# TEMPORAL PATTERN OF SYNAPTIC ACTIVATION DIFFERENTIALLY AFFECTS PLASTICITY IN NORMAL AND INJURED BRAIN

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**Abstract**

*Background*. Neurostimulation is increasingly used as a therapeutic intervention. Alterations in strength of synaptic connections (plasticity: long-term potentiation, LTP; long-term depression, LTD) are sensitive to the frequency of synaptic conditioning. However, little is known about the contribution of the temporal pattern of synaptic activation to plasticity in normal or injured brains.

*Objective*. We explore interactions of temporal pattern and frequency in normal cortex and after mild traumatic brain injury (mTBI) to understand the role of temporal pattern in healthy brains and inform therapies to strengthen or weaken circuits in injured brains.

*Methods*. Whole-cell (WC) patch-clamp recordings of evoked postsynaptic potentials (PSPs) and field potentials (FPs) were made from layer 2/3, in response to stimulation of layer 4, in acute cortical slices from control (naive), sham, and mTBI rats. We compared plasticity induced by different stimulation paradigms, each consisting of a specific frequency (1 Hz, 10 Hz, or 100 Hz), continuity (continuous or discontinuous), and temporal pattern (perfectly regular, slightly irregular, or highly irregular).

*Results*. Within each stimulation paradigm plasticity for individual cells was heterogeneous. Highly irregular stimulation produced net LTD in controls, but net LTP after mTBI (except for 100 Hz paradigms). The kinetic profile of responses during conditioning was predictive of plasticity outcome under some conditions. Simultaneous WC and FP recordings had highly correlated plasticity outcomes.

*Conclusions*. These experiments demonstrate that temporal pattern contributes to induction of synaptic plasticity in the normal brain and that contribution is altered by mTBI in ways that may inform brain stimulation therapies.

**Keywords**

Neural coding, brain stimulation, electrophysiology, traumatic brain injury, long-term potentiation, long-term depression

**Highlights**

- Each temporal pattern of stimulation produced heterogeneous plasticity outcomes

- Highly irregular stimulation produced LTD in controls, but LTP after mild TBI

- The kinetic profile of conditioning responses was predictive of plasticity outcome

- Whole-cell and field potential measurements of plasticity were highly correlated

**Abbreviations**

ACSF, Artificial cerebrospinal fluid

ANOVA, analysis of variance (one-way)

CCI, Controlled cortical impact

CV, Coefficient of variation

Dunn's test, Dunn's method for multiple comparisons

Fisher's LSD test, Fisher's least significant difference method for multiple comparisons

FP, Field potential

ISI, Interstimulus interval

Kruskal-Wallis test, Kruskal-Wallis one-way ANOVA on ranks

L2/3, Layer 2/3

L4, Layer 4

LTD, Long-term depression

LTP, Long-term potentiation

mTBI, mild traumatic brain injury

MWU test, Mann-Whitney U test

NC, No change

PSP, Postsynaptic potential

SIU, Stimulus isolation unit

WC, Whole-cell

HW, half width at half height

DT, decay time

RT, rise time

## 1. Introduction

A wide variety of neurological and psychiatric effects can result from brain injury such as mTBI [1–6]. The capacity of the brain to adapt to injury and undergo restorative plasticity throughout the lifespan is well documented [7–14]. Up- and down-regulation of the strength of synaptic transmission such as LTP and LTD represent processes implicated as biological substrates of learning and memory [15–27]. Such changes have been observed throughout the brain including in the: hippocampus [28–31], visual cortex [32–34], olfactory cortex [35,36], somatosensory and motor cortices [37–39], striatum [40,41] and cerebellum [42,43]. LTP and LTD are also implicated in refinement of synaptic connections during brain development and in functional reorganization of neuronal networks throughout the lifespan [21,44–50], after brain injury [51–56], and during neuro-rehabilitation for brain injury or disease [57–63]. It is of interest to learn whether these synaptic plasticity processes may be selectively evoked to facilitate a compensatory re-balancing of the relative strengths of particular synaptic pathways after mTBI and thus become part of the therapeutic toolbox for restoring functionality [64–66]. Moreover, with availability of various neurostimulation technologies such as: deep brain stimulation [67,68], transcranial focused ultrasound [69,70], transcranial magnetic stimulation [71–73], transcranial direct current stimulation [74,75], and more [76], to treat conditions such as Parkinson's disease [77–79], Alzheimer's disease [80–82], seizure disorders [83–85] and major depression [86–89], there is value in better understanding the effects of these interventions on synaptic plasticity in a well-controlled experimental environment.

Although, clinical uses of deep brain stimulation have begun to take into account the effects of temporal pattern [90–92], most experimental approaches to studying the induction mechanisms for LTP and LTD hold temporal patterns regular and constant, with a brief period of high frequency

afferent stimulation [93,94], a protracted period of low frequency presynaptic stimulation [31,95] or a series of conjunctions of temporally coincident pre- and post-synaptic activation [96–98]. While varying stimulation frequency, these protocols maintain a regular interval between each stimulus such that the temporal pattern of presynaptic stimulation is invariant (i.e. all interstimulus intervals, ISIs, are equal). These temporally regular epochs of synaptic stimulation are useful for experimental paradigms and have been widely applied particularly in isolated *in vitro* experimental preparations where the neurons are usually quiescent until stimulated. However, *in vivo* many neurons exhibit ongoing activity, continuously receiving synaptic inputs, many of which are evoked by presynaptic action potentials [99–103]. Moreover, the temporal pattern of the action potentials and subsequent evoked synaptic activity is often highly irregular with varying distributions of ISIs [104–109]. Thus, it is important to understand the contribution of temporal pattern (vs. frequency alone) of evoked synaptic activity *per se* to the induction of synaptic plasticity in the normal brain and whether there are different temporal pattern requirements for accessing the downstream synaptic plasticity signaling cascades after mTBI.

Since the neocortex is often subjected to the effects of mTBI and the synaptic circuitry of the visual cortex is well characterized, we chose this area to evaluate the role of the temporal pattern of evoked synaptic activity. In particular, we were interested to learn whether the major synaptic drive from the neurons of the primary thalamic input zone (layer 4, L4), onto the layer 2/3 (L 2/3) pyramidal projection neurons that transmit information over long distances between cortical areas, react differently to variations in the temporal pattern of conditioning inputs in the normal brain and after mTBI. Since the parameter space to explore the distributions of ISIs and frequencies is vast, we focused on a few synaptic stimulation frequencies known to play a role in plasticity in neocortex (1 Hz, 10 Hz and 100 Hz), three temporal pattern distributions (perfectly

regular where all ISIs are identical with a coefficient of variation or CV = 0.0, a slightly irregular Gaussian distribution of ISIs with a CV = 0.2, and a highly irregular Poisson distribution of ISIs with a CV = 1.0), and two types of conditioning epochs (continuous or discontinuous).

## 2. Methods

### 2.1. Animal use and experimental design

All procedures were approved by the Institutional Animal Care and Use Committees of Virginia Tech or Baylor College of Medicine and followed the National Research Council's *Guide for the Care and Use of Laboratory Animals*. Male Long-Evans rats (HsdBlu:LE; Inotiv) were kept on a 12h light/12h dark schedule, and provided food and water *ad libitum*. At 8-9 weeks of age, rats were single housed and assigned to one of three treatment groups: control (naïve), sham (sham operated), or mTBI (controlled cortical impact, CCI). Two to three weeks later these animals were used in: behavioral, electrophysiological, and/or calcium imaging experiments (with experimenters blind to sham/mTBI status).

### 2.2. Mild traumatic brain injury model

At 8-9 weeks of age the mTBI group received a CCI (using a well-established model) [110–112]. Briefly, 4h before surgery rats were started on an antibiotic regimen (Baytril 5 mg/kg, IM, *q.d.* x 3). Surgery was performed under isoflurane anesthesia (1–4%, in $O_2$). Rats were intubated, ventilated (TOPO, Kent Scientific), and end-tidal $CO_2$ was monitored (Capnograph 340, Harvard Apparatus). Animals were placed on a homeostatically controlled heating plate (TCAT-2DF, Physitemp) and mounted in a stereotaxic frame (Model 940, Kopf). The scalp was shaved, cleaned with alcohol and betadine, and incised to expose the skull. A 7 mm diameter craniotomy was made over the right parietal cortex immediately posterior to bregma and lateral to midline. A direct

lateral CCI (2.5 mm depth, 3.0 m/s velocity, 100 ms duration, angled at 45° from vertical) was delivered through intact meninges using a Benchmark stereotaxic impactor (Leica) with a modified 6 mm diameter spherical head. After the CCI, we administered a long-lasting analgesic (buprenorphine SR 1.2 mg/kg, SC; ZooPharm), the craniotomy and incision were repaired, and a topical antibiotic (Neosporin + pain relief, Johnson & Johnson) applied. Anesthesia was discontinued, the rat removed from the stereotaxic frame, extubated, and monitored until fully recovered. Shams received identical treatment except for the CCI.

