Glucocorticoids rapidly modulate Ca$_V$1.2-mediated calcium signals through

Kv2.1 channel clusters in hippocampal neurons

Di Wan[1,2]†, Tongchuang Lu[1,2]†, Chenyang Li[1,2], Changlong Hu[1,2]*

1. Department of Physiology and Neurobiology, School of Life Sciences, Fudan

University, Shanghai 200438, P.R.China

2. International Human Phenome Institute (Shanghai), Shanghai 200433, P.R.China

†, These authors contributed equally to the work.

***Corresponding author:** Changlong Hu

Email: clhu@fudan.edu.cn

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16 All data supporting the findings of this study are available within the paper and its

17 Supplementary Information.

Conflict of Interest Statement

20 The authors declare no competing financial interests.

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24 signals; Hippocampal neurons

Abstract

The precise regulation of Ca^{2+} signals plays a crucial role in the physiological functions of neurons. Here, we investigated the rapid effect of glucocorticoids on Ca^{2+} signals in hippocampal neurons. In cultured hippocampal neurons, glucocorticoids inhibited the spontaneous somatic Ca^{2+} spikes generated by Kv2.1-organized Ca^{2+} microdomains. Furthermore, glucocorticoids rapidly reduced the cell surface expressions of Kv2.1 and $Ca_V1.2$ channels in hippocampal neurons. In HEK293 cells transfected with Kv2.1 alone, glucocorticoids significantly reduced the surface expression of Kv2.1 with little effect on K^+ currents. Glucocorticoids inhibited $Ca_V1.2$ currents but had no effect on the cell surface expression of $Ca_V1.2$ in HEK293 cells transfected with $Ca_V1.2$ alone. Notably, in the presence of wild-type Kv2.1, glucocorticoids caused a decrease in the surface expression of $Ca_V1.2$ channels in HEK293 cells. However, this effect was not observed in the presence of non-clustering Kv2.1S586A mutant channels. Live cell imaging showed that glucocorticoids rapidly decreased Kv2.1 clusters on the plasma membrane. Correspondingly, western blot results indicated a significant increase in the cytoplasmic level of Kv2.1, suggesting the endocytosis of Kv2.1 clusters. Glucocorticoids rapidly decreased the intracellular cAMP concentration and the phosphorylation level of PKA in hippocampal neurons. The PKA inhibitor H89 mimicked the effect of glucocorticoids on Kv2.1, while the PKA agonist forskolin abrogated the effect. In conclusion, glucocorticoids rapidly regulate $Ca_V1.2$-mediated Ca^{2+} signals in hippocampal neurons by promoting the endocytosis of Kv2.1 channel clusters through reducing PKA activity.

Significance Statement

The rapid non-genomic effect of glucocorticoids on the central nervous system is not fully understood. $Ca_V1.2$-mediated Ca^{2+} signaling microdomains control somatic Ca^{2+} signals and regulate excitation-transcription coupling in hippocampal neurons. Here, we demonstrate that glucocorticoids rapidly inhibit $Ca_V1.2$-mediated somatic Ca^{2+} spikes in hippocampal neurons. Glucocorticoids reduce the surface expression of Kv2.1 clusters but do not affect the surface expression of non-clustering Kv2.1. Moreover, glucocorticoids induce the endocytosis of $Ca_V1.2$ channels through wild-type Kv2.1. However, glucocorticoids cannot induce the endocytosis of $Ca_V1.2$ channels through Kv2.1S586A mutant channels, which cannot form clusters. This study sheds light on the intricate interplay between glucocorticoids, Kv2.1 channels, and $Ca_V1.2$ channels, unraveling a dual mechanism that influences both overall Ca^{2+} signaling and the intricate organization of neural microdomains.

Introduction

Glucocorticoids, also known as stress hormones, are produced by the zona fasciculata cells of the adrenal cortex in a diurnal pattern. In the mammalian brain, glucocorticoids induce variable neuronal effects via both genomic and non-genomic signaling pathways. While the genomic pathway has been well studied, the rapid non-genomic effects of glucocorticoids, which usually occur within a few minutes, are still not fully understood. The hippocampus is the main effector of glucocorticoids in brain (1). The level of glucocorticoids shows a distinct circadian and ultradian rhythm in brain (2, 3). Recent studies have shown that the ultradian rhythmicity of glucocorticoids is critical in regulating normal emotional and cognitive responses in humans (4). Glucocorticoids may modulate neural function through rapid non-genomic effects during these fluctuations.

The Ca^{2+} entry through L-type calcium channels, mainly $Ca_V1.2$ and $Ca_V1.3$ channels, is essential for the normal functioning of various mammalian brain neurons(5, 6). Even through both mRNA expression of $Ca_V1.2$ and $Ca_V1.3$ has been suggested in the hippocampus, L-type Ca^{2+} current in hippocampal neurons may be predominantly mediated by $Ca_V1.2$ channels(7-10). Accordingly, the hippocampal pyramidal neurons in $Ca_V1.2$ knockout mice displayed a nearly complete loss of L-type Ca^{2+} currents, and $Ca_V1.2$ but not $Ca_V1.3$ knockout mice showed deficits in hippocampal long-term potentiation and memory formation(11-13).

