Aberrant methylation and expression of TNXB promote chondrocyte apoptosis and extracullar matrix degradation in hemophilic arthropathy via AKT signaling

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Conflicts of Interest

All authors declare that they have no conflict of interest.

Abstract

Recurrent joint bleeding in hemophilia patients frequently causes hemophilic arthropathy (HA). Drastic degradation of cartilage is a major characteristic of HA, but its pathological mechanisms has not yet been clarified. In HA cartilages, we found server matrix degradation and increased expression of DNA methyltransferase proteins. We thus performed genome-wide DNA methylation analysis on human HA (N = 5) and osteoarthritis (N = 5) articular cartilages, and identified 1228 differentially methylated regions (DMRs) associated with HA. Functional enrichment analyses revealed the association between DMR genes (DMGs) and extracellular matrix (ECM) organization. Among these DMGs, Tenascin XB (TNXB) expression was down-regulated in human and mouse HA cartilages. The loss of *Tnxb* in *F8*$^{-/-}$ mouse cartilage provided a disease-promoting role in HA by augmenting cartilage degeneration and subchondral bone loss. *Tnxb* knockdown also promoted chondrocyte apoptosis and inhibited phosphorylation of AKT. Importantly, AKT agonist showed chondroprotective effects following *Tnxb* knockdown. Together, our findings indicate that exposure of cartilage to blood leads to alterations in DNA methylation, which is functionally related to ECM homeostasis, and further demonstrate a critical role of TNXB in HA cartilage degeneration by activating AKT signaling. These mechanistic insights allow development of potentially new strategies for HA cartilage protection.

Keywords: Hemophilic arthropathy; Methylation; Tenascin XB; Cartilage degeneration; Chondrocyte apoptosis.

Introduction

Hemophilia is a X-linked bleeding disorder due to the deficiency of coagulation factor VIII (hemophilia A) and IX (hemophilia B). As a one of the most frequent rare diseases, hemophilia is a persistent, challenging condition for patients, physicians and society [1]. Joint bleeding (hemarthrosis), especially in knee joint, is the most common clinical manifestation in patients with severe hemophilia (i.e., plasma FVIII or FIX < 1 U/dl) [2]. Recent evidence also indicates that hemarthrosis may occur spontaneously in patients with moderate (plasma factor levels of 1– 5 UI/dl) or mild disease (plasma factor levels of >5 UI/dl) [3,4]. Repeated episodes of hemarthrosis eventually result in hemophilic arthropathy (HA), a debilitating and irreversible condition. HA often starts at an early age and characterized by joint impairment, chronic pain, and reduced quality of life [5-10].

Current efforts to prevent the development of HA are mainly focused on management of acute joint bleeding and optimizing prophylactic replacement therapy [2,11,12]. However, the widespread adoption of the modern hematological care has not conferred considerable protection against the development of HA; even in patients with hemophilia receiving intermediate- and high-dose prophylaxis, many still develop HA [13]. Pathological changes of HA begin with the first joint bleedings, either breakthrough or sub-clinical, usually during the first years of life [4,14]. They consist in progressive and irreversible alterations induced by the direct and indirect toxicity of the free blood in the joint space. The joint replacement surgery, such as Total Knee Arthroplasty (TKA), is considered an intervention for alleviating pain and restoring

joint function in patients with end-stage HA. However, it is associated with a high

incidence of complications, primarily attributed to septic loosening and recurrent

postoperative bleeding [13]. Given no disease modifying therapy available to intervene

in the HA perpetuating process, HA remains a persistent problem and challenge for

hemophilia patients. Thus, to understand the pathogenesis of HA and subsequently

explore possible targets for therapy is necessary.

One distinctive pathophysiological manifestation of HA is cartilage degeneration

[15]. Cartilage is a rather inert tissue, consisting of matrix proteins and only one cell

type, chondrocytes that are responsible for production of matrix synthesis and rely on

synovial fluid for nutrients as cartilage lacks blood supply [16,17]. Nevertheless,

recurrent intra-articular bleeding creates a 'toxic' environment to cartilage, by

inducing synovial inflammation, hemosiderin accumulation and excessive mechanical

stress [15,18]. As a consequence, dysregulation of metabolism and abnormal apoptosis

occur in chondrocytes, ultimately resulting in deterioration of the cartilage matrix [2].

DNA methylation, a core epigenetic mechanism, is high dynamic and susceptible

to cues from the environment [19,20]. DNA methylation is the addition of a methyl group

to the cytosine residue of DNA molecules, which is catalyzed by DNA methyl

transferase (Dnmt) family of proteins that is comprised of three members: Dnmt1,

Dnmt3a, and Dnmt3b. DNA methylation is mainly located in the gene regulatory

region, usually repressing gene expression by blocking the transcriptional

accessibility of regulatory genomic regions [21]. Recently, multiple studies confirmed

the important role of abnormal DNA methylation in the pathogenesis of arthritis [22,23].

However, the epigenetic mechanisms underlying HA-related cartilage degradation

have not been explored.

In this study, we conducted a genome-wide DNA methylation study with the

goal of identifying differentially methylated genes (DMGs) and pathways for HA.

Further, we knocked down *Tnxb*, a key DMG, in primary mouse chondrocytes and

hemophilia A (*F8*^{-/-}) mice. The biological function and underlying mechanisms of

TNXB in HA progression were also investigated *in vivo* and *in vitro*. Our findings

provide a new mechanism for articular cartilage lesion in HA, which may lead to the

discovery of novel therapeutic targets for the treatment of HA.

Results

Articular cartilages of HA patients show severe damage and aberrant elevations

of Dnmt1 and Dnmt3a

In this study, we collected cartilage samples in tibial plateau from OA and HA

patients undergo total knee replacement (TKR) surgery. Consistent with previous

reports, the HA cartilage exhibited severe damage and significant hemosiderin

deposition, compared with that of OA (Figure 1A). MRI analysis revealed the

subchondral bone loss in HA patients (Figure 1B). ABH staining further assessed the

cartilage degeneration, and detected a substantial sulfated glycosaminoglycan (sGAG)

depletion in HA cartilages (Figure 1, C and D). As expected, comparing to OA, HA

cartilages showed prominent decrease in cartilage matrix protein Col2a1 and increase

in expression of Mmp13, the primary enzymes responsible for cartilage degeneration

(Figure 1, E and F). Additionally, obvious increase in Dnmt1 and Dnmt3a protein

levels was also detected in HA cartilages (Figure 1, G and H), whereas no significant

changes were found in Dnmt3b (Figure 1-Figure supplement 1). These data confirmed

the severe damage in articular cartilage and subchondral bone of HA patients.

