# Proinflammatory Cytokines, but not Glucolipotoxicity, Suppress Nonsense-Mediated RNA Decay to Impair Regulated Transcript Isoform Processing in Pancreatic β-Cells

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β-cells, insulin secretion, transcript, nonsense-mediated decay, RNA decay, RNA processing

## Abstract

Proinflammatory cytokines are implicated in pancreatic β-cell failure in type 1 and type 2 diabetes and are known to stimulate alternative RNA splicing and the expression of Nonsense-Mediated RNA Decay (NMD) components. Here, we investigate whether cytokines regulate NMD activity and identify transcript isoforms targeted in β-cells. A luciferase-based NMD reporter transiently expressed in rat INS1(832/13), human-derived EndoC-βH3 or dispersed human islet cells was used to examine the effect of proinflammatory cytokines (Cyt) and/or glucolipotoxicity (GLT) on NMD activity. Gain- or loss-of function of two key NMD components UPF3B and UPF2 was used to reveal the effect of cytokines on cell viability and function. RNA-sequencing and siRNA-mediated silencing were deployed using standard techniques. Cyt, but not GLT, attenuated NMD activity in insulin-producing cell lines and primary human β-cells. These effects were found to involve ER stress and were associated with downregulation of UPF3B. Increases or decreases in NMD activity achieved by UPF3B overexpression (OE) or UPF2 silencing, raised or lowered Cyt-induced cell death, respectively, in EndoC-βH3 cells, and were associated with decreased or increased insulin content, respectively. No effects of these manipulations were observed on glucose-stimulated insulin secretion. Transcriptomic analysis revealed that, in contrast to GLT, Cyt increased alternative splicing (AS)-induced exon skipping in the transcript isoforms, and this was potentiated by UPF2 silencing. Gene enrichment analysis identified transcripts regulated by UPF2 silencing whose proteins are localized and/or functional in extracellular matrix (ECM) including the serine protease inhibitor SERPINA1/α-1-antitrypsin, whose silencing sensitised β-cells to Cyt cytotoxicity. Cyt suppress NMD activity via UPR signalling, potentially serving as a protective response against Cyt-induced NMD component expression. Our findings highlight the central importance of RNA turnover in β-cell responses to inflammatory stress.

## Introduction

Inflammatory and glucolipotoxic (GLT) stress causing β-cell failure and destruction *in vitro* differentially regulates hundreds of β-cell transcripts (1, 2). The upregulation of splicing factors and of proteins involved in pre-mRNA processing gives rise to alternative splicing (AS) events, which in turn deregulates the balance and turnover of transcript isoforms (3). Interestingly, most human mRNAs exhibit alternative splicing, but not all alternatively spliced transcripts are translated into functional proteins and are therefore targeted for degradation via the RNA decay pathways.

In addition to regulating the expression of normal transcripts, the human nonsense-mediated RNA decay (NMD) machinery functions to eliminate premature termination codon (PTC)-containing mRNAs, as reviewed extensively (4). Alternatively spliced mRNA species and translation of dominant transcript isoforms vary in a cell-specific manner and depends on the capacity of cells to cope with damaged transcripts (5-7). A substantial number (i.e., around 35%, but it depends on tissue and physiological conditions) of alternatively spliced variants contain a PTC (4, 8, 9). Approximately 35% of the cytokine-regulated transcripts in human islets undergo alternative splicing (6), and Cyt profoundly up-regulate NMD) in rat and human insulin-producing cell lines and primary β-cells, likely to handle the NMD-load inferred by PTC containing splice variants (4, 10, 11).

However, in addition to canonical NMD in which all key NMD components function on target transcripts, a second branch of NMD is (in)dependently regulated in an autoregulatory feedback loop by its key factors including UPF2 and UPF3 in a cell type-specific manner as reviewed previously (4, 10).

In a previous study (11) we profiled the *expressional level* of NMD components and their regulation
by cytokines and GLT in insulin-producing cells, but the NMD *activity* and its consequences for the β-
cell transcriptome remained to be investigated. Here, using a luciferase-based NMD activity reporter,
gain-/loss-of function and RNA-sequencing analyses in rodent and human β-cell systems, we
measured NMD activity and explored its consequences for function and viability of pancreatic β-cells
under normal condition and inflammatory stress.

## Materials and Methods

### Cell culture, human islet dispersion and treatment

90    INS1(832/13) (12), EndoC-βH3 (13) or dispersed human islet cells were cultured and manipulated
91    according to the protocols and procedures described in Supplementary Methods.

### Luciferase-based NMD activity assay

One million cells were co-transfected with 650 ng of plasmid encoding either human *Haemoglobin-β*
(*HBB*) wildtype (WT or PTC-) or with a PTC-containing mutation (NS39 or PTC+) fused with *Renilla*
*(RLuc),* in brief named PTC-and PTC+), respectively. *Firefly (FLuc)* plasmid (14) was used as
transfection efficiency reference. *Renilla* and *Firefly* luminescence was measured by Dual-Luciferase
Reporter Assay (Promega, Hampshire, England) (Supplementary Methods). *RLuc* signals were
normalized to the *FLuc* control in both HBB(NS39) (i.,e., PTC+) and HBB(WT) (i.,e., PTC-), and
NMD activity was calculated by dividing the *RLuc/FLuc*-HBB(WT) by the *RLuc/FLuc*-HBB(NS39)
(Supplementary Fig.1A) (14). Experiments where the control construct *RLuc/FLuc*-HBB(WT) was
affected by cytokines were excluded, so that the resulting NMD activity only denotes the PTC-
containing HBB(NS39). The transfection efficiency was tested twice and resulted in an average of
80% in INS1 and EndoC-βH3 cells as measured by FACS analysis of cells transfected with a GFP
expressing plasmid (Supplementary Fig.1B-C).

