- 1 Journal Name: Ecology
- 2 Manuscript Type: Article
- **Title:** Distinct latitudinal patterns of shifting spring phenology across the Appalachian Trail
 Corridor
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- **Open Research Statement:** Data are provided as private-for-peer review in GitHub via the
- 9 following link: [https://github.com/jtourvi/AT_Phenology.git]
- 10 Keywords: phenology, climate change, understory plants, canopy trees, Appalachian Trail,
- 11 spring

26 Abstract

Warming associated with climate change will likely continue to advance the onset of 27 spring phenology for many forest plants across the eastern United States. Understory forbs and 28 spring ephemerals which fix a disproportionate amount of carbon during spring may be 29 negatively affected by earlier canopy closure (i.e., phenological windows), however, information 30 on the spatial patterns of phenological change for these communities is still lacking. To assess 31 32 the potential for changes in spring phenological windows we synthesized observations from the Appalachian Mountain Club's (AMC) Mountain Watch (MW) project, the National Phenology 33 Network (NPN), and AMC's iNaturalist projects between 2004 and 2022 (n = 118,250) across 34 the length of the Appalachian Trail (AT) Corridor (34°N-46°N latitude). We used hierarchical 35 Bayesian modeling to examine the sensitivity of day of year of flowering and leaf-out for 11 36 understory species and 14 canopy tree species to mean spring temperature (April-June). We 37 conducted analyses across the AT Corridor, partitioned by regions of 4° latitude (South, Mid-38 39 Atlantic, and North). Spring phenologies for both understory plants and canopy trees advanced with warming (~6 days/°C and ~3 days/°C, respectively). However, sensitivity of each group 40 varied by latitude, with phenology of trees and understory plants advancing to a greater degree in 41 42 the mid-Atlantic region (~10 days/ $^{\circ}$ C) than the southern or northern regions (~5 days/ $^{\circ}$ C). While we find evidence that phenological windows remain stable in southern and mid-Atlantic portions 43 of the AT, we observed an expansion of the spring phenological window in the north where there 44 45 was greater understory temperature sensitivity compared to trees (~1.6 days/°C). Our analyses indicate differential sensitivity of forest plant phenology to potential warming across a large 46 latitudinal gradient in the eastern United States. Further, evidence for a temperature-driven 47 48 expansion of the spring phenological window suggests a potential beneficial effect for understory plants, although phenological mismatch with potential pollinators is possible. Using various 49 extensive citizen-science derived datasets allows us to synthesize regional- and continental-scale 50 51 data to explore spatial and temporal trends in spring phenology related to warming. Such data 52 can help to standardize approaches in phenological research and its application to forest climate 53 resiliency.

54

55 Introduction

56 *Spring phenology and changing climate*

57 Phenology represents the timing of critical life events for plants, both over their entire 58 lifespan and on an annual cycle (see Table 1 for definitions of important terms used throughout 59 this article; Cleland et al., 2007; Piao et al., 2019). The timing of events, such as flowering, bud-60 break, fruiting, and leaf senescence, and the synchronicity between these events and important 61 climate and biotic interactions (pollination, seed dispersal, etc.) can dictate the performance (i.e., 62 fitness) of plant individuals or even entire populations (Aerts et al., 2006). For example, spring 63 flowering timing of understory ephemerals in eastern North America is beneficial for plants when synchronous with the peak activity of generalist insect pollinators, and when occurring
after late-season frosts (Neufeld and Young, 2003; Inouye, 2008; Rafferty and Ives, 2011;
Ettinger et al., 2018). In the former case, plant reproduction is enhanced through specific
flowering phenology, and in the latter, plant growth and survival are improved when flowering
avoids freezing temperatures. Phenological events are controlled tightly by physiological
mechanisms which rely on environmental cues like temperature and photoperiod (Neufeld and
Young, 2003; Gilliam, 2007; Wang et al., 2020; Moon et al., 2021).

71 In seasonal temperate forests, understory plants, which include spring ephemerals, 72 perennial forbs, shrubs, and tree seedlings, spend the majority of the growing season in low-light 73 conditions (Gilliam, 2007). To compensate, many of these species undergo bud break and leaf expansion (referred to as leaf-out) prior to full canopy closure in the spring (Neufeld and Young. 74 75 2003; Lee and Ibanez, 2021a). In an environment with such high light-availability, understory species can fix the majority of their annual carbon budget in this time period, in some cases up to 76 77 80-90% (Kudo et al., 2008; Augspurger and Salk, 2017; Heberling et al., 2018; Lee and Ibanez, 2021b). Thus, the brief period of time (referred to as the phenological window) between 78 79 understory leaf-out and canopy leaf-out is essential for understory plant performance (Heberling 80 et al., 2019).

Given the tight coupling of spring phenology and climate, warming caused by climate 81 82 change could alter the dynamics of the phenological window in several ways (Figure 1). 83 Importantly, current evidence suggests that different plant functional groups (understory 84 herbaceous plants and some shrubs vs. canopy trees) respond to different sets of environmental cues, meaning that spring phenology of each could be altered asynchronously given accelerating 85 climate change and other global change drivers (Richardson and O'Keefe, 2009; Lee et al., 2022; 86 87 Alecrim et al., 2022; Miller et al., 2023). For instance, canopy trees may be more responsive to 88 air temperature (directly influenced by warming), while understory species may be relatively more sensitive to soil temperature and snow depth (Zohner et al., 2016; Jánosi et al., 2020). In a 89 90 situation where canopy closure advances with air temperature increases at a greater rate than understory leaf-out, understory species may suffer from lower photosynthetic rates leading to 91 92 reduced carbon gain, which may in turn have ecosystem-level consequences (Beard et al., 2019; Heberling et al., 2019). Monitoring the phenological response of both forest canopy trees and 93

94 understory plants is essential for understanding the risks posed by climate change in these95 systems.

