Correlating fluorescence microscopy, optical and magnetic tweezers to study single chiral
biopolymers, tested on DNA plectoneme formation dynamics

Jack W Shepherd[1,2]*, Sebastien Guilbaud[1]*, Zhaokun Zhou[3]*, Jamieson Howard[1]*, Matthew
Burman[1], Charley Schaefer[1], Adam Kerrigan[4], Clare Steele-King[5], Agnes Noy[1], and Mark C Leake[1,2, †]

[1] School of Physics, Engineering and Technology, University of York, York, YO10 5DD

[2] Department of Biology, University of York, York, YO10 5DD

[3] Guangdong Provincial Key Lab of Robotics and Intelligent System, Shenzhen Institute of Advanced
Technology, Chinese Academy of Sciences, China

[4] The York-JEOL Nanocentre, University of York, York, YO10 5BR

[5] Bioscience Technology Facility, University of York, York, YO10 5DD

[†] For correspondence. Email mark.leake@york.ac.uk

* Authors contributed equally

Abstract
Biopolymer topology is critical for determining interactions inside cell environments, exemplified by
DNA where its response to mechanical perturbation is as important as biochemical properties to its
cellular roles. The dynamic structures of chiral biopolymers exhibit complex dependence with
extension and torsion, however the physical mechanisms underpinning the emergence of structural
motifs upon physiological twisting and stretching are poorly understood due to technological
limitations in correlating force, torque and spatial localization information. We present COMBI-
Tweez (Combined Optical and Magnetic BIomolecule TWEEZers), a transformative tool that
overcomes these challenges by integrating optical trapping, time-resolved electromagnetic
tweezers, and fluorescence microscopy, demonstrated on single DNA molecules, that can
controllably form and visualise higher order structural motifs including plectonemes. This technology
combined with cutting-edge MD simulations provides quantitative insight into complex dynamic
structures relevant to DNA cellular processes and can be adapted to study a range of filamentous
biopolymers.

Keywords
Optical tweezers, Magnetic tweezers, Fluorescence microscopy, Plectonemes, DNA topology, Single-
molecule

Multiple cell processes involve chiral biopolymers experiencing pN scale forces[1] and torques of tens
of pN.nm[2], exemplified by molecular machines on DNA[3] where torsion is a critical physical factor[4].
Although lacking torsional information, optical tweezers (OT) combined[5] with fluorescence
microscopy of dye-labelled DNA was used to image DNA extension in response to fluid drag[6], and
though missing topological details from fluorescence visualisation, magnetic tweezers (MT)
experiments have demonstrated how DNA molecules respond to force combined with supercoiling[7].
Developments in OT and MT have enabled molecular study of DNA over-stretching[8], protein
binding[9], dependence of mechanical properties to ionicity[10], and DNA-protein bridge formation[11].
Fluorescence microscopy combined with OT have enabled super-resolved measurement of extended
DNA in the absence of torsional constraints[12,13], with angular OT enabling torque control[14]. High-
precision MT has facilitated single-molecule DNA study of over- and undertwisting, including twist-
stretch coupling[15], dependence of torsion on temperature[16] and salt[17], and binding of filament-
forming proteins such as RecA[18]. MT has enabled single-molecule torsion dependence
measurements of non-canonical DNA structures including P-DNA[19], left-handed DNA[20] and higher-

order motifs of the G-quadruplex[21] and plectonemes[22], applying vertical geometries to extend

molecules orthogonal to the focal plane. DNA plectonemes have been visualised using fluorescence

microscopy combined with MT, by reorienting molecules almost parallel to the focal plane, limited

to observations *following* but not *during* plectoneme formation[20]. Plectoneme formation has also

been induced through intercalator binding to DNA combed onto surfaces then imaged with

fluorescence microscopy to track plectonemes[23].

OT combined with fluorescence have been used to study DNA over-stretching in torsionally

unconstrained DNA[24], revealing S-DNA structures by measuring polarized emissions from bound

fluorophores[25]. Later developments using torsional constraints were implemented by stochastic

stretch-unbind-rebinding applied to single optically trapped DNA molecules, with a caveat that

supercoiling cannot be controlled in advance, or reversed[26].

Simulations have enabled insight into DNA structural transitions, coarse-grained approaches using

oxDNA[27] on mechanically[28–30] and thermally perturbed DNA[15], and all-atom methods which predict

sequence-dependence to torsionally-constrained stretching[31] and explore the denaturing pathways

of torsionally unconstrained stretching[32]. Simulations have also been used with single-molecule MT

via space-filling algorithms to predict P-DNA formation[19] and molecular dynamics (MD) simulations

to study stretch/twist coupling[15]. More recently, DNA minicircles comprising just a few hundred base

pairs (bp) have been used as computationally tractable systems to investigate supercoiling[33] and

using AFM imaging[34].

Single-molecule experiments used to probe DNA mechanical dependence on structural

conformations have advantages and limitations. OT enables high forces beyond the ~65 pN

overstretching threshold up to ~1 nN [35]. However, they cannot easily control torque of extended

molecules without non-trivial engineering of trapping beams and/or the trapped particle's shape[36],

and establishing stable torque comparable to MT using readily available microbeads is not feasible.

While MT can enable reversible supercoiling of single molecules at ~pN forces[7,19], mechanical

vibrations over ~seconds introduced during rotation of nearby permanent magnets places

limitations on structural transitions probed.

