Forecasting EEG time series with WaveNet

Hanna Pankka[1], Jaakko Lehtinen[2–3], Risto J. Ilmoniemi[1], and Timo Roine[1]

January 16, 2024

[1]Department of Neuroscience and Biomedical Engineering, Aalto University School of Science, Rakentajanaukio 2 C, 02150 Espoo, Finland (hanna.e.pankka@aalto.fi) [2]Department of Computer Science, Aalto University School of Science, Espoo, Finland [3]NVIDIA, Helsinki, Finland

Abstract

Objective Forecasting electroencephalography (EEG) signals, i.e., estimating future values of the time series based on the past ones, is essential in many real-time EEG-based applications, such as brain–computer interfaces and closed-loop brain stimulation. As these applications are becoming more and more common, the importance of a good prediction model has increased. Previously, mainly the autoregressive model (AR) has been employed for this task — however, its prediction accuracy tends to fade quickly as multiple steps are predicted. We aim to improve on this by applying deep learning to make robust long-range forecasts.

Methods We applied the deep neural network model WaveNet to forecast resting-state EEG in theta- (4–7.5 Hz) and alpha-frequency (8–13 Hz) bands. We also compared WaveNet to the AR model, which has previously been widely used in real-time EEG applications.

Results WaveNet reliably forecasted EEG signals in both theta and alpha frequencies. It outperformed the AR model in estimating the signal amplitude and phase.

Conclusion We demonstrate for the first time that deep learning can be utilised to forecast resting-state EEG time series over 100 ms ahead.

Significance In the future, the developed model can enhance the real-time estimation of brain states in brain–computer interfaces and brain stimulation protocols. It may also be useful for answering neuroscientific questions and for diagnostic purposes.

deep learning, electroencephalography, forecasting, machine learning, prediction, WaveNet

1 Introduction

Electroencephalography (EEG) is widely used for non-invasively monitoring the neuronal activity of the brain. An important subfield of EEG signal analysis is the forecasting task, where one or more future values $\{x_t, \ldots, x_{t+m}\}$ of the EEG time series are estimated based on the previous values $\{x_{t-n}, \ldots, x_{t-1}\}$ of the same series. This problem has been studied at least since the 1990s [1] and it has recently gained more attention because of the growing demand for real-time EEG. Real-time EEG is used in applications such as brain–computer interfaces (BCI) and closed-loop neurostimulation, where a prediction model is sometimes required to allow time for algorithmic decision-making. For example, brain stimulation can

be guided with EEG by anticipating future brain states and timing the stimulation accordingly [see, for example, 2, 3, 4]. A good prediction model can, therefore, enhance the operation of such applications as well as provide valuable insights into the neuronal activity of the brain.

Previously, several methods for forecasting EEG have been explored. A common prediction method for EEG signals is a linear autoregressive model (AR), which has been used already in the earliest studies [1]. To date, the AR model has been a popular choice in practical applications. For example, Chen et al. [5] and Zrenner et al. [4] performed phase-locked brain stimulation by computing spectral and phase estimations from predictions generated with the AR model. Other approaches for forecasting EEG include a Fast Fourier transform model [6], and neural networks, such as multilayer perceptrons [7], adaptive neuro-fuzzy inference systems [8, 9], and Elman recurrent neural networks [10]. All of these models have demonstrated decent performance in forecasting the EEG signal a few time steps ahead, but the prediction error tends to grow fast when multiple steps are forecasted. This is not surprising, as EEG time evolution is particularly difficult to forecast — the signals are high-dimensional and non-stationary and the relationship between the past and future values is not deterministic. Moreover, signals from other brain areas and external inputs add to the difficulty of predicting the signal in a particular EEG channel. This indicates that a more complex model would be needed to achieve reliable long-range forecasts.

A prominent approach to forecasting EEG is deep learning. During the last two decades, deep-learning techniques have demonstrated their power in modelling various high-dimensional data sets. The success of these methods lies in their ability to extract meaningful features from multidimensional data, which is why they hold promise for modelling EEG signals as well. Indeed, many studies on deep learning for EEG data have already been published, although these approaches consist almost solely of different classification tasks [11]. Nevertheless, the results have been promising and some researchers have already applied deep learning also for the forecast task. Bhowmick et al. [12] forecasted EEG data one time step forward with a deep neural network. In addition, McIntosh et al. [13] modelled the relationship between a raw signal and its causally processed phase signal. While these studies preliminarily support the applicability of deep learning for EEG forecasting, there is still a need to explore its capability in long-range predictions.

