STRUCTURE-FUNCTION RELATIONSHIPS OF MUCOCILIARY CLEARANCE IN HUMAN
AIRWAYS

Doris Roth[1,2,3†], Ayşe Tuğçe Şahin[1,2,3†], Feng Ling[1,2,3,5], Niels Tepho[1,2,3], Christiana N. Senger[4,6], Erik J.
Quiroz[4,6], Ben A. Calvert[4,6], Anne M. van der Does[7], Tankut G. Güney[1,2,3], Sarah Glasl[1,2], Annemarie
van Schadewijk[7], Laura von Schledorn[8,9,10], Ruth Olmer[8,9,10], Eva Kanso[5], Janna C. Nawroth[1,2,3,4,5#*],
Amy L. Ryan[4,6,11#*]

8
[1]   Helmholtz Pioneer Campus and Institute of Biological and Medical Imaging, Helmholtz Zentrum
München, Neuherberg, D-85764, Germany
[2]   Chair of Biological Imaging at the Central Institute for Translational Cancer Research
(TranslaTUM), School of Medicine and Health, Technical University of Munich, Munich, Munich,
D-81675, Germany
[3]   Comprehensive Pneumology Center Munich, German Center for Lung Research (DZL), Munich,
Germany
[4]   Hastings Center for Pulmonary Research, Division of Pulmonary, Critical Care and Sleep
Medicine, Department of Medicine, University of Southern California, Los Angeles, CA 90033
[5]   Department of Aerospace and Mechanical Engineering, University of Southern California, Los
Angeles, CA 90089, USA
[6]   Department of Stem Cell Biology and Regenerative Medicine, University of Southern California,
Los Angeles, CA 90033, USA
[7]   PulmoScience Lab, Department of Pulmonology, Leiden University Medical Center, Leiden, the
Netherlands
[8]   Leibniz Research Laboratories for Biotechnology and Artificial Organs (LEBAO), Department of
Cardiothoracic, Transplantation and Vascular Surgery (HTTG), Hannover Medical School,
Hannover, D-30625, Germany
[9]   Biomedical Research in End stage and Obstructive Lung Disease (BREATH), Member of the
German Center for Lung Research (DZL), Hannover Medical School, Hannover, D-30625,
Germany
[10]   REBIRTH-Research Center for Translational and Regenerative Medicine, Hannover Medical
School, Hannover, D-30625, Germany.
[11]   Department of Anatomy and Cell Biology, Carver College of Medicine, University of Iowa, IA
52242, USA

34
35

[†, #]These authors contributed equally to this manuscript

*Co-corresponding authors

Amy L. Ryan, PhD
Associate Professor: Anatomy and Cell Biology
Associate Director: Center for Gene Therapy
BSB, 1-400 Core
University of Iowa
51 Newton Road
Iowa City, Iowa, 52242
Email: amy-l-ryan@uiowa.edu
Tel: +1 319 335 8908

Janna C. Nawroth, PhD
Principal Investigator: Helmholtz Pioneer Campus
Junior Fellow: Technical University of Munich (TUM)
Helmholtz Munich, Deutsches Forschungszentrum fuer Gesundheit und Umwelt (GmbH),
Ingolstaedter Landstrasse 1, 85764 Neuherberg, Germany
Email: janna.nawroth@helmholtz-munich.de
Tel: +49 89 4140 9018

AUTHOR CONTRIBUTIONS

D.R. and T.S. contributed equally to the work. J.N., A.L.R. and E.K. conceptualized the project. J.N. and A.L.R. contributed equally to the work. J.N., A.L.R. and E.K. provided funding for this study. J.N., D.R., T.S., C.N.S, E.J.Q., B.A.C., A.D., T.G., N.T., S.G., A.S., L.S., and R.O. performed and oversaw the experiments, and D.R., T.S., and J.N. performed the data analysis. F.L., E.K. and J.N. formulated the theoretical model. J.N., F.L. and A.L.R. wrote the paper and all authors reviewed and edited the paper. Correspondence and requests for materials should be addressed to J.N. or A.L.R.

ABSTRACT

Mucociliary clearance is a key mechanical defense mechanism of human airways, and clearance failure is linked to major respiratory diseases, such as chronic obstructive pulmonary disease (COPD) and asthma. While single-cell transcriptomics have unveiled the cellular complexity of the human airway epithelium, our understanding of the mechanics that link epithelial structure to clearance function mainly stem from animal models. This reliance on animal data limits crucial insights into human airway barrier function and hampers the human-relevant *in vitro* modeling of airway diseases. Our study fills this crucial knowledge gap and for the first time (1) maps the distribution of ciliated and secretory cell types on the mucosal surface along the proximo-distal axis of the rat and human airway tree, (2) identifies species-specific differences in ciliary beat and clearance function, and (3) elucidates structural parameters of airway epithelia that predict clearance function in both native and *in vitro* tissues alike. Our broad range of experimental approaches and physics-based modeling translate into generalizable parameters to quantitatively benchmark the human-relevancy of mucociliary clearance in experimental models, and to characterize distinct disease states.

INTRODUCTION

Mucociliary clearance (MCC) is a critical mechanical barrier mechanism of the human airways[1–3]. In MCC, the beating of specialized multiciliated cells propel a layer of mucus across the epithelial surface, effectively trapping and removing inhaled particles and pathogens[4,5]. The mucus is produced by the submucosal glands and a variety of secretory cells interspersed among ciliated cells. These secretory cells include mucin-secreting goblet cells, club cells and their intermediate stages[6]. The composition of secretory cell types has a profound impact on the rheology and flowability of mucus[7–9]. Failure of MCC contributes to the debilitating pathophysiology of many respiratory diseases, including chronic obstructive pulmonary disease (COPD), primary ciliary dyskinesia, asthma, and cystic fibrosis[10,11]. However, our understanding of how diseases impair MCC remains limited by an incomplete knowledge of the mechanics that link secretory and ciliated cell organization to MCC in native human airway tissues[3] since most *in vivo* and *ex vivo* data has come from animal models[12–14]. Obtaining data on live ciliary beat and clearance function in human tissue poses challenges and remains exceedingly rare in the literature[15,16]. Furthermore, the organization of secretory and ciliated cells at the epithelial surface is underexplored, as conventional histology typically reveals cross-sectional rather than surface-lining tissue architecture. While providing important insights about cellular heterogeneity, transcriptional profiling commonly does not resolve spatial organization[17,18] and may not accurately reflect protein expression[19].

The lack of such crucial data limits not only our understanding and capability to model human MCC but may also undermine correct diagnosis and early intervention in disease. For instance, a recent study revealed that while luminal surface ciliation in the mouse trachea is relatively low (approximately 40%), the specific distribution and orientation of ciliary beat ensure robust and efficient particle clearance[14]. However, the authors could only speculate whether these design principles directly translate to humans, where such quantitative insights could help refine treatments for conditions impairing ciliary beat, such as PCD[20], or causing loss of ciliated cells, such as asthma[21]. The limited human-relevancy of animal studies has spurred the development of innovative *in vitro* human airway epithelial models[22–24]. Nevertheless, without quantitative benchmarks of MCC in humans, the ability of these models to accurately represent human physiology remains unproven. Furthermore, the proportions of ciliated and various secretory cell types are believed to vary along the airway tree within and between humans and rats[25]. It remains unclear whether this heterogeneity results in species-specific regional differences in MCC, which is pertinent for studying diseases that alter the regional proportions of airway epithelial cell types[26].

To address these gaps, we have established a quantitative map of the distribution of ciliated, club, and goblet cells along the surface lining of the human and rat airway tree. We have evaluated species-specific differences in the associated particle clearance and utilized these data to develop quantitative metrics and physics-based computational models capturing key MCC characteristics in lower airway epithelia. Finally, we deploy our comprehensive quantitative framework to benchmark the structural and functional properties of a variety of *in vitro* human airway epithelial culture conditions against native human airway epithelia. The data presented significantly enhances our understanding of MCC mechanics and, by providing means of MCC quantification and quality control, will improve the translational potential of *in vitro* models for studying diseases and therapeutic interventions affecting MCC.

RESULTS

Tracheo-bronchial ciliation is higher in human airways compared to rat.

Live ciliary beat and particle clearance[15,27] was measured in freshly isolated airway epithelial tissue originating from the ventral wall of the respiratory tree branching generation (BG)0 through BG6 derived from 4 human whole lungs with no prior history of chronic lung disease, and BG0 through BG5 from

healthy rat whole lungs (**Fig. 1a;** for detailed donor information and numbers see **Supplementary**
Tables S1 & S2). The human BG6 samples were at, or below, 2 mm in diameter (**Supplementary Fig.**
S1) and therefore constituted the transition to small airway morphology[28]. While such a definition of
small airways does not exist for rodents, our analysis covered a comparable fraction of the conducting
airways along the proximal-distal axis in both systems (7 BGs of 16 BGs in humans[29], and 6 BGs of 14
BGs in rats[30]). Subsequently, we quantified the luminal (i.e., surface-lining) cell type composition in
these samples and, to increase donor numbers, in additional fixed human bronchial rings. Where
unknown, their BG was estimated based on their diameters (**Supplementary Table S1)** using a
calibration curve **(Supplementary Fig. S1).** The percentage of cells at the mucosal surface expressing
cell-specific markers was quantified using mucin 5AC (MUC5AC) to mark goblet cells, secretoglobin
family 1A member (SCGB1A1) to label club cells, and acetylated alpha-tubulin (ATUB) to stain ciliated
cells[4] (**Fig. 1b-c**). Luminal cell boundaries were revealed by F-actin staining of the cytoskeleton,
allowing us to segment the cell outlines using image processing and thereby determine total cell
numbers in each field of view. By overlaying the signal of each marker onto the cell outlines, we
computed the percentages of different cell types and their overlaps (See Methods and **Supplementary**
Figs. S2 & S3). The results are summarized in **Fig. 1d,** for details see **Supplementary Tables S3 &**
S5. Intriguingly, human airways exhibited a robustly high ciliated cell proportion, or cilia coverage, of 86
± 9% (mean±STD) across all analyzed BGs, whereas cilia coverage in rat airways gradually increased
along the airway tree, ranging from 49 ± 12% in trachea to 92 ± 2.3% in BG5. Of note, the trachea in rat
exhibited a pattern of alternating lower (ca. 30-40%) and higher (ca. 45 - 60%) ciliation levels,
corresponding to cartilage rings and the interspersed tracheal ligaments, respectively[31]. We did not
observe such regular ciliation patterns in the human airways (**Supplementary Fig S4)**. The dense
luminal ciliation of the human airways contrasted with results obtained from classic histology or gene
expression data, which, likely by including both luminal and subluminal cell populations in the analysis,
have suggested a lower ciliation level of 30-50% in human trachea and increasing ciliation in higher
BGs[25,32–35] (**Supplementary Fig. S4**). Our data hence suggest that surface ciliation cannot be easily
predicted from bulk tissue percentages. On the other hand, our analysis of secretory cell levels
matched trends reported in these studies. In all human BGs examined, 10-20% of luminal cells were
positive for either MUC5AC, SCGB1A1, or both. Within this secretory cell population, the proportion of
MUC5AC+ SCGB1A1- (goblet) and MUC5AC- SCGB1A1+ (club) cells varied as a function of BG (**Fig.**
1d, inset). Goblet cells dominated the trachea-bronchial region whereas club cells became increasingly
frequent in BG3 and higher. On average, 15 and 30% of the labeled secretory population were
MUC5AC+ SCGB1A1+ (double-positive hybrid/transitionary) cells, consistent with transcriptional and
histological studies[32,36,37] (for additional staining see **Supplementary Fig. S6A & B**). A comparable
analysis was inconclusive for the rat secretory cells due to the spatially variable, but overall low (<10%),
abundance of cells positive for MUC5AC and/or SCGB1A1, which matches literature[25]. As noted by
others[31], there was spatial variability of secretory cell density (**Supplementary Fig. S6C)**. Since rat
airways are thought to contain a high abundance of so-called "serous" secretory cells[25] for which no
protein markers have been reported, additional secretory cells could be present.

