**Differential spatial regulation and activation of integrin nanoclusters inside focal**
**adhesions.**

Sarah Keary[1], Nicolas Mateos[1], Felix Campelo[1], and Maria F. Garcia-Parajo[1,2,]*

*[1] ICFO – Institut de Ciencies Fotoniques, The Barcelona Institute of Science and Technology,*
*08860 Castelldefels (Barcelona), Spain.*

*[2]ICREA, Pg. Lluís Companys 23, 08010 Barcelona, Spain.*

**Corresponding author:**

* Maria F. Garcia-Parajo: maria.garcia-parajo@icfo.eu

**Author Contributions:** S.K prepared the biological samples, performed STORM imaging and
analyzed the data. N.M. developed algorithms for data analysis and contributed to the analysis.
F.C. and M.F.G.-P. supervised the research. S.K., F.C and M.F.G.-P conceived and discussed
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**This PDF file includes:**

Main Text
Figures 1 to 5
22

**Abstract**

$\alpha_5\beta_1$ and $\alpha_v\beta_3$ integrins are key components of focal adhesions (FAs) that play important roles in cell adhesion, migration and mechanobiology-dependent processes. Whether both integrins work in concert or their activities are differentially regulated inside FAs is not fully understood. Here, we exploited dual-color super-resolution stochastic optical reconstruction microscopy (STORM) to quantitatively assess the lateral nanoscale organization and activation state of both integrins and main adaptors inside FAs. Our results reveal that key FA proteins $\alpha_5\beta_1$, $\alpha_v\beta_3$, paxillin, talin and vinculin organize into segregated nanoclusters of similar size (~50 nm) and number of molecules, regardless of their partitioning in the membrane, confirming that integrin nanoclustering is force-independent. Both integrins further segregate as active or inactive nanoclusters that do not intermix at the nanoscale and with a higher fraction of active $\alpha_5\beta_1$ nanoclusters as compared to $\alpha_v\beta_3$. We find a nearly 1:1 stoichiometry between active integrin and adaptor nanoclusters indicating that coordinated integrin nanocluster activation occurs via the concurrent engagement of talin and vinculin nanoclusters. Interestingly, active $\alpha_5\beta_1$ nanoclusters preferentially localize at the FA periphery in proximity to paxillin, talin and vinculin nanoclusters, establishing multiprotein nano-hubs, whereas $\alpha_v\beta_3$ nanoclusters uniformly distribute throughout FAs. Overall, we reveal a highly complex lateral organization of integrins and main adaptors within FAs, where adhesion proteins arrange as modular nanoscale units that distinctively organize inside FAs to spatially regulate integrin activation. Such spatial control of integrin activity provides a physical mechanism to tune their functions having implications for their key roles in physiology and disease.

**Significance Statement**

Focal adhesions (FAs) are places for cell attachment to the extracellular matrix that influence multiple cellular processes as well as being sites for sensing and transducing mechanical stimuli. Integrins, core components of FAs, have different activation states and execute diversity of functions, but how their activity and roles are regulated remain mysterious. Using quantitative dual-color super-resolution microscopy we reveal that integrin activation is spatially regulated inside FAs. We show that main adhesion proteins organize as universal modular nanoscale units, spatially segregating from each other inside FAs. Remarkably, these modular units distinctively organize inside FAs selectively activating one type of integrin or another at specific locations within FAs, providing a physical mechanism to regulate integrin activation and possibly function.

**Main Text**

**Introduction**

Adhesion complexes (ACs) in adherent cells, such as focal adhesions (FAs) and fibrillar adhesions (fAs) are places for cell attachment, mechanosensing and mechanotransduction (1–4). These structures are composed by different integrin receptors that bind to their ligands on the extracellular matrix (ECM), and by a myriad of intracellular protein adaptors that dynamically connect integrins to the actin cytoskeleton machinery relaying the transmission of mechanical forces in a bidirectional manner (5–7). Studies over the last two decades have provided a wealth of information focused on understanding these complexes, the proteins they contain, their role in mechanosensing and in cellular processes such as migration and proliferation as well as on how influential their regulation is in developmental and pathogenic processes (8–15).

Integrins $\alpha_5\beta_1$ and $\alpha_v\beta_3$ are transmembrane heterodimeric proteins critical for the formation of ACs. Both $\alpha_5\beta_1$ and $\alpha_v\beta_3$ bind to the RGD peptide motif of certain ECM components, such as fibronectin (16–18), and are linked to the cell's cytoskeleton via many of the same adaptor proteins (19–24). The apparent redundancy of different integrins binding to the same ligand and same adaptor proteins is intriguing and has been the subject of intense research over the past years. Earlier studies on primary fibroblasts showed that these integrins segregate in different adhesion structures, indicating different roles, with $\alpha_5\beta_1$ being enriched in fAs (25), adhesive sites at central regions of the cell, and $\alpha_v\beta_3$ being confined to focal complexes at the base of cellular protrusions, and to FAs, which anchor contractile stress fibers at the periphery of the cell (26). However, more recent super-resolution microscopy studies showed that both types of integrins are simultaneously present inside FAs (27). In vitro reconstitution experiments suggested that $\alpha_5\beta_1$ determines adhesion strength because its catch-bond binding to fibronectin and rupture force to its ligand is higher (~10–30 pN) than that of $\alpha_v\beta_3$ (~5–25 pN) (28, 29). Moreover, the lower bond strength of $\alpha_v\beta_3$ coupled to its faster binding and unbinding rates suggests a possible role for $\alpha_v\beta_3$ in mechanosensing (5). Nevertheless, single molecule tracking data indicated that $\alpha_v\beta_3$ integrins are mainly stationary inside FAs and more stably bound to the ligand, favoring adhesion as its main role (27). It has been also shown that $\alpha_5\beta_1$ is involved in Rho activation during late spreading, enhancing RhoA-mediated

actomyosin contractility (26, 30), supporting the idea that $\alpha_5\beta_1$ is involved in force-mediated

adhesion reinforcement. In a *tour-de-force* effort, Fässler and colleagues found that only the

simultaneous expression of both integrins enabled cells to sense the rigidity of the ECM and to

respond by reinforcing the actomyosin structure (31). These results, supported by others (32),

have led to the recent notion that both integrins work in a synergistic manner, exhibiting

cooperativity during cell adhesion, migration and mechanosensing, although the mechanisms

are far from being fully resolved (32).