96 Contrasting patterns of phenological shifts

97 Recent findings in eastern North America have illustrated greater advances of spring phenology for canopy trees compared to spring-blooming understory herbaceous species over a 98 99 160-year period, leading to a potential future understory carbon budget loss of 12-26% from increased shading (Heberling et al., 2019). Another study estimating spring phenology from 100 101 herbarium records came to similar conclusions for forests in eastern North America, although the spring phenological window remained stable with warming in European and East Asian forests 102 103 (Lee et al., 2022). However, both Ge et al. (2015) and Alecrim et al., (2022) reached the opposite 104 conclusion, finding an expansion of the spring phenological window within forests in China and the eastern United states, respectively, which, barring other phenological mismatches (i.e., with 105 pollinators), could be a net positive for understory species. Thus, based on conflicting evidence 106 there is no consensus on whether trees or understory plants are advancing their phenology more 107 strongly in response to climate change. 108

109 These recent conflicting findings may be the result of challenges stemming from the high degree of environmental, geographic, genetic, and methodological variation encountered. For 110 example, higher-latitude regions are warming faster than others (particularly in spring and 111 112 winter), which could suggest greater magnitudes of phenological change over time in those locations if species' phenologies are responding principally to temperature (Rice et al., 2018; 113 Montgomery et al., 2020). However, population-level intraspecific variation in phenological 114 115 temperature sensitivity may serve to blunt these responses (McDonough MacKenzie et al., 2018; 116 2019). Additionally, environmental variables both at a single site and across a wide geographic range, such as precipitation, elevation, and edaphic factors, could also affect how species track a 117 118 changing climate (Du et al., 2020; Alecrim et al., 2022). This is particularly true given well-119 established geographical patterns, such as Hopkins' Bioclimatic Law which hypothesizes a 4-day shift in phenological events for every 1° latitude north, 5° longitude west, and 120 m increase in 120 elevation (Hopkins, 1920). Additionally, the diversity of phenological data used to estimate the 121 spring phenological window (i.e., wildflower leaf-out vs. flowering, herbaria records vs. direct 122

123 observation vs. experimental manipulation) could lead to different conclusions (Wolkovich et al.,

124 2012; Heberling et al., 2019; Alecrim et al., 2022; Lee et al., 2022). To help resolve these

discrepancies we need spatially and temporally extensive, multi-sourced phenological datasets

126 comprised of different functional groups that represent variation in climate and topography

127 across a large geographic area.

128 Appalachian Trail Mega-transect and citizen science

129 The Appalachian Trail (AT) Corridor and its surrounding 250,000 acres of federally protected lands form the AT Mega-transect (Cohn, 2008). This corridor harbors rare, threatened, 130 and endangered species, encompasses important water resources, and shelters a high diversity of 131 132 wildlife (Cohn, 2008). The AT's north-south alignment across 14 states represents a lengthy 133 (12°) latitudinal gradient within the eastern United States and offers an ideal setting for collecting relevant phenological data on a continental scale (Wang, 2020a; Wang, 2020b). Threats to the 134 environment of the AT-from encroaching development, acid rain and air pollution, invasive 135 species, polluted water, and climate change—represent threats to the health of everyone 136 downwind and downstream of the AT, roughly one-third of the U.S. population (McKinley et al., 137 138 2019; Burns et al., 2020). Thus, the AT Corridor thus serves as an excellent monitoring nexus for environmental conditions that directly affect more than 120 million Americans (McKinley et al., 139 2019). The dense population and abundant recreational opportunities near and within the AT 140 Mega-transect also allow for ample community research engagement. 141

Community science, or citizen science, is the practice of engaging the community to 142 participate and collaborate in scientific research (Wandersman, 2003; Tebes, 2005; Cooper et al., 143 144 2021). This method of data collection is a useful tool to expand spatial coverage of monitoring projects that would be otherwise hindered by funding and resources. Additionally, community 145 scientists can help directly support conservation efforts, and build meaningful connections to 146 147 their community and natural environment (Bonney et al. 2016). With long-term phenology 148 monitoring supplemented with thousands of community scientist observations through platforms 149 like iNaturalist (Table 1), changes and shifts in phenological responses to warming can be identified along the AT Corridor (Nugent, 2018; Soroye et al., 2022). Observing plant phenology 150

along the AT may allow us to better account for the high spatial and environmental variabilitycommon in studies investigating shifting phenology with climate.

153 *Study questions*

154 Given the uncertainty around the direction and magnitude of changes to the spring phenological window under a changing climate, as well as the need to understand the effects of 155 156 warming on forests within the AT Corridor, it is imperative that we use spatially extensive 157 phenological datasets. Using data from the Appalachian Mountain Club's (AMC) Mountain Watch (MW) Project, National Phenology Network (NPN), and iNaturalist, we first determined 158 what climate or landscape factors are relevant drivers of spring phenology for our focal species 159 160 (14 canopy tree and 11 understory species). Using this information, we asked, (Q1) is spring 161 phenology of canopy trees and understory forbs and shrubs advancing with warming, (Q2) and if so, are there differences in phenological sensitivity to temperature between these groups (i.e., 162 163 causing a phenological mismatch)? We also asked (Q3) are there differences in the magnitude of phenological shifts across the length of the AT corridor (~12° latitude) and by individual taxa? 164

165 Methods

166 *Study region*

167 Our study area includes all temperate broadleaf forests within HUC10 (U.S. Geological Survey hydrological units, https://irma.nps.gov/DataStore/Reference/Profile/2184124) 168 watersheds that intersect the Appalachian Trail and surrounding Corridor. Temperate forests of 169 eastern North America are characterized by seasonality, with high light penetrating to the forest 170 floor in the shoulder seasons (early spring and late fall), and low light under closed tree canopy 171 during warmer months in the growing season (down to 1-5% canopy openness, Beeles et al., 172 173 2022). Northern hardwood communities comprising sugar maple (Acer saccharum) and American beech (Fagus grandifolia) dominate northern AT regions, while oak-hickory forests 174 (Quercus sp. and Carya sp.) are common along the southern AT within lower elevations 175 176 (Tourville et al., 2022; Janowiak et al., 2018). At higher elevations, evergreen montane spruce-fir forests proliferate, although these do not display the same seasonality as lower-elevation 177 178 broadleaf forests. In the understory, herbaceous forbs, including spring ephemerals such as

Dicentra sp. and Erythronium sp., shrubs such as Viburnum sp., and tree seedlings of overhead
canopy species are common (Heberling et al., 2019; Tourville et al., 2022).

