log_{10}$ survival fraction. The explanatory
414 variables encompass isoniazid susceptibility (categorized as isoniazid susceptible or
415 resistant), the day of sample collection (0, 2, and 5 days), and the duration of incubation (15,
416 and 60 days).
417 Wilcoxon rank-sum test (stat_compare_means function, ggpubr package) was used to test the
418 null hypothesis that the IS and IR groups have the same continuous distribution, as it is a non-
419 parametric test that does not require a strong assumption about the normality of the
420 distribution of the variable. Chi-Square test (odds ratio function, epitools package) was used
421 to determine if there is a significant relationship between IR and rifampicin
422 tolerance. Cochran Armitage test (CochranArmitageTest function, DescTools package) was

423 performed to test for trend in IR proportion across the levels of rifampicin tolerance. Linear
424 regression (lm function, stats package) was used to evaluate the correlation
425 between rifampicin survival fraction and relative growth.
426 Statistical analyses and graphs were plotted using R, version 4·0·1[39] and p-values of ≤0·05
427 were considered statistically significant.
428
429 **$MDK_{90, 99}$ and $_{99.99}$ calculation**
430 In addition to MDK90 calculated by linear mixed effect model, we also determined the MDK
431 values at 90, 99 and 99.99% reduction in survival fractions for all the *M. tuberculosis* isolates
432 by the following method. The $\log_{10}$ MPN values at Day0, Day 2, and Day 5 were used to
433 calculate the respective MDK time for 90%, 99%, and 99.99% reduction in fraction of
434 survival. The calculation of MDK time for individual isolate was based on modelling kill
435 curve as two similar triangles and using the basic proportionality theorem as shown in the
436 flow chart (Supplementary figure 6) to determine the different length of X-axis (Days post
437 rifampicin treatment) corresponding to decline in survival fraction in Y-axis for each MDK
438 time ($MDK_{90, 99}$ and $_{99.99}$).
439 For example, in case of MDK90, Y0 (MPN number at day 0), Y2 ((MPN number at day 2),
440 and Y5 ((MPN number at day 5).
441 First condition tested is, if 90% reduction in survival fraction happened before or at day 2 by
442 checking if $\log_{10}$ MPN number at day 2 is less than or equal to 90% reduction as compared to
443 Y0. If the condition is true then the MDK is calculated as x-axis length DF in the two similar
444 triangles modelled in A (triangles ACB and AFD) and corresponding formula for X given
445 below. If the first condition is false then two similar triangles are modelled as in B (triangles
446 ABC and DEC) and X is calculated as 5 – EC. Similarly, for MDK_{99} and $MDK_{99.99}$ time are
447 calculated by applying the condition for 99% and 99.99% reduction in survival fraction.

Single nucleotide polymorphism difference between longitudinal isoniazid-resistant isolates with differences in rifampicin tolerance

We used whole genome sequence data and genetic variants analysis previously published for identifying non-synonymous single nucleotide polymorphisms (SNPs) emerging in longitudinal isolates from same patients associated with changes in rifampicin tolerance between the isolates[25].