The highly dynamic conformational states exhibited by integrins together with their lateral and

axial nanoscale organization might play important roles regulating the differential or

synergistic functions of different integrins inside FAs. Indeed, it has been shown that integrins

can rapidly transition between different conformational states that relate to their activation and

binding capacity to their ligands (27, 33, 34). Moreover, in addition to the nanoscale axial

segregation of different AC components inside FAs (35), it has been reported that integrins as

well as different adaptor proteins also segregate laterally into small nanoclusters inside FAs

(36–39). Recent super-resolution studies have further shown that $\alpha_5\beta_1$ segregates in both active

and inactive nanoclusters inside FAs (38) and single-molecule tension measurements

uncovered distinct sub-populations of load-bearing integrins and a high fraction of unengaged

integrins (40, 41). Together, these results suggest that at any given time only a fraction of

integrins might be active inside FAs and engaged with their adaptor partners. Such a dynamic

scenario would allow integrins to differentially interact with their environment and possibly

diversify their functions. As $\alpha_5\beta_1$ and $\alpha_v\beta_3$ have different activation states and are both

contained in FAs, it is plausible that their spatial regulation and activation state inside FAs

provides a physical mechanism to tune their functions. However, such studies have not been

reported yet.

Here, we combined dual-color super-resolution microscopy together with robust analytical

tools to study a number of endogenous FA proteins on human fibroblast cells. Specifically, we

imaged one of the two integrins ($\alpha_5\beta_1/\alpha_v\beta_3$), their full population or active conformations, with

each of three key adaptors proteins, paxillin, talin and vinculin. Our results show that all of

these proteins form segregated nanoclusters of remarkably similar size and molecular density

inside FAs, and also outside ACs. Moreover, we find sub-populations of active and inactive

$\alpha_5\beta_1$ and $\alpha_v\beta_3$ nanoclusters inside FAs, which spatially segregate from each other and provide

evidence for a nearly 1:1 stoichiometry between talin, vinculin and active integrin nanoclusters.

Interestingly, whereas $\alpha_v\beta_3$ nanoclusters organize randomly inside FAs regardless of their

activation state, active $\alpha_5\beta_1$ nanoclusters preferentially organize at the edges of FAs. Overall,

we propose that the nano- and meso-scale organization of $\alpha_5\beta_1$ and $\alpha_v\beta_3$ integrins and their

distinct lateral segregation and activation state are key factors in the differentiation of their

roles within FAs.

**Results**

**Proteins of the ACs organize as universal nanoclusters across regions of the basal**

**membrane.**

We employed dual-color super-resolution microscopy based on stochastic optical

reconstruction microscopy (STORM) to determine how adhesion proteins (integrins and key

adaptor proteins) are spatially organized at the nanoscale. Human fibroblasts (HFF-1 cells)

were seeded on fibronectin (FN)-coated glass slides for 24 h, after which the cells were

processed for immunofluorescence, where one integrin heterodimer ($\alpha_5\beta_1$ or $\alpha_v\beta_3$, targeting

either the total or the active integrin population) together with one adaptor protein (paxillin, C

terminus of talin-1, or vinculin) were labeled and imaged using STORM. Given the huge

number of adaptor proteins that have been reported to interact with integrins (19, 21), we chose

for paxillin, talin and vinculin since they belong to the core-components of the adhesome (23)

and crucially locate at distinct axial layers of functional activity, i.e., paxillin at the signaling

layer, while talin and vinculin locate at the force-transduction layer (35).

Super-resolution images qualitatively revealed an inhomogeneous distribution for all the

proteins examined, forming small and laterally segregated nanoclusters inside FAs (Fig. 1A–

D). To quantitatively substantiate these observations, we first used a mask to classify all the

single molecule localization events according to their location on the membrane, i.e., FAs, fAs

or outside ACs (see Materials & Methods, Fig. S1A-F). We then used the STORM-compatible

density-based spatial clustering of applications with noise (DBSCAN) algorithm (42) to group

localizations into nanoclusters (see Materials & Methods). Because STORM data consists of

lists of single-molecule localizations and each labeled protein can be localized multiple times

(43), we used the distribution of the number of localizations obtained from isolated fluorescent

spots on glass, mostly corresponding to individual antibodies (Abs), to establish a threshold for

the minimum number of localizations per cluster (38, 44), ensuring that what we consider

nanoclusters indeed contain multiple proteins (Fig. 1E, see Materials & Methods). DBSCAN

classified between 70% to 80% of the localizations of each of the proteins as belonging to

nanoclusters, regardless of whether they were located inside FAs or on regions of the

membrane outside adhesions (Fig. S1G-I). Notably, the number of localizations per nanocluster

and their size were similar across the different adhesion proteins (integrins and adaptors) inside

FAs, with a median of ~20 localizations per nanocluster, likely corresponding to a few copies

of the protein, and a diameter of ~40–45 nm (Fig. 1F,G). Similar results in terms of size and

number of localizations per nanocluster were obtained when performing the analysis outside

ACs (Fig. S2). In addition, the nanocluster characteristics were maintained when specifically

labeling the active integrin ($\alpha_5\beta_1$ or $\alpha_v\beta_3$) populations (Fig. 1D,F,G). These results are in good

quantitative agreement with previous reports showing that both active and inactive integrin

$\alpha_5\beta_1$ nanoclusters have a median size of 40 nm and 35 nm, respectively (38). Overall, our results

show that $\alpha_5\beta_1$ and $\alpha_v\beta_3$ integrin receptors as well as their main adaptor proteins, paxillin, talin

and vinculin, form laterally segregated nanoclusters of similar size and number of molecules.

Interestingly, such nanoscale organization is independent of whether these adhesion proteins

partition inside FAs or outside ACs (Fig. S2).

**Global mesoscale organization of adhesion protein nanoclusters inside FAs.**

We next sought to investigate how the different adhesion proteins laterally organize inside FAs

beyond their nanoclustering, i.e., at the mesoscale. For this, we first quantified the density of

nanoclusters per unit area of the membrane, within FAs (Fig. 2A) and outside ACs (Fig. 2B).