Human airways achieve greater clearance per ciliary beat than rat airways.

The differences in cilia coverage between species suggested differences in particle clearance, which
we proceeded to explore by measuring live ciliary beat and fluorescent bead transport in the densely
ciliated human airways (BG0 to BG6) compared to the more sparsely ciliated rat airways (BG0 and
BG1). (**Fig. 2a-b, Supplementary Videos S1 & S2)**. These regions correspond to the trachea, main
stem bronchi, and bronchial regions in humans and rats. Matching cell type composition analysis, we
sampled multiple fields of views along the ventral airway tube. As the human explant tissues had been
submerged in buffer for many hours prior to live recordings, the naturally occurring periciliary liquid and
mucus layers were likely diluted or removed. Hence, in order to enable a direct comparison of ciliary
beat and clearance between human explants and other samples, we chose to gently wash all apical

surfaces to remove any build-up of mucus, and to then image the samples submerged in aqueous
buffer. Ciliary beat frequency (CBF) recorded at room temperature was 2.6 ± 0.5 Hz in human tissue
and 4.5 ± 1.3 Hz in rat tissue. Associated particle clearance speed reached 16.5 ± 8.2 µm/s in humans
and 4.8 ± 2.0 µm/s in rats. Therefore, clearance speed was significantly higher in humans despite
significantly lower CBF than in rat tissues. To assess this imbalance further, we derived the normalized
"clearance speed per beat" (CPB) by dividing the average clearance speed by the average CBF for
each field of view. CPB measures how far a particle is transported per ciliary beat cycle and has the
units µm/beat. CPB can be considered a measure of stroke effectiveness and is independent of CBF.
Our analysis revealed a significantly higher CPB in human tissue (6.2 ± 2.5 µm/beat) compared to rat
tissue (1.1 ± 0.3 µm/beat) (**Fig. 2c**). We also investigated particle clearance directionality D as a
function of distance R, defined as $D(R) = \frac{|\langle v \rangle|}{\langle |v| \rangle}$, where $\langle \rangle$ indicates the mean, $||$ indicates the magnitude,
and v indicates flow velocity. $D(R)$ ranges from 0 to 1, where a number near zero indicates highly
convoluted flow and a number near 1 indicates straight and unidirectional flow, and it decays with
increasing distance. Each trace was fitted with a decaying exponential, $D(R) \, e^{\frac{-R}{R_0}}$, to estimate the
correlation length R_0. This analysis revealed a similar characteristic length scale of the correlated flow
in human (R_0= 23 ± 8 µm) and rat airways (R_0= 29 ± 7 µm) (**Fig. 2d, left**). We also compared mean
particle clearance directionality over multiple cell lengths at R=80 µm, which was significantly higher in
human compared to rat tissues, indicating straighter transport (**Fig. 2d, right**). All measurements were
completed in tissues from healthy, adult lungs that were washed, mucus-free and submerged in
aqueous saline buffer, suggesting that the differences in CPB and clearance directionality were due to
species-specific properties of ciliary beat and organization[14] rather than defective[40] or immature ciliary
beat[16], or altered mucus properties[41,42].

To capture these species-to-species differences in ciliary activity, we measured multiple ciliary
properties at the single cell and tissue level. On the cellular level, we assessed average ciliary beat
orientation, i.e., the angle of the ciliary beat axis, as well as ciliary beat amplitude and cilia length (**Fig.**
3a). At the tissue-level, we analyzed the spatial distribution of ciliated cells using the spatial correlation
function $C(R)$ (see Methods) to find λ, the average gap distance between ciliated areas[14] (**Fig. 3b**). We
computed the relative variability of λ using the crystalline order parameter (COP), defined as crystalline
OP = $1 - \frac{\sigma \sqrt{2}}{\langle \lambda \rangle}$ where σ is the standard deviation of λ between field of views[14]. We also determined the
degree of alignment of ciliary beat in each field of view using the director-free orientational order
parameter defined as ciliary beat OP = $\sqrt{\langle sin2\theta \rangle^2 + \langle cos2\theta \rangle^2}$, where θ are the measured ciliary beat
angles across the field of view. The ciliary beat OP ranges from 0 to 1, where 0 indicates randomly
distributed ciliary beat orientations, and 1 indicates spatial alignment of beat.

Using these metrics, we compared the human airways at BG0-6 with the rat airways at BG0-1. Shown
by the proximal-distal cell type analysis (**Fig. 1d**), coverage with ciliated cells in these regions was
significantly higher in the human airways (86.1 ± 9.2%) compared to rat airways (53.1 ± 14.4%) (**Fig.**
3c). We found that cilia length was significantly higher in human compared to rat tissue (human: 7.1 ±
0.5 µm; rat: 5.2 ± 0.4 µm), consistent with literature[16,43]. Ciliary beat OP was also significantly higher in
human samples compared to rat samples (human: 0.9 ± 0.02; rat: 0.6 ± 0.2), as was ciliary beat
amplitude (human: 12.2 ± 1.3 µm; rat: 7.5 ± 1.2 µm). Ciliation gap sizes were similar in human (λ = 27.8
± 6.8 µm) and rat airways (λ = 28.3 ± 4.2 µm) and, notably, were thus comparable to the mean
correlation length R_0 of the cilia-driven flow (23 µm and 29 µm, respectively). This is consistent with
prior studies in mice showing that the spatial organization of ciliated cells imprints onto the emergent
flow patterns[14]. Crystalline OP was also of similar magnitude between human and rat tissue.

To understand how the functional "output metrics" CPB and clearance directionality emerge from
structural "input metrics," we developed a simple hydrodynamic model inspired by force singularity
models of cilia[44–46] to simulate particle clearance due to cilia submerged in aqueous liquid, similar to our

experimental measurement conditions (**Fig. 3d, Supplementary Figs. S7 & S8, Supplementary**
Methods). Here, we model each ciliated cell as a single regularized Stokeslet that scales with cilia beat
amplitude, points horizontally in the effective stroke direction, and is located at one cilia length above a
no-slip wall that represents the stationary cell surface. The position of ciliated cells and the orientation
of the corresponding Stokeslets are chosen such that the simulated epithelium conforms to the desired
input metrics such as cilia coverage and ciliary beat OP, patchiness, and crystalline order parameter.
Next, the resulting fluid velocity field and tracer particles trajectories were computed to derive CPB and
clearance directionality as a function of cilia coverage. To validate the model, we confirmed that it
correctly predicted the most dependable clearance measurements in human and rat samples, i.e., from
recordings with minimal sample warp where particles could be recorded right above the cilia layer,
thereby minimizing distance dependent loss of speed (**Supplementary Figure S9).** In these human
recordings, the mean cilia coverage of 95 ± 2.6% was associated with a mean clearance performance
of CPB= 8.3 ± 1.2 µm/beat and a mean directionality value of 0.97 ± 0.01 (**Fig. 3e,** "human
benchmark"). The model further predicted that CPB is linearly dependent on cilia coverage, while
clearance directionality is a steeply rising function that exponentially converges to its maximum above a
certain coverage fraction (**Fig. 3e**, red curves). We also computed these curves using the input
parameters measured in rat airways. The predicted rat-specific curves (**Fig. 3e**, blue curves) fall below
the human-specific curves because of the lower values in ciliary beat OP, amplitude, and cilia length in
rats compared to humans (**Fig**. **3c**). This means that for identical cilia coverage, the maximal CPB and
clearance directionality are lower in rats. Intriguingly, the experimentally determined mean benchmark
value in rat airways with mean cilia coverage of 45.6 ± 8.7%, mean CPB of 0.96 ± 0.3 µm/beat, and
mean directionality of 0.55 ± 0.2 (**Fig. 3b,** "rat benchmark") match the range predicted by the model,
suggesting that despite its simplicity, our model captures key structure-function relationships. The
details of the human and rat benchmark data are listed in **Supplementary Table S6.**

***In vitro* airway cultures rarely match human mucociliary properties.**

We next applied our structural and functional metrics to assess differentiated air-liquid interface (ALI)
cultures of primary human airway epithelial cells. ALI cultures are typically used to study human airway
diseases and hence there is great interest in establishing human airway-like, aka "organotypic",
phenotypes[47]. We hypothesized that we could generate different luminal epithelial cell type
compositions in the same cell donor by using a variety of cell culture differentiation media[48–50], thereby
enabling us to compare these tissues to native human *ex vivo* tissues both in terms of structural
organization and clearance function. After expanding the airway epithelial cells of multiple donors (n=4-
7; **Supplementary Tables S1 & S2**) in a common medium, we differentiated them for 28 days at ALI in
5 commonly used cell culture media: BD[51], mAir[49], SAGM™, PC, or PC-S (see Methods). The tissues
differed dramatically in their proportions of luminal ciliated, club, goblet, and hybrid secretory cells
depending on culture medium (**Fig. 4a; Supplementary Table S5;** see **Supplementary Figures S10**
& S11 for staining in another donor). On average, BD, mAir, and SAGM-cultured tissues exhibited
relatively low ciliation and contained a substantial proportion of unidentified luminal cells whereas PC
and PC-S cultured tissues most closely resembled the average human *ex vivo* composition measured
in BG0-6 (**Fig. 4b**).

