OCA-B promotes autoimmune demyelination through control of stem-like CD4+ T cells

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Summary

Stem-like T cell populations can selectively promote autoimmunity, but the activities that sustain these populations are incompletely understood. Here, we show that T cell-intrinsic loss of the transcription cofactor OCA-B protects mice from experimental autoimmune encephalomyelitis (EAE) while preserving responses to infection. In EAE models driven by antigen re-encounter, OCA-B deletion eliminates CNS infiltration, proinflammatory cytokine production and clinical disease. OCA-B-expressing CD4$^+$ T cells within the CNS of mice with EAE display a memory phenotype and preferentially confer disease. In a relapsing-remitting EAE model, OCA-B T cell-deficiency specifically protects mice from relapse. During remission, OCA-B promotes the expression of *Tcf7*, *Slamf6*, and *Sell* in proliferating T cell populations. At relapse, OCA-B loss results in both the accumulation of an immunomodulatory CD4$^+$ T cell population expressing *Ccr9* and *Bach2*, and the loss of effector gene expression from Th17 cells. These results identify OCA-B as a driver of pathogenic stem-like T cells.

Introduction

2.5 million individuals worldwide suffer from multiple sclerosis (MS), with almost 1 million cases in the United States[1]. Despite recent advances, the development of new therapies that block MS while sparing immunosurveillance mechanisms needed to prevent infection and viral recrudescence remains a critical goal. Genome-wide association studies (GWAS) identify the *HLA* loci as the most important determinant of MS pathogenesis, emphasizing the impact of T cells in MS[2,3]. The association with the major histocompatibility complex (MHC) class II locus in particular indicates that myelin-specific CD4+ T cells are key regulators of disease.

The predominant preclinical model of MS is experimental autoimmune encephalomyelitis (EAE), in which laboratory animals are immunized with myelin-specific proteins or peptides to activate antigen specific CD4+ T cells that infiltrate the central nervous system (CNS) and mediate disease. EAE within the C57BL/6 mouse background establishes chronic disease. In these models, Th1 and Th17 effector CD4+ T cell subsets are pathogenetic mediators[4,5]. After accessing the CNS, these cells promote neuroinflammation through the secretion of interferon-gamma (IFNγ), interleukin-17 (IL-17), granulocyte macrophage stimulating-factor (GM-CSF) and other inflammatory mediators and chemoattractants that recruit the cell types responsible for driving demyelination[6–8].

Myelin-reactive T cells from the blood of MS patients show stem/memory-like properties, with reduced need for co-stimulation, suggesting signs of previous activation[9–12]. Consistent with these findings, autoreactive and bystander memory-phenotype CD4+ T cells preferentially transfer demyelinating disease in mouse models[13–15]. While these studies have identified vital CD4+ T cell populations in EAE, further research on the mechanisms creating and sustaining these populations is required to develop more precise therapies.

Oct1, a POU domain transcription factor encoded by *Pou2f1*, has been linked to autoimmune states. GWAS studies have identified Oct1 binding site polymorphisms that associate with a predisposition for autoimmune diseases, including MS[16–19]. In CD4+ T cells, Oct1 promotes interchromosomal interactions important for T cell polarization and effector function[20–23]. Additionally, Oct1 promotes the development of both CD4+ memory[23] and EAE pathogenesis and demyelination. In contrast, Oct1 loss preserves immune responses to the neurotrophic viral infection[20]. These observations highlight a promising therapeutic window in which targeting this pathway may limit autoimmune CNS demyelination without the broad immune suppression elicited by many current therapeutics. However, Oct1 is widely expressed and regulates both embryonic development and somatic stem cell function[24–26], making it a poor therapeutic target.

The lymphoid-restricted transcription cofactor OCA-B regulates transcription by docking
with Oct1, and in B cells an additional related factor, Oct2[27]. In contrast to Oct1, OCA-B whole-
body knockouts are viable and fertile[28]. Polymorphisms in the *Ocab* (*Pou2af1*) locus are
associated with autoimmune diseases, including MS[29,30]. Targeting either OCA-B by genetic
deletion in T cells or its downstream pathways with a peptide mimic suppresses type-1 diabetes[31].
OCA-B interacts with target genes such as *Il2, Ifng, Il21, Csf2 (Gmcsf), Tnfrsf4 (Ox40), Icos* and
Ctla4, but is dispensable for their expression following primary activation of T cells. Instead, OCA-
B regulates these targets under a narrow range of conditions, for example following secondary
stimulation in culture[23]. Many of these targets are directly implicated in MS pathogenesis[6–8,32–38].
OCA-B controls expression of the *Tbx21* (*Tbet*), which encodes a key regulator of Th1 effector
responses, but also promotes Th17 differentiation and interacts with RORγt, a key regulator of
Th17 cells[23,39,40]. In the context of MS, the only published work used OCA-B whole body knockouts
and showed measurable but incomplete protection in chronic C57BL/6 EAE models[40].
Cumulatively, these findings indicate that OCA-B plays poorly defined but possibly significant
roles in MS pathogenesis.

Here, we show that OCA-B within the T cell compartment drives EAE by promoting
pathogenic maturation of stem-like CD4^{+} T cells. In C57BL/6 mice, T cell OCA-B loss significantly
protects mice from chronic EAE, while preserving responses to the neurotrophic coronavirus
JHMV. Using Th1 and Th17 adoptive transfer assays, we show that OCA-B is essential for the
infiltration of pathogenic CNS-infiltrating cells and clinical disease. Using an OCA-B reporter
mouse, we find that OCA-B expressing CD4^{+} T cells taken from MOG peptide primed mice are
stem-like and preferentially transfer demyelinating disease, highlighting OCA-B as a marker and
promoter of encephalitogenic autoimmune CD4^{+} T cell activity. Intriguingly, T cell conditional
OCA-B knockout In EAE models on the autoimmune-prone non-obese diabetic (NOD)
background, which develops a relapsing-remitting disease[41], specifically protects against relapse.
Single cell transcriptomic analysis of CD3ε[+] CNS-infiltrating T cells at remission and relapse
indicates that OCA-B promotes disease relapse through control of stem-like T cell populations,
driving them to pathogenic Th17 differentiation.

Results

OCA-B promotes chronic EAE in C57BL/6 mice

To understand the impact of OCA-B in T cell mediated autoimmunity, we utilized an *Ocab* (*Pou2af1*) conditional knockout allele crossed to the CD4-Cre driver which efficiently deletes OCA-B in T cells[31]. We induced EAE in C57BL/6 female *Ocab*^{fl/fl};CD4-Cre mice and littermate *Ocab*^{fl/fl} controls through subcutaneous (s.c.) injection of myelin oligodendrocyte glycoprotein (MOG)$_{35-55}$ peptide in Complete Freund's Adjuvant (CFA) followed by intraperitoneal (i.p.) injections of *Bordetella pertussis* toxin. *Ocab*^{fl/fl};CD4-Cre mice showed reduced chronic EAE clinical scores and weight loss (Fig. 1a, b). Spinal cords were taken at peak disease (day 15) for histological analysis. Luxol fast blue (LFB) staining in combination with hematoxylin and eosin (H&E) was used to evaluate differences in demyelination between groups. *Ocab*^{fl/fl};CD4-Cre mice showed a significant decrease in spinal cord demyelination compared to littermate *Ocab*^{fl/fl} controls (Fig. 1c, d). Peak disease flow cytometric profiling showed decreased CD4$^+$ T cell infiltration into the CNS of *Ocab*^{fl/fl};CD4-Cre mice, however no differences in other infiltrating cell populations or in the relative proportions of the proinflammatory cytokines IFNy, IL-17, or GM-CSF were observed (Fig. 1e, f, and Extended Data Fig. 1a-c). As no differences in the frequency of cytokine expression were observed across total T cell populations, we studied MOG-specific CD4$^+$ T cells using the MHC class II I-A^b MOG$_{38-49}$ tetramers. At peak disease, *Ocab*^{fl/fl};CD4-Cre mice showed a trending reduction in MOG tetramer-specific cell frequency (p=0.055) and a significant reduction in numbers (p=0.003) compared to controls (Fig. 1g, h). These results indicate that the protection conferred by OCA-B loss in T cells is marked by modest decreases in MOG-specific CD4$^+$ T cells within the CNS, resulting in fewer pathogenic T cells driving demyelination.