As expected, the density of nanoclusters was larger in FAs as compared to outside adhesions

(~5–10 fold increase) (Fig. 2A,B). Because adaptor proteins, such as talin or vinculin, are

shared between $\alpha_5\beta_1$ and $\alpha_v\beta_3$ integrins (23), we compared the density of the full population of

integrin nanoclusters (~36 $\mu m^{-2}$ in FAs) to the density of adaptor protein nanoclusters (~10–12

$\mu m^{-2}$ for talin and vinculin, ~20 $\mu m^{-2}$ for paxillin in FAs). These data reveal a significantly

higher (~2–4 fold) density of integrin nanoclusters in comparison to their adaptors and,

consequently, a stoichiometric mismatch between the integrins and the adaptors, regardless of

whether they partition inside or outside FAs (Fig 2A,B). Since the active integrin conformation

is the one engaged with the adaptors (45, 46), we also quantified the density of active integrin

nanoclusters per unit area. Notably, the density of active integrin nanoclusters inside FAs was
considerably smaller than that of the full population ($\sim 30\%$ less in the case of $act\beta_1$ and $\sim 20\%$
less for $act\beta_3$) (Fig. 2A), indicating that at any given time there is a large percentage of inactive
integrin nanoclusters inside FAs. Notably, the total density of active $\alpha_5\beta_1$ and $\alpha_v\beta_3$ integrin
nanoclusters stoichiometrically matches that of talin and vinculin nanoclusters, and it is only
slightly outnumbered by paxillin nanoclusters inside FAs (Fig. 2A), suggesting that these active
integrins might be fully engaged to their adaptors. The modest percentage of active $\alpha_5\beta_1$
integrin nanoclusters observed in our data ($\sim 30\%$, Fig. 2A) is in agreement with a recent report
from Spiess *et al*, obtained using a different super-resolution technique (38) and consistent with
the high percentage of low-force bearing integrins measured by using single-molecule force
sensors (41). In addition to the $\alpha_5\beta_1$ results, our data also reveal the existence of a sub-
population of $\alpha_v\beta_3$ active nanoclusters inside FAs (Fig. 2A). Moreover, active and inactive $\alpha_v\beta_3$
integrins most probably segregate in different nanoclusters, as the number of integrins and size
of active $\alpha_v\beta_3$ nanoclusters are similar to that of their total population (Fig. 1F,G). Together,
these results enforce the notion of a coordinated mechanism that laterally segregates active and
inactive integrins into distinct nanoclusters that is general and common for both integrins.

Interestingly, despite this common feature, we found a significantly higher density of $\alpha_5\beta_1$
nanoclusters as compared to $\alpha_v\beta_3$ (Fig. 2A,B). Moreover, the percentage of active $\alpha_5\beta_1$ integrin
nanoclusters was larger than for $\alpha_v\beta_3$, in particular inside FAs (30% and 20% for active $\alpha_5\beta_1$
and active $\alpha_v\beta_3$, respectively) (Fig. 2A). To further enquire whether both types of integrin
nanoclusters would act in concert by associating together at the nanoscale sharing their vinculin
and talin partners, we performed dual color STORM imaging of the total populations of $\alpha_5\beta_1$
and $\alpha_v\beta_3$ integrins (Fig. 2C). Visual inspection as well as quantification of the images show that
$\alpha_5\beta_1$ and $\alpha_v\beta_3$ do not intermix at the nanoscale, forming distinct nanoclusters that spatially
segregate from each other inside FAs (Fig. S3A,B). The differential degree of $\alpha_5\beta_1$ and $\alpha_v\beta_3$ in
terms of expression, activation state, and lateral nano- and meso-scale segregation suggests a
potential distinct role for both types of integrins inside FAs.

To get a better understanding on the global organization of both types of integrins in relation
to their main adaptor proteins, we calculated the edge-to-edge distance between the nearest-
neighbor integrin nanoclusters and each of the adaptors (see Materials & Methods). Although

visual inspection of the dual color STORM images already suggested that integrin nanoclusters are also physically segregated from their adaptor partners (Fig. 1B,C) we used this quantitative approach to estimate the degree of colocalization (i.e., spatial overlap) between different nanoclusters. Since we measure edge-to-edge distances between nearest nanoclusters (EED-NN), values below zero correspond to physically overlapping nanoclusters, EED-NN values above zero to spatially segregated nanoclusters, and EED-NN = 0 corresponds to contiguous nanoclusters, i.e., next to each other. Our results quantitively confirm that the large majority of $\alpha_5\beta_1$ and $\alpha_v\beta_3$ nanoclusters are laterally segregated from their adaptor partners (Fig. 2D, Fig. S3C,D). Their spatial segregation is essentially determined by the density of nanoclusters within the FAs, as similar EED-NN distributions were obtained from simulations of particles uniformly distributed inside the experimentally obtained FAs, using identical particle densities as to the ones obtained experimentally for the integrin nanoclusters and the different adaptors (Materials & Methods and *SI Text 1*) (Fig. 2D, black lines). Considering the canonical view that integrins inside FAs are bound to paxillin and engaged to talin and vinculin (45, 47), these results might be surprising at first sight, as one would expect a much higher fraction of EED-NN values below zero. Nevertheless, using super-resolution microscopy, others have also found negligible spatial colocalization of integrins with these adaptor proteins (38, 39). Moreover, Dunn and co-workers also found that most ligand-bound integrins inside FAs exist in a minimally tensioned state (< 2 pN) and not dependent on the actin cytoskeleton (41). These results are fully in line with the lack of colocalization or spatial proximity of integrins to talin and vinculin as we determined here, since these two adaptors mediate the linkage of integrins to the actin cytoskeleton (45, 48).

It has been recently proposed that adhesion proteins including integrins organize in a hierarchical fashion inside FAs, forming nanoclusters similar to the ones reported here, that further enrich into compartmentalized regions around 300 nm in size (39). To enquire whether such hierarchical organization is present in our data, we performed nearest-neighbor distance (NND) analysis between nanoclusters of the same proteins (Fig. 2E). In addition, we implemented simulations of uniformly distributed particles inside the experimental FA regions, using the same experimental nanoclusters densities, and made the corresponding NND analysis (Fig. 2E). Notably, our results show that the global organization of all the adhesion protein nanoclusters investigated is fully uniform inside FAs, as the experimental NND distributions

240    were indistinguishable from those of randomly distributed particles (Fig. 2E). Thus, in contrast

241    to earlier results (39), we do not find evidence for any particular spatial enrichment of protein

242    nanoclusters inside FAs, instead, the characteristic nanocluster separation is exclusively

243    dictated by their density inside FAs.