We present Combined Optical and Magnetic Biomolecule TWEEZers (COMBI-Tweez), which

overcomes these challenges. COMBI-Tweez is a bespoke, correlative single-molecule force and

torsion transduction technology colocating low stiffness near infrared (NIR) OT with laser excitation

fluorescence microscopy on DNA molecules in a ~mT B field, generated by pairs of Helmholtz coils,

rotated in orthogonal planes independently under high-precision control (Supplementary Movie 1).

OT and MT can be operated independently, while a trapped fluorescently-labelled DNA molecule,

which we use as well-characterized test chiral biopolymer, can be extended parallel to the focal

plane to enable fluorescence imaging in real time with sub-nm displacement detection via laser

interferometry. To our knowledge, this is the first report of stable optical trapping of magnetic beads

at physiologically relevant temperatures.

We demonstrate this technology through time-resolved formation and relaxation of higher-order

structural motifs including plectonemes in DNA; these emergent features comprise several open

biological questions which relate to plectoneme size, position and mobility. We measure changes to

the buckling transition[37] due to binding of the fluorescent dye SYBR Gold[38], and controlled

quantification of interactions between two "braided" DNA molecules. We discuss these findings in

the context of modelling structural motifs using MD simulations. The unique capability of COMBI-

Tweez is the correlative application of several single-molecule techniques on the same biopolymer

molecule, not attainable with a subset of techniques alone. OT enables high-bandwidth force

measurement, while MT generates magnetic microbead rotation to induce controlled torque with

no mechanical noise or lateral force. Control software enables precise tuning of supercoiling density

σ, with bead rotation verified using fluorescence imaging of conjugated reporter nanobeads. We

demonstrate COMBI-Tweez using high-sensitivity fluorescence detection whose utility can be easily

extended to multiple fluorescence excitation and surface functionalization methods, with future
applications to study several generalised biopolymers.

Results

Decoupling force and torque

COMBI-Tweez OT control of force and displacement, with MT control of torque (Fig. 1a,b,
Supplementary Movie 1) is simple and robust. No modifications to NIR laser trapping beams are
required, such as Laguerre-Gaussian profiles to impart angular momentum[39], nor nanoscale
engineering such as cylindrical birefringent particles[40]. Since COMBI-Tweez OT controls bead
displacement, dynamic B field gradients that update continuously to reposition the bead, common in
MT-only systems[41], are not required. We use a uniform B field via two pairs of coils carrying
sinusoidal currents to rotate an optically trapped magnetic bead (Fig. 1c, online methods,
Supplementary Note 1 and Supplementary Figs. 1-8). Decoupling force and torque allows COMBI-
Tweez to exert arbitrary combinations of sub-pN to approximately 10 of pN and of sub-pN·nm to
tens of pN·nm, relevant for cellular processes involving DNA such as plectoneme formation[42].
COMBI-Tweez also exploits rapid 50 kHz quantification of bead positions using back focal plane (bfp)
detection of the NIR beam via a high-bandwidth quadrant photodiode (QPD) not limited by camera
shot noise[43] (online methods). In MT-only setups, camera-based detection is often used to track
beads with ~kHz sampling; our high-speed detection permits faster sampling to probe rapid
structural dynamics.

116
Figure 1 Principle of COMBI-Tweez. (a) An NIR OT is colocated with MT generated from a pair of orthogonal Helmholtz
coils enabling a single tethered DNA molecule to be visualised simultaneously in the focal plane using a variety of light
microscopy modes, to observe DNA structural dynamics when the molecule is mechanically perturbed. (b) Cartoon of a
plectoneme formed in COMBI-Tweez, using chemical conjugation to tether one end of a DNA molecule to a surface-
immobilised "anchor" bead with the other tethered to an optically trapped magnetic microbead. SYBR Gold fluorophores[38]
label the DNA via intercalation between adjacent base pairs. (c) Simulation of B field when vertical and horizontal coil pairs
are separately activated, indicating a highly uniform field in the region of a trapped bead. Generalised magnetic field
vectors can be generated by combining outputs from each coil; it is simple to generate stable B field rotation in a plane
perpendicular to the microscope focal plane resulting in rotation of the trapped bead that enables torque to be
controllably applied to a tethered DNA molecule.

Stretching/twisting label-free DNA

We first assessed COMBI-Tweez to perform torsionally unconstrained stretch-release (MT module
off) using a 15.6 kbp test double-stranded DNA (dsDNA) construct in the absence of fluorescent tags
(online methods, Supplementary Fig. 9), generated as a fragment from λ DNA digestion and
functionalised with concatemer repeats of biotin or digoxigenin "handles" on either end, since the
results can be directly compared with several previous OT/MT molecular studies on similar
constructs. Our handles were 500 bp leaving a 14.6 kbp central region. We surface-immobilised
5 μm "anchor" beads with non-specific electrostatic adsorption by flowing diluted anti-digoxigenin
(DIG) beads into a flow cell before BSA passivation then introducing DNA in ligase buffer. Following
incubation and washing we introduced 3 μm Neutravidin-functionalised magnetic beads, sealed the
flow cell and imaged immediately. To form tethers, we hold an optically-trapped magnetic bead 500
nm from an anchor bead to allow a tether to form through *in situ* incubation. Each tether's
mechanical properties could then be studied via stretch-release through nanostage displacement at
a ~1 Hz frequency and ~5 μm amplitude (online methods and Supplementary Movie 2).

Since it is well established that strong B fields induce above physiological temperature increases in
magnetic nanoparticles and also that previous attempts using optically trapped magnetic beads
were limited by temperature increases due NIR laser absorption by magnