Increased offspring size and reduced gestation length in an ectothermic vertebrate under a

worst-case climate change scenario.

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ABSTRACT

As global temperatures continue to increase, understanding the impacts of warming

environments is increasingly relevant. Temperature is especially relevant for ectothermic

organisms which depend upon consistent and predictable annual temperature cycles for

reproduction and development. However, additional research is required in this area to elucidate

the potential impacts of climate change on future generations. To understand how projected

increases in environmental temperatures may impact reproductive outcomes within natural

populations of ectothermic vertebrates, we manipulated minimum ambient temperatures during

gestation in Red-sided garter snakes (*Thamnophis sirtalis parietalis*). Wild snakes were collected

in the Interlake region of Manitoba, Canada during their spring mating season and allowed to

mate in controlled conditions. For the duration of gestation, mated females were placed into one

of two ambient thermal conditions: temperatures emulating those found in the species' natural

habitat or temperatures with a consistent 5 □C increase to match end-of-century climate change

projections. We recorded observations for each litter and all neonates resulting from controlled

mating trials. We observed no difference in litter sizes or birth rates between thermal conditions.

However, we observed a significant reduction in gestation length and significant increase to

neonate body mass and body condition associated with increased ambient temperatures. These

results suggest that increased minimum temperatures during gestation may confer reproductive

benefits for the northern populations of this species even under the most extreme current

modeled warming predictions. We discuss the broader implications of this effect, including

possible negative ecological outcomes.

Key words: Climate change, Reproduction, Gestation, Ectotherm, Viviparous, Thamnophis

sirtalis parietalis

33   1. Introduction

In a time of rapidly changing environmental temperatures, it is increasingly important to

elucidate how altered thermal conditions impact the coordination of important life history stages

and essential events such as mating, gestation, and foraging. Because reproductive success is a

defining feature of individual fitness, factors that greatly impact reproduction among individuals

within a population have the potential to dramatically affect the long-term success and survival

of that population (Brommer et al, 2002; Sherman and Runge, 2002; Rabaiotti et al., 2023).

Ectotherms are influenced particularly strongly by environmental conditions, especially

temperature, which is frequently an important cue used to coordinate behavior and physiological

processes essential to reproductive success including courtship behavior and successful

incubation or gestation (Huey and Stevenson, 1979; Huey, 1982; Miles et al., 2000; Lourdais et

al., 2013). Ectotherms from terrestrial ecosystems demonstrate existing plastic physiological and

behavioral mechanisms to maintain homeostasis during large seasonal and acute temperature

fluctuations (Huey et al., 2001; Gunderson et al., 2017; Noer et al., 2022). These extreme

temperature fluctuations have been increasingly exacerbated by recent climate change (Masson-

Delmotte et al., 2021). Therefore, investigating how terrestrial ectotherms respond to these new

conditions provides an excellent opportunity to explore the broader impacts of a warming

climate.

The challenge of maintaining optimal thermal conditions during embryonic development

is central to reproductive success among many ectotherms, though overcoming this challenge is

accomplished using different strategies. Oviparous (egg laying) ectotherms must ensure

consistent thermal conditions for their eggs throughout the entire period of embryonic

development by utilizing complex behaviors such as careful nest building, precise nest site

selection, or by maintaining thermal conditions through monitored incubation of clutches (Du

and Shine, 2014). Typically, these nest sites are abandoned by the parent shortly after egg

deposition, allowing the nest itself to maintain environmental conditions conducive to proper

embryonic development while the mother is free to forage and rebuild depleted energy reserves

(Shine, 1988; Gans et al., 1996; Huang and Pike, 2013; Doody and Refsnider, 2022). In contrast,

viviparous (live-bearing) ectotherms must alter their behavior while gravid to maintain optimal

internal thermal conditions throughout gestation, even to the extent of risking their own survival

to prioritize ideal thermal conditions for developing embryos (Seigel et al., 1987; Charland and

Gregory, 1995; Gregory et al., 1999; Lorioux et al., 2013). This behavioral tradeoff serves to

illustrate the importance of an organism's thermal environment, and that maintaining proper

temperature is vital for the survival and optimal development of offspring and therefore directly

impacts the individual fitness of reproducing adults. Temperatures experienced during gestation

are often observed to impact neonate size in viviparous squamates (Mathies and Andrews, 1997;

Lourdais et al., 2004; Gao et al., 2010; King, 2022). Both greater neonate body length (Brown

and Shine, 2004; Kissner and Weatherhead, 2005; Addis et al., 2017) and greater body mass

(Jayne and Bennett, 1990; Bronikowski, 2000; Kissner and Weatherhead, 2005) are associated

with significantly increased rates of survival to adulthood in viviparous snakes.

Changes to environmental thermal conditions during gestation have been observed to

impact both physiology and behavior of viviparous ectotherms to alter characteristics such as

maternal energy use and basking and foraging behavior (Lourdais et al., 2002; Ladyman et al.,

2003; Wang et al., 2017), gestation length (Blanchard and Blanchard, 1940; Ji et al., 2006; Wang

et al., 2017; King, 2022), litter size (Lourdais et al., 2004; Zhang et al., 2010; Tang et al., 2012),

and body condition and viability of neonates (Lourdais et al., 2004; Wang et al., 2017; King,

2022). Although there is often agreement regarding the influence of warmer temperatures on

gestation, neonate survival, and body condition, the specific effects observed differ between

studies and depend on the biological system examined. Wang et al. (2017) reported that

increased ambient temperature was associated with significantly shorter gestation length,

increased neonate mass, and a decrease in general activity during gestation for Toad-headed

lizards (*Phrynocephalus putajatia*). Beuchat (1988), found that increased environmental

temperatures during gestation were associated with a decrease in gestation length in Yarrow's

spiny lizards (*Sceloporus jarrovi*), but this study also reported that sustained increased

temperatures resulted in a detrimental effect on the body conditions of both mother and neonate.