**Integrin $\alpha_5\beta_1$ but not $\alpha_v\beta_3$ nanoclusters are enriched on FA edges.**

Our previous analysis rendered a uniform inter-cluster organization of all adhesion protein

nanoclusters inside FAs. Yet, visual inspection of the dual-color STORM images suggests that

a significant fraction of $\alpha_5\beta_1$ nanoclusters might preferentially localize on FA edges (Fig. 1B).

To quantify these observations, we calculated the shortest-path distance from each $\alpha_5\beta_1$

nanocluster to the edge of its corresponding FA, i.e., the distance-to-FA-edge ($d2e$), and

generated a histogram of these values, i.e., $H_{exp}(d2e)$ (Fig. 3A). In addition, we generated a

similar histogram from simulations of uniformly distributed $\alpha_5\beta_1$ nanoclusters on FAs without

overlapping to one another, $H_{sim}(d2e)$ (see *SI Text 1*). In general, if the nanoclusters were

uniformly distributed throughout the FA, one would expect that the probability of finding a

nanocluster at a specific distance to the FA edge decreases with increasing distance. This occurs

because there is a larger area along the perimeter of any given shape and thus a higher number

of nanoclusters (e.g., for a circular shape, the decrease is linear with the distance to the FA

edge). We found that our experimental and simulated data indeed exhibit this general trend,

although, notably, a higher percentage of $\alpha_5\beta_1$ nanoclusters were detected at distances below

100 nm from the FA edges, as compared to a uniform distribution (Fig. 3A and *inset*), indicative

of their preference to locate closer to the FA edges. Similar trends were also obtained for

paxillin and talin (Fig. S4A,B), whereas for $\alpha_v\beta_3$ and vinculin the distributions were

indistinguishable from random (Fig. S4C,D).

To better assess the extent of nanocluster enrichment at FA edges on a cell-to-cell basis, we

then computed the median ($Mdn$) values of the $H_{exp}(d2e)$ obtained over many FAs per cell

and those corresponding to the simulated data, $H_{sim}(d2e)$, and calculated the edge-proximity-

factor (EPF) as the relative difference between them, i.e., EPF =

$\left(Mdn(H_{exp}(d2e)) - Mdn(H_{sim}(d2e))\right)/Mdn(H_{sim}(d2e))$. Hence, negative (positive) EPF

values indicate preferential nanocluster enrichment (depletion) at FA edges. Moreover, to

statistically determine whether the distribution of EPF values was different from zero (the EPF

value expected from a random distance to the FA edge distribution) we ran a paired Student's

t-test for each protein comparing the $H_{exp}(d2e)$ with the corresponding $H_{sim}(d2e)$. This

analysis showed that most proteins exhibit some degree of enrichment at the edges of the FAs

(i.e., negative EPF values), although their magnitude was markedly different amongst them

(Fig. 3B). The highest enrichments at the FA edges were found for the full population of $\alpha_5\beta_1$

nanoclusters and their active sub-population (~30% closer to the FA edge than if uniformly

distributed) and for talin, whereas the enrichment at the FA edges of the total $\alpha_v\beta_3$ population

and paxillin was much more modest. Notably, the active $\alpha_v\beta_3$ sub-population and vinculin

showed no preferential enrichment at the FA edges (Fig. 3B).

To establish the characteristic distances of protein enrichment with respect to the FA edges, we

next computed the difference between the experimental and simulated distributions, i.e., the

deviation from random, $\Delta d2e = H_{exp}(d2e) - H_{sim}(d2e)$, as a function of the distance to the

FA edges, for each of the examined proteins (Fig. 3C,D). Here, positive values of $\Delta d2e$

correspond to local nanocluster enrichment at a particular distance to the FA edge, whereas

negative values indicate nanocluster depletion. Our results show a clear difference between

both integrins, with $\alpha_5\beta_1$ nanoclusters being enriched on the edge on FAs (Fig. 3C, continuous

green line) whereas $\alpha_v\beta_3$ nanoclusters showed a rather uniform distribution, independently of

the distance to the FA edges (Fig. 3C, continuous blue line). Moreover, this preferential

enrichment of $\alpha_5\beta_1$ but not of $\alpha_v\beta_3$ nanoclusters at the FA edges was retained when specifically

analyzing the active integrin conformations (Fig. 3C, dashed green and blue lines,

respectively).

We next investigated how adaptor protein nanoclusters distribute with respect to the FA edge.

Similar to the results obtained for $\alpha_5\beta_1$ nanoclusters, both talin and paxillin nanoclusters

showed enrichment in a region between 50–150 nm from the FA edges, although somewhat

less pronounced as compared to $\alpha_5\beta_1$ nanoclusters (Fig. 3D), whereas vinculin nanoclusters

showed no preference to the FA edges. Finally, we extracted the percentage of the total and

active $\alpha_5\beta_1$ nanoclusters that reside within distances smaller than 100 nm from the FA edges

and compared the results to those from simulations of random organization (Fig. 3E). Notably,

a significantly larger percentage of active $\alpha_5\beta_1$ nanoclusters as compared to the total $\alpha_5\beta_1$

nanocluster population and to the simulations locate at the periphery of FAs (Fig. 3E).

Together, these results strongly indicate that integrin nanoclusters spatially organize in a rather
distinct fashion within FAs, with $\alpha_5\beta_1$ nanoclusters localizing preferentially at the edges of the
FAs and $\alpha_v\beta_3$ nanoclusters distributing randomly inside FAs. Moreover, the preferential
enrichment of active $\alpha_5\beta_1$ nanoclusters together with paxillin and talin at the FA edges suggests
that $\alpha_5\beta_1$ activation is spatially regulated inside FAs.

