Title: Stimulus-induced gamma sources weaken but not shrink with healthy

aging in human EEG

Short title – Gamma sources weaken with aging

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Abstract

Aging alters brain structure and function, and studying such changes may help understand the neural basis underlying aging and devise interventions to detect deviations from healthy progression. Electroencephalogram (EEG) offers an effective way to study healthy aging owing to its high temporal resolution and affordability. Recent studies have shown that narrow-band stimulus-induced gamma oscillations (20-70 Hz) in EEG weaken with healthy aging and onset of Alzheimer's Disease while remaining highly reproducible for a given subject, thus hold promise as potential biomarkers. However, functional connectivity (FC) sometimes changes in a different way compared to sensor power with aging. This difference could be potentially addressed by studying how underlying gamma sources change with aging, since either a reduction in source power or a shrinkage of the sources (or both) could reduce the power in the sensors but may have different effects on other measures such as FC. We therefore reconstructed EEG gamma sources through a linear inverse method called eLORETA on a large (N=217) cohort of healthy elderly subjects (>50 years). We further characterized gamma distribution in cortical space as an exponential fall off from a seed voxel with maximal gamma source power, which could help delineate a reduction in magnitude versus shrinkage. We found significant reduction in magnitude but not shrinkage with healthy aging. Overall, our results shed light on changes in EEG gamma source distribution with healthy aging which could provide clues about underlying neural mechanisms.

Introduction

Aging is a biological process that impacts brain function at multiple levels, such as cognitive, behavioural (Riddle, 2007) and physiological (Anders and Kristine, 2010). Brain aging manifests in the loss of dendritic spines, white matter density, neurotransmitter levels and the neuronal population (Hara et al., 2012). The study of healthy aging therefore would lead to better understanding of the changes in the brain at various levels, which could help in detecting deviations from healthy aging due to mental disorders such as Alzheimer's Disease (AD). Aging has been studied non-invasively in various modalities, for instance in fMRI (Dennis and Thompson, 2014), EEG (Scally et al., 2018), and MEG (Mandal et al., 2018). EEG holds great promise as a diagnostic tool because it is inexpensive and provides a direct measure of postsynaptic activity and synchronization across large scale functional networks (Lopes da Silva, 2013). With healthy aging, various measures in EEG like P300 (Porcaro et al., 2019), N2pc (Pagano et al., 2015), alpha power (Borghini et al., 2018; Knyazeva, 2021), other resting state oscillations (Rossini et al., 2007) and aperiodic activity (Voytek et al., 2015) have been shown to alter. Recently, stimulus-induced narrow-band gamma oscillations, which are produced by presenting visual stimuli such as gratings and are thought to reflect excitatory-inhibitory interactions in the brain (Murty et al., 2018), have also been shown to weaken with aging (Murty et al., 2020). These stimulus-induced gamma oscillations are highly reproducible across recordings separated by one year or more (Kumar et al., 2022) and also weaken with onset of AD (Murty et al., 2021), making them a potentially useful biomarker.

Apart from power measured using EEG sensors, various ensemble features like functional connectivity (FC) (Kumar and Ray, 2023) and related compensatory mechanisms (Pathak et al., 2022) may also change with healthy aging, albeit in a different way compared to power (Murty et al., 2020). For example, FC decreases with aging in alpha and stimulus-induced gamma oscillations, even though alpha power does not and even when variation in gamma power is accounted for using regression (Kumar and Ray, 2023). Similarly, FC at Individual Alpha Peak Frequency (IAPF) may stay invariant with aging due to a compensatory mechanism where enhanced inter-areal coupling cancels the effect of increased axonal delays (Pathak et al., 2022). One way to further understand aging related changes in the brain is through source localization. In particular, power in sensor space can reduce if the underlying

sources weaken, shrink, or a combination of the two (Figure 1), even though these may have

different effects on other measures such as FC (see Discussion for more details).