The family of Kv2 channels, consisting of Kv2.1 and Kv2.2, plays a vital role in controlling neural excitability(14, 15). The Kv2.1 channel is widely expressed throughout the mammalian brain, and is the major conductor of rectifying potassium currents in hippocampal neurons(16, 17). Kv2.1 channels in cell membrane exist in two forms: clustered and nonclustered(18) . Nonclustered Kv2.1 channels conduct K^+ normally and are critical for maintaining repetitive firing of neurons(19, 20). Clustered Kv2.1 channels are barely conductive and serve as a platform to organize neuronal endoplasmic reticulum/plasma membrane (ER/PM) junctions(21-25). ER/PM junctions are critical for lipid and Ca^{2+} homeostasis in eukaryotic cells(26, 27),

and are particularly abundant in the soma of mammalian brain neurons(28). Recent

studies have shown that clustered Kv2.1 channels recruit $Ca_V1.2$ to somatic ER/PM

junctions to form Ca^{2+} signaling microdomains. These microdomains control somatic

Ca^{2+} signals and regulate excitation-transcription coupling in hippocampal neurons(29,

30).

In this study, we investigated that the rapid effects of glucocorticoids on Ca^{2+}

signals in hippocampal neurons. Our results show that glucocorticoids reduce cell

surface expression of $Ca_V1.2$ by promoting endocytosis of clustered Kv2.1. This, in

turn, inhibits somatic Ca^{2+} sparklets in hippocampal neurons through the PKA

signaling pathway.

Results

Glucocorticoids reduce somatic spontaneous Ca^{2+} signals and Kv2.1 clusters in

cultured hippocampal neurons.

First, we investigated the effect of glucocorticoids on somatic spontaneous Ca^{2+}

signals in cultured hippocampal neurons under internal reflection fluorescence (TIRF)

microscopy. The fluorescent calcium indicator Cal-590 AM was used to detect the

spontaneous somatic Ca^{2+} signals in cultured hippocampal neurons. Bath application

of 1 μM corticosterone for 5 min significantly reduced the frequency and amplitude of

spontaneous somatic Ca^{2+} sparks in hippocampal neurons, with no effect on the spark

width (Fig. 1A-C; Supplemental Video S1).

Spontaneous somatic Ca^{2+} signals in hippocampal neurons are usually generated at

Kv2.1 cluster-associated ER-PM junction sites, where Kv2.1 recruits $Ca_V1.2$ to form

local Ca^{2+}-release microdomains(29). Therefore, we investigated whether

corticosterone regulates Ca^{2+} signaling via Kv2.1 clusters. Kv2.1 clusters with

diameter more than 0.5 μm were calculated (31). Treatment with 1 μM corticosterone

for 5 minutes reduced Kv2.1 clusters in the soma of hippocampal neurons (Fig. 1D).

This suggests that corticosterone caused Kv2.1 declustering or endocytosis. To further

investigate the mechanism by which glucocorticoids reduce somatic spontaneous Ca^{2+}

signals in cultured hippocampal neurons, we tested the effect of corticosterone on

Ca^{2+} and K^+ channel currents in cultured hippocampal neurons.

Glucocorticoids rapidly inhibit calcium and potassium channel currents in

hippocampal neurons.

Since the predominant calcium channel currents in hippocampal neurons are

conducted by L-type $Ca_V1.2$ channels (12), Ba^{2+} was used as the charge carrier to

minimize Ca^{2+}-induced inactivation. Whole-cell Ba^{2+} currents in cultured

hippocampal neurons were elicited by a 100-ms depolarizing pulse to 0 mV from a

holding potential of -90 mV at 10 s intervals. Bath application of 1μM corticosterone

significantly inhibited the Ba^{2+} currents in hippocampal neurons (Fig. 2A). The

inhibitory effect of corticosterone on I_{Ba} began quickly and reached a maximum effect

around 5 min (Fig. 2B). Kv2.1 channels are the major contributor of delayed rectifier

potassium currents (I_k) in hippocampal neurons (16). I_k in hippocampal neurons was

elicited by a 200-ms depolarizing pulse to +40 mV from a holding potential of -80

mV at 10 s intervals. 1μM corticosterone had a small inhibitory effect on I_k in

hippocampal neurons (precent inhibition: $14.3 \pm 2.9\%$, Fig. 2C). Previous studies have

reported that Kv2.1 de-clustering is usually accompanied by a large hyperpolarizing

shift in the steady-state activation of I_K in hippocampal neurons (32, 33). We found

that extracellular application of corticosterone did not alter the steady-state activation

of I_k in hippocampal neurons (Fig. 2D). This suggests that corticosterone may cause

Kv2.1 cluster endocytosis instead of de-clustering. Therefore, we tested the effect of

corticosterone on surface expression of Kv2.1 channels.

Glucocorticoids reduce membrane protein expressions of Kv2.1 and $Ca_V1.2$ in

cultured hippocampal neurons.

Treatment of cultured hippocampal neurons with 1 μM corticosterone for a duration

of 10 minutes resulted in a significant reduction in the cell surface expression of

Kv2.1 channels (Fig. 2E). Additionally, the application of 1μM corticosterone also

induced a substantial decrease in the cell surface expression of $Ca_V1.2$ channels in

cultured hippocampal neurons (Fig. 2F). To further explore the mechanism of

glucocorticoids regulating Kv2.1 and Cav1.2 channels, we tested the inhibitory effect

of glucocorticoids in heterologous HEK293 cells, which lack endogenous Kv2.1 and

$Ca_V1.2$ channels(34, 35).

Glucocorticoids have little effect on Kv2.1 currents but significantly reduce the

cell surface expression of Kv2.1 channels in HEK293 cells.

The primary glucocorticoids in mice and rats are corticosterone, while in humans, the

primary glucocorticoids are cortisol. Therefore, we used cortisol on HEK293 cells

transfected with Kv2.1 channels. Extracellular application of 1μM cortisol had little

effect on Kv2.1 currents in HEK293 cells (Fig.3A). Similar to the effect of

corticosterone on Kv2.1 channels in hippocampal neurons, 1μM cortisol significantly

reduced the cell surface expression of Kv2.1 in HEK293 cells (Fig. 3B). Consequently,

the level of Kv2.1 channel proteins in the cell cytoplasm increased (Fig. 3C). These

results suggest that cortisol caused Kv2.1 endocytosis rather than de-clustering. It is

well-known that clustered Kv2.1 channels are nonconducting. Since the effect of

cortisol on the surface expression of the Kv2.1 channel is much greater than the effect

on the current amplitude, it is reasonable to assume that the endocytosed Kv2.1

channels induced by cortisol are from non-K^+-conducting Kv2.1 clusters. Therefore,

we tested the effect of cortisol on Kv2.1 clusters. We used TIRF microscopy to image

the change of Kv2.1 (N-terminal GFP fusion of Kv2.1) clusters in HEK 293 cells.

Consistent with previous studies (18), large GFP-Kv2.1 clusters were clearly detected

by TIRF (Fig. 3D). Extracellular application of 1μM cortisol quickly reduced Kv2.1

clusters in HEK293 cells (Fig. 3D). Furthermore, we tested the effect of cortisol on

mutant Kv2.1S586A channels, which lost the ability to form clusters (36).

Extracellular application of 1μM cortisol for 10 minutes did not alter the surface

expression of Kv2.1S586A channels (Fig. 3E). The data suggest that glucocorticoids

mainly promote the endocytose of Kv2.1 clusters.

Glucocorticoids significantly inhibit $Ca_V1.2$ currents while has little effect on the

surface expression of $Ca_V1.2$ channels in HEK293 cells.

When compared to its effect on calcium channel currents in hippocampal neurons,

glucocorticoids also rapidly reduced the $Ca_V1.2$ currents but with smaller amplitude in

HEK293 cells (Fig. 4A). Moreover, Cortisol inhibited $Ca_V1.2$ currents at all testing

potentials that more positive than -10 mV, and did not alter the steady-state activation

of $Ca_V1.2$ currents (Fig. 4C). Unlike the effect on $Ca_V1.2$ in hippocampal neurons,

glucocorticoids (1 μM cortisol) did not alter the cell surface expression of $Ca_V1.2$ in

HEK293 cells (Fig. 4D).

Glucocorticoids reduce the cell surface expression of $Ca_V1.2$ channels when

Kv2.1 and $Ca_V1.2$ are co-expressed in HEK293 cells.

Previous studies have demonstrated a spatial correlation between Kv2.1 clusters and

$Ca_V1.2$ channels in cultured hippocampal neurons(29, 30). Therefore, we

hypothesized that glucocorticoids affect $Ca_V1.2$ surface expression through Kv2.1

channel clusters. To test our hypothesis, we co-transfected $Ca_V1.2$ with either

wild-type Kv2.1 or mutant Kv2.1S586A expression vectors in HEK293 cells. Our

results showed that 1 μM cortisol significantly reduced the cell surface express of

$Ca_V1.2$ channels in the presence of wild -type Kv2.1 channels in the HEK293 cells

(Fig. 5A), as seen in cultured hippocampal neurons. Additionally, 1μM cortisol had a

greater inhibitory effect on $Ca_V1.2$ currents in the co-transfected cells than the cells

transfected with $Ca_V1.2$ alone (Fig. 5B). Furthermore, we found that 1μM cortisol did

not alter the cell surface express of $Ca_V1.2$ channels in the presence of mutant

Kv2.1S586A channels in HEK293 cells (Fig.5C). This suggests that glucocorticoids

induce $Ca_V1.2$ channel endocytosis through Kv2.1 clusters.

Glucocorticoids regulate Kv2.1 channels through membrane-associated

receptors.

Finally, we investigated how glucocorticoids regulate the membrane expression of

Kv2.1 channels. The rapid effect of glucocorticoids is normally mediated by

membrane-associated receptors(37). We tested the effect of cortisol-BSA conjugate

(cortisol-BSA), which cannot pass through cell membranes, on Kv2.1 channels. We

found that 1μM cortisol-BSA had similar effects on the cell surface expression of

Kv2.1 as 1μM cortisol in cultured hippocampal neurons (Fig. 6A and B). However,

the glucocorticoid receptor inhibitor CORT125281 did not alter the effect of cortisol

on Kv2.1 channels (Fig. 6A and B). These data indicate that glucocorticoids regulate

cell surface expression of Kv2.1 channels through membrane-associated receptors.

Glucocorticoids regulate Kv2.1 and Ca$_V$1.2 channels through PKA signaling

pathway.

Several signaling pathways have been reported for the rapid effects of glucocorticoids

through membrane-associated receptors, including PKC, ERK, and especially the

cAMP-PKA signaling pathway (37-39). In cultured hippocampal neurons, we

observed that 1μM corticosterone rapidly reduced cAMP levels (Fig. 7A) and

inhibited PKA activity, as confirmed by a decrease in phosphorylated PKA levels

(Fig .7B). Furthermore, the effect of corticosterone on cell surface expression of

Kv2.1 channels in hippocampal neurons was mimicked by PKA inhibitor H89 (1 μM)

and abrogated by PKA stimulator forskolin (20 μM) (Fig. 7C).

Cortisol inhibited Ca$_V$1.2 currents but had little effect on the cell surface expression

of Ca$_V$1.2 in HEK293 cells (Fig. 4), suggesting glucocorticoids regulate Ca$_V$1.2

activity besides promoting the channel endocytosis. Previous studies indicate that

PKA can directly phosphorylate Ca$_V$1.2, and this phosphorylation increases Ca$_V$1.2

activity (40). We investigated whether the inhibitory effect of glucocorticoids on

Ca$_V$1.2 currents was via the PKA signaling pathway. The PKA inhibitor H89 (1 μM)

mimicked the effect of cortisol on Ca$_V$1.2 currents in HEK293 cells (Fig. 7D).

Discussion

This study demonstrates that glucocorticoids regulate Ca^{2+} signals in mammalian

hippocampal neurons through the PKA signaling pathway in two ways: by inhibiting

PKA to reduce Ca$_V$1.2 channel activities, and by promoting Kv2.1 clusters

endocytosis to increase Ca$_V$1.2 channel internalization.

Mammalian brain Kv2.1 channels are typically found in clusters on the somas and

proximal dendrites of neurons (41, 42). Increasing evidence suggests that these

clustered Kv2.1 channels play important nonconducting roles. Previous studies have

shown that Kv2.1 clusters play a structural role in inducing the formation of ER/PM

junctions in both cultured hippocampal neurons and transfected HEK293 cells

through binding with vesicle-associated membrane protein-associated protein A and

B(21, 25) . Clustered Kv2.1 channels at ER/PM junctions recruit $Ca_V1.2$ to form Ca^{2+}

microdomains with ryanodine receptor ER Ca^{2+} release channels, which generates

local spontaneous Ca^{2+} release at the soma of hippocampal neurons(29). In this study,

we found that glucocorticoids rapidly inhibited spontaneous Ca^{2+} sparks.

Glucocorticoids not only inhibit $Ca_V1.2$ channel currents, but also disrupt the Ca^{2+}

microdomains by targeting clustered Kv2.1 at the soma of cultured hippocampal

neurons. The major target of glucocorticoids is clustered Kv2.1 rather than dispersed

Kv2.1, as supported by two pieces of evidence. First, glucocorticoids reduced the cell

surface expression of Kv2.1 by 30.2%, but had little effect of Kv2.1 currents in

HEK293. This can be explained by the fact that clustered Kv2.1 conducts little

potassium (43). Second, in the presence of wild-type Kv2.1, glucocorticoids caused a

decrease in the surface expression of $Ca_V1.2$ channels in HEK293 cells. However, this

effect was not observed in the presence of non-clustering Kv2.1S586A mutant

channels.

Neuronal Kv2.1 clusters can be de-clustered by stimuli, including kainite,

glutamate, hypoxia, and ischemia(32, 44, 45), while none of them affect the total

surface expression of Kv2.1. We found that glucocorticoids affect both the clustering

status and surface expression of Kv2.1. This suggests a complex underlying molecular

mechanism involved. Previous studies showed that the activation properties of Kv2.1

were altered by channel dephosphorylation, but not by actin depolymerization(43).

The actin cytoskeleton is important for forming and maintaining Kv2.1 clusters(46,

47), and TTX has been shown to increase Kv2.1 clustering(48, 49) and stabilize the

binding between α-actin and $Ca_V1.2$(50). We found that preincubation with TTX

prevented the glucocorticoid induced endocytosis of Kv2.1 in HEK293 cells

(supplemental Fig. S1), suggesting that glucocorticoids may act by changing the cell

membrane actin skeleton.