We next used the cellular composition data to organize the different *in vitro* conditions and visualize
their relative similarity to different regions along the human airways tree in a physiologically meaningful
way. We reasoned that key organizing metrics would include cilia coverage, which is a major
determinant of clearance function (**Fig. 3c)**, percentage of MUC5AC+ cells since the presence of mucin
5AC strongly impacts mucus rheology and flow behavior[41], and the ratio of SCGB1A1+ to MUC5AC+
cell proportions since this ratio changes along the healthy airway tree (**Fig. 1d)**[25,26]**.** Here, the definition
of SCGB1A1+ and MUC5AC+ cells each includes hybrid MUC5AC+ SCGB1A1+ cells. Mapping the
data onto these three dimensions showed that PC-generated cellular compositions were most like
human *ex vivo* BG2-6 samples, whereas all other media conditions differed starkly from the human *ex*

vivo phenotype (**Fig. 4c**). For further insight into the proximal-distal identity of the *in vitro* cultures, we
also analyzed the proportions of MUC5B positive secretory cells, a major cell type present throughout
the airway epithelium with highest frequency in the trachea and primary bronchi [36]. We found that
human trachea contained on average 3.3 ± 1.7% Muc5B positive luminal cells, which was matched by
similar values across all large airway media conditions (BD: 5.3 ± 2.6%, mAir: 3.1 ± 2.4%, PC: 2.4 ±
1.6%) and lower values in small airway media (SAGM: 1.2 ± 1.6%, PC-S: 1.1 ± 0.1%) which is
consistent with a small airway identity[36]. (**Fig. 4d**). As reported previously for both proximal and distal
sites[36], a sizable share of MUC5B positive cells also co-expressed MUC5AC and/or SCGB1A1 both in
trachea explants and in all media conditions (**Fig. 4e).**

We proceeded by measuring ciliary beat and clearance function in washed and submerged *in vitro*
cultures, to directly compare to the measurements in *ex vivo* samples. Whereas ciliary beat frequency
was comparable in all media (**Supplementary Figure S13),** only PC-cultured epithelial tissues
approached human *ex vivo*-like particle clearance function with mean CPB of 6.4 ± 2.0 µm/s and mean
directionality of 0.81 ± 0.1 (**Fig. 5a, Supplementary Video S3**). In contrast, particle clearance in
tissues differentiated in other media performed well below the human *ex vivo* benchmarks and more
closely resembled rat *ex vivo* clearance. To understand the mechanistic underpinnings of these results,
we assessed all ciliary input metrics (**Fig. 5b**, **Supplementary Table S4**). Cilia coverage, cilia length,
beat amplitude, and ciliation gap size varied the most in response to different differentiation media. On
average, BD and SAGM-cultured tissues had shorter cilia than human *ex vivo* samples whereas PC-S
cultures had longer cilia, and mAir and PC cultures matched human cilia length (BD: 5.9 ± 0.9 µm;
mAir: 6.7 ± 0.8 µm; SAGM: 4.8 ± 1.5 µm ; PC: 7.0 ± 0.4 µm; PC-S: 7.7 ± 0.9 µm; human: 7.1 ± 0.5 µm
). Notably, only PC-cultured tissues reached human organotypic ciliary beat amplitudes whereas all
other culture conditions fell short (BD: 9.3 ± 1.3 µm; mAir: 8.1 ± 1.4 µm; SAGM: 7.1 ± 0.5 µm; PC: 12.4
± 1.5 µm; PC-S: 7.2 ± 0.6 µm; human: 12.2 ± 1.3 µm). Compared to human and rat airways, mean
ciliation gap size λ was notably smaller in PC and PC-S cultures (BD: 24.5 ± 9.0 µm; mAir: 21.0 ± 6.4
µm; SAGM: 28.1 ± 5.2 µm; PC: 16.6 ± 5.9 µm; PC-S: 14.8 ± 3.7 µm; human: 27.8 ± 6.8 µm), which is
consistent with the comparatively small cell size in PC and PC-S cultured epithelia[52] (**Supplementary
Figure S11).** To assess the functional impact of these differences, we entered the ciliary input metrics
of each medium condition into our computational model to predict CPB and particle clearance
directionality as a function of cilia coverage (**Fig. 5c, top**). Overlaying the measured CPB and
directionality values demonstrated a good fit with the model predictions overall. We then replaced
individual medium-specific cilia input parameters with the *ex vivo* values and computed the impact on
CPB and directionality (**Fig. 5c, bottom**). These results suggest that our ciliary input metrics alone can
be used to predict particle clearance function, explain its divergence from organotypic performance and
estimate the impact that rescuing defective ciliary beat features would have on clearance.

An obvious limitation of our analysis is the washing step prior to recording, thus likely removing most of
the mucus, which plays a vital role in trapping particles but also aligning flow[41], and the underlying
periciliary liquid, which has been shown to contain ATP[53], a potent stimulator of ciliary beat frequency
and amplitude[54,55]. To gauge the robustness of our results in physiological mucus conditions, we
compared ciliary activity and particle clearance in PC and PC-S cultures with mucus[41] and without
mucus. We found that, in samples with similar cilia coverage, the presence of mucus did not lead to
significant changes in average CPB, or directionality compared to washed samples, although beat
amplitude was increased in mucus samples (+20.5 ± 14%) (**Supplementary Figure S14A to D**). As a
positive control, we dosed the washed samples with 50 µM ATP[56]. After 2 minutes of incubation, ATP
induced a slight increase in average CBF (+3.5 ± 6 %) and a much greater increase in ciliary beat
amplitude (+51 ± 25%), associated with a similar rise in clearance distance per beat (+75.7 ± 50%)
compared to control (**Supplementary Figure S14A to D**). Our results match the reported ranges of
ATP-mediated changes in CBF, beat amplitude, and CPB in healthy airway epithelial cells[54,55]. We then
used our computational model to simulate the impact of the measured changes in ciliary beat amplitude

on CPB and directionality, and we compared the predictions to experimentally determined values
(**Supplementary Figure S14E and F**). Since the model explicitly accounts for ciliation levels, we were
able to increase the data set shown in **Supplementary Figure S14C and D** by including samples
varying in cilia coverages. The model curves correctly predicted the similar distribution of washed and
mucus-containing samples, while capturing a slight increase in CPB and directionality in mucus
samples associated with the higher beat amplitude. The model also recapitulated the notable increase
in CPB due to ATP treatment. Taken together, these findings suggest that the presence of an intact
mucus layer may indeed increase extracellular ATP levels and hence raise ciliary beat amplitude,
thereby slightly increasing CPB and directionality; however, donor-to-donor variability was high, and, on
average, there was little difference. Therefore, for modeling average healthy conditions, our structure-
function model provides reasonable estimates in both absence and presence of mucus but additional
parameters accounting for mucus properties are likely required to predict specific donor responses and
disease conditions.

Structural and functional maps enable phenotypic benchmarking.

In *in vitro* airway cultures, the physiological development of directional particle clearance depends on
the hydrodynamic interaction of dense ciliation with a mucus layer that is neither too high nor too low in
viscosity; the long-range forces transmitted via flowing mucus aligns ciliary beat during differentiation,
leading to long-range clearance[57,58]. Mucus viscosity and flowability in turn depend on the proportions
and abundance of mucins, especially Muc5AC and Muc5B[9,41]. However, tools to assess this
relationship remain limited, especially given the difficulty of measuring mucus rheology in miniscule *in*
vitro samples[59]. We therefore evaluated whether ciliated and secretory cell type composition could be
directly predictive of average clearance directionality in the human BG0-6 samples and the *in vitro*
cultures. Indeed, a simple linear regression model resulted in a solid prediction of mean clearance
directionality in human *in vitro* cultures using as inputs the percentage of ciliated cells and secretory
cells (i.e. the sum of MUC5AC, SCGB1A1 and/or MUC5B positive cells) (**Fig. 6**, coefficient of
determination R^2=0.89). Other input combinations worsened the prediction, including using the
percentage of ciliated cells as sole input, or removing it (R^2=0.77 and R^2=-1.34, respectively), or
replacing the secretory cell percentage with only MUC5AC, MUC5B, or SCGB1A1 positive cell
percentages (R^2=0.56, R^2=0.8, R^2=0.55), respectively). Hence, combining information on both ciliated
and major secretory cell proportions was most predictive for clearance directionality.

Collectively, our analysis has uncovered the following key findings: (1) structural ciliary metrics,
particularly the extent of ciliated cell coverage, are mechanistic predictors of particle clearance function;
(2) the selection of cell culture medium significantly influences ciliary metrics and consequently particle
clearance function, and (3) the composition of luminal secretory and ciliated cell types may act as a
statistical predictor of particle clearance directionality in airway epithelia.

Finally, to demonstrate the broader applicability of our analysis for tissue phenotyping, we leveraged
the structural cell-type composition map (**Fig. 4c**) and the functional CPB-against-ciliation map (**Fig. 5c**)
to assess the mucociliary machinery in additional culture conditions and animal models, where the data
was derived from published literature or via proof-of-concept experiments (**Fig. 7a-b**). The systems
evaluated included mature and developing mouse trachea, human airway epithelial cultures derived
from human induced pluripotent stem cells, and primary human airway epithelial cultures subjected to
asthma-like inflammatory conditions (interleukin-13 (IL-13) treated) or differentiated under mechanical
stimulation (Organ-on-Chip models). We found that the pluripotent stem cells-derived airway epithelial
tissue differentiated in PC at ALI (iALIs) as described earlier[60] greatly increased cilia coverage between
day 14 and day 35 at ALI; however, CPB remained much lower than expected from the extent of cilia
coverage, suggesting immature ciliated cell function and organization (**Fig. 7a**, orange triangles).
Secretory cell type composition in iALIs was dominated by SCGB1A1+ cells and showed relatively low
levels of MUC5AC+ cells (**Fig. 7b**). The CPB of primary human airway epithelial cultures differentiated

in BD was also below the human benchmark curve at day 14 of ALI when cultured in conventional static
inserts (**Fig. 7a**, unfilled square) but approached the curve when cultured in continuously perfused
Organ-on-Chips (**Fig. 7a**, inverted triangle). Further, after a prolonged culture time of 35 days, the static
insert cultures increased ciliation and reached the human CPB benchmark curve, indicating maturation
of ciliary beat (**Fig. 7a**, solid square). Luminal cell type composition in both insert and chip conditions
reflected a lack of ciliation compared to the human benchmark; however, the Organ-on-Chip cultures
reached nearly organotypic proportions of MUC5AC+ cells[51] (**Fig. 7b**). The CPB of primary human
airway epithelial cultures cultured in Vertex ALI medium, a popular medium choice for modeling cystic
fibrosis and asthma due to the high proportion of secretory cells[61], lay below the benchmark curve at
day 35 of ALI. Cultures treated with IL-13 for the final 14 days lost cilia coverage and, despite ciliary
beat, generated almost no flow at all (**Fig. 7a**, stars). The structural map reflects the high proportion of
secretory cells expected from culture in Vertex ALI medium[61], and IL-13 treatment creates the expected
goblet-cell dominated Th2-like asthmatic phenotype[62] (**Fig. 7b**). Ciliation and CPB in mouse trachea
continue to increase after birth until, at approximately postnatal day (P) 15, they reach their mature
performance at 40-45% ciliation[14,63] (**Fig. 7a**, unfilled circle). The ciliation-dependent increase in CPB
parallels the observed and predicted trends in the rat trachea-bronchial airways (**Fig. 7b**, filled star and
blue model prediction), and hence it is possible that mouse and rat trachea share similar ciliary beat
properties.

DISUSSION AND CONCLUSION

We developed a framework to predict how airway morphology influences particle clearance and
established benchmarks for comparing experimental airway models against the gold standard, the
human airways. Specifically, we discovered that the human large airways exhibit a high degree of
ciliation, akin to dogs and pigs[64,65], while rat airways display a gradual increase starting from 45%
ciliation in the trachea. These findings challenge the notion of conserved cilia coverage and clearance
function in mouse and human airways[14]. Furthermore, mouse airways diverge from human airways in
other relevant aspects, including near 100-fold smaller spatial dimensions, a different branching
morphology, and the absence of mucus-producing goblet cells in healthy conditions[66], similar to our
findings in rats. Additionally, it was previously found that deposition of inhaled particle deposition differs
between humans and obligatory nose breathers like rats and mice[67,68], suggesting that in contrast to
humans, in rats and mice the nasal respiratory tract serves as the main particle filter instead of the
tracheobronchial tree. Indeed, a recent study showed that nasal ciliation in mice and associated CPB is
multiple times higher than in the trachea and comparable to the values we measured in the human
large airways[39]. However, the functional implications remain speculative, necessitating further
investigation and comparative studies especially on the role of mucus.

Our study is first to evaluate culture conditions based on their ability to replicate organotypic
characteristics of MCC. The structural and functional maps developed leverage markers commonly
measured to visually compare different experimental models with human organotypic benchmarks.
While previous studies have assessed the impact of cell culture media on *in vitro* differentiation,
morphology and functional responses of respiratory epithelia[49,69,70], they did not directly compare these
metrics to native human airways and hence lacked organotypic benchmarks. Intriguingly, we
demonstrated that the composition of secretory cell types may predict clearance directionality,
consistent with the need for mucus during differentiation to establish long-range clearance[57]. This
relationship provides impetus for future work on mucus micro rheology and cilia-mucus interactions.

Our study does have limitations. The analysis of ciliary function and clearance in rat and human
airways was performed on explanted tissue and not *in vivo*, and the possibility of artifacts must be
considered in the interpretation of our findings. Analysis was also limited by the availability of healthy
human airway samples (14 donors total, as detailed in **Supplementary Table S1**), some of which were

extracted from peritumoral tissue. Many of the human donors were above the age of 60, raising the
possibility of aging-related changes to MCC[71]. Despite these limitations, the robustly high ciliation levels
provide confidence that this is a key characteristic of human large airways. While more studies are
needed to also characterize MCC in the small airways, 85% luminal cilia coverage was reported in the
human small airways[72], suggesting continuously high ciliation levels throughout the conducting airways.
We washed all samples prior to live imaging to enable direct comparison between buffer-stored
explants and *in vitro* cultures, thereby lacking an intact periciliary liquid and mucus layer in our analysis.
However, MCC recordings in unwashed mice trachea[73] suggest a CPB of about 1-2 μm/beat (assuming
a physiological CBF of 15 Hz[63]), comparable to the CPB measured in washed mouse trachea[14]. We
also showed that our clearance metrics resulted in comparable average values between washed and
unwashed conditions, but the high donor-to-donor variability indicates that further studies are
warranted. We propose that in the case of airway disease, where mucus properties are often abnormal,
comparing our metrics with and without mucus will help dissect the contribution of secretory compared
to ciliary dysfunction. Other technical limitations are outlined in the **Supplementary methods.**

In conclusion, our comprehensive structure-function analysis of the mucociliary machinery along the
human airway tree provides quantitative benchmarks and visualization tools to assess how human
organotypic the mucociliary barrier of experimental models are. The analysis can also reveal the effects
of maturation, treatments, and diseases on ciliary activity and resulting MCC. Our physics-based model
linking cilia properties to particle clearance can aid in estimating the efficacy of treatments aimed at
restoring MCC in humans.

METHODS

Ethical regulations. All applicable international, national, and/or institutional guidelines for the
procurement and use of animal and human cells and tissues were followed. The details of these
guidelines and specific protocols are listed in the next section on cell and tissue sourcing.

Cell and tissue sources.
Source of rat airways. Rat lungs were harvested from freshly euthanized animals used for other
research purposes that were performed according to approved animal study protocols. The animals
investigated at USC were 3-8 months-old female Wistar-Kyoto rats (Charles River), and the animals
investigated at Helmholtz/TUM were 8-week-old female Wistar rats (Charles River) (**Supplementary
Table S1**).

448
Source of whole human lung, tracheobronchial rings, and cells at USC and University of Iowa. Human
lung tissue from subjects with no prior history of chronic lung disease was obtained through the
International Institute for the Advancement of Medicine (IIAM) with approval from the Institutional
Review Board (IRB) of the University of Southern California (USC) (Protocol number: #HS-18-00273)
and from the Center for Gene Therapy's Cells and Tissue Core facility at the University of Iowa (tissues
are obtained under IRB#199507432) and deidentified samples were provided to Dr. Ryan's laboratory.
Donor demographics are included in **Supplementary Table S1**. Human trachea-bronchial epithelial
cells (HTBECs) were isolated as previously described[74]. Briefly, proximal airways including the trachea,
main stem bronchi and 2 further branching generations of the cartilaginous airways were dissected into
1-4 cm^2 sections and digested in of 0.1% Protease XIV (Sigma #P5147) and 0.001% DNase (Sigma
#DN25) (%w/v) in DMEM/F12 (ThermoFisher #11330032) overnight at 4°C. Using a scalpel, epithelial
tissue was gently scraped, collected in DMEM/F12, and centrifuged at 400 x g for 5 minutes. After red
blood cell lysis in ACK lysis buffer (ThermoFisher #A1049201), epithelial cells were single cell
dissociated by incubation with Accutase (Innovative Cell Technologies #AT104) at 37°C for 30 minutes.
Cells were then seeded at a density of 30K cells/cm^2 on PureCol (Advanced Biomatrix #5005) coated

tissue culture dishes in airway epithelial growth media (Promocell #C-21160) and passaged at 80%
confluence. At each passage cells were seeded at 5×10^3 cells/cm^2.

Source of human bronchial rings at LUMC. Bronchial rings were dissected from macroscopically normal
lung tissue obtained from patients undergoing resection surgery for lung cancer at the Leiden University
Medical Center, the Netherlands (**Supplementary Table S1**). Patients from which this lung tissue was
derived were enrolled in the biobank via a no-objection system for coded anonymous further use of
such tissue (www.coreon.org). However, since September 1st, 2022, patients are enrolled in the
biobank using written informed consent in accordance with local regulations from the LUMC biobank
with approval by the institutional medical ethical committee (B20.042/Ab/ab and B20.042/Kb/kb). No
clinical data from the patients from which the tissues were derived for this study are available.
474
475 *Source of cells at TUM/Helmholtz.* Cells were sourced from commercial suppliers (**Supplementary**
476 **Table S1**).
477
Source of iPSC-derived cultures. See section "Data for comparative CPB and cell type composition
map."

Source and generation of human primary airway epithelial cell cultures. Human primary small airway
epithelial cells (hSAECs) and trachea-bronchial cells (hTBECs) were obtained from Lifeline Cell
Technologies (USA) or via isolation from primary tissue obtained through the International Institute for
the Advancement of Medicine (IIAM) with approval from the Institutional Review Board (IRB) of the
University of Southern California (USC) (Protocol number: #HS-18-00273). (**Supplementary Table**
S1). The first passage cells were expanded in collagen I coated T75 tissue culture flasks and dishes in
standard bronchial epithelial cell medium (BEpiCM) (ScienCell) until ~90% confluency. Expanded small
airway and bronchial/tracheal cells were seeded on collagen IV (300 μg/mL) coated 12-well 0.4 pore
diameter PET Transwell membranes (Corning, 3460) at a density of 150K cells per insert (~135K
cells/cm²). The cells from each donor were cultured in BEpiCM supplemented with 1 nM EC23 (Tocris
Bioscience) until confluent. Once the tissue was confluent, differentiation was induced by introducing air
liquid interface (ALI) via removal of the apical medium (day 0 of ALI culture) and using one of five
different differentiation medium in the basal compartment: 1. BD: bronchial epithelial base medium and
Dulbecco's modified eagle medium BEpiCM:DMEM (50:50) with addition of supplements and 50 nM
EC23[51]; 2. PC: PneumaCult ALI (STEMCELL Technologies); 3. PC-S: PneumaCult ALI-S (STEMCELL
Technologies); 4. SAGM: Small Airway Epithelial Growth Medium (Promocell, C-21170) containing 50
nM EC23; and 5. mAir: a 1:1 mix of Dulbecco's modified eagle medium and Airway epithelial cell
growth medium (AECGM, PromoCell, C-21160) with AECGM supplements and 50 nM EC23
(previously described in [49].) The apical surface was washed with phosphate-buffered saline (PBS, no
Calcium and Magnesium) at 37 degrees Celsius twice a week to remove excess mucus. For bead
transport measurements in samples containing mucus, 50 μL/cm² of the respective media was added
to the apical surface every other day during differentiation to prevent mucus dehydration[57]. Cultures
were differentiated until day 28 of ALI.

Live ciliary beat and particle clearance recordings.
Ex vivo samples. We freshly isolated airway epithelial tissue from respiratory tree branching generation
(BG) 0 through BG6 from healthy transplant-rejected human whole lungs, and BG0 through BG5 from
healthy rat whole lungs for live measurements. Samples were cut open along the airway tube to reveal
the luminal epithelium, submerged in ice-cold HBSS buffer, mounted upside down in a glass bottom
dish (ibidi), and gently flattened using a glass cover slip held down with silicone grease at the corners.
All live recordings were performed at room temperature, which we found to prolong sample viability
compared to higher temperatures. In some samples, ciliary beat was recorded with phase contrast at
100-200 frames per second (fps) using an inverted Leica microscope equipped with a 40x (NA 0.8)

objective and a PCO Edge 4.2 high speed camera (Excelitas Technologies) operated with the micromanager plugin (ImageJ), or a Leica K3M camera operated with Leica software LAS-X. Cilia were also live-stained with fluorescent-dye conjugated wheat germ agglutinin (ThermoFisher; 20 minute incubation in dilution of 1:200)[15], and 1-µm fluorescent tracer particles were added to the bath, such that live ciliary beat and particle clearance could be recorded in the same field of view for 10 seconds (ciliary beat: 15-33 fps; particle trajectories 8-33 fps) using epifluorescence imaging as previously described[51]. Two to four FOVs with visible CBF were recorded from each sample.

In vitro cultures. *In vitro* cultures were washed for 10 minutes with PBS and recorded at ALI using an inverted Zeiss microscope equipped with a 40x (NA 0.8) phase contrast objective and a temperature-controlled chamber that was preheated to 37°C (in contrast to the *ex vivo* recordings, see above). Movies of ciliary beat were taken at 140 fps using an Orca Flash 4.0 camera (Hamamatsu). To reveal beat kinematics of thicker cultures, samples were mounted upside down and cilia were live-stained with fluorescent-dye conjugated tomato lectin (IVISense™ Tomato Lectin 680, Perkin Elmer) by incubating the sample in a 0.25 µM dilution in PBS for 20 minutes. After rinsing, ciliary beat kinematics were recorded at 30 fps using epifluorescence imaging. Particle clearance was recorded for 10 seconds at 20-30 fps by adding 1-µm fluorescent tracer particles to the apical surface[51]. Video recordings were taken from 2 insert cultures per donor and condition, with at least 8 FOVs per sample.

To assess ciliary beat and clearance function in the presence of mucus, 50 µL/cm² of medium containing carboxylate-modified 1-µm fluorescent tracer particles (1:1000 dilution) were added to the PBS-washed apical surface two days prior to the recording, allowing mucus to accumulate and embed the beads in mucus. At day 30 of differentiation, ciliary beat activity and clearance were measured as described above (protocol based on Song *et al* (2022)[41]).

To test the impact of extracellular ATP on ciliary beat and resulting transport, 50 µL/cm² of medium containing 50 µM ATP plus 1-µm fluorescent tracer particles (1:1000 dilution) were added to the apical surface post PBS-wash. After 2 minutes of incubation, ciliary beat activity and particle clearance were recorded (protocol based on Lieb *et al* (2022)[56]).

Ciliary input metrics.
Cilia length in ex vivo samples. Hematoxylin & eosin (H&E)-stained sections of human bronchial rings and rat airway trachea were imaged using a Zeiss Axioscope 7 fluorescence microscope and a 40x oil DIC objective (NA 1.4). Cilia length data were measured manually using the freehand line tool in the image processing software Fiji ImageJ[75]. Only cilia with visible starting and end point were measured. For each rat donor, on average 15 FOVs were analyzed and on average 10 cilia were measured in each FOV. For each human donor, on average 4 FOVs were analyzed and on average 30 cilia were measured in each FOV.

Cilia length in in vitro samples. The cell layer was dissociated by incubating the cultures for 20 min in prewarmed Accutase (Invitrogen, 00-4555-56) in a conical tube. After 20 min warm culture medium was added at a ratio of 3:1 and the cells were centrifuged at 210× g for 7 min. The resulting pellet was resuspended in 500 µL 4% paraformaldehyde and 10 µL of this suspension was placed onto a glass bottom imaging dish (ibidi,81218-200) and covered with a glass coverslip. Cilia length was measured as above. For each donor, 30 FOVs were analyzed and on average 10 cilia were measured in each FOV.

Ciliary beat frequency (CBF). CBF was measured by applying Fourier spectral analysis to each cilia-associated pixel recorded in high-speed videos as previously described[22].

Ciliary beat order. We determined ciliary beat orientations using either the ImageJ plugin directional analysis or manual tracing of the beat axis from all ciliated cells in at least 3 FOVs, each spanning approximately 200 μm by 200 μm. This analysis yields a list of beat angles across each field of view. We derived the director-free ciliary beat order parameter (OP) for each FOV from the angle distribution as follows: $OP = \sqrt{\langle sin2\theta\rangle^2 + \langle cos2\theta\rangle^2}$, where $\langle\rangle$ indicates the mean and θ indicates the measured angles. To compute the average value per donor and condition, we averaged the ciliary beat OP over all FOVs.

Ciliary beat amplitude. We measured ciliary beat amplitude by manually tracing the span of the ciliary beat using kymographs of videorecordings[76] in at least 10 ciliated cells each in 3 FOVs.

Cilia coverage, ciliation gap size, and crystalline order. These metrics were measured from the standard deviation of pixel intensity across all video frames, revealing the spatial distribution of motile cilia. When these data were unavailable, cilia coverage revealed by IF-staining was used instead. Images were thresholded and binarized to reveal the ciliation pattern, and ciliation gap size and crystalline order were estimated as shown previously[14]. Briefly, the 2-point correlation function *C(R)* was used to measure the probability that two pixels at a certain distance from each other both have a binary intensity level of "1", i.e., are part of a ciliated cell. For an image with pixel dimensions m × n, the 2-point correlation function is defined as

$$\hat{C}(x, y) = \frac{1}{N} \sum_{i=1}^{m-x} \sum_{j=1}^{n-y} I(i,j)I(i+x, j+y)$$

where *N=(m-x)(n-y)*. From this function, *C(R)* is derived by only allowing for coordinate pairs (*x,y*) that are part of a circle perimeter of radius *R* (rounded to integer pixel coordinates) and then averaging over the number of pixels in the circle perimeter. The resulting function *C(R)* is oscillating and its first local maximum reveals λ, the average spacing of two ciliated patches[14]. The crystalline order parameter (COP) describes the degree of variability of the patchiness between multiple FOVs and is derived from the average of λ and its standard deviation *std(λ)* across FOVs as follows: $COP = \frac{1-\sqrt{2}*std(\lambda)}{mean(\lambda)}$. Cilia coverage, defined here as percentage of luminal cells that are ciliated, was determined as part of the cell type composition analysis discussed in the associated methods section.

Particle clearance output metrics. The displacement and trajectories of fluorescent tracers driven by ciliary beat was automatically measured using the open source ImageJ Trackmate plugin[77]. From these data, two metrics were calculated.

Particle clearance directionality. Particle clearance directionality *D(R)* was defined in the Eulerian framework. We derived a Eulerian vector field from the particle trajectories by averaging the velocity components *(u,v)* at each image coordinate *(x,y)* over all trajectories passing through *(x,y)* at any time during the recorded video, i.e., $(\overline{u}, \overline{v})_{(x,y)} = \frac{1}{N}\sum_{j=1}^{N}(u,v)_{(x,y),j}$, where *N* is the total number of trajectories passing through *(x,y)*. This procedure creates a temporally averaged flow vector field, which is useful when tracer particles density is low at any given moment in time. *D(R)* was defined as the magnitude of the average flow vector divided by the average magnitude of all flow vectors within a square window with side length R, i.e., $D(R) = \langle v\rangle \vee \langle \vee v \vee\rangle$, where $\langle\rangle$ indicates the mean and || indicates the magnitude of each flow vector *v*. After normalization to mitigate offset, each trace *D(R)* was fitted with a decaying exponential, $D(R)\, e^{\frac{-R}{R_0}}$, to reveal the correlation length R_0. To remove ill-fitted curves, we only accepted fits with coefficient of determination above 0.8. We used bootstrapping to estimate the statistics of R_0 and account for the limited sample size. Since *D(R)* decays with window size *R*, we defined its mean value $\langle D_{R80}\rangle$ by averaging *D(R)* at R=80 μm to assess transport directionality over multiple cell length.

Clearance distance per beat. Clearance per beat (CPB) was defined as the mean speed of particle
clearance (in units of μm per second) divided by the ciliary beat frequency (beats per second), resulting
in units of μm per beat. This is a measure of the efficacy of each ciliary beat cycle in driving particle
clearance. When both speed and CBF data were available for the same FOV, CPB was computed
directly from the ratio. When speed and CBF data were recorded separately, their mean values over
multiple fields of views were used to compute one single value of CPB from their ratios.

In *ex vivo* samples, the surface topography was often distorted due to elastic recoil after cutting the
cartilage rings, leading to contorted tracer trajectories and variable distance between tracer particle and
cilia, which impacts apparent clearance speeds (**Supplementary Fig. S6**). To establish benchmarks
and to validate the physics-based model, we used the clearance measurements from human and rat
samples that we trusted the most, i.e., measurements from entirely flat airway sections where the
particles were visibly touching the cilia. For humans, these samples were one recording in donor H44,
BG6, and one recording in donor H47, BG2; or rats, these samples were two recordings in donor
R43USC, BG0 (see **Supplementary Videos S1 & S2** for one example per species).

IF staining and imaging.
Human and rat airway sections. Airway rings were fixed using a 4% paraformaldehyde (PFA) solution
for 3 to 24h depending on tissue thickness, washed with PBS, and stored in PBS at 4 °C until staining.
Prior to staining, the diameters of the rings were measured using a ruler. For staining, sections were cut
from both dorsal and ventral sides of the airway rings, to capture potential spatial variability along the
perimeter. Nearly level sections were cut along the long axis of the tube to minimize warping of the
epithelium. Samples were placed into a 96-well plate for staining.
617
618 *Human airway epithelial cell culture*s. After differentiation at ALI, the primary human airway epithelial
619 cultures and iPSC-derived cultures were fixed using incubation with 4% PFA solution for 30 min at RT,
620 then washed again three times with PBS and stored in PBS at 4°C until staining.
621
IF staining. Samples were blocked and permeabilized using 0.25% (v/v) Triton-X 100 in PBS with 3%
BSA for 60 min at RT, then incubated overnight at 4°C with primary antibodies (**Supplementary Table
S8**) diluted in the Triton/BSA buffer The samples were rinsed three times for 5 min with PBS before
incubation with secondary antibodies diluted in Triton/BSA buffer for 1 h at 37 °C, followed by a triple 5
min wash with PBS. Then, as applicable, the samples were incubated with directly conjugated primary
antibodies (**Supplementary Table S8**) and F-actin stain phalloidin 555 (Invitrogen, A30106) or
phalloidin 405 (Invitrogen, A30104) in Triton/BSA buffer for 1 hour at 37 °C, followed by a triple 5 min
wash with PBS. The samples were stored at 4 °C until mounting. For mounting, *ex vivo* samples were
placed into glass-bottom imaging dishes (ibidi, 81218-200) and covered with SlowFade™ Glass
Antifade Mountant (Invitrogen, S36917). A round coverslip lined with silicone grease was used to push
down and flatten the sections. The *in vitro* samples were mounted by removing the cell culture
membrane from the insert using a scalpel and placing the membrane onto a glass slide with the cells
facing upwards. The membranes were coated with a drop of ProLong™ Diamond Antifade Mountant
(Invitrogen, P36965) and covered with a round number 1.5 glass coverslip.
636
IF imaging. Human bronchial ring sections were imaged with a 40× water objective (NA 0.80) using a
Leica DMi8 microscope equipped with an Andor Dragonfly 200 spinning disk confocal or using a Zeiss
LSM 700 confocal microscope. From every stained ring section, 3 to 8 FOVs with a size of 2048 x 2048
pixels at 6.6 pixels per μm resolution were recorded. Rat samples, other human airway sections, and *in
vitro* cultures were imaged using a Leica confocal scanning microscope or a Zeiss Axioscope 7
fluorescence microscope equipped with a 40x oil DIC objective (NA 1.4). Six FOVs with a size of 2048
x 2048 pixels at 6-7 pixels per μm resolution were recorded per sample.

Cell type composition literature survey. We reviewed human data from standard histology[25,34,35] and
RNAseq studies[32,33], as well as rat data from standard histology[25] (**Supplementary Fig. S4**).

Cell type composition analysis. We employed semi-automated image analysis to quantify luminal cell
type composition from IF images containing 4 channels, either labeling F-Actin, MUC5AC, SCGB1A1
and acetylated α-tubulin (ATUB), or F-actin, MUC5AC, MUC5B and SCGB1A1 (**Supplementary Fig.
S2**). Using ImageJ Fiji[75], raw image data was converted to 16 or 8-bit tiff images using maximum
projection for stacks. As needed, images were cropped to remove edge artifacts and the subtract
background function was applied with a rolling ball radius of 1000 pixels. The Fiji plugin Advanced
Trainable Weka Segmentation with all default and the Laplacian, Derivatives and Structure training
features[78] was used to segment cell outlines from the F-actin mesh. The channels for the different cell
markers (MUC5AC, SCGB1A1, ATUB and/or MUC5B, dependent on the staining combination) were
filtered and optimized in contrast. After these preprocessing steps, cell type composition analysis was
performed by overlaying the markers with the cellular outlines using CellProfiler™[79], providing total cell
number and proportions of ATUB+, MUC5AC+, SCGB1A+, MUC5AC+, and/or MUC5B+ cells,
dependent on the staining combination, as well as overlaps of secretory markers, indicating double- or
triple positive cells. Image sets with low signal-to-noise ratio were excluded from the analysis.

Airway histology and imaging.
Rat trachea. Tracheas were obtained from wildtype Wistar rats and fixed in 2% PFA at 4°C overnight
on an orbital shaker. After washing, samples were embedded into paraffin wax in a lateral (dorso-
ventral) orientation. Traditional H&E staining was performed and microscopical images at 400x
magnification were taken of all sections, with at least 6 FOVs per trachea.
Human bronchial rings. Bronchial rings were obtained from tumor-free resected lung tissue at the
Leiden University Medical Center. The rings were fixed using 4% PFA solution for 24 hours after which
the rings were transferred to PBS and stored at 4°C until paraffin embedding at the Department of
Pathology at the Leiden University Medical Center. Bronchial ring sections were deparaffinized in
xylene and dehydrated in an ethanol gradient. Traditional H&E staining was performed and
microscopical images at 400x magnification were taken of all sections, with at least 3 FOVs per sample.
Diameter measurements. Multiple inner diameters were measured and averaged in each cross-section
of rat and human airway rings.
673
Statistical analysis. For each metric, the average of the entire FOV was determined, and by averaging
this value across all FOVs taken from all samples of the same condition, a single value for each metric
was established for each donor and condition. See **Supplementary Table S2** for donor numbers for
each condition and measurement. Where noted in the figures, statistical analysis of differences
between the mean values was performed using the two-sided, unpaired t-test. Boxplots consist of the
following elements: center line, median; box limits, upper and lower quartiles; whiskers, 1.5x
interquartile range; points, outliers. Where error bars are present, they represent standard deviation
(STD) or standard error of the mean (SEM), as noted in caption.

Linear regression model. The model was created in MATLAB using the regression learner
application.

Data for comparative CPB and cell type composition map
Mouse tracheal CPB. CPB in developing mouse trachea between postnatal days (P) 0 and 29 (grey
crosses in Fig.6b) in were derived from Toskala *et al*[80]. CPB in mature mouse trachea at P15 (black
cross in Fig.6b) was derived from Ramirez-San Juan *et al*[14].

Airway-on-Chip and insert cultures of primary human airway epithelial cells in BD. CPB and cell type
composition were derived from our previous study[51].

IL-13 treatment of primary human airway epithelial cultures in Vertex ALI medium. Cells (N=1 donor)
were differentiated in Vertex ALI medium[61] for 21 days at ALI. A chronic airway inflammatory phenotype
was induced by treatment with 100 ng/mL of IL-13 (Invitrogen, A42525) for 14 days. Analysis of CPB
and cell type composition was conducted at day 35 ALI as described above.

Generation and analysis of iPSC-derived respiratory epithelial cultures (iALI cultures). Differentiation of
human iPSCs (hiPSCs) towards respiratory epithelium was performed as described previously[60].
Briefly, hiPSCs from N=1 donor were differentiated to definitive endoderm by using the STEMdiff™
Definitive Endoderm Kit (STEMCELL Tech., Vancouver, BC, Canada). Subsequently, cells were
dissociated and replated for anterior foregut induction by supplementing basis medium with 10 µM
SB431542 (provided by the Institute of Organic Chemistry, Leibniz University, Hannover, Germany),
and 3 µM Dorsomorphin (Sigma Aldrich, Saint Louis, MO, USA) for 24 hours, followed by
supplementation with 2 µM IWP2 (Tocris, Bristol, UK) and 10 µM SB431542 for another 24 h. For lung
lineage specification, basis medium was supplemented with 10 ng/mL BMP4 (R&D Systems,
Minneapolis, MN, USA), 10 ng/mL FGF10 (R&D Systems, Minneapolis, MN, USA), and 3 µM
Chir99021 (provided by the Institute of Organic Chemistry, Leibniz University, Hannover, Germany)
until day 14 of differentiation. NKX2.1 positive lung progenitor cells were enriched by sorting for the cell
surface marker carboxypeptidase M (CPM) (FUJIFILM Wako, Cat# 014-27501). To mature lung
progenitor cells to ciliated respiratory epithelium, enriched cultures were seeded onto transwells
(Greiner Bio-One, Frickenhausen, Germany) and expanded in small airway epithelial cell growth
medium (SAECGM; PromoCell, Heidelberg, Germany) supplemented with 1% penicillin/streptomycin
(Gibco, Billings, MT, USA), 1 µM A83-01 (Tocris, Bristol, UK), 0.2 µM DMH-1 (Tocris, Bristol, UK) and 5
µM Y-27632 (Tocris, Bristol, UK) for four days. Afterwards, medium was switched to PneumaCult™-ALI
medium (STEMCELLTech., Vancouver, BC, Canada) and cells were differentiated in air-liquid interface
conditions for 28 days before analysis. Analysis of CPB and cell type composition was conducted as
described above for primary human airway epithelial cultures.

Physics-based model.
Cell-level ciliary input parameters. We model the averaged forces generated by all cilia of a multiciliated
cell as a single force monopole, located at one cilia length above a no-slip cell surface at z=0, in a
semi-infinite domain, based on custom MATLAB (Mathworks) implementation of the regularized
Stokeslet algorithm[81]. The regularized Stokeslet's strength is proportional to ciliary beat amplitude, with
its direction corresponding to power stroke direction (**Supplementary Fig. S7A**). While this approach
cannot resolve the flow and coordination of individual cilia as in single-cilia models[44,82–85], it is
straightforward to implement, suitable for large number of ciliated cells, and directly takes into account
of the wall-screening effects due to finite cilia length comparing to the slip-boundary-velocity
approach[14]. We did not consider the effects of double confinement or mucus film geometry discussed in
Ramirez-San Juan *et al.* [14] because (i) we intend to compare tracer particle motions recorded at the
cilia tip and sufficiently far from other confinement boundaries such as coverslip and air-liquid interface;
(ii) experimentally, we chose appropriately-sized field-of-views such that no recirculation effects are
observable; (iii) all functional measurements were done in washed samples without the presence of
mucus.
730
Tissue-level ciliary input parameters. We derive the ciliated cell distribution based on a cilia coverage
percentage and a crystalline order parameter as defined previously[14], where the order parameter relies
on the distribution of wavelength λ between each ciliated patch (**Supplementary Fig. S7A**). Here the
mean and standard deviation of λ is determined based on structural measurements. Then ciliated
patches are generated based on Gaussian displacement of cells that follow regular crystalline patterns,
similar to the procedure reported in Ramirez-San Juan *et al* [14]. Each ciliated cell assumes a beat
direction angle θ sampled from a Von Mises distribution, where its mean is set to be 0 (beating towards
x-axis) and its second moment, or the orientation order parameter, is determined based on the

measured cilia beat order. In the **Supplementary Methods**, we provide an exact description of how
both cilia- and tissue-level parameters are implemented *in silico.*

Model output. The model uses a rectangular grid of 51 x 51 cells, doubly periodic in both x- and y-axis,
where x-axis is defined as the clearance direction. Every cell is assumed to have a diameter of 10 µm,
with its center slightly perturbed away from the exact grid points in Monte-Carlo simulations; for visual
reference, cell boundaries are drawn based on the Voronoi diagram of the perturbed cell center points
(**Supplementary Fig. S7B**). We implement the periodic boundary conditions by truncating
hydrodynamic interactions further than one periodic image away (>250 µm) from any given point of
interest. This introduces only a small error in the flow velocity because the no-slip surface at $z = 0$
causes a quadratic decay of hydrodynamic interactions. We derive ciliary flow characteristics from the
trajectories of simulated tracer particles injected near cilia tip. Tracers are subject to both cilia-driven
flow and random fluctuations. All flow experiments were done using 1 µm diameter particles suspended
in buffer after the mucus was removed. For predictions associated with *ex vivo* measurements, we
assume the random fluctuation is due to only the thermal diffusivity of water at room temperature (
20°C; $D=0.4$ µm^2/s). For predictions related to *in vitro* experiments, we accounted for additional noise,
possibly due to immature ciliary beat, and used effective diffusivity scales estimated using particle
tracks (**Supplementary Methods; Supplementary Fig. S15**). Time evolution of 500 initially uniformly
distributed particles are computed for 500 beat periods, following the Langevin equation $dr/dt = v(r) +$
$(2D)^{0.5}\eta(t)$, where r is the particle position, $v(r)$ the cilia-driven flow, and $\eta(t)$ a standard Wiener process
(white noise). Equations are numerically integrated with a Euler-Maruyama scheme, using periodic
boundaries in both x- and y-directions. The main quantitative output of our simulation is the clearance
per beat (CPB) and clearance directionality (**Supplementary Fig. S7A**).

Example flow pattern. To illustrate how tissue-level parameters affect our model output, we present
example case studies (**Supplementary Fig. S7B**). The crystalline order parameter changes how
ciliated cells are distributed; however, it does not strongly impact the characteristics of the tracer
trajectories. Lowering cilia coverage or orientation order parameters reduces the clearance distance
and directionality. In **Supplementary Fig. S8**, we present quantitative results of CPB, and clearance
directionality change with (1) cilia length, (2) cilia beat amplitude, (3) cilia beat order and (4) patch
heterogeneity.

DATA AVAILABILITY

All relevant data supporting the key findings of this study are available in the article and its
Supplementary information files or from the corresponding authors upon reasonable request. Raw
measurement data is available at Figshare: https://doi.org/10.6084/m9.figshare.24989700.

CODE AVAILABILITY

The   MATLAB   implementation   of   the   physics-based   model   is   available   at:
https://drive.google.com/file/d/162EnjqVLeWwxjbXnsWBjT7uSRIP779c4/view?usp=drive_link.

REFERENCES

1. Wanner, A., Salathé, M. & O'Riordan, T. G. Mucociliary clearance in the airways. *Am J Respir Crit Care Med* **154**, 1868–1902 (1996).
2. Bustamante-Marin, X. M. & Ostrowski, L. E. Cilia and Mucociliary Clearance. *Cold Spring Harb Perspect Biol* **9**, (2017).
3. Nawroth, J. C., van der Does, A. M., Ryan (Firth), A. & Kanso, E. Multiscale mechanics of mucociliary clearance in the lung. *Philosophical Transactions of the Royal Society B: Biological Sciences* **375**, 20190160 (2020).
4. Whitsett, J. A. Airway Epithelial Differentiation and Mucociliary Clearance. *Annals ATS* **15**, S143–S148 (2018).
5. Satir, P. & Sleigh, M. A. The physiology of cilia and mucociliary interactions. *Annual review of physiology* **52**, 137–155 (1990).
6. Davis, J. D. & Wypych, T. P. Cellular and functional heterogeneity of the airway epithelium. *Mucosal Immunol* **14**, 978–990 (2021).
7. Cone, R. A. Barrier properties of mucus. *Advanced Drug Delivery Reviews* **61**, 75–85 (2009).
8. Lai, S. K., Wang, Y.-Y., Wirtz, D. & Hanes, J. Micro- and macrorheology of mucus. *Adv Drug Deliv Rev* **61**, 86–100 (2009).
9. Bonser, L. R. & Erle, D. J. Airway Mucus and Asthma: The Role of MUC5AC and MUC5B. *J Clin Med* **6**, 112 (2017).
10. Munkholm, M. & Mortensen, J. Mucociliary clearance: pathophysiological aspects. *Clin Physiol Funct Imaging* **34**, 171–177 (2014).
11. Randell, S. H. & Boucher, R. C. Effective mucus clearance is essential for respiratory health. *Am. J. Respir. Cell Mol. Biol.* **35**, 20–28 (2006).
12. King, M. Experimental models for studying mucociliary clearance. *European Respiratory Journal* **11**, 222–228 (1998).
13. Burn, A. *et al.* A quantitative interspecies comparison of the respiratory mucociliary clearance mechanism. *Eur Biophys J* **51**, 51–65 (2022).
14. Ramirez-San Juan, G. R. *et al.* Multi-scale spatial heterogeneity enhances particle clearance in airway ciliary arrays. *Nat. Phys.* **16**, 958–964 (2020).
15. Nakamura, R. *et al.* A novel method for live imaging of human airway cilia using wheat germ agglutinin. *Sci Rep* **10**, 14417 (2020).
16. Oltean, A., Schaffer, A. J., Bayly, P. V. & Brody, S. L. Quantifying Ciliary Dynamics during Assembly Reveals Stepwise Waveform Maturation in Airway Cells. *Am J Respir Cell Mol Biol* **59**, 511–522 (2018).
17. Schiller, H. B. *et al.* The Human Lung Cell Atlas: A High-Resolution Reference Map of the Human Lung in Health and Disease. *Am J Respir Cell Mol Biol* **61**, 31–41 (2019).
18. Rustam, S. *et al.* A Unique Cellular Organization of Human Distal Airways and Its Disarray in Chronic Obstructive Pulmonary Disease. *Am J Respir Crit Care Med* **207**, 1171–1182 (2023).
19. Liu, Y., Beyer, A. & Aebersold, R. On the Dependency of Cellular Protein Levels on mRNA Abundance. *Cell* **165**, 535–550 (2016).
20. Raidt, J. *et al.* Ciliary beat pattern and frequency in genetic variants of primary ciliary dyskinesia. *European Respiratory Journal* **44**, 1579–1588 (2014).
21. Heijink, I. H. *et al.* Epithelial cell dysfunction, a major driver of asthma development. *Allergy* **75**, 1898–1913 (2020).
22. Benam, K. H. *et al.* Matched-Comparative Modeling of Normal and Diseased Human Airway Responses Using a Microengineered Breathing Lung Chip. *Cell Systems* **3**, 456-466.e4 (2016).
23. Sachs, N. *et al.* Long-term expanding human airway organoids for disease modeling. *EMBO J* **38**, (2019).