Therefore, we propose forecasting EEG time series with the probabilistic deep-learning model WaveNet [14]. WaveNet was originally developed for generating raw audio signals and has demonstrated excellent performance in this task. We hypothesized that its success with audio signals could make it well-suited for predicting EEG signals as well.

For this paper, we adapted the deep learning model WaveNet to forecast EEG time series in theta- (4–7.5 Hz) and alpha-frequency (8–13 Hz) bands as well as deterministic synthetic data. We tested WaveNet's capacity to predict EEG signal amplitude and phase as well as oscillation peaks. In addition, we examined the differences in prediction accuracy within subjects and channels, and whether there is a difference between training the model with data from all channels compared to training with data from a single channel. Finally, we compared the results to the AR model as it has been widely applied for forecasting EEG time series [see for example 1, 5, 4]. We found that WaveNet is suitable for forecasting both theta- and alpha-frequency bands outperforming the AR model in predicting EEG time series.

2 Materials and methods

2.1 WaveNet

In 2016, van den Oord et al. [14] introduced WaveNet, a fully probabilistic generative deep learning model for creating raw audio signals. WaveNet models time series with conditional probabilities, where the probability of each value x_t in the series is conditioned on n previous values: $p(x_t|x_{t-n}, \ldots, x_{t-1})$. It models these relationships between past and future values with causal convolutional layers, where the causal property ensures that no future values are considered when making the prediction for the next time step. The model architecture (see Figure 1a) consists of a stack of WaveNet blocks, where the output from the previous block is fed to the next one as well as to the rest of the network to produce the final output. The output is a set of categorical probability distributions that has the same time dimensionality as the input, meaning that for each input time series $(x_{t-n}, \ldots, x_{t-1})$ we obtain the probability distributions for the next time steps $(x_{t-n+1}, \ldots, x_t)$ (see Figure 1b). The distributions are created with a softmax activation as the last layer in the network, and the model parameters are optimized to maximize the log-likelihood of the predictions.

(a)   (b)

Figure 1: (a) Model architecture of WaveNet. WaveNet consists of two types of convolutional neural network layers: causal convolutions ("Conv") and 1×1 convolutions, three types of activation functions: tanh, σ, and rectified linear units (ReLU) and a softmax layer. (b) WaveNet outputs a conditional probability distribution over the next value for each value in the input series. During training, the predictions can be generated in parallel and the loss can be calculated from the whole output sequence. At inference, predictions are generated one at a time and fed back to the network.

Modelling time series as categorical probabilities with convolution operations includes two challenges that WaveNet solves efficiently. First, time series like audio and EEG signals contain different structures at different time scales, which means that the model has to capture both small- and large-scale variations in the long temporal sequences. Achieving this with convolution operations can be computationally heavy because the receptive field has to be wide enough to cover the full range of these variations. To overcome this problem, WaveNet dilates the receptive field of the convolution operation by reading only every dth value. Throughout the model, this dilation factor d is exponentially increased in every WaveNet block as a power of two up until 512, after which it is repeated. This way we can achieve a receptive field size of

1024 with just 10 WaveNet blocks and a filter width of 2. The second challenge is that the resolution of digitized EEG signals typically ranges from 16 to 24 bits [15], which means that there are from 65,536 to 16,777,216 possible values for each time step. As computing probabilities for each of these values would not be feasible, the signal is quantized to 8-bit resolution to reduce the number of possibilities to 256. For a more detailed description of the model, we refer to the original article of van den Oord et al. [14].

In this work, we adapted a version of the WaveNet model to be used for EEG time series forecasting using Tensorflow deep learning library (v 2.6.0) [16].

2.2 Autoregressive model

The AR model of order z estimates the next value of a signal as the weighted sum of z previous values as follows:

$$x_t = \sum_{j=1}^{z} \phi_j x_{t-j} + \varepsilon_t \tag{1}$$

where $\{x_{t-1}, \ldots, x_{t-z}\}$ are the past z values, and $\{\phi_1, \ldots, \phi_z\}$ represent the coefficients of these past values. The coefficients can be determined in multiple ways; here, we apply the Yule–Walker equations [17, 18], which estimate them with the auto-covariance of the time series. The coefficients are calculated from previous z time steps separately for each prediction interval (as opposed to fitting them for some data segment beforehand). A prediction of desired length is then created autoregressively, i.e., by adding the newest prediction to the sequence and using that sequence to generate the next one.