### Functional analysis of UPF3A/B overexpression

106   One million INS1(832/13) or EndoC-βH3 cells were transfected with 650 ng of plasmids encoding
107   UPF3A, UPF3B or UPF3BΔ42 (15), then simultaneously with NMD activity reporter plasmids ( as
108   above, 650 ng/million cells), recounted and seeded for Western blotting, glucose-stimulated insulin
109   secretion (GSIS), viability, apoptosis (detailed below) and NMD activity assays in relevant plates and
110   pre-incubated for 48 h before treatment with cytokines as explained in the Supplementary Methods.

### Lentiviral shRNA gene knock-down

112   GPIZ lentiviral shRNAs particles directed against *UPF2, Upf3A* or *Upf3B*, and a non-silencing shRNA
113   (NS) as negative control, were produced using the Trans-Lentiviral shRNA Packaging System in
114   HEK293 cells (Horizon, Cambridge, England) according to the manufacturer's protocol
115   (Supplementary Methods).

### Apoptosis and cell viability assays

117   Apoptosis assays were performed in duplicate by detection of caspase-3 activity using a fluorometric
118   [μM AMC] (or/colorimetric [μM PNA/min/ml] unless stated) assay kit (Cat#APPA015-
119   1KT/CASP3C-1KT, Sigma, London, England) according to the manufacturers' protocols. Cell

120 viability was measured by Alamarblue assay (Cat#DAL1025, LifeTechnologies, Renfrew, England) as
121 previously described (11).

**Library preparation, RNA-sequencing, and data analysis**

Thirty-three independent biological replicates of total RNA from the NS control and or UPF2 KD
EndoC-βH3 cells exposed to cytokines, GLT, or PBS (i.e., N=6 of each PBS-/or cytokine-exposed NS
control and UPF2 KD, and N=4/N=5 of GLT-exposed NS control/UPF2 KD, respectively) was
extracted using TRIZOL, treated with DNase, and precipitated with isopropanol (Supplementary
Methods). One μg total RNA/per isolate was used as input for generation of sequencing libraries using
NEBNext®Ultra-TM RNA Library-Prep (Cat#E7770, NEB, Ipswich, USA) following manufacturer's
recommendations (Supplementary Methods). The RNA-seq raw data underwent quality control were
mapped to human reference genome (16) and analysed using the bioinformatic pipeline described in
the Supplementary Methods.

**cDNA synthesis and RT-qPCR**

133 Purified total RNA (500 ng) was used for cDNA synthesis with the SuperScript™ (Cat# 11904018,
134 LifeTechnologies). Real-time Reverse Transcriptase-quantitative PCR (RT-qPCR) was performed on
135 12 ng cDNA with SybrGreen PCR mastermix (LifeTechnologies) and specific primers (supplementary
136 Table 2) and run in an ABI? real-time PCR machine (Applied Biosystems, ThermoFisher Scientific).
137 The raw data was analysed through $-\Delta Ct$ as described in Supplementary Methods.

**Western blotting**

139 Western blotting was performed using antibodies against alpha-Tubulin (1:2000) (Cat# T5168, Sigma),
140 UPF2 (1:1000) (Cat# PA5-77128, LifeTechnologies), Upf3A (1:1000) (Cat# PA5-41904,
141 LifeTechnologies), UPF3B (1:1000) (Cat#PB9843, Boster-Bio, Pleasanton, USA) and α-1-antitrypsin
142 (1:1000) (Cat#TA500375, LifeTechnologies) as described in Supplementary Methods (17).

**Glucose-stimulated insulin secretion (GSIS)**

144 Three hundred thousand INS1(832/13) or EndoC-βH3 cells were cultured in 12-well plates
145 (Cat#150200, Nunc, Buckingham, England), and pre-incubated for two days. GSIS was carried out
146 using Krebs-Ringer buffer containing 2 mM or 17 mM glucose as described (11, 18).

**Insulin assay**

148 Insulin concentration (ng/ml or pM) was measured using rat insulin ultra-sensitive ELISA kit
149 (Cat#62IN2PEG, Cisbio, Cambridge, England) or human insulin ELISA kit (Cat#90095,
150 CrystalChem, IL, USA), respectively, according to manufacturer's protocol.

**Statistical analysis**

Data are presented as means ± SEM. Statistical analysis was carried out on raw data also in cases
where figures give normalized data. Group comparisons were carried out by two- or one-way ANOVA
as appropriate. Significant ANOVAs were followed by post-hoc paired Student's t-test with
Bonferroni-correction using GraphPad Prism 6.0 (La Jolla, USA). Paired t-test was chosen to
normalize for inter-passage variability in outcome parameters. Since the experimental conditions did

not allow sequential sampling from the same cell culture, parallel control and interventional plate wells
were considered to be paired observations and analysed accordingly statistically. If the *post-hoc* paired
t-test did not reveal a carrying statistical difference by ANOVA, individual paired t-tests were
performed and corrected for multiple comparisons. Bonferroni-corrected *P*-values ≤0.05 were
considered significant and ≤0.10 a trend.

## Results

### Cytokines suppress, whereas glucolipotoxicity increases, NMD activity in β-cells.

We previously reported that cytokines and glucolipotoxicity differentially up or down-regulate NMD
component transcripts in pancreatic β-cells (11). However, whether this regulation leads to increased
NMD *activity* remained to be elucidated. Here, we used a luciferase-based NMD reporter
(Supplementary Fig.1A) (14) to examine NMD activity in rat INS1(832/13), human insulin-producing
EndoC-βH3 cells and primary human islets. Luciferase activity analysis showed that cytokines
(Cyt;150 pg/mL IL-1β +0.1 ng/mL IFNγ+0.1 ng/mL TNFα) significantly suppressed NMD activity by
nearly 50% after 18 h, but not 6h, of exposure in INS1(832/13) cells (Supplementary Fig.2A).