*2.3. Righting reflex*

At 10-12 weeks of age (2-3 weeks after treatment: control, sham, or mTBI) the first cohort of 44 rats was examined to assess righting latency. Animals were placed in a transparent induction chamber (with 1L/min $O_2$). Anesthesia was induced by the addition of isoflurane (4% for 120 s). The rat was rapidly removed from the chamber and placed in a supine position. The time between the cessation of anesthesia and the recovery of the righting reflex (righting latency, defined as the time required for the rat to right itself to an upright posture standing on all four paws) was measured.

*2.4. Brain slice preparation*

At 10-12 weeks of age (2-3 weeks after treatment: control, sham, or mTBI) a second cohort of 316 rats was anesthetized with ketamine (75 mg/kg, IM) / xylazine (10 mg/kg, IM) then decapitated. The brain was rapidly removed and cooled for ~2 min in ice-cold cutting solution containing (in mM): 124 NaCl, 2 KCl, 3.5 $MgCl_2$, 0.2 $CaCl_2$, 1.25 $KH_2PO_4$, 26 $NaHCO_3$, 11 dextrose, and saturated with 95% $O_2$/5% $CO_2$ with a final pH of 7.4. Coronal slices (300 μm) were

prepared from the right visual cortex (ipsilateral to the mTBI) using a vibratome (VT1000P, Lecia) and placed in artificial cerebral spinal fluid (ACSF) containing (in mM): 124 NaCl, 2 KCl, 2 $MgCl_2$, 2 $CaCl_2$, 1.25 KH2PO4, 26 $NaHCO_3$, and 11 dextrose and saturated with 95% $O_2$/5% $CO_2$ with a final pH of 7.4. Slices were incubated in ACSF at 33 ± 1°C for 20 min and then at room temperature for > 40 min prior to recording.

*2.5. Electrophysiology: recording*

For recording, slices were transferred to a submersion chamber perfused with 3 ml/min of ACSF at 33±1°C. L2/3 pyramidal neurons were visualized using an upright microscope (Axio Examiner.D1; Zeiss) equipped with a W Plan-Apochromat 40x water immersion objective and configured for DGC microscopy. A bipolar stimulating electrode (FHC #30213) was placed in L4. Glass micropipettes (Garner KG-33, OD 1.5 mm, ID 1.12 mm; A-M Systems) were pulled on a vertical puller (PC-10, Narishige) to make FP pipettes (1 ± 0.5 MΩ), or WC patch pipettes (4 ± 1 MΩ). FP pipettes were filled with ACSF and placed superficially in L2/3. WC patch pipettes were filled with pipette solution (containing in mM: 115 K-gluconate, 20 KCl, 10 Hepes, 4 NaCl, 4 Mg-ATP, 0.3 Na-GTP, and 4 phosphocreatine-Na, pH 7.4, 280-290 mOsm) and placed in L2/3 (~100 µm deep to the FP pipette). Biocytin (0.5%; Sigma-Aldrich) was added to the WC patch pipette solution to allow post-hoc identification of patched cells (only pyramidal cells located in L2/3 were analyzed).

All recordings were made using a MultiClamp 700B amplifier, digitized at 20 kHz with a Digidata 1440A, and collected and analyzed with pCLAMP 10 software (Clampex and Clampfit; Molecular Devices). Recordings of evoked FP and WC PSP amplitudes were measured as the difference between baseline and peak. Recordings with unstable pre-conditioning response

amplitudes (linear best fit of PSP, or FP, peak amplitudes with an $r^2 > 0.2$) were discarded. WC recordings with membrane potentials more positive than -60 mV, high access resistance (> 40 M$\Omega$, or > 20% of the membrane resistance for that cell), or a > 20% decrease in input resistance were discarded. The intrinsic firing properties of patched cells were tested by injecting a 100 ms depolarizing current pulse and cells that did not exhibit regular spiking typical of excitatory cells [113,114] were discarded. Only one recording was made from each slice, so that a single stimulation protocol was applied in each case.

*2.6. Stimulation protocols*

Afferent stimulation consisted of constant current square wave pulses 100 µs in duration and 30-500 µA in amplitude (~40% of the maximal PSP response) output by a stimulus isolation unit (SIU; A365, World Precision Instruments). Stimulation was optimized to produce WC responses, but in some cases (~10%) was also sufficient to trigger FP responses which were recorded simultaneously. Pre-conditioning baseline recordings of evoked PSP (and FP) peak amplitudes were made at a stimulation frequency of 0.1 Hz for 10 min. This was followed by a 90 or 900 s period of synaptic conditioning, consisting of 900 pulses at 1 Hz, 10 Hz, or 100 Hz. Conditioning stimulation was either continuous (1 Hz for 900 s, or 10 Hz for 90 s; Fig. 1A-B) or discontinuous (9 epochs of 100 pulses each at 10 Hz or 100 Hz, separated by 8 equal rest intervals consisting of probe trials at 0.1 Hz, with a total duration of 900 s; Fig. 1C). We included the discontinuous paradigms since continuous stimulation at higher frequencies (10 Hz, 100 Hz) might induce presynaptic fatigue that could interact with long-term synaptic plasticity [115,116]. Post-conditioning evoked PSP (and FP) peak amplitudes were evaluated at 0.1 Hz for a period of 20 min. Conditioning stimulation was delivered with one of three temporal patterns: perfectly regular

(all ISIs equal, coefficient of variation = 0, CV 0.0; Fig. 1D-E), slightly irregular (Gaussian distribution of ISIs, CV 0.2; Fig. 1F-G), or highly irregular (Poisson distribution of ISIs, CV 1.0; Fig. 1H-I) each with the same mean frequency. Conditioning stimulation was generated using MatLab (MathWorks), transformed with a digital analog converter (BNC 2090A, National Instruments), triggered with a pulse stimulator (Master 9, A.M.P.I.), and output via the SIU, allowing us to control the precise: frequency, continuity and temporal pattern of stimulation.

*2.7. Stimulation: pattern generation*

Stimulus patterns were generated by creating ISIs according to the family of distributions given by:

$$P(t) \propto e^{-t^2/2\,\eta^2}\, e^{-t\,/\tau_d}\ \theta(t > \tau_R) \qquad (1)$$

where $\tau_R$ is the refractory period, and $\eta$ (>0) and $\tau_d$ are temporal parameters that govern the single peak of the distribution. For a perfectly regular distribution, we had $-\tau_d/\eta \gg 1$, and for a highly irregular distribution $\eta/\tau_d \gg 1$. We solved for the parameters $\eta$ and $\tau_d$, to yield a desired mean, m, and standard deviation (std) or coefficient of variation (CV):

$$\frac{\mathrm{std}^2}{\mathrm{m}^2} = \frac{Q(w)^2 + 2wQ(w) - 2}{2(1 - wQ(w))^2}, \qquad (2)$$

$$m = \tau_R + \left(\eta\sqrt{2}\right)\left(\frac{1 - wQ(w)}{Q(w)}\right), \qquad (3)$$

where $Q(w) \equiv \sqrt{\pi}\ \mathrm{erfcx}(w)$, and $w \equiv \dfrac{\eta}{\tau_d\sqrt{2}} + \dfrac{\tau_R}{\eta\sqrt{2}}$. Since equations (2) and (3) are monotonic, one can invert the equations to find $\eta$ and $\tau_d$ in terms of m and std. Thus, it was possible to change a set of ISIs at one CV to a related set of ISIs at another CV. The cumulative distribution function corresponding to the event probability distribution function given by equation (1) above is:

$$\text{cdf}(t) = 1 - \frac{\text{erfc}(w + (t - \tau_R)/(\eta\sqrt{2}))}{\text{erfc}(w)}. \quad (4)$$

We randomly assigned numbers drawn uniformly on the unit interval to ISIs in the following way. For each random number, r, we inverted equation (4) to find a $t$ that represented an ISI affiliated with a given mean and CV. By specifying a different mean and CV (and therefore different $\eta$ and $\tau_d$, or equivalently, different $\eta$ and $w$) in equation (4) we derived related sets of ISIs, using a single set of random numbers.

*2.8. Electrophysiology: data analysis*

We measured evoked PSP (or FP) peak amplitudes during the last 5 min of pre- and post-conditioning (using Clampfit) and calculated a post/pre ratio. We evaluated the effects of mTBI, as well as stimulus frequency, temporal pattern, and continuity on the induction of synaptic plasticity [which we defined as: LTD, a significant ($p < 0.05$, $t$ test) decrease ($\geq 10\%$) in post/pre ratios; LTP, a significant increase ($\geq 10\%$) in post/pre ratios; or no change (NC), post/pre ratios that changed $< 10\%$ and/or were not significantly different ($p > 0.05$, $t$ test)]. For these same time periods (the last 5 min of pre- and post-conditioning), we used Clampfit to calculate the average PSP: half width (at half height), rise time (10-90%) and decay time (90-10%); as well as the membrane potential and input resistance for each cell. Finally, we measured the kinetic properties of WC responses during the conditioning period. For continuous stimulation paradigms, we took all data points generated during the conditioning period and calculated an exponential and linear best fit, from which we determined the slope. For discontinuous stimulation paradigms, best fits were calculated for each of the nine stimulation sub-epochs and the slopes averaged. Further, we calculated the mean of all response amplitudes (average) as well as the average of the initial 10% (initial) and final 10% (final). For all recordings within a given stimulation paradigm, a simple

linear regression analysis was performed to determine the degree to which each of these factors (conditioning period: exponential slope, linear slope, average amplitude, initial amplitude and final amplitude) were correlated with plasticity outcome (post/pre ratio).