This latter general trend was further supported, as Tang et al. (2012) reported an increase in litter

size and a decrease in gestation length associated with higher temperatures for Multi-ocellated

racerunner lizards (*Eremias multiocellata*), but that these potentially beneficial effects were lost

as temperatures continued to increase. Lourdais et al. (2004) demonstrated that increased

ambient temperature resulted in shorter gestation length, increased embryo viability, and caused

phenotypic changes, including changes to scale patterns, in neonate European asps (*Vipera aspis*)

within a population living at the northern boundary of its range. Each of these studies

demonstrate that, even among animals that are able to effectively behaviorally thermoregulate,

increased ambient temperatures significantly impact both the behavior of gravid females and the

resulting reproductive outcomes in viviparous species.

Red-sided garter snakes (*Thamnophis sirtalis parietalis)* are viviparous ectotherms and

one of the most northerly living squamate species in North America (Aleksuik and Stewart,

1971). The focal population of this study is found in the Interlake region of Manitoba, Canada

near the northern extreme of the species' range which spans as far South as Northern Texas. The

Interlake region is particularly well suited for studies examining the effects of temperature on

ectothermic vertebrates, as it is characterized by major seasonal changes to the thermal

landscape. Unsurprisingly, ectotherms living within this region are well adapted to this extreme

environment and demonstrate highly coordinated annual behavioral cycles primarily driven by

seasonal temperature changes (Aleksiuk and Stewart, 1971; Gregory, 1974; Lutterschmidt et al.,

2006). Indeed, Red-sided garter snakes spend the majority of their life in a hibernation-like state

of winter dormancy known as "brumation," during which the entire population retreats into

subterranean hibernacula for up to 8 months each year (Aleksiuk and Stewart, 1971; Costanzo,

1985). Brumation is a behavioral and physiological state characterized by extremely low levels

of activity and greatly reduced metabolic rates in ectotherms. This state is driven by low

temperatures and serves as an essential strategy for surviving extremely cold and resource-

limited winter conditions (Gregory, 1982; Geiser, 2013). Red-sided garter snakes remain

relatively inactive throughout brumation and do not feed for approximately 8-9 months each year

(O'Donnell, 2004). Thus, they must rely solely upon stored energy to survive winter dormancy

as well as the intense and energetically costly activities of mating and migration immediately

following emergence from the hibernacula in early spring (Aleksiuk and Gregory, 1974;

Aleksiuk, 1976). These energy stores must be obtained during an extremely brief summer

feeding season lasting as little as 10 weeks, during which an individual must acquire all of the

energy necessary for an entire year of growth, development, reproduction, and survival (Crews et

al., 1987; O'Donnell et al., 2004). Moreover, the challenge of building energy reserves becomes

even more difficult for reproducing females as this brief feeding period coincides with gestation

– a period that is both behaviorally and energetically demanding. Unlike the southern

populations, the environmental temperatures experienced by the northern populations are much

lower relative to their optimal body temperatures, suggesting minimum ambient temperatures

may play a large role in the behavior and reproductive outcomes for snakes undergoing gestation

in this colder region (Gibson, 1977; Gibson and Falls, 1979; Arnold and Peterson, 2002). Thus,

this limited window of time is critically important and has the potential to dramatically impact

individual fitness, as a reproducing female must carefully balance activities and energy demands

to simultaneously ensure survival while maximizing reproductive success.

Although climate change-induced warming has resulted in a global average temperature

increase of approximately 0.6 □C over the last 60 years, the Interlake region has been

disproportionately impacted, experiencing nearly triple the global rate with recorded

temperatures showing an increase of 1.7 □C over the same period (Zhang et al., 2000; Houghton

et al., 2001; Environment Canada, 2014; Bush and Lemmen, 2019). Global temperatures are

predicted to continue to increase by as much as 5.3 □C by the end of the century, which is well

beyond the findings of previous work where increases of as little as 2 □C significantly impacted

gestation in viviparous ectotherms (Houghton et al., 2001; Kingsolver et al., 2013; Wang et al.,

2017; Masson-Delmotte et al., 2021). With current regional warming levels so much higher than

the global average, it is reasonably likely that future regional warming will be at the higher end

of global climate change model projections. While increased temperature in this region will

likely not result in thermal conditions that are significantly warmer than those currently

experienced by this species at the southern end of their range, increases to minimum

temperatures of this degree have a large potential to alter behavioral thermal regulation and

reproductive outcomes for snakes at the colder northern end of their range. This is especially true

for increases in nighttime temperatures, where even during summer they currently remain well

below optimal gestation temperatures.

