"Hitting Two Birds with One Stone" Design of Intestinal Integrin-Targeting and

Redox Homeostasis-Regulating Oral Nanotherapy for Ulcerative Colitis

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Abstract

Designing highly efficient oral nanotherapies with specific inflamed site-targeting function in the gastrointestinal (GI) tract for ulcerative colitis (UC) management remains a significant challenge. The straightforward and adaptable modular multifunctional nanotherapies are poised to drive breakthroughs and encourage broad application in both academic research and clinical practice. In this study, we focused on exploring a specific targeting modular and functional oral nanotherapy, serving as "one stone", for the directed localization of inflammation and the regulation of redox homeostasis, thereby achieving "two birds" effects for UC treatment. The nanotherapy (so-called OPNs@LMWH) with core-shell structure composed of oxidation-sensitive ε-polylysine nanoparticles (OPNs) in the core and low molecular weight heparin (LMWH) in the shell present active specific targeting effect and therapeutical effect simultaneously. We qualitatively and quantificationally confirmed that OPNs@LMWH possessed high integrin αM-mediated immune cellular uptake efficiency and preferentially accumulated in the inflamed lesions. Compared with naked OPNs, OPNs@LMWH formulation exhibited enhanced intracellular reactive oxygen species (ROS) scavenging and anti-inflammatory features. Upon oral administration in mice subjected to dextran sulfate sodium (DSS)-induced colitis, OPNs@LMWH exhibited a robust capacity for resilience. It effectively ameliorated oxidative stress and curtailed the activation of inflammation-associated signaling pathways, while simultaneously bolstering the protective mechanisms of the colonic epithelium. Overall, these findings underscore the compelling dual functionalities of OPNs@LMWH, which enable effective oral delivery to inflammation sites, thereby facilitating precise UC management.

Introduction

The global incidence and prevalence of ulcerative colitis (UC) which is a chronic remitting-relapsing inflammatory disorder of the large intestine, have been on the rapid rise worldwide, yet the disease remains incurable with a multifaceted pathophysiology[1-3]. European Crohn's and Colitis Organization (ECCO) and American Gastroenterological Association (AGA) recommend the patients for following a step-up approach to get the desired remission by chemical drugs or monoclonal antibodies, due to no known cure for UC in clinic[4-6]. However, the frequent and long-term use of conventional small-molecule therapeutics or biologics-based immunosuppressive drugs can lead to severe complications, such as opportunistic infections, malignancies, autoimmunity, and liver toxicity[7-9]. Herein, it is of great significance to develop effective therapeutics and treatment strategies for UC management. Inspired by the evidence-based understanding of inflammatory signaling and drug delivery methods, efficient UC therapy based on active component discovery and precise delivery could be rationally designed and developed[10].

In prior research, the precision of drug delivery has been identified as a significant challenge[11,12]. Precise delivery's success is fundamentally dependent on the judicious choice of targeting strategies. A variety of strategies have been devised to target intestinal inflammation sites, utilizing microbial enzyme degradation, pH values, and the phenomenon of mucosal charge reversal at the inflamed locations[13-17]. However, the complex and ever-changing environment of gastrointestinal diseases significantly undermines their reliability and precision for UC treatment outcomes[18]. Given the propensity of immune cells to

accumulate at the disease sites, it seems more promising to use ligand molecules to target
immune cells. Specific immune cells, such as monocytes, innate lymphoid cells, and T cells,
along with various associated regulatory cytokines, have been extensively highlighted in the
context of inflammatory bowel disease[19-21]. Furthermore, studies have pinpointed the altered
trafficking of immune cell circuits as key drivers of mucosal inflammation and tissue
destruction in UC[22], likening it to a severe "traffic jam" at the lesion sites. Consequently,
integrins such as α4β7 and αMβ2, which are implicated in immune cell-related adhesion and
signaling, could serve as excellent targets[23]. Recently, more researches tend to focus on the
interference of integrin function[24], however, with little exploration of functional integrin-
targeting molecules suitable for the complex gastrointestinal environment of UC. As a result,
so far there is scant research on oral therapeutic systems that can specifically target
inflammatory cell infiltration based on integrins.

When thinking about this issue, we noticed a polysaccharide of heparin. Heparin is an
anionic polysaccharide comprising highly sulfated disaccharide units. Low molecular weight
heparin (LMWH), prepared by the depolymerization of unfractionated heparin (UFH), have
been recognized as attractive and have been successfully used as anticoagulants in clinical
settings for several decades[25,26]. Intriguingly, due to the complex sequence of disaccharide
units, where the anticoagulant fragments only account for 30 %[27], LMWH has been
demonstrated to have potential beyond its anticoagulant properties and has been reported
to be effective in the treatment of many other diseases, including infectious diseases, cancer
and Alzheimer's disease[27-29]. More importantly, heparin is reportedly capable of serving as an
adhesive ligand for integrins α4 and αM[23,30,31], known as CD49d and CD11b respectively.
Inspired by these findings, we hypothesize that LMWH could be a promising inflammatory
site-targeting ligand for developing precise oral therapy of UC.

Since conventional immunosuppressive drugs for UC management fail to fully address the
treatment needs, it is crucial to develop groundbreaking strategies with multiple therapeutical
effects for rebalancing intestinal disorders in UC. Reactive oxygen species (ROS), as an integral
factor for affecting intestinal homeostasis, are signaling molecules extensively involved in
numerous cellular processes[32]. However, the disproportionate generation of ROS during the
UC pathogenic process, which could increase by a factor of 10 to 100[33], inflicts severe tissue
damage on the intestinal epithelium and triggers the overproduction of inflammatory
mediators. While small-molecule drugs have been found to have unavoidable limitations,
there are mounting evidences that biocompatible polymer-based materials, typically those
based on glucose-related polysaccharides, show significant potential in suppressing oxidative
stress and inflammatory mediators, thereby regulating the redox balance in the colon[9,34-38].
Unfortunately, the conjunction with multiple hydroxy groups on glucose residues of the
polysaccharides introduces structural uncertainty. To design optimal ROS-scavenging
materials with a defined structure and well controllable function, alternative biocompatible
polymers need to be explored. For instance, ε-polylysine (EPL), a cationic and biodegradable
polypeptide produced by microbial fermentation, has already garnered interest in food
chemistry and oral delivery systems[39]. The presence of a single amino group on each
repeating unit of EPL enables the controlled modification.