OCA-B is essential for EAE mediated by adoptive transfer of Th1- and Th17-polarized T cells

MS is driven by autoreactive CD4$^+$ Th1 and Th17 cells within the CNS that recruit CD8$^+$ T cells, macrophages, microglia and neutrophils, which together mediate white-matter damage[42]. To investigate the impact of OCA-B on autoimmune Th1 and Th17 populations, we used adoptive transfer EAE models with female *Ocab*^{fl/fl};CD4-Cre and *Ocab*^{fl/fl} littermate controls. Mice were primed with MOG$_{35-55}$ in CFA for 10-14 days (MOG-primed). CD4$^+$ T cells were purified from the lymph nodes of primed mice and polarized in vitro into Th1 and Th17 cells as previously described[43,44]. 3×10^6 Th1- or Th17-polarized CD4$^+$ cells from experimental or control donors were

transferred into wild-type male C57BL/6 recipients by i.p. injection. EAE onset in mice receiving

either Th1- or Th17-polarized control cells was rapid and severe (Fig. 2a, b). In contrast to the

mild protection observed with OCA-B deficiency in standard C57BL/6 EAE, mice adoptively

transferred with T cells lacking OCA-B were strongly protected from clinical disease regardless of

their polarization state. Interestingly, the ability to initially polarize CD4$^+$ T cells into Th1 and Th17

effectors in vitro was minimally affected by OCA-B loss (Extended Data Fig. 2), whereas the same

engrafted T cells taken from the CNS of Th17 recipient mice at day 15 not only showed decreased

CNS infiltration but also poor IL-17 expression (Fig. 2c-e). These results indicate a central role for

OCA-B in promoting robust inflammatory T cell responses upon antigen reencounter in adoptive

transfer EAE models.

To test the hypothesis that OCA-B within T cells promotes robust cytokine responses of

Th17 cells upon secondary encounter, we combined an in vitro T cell restimulation response

assay[45,46] with Th17 differentiation. Naïve splenic CD4$^+$ T cells isolated from male C57BL/6

Ocab$^{fl/fl}$;CD4-Cre or *Ocab*$^{fl/fl}$ control mice were stimulated for 2 days with anti-CD3ε/CD28

antibodies during a 5 day Th17 polarization using recombinant IL-23, IL-1α and anti-IFNγ. The

cells were rested for 8 days after primary stimulation, then restimulated with anti-CD3ε/CD28 (Fig.

2f). Minimal differences in proinflammatory cytokine expression between groups were observed

after initial stimulation, however OCA-B deficient CD4$^+$ T cells showed a

marked reduction in IFNγ and IL-17 production upon restimulation (Fig. 2g, h). This result shows

that OCA-B is selectively required for robust Th17 responses upon secondary antigen encounter

in vitro.

OCA-B is dispensable for neurotropic viral clearance

To investigate if T cell OCA-B deletion impacts the ability to mount immune responses and control

viral infection in the CNS, male *Ocab*$^{fl/fl}$;CD4-Cre and *Ocab*$^{fl/fl}$ littermate controls were inoculated

with 1500 plaque-forming units (PFU) of the John H. Muller strain of murine hepatitis (JHMV), a

β-coronavirus adapted to infect glial cells (astrocytes, microglia and oligodendrocytes) in the

mouse brain and spinal cord. Intracranial inoculation with JHMV results in acute

encephalomyelitis and chronic demyelination that is similar to autoantigen-driven EAE. Disease

severity was determined by evaluating JHMV clinical scores over 21 days post-infection (dpi).

Ocab$^{fl/fl}$;CD4-Cre animals showed negligible differences in clinical scores compared to *Ocab*$^{fl/fl}$

littermates (Fig. 3a), suggesting that OCA-B loss does not limit baseline T cell responses to acute

infection. Spinal cords were taken on 21 dpi for histological analysis to investigate differences in

demyelination. LFB histology of brain tissue at 21 dpi showed no significant differences in

demyelination between OCA-B deficient and control infected animals (Fig. 3b, c). Flow cytometric

analysis of brain tissue showed no significant differences in infiltrating CD4+ T cell numbers at dpi

7, 12, and 21 (Fig. 3d), however at later timepoints (21 dpi), OCA-B deficient mice did show a

slightly decreased frequency of IFNγ producing CD4+ T cells but no difference in total numbers

(Fig. 3e, f, and Extended Data Fig. 3a). Interestingly, there were also more IFNγ-producing CD8+

T cells in OCA-B deficient animals at 12 dpi (Extended Data Fig. 3b-d). Viral titers of brain

homogenate were collected on 7, 12 and 21 dpi to measure viral clearance. *Ocab*^{fl/fl};CD4-Cre and

Ocab^{fl/fl} littermate control animals showed similar titers at dpi 7 and 12, and virus was undetectable

at day 21 regardless of genotype (Fig. 3g). This result suggests that OCA-B is dispensable for

immune responses to and clearance of neurotropic viruses.

OCA-B expressing CD4+ T cells display pathogenic stem-like properties and preferentially

transfer demyelinating disease

We used a recently described an OCA-B reporter (OCA-B-mCherry) mouse which selectively

labels OCA-B expressing B and T cells with mCherry[47] to evaluate OCA-B expression within CNS

infiltrating T cells. Female C57BL/6 homozygous OCA-B-mCherry reporter mice were induced

with MOG$_{35-55}$ EAE and assessed by flow cytometry at peak clinical disease. Flow cytometric

analysis of CNS-infiltrating mCherry-positive CD4+ T cells showed increased CD44 and CD62L

co-expression, indicative of memory-like properties in the OCA-B expressing T cell population

(Fig. 4a). The association of OCA-B expression with memory-like profile was observed in the

brain, spine and draining cervical lymph nodes (Fig. 4b).

Memory-like CD4+ T cells have been implicated as major orchestrators of autoimmune

demyelination in mice and humans[9–12,14,15,48]. To see if this memory-like profile of OCA-B

expressing CD4+ T cells is specific to CNS infiltrating cells, we performed flow cytometry using

draining lymph node and splenic T cells from MOG-primed OCA-B-mCherry reporter mice. Similar

to OCA-B+ CNS infiltrating cells, OCA-B expressing CD4+ T cells within the cervical lymph node

and spleen showed increased CD44 and CD62L co-expression (Fig. 4c, d).