**Integrin $\alpha_5\beta_1$ forms multiprotein hubs at the FA edges**

Since activation of integrins involves engagement with their adaptors paxillin, talin and
vinculin, we sought to investigate whether the active $\alpha_5\beta_1$ nanoclusters preferentially located
at the FAs periphery reside in close proximity to their adaptor proteins. For this we first
obtained the inter-cluster NND ($i$NND) distributions between active $\alpha_5\beta_1$ nanoclusters and each
of the adaptor nanoclusters (Fig. S5). We calculated the $Mdn$ of each $i$NND distribution and
used this value as a threshold to classify pairs of active $\alpha_5\beta_1$-adaptor nanoclusters as being
close (i.e., $i$NND < $Mdn$) or far ($i$NND > $Mdn$) from each other. Next, we separately computed
the distance to the FA edge ($d2e$) for the active $\alpha_5\beta_1$ nanoclusters that were found close or far
from their partner, and compared the results to simulated data (Fig. 4A, and *inset*). Having
these plots, we then calculated the deviation from random ($\Delta d2e$) as a function of the distance
to the FA edge, for both active $\alpha_5\beta_1$ nanoclusters close to their partner and active $\alpha_5\beta_1$
nanoclusters far from their partner (Fig. 4B and Fig. S6). This analysis shows that active $\alpha_5\beta_1$
nanoclusters preferentially partition to the FA edges regardless of their proximity to talin
nanoclusters (Fig. 4B) and to other adaptors (Fig. S6). Intriguingly, active $\alpha_5\beta_1$ nanoclusters
that are far from talin nanoclusters are still enriched at FA edges (Fig. 4B, empty green bars)
suggesting that other cytoplasmic adaptors, aside from talin, are able to activate $\alpha_5\beta_1$ at the FA
edges. Such a candidate might be tensin3, which has been recently shown to compete with talin
to bind $\alpha_5\beta_1$, during the formation of fAs from FAs (49). In strong contrast, active $\alpha_v\beta_3$
nanoclusters do not exhibit any particular preference to locate close to the FA edges regardless
of their proximity to talin nanoclusters, fully consistent with their random organization inside
FAs (Fig. 4C).

Finally, we enquired whether adaptor protein nanoclusters (paxillin, talin, and vinculin) close
to active $\alpha_5\beta_1$ nanoclusters also locate closer to the FA edges. Notably, we found that all of
these adaptor nanoclusters close to active $\alpha_5\beta_1$ nanoclusters are also enriched on the FA edge

region (~150–200 nm from the edge), whereas adaptor nanoclusters far from active $\alpha_5\beta_1$ appear

to be more uniformly distributed (Fig. 4D–F). Taken together, our data reveal a differential

mesoscale organization between active $\alpha_5\beta_1$ and $\alpha_v\beta_3$ nanoclusters inside FAs, where the

former preferentially form multiprotein nano-hubs together with adhesion adaptor nanoclusters

on the edge of FAs, and the latter organize as uniformly-distributed nanoclusters within FAs.

**Discussion**

Here, we have combined dual-color super-resolution optical microscopy together with a robust

set of analytical tools to provide insights on the lateral spatial organization of different adhesion

proteins inside FAs. Earlier reports showed that nascent adhesions (NAs) are formed due to

integrin nanoclusters that either rapidly disassemble at the plasma membrane without force or

further mature into FAs in response to mechanical forces (37, 50). Our results now show that

even in the presence of mechanical forces (i.e., inside FAs), integrin nanoclusters remain

segregated from each other while maintaining intact their sizes and number of molecules.

Similar integrin nanocluster properties were also found outside adhesions, reinforcing the

notion that integrin nanoclustering is force-independent (37). Interestingly, we found that the

main cytoplasmic adaptors, paxillin, talin and vinculin, also form nanoclusters of similar size

and number of molecules as the integrins, regardless of whether they locate inside or outside

FAs. Together, these results strongly indicate that adhesion proteins organize as universal

nano-hubs, functioning as modular adhesion units to serve multiple integrin-dependent

functions related to adhesion and migration but also to mechanosensing and

mechanotransduction.

Consistent with previous results (38), our data showed the co-existence of active and inactive

$\alpha_5\beta_1$ nanoclusters inside FAs fully segregated from each other. Remarkably, we find that $\alpha_v\beta_3$

shows similar functional nanoscale segregation and earlier data from our group demonstrated

that the integrin $\alpha_L\beta_2$ expressed on leukocytes also segregates into active and inactive

nanoclusters (51, 52). Thus, lateral segregation between active and inactive integrin

nanoclusters may represent a common feature to spatially coordinate integrin activation. How

could such cooperativity in integrin nanocluster activation arise? Our data shows a nearly 1:1

stoichiometry in the number of active integrin nanoclusters, and the main cytoplasmic adaptors

talin and vinculin, known to activate integrins by their engagement to the actin cytoskeleton.

The availability of a similar number of adaptor nanoclusters containing comparable number of

molecules as the integrin nanoclusters suggests that inactive integrin nanoclusters are poised

for their collective nanocluster activation, which is achieved upon the concurrent engagement

of talin and vinculin nanoclusters (and most probably also paxillin). This mechanism has been

shown to operate in NAs in which concurrent recruitment of talin and vinculin prior to force

generation is required for integrin activation and further maturation of NAs (53). In addition,

our data show a large percentage of $\alpha_5\beta_1$ and $\alpha_v\beta_3$ inactive integrins inside FAs and very little

spatial overlap between integrins and main adaptors. As integrin activation is highly dynamic

and transient, we propose that this pool of inactive integrin nanoclusters is required to increase

the probability of new engagements between integrins and their adaptors once the active

integrin nanoclusters become disengaged, stabilizing as a whole the FAs for lifetimes much

longer than the binding-unbinding dwell-times of integrins with their partners.

Quantification of super-resolution data revealed a higher number of $\alpha_5\beta_1$ nanoclusters

compared to their $\alpha_v\beta_3$ counterparts inside FAs. The relative percentage of active $\alpha_5\beta_1$

nanoclusters is also higher than that of $\alpha_v\beta_3$ and moreover these two integrin nanoclusters never

intermix inside FAs. Importantly, active $\alpha_5\beta_1$ nanoclusters preferentially locate at the periphery

of FAs and in close proximity with paxillin, talin and vinculin nanoclusters, while active $\alpha_v\beta_3$

are more uniformly distributed inside FAs. The differential degree of $\alpha_5\beta_1$ and $\alpha_v\beta_3$ in terms of

expression, activation state, and lateral nano- and meso-scale segregation points to a distinct

role for both types of integrins inside FAs, strongly indicating that integrin activation and

function inside FAs are spatially regulated (Fig. 5). Based on our results we postulate that *(i)*

$\alpha_5\beta_1$, through the ring on the FA periphery and its close proximity to paxillin, talin and vinculin

nanoclusters, primarily functions for substrate attachment in its high tensional state, engaging

with actomyosin filaments; *(ii)* $\alpha_v\beta_3$ and $\alpha_5\beta_1$ integrin nanoclusters in the central region of the

FA undertake the role of mechanotransduction, being more dynamic in terms of activation and

inactivation states and most probably engaged with shorter branched actin filaments; and *(iii)*

the difference in these roles is controlled by the distinct mechanical forces exerted on the

integrins, depending on their location inside FAs, and for $\alpha_5\beta_1$ perhaps also on its different

tensional states (54).