Here, we strongly agree and emphasize the importance of precise nanotherapies that
integrate multiple functions. Therefore, we proposed a design of modular bifunctional oral

nanotherapy, consisting of oxidation-sensitive ε-polylysine (OsEPL) nanoparticles (OPNs) as
core, positively charged chitosan as middle layer and negatively charged LMWH as outmost
layer, to achieve a "hitting two birds with one stone" treatment. Considering the adaptability
and prospective engineering applications, we utilized nanoprecipitation and layer-by-layer
self-assembly methodologies in the fabrication process. We hypothesize the oral
nanoparticles not only can target to integrin-associated immune cell recruitment and
trafficking due to the specific interaction between LMWH and integrin αM, but also can
regulate intestinal redox homeostasis due to the ROS-scavenging function of OsEPL. Overall,
we expect that our OPNs@LMWH may translate to a topical UC therapy with high patient
friendliness *via* oral administration and high therapeutical efficacy as well as low side effect.
Moreover, the strategy of "hitting two birds with one stone" might be a straightforward and
effective approach to dealing with complex clinic problems.
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Results
Preparing Integrin-targeting OPNs@LMWH by nanoprecipitation and layer-by-layer
process.
The oxidation-sensitive material (OsEPL) was designed and synthesized by introducing a
hydrophobic phenylboronic ester group that is sensitive to ROS into the side chain amino
group, as shown in Supplementary Scheme 1 and Supplementary Fig. 1, and the intermediate
and OsEPL were identified by ^{1}H NMR (Supplementary Fig. 2-4), indicating the successful
synthesis. Specifically, we constructed a series of OsEPL with different feeding ratio of
phenylboronic acid pinacol ester and amino. As the molar ratio of the hydrophobic side chain
increased, the OsEPL gradually formed an amphiphilic polymer in aqueous phrase. Besides,
OsEPL underwent rapid disintegration in when incubated with peroxide (Supplementary Fig.
5). Then we obtained OPNs and OPNs@LMWH by nanoprecipitation and layer-by-layer as
illustrated in Fig. 1a. In order to obtain nanoparticles coated with LMWH, OPNs were
dispersed in a chitosan buffer, which helped to form nanoparticles with positive charge layer
(OPNs@CS), followed by incubating with LMWH aqueous solution for preparation of resulted
OPNs@LMWH. The OPNs@LMWH presented a spherical core-shell structure with an average
particle size of approximately 600 nm and low polydispersity index (PDI, less than 0.2 on
average), according to scanning electron microscopy (SEM) (Fig. 1b), transmission electron
microscope (TEM) (Fig. 1b, c) and dynamic light scattering (DLS) analysis (Fig. 1d). We also
observed a charge-reversing between OPNs, OPNs@CS and OPNs@LMWH (Fig. 1e), which
indicated the successful coating. Considering the oral administration of this nanotherapeutic,
its stability within the gastrointestinal tract is a matter of concern. The stability of
OPNs@LMWH was investigated by incubating them in both ddH$_2$O (4 °C) and simulated
gastric/intestinal fluids (SGF, SIF) (Supplementary Fig. 7a). Our results demonstrated the
excellent stability for store (Supplementary Fig. 7b) or after oral administration
(Supplementary Fig. 7c-e).

Fig. 1 | Preparation and characterization of OPNs@LMWH. a, Schematic illustration of the preparation of OPNs@LMWH. **b,** Representative SEM and TEM image of OPNs and OPNs@LMWH. Scale bar, 200 nm. **c,** C, B, S elements of OPNs@LMWH. Scale bar, 200 nm. **d, e,** Particle size (**d**) and zeta-potential (**e**) of different nanoparticles determined by DLS. Data represent mean ±SD. **f, g,** Scheme of orally administered OPNs@LMWH targeting immune cell recruitment and regulate intestinal redox homeostasis. OPNs@LMWH, when administered orally, can accumulate at the site of colitis inflammation (**f**). OPNs@LMWH achieve efficient redox homeostasis regulation by targeting the inflammation-related integrin αM (**g**).

OPNs@LMWH are internalized by M1 macrophages and accumulates in inflamed colon infiltrated by inflammatory cells.

With the establishment of preparation procedures, we next compared the efficacy of OPNs@LMWH and OPNs to be uptake by proinflammatory immune cells. To mimic the interactions between nanoparticles and proinflammatory immune cells at the lesion site,