Genome-wide DNA methylation analysis reveals the epigenetic landscape of HA

cartilage

To understand the methylation profile associated with HA cartilage degeneration,

genome-wide DNA methylation alterations were examined in 10 subjects (5 OA

cartilages and 5 HA cartilages) by using 850K ChIP. The methylation levels of whole

genome-wide CpGs were in a classic bimodal distribution where most CpGs were

either slightly or highly methylated (Figure 2A). Of note, global DNA methylation

levels exhibited systematic differences between HA and OA, as illustrated by their

separation pattern in principle component analysis (Figure 2B). Overall, 1288

significant differentially methylated regions (DMRs) (P $<$ 0.05 after the Benjamini

& Hochberg correction for multiple testing) were identified, with a mean fold change

in methylation difference of 0.90 (Figure 2C, and Supplement file 3a). Compared with

the OA, 69.95% and 30.05% DMRs were hypermethylated and hypomethylated in

HA, respectively (Figure 2-Figure supplement 1). Given the specificity of DMR, we

then determined whether the identified DMRs were preferentially colocalized with

some specific genomic features. The large majority (93.49%) of these DMRs were

located in gene promoters, 5'-UTRs, 3'-UTRs, and exons, with only 6.51%

overlapping intergenic regions (Figure 2-Figure supplement 2).

To determine the biological functions of these significant DMRs, GO and KEGG

enrichment analysis were performed on DMR-related genes (DMGs). GO analysis

revealed enrichment for terms largely related to extracellular matrix (ECM)

organization, skeletal system development (Figure 2D, Supplement file 3b). The top

two KEGG pathways were ECM-receptor interaction (P value $= 5.2\times10^{-6}$) and

PI3K-Akt signaling pathway (P value $= 5.3\times10^{-4}$) (Figure 2E, Supplement file 3c).

DMGs presented in these pathways have mostly been proved to play an important role

in cartilage matrix homeostasis, such as *COL1A1*, *COL1A2*, *COMP* [27-29]. Among

them, we found TNXB were significantly low expressed in human HA cartilage

compared to OA cartilage by using IHC staining (Figure 2, F and G). However,

TNXB was not differentially expressed in OA and HA synovial membranes (Figure

2-Figure supplement 3).

Decreased expression of Tnxb is associated with cartilage degradation by joint

bleeding in $F8^{-/-}$ mice

To assess the potential relevance of TNXB in HA *in vivo*, we established a

mouse model for HA, in which $F8^{-/-}$ mice received a needle puncture injury to the

knee joint [30,31]. This needle puncture induced excessive bleeding and caused severe

hemarthrosis (Figure 3-Figure supplement 1). Analysis of cartilage tissue sections by

Toluidine blue staining uncovered that joint bleeding remarkably promoted cartilage

degeneration at 4 and 8 weeks after injury (Figure 3, A and B). IHC staining further

demonstrated lower expression of Col2a1 and increased expression of Mmp13 (Figure

3, C-F). Next, micro-CT was used to assess the influence of hemarthrosis in

osteogenesis. An obvious osteopenia was detected in subchondral bone at 4 and 8

weeks post injury (Figure 3-Figure supplement 2). As expected, the above

histopathological changes in $F8^{-/-}$ mice following needle puncture were similar with

what we observed in Human HA. Meanwhile, decreased expression of Tnxb and

increased expressions of Dnmt1 and Dnmt3a were showed in articular cartilages 4 and

8 weeks following injury (Figure 3, G-L). Above results suggest that the suppression

of TNXB in cartilage promotes the HA development.

***TNXB* knockdown impairs chondrocyte metabolism and aggravates the**

progression of HA

To verify the relationship between TNXB and methylation levels, we treated

primary mouse chondrocytes with DNA Methyltransferase inhibitors RG108 or

5-Aza-dc, well-known to block DNA methylation [32,33]. After 24 hours treatment,

RG108 or 5-Aza-dc (10, 25 μM) significantly up-regulated the mRNA level of *Tnxb*,

indicating that the DNA methylation inhibits the expression of TNXB in chondrocytes

(Figure 4-Figure supplement 1). To further identify the biological functions of TNXB

in HA, we first knocked it down by specific siRNA in primary mouse chondrocytes.

The efficiency of *Tnxb* knockdown was confirmed by results of qPCR and Western

blot experiments (Figure 4, A-C). When compared with the siRNA-control group, we

found that *Tnxb* knockdown led to a decrease in *Col2a1* mRNA expression and an

increase in *Mmp13* mRNA expression (Figure 4, D and E). Western blot and

immunofluorescence staining analysis also showed a downregulated expression of

Col2a1 protein and upregulated expression of Mmp13 protein (Figure 4, E-H). Those

observations revealed that TNXB positively regulated the metabolism of chondrocyte

ECM.

Subsequently, we explored the effects of TNXB on HA cartilage degradation *in*

vivo, using intra-articular injection of adeno-associated virus (AAV) carrying

Tnxb-specific short hairpin RNA (shRNA) in $F8^{-/-}$ mice. 4 weeks after injection, more

severe cartilage degeneration was observed in *Tnxb*-KD mice, compared with vehicle

group (Figure 4, I and J). In addition, *Tnxb*-KD mice showed decreased expression of

Col2a1 and increased expression of Mmp13 in cartilages (Figure 4, K and L). The

subchondral bone of *Tnxb*-KD mice was significantly less than vehicle group mice

(Figure 4-Figure supplement 2). Collectively, the above results implied that TNXB

knockdown in cartilage accelerated the HA development.