We next evaluated OCA-B-mCherry positive and negative populations by RNA

sequencing of CD4+ T cells isolated from the lymph nodes of 14-day MOG-primed mice. ~1500

genes were upregulated and ~350 downregulated in the OCA-B expressing compared to OCA-B

negative cells (Supplementary Table 1). Upregulated genes within OCA-B expressing cells

include *Cxcr6*, *Slamf6*, *Il23r*, *Rorc*, *Ifng*, and *Il17a* while downregulated genes include *Foxp3*, *Il7r*

and *Ccr9* (Fig. 4e, f). Expression of *Tcf7* (which encodes TCF-1) was high within both OCA-B

positive and negative populations (Supplementary Table 1). Gene ontology (GO) and pathway

analysis of upregulated genes show enrichment for autoimmune diseases including lupus,

autoimmune thyroid disease, and type 1 diabetes (*Il2*, *Cd28*, *Ifng*) (Fig. 4g, and Supplementary

Table 2).

To determine if OCA-B expression marks highly pathogenic CD4$^+$ T cell populations, we

used the OCA-B-mCherry reporter mice as donors in adoptive transfer EAE. 11-week-old male

and female littermates homozygous for the OCA-B-mCherry reporter were primed for 14 days

with MOG$_{35-55}$ in CFA as previously described[44]. CD4$^+$ T cells were isolated from spleen and lymph

nodes and sorted based on mCherry expression (Extended Data Fig. 4a). 9×10^5 mCherry

negative and positive cells were cultured in Th1 polarizing conditions and subsequently

transferred into C57BL/6 recipients as previously described[14]. Adoptive transfer disease

progression was measured by clinical score and normalized weight. Recipients of OCA-B-

expressing mCherry positive cells showed increased clinical disease severity and weight loss

compared to mCherry negative recipients (Fig. 4h, and Extended Data Fig. 4b). These findings

indicate that OCA-B marks CD4$^+$ T cells with pathogenic stem-like gene expression and can be

used to prospectively identify peripheral CD4$^+$ T cells with encephalitogenic properties.

OCA-B promotes neuroinflammation in relapsing-remitting EAE models via control of

stem/memory-like T cell populations

In contrast to the chronic form of EAE that develops in C57BL/6 mouse models, EAE on the NOD

background exhibits a relapsing-remitting pattern that more closely mimics human disease[41]. To

study the impact of OCA-B loss in T cells on mouse models that more closely resemble human

MS disease patterns, we utilized a previously generated *Ocab* T cell conditional knockout allele

crossed to the NOD mouse background[31]. EAE was induced in 15-18 week old female

NOD.*Ocab*$^{fl/fl}$;CD4-Cre and littermate control NOD.*Ocab*$^{fl/fl}$ mice with MOG$_{35-55}$. Clinical scores and

weights were recorded for 47 days to observe initial disease onset, relapse and relapse recovery.

No significant differences in clinical scores were observed between groups at disease onset (day

10-19), however following the primary remission, NOD.*Ocab*$^{fl/fl}$;CD4-Cre animals were almost

completely protected against disease relapse (Fig. 5a). Individual NOD mouse clinical scores are

shown in Extended Data Fig. 5a-b. Normalized weights of animals also reflected the protective
effect of OCA-B loss in T cells at the relapse timepoint (Fig. 5b).

To understand differences in CNS-infiltrating T cells underlying relapse protection at a
population and transcriptional level, we performed single-cell RNA sequencing (scRNAseq) of
CD3ε+ T cell isolates from CNS (brain + spinal cord) at remission (day 24) and peak relapse (day
33). Cells from 3-6 NOD.*Ocab*fl/fl;CD4-Cre and NOD.*Ocab*fl/fl littermate controls were collected and
combined for analysis. 7799 (remission) to 9224 (relapse) *Ocab* knockout and 6009 (remission)
to 7525 (relapse) control cells were used for analysis, with an average read per cell ranging from
90,000 to 190,000. For remission, Uniform Manifold Approximation and Projection (UMAP)
clustering using both genotypes revealed 16 clusters corresponding to a broad T cell repertoire
consisting of natural-killer T (NKT) cells (the largest cluster) and different CD4+ and CD8+ subsets
(Fig. 5c). Noteworthy clusters based on mRNA expression included proliferating (*Ki67*, *Pcna*,
Mcm2), Th1-like (*Tbx21*, *Ifng*, *Tnf*, *Il12rb2*) and Treg (*Foxp3*, *Ctla4*) (Supplementary Table 3).
Feature plots for *Foxp3* and *Mki67* are shown in Fig. 5d. Additional feature plots for *Cxcr6*, *Il23r*
and *Bach2* are shown in Extended Data Fig. 5c. Notably there was a large decrease in NKT cell
numbers in knockout mice (36% control vs. 14% experimental). Within this cluster, changes in
gene expression between control and conditional knockout groups were minimal. Most NKT cells
from both groups showed a limited inflammatory cytokine response, consistent with the lack of
clinical disease at remission (Extended Data Fig. 5d). The decrease in the large NKT population
in the experimental group proportionally increases the percentage contribution of the other cells,
and therefore similar or decreased percentages of these smaller clusters may identify populations
of cells which promote relapse. Differential gene expression analysis of key clusters (Treg,
Proliferating, and Th1-like) revealed increased expression of *Slamf6* in Tregs from experimental
animals, while control animals showed increased markers associated with quiescence (*Btg1* and
Samhd1), memory/stemness (*Slamf6*, *Tcf7*, and *Sell*) and pathogenicity (*Tcf7* and *Tox* co-
expression) in proliferating and Th1-like cells (Fig. 5e). Spectral cytometry showed no significant
difference in the frequency of CNS infiltrating CD4+ T cells between groups at remission (Fig. 5f).
However, OCA-B deficient CD4+ T cells did show a significant reduction in CXCR6 and IFNγ/GM-
CSF co-expression, indicative of reduced Th17 pathogenicity (Fig. 5g-i). These results indicate
that loss of OCA-B in T cells selectively reduces proliferation and differentiation of pathogenic
stem/memory-like CD4+ T cells during disease remission.

NKT cell populations were normalized at relapse, and multiple stem-like and effector CD4+
and CD8+ T cell populations were present (Fig. 6aand Extended Data Fig. 6a; Supplementary

Table 4). TCR sequencing revealed an expansion of a subset of TCR clones in the OCA-B

deficient CD8 clusters while that most other clusters were highly polyclonal (Fig. 6b). Comparing

the 10 most expanded TCR clonotypes between knockouts and controls, there were several

shared clonotypes that were differentially expanded (Extended Data Fig. 6b and Supplementary

Table 5). A "Ccr9 stem-like" cluster expressing the gut homing chemokine receptor *Ccr9*, as well

as *Ccr7*, *Bach2*, and *Tcf7* was notably present (Fig. 6c). TCR clonotype analysis indicated that

this population was highly polyclonal (Fig. 6b). Additionally, a "Stem-like CD4-2" cluster

expressing *Tcf7*, Ccr7, *Bach2, Cd44* and low-level Cxcr6, and a prominent "Th17-like" cluster

expressing *Tcf7, Cd44, Il1r1, Lgals3*, and higher levels of *Cxcr6* was identified (Fig. 6c). This latter

cluster likely contains pathogenic effector cells. In the absence of OCA-B, several clusters showed

major changes in the percentage of cells including most prominently the Ccr9-stem-like cells (Fig.