2.3 Synthetic data

We generated synthetic data for validating WaveNet in a fully deterministic scenario. Each sample was created as a product of two sine waves of different frequencies and with a random phase delay. The frequencies of the two waves were drawn at random from distinct normal distributions (with mean $\mu = 10$ and standard deviation $\sigma = 1$ Hz and $\mu = 0.5, \sigma = 1$ Hz), and the oscillation phase at the beginning of each wave was sampled from a uniform distribution $[0°, 360°]$.

2.4 EEG data

We used resting-state EEG from 68 healthy subjects for training, validating and testing the model. The data were retrieved from an open online repository PRED+CT (http://predict.cs.unm.edu/, access number d003) [19]. There were recordings from 75 healthy subjects in total, but we ignored 7 of them due to missing or distorted segments. The measurements had been performed with a 60-channel Neuroscan system at the sampling rate of 500 Hz and with the reference channel between Cz and CPz channels. Each recording contained both eyes-open and eyes-closed conditions, 3 minutes each — for consistency, we chose to include only the eyes-open condition.

We tested WaveNet's capacity on minimally processed data to keep the task as general as possible by not assuming any preprocessing pipelines or specific use cases. Therefore, no preprocessing apart from causal band-pass filtering was done. We band-pass filtered the EEG data to theta (4–7.5 Hz) and alpha (8–13 Hz) frequencies. To ensure that each time step in the filtered signal is independent of future time points, we chose to use a causal minimum-phase finite impulse response filter (order 825).

Before feeding the data to WaveNet, we quantized the signals to 8 bits. To ensure that this reduced signal resolution is sufficient for accurately representing the whole signal, we chose to present the model only with such signals, where the amplitudes were within the range of $[-10, 10]$ μV. Following the original work of van den Oord et al. [14], we also applied μ-law companding,

$$F(x) = \text{sign}(x)\frac{\ln(1+\mu|x|)}{\ln(1+\mu)} \qquad -1 \leq x \leq 1 \qquad (2)$$

before quantizing to introduce improved reconstruction compared to linear quantization. When making predictions with the AR model, we did not perform this quantization step.

2.5 Experimental conditions

We evaluated the performance of WaveNet under five experimental conditions. In the first condition, we trained WaveNet on synthetic data. The four other conditions were formed as combinations of two frequency bands and two data compositions. More specifically, WaveNet was trained on EEG time series that were a) band-pass filtered to either theta- (4–7.5 Hz) or alpha-frequency (8–13 Hz) band and b) selected from either all channels (All condition) or just the C3 channel (C3 condition). We tested the inclusion of data from all channels because this results in a larger and more diverse training set compared to a set from a single channel. This might be beneficial as the increased variety in the training set can prevent overfitting and help WaveNet extract features of the underlying data distribution. Notably, the model was not conditioned on the channel identity, meaning that it could not differentiate which channel each signal was coming from. On the other hand, we wanted to test whether WaveNet could more accurately predict a particular channel, had it seen data only from that channel. This might indeed be the case, as EEG signals originating from different parts of the brain tend to differ from each other — thus WaveNet might learn the features of a specific channel better if it was trained with data only from that channel. We chose to test this with the C3 channel because it has been previously used in the literature [see, for example, 20].

2.6 Cross-validation

We performed 4-fold cross-validation to evaluate the performance of WaveNet on the whole dataset. Thus, the dataset of 68 subjects was divided into four parts, each containing data from 17 subjects. For each cross-validation iteration, one part was put aside for testing, while the rest of the subjects were used for the training process. Therefore, the training process included 51 subjects divided at random into training (47 subjects) and validation sets (4 subjects). This process ensures that neither the subjects in the training nor the validation sets were used in the testing phase for any of the cross-validation iterations.

This procedure was applied separately for each of the four experimental conditions where EEG data was used.

2.7 Tuning of WaveNet's hyperparameters

Training a deep-learning model requires selecting a set of hyperparameters — we chose some of these by hand and performed a grid search to optimise the rest. Our goal was not only to select hyperparameters that produce the most accurate predictions but also to choose them in a way that ensures the usability of the model in real-time applications.

The kernel width of the convolution operations and the number of WaveNet blocks were chosen by hand such that the resulting receptive field size is as small as possible whilst still covering enough signal to make reliable forecasts. Short inputs are preferred in many real-time applications, where long resting-state sequences might not be available — this might happen, for example, when there are stimuli disturbing the signal. In addition, wider receptive fields would prolong prediction times, which is not a desirable property for online predicting. Thus, we set the kernel width to two and the number of WaveNet blocks to 10. This combination produces a receptive field size of 1024, which we found to be sufficient for determining the next time step.