Currently, the daily mean environmental temperatures experienced by Red-sided garter

snakes during the summer feeding and gestation period range from 13.8 □C in late September to

20.1 □C in July, with mean maximum daily temperatures 25 □C, and mean minimum

temperatures 15.9 □C (https://en.climate-data.org/north-america/canada/manitoba/inwood-

108217/). Previous research focused on the Red-sided garter snakes and other members of the

genus *Thamnophis* have shown that both free-ranging and captive gravid females behaviorally

maintain daytime body temperatures between 26 □C and 31 □C – a range that typically exceeds

ambient temperatures (Gibson and Falls, 1979; Arnold and Peterson, 2002; Hughes et al., 2019).

Though often overlooked, nighttime temperatures are rising faster than daytime temperatures,

resulting in a potentially larger impact to minimum temperatures than maximum temperatures,

especially for organisms living at the coldest edges of their range (Alexander et al., 2006;

Rutschmann et al., 2023)

In the present study, we manipulated the thermal environment of gestating female Red-

sided garter snakes by increasing minimum diurnal and nocturnal ambient temperatures by an

ecologically relevant 5 □C and observed the impact of this increase on gestation length and the

neonate and litter-wide traits at birth. We predicted an increased minimum ambient temperature

of 5 □C would significantly reduce gestation length, with potential increases to neonate mass,

body condition, and parturition success. However, we also predicted that if this thermal increase

exceeds the beneficial thresholds of this population, potential individual gains would be lost

resulting in a reduction in neonate body condition, reduced offspring per litter, increases to

stillbirths and severe deformities (Beuchat, 1988; Tang et al., 2012).

2. Materials and methods

All experimental protocols presented were approved by the Oregon State University

Institutional Animal Care and Use Committee (Animal Care and Use Protocol 5058), in

accordance with the Association for the Assessment and Accreditation of Laboratory Animal

Care. This research was conducted under the authority of Manitoba Wildlife Scientific Permit

No. WB20333.

Animal Collection

We collected free-ranging male and female Red-sided garter snakes (approximately 100

of each) from the natural population at over-wintering hibernacula near the town of Inwood,

Manitoba, Canada during the spring mating season between 1 May and 4 May 2018. This site

contains several communal hibernacula that collectively shelter a population estimated at

approximately 35,000 snakes (Shine et al., 2006). Male snakes were selected and captured after

being observed actively exhibiting courtship behavior. Non-mated females were selected and

captured only if their initial emergence from the hibernaculum was observed, and they were

being actively courted by males. To minimize the effects of body size variation on litter size,

only females of the same approximate size were selected, with snout-vent length (SVL) and body

masses of approx. 60 cm and 100 g, respectively. Due to the extremely large population and ease

of collection, we were able to limit collection to this target size while easily maintaining a

sufficient sample size.   To confirm that the females had not yet mated that season, we visually

inspected their cloaca for copulatory plugs upon collection. Copulatory plugs are large,

gelatinous spermatophores deposited by a male inside of a female's cloaca during copulation.

Copulatory plugs are substantial in size, persist for several days, and represent an easily

identifiable and reliable indication that a female has recently mated (Whittier et al., 1985; Friesen

et al., 2013). Any female presenting a copulatory plug, or any indication of potentially having

mated, was immediately released. All animals were collected by hand and placed in cloth bags

for transportation to the Chatfield Research Station, Chatfield, Manitoba. Snakes were separated

by sex and housed outdoors in specially designed 1 m^3 nylon enclosures containing natural

stones, hide boxes, and water dishes. Water was provided *ad libitum* for the duration of captivity,

but food was not provided in the field or at the research station, as this species is aphageous

during the spring mating season (Crews et al., 1987, O'Donnell et al., 2004). Capture, handling,

and transportation are not likely to have impacted results, as previous studies have consistently

shown that these activities do not adversely affect survival, reproduction, or courtship behavior

(Friesen et al., 2013; Friesen et al., 2014).

Mating Trials

To control mating conditions and timing, we used courtship arenas (opaque, cylindrical,

nylon enclosures 0.5 m in diameter and 1 m tall) with heat lamps (above) and electric heating

pads (below) to maintain homogenous thermal environments at ≥ 13.0 □C – optimal

temperatures to stimulate vigorous courtship behavior. Female snakes were placed individually

into arenas and paired with 5 randomly selected males. All snakes were allowed to freely behave

under constant observation until successful copulation occurred. Successful copulation was

confirmed by visual inspection and identification of a copulatory plug. Females with copulatory

plugs were separated from the males and transferred to a 1 m^3 outdoor nylon enclosure

containing only mated females. Each male was allowed to mate only once. Males that

successfully mated were removed from the remainder of the study to minimize any potential bias

that may arise from allowing a male to sire more than a single litter of offspring. All males were

marked dorsally with indelible ink to prevent recapture and released at the site of capture within

5 days of collection. All controlled matings took place within the same 48-hour period,

concluding when 80 successful matings occurred. Similar experiments have reported that 23-

64% of mated female Red-sided garter snakes give birth in a laboratory setting (Friesen et al.,

2014; Blakemore 2017; Dayger et al., 2018), as such our sample size should result in 10-20

successful litters per treatment.

Experimental Conditions and Data Collection

We transported the mated females ($n = 80$) by car to the laboratory facilities at Oregon

State University. Animals were transported in cloth bags, housed in a thermally controlled

environment (air temperatures between 20 ▯C and 22 ▯C), and given water via a damp sponge

to prevent dehydration for the duration of the trip (< 30 h). Though females were all

approximately the same size as a result of carefully targeted collection, further efforts were made

to ensure any remaining size variation was accounted for between treatment and control groups.