## 2.9. Calcium Imaging

In a subset of the WC patch experiments, the ratiometric calcium sensitive dye Fura-4F (100 µM, Thermo Fisher Scientific) was added to the pipette solution. The high dissociation constant of the dye at this concentration ensures it is permissive of plasticity [117,118]. Cells were illuminated using an ultra-high speed wavelength switching xenon arc lamp (Lambda DG-4 system; Sutter Instruments) controlled by a signal distribution box (SVB-1; Zeiss). Images were captured using an AxioCam HSm camera (Zeiss). Baseline somatic calcium concentrations were calculated as a ratio of bound to unbound calcium minus background (AxioVision, Zeiss) during the last five minutes of pre-conditioning.

## 2.10. Histology

After successful WC recordings, visual cortical slices were processed to verify pyramidal cell morphology and L2/3 location of recorded cells. Slices were fixed in 4% paraformaldehyde in 0.1 M phosphate buffer at 4°C, then incubated overnight in an avidin-biotin-horseradish peroxidase complex at 4°C with 0.1% Triton X-100 (Vector Elite; Vector Laboratories). The tissue was counterstained with cresyl violet and cover slipped with dibutyl phithalate (Electron Microscopy Sciences). Slides were visualized using a Zeiss AxioImager M2 microscope with a 40x oil immersion objective (EC PlanNeo-Fluar, Zeiss).

*2.11. Statistical Analyses*

A Shapiro-Wilk test (SigmaPlot, Systat Software) was used to determine if data were normally distributed. For normally distributed data, we used a *t* test (SigmaPlot or Microsoft Excel), or an ANOVA followed by Fisher's LSD method for multiple comparisons (SigmaPlot). For datasets with non-normal distributions, we used a Mann-Whitney U test (MWU, SigmaPlot), or a Kruskal-Wallis one-way ANOVA on ranks test (Kruskal-Wallis test, SigmaPlot) followed by Dunn's method for multiple comparisons (with Sidak correction; statskingdom.com/kruskal-wallis-calculator.html). Group data are presented as the mean ± standard error (SEM), unless otherwise noted. To assess whether specific characteristics of the conditioning stimulation responses were predictive of plasticity outcome, for each factor, we calculated a correlation coefficient and determined significance using simple linear regression (SigmaPlot). Differences were considered statistically significant when $p < 0.05$ (except for Dunn's tests which had a corrected alpha of 0.017).

## 3. Results

*3.1 Efficacy of our mTBI model*

To establish the efficacy of our CCI model for mTBI we used several independent methods. First, we used a behavioral measure, recovery of righting reflex, to assess motor and cognitive function in control, sham and mTBI rats. Righting latency was significantly impacted by treatment group ($p = 0.04$, ANOVA), and was longer in mTBI (247 ± 11 s) than in control (214 ± 9 s, $p = 0.04$) or sham (209 ± 13 s, $p = 0.02$, Fisher's LSD tests; Fig. 2A) groups. Note that for this and all subsequent figures we show control data in black, sham data in blue, and mTBI data in red. Second, we measured intracellular (somatic) calcium concentration in a subset of the L2/3 pyramidal

neurons used for our WC patch-clamp recordings. Intracellular calcium concentrations were significantly different between treatment groups ($p < 0.001$, Kruskal-Wallis test), and were higher in the mTBI ($88 \pm 4$ nM) than in the control ($63 \pm 3$ nM; $p < 0.001$) or sham group ($61 \pm 5$ nM; p $< 0.001$, Dunn's tests; Fig. 2B). Third, we measured the intrinsic properties of this same subset of cells, and found that input resistance was significantly affected by treatment group ($p = 0.005$, Kruskal-Wallis test), being higher in mTBI ($203 \pm 12$ MΩ) than in control ($155 \pm 9$ MΩ, $p = 0.001$) or sham ($149 \pm 12$ MΩ, $p = 0.008$, Dunn's tests; Fig. 2C) groups; while membrane potential did not differ ($p = 0.38$, Kruskal-Wallis test) between control ($-70.1 \pm 0.5$ mV), sham ($-71.1 \pm 0.7$ mV), or mTBI ($-70.0 \pm 0.6$ mV; Fig. 2D) groups.

*3.2 Effect of temporal pattern and treatment condition on plasticity outcome: 1Hz continuous conditioning*

Having established the efficacy of our mTBI model we proceeded with WC patch-clamp experiments to investigate the possible role of temporal pattern on synaptic plasticity in acute slices from control, sham and mTBI rats. Figure 3 shows example recordings of evoked WC PSPs and time plots from individual WC recordings in response to 1 Hz continuous highly irregular stimulation (*cf.* Fig. 1A,H-I). Note the substantial decrease in post-conditioning PSP amplitude, indicative of LTD, in control and sham examples (Fig. 3A-B). In contrast, there was a substantial increase in post-conditioning PSP amplitude, indicative of LTP, in the mTBI example (Fig. 3C).

Grouped results for our WC recording experiments for the various frequencies, temporal patterns, and treatment groups are shown in the next four figures. Continuous stimulation at 1 Hz induced a net LTD in both control groups (Fig. 4A-C) and mTBI groups (Fig. 4D-E) under most conditions, with one exception—highly irregular stimulation (CV 1.0) in mTBI rats yielded a net

LTP (Fig. 4F). Temporal pattern (CV 0.0, CV 0.2, CV 1.0) had no effect on plasticity outcome in control groups ($p = 0.50$, ANOVA; Figs. 4A-C,G). However, for mTBI groups, there was a significant difference in plasticity outcome between the three temporal patterns ($p = 0.002$, Kruskal-Wallis test; Figs. 4D-F,H) with highly irregular stimulation showing significant potentiation (CV 1.0 vs. CV 0.0: $p = 0.007$, CV 1.0 vs. CV 0.2: $p < 0.001$; CV 0.0 vs. CV 0.2: $p = 0.19$; Dunn's tests). Notably, within each of the six stimulation groups there was heterogeneity in plasticity outcomes among individual cells (Fig. 4G,H). Importantly, plasticity outcomes in control and mTBI rats were significantly different only when the temporal pattern was highly irregular (CV 1.0: $p = 0.008$, MWU test; *cf.* Figs. 4C,F), but not when it was perfectly regular (CV 0.0: $p = 0.76$, $t$ test; *cf.* Figs. 4A,D) or slightly irregular (CV 0.2: $p = 0.66$, $t$ test; *cf.* Figs. 4B,E). Accordingly, for highly irregular stimulation (CV 1.0), we analyzed control, sham and mTBI groups ($p = 0.004$, Kruskal-Wallis test; Fig. 4I). Pairwise comparisons (Dunn's tests) showed a significant difference between mTBI and control ($p = 0.002$), and between mTBI and sham ($p = 0.002$), but not between control and sham groups ($p = 0.49$; Fig. 4I). The potentiation produced by highly irregular 1 Hz stimulation in mTBI rats reflects both an increase in the proportion (control = 18%, sham = 6%, mTBI = 47%) and magnitude (mean post/pre ratio in: control = 1.31, sham = 1.13, mTBI = 1.62) of LTP outcomes (Fig. 4I).

Additionally, highly irregular 1 Hz continuous stimulation differentially affected the evoked PSP shape indices (Supp. Fig. 1A) in controls, showing a significant decrease in decay time (DT; pre: $28 \pm 2$ ms, post: $24 \pm 1$ ms; $p = 0.03$) and half width (HW, pre: $26 \pm 3$ ms, post: $22 \pm 2$ ms; $p = 0.03$, paired $t$ tests; Supp. Fig. 1B), and this effect occurred primarily in the responses that underwent LTD (DT, pre: $28 \pm 4$ msec, post: $23 \pm 2$ msec, $p = 0.045$; HW, pre: $26 \pm 4$ ms, post: $21 \pm 2$ ms, $p = 0.03$; paired $t$ tests; Supp. Fig. 1C, *cf.* Supp. Fig. 1B,D). Shape indices in

shams showed a similar decrease in DT (pre: $35 \pm 3$ msec, post: $31 \pm 4$ ms; $p = 0.09$) and HW (pre:

$32 \pm 3$ ms, post: $28 \pm 3$ ms; $p = 0.02$, paired $t$ tests; Supp. Fig. 1B), which occurred only in responses

that underwent LTD (DT, pre: $36 \pm 4$ ms, post: $30 \pm 4$ ms, $p = 0.03$; HW, pre: $32 \pm 3$ ms, post: 27

$\pm 4$ ms, $p = 0.02$; paired $t$ tests; Supp. Fig. 1C, *cf.* Supp. Fig. 1B,D). Interestingly, while the shape

indices of the responses in the mTBI group as a whole did not change significantly after

conditioning (DT, pre: $32 \pm 3$ ms, post: $35 \pm 4$ ms, $p = 0.49$; HW, pre: $30 \pm 3$ ms, post: $33 \pm 3$ ms,

$p = 0.54$; paired $t$ tests; Supp. Fig. 1B), among just the responses that underwent LTP they

significantly increased (DT, pre: $32 \pm 3$ ms, post: $40 \pm 6$ ms, $p = 0.01$; HW, pre: $31 \pm 3$ ms, post:

$36 \pm 4$ ms, $p = 0.01$; paired $t$ tests; Supp. Fig. 1D, *cf.* Supp. Fig. 1B,C).