We first tested the effects of cytokines on EndoC-βH3 cells and dispersed human islet cells. Cytokines
(2.5 ng/ml IL-1β+10 ng/ml TNFα+10 ng/ml IFNγ, chosen from dose-response experiment shown in
Supplementary Fig.2B) attenuated NMD activity by 30% (*p*=0.009, n=6) and 40% (*p*=0.0006, n=6)
after 18 h exposure of EndoC-βH3 cells (Fig.1A-left) and dispersed human islet cells (Fig. 1B),
respectively. Cyt increased the luciferase signal (*RLuc/FLuc*) from the HBB(PTC+) (Supplementary
Fig.2B-C) confirming that the NMD substrate HBB(PTC+) was restored due to NMD activity
attenuation by Cyt.

We next examined whether cytokine-mediated suppression of NMD was consistent with an
accumulation of HBB(PTC+) *transcripts*. For this, we used a forward and reverse primer set to
amplify the *Renilla* gene and the junction of exons 1 and 2 (i.e., ensuring amplification of mature
transcripts only), respectively. RT-qPCR analysis demonstrated that cytokines caused significant up-
regulation of HBB(PTC+), but not HBB(PTC-) mRNA levels, rendering a significant reduction of the
relative PTC-/PTC+ mRNA levels in INS1(832/13) (*p*=0.008) (Supplementary Fig.2A-right) and
EndoC-βH3 (*p*=0.001) cells (Fig.1A-right), which verified the suppressive effect of cytokines on
NMD activity.

Since we previously noted differential regulation of NMD component expression between Cyt and
GLT exposure in INS1 cells and human islets (11), we wished to clarify if a similar selective action
related to the nature of cellular stress pertained to NMD activity. In fact, in striking contrast to Cyt,
high glucose (GL, 25 mM) and GLT increased the activity of the NMD pathway (Fig.1C,
Supplementary Fig.2D). Examination by RT-qPCR confirmed that GLT increased the relative
HBB(PTC+), but not HBB(PTC-) mRNA level (Supplementary Fig.2D-right), yielding a significant
increase in the relative PTC-/PTC+ mRNA levels in EndoC-βH3 cells (Fig.2D-right).

Taken together, these results show that cytokines suppress the activity of the NMD activity in a range
of insulin secreting cell types. In contrast, glucotoxic and glucolipotoxic conditions increase the NMD
activity EndoC-βH3 cells.

## Cytokines-induced suppression of NMD activity in β-cells is ER stress dependent

Whereas NMD degrades unfolded protein response (UPR)-induced transcripts in compensated ER stress, NMD is suppressed in response to pronounced endoplasmic reticulum (ER) stress to allow a full-blown UPR (19, 20). Cytokines induce a robust ER stress in pancreatic β-cells, largely via nuclear factor-κB (NF-κB) activation and production of nitroxidative species that inhibit the smooth endoplasmic reticulum $Ca^{2+}$ ATPase (SERCA) 2B pump, leading to ER calcium depletion (11, 17). We have previously shown that chemical inhibition of inducible nitric oxide synthase (iNOS) alleviated ER stress and normalised cytokine-mediated regulation of NMD components in INS1(832/13) cells (11). Therefore, we asked, if cytokine-mediated reduction of NMD activity was dependent on an ER stress response in β-cells. We first demonstrated that thapsigargin (TG), a non-competitive inhibitor of SERCA (21) and ER stress inducer (22) inhibited NMD activity by 50% in EndoC-βH3 cells as measured by luciferase assay (Supplementary Fig.3A). Compared to untreated EndoC-βH3 cells as control (CTL), cytokines significantly augmented the increase in mRNA levels encoding the ER stress markers BiP, Xbp1 and Chop (FDR <0.05) measured by RNA-sequencing analysis (Fig.2A-left), and later verified by RT-qPCR examination (Fig.2A-right). Finally, compared with CTL, cytokines significantly decreased the NMD activity by 30%, and this effect was counteracted by the protein kinase R-like endoplasmic reticulum kinase (PERK) phosphorylation inhibitor GSK157 (8 µM) and by the Inositol-Requiring Enzyme1 (IRE1α) endoribonuclease inhibitor 4µ8C (16 µM) in EndoC-βH3 cells (Fig.2B-left, Supplementary Fig.3B-C). RT-qPCR analysis of the relative PTC-/PTC+ mRNA levels in EndoC-βH3 cells confirmed the NMD activity data (Fig.2B-right, Supplementary Fig.3C).

Taken together, these results demonstrate that inhibition of UPR antagonises the cytokine-mediated reduction of NMD activity in EndoC-βH3, indicating that cytokine-mediated inhibition of NMD activity is UPR-dependent.

## Cytokine-induced suppression of NMD activity is associated with UPF3B downregulation and attenuated by UPF3 overexpression in β-cells

Since we observed in our previous study that cytokine-induced ER stress downregulated UPF3B expression in human and rodent β-cells, as recovering nitroxidative-driven ER stress using the inducible nitric oxide synthase (iNOS) inhibitor N-methyl-l-arginine (NMA)  since (11),transcripts encoding UPR components are NMD targets and have been shown to be stabilised by UPF3A/B depletion (19) and since UPF3B is a NMD activator in mammalian cells  (23), which led to proposed Upf3-dependent and -independent branches of NMD pathway (4, 10, 24). we reasoned that UPF3 regulated NMD activity in β-cells We therefore first measured the UPF3A/B expression level and next investigated the functional impact of overexpressing UPF3A/B on cytokine-mediated suppression of NMD activity in β-cells. RT-qPCR examination showed that cytokines significantly downregulated UPF3B mRNA levels after 18 h in both EndoC-βH3 (Fig.3A) and INS1(832/13) (Supplementary Fig.4A) as previously reported (11). Immunoblot analysis verified overexpression of UPF3A, UPF3B and the UPF3B dominant negative UPF3BΔ42 in both INS1(832/13) and EndoC-βH3 (Supplementary Fig.4B-C-left). Cytokines reduced NMD activity, overexpression of UPF3B significantly attenuated this reduction in EndoC-βH3 (Fig.3B and Supplementary Fig.4B) and to a lesser extent in INS1(832/13) (Supplementary Fig.4C). Neither UPF3A nor UPF3BΔ42 overexpression counteracted cytokine-attenuated NMD activity.