The rapid effects of glucocorticoid are commonly mediated by membrane

glucocorticoid receptors. We found cortisol-BSA mimicked the effect of cortisol on

Kv2.1, while glucocorticoid receptor antagonist, CORT125281, did alter the effect.

This suggests that glucocorticoids inhibit Kv2.1 through unknown membrane

receptors. Glucocorticoids rapidly suppress PKA in the AtT20 mouse corticotroph

tumor cell line(51), but stimulate PKA in HT4 mouse neuroblastoma cells(52),

suggesting a cell-specific effect of glucocorticoids on PKA. PKA phosphorylation

significantly influences $Ca_V1.2$ activity. Previous studies suggest that

AKAP-Anchored PKA is essential for maintaining neuronal $Ca_V1.2$ channel activity

and NFAT transcriptional signaling (53). Qian et al. reported that β-adrenergic

receptor agonist isoproterenol increases $Ca_V1.2$ activity by stimulating PKA in

hippocampal neurons(54). Here, we found that glucocorticoids decreased cAMP level

and PKA activity, thereby inhibiting $Ca_V1.2$ currents in hippocampal neurons and

HEK293 cells. A recent study showed that glucocorticoids inhibited the levels of

cAMP by activation of adhesion G-protein-coupled receptor GPR97(55). Further

investigation is needed to determine whether the effect of glucocorticoids reported

here is mediated by GPR97.

Glucocorticoids are produced in a diurnal pattern controlled by the hypothalamic

-pituitary- adrenal axis. It is now well-known that the glucocorticoid circadian

variation is actually composed of an underlying ultradian rhythm. This rhythm occurs

less than 60 minutes for rodents(56) and every 60-120 minutes in human(57, 58).

Furthermore, the ultradian rhythm of glucocorticoids is not affected by the disruption

of circadian inputs to the hypothalamic-pituitary-adrenal activity(59). Recent studies

show that the ultradian rhythmicity of glucocorticoids is critical in regulating normal

emotional and cognitive responses in humans(4). Wu et al. have revealed that

Kv2.1-organized ER/PM junction sites represent around 12% of the somatic surface

in mammalian brain neurons(28). At ER/PM junctions, Kv2.1 control somatic Ca^{2+}

signals by recruiting $Ca_V1.2$, thereby regulating neuronal excitation–transcription

coupling(30, 60). Since both Kv2.1 and $Ca_V1.2$ are widely expressed in mammalian

brain, the rapid effect of glucocorticoids on the Kv2.1-$Ca_V1.2$ unit may play an import

functional role in the ultradian rhythm of glucocorticoids.

In conclusion, glucocorticoids rapidly regulate Ca^{2+} signals in hippocampal neurons

in two ways. First, they inhibit $Ca_V1.2$ channel activity (regardless of whether it is

coupled with Kv2.1 or not) by reducing PKA activity, which results in a reduction of

the overall Ca^{2+} signal. Second, they reduce the surface expression of $Ca_V1.2$ channels

by promoting the endocytosis of Kv2.1 channels. This disruption of clustered Kv2.1

mediated Ca^{2+} reduces the local spontaneous somatic Ca^{2+} signals that would

otherwise regulate excitation-transcription coupling. This study provides further

insight into the rapid effect of glucocorticoids in the central nervous system.

Materials and Methods

Cell culture and transfection.

Human embryonic kidney (HEK293) cells were obtained from the cell bank of the

Chinese Academy of Science. These cells were cultured in Dulbecco's Modified Eagle

Medium supplemented with 10% fetal bovine serum and 1% antibiotic antimycotic

solution**.** Plasmids for rat GFP-tagged Kv2.1 channels, and mouse $Ca_V1.2$ with β_3

and $\alpha_2\delta_1$ subunits were transiently transfected into HEK293 cells using jetPRIME

(Polyplus). For patch clamp recordings, the cells were used after 24 h transfection.

Hippocampal neurons from Sprague-Dawley rats of either sex on postnatal day 0 to 1

were used for primary culture. Briefly, hippocampi were dissected and dissociated

into single cells with trypsin, and then the cells were plated onto poly-L-lysine–coated

glass coverslips inside a six well plate. All experiments were conducted on neurons

between 7 and 14 days in vitro (DIV), and were performed on neurons from a

minimum of three separate cultures.

All protocols used were approved by the Committee on the Ethics of Animal

Experiments of Fudan University, and were in strict accordance with the NIH

Guidelines for the Care and Use of Animals.

Molecular biology

Plasmids for rat GFP-tagged Kv2.1 (34) channels, and mouse $Ca_V1.2(61)$ were as previously reported. The Kv2.1S586A point mutant was generated using the GFP-Kv2.1 wild-type (WT) plasmid as a template. Site-directed S586A mutagenesis was performed on the Kv2.1 channel using the Quick-Change XL Site-directed Mutagenesis kit (Stratagene, La Jolla, CA, USA). Kv2.1S586A mutation was confirmed by sequencing.