6d). Feature plots comparing OCA-B T cell deficient mice to littermate controls for *Ccr9* and the

transcription factors *Tcf7* and *Bach2* are shown in Fig. 6d. The cells were also marked by the

expression of *Cd4*, *Tox, Ccr7, Ccr4* and limited expression of *Sell* (Extended Data Fig. 6c).

281   RNA velocity analysis of spliced and unspliced transcripts[49] identified clusters of T cells,

most bearing static gene expression profiles consistent with terminal differentiation, but some with

differentiating or transitional gene expression (Fig. 6e). Notably, OCA-B knockout cells showed

increased transcriptional stasis within the Ccr9-stem-like and proliferating clusters, and a

decreased transcriptional directionality of Th17 cells towards gd17 cells, the latter of which

express high levels of pathogenic markers including *Il1r1*, *Cxcr6*, and *Lgals3* (Extended Data Fig.

6a). Pseudotime analysis identified a transcriptional capacity in the control *Ccr9* expressing

population to differentiate into pathogenic Th17-like cells, whereas cells lacking OCA-B were

limited in this capacity, possibly resulting in the accumulation of these cells (Extended Data Fig.

6d). These changes culminated in the Th17-like effector knockout cells expressing reduced

pathogenicity-associated genes such as *Pdcd1*, *Tigit* and *Il1r1* (Fig. 6f). Together these results

suggest OCA-B mediates the transition of non-pathogenic stem-like cells to pathogenic Th17 cells

which ultimately drive disease relapse.

Discussion

The development of therapies that inhibit autoimmunity while minimizing impacts on normal immune function remains a critical unmet goal in the field. In this study, we show that expression of the transcriptional co-regulator OCA-B promotes a pathogenic, stem/memory-like function in T cells, resulting in the establishment of CNS autoimmunity, and in particular episodes of relapse. Loss of OCA-B attenuates these populations in chronic EAE, in adoptive transfer EAE, and in NOD.EAE during episodes of remission. During relapse, OCA-B T cell knockout mice are almost completely protected, and accumulate an immunomodulatory population of CD4$^+$ T cells expressing *Ccr9*, *Bach2*, and *Tcf7*. OCA-B expression also marks viable pathogenic stem/memory-like CD4$^+$ T cells that preferentially transfer EAE. Furthermore, the effects of modulating OCA-B are EAE-selective, as responses to infection with a neurotropic coronavirus were largely unaffected.

OCA-B docks with Oct1 upon CD4$^+$ T cell activation to poise immunomodulatory genes such as *Il2*, *Ifng*, *Il17a*, Tbx21 (T-bet) and *Csf2* (*Gmcsf*) for robust expression upon antigen reencounter[23,31]. Notably, unlike transcription factors such as NF-AT, AP-1 and NF-κB, Oct1 and OCA-B are dispensable for normal primary T cell responses[23]. This finding predicts important roles for OCA-B in CD4$^+$ T cells specifically in situations of antigen reencounter, which is a necessary feature of autoimmunity. Conditional knockout of Oct1 in CD4$^+$ T cells reduces EAE severity, with reduced proinflammatory cytokine expression and increased anergy[20]. Deletion of Oct1 in T cells was dispensable for neurotropic viral clearance[20], however the ubiquitous expression of Oct1 in adult tissue limits its translational potential. In contrast, the Oct1 coregulator OCA-B is expressed primarily in B and T cells, and whole-body knockout mice are viable and fertile[50], suggesting a druggable target. OCA-B is highly expressed in B cells and required for germinal center formation[51,52]. OCA-B is expressed in CD4$^+$ T cells upon activation but maintained at levels 50-100-fold less than in B cells[31,53,54]. This suggests that with proper therapeutic dosing, OCA-B could be inhibited selectively in T cells with minimal impact to the B cell compartment. Consistently, short-term administration of an OCA-B peptide mimic that inhibits OCA-B's downstream effector functions reverses spontaneous type-1 diabetes in NOD mice[31]. However, the toxicity limits its efficacy, including within EAE models. Further research is required for the development of safe and effective OCA-B inhibitors.

OCA-B whole body knockout animals are protected from EAE, however, due to the important role of OCA-B in humoral immunity it remained unclear if the protection observed is T cell-derived[40]. Here we show that OCA-B promotes EAE pathogenesis through T cells.

Opportunistic infections and reactivation of latent CNS-tropic viruses are significant barriers for
MS therapeutics that focus on global immune suppression as a therapeutic mechanism. When
OCA-B T cell conditional knockout mice are challenged with the neurotropic coronavirus JHMV,
there is little difference in their ability to mount immune responses and control virus replication.
This finding indicates that OCA-B operates through a more precise mechanism that provides a
potential therapeutic window in which targeting OCA-B could be used to blunt autoimmunity while
sparing baseline immune responses.

Unlike the significant but modest protection observed in chronic C57BL/6 EAE, OCA-B
loss in adoptive transfer EAE almost completely protects recipient animals from disease. This
may indicate that adoptive transfer EAE models are more akin to autoantigen rechallenge where
transferred T cells become quiescent within the recipient before accessing the CNS and
promoting disease. Protection was observed regardless of whether donor cells were Th1- or
Th17-polarized, indicating that OCA-B functions through a mechanism that operates in parallel to
T cell polarization. Because OCA-B appears to operate in parallel to the Th1/Th17 paradigm, we
sought other mechanisms that might explain why knockout of this factor produces the strong
protection.

Recent findings indicate an emerging role for stem/memory-like T cells in promoting
autoimmunity[48,55]. For example, myelin-specific CD4+ T cells in MS patients show signs of a
previously activated, memory-like phenotype when compared to healthy controls[9,10,12].
Furthermore, memory-like Th1 and Th17 cells are increased in the peripheral blood of MS patients
and display increased pathogenicity when compared to conventional Th17 Cells[56]. Similarly, in
EAE models, peripheral central memory-like CD4+CD44hiCD62Lhi T cells confer increased
disease severity upon transfer[14]. Oct1 and OCA-B both promote the generation and functionality
of long-lived CD4+ memory T cells[23,47]. We recently reported the generation of an OCA-B-mCherry
reporter mouse which effectively labels memory progenitor CD4+ T cells during acute infection[47].
Similarly, OCA-Bhi CD4+ T cells preferentially confer EAE, and reporter cells taken from the CNS
at peak EAE selectively express stem/memory markers. Further profiling OCA-Bhi CD4+ T cells
suggests OCA-B promotes the transition of non-pathogenic stem-like cells to a pathogenic state
associated with markers such as *Cxcr6*, *Slamf6*, *Ifng*, and *Il17a*. The connection between OCA-
B expression and memory/stem-like T cells likely has not been observed before because OCA-B
is expressed at levels too low to be reproducibly captured with current single-cell RNA-seq
technologies.

Relapsing-remitting EAE models have been developed using the Swiss Jim Lambert (SJL)

and autoimmune prone non-obese diabetic (NOD) backgrounds[41,57]. In NOD mice, MOG$_{35-55}$ EAE

has been described as relapsing-remitting with minimal initial disease that increases in severity

upon relapse[58,59]. Using this model with the conditional allele backcrossed to the NOD

background[31], we found that OCA-B T cell loss leaves initial clinical presentation minimally

affected but instead protects animals specifically at relapse. The finding that OCA-B loss in

conventional C57BL/6 EAE results in partial protection intermediate between the initial and

relapse phases of NOD.EAE suggests that chronic C57BL/6 EAE may not model either initial

presentation or relapse accurately, and instead represents a superposition of the two.