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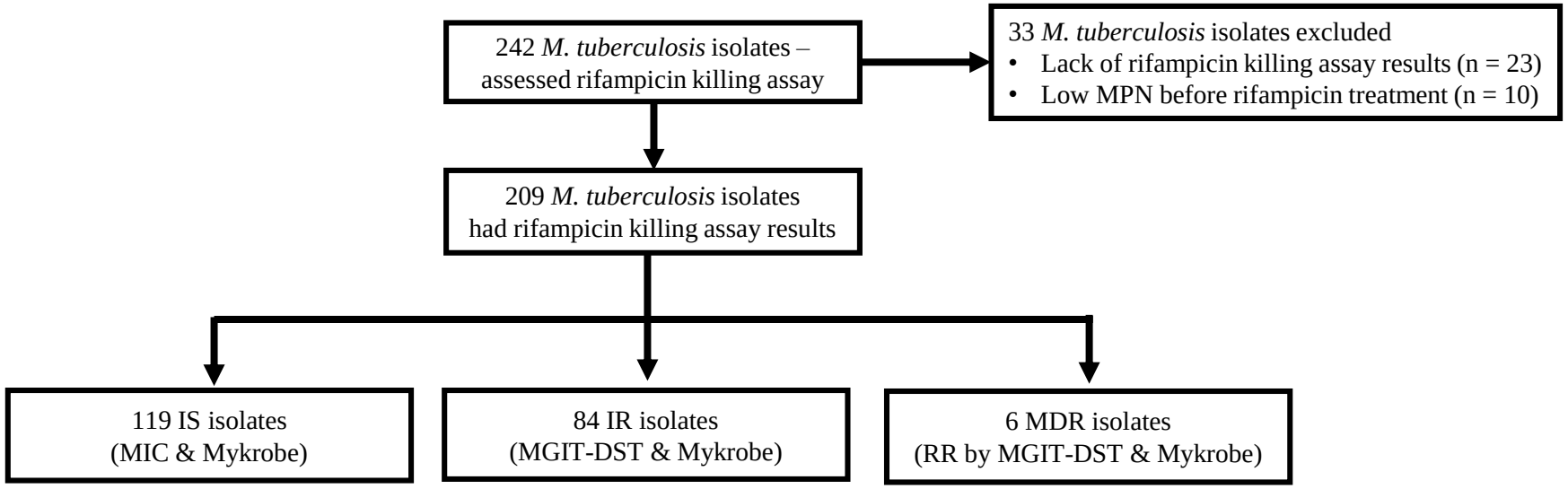

Figure 1. Study design. IS – Isoniazid susceptible, IR – Isoniazid resistant, RR – Rifampicin resistant