Next, we applied the grid search to find the optimal learning rate and the number of convolutional filters. We tested eight configurations, consisting of two learning-rate values ($\{0.001, 0.0001\}$) and four convolutional filter counts: $\{16, 24, 32, 40\}$ for the All condition and $\{8, 16, 24, 32\}$ for the C3 condition. We chose the parameters that produced the lowest validation loss after 600 epochs. Notably, the grid search was performed separately for each cross-validation group to avoid leaking properties of the test data to the training process.

For training WaveNet with synthetic data, we used the same hyperparameters that were chosen for models in the alpha band in the All condition.

2.8 Training WaveNet

We trained WaveNet with samples of either synthetic data or EEG time series. The division of data into training, validation, and test sets is described in Section 2.6. We chose 2250 training and validation examples of length 2000 at random from each subject in the training and validation sets. When training models with the All condition, each sample was chosen at random from the 60 channels, whereas for the C3 condition, only the C3 channel was used. From those examples, we then discarded samples that contained amplitude values outside our target range $[-10, 10]$ µV.

We then trained WaveNet for 600 epochs with a batch size of 32. We chose new training examples at the beginning of each epoch to avoid overfitting the model by introducing variation to the samples. We used an Adam optimizer [21] with a decaying learning rate to minimize the categorical cross-entropy loss between predicted and target labels. For calculating the loss, we only included time points whose receptive field did not contain any padding zeros.

2.9 Optimizing the AR model order

We optimized the AR model's order with the same validation data sets that were used to select WaveNet's hyperparameters. To allow full comparability with the WaveNet model, we used the same number of time steps to calculate the model coefficients as was selected as the receptive field for WaveNet. Thus, we selected 300 random samples of length 1024 from each of the 4 subjects in each validation set and excluded the samples containing values outside the range $[-10, 10]$ µV. For each of the samples, we created predictions of length 75 (150 ms) with 30 distinct model orders: $\{10, 20, \ldots, 300\}$. We then calculated the mean average error over the whole prediction interval. Finally, for each cross-validation group, we chose the model order that produced the lowest mean absolute error over the whole validation set of the group.

2.10 Performance evaluation

We evaluated WaveNet's prediction performance with synthetic data and with EEG time series from the 17 subjects left out of the training set of each cross-validation group. To evaluate WaveNet's performance under the All condition and to compare that to the AR model, we composed a test set by selecting 120 samples at random from every channel of each subject. Another test set was created to compare the All and C3 conditions: here, we selected 1500 random samples from the C3 channel of each subject. For both of these test sets, as well as for evaluation with synthetic data, we created forecasts of length 75 (150 ms). Additionally, we determined how well WaveNet under All condition can detect high and low peaks occurring 50 ms in the future compared to the AR model. For this peak detection task, we made a third test set, for which we chose inputs from all of the channels such that 50 ms forwards from each sample there was a high or low peak in the measured signal. To detect the peaks, we generated forecasts of length 50 (100 ms), meaning that the peak was expected to appear in the middle of the predicted window. From all of the test sets, we dismissed the samples that were not in the target range $[-10, 10]$ μV.

We generated 10 sampled predictions per input in the test sets — each sample was formed separately by predicting one time step at a time and feeding the result back into the network. At each time step, the predicted value was sampled with a temperature of 0.5 [22] by squaring the probabilities in the output distribution. This stretching of the output distribution was done, as we found in our initial testing that it produced better predictions compared to sampling from the original output distribution. The final forecast was calculated as the mean of the 10 sampled predictions.

For some of the analyses, we wanted to determine the phase of the signal. This was performed by calculating the analytic signal using a Hilbert transform and then extracting the angles of the resulting complex numbers. Due to the edge effect caused by the Hilbert transform, we discarded the last 10 ms of each phase estimation.

Lastly, we performed statistical testing to determine the statistical significance of the differences we found. For comparing group means, we used a *t*-test — when Student's *t*-test's assumption of equal variances was not met, we used Welch's *t*-test. For comparing the differences in variances, we applied Levene's test.