Live cell imaging

Hippocampal neurons and HEK293 cells (transfected with GFP-tagged Kv2.1) were plated onto poly-L-lysine–coated glass bottom dishes. Imaging was performed in HBSS (14025092, Gibco, NY, USA) solution with 20 mM HEPES (H3375, Sigma-Aldrich, Munich, Germany). Hippocampal neurons were first incubated in regular culture medium with 2 μM fluorescent calcium indicator Cal-590 AM (#20510, AAT Bioquest, CA, USA) for 60 minutes at 37 °C. Dye-containing medium was then aspirated, followed by two washes in HBSS which had been warmed to 37 °C. Cells were then incubated in HBSS for an additional 30 minutes at 37 °C prior to imaging. Images were acquired on a Nikon Eclipse Ti TIRF/widefield microscope equipped with an Andor iXon EMCCD camera and a Nikon LUA4 laser launch with 405, 488, 561, and 647 nm lasers, using a 100x/1.49 NA PlanApo TIRF objective and NIS Elements software. Images were analyzed by Fiji (https://fiji.sc). The Fiji plugin xySpark (62) was used for automated spark detection and analysis.

Western blot

The surface proteins of HEK293 and hippocampal cells were biotin-labeled and isolated using a Pierce cell surface protein biotinylation and isolation kit (A44390, Thermo Scientific, IL, USA). The protein samples were resolved using 10% SDS PAGE and transferred to polyvinylidene fluoride membranes. The membranes were immunoblotted with anti-Kv2.1 antibody (1:1000, ab192761, Abcam, Cambridge, UK), anti-$Ca_V1.2$ antibody (1:1000, ab84814, Abcam), anti-Na^+-K^+ ATPase (1:1000,

ab76020, Abcam), anti-beta-tubulin antibody (1:2000, ab179511, Abcam), and anti-PKA antibody (1:1000, #4782, Cell Signaling Technology, MA, USA) and anti-phospho-PKA antibody (1:1000, #5661, Cell Signaling Technology). The blots were developed using enhanced chemiluminescence reagents and imaged using either the ChemiDoc XRS+ imaging system from Bio-Rad (Hercules, CA, USA) or the e-BLOT Touch Imager (e-BLOT Life Sciences, Shanghai, China) with manufacturer´s software. Molecular weight marker and chemiluminescent signal images were automatically overlaid by the manufacturer´s software. Quantitative analysis of detected bands was performed using Fiji (https://fiji.sc/).

Immunofluorescence

Hippocampal neurons on glass coverslips were fixed in 4% paraformaldehyde for 15 minutes at room temperature, washed with cold PBS, and incubated in 0.5% Tween-20 in PBS for 10 minutes. Next, the neurons were blocked with 10% horse serum, 0.3% Triton X-100 in PBS for two hours at room temperature. The primary antibodies used were mouse anti-Kv2.1 (1:500, ab192761, Abcam) and rabbit $Ca_V1.2$ (1:500, ab234438, Abcam), and they were incubated with the cells for 1 day at 4°C in a solution containing 1% horse serum and 0.3% PBST. Cells were washed three times with PBS and incubated overnight at 4°C in a secondary antibody solution containing Cy3-labeled Goat Anti-Mouse/Rabbit IgG(H+L) or Alexa Fluor 488-labeled Goat Anti-Mouse IgG(H+L) (1:500, Beyotime, Shanghai, China), 1% horse serum, and 0.3% PBST. Following another wash with PBS, the cells were imaged using the Nikon A1+ Confocal Microscope System (Tokyo, Japan). The images were subjected to rolling ball background subtraction and subsequently converted into a binary mask by thresholding. The sizes of Kv2.1 clusters were measured using the "analyze particles" feature of Fiji.

cAMP assay

Cultured hippocampal neurons were treated with 1 μM corticosterone for 1, 5 and 10 minutes, respectively. The cells were lysed in 0.1 M HCl. cAMP levels in

hippocampal neurons were measured using a cAMP ELISA Kit (NewEast Bioscience, China) following the manufacturer's instructions.

Electrophysiology

Whole-cell currents in cultured hippocampal neurons and HEK293 cells were recorded using an Axopatch 200B amplifier (Axon Instruments, Union City, CA, USA) and data were collected with PCLAMP 10.7 software (Axon Instruments). The bath solution for potassium current recording contained (in mM): 140 NaCl, 2.5 KCl, 0.001 TTX and 5 4-AP, 10 glucose, 10 HEPES, and 1 $MgCl_2$ (pH adjusted to 7.4 using NaOH). The internal solution contained (in mM): 135 potassium gluconate, 10 KCl, 1 $CaCl_2$, 1 $MgCl_2$, 10 HEPES, 2 Mg-ATP, and 10 EGTA (pH adjusted to 7.3 using KOH). For calcium current recording, the bath solution contained (in mM): 140 TEACl, 10 $BaCl_2$, 0.001 TTX and 5 4-AP, 10 glucose, 10 HEPES, and 2 $MgCl_2$ (pH adjusted to 7.4 using TEAOH). The internal solution contained (in mM): 125 Cs-methanesulfonate, 1 $MgCl_2$, 10 HEPES, 5 Mg-ATP, 0.3 Tris-GTP and 10 EGTA (pH adjusted to 7.2 using CsOH). The pipettes were made from capillary tubing (BRAND, Wertheim, Germany) and had resistances of 4 to 6 MΩ under these solution conditions. Currents were sampled at 10 kHz and filtered at 2 kHz, and corrected online for leak and residual capacitance transients using a P/4 protocol. All recordings were performed at room temperature.