The AT is the longest footpath in the world ($\sim 2,190$ miles), traveling through 14 U.S. 181 states from its southern terminus, Springer Mountain, Georgia, to its northern terminus, Katahdin 182 183 in Maine (see Figure 2). Over 3 million people visit the trail each year, making it an ideal 184 monitoring corridor for community science efforts, and where shifts in phenology can be recorded over large geographic extents (Cohn, 2008). From Southern Appalachian grassy balds, 185 186 to the alpine zones of the Northeast, the AT is also home to diverse flora that may be influenced by climate change. Higher latitudes in the Appalachians are warming and experiencing longer 187 188 growing seasons but elevational differences are mixed (Kimball et al., 2014; Janowiak et al., 2018; Murray et al. 2021). While data from many other global montane sites have demonstrated 189 190 elevation-dependent warming (Pepin et al. 2022) this has not been the consistent pattern in the northern Appalachians (Murray et al. 2021). 191

192 *Data collection*

193 In 2004, AMC began monitoring reproductive plant phenology events focused on flowering for alpine species, and later expanded to include woodland species (trees, shrubs, and 194 forbs) and other phenophases such as leaf-out in northeastern mountains in the United States. 195 Initially designated the Mountain Watch (MW) project, this effort enlisted organizational staff, 196 197 partner organizations, and volunteers to gather phenology data on paper data sheets. The MW Project has since evolved to utilize the National Phenology Network's (NPN) protocol and 198 199 currently collects data in two primary ways: through (i) the establishment of permanent plots in 200 the White Mountains of New Hampshire, and (*ii*) by using phone applications (apps) and 201 smartphones to enhance monitoring practices. In some cases, partner organizations have also set 202 up permanent plots and similarly evolved to use the NPN protocol. In recent years, monitoring 203 through community science has expanded from the Northeast to the entire AT Corridor using the 204 platform iNaturalist.

iNaturalist is a free smartphone app with currently 2.5 million active users and nearly 70
million observations (Barve et al., 2020; Callaghan et al., 2022). Users can upload photo
observations, provide a species ID, or receive one based on the program's algorithm or a

community of online naturalists. Observations are made research grade once there are two 208 corresponding species identifications. The iNaturalist geotagged images also reduce location 209 210 errors and eliminate the past challenge of inaccurate species ID from novice observers (McDonough MacKenzie et al. 2017; McDonough MacKenzie et al. 2020). iNaturalist serves as 211 a supplement to permanent plots as NPN plots require consistent attention from skilled 212 213 naturalists while having limited spatial distribution. Importantly, iNaturalist observations can be used to fill gaps between monitoring plots and expand spatial and temporal data coverage. 214 Researchers can also create projects on iNaturalist to capture observations of a specific species or 215 geographical range. 216

217 AMC's iNaturalist phenology projects incorporate NPN's protocol as observation fields to identify the phenophase of a plant observation. Staff project curators and managers have the 218 219 task of adding observations of target species within the AT Corridor to the project if they have not been uploaded to the project by the observer. AMC's iNaturalist project, Flowers and Fauna 220 221 along the Appalachian Trail Corridor, began in 2018 and with continued dedicated funding has grown to now include >40,000 phenological observations (see Supplemental Figure S1). AMC's 222 223 ultimate goal is to establish a long-term dataset that can be expanded and analyzed year after year to infer changes in plant phenological responses to changing climate along the full AT 224 225 Corridor.

226 Data Preparation

We synthesized and collated phenological observations from three sources: the AMC's 227 MW Project, the NPN online data portal, and the AMC's iNaturalist projects (>2 million 228 229 observations). Observations ranged from 2004 to the end of 2022 and represented multiple 230 phenophases (leaves, flowering, fruiting, senescence, etc.), and plant species (understory woodland, canopy trees, and alpine species). As we were only interested in spring leaf and 231 232 flower phenology, we removed observations recorded of other phenophases and from other seasons from the dataset. Additionally, we used only positive observations of phenology in 233 subsequent analysis (i.e., only records where the phenophase was actually observed). Since we 234 were only comparing spring phenology of understory and tree species in temperate broadleaf 235 forests, we removed alpine species observations from the dataset. Further, we removed 236

understory herbaceous species that either flower later in the growing season (i.e., after canopy
closure), or had fewer than 100 observations. We only kept tree species that had the potential to
maintain a dominant position in the forest canopy and had greater than 100 observations. We
used ArcPro v3.1 (ESRI, 2022) to create a watershed delineation buffer using USGS HUC10
watersheds around the AT. We included only records within our HUC10 AT buffer in our
analysis (in the eastern United States between approximately 34-46°N latitude).

All observations were highlighted for either day of year (DOY) of leaf-out (tree species 243 and understory species, DOY_{leaf}) or DOY of open flowering (understory species, DOY_{flower}), 244 consistent with previous studies comparing phenology across forest strata (Heberling et al., 2019; 245 246 Lee et al., 2022). NPN defines leaf-out as one or more individual leaves unfolded, meaning the entire length of the leaf has emerged from the bud (NPN, 2023). Flowering is defined as when 247 248 one or more flowers are open so that reproductive parts are visible (NPN, 2023). Our approach assumes that herbaceous species' flowering and leaf-out timing is tightly correlated for these 249 250 species (see Lee et al., 2022). Understory flowering may be a better choice of response over leafout because intensity values, or ordinal categories for each phenophase (e.g., <5%, 5-25%, 25-251 252 50%, 50-75%, 75-95%, >95%), are measured and associated with understory flowering but not 253 understory leaf-out. Like canopy tree DOY_{leaf} which also have associated intensity values, 254 DOY_{flower} can be viewed as a distribution. Understory plants with or without leaves as a binary 255 measure makes it difficult to truly assess true leaf-out timing.

256 We focused on common and ubiquitous species (found across the majority of the AT Corridor, minimum >4° latitude) that flowered and leafed out at approximately the same time in 257 early spring. We subsequently removed observations where either leaf-out or flowering occurred 258 259 after DOY 200, as these were either likely in error or a second flowering which occurs in some 260 species under the right conditions. We also only included tree observations where budburst or 261 leaf expansion intensity values were 75-95%, indicating nearly total leaf-out. In total, after accounting for observations that were excluded from our original search, we collected data for a 262 263 total of 25 species (14 tree species and 11 understory forb and shrub species) consisting of 118,250 individual observations across the entire AT Corridor (Figures 2, 3). In order to examine 264 265 latitudinal differences in spring phenology, observations were partitioned among three 4°

latitudinal bands: Southern AT (34-38°N), mid-Atlantic (38-42°N), and Northern AT (42-46°N)
(Figure 3).