To compare these alternatives, we considered the same EEG dataset reported in previous

studies (Murty et al., 2020; Murty and Ray, 2022; Kumar and Ray, 2023) and performed

brain source localization of visual gratings-induced gamma, along with alpha, using

eLORETA (Exact Low-resolution Tomography Analysis) source reconstruction method.

Gamma (and alpha) sources were strongest in the occipital areas, which allowed us to model

the source power as an exponential decay function (A*exp(- x)) from the voxel that had

maximal gamma power. Here, weakening of source power with age without any change in

the distribution would result in only a reduction in A, while only a shrinkage in source

distribution without any change in magnitude would increase . Reduction in both magnitude

and active area would change both   and . We therefore studied changes in these

parameters with aging using linear regression.

Figure 1. The hypothesis of changes in gamma sources based on scalp power.

(a) The change in power scalp plot depicting the power fall-off across the occipital electrodes

for middle-aged and elderly subjects as reported in (Murty et al., 2020) for the slow gamma

range as an illustration. Slow gamma power reduces in elderly subjects compared to the

middle-aged. (b) Hypothetical plots describing the three possibilities for the source

distribution, parametrized as exponential decay function (A*exp(- x)), with parameters

and . (i) When the source configuration remains similar, with an overall reduction in power

magnitude, the profiles can be explained by the scaling factor ( ), which we refer here as

weakening. (ii) Source extent shrinkage without considerable change in seed/reference power

magnitude, could be explained by the decay factor ( ), which we refer here as shrinkage (iii)

Scenario wherein both source magnitude and the source extent changes, both the parameters
A and β would be needed for explanation. Therefore, we refer as combined weakening and
shrinkage.

Materials and Methods

Human Subjects

The EEG dataset was collected from 257 human subjects (females: 106) aged 50 to 88 years
as part of the Tata Longitudinal study of aging (TLSA), of which usable data was obtained
from 244 subjects (227 healthy, 12 MCI and 5 AD; see (Murty et al., 2021) for detailed
selection criteria). Subjects were recruited from urban Bengaluru communities and were
evaluated by trained psychiatrists, psychologists and neurologists affiliated with National
Institute of Mental Health and Neuroscience (NIMHANS) and M.S. Ramaiah Hospital,
Bengaluru. Cognitive performance was evaluated using ACE (Addenbrooke's Cognitive
Examination), CDR (Clinical Dementia Rating) and HMSE (Hindi Mental State
Examination) tests (see Murty et al., 2021 for more details). Since this was a community-
based study, wherein subjects were recruited based on advertisements, we did not have any
knowledge of their cognitive status prior to the experiment. Since the number of MCI and AD
subjects were relatively few, we considered only the healthy population (N=227). We further
discarded 9 healthy subjects because data was collected using 32 channels. In addition, one of
the healthy subjects was discarded that had relatively fewer trials (<100) across all the
protocols. All results are therefore based on the remaining 217 healthy subjects. All subjects
took part against monetary compensation and provided signed informed consent. All the
procedures were approved by The Institute Human Ethics Committees of Indian Institute of
Science, NIMHANS, Bengaluru and M.S. Ramaiah Hospital, Bengaluru.

Experimental Setting and Behavioural Task

Experimental setup and details of recordings have been explained in detail previously (Murty
et al., 2020, 2021) and are summarized here. EEG was recorded from 64-channel active
electrodes (actiCap) using BrainAmp DC EEG acquisition system (Brain Products GMbH)
and were placed according to the international 10-10 system. Raw signals were filtered online

between 0.016Hz (first-order filter) and 1kHz (fifth order Butterworth filter), sampled at
2.5kHz, and digitized at 16-bit resolution (0.1µV/bit). It was subsequently decimated to
250Hz. Average impedance of the final set of electrodes was (mean±SEM) 7.82 ± 0.02kΩ.
EEG signals recorded were in reference to electrode FCz during acquisition through unipolar
reference scheme.