In summary, in contrast to the classical text book view where FAs are pictured as dense and
homogenous assemblies of multitude of integrins fully engaged to their cytoplasmic adaptors,
our work reveals a highly complex organization inside FAs, where regulation of different
integrins and their activation state are highly coordinated in space. We believe that such spatial
regulation provides the means for different integrins to synergize and/or diversify their
functions in terms of adhesion, migration, mechanosensing and mechanotransduction. Earlier
reports showed that certain proteins such as KANK1, KANK2 and $\beta_1$ integrins are enriched on
the edge of adhesions (55, 56) and recent data suggest that KANK1 localization around FAs is
driven by liquid-liquid phase separation (57). p130Cas- and FAK-dependent phase separation
has been also suggested to promote integrin clustering and NA assembly (58). Whether phase
separation also contributes to the preferential organization and activation of $\alpha_5\beta_1$ at the FA
edges as we reveal here is an intriguing topic that deserves further investigation.

**Materials and Methods**

**Sample preparation and immunolabeling.** HFF-1 cells (human foreskin fibroblasts) were
obtained from ATCC and used with low passage number (passage <15). Cells were maintained
in DMEM supplemented with 15% FBS and cultured in a humidified atmosphere at 37º C and
5% $CO_2$. Experiments were performed in cells seeded on 8-well plates (#1 Lab-Tek,
Thermofisher, #155411) that were previously coated with fibronectin (FN). FN coating was
performed by incubation with 10 µg/ml FN for 30 min at room temperature (RT). After seeding,
cells were allowed to spread for 24 h at 37º C and 5% $CO_2$, after which they were fixed by
using 4% PFA in PBS for 15 min at RT. Cells were permeabilized using 0.1% Triton X-100 in
PBS for 10 min and blocked with 3% BSA in PBS for 40 min. Primary antibodies against
integrins $\alpha_5\beta_1$ and $\alpha_v\beta_3$ –total population or specific for the active conformation–, and total
populations of adaptor proteins, paxillin, talin (C-terminal epitope), or vinculin, were diluted
in blocking buffer and added to the cells for 30 min at RT. After washing with PBS, secondary
antibodies that were conjugated in-house with dye pairs Alexa Fluor 405-Alexa Fluor 647 (405-
647 channel) or Cy3B-Alexa Fluor 647 (Cy3-647 channel), were added to the cells for 30 min
at RT (see Tables S1-S3 for details on reagents and antibodies used). After washing with PBS,
cells were stored in PBS until imaged.

**Image acquisition.** STORM data were obtained on a commercial Nikon Eclipse Ti system (N-STORM), equipped with a 100x oil objective with NA 1.49 using TIRF illumination. The detector was an ANDOR technology EMCCD iXon 897 camera, with a 256x256 pixel ROI and a pixel size of 160 nm. The system has an Agilent technologies laser box with wavelengths of 405 nm, 560 nm and 647 nm. STORM was performed by incubating cells in an imaging buffer containing 100 mM of the reducing agent cysteamine mercaptoethylamine (MEA) (77 mg of MEA in 1 ml of 360 mM HCl, stock solution 1 M), the enzymatic oxygen scavenger Glox solution (0.5 mg/ml glucose oxidase, 40 μg/ml catalase), and 6.25% glucose in PBS. Details of the STORM imaging buffer reagents are found in Table S4. Dual color imaging was carried out cyclically and sequentially. In brief, we first detected the 405-647 channel in a 5-frame cycle consisting of 1 activator frame (405 nm laser on) followed by 4 reporter frames (647 nm laser on), followed by the Cy3-647 channel detection sequence, similarly composed of 1 activator frame (560 nm laser on) followed by 4 reporter frames (647 nm laser on). The frame rate was 50 Hz (20 ms per frame) for all frames. Imaging was carried out by cyclically repeating this 10-frame sequence until all the reporter dyes were exhausted (typically ~70,000 frames).

**Single molecule detection, localization precision, and STORM image reconstruction.** Dual-color STORM image reconstruction was done using Insight3 software, provided by Bo Huang (UCSF, initially developed in Xiaowei Zhuang's lab, Harvard University). In each imaging frame, individual molecules were identified using intensity thresholding (gray levels set between 600-60,000), then each intensity profile was fitted with a 2D Gaussian function to identify the central position, i.e., the coordinates that represent the spatial localization of that fluorescent molecule. The analysis was run over the entirety of each data set, resulting in a final output that is a list of x,y coordinates (localizations) corresponding to each individual molecule that has been identified. Insight3 software allows for drift correction using the correlated function of the image, for details see (59). In this multi-color imaging scheme, the main source of crosstalk is the nonspecific activation of the Alexa 647 by the 647 nm laser (60), which is activator-independent and can occur in any frame. We implemented statistical crosstalk correction where the Insight3 software analyses the full image in 50x50 nm regions of interest (ROIs) and determines if each ROI is predominantly one color of the other. Based on the acquisition design (in our case, one activator frame followed by four reporter frames) the

software determines the probability of detecting a nonspecific reporter molecule (60). To
minimize color cross-talk, only those localizations detected in the second frame of each five-
frame STORM imaging cycle (that is, the first of the four reporter frames) were considered for
future analytical steps. Since each single molecule can experience numerous blinking events,
the variation of the x,y coordinates from frame to frame determines the effective resolution
(61). To measure this, we detected multiple localization events arising from individual
molecules deposited on glass and calculated the standard deviation of the localization positions.
We measured the effective resolution of our system to be ~15 nm.