TNXB deficiency sensitizes chondrocytes to apoptosis by inhibiting AKT

activation

Since blood exposure in joint cavity strongly causes chondrocyte apoptosis

(Figure 5-Figure supplement 1), we next explored the functional mechanisms of

TNXB in HA chondrocyte apoptosis. *Tnxb* knockdown induced the apoptosis in

chondrocytes, as evidenced by an increased proportion of Tunel-positive cells (Figure

5, A and B). Meanwhile, protein expression levels of pro-apoptotic Bax and

Cleaved-Caspase3 were significantly increased in *Tnxb*-KD chondrocytes, while

anti-apoptotic Bcl-2 was decreased (Figure 5, C-F). Moreover, AAV-shTnxb injection

also increased the number of Tunel-positive cells in articular cartilages in HA mice

(Figure 5, G and H). IHC staining confirmed that Bcl-2 expression was significantly

reduced in *Tnxb*-KD HA mice accompanied by enhanced expressions of Bax and

Caspase-3 (Figure 5, I-L).

It is well known that the PI3K/Akt signaling pathway regulates apoptosis [34-36],

and our KEGG analysis and IHC staining confirmed the involvement of this pathway

in HA cartilage degeneration (Figure 5, M and N). We, therefore, analyzed PI3K/Akt

pathway following *Tnxb* knockdown. In *Tnxb*-KD chondrocytes, p-Akt protein level

decreased significantly, while Akt level remained unchange (Figure 6, A and B). Next,

we sought to investigate whether Akt activation could attenuate chondrocyte

apoptosis induced by *Tnxb* knockdown. AKT agonist SC79 was used to treated

Tnxb-KD chondrocytes, and then its efficiency was verified by western blotting

(Figure 6-Figure supplement 1). 24 hours after SC79 treatment, the expressions of

Bcl-2 and Col2a1 (Figure 6, A, B and F) were upregulated, while Bax, Mmp13 and

Cleaved-Caspase9 expressions were markedly downregulated in *Tnxb*-KD

chondrocytes (Figure 6, A, C, E and G). These findings indicate that *TNXB*

knockdown induced chondrocyte apoptosis and ECM degradation through regulating

AKT activation.

Discussion

HA, a common manifestation of hemophilia, is typical characterized by dramatic

cartilage degradation [6]. Thus, the goal of our work was to provide a novel insight into

pathogenic mechanisms underlying HA cartilage degeneration. Figure 6 H

summarized our findings. Genome-wide DNA methylation analysis revealed the DNA

methylation changes in cartilages from hemophilia patients and identified *Tnxb* gene

associated with HA. The decreased expression of TNXB protein was also confirmed

in both human and mouse HA cartilages. Further, *Tnxb* knockdown promoted ECM

catabolism and chondrocyte apoptosis, and eventually accelerated the development of

HA in $F8^{-/-}$ mice. Meanwhile, decreased TNXB expression inhibited the activation of

AKT *in vivo* and *in vitro*. Notably, AKT agonist enhanced ECM synthesis and

suppressed apoptosis in *Tnxb*-KD chondrocytes. From these findings, it could be

hypothesized that abnormal methylation and decreased expression of TNXB are

responsible for disruption of cartilage homeostasis in HA.

In hemophlia patients, recurrent joint bleeding creates a toxic environment

including multifaceted processes such as hemosiderin deposition, inflammatory

response and mechanical pressure overload [37-40]. DNA methylation is a dynamic

epigenetic modification in response to environment. Since there are fewer epigenetic

studies on the pathological mechanisms of HA, we performed genome-wide DNA

methylation analysis, we found 1288 significant DMRs associated with HA with

69.95% hypermethylated, which was also supported by a corresponding increase in

Dnmt1 and Dnmt3a protein levels in HA cartilages. These results are similar to

previous reports showing that aberrant elevations of Dnmt1 and Dnmt3a promote

cartilage degeneration in destabilization of medial meniscus and aging models [33,41].

DNA methylation at gene promoter region is one of the important epigenetic

mechanisms in the regulation of gene expression [42,43]. The identified HA-related

DMRs showed high proportion in transcriptional start sites. These data suggest that

DNA methylation is a critical mediator in the pathology of HA. Nevertheless, due to

the severe erosion of HA cartilage, the mRNA levels of DMR-related genes were not

explored in this study. Besides, our sample size for DNA methylation sequencing is

relatively small. Thus, further studies using additional more HA samples will be

conducted to investigate the possible transcriptional alteration of identified genes as

well as their potential roles in HA development.

Furthermore, our enrichment analysis showed that DMR-related genes were

significantly enriched in ECM organization and ECM-receptor interaction terms. It is

consistent with previous reports that ECM acts as an epigenetic informational entity

capable of transducing and integrating intracellular signals via ECM-receptor

interaction [44-46]. DMR-related genes enriched in these terms, many are known to be

critical compositions of cartilage matrix, such as *COMP*, *COL1A1* and *COL1A2* [27-29].

In Articular cartilage, ECM provides nutrients and mechanical support for

chondrocytes [47], and its age-related stiffening epigenetically regulates gene expression

and compromises chondrocyte integrity [41]. Above findings highlight that ECM-related

genes are potential candidates for HA.

Tenascin-X (TNXB), an ECM glycoprotein, is the top differentially methylated

gene in our DNA methylation analysis of HA cartilages. In addition, DNA

methylation of TNXB has also been reported in whole blood from rheumatoid arthritis

patients and in retinal pigment epithelium from patients with age-related macular

degeneration [48,49]. Using IHC staining, we detected the downregulated expression of

TNXB in human and mouse HA cartilages. TNXB belongs to tenascin family, whose

members (TNC, TNR, TNXB, and TNW) share a similar domain pattern: an

N-terminal oligomerization domain, a series of epidermal growth factor-like repeats, a

variable number of fibronectin-type III (FNIII) repeats and a C-terminal

fibrinogen-like domain [50]. Emerging evidence suggests the involvement of TNC in

cartilage development and degeneration in arthritis [51,52]. Here, we prove for the first

time a role of TNXB in cartilage homeostasis *in vivo* and *in vitro*. Specifically, *Tnxb*

knockdown contributed to an increase in Mmp13 expression and decrease in Col2a1

expression in chondrocytes. In agreement with these findings, knockdown of *Tnxb* in

cartilages of $F8^{-/-}$ mice resulted in accelerated HA-like lesions. It has been previously

reported that TNXB blocks the interaction between TGF-β and its receptor in

endothelial cells. Since a potent role of TGF-β in chondrocyte differentiation, we

examined the effect of TNXB on TGF-β signaling, but did not observe significant

alterations in this signaling in *Tnxb*-KD chondrocytes (Figure 6-Figure supplement 2,

A and B). The FNIII repeats domain of TNXB undergoes alternative splicing to

interact with different ECM proteins and growth factors, and then affects ECM

network formation and three-dimensional collagen matrix stiffness [53]. Thus, future

study would benefit from exploring the effect of the FNIII repeats domain in HA

development to further clarify the specific mechanisms of TNXB.