All subjects sat in a dark room facing a gamma-corrected LCD monitor (dimensions: 20.92 x
11.77 inches; resolution: 1280 x 720 pixels; refresh rate: 100 Hz; BenQ XL2411; maximum
luminance of 120 cd/m^2) with their head supported by a chin rest. It was placed ~58 cm from
the subjects and subtended 52º x 30º of visual angle for full screen gratings. Subjects
performed a visual fixation task, wherein 2-3 full screen grating stimuli were presented for
800ms with an inter-stimulus interval of 700ms after a brief fixation of 1000ms in each trial
using a customized software written in Objective C with OpenGL libraries running on MAC
OS. The stimuli were full contrast sinusoidal luminance achromatic gratings with one of the
three spatial frequencies (1, 2, and 4 cycles per degree (cpd)) and four orientations (0º, 45º,
90º, and 135º). Details of this experimental paradigm, including images of these stimuli, can
be found in (Murty et al., 2021; Murty and Ray, 2022).

Artifact rejection

We implemented a fully automated artifact rejection framework (for details, see (Murty et al.,
2020, 2021; Murty and Ray, 2022), in which outliers were detected as repeats with deviation
from the mean signal in either time or frequency domains by more than 6 standard deviations,
and subsequently electrodes with too many (30%) outliers were discarded. Subsequently,
stimulus repeats that were deemed bad in the visual electrodes (P3, P1, PO3, P2, P4, PO4,
POz, O1, Oz, and O2) or in more than 10% of the other electrodes were discarded. This gave
rise to a set of good electrodes and common bad repeats for each subject. We also rejected
electrodes with high impedance (>25kΩ). Finally, we computed slopes for the baseline power
spectrum between 56-84Hz range for each unipolar electrode and rejected electrodes whose
slopes were less than 0.

Eye position was monitored using EyeLink 1000 (SR Research Ltd), sampled at 500Hz. Any
eye-blinks or change in eye position outside a 5º fixation window during -0.5s to 0.75s from
stimulus onset were identified as fixation breaks, which were removed offline. We have

previously shown that eye-movements and microsaccades (Hassler et al., 2011) have a
negligible effect on gamma power in this dataset (Murty et al., 2020).

EEG Data Analysis

Analyses were performed using the 10 electrodes in occipital lobe, namely, P3, P1, PO3, P2,
P4, PO4, POz, O1, Oz, and O2. We considered the unipolar reference scheme which suitable
for the source localization procedure. These electrodes were considered because strong
gamma oscillations were observed in these electrodes, as done previously in our previous
studies (Murty et al., 2020, 2021; Kumar et al., 2022). All the data analyses were done using
custom codes written in MATLAB (MathWorks. Inc; RRID:SCR_001622). Change in power
between stimulus period and baseline period for a frequency band was computed using the
following formula:

$$\Delta Power = 10 \left(log_{10} \frac{\sum_f ST(f)}{\sum_f BL(f)} \right)$$

where ST is the stimulus power spectra and BL is the baseline power spectra, both averaged
within relevant frequency bins (f), across all the analyzable repeats. Power was computed in
three frequency bands: alpha (8□12 Hz), slow gamma (20□35 Hz), and fast gamma (36□66
Hz). The gamma frequency band limits were set based on the localization of two gamma
peaks in the change in PSD profile and the same limits were used in our previous studies
(Murty et al., 2018, 2020, 2021). Average occipital power was estimated by taking mean
across all the ten electrodes listed above. Scalp maps were generated using the *topoplot*
function of EEGLAB toolbox ((Delorme and Makeig, 2004), RRID:SCR_007292).