RAW264.7 cells were activated by lipopolysaccharides (LPS) and IFN-γ to form the M1 type
macrophages and then incubated with fluorescein amine (FA)-labeled OPNs (FA-OPNs) or
FA-labeled OPNs@LMWH (FA-OPNs@LMWH). Then the samples were images by confocal
laser scanning microscopy (CLSM), as shown in Fig. 2a and Supplementary Fig. 8. Compared
with OPNs sample (untreated), OPNs@LMWH sample showed much higher green
fluorescence intensity, indicating the significantly enhanced cellular uptake efficiency. Then
we pretreated RAW264.7 cells with antibody against the known receptor, Integrin αM, to
interfere with the potential interaction between LWMH and Integrin αM. Consistent with
expectations, a reduced attachment of OPNs@LMWH was observed (Fig. 2a, b). For further
illustration, we confirmed that free fluorescein was denied to access while both OPNs and
OPNs@LMWH were uptake after an eight-hour incubation, which proved the enhanced
cellular uptake efficiency relied on the LMWH-coating layer (Supplementary Fig. 9).
Administering drinking water containing sodium dextran sulfate (DSS) is a well-recognized
method for constructing a murine model that simulates human ulcerative colitis. We adopted
DSS-induced colitis mice to study the *in vivo* distribution of orally administered
OPNs@LMWH. Since we have successfully confirmed the targeting of OPNs@LMWH to
integrin αM *in vitro* experiments, firstly we confirmed the higher-level enrichment of integrin
αM owning to the immune cell recruiting in the colonic submucosal layer of colitis mice than
in normal site (Supplementary Fig. 10). As expected, we successfully observed a large
accumulation of OPNs@LMWH at the lesion site *in vivo*. After orally administrated with
indocyanine green (ICG)-labeled OPNs@LMWH (ICG-OPNs@LMWH), OPNs@LMWH in
colitis mice presented a prolonged retention time *in vivo* and the fluorescence signal reached
its peak at 12 h (Fig. 2c, d). Compared with OPNs@LMWH, naked OPNs were eliminated
rapidly by both health and colitis mice (Fig. 2c, d). For colitis mice administrated with
OPNs@LMWH, we also observed a significant greater accumulation in colon which presented
approximately 2-fold higher than colitis mice given indocyanine green-labeled OPNs (ICG-
OPNs) and 12-fold higher than other healthy mice (Fig. 2e, f). Notably, both OPNs and
OPNs@LMWH were eliminated from colon in a short time by healthy mice while
OPNs@LMWH were still located in the inflamed colon extensively (Fig. 2e), showing the
excellent inflammation-targeting capability of OPNs@LMWH. These findings proved that
OPNs@LMWH possessed integrin αM-targeting effect *in vivo*. For further observing the
distribution of particles in detail, frozen sections of the colon tissue were obtained after
administering FA-OPNs or FA-OPNs@LMWH for 24 h. We found that there was almost no
residual fluorescence signal from the particles in normal mouse colon tissue and believed that
the structurally intact intestinal barrier prevented the entry of particles and successfully
excreted them (Fig. 2g, Supplementary Fig. 11). In the inflamed colon tissue, a small amount
of OPNs were preserved. This could be attributed to non-specific factors such as the
disruption of the intestinal barrier, the interaction between the negatively charged surface of
OPNs and the positively charged inflamed mucus layer, and abnormal colon function. More
significantly, a substantial amount of OPNs@LMWH not just accumulated at the site of
inflammation but also penetrated deeper into the submucosal layer heavily infiltrated by
integrin αM+ inflammatory cells (Fig. 2g, Supplementary Fig. 11).

Fig. 2 | OPNs@LMWH are internalized by M1 macrophages and accumulates in inflamed

colon infiltrated by inflammatory cells. a, Activated M1 type RAW264.7 cells were incubated

with FA-OPNs or FA-OPNs@LMWH and pretreated with or without anti-integrin αM

antibody, visualized by CLSM. Scale bar, 50 μm. **b,** Quantitative analysis of FA fluorescence

intensity of images taken by CLSM. **c, d,** Representative healthy or colitis mice were orally

administrated with ICG-OPNs or ICG-OPNs@LMWH, imaged by *in vivo* imaging system (IVIS)

(**c**) and quantified for ICG fluorescence signal around abdomen (**d**). **e, f,** After 24 h, colons

were obtained and imaged by IVIS (**e**), quantified for ICG fluorescence signal (**f**). **g,** Healthy or

colitis mice were orally administrated with FA-OPNs or FA-OPNs@LMWH, and colon tissues

were collected after 24 h and stained with DAPI, CM-Dil and integrin αM, visualized by CLSM.

Scale bar, 50 μm. Shown are representative images or quantitative analysis of n=6 biologically

independent samples (**a, b**) and n=3 animals from two independent experiments (**c-g**). Data

represent mean ±SD. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$ and ns $p > 0.05$,

analyzed by two-way ANOVA (**b, d**) or ordinary one-way ANOVA (**f**) multiple comparisons
test.
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Improved efficiency of OPN@LMWH against intracellular ROS and inflammation
Since the precise targeting has been proven, we next evaluated the efficacy of
OPN@LMWH for immune regulation, including ROS-scavenging and anti-inflammation. First
of all, a cytotoxic test was performed to illustrate the cell viability *in vitro*. The results indicated
a desired biocompatibility and negligible cytotoxicity under a concentration of 100 μg/mL of
nanoparticles for both macrophages and intestinal epithelial cells (Supplementary Fig. 12a-
d). To investigate the ROS-scavenging behavior, RAW264.7 cells were stimulated with
phorbol 12-myristate 13-acetate (PMA) and pretreated with different nanoparticles. We
observed a significant concentration-dependent intracellular ROS-scavenging behavior of
both OPNs and OPNs@LMWH, while OPNs@LMWH possessed a more sufficient scavenging
capability due to the enhanced cellular uptake efficiency compared with others (Fig. 3a-d,
Supplementary Fig. 13a-c). As a confirmatory experiment, we also found LMWH presented
little anti-ROS property (Supplementary Fig. 14a-d) and the mass proportion of LMWH in
OPNs@LMWH does not exceed 1 % (Supplementary Fig. 15), proving the enhanced cellular
uptake efficiency rather than potential oxidative sensitivity of LMWH resulted in the enhanced
intracellular ROS-scavenging behavior. Then, we evaluated the protective function provided
by nanoparticles against peroxide-induced apoptosis in NCM460 cells, which represented for
the extracellular ROS-scavenging behavior and the protection of intestinal epithelium. We
observed a comparable result for OPNs and OPNs@LMWH (Fig. 3e, f). This result illustrated
a comparable extracellular ROS-scavenging behavior. Surprisingly, OPNs could also suppress
the production of both IL-6 and TNF-α, which are two essential proinflammatory cytokines
in most of the autoimmune diseases. This function was also improved by LMWH-coating (Fig.
3g, h). Considering the mutually reinforcing relationship between oxidative stress and
inflammation, we attribute this improvement on anti-inflammation to increased cellular
uptake and the consequent increase in intracellular ROS-scavenging efficiency, where LMWH
played an important part. These results demonstrated OPNs@LMWH is more effective in
comprehensively reversing the situation of oxidative stress and inflammation.