Female snakes were visually sorted by SVL, then matched into pairs based on both SVL and

approximate body condition to minimize the impact of differences in energy reserves and

maternal body size between treatments. These matched pairs were then randomly split between

treatment and control conditions, from largest to smallest to ensure an even distribution of size

ranges in each group of 40 snakes. Snakes were marked ventrally via scale clipping to indicate

both the experimental condition and the relative size ranking within each treatment. Once

assigned to a group, and for the remainder of the study, snakes were housed within

microprocessor-controlled environmental chambers (Environmental Growth Chambers, Chagrin

Falls, OH). The control group was housed within a chamber emulating the thermal environment

found in this species' natural range during the summer feeding period, which consists of a

daytime temperature of 22 ▯C and a nighttime temperature of 15 ▯C. The treatment group was

housed in an identical chamber set to maintain ambient temperatures increased by 5 ▯C, which

consists of a daytime temperature of 27 ▯C and a nighttime temperature of 20 ▯C. Females

were housed individually in 45 liter glass aquaria containing approximately 2.5cm of

CareFresh™ paper fiber substrate, a water bowl, a hide box, a rock to facilitate shedding of skin,

and a heat lamp situated at one end to produce a thermal gradient allowing behavioral

thermoregulation within the constraints of the experiment. Maximum temperatures under the

basking lamps were approximately 31 □C for control group and 40 □C for the treatment group.

Minimum temperatures never dropped below the ambient temperature for each treatment (22

□C:15 □C or 27 □C:20 □C day:night cycle). Thus, this study tightly controlled the minimum

ambient temperatures snakes were able to access during gestation while allowing snakes to freely

thermoregulate and access higher temperatures if preferred, mimicking thermal opportunities

experienced in the wild where minimum temperatures are reached at night but behavioral

thermal regulation during the day allows for higher diurnal body temperatures. Photoperiods

were identical for both treatments and emulated that of the summer feeding period in Manitoba

(16 h:8 h light:dark cycle). Humidity was maintained at 65 % for both treatments. Water was

provided *ad libitum*, and food (a mixture of earthworms and salmon fry supplemented with

calcium) was provided once per week, during which time all snakes were allowed to eat to

satiation. Snakes were maintained in these conditions for the duration of the experiment.

Each female was inspected daily to identify births, and offspring were collected within no

more than 24 hours of birth. Dates of birth and number of offspring were recorded for each litter.

Neonates were weighed and measured immediately after collection. Masses were recorded to the

nearest 0.01 g and SVLs were recorded to the nearest 1 mm. Measurements were collected for

every litter and for every neonate until the last female gave birth in late September (see

Supplemental Table 1 for full data). All adult snakes were maintained in captivity until the

following spring then returned to the location of capture. Offspring were maintained in the lab

for further data collection facilitating additional studies aiming to characterize growth and

development.

Statistical methods

To assess the overall health of neonates, Scaled-mass index (SMI), a non-destructive

method for estimating body condition in animals using mass and length data was calculated for

each neonate (Peig and Green, 2009). Briefly, SMI was calculated from the following equation:

$$m_i = m * (\frac{L_0}{L})^{\beta_1}$$

270   Where m_i is the scaled-mass index, m is the individual mass, L_0 is the mean SVL, L is the

271   individual SVL, and β_1 is the β_1 coefficient derived from the following linear mixed-effects

272   model (LMM):

$$log(mass) = \beta_0 + \beta_1 log(SVL) + bZ + \varepsilon$$

Where β_0 is the intercept, β_1 is the coefficient for the fixed effect of log(SVL), b is the coefficient

for the random effect of Z (mother), and ε is the error term. LMM and SMI were calculated for

each treatment condition. Using an LMM allows us to account for interlitter variation, such as

minor differences in maternal physiology, behavior, and environmental conditions associated

with each litter by treating the mother as a random effect. Additionally, LMMs are robust to

violations of normality and independence, allowing us to make full use of the dataset without

limiting analyses to mean litter values for each trait, as well as enabling the use of non-

transformed data to generate results that can be directly interpreted (Bates et al., 2015; Schielzeth

et al., 2020).

To evaluate the effect of treatment on reproductive outcomes, a linear mixed effects

model (LMM) was used to evaluate the effect of treatment (treatment or control) on traits

including neonate mass (g), SVL (cm), SMI, as well as gestation length (days) using the

following:

$$Y_i = \beta_0 + \beta_1 X + bZ + \varepsilon$$

Where Y_i is trait of interest, β_0 is the intercept, β_1 is the coefficient for the fixed effect of

X (treatment), b is the coefficient for the random effect of Z (mother), and ε is the error term. A

full model that also included relative maternal size as fixed effect, as well as a reduced model

that accounted for the random effects of mother but did not include the effect of treatment were

compared using the Akaike information criterion (AIC), however the intermediate model above

resulted in the best fit and is used throughout (Supplemental Table 2). All LMM analyses were

conducted using the lme4 package (Bates et al., 2015) in R (R Core Team, 2023). All figures

created using the ggplot2 package in R (Wickham, 2016).

To explore the potential treatment-based differences in the relationships between traits

measured, an LMM that is similar to the one above was employed, however the *X* variable

instead represented one of the traits. Maternal identity was still included as a random effect to

account for interlitter variation. For each model, the marginal R^2 was calculated using the

'r.squaredGLMM' function from the MuMIn package in R (Barton and Barton, 2015). Traits

compared this way include neonate mass, SVL, SMI, gestation length, and litter size.