*3.3 Effect of temporal pattern and treatment condition on plasticity outcome: 10Hz continuous*

*conditioning*

Continuous stimulation at 10 Hz produced a rapid rundown in PSP amplitudes, but was

less likely to induce LTD, than 1 Hz continuous stimulation (*cf.* Figs. 5A-E, 4A-E). In particular,

for controls, slightly irregular (CV 0.2) continuous stimulation produced LTD for 1 Hz, but NC

for 10 Hz stimulation (*cf.* Figs. 4B, 5B; $p = 0.01$, $t$ test); while after mTBI, perfectly regular

stimulation (CV 0.0) induced LTD for 1 Hz continuous, but LTP for 10 Hz continuous stimulation

(*cf.* Figs. 4D, 5D; $p = 0.05$, MWU test). Temporal pattern had no effect on plasticity outcome in

control groups ($p = 0.58$, Kruskal-Wallis test; Figs. 5A-C,G). However, for mTBI groups, there

was a significant difference in plasticity outcomes ($p = 0.002$, Kruskal-Wallis test; Figs. 5D-F,H)

between slightly irregular stimulation (CV 0.2) which showed a shift toward LTD, and perfectly

regular stimulation (CV 0.0) or highly irregular stimulation (CV 1.0) both of which showed a shift

toward LTP ($p = 0.015$, or $p < 0.001$, Dunn's tests; Fig. 5H). Additionally, we found that 10 Hz

continuous stimulation (similar to 1 Hz continuous stimulation), produced significantly different plasticity outcomes for control and mTBI rats only when the temporal pattern of conditioning stimulation was highly irregular (CV 1.0: $p = 0.003$, MWU test; *cf.* Figs. 5C,F), but not perfectly regular (CV 0.0: $p = 0.35$, MWU test; *cf.* Figs. 5A,D) or slightly irregular (CV 0.2: $p = 0.10$, $t$ test; *cf.* Figs. 5B,E). Accordingly, for highly irregular stimulation (CV = 1.0), we analyzed control, sham and mTBI groups ($p = 0.003$, Kruskal-Wallis test; Fig. 5I). Pairwise comparisons (Dunn's tests) showed a significant potentiation of responses in mTBI relative to control and sham groups ($p = 0.001$, $p = 0.004$, respectively), but no difference between controls and shams ($p = 0.30$). This potentiation reflected a change in both the proportion (control = 0%, sham = 12%, mTBI = 52%) and magnitude (mean post/pre ratio in: control = no LTP responses, sham = 1.24, mTBI = 1.56) of LTP outcomes. There were no effects of 10 Hz continuous conditioning on the shape indices of the PSP responses (data not shown).

*3.4 Effect of temporal pattern and treatment condition on plasticity outcome: 10Hz*
*discontinuous conditioning*

For 10 Hz discontinuous stimulation protocols, the brief stimulation sub-epochs appeared to mitigate rundown of response amplitudes which we observed for 10 Hz continuous stimulation protocols (*cf.* Figs. 6A-F, 5A-F). Moreover, probe stimuli administered at 0.1 Hz during the rest periods (Figs. 6A-F, yellow symbols) showed that PSP amplitudes quickly recover, in most cases showing a brief period of post-tetanic potentiation, which suggests any synaptic fatigue induced by an individual sub-epoch of higher frequency stimulation is transitory. Interestingly, probe trail response amplitudes are sensitive to the temporal pattern of conditioning stimulation in control groups (depressed for CV 0.0 and CV 1.0, but potentiated for CV 0.2; *cf.* Figs. 6A-C) and mTBI

groups (potentiated for CV 0.0, neutral for CV 0.2, and potentiated for CV 1.0; *cf.* Figs. 6D-E). Notably, the continuity of 10 Hz conditioning stimulation influenced plasticity outcome and this was also dependent on temporal pattern. In controls, 10 Hz highly irregular stimulation (CV 1.0) induced significantly more robust LTD when stimulation was discontinuous rather than continuous ($p = 0.02$, MWU; *cf.* Figs. 5C, 6C). In mTBI groups, 10 Hz perfectly regular stimulation (CV 0.0) induced LTD for discontinuous stimulation, but LTP for continuous stimulation ($p = 0.06$ -- trend, MWU; *cf.* Figs. 5D, 6D).

For 10 Hz discontinuous (unlike 10 Hz continuous) stimulation there was a significant effect of temporal pattern between control groups ($p = 0.04$, Kruskal-Wallis test; Figs. 6A-C,G), as well as between mTBI groups ($p = 0.02$, Kruskal-Wallis test; Figs. 6D-F,H). Pairwise comparisons showed a significant effect of temporal pattern in controls with robust LTD in response to highly irregular stimulation (CV 1.0, Fig. 6C) compared to weak potentiation elicited by slightly irregular stimulation (CV 0.2, $p = 0.006$; Dunn's test; Figs. 6B,G). In mTBI groups, there was a significant difference between highly irregular (CV 1.0, Fig. 6F) and both: slightly irregular (CV 0.2, $p = 0.006$; Figs. 6E,H) and perfectly regular (CV 0.0, $p = 0.012$, Dunn's tests; Figs. 6D,H) stimulation. Moreover, control and mTBI groups differed only for highly irregular stimulation (CV 1.0, *cf.* Figs. 6C,F; $p < 0.001$, MWU test), and not for slightly irregular (CV 0.2, *cf.* Figs 6B,E; $p = 0.17$, MWU test) or perfectly regular (CV 0.0, *cf.* Figs. 6A,D; $p = 0.56$, *t* test) stimulation. Accordingly, for highly irregular stimulation (CV 1.0), we analyzed control, sham and mTBI groups ($p < 0.001$, Kruskal-Wallis test; Fig. 6I). Pairwise comparisons (Dunn's tests) showed a significant difference between treatment groups—with a robust shift toward LTP in mTBI relative to both control ($p < 0.001$) and sham ($p < 0.001$) groups (Fig. 6I). This potentiation reflected an increase in the proportion (control = 12%, sham = 12%, mTBI = 56%), but (unlike 1

Hz and 10 Hz continuous stimulation) not the magnitude (post/pre ratio: control = 1.50, sham = 1.23, mTBI = 1.53) of LTP outcomes. There were no effects of 10 Hz discontinuous conditioning on the shape indices of the PSP responses (data not shown).

*3.5 Effect of temporal pattern and treatment condition on plasticity outcome: 100Hz discontinuous conditioning*

For 100 Hz conditioning stimulation, we used only the discontinuous protocol which allowed for rapid recovery of PSP amplitudes during rest intervals [with attendant enduring post tetanic potentiation - see yellow probe trial data during the conditioning period (grey bar) - Figs. 7A-F]. Note that data from the nine stimulation sub-epochs are not shown because most PSPs were embedded in a wave of depolarization and/or had ISIs too short to allow accurate quantification. In control groups, 100 Hz discontinuous perfectly regular (CV 0.0) and slightly irregular (CV 0.2) stimulation produced no net change in average PSP amplitude (*cf.* Figs. 7A-B), while highly irregular stimulation (CV 1.0) induced a net LTD (Fig. 7C) similar to 1 Hz continuous, 10 Hz continuous and 10 Hz discontinuous stimulation (*cf.* Figs. 7C, 4C, 5C, 6C). In contrast, for mTBI groups, perfectly regular stimulation produced net NC (Fig. 7D), slightly irregular stimulation produced a net LTP [(Fig. 7E) which differed from 1 Hz continuous, 10 Hz continuous, and 10 Hz discontinuous stimulation, all of which yielded a net LTD (*cf.* Figs. 7E, 4E, 5E, 6E)], and highly irregular 100 Hz continuous stimulation resulted in net NC [Fig. 7F; which differed from 1 Hz continuous, 10 Hz continuous, and 10 Hz discontinuous stimulation, all of which induced LTP (*cf.* Figs. 4F, 5F, 6F)]. Importantly, despite these modest differences, comparisons between control groups ($p$ = 0.17, Kruskal-Wallis test), or between mTBI groups ($p$ = 0.93, Kruskal-Wallis test) showed no significant effect of temporal pattern on plasticity outcome for the 100 Hz

discontinuous stimulation paradigm. In addition, there was no significant difference in plasticity outcomes between control and mTBI groups for any particular temporal pattern (CV 0.0: $p = 0.40$, MWU test; CV 0.2: $p = 0.97$, MWU test; CV 1.0: $p = 0.28$; $t$ test).