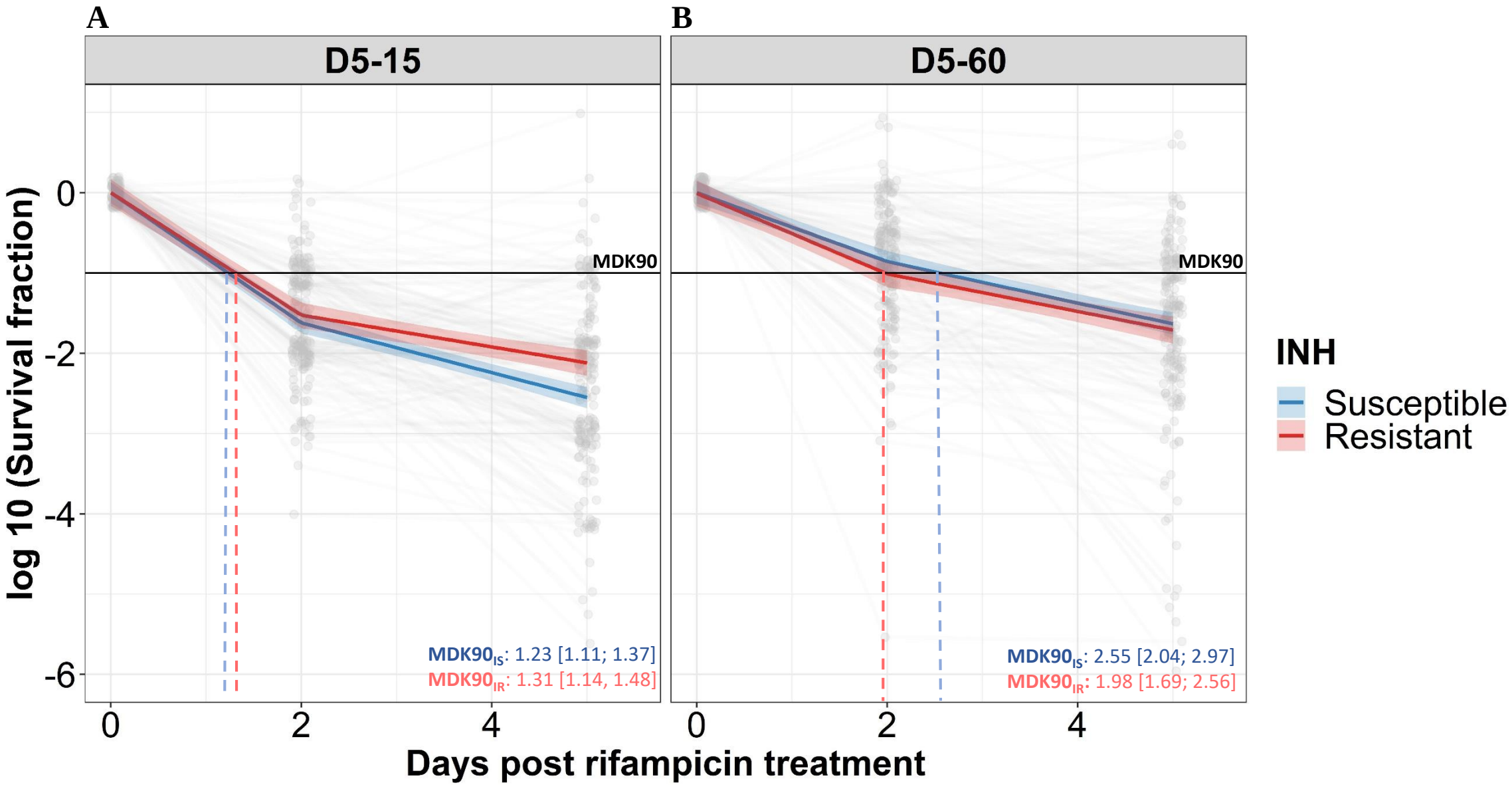

Figure 2. Rifampicin survival curve in isoniazid susceptible and resistant clinical *M. tuberculosis* isolates. (A, B) The bacterial kill curve as measured by log10 survival fraction from data collected at 0, 2 and 5 days of rifampicin treatment followed by incubation for 15 and 60 days respectively. Data from individual isolates are shown as the grey dots connected by lines. Estimated mean with 95% credible interval (bold coloured line and colour shaded area respectively) of isoniazid susceptible (IS – blue, n = 119, 117 for 15 and 60 days of incubation respectively) and resistant (IR – red, n = 84, 80 for 15 and 60 days of incubation respectively) clinical *M. tuberculosis* isolates based on linear mixed effect model implemented in a Bayesian framework. One log10 fold or 90% reduction in survival fraction is indicated (MDK90, black horizontal line) and the mean time duration required for 90% reduction in survival (MDK90, minimum duration of killing time) at 15 and 60 days of incubation is indicated by vertical dashed lines with respective colours for IS and IR isolates.