Additionally, interactions between traits and treatment conditions were evaluated for the traits

neonate mass, neonate SVL, and neonate SMI using an expanded LMM that included the

interactions between neonate SVL, neonate mass, gestation length, litter size, and treatment

condition, with maternal identity held as a random effect. Relationships were then visualized by

plotting two traits against each other and fitting an LMM to each treatment using the ggplot2

package in R.

To further evaluate the effect of treatment on reproductive outcomes we used a linear

model (LM) to compare litter outcomes between treatments (See Supplemental Table 3 for litter

wide traits). Treatment (treatment or control) was treated as a fixed effect on traits including total

litter mass (g), average neonate mass (g), average neonate SVL (cm), average neonate SMI, litter

size, number of stillborn, and number of deformed neonates per litter, using the following

equation:

$$Y_i = \beta_0 + \beta_1 X + \varepsilon$$

Where Y_i is the trait of interest for each litter, β_0 is the intercept, β_1 is the coefficient for

the predictor X (treatment), and ε is the error term. All LM analyses were conducted using the

stats package (version 4.3.1) in R. All figures created using the ggplot2 package in R.

Additional analyses were conducted to explore the relationship between relative maternal

size and those same traits, however, due to the ranked nature of the relative maternal size,

Kendall's Tau correlation was calculated using the ggpubr (version 0.6.0) package in R. All

correlation figures were visualized using ggplot2.

A two proportions z test with continuity correction was used to evaluate the proportion of

females that gave birth out of the total number of mated females for each treatment using the

prop.test function of the stats package in R.

3. Results

A total of 26 mated females reached parturition, with 12 females from the treatment and

14 from the control group successfully giving birth. The proportion of mated females that

reached parturition was well within the reported range for a laboratory setting, with 35% of

control and 30% of treatment snakes successfully giving birth. When compared, there was no

significant difference in birthrate between treatments ($z^2 = 0.06$, $p > 0.8$, $n_{treatment} = 12$, $n_{control} =$

14) (Figure 1L).

Neonate mass, SMI, and gestation length were all found to be significantly affected by

the treatment condition ($p < 0.05$), with no difference present in SVL between treatments ($p >$

0.5) (Figure 1A-D and Table 1). The effect of treatment increased both neonate mass and SMI,

with an estimated increase of 0.19 g and 0.23 respectively, and decreased gestation length by an

estimated 24 days. This shows that not only did the treatment condition reduce gestation length

by approximately 20%, but also increased neonate mass by approximately 14% while

maintaining neonate SVL.

Of the litter-wide outcomes including total litter mass (g), mean neonate mass per litter

(g), mean neonate SVL per litter (cm), mean neonate SMI per litter, litter size, number of

stillbirths per litter, and number of significant developmental deformities per litter, only mean

neonate mass per litter and mean neonate SMI per litter were significantly different between

treatments ($p < 0.05$), with the estimated effect of treatment consistent with those found in the

LMM results (0.19 g and 0.23 respectively) (Figure 1E-G, Supplemental Figure 1, and Table 2).

343   A weak positive relationship was found between neonate SVL and neonate mass for

treatment ($F_{[1, 209]} = 8.86$, $p < 0.001$, $R^2 = 0.18$, $n = 213$) and a positive relationship for control

($F_{[1, 220]} = 214$, $p < 0.001$, $R^2 = 0.41$, $n = 222$) (Figure 2B). When plotted against SMI, neonate

SVL and neonate mass illustrate detail in how SMI differed between treatment groups. Neonate

mass had a strong positive relationship with neonate SMI for treatment ($F_{[1, 95]} = 25$, $p < 0.001$,

$R^2 = 0.89$, $n = 213$), and a similar relationship for control ($F_{[1, 218]} = 21.2$, $p < 0.001$, $R^2 = 0.73$, n

$= 222$) (Figure 2C). Neonate SVL showed no relationship with neonate SMI for control ($F_{[1, 214]}$

$= -0.135$, $p = 0.893$, $R^2 < 0.001$, $n = 222$), or for treatment ($F_{[1, 210]} = -0.162$, $p = 0.871$, $R^2 <$

0.001, $n = 213$), showing both that SMI is behaving as expected, and that there is a consistent

shift to a higher SMI in the treatment condition regardless of SVL (Figure 2A). The treatment

group showed mass that skewed higher at larger SVL, suggesting that while there was no

difference in SVL between treatments (Figure 1C), neonates with a higher SVL were able to

build more mass in the treatment group compared to the control group, where neonates had

appear to have had difficulty building mass for longer individuals.

357   Litter size had little to no relationship with, neonate SVL, neonate mass or neonate SMI

for the treatment group, but a strong slightly negative relationship was found between litter size

and gestation length ($F_{[1, 0.006]} = -10.3$, $p = 0.969$, $R^2 = 0.901$, $n = 213$). A negative relationship

was found between litter size and neonate mass ($F_{[1, 12.9]} = -2.27$, $p = 0.47$, $R^2 = 0.23$, $n = 222$),

neonate SVL ($F_{[1, 13.1]} = -3.89$, $p < 0.01$, $R^2 = 0.45$, $n = 222$), and gestation length ($F_{[1, 12]} = -2.75$,

p <0.05, $R^2 = 0.36$, n = 222) for the control group (Supplemental Figure 2 and Supplemental

Table 4). This suggests that cost associated with larger litters for the treatment group was

generally very small, but controls with larger litters had moderate reductions to neonate mass and

SVL as well as shorter gestation length. No relationship between gestation length and neonate

traits were found for either treatment or control groups (all p > 0.1 and $R^2 < 0.1$) (Supplemental

Figure 3 and Supplemental Table 4). When looking at effect of the interaction between traits and

treatment conditions on neonate mass, neonate SVL, and neonate SMI, a number of interactions

were significant, with 17/21 significant interactions including the term for treatment condition (p

< 0.05), further showing the strong impact of the treatment condition (Supplemental Table 5).