3 Results

3.1 Grid search

In each cross-validation group, the best-performing model had a learning rate of 0.001. There was more variation in the number of convolution filters in the best-performing models, although within each experimental condition the variation was small. In the All condition, 40 filters produced the lowest validation error in each cross-validation group apart from one group in the theta band, where the model with 32 filters performed the best. In the C3 condition, the grid search resulted in 24 convolution filters for one of the cross-validation groups in the theta band and for three groups in the alpha band. Conversely, 16 filters were chosen for three groups in the theta and one group in the alpha band.

3.2 Orders of the AR model

The chosen model orders were similar for each cross-validation group (see Figure 2). The lowest mean absolute error during the 150-ms prediction interval was achieved with model order 100 in three cross-

validation groups in the theta band and one in the alpha band. Furthermore, for the fourth group in the theta band, model order 120 and for the remaining three groups in the alpha band, orders 110, 120 and 170 were chosen.

Figure 2: Results of optimization of the AR model order. The lines show the mean absolute error during a 150 ms prediction interval in each cross-validation group in theta- (violet) and alpha-frequency (reddish brown) bands. The chosen model orders with the lowest error are marked with a diamond shape.

3.3 Synthetic data

WaveNet reliably learned the features of the synthetic data. Figure 3 shows representative examples of forecasts made with test samples. The 10 predicted samples have minimal variance amongst each other and they closely follow the original signal. Thus, the representative power of the WaveNet model is sufficient for capturing the features of the deterministic data.

Figure 3: Example forecasts of length 150 ms with fully deterministic synthetic data. Each prediction interval contains 10 samples. As the predicted samples (in purple) are very close to the original signal, the original signal (in black) is not visible underneath the predicted signal.

3.4 Comparison of frequency bands

The prediction performances for the theta and alpha bands differed only slightly (Table 1) — Figure 4 shows the median prediction errors as a function of time while Figure 5 presents example predictions from

both frequency bands. In the beginning, the prediction error for alpha frequencies increased faster than for theta, probably due to theta oscillations being slower — within the same amount of time, there is less change that needs to be predicted. Additionally, some of the differences in the error time series appeared to be due to the periodicity of the signals, which caused fluctuation according to the respective frequencies in both of the frequency bands. Lastly, we found that the prediction error in both frequency bands correlated positively with the variance of the predicted samples, but this effect was weak.

Figure 4: Median prediction error over time (dark lines) for theta- (4–7.5 Hz) and alpha-frequency (8–13 Hz) bands. The shaded area (lighter colour for the theta and darker for the alpha band) represents the range of these errors with the top 2.5% of outliers cut out.

3.5 Differences between cross-validation groups, subjects and channels

We analysed whether WaveNet's forecasting performance varied within cross-validation groups, individual subjects, and channels. We found the distributions of median prediction errors to be similar across all cross-validation groups for both frequency bands. This suggests that WaveNet has the capacity to robustly learn generalisable features from the different training data sets.

When comparing the median prediction errors of channels versus subjects, we found that there was more variation within channels than subjects when predicting the amplitude (Figure 6a). However, we found the opposite with the phase estimates of the same predictions (Figure 6b). This might be caused by the variation in amplitude sizes between channels — the closer the channels are located to the reference channel, the smaller their amplitudes are. For this reason, it is expected that the absolute errors in amplitudes are also smaller the closer we go to the reference channel. To further investigate this, we calculated how large the amplitude errors are relative to the measured signal (Figure 6c), observing that this, indeed, resulted in error distributions similar to those of the phase errors. Thus, the prediction results varied more between subjects than between channels when taking into account the variation in amplitude sizes between channels.

3.6 Limiting training data to a single channel

We compared WaveNet's ability to forecast the C3 channel under the C3 and All conditions. We calculated the median error of each 150 ms forecast and found that the means of these errors were similar for both

(a) Theta-frequency band

(b) Alpha-frequency band

Figure 5: Example forecasts from the All condition, where the model was trained and tested with data from all of the 60 channels. Each prediction (in red) is formed as the mean of 10 samples (in purple). The measured signal is presented in black.

conditions: 0.72 ± 0.48 μV (All condition) and 0.69 ± 0.47 μV (C3 condition) in the theta-frequency band and 0.62 ± 0.36 μV (All condition) and 0.61 ± 0.36 μV (C3 condition) in the alpha-frequency band. The differences in means were statistically significant but of no practical significance (Welch's t-test: $t(178764) = 12.2, p < .05$ in theta frequency and $t(140404) = 5.1, p < .05$ in alpha frequency). Based on these results, there is no considerable benefit in training WaveNet with data from only one channel.

| | (a) Amplitude error | (b) Phase error | (c) Relative amplitude error |

Figure 6: Error distributions of median errors of subjects versus channels: each data point is the median error of one subject or channel. The white dashed lines show the medians and the grey dashed lines the lower and upper quartiles of each distribution. All of the differences in group variances were statistically significant (Levene's test: $F(1, 126)$ equals 17.2 and 20.7 for amplitude, 16.3 and 30.9 for phase, and 17.1 and 16.1 for relative amplitude errors in theta and alpha frequencies, respectively. $p < .05$ for all).

3.7 Comparison to the autoregressive model

Figure 7 shows the median amplitude errors of WaveNet and the AR model and the corresponding median phase errors. Table 1 summarizes the means of these prediction errors. For both frequency bands, the median prediction error during the whole prediction interval was consistently lower for WaveNet than for the AR model. In the theta band, the median prediction error of WaveNet did not exceed 1 μV until 114 ms, whereas the median error of the AR model exceeded 1 μV after 66 ms. Respectively, in the alpha frequency, the 1-μV error was exceeded at 108 ms with WaveNet and 94 ms with the AR model. Thus, WaveNet's prediction reliability remained high for considerably longer than that of the AR model.

	Amplitude (μV)		Phase (°)	
	θ	α	θ	α
WaveNet	0.8 ± 0.6	0.7 ± 0.5	24.7 ± 23.3	24.2 ± 23.2
AR	1.0 ± 0.7	0.9 ± 0.6	30.5 ± 27.3	29.0 ± 26.2

Table 1: Prediction errors (mean ± standard deviation) of WaveNet and the AR model. All of the differences in means were statistically significant (Welch's t-test: $t(539162) = -109.4$ and $t(532394) = -114.7$ for amplitude errors and $t(544430) = -84.9$ and $t(544639) = -73.0$ for phase errors in theta and alpha frequency, respectively. $p < .05$ for all).

The results of the phase detection task are presented in Figure 8; its median errors, as well as the lower and upper quartiles, are displayed in Table 2. The AR model's phase predictions were less precise than WaveNet's predictions, of which 72% were within 20 degrees of the target phase, whereas only 65% of the AR model's predictions were within that distance. What stands out from the distributions of the predicted phases is that in the alpha frequency, the trend lines of WaveNet's and AR model's predictions are behind the target phase, whereas in the theta frequency, they are ahead of the target phase. This means that in

(a) Theta-frequency band

(b) Alpha-frequency band

Figure 7: WaveNet's forecasting performance compared to the autoregressive model. Median errors in amplitude (left) and phase are presented with dark lines. The coloured area represents the range of these errors with the top 2.5% of outliers cut out. The slight distortion at the end of the phase error sequences is caused by the edge effect of the Hilbert transform. WaveNet's median prediction errors remained lower than those of the AR model during the whole prediction interval.

the alpha frequency, both models are slightly prone to predict the frequency to be too low, whereas, in the theta frequency, they are both more inclined to estimate the frequency to be too high rather than too low.

	Theta frequency			**Alpha frequency**		
	*Q*1	*median*	*Q*3	*Q*1	*median*	*Q*3
WaveNet	4.1°	9.2°	19.0°	5.5°	12.3°	24.1°
AR	5.5°	12.5°	26.4°	6.6°	14.5°	27.7°

Table 2: Deviation from the target phase in the peak-prediction task.

4 Discussion

We explored the suitability of the deep learning model WaveNet for forecasting resting-state EEG time series in theta- and alpha-frequency bands and found WaveNet to be well applicable for this task. The main difference to previous literature is the ability to reliably predict multiple time steps (more than 100 ms with

(a) Theta-frequency band

(b) Alpha-frequency band

Figure 8: We found that WaveNet outperforms the AR model in estimating peaks that occur 50 ms in the future. The histograms on the left present how the deviations from the target phases were distributed between the models. The rose plots on the right display the predicted phases when predicting the high (left) and the low peaks (right) with both models: the radial extent of each bar shows how many of the predictions were within the phase range indicated by the width of the bars.

less than 1 μV median absolute error) into the future in contrast to previously published algorithms, where either only one time step was predicted [7, 10, 8, 9] or the prediction accuracy degraded when multiple steps were predicted [5, 1, 4].