Since all observations were geolocated (we only kept observations with < 250 m 268 accuracy error), we were able to extract potentially relevant landscape and climatological data 269 270 for each record. DAYMET 1 km gridded climate data were extracted for the year an individual observation took place, which included mean, maximum, and minimum air temperatures (°C), 271 solar radiation (W/m^2) , snow water equivalent (SWE, mm), vapor pressure deficit (Vpd, kPa), 272 and total precipitation (mm) (Daymet: Daily Surface Weather Data on a 1-km Grid for North 273 America, Version 4 R1 https://doi.org/10.3334/ORNLDAAC/2129). Daily values were extracted 274 275 for the entire year which the observation was recorded allowing us to calculate daily, monthly, seasonal, and annual mean values for each climate variable. Accumulated growing degree days 276 277 (AGDD) were also derived from DAYMET temperature data using Equation 1 (Gavin et al., 2008; Wason and Dovciak, 2017; Tourville et al., 2022): 278

$$AGDD = \sum \left(\frac{T_{max} - T_{min}}{2} - T_{base} \right)$$
(1)

Where *AGDD* is the accumulated maximum value of growing degree days for spring only, T_{max} and T_{min} are daily maximum and minimum temperatures, and T_{base} is a constant (4°C). Elevation at each observation location was extracted from a national 10 m digital elevation model (DEM).

283 Data Analysis

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284 In order to determine which candidate geographic and climate variables (Table 2) influence spring phenology for both understory and canopy species and warranted inclusion in 285 subsequent models, a preliminary exploratory multiple regression analysis was undertaken using 286 DOY_{leaf} and DOY_{flower} as a response. Our main candidate variables included mean spring 287 temperature (April-June, AMJ), mean previous winter temperature (DJF), spring AGDD, 288 289 seasonal SWE (proxy for snow depth, DJF) latitude, and elevation (see Table 2 for all possible candidate variables). Spring temperature was calculated as the average of the April, May, and 290 291 June daily temperatures for the year and the location associated with each phenology record. April-June temperatures explained more variation in DOY than other spring windows (i.e., 292 293 March-May, or individual months). All variables were scaled and centered and global models

with all candidate variables were examined. For both understory and canopy species,

standardized regression coefficients for mean spring temperature (negative interaction), elevation

and latitude (both positive interactions) were significant predictors of DOY (Supplemental

297 Figure S2). Regression models with spring temperature, latitude, and elevation explained more

or similar variation (marginal R^2) in DOY to more complex models, thus, we used these three

variables in subsequent modeling of changes to the spring phenological window (see below).

Using a hierarchical Bayesian approach, we modeled DOY of the observed phenological
event (leaf-out or flowering) for individual i of species j using a normal likelihood distribution
(see Lee et al., 2022):

$$DOY_{i,j} \sim N(\mu_{ij}, \sigma^2)$$
 (2)

The mean, μ , was modeled with an intercept term (β 0), slope terms representing phenological sensitivity to mean spring temperature (β 1), elevation (β 2), latitude (β 3), and species random effects (α j):

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$\mu_{i,j} = \beta 0 + \beta 1 \times \text{SpringTemp} + \beta 2 \times \text{Elevation} + \beta 3 \times \text{Latitude} + \alpha_j$ (3)

We used slightly informative priors to estimate parameters: $\beta 0$, $\beta 1$, $\beta 2$, $\beta 3$, $\alpha i \sim N(0, 1E-3)$; $1/\sigma 2$ 308 \sim Uniform (0,100). Our models used 3,000 burn-in iterations, and three MCMC chains each 309 containing 10,000 iterations. Models were run separately for each stratum for the full AT (i.e., 310 canopy vs. understory, addressing Q1 and Q2), and for each AT region (addressing Q3) 311 combination using the R2jags package (v0.7-1; Su and Yajima, 2022) in R v4.1.0 (R Core Team, 312 2023). Models for each individual species from both functional groups were also run. Parameter 313 values (means, variances, and covariances) were estimated from posterior distributions and are 314 315 considered significantly different if the 95% credible intervals (CIs) of their posterior distributions do not overlap. Bayesian R² values were calculated to evaluate variance explained 316 317 by spring mean temperature on DOY (Gelman et al., 2019). Our parameter values were used to model the direction and magnitude of change to spring phenological windows across the 318 319 landscape for each AT region in ArcPro v3.1. 1-km rasters of 30-year normal spring mean temperature (DAYMET), elevation (DEM), and latitude were used as raster math inputs to 320 321 visualize changing phenological windows, but only for areas classified as temperate broadleaf 322 forest using the GAP/LANDFIRE National Terrestrial Ecosystems dataset (USGS, 2016).

For functional group modeling of DOY, we ultimately used 11 of the 14 tree species for spring window calculations. The excluded species were still examined at a species level (see Table 2). We felt this approach was appropriate because these species had relatively few observations (n < 500; e.g., *Sorbus americana*). To test the assumption that understory species flowering time is correlated with leaf-out timing, we re-ran all Bayesian models with DOY_{leaf} of the understory as a response instead of DOY_{flower}. General patterns for broad functional groups were not substantially different from one another (Supplemental Table S1).

330 **Results**

Q1 - Phenological patterns of understory and canopy species

Overall, spring phenology of both canopy trees and understory forest species tended to be 332 earlier when mean spring temperatures (April-June) were warmer across the entire AT Corridor. 333 334 On average, canopy trees advanced 3.8 days/°C of warming, while understory species as a whole advanced 6.4 days/°C (Table 3). This was true whether looking at understory DOY_{flower} or 335 336 DOY_{leaf} , indicating that comparing understory flowering and canopy leaf-out timing was appropriate as a proxy for understory leaf-out (Supplemental Table S1). Nine of the 11 337 understory species and six of the 14 canopy tree species significantly (95% CI non-overlapping 338 339 with zero) advanced their spring phenologies with warmer temperatures (Table 4). For 340 understory species, the spring ephemerals Dicentra cucullaria and Erythronium americanum 341 displayed the highest temperature sensitivity for flowering (> 6 days/°C), while *Clintonia* borealis, Viburnum lantanoides, and Trientalis borealis were the least sensitive (< 3 days/°C, 342 343 Table 4). For canopy tree species with significant sensitivity values, Fagus grandifolia, Acer saccharum, and *Quercus rubra* showed the most temperature sensitivity for leaf-out (> 4 344 345 days/°C), while Acer rubrum and Betula alleghaniensis were the least sensitive (< 3 days/°C, Table 4). In general, later flowering or leaf-out occurred for individuals at higher elevations or 346 347 latitudes, consistent with previous studies and predictions under Hopkins' Bioclimatic law (Table 4). 348

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351 Q2 - Differences between functional groups

Spring-flowering forest understory species responded more strongly to warmer 352 temperatures than did canopy trees when data were pooled across the entire length of the AT 353 Corridor – by approximately 1.6 days for every 1 °C increase in spring mean temperature (Table 354 355 3). In particular, the understory species Dicentra cucullaria, Erythronium americanum, Sanguinaria canadensis, and our two Trillium species were much more sensitive to potential 356 temperature increases than most individual canopy tree species, with the exception of *Fagus* 357 358 grandifolia (Table 4). Greater understory sensitivity to temperature than canopy trees suggests an expansion of the spring phenological window. Our models revealed that greater window 359 360 expansion was likely to occur at higher elevations and latitudes (Table 3).