Single-cell RNA expression profiling at remission identifies a significant loss of *Slamf6*,

Tcf7 (TCF1), and *Sell* from proliferative stem-like CD4+ T cells in the OCA-B deficient condition.

While the majority of research on TCF-1-expressing stem-like T cells focuses on CD8+

populations with the capacity for self-renewal and differentiation into effector cells, analogous

descriptions have been made for CD4+ populations[48,60,61]. Indeed, autoimmune CD4+ T cells

expressing these memory/stem-like markers have been reported as an encephalitogenic

reservoir that play a key role in EAE pathogenicity[48]. In the same study, bulk RNA sequencing

associated OCA-B expression within this stem-like reservoir[48].

Relapse timepoints were marked the by emergence of multiple populations of effector T

cells, and by the accumulation of a unique population of CD4+ cells in OCA-B T cell deficient mice.

These cells are conspicuously marked by expression not only of *Ccr4*, but also of *Ccr9*, which

encodes a gut-homing chemokine receptor. CCR9+ memory-like CD4+ T cells have been linked

to MS and EAE protection[62]. The cells also express *Bach2*, a transcription regulator which was

recently associated with non-pathogenic immunomodulatory Th17-polarized cells in the context

of C57BL/6 EAE[63]. Although the *Bach2* change was concentrated in a specific cluster, in bulk

RNA-seq *Bach2* mRNA was still significantly downregulated ($p<10^{-13}$), although with a -1.74 fold

change (Supplementary Table 1). In B cells, OCA-B is known to regulate *Bach2*[64]. Velocity and

pseudotime analysis indicates that these cells are normally transcriptionally inclined to progress

towards an highly pathogenic Th17 population, but that progression stalls in mice whose T cells

lack OCA-B. Consistently, the Th17 effector population in these mice completely lack expression

of key genes such as *Il1r1* and *Pdcd1*, both of which are associated with pathogenicity in CNS-

infiltrating Th17 cells[48,64]. The cumulative alterations in these populations in OCA-B knockouts

likely explains why these mice are strongly protected against disease relapse. In conclusion, our

study indicates a prominent role for OCA-B in driving stem-like CD4$^+$ T cell populations towards

a pathogenic state while playing a minimal role in acute antiviral responses to a CNS infection.

Figure legends

Fig.1 l OCA-B loss protects animals from chronic EAE

a, *Ocab^{fl/fl}* (n=16) and *Ocab^{fl/fl}*;CD4-Cre (n=22) mice were injected with MOG$_{35-55}$ peptide in CFA and *pertussis* toxin to induce EAE. Clinical scores were evaluated after EAE induction to determine disease progression. **b,** Animal weights were recorded to evaluate weight loss as a measurement of disease progression. **c,** Representative H&E/LFB staining of thoracic sections taken from mice 15 days after EAE induction. Areas of demyelination are marked by black outline. **d,** Quantification of demyelination in n=5 experimental and control mice. **e,** Brain and spinal cords were isolated on day 15 of EAE and analyzed by spectral cytometry. Representative flow cytometry plots of CD45$^+$TCRβ$^+$ CNS infiltrating T cells showing frequency of CD4$^+$ and CD8$^+$ T cells. **f,** Quantification of CNS infiltrating CD4$^+$ T cells. **g,** Representative plots showing frequency of MOG$_{38-49}$ tetramer-positive CD4$^+$ T cells. **h,** Quantification of the frequency and count of MOG$_{38-49}$ tetramer-positive CD4$^+$ T cells. For clinical scores and normalized weights, data represent mean ± SEM. All other data represents mean ± SD.

Fig.2 l OCA-B promotes Th1 and Th17 adoptive transfer EAE through recall response

a and b, *Ocab^{fl/fl}* and *Ocab^{fl/fl}*;CD4-Cre mice were primed with MOG$_{35-55}$ peptide in CFA for 10-14 days. Cells from the spleens and lymph nodes of primed mice were isolated and cultured for 4 days in Th1 or Th17 polarizing conditions. 3.0x10^6 Th1- or Th17-polarized cells were injected i.p. into C57BL/6 wildtype recipient mice (Th1: *Ocab^{fl/fl}* n=5, *Ocab^{fl/fl}*;CD4-Cre n=5) (Th17: *Ocab^{fl/fl}* n=3, *Ocab^{fl/fl}*;CD4-Cre n=4). Clinical scores were assessed for 14-15 days. **c,** At Th17 adoptive transfer EAE endpoint, brains and spinal cords were analyzed by flow cytometry. Quantification of brain- and spinal cord-infiltrating CD4$^+$ T cells following Th17 adoptive transfer. **d,** Representative flow cytometry plots showing the frequency of IFNγ and IL-17 expressing CD4$^+$ T cells within the spines of Th17 recipient mice. **e,** Quantification of IL-17 frequency in spinal cord infiltrating CD4$^+$ T cells. **f,** Schematic of in vitro Th17 differentiation restimulation assay. **g,** Naïve CD4$^+$ T cells were initially stimulated with αCD3 and αCD28 for 2 days during Th17 differentiation then restimulated after resting for 8 days. Representative flow cytometry plots showing frequency of IFNγ and IL-17 expressing CD4$^+$ T cells after restimulation. **h,** Quantification of IFNγ and IL-17 expressing CD4$^+$ T cells following restimulation. For clinical scores, data represent mean ± SEM. All other data represents mean ± SD.

Fig.3 l OCA-B is dispensable for T cell response to CNS infection with a neurotropic virus

a, *Ocab*$^{fl/fl}$ (n=6) and *Ocab*$^{fl/fl}$;CD4-Cre (n=6) mice were injected intracranially with 1500 PFU JHMV. Clinical scores were recorded for 21 days post infection (dpi). **b,** Representative H&E/LFB staining of spinal cord sections at 12 and 21 dpi. Demyelinated areas are outlined in black. **c,** Quantification of % demyelination in spinal cord sections. Half brains were taken at 7, 12, and 21 dpi for flow cytometric and viral titer analysis. **d,** Quantification of CD4$^+$ T cell counts within half brain. **e,** Representative plots showing the frequency of IFNγ expressing CD4$^+$ T cells 7, 12, and 21 dpi. **f,** Quantification of frequency of IFNγ expressing CD4$^+$ T cells. **g,** Half brain viral titers at dpi 7, 12, and 21 (n.d., not detected). For clinical scores, data represent mean ± SEM. All other data represents mean ± SD.

Fig.4 l OCA-B expression marks encephalitogenic stem-like CD4$^+$ T cells

a, OCA-B-mCherry mice were injected with MOG$_{35-55}$ peptide in CFA and *pertussis* toxin to induce EAE. Cervical lymph nodes (CLNs), brains, and spines were isolated at peak disease (day 15) and analyzed by flow cytometry for mCherry, CD44 and CD62L expression. **b,** CD44 and CD62L expressing CD4$^+$ T cells were quantified based on mCherry expression. **c,** OCA-B-mCherry mice were injected with MOG$_{35-55}$ peptide in CFA for 14 days. CD4$^+$ T cells within CLNs and spleens were profiled by flow cytometry for mCherry, CD44, and CD62L expression. **d,** Quantification of CD44 and CD62L expression of OCA-B negative and positive CD4$^+$ T cells from MOG-primed OCA-B-mCherry mice. **e,** Bulk RNA sequencing was performed on OCA-B positive and negative CD4$^+$ T cells from MOG$_{35-55}$ primed OCA-B-mCherry reporter mice. Heatmap showing relative expression of the top 40 differentially expressed genes from OCA-B positive and negative CD4$^+$ T cells. **f,** Volcano plot of differentially expressed genes between OCA-B positive and negative T cells (p value > 0.05 and Log2 fold change > 1 are colored). **g,** Gene Ontology (GO) terms associated with OCA-B positive and negative groups. (**H**) EAE clinical scores of C57BL/6 wild-type mice after receiving OCA-B positive or negative Th1 polarized CD4$^+$ T cells. For Clinical scores, data represents mean ± SEM. All other data represents mean ± SD.