When comparing relative maternal size to neonate traits, we see several relationships that

are significant, however all of these relationships show a very weak effect (Supplemental figure

4 and Supplemental Table 6). We believe that this shows that while maternal physiology plays a

large role in neonate physiology, the weakness of the relationships in our data reflects our efforts

to control for differences in maternal size during our initial sample selection.

All code used for the statistical analysis above and for all figures presented can be found

at https://github.com/hubertdl/Tsp_Gestation_and_ClimateChange.

4. Discussion

Our observations of gestation times accurately agreed with our initial prediction that a 5

□C increase in minimum temperature during gestation would result in a reduction in gestation

length. Indeed, we found that gestation lengths were significantly reduced in the treatment

condition, such that the extent of the resulting ranges of birth dates did not overlap between the

treatment and control groups. The average gestation length for the treatment was 24 days shorter

than that of the control group representing a 20 % decrease in average gestation length. Shorter

gestation lengths may increase the female's survival as gravidity imposes energetic costs as well

as reduced locomotory and foraging capabilities and requires increased amounts of time engaged

in active thermoregulation – all of which may ultimately result in an increased exposure and risk

of predation for the gravid female (Seigel et al., 1987; Charland and Gregory, 1995; Gregory et

al., 1999). As these costs in Red-sided garter snakes are imposed simultaneously with the already

extremely limited opportunities for summer foraging, a reduction in gestation length would allow

for both increased amount of time to forage each year and more frequent prey capture during this

period ultimately resulting in increased opportunity to replenish depleted energy stores after

giving birth. Additionally, it has been shown that higher temperatures increase the ability to

build mass during the summer season in adult females, allowing them to further make use of

potentially expanded foraging in these hotter conditions to accelerate postpartum recovery

(Halliday and Blouin-Demers, 2018).

However, it must be considered that any increase in foraging opportunity may be

counterbalanced by potential decreases in prey availability, as increased temperatures will

undoubtedly affect the whole ecosystem in ways that are difficult to predict. Additionally,

climate change results in more frequent and extreme temperature swings, which will likely result

in an increased occurrence of conditions that are outside the thermal range needed for normal

activity, potentially reducing the time available for foraging per day (Masson-Delmotte et al.,

2021). Despite this uncertainty, any increase in the time available for foraging will potentially

increase the ability to overcome the challenges that result from reductions to suitable foraging

conditions and prey availability. While warming conditions will likely alter seasonal timing,

resulting in some extension to the spring and fall that are available for activity, winter brumation

conditions are unlikely to change in a meaningful way under current climate change predictions,

as current mean temperatures are well below freezing with sustained snow coverage from late

October to mid-April each year (https://en.climate-data.org/north-

america/canada/manitoba/inwood-108217/). While the longest period of brumation is unlikely to

change, even a marginal shift that reduces brumation duration at the margins will add an

additional variable that can alter the impact of a reduced gestation length.

We found that, along with the reduced gestation length, the treatment condition also

resulted in both increased neonate mass and SMI at birth but did not affect SVL. This was most

pronounced when comparing neonates with larger SVL measurements, suggesting that control

neonates had a harder time building mass for longer neonates. Generally, larger neonate mass

and body condition at birth are associated with both improved short term and lifetime survival in

snakes (Bronikowski, 2000; Brown and Shine, 2004; Kissner and Weatherhead, 2005; Addis et

al., 2017). Based on the mass and SMI results alone, the offspring gestated in warmer conditions

may have increased overall fitness resulting in better parental reproductive outcomes. However,

there are potential trade-offs associated with accelerated development that can have long-term

consequences, such as reductions in longevity, stress resistance, and future fecundity, any of

which might overshadow the benefits gained by their larger size at birth (Chippindale et al.,

2004; Shalev and Belsky, 2016). Long term studies tracking lifetime outcomes would be

necessary to fully determine if the potential short-term survival benefits are outweighed by long-

term costs of accelerated development, however it takes up to 3 years to reach sexual maturity,

and a lifespan in the wild that can exceed 10 years, making this extremely logistically difficult to

conduct, and far outside the scope of this study (Gregory, 1977; Bronikowski, 2008; Rollings et

al., 2017).