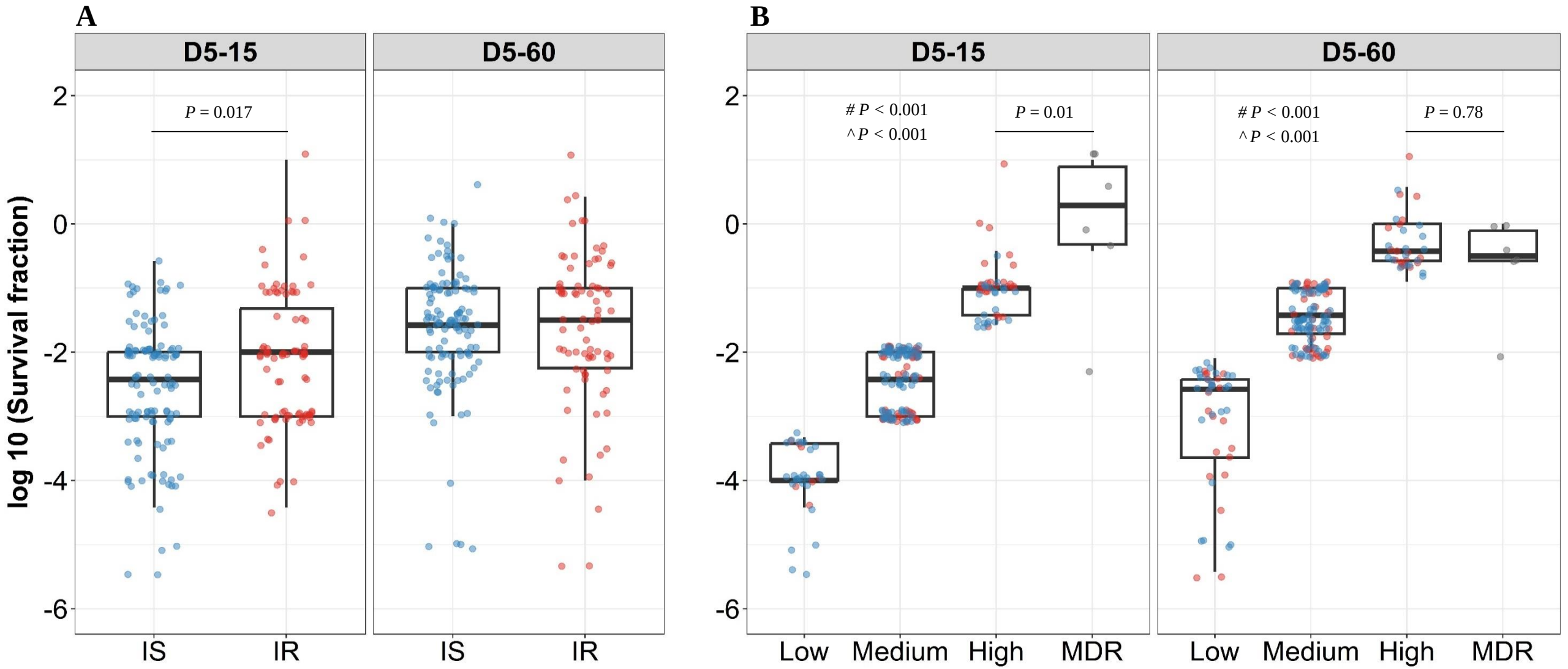

Figure 3. Rifampicin survival fraction distribution in isoniazid susceptible and resistant clinical *M. tuberculosis* isolates. (A) Log10 rifampicin survival fraction distribution, with median and IQR (inter quartile range), of individual isoniazid susceptible (IS, blue dots, n = 119, 117 for D5-15, and D5-60 respectively), and resistant (IR, red dots, n = 84 ,80 for D5-15, D5-60 respectively) isolates for 5 days of rifampicin treatment as determined at 15 and 60 days of incubation (D5-15, D5-60 respectively). (B) Rifampicin tolerance distribution in both IS (blue dots) and IR (red dots) isolates combined together was used to group them as low (< 25th percentile, n = 33, 47 for D5-15, and D5-60 respectively), medium (from 25th to 75th percentile, n = 124, 115 for D5-15, and D5-60 respectively) and high (above 75th percentile, n = 46, 35 for D5-15, and D5-60 respectively) level of rifampicin tolerance and compare it with rifampicin tolerance of MDR clinical *M. tuberculosis* isolates (grey dots, n = 6) , after 5 days of rifampicin treatment and determined at 15 and 60 days of incubation (D5-15, D5-60 respectively). Statistical comparisons between Low, Medium, and High or MDR were made by using Wilcoxon rank-sum test. # - p-value for comparing the Low and High tolerance groups, ^ - p-value for comparing the medium and High tolerance groups.