238 This result suggests that cytokines reduce the NMD activity in β-cells through downregulation of
239 UPF3B expression.

## UPF3 overexpression deteriorates cell viability and reduces insulin content, but not secretion in EndoC-βH3 cells

The above findings provide evidence that the UPF3-dependent branch of NMD is involved in
cytokine-mediated suppression of NMD activity. Therefore, we next investigated the impact of
UPF3A/B overexpression on cytokine-induced cell death and insulin secretion. While UPF3A or
UPF3B over-expression increased basal cell death, it also exacerbated the cytokine-induced apoptosis
in EndoC-βH3 cells (Fig.4A). In INS1(832/13) cells neither UPF3A nor UPF3B overexpression
changed cell viability in the absence of Cyt exposure, but UPF3B over-expression significantly
aggravated cytokine-induced cell death as measured by Alamarblue and caspase-3 activity assays
(Supplementary Fig.5A). Therefore, we next explored the impact of UPF3A or UPF3B deficiency on
β-cell viability. Lentiviral shRNA-mediated knockdown of UPF3A and or UPF3B (Supplementary
Fig.5B) significantly reduced basal INS1(832/13) cell viability (Supplementary Fig.5C). Taken
together, this data indicates that genetic manipulations of UPF3A/B could be possibly detrimental for
the β-cell viability.

Given that GLT increases NMD activity (Fig.1F), we hypothesised that UPF3 deficiency might
prevent glucolipotoxicity-induced cell death in β-cells. Measurements of Caspase-3 activity
demonstrated that both UPF3A and UPF3B knockdown rendered a slight, but significant protection
against 24 h glucolipotoxicity in INS1(832/13) cells in comparison with untreated cells
(Supplementary Fig.5D). Further, treatment with the NMD activator Tranilast dose-dependently
sensitised to glucolipotoxicity-, but not cytokines-induced, EndoC-βH3 cell death, measured by
caspase-3 activity assay (Supplementary Fig.4E). Neither UPF3A nor UPF3B overexpression affected
GSIS in EndoC-βH3 (Fig.4B) or INS1(832/13) (Supplementary Fig.5F) cells. Nonetheless, UPF3B
overexpression profoundly lowered insulin content in EndoC-βH3 cells (Fig.4B). In contrast,
knockdown of UPF3A or UPF3B significantly decreased the stimulatory index, as well as provoking a
substantial increase in insulin content in control INS1(832/13) cells (Supplementary Fig.5G-H).

Taken together, these findings reveal that UPF3 overexpression induces basal cell death and
exacerbates cytokine-mediated toxicity in β-cells.

## UPF2 knockdown potentiates cytokine suppression of NMD activity and slightly alleviates cytokine toxicity for cell viability and insulin content in EndoC-βH3 cells

Next, we investigated the effect of UPF2 deficiency on the viability and insulin secretion of β-cells
because (i) Knowingly UPF3A and UPF3B are involved in regulating UPF2, a key core NMD
activator in mammalian cells (25, 26) by sequestering away from and bridging the exon-junction
complex (EJC) with UPF1 and UPF2, respectively, leading to the NMD activation (23), (ii) genome-
wide association data (GWAS) data reveal that the *UPF2* variant rs145580445 is significantly
associated with type 2 diabetes risk (7). We therefore knocked down the *UPF2* gene in EndoC-βH3
cells using RNA interference and chose the three cell lines in which UPF2 was most efficiently
knocked down (KD) (Supplementary Fig.6A). Examination of NMD activity using the luciferase-
based NMD reporter revealed that UPF2 KD profoundly reduced NMD activity in untreated and
cytokine-treated EndoC-βH3 cells (Supplementary Fig.6B). Compared with NS control, UPF2 KD

slightly, but significantly prevented cytokine-induced cell death (Fig.5A). UPF2 KD had no effect on
the GSIS, but significantly increased insulin content (Fig.5B).

These data indicate that the UPF2 plays a crucial role in cytokine-induced β-cell apoptosis. In addition,
the increase in insulin content in UPF2 deficient EndoCβH3 cells implies that insulin transcripts could
possibly be targets of the UPF2-dependent NMD pathway branch.

## UPF2 knockdown differentially affects cytokine- and glucolipotoxicity-mediated deregulation of EndoC-βH3 transcripts

Consistent with our observations above (Fig.5), we previously reported (11) that the deficiency of
SMG6, an endoribonuclease and a key effector of NMD, rendered protection against cytokine-induced
cell death and was associated with increased insulin content. Therefore, we aimed to identify potential
NMD target transcripts and then, we used RNA-sequencing to assess the transcriptome of cytokine- or
PBS-treated EndoC-βH3 cells stably transfected with a non-silencing shRNA (NS) or the specific
shRNA (shRNA-1 named U1) against *UPF2*. Since GLT exposure increased, whereas cytokine
exposure decreased, NMD activation in β-cells (Fig.1F), we also performed RNA-sequencing after
UPF2 KD vs. NS control EndoC-βH3 exposed to GLT compared with PBS-treated.

The RNA-seq datasets from either UPF2 KD or NS control EndoC-βH3 cell lines exposed to cytokines
and or GLT was dimensionally reduced by principal component analysis (PCA) into into two main
principal components, PC1 and PC2 ($p<0.05$). The PCA of the NS control EndoC βH3 cells
demonstrated a high similarity between the biological replicates, a small within-group variance and a
distinct clustering of the untreated, cytokines and GLT groups (Supplementary Fig.7A). Pearson
correlation ($p<0.05$) between samples justified the clustering of biological replicates of cytokines,
GLT and untreated conditions (Supplementary Fig.7B). PCA revealed that the UPF2 knockdown
increased the majority of variance in transcript isoforms of the cell, hence patterns leading to visually
dispersed biological replicates from the cytokine exposed isolates, whereas decreased the variances
from the GLT and untreated biological replicates, hence clustered them together.