Interestingly, for 100 Hz highly irregular stimulation (CV 1.0), the shape indices of PSPs, among the mTBI group show a significant increase in HW (pre: $27 \pm 2$ ms, post: $30 \pm 2$ ms, $p = 0.03$; Supp. Fig. 1E) that is non-specific for plasticity outcome (LTD, pre: $30 \pm 4$ ms, post: $32 \pm 4$ ms, $p = 0.40$; LTP, pre: $24 \pm 3$ ms, post: $25 \pm 3$ ms, $p = 0.26$, paired $t$ tests; $cf.$ Supp. Figs. 1E-G); while in controls there is no significant change in shape indices overall (DT, pre: $24 \pm 2$ ms, post: $26 \pm 3$ ms, $p = 0.54$, paired $t$ test; Supp. Fig. 1E), but a significant decrease for those cells responding with LTP (DT, pre: $28 \pm 2$ ms, post: $25 \pm 2$ ms, $p = 0.04$; Supp. Fig. 1G) but not LTD (DT, pre: $23 \pm 2$ ms, post: $26 \pm 4$ ms, $p = 0.39$; paired $t$ tests; Supp. Fig. 1F). In contrast, for 100 Hz slightly irregular (CV = 0.2) stimulation, the mTBI group showed an increase in rise time (RT, pre: $4.7 \pm 0.3$ ms, post: $6.1 \pm 0.5$ ms, $p = 0.002$; Supp. Fig. 1H) which was consistent across all plasticity outcomes (LTD, pre: $4.9 \pm 0.5$ ms, post: $7.1 \pm 1.0$ ms, $p = 0.035$; LTP, pre: $4.7 \pm 0.5$ ms, post: $5.6 \pm 0.5$ ms, $p = 0.006$; paired $t$ tests; $cf.$ Supp. Fig. 1H-J); while in controls RT was essentially unchanged overall (pre: $5.9 \pm 0.6$ msec, post: $6.7 \pm 0.8$ msec, $p = 0.06$) or for any particular plasticity outcome (LTD, pre: $6.1 \pm 0.9$ msec, post: $7.6 \pm 1.8$ msec, $p = 0.18$; LTP, pre: $6.5 \pm 1.2$ msec, post: $6.9 \pm 1.0$ msec, $p = 0.47$; paired $t$ tests; $cf.$ Supp. Fig. 1H-J).

*3.6 Kinetic properties of conditioning stimulation responses*

Since we observed a significant difference between control and mTBI group plasticity outcomes only for highly irregular (CV 1.0) 1 Hz continuous, 10 Hz continuous, and 10 Hz discontinuous stimulation we analyzed the kinetic profiles of the conditioning responses for

individual recordings in these groups to determine if they were predictive of plasticity outcome. For 1 Hz continuous highly irregular stimulation we show example time plots of conditioning responses for each treatment group in Fig. 8 (A-C). Notably, the slope of an exponential best fit of normalized conditioning response amplitudes showed a significant positive correlation with plasticity outcomes only in control ($p = 0.02$; Figs. 8A,D) and sham group ($p = 0.048$; Figs. 8B,D), while the slope of a linear best fit shows a significant positive correlation with plasticity outcomes only in the mTBI group ($p = 0.02$, simple linear regression; Figs. 8C,E). The slopes of conditioning response amplitudes did not significantly differ in magnitude for either linear ($p = 0.41$, ANOVA; control = -0.013 ± 0.003, sham = -0.012 ± 0.003, mTBI = -0.007 ± 0.004; data not shown), or exponential ($p = 0.39$ ANOVA; control = -0.019 ± 0.005, sham = -0.018 ± 0.004, mTBI = -0.011 ±0.004; data not shown) best fits. However, relative to control and sham groups, the mTBI group exhibited a significant increase in conditioning amplitude: initial value ($p = 0.002$, Kruskal-Wallis test; with mTBI = 1.19 ± 0.09 vs. control = 0.87 ± 0.05, or sham = 0.90 ± 0.02; $p < 0.001$, $p = 0.003$, Dunn's tests), final value ($p = 0.006$, Kruskal-Wallis test; with mTBI = 1.10 ± 0.12 vs.: control = 0.67 ± 0.04, or sham = 0.72 ± 0.05; $p = 0.001$, $p = 0.007$, Dunn's tests), and average value ($p = 0.01$, Kruskal-Wallis test; with mTBI: 1.15 ± 0.12 vs. control: 0.74 ± 0.04, $p = 0.003$; but not quite for sham: 0.80 ± 0.04; $p = 0.019$ – trend, Dunn's tests; Fig. 8F). Additionally, in the mTBI group, all of these values: average ($p = 0.004$), initial value ($p = 0.007$), and final value ($p = 0.001$, simple linear regression) were predictive of plasticity outcome (Fig. 8G-I); while in the control and sham groups, only the average (control: $p = 0.04$; sham: $p = 0.03$) and final (control: $p = 0.007$; sham: $p = 0.009$; simple linear regression) response amplitudes were predictive of plasticity outcome (Figs. 8G,I).

In contrast, for 10 Hz continuous highly irregular stimulation, the kinetics of the conditioning responses, measured as either slope (Figs. 9A-E) or normalized conditioning response amplitude (Figs. 9G-I) were not predictive of plasticity outcome in any treatment group (control, sham, or mTBI). However, exponential best fits of normalized conditioning amplitude had a significantly more shallow slope in the mTBI group, than in the control or sham groups ($p < 0.001$, ANOVA; with mTBI = -0.580 ± 0.096 vs.: control = -1.045 ± 0.090, or sham = -1.125 ± 0.114; $p$ = 0.002, $p < 0.001$, Fisher's LSD tests; data not shown). Moreover, although the conditioning response amplitude was not significantly different between treatment groups initially ($p = 0.15$, Kruskal-Wallis test; with control = 0.786 ± 0.081, sham = 0.693 ± 0.053, mTBI = 0.974 ± 0.110; Fig. 9F), both the average ($p = 0.006$, Kruskal-Wallis test; with mTBI = 0.648 ± 0.093 vs.: control = 0.383 ± 0.035, or sham = 0.360 ± 0.038; $p = 0.009$, $p = 0.002$, Dunn's tests) and final ($p < 0.001$, Kruskal-Wallis test; with mTBI = 0.588 ± 0.091 vs.: control = 0.256 ± 0.022, or sham = 0.234 ± 0.028; $p = 0.0012$, $p < 0.001$, Dunn's tests) amplitudes were significantly higher in the mTBI group than in the control or sham groups (Fig. 9F). Together these data indicate that, during 10 Hz continuous highly irregular conditioning, response amplitudes decreased less and more slowly, in the mTBI group than in the control and sham groups.

For 10 Hz discontinuous highly irregular stimulation, the kinetic profile of the normalized conditioning response amplitudes measured as the average slope of exponential or linear best fits (e.g. Figs. 10A-C), were predictive of plasticity outcome only in the control and sham groups — showing a significant negative correlations for both linear slope (control: $p < 0.001$; sham: $p = 0.02$), and exponential slope (control: $p < 0.001$; sham: $p = 0.04$; simple linear regression; Figs. 10D-E). This result differs from both 1 Hz continuous highly irregular stimulation (significant positive correlation), and 10 Hz continuous highly irregular stimulation (no correlation). Further,

there was no significant difference in the magnitude of conditioning response slopes between control, sham and mTBI groups, for either a: linear (control = -0.560 ± 0.376, sham = -0.908 ± 0.233, mTBI = -1.157 ± 0.155; Kruskal-Wallis test, $p = 0.19$; data not shown) or an exponential best fit (control = -0.899 ± 0.671, sham = -1.555 ± 0.297, mTBI = -1.959 ± 0.388; Kruskal-Wallis test, $p = 0.24$; data not shown). Additionally, there was no significant difference in the magnitude of normalized conditioning response amplitude: average ($p = 0.75$), initial ($p = 0.95$), or final values ($p = 0.41$; Kruskal-Wallis tests; Fig. 10F). However, in the mTBI group, normalized conditioning response amplitude: average ($p = 0.02$), initial value ($p = 0.03$) and final value ($p = 0.02$, simple linear regression) were all predictive of plasticity outcome (significant positive correlation; Figs. 10G-I). In contrast, for the control and sham groups, normalized conditioning response amplitude was not predictive of plasticity outcome for any of these parameters: average (control: $p = 0.71$; sham: $p = 0.35$; Fig. 10G), initial (control: $p = 0.17$; sham: $p = 0.24$; Fig. 10H), or final (control: $p = 0.69$; sham: $p = 0.44$; simple linear regressions; Fig. 10I).