**Generation of masks and classification of the localizations belonging to FAs, fAs or**
**outside adhesions.** A Fiji plugin, developed by the Lakadamyali lab, was implemented as an
initial step to split the localization data from the STORM images into separate data sets
corresponding to the localizations contained in certain ROIs (62). First, the data from the two
channels of the reconstructed STORM image were imported and the localizations rendered
together in a 1024x1024 pixels image (Fig. S1A). Next, we applied an intensity threshold, until
the adhesion areas were visually detected, a Gaussian blur of the image (by 2 pixels), and a
second threshold filter until a smooth binary mask was obtained (Fig. S1B). The final mask
retaining only the adhesion areas was obtained by manually selecting the regions corresponding
to the adhesion complexes (identified by visual inspection based on their size and location). In
the first steps, this Fiji plugin creates separate files containing the localizations that fall within
the selected ROIs: all adhesions, glass, and outside adhesions (i.e., cell membrane that contain
the remaining areas of the image that do not correspond to all adhesions or glass). In a second
step the "all adhesions" file was again analyzed by the same plugin and all adhesions were split
into FAs and fAs and rendered with Insight3. Fig. S1C-F shows the resulting rendered
localizations for the different regions. These final two-color files for different cell regions were
then individually and independently analyzed.

**Image analysis.** *Clustering detection using the DBSCAN algorithm.* DBSCAN is a density-
based data clustering algorithm designed to be executed on arbitrary data sets with minimal
input from the user (42). The algorithm works by identifying arbitrary-shaped clusters of data
points using two user-defined input values: epsilon (eps), which is a radial distance that serves
to define a local neighborhood from a randomly selected initial data point; and $N_{min}$, which is
the minimum number of points required to be within the initial point's neighborhood so it is

considered part of the cluster seed. For our image analysis, spots on glass outside the cell

regions were analyzed using eps=20 nm and $N_{min}$=2, in order to define a minimum threshold

for the number of localizations per nanocluster. Important to note that we carried out this

analysis on glass areas found in all of our STORM images. In this way we ensure having the

same imaging conditions for in-cell nanoclusters and for spots-on-glass, however, at the

expense of having a broader distribution of localization per spot-on-glass due to the presence

of cell debris on the glass. When analyzing the nanoclusters found in ROIs within the cell, the

DBSCAN parameters were set to eps=20 nm and $N_{min}$=3 localizations, which are common

values used in the field (38, 44). Nevertheless, to avoid any overestimation on the degree of

clustering, we only considered true nanoclusters as those containing 10 or more localizations.

Examples on the identification of different nanoclusters by DBSCAN are shown in Fig. S1G.

The algorithm also provides the center of mass (CoM) coordinates of each nanocluster together

with the number of localizations per nanocluster and their diameter.

*Nearest neighbor distance (NND) analysis.* To establish how the protein nanoclusters are

distributed relative to one another, we used the MATLAB (MathWorks) function *knnsearch*.

This function computes for each nanocluster the NND, which is the shortest distance from the

CoM of a given nanocluster to its closest CoM nanocluster neighbor. We also used the same

function to determine the *i*NND (i.e., NND between nanoclusters of different proteins). To

measure the percentage of nanoclusters that overlap (colocalization fraction), we first

computed the edge-to-edge distance between nearest neighbors (EED-NN) by subtracting from

the NND the radii of the two-corresponding near-neighbor nanoclusters. From the EED-NN

distributions we calculated the percentage of occurrences with EED-NN values below zero.

The *knnsearch* function was also used to extract the distance-to-the-FA edge (*d2e*), i.e., the

shortest distance between nanoclusters and the edge of adhesions. To that end, we computed

the NND between the CoM of each nanocluster to the center coordinates of the list of pixels

that fall on the edge of the FA mask.

**Computational generation of uniform nanocluster distributions.** To assess whether the

distance distributions obtained from the experimental data (NND, EED-NN and d2e),

correspond to a preferential type of organization or to a uniform distribution, we performed

simulations by generating in silico histograms of uniformly distributed nanoclusters inside

FAs. In order to generate a random, uniform distribution of non-overlapping nanoclusters

within an adhesion, we first extracted the exact number and size of nanoclusters per adhesion
from the experimental data and secondly, the same number of nanoclusters were randomly
distributed in a uniform fashion within the adhesions, while accounting for their size and
excluding any spatial overlap on nanoclusters of the same protein. A detailed description of
how these in silico data sets were generated is presented in *SI Text 1* and Fig. S7.

**Statistical analysis.** Statistical analysis was carried out using GraphPad Prism (version 9.12).
The details of the individual statistical tests as well as the level of significance along with p-
values are explicitly provided in the figure legends. No predetermined statistical method was
employed for establishing the sample size, as the sample sizes were not selected based on a
predefined effect size. In this context, multiple experiments were independently performed,
employing various sample replicates, as detailed in Table S5.

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**Figure 1 Proteins of FAs organize as universal nanoclusters of similar size and containing a similar number of proteins.**

(A) Representative dual-color STORM image of an HFF-1 cell fixed after 24 h on FN and labeled for $\alpha_5\beta_1$ (magenta) and paxillin (green). Scale bar: 5 μm. (B) Representative images of all the adhesions identified for $\alpha_5\beta_1$ with paxillin (left), talin (middle) and vinculin (right), with zoomed-in regions shown below each panel. Scale bar top row: 5 μm, bottom row: 1 μm. (C) Representative images of all the adhesions identified for $\alpha_v\beta_3$ with paxillin (left), talin (middle)

and vinculin (right), with zoomed-in regions shown below each panel. Scale bar top row: 5 μm,

bottom row: 1 μm. (D) Representative images all the adhesions identified for of active $\alpha_5\beta_1$

(act$\beta_1$) with paxillin (left), active $\alpha_v\beta_3$ (act$\beta_3$) with paxillin (right), with zoomed-in regions

shown below each panel. Scale bar top row: 5 μm, bottom row: 1 μm. (E) Distribution for the

number of localizations per secondary antibody on glass next to cell regions for both of the

secondary antibodies used in this study, goat anti-mouse Alexa 405–Alexa 647 (Ch1) and goat

anti-rabbit Cy3–Alexa 647 (Ch2). The median number of localizations per spot corresponds

to: 5 for Alexa 405-Alexa 647-conjugated antibodies and 3 for Cy3–Alexa 647-conjugated

antibodies (see Materials & Methods). (F,G) Box-and-whisker plots showing the number of

localizations per nanocluster (F) and the nanocluster diameter (G) for the proteins in this study.

Each data point corresponds to the median value over all nanoclusters for each cell (for N

values, i.e., number of independent experiments, see SI Table S5). No statistical differences

were found using the one-way ANOVA test, where not significant (ns) corresponds to $p>0.05$.