A Venn diagram of the RNA-seq datasets demonstrated around an approximate total of 14,000
commonly expressed transcripts (FDR<0.05) and those differentially expressed transcripts regulated
by PBS (i.e., untreated control), cytokines or GLT (Supplementary Fig.7C-D). Among them, cytokines
regulated 54% (up) and 46% (down), whereas GLT impacted 48% (up) and 52% (down) of
significantly expressed transcripts in NS control EndoC-βH3 cells (Fig.6A). UPF2 KD changed the
cytokine-mediated regulation of significantly expressed transcripts by 59% (up) and 41% (down),
whereas it did not change regulation of significantly expressed transcripts by GLT (up:47%,
down:53%) in EndoC-βH3 cells (Fig.6A). This indicates UPF2 KD possibly alters the mRNA levels of
identified transcript species.

To identify UPF2 KD-regulated transcripts possibly providing protection against cytokine-induced
cytotoxicity, we interrogated cytokine-and/or GLT-regulated transcripts that were differentially
expressed ($p<0.05$) in UPF2 KD versus NS control EndoC-βH3 cells using gene enrichment analysis
(GEA). Ge Ontontolgy (GO) and Kyoto Encyclopaedia of Genes and Genomes (KEGG) gene
enrichment analyses demonstrated that GLT significantly ($p<0.05$) regulated transcripts in the cellular
functions of RNA splicing, mitochondrial inner membrane, and purine nucleoside metabolism
(Supplementary Fig.7E), although these were not affected by UPF2 KD (Fig.6B). In contrast, Gene
Enrichment Analysis (GEA) revealed that in both untreated and cytokine-treated EndoC-βH3 cells,
UPF2 KD significantly regulated transcripts encoding proteins involved in synaptic transmission,

extracellular matrix, basolateral plasma membrane, receptor complex, synaptic membrane,
transcriptional repressor activity and enzyme inhibitor activity (Fig.6B-C; Supplementary Fig.7E).

RT-qPCR confirmed the logarithmic fold change of UPF2 KD regulated transcripts in the cytokine-
treated EndoC-βH3 cells *versus* cytokines-treated NS control cells (Fig.6D). The role of many of these
transcripts in cell viability or insulin secretion was previously identified in pancreatic β-cells. Among
them, α-1-antitrypsin has been proposed as an antagonist against cytokine-induced pancreatic β-cell
death (27, 28). Our expression profiling verified that cytokines upregulated α-1-antitrypsin*,* and this
effect was further potentiated by UPF2 KD. To explore the potential importance of these changes, we
knocked down α-1-antitrypsin using specific siRNAs in INS1(832/13) and EndoC-βH3 cells as
confirmed by quantitative WB (Supplementary Fig.8). Both α-1-antitrypsin siRNAs aggravated
cytokine-induced cell death in comparison with NS control (Fig.7A). Only one siRNA increased basal
cell death. The effect of siRNA-mediated α-1-antitrypsin knockdown was inconclusive in EndoC-βH3
cells (Fig.7B). Compared with NS control, α-1-antitrypsin knockdown reduced GSIS index, but had no
effect on insulin content in INS1(832/13) cells (Fig.7B), possibly due to the reduced cell number.

Cytokines reportedly upregulate >30 splicing factors, affecting alternative splicing of 35% of genes in
the human islet transcriptome (6). We examined RNA-seq datasets for alternative splicing (AS)
isoforms driven by cytokines or GLT versus untreated in the NS control and UPF2 KD EndoC-βH3
cells. Among 2123 and 2106 cytokine-driven AS isoforms, skipped exon (SE) isoforms constituted
70.89% ($p$=0.1, n=6) and 72.5% ($p$=0.1, n=6) in NS control and UPF2 KD cells, respectively. In
contrast, 220 and 133 GLT-driven AS isoforms were identified in NS control and UPF2 KD,
respectively (Supplementary Fig.9). This differential regulation could possibly provide a reliable
measure for cytokines and GLT role in inducing AS isoforms in β-cells.

Taken together, the above transcriptome analysis of EndoC-βH3 cells indicates that cytokines increase
1−AT expression, and this is synergised by NMD attenuation.

## Discussion

In this study, we demonstrate that cytokines decrease nonsense-mediated RNA decay (NMD) in
INS1(832/13), EndoC-βH3 cells and dispersed human islets and. In contrast, glucolipotoxicity (GLT)
increased the NMD activity in EndoC-βH3 cells. We also showed that the cytokine-mediated decrease
of NMD activity was driven by ER stress and downregulation of UPF3B. Loss-/or gain-of function of
NMD activity could be elicited by UPF3B over-expression or UPF2 knockdown, which led to
increases in, or slight decreases in, cytokine-induced apoptosis associated with decreased and
increased insulin contents, respectively, without affecting GSIS index in EndoC-βH3 cells.
Transcriptome profiling indicated a potentiating effect of UPF2 knockdown on Cyt, but not GLT-
mediated, NMD activity. Interestingly, this approach identified transcript targets encoding proteins
belonging to the extracellular matrix such as α-1-antitrypsin. Importantly, the knockdown of this gene
enhanced cytokine-induced cytotoxicity in β-cells.

To the best of our knowledge the present study represents the first demonstration of a functional effect
of cytokines, in contrast to glucolipotoxicity, on NMD activity.

UPR activation is known to inhibit NMD via PERK activation and eIF2 phosphorylation to restore
IRE1α accumulation and hence a robust UPR activation (19, 20, 29); additional to the role of PERK

activation, our findings suggest that IRE1α riboendonuclease activity (*p=0.1*) was involved in
cytokine-mediated NMD inhibition in EndoC-βH3 cells.

UPF3A and UPF3B act as a potent NMD inhibitor and activator, respectively, in HeLa cells and in
mice (23), consistent with our observations following UPF3B overexpression in β cells. However, the
finding that forced UPF3A overexpression slightly increased NMD activity in β-cells seems
inconsistent with previous findings. Recent studies (30, 31) support our apparently discrepant finding
regarding the effects of UPF3A overexpression by showing redundancy of UPF3A and UPF3B as
modular activators of NMD (24). With these two earlier studies in mind, we cannot rule out the
interference of endogenous UPF3A in the actions of UPF3B on NMD in β-cells.