*3.7 Data from our WC recordings appear broadly representative*

In order to assess whether our results from individual cells obtained with WC recordings were reflective of a larger population of synapses in L2/3, we also carried out a series of simultaneous recordings of field potentials (FPs). Representative examples of individual recordings and time plots of WC and FP recordings are shown in Figure 11for: 1 Hz continuous (Figs. 11A-B), 10 Hz continuous (Figs. 11C-D), and 10 Hz discontinuous (Figs. 11E-F) stimulation. Notably, plasticity outcome (measured as a post/pre ratio) was significantly correlated between the simultaneous WC and FP recordings regardless of treatment group: control ($p < 0.001$), sham ($p < 0.001$) or mTBI ($p < 0.001$, simple linear regression; Fig. 11G); or temporal

pattern: CV 0.0 ($p < 0.001$), CV 0.2 ($p < 0.001$) or CV 1.0 ($p < 0.001$, simple linear regression; Fig. 11H). This suggests that our WC data are broadly representative of individual L2/3 pyramidal cell responses over the range of treatment groups and stimulation conditions.

## 4. Discussion

We found that the temporal pattern of conditioning stimulation of synaptic input from layer 4 to layer 2/3 pyramidal neurons in the visual cortex of control rats affects the induction of synaptic plasticity at an intermediate frequency (10 Hz; Figs. 5A-C, 6A-C), where highly irregular stimulation produced LTD, while slightly irregular stimulation resulted in either NC (continuous stimulation) or LTP (discontinuous stimulation), and perfectly regular stimulation produced NC (continuous stimulation) or LTD (discontinuous stimulation). The temporal pattern of conditioning stimulation also played a role in plasticity induction at high frequency (100 Hz; Fig. 7A-C) where a highly irregular stimulation led to LTD, while slightly irregular or perfectly regular stimulation resulted in NC. The temporal pattern of conditioning did not however play a role at low (1 Hz; Fig. 4A-C) frequency where LTD occurred regardless of stimulation regularity.

In contrast, mTBI dramatically affected the dependency of plasticity outcome on the temporal pattern of conditioning. At all frequencies studied (1 Hz, 10 Hz and 100 Hz), with highly irregular temporal patterns of synaptic conditioning stimulation, where cells from controls and shams underwent LTD (Figs. 4C, 5C, 6C, 7C), the neurons from mTBI animals underwent LTP (for 1 Hz or 10 Hz; Figs. 4F, 5F, 6F) or NC (for 100 Hz; Fig. 7F). Moreover, with slightly irregular or perfectly regular temporal patterns of conditioning stimulation, neurons from mTBI animals underwent different plasticity outcomes than those from controls (LTP vs. NC for 10 Hz continuous stimulation, CV 0, *cf.* Figs. 5D, 5A; LTD vs. NC for 10 Hz continuous stimulation, CV

0.2, *cf.* Figs. 5E, 5B; and LTD vs. LTP for 10 Hz discontinuous stimulation, CV 0.2, *cf.* Figs. 6E, 6B). Additionally, for slightly or highly irregular 100 Hz discontinuous stimulation, neurons from mTBI rats displayed different plasticity outcomes from controls (LTP vs. NC for CV 0.2, *cf.* Figs. 7E, 7B; and NC vs. LTD for CV 1.0, *cf.* Figs. 7D, 7A). To our knowledge no previous studies have examined the effect of temporal pattern variation on the induction of LTP or LTD following TBI.

*4.1 Comparison with previous studies on the effects of temporal pattern on synaptic plasticity*

While our findings add new dimensions and have some differences regarding the specific effects of temporal pattern of synaptic conditioning stimulation in brains of normal animals, they are consistent with and build on previous studies that show that temporal pattern is important. For example, studies [119–121] which used a 2 Hz Markovian stimulation with different second order statistics (correlation coefficients of adjacent ISIs) reported that strong negative correlations (-0.8, -0.4) produced LTD, while more positive correlations (0, 0.4, 0.8) produced LTP. Additionally, studies which used a spike timing dependent plasticity paradigm where plasticity was evoked by paired pre-post synaptic stimulation at 0.5–3 Hz, observed LTD if ISIs were regular or had a Gaussian distribution, but no net plasticity (NC) if ISIs had a Poisson distribution [122,123]. It is difficult to make a direct comparison between these studies and our results since we have used a radically different approach in generating our stimulation protocols. However, one study [124] used a similar approach - varying the CV for ISIs - and like them we found that 1 Hz perfectly regular stimulation produced robust LTD, but unlike them we found that 1 Hz highly irregular stimulation often did too. This discrepancy in plasticity outcomes for highly irregular stimulation may reflect subtle but important differences in the temporal pattern of ISIs within the different stimulation protocols in the two studies (although it could also reflect differences in: stimulus pulse

duration, species, pigmentation, or degree of brain maturation including the development of synaptic inhibition).

*4.2 Comparison with previous studies on the effects of TBI on synaptic plasticity*

Our findings in the visual cortex are consistent with previous work in hippocampus indicating that TBI can have an impact on synaptic plasticity. For example, studies of the CA3-CA1 synapse in hippocampus after TBI, have found impairment in the induction and/or maintenance of LTP induced by high frequency regular stimulation [64,125–132], but not LTD induced by low frequency regular stimulation [51,52,59,125,133]. Moreover, several studies (using this same model system) have found that repetitive bursts of high frequency regular stimulation have a greater impact on the induction of LTP after TBI, resulting in either: the abolition of LTP [51,55,134,135], or the induction of LTD [53,136,137].

Like these previous studies, we found that low frequency perfectly regular stimulation (1Hz, 15 min) produced LTD in both control and mTBI animals (*cf*. Figs. 4A,D). Our results for 100 Hz discontinuous regular stimulation (*cf*. Figs. 7A,D) largely recapitulate those of previous studies which used repetitive bursts of high frequency (100 Hz) regular stimulation. Shared features include: 1) an immediate and substantial post-tetanic potentiation which rapidly declines in both control and TBI groups (Figs. 7A,D), 2) no net plasticity (NC) following TBI (Figs. 7D,H), and 3) a greater proportion of LTP responses in the control vs. mTBI group (*cf*. Figs. 7G,H). However, different from our result of net NC in controls, previous studies found a net LTP—but this could reflect a difference in: the number of stimuli [116], number of bursts [138], and/or the duration of interburst intervals [139] during conditioning stimulation.

*4.3 Analyses of PSP shape index and conditioning response kinetics suggest underlying plasticity mechanisms*

Our WC patch clamp experiments recorded the compound PSPs from individual L2/3 pyramidal neurons evoked by stimulation of L4. As such, it is probable that the PSPs included a mixture of excitatory and inhibitory components since inputs to L2/3 pyramidal neurons not only include monosynaptic outputs from L4 excitatory neurons and interlaminar inhibitory projections from L4 but also polysynaptic intralaminar excitatory and inhibitory projections from L2/3 [140–144]. Thus, changes in PSP amplitude after conditioning could potentially reflect an alteration in any of these components. For example, LTD induction of the overall compound PSP could be due to decrease in the strength of excitatory transmission, increased strength of inhibitory transmission or both. Although we did not pharmacologically separate these components in our experiments, we did apply an analysis of shape indices [124,145–148] including the measurement of the evoked PSP half width, rise time and decay time to our WC recordings (Supp. Fig. 1). These results were generally consistent with net LTD of the PSP being due to a decrease in excitatory transmission strength and net LTP being due to an increase in excitatory transmission strength. Moreover, the FP results (Fig. 11G-H) that are generally thought to reflect excitatory synaptic transmission [149,150] were consistent with this result.

Our results show that the frequency, continuity and regularity of synaptic stimulation interact to modify the efficacy of synaptic plasticity, but that interaction of these factors produces different plasticity outcomes in control (naïve) rats and those with mTBI. Applications of these results can also be informed by our results on the utility of the kinetic profile of the synaptic responses during the conditioning (Figs. 8-10) for predicting and achieving the desired plasticity outcome downstream from the stimulation site. Our utilization of probe trials (Figs. 6-7) to assess

synaptic strength throughout the conditioning period is a potentially useful tool for monitoring the kinetics of the change in synaptic strength as it develops so that the stimulation protocols may be adapted in order to achieve the desired plasticity outcome [151–156].

The increased intracellular calcium concentration and input resistance we observed following mTBI (Fig. 2) are indicative of increased neuronal excitability [157,158]. Considerable evidence suggests that differences in the magnitude, duration, rate of rise, source and spatial distribution of intracellular calcium signals are crucial for triggering plasticity in general and LTD vs. LTP in particular [118,153,159–164]. These distinct calcium signals may act differentially on downstream signaling cascades [165–169], activating either kinases or phosphatases, which respectively phosphorylate or dephosphorylate, postsynaptic AMPA receptors [170–175] and translation/transcription factors [176–181]. Moreover, intracellular calcium levels can increase over larger spatial and temporal scales, for example via entry through voltage-gated calcium channels and/or release from intracellular stores [182–186], which can affect processes such as gene expression and protein synthesis that contribute to more persistent synaptic plasticity [187–190].