We investigated how WaveNet performed compared to the most commonly used AR model. In the previous studies, a fixed predefined AR model order was used [5, 4] while in our analyses, an optimized AR model order significantly improved prediction accuracy. Nevertheless, based on our results, WaveNet outperformed the optimized AR model by approximately 20% in predicting the amplitude and phase as well as in detecting oscillation peaks. We believe the improved performance was due to the deep neural networks being able to model the high-dimensional and non-stationary properties and the complex interactions in the EEG data better than simpler linear models. Using deterministic simulation data, our model was able to predict the upcoming time steps visually perfectly, indicating that a significant part of the unexplained variance in real EEG data may be due to its stochastic properties.

In both theta- and alpha-frequency bands, the variation in prediction errors was explained more by variation within subjects than channels. Furthermore, training WaveNet with data from only one channel did not notably improve the performance compared to training with data from all 60 channels. Therefore, we believe there is more benefit in conditioning the model for a specific subject than for a specific channel.

However, the differences between subjects may be due to differences in brain function or differences between recordings. To investigate whether the differences are truly between subjects or, instead, between measurements, we would need to compare multiple recording sessions from a single subject. We could not test this, because we had only one recording session per subject in our data set. This should therefore be further explored in future studies — if there is real variation in the input–output relationships between subjects, the prediction accuracy could be improved by conditioning WaveNet on subject identity. This approach was suggested also in the original WaveNet paper [14], where they found the model to perform better when trained on multiple speakers and conditioning on speaker identity compared to training on a single speaker. In addition, there was a small improvement in accuracy when training Wavenet using data from a single channel, suggesting that conditioning WaveNet on channel information could improve performance; by conditioning, we get both the benefits of the diverse training set and the information about the characteristics of each channel. Therefore, future research should investigate whether conditioning the model on the subject, session, or channel identity or on all of them, could improve the prediction accuracy. Additionally, the model could be adapted to higher and lower frequencies or broader frequency bands as well as applied to patient data to see if there are group-specific differences in prediction performance. Incorporating all of these aspects into the model has the potential to even further differentiate WaveNet's performance from the simpler models.

Moreover, the correlation of variance of the predicted samples and prediction error, albeit weak, suggests that the variance of the predicted samples can give some insight into the reliability of the forecast. This would be an interesting topic to explore to further improve the robustness of the forecasts and in real-time applications, give an estimate of the uncertainty.

However, WaveNet also has drawbacks that could be addressed in future research. Firstly, WaveNet needs a considerably long input, which might be a disadvantage, especially with frequent stimuli present. Two main solutions could be to either try to shorten the input or examine whether WaveNet could make reliable forecasts regardless of a stimulus disturbing a part of the input. Secondly, WaveNet is drastically slower in creating predictions compared to the AR model. In real-time applications, a parallel WaveNet [23] could then be used; the parallel implementation was reported by the authors to be three orders of magnitude faster than the original. Lastly, we limited WaveNet to model band-pass filtered amplitudes in the range of $[-10, 10]$ μV. In real-time forecasting, in case amplitudes outside this range are present within the current receptive field (i.e. past 1024 time steps), the model would not be able to predict and would need to wait until the signal is again within the range. Future research could look for ways to expand the range, in case these values are common in the data. However, if values outside this range are specific to artefacts or otherwise low-quality data, it may be beneficial to refrain from predicting in these cases.

5   Conclusion

We trained a deep learning model based on the WaveNet architecture for a novel purpose of predicting resting-state EEG signals more than 100 ms into the future. We comprehensively evaluated its performance in comparison to a state-of-the-art AR model fitted into the data in an optimized manner, which is uncommon in previous applications of the AR model. Our results indicate that the WaveNet model architecture is well-suited for forecasting EEG time series data. It can capture complex relationships within the signals and is consistently superior in accuracy and precision compared to the AR model.

The developed model can improve real-time estimation of brain states in brain–computer interfaces and brain stimulation protocols by providing higher precision and accuracy and by allowing more time

for data processing in real-time applications compared to previous state-of-the-art methods. Moreover, the model may be useful in answering novel neuroscientific questions and has potential applications also in the development of novel diagnostic and prognostic tools for various brain disorders.

Acknowledgements

This project has received funding from the European Research Council (ERC Synergy) under the European Union's Horizon 2020 research and innovation programme (ConnectToBrain; grant agreement No 810377). Hanna Pankka received support from the Jenny and Antti Wihuri Foundation. Jaakko Lehtinen was supported by the European Research Council (ERC Consolidator Grant 866435).

References

[1] Katarzyna J Blinowska and M Malinowski. "Non-linear and linear forecasting of the EEG time series". In: *Biological Cybernetics* 66 (1991), pp. 159–165.