Fig.5 l OCA-B promotes relapsing-remitting EAE through stem-like CD4$^+$ T cells

a, NOD.*Ocab*$^{fl/fl}$ (n=19) and NOD.*Ocab*$^{fl/fl}$;CD4-Cre (n=15) mice were injected with MOG$_{35-55}$ peptide in CFA and *pertussis* toxin to induce EAE. Clinical scores of animals representing

relapsing-remitting disease progression over time. **b,** Animal weights were recorded to determine
weight loss throughout initial disease and relapse. **c,** Singe cell RNA sequencing was performed
on pooled CD3ε⁺ cells isolated from the brain and spine of NOD.*Ocab*^*fl/fl*^ (n=3) and
NOD.*Ocab*^*fl/fl*^;CD4-Cre (n=4) 24 days after EAE induction (remission timepoint). Cell populations
were plotted in a UMAP using the Seurat R package and percentages are shown for each cluster.
Clusters were identified through differential gene expression analysis. **d,** Feature plots comparing
the expression of *Foxp3* and *Mki67* amongst clusters. **e,** Violin plots showing the expression of
Btg1, *Samhd1*, *Slamf6*, *Tcf7, Sell* and *Tox* within the Treg, proliferating, and Th1-like clusters. **f,**
CNS cells isolated at remission timepoint (day 24) were analyzed by spectral cytometry.
Representative flow cytometry plots and quantification showing the frequency of CD4⁺ T cells
between control and experimental groups. **g,** Representative flow cytometry plots and
quantification showing the frequency of CXCR6 expressing CD4⁺ T cells. **h,** Representative flow
cytometry plots showing the frequency of CD4⁺ T cells expressing IFNγ and GM-CSF. **i,**
Quantification of CD4⁺ T cells expressing IFNγ and GM-CSF. For clinical scores, data represents
mean ± SEM. All other data represents mean ± SD.

Fig.6 | OCA-B promotes disease relapse through control of pathogenic stem-like Th17
differentiation
a, Singe cell RNA and TCR sequencing were performed on pooled CD3ε⁺ cells isolated from the
brain and spine of NOD.*Ocab*^*fl/fl*^ (n=5) and NOD.*Ocab*^*fl/fl*^;CD4-Cre (n=6) 33 days after EAE
induction (relapse timepoint). Cell populations were plotted in a UMAP using the Seurat R
package and percentages are shown for each cluster. Clusters were identified through differential
gene expression analysis. **b,** UMAP TCR clonotype expansion between *Ocab*^*fl/fl*^ and *Ocab*^*fl/fl*^;CD4-
Cre amongst clusters. **c,** Violin plots showing expression of *Ccr9*, *Bach2*, *Ccr7*, *Tcf7*, *Cd44*, *Cxcr6*,
Il1r1 and *Lgals3* in the Ccr9 Stem-like CD4, Stem-like CD4-2, and Th17-like clusters. **d,** Feature
plots comparing the expression of *Ccr9*, *Tcf7*, and *Bach2* amongst clusters. **e,** UMAPs showing
RNA velocity of spliced and unspliced transcripts by experimental condition. **f,** Violin plots showing
expression of *Pdcd1, Tigit*, and *Il1r1* in the Th17-like cluster between control and experimental
groups.

Extended data legends

Extended Data Fig.1. Minimal differences in cytokine expressing CD4⁺ T cell, CD8⁺ T cell, B cell, macrophage or microglial cell counts at peak chronic EAE in OCA-B knockouts

a, Quantification of frequency and count of CD8α positive T cells between Ocab^{fl/fl} and Ocab^{fl/fl};CD4-Cre mice. **b,** Quantification of the number of B cells, macrophages and microglia. **c,** Quantification of frequency and count of IFNγ, IL-17, and GM-CSF expressing CD4⁺ T cells from Ocab^{fl/fl} and Ocab^{fl/fl};CD4-Cre mice. All data represents mean ± SD.

Extended Data Fig.2. Loss of OCA-B does not strongly alter initial Th1 or Th17 polarization in vitro

a, Representative flow cytometry plots showing IFNγ and IL-17 expressing CD4⁺ T cells after Th1 *in vitro* polarization. **b,** Quantification of IFNγ expressing CD4⁺ T cells after Th1 polarization. **c,** Representative flow cytometry plots showing IFNγ and IL-17 expressing CD4⁺ T cells after Th17 *in vitro* polarization. **d,** Quantification of IL-17 expressing CD4⁺ T cells after Th17 polarization. All data represents mean ± SD.

Extended Data Fig.3. Normal immune responses to intracranial JHMV infection in the absence of OCA-B

a, Quantification of the number of IFNγ expressing CD4⁺ T cells at dpi 7, 12 and 21. **b,** Quantification of the number of CD8⁺ T cells at dpi 7, 12 and 21. **c,** Quantification of the frequency of IFNγ expressing CD8⁺ T cells at dpi 7, 12 and 21. **d,** Quantification of the number of IFNγ expressing CD8⁺ T cells at dpi 7, 12 and 21. All data represents mean ± SD.

Extended Data Fig.4. Sorting OCA-B-mCherry reporter T cells and additional analysis of the effects of transferring OCA-B^{hi} versus OCA-B^{lo} CD4⁺ cells

a, Gating strategy for sorting of OCA-B⁺ and OCA-B⁻ CD4⁺ T cells. **b,** Normalized weights of NOD.Ocab^{fl/fl} and NOD.Ocab^{fl/fl};CD4-Cre mice following EAE induction. Normalized weight is represented by mean ± SEM.

Extended Data Fig.5. Individual NOD mouse EAE clinical scores, additional remission scRNA-seq cluster annotation genes, and heat map of gene enrichments by cluster

a, Clinical scores of individual NOD.Ocab^{fl/fl} mice following EAE induction. **b,** Clinical scores of

individual NOD.Ocab^{fl/fl};CD4-Cre mice following EAE induction. **c,** UMAP feature plots showing

expression of *Cxcr6*, *Il23r*, and *Bach2* amongst clusters at remission timepoint. **d,** Heatmap

showing the top 10 genes expressed by cluster at remission EAE timepoint.

Extended Data Fig.6. Heat map of NOD.EAE relapse gene enrichments by cluster, TCR

clonotype overlap between condition, example relapse feature plots, and pseudotime

analysis of relapse single cell RNA seq

a, Heatmap showing the top 10 genes expressed by cluster at relapse EAE timepoint. **b,** Alluvial

plot showing top 10 TCR clonotype gene overlap between Ocab^{fl/fl} and Ocab^{fl/fl};CD4-Cre groups.

c, UMAP feature showing the expression of *CD4, CD8a, Tox*, *Sell*, *Ccr7*, and *Ccr4* amongst

clusters at relapse timepoint. **d,** Pseudotime analysis of relapse single cell from root starting

node at or near Ccr9 stem-like cluster.