*4.4 Implications and applications*

One potential application of the findings of our study is to inform design of stimulation parameters for clinical interventions such that different patterns of synaptic stimulation characterized by specific combinations of frequency, continuity and regularity, could be deployed for the appropriate modulation of plasticity outcomes, thereby strengthening or weakening affected neural circuits, in order to promote recovery of cortical function after mTBI. It is encouraging that some studies [191–195] in humans with implanted stimulating electrodes have been shown to have

dramatic results, although the relationship of various stimulation parameters to treatment efficacy are not well understood [196]. Moreover, advances in technology such as the use of low intensity MRI guided transcranial focused ultrasound for neuromodulation [197–199] provide an opportunity to consider such potential therapeutic stimulation protocols without invasive brain surgery for stimulating electrode implantation. However, in order to optimize such approaches, it will be important to select the optimal stimulation patterns and understand the underlying mechanisms to best facilitate any therapeutic gains.

**Acknowledgements**

The authors would like to thank Susanna Kiss for expert technical support for: surgeries, histology, and behavioral experiments.

**Funding**

This work was supported by the Department of Defense (CDMRP grant W81XWH-08-2-0136 to Michael J. Friedlander and the *Mission Connect Mild Traumatic Brain Injury Translational Research Consortium*). The funding source had no involvement in the design of the study; the collection, analysis, or interpretation of the data; or writing of the manuscript.

**Declaration of Competing Interest**

The authors have applied for a patent on the software code (scripts and algorithms) used to generate the temporal patterns of stimulation, as well as the specific temporal patterns, which were used in this study.

**CRediT Authorship Contribution Statement**

Conceptualization: QSF, DK, GVDP, PRB, MJF; Methodology: QSF, DK, GVDP, PRB, MJF;

Validation: QSF, DK; Formal analysis: QSF, DK, GVDP, CAW; Investigation: QSF, DK,

GVDP, CAW; Software: QSF, CAW, PRB; Data curation: QSF, CAW, PRB; Writing – original

draft: QSF, MJF; Writing – review and editing: QSF, DK, GVDP, CAW, PRB, MJF;

Visualization: QSF, DK, MJF; Supervision: QSF, MJF; Project administration: QSF, MJF;

Resources: MJF; Funding Acquisition: MJF. All authors contributed to the manuscript and

approved the submitted version.

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**Figure legends**

**Fig. 1. Stimulation paradigms, temporal patterns, and distributions.** A-C) Stimulation paradigms for: 1 Hz continuous, 10 Hz continuous, and 10 Hz (or 100 Hz) discontinuous conditioning stimulation, respectively. Grey bands represent pre- and post-conditioning periods, while black bands represent intervals of conditioning stimulation. Note that for discontinuous stimulation paradigms (C) the conditioning period consists of alternating stimulation epochs (black bands) and rest intervals (grey bands). Rest intervals (10 Hz = 101.25 sec each, 100 Hz = 111.372 sec each) have probe trials at 0.1 Hz. D-E) Example of perfectly regular stimulation (D), with all ISIs equal (E). F-G) Example of slightly irregular stimulation (F), where ISIs have a Gaussian distribution (G). H-I) Example of highly irregular stimulation (H), where ISIs have a Poisson distribution (I). Note that the times shown in panels E-I are based on 1 Hz stimulation (10 Hz or 100 Hz stimulation was identical in pattern, but 10 or 100 times shorter in duration, respectively).

**Fig. 2. Efficacy of our CCI model for mTBI.** A-D) Data for: (A) righting reflex, (B) intracellular calcium concentration, (C) input resistance, and (D) membrane potential; in control (black), sham (blue) and mTBI (red) groups. Values are means ± SEM. n = number of observations/group. *$p <$ 0.05, Fisher's LSD tests; #$p <$ 0.017, Dunn's tests.

**Fig. 3. Individual time plots of WC responses to highly irregular (CV=1.0) 1 Hz continuous conditioning stimulation.** A-C) Representative examples of: control (A), sham (B), and mTBI (C) responses. Black open circles = pre-/post-conditioning responses, black filled circles = conditioning responses, red dotted line = baseline. Numerical values = post/pre ratios. Plasticity

outcome = (LTD, NC or LTP). Insets: PSP waveforms averaged over the last 5 min of pre- (grey) or post- (orange) conditioning (scale bars: 5 mV, 50 ms).

**Fig. 4. Continuous 1 Hz conditioning stimulation induces a net LTD response for every condition except one—highly irregular stimulation in mTBI rats shows a net LTP response.** A-C) Mean time plots for control groups with: perfectly regular (A), slightly irregular (B), and highly irregular (C) stimulation. Inset text: mean post/pre ratio ± SEM, p-values (*t* test comparing the last 5 min of pre- vs. post- conditioning), and the number of cells (n=). Red dashed line = baseline. D-F) Mean time plots for mTBI groups. G-H) Cumulative probability plots. Data steps falling: in the grey region show NC, to the left show LTD, and to the right show LTP. In control groups (G), temporal pattern had no appreciable effect on plasticity outcome (curves overlap); but in mTBI groups (H), highly irregular stimulation resulted in significant potentiation. #*p* < 0.017, Dunn's tests. I) Cumulative probability plots showing the effect of highly irregular stimulation in control sham, and mTBI groups. Note the rightward shift indicating potentiation in the mTBI group relative to control and sham rats. #*p* < 0.017, Dunn's tests.

**Fig. 5. Continuous 10 Hz (compared to 1 Hz) conditioning stimulation produces a rapid rundown in PSP amplitudes, is less likely to result in net LTD in controls, and more likely to result in net LTP after mTBI.** A-C) Mean time plots for control groups with perfectly regular (A), slightly irregular (B), and highly irregular (C) stimulation. Inset text: mean post/pre ratio ± SEM, p-values (*t* test comparing the last 5 min of pre- vs. post- conditioning), and the number of cells (n). Red dashed line = baseline. D-F) Mean time plots for mTBI groups. G-H) cumulative probability plots of post/pre ratios for control groups (G) and mTBI groups (H). Note that temporal pattern has no effect on plasticity outcome in control groups (curves in G overlap), while in mTBI

groups (H) the curves for perfectly regular and highly irregular stimulation are shifted to the right indicating potentiation. *$p < 0.05$, Kruskal-Wallis test with Dunn's tests. I) cumulative probability plot showing the effect of highly irregular stimulation in control, sham, and mTBI groups. Note the rightward shift indicating potentiation in mTBI relative to control and sham groups. *$p < 0.05$, Kruskal-Wallis test with Dunn's tests.

**Fig. 6. Discontinuous 10 Hz conditioning stimulation primarily induced a net LTD, except for slightly irregular stimulation in controls and highly irregular stimulation in mTBI rats.** A-C) Mean time plots for control groups with perfectly regular (A), slightly irregular (B), and highly irregular (C) stimulation. Note the eight rest periods (consisting of 0.1 Hz probe trials = yellow circles), evenly spaced between the nine stimulation epochs (black circles). Inset text: mean post/pre ratio ± SEM, p-values (*t* test comparing the last 5 min of pre- vs. post- conditioning), and the number of cells (n). Red dashed line = baseline. D-F) Mean time plots for mTBI groups. G-I) Cumulative probability plots of post/pre ratios for control groups (G) and mTBI groups (H). In control groups (G), note the rightward shift (potentiation) for slightly irregular stimulation, and leftward shift (depression) for highly irregular stimulation. In mTBI groups (H), there is a rightward shift (potentiation) for highly irregular stimulation. *$p < 0.05$, Kruskal-Wallis test with Dunn's tests. I) cumulative probability plot showing the effect of highly irregular stimulation in control, sham, and mTBI groups. Note the rightward shift indicating potentiation in mTBI relative to both control and sham groups. *$p < 0.05$, Kruskal-Wallis test with Dunn's tests.

**Fig. 7. Discontinuous 100 Hz conditioning stimulation shows little net plasticity, although highly irregular stimulation in controls results in net LTD, and slightly irregular stimulation in mTBI rats produces net LTP.** A-C) Mean time plots for control groups with perfectly regular

(A), slightly irregular (B), and highly irregular (C) stimulation. Inset text: mean post/pre ratio ± SEM, p-values (*t* test comparing the last 5 min of pre- vs. post- conditioning), and the number of cells (n). Red dashed line = baseline. Grey bars indicate the period during which conditioning stimulation was applied. Note that data for conditioning stimulation epochs are not shown because the brevity of ISIs precluded measurement of most PSP peak amplitudes. Yellow symbols represent probe trials (at 0.1 Hz) between stimulation epochs. D-F) Mean time plots for mTBI groups. G-H) cumulative probability plots of post/pre ratios for control (G) and mTBI groups (H). Note comparisons within control (G) and mTBI groups (H) showed no significant difference between the three temporal patterns of stimulation (control, p = 0.17; mTBI, p = 0.93; Kruskal-Wallis tests). I) cumulative probability plot showing the effect of highly irregular 100 Hz conditioning stimulation in control and mTBI groups. Note that for 100 Hz discontinuous, unlike 1 Hz continuous, 10 Hz continuous, and 10 Hz discontinuous highly irregular stimulation, there was no significant difference in plasticity outcomes for control verses mTBI groups (*p* = 0.28, *t* test).