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Fig. 3 | OPNs@LMWH possess enhanced intracellular ROS-scavenging and
proinflammatory cytokines production. a-d, RAW264.7 cells were stimulated with PMA and
treated with OPNs or OPNs@LMWH (10 μg/mL). The level of intracellular ROS was detected
by DCFH-DA, visualized by Fluorescence microscope (**a**) and determined by flow cytometry
(**b**). Fluorescence intensity (**c**) and percentage of ROS-positive cell were calculated (**d**). **e, f,**
NCM460 cells were incubated with H_2O_2 (500 μM) and treated with OPNs or OPNs@LMWH
(10 μg/mL). Peroxide-induced apoptosis was detected by staining with Annexin-V and PI (**e**).
Total apoptosis percentages of different treatments were calculated (**f**). **g, h,** RAW264.7 cells
were stimulated with LPS to produce proinflammatory cytokines and incubated with OPNs or
OPNs@LMWH (10 μg/mL). The concentration of IL-6 (**g**) and TNF-α (**h**) were determined by
ELISA. Shown are representative images, gating strategy or quantitative analysis from n=4
biologically independent samples (**a-f**) and n=6 biologically independent samples (**g, h**). Data
represent mean ±SD. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$ and ns $p > 0.05$,
analyzed by ordinary one-way ANOVA (**c, d, f-h**) multiple comparisons test.
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Therapeutic efficacy evaluation of OPNs@LMWH for UC treatment by oral
administration

We next investigated the therapeutic efficacy of OPNs@LMWH in alleviating the
manifestations of colitis in mice. We first examined the *in vivo* safety of OPNs@LMWH to
confirm that a high dose constant daily oral administration in two weeks will not present a
significant damage to mice. Our results indicated there is no evidence-based damage
observed in five main organs after the constant daily oral administration with different
concentrations, which proved for the ideal preliminary biosafety (Supplementary Fig. 16-18).
Then we investigated the therapeutic outcomes of OPNs and OPNs@LMWH for colitis mice.
Fig. 4a schematically showed the DSS-induced colitis mouse model development and the oral
treatment strategies based on OPNs or OPNs@LMWH. Compared with water, both OPNs and
OPNs@LMWH significantly protected mice against colitis, and body weight loss (Fig. 4b),
shortening of colon length (Fig. 4c, e) and enlarging of spleen (Fig. 4d, f). Importantly,
compared with naked-OPNs, there was a significant improving that has been observed for
OPNs@LMWH. According to the histopathological examination, treating with OPNs@LMWH
also protected colonic epithelium against pathological damage and the structure of crypts
were significantly completer and more stable (Fig. 4g, h). These results indicated
OPNs@LMWH could effectively alleviate disease status and LMWH-coating could
significantly improve the efficiency, which were consistent with in vitro experiments and our
speculation.

Fig. 4 | Therapeutic efficacy evaluation of OPNs@LMWH for colitis mice. a, Schematic illustration of DSS-induced colitis mouse model development. Mice were daily administrated with 50 mg/kg of OPNs, OPNs@LMWH or drinking water. **b,** Daily bodyweight changes in each group. **c-f,** Mice were scarified on day 7 and colon (**c**) and spleen (**d**) were collected. Colon length (**e**) and Spleen index (**f**) were quantitated. **g,** Representative images of colons stained with Hematoxylin and eosin. Scale bar, 100 μm. **h,** Histology score was evaluated to quantitated tissue damage. Shown are representative images or quantitative analysis from n= 10 animals (**b-f**) and n=5 biologically independent samples (**g, h**). Data represent mean ±SD. $\star$ $p < 0.05$, $\star\star$ $p < 0.01$, $\star\star\star$ $p < 0.001$, $\star\star\star\star$ $p < 0.0001$ and ns $p > 0.05$, analyzed by two-way ANOVA (**b**) or ordinary one-way ANOVA (**e, f, h**) multiple comparisons test.

OPNs@LMWH restores intestinal homeostasis and protects colonic epithelium.

Our results described above had revealed the potential of OPNs@LMWH in restoring intestinal redox homeostasis. Inspired by these results, we examined the mechanisms of OPNs@LMWH for UC management. Our results of Enzyme linked immunosorbent assay

(ELISA) confirmed lower levels of proinflammation cytokines in both peripheral blood and
lamina propria of colitis mice treated with OPNs@LMWH compared with pure water and
OPNs (Fig. 5a-d). These results fully revealed the enhanced immune regulation ability of
OPNs@LMWH compared with OPNs. According to the evaluation by immunohistochemical
(IHC) staining with myeloperoxidase (MPO), we observed a lowest oxidative stress in the colitis
colon with OPNs@LMWH treatment compared with other groups. Remarkably, the decrease
in the proportion of MPO-positive cells for OPNs@LMWH treatment was primarily attributed
to a significant reduction in the submucosal layer, which is rich of recruited proinflammatory
immune cells (Fig. 5e). This result indicated that OPNs@LMWH precisely influenced the
production of excess pro-inflammatory cytokines in immune cells through ROS-scavenging,
which is consistent with our results *in vitro*. According to IHC results, we also observed a
decreased activation of JAK-STAT signaling pathway in lamina propria after OPNs@LMWH
treatment (Fig. 5f). As an essential signaling transduction pathway, JAK-STAT is mainly
activated by proinflammatory cytokines in colitis lesion, hence, the decreased activation of
which indicated a reduction in overall inflammatory activity.
An important sign of restoration of intestinal homeostasis is the normalization of crypt
maintenance and self-renewal. The stability and rapid renewal of the intestinal mucosal layer
depend on the orderly arrangement of crypt cells and the performance of each functional cell,
including maintaining the epithelial barrier and regulating cell proliferation and apoptosis[40].
By immunofluorescence staining, we interestingly found epithelial cells was restored and
arranged more regularly in colitis mice treated with OPNs@LMWH, which also indicated that
intestinal mucosal permeability was restored (Fig. 5g, h). We utilized the cleaved caspase 3
(CC3), a marker of apoptosis, to investigate the occurrence of apoptosis in colitis mice. Our
findings revealed a substantial overlap between cells exhibiting high expression of CC3 and
E-cadherin in colitis mice without treatment (Fig. 5h, i, k). Concurrently, the proliferation
(marked by PCNA) of transit amplifying (TA) cells and intestinal stem cells located at the base
of the crypts was virtually halted (Fig. 5j). This suggests that the mucosal layer in colitis has
lost its barrier and self-repair capabilities. However, for colitis mice treated with OPNs and
OPNs@LMWH, a significant reduction in the proportion of apoptotic epithelial cells was
observed, demonstrating the proliferation of crypt cells was reinstated (Fig. 5i-k). More
importantly, most of the PCNA-positive cells were gathered at the bottom of the crypts after
the effective treatment. This result indicated that the restored proliferation ensured orderly
proliferation and differentiation (Fig. 5j). Taken together, these findings proved that
OPNs@LMWH can significantly remit the UC *in vivo* by maintaining the redox and immune
homeostasis, as well as protecting the colonic epithelium.