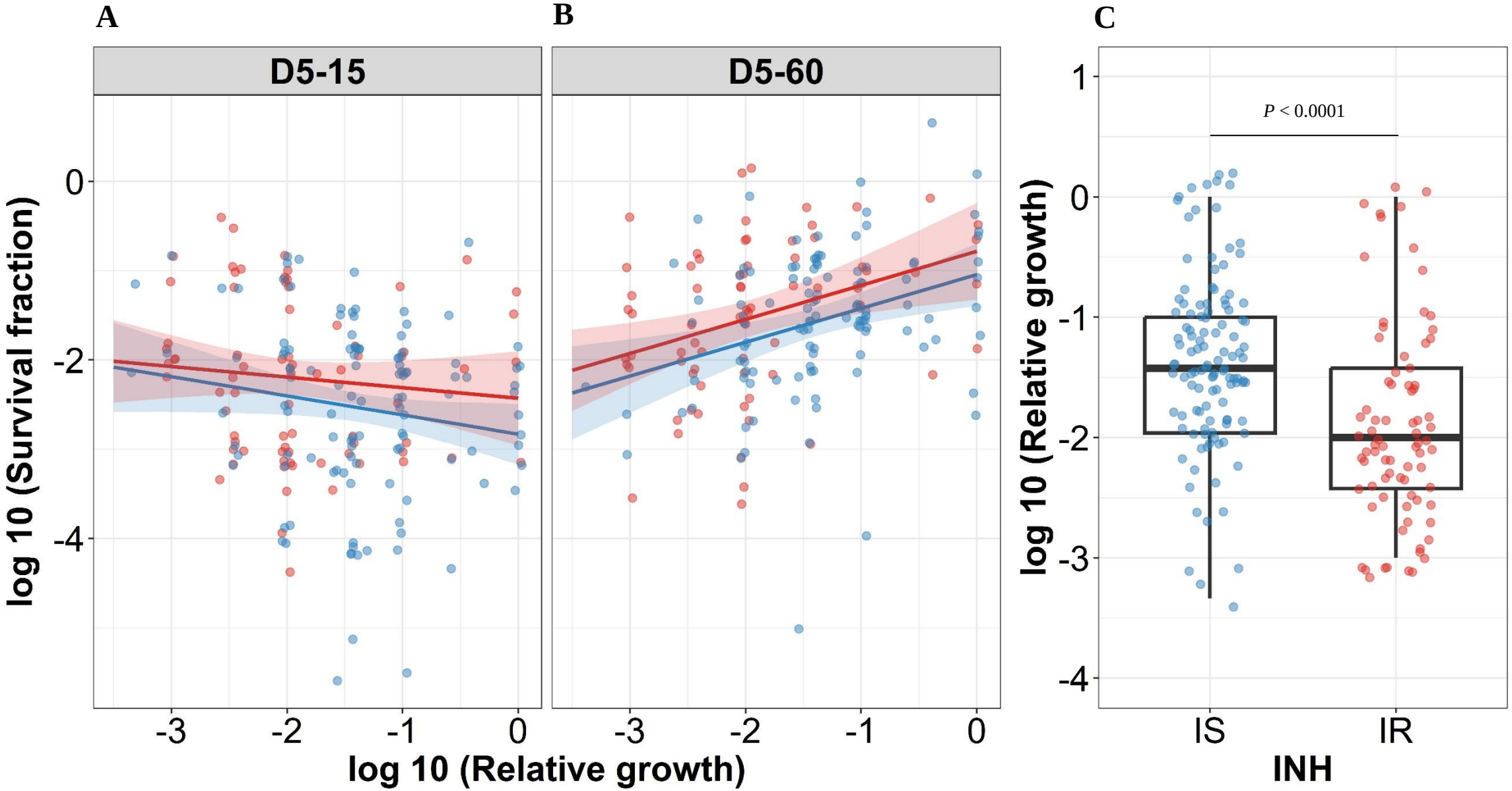

Figure 4. Correlating rifampicin survival fraction with before treatment relative growth of clinical *M. tuberculosis* isolates. Log10 survival fraction at 5 days of rifampicin treatment as determined at 15 days (A) and 60 days of incubation (B), for isoniazid susceptible (IS, blue dots) and resistant (IR, red dots) isolates respectively, correlated with the log10 relative growth determined before rifampicin treatment for clinical *M. tuberculosis* isolates. Coefficients of linear regression for (A) IS = -0.21 [-0.44, 0.007], $P = 0.058$; IR = -0.12 [-0.38, 0.14], $P = 0.37$, and (B) IS = 0.38 [0.15, 0.61], $P = 0.0014$; IR = 0.38 [0.12, 0.64], $P = 0.0041$. (C) Log10 distribution of relative growth with median and IQR for IS and IR clinical *M. tuberculosis* isolates before rifampicin treatment. Statistical comparisons between IS and IR were made by using Wilcoxon rank-sum test.

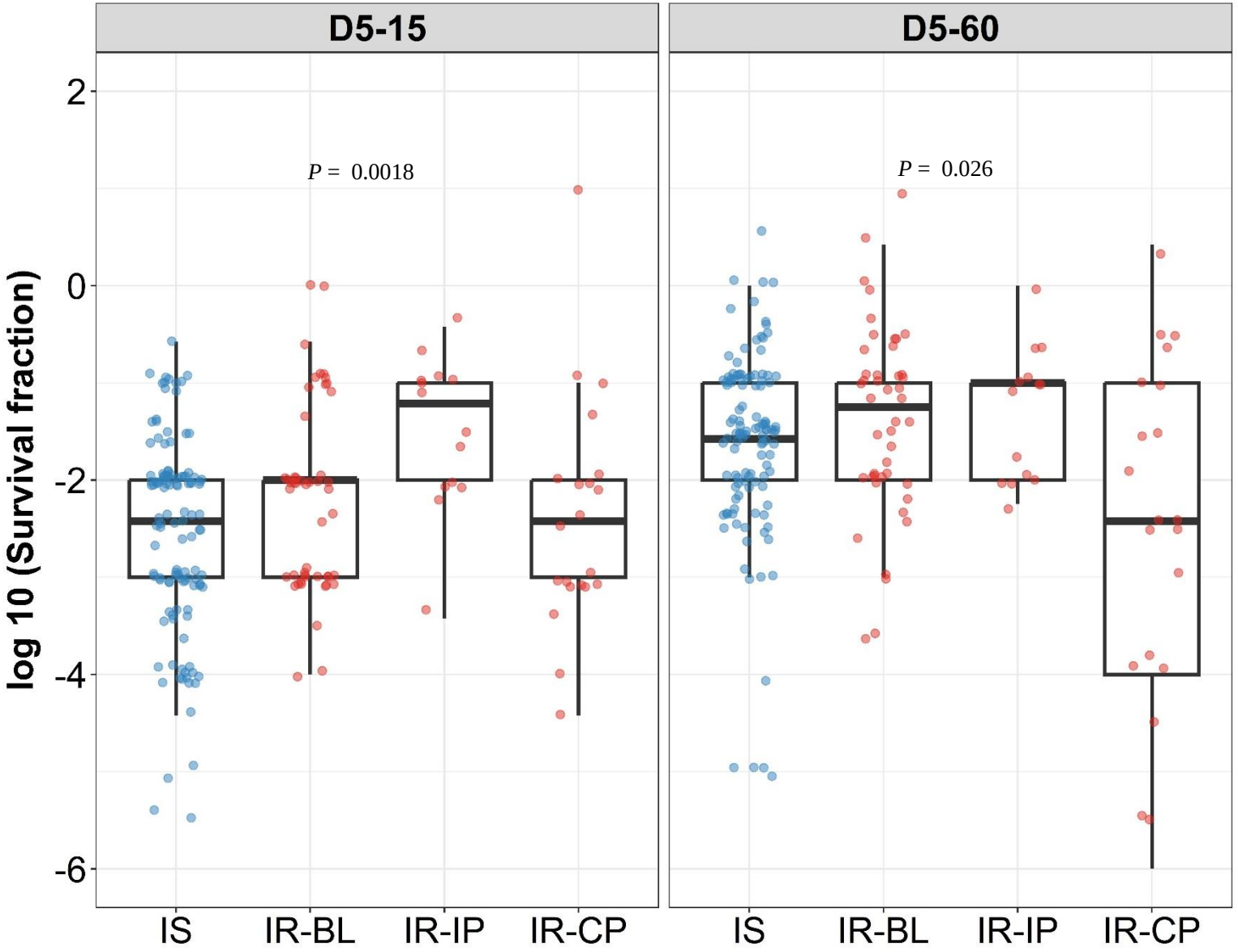

Figure 5. Rifampicin survival fraction distribution in isoniazid susceptible and longitudinal isoniazid resistant clinical *M. tuberculosis* isolates. Log10 rifampicin survival fraction distribution, with median and IQR (inter quartile range), of individual isoniazid susceptible (IS, blue dots, n = 119, 117 for D5-15, and D5-60 respectively), and longitudinal isoniazid resistant (IR, red dots, n = 84 ,80 for D5-15, D5-60 respectively) isolates for 5 days of rifampicin treatment as determined at 15 and 60 days of incubation (D5-15, D5-60 respectively) grouped based on collection time as baseline (IR-BL, n = 49), intensive phase (IR-IP, n = 14), and continuous phase and relapse (IR-CP, n = 21). Statistical comparisons between groups were made by using Krusal-Walis test.

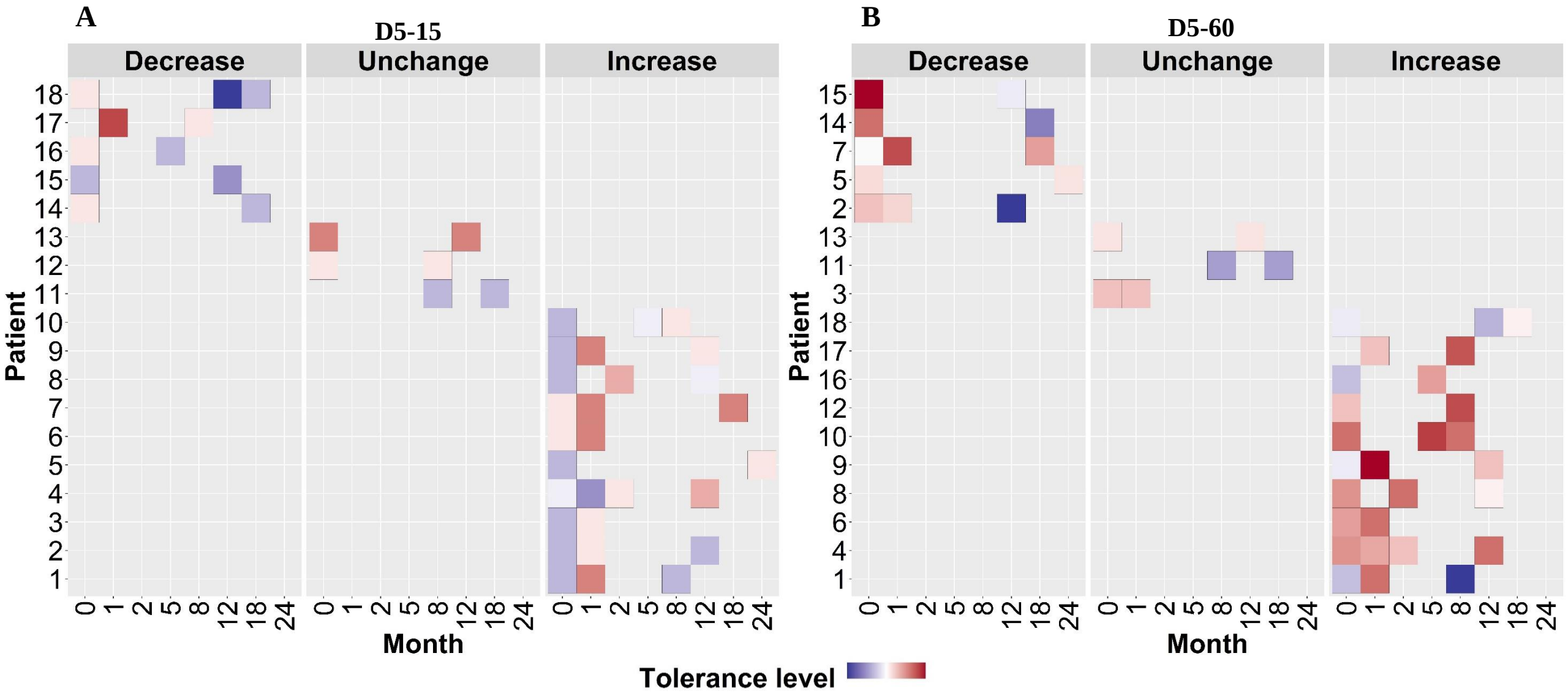

Figure 6. Rifampicin tolerance of longitudinal isoniazid resistant clinical *M. tuberculosis* isolates from individual patients. (A, B) Rifampicin tolerance heat map after 5 days of rifampicin treatment as determined at 15 and 60 days of incubation (D5-15, D5-60 respectively), of longitudinal isoniazid resistant clinical *M. tuberculosis* isolates collected from individual patients during different months of treatment and follow-up. Longitudinal isoniazid resistant clinical *M. tuberculosis* isolates from individual patients are grouped based on changes in rifampicin tolerance compared between initial and subsequent months of collection as decrease, un change and increase. Months (0 – 24) represent the different months the isolates were collected from patients during 8 months treatment and 24 months follow-up.

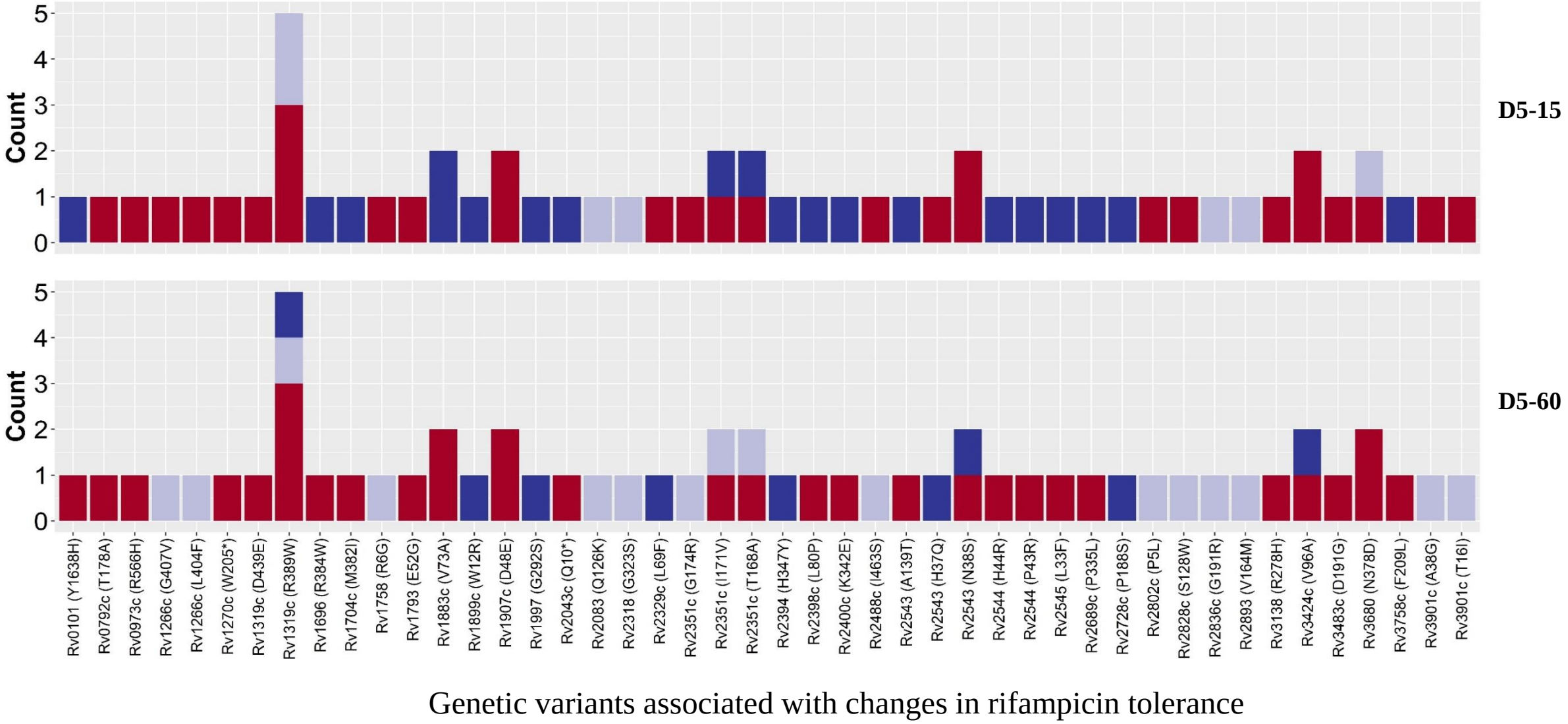

Figure 7. Non-synonymous single nucleotide polymorphism emerging in pair-wise comparison of longitudinally collected isoniazid resistant *M. tuberculosis* isolates from same patient associated with increase (red), decrease (dark blue) and no change (light violet) in rifampicin tolerance phenotype at 15 and 60 days of incubation (D5-15 and D5-60 respectively). Each count represent a single independent SNP emergence event.

Table 1. Association of rifampicin tolerance level with isoniazid susceptibility

Incubation time	Rifampicin tolerance level	Isoniazid Susceptible (N = 119)	Isoniazid Resistant (N = 84)	P	OR (95%CI)	P trend
D5-15	Low tolerance (N, %)	26 (79, 26/33)	7 (21, 7/33)			0·0038
	Medium tolerance (N, %)	72 (58, 72/124)	52 (42, 52/124)	0·029	2·68 (1·08-6·65)	
	High tolerance (N, %)	21 (46, 21/46)	25 (54, 25/46)	0·003	4·42 (1·60-12·22)	
D5-60	Low tolerance (N, %)	26 (55, 26/47)	21 (45, 21/47)			0·67
	Medium tolerance (N, %)	74 (64, 74/115)	41 (36, 41/115)	0·28	0·69 (0·34-1·37)	
	High tolerance (N, %)	17 (49, 17/35)	18 (51, 18/35)	0·55	1·31 (0·55-3·15)	

N = number of isolates. (% as percentage, N/total number (IS + IR)

P = P-value determined using Chi-square test.

P trend = P- value determined using Cochran-Armitage test.

OR = odds ratio.

95%CI = 95% confidence interval.