Extended Data Fig.7. OCA-B promotes pathogenic maturation of stem-like Th17 cells in

EAE

OCA-B expression promotes and selectively labels pathogenic stem-like Th17 cells which

preferentially transfer EAE and instigate disease relapse.

Methods

Chronic C57BL/6 EAE

11-12 week-old female C57BL/6 littermate animals were used for all experiments. For adoptive

transfer experiments using the OCA-B-mCherry reporter allele[47], 11 week-old females were used

for chronic EAE and 9 week-old males were used as MOG_{35-55} primed adoptive transfer donors.

EAE was induced on day 0 by two 100 μL subcutaneous injections into both hind flanks of 0.5

μmol/mL MOG_{35-55} peptide (University of Utah Peptide Core) emulsified in complete Freud's

adjuvant (CFA), comprised of incomplete Freund's adjuvant (Cat# 77145;ThermoFisher) together

with 4 mg/mL heat-killed *M. tuberculosis* (Cat# DF3114338; Fisher Scientific). Animals were given

two 400 ng intraperitoneal injections of *B. pertussis* toxin (Cat# 181; List Biological Laboratories)

on days 0 and 2.

Clinical Scoring

EAE clinical scores were determined using a 0-5 scale with 0.5 scoring intervals: 0.5, tip of tail is

limp or tail muscle strain observed; 1, complete limp tail; 1.5, complete limp tail and at least one

hind limb consistently falls through wire rack when animal is dropped; 2, complete limp tail and

one hind leg dragging without movement beyond hip; 2.5, complete limp tail and dragging of both

hind limbs without movement beyond hip; 3, complete hind limb paralysis; 3.5, complete hind limb

paralysis with flat laying hind quarters and hump in upper torso; 4, complete hind limb and partial

forelimb paralysis, minimal movement around cage; 4.5, complete hind limb and partial forelimb

paralysis, no movement around cage; 5, seizure or death. Animals scoring a $\geq$4 for more than 48

hr were euthanized and scored 5 for the remainder of the experiment. JHMV clinical disease was

evaluated using previously described 0-4 point scale[66].

Histology

Spinal columns were isolated from C57BL/6 Ocab^{fl/fl} and Ocab^{fl/fl};CD4-Cre animals after EAE or

JHMV induced demyelination and fixed overnight in in 4% paraformaldehyde at 4C. Spinal cords

were subsequently isolated and cryoprotected in 30% sucrose for 3-5 days. Thoracic and lumbar

sections were embedded in optimum cutting temperature (OCT) compound (ThermoFisher

Scientific) and frozen and stored at -80C. 8 μm spinal sections were cut by cryostat and stained

with Luxol fast blue (Cat# 212170250; ThermoFisher) along with hematoxylin (Cat# 8495; ENG

Scientific) and eosin (Cat# E511-25; Fisher Chemical). Demyelination was assessed by dividing

the area of demyelinated white matter by total white matter as previously described[67,68].

Flow cytometry and spectral cytometry.

Spinal cords and brains were harvested at peak disease or specified timepoint and mechanically

dissociated by passing through a 100 μm cell strainer. A 30/70% Percoll gradient (Cat# 17544501;

Cytiva) was used to enrich mononuclear cells. Cells from collected spleens and lymph nodes

(cervical, brachial, axillary and inguinal) were passed through a 70 μm strainer and erythrocytes

lysed by ammonium-chloride-potassium lysis buffer (150 mM NH_4Cl, 10 mM $KHCO_3$, 0.1 mM

Na_2EDTA). For intracellular staining, cells were cultured in complete media (RPMI 1640, 10%

FBS, 1% Pen/Strep, Glutamax) supplemented with 1 μL/mL brefeldin A (Cat# 555029; Golgiplug,

BD), 50 ng/mL phorbol myristate acetate (Cat# P1585; Sigma-Aldrich) and 1 μg/mL ionomycin

(Cat# I0634; Sigma-Aldrich) for 4 hr. Cultured cells were fixed using cytofix/cytoperm (Cat#

554714; BD) according to manufacturer's protocol and stained for intracellular cytokines in

perm/wash buffer. Flow cytometry samples were profiled using a BD Fortessa (BD Biosciences,

Fig. 2, 3, 4) or an Aurora spectral flow cytometer (Cytek, Fig. 1, 5). FlowJo software (BD

Biosciences) was used for data analysis.

Th1 and Th17 polarization and adoptive transfer C57BL/6 EAE

10-12 week-old female C57BL/6 littermate animals were used for all experiments. Donor animals

were immunized with MOG_{35-55} in CFA as above. 10-14 days post-immunization, spleen and

lymph node (cervical, axillary, brachial and inguinal) cells were collected and placed into mixed

culture with MOG peptide and cytokines at 5.0×10^6 cells/mL. For Th1 conditions, complete media

was supplemented with 50 μg/mL MOG_{35-55}, 6 ng/mL rmIL-6 (Cat# 216-16; Peprotech) and 2

ng/mL rmIFNγ (Cat# 315-05; Peprotech). For Th17 conditions, complete media was

supplemented with 50 μg/mL MOG_{35-55}, 8 ng/mL rmIL-23 (Cat# 1887-ML-010; R&D Systems), 10

ng/mL rmIL-1α (Cat# 211-11A; Peprotech), and 10 μg/mL anti-IFNγ (Cat# BE0055; BioXcell

XMG1.2). After 4 days of respective culture, CD4+ T cells were purified using negative magnetic

selection and resuspended in PBS at 1.5×10^6 cells/mL. 100uL cell suspension was injected

intraperitoneally into WT C57BL/6 recipients. Clinical disease was scored for 15 days.

In vitro Th17 differentiation restimulation assay

Naïve CD4$^+$ T cells were isolated from *Ocab^{fl/fl}* and *Ocab^{fl/fl}*;CD4-Cre C57BL/6 mice by magnetic

negative selection (Miltenyi Bio kit and LS columns). Naïve CD4$^+$ T cells were cultured in anti-

CD3ε coated (10 µg/mL) 96-well plates (2.0x10^5 cells/well) with Th17 differentiation media and

soluble anti-CD28 (2 µg/mL). Th17 differentiation media consisted of complete media

supplemented with 2 µg/mL anti-IL-4 (Cat# 504101; Biolegend), 2 µg/mL anti-IFNγ (Cat# BE0055;

XMG 1.2, BioXcell), 20 ng/mL IL-6 (Peprotech), 5 ng/mL TGF-β (Peprotech), and 10 ng/mL IL-23

(R&D Systems). After 2 days, cells were replated into new 96-well plates with fresh Th17

differentiation media but lacking anti-CD3ε. On day 5, cells were resuspended in complete media.

On day 10, cells designated for restimulation were cultured for 12 hours in a new 96-well plate

coated with 10 µg/mL anti-CD3 in complete media supplemented with 2 µg/mL anti-CD28. Rested

and restimulated cells were analyzed by flow cytometry.

JHMV

Ocab^{fl/fl} and *Ocab^{fl/fl}*;CD4-Cre C57BL/6 mice were anesthetized using isoflurane. Mice were

intracranially (i.c) injected with 1500 plaque-forming units (PFU) of JHMV (strain V34) suspended

in 30 µL Hank's balanced salt solution (ThermoFisher). Clinical disease was assessed for 21 days

using a previously described scale[69]. Mice were sacrificed at days 7, 12, and 21 post-infection to

assess viral titers within brain homogenates using a plaque assay previously described[70]. Spinal

cords were taken on day 21 post-infection to assess demyelination by luxol fast blue and

hematoxylin/eosin histology.