361 Q3 - Latitudinal patterns of phenology

For southern and mid-Atlantic regions (34–38°N and 38–42°N, respectively), there were 362 363 no detectable differences between functional groups in responsiveness of spring phenology to temperature (overlapping 95% CI). At northern latitudes ($42-46^{\circ}N$), understory species as a 364 group advanced their spring phenologies more strongly than trees with respect to temperature, by 365 around 2.6 days/°C (Table 3, Figure 4). Both functional groups advanced their phenologies 366 nearly twice as much in the mid-Atlantic region (38-42°N) than either southern or northern AT 367 regions (Figure 4). Taken together, the phenological window likely experienced expansion to a 368 369 greater degree in northern latitudes, and in general, at higher elevations for all regions examined (Figure 5). Spring windows expanded little or remained stable at mid- to southern latitudes 370 371 (Figure 5). We found that annual mean spring temperatures in our dataset increased for all 372 regions over the timespan analyzed (2004-2022), but only significantly at higher latitudes 373 (Figure 6), indicating greater warming at northern latitudes and more variation in temperature for which plants can respond. 374

375 Discussion

Overall, we find regional disparities of plant spring phenological response to warming for species within temperate deciduous forests of the eastern United States. Specifically, we illustrate that spring phenology is advancing with temperature for both spring blooming forest understory species and canopy trees in North America's eastern hardwood forest ecosystems

(addressing Q1). Spring phenology is also advancing to a greater degree at both higher latitudes 380 and elevations for most species examined. However, understory species' phenologies are 381 382 advancing at a greater rate than canopy tree leaf-out phenologies, but only significantly so at 383 northern latitudes (42-46°N) with no detectable difference between functional groups for lower and middle latitudes (34–42°N, addressing Q2). Furthermore, both functional groups vary in 384 385 their phenological response to warmer temperatures across the latitudinal range, with understory plants and canopy trees at middle latitudes advancing their spring phenologies more than those at 386 387 lower and higher latitudes (addressing Q3). Given that both functional groups were more sensitive to temperature at middle latitudes (38-42°N) compared to low (34-38°N) and high 388 latitudes (42–46 $^{\circ}$ N), other unmeasured factors may be at play influencing the temporal dynamics 389 of the spring phenological window. Since a high proportion of mid-Atlantic observations were 390 391 taken in urban areas (many near the New York City metropolitan area), one unexplored possibility is that the temperature sensitivity of this region may be due to effects from land-use 392 393 (Luo et al., 2007; Zipper et al., 2016).

The phenological advance of both deciduous tree and spring-flowering understory plants 394 395 is supported by previous studies and suggests that rising spring temperatures could increase the length of the growing season in temperate deciduous forests (Monahan et al. 2016; Melaas et al., 396 397 2018; Seyednasrollah et al., 2020; Moon et al., 2021; Li et al., 2022). However, while our finding 398 that understory spring phenology is advancing faster than deciduous canopy trees under warmer temperatures at northern latitudes (42–46°N) agrees with a recent study (Alecrim et al., 2022), it 399 is at odds with other studies conducted within the same region (Heberling et al., 2019; Lee et al., 400 401 2022). The variation in canopy-understory phenology results across these studies may reflect differences in methodological approaches, including the density of observations, and the study 402 species (see Alecrim et al., 2022; see below for possible explanations). 403

The observed differences in temperature sensitivity and potential changes to the spring phenological window could be attributed to either disparities in changing environmental conditions or differences in forest community composition across our latitudinal gradient. Calculated mean spring temperatures (April-June) reveal warming trends for all regions examined, however, only the northern AT experienced statistically significant warming between 2004-2022 (Figure 6). While the Mid-Atlantic region displayed greater temperature sensitivities for both understory plants and canopy trees than other regions, only in the northern AT did we
find significantly different sensitivities between the two functional groups. It is possible that
consequences of greater warming in the north are altering plant responses to a changing climate
in ways at odds with conspecific southern populations (see below). Of course, disparate
community composition which encapsulate our study species across regions may also be driving
these patterns.

The northern AT region differs from lower latitudes in several other relevant ways. Most 416 417 notably, the northern AT is characterized by longer and colder winters, deeper snowpack, shorter growing seasons, and is projected to warm faster than other regions over the course of this 418 419 century (US National Climate Assessment, 2018 (https://nca2018.globalchange.gov/), Janowiak et al., 2018). These trends may be relevant in several ways. First, chilling requirements for 420 421 understory plants may still be met in the north despite recent warming (at least up to a certain threshold not yet reached), meaning that these species will not suffer reduced performance and 422 423 could, at least in the short term, benefit from a longer spring window before canopy closure 424 (Zhang et al., 2007 Prevéy et al., 2017). Second, a decreasing snowpack, particularly in the 425 north, would decrease soil temperatures in the late winter period (Zhu et al., 2019; Zohner et al., 2017), but would also allow for a greater time for herbaceous species to be uncovered by snow in 426 427 the spring, a critical time for growth (Marchin et al., 2015; Augspurger and Salk, 2017; Contosta 428 et al., 2017). While during the summer months understory temperatures are buffered (cooler) by 429 the canopy, this is not the case prior to canopy closure in the spring - suggesting that understory species could be more directly influenced by surface air temperatures than has been previously 430 431 suggested (Richardson and O'Keefe; De Frenne et al., 2011; Jacques et al., 2015; De Frenne et 432 al., 2021). To resolve these various interacting factors, future work must measure relevant climate covariates, such as snow cover and soil temperature, in locations that record phenology 433 434 of individual plants.

The temporal dynamics of spring phenology are hard to predict given the high variation in published sensitivities (e.g., Heberling et al., 2019; Alecrim et al., 2022; Lee et al., 2022). We argue that methodological differences between these disparate studies may be the root cause of the observed discrepancies. First, the phenophase used to model functional group temperature sensitivity (leaf-out vs. flowering) can influence the interpretation of the spring phenological

window. While we found that leaf-out and flowering timing were correlated in our study (and see 440 Heberling et al., 2019), appropriate ancillary data is required to successfully utilize each metric. 441 442 Namely, some kind of intensity value is needed to describe a distribution of these events, rather than a presence/absence record (Buonaiuto et al., 2021). Without this information, it is difficult 443 to know the exact time of flowering or leaf-out. Second, a substantial amount of variation in both 444 445 temporal and spatial ranges examined could lead to the observed differences in reported results. It would be difficult to compare the results of two phenological window studies examining 446 advancing phenology with an order of magnitude difference in the time record illustrated 447 (decadal vs. century timeframes), as the magnitude of warming is dissimilar (Ge et al., 2015; 448 Alecrim et al., 2022). Likewise, results from studies examining specimens at a local scale may 449 not be applicable to a regional-scale given the exponential growth of environmental variation 450 451 encountered, especially in the context of microclimates and climate refugia (Wielgolaski, 1999; Wolkovich et al., 2021; Pastore et al., 2022). Third, the size and source of the dataset used may 452 be critical for phenological studies. Large phenology datasets, as is the case with our study, are 453 454 preferable to smaller ones for regional-scale studies; however, access to such rich data sources 455 are not always possible.