Source localization

We localized the sources after cleaning the data of any artifacts as described above.
Electrodes that were labelled bad as per the criteria mentioned in the Artifact Rejection sub-
section (flat PSD, noisy and high impedance electrodes) were first reconstituted for each
subject by spherical spline interpolation using pop_interp function of EEGLAB toolbox.
Intracortical distribution of electric activity was estimated from the surface EEG data using
eLORETA (Pascual-Marqui, 2007, 2009; Pascual-Marqui et al., 2011), which is a
mathematical solution of a regularized, weighted minimum-norm with three-dimensional
(3D) distribution in brain volume. Even though the reconstruction has low resolution, the

method promises correct localization, based on experimental data through a virtual head and
a real human EEG recorded under diverse stimulus conditions (Pascual-Marqui et al., 2011).
The 3D solution space of the reconstructed sources with 5 mm spatial resolution when
restricted to cortical gray matter and hippocampus, led to 6239 voxels in a realistic head
model based on The Montreal Neurologic Institute average MRI brain (MNI152) template
(Mazziotta et al., 2001).

Artifact-free scalp interpolated EEG data was segmented into baseline (BL; -500 to 0 ms,
where 0 indicates stimulus onset) and stimulus (ST; 250-750 ms after stimulus onset) periods.
Data was segmented and saved using custom MATLAB codes to generate files suitable for
eLORETA software. The eLORETA software, which has been widely used to investigate
cortical electrical activities, is freely downloadable from https://www.uzh.ch/keyinst/loreta
and has been validated through many studies of resting state, altered state of consciousness in
neuropsychiatric diseases and during various sensory stimulations (Pazo-Álvarez et al., 2004;
Gianotti et al., 2008; Lehmann et al., 2012; Babiloni et al., 2013). Using the utility window,
we generated cross spectrum (.crss) files from spectral power matrix for the three frequency
ranges (alpha: 8□12 Hz, slow gamma: 20□35 Hz, fast gamma: 36□66 Hz), which were then
transformed into the cortical electrical current density data as (voxel position × time ×
frequency ranges) by applying eLORETA source reconstruction. Finally, the cortical
electrical activity was obtained by squaring the cortical electrical current density and
averaging over the entire EEG segment (Pascual-Marqui, 2007; Aoki et al., 2023) as .slor
files for each trial for the BL and ST periods for individual subjects. In line with previous
studies (Jatoi et al., 2014), we used the term source power in the present study to refer to the
squared current source density. The difference in squared current source density (ΔCSD) was
obtained by log subtraction of BL from ST data for each voxel × trial × subject. The .slor
files for each subject were converted into text files and imported to MATLAB using custom
codes to generate inter-voxel separation matrix, based on the seed voxel with maximal power
change (averaged across all subjects; hence the same seed voxel was used for all subjects) for
each of the three frequencies and for each hemisphere. For alpha, seed voxel was the one with
maximum decrease in power change, while for SG and FG, voxel with maximal increase in
power change was considered across all the subjects including both the age groups. We used
the same seed voxel for all subjects since the individual subject seed voxel varied across the
cortex and for subjects with weak gamma, the chosen voxel was not even over the occipital
area, hence giving uninterpretable results. Since the seed voxel fixed, the differences across

age could not simply be due to variability across subjects and differences in the choice of the

seed voxel. Inter-voxel separation across the seed voxel and all other voxels was calculated

using the formula.

$$Inter-voxel\ separation\ =\ \sqrt{(X_{seed}\ -\ X_n)^2\ +\ (Y_{seed}\ -\ Y_n)^2\ +\ (Z_{seed}\ -\ Z_n)^2}$$

223   where (x_{seed}, y_{seed}, z_{seed}) are the position coordinates of the seed voxel and (x_n, y_n, z_n) are

224   the position coordinates for other voxels in brain volume consisting of 6239 voxels.