Fig. 5 | The rebalanced intestinal homeostasis after treated with OPNs@LMWH. a-d,
Colitis mice were treated with OPNs or OPNs@LMWH. The concentration of IL-6 in serum (**a**)
and IL-6 (**b**), TNF-α (**c**) and IL-1β (**d**) in colon tissue were determined by ELISA. **e, f,**
Representative images of immunohistochemical staining for MPO (**e**) and p-STAT3 (**f**). Scale
bar, 100 μm. **g-k,** Representative images of immunofluorescence staining for proliferation
and apoptosis, presented with DAPI (**g**), anti-E-cadherin (**h**), anti-PCNA (**i**), anti-CC3 (**j**) and
merge (**k**), visualized by CLSM. Scale bar, 100 μm. Shown are quantitative analysis or
representative images from n= 5 biologically independent samples (**a-d**) and n= 3
biologically independent samples (**e-k**). Data represent mean ±SD. * $p < 0.05$, ** $p < 0.01$, ***
$p < 0.001$, **** $p < 0.0001$ and ns $p > 0.05$, analyzed by ordinary one-way ANOVA (**a-d**)

multiple comparisons test.

Discussion

The intricacies of ulcerative colitis present significant challenges for existing treatment
methods. Current clinical drugs have notable limitations, and off-target effects from oral
medications are concerning[8,41]. To address this issue, numerous studies have been conducted
on precision drug delivery systems for ulcerative colitis, yielding promising results[11,12]. Despite
varying approaches and outcomes in previous research, there is consensus that designing
multifunctional targeted new therapies for immune response holds great potential[18].

Our work considered the transport and infiltration phenomena of inflammatory cells at
ulcerative colitis lesion sites and proposed a "hitting two birds with one stone" precise
nanotherapy based on integrin αM-targeting and ROS-scavenging. Adopting a modular
integration approach, OsEPL was combined with LMWH through nanoprecipitation and layer-
by-layer self-assembly to form core-shell nanoparticles. Given the imbalance of redox
homeostasis at inflammation sites, we opted for a drug-free approach using biocompatible
ROS-scavenging materials derived from modified ε-polylysine as a regulator for intestinal
oxidative stress.

Despite the discovery of the heparin-integrin interaction mechanism in existing research,
our knowledge regarding its potential in drug delivery remains sparse. Our findings robustly
validated an enhanced immune cellular uptake of heparin-coated nanoparticles and
highlights the crucial mediating role of LMWH-integrin αM interactions. As anticipated,
OPNs@LMWH successfully targeted intestinal inflammatory cell migration, accumulation, and
infiltration in colitis mice. OPNs@LMWH demonstrated a significantly extended retention time
in the colon of colitis mice. Remarkably, 24 hours post-oral administration, the concentration
was approximately double compared to that of the naked form. Conversely, normal mice
rapidly eliminated OPNs@LMWH, underscoring its superior inflammation-targeting
properties and minimized potential adverse effects. A closer examination of colon tissue
sections revealed that OPNs@LMWH penetrated more deeply into the submucosal tissues
with inflammatory cell infiltration, compared to OPNs, further highlighting its enhanced
inflammation-targeting efficiency.

To understand how OPNs@LMWH improves colitis, we conducted comprehensive in vivo
and in vitro experiments to investigate its impact. In our in vitro studies, we noted a reduction
in the levels of intracellular ROS and pro-inflammatory cytokine secretion following the
application of OPNs@LMWH. Interestingly, in experiments involving cells damaged by
exogenous peroxides, the performance of OPNs@LMWH was comparable to that of OPNs.
These findings suggest that while the cellular uptake efficiency of OPNs@LMWH has been
enhanced, its inherent antioxidant functionality remains effective. In subsequent *in vivo* trials,
OPNs@LMWH demonstrated superior effectiveness in alleviating the symptoms of colitis. Our
results revealed that following treatment with OPNs@LMWH, there was a significant
reduction in the levels of peripheral blood and inherent inflammatory responses in mice with
colitis. Additionally, we noted a marked decrease in oxidative stress levels within immune cells
and a diminished activation of the JAK-STAT signaling pathway. The process of apoptosis in
the intestinal epithelial cells of the mice was effectively suppressed, and the structured
proliferation at the base of the crypts was successfully reinstated.

Our findings provide robust validation for our "hitting two birds with one stone" strategy
that combines LMWH-based integrin targeting with the regulation of intestinal redox
homeostasis, thereby highlighting the application of OPNs@LMWH in the treatment of
ulcerative colitis. More promisingly, our research underscores the feasibility and flexibility of
employing LMWH in integrin-targeted treatment strategies for ulcerative colitis *via* oral
administration. We postulate that the LMWH surface coating could be universally
implemented across a variety of nanoparticle designs targeting integrins α4 and αM. This
straightforward and adaptable modular design could potentially stimulate further research
into integrin-targeted treatment strategies for autoimmune diseases.