This study is unique in this area given our large sample size and use of citizen-science 456 457 derived iNaturalist data, which served to greatly expand the temporal and spatial variation described in our study region (Supplemental Figure S1). We recommend that similar future 458 459 research engage with this efficacious resource. Further, while spring ephemerals and other herbaceous species have been the focus of understory phenology patterns, tree seedlings have 460 461 largely been ignored in their phenological response to changing climate (Augspurger and Bartlett, 2003; Lopez et al., 2008; Richardson and O'Keefe, 2009; but see Lee and Ibanez, 462 2021a). Seedlings represent the future composition of a forest, and any change in seedling 463 survival and growth related to shifting phenology is important to capture (Lee and Ibanez, 2021a; 464 2021b). We advocate for a stronger emphasis on observations of woody seedling species in the 465 466 understory moving forward.

Earlier flowering and leaf-out relative to canopy closure could serve to benefit plant performance of understory forbs and shrubs through a number of mechanisms. Advanced leafout and flowering could trigger an increase in photosynthate accumulation and storage (Keenan

et al., 2014; Teets et al., 2023). Greater access to resources could also provide a boost to both 470 vegetative growth and reproduction (Kudo et al., 2008; Heberling et al., 2019). Thus, assuming 471 472 understory plant fitness is not affected by other changes caused by shifting phenology or other 473 climate changes such as extreme precipitation or drought, an expansion of the phenological window could make these species more resilient to a changing climate. This is especially true for 474 spring ephemeral species which almost entirely rely on high light availability in the spring. 475 Indeed, our results reveal that the most temperature sensitive species were ephemeral species 476 477 such as Dicentra, Erythronium, Trillium, and Sanguinaria.

478 Advancing understory spring leaf-out and flowering may also have negative impacts on 479 plant performance. First, earlier leaf-out could expose both spring ephemerals and trees to unpredictable late frost (or "false spring") events which can cause significant physical damage 480 481 and loss of fitness, particularly as climate change makes extreme frost events more common (Augspurger, 2009; Marino et al., 2011, Casson et al. 2019). Leaf or leaf-bud loss to frost 482 483 represents a significant cost for deciduous trees, affecting growth, reproduction, canopy expansion and nutrient reserves, as refoliation to compensate for damage demands extra 484 485 resources (Inouye, 2008; Augspurger, 2009; Pardee et al., 2019). Second, plant phenological 486 shifts relative to herbivores and pollinators may have a large effect on plant performance. For 487 instance, shifts in timing of herbivore emergence relative to plant phenology, as well as changes 488 in the frequency or severity of herbivore outbreaks could have major impacts on understory shading and carbon budgets of trees and understory plants (Kudo et al., 2008; Weed et al., 2013). 489 490 Importantly, if plants and insects do not respond at the same rate to warming, mismatches 491 between flowers and flower-visitors could occur (Kudo and Ida, 2013; Petanidou et al., 2014; 492 Forrest, 2015; Kudo and Cooper, 2019). While not as relevant for wind-pollinated deciduous trees, forest understory forbs are generally insect-pollinated, and given the short flowering period 493 494 of these species, phenological mismatches between these plants and their pollinators are possible (Kudo and Ida, 2013; Kudo and Cooper, 2019). 495

496 *Conclusions*

Here, we find evidence that understory plants in eastern North America are advancing
their spring phenologies 1.6 days/°C faster than canopy trees near full leaf-out; in other words,

this functional group appears more sensitive to air temperature increases than trees. The 499 expansion of the spring phenological window could be a net positive for understory plant 500 501 performance under changing climate conditions; however, many other unexplored phenomena, 502 such as biotic interactions and climate-induced hydrologic variability, make forecasting changes to forest communities challenging. We note distinct patterns of phenological sensitivity across a 503 latitudinal gradient, indicating that forest plant response to warming in eastern forests will not be 504 uniform across space. It is also difficult to determine how specific species will ultimately 505 506 respond to warming, or how long-term phenological dynamics will be altered (i.e., do threshold responses to warming exist for these species?). We posit that more spatially diverse phenological 507 data, particularly from citizen-science driven efforts, can help inform research related to forest 508 resilience to climate change, and that future work would greatly benefit from a more 509 510 standardized approach.

511 Acknowledgements

We thank the National Phenology Network, the US Forest Service, the US National Park 512 Service, Appalachian Mountain Club staff, interns and volunteers and citizen scientists across the 513 AT Corridor. Doug Weihrauch initially helped conceive AMC's Mountain Watch Project. We 514 thank Dr. Caitlin McDonough MacKenzie for her feedback on earlier versions of this 515 manuscript. We also thank Dr. Ben Lee for helpful comments on methods and code used to 516 517 perform our analyses, as well as Miriam Ritchie for assistance with some figures. Funding was 518 provided by the AMC's Ken Kimball Research Fellowship, the Waterman Fund, the Forest Ecosystem Monitoring Cooperative (FEMC), a National Geographic Explorer Grant, the Adelard 519 A. and Valeda Lea Roy Foundation, and the Appalachian Trail Conservancy's (ATC) Wild East 520 Action Fund. Some data were provided by the USA National Phenology Network and the many 521 522 participants who contribute to its Nature's Notebook program. Some data were also accessed 523 through the iNaturalist platform and its many volunteer observers.

524 Author Contributions

525 JT conceived the research questions with input from GM and SN. JT planned and designed the

research and conducted all data analysis with input from GM and SN. JT wrote the manuscript,

527 and all authors contributed substantial revisions and edits.

528 Conflict of Interest Statement

529 The authors have no conflicts of interest to declare.

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779 Tables

Table 1: Definitions of important terms used throughout the study.