The process of HA development is accompanied by the chondrocyte apoptosis

which in part promotes the ECM degeneration [15,54]. We also observed remarkably

increased apoptosis following joint bleeding in $F8^{-/-}$ mice. Interestingly, *Tnxb*

knockdown could significantly induce apoptosis in chondrocytes *in vitro*, and even

aggravate apoptosis in mouse HA cartilage, by enhancing expression of markers

associated pro-apoptosis (Bax, C-Caspase3) and suppressing anti-apoptotic proteins

(Bcl-2). In TNXB family, TNC was reported to inhibit human chondrosarcoma cell

apoptosis by activation of AKT [55]. PI3K signaling pathway regulated AKT

phosphorylation to suppress apoptosis [56,57]. Our KEGG analysis of DMGs showed the

potential association of PI3K/AKT signaling with HA. We then detected much lower

phosphorylation level of AKT in *Tnxb*-KD chondrocytes and HA models. These

results are in line with previous report showing that the expression of p-AKT1 was

down-regulated in the articular cartilage of patients with HA compared with that in

patients with OA [58]. Notably, we further demonstrated that AKT agonist effectively

restored the abnormal Mmp13 expression and apoptosis induced by *Tnxb* knockdown.

Recent studies have shown that AKT signaling affected cartilage metabolism by

regulating Mmp13 expression [59,60]. These findings indicate that AKT1 activation

mediates the effect of TNXB on HA chondrocytes apoptosis and ECM catabolism.

Thus, therapeutic effect of AKT agonist on HA development deserves further study.

Conclusions

Conclusively, our study provides the first comprehensive methylation profile in

the progression of knee HA, and shows that abnormal expression of TNXB is

important in HA cartilage degeneration by suppressing the activation of AKT1. These

findings provide a new insight into mechanisms responsible for HA disease and

suggest TNXB as a potentially novel therapeutic target for HA treatment.

Materials and Methods

Cartilage specimen collection

Osteoarthritis (OA) is often used as "disease" control to reveal the characteristics

in HA [24,25], although the mechanistic and phenotypic are different between HA and

OA. In this study, 5 HA and 5 OA knee cartilage specimens were collected from

patients undergoing total knee replacement surgery. Knee cartilage tissues were

dissected and then rapidly frozen in liquid nitrogen or fixed in 4% paraformaldehyde.

All subjects were Chinese Han and their demographic characteristics were listed in

Supplement file 1. The human cartilage samples were obtained from Department of

Orthopedic Surgery at The First Affiliated Hospital of Zhejiang Chinese Medical

University. This study was approved by the Ethics Committee of the First Affiliated

Hospital of Zhejiang Chinese Medical University (2019-ZX-004-02).

Magnetic Resonance Image (MRI)

MRI examination: a GE 3.0 T Signa Excite superconducting MRI machine with

a 32-channel body coil, a gradient field of 24 mT/m, and a creep rate of mT/(m.s) as

well as a Siemens Verio 3.0 T superconducting magnetic resonance imaging machine

with a 16-channel phased array coil were applied. An ultrashort echo time (UTE)

pulse sequence (echo time 0.07 ms) was performed in the sagittal plane of the knee

joint of the affected limb. Scanning parameters: layer thickness of 0.8 mm, field of

view of 320 mm×320 mm, matrix of 160 mm×160 mm, intra-layer resolution of 0.6

mm×0.6 mm, and excitation of 2 times. Scanning software: NooPhase Wrap, Variable

Bandwidth, Tailored RF.

Genome-wide DNA methylation profiling

Genomic DNA was prepared from cartilage specimens using QIAamp DNA

Blood Mini Kit (QIAGEN, Germany) according to the manufacturer's instructions

and was stored at -80 °C until used. Then bisulfite treatment of genomic DNA was

performed with the EZ DNA methylation kit (Zymo Research) according to

manufacturer's procedure. Genome-wide DNA methylation patterns were evaluated

by Infinium Human Methylation 850 K BeadChips (Illumina), which determine the

methylation levels of 853,307 CpG sites. R/Bioconductor (version 3.3.3) package

ChAMP was used to process the Illumina intensity data (IDAT) files from the chip.

DNA methylation level of each CpG site was described as a β value, ranging from

zero (representing fully unmethylated) to one (representing fully methylated). Probes

that had a detection P value of > 0.01 and those located on the X and Y chromosome

were filtered away. We also removed SNP-related probes and all multi-hit probes.

BMIQ (Beta MIxture Quantile dilation) algorithm was used to correct for the Infinium

type I and type II probe bias. Furthermore, the regression models were adjusted for

age and sex. Differentially methylated probes (DMPs) at significance of $P < 0.05$

after the Benjamini & Hochberg correction for multiple testing. Differentially

Methylated Regions (DMRs) were identified by Bumphunter with default settings.

Additionally, we annotated the DMR-related genes (DMGs), and then performed

Gene Ontology (GO) and Kyoto Encyclopedia of Genes (KEGG) pathway analysis by

using the online tool DAVID (http://david.abcc.ncifcrf.gov/). The significant

pathway/ GO term was identified with P value < 0.05.

Mouse

The FVIII target gene knockout hemophilia ($F8^{-/-}$) mouse were purchased from

the Shanghai Laboratory Animal Center of the Chinese Academy of Sciences. All

mouse were kept in the Laboratory Animal Center of Zhejiang University of Chinese

Medicine. The animals were placed in the controlled environmental condition with

relatively constant air humidity and temperature as well as manual control of day and

night replacement for 12h. The experiment was approved by the Experimental Animal

Ethics Committee of Zhejiang University of Traditional Chinese Medicine

(LZ12H27001).

The mouse experimental model of HA

The HA model is constructed according to the description of Hakobyan et al [26].

$F8^{-/-}$ male mouse were induced with 3% isoflurane, and 1% isoflurane was maintained

under anesthesia. The right knee joint capsule of mouse was pierced with a 30g needle

for bleeding modeling, and the left knee of each animal was used as a control group.