**Figure 2 Mesoscale organization of integrin nanoclusters and adaptor proteins inside FAs.**

(A,B) Mean density of nanoclusters per unit area inside FAs (A) and on the cell membrane outside adhesions (B). The densities of integrins nanoclusters per unit area are shown as stacked graphs to allow comparison between the total number of integrin nanoclusters ($\alpha_5\beta_1$ and $\alpha_v\beta_3$) and the adaptor proteins. Statistical significance between data of all proteins was tested using

a one-way ANOVA and the comparison between $\alpha_5\beta_1$ and $\alpha_v\beta_3$, (act$\beta_1$ and act$\beta_3$) was done

with an unpaired t-test, where ns = not significant, $p>0.05$; *, $p<0.05$; **, $p<0.01$; ***, $p<0.001$.

The insets show representative images of nanoclusters for $\alpha_5\beta_1$ (magenta) and paxillin (green)

in FAs (A) and outside adhesions (B). Scale bar: 1 $\mu$m. (C) Representative dual-color STORM

image of the total populations of $\alpha_5\beta_1$ (magenta) and $\alpha_v\beta_3$ (green) integrins inside FAs. The

panel on the far-right side corresponds to a zoomed-in region of a single FA (white box)

showing spatially segregated $\alpha_5\beta_1$ and $\alpha_v\beta_3$ nanoclusters. Scale bars: 2 $\mu$m, and 500 nm for the

zoomed-in region. (D) Histogram of the EED-NN values between $\alpha_5\beta_1$ and the different

adaptors (green) and, between $\alpha_v\beta_3$ and the adaptors (blue). The black line in each plot

corresponds to the histogram for the simulated data sets. The dashed red line at zero

corresponds to nanoclusters contiguous to each other. Percentage of overlapping nanoclusters:

$\alpha_5\beta_1$-paxillin: exp = 28.4%, sim = 24.4%; $\alpha_5\beta_1$-talin: exp = 6.7%, sim = 8.1%; $\alpha_5\beta_1$-vinculin:

exp = 6.0%, sim = 7.7%; $\alpha_v\beta_3$ -paxillin: exp =31.7%, sim=29.2%; $\alpha_v\beta_3$ -talin: exp =15.7%,

sim=16.5; $\alpha_v\beta_3$-vinculin: exp =14.9%, sim=17.4%. (E) Histogram of the NND values between

nanoclusters of the same protein. The black line in each plot corresponds to the histogram for

the simulated data sets. Bin width is 10 nm.

**Figure 3 Integrin α₅β₁ nanoclusters are preferentially distributed on the edges of FAs.**

(A) Distribution of distances from the center of mass (CoM) position of each individual α₅β₁ nanocluster to its closest FA edge obtained from DBSCAN-analyzed STORM images. The histogram represents the frequency distribution over all cells. Green lines correspond to the experimental data (Exp) and the simulated uniform distribution (Sim) is shown as a black histogram. Bin width is 10 nm. The inset shows the distribution for the first 250 nm. (B) Edge Proximity Factor (EPF) per cell for each of the proteins investigated. Data are shown as individual median values per cell (color dots) together with the mean ± st. dev. superimposed in black. Statistical significance between experimental and simulated data was tested using a paired t-test, where ns = not significant, p>0.05; *, p<0.05; **, p<0.01; ***, p<0.001. (C,D) Deviation of the nanocluster distances from the FA edges with respect to random (Δd2e), as function of the distance to the FA edges for α₅β₁ and αᵥβ₃ integrin nanoclusters (C) and for the adaptor proteins (D). (E) Percentage of nanoclusters proximal to FA edges (<100nm) for the

739    total and active $\alpha_5\beta_1$ nanocluster population (color dots) together with results from simulations

740    of random organization (black dots). Each dot corresponds to the median value per cell, each

741    cell containing multiple FAs. Statistical significance between experimental and simulated data

742    was tested using a paired t-test, and to test the significance between $\alpha_5\beta_1$ and $Act\beta_1$ the unpaired

743    t-test was used, where ns = not significant, $p > 0.05$; *, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$.

**Figure 4 Integrin α₅β₁ forms multiprotein hubs at the FA edges**

(A) Distribution of distances to FA edge from data split depending on the $i$NND from actβ₁ nanoclusters to talin. The data plotted in light green is the distance from CoM to FA edge for actβ₁ nanoclusters with $i$NND < $Mdn$, while the inset dark green is the distance from CoM to FA edge for actβ₁ nanoclusters with $i$NND > $Mdn$. Black lines are for simulated data sets. Bin width is 20 nm. (B-F) Δd2e-plots of the distance-to-edge for nanoclusters close to their partner NN, ($i$NND < $Mdn$, filled bar plots) and for nanoclusters far from their partner NN ($i$NND > $Mdn$; empty bar plots). (B,C) Distance-to-edge Δd2e-plots for actβ₁ (B) and actβ₃ (C) nanoclusters in FAs, considering their proximity to talin clusters. (D, E, F) Distance-to-edge Δd2e-plots for adaptor nanoclusters in FAs, paxillin (D), talin (E), vinculin (F), considering their proximity to actβ₁ nanoclusters. Bin width is 20 nm.

Cross section of a FA

FA Edge | FA Center | FA Edge

Active | Inactive | Active | Inactive

$\alpha_5\beta_1$ $\alpha_v\beta_3$ | $\alpha_5\beta_1$ $\alpha_v\beta_3$ | Talin | Vinculin | Paxillin | Actin | Myosin

**Figure 5 Spatial regulation and activation of integrin nanoclusters and protein adaptors inside focal adhesions.**

$\alpha_5\beta_1$, $\alpha_v\beta_3$, and main protein adaptors organize as small nanoclusters inside FAs physically segregated from each other. A considerable high fraction of $\alpha_5\beta_1$ and $\alpha_v\beta_3$ integrins remain in an inactive state and do not intermix at the nanoscale. Active $\alpha_5\beta_1$ nanoclusters (green) on the FA edge reside in close proximity to the adaptor protein nanoclusters and thus possibly engaged to actomyosin filaments (red and blue). Integrin nanoclusters in the FA center are more randomly distributed with respect to one another, most probably engaged with branched cortical actin. According to our results we propose that $\alpha_5\beta_1$ nanoclusters located at the FA periphery could be primarily involved in cell substrate attachment, whereas $\alpha_5\beta_1$ and $\alpha_v\beta_3$ nanoclusters at the center of FAs engage in mechanosensing and mechanotransduction.