Parametrizing source distribution with exponential decay function

227   The source map in 3D was converted to 1D scatter over all the voxels, with power against the

228   inter-voxel separation from the voxel with maximum power. The data was binned across

229   equally spaced inter-voxel separation. For each individual subject, exponential decay function

230   was fit over the means in each of the bins. The exponential decay function is defined as

231   follows.

$$pow = A * e^{-\beta x}$$

234   The parameters A, β were termed as the amplitude and the decay parameter, respectively. The

235   curve fitting was done using 'fminsearch' function in MATLAB. The fall-off profiles were

236   computed for both the hemispheres individually as depicted in Figure 2c, because there are

237   more structural connectivity paths within each hemisphere, and that the spread profile makes

238   sense only within a hemisphere and not crossing over the longitudinal fissure.

Estimating age dependency of source extent

The source power fall-off parameters for each of the frequency ranges were checked for age

dependency through two methods. The first approach was by dividing the subjects in two age

groups - middle-aged (age<65; N=91) and elderly (>=65; N=121), as done in our previous

studies (Murty et al., 2020), and comparing the median parameters across groups. This

approach allowed us to view the median power distribution for each group (shown in Figure

2). We also plotted the average power across inter-voxel separation in equal interval bins

with along with median SEM, defined as the standard deviation of bootstrapped medians over

N = 1000. This was used to display the variation of fall-off parameters across the age groups

within each inter-voxel separation bin (Figure 2c). However, artificial binning of a

continuous parameter such as age into arbitrary groups has several issues (Naggara et al.,

2011). We therefore used a second approach using a linear regression model with all the

subjects considered together disregarding any arbitrary age group. The fall-off parameters (A

and β) were individually modelled to depend on the subject age as follows, in the Wilkinson

notation:

$$A \ or \ \beta \sim Age$$

The model was fitted for the source power fall-off parameters on both left and the right

hemispheres. Coefficient for age was tested for significance based on the t-statistic. To

whether the changes in the Amplitude and decay parameters were simply due to the

weakening of power in the sensor space as reported in the previous study (Murty et al., 2020),

we computed the average change power (across the ten occipital electrodes listed above) and

included it as another dependent variable along with the subject age in a multiple linear

regression model.

$$A \ or \ \beta \sim Age + Pow$$

263   Along with the regression fits, we also plotted average power across age in equal interval bins

264   with along with median SEM. This was used to display the variation of fall-off parameters

265   with each age bin (Figure 3).

Statistical Analysis

268   For group comparisons, non-parametric test like the Kruskal-Wallis was used to check the

269   changes in amplitude and decay parameters. The linear regression coefficients were tested for

270   significance based on the t-statistic.

Results

Figure 2a shows the median change in power across all the electrodes as a scalp map for the

two age groups, namely middle-aged and elderly in alpha, slow gamma, and fast gamma

bands. Across the age groups, alpha remained unchanged, while the gamma power weakened

within the occipital electrodes, as reported in our previous study (Murty et al., 2020).

Corresponding change in source power maps are shown in Figure 2b (refer to the "Source

Localization" section in Methods for details on the computation of source power).   The

source power map over the cortex sampled at the medial sagittal section is shown, such that it

features the primary visual cortex across the left and right hemispheres. Similar to the results

shown in sensor space (Figure 2a), source power in slow and fast gamma bands reduced with

age, while no substantial change was observed in alpha.

To compare between the different hypotheses as indicated in Figure 1, we computed a one-

dimensional plot of source power as a function of inter-voxel separation from the highest

power voxel in the visual cortex, marked as a black circular patch on the source map in each

hemisphere (Figure 2b). This power fall-off plot (Figure 2c) was fitted with an exponential

with an Amplitude and a Decay parameter (A and β; refer "Parametrizing source distribution

with exponential decay function" of Methods). We also compared the average power across

bins of varying inter-voxel separation between the two age groups. While alpha suppression

in source space remained unaltered with age, with no significant inter-voxel separation bin

(top plot in Figure 2c), slow and fast gamma source power reduced in elderly over the

middle-aged, with significant difference in inter-voxel separation bins that were close to the

source bin (as indicated by asterisks in middle and bottom plots in Figure 2c).