	Term	Definition
-	Phenology Spring ephemeral Leaf-out Canopy closure Spring phenological window Phenological mismatch Hopkins' Bioclimatic Law Appalachian Trail Corridor (AT) iNaturalist Appalachian Mountain Club (AMC) National Phenology Network (NPN) Mountain Watch Project (MW) Phenophase Day of Year (DOY) Intensity values Plant performance	Timing of recurring plant life stages and their relationships with weather and climate Perennial woodland wildflowers which develop aboveground early each spring, bloom, produce seed, and senesce during a brief window of time Leaf expansion following leaf budburst during spring months Full overlap of expanded tree canopy leaves which fully shades the forest understory Brief period of high light conditions below the forest canopy starting with understory leaf-out and ending with full canopy closure Interacting species change the timing of regularly repeated phases in their life cycles at different rates Hypothesized phenological pattern where a 4-day shift in phenology is predicted for a change of every 1° latitude north, 5° longitude west, and 120 m increase in elevation Lands immediately surrounding the Appalachian Trail that follow the Appalachian Mountain chain from Georgia to Maine (USA) An online platform that allows sharing of biodiversity observations and creates research-quality citizen science data An environmental non-profit organization dedicated to conservation, education, and recreation of lands within the AT Corridor An organization established in 2007 to collect, store, and share phenology data and information An AMC project established in 2004 to monitor phenological change in high elevation environments within the AT Corridor An observable stage in the annual life cycle of a plant that can be defined by a start and end point Julian date for which a particular phenophase Integrated measure of plant filtness which incorroorates survival, growth, and reproductive success
-	Forest climate resilience	A measure of a forest's adaptability to a range of climate stresses which reflects the functional integrity of the ecosystem
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Table 2: Abbreviations, definitions, and the data source of independent variables (by category) used for exploratory analyses for

792 predicting DOY of tree leaf-out and understory flowering across the AT Corridor. Elevation, latitude and longitude were derived from

geolocation data of individual observations and regional 2 m digital elevation models (DEM). Climate values were extracted from

794 DAYMET 1-km gridded datasets. AGDD was derived from extracted DAYMET temperature data.

Category	Variable	Abbreviation	Units	Description	Source
Geography	Elevation	Elev	m	altitude above sea level	AMC
	Latitude	Lat	0	degrees latitude	AMC
	Longitude	Long	0	degrees longitude	AMC
Climate	Spring maximum temperature (AMJ)	Spring Tmax	°C	maximum spring temperature for each observation year	DAYMET
	Spring minimum temperature (AMJ)	Spring Tmin	°C	minimum spring temperature for each observation year	DAYMET
	Spring mean temperature (AMJ)	Spring Tmean	°C	mean spring temperature for each observation year	DAYMET
	Accumulated solar radiation	SR	W/m^2	sum of incoming solar radiation for each observation year	DAYMET
	Maximum snow water equivalent (DJF)	SWE	mm	maximum snow water equivalent for observation winter	DAYMET
	Accumulated growing degree days	AGDD		sum of daily temperatures over plant growth threshold	DAYMET
	Spring mean vapor pressure deficit (AMJ)	VPD	Кра	mean vapor pressure deficit of spring for observation year	DAYMET
	Total precipitation	PPT	mm	sum of accumulated precipitation for spring of observation year	DAYMET
	Previous mean winter temperature (DJF)	Winter Tmean	°C	mean winter temperature for previous observation winter	DAYMET
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Table 3: Posterior parameter (and 95% credible intervals, CI) estimates of DOY_{leaf} (canopy) and DOY_{flower} (understory) from

807 hierarchical Bayesian modeling for 8 species of understory plants and 11 species of canopy trees across the full AT and partitioned

between the three study regions, South (34-38°N), Mid-Atlantic (38-42°N), and North (42-46°N). DIC (deviance information

criterion) and Bayesian R^2 are included. Bolded parameter estimates include 95% CI not overlapping zero.

Full AT										
Region	Functional Group	n	DIC	R ²	Spring Mean Temperature (°C)	95% CI	Elevation (m)	95% CI	Latitude (°)	95% CI
Full AT	Understory	45293	200745	0.51	-6.12	-6.43, -5.82	30.80	28.83, 32.77	2.42	2.12, 2.72
Full AT	Canopy	72957	657608	0.23	-3.41	-3.77, -3.06	20.30	18.39, 22.31	3.87	3.58, 4.17
Region-specific										
South	Understory	10819	61861	0.30	-5.66	-7.65, -3.63	6.25	4.29, 8.21	-3.27	-5.03, 0.52
South	Canopy	35242	313516	0.19	-5.86	-6.49, -5.28	13.64	11.63, 15.58	3.80	3.09, 4.58
Mid-Atlantic	Understory	10834	64166	0.29	-11.45	-13.56, -9.35	-0.47	-2.42, 1.48	2.85	-0.17, 5.83
Mid-Atlantic	Canopy	13283	129899	0.17	-9.43	-11.38, -7.46	1.98	-0.09, 3.91	0.07	-2.16, 2.26
North	Understory	23640	179396	0.69	-6.35	-6.65, -6.06	37.83	35.87, 39.82	1.64	0.95, 2.33
North	Canopy	24432	197718	0.41	-3.68	-4.10, -3.25	22.15	20.22, 24.15	3.07	2.20, 3.93

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Table 4: Posterior parameter (and 95% credible intervals, CI) estimates of DOY_{leaf} (canopy) and DOY_{flower} (understory) from

822 hierarchical Bayesian modeling for individual canopy tree (gray shading) and understory plant species across the full AT Corridor.