Experimental section
Materials:
ε-polylysine, 4-hydroxyphenyl boronic acid pinacol ester, dichloromethane (DCM), carbonyl
diimidazole (CDI), Sodium chloride (NaCl), Sodium sulfate (Na_2SO_4), 4-dimethylaminopyridine
(DMAP), dimethyl sulfoxide (DMSO), lecithin, ammonium acetate (CH_3COONH_4) and
Hydrogen peroxide solution (H_2O_2) were purchased from Aladdin (Shanghai, CHN). Heparin
was purchased from Changshan Biotechnology Co. Ltd (Hebei, CHN). Chitosan (CS, >75%
deacetylated), Indocyanine green (ICG), fluorescein amine (FA), Azure A, Lipopolysaccharides
(LPS), Phorbol 12-myristate 13-acetate (PMA), sucrose and hematoxylin solution were
purchased from Sigma–Aldrich (St. Louis, MO, USA). Cell counting kit-8, BCA Protein Assay
Kit, Protease and phosphatase inhibitor cocktail for mammalian cell and tissue extracts (P1050)
and DCFH-DA were purchased from Beyotime Biotechnology (Shanghai, CHN). Fetal bovine
serum (FBS) was purchased from Gemini (USA). Dulbecco's modified Eagle's medium (DMEM),
Roswell Park Memorial Institute (RPMI) 1640 medium, Opti-MEM I reduced serum medium
were purchased from Gibco (USA). Dextran sulfate sodium (DSS, colitis grade) was purchased
from MP Biomedicals (USA). Anti-E-cadherin antibody (14-3249-82), CM-Dil (C7001) and
ELISA kits IL-6 (88-7064), TNF-α (88-7324), IL-1β (88-7013) were purchased from Invitrogen
(USA). Annexin-V/PI kit was purchased from BioLegend, Inc. (USA). Antibodies anti-phospho-
Stat3 (Tyr705, 9145), anti-cleaved caspase-3 (Asp175, 9579) and anti-PCNA (2586) were
purchased from Cell Signaling Technology (USA). Antibodies anti-myeloperoxidase
(ab208670) and anti-integrin αM (ab133357) were purchased from Abcam (Cambridge, UK).
DAPI was purchased from Thermo Scientific (USA). Secondary antibodies conjugated with
Alexa Fluor 488 (A-21208), 594 (A-21207), 647 (A-31573 and A-31571) were purchased from
Invitrogen (USA). Secondary antibodies conjugated with horseradish peroxidase (HRP), 3,3'-
diaminobenzidine (DAB), peroxidase-blocking solution and serum-free protein blocking
solution were purchased from Dako (DNK). O.C.T. compound was purchased from Sakura
(USA).

Synthesis of OsEPL: Oxidation-sensitive ε-polylysine (OsEPL) were synthesized by using a
method inspired by K. E. Broaders & et al[42] with modification. Briefly, 4-hydroxyphenyl boronic
acid pinacol ester (10 mmol) was dissolved in DCM (10 mL). Then CDI (20 mmol) was added
and the mixture was stirred at R.T. for 1 h. The solution was diluted by adding another 10 mL
DCM and washed with dd-H_2O (20 mL) three times. Then the obtained organic phrase was
washed with saturated brine (20 mL) three times, dried over anhydrous Na_2SO_4 for 30 min

and concentrated in a rotary evaporator to obtain imidazoyl carbamate (Compound 1, 8.5
mM, 85%). To form OsEPL, Compound 1 (820 mg), ε-polylysine (320 mg) and DMAP (305 mg)
were dissolved in anhydrous DMSO (10 mL). The mixture was stirred at R.T. for 24 h. Then
OsEPL was precipitated in dd-H_2O (40 mL) and isolated by centrifugation (8000 g, 10 min).
The precipitate was washed with dd-H_2O (20 mL) three times and lyophilized for further use.
444

Preparation of OPNs@LMWH: LMWH (Mw=8.5kDa) was prepared by a controlled
heparinase depolymerization method according to reports.[26,43] The molecular weight of
unfractionated heparin (UFH) and LMWH were determined by HPLC (1260 Infinity II, Agilent,
USA) with a GPC column (TSK Gel G2000SWXL, 7.8 mm × 300 mm, Tosoh Co., JPN) and the
result is shown in Supplementary Fig. 6. OPNs@LMWH were prepared by a
nanoprecipitation/layer-by-layer method. Briefly, lecithin (20 mg) was dispersed in 1 mL
anhydrous ethanol and then added dropwise to 8 mL CH_3COONH_4 buffer (0.1 M, pH = 5.00)
with magnetic stirring (600 rpm) to form a dispersion. OsEPL (20 mg) was dissolved in DMSO
(1 mL) and then added dropwise to the dispersion. The nanoparticles were collected by
centrifugation (30000 g, 10 min). Naked OPNs were harvested after washing three times with
dd-H_2O. Chitosan (20 mg) was dissolved in 10 mL CH_3COONH_4 buffer (0.1 M, pH = 5.00).
Then the Nanoparticles were dispersed in the chitosan solution and incubated at R. T. for 30
min with magnetic stirring (600 rpm). The chitosan-coated OPNs were collected after washed
three times with dd-H_2O, dispersed in 10 mL LMWH aqueous solution (2 mg mL^{-1}) and
incubated at R. T. for 30 min with magnetic stirring (600 rpm) again. Finally, OPNs@LMWH
were washed three times either and collected by centrifugation (30000 g, 10 min) for further
use. For *in vivo* imaging applications, ICG (1 mg mL^{-1}) or FA (1 mg mL^{-1}) was added to the
primary DMSO solution and two kinds of fluorescent labeled OPNs or OPNs@LMWH were
prepared by a similar method to the above. The fluorescence intensity of fluorescent labeled-
nanoparticles was normalized before use.
465

Characterization of OPNs@LMWH: The surface morphology of OPNs and OPNs@LMWH
were determined by SEM (Merlin, Zeiss, DEU), TEM (Tecnai G2 20, FEI, USA) and AC-TEM
(Titan 80-300, FEI, USA). The size, polydispersity index (PDI) and surface charge of OPNs and
OPNs@LMWH were analyzed by DLS (Zetasizer Nano ZS90, Malvern, UK). For stability assays,
simulated gastric fluid (SGF) and simulated intestinal fluid (SIF) were prepared guided by
United States Pharmacopeia. Nanoparticles were dispersed and incubated in deionized water
(48 h) in 4 °C or SGF (2 h) and SIF (44 h) in 37 °C. Degradation was evaluated by examining
the absorbance at 500nm by microplate reader (Infinite M200 Pro, Tecan Trading AG,
Switzerland). The mass proportion of LMWH in OPNs@LMWH was determined indirectly by
measuring the concentration of free LMWH in the supernatant before and after coating. The
concentration of LMWH was detected by incubated with Azure A.
477

478 **Cell culture:** RAW264.7 (mouse) macrophages and NCM460 (human) colonic enterocytes
479 were kindly provided by Prof. Zhijie Chang (School of medicine, Tsinghua University, China).
480 RAW264.7 was kept in DMEM with 10 % FBS, NCM460 was kept in RPMI 1640 medium with
481 10% FBS. For in vitro assays，mediums were replaced with Opti-MEM I reduced serum
482 medium after seeded overnight to avoid potential impacts from FBS.