Interestingly we observed no differences in birth rates, average litter sizes, total litter

mass, the number of stillborn or severely deformed neonates between treatments. It has been

shown that increased temperatures during gestation can reach a threshold, after which improved

outcomes observed under moderate temperature increases begin to be overtaken by detrimental

outcomes for developing offspring or gestating mothers, such as reductions to body conditions of

the neonates, reduced litter sizes, and increased stillbirths (Beuchat, 1988; Yan et al., 2011; Tang

et al., 2012). During this study, by artificially increasing the minimum ambient temperatures

available to mothers with developing offspring, we prevented them from thermoregulating at a

temperature below such a threshold. This serves to simulate and evaluate the effect of general

warming in an environment with thermal conditions that are lower than preferred body

temperatures. Under these conditions, our observations suggest improved reproductive outcomes

at the time of birth, with no directly observed negative results associated with the treatment

condition. Thus, we conclude that an increase of 5 □C to the minimum ambient temperatures

during gestation likely did not exceed the threshold at which detrimental outcomes overcome the

benefits gained. Generally, this suggests that there is a potential for additional beneficial effects

from an increased minimum ambient temperature beyond 5 □C during gestation, as the benefits

presented here suggest that they have not yet reached their detrimental thermal threshold.

Though it is possible that some benefits may be present with a more moderate increase in

temperature, such as increased litter size or birthrates, and may have already been lost to some

degree at this higher temperature. Further research exploring a wider range of thermal conditions

during gestation would be interesting, as this would expand our perspective allowing for

increased ability to predict the effects of future increases in ambient temperatures and would

potentially pinpoint the maximum ambient temperature threshold at which beneficial results

began to reverse and detrimental impacts begin to arise.

While our experimental design increased both minimum diurnal and minimum nocturnal

temperatures by 5 □C, we believe that the treatment effect was driven primarily by the increased

nocturnal minimum temperature. In fact, the large thermal differences experienced by

populations at different geographic regions are likely overcome using behavioral plasticity, as

they exhibit the same diurnal thermal preference regardless of large differences in latitude and

climate (Rosen, 1991). During the day, gravid females were allowed to use basking to

behaviorally thermoregulate, mimicking behavior exhibited in natural settings, however the

minimum temperature experienced during the night cannot be overcome using this strategy. This

should result in relatively little difference in body temperature during the day but would allow

for body temperatures to remain closer to optimal gestation temperatures for the treatment group

at night. Because higher maternal body temperatures accelerate embryonic development, a

higher minimum temperature experienced during the night has the potential to increase the rate

of development at the time it is the slowest (Beuchat, 1988; Lorioux et al., 2013). Further studies

looking specifically at increased nocturnal temperatures in this system would be valuable in

deciphering the impact of this increasingly relevant change in thermal conditions (Rutschmann et

al., 2023)

This study did not identify that critical threshold, but these results suggest interesting

implications for future warming associated with continued climate change. The response

variables examined here were limited and did not directly address or account for other

phenotypic affects that may have arisen from increased temperatures during gestation. However,

evidence suggests that many other developmental processes may be influenced by altered

thermal conditions, and increased temperatures may result in changes to offspring phenotype

such as differences in scale and bone development (Arnold and Peterson, 2002; Lourdais et al.,

2004). Additionally, the impacts of temperature during gestation on offspring traits such as the

aforementioned changes to morphology, body size, and body condition are frequently associated

with both beneficial and detrimental long-lasting impacts on survival after birth (Bronikowski,

2000; Brown and Shine, 2004; Kissner and Weatherhead, 2005; Noble et al., 2018).

Current climate change models predict future global average temperature increases of up

to 5.3 □C by the end of the century (Houghton et al., 2001; Masson-Delmotte et al., 2021). Thus,

the results of this experiment show that an increase in average temperature of this degree,

specifically during the brief yet crucial opportunity for feeding and gestation, is not likely to

cause direct detrimental effects on the reproductive outcomes measured in this study for northern

populations of Red-sided garter snakes and have the potential to improve neonate fitness. In fact,

because this species spans much of North America and different populations experience a wide

range of thermal conditions, the populations at the colder high latitudes are likely able to survive

much warmer conditions similar to those at the southern edge of their range (Fitch, 1965;

Aleksiuk and Stewart 1971).

However, the extended impacts of increasing temperature are likely to result in other

adverse effects on this population. Thermal stress caused by exposure to increased temperature

extremes (acute high or low temperatures) is known to result in a number of detrimental effects

including misaligned behavioral timing, altered development, reduced or altered activity, and

higher mortality rates (Houghton et al., 2001; Jentsch et al., 2009; Paaijmans et al., 2013; Stott,

2016). The greater thermal instability associated with climate change conditions may also lead to

thermally induced alterations to energy use and metabolic rate (Friesen et al., 2015; Wilson,

2020; Holden et al., 2021). The combination of physiological and environmental changes due to

increased environmental temperatures are also known to increase pathogen exposure and

increase individual susceptibility to infection (Walther et al., 2001; Harvell et al., 2009; Gallana

et al., 2013; Nnadi and Carter, 2021). Additionally, many species have been observed to alter

seasonal migration patterns and shift territorial ranges to mitigate changes to their traditional

ecosystems, ultimately resulting in disruption of ecosystems arising from novel interspecific

competition and alterations to the availability of prey species or trophic effects (Parmesan, 2006;

Gilman et al., 2010; Urban et al., 2012; Salinas☐Ramos et al., 2020). Although we observed

effects of increased temperatures that appeared likely beneficial to offspring, it is possible that

that the lifetime reproductive potential of mothers would in fact be reduced as a result of long-

term exposure to increased temperatures or repeated bouts of rapid gestation. Thus, future

research regarding changes to ambient temperatures during gestation may benefit from

examining both the immediate and long-term health impacts of mothers, such as impacts on body

condition, future fecundity, parasite load, and subsequent winter survival, in addition to the long-

term survival and impacts on the physiology and long-term reproductive potential of offspring.