823 DIC (deviance information criterion) is included. Bolded parameter estimates include 95% CI not overlapping zero.

Species	Common Name	Functional Group	n	DIC	Spring Mean Temperature (°C)	95% CI	Elevation (m)	95% CI	Latitude (°)	95% CI
Aquilegia canadensis	Red columbine	Understory	539	6398	-4.76	-5.92, -3.54	1.17	-2.61, 4.99	3.99	3.16, 4.77
Clintonia borealis	Blue-bead lily	Understory	5816	28739	-3.10	-4.06, -2.67	26.83	24.90, 28.79	4.31	3.58, 5.09
Cornus canadensis	Canada dogwood	Understory	5261	25607	-3.94	-4.87, -2.87	11.96	10.03, 13.91	4.59	2.26, 6.76
Dicentra cucullaria	Dutchman's breeches	Understory	571	7654	-6.02	-7.15, -4.98	5.56	7.87, 3.33	2.89	3.65, 2.09
Erythronium americanum	Trout lily	Understory	5891	12382	-6.43	-6.89, -6.07	3.10	1.13, 5.02	2.65	1.80, 3.49
Maianthemum canadense	Canada mayflower	Understory	6975	38522	-5.06	-6.34, -4.84	12.67	10.76, 14.62	0.19	-0.63, 1.01
Sanguinaria canadensis	Bloodroot	Understory	2434	3066	-5.27	-6.79, -4.75	-0.35	-2.31, 1.59	7.48	3.11, 11.74
Trientalis borealis	Starflower	Understory	535	2217	-0.42	-3.20, 2.67	3.42	1.45, 5.38	-5.47	-8.78, -2.20
Trillium erectum	Red trillium	Understory	6018	29870	-5.74	-7.94, -6.39	4.92	2.98, 6.85	1.17	0.44, 1.89
Trillium undulatum	Painted trillium	Understory	6152	22471	-4.36	-5.84, -3.42	14.33	12.38, 16.23	3.47	2.81, 4.13
Viburnum lantanoides	Hobblebush	Understory	5101	32503	-3.53	-4.68, -2.82	17.27	15.26, 19.28	7.63	6.46, 8.85
Acer pensylvanicum	Striped maple	Canopy	7901	63799	-3.72	-4.95, -2.49	12.01	10.00, 14.00	3.55	2.50, 4.59
Acer rubrum	Red maple	Canopy	26926	241645	-1.71	-2.25, -0.96	10.50	8.58, 12.54	4.86	4.33, 5.42
Acer saccharum	Sugar maple	Canopy	9422	84363	-4.02	-5.03, -3.10	-2.34	-4.24, -0.31	2.62	1.85, 3.47
Betula alleghaniensis	Yellow birch	Canopy	6069	49747	-2.61	-3.24, -1.47	14.53	12.63, 16.53	4.66	3.86, 5.48
Betula lenta	Sweet birch	Canopy	3548	32373	0.56	-0.94, 2.35	12.67	10.61, 14.58	7.71	6.68, 8.76
Betula papyifera*	Paper birch	Canopy	270	2347	-0.03	-6.12, 6.08	2.11	0.14, 4.02	-4.79	-11.69, 3.83
Fagus grandifolia	American beech	Canopy	8528	68346	-5.78	-6.36, -4.35	2.22	0.33, 4.14	0.74	-0.04, 1.52
Fraxinus americana	White ash	Canopy	790	7506	0.45	-3.37, 4.36	1.86	-0.09, 3.80	5.08	0.13, 10.13
Ostrya virginiana	Ironwood	Canopy	674	6324	-0.54	-4.40, 2.48	7.60	5.65, 9.62	9.42	5.25, 13.46
Prunus pensylvanica*	Pin cherry	Canopy	360	3208	-1.95	-9.82, 6.50	-1.69	-3.62, 0.31	-6.92	-22.07, 8.25
Prunus serotina	Black cherry	Canopy	2966	27533	0.80	-0.42, 2.13	6.41	4.51, 8.37	8.39	6.45, 10.32
Quercus rubra	Red oak	Canopy	4035	36833	-4.71	-6.34, -2.40	-0.69	-2.63, 1.26	0.15	-1.14, 1.43
Sorbus americana*	American mountain-ash	Canopy	418	3604	-2.31	-12.47, 8.96	-5.37	-7.30, -3.41	-5.88	-27.30, 17.22
Tilia americana	American basswood	Canopy	1050	9845	-0.90	-3.48, 1.32	2.00	0.04, 3.95	5.39	2.25, 8.58

824 *Species was modeled independently and not used in broad functional group modeling.

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829 Figures



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Figure 1: Conceptual diagram depicting different scenarios for the shifting spring phenological 831 window under warming. Under the current scenario, both co-occurring understory (purple 832 dashed curve) and canopy (yellow solid curve) species advance their phenologies at the same 833 rate, keeping the window (shaded area) the same length through time. In an expansion scenario, 834 understory plants advance their phenologies faster than canopy trees, leading to a greater period 835 of high-light conditions for these species. Under the contraction scenario, canopy trees shift 836 faster than understory plants with warming, reducing the period of high-light conditions for 837 understory species and possibly leading to reduced annual carbon acquisition. Credit for all 838 photos: Jordon Tourville. 839



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observations analyzed in this study across all HUC10 watersheds intersecting the AT between

2004-2022 (n = 118,250). The red line indicates the Appalachian Trail. Note that the scale is
logarithmic.



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Figure 3: Density and distribution of understory flowering observations for each of the 11

species examined in this study. The observations shown are only from the entire AT Corridor

848 (34-46° N latitude). The solid line displays the median canopy closure date (from observed

citizen-science data) between 2004-2022 for the northern AT (DOY = 160, June 9^{th}), while the

dashed and dotted lines show median canopy closure date for the mid-Atlantic (DOY = 140, May

20th) and southern (DOY = 130, May 10^{th}) AT regions, respectively. Asterisks (*) indicate

species definitively identified as spring ephemerals. Boxplots show median values for DOY_{flower}

853 (with 25% and 75% quantiles).



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Figure 4: Spring temperature sensitivity (number of days of phenology advance per 1°C of
warming) for both canopy trees and understory plants (as a whole), partitioned between our three
study regions (with 95% CI). Negative y-axis values indicate earlier phenology with warming.
The Northern region displays evidence for phenological window expansion, with a stable
window illustrated for the Southern region. Understory species also display greater temperature
sensitivity than canopy trees in the Mid-Atlantic region, although 95% CI overlap for both
functional groups.

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Figure 5: Changes (Δ) in spring phenological windows between understory plants and canopy trees, as influenced by temperature, elevation and latitude, in each study region along the AT

867 Corridor. Warmer colors indicate greater possible phenological window expansions whereas

cooler colors show smaller expansions, no differences, or contractions of the spring window.

869 Greater window expansions occur more commonly at higher elevations and latitudes, particularly

in the Northern region. Changes are more subtle in the Mid-Atlantic and Southern regions. The

red line indicates the AT.



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Figure 6: Annual spring (April-June) mean (±SE) temperatures between 2004-2022 across the 873 AT Corridor, partitioned between three latitudinal bands (South: 34-38°N, blue squares; Mid-

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875 Atlantic: 38-42°N, orange circles; North: 42-46°N, red triangles). Linear fits display trends of increasing temperature through time, although only the Northern region experienced significant

876 warming (see top-right for coefficient estimates and significance; *p<0.05). Temperatures were 877

estimated from DAYMET daily measurements from all observation locations. Note that annual 878

879 spring mean temperatures were not recorded for the South and Mid-Atlantic regions in 2004 due

to poor data quality. 880