24. Ninaber, D. K., van der Does, A. M. & Hiemstra, P. S. Isolating Bronchial Epithelial Cells from Resected Lung Tissue for Biobanking and Establishing Well-Differentiated Air-Liquid Interface Cultures. *J Vis Exp* (2023) doi:10.3791/65102.

25. Mercer, R. R., Russell, M. L., Roggli, V. L. & Crapo, J. D. Cell number and distribution in human and rat airways. *Am J Respir Cell Mol Biol* **10**, 613–624 (1994).

26. Yang, J. *et al.* Smoking-Dependent Distal-to-Proximal Repatterning of the Adult Human Small Airway Epithelium. *Am J Respir Crit Care Med* **196**, 340–352 (2017).

27. Nawroth, J. C. *et al.* Motile cilia create fluid-mechanical microhabitats for the active recruitment of the host microbiome. *PNAS* **114**, 9510–9516 (2017).

28. Hogg, J. C. *et al.* The nature of small-airway obstruction in chronic obstructive pulmonary disease. *N Engl J Med* **350**, 2645–2653 (2004).

29. Weibel, E. R. & Gomez, D. M. Architecture of the human lung. Use of quantitative methods establishes fundamental relations between size and number of lung structures. *Science* **137**, 577–585 (1962).

30. Lee, D., Fanucchi, M. V., Plopper, C. G., Fung, J. & Wexler, A. S. Pulmonary Architecture in the Conducting Regions of Six Rats. *The Anatomical Record* **291**, 916–926 (2008).

31. Oliveira, M. J. R. *et al.* Zonation of Ciliated Cells on the Epithelium of the Rat Trachea. *Lung* **181**, 275–282 (2003).

32. Okuda, K. *et al.* Secretory Cells Dominate Airway CFTR Expression and Function in Human Airway Superficial Epithelia. *Am J Respir Crit Care Med* **203**, 1275–1289 (2021).

33. Hackett, N. R. *et al.* RNA-Seq quantification of the human small airway epithelium transcriptome. *BMC Genomics* **13**, 82 (2012).

34. BOERS, J. E., AMBERGEN, A. W. & THUNNISSEN, F. B. J. M. Number and Proliferation of Clara Cells in Normal Human Airway Epithelium. *American Journal of Respiratory and Critical Care Medicine* (2012) doi:10.1164/ajrccm.159.5.9806044.

35. Maughan, E. F. *et al.* Cell-intrinsic differences between human airway epithelial cells from children and adults. *iScience* **25**, 105409 (2022).

36. Okuda, K. *et al.* Localization of Secretory Mucins MUC5AC and MUC5B in Normal/Healthy Human Airways. *Am. J. Respir. Crit. Care Med.* **199**, 715–727 (2019).

37. Deprez, M. *et al.* A Single-Cell Atlas of the Human Healthy Airways. *Am J Respir Crit Care Med* **202**, 1636–1645 (2020).

38. Tadokoro, T. *et al.* Dorso-ventral heterogeneity in tracheal basal stem cells. *Biology Open* **10**, bio058676 (2021).

39. Rogers, T. D. *et al.* Regional Differences in Mucociliary Clearance in the Upper and Lower Airways. *Frontiers in Physiology* **13**, (2022).

40. Chilvers, M. A., Rutman, A. & O'Callaghan, C. Ciliary beat pattern is associated with specific ultrastructural defects in primary ciliary dyskinesia. *J. Allergy Clin. Immunol.* **112**, 518–524 (2003).

41. Song, D. *et al.* MUC5B mobilizes and MUC5AC spatially aligns mucociliary transport on human airway epithelium. *Science Advances* **8**, eabq5049 (2022).

42. Bonser, L. R., Zlock, L., Finkbeiner, W. & Erle, D. J. Epithelial tethering of MUC5AC-rich mucus impairs mucociliary transport in asthma. *J Clin Invest* **126**, 2367–2371 (2016).

43. O'Callaghan, C., Sikand, K. & Rutman, A. Respiratory and Brain Ependymal Ciliary Function. *Pediatr Res* **46**, 704–704 (1999).

44. Kanale, A. V., Ling, F., Guo, H., Fürthauer, S. & Kanso, E. Spontaneous phase coordination and fluid pumping in model ciliary carpets. *Proceedings of the National Academy of Sciences* **119**, e2214413119 (2022).

45. Smith, D. J., Gaffney, E. A. & Blake, J. R. Discrete cilia modelling with singularity distributions: application to the embryonic node and the airway surface liquid. *Bull Math Biol* **69**, 1477–1510 (2007).

46. Blake, J. R. & Otto, S. R. Ciliary propulsion, chaotic filtration and a 'blinking' stokeslet. *J Eng Math* **30**, 151–168 (1996).

47. Baldassi, D., Gabold, B. & Merkel, O. Air-liquid interface cultures of the healthy and diseased human respiratory tract: promises, challenges and future directions. *Adv Nanobiomed Res* **1**, 2000111 (2021).
48. Saint-Criq, V. *et al.* Choice of Differentiation Media Significantly Impacts Cell Lineage and Response to CFTR Modulators in Fully Differentiated Primary Cultures of Cystic Fibrosis Human Airway Epithelial Cells. *Cells* **9**, 2137 (2020).
49. Luengen, A. E. *et al.* Choosing the Right Differentiation Medium to Develop Mucociliary Phenotype of Primary Nasal Epithelial Cells In Vitro. *Scientific Reports* **10**, 6963 (2020).
50. Bukowy-Bieryłło, Z. Long-term differentiating primary human airway epithelial cell cultures: how far are we? *Cell Communication and Signaling* **19**, 63 (2021).
51. Nawroth, J. C. *et al.* Breathing on chip: Dynamic flow and stretch accelerate mucociliary maturation of airway epithelium in vitro. *Materials Today Bio* 100713 (2023) doi:10.1016/j.mtbio.2023.100713.
52. Broadbent, L. *et al.* Comparative primary paediatric nasal epithelial cell culture differentiation and RSV-induced cytopathogenesis following culture in two commercial media. *PLOS ONE* **15**, e0228229 (2020).
53. Button, B., Okada, S. F., Frederick, C. B., Thelin, W. R. & Boucher, R. C. Mechanosensitive ATP Release Maintains Proper Mucus Hydration of Airways. *Science signaling* **6**, ra46 (2013).
54. Tanabe, T. & Rubin, B. K. Airway Goblet Cells Secrete Pro-Inflammatory Cytokines, Chemokines, and Growth Factors. *Chest* **149**, 714–720 (2016).
55. Sekiya, T., Murakami, K. & Isohama, Y. ATP Increases Ciliary Beat Frequency and Ciliary Bend Angle through Distinct Purinergic Receptors in Bronchial Ciliary Cells Isolated from Mice. *Biol Pharm Bull* **47**, 1307–1313 (2024).
56. Lieb, T., Frei, C. W., Frohock, J. I., Bookman, R. J. & Salathe, M. Prolonged increase in ciliary beat frequency after short-term purinergic stimulation in human airway epithelial cells. *J Physiol* **538**, 633–646 (2002).
57. Loiseau, E. *et al.* Active mucus–cilia hydrodynamic coupling drives self-organization of human bronchial epithelium. *Nat. Phys.* **16**, 1158–1164 (2020).
58. Gsell, S., Loiseau, E., D'Ortona, U., Viallat, A. & Favier, J. Hydrodynamic model of directional ciliary-beat organization in human airways. *Sci Rep* **10**, 8405 (2020).
59. Atanasova, K. R. & Reznikov, L. R. Strategies for measuring airway mucus and mucins. *Respir Res* **20**, (2019).
60. von Schledorn, L. *et al.* Primary Ciliary Dyskinesia Patient-Specific hiPSC-Derived Airway Epithelium in Air-Liquid Interface Culture Recapitulates Disease Specific Phenotypes In Vitro. *Cells* **12**, 1467 (2023).
61. Neuberger, T., Burton, B., Clark, H. & Van Goor, F. Use of primary cultures of human bronchial epithelial cells isolated from cystic fibrosis patients for the pre-clinical testing of CFTR modulators. *Methods Mol Biol* **741**, 39–54 (2011).
62. Atherton, H. C., Jones, G. & Danahay, H. IL-13-induced changes in the goblet cell density of human bronchial epithelial cell cultures: MAP kinase and phosphatidylinositol 3-kinase regulation. *American Journal of Physiology-Lung Cellular and Molecular Physiology* **285**, L730–L739 (2003).
63. Francis, R. J. B. *et al.* Initiation and maturation of cilia-generated flow in newborn and postnatal mouse airway. *American Journal of Physiology-Lung Cellular and Molecular Physiology* **296**, L1067–L1075 (2009).
64. Gan, Y. *et al.* Establishment of a model of Mycoplasma hyopneumoniae infection using Bama miniature pigs. *Food Production, Processing and Nutrition* **2**, 19 (2020).
65. Wright, N. G., Brown, R. M. H., Mccandlish, I. A. P., Thompson, H. & Cornwell, H. J. C. Patterns of cilia formation in the lower respiratory tract of the dog: a scanning electron microscopic study. *Research in Veterinary Science* **34**, 340–346 (1983).
66. Danopoulos, S., Shiosaki, J. & Al Alam, D. FGF Signaling in Lung Development and Disease: Human Versus Mouse. *Frontiers in Genetics* **10**, (2019).

67. Wolff, R. K. Perspectives on Lung Dose and Inhaled Biomolecules. *Toxicol Pathol* **49**, 378–385 (2021).

68. Brown, J. S. Chapter 27 - Deposition of Particles. in *Comparative Biology of the Normal Lung (Second Edition)* (ed. Parent, R. A.) 513–536 (Academic Press, San Diego, 2015). doi:10.1016/B978-0-12-404577-4.00027-8.

69. Leung, C., Wadsworth, S. J., Yang, S. J. & Dorscheid, D. R. Structural and functional variations in human bronchial epithelial cells cultured in air-liquid interface using different growth media. *American Journal of Physiology-Lung Cellular and Molecular Physiology* **318**, L1063–L1073 (2020).

70. Awatade, N. T. *et al.* Comparison of commercially available differentiation media on cell morphology, function, and anti-viral responses in conditionally reprogrammed human bronchial epithelial cells. *Sci Rep* **13**, 11200 (2023).

71. Proença de Oliveira-Maul, J. *et al.* Aging, diabetes, and hypertension are associated with decreased nasal mucociliary clearance. *Chest* **143**, 1091–1097 (2013).

72. Dvornikov, D. *et al.* Quantitative imaging reveals PI3Kδ inhibition reduces rhinovirus-induced damage of small airway epithelia in ex vivo cultured human precision cut lung slices from COPD patients. 2022.03.01.482451 Preprint at https://doi.org/10.1101/2022.03.01.482451 (2022).