Cortisol-BSA conjugate (CSB-MC00371b0105) was purchased from CUSABIO (Houston, TX, USA). Cortisol (# B1951), H89 (#B2190), and Forskolin (#B1421) were purchased from APExBIO (Houston, TX, USA). Corticosterone (#HY-B1618) was purchased from MedChemExpress (NJ, USA). All drugs were dissolved in DMSO with a final concentration not exceeding 0.1%.

Statistical analysis

Data analysis was performed using Clampfit 10.7 (Axon Instruments) and GraphPad Prism (v9.4, GraphPad Software Inc, USA). Normality of the data was checked by the Shapiro-Wilk test. The two-tailed paired or unpaired *t*-test was used to compare two

samples, and one-way ANOVA with Bonferroni *post hoc* test was employed for comparing multiple samples. Data are presented as means ± SEM, where 'n' indicates the number of tested cells or independent tests. P < 0.05 was considered statistically significant.

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Figure legends

Figure 1. Effect of glucocorticoids on spontaneous Ca^{2+} sparks in cultured rat

hippocampal neurons.

(**A**) Representative TIRF images showing somatic Ca^{2+} sparks in hippocampal

neurons (loaded with Cal-590 AM) under the vehicle control (0.01% DMSO)

condition and subsequently in the presence of 1 μM corticosterone (Cort) in the same

hippocampal neuron. Arrows indicate regions of interest (ROIs) where spontaneous

Ca^{2+} signals were detected (scale bar: 10 μm) (Supplemental Video S1). (**B**)

Fluorescence intensity traces (upper panels) and kymographs (lower panels)

corresponding to the two ROIs indicated in panel A. (**C**) Statistics for the frequency,

full width at half maximum (FWHM) and amplitude of all spatially distinct localized

Ca^{2+} sparks recorded from hippocampal neurons before and after 1 μM corticosterone

treatment using a two-tailed paired *t*-test (n = 11). **p = 0.0065; *p = 0.0461; n.s., not

significant (p = 0.4463). Each point corresponds to a single neuron. (**D**) Representative

examples of immunofluorescence images showing the Kv2.1 channel clusters in rat

hippocampal neurons with treatment of 1 μM corticosterone or an equal volume of

DMSO (scale bar: 20 μm). (**E**) Statistics for the percent area of Kv2.1 clusters and the

number of Kv2.1 clusters in the somatic region of cultured hippocampal neurons from

D using a two-tailed unpaired *t* -test (n = 18). ****p < 0.0001, **p = 0.0018.

Figure 2. Effect of glucocorticoids on Ca^{2+} and K^{+} channel currents, and

membrane protein expressions in cultured hippocampal neurons.

(A) Left, representative I_{Ba} traces induced by a depolarization pulse from -90 to 0 mV

under the vehicle control (0.01% DMSO) condition and subsequently in the presence

of 1μM corticosterone in the same hippocampal neuron. Right, statistical analysis of

the effect of corticosterone on I_{Ba} using a two-tailed paired t-test (n = 5). ****P =

2.8E-5. **(B)** The time course of the I_{Ba} inhibition by corticosterone. **(C)** Left,

representative current traces show the inhibitory effect of 1μM corticosterone on I_K.

Right, statistics for the amplitude of I_K from Left using a two-tailed paired t-test (n =

14). ****P = 3.2E-4. **(D)** Left, representative I_K traces induced by a depolarization

pulse from -80 to +50 mV under the vehicle control condition and subsequently in the

presence of 1μM corticosterone in the same hippocampal neuron. Right, plot of I_K

activation curves in the DMSO (n = 9 for each data point; blue) and

corticosterone-treated (n = 9 for each data point; pink) groups. **(E)** Left, representative

western blot of the Kv2.1 channel surface expression after 10-min corticosterone

treatment (1μM) in the extracellular solution in cultured hippocampal neurons. Right,

statistics from 14 independent experiments using a two-tailed unpaired t-test. ****P =

2.2E-9. Na^+-K^+ ATPase as a membrane protein loading control. **(F)** Left,

representative western blot of the $Ca_V1.2$ channel surface expression after 10-min

corticosterone treatment (1μM) in the extracellular solution in cultured hippocampal

neurons. Right, statistics from 10 independent experiments using a two-tailed

unpaired t-test. ****P = 1.7E-7.

Figure 3. Effect of glucocorticoids on Kv2.1 channels in HEK293 cells.