Mouse were sacrificed at 4 and 8 weeks after injury, and knee joints were collected

for further experiments.

Intra-articular injection

$F8^{-/-}$ male mouse were induced with 3% isoflurane, and 1% isoflurane was

maintained under anesthesia. The right knee joint capsule of mouse was pierced with

a 30g needle for bleeding modeling. The needle of the insulin syringe was sagittally

inserted into the intercondylar area of the mouse right knee joint, and one dose of 10

μL AAV-Tnxb (GenePharma, concentration: $1 \times 10^{10}/10 \mu L$) or AAV-NC was injected.

After 4 weeks, mouse was sacrificed, respectively, and the right knee joints were

collected for further experiments.

Micro-computed tomography (μCT) analysis

Micro-computed tomography (μCT) (Skyscan 1176, Bruker μCT, Kontich,

Gelgium) was used to analyze the knee joints. The area between the proximal tibia

growth plate and the tibial plateau was chosen as the region of interest. The

parameters collected form μCT were percent bone volume (BV/TV, %), Trabecular

thickness (Tb.Th, mm), Trabecular number (Tb.N, 1/mm) and Trabecular

Spacing(Tb.Sp, mm).

Histological analysis

The human cartilage samples were successively fixed in 4% paraformaldehyde

for 5 days, decalcified with 14% EDTA solution for 3 months, and the mouse samples

were successively fixed in 4% paraformaldehyde for 3 days, decalcified with 14%

EDTA solution for 14 days. These samples subsequently embedded in paraffin. Then

3-μm thick sections at the medial compartment of the joints were cut for Alcian blue

hematoxylin/Orange G (ABH) or Toluidine Blue staining to analyze the gross

cartilage structural changes. Histomorphometry analysis was performed through

Osteomeasure software (Decatur, GA).

Immunohistochemistry

The immunohistochemistry was examined to observe the expressions of protein

in cartilage. Briefly, the deparaffinized sections were soaked in 0.3% hydrogen

peroxide to block the activity of endogenous peroxidase, then blocked with normal

goat serum (diluted 1:20) for 20 min at room temperature. Subsequently, the primary

antibodies were added and incubated overnight at 4° C. The next day, the sections

were treated with secondary antibodies for 30 min and positive staining was visible by

using diaminobenzidine solution (Invitrogen, MD, United States). Then

counterstaining was performed with hematoxylin for 5 s. Anti-Col2a1 (Abcam,

ab34712, 1:200), Anti-Mmp13 (Abcam, ab39012, 1:300), Anti-TNXB (Proteintech,

13595-1-AP, 1:50), Anti-Bax (Huabio, ET1603-34, 1:200), Anti-Bcl-2 (Huabio,

ET1702-53, 1:200), Anti-p-Akt1 (Abclonal, AP0140, 1:200), Dnmt1(Abcam，1：200),

Dnmt3a (Abcam，1：200), Dnmt3b (Huabio，1：200) were used in this study.

Cell isolation and culture

Primary mouse chondrocytes were obtained from the femoral head of 2-week-old

C57BL/6 J mouse purchased from the Experimental Animal Center of Zhejiang

Chinese Medical University. Mouse were sacrificed and disinfected with 75% ethyl

alcohol. Specimens were isolated and rinsed by Phosphate Buffer Saline (PBS) 3

times. Then the cartilage tissues were digested with 0.25% collagenase P at 37 °C for

4h. Chondrocytes were cultured in DMEM/F-12 medium containing 10% fetal bovine

serum (FBS) and 1% streptomycin/penicillin in 5% CO_2 at 37 °C for further

experiment.

Tunel assay.

To evaluate the apoptotic cells in the chondrocytes, we performed a Tunel assay

according to the manufacturer's guideline (Beyotime, catalog C1088). Briefly,

following deparaffinage and rehydration, sections were permeabilized with

DNase-free Proteinase K (20 μg/mL) for 15 minutes at 37°C. Subsequently, slides

were treated with Tunel solution and incubated at 37°C for 1 hour in a dark

environment and counterstained with DAPI (1:1000; Solarbio) for 10 minutes. Finally,

TUNEL positive cells were detected by fluorescence microscope.

Transfection of siRNA-*Tnxb*

Chondrocytes were transiently transfected with siRNA targeting *Tnxb*

(GenePharma) or negative□control siRNA (scrambled; GenePharma) using

X□tremeGENE siRNA transfection reagent (Sigma) following the manufacturer's

instructions. All experiments were performed 72 hours after transfection, and the most

effective single siRNA was used for further experiments. After transfection for 48 h,

cells were treated with various concentrations of SC79 (10μM, Selleck) for 24 h.

Cell immunofluorescence

450   The cells were fixed with 4% paraformaldehyde and blocked with goat serum for

451   1 hour. Then, cells were incubated with Col2a1 antibody (1:200; Abcam) and Mmp13

452   antibody (1:100; Abcam) overnight. The next day, the knee joints samples and

453   Chondrocytes with goat anti□rabbit antibody (1:1000; Invitrogen) conjugated with

454   Alexa Fluor 488 for 1 hour. Cells were stained with DAPI (1:1000; Solarbio).

Western blot analysis

Total proteins were extracted by RIPA buffer, and concentration of protein was

determined by bicinchoninic acid (BCA, Beyotime, Shanghai, China). Proteins were

separated on 10% SDS-PAGE gels and transferred to PVDF membranes. The

membranes were then blocked with 5% skim milk for 1 h, and were incubated with

primary antibodies (Col2a1, Abclonal, A1560, 1:1500), (Mmp13, Abclonal, A11755,

1:1000), (TNXB, Abclonal, A2535, 1:1000), (p-Akt1, Abclonal, AP0140, 1:1000),

(Akt1, Huabio, ET1609-47, 1:1000), (Bcl-2, Huabio, ET1702-53, 1:1000), (Bax,

Huabio, ET1603-34, 1:1000), (active-pro caspase-3, Huabio, ET1608-64, 1:1000),

(Cleaved-Caspase9, Abclonal, A22672, 1:1000), (pSmad2, CST, 8828, 1:1000)

overnight at 4°C. The membranes were washed 3 times, and then cultured with the

secondary antibody for 1 h. The immunoreactivity was detected with the ECL

substrate (Thermo Fisher Scientific, United States) on an Image Quant LAS 4000 (EG,

United States). The grey value was calculated by the software of Image J. *β-actin* was

used as an internal control in all western blot analysis.