We investigated the consequences of NMD activity for pancreatic β-cell function and viability. The
increase of NMD activity by UPF3B overexpression induced basal and cytokine-induced cell death in
EndoC-βH3 cells, highlighting the role of increased UPF3B level in β-cells. This appears to be
relevant for β-cell viability in both normal and inflammatory stress conditions. Similarly, UPF3B
knockdown also caused basal cell death in INS1 cells. Hence, basal UPF3A/B levels seem to play
crucial roles in the cell viability of β-cells and perturbation of such a controlled level implicates in cell
death. On the other hand, the slight protection against cytokine-induced cell death conferred by UPF2
knockdown in EndoC-βH3 cells (Fig.5A) and by SMG6 knockdown in INS1 cells (11) implies a
possibly protective mechanism against cytotoxicity of cytokines in β-cells, irrespective to the outcome
cytokine-induced cell death. Moreover, our findings provide evidence that the reduced insulin content
observed after UPF3B overexpression is related to overactivated NMD. In terms of NMD activation,
though yet to explore the mechanism, glucolipotoxicity activated NMD pathway (Fig.1G). These
findings suggest that the effect of GLT on NMD activation in T2D animal models needs to be explored
further (7).

Cytokine-induced perturbation of NMD, (potentiated by UPF2 silencing), might change the balance of
anti-/pro-apoptotic transcripts. This, in turn, may contribute to cytotoxic damage. Consistent with this
view, GEA revealed that cytokines deregulate transcripts encoding proteins that localise to and/or
function in the extracellular matrix Thus, α-1-antitrypsin knockdown increased the detachment of
MIN6 cells and exacerbated Thapsigargin-induced cell death as measured by Propidium-Iodide
staining (28) and in this study increased cytokine-induced cell death in INS1(832/13) cells associated
with decreased GSIS index.

We speculate that the perturbation of NMD by cytokines leads to increased exon skipping and that this
may be part of a feedback loop promoting β-cell plasticity and resilience against cytotoxic cytokines.
Future studies will be needed to test this possibility. We note also that depletion of alternative splicing
factors (reviewed in (3)) inhibits insulin secretion and induces basal apoptosis and after cytokine
treatment in rodent and human β-cells (3, 7, 32, 33). Moreover, antisense-mediated exon skipping of
48–50 exons of the dystrophin gene restores the open reading frame and allows the generation of
partially to largely functional protein (34).

In conclusion, we reveal that cytokines suppress NMD activity via ER stress signalling, possibly as a
protective response against cytokines-induced NMD component expression. Our findings highlight the
central importance of RNA turnover in β-cell responses to inflammatory stress.

**Limitations**. We used a luciferase-based NMD reporter based on two separate PTC- and PTC+
constructs whose labelled luciferase is separately measured. Thus, a yet-to develop NMD activity
reporter by which transcripts RNA, protein, or their corresponding labelled luciferase activity of both

PTC- and PTC+ transcripts could be examined in one cell rather than two separate cells will remove
the limitation of current reporter based on transfection of the constructs into two separate cells.
Furthermore, the constant overexpression of UPF3A and UPF3B may result in cell death as β-cells
cannot cope with overwhelming level of these proteins above the basal level. This could explain that
UPF3B overexpression reduced the basal cell viability.

## Translatability of the findings

The findings report NMD involvement in the development of islet autoimmunity and the destruction of
pancreatic β-cells in type 1 diabetes as well as islet inflammation in type 2 diabetes. The identification
of novel targets arisen from cytokines-driven NMD attenuation could possibly suggest new biomarkers
to monitor disease progression and may also guide the development of protein-based vaccines or
antisense mRNA therapeutics in individuals who are at risk of diabetes development and or other
inflammatory and autoimmune disorders.

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## Data accessibility

The RNA-seq data from the human insulin-producing cell line EndoC-βH3 that support the findings of
Figure 6 of this study are deposited in the Sequence Read Archive (SRA) data repository (Accession
numbers for 33 RNA-seq datasets: SRR22938756-SRR22938788) under the BioProject accession
number (PRJNA916946) that are appreciated for further citations.

All other data generated or analysed during this study are included in this published article (and its
supplementary information files).

## Author contributions

S.M.G. was lead investigator and grant holder (grant number: 9034-00001B) and principally designed
and performed all experiments, analysed data, prepared figures, and wrote the first draft. G.A.R. co-
designed experiments, co-analysed data and co-wrote the manuscript. T.M.P. discussed scientific data
and edited drafts. J.H.N. mentored the DFF fellowship application and edited the first draft. P.M. and
L.P. provided human islets and discussed the data. B.P. discussed the Upf2 data and edited the first
draft. All authors approved the manuscript.