(A) Left, representative Kv2.1 current traces induced by a depolarization pulse from

-80 to +40 mV under the vehicle control (0.01% DMSO) condition and subsequently

in the presence of 1 μM cortisol (Cort) in the same HEK293 cell. Right, statistics for

the amplitude of Kv2.1 current from Left using a two-tailed paired t-test (n = 12). n.s.,

not significant (P = 0.059). **(B)** Left, representative western blot of the Kv2.1 channel

surface expression after 10-min cortisol treatment (1 μM) in the extracellular solution

in HEK293 cells. Right, statistics from 14 independent experiments using a two-tailed

unpaired t-test. ****P = 2.7E-8. Na^+-K^+ ATPase as a membrane protein loading

control. **(C)** Left, representative western blot of the cytosol protein level of Kv2.1 channels after 10-min cortisol treatment (1 μM) in the extracellular solution in HEK293 cells. Right, statistics from 8 independent experiments using a two-tailed unpaired t-test. ***P = 0.00062. β-tubulin as an internal control. **(D)** Representative TIRF images showing the effect of 1μM cortisol on Kv2.1 clusters in HEK293 cells. **(E)** Left, representative western blot of the Kv2.1S586A mutant channel surface expression after 10-min cortisol treatment in the extracellular solution in HEK293 cells. Right, statistics from 4 independent experiments using a two-tailed unpaired t-test. P = 0.5745.

Figure 4. Effect of glucocorticoids on Ca$_V$1.2 channels in HEK293 cells.

(A) Left, representative I_{Ba} traces induced by a depolarization pulse from -90 to 0 mV under the control (0.01% DMSO) condition and subsequently in the presence of 1 μM cortisol in the same HEK293 cell. Right, statistics for the amplitude of Kv2.1 current from Left using a two-tailed paired t-test (n = 7). ***P = 8.2E-6. **(B)** I-V curve of Ca$_V$1.2 currents in the absence or presence of 1 μM cortisol in HEK293 cell. **(C)** 1 μM cortisol did not alter the steady-state activation of Ca$_V$1.2 currents. **(D)** Left, representative western blot of the Ca$_V$1.2 channel surface expression after 10-min cortisol treatment (1μM) in the extracellular solution in HEK293 cells. Right, statistics from 4 independent experiments using a two-tailed unpaired t-test. n.s., not significant (P = 0.1143).

Figure 5. Effect of glucocorticoids on Ca$_V$1.2 channels in HEK293 cells expressing Kv2.1.

(A) Left, representative western blot of the Ca$_V$1.2 channel surface expression after 10-min cortisol treatment (1μM) in the extracellular solution in HEK293 cells expressing both Ca$_V$1.2 and Kv2.1 channels. Right, statistics from 5 independent experiments using a two-tailed unpaired t-test. ***P = 0.0004, **P = 0.00197. **(B)** Left, representative I_{Ba} traces induced by a depolarization pulse from -90 to 0 mV under the control condition and subsequently in the presence of 1μM cortisol in the

same HEK293 cell. Right, statistics for the amplitude of Kv2.1 current from Left using a two-tailed paired t-test (n = 5). ***P = 3.4E-5. **(C)** Representative western blots (left) and statistical analysis (right) show the effect of cortisol on the $Ca_V1.2$ channel surface expression when $Ca_V1.2$ and Kv2.1S586A channels are co-expressed in HEK293 cells. Two-tailed unpaired t-test, n = 6, P = 0.4339.

Figure 6. Glucocorticoids modulate the cell surface expression of Kv2.1 channels through membrane-associated receptors.

(A) Representative western blot images show the effects of cortisol-BSA and cortisol with/without the glucocorticoid receptor inhibitor CORT125281 on Kv2.1 channel surface expression in cultured hippocampal neurons. **(B)** Statistical analysis of the effects of various treatments on the cell surface expression of Kv2.1 using a one-way ANOVA with Bonferroni *post hoc* test (n = 5). **P < 0.01. n.s., not significant.

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Figure 7. Glucocorticoids reduce the cell surface expression of Kv2.1 and $Ca_V1.2$ channels through PKA signaling pathway

(A) Extracellular application of 1 µM corticosterone rapidly reduced cAMP levels in cultured hippocampal neurons (n = 3, ***P < 0.001, one-way ANOVA with Bonferroni *post hoc* test). **(B)** Left, representative Western blot of the PKA phosphorylation level after 10-min corticosterone treatment in cultured hippocampal neurons. Right, statistics from 7 independent experiments using a two-tailed unpaired t-test. *P = 0.0101. **(C)** Representative western blots (left) and statistical analysis (right) showing the effect of PKA inhibitor H89 and agonist Forskolin (Fsk) on the Kv2.1 channel surface expression in cultured hippocampal neurons. n = 6, ****P < 0.0001, **p = 0.0034, n.s., not significant (p = 0.5948), one-way ANOVA with Bonferroni *post hoc* test. **(D)** Left, representative $Ca_V1.2$ current traces induced by a depolarization pulse from -90 to 0 mV under the control condition and subsequently in the presence of 1µM H89 in the same HEK293 cell. Right, statistics for the amplitude of $Ca_V1.2$ current from Left using a two-tailed paired t-test (n = 10). ****P < 0.0001.

Figure 1

Figure 2

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Figure 4

Figure 5

Figure 6

Figure 7