73. Veres, T. Z. *et al.* Intubation-free in vivo imaging of the tracheal mucosa using two-photon microscopy. *Scientific Reports* **7**, 694 (2017).

74. Fulcher, M. L., Gabriel, S., Burns, K. A., Yankaskas, J. R. & Randell, S. H. Well-differentiated human airway epithelial cell cultures. *Methods Mol Med* **107**, 183–206 (2005).

75. Schindelin, J. *et al.* Fiji: an open-source platform for biological-image analysis. *Nat Meth* **9**, 676–682 (2012).

76. Yasuda, M. *et al.* Intracellular Cl- Regulation of Ciliary Beating in Ciliated Human Nasal Epithelial Cells: Frequency and Distance of Ciliary Beating Observed by High-Speed Video Microscopy. *Int J Mol Sci* **21**, 4052 (2020).

77. Tinevez, J.-Y. *et al.* TrackMate: An open and extensible platform for single-particle tracking. *Methods* **115**, 80–90 (2017).

78. Arganda-Carreras, I. *et al.* Trainable Weka Segmentation: a machine learning tool for microscopy pixel classification. *Bioinformatics* **33**, 2424–2426 (2017).

79. McQuin, C. *et al.* CellProfiler 3.0: Next-generation image processing for biology. *PLoS Biol* **16**, (2018).

80. Toskala, E., Smiley-Jewell, S. M., Wong, V. J., King, D. & Plopper, C. G. The temporal and spatial distribution of ciliogenesis in the tracheobronchial airways of mice. *Am J Physiol Lung Cell Mol Physiol* **289**, L454–L459 (2005).

81. Ainley, J., Durkin, S., Embid, R., Boindala, P. & Cortez, R. The method of images for regularized Stokeslets. *Journal of Computational Physics* **227**, 4600–4616 (2008).

82. Elgeti, J. & Gompper, G. Emergence of metachronal waves in cilia arrays. *Proceedings of the National Academy of Sciences* **110**, 4470–4475 (2013).

83. Ding, Y., Nawroth, J., McFall-Ngai, M. & Kanso, E. Mixing and transport by ciliary carpets: a numerical study. *Journal of Fluid Mechanics* **743**, 124–140 (2014).

84. Vilfan, A. & Jülicher, F. Hydrodynamic flow patterns and synchronization of beating cilia. *Phys. Rev. Lett.* **96**, 058102 (2006).

85. Uchida, N. & Golestanian, R. Generic conditions for hydrodynamic synchronization. *Phys. Rev. Lett.* **106**, 058104 (2011).

ACKNOWLEDGEMENTS

This study was funded by (1) the National Institute of Health: National Heart, Lung, and Blood Institute (NIH:NHLBI R01 HL152633, A.L.R., J.N., and E.K.), (2) The Hastings Foundation (A.L.R.), (3) the European Research Council (ERC: ERC-STG 950219, J.N.), (4) the European Molecular Biology

Organization (EMBO: Scientific Exchange Grant 9101; D.R.), (5) Technical University Munich (TUM:
Internationalization Grant, D.R.) and (6) German Center for Lung research (DZL: 82DZL002A1, R.O.).
We also want to thank Sandra Sühnel (excision of rat lungs at TUM) and Jackie Mao (excision of rat
lungs at USC).

COMPETING INTERESTS DECLARATIONS

The authors declare no competing interests.

VIDEO CAPTIONS

Video S1: Ciliary beat (left, visualized by fluorescent WGA staining) and particle clearance (right,
visualized by trajectories of fluorescent 1-μm beads) in human *ex vivo* bronchial epithelium (donor H47,
BG2). The same field of view is shown for both recordings. The clearance data was used for
benchmarking.

Video S2: Ciliary beat (left, visualized by fluorescent WGA staining) and particle clearance (right,
visualized by trajectories of fluorescent 1-μm beads) in rat *ex vivo* bronchial epithelium (Donor
R43USC, BG0). The same field of view is shown for both recordings. The clearance data was used for
benchmarking.

Video S3: Ciliary beat (top, visualized by phase contrast imaging) and particle clearance (bottom,
visualized by trajectories of fluorescent 1-μm beads) in airway epithelial cultures of a single donor
differentiated at ALI for 28 days in 5 different differentiation media. A different field of view is shown for
ciliary beat versus clearance.

1000

1001

1002

1003

1004

1005

1006

1007

1008

1009

1010

1011

1012

1013

1014

1015

1016

1017

1018

1019

1020 FIGURES

1021

Figure 1: Luminal epithelial cell type composition differs along the human and rat airway tree. a, Airway branching generations in human and rat investigated in this study included BG0-6 in humans and BG0-5 in rats. b, Workflow for imaging luminal epithelial cell type composition and ciliary beat and clearance function in airway samples. c Example IF staining of cilia (ATUB, magenta) and secretory cells (SCGB1A1, green; MUC5AC, grey) in human and rat airway epithelium in BG0 (trachea) and BG5/6. Scale bar: 20 µm. D, Quantification of luminal cell proportions labeled with ATUB (ciliated cells) or with MUC5AC and/or SCGB1A1 (secretory cells) as a function of airway branching generation in human and rat airway epithelium. Inset: Percentage of human secretory cell population positive for only MUC5AC (grey), only for SCGB1A1 (green), or for both (white) as a function of branching generation. Solid line: mean, shaded region: SEM. 2-5 donors per BG, 2-3 FOVs each. For full donor numbers and information see **Supplementary Tables S1 & S2**.

1033

1034

1035

Figure 2: Ciliary beat and particle clearance function differ between human and rat airway. a, Representative measurement of ciliary beat frequency (CBF) and associated particle clearance trajectories and speed in a human airway epithelial sample (BG2). b, Same measurements in rat airway epithelial sample (BG1). Scalebar in a, b: 100 μm. c, Quantification of average CBF, particle clearance speed, and clearance per beat (CPB) in human airways BG0-6 and rat airways BG0-1. d, left: Clearance directionality as a function of distance in human (red) and rat (blue) airways. Thick lines are average curves. Right: Mean directionality over a flow distance of 80 μm. Boxplots: Each solid dot is the mean value of one donor (N=4-6, data from 1-3 BGs, 2-4 FOVs each); red line is median of distribution; significance was assessed with Kruskal–Wallis test.

1045

1046

1047

Figure 3: Quantitative analysis of ciliary beat parameters and their impact on clearance function. a, Cell-level analysis of ciliary beat orientation based on beat trajectories (scalebar: 20 μm), ciliary beat amplitude based on kymograph span (scalebar: 10 μm), and cilia length based on histology sections (scalebar: 10 μm). b, Tissue-level analysis of ciliation gap size λ using spatial correlation function $C(R)$ of ciliated regions in multiple fields of view (left plot) where the first local maximum of the mean correlation curve reveals mean λ (right plot). Scalebar: 20 μm. c, Average cilia coverage, ciliary beat order, ciliary beat amplitude, cilia length, ciliation gap size and crystalline order parameter measured in human BG0-6 and rat BG0-1. Each solid dot is the mean value of one donor (N=4-6; 1-3 BGs, 2-4 FOVs each), red line is median of distribution; significance was assessed with Kruskal–Wallis test. More donors were available for measurements that could be done in fixed tissue. b, Schematic of ciliary input metrics on cell- and tissue-level used to predict output metrics of tissue-level clearance using physics-based computational model. c, Predicted and measured clearance per beat and clearance directionality in human (red, BG0-6) and rat (blue, BG0-1). Solid line represents mean prediction, shaded area shows uncertainty based on spread of input metrics, and individual data points indicate measurements from human and rat airways. Different marker shapes indicate different donors, illustrating presence of two different ciliation levels in trachea of same rat donor (e.g. blue circles). Black data points and error bars represent experimental human and rat benchmark (mean ± SEM of individual data points), indicating a reasonable match of the model predictions.

1067

Figure 4: Cell culture media determine *in vitro* luminal cell type composition. a, Representative IF-images of primary human airway epithelial cultures from 1 donor grown in different differentiation media for 28 days at ALI and stained for cilia (ATUB, magenta) and secretory cell markers (SCGB1A1, green; MUC5AC, white). Scalebar, 40 μm. b, Average luminal cell type composition based on IF-staining (*in vitro*: N=4-7 donors, 2 inserts each with 3-8 FOVs each; *ex vivo*: 9 donors, 1-3 BGs, 2-3 FOVs each). c, Mapping of IF-staining data of *in vitro* and *ex vivo* samples onto three dimensions. y-axis: percentage of MUC5AC+ cells; x-axis: cilia coverage, i.e., percentage of ciliated (ATUB+) cells; circle diameter: ratio of SCGB1A1+ to MUC5AC+ cell percentages. d, Average percentage of MUC5B expressing cells and e, relative percentage of MUC5B expressing cells that also express either SCGB1A1 or MUC5AC from IF-stainings (*in vitro*: N=2 (SAGM, BD) to N=4 (PC, PC-S, mAir) donors, 1-2 inserts each with 1-6 FOVs each; *ex vivo*: N=3 donors, BG0, 2-4 FOVs each).

1079

Figure 5: Cell culture media dramatically impact *in vitro* ciliary beat and clearance function. a,
Quantitative analysis of particle CPB and directionality in primary human airway epithelial cultures of
N=4-5 donors (2-3 inserts each with 6 FOVs each), grown in different differentiation media for 28 days
at ALI compared to human and rat benchmark data. Each solid dot is the mean value of one donor, red
line is median of the distribution. Dotted lines indicate average human and rat benchmark values. b,
Quantitative analysis of ciliary beat metrics in airway cells cultured and visualized as in (a). c, Top:
Predicted CPB and clearance directionality in *in vitro* cultures compared to predicted human airway
performance (red). Measured mean values per donor are overlaid (dots). Bottom: Predicted change in
CPB and directionality of *in vitro* cultures in different media if an individual cilia input parameter is set to
match *ex vivo* values.

1092 **Figure 6: Clearance prediction from cell type composition.** Linear regression model predicting
1093 average clearance directionality in human airway epithelia (*in vitro* and *ex vivo*) using as input the
1094 average values of cilia coverage and secretory cell percentage (incl. SCGB1A1+ , MUC5AC+ , and
1095 MUC5B+ cells).

1096

1097

1098 **Figure 7:** Structural and functional benchmarking of the mucociliary machinery. a, Clearance per beat
1099 map comparing different human in vitro and rodent ex vivo models to human and rat benchmark data.
1100 D, day at ALI; P, postnatal day; Vtx, Vertex ALI medium; iALI, human iPSC-derived differentiated
1101 airway epithelium. Orange markers indicate original data (iALI, Vtx and Vtx +IL13, proof-of-concept
1102 from N=1 donor each, 2-3 inserts, 3-6 FOVs each); black markers indicate data sourced from literature,

see methods for details. Red line and shaded region: Human model predictions; blue line and shaded region: rat BG0-1 model predictions. b, Cellular composition map comparing different human *in vitro* models to human and rat benchmarks with y-axis: percentage of MUC5AC+ cells; x-axis: cilia coverage, i.e., percentage of ciliated (ATUB+) cells; circle diameter: ratio of SCGB1A1+ to MUC5AC+ cell percentages. Solid markers indicate original data (human BGs as Fig. 4.; iALI, Vtx and Vtx +IL13, proof-of-concept from N=1 donor each, 2-3 inserts, 3-6 FOVs each); black unfilled markers indicate data sourced from literature. Note that y-axis is in log-scale.