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## Conflict of interest

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## Figure legends

## Figure 1. Cytokines suppress, whereas glucolipotoxicity increases, NMD activity in β-cells

A-B. EndoC-βH3 cells (A) and dispersed human islet cells (B) were co-transfected with *Renilla*-HBB(WT) and or *Renilla*-HBB(NS39), and the *Firefly* plasmids and exposed to cytokine combination and or PBS as control (CTL) simultaneously with or without Cycloheximide (CHX) as positive control for inhibited NMD activity. Luciferase activity was measured in the lysate of the transfected EndoC-βH3 cells (A-left) and dispersed human islet cells (B) exposed to cytokine combination (Cyt; 3 ng/mL IL-1β + 10 ng/mL IFNγ+ 10 ng/mL TNFα) for 18 hrs. A-right. mRNA level of *Renilla-HBB* fused gene and *Firefly* gene in the transfected EndoC-βH3 cells was quantified by RT-qPCR using specific primers extending the junction of exons 1 and 2 of the *HBB* gene, and *Renilla* gene, or only *Firefly* gene and normalised to actin and tubulin, respectively.
C. EndoC-βH3 cells were co-transfected with HBB(WT) and or HBB(NS39) and the *Firefly* plasmid, and exposed to 5.6 mM glucose, 25 mM glucose (GL), glucolipotoxicity (GLT; 0.5 mM Palmitate+25 mM glucose), and GLT+ Cycloheximide (CHX) for 18 hrs. Luciferase activity was measured in the lysate of transfected EndoC-βH3 cells and represented as NMD activity calculated by dividing luciferase activity of HBB(WT or PTC-)/HBB(NS39 or PTC+) as explained in the methods. C-right. mRNA level of *Renilla-HBB* fused gene and *Firefly* gene in the transfected EndoC-βH3 cells was quantified by RT-qPCR using specific primers extending the junction of exons 1 and 2 of the *HBB* gene, and *Renilla* gene, or only *Firefly* gene and normalised to tubulin. The data are means ± SEM of N=6. The symbol * indicates the Bonferroni-corrected paired t-test values of treatments versus untreated (Unt) (A-B), cytokines (Cyt) that is, otherwise, designated by a line on top of the bars (A-B). In Fig. 1C, the Bonferroni-corrected paired t-test values of treatments versus the control (CTL, containing 5.6 mM glucose). * ≤ 0.05, ** ≤ 0.01, *** ≤0.001, **** ≤ 0.0001. ns: non-significant.

## Figure 2. Cytokines-induced suppression of NMD activity in β-cells is ER stress dependent

A. mRNA levels of ER stress markers in EndoC-βH3 cells exposed to cytokine combination (Cyt; 3 ng/mL IL-1β + 10 ng/mL IFNγ+ 10 ng/mL TNFα) for 18 hrs was quantified by RNA-sequencing (left) with false discovery rate (FDR) <0.05 presented as logarithmic fold change the cytokine (Cyt) treatment versus control (untreated), and RT-qPCR (right) which was normalised to tubulin mRNA.
B. EndoC-βH3 cells were co-transfected with *Renilla*-HBB (WT) and or *Renilla*-HBB (NS39), and the *Firefly* plasmid and exposed to PBS as control (CTL), cytokine combination (Cyt; 3 ng/mL IL-1β + 10 ng/mL IFNγ+ 10 ng/mL TNFα) alone, and or simultaneously with 16 µM of 48µC, an endoribonuclease inhibitor of IRE1α, and or 8 µM of GSK2656157 (GSK157), PERK inhibitor for 18 hrs. Luciferase activity was measured in the lysate of EndoC-βH3 cells transfected with *Renilla*-HBB(WT) and or *Renilla*-HBB(NS39), and the *Firefly* plasmid exposed to PBS as control (CTL) or Thapsigargin (TG), an ER stress inducer, and represented as NMD activity calculated by dividing luciferase activity of HBB(WT or PTC-)/HBB(NS39 or PTC+) as explained in the methods. B-right. mRNA level of *Renilla-HBB* fused gene and *Firefly* gene in the EndoC-βH3 cells was quantified by RT-qPCR using specific primers extending the junction of exons 1 and 2 of the *HBB* gene, and *Renilla* gene, or only *Firefly* gene and normalised to tubulin.

The data are means ± SEM of N=6. The symbol * indicates the Bonferroni-corrected paired t-test values of treatments versus untreated (Unt) (A-B) or cytokines (Cyt) that is, otherwise, designated by a line on top of the bars (B). * ≤ 0.05, ** ≤ 0.01, *** ≤0.001, **** ≤ 0.0001.

### 579 Figure 3. Cytokines-induced suppression of NMD activity is associated with
### 580 UPF3B downregulation and attenuated by UPF3 overexpression in β-cells

EndoC-βH3 cells were co-transfected with empty vector (E.V.), UPF3A, UPF3B and or UPF3BΔ42 (dominant
negative of UPF3B) plasmids, and then with *Renilla*-HBB(WT) and or *Renilla*-HBB(NS39), along with the
*Firefly* plasmid and exposed to cytokine combination (Cyt; 3 ng/mL IL-1β + 10 ng/mL IFN-γ+ 10 ng/mL
TNFα) for 18 hrs.
A. mRNA level of *Upf3A* and *Upf3B* genes in EndoC-βH3 cells was quantified by RT-qPCR and normalised to
actin and tubulin mRNAs, respectively.
B. Luciferase activity (lower) was measured in the lysate of the transfected cells and represented as NMD
activity calculated by dividing luciferase activity of HBB(WT or PTC-)/HBB(NS39 or PTC+) as explained in
the methods. The overexpression of UPF3A and UPF3B proteins was examined by Western blot analysis (top).
The data are means ± SEM of N=6. The symbol * indicates the Bonferroni-corrected paired t-test values of
treatments versus untreated E.V. (Unt) (A-B) or cytokines (Cyt)-treated E.V. that is, otherwise, designated by a
line on top of the bars (B). * ≤ 0.05, ** ≤ 0.01. ns: non-significant.

### 593 Figure 4. UPF3 overexpression deteriorates cell viability and reduces insulin
### 594 content, but not secretion in EndoC-βH3 cells

EndoC-βH3 cells were co-transfected with empty vector (E.V.), UPF3A and or UPF3B plasmids and exposed to
cytokine combination (Cyt; 3 ng/mL IL-1β + 10 ng/mL IFNγ+ 10 ng/mL TNFα) for three days. A. Cell viability
was measured by Alamarblue (left) and caspase-3 activity (right) assays (N=6). B. Glucose-stimulated insulin
secretion (GSIS) (left) and insulin contents (right) were investigated in the transfected EndoC-βH3 cells. Insulin
concentration (ng/ml) was measured by insulin ultra-sensitive assay (N=6). GSIS index (middle) was calculated
by dividing insulin concentration measured in the treatments of 17 mM by 2 mM glucose. The data are means ±
SEM of N=6. The symbol * indicates the Bonferroni-corrected paired t-test values of treatments versus
untreated E.V. (Unt) or cytokines (Cyt)-treated E.V. that is, otherwise, designated by a line on top of the bars
(A), or the Bonferroni-corrected paired t-test values of corresponding low versus high glucose, that is otherwise,
designated by lines on the top of the bars (B). * ≤ 0.05, ** ≤ 0.01, **** ≤ 0.0001. ns: non-significant.