Quantitative RT-PCR

TRIzol reagent (Invitrogen, United States) was used according to the

manufacturer's protocol to extract total RNA from chondrocytes. The total RNA

quantity and purity was evaluated by using NanoDrop 2000 (Thermo Fisher Scientific,

United States). Reverse transcription was carried out with cDNA Synthesis Kit

(Bmake, Beijing, China). The quantitative real-time-polymerase chain reaction (qPCR)

was conducted with SYBR Premix Ex Taq™ II (Takara, Dalian, China), and

performed on on a QuantStudio™ 7 Flex Real☐Time PCR System. All of the PCR

reactions were repeated 3 times for each gene. The data were analyzed by the

2−ΔΔCT method using *Actb* as the internal control. Supplement file 2 showed the

primer sequences of target genes used in the current study.

Treatment of DNA Methyltransferase inhibitors

To investigate whether DNA methylation affects the expression of TNXB, we

treated primary mouse chondrocytes with RG108 or 5-Aza-dc (0, 1, 10, and 25 μM)

(RG-108, Beyotime, SD-1137; 5-Aza-2'-deoxycytidine, Beyotime, SD-1047) for 24 h.

The cells were then collected for qPCR to detect the mRNA level of *Tnxb*.

Statistics

All experimental data of this subject were analyzed by GraphPad Prism software

version 8.0, and the statistical results of measurement data were expressed as mean ±

standard deviation. 2-tailed unpaired parametric Student's t test or nonparametric

Mann-Whitney U test or one-way ANOVA with Tukey's multiple comparisons test

was used for comparison between different groups. The difference was statistically

significant with $P < 0.05$.

List of abbreviations

HA: hemophilic arthropathy, DMRs: differentially methylated regions, DMGs:

DMR genes, TNXB: Tenascin XB, DNMT: DNA methyl transferase, ABH: Alcian

blue hematoxylin/Orange G, ECM: extracellular matrix, AAV: adeno-associated

virus.

Study approval

In the current study, the human cartilage samples were obtained from

Department of Orthopedic Surgery at The First Affiliated Hospital of Zhejiang

Chinese Medical University. This study was approved by the Ethics Committee of the

First Affiliated Hospital of Zhejiang Chinese Medical University (2019-ZX-004-02).

And all the animal operating procedures in this study were approved by the

Experimental Animal Ethics Committee of Zhejiang Chinese Medical University

(LZ12H27001).

Data Availability Statement

The data used to provide support for the results of this study can be obtained

from the corresponding authors.

Availability of data and materials

510   The datasets used and/or analyzed during the current study are available from the

511   corresponding author on reasonable request.

Conflicts of Interest

513   All authors declare that they have no conflict of interest.

Funding Statement

515   This research has been partially supported by the National Natural Sciences

516   Foundation of China (Grant nos. 82274280, 82104891, 82074457), Zhejiang

517   Provincial Natural Science Foundation of China (LQ22H270006, LR23H270001).

Acknowledgments

519   We appreciate the great help from the Public Platform of Medical Research

520   Center, Academy of Chinese Medical Science, Zhejiang Chinese Medical University.

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Figure 1. The severe cartilage damage in human HA. (A) Human cartilage samples in the tibial plateau were obtained from patients with OA and HA. Black arrow indicates hemorrhagic ferruginous deposits. **(B)** MRI imaging of the knee joint in patients with HA and OA. Red arrow indicates the wear area. **(C)** Representative images of ABH/OG staining for HA and OA cartilage. **(D)** The degree of cartilage degeneration was quantified according to the OARSI score. **(E)** Representative IHC staining of COL2A1 and MMP13. **(F)** Quantification of the proportion of COL2A1 and MMP13 positive regions in human cartilage. **(G)** Representative IHC staining of DNMT1 and DMMT3A. **(H)** Quantification of the proportion of NMT1 and DMMT3A positive cells in human cartilage. Red arrows indicate positive cells. Scale bar: 100 μm. Data were presented as means ± SD; n = 5 per group. And analyzed by 2-tailed unpaired parametric Student's t test, **$P < 0.01$, ***$P < 0.001$.

Figure 1-Figure supplement 1 Representative immunofluorescence images (A) and quantification (B) of Dnmt3b in human HA and osteoarthritis cartilages. Scale bar: 100 μm. Data were presented as means ± SD; n = 5 in each group. ns = no significance by unpaired Student's t test.

Figure 2. Genome-wide DNA methylation profile in HA cartilage and biological functions of DMR-Related genes. (A) Distribution of methylation level density of CpGs. Note: X = degree of methylation; Y = the CpG site density corresponding to

the level of methylation. **(B)** Principal component analysis of DNA methylation data.

(C) Heatmap shows the 700 significant DMRs between HA and OA. **(D)** Enriched

GO terms for DMR-related genes. **(E)** KEGG enrichment analysis of DMR-related

genes. **(F)** Representative IHC staining of TNXB. Red arrows indicate positive areas.

Scale bar: 100 μm. **(G)** Quantification of the proportion of TNXB positive regions in

human cartilage. Data were presented as means ± SD; n = 5 per group. And analyzed

by 2-tailed unpaired parametric Student's t test, ***$P < 0.001$.

Figure 2-Figure supplement 1 The proportion of hypermethylated and

hypomethylated DMRs.

Figure 2-Figure supplement 2 Proportion of DMRs for each genetic feature.

Figure 2-Figure supplement 3 (A) Representative IHC staining of Tnxb in synovial

membrane from human HA and osteoarthritis. Corresponding quantification of the

proportion of **(B)** Tnxb positive regions. Red arrows indicate positive cells. Scale bar:

100 μm. Data were presented as means ± SD; n = 6 in each group. ns = no

significance by unpaired Student's t test.