In the source maps shown in Figure 2b, the gamma sources appeared to weaken (Figure 1a)

rather than shrink (Figure 1b) across the two age groups. This was confirmed by comparing

the amplitude and decay parameters across the two age groups. Amplitude parameter for

gamma significantly reduced in old over the mid group: slow gamma, right hemisphere: (1.22

$\pm$ 0.14 for mid versus 0.84 $\pm$ 0.09 for old (median $\pm$ SE); $\chi^2(1) = 5.09$, n=91/126, p = 0.024;

KW test); left hemisphere: 1.16 $\pm$ 0.14 for mid versus 0.86 $\pm$ 0.09 for old; $\chi^2(1) = 3.46$,

n=91/126, p = 0.063; KW test). Fast gamma, right 0.55 $\pm$ 0.07 for mid versus 0.39 $\pm$ 0.06 for

old; $\chi^2(1) = 5.92$, n=91/126, p = 0.015; KW test); left hemisphere: (0.53 $\pm$ 0.09 for mid

versus 0.37 $\pm$ 0.06 for old; $\chi^2(1) = 5.13$, n=91/126, p = 0.024; KW test). On the other hand,

decay parameters were not significantly different: slow gamma, right hemisphere: (0.038 $\pm$

0.004 for mid versus 0.034 ± 0.004 for old (median ± SE); $\chi^2(1)$ = 3.14, n=91/126, p =

0.076; KW test); left hemisphere: 0.04 ± 0.0036 for mid versus 0.03 ± 0.0032 for old; $\chi^2(1)$

= 3.86, n=91/126, p = 0.049; KW test). Fast gamma, right hemisphere: 0.034 ± 0.0044 for

mid versus 0.028 ± 0.0038 for old; $\chi^2(1)$ = 1.49, n=91/126, p = 0.22; KW test and left

hemisphere: (0.032 ± 0.004 for mid versus 0.029 ± 0.003 for old; $\chi^2(1)$ = 0.38, n=91/126, p =

0.53; KW test) and). For alpha, neither amplitude nor decay parameters were significantly

different.

Figure 2. Source distribution of change in power across subjects in middle-aged and elderly age groups.

(a) Median change in power scalp plots across middle-aged (age<65; N=91) and elderly

(N=127) subjects, in alpha, slow gamma, and fast gamma over the rows. The labels for

middle-aged and elderly are interchangeable with mid and old. (b) Source distribution of

change in power across a medial sagittal cross-section in left and right hemispheres for

middle-aged on top and elderly on the bottom, for the three frequency bands. The black dot

represents the voxel with maximum activity, used as a reference for the power fall-off with

inter-voxel separation plot in panel (c). (c) On the top is the change in source power with

inter-voxel separation for middle-aged (black trace) and elderly (grey trace) groups in the left

hemisphere. The data is binned over seven bins with a bin width of 20 mm centred between

[0−140] mm, with 20 mm spacing. The median of the binned data (see Methods) across

subjects, along with bootstrapped SEM, is plotted as an error bar in each of the bins, and

those with significant power differences across the age groups are indicated with an asterisk.

Medians are fit with an exponential decay function (see Methods). The A and β parameters

are reported in the figure inset for left and right hemisphere plots. On the bottom is the

similar plot, but for the voxels in the right hemisphere. For the alpha power the Y axis is

reversed.