**Fig. 8. For 1 Hz continuous highly irregular conditioning stimulation, the individual kinetic profile of conditioning response amplitudes is predictive of plasticity outcome.** A-C) Individual time plots of conditioning period normalized PSP peak amplitudes, for representative control (A), sham (B), and mTBI (C) examples. Tan symbols show the average of normalized PSP peak amplitudes for the last 5 min of the pre-conditioning baseline (left), and the last 5 min of the post-conditioning response (right). For each time plot we calculated the exponential best fit (purple dotted line) and linear best fit (yellow solid line) to obtain the exponential and linear slopes, respectively. D-E) Plots of post/pre ratio (plasticity outcome) verses exponential slope (D), and linear slope (E), respectively (control, n = 17; sham, n = 16; mTBI, n = 17). r = correlation

coefficient. Note that the conditioning slope shows a significant positive correlation for an exponential fit only in the control and sham groups (D), and a linear fit only in mTBI group (E). *$p < 0.05$, simple linear regression. F) Normalized PSP peak amplitude during conditioning: Ave (average of all data points), Int (initial 10% of data points averaged), and Fin (final 10% of data points averaged). Values are mean ± SEM. Note that normalized PSP peak amplitudes during conditioning are significantly greater in mTBI vs. control group. #$p < 0.017$, Dunn's test. $t$ = trend ($p = 0.019$, Dunn's test). G-I) Plots of post/pre ratio (plasticity outcome) vs. normalized PSP peak amplitude: average (G), initial (H), and final (I) values. Note that while all normalized conditioning amplitudes (average, initial and final) are significantly correlated with plasticity outcome in the mTBI group, only the average and final values are correlated with plasticity outcome in the control and sham groups. *$p < 0.05$, simple linear regression.

**Fig. 9. For 10 Hz continuous highly irregular conditioning stimulation, the individual kinetic profile of conditioning response amplitudes was not predictive of plasticity outcome.** A-C) Individual time plots of conditioning period normalized PSP peak amplitudes, for representative control (A), sham (B), and mTBI (C) examples. Tan symbols show the average normalized PSP peak amplitudes for the last 5 min of the pre-conditioning baseline (left), and the last 5 min of the post-conditioning response (right). For each time plot we calculated the exponential best fit (purple dotted line) and linear best fit (yellow solid line) to obtain the exponential and linear slopes, respectively. D-E) Plots of post/pre ratio (plasticity outcome) verses exponential slope (D), and linear slope (E), respectively (control, n = 15; sham, n = 17; mTBI, n = 21). r = correlation coefficient. Note that post/pre ratio (plasticity outcome) shows no significant correlation with either exponential or linear slope (in controls: $p = 0.44$, $p = 0.38$, respectively; in shams: $p = 0.18$, $p = 0.96$, respectively; in mTBI: $p = 0.34$, $p = 0.37$, respectively; simple linear regressions). F)

Normalized PSP peak amplitude: average (Ave), initial (Int), and final (Fin) values. Values are mean ± SEM. #$p < 0.017$, Dunn's test. G-I) Plots of post/pre ratio (plasticity outcome) vs. normalized PSP peak amplitude: average (G), initial (H), and final (I) values. Note that post/pre ratio (plasticity outcome) is not significantly correlated with normalized PSP amplitude in any treatment group (control, sham, or mTBI).

**Fig. 10. For 10 Hz discontinuous highly irregular conditioning stimulation, conditioning period amplitudes have: slopes (exponential and linear) that show significant negative correlations with plasticity outcome in control and sham, but not mTBI groups; and magnitudes (average, initial and final) that show significant positive correlations with plasticity outcome in mTBI groups, but not control or sham groups.** A-C) Individual time plots of conditioning period normalized peak amplitudes for a representative control (A), sham (B), and mTBI (C) example. Note that only the first, fifth and ninth conditioning epochs are shown (the full conditioning period consists of 9 stimulation epochs separated by 8 equal rest intervals). Tan symbols represent the average of normalized PSP peak amplitudes for (from left to right): the last 5 min of pre-conditioning and the first rest interval (left panel), the fourth and fifth rest intervals (center panel), and the eighth rest interval and the last 5 min of post-conditioning (right panel). For each panel we calculated the exponential best fit (purple dotted line) and linear best fit (yellow solid line) to obtain the exponential and linear slopes. D-E) Plots of post/pre ratio (plasticity outcome) vs. conditioning response slope (averaged over all 9 stimulation epochs) for exponential (D), and linear (E) best fits, respectively (control: n = 17; sham: n = 16, mTBI: n = 16). r = correlation coefficient. Note that the conditioning slopes (exponential and linear) show a significant negative correlation with plasticity outcome in control ($p < 0.001$ and $p < 0.001$, respectively) and sham ($p = 0.04$ and $p = 0.02$, respectively) groups, but not mTBI ($p = 0.84$ and

$p = 0.64$, respectively) groups. *$p < 0.05$, simple linear regression. F) Normalized PSP peak amplitude: average (Ave), initial (Int), and final (Fin) values. Values are mean ± SEM. Note that these values are similar for all treatment groups (control, sham, and mTBI). G-I) Plots of post/pre ratio (plasticity outcome) verse normalized PSP peak amplitude: average (G), initial (H), and final (I) values. Note that all conditioning response amplitudes show a significant positive correlation with plasticity outcome in the mTBI group (average: $p = 0.03$, initial: $p = 0.04$, final: $p = 0.03$), but not the control (average: $p = 0.71$, initial: $p = 0.17$, final: $p = 0.69$) or sham (average: $p = 0.35$, initial: $p = 0.24$, final: $p = 0.44$) groups.

**Fig. 11. Individual whole-cell and field potential recordings made in parallel show a significant correlation in plasticity outcomes.** A-B) Individual time plots of WC (A) and FP (B) responses to 1 Hz continuous conditioning stimulation (black open circles = pre-/post-conditioning period responses, black filled circles = conditioning period responses). Inset text: shows mean post/pre ratios ± SEM, with the corresponding plasticity outcome (LTD, NC or LTP) shown in parentheses. Inset figure: averaged response waveforms for the last 5 min of pre- (grey) and post- (orange) conditioning (scale bars: WC = 5 mV, 50 ms; FP = 50 µV, 10 ms). WC and FP time plots shown on the same row were recorded in parallel from the same slice. C-D) Individual time plots of WC (C) and FP (D) responses to 10 Hz continuous conditioning stimulation. E-F) Individual time plots of WC (E) and FP (F) responses to 10 Hz discontinuous conditioning stimulation. Yellow symbols during conditioning represent probe trials (at 0.1 Hz) between stimulus epochs. All examples (A-F) depict control data. G-H) WC and FP recordings made simultaneously yield post/pre ratios (plasticity outcomes) which are highly correlated regardless of treatment group (G): control (n = 50), sham (n = 26), or mTBI (n = 69); or temporal pattern (H): CV 0.0 (n = 25), CV

0.2 (n=43), or CV 1.0 (n=77). Solid lines represent a linear best fit; r = correlation coefficient; ***$p < 0.001$, simple linear regression.

**Supp. Fig. 1. Significant changes in shape indices were induced only by a few stimulation paradigms, and were dependent on treatment group (control, sham, mTBI), temporal pattern (CV 0.0, CV 0.2, CV 1.0), and plasticity outcome (LTD, LTP, NC).** A) Example PSP waveforms averaged over the last 5 min of pre- (grey) or post- (orange) conditioning. Red dotted line = baseline. Peak / solid arrows = PSP peak amplitude, RT = rise time (10-90% of peak amplitude), DT = decay time (90-10% of peak amplitude), arrowheads indicate 10-90% bounds of RT or DT, HW / open arrows = half width (at half height). B-D) Shape indices before and after 1 Hz continuous highly irregular conditioning stimulation for: all cells (B), only cells showing LTD (C), only cells showing LTP (D). E-G) Shape indices before and after 100 Hz discontinuous highly irregular conditioning stimulation for: all cells (E), only cells showing LTD (F), only cells showing LTP (G). H-J) Shape indices before and after 100 Hz discontinuous slightly irregular conditioning stimulation for: all cells (H), only cells showing LTD (I), only cells showing LTP (J). *$p < 0.05$, **$p < 0.01$, paired *t*-test. n = number of cells for each paired group pre- (solid bars) and post- (open bars) conditioning for the same cells.

Fig. 1

Fig. 2

# 1Hz, CV 1, 900s

Fig. 3

# 1Hz Continuous Stimulation

Fig .4

# 10Hz Continuous Stimulation

Fig. 5

# 10Hz Discontinuous Stimulation

Fig. 6

# 100Hz Discontinuous Stimulation

Fig. 7

# 1Hz Continuous CV1 Stimulation

Fig. 8

# 10Hz Continuous CV1 Stimulation

Fig. 9

# 10Hz Discontinuous CV1 Stimulation

Fig. 11

Supp. Fig. 1