### 605 Figure 5. UPF2 knockdown potentiates cytokine suppression of NMD activity and
### 606 slightly alleviates cytokine toxicity for cell viability and insulin content in EndoC-
### 607 βH3 cells

EndoC-βH3 cell lines with the most efficient stable knock-down (KD) of Upf2 (three shRNAs) and non-
silencing shRNA as nonsense control (NS) were co-transfected with *Renilla*-HBB(WT) and or *Renilla*-
HBB(NS39), and the *Firefly* plasmids and exposed to PBS as control (CTL) and or cytokine combination (Cyt;
3 ng/mL IL-1β + 10 ng/mL IFNγ+10 ng/mL TNFα).

A. Cell viability was measured by Alamarblue (left) and caspase-3 activity (right) assays (N=6).

B. Glucose-stimulated insulin secretion (GSIS) (left) and insulin contents (right) were investigated in the UPF2
KD EndoC-βH3 (D) cells. Insulin concentration (pM) was measured by human insulin ELISA (N=6). GSIS
index (middle) was calculated by dividing insulin concentration measured in the treatments of 17 mM by 2 mM
glucose. The data are means ± SEM. The symbol * indicates the Bonferroni-corrected paired t-test values of
treatments versus untreated (Unt) NS control (A-B), otherwise, designated by a line on top of the bars or the
Bonferroni-corrected paired t-test values of corresponding low versus high glucose, that is otherwise, designated
by lines on the top of the bars (B). * ≤ 0.05, ** ≤ 0.01, *** ≤0.001.

## Figure 6. UPF2 knockdown differentially affects cytokine- and glucolipotoxicity-mediated deregulation of EndoC-βH3 transcripts

EndoC-βH3 cell lines knocked-down for UPF2 (shRNA-1 named U1) or non-silencing shRNA as nonsense control (NS) were exposed to PBS as control or untreated (CTL or Unt), cytokine combination (Cyt; 3 ng/mL IL-1β + 10 ng/mL IFNγ+ 10 ng/mL TNFα) and or glucolipotoxicity (GLT; 0.5 mM Palmitate+25 mM glucose). Total RNA was extracted from the treated cells, cDNA library was made and sequenced using Hiseq platform as explained in methods. 33 RNA-seq datasets from NS/CTL (N=6), NS/Cyt (N=6), NS/GLT (N=4), U1/CTL (N=6), U1/Cyt (N=6) and U1/GLT (N=5) were analysed through the pipeline described in the supplementary methods.
A. Volcano plot of number of transcripts (FDR <0.05) regulated by Cyt or GLT versus untreated in the NS or UPF2 KD (U1) cell lines.
B. Top enriched pathways (left) and the number of transcripts (right) regulated by Cyt and/or GLT in the UPF2 KD (FDR < 0.0.5). Enrichment is shown as log10 (adjusted *p*-value <0.05).
C. Top GEA-identified transcripts regulated by Cyt compared to untreated in UPF2 KD vs. NS control EndoC-βH3 cells. The expression level is shown as log2 (adjusted *p*-value <0.05).
D. RT-qPCR verification of the identified transcripts (D) regulated by Cyt in UPF2 KD vs. NS control EndoC-βH3 cells. The expression level is shown as log2 (adjusted *p*-value <0.05).

## Figure 7. SERPINA1 knockdown deteriorates cytokine cytotoxicity for viability and glucose-stimulated insulin secretion index in INS1(832/13) cells.

EndoC-βH3 and INS1(832/13) cells were transfected with siRNAs against SERPINA1 (Si; two species-specific siRNAs for each cell type) and a non-silencing siRNA control (NS), incubated for 24 hours and exposed to PBS as control or untreated (CTL or Unt) and cytokine combination (Cyt for EndoC-βH3; 3 ng/mL IL-1β + 10 ng/mL IFN-γ+ 10 ng/mL TNFα) (Cyt for INS1(832/13); 150 pg/mL IL-1β + 0.1 ng/mL IFNγ+ 0.1 ng/mL TNFα) for 72 and 24 hrs, respectively (see Supplementary Methods). The knockdown efficiency was checked using quantitative WB (Supplementary Fig.7). A. Cell viability was measured by Alamarblue and caspase-3 activity assays (N=6). B. Glucose-stimulated insulin secretion (GSIS) (left) and insulin contents (right) were investigated in the transfected EndoC-βH3 cells. Insulin concentration (ng/ml) was measured by insulin ultra-sensitive assay (N=6). GSIS index (middle) was calculated by dividing insulin concentration measured in the treatments of 17 mM by 2 mM glucose. The data are means ± SEM of N=6. The symbol * indicates the Bonferroni-corrected paired t-test values of treatments versus untreated (Unt) NS control or cytokines (Cyt)-treated NS that is, otherwise, designated by a line on top of the bars (A), or corresponding low versus high glucose that is, otherwise, designated by lines on the top of the bars (B). * ≤ 0.05, ** ≤ 0.01, *** ≤0.001, **** ≤ 0.0001. ns: non-significant.

**Figure 1.**

**Figure 2.**

**Figure 3**

**A**

**B**

**Figure 4**

**A**

Cell viability (alamarBlue 570-600nm)

Caspase-3 activity (µM AMC)

one-way ANOVA *p< 0.0001*

Unt      Cyt

NS Sh1 Sh4 Sh5    NS Sh1 Sh4 Sh5

NS Sh1 Sh2 Sh3    NS Sh1 Sh2 Sh3

Unt      Cyt

**B**

GSIS (Insulin concentration: pM)

0.076    0.1

0.07

0.1

□ 2 mM
□ 17 mM

NS    Sh1    Sh4

Unt

Insulin Content (pM)

NS   sh1   sh4

Unt

# Figure 5

**Figure 6**

**Figure 7**