In vitro cellular uptake assays: RAW264.7 was seeded in 12-wells plate (Corning 3513, USA) with a density of 3×10^5 cells per well and stimulated with LPS (100 ng mL^{-1}) and IFN-g (20 ng mL^{-1}) for 12 h. Then FA-labeled nanoparticles with a concentration of 20 μg mL^{-1} were added. After an 8 h incubation, cells were collected and washed with PBS three times. The fluorescence intensity of cells was immediately assessed by flow cytometry (LSRFortessa, BD, USA). To confirm the improved cellular uptake efficiency, free FA with the same fluorescence intensity as nanoparticles was occupied as a control group. For immunofluorescence imaging, cells were seeded on round coverslips and pretreated with anti-integrin αM antibodies for 1h before the 8 h incubation with nanoparticles. Cells on coverslips were fixed in 4 % paraformaldehyde for 15 min, stained with CM-Dil and DAPI and washed three times. Images were performed by a confocal laser scanning microscopy (FV3000RS, Olympus, JPN).

In vitro ROS-scavenging behaviors and anti-inflammation assays: Intracellular ROS level was evaluated by a DCFH-DA method. Briefly, RAW264.7 was seeded in 12-wells plate (Corning 3513, USA) with a density of 3×10^5 cells per well. After incubation for 12 h, the medium was replaced with Opti-MEM containing Nanoparticles with certain concentration and incubated for another 12 h. Then PMA (100 ng mL^{-1}) and DCFH-DA were added. After incubation for 1 h, cells were all collected and washed with PBS three times. The fluorescence intensity of cells was immediately assessed by flow cytometry. To confirm the ROS-scavenging function, reduction on peroxide-induced apoptosis was evaluated by a Annexin-V/PI method. Briefly, NCM460 was seeded in 12-wells plate (Corning 3513, USA) with a density of 3×10^5 cells per well. After incubation for 12 h, the medium was replaced with Opti-MEM containing Nanoparticles (10 μg mL^{-1}) and incubated for 1h. Then H$_2$O$_2$ (500 μM) was added and the plate was incubated for 12 h. Then cells were collected, stained by using Annexin-V/PI apoptosis kit and assessed by flow cytometry immediately. For in vitro anti-inflammation assay, RAW264.7 was seeded in 96-wells plate (Corning 3599, USA) with a density of 3×10^4 cells per well. After incubation for 12 h, the medium was replaced with Opti-MEM containing LPS (100 ng mL^{-1}). After stimulated with LPS for 30 min, nanoparticles with certain concentration (10 μg mL^{-1}) were added and cells were incubated for 24 h. The supernatant was collected to determine the concentration of proinflammatory cytokines by ELISA kit.

Animals and colitis model: All animal studies were in compliance with the regulations of Laboratory Animal Resources Center, Tsinghua University (23-XXH2). Six-week-old male C57BL/6J mice were obtained from Charles River (Beijing, CHN) and maintained in a 12 h light-dark cycle at 25 °C. Mice supplied with food and water were cohoused for 7 days before random assignment to experimental groups. Colitis model was established by providing drinking water containing 3% DSS and the special drinking water was renewed every other day.

In vivo therapeutic efficacy: Mice were orally administrated with drinking water or nanoparticles dispersions at a dose of 50 mg kg^{-1} d^{-1} every day for 6 days, starting on the day 1. On day 7, Mice were sacrificed and spleens, colons and serum were excised. To obtain

histological sections, colons were fixed in 4 % paraformaldehyde for 24 h, dehydrated and embedded in paraffin. The samples were cut into 5 μm thick slides by using a microtome (RM2235, Leica, DEU) and stored in -20 °C for further use. Hematoxylin and eosin staining was performed to evaluate histopathology. The histological scores were evaluated refer to a reported method[44] with modification. Briefly, infiltration of inflammatory cells (0: none, 1: mild, 2: moderate, 3: severe), the depth of ulceration involvement (0: none, 1: mucosa, 2: submucosa, 3: muscular layer), the area of ulceration involvement (0: none, 1: 0 %–25 %, 2: 26 %–50 %, 3: 51 %–75 %, 4: 76 %–100 %), and crypt destruction (0: none, 1: lower than one third, 2: lower than two thirds, 3: more than two thirds, 4: all crypts and epithelium) were assessed. To determine the concentrations of cytokines in colon tissues, colon segments were homogenized (30 Hz, 2 min) in PBS containing 2 % protease and phosphatase inhibitor cocktail. The supernatants were collected and cytokines were assessed by ELISA kits. All samples were normalized to equivalent protein concentrations by using a BCA protein assay kit.

Immunohistochemistry and immunofluorescence imaging: Immunohistochemistry (IHC) and Immunofluorescence (IF) were applied to investigate the mechanisms. Briefly, histological sections were obtained by the same method as "In vivo therapeutic efficacy" part and followed with deparaffinization and hydration of tissue slides through xylene and gradient ethanol treatment, respectively. Antigen retrieval was performed at 100 °C for 15 min in Tris-EDTA buffer (pH = 9.00). For IHC, a peroxidase-blocking solution was applied to eliminate non-specific staining, while for IF, a serum-free protein blocking solution was applied. Tissue slides were incubated overnight at 4 °C with primary antibodies. All slides were washed with PBS (containing 0.05 % Tween-20) and incubated with secondary antibodies for 30 min at R.T., where antibodies conjugated with HRP were used in IHC and antibodies conjugated with fluorescence were used in IF. For IHC, DAB was applied to develop the color, followed by hematoxylin staining. For IF, Nucleus staining was performed by using DAPI. Then, all slides were mounted with mounting medium (Leica), protected from light and stored at 4 °C.