Figure 3. TNXB expression is drastically reduced in HA mouse cartilages. (A)

Representative images and **(B)** Quantitative analysis of Toluidine blue staining for

knee sections of $F8^{-/-}$ mice at 4 and 8 weeks following injury. Representative IHC

staining of **(C)** Col2a1, **(E)** Mmp13, **(G)** Tnxb, **(I)** Dnmt1 and **(K)** Dnmt3a in *F8$^{-/-}$*

mice at 4 and 8 weeks post injury. Quantification of the proportion of **(D)** Col2a1, **(F)**

Mmp13, **(H)** Tnxb, **(J)** Dnmt1 and **(L)** Dnmt3a positive regions. Scale bar: 100 μm.

Data were presented as means ± SD; n = 6 mice per group. And analyzed by 2-tailed

unpaired parametric Student's t test, ***P < 0.001.

Figure 3-Figure supplement 1 (A) Representative gross view of bleeding knee joint

of *F8$^{-/-}$* mice.

Figure 3-Figure supplement 2 Representative 3D reconstruction of the knee joint

and subchondral bone of HA model mice at **(A)** 4 weeks and **(B)** 8 weeks after

puncture-induced injury. Quantification analysis of the subchondral bone BV/TV (%),

Tb.Th (mm) and Tb.Sp (mm) at HA model mice at **(C)** 4 weeks and **(D)** 8 weeks after

injury. 4 weeks. Data were presented as means ± SD and analyzed by 2-tailed

unpaired parametric Student's t test, **P < 0.01, ***P < 0.001, n=6 in each group.

Figure 4. knockdown of Tnxb in chondrocytes induces extracellular matrix

degradation and accelerates the progression of HA. **(A)** qPCR and **(B)** Western

blotting analysis for Tnxb in mouse chondrocytes treated with siRNA-NC or

siRNA-*Tnxb*. **(C)** Corresponding quantification analysis of Tnxb protein.

Quantification of mRNA levels for **(D)** *Mmp13* and*Col2a1* in *Tnxb*-KD chondrocytes.

(E) Western blot and **(F)** corresponding quantification analysis for Mmp13 and

Col2a1 protein. **(G)** Representative immunofluorescence images of Col2a1 and

Mmp13 expression in *Tnxb*-KD chondrocytes. **(H)** Quantification of Col2a1 and

Mmp13 fluorescence intensity. Representative images of **(I)** Toluidine blue staining

and **(K)** IHC staining of Mmp13 and Col2a1 for knee sections of $F8^{-/-}$ mice at 4

weeks after Intra-articular injection of AAV-sh*Tnxb*. **(J)** Quantitative detection of the

area of the tibial cartilage area. **(L)** Quantification of the proportion of Col2a1 and

Mmp13 positive regions. Red arrow indicates the wear area. Scale bar: 100 μm. Data

were presented as means ± SD; n ≥ 3 in each group. And analyzed by 2-tailed

unpaired parametric Student's t test, $*P < 0.05$, $**P < 0.01$, $***P < 0.001$.

Figure 4-Figure supplement 1 (A) and **(B)** qPCR analysis for Tnxb in mouse

chondrocytes treated with RG-108 or 5-Aza-dc. Data were presented as means ± SD

and analyzed by 2-tailed unpaired parametric Student's t test, ns = no significance,

$**P < 0.01$, $***P < 0.001$, n=4 in each group.

Figure 4-Figure supplement 2 (A) Representative 3D reconstruction of the knee

joint and subchondral bone of in Tnxb-KD HA mice. Quantification analysis of the

subchondral bone **(B)** BV/TV (%), **(C)** Tb.Th (mm), **(D)** Tb.Sp (mm) and **(E)** Tb.N

(1/mm). Data were presented as means ± SD and analyzed by 2-tailed unpaired

parametric Student's t test, $**P < 0.01$, $***P < 0.001$, n=3 in each group.

Figure 5. Tnxb knockdown increases apoptosis in chondrocytes and HA

cartilages. (A) Representative images of TUNEL staining in Tnxb-KD chondrocytes

(B) Quantification for TUNEL positive cells. **(C-F)** Western blot and corresponding

quantification analysis for Bax, Cleaved-Caspase3, and Bcl-2. **(G)** TUNEL staining

for apoptosis in articular cartilage from Tnxb-KD HA mice. **(H)** Quantification for

TUNEL positive cells in articular cartilage. Representative IHC staining of Bax **(I)**,

Bcl-2 **(K)**, and p-Akt1 **(M)** in articular cartilage from *Tnxb*-KD HA mice.

Corresponding quantification of the proportion of **(J)** Bax, **(L)** Bcl-2 and **(N)** p-Akt1

positive regions. Red arrows indicate positive cells. Scale bar: 100 μm. Data were

presented as means ± SD; n ≥ 3 in each group. And analyzed by 2-tailed unpaired

parametric Student's t test, **$P < 0.01$, ***$P < 0.001$.

Figure 5-Figure supplement 1 (A) TUNEL staining for apoptosis chondrocytes in

articular cartilages from $F8^{-/-}$ mouse at 4 and 8 weeks after injury. Scale bar: 100 μm.

(B) Quantification for TUNEL positive cells in articular cartilages.

Figure 6. Treatment with AKT agonist decreases apoptosis in TNXB-KD

chondrocytes. (A) Western blot analysis for Col2a1, Mmp13, Bax, Bcl-2, p-Akt1,

Akt1 and Cleaved-Caspase9 in Tnxb-KD chondrocytes treated with SC79 (0 or 10μM)

for 24 hours. **(B-G)** Corresponding quantification of these proteins. **(H)** Schematic of

the role of TNXB in the pathogenesis of HA cartilage degeneration. Data were

presented as means ± SD; n = 4 per group. And analyzed by 2-tailed unpaired

parametric Student's t test or one-way ANOVA with Tukey's multiple comparisons

test, *$P < 0.05$, **$P < 0.01$, ***$P < 0.001$.

Figure 6-Figure supplement 1 (A) Western blot examined the function of AKT

agonist SC79. **(B)** Corresponding quantification of these proteins. Data were

presented as means ± SD and analyzed by 2-tailed unpaired parametric Student's t test,

**$P < 0.01$, ***$P < 0.001$, n = 4 in each group.

Figure 6-Figure supplement 2 (A) Western blotting analysis for pSmad2 in mouse

chondrocytes treated with siRNA-NC or siRNA-*Tnxb*. **(B)** Corresponding

quantification of these proteins. Data were presented as means ± SD and analyzed by

2-tailed unpaired parametric Student's t test, ns = no significance, n = 4 in each group.