[2] Alireza Gharabaghi et al. "Coupling brain-machine interfaces with cortical stimulation for brain-state dependent stimulation: enhancing motor cortex excitability for neurorehabilitation". In: *Frontiers in Human Neuroscience* 8 (2014).

[3] Maria-Ioanna Stefanou et al. "Brain state-dependent brain stimulation with real-time electroencephalography-triggered transcranial magnetic stimulation". In: *JoVE (Journal of Visualized Experiments)* 150 (2019).

[4] Christoph Zrenner et al. "Real-time EEG-defined excitability states determine efficacy of TMS-induced plasticity in human motor cortex". In: *Brain Stimulation* 11.2 (2018), pp. 374–389.

[5] L Leon Chen et al. "Real-time brain oscillation detection and phase-locked stimulation using autoregressive spectral estimation and time-series forward prediction". In: *IEEE Transactions on Biomedical Engineering* 60.3 (2013), pp. 753–762.

[6] Farrokh Mansouri et al. "A fast EEG forecasting algorithm for phase-locked transcranial electrical stimulation of the human brain". In: *Frontiers in Neuroscience* 11 (2017).

[7] Damien Coyle, Girijesh Prasad, and Thomas Martin McGinnity. "A time-series prediction approach for feature extraction in a brain-computer interface". In: *IEEE Transactions on Neural Systems and Rehabilitation Engineering* 13.4 (2005), pp. 461–467.

[8] Wei-Yen Hsu. "EEG-based motor imagery classification using neuro-fuzzy prediction and wavelet fractal features". In: *Journal of Neuroscience Methods* 189.2 (2010), pp. 295–302.

[9] Hossein Komijani et al. "EEG classification using recurrent adaptive neuro-fuzzy network based on time-series prediction". In: *Neural Computing and Applications* 31 (2019), pp. 2551–2562.

[10] Elliott M Forney and Charles W Anderson. "Classification of EEG during imagined mental tasks by forecasting with Elman recurrent neural networks". In: *The 2011 International Joint Conference on Neural Networks*. IEEE. 2011, pp. 2749–2755.

[11] Yannick Roy et al. "Deep learning-based electroencephalography analysis: A systematic review". In: *Journal of Neural Engineering* 16.5 (2019).

[12] Ashok Bhowmick, Mucahit Cevik, and Ayse Basar. "Analyzing Intracranial EEG in Pharmacoresistant Epilepsy Patients Using Hidden Markov Models and Time Series Forecasting Methods". In: *SN Computer Science* 1 (2020), p. 325.

[13] JR McIntosh and P Sajda. "Estimation of phase in EEG rhythms for real-time applications". In: *Journal of Neural Engineering* 17.3 (2020).

[14] Aaron van den Oord et al. "WaveNet: A generative model for raw audio". In: *arXiv preprint arXiv:1609.03499* (2016).

[15] Jonathan J Halford et al. "American Clinical Neurophysiology Society Guideline 4: Recording Clinical EEG on Digital Media". In: *The Neurodiagnostic Journal* 56.4 (2016), pp. 261–265.

[16] Martín Abadi et al. "TensorFlow: Large-Scale Machine Learning on Heterogeneous Distributed Systems". In: *arXiv preprint arXiv:1603.04467* (2016).

[17] Udny George Yule. "On a method of investigating periodicities in disturbed series, with special reference to Wolfer's sunspot numbers". In: *Philosophical Transactions of the Royal Society of London. Series A* 226 (1927), pp. 267–298.

[18] Gilbert Thomas Walker. "On periodicity in series of related terms". In: *Proceedings of the Royal Society of London. Series A, Containing Papers of a Mathematical and Physical Character* 131.818 (1931), pp. 518–532.

[19] James F Cavanagh et al. "Multiple dissociations between comorbid depression and anxiety on reward and punishment processing: Evidence from computationally informed EEG". In: *Computational Psychiatry* 3 (2019), pp. 1–17.

[20] Christoph Zrenner et al. "The shaky ground truth of real-time phase estimation". In: *Neuroimage* 214 (2020).

[21] Diederik P Kingma and Jimmy Ba. "Adam: A method for Stochastic Optimization". In: *arXiv preprint arXiv:1412.6980* (2014).

[22] Chuan Guo et al. "On calibration of modern neural networks". In: vol. 70. PMLR, 2017, pp. 1321–1330.

[23] Aaron van den Oord et al. "Parallel WaveNet: Fast high-fidelity speech synthesis". In: vol. 80. PMLR, 2018, pp. 3918–3926.