Age dependency of source gamma oscillations

Because group-wise analysis where a continuous variable such as age is artificially binned

into arbitrary groups suffers from several issues (Naggara et al., 2011; Kuss, 2013), we tested

the age dependency of the Amplitude and Decay parameters using linear regression

modelling with each subject considered individually (refer Methods). Figure 3a depicts the

amplitude parameters for both left and right hemisphere fall-off profiles. The regression

coefficient for age, along with its significance is mentioned along with the scatter in each

plot. The p-value relates to the t-statistic of the two-sided hypothesis test ($H: b = 0$), given

the other terms (here the constant intercept) in the model. Consistent with groupwise analysis,

the coefficient for the amplitude parameter for alpha was not significant but was significantly

negative for slow gamma. For fast gamma, the coefficient was negative but did not reach

significance, potentially due to the small absolute value and large variance. In contrast, the

decay parameters (Figure 3b) did not change significantly for any frequency band.

Figure 3. Age dependency of cortical power fall-off parameters.

(a) The amplitude parameter estimated for each subject based on exponential decay function
fitted over the cortical power is plotted against subject age, for the left and right hemispheres,
within alpha, slow gamma, and fast gamma over the rows. The line plot depicts median
value, within uniformly spaced bins spanning 5 years each. The errorbar conveys the
bootstrapped median SEM (Standard Error of Median) (refer Methods). The linear regression
coefficient for age variable, with respective p-value of significance is indicated for each of
the frequency bands. (b) The decay parameter for each subject is plotted against age similar
to (a).

Source gamma oscillations weakening with aging is driven by sensor power

In a previous study, we found that the reduction in FC with age persisted even after
accounting for variation in sensor power (Kumar et al., 2023). We therefore tested whether
weakening (or potential shrinkage) of gamma sources could be observed after accounting for
the variation in sensor power with age. This also allowed us to ascertain if the spatial filters
applied through source reconstruction procedure contributed any additional information not

explained by the sensor domain power. We accounted for the sensor power differences by
including it as one of the dependent variables in a multiple linear regression model (refer
Methods). We found that once sensor power was accounted for, the age dependency of slow
gamma fall-off profile amplitude parameters (coefficient for age) was no longer significant
(Left: b_{age} = -0.0139, p-value = 0.14; Right: b_{age} = -0.0162, p-value = 0.09). Overall, these
results show that the gamma source power weakening is, unsurprisingly, driven by the
weakening in the sensor space.

Discussion

Summary

We studied changes in the source distribution of visual stimulus-induced narrow-band
gamma oscillations with healthy aging to better understand the reasons behind the reduction
of gamma power in the sensor space as shown earlier (Murty et al., 2020). We tested different
hypotheses (as shown in Figure 1) and found that slow gamma sources weaken but not shrink
with age (consistent with Figure 1a), whereas alpha sources remained unchanged with age.
These results were confirmed using both group-wise analysis and regression analysis.

Previous studies on changes in source gamma power with age

A recent MEG study (Hoshi and Shigihara, 2020) on humans aging 22□75 years reported
similar changes in gamma power during Eyes Closed (EC) and Eyes Open (EO) conditions.
Alpha (8-13 Hz), beta (13-25 Hz) and high gamma (41-80 Hz) power in the source space
reduced with age in the occipital areas of the brain for the EC condition, although the
opposite trend was observed in rostral regions. During EO condition, only alpha and beta
power (overlapping with the slow gamma band) were found to weaken with age. Similarly,
changes in the EEG source space in various frequency bands with aging using eLORETA has
been reported by Aoki and colleagues (2022). They reported increase in EEG spontaneous
gamma source activity (during EC paradigm) with aging, in the frontoparietal and left
temporal areas through correlation analysis. They suggested that the enhanced activity in the
above mentioned areas may be due to the compensatory response of the cholinergic