In vivo biodistribution: Both healthy mice and mice with colitis were investigated and orally administrated with fluorescent labeled OPNs/OPNs@LMWH. Briefly, after fasted overnight, mice orally administrated with ICG-OPNs/OPNs@LMWH were imaged by an IVIS unit (Lumina III, USA) at 6 h, 12 h and 24 h after gavage, and then sacrificed to perform colon imaging. To investigate the specific distribution in colon tissue, mice orally administrated with FA-OPNs/OPNs@LMWH were sacrificed at 24 h after gavage. Colons were obtained and stored in PBS containing 30% sucrose for 24 h. Then the solution was removed and all samples were embedded in O.C.T. compound. Histological sections were obtained by used freezing microtome (CM3050S, Leica, DEU). Slides were stained with DAPI and CM-Dil, mounted, protected from light and stored in 4 °C.

Safety assays: In vitro safety assays were based on cells. Briefly, cells were cultured in 96-wells plates with different concentrations of particles for 24 h. Then CCK-8 were added and plates were incubated for another 30 min. The absorbance at 450 nm in each well was read and used to calculate cell viability. In vivo safety assays were based on mice. Briefly, mice were daily orally administrated for 14 days with different dose of nanoparticles and their body

571   weights were recorded every day. Then all mice were sacrificed on Day 14. The blood samples
572   were collected and used for blood hematology examination. The spleens, hearts, lungs, livers
573   and kidneys of mice were collected to obtain sections and stained with hematoxylin and eosin.
574
Statistical analysis: The data are expressed as the mean ± standard deviation (SD). Statistical
analysis was performed by student's t tests for unpaired data and by one-way ANOVA or
two-way ANOVA analysis for multiple comparisons. A two tailed P value of < 0.05 was
considered statistically significant and statistical significance is indicated as * $p < 0.05$, ** $p <$
0.01, *** $p < 0.001$, **** $p < 0.0001$ and ns (no significance) $p > 0.05$. GraphPad Prism 8.3
software was applied for statistical analysis.
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Data availability
All data supporting the results in this study are available within the paper and its
Supplementary Information. Additional processed data are available from the corresponding
authors on request.

Acknowledgements
This work was supported by grants from the Key Research and Development Program of the
Ministry of Science and Technology (2023YFA0914300), Shenzhen Medical Research Fund
(SMRF, B2302009), National Natural Science Foundation of China (22161142014), State
Administration for Market Regulation (SAMR) Technical Guarantee Project (2023YJ22) and
Hebei Administration for Market Regulation Technology Project (2024ZD02).

Author contributions
XH. X. Y. W. and CY. Z. oversaw all research. L. H., B. X., Y. W., CY. Z. and XH. X. designed the
research strategy. L. H. synthesized materials and fabricated nanotherapy. L. H., LQ. H., W. H.,
QX. Z., ZY. S., and HY. T. performed experiments. L. H. and Y. W. analyzed experiments. L. H.,
Y. W., CY. Z. and XH. X. prepared for the manuscript. All authors approved the manuscript.

Competing interests
XH. X., L. H. and Y. W. are inventors on related patents filed by Tsinghua University describing
the materials and nanotherapy reported in this study. The other authors declare no competing
interests.

Supplementary Information

"Hitting Two Birds with One Stone" Design of Intestinal Integrin-Targeting and Redox Homeostasis-Regulating Oral Nanotherapy for Ulcerative Colitis

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781 **Supplementary Fig. 8 | OPNs@LMWH are taken up by integrin αM+ cells.** Activated
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783 without anti-integrin αM antibody, visualized by CLSM. Scale bar, 50 μm. Shown are
784 representative images of n=6 biologically independent samples.
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Supplementary Fig. 9 | Quantitative analysis of FA fluorescence intensity of internalized
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independent samples. Data represent mean ±SD. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, ****

$p < 0.0001$ and ns $p > 0.05$, analyzed by two-way ANOVA multiple comparisons test.

Supplementary Fig. 10 | High level of CD11b in the colonic submucosal layer of colitis

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Supplementary Fig.11 | OPNs@LMWH accumulates in inflamed colon infiltrated by
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811 **Supplementary Fig. 12 | Cytotoxicity testing determined by CCK-8. a, b,** Cell viability of
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±SD. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$ and ns $p > 0.05$, analyzed by two-
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Supplementary Fig. 14 | LMWH presents little anti-ROS property. a, b, RAW264.7 cells were stimulated with PMA and treated with LMWH (20 μg/mL). **c, d,** Fluorescence intensity (**c**) and percentage of ROS-positive cell (**d**) were calculated. Shown are representative gating strategy, images or quantitative analysis from n= 3 or 4 biologically independent samples (**a-d**). Data represent mean ±SD. ∗ $p < 0.05$, ∗∗ $p < 0.01$, ∗∗∗ $p < 0.001$, ∗∗∗∗ $p < 0.0001$ and ns $p > 0.05$, analyzed by unpaired t test (**c, d**).

Supplementary Fig. 15 | Concentration of Free LMWH determined by Azure A. Free LMWH in supernatant before or after coating were detected and indicated low mass proportion of LMWH in OPNs@LMWH. Shown are quantitative analysis from n= 4 biologically independent samples.

Supplementary Fig. 16 | Safety profiles of OPNs@LMWH (body weight). Mice were orally
administrated with different dose of nanoparticles for 14 days. Daily body weight changes
were recorded. Shown are quantitative analysis from n=6 animals. Data represent mean ±SD.
$\star$ p < 0.05, $\star\star$ p < 0.01, $\star\star\star$ p < 0.001, $\star\star\star\star$ p < 0.0001 and ns p > 0.05, analyzed by two-way
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Supplementary Fig. 17 | Safety profiles of OPNs@LMWH (major organs). Mice were
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Supplementary Fig. 18 | Safety profiles of OPNs@LMWH (blood hematology). Mice were
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$***\ p < 0.001$, $****\ p < 0.0001$ and ns $p > 0.05$, analyzed by ordinary one-way ANOVA multiple
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