OCA-B-mCherry adoptive transfer EAE

OCA-B-mCherry reporter allele animals[47] were primed for 14 days with MOG$_{35-55}$ in CFA as

described above. After priming, spleen and lymph nodes were collected and CD4$^+$ T cells were

purified by magnetic negative selection (Miltenyi Bio kit and LS columns). Non-CD4$^+$ T cells were

removed from the LS column and placed on ice for subsequent in vitro culture. Purified CD4$^+$ T

cells were separated by OCA-B-mCherry expression (PE-Texas Red) using flow automated cell

sorting (FACS). OCA-B-mCherry positive and negative CD4$^+$ T cells were placed into mixed

culture in complete medium with the previously purified non-CD4$^+$ T cells at a 1:10 ratio (CD4$^+$ to

non-CD4$^+$) at 1.0×10^6 cells/mL. The culture was supplemented with 20 µg/mL MOG$_{35-55}$ and 0.5

ng/mL IL-12p70 (Cat# 210-12; Peprotech). After two days of culture, CD4$^+$ T cells were again

purified through negative magnetic selection. Purified CD4$^+$ T cells from OCA-B-mCherry positive

and negative cultures were resuspended in PBS at 8.8×10^6 cells/mL. 100 μL cell suspension was

injected i.p. into age-matched male C57BL/6 recipients. Clinical disease was assessed for 24

days.

Bulk RNAseq

OCA-B-mCherry reporter mice (n=9) were primed for 14 days with MOG_{35-55} in CFA as described

above. After priming, lymph nodes (cervical, axillary, brachial and inguinal) were isolated and

mCherry positive and negative $CD4^+$ T cells were collected by FACS. Total RNA, three groups

(pooled 3 mice each), was isolated using the Quick RNA micro kit (Cat# R1050; Zymo Research)

with DNase treatment (Cat# 79254; Qiagen). RNA concentration was measured with a Qubit RNA

HS Assay Kit (Cat# #Q32855; Fisher Scientific). RNA quality was evaluated with an RNA

ScreenTape Assay (Cat# 5067-5579, 5067-5580; Agilent Technologies). Total RNA samples (5-

500 ng) were hybridized with NEBNext rRNA Depletion Kit v2 (Cat# E7400; New England Biolabs)

to diminish rRNA from the samples. Stranded RNA sequencing libraries were prepared as

described using the NEBNext Ultra II Directional RNA Library Prep Kit for Illumina (Cat# E7760L;

New England Biolabs). Purified libraries were qualified on an 4150 TapeStation (Agilent

Technologies) using a D1000 ScreenTape assay (Cat# 5567-5582, 5067-5583; Agilent

Technologies). The molarity of adapter-modified molecules was defined by quantitative PCR

using the Kapa Biosystems Kapa Library Quant Kit (Cat# KK4824Roche). Individual libraries were

normalized to 5 nM. NovaSeq 150×150 bp sequencing libraries were chemically denatured and

applied to an Illumina NovaSeq flow cell using the XP workflow (20043131). Following transfer to

an Illumina NovaSeq 6000 instrument, 150×150 cycle paired-end sequencing was performed

using a S4 reagent Kit v1.5 (Cat# 20028312; Illumina). 8-11 million reads were generated per

sample and were aligned to the *GRCm38* mouse reference genome. Differential gene expression

and pathway analysis were conducted using the DESeq2 and Enrichr R packages.

NOD-EAE

15-18 week-old female littermate *Ocab^{fl/fl}* and *Ocab^{fl/fl}*;CD4-Cre animals backcrossed to a NOD

strain background[31] were used for all experiments. EAE was induced by two 100 μL subcutaneous

injections into both hind flanks of 0.5 μmol/mL MOG_{35-55} peptide emulsified in incomplete Freuds

adjuvant (Cat# 77145; ThermoFisher) supplemented with 4 mg/mL heat-killed *M. tuberculosis*

(Cat# DF3114338; Fisher Scientific) to form CFA. Animals were given two 400 ng intraperitoneal

injections of *Bordetella pertussis* toxin (Cat# 181; List Biological Laboratories) on days 0 and 2.

Clinical disease was assessed over 47 days using a 5-point scale described below. Remission

timepoints were determined to be between days 22-26 while relapse was determined to be

between days 26-39.

Single-cell RNA-seq

NOD.*Ocab^{fl/fl}* and NOD.*Ocab^{fl/fl}*;CD4-Cre animals were induced with EAE and monitored for

disease progression. Brains and spinal cords were isolated on day 24 (remission) and day 33

(relapse), and processed for FACS sorting. Viable cells were sorted by CD3ε using a FACSAria

(BD Bioscience). Cells from each condition were isolated from 3-4 mice and combined. Cells were

processed using the 5' 10X Genomics Chromium platform according to the manufacturer's

instructions. Paired-end high-throughput sequencing (125 cycles) was performed using a

NovaSeq instrument (Illumina). Sequencing reads were processed by using the 10X Genomics

CellRanger pipeline and further analyzed using the Seurat R package. Analysis of cells used a

standard filtering protocol removing cells with unique feature counts of >5,000 or <100, as well as

cells with >10% mitochondrial counts (indicative of dead cells). No more than 10% of total cells

were removed by this process. Cells were subjected to unsupervised hierarchical clustering

followed by uniform manifold approximation and projection (UMAP) to visualize clusters with

similar gene expression and their relative positions. RNA velocity analysis was performed using

velocyto.R version 0.6 to model cell state transitions using the guidelines provided in Manno et

al.[49] and the associated repository at https://github.com/velocyto-team/velocyto.R. High

dimensional velocity vectors were graphed on the predefined Seurat UMAP projection using

localized average grid projections. Pseudotime analysis was conducted using Seurat and

Monocle3 packages. Integrated data was divided into subset based on genotype and Monocle3

was used to calculate trajectory, order cells and plot pseudotime for each condition.

Statistics

Multiple two-tailed student's t-tests were used to determine statistical differences in EAE clinical

scores and all error bars denote ±SEM unless otherwise noted. Two-way ANOVA statistical tests

were used to determine differences in weight loss throughout disease progression. GraphPad

Prism software was used for all statistics and graphing. Two-tailed student's t-tests were used to

determine statistical differences in cell populations observed by flow cytometry and all error bars

represent ± SD unless otherwise noted. For all figures, ns = $p{>}0.05$, * = $p{\leq}0.05$, ** = $p{\leq}0.01$, ***

= $p{\leq}0.001$, **** = $p{\leq}0.0001$.

Reporting summary

Information regarding research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

All RNA sequencing, single-cell sequencing, and single-cell T cell V(D)J sequencing data associated with the findings of this study have been deposited to NCBI's GEO database under accession code GSE243727.

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Author contributions

E.P.H. and D.T. conceived the study. E.P.H. and A.S. performed experiments. E.P.H, A.S., E.M.M. and B.T.S. analyzed data. T.E.L., B.T.S. and D.T. provided critical resources and supervision for the study. E.P.H. and D.T. wrote, reviewed and revised the manuscript.

Competing interests

The authors declare that they have no conflicts of interest

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Fig. 4

Fig. 5

Fig. 6