brainstem pathway, following the degradation in basal forebrain pathway with aging
(Babiloni et al., 2006). The study reported no significant correlation of activity in gamma
band within the occipital cortex with age. An EEG study on healthy aging (Perinelli et al.,
2022) showed increase in gamma activity at the frontoparietal and left temporal areas.
However, most of the studies in the literature on gamma are confined to the resting state
condition, which is considered to have various shortcomings attributed to experimental
settings, mental state of the subject, etc. (van Diessen et al., 2015). In contrast, stimulus-
induced gamma oscillations are induced using certain visual stimuli such as bars and gratings
in the visual cortex that have interesting characteristics such as separability from background
oscillations, and characterization based on stimulus parameters. Therefore, the differences in
results from previous studies could be due to the nature of gamma oscillations, since the
stimulus induced gamma oscillations differ from the spontaneous gamma oscillations
(Tallon-Baudry and Bertrand, 1999). In particular, the resting state power spectral density is
known to "tilt" with age (Voytek et al., 2015; Aggarwal and Ray, 2023), leading to more
power at higher frequencies due to flattening of the spectrum. However, this is a broadband
response which occurs over a large frequency range and is distinct from the narrow-band
gamma oscillations studied here.

Relationship between source distribution and sensor power

Changes in the sensor space with aging may not necessarily translate to similar changes in the
source space. For example, one study suggested a transformation on the source space based
on the spherical harmonics basis set to improve source reconstruction, but for estimating
dipole source activity, the leadfield matrix also had to be transformed into the new space
defined by the spherical harmonics basis (Petrov, 2012). In other words, any general
modification in source space activity, does not necessarily get reflected as a similar
transformation on sensor space unless the leadfield matrix is correspondingly adjusted based
on the data covariance. Another study reported that the leadfield matrix needs to be modified
based on the transformation applied on the sensor data to estimate the underlying sources
(Hipp and Siegel, 2015). Overall, these emphasize that the gamma weakening on sensor
space may not lead to similar weakening of the gamma sources. Therefore, it is not
straightforward to expect weakening in source space given that gamma weakens in sensor
space.

Although the same sensor power distribution could be either due to a single localized source
or multiple distributed sources, the associated FC patterns could be different . The localised
source may lead to high FC between the sensors since all sensors essentially reflect the
activity of a single source, whereas in the distributed source case, FC may critically depend
on the extent of the coherent sources and may reduce if the source distribution shrinks. In
other words, an overall weakening of gamma sources may have much less effect on FC
compared to shrinkage. As shown previously, gamma FC reduced with age even when sensor
power was accounted for (Kumar and Ray, 2023), which is more consistent with shrinkage
rather than weakening of gamma sources. On the other hand, the relationship between power
and FC may depend on factors beyond just source distribution. Indeed, FC parameters may
depend more on the level of synchronization between sources as opposed to just the source
extent. There are a variety of compensatory mechanisms that may play a role in
synchronization. For example, Pathak and colleagues recently showed that increased inter-
areal coupling can offset the age-related increase in latency (Pathak et al, 2022). Therefore, if
the distributed sources synchronise more due to increased coupling, the FC will not reduce
even if the source extent shrinks. Furthermore, weaker FC in distributed sources case could
be due to the relative configuration of sources, in terms of their location and orientation.
Power and FC are by definition incomparable and thereby, FC we cannot be solely predicted
from the sensor power.

Our results instead present a simpler alternative regarding changes in stimulus-induced
gamma oscillations with age. These oscillations are known to arise due to the interaction of
excitatory and inhibitory interneurons, which forms a close network (Bartos et al., 2007).
With aging, only the efficacy of this network reduces, leading to weaker oscillations, but not
the spatial extent of the network itself. Reduction in FC could be due to a reduction in
synchronization within the network. Although our source analysis provides more information
about potential changes in the network, more advanced methods for studying functional
connectivity and synchronization as well as detailed network models of gamma oscillations
are needed to understand how these networks change with healthy aging and the effect of
these changes on brain function.

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(a)

Middle-aged   Elderly

dB

Slow gamma

$Ae^{(-\beta x)}$

(b)

(i) Weakening

Change in power

scaling

Inter-voxel distance

Only A

— Middle-aged
— Elderly

(ii) Shrinkage

tilting

Only β

(iii) Weakening & shrinkage

Both A & β

(a)   (b)   (c)