Supplement file 1. Basic characteristics of subjects

Supplement file 2. Primer sequences for qPCR

Supplement file 3a. DMRs between HA and OA cartilages

Supplement file 3b. GO pathway enrichment analysis of DMRs-related gene (Top 10

pathways)

Supplement file 3c. KEGG pathway enrichment analysis of DMRs-related gene (Top

10 pathways)

Figure 4-source data 1

Original file for the Western blot analysis of β-actin in Figure 4B

Figure 4-source data 2

Original file for the Western blot analysis of Tnxb in Figure 4B

Figure 4-source data 3

PDF containing Figure 4B and original scans of the relevant Western blot analysis

(anti-β-actin, and anti-Tnxb) with highlighted bands and sample labels

Figure 4-source data 4

Original file for the Western blot analysis of β-actin in Figure 4E

Figure 4-source data 5

Original file for the Western blot analysis of Col2a1 in Figure 4E

Figure 4-source data 6

Original file for the Western blot analysis of Mmp13 in Figure 4E

Figure 4-source data 7

PDF containing Figure 4E and original scans of the relevant Western blot analysis

(anti-β-actin, anti-Col2a1, and anti-Mmp13) with highlighted bands and sample labels

Figure 5-source data 1

Original file for the Western blot analysis of β-actin in Figure 5C

Figure 5-source data 2

Original file for the Western blot analysis of Bax in Figure 5C

Figure 5-source data 3

Original file for the Western blot analysis of Bcl-2 in Figure 5C

Figure 5-source data 4

Original file for the Western blot analysis of cleaved-caspase 3 in Figure 5C

Figure 5-source data 5

PDF containing Figure 5C and original scans of the relevant Western blot analysis

(anti-β-actin, anti-Bax, anti-Bcl-2, and anti-cleaved-caspase 3) with highlighted bands

and sample labels

Figure 6—source data 1

Original file for the Western blot analysis of β-actin in Figure 6A

Figure 6—source data 2

Original file for the Western blot analysis of Col2a1 in Figure 6A

Figure 6—source data 3

Original file for the Western blot analysis of Mmp13 in Figure 6A

Figure 6—source data 4

Original file for the Western blot analysis of AKT1 in Figure 6A

Figure 6—source data 5

Original file for the Western blot analysis of pAKT1 in Figure 6A

Figure 6—source data 6

Original file for the Western blot analysis of Bax in Figure 6A

Figure 6—source data 7

Original file for the Western blot analysis of Bcl-2 in Figure 6A

Figure 6—source data 8

Original file for the Western blot analysis of cleaved-caspase9 in Figure 6A

Figure 6—source data 9

Original file for the Western blot analysis of cleaved-caspase9-β-actin in Figure 6A

Figure 6—source data 10

PDF containing Figure 6A and original scans of the relevant Western blot analysis

(anti-β-actin, anti-Col2a1, anti-Mmp13, anti-AKT1, anti-pAKT1, anti-Bax, anti-Bcl-2,

anti-cleaved-caspase 9, and anti-cleaved-caspase 9-β-actin) with highlighted bands

and sample labels

Figure 6-Figure supplement 1—source data 1

Original file for the Western blot analysis of β-actin in Figure 6-Figure supplement 1

Figure 6-Figure supplement 1—source data 2

Original file for the Western blot analysis of AKT1 in Figure 6-Figure supplement 1

Figure 6-Figure supplement 1—source data 3

Original file for the Western blot analysis of pAKT1 in Figure 6-Figure supplement 1

Figure 6-Figure supplement 1—source data 4

PDF containing Figure 6-Figure supplement 1 and original scans of the relevant

Western blot analysis (anti-β-actin, anti-AKT1, and anti-pAKT1) with highlighted

bands and sample labels

Figure 6-Figure supplement 2—source data 1

Original file for the Western blot analysis of β-actin in Figure 6-Figure supplement 2

Figure 6-Figure supplement 2—source data 2

Original file for the Western blot analysis of pSmad2 in Figure 6-Figure supplement 2

Figure 6-Figure supplement 1—source data 2

PDF containing Figure 6-Figure supplement 2 and original scans of the relevant

Western blot analysis (anti-β-actin, and anti-pSmad2) with highlighted bands and

sample labels

Figure 1

Figure 1-Figure supplement 1

Figure 2

Figure 2-Figure supplement 1

Figure 2-Figure supplement 2

Figure 2-Figure supplement 3

Figure 3

Figure 3-Figure Supplement 1

A)

Figure 3-Figure Supplement 2

Figure 4

Figure 4-Figure Supplement 1

Figure 4-Figure Supplement 2

A)

4 W

AAV-NC   AAV- shTnxb

B)

BV/TV (%)

**

AAV-NC   AAV-shTnxb

C)

Tb.Th (mm)

***

AAV-NC   AAV-shTnxb

D)

Tb.Sp (mm)

**

AAV-NC   AAV-shTnxb

E)

Tb.N (1/mm)

***

AAV-NC   AAV-shTnxb

Figure 5

Figure 5-Figure supplement 1

Figure 6

A)

Col2a1			
Mmp13			
AKT1			
p-AKT1			
Bax			
Bcl-2			
Cleaved-Caspase9			
β-actin			
siRNA-NC	+	-	-
siRNA-Tnxb	-	+	+
AKT agonist	-	-	+
Vehicle	+	+	-

B) Col2a1

Relative protein level

*** **

C) Mmp13

Relative protein level

*** **

D) pAKT1/AKT1

Relative protein level

*** *

siRNA-NC	+	-	-
siRNA-Tnxb	-	+	+
AKT agonist	-	-	+
Vehicle	+	+	-

E) Bax

Relative protein level

*** **

F) Bcl-2

Relative protein level

*** *

G) Cleaved-Caspase9

Relative protein level

*** ***

siRNA-NC	+	-	-
siRNA-Tnxb	-	+	+
AKT agonist	-	-	+
Vehicle	+	+	-

H)

Figure 6-Figure supplement 1

Supplementary Figure 7

A)

siRNA-NC   siRNA-Tnxb

p-Smad2

β-actin

B)

p-Smad2

ns

Relative protein level

1.5

1.0

0.5

0.0

siRNA-NC

siRNA-Tnxb