Higher temperatures caused by future warming have the potential to change the shape of

this population, resulting in offspring that not only develop faster, but are born larger. In the

present study, we observed no apparent tradeoff or cost to the overall number of offspring in

each litter. This has the potential to dramatically increase the survival rates of future generations,

while increasing the time each year spent foraging for both the mothers and the resulting

offspring, which may serve to ameliorate potential decreased foraging success caused by reduced

prey availability or suitable foraging temperatures (Seigel et al., 1987; Charland and Gregory,

1995; Brown and Shine, 2004; Kissner and Weatherhead, 2005).

The myriad impacts of climate change on an ecosystem are overwhelmingly complicated

and interconnected. Thus, it is exceedingly difficult to develop models that accurately predict

comprehensive, species-specific outcomes in response to altered thermal landscapes. The present

study examined the effect of altered minimum temperatures during gestation within a single

large population and thus represents only a single piece of the complex overall puzzle. As global

temperatures continue to rise, additional research examining the effects of increasing temperature

on the behavior and physiology of individual species, as well as studies encompassing entire

ecosystems, will provide the invaluable insight necessary to further our understanding of how

temperature affects ecosystems and, more importantly, will enhance our ability to predict the

impacts of future climate change on the global ecosystem.

5. Conclusions

Our research demonstrated that, even under a worst-case scenario climate change model

prediction, increased minimum temperatures may lead to improved reproductive outcomes for

terrestrial ectotherms living at the northern edge of their range. Reduced gestation length has the

potential to facilitate increased fitness for both mother and offspring, and while further work is

needed to determine the long-term consequences of this altered gestation, this study found no

observed cost to reproductive outcomes.

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Figures

Figure 1. Differences in reproductive outcomes for snakes held at different minimum
temperatures during gestation. Treatment condition represents snakes housed at a constant 5 ˚C
higher minimum temperature relative to control for the duration of gestation. Boxes indicate the
median (horizontal line in box), the first (Q1) and third (Q3) quartiles represent the values below
the 25th percentile or above the 75th percentile respectively (bottom and top of box) and mean
(blue diamond), whiskers represent the largest or smallest value within 1.5 x interquartile range
(IQR). Barplot indicates the proportion of mated females that reached parturition for each
condition. Statistical results from linear mixed-effects models on individual neonate outcomes
(A-D), linear models on litter-wide outcomes (E-G), and a two proportions z-test (L). Gestation
length was significantly reduced (A) and neonate mass and body condition (SMI) were
significantly higher in the treatment condition (B and D respectively). There was no difference in
neonate snout-vent length (SVL) between conditions (C). There was no significant effect caused
by treatment at the litter level for total litter mass (E), number of stillbirths (F), or litter size (G).
There was no significant difference in the birthrates (L) between treatments.

Statistical significance is indicated as: ***$p < 0.001$, **$p < 0.01$, *$p < 0.05$, and ns ($p > 0.05$).

Figure 2. Relationship between neonate traits. Lines indicate liner mixed-effects regression

model (LMM) fit, color coded by. Marginal R^2 is displayed for each LMM, by treatment.

Neonate snout-vent length (SVL) plotted against scaled-mass index (SMI) illustrates the

difference in SMI between treatment and control groups, with the treatment group showing

higher SMI (A). A positive relationship between neonate SVL and neonate mass for both

treatment conditions (B). Neonate mass plotted against SMI shows that the relationship between

the two is similar for both treatment conditions, but shifted higher for the treatment conditon (C).

See Supplemental Table 4 for full linear mixed-effects model results.

Tables

Table 1. The effect of treatment on neonate traits at birth

Trait (Y_i)	Intercept (β_0)	Estimate (β_1)	Std. Error	df	t-value	p-value	Var. (b)	Std. Dev. (b)	Var. (ε)	Std. Dev. (ε)
Mass (g)	1.36	0.19	0.08	24.08	2.30	**0.0302**	0.044	0.210	0.009	0.095
SVL (cm)	15.61	0.19	0.34	23.79	0.57	0.574	0.721	0.850	0.203	0.450
SMI	1.31	0.23	0.06	24.18	4.02	**4.99×10^{-4}**	0.020	0.142	0.006	0.081
Gestation (days)	42.16	-24.02	2.55	24.00	-9.40	**1.61×10^{-9}**	42.2	6.50	0.036	0.189

824   Results from linear mixed-effects models estimating the effect of the treatment condition on

825   neonate traits. Bold values indicate a significant impact on the trait caused by the treatment

826   condition.

828   **Table 2.** The effect of treatment on traits of neonates at birth by litter

Trait (Y_i)	Intercept (β_0)	Estimate (β_1)	Std. Error	df	t-value	p-value
Total litter mass (g)	20.70	6.42	4.07	24	1.58	0.128
Average neonate mass (g)	1.36	0.19	0.08	24	2.29	**0.0314**
Number of stillborn	1.86	-1.61	1.13	24	-1.42	0.1678
Number of deformed	0.07	0.01	0.11	24	0.11	0.914
Litter size	15.86	1.89	3.25	24	0.58	0.566
Average neonate SVL (cm)	15.64	0.17	0.34	24	0.50	0.621
Average neonate SMI	1.31	0.23	0.06	24	4.05	**4.693×10^{-4}**

830   Results from linear models estimating the effect of the treatment condition on litter wide neonate

831   traits. Bold values indicate a significant impact on the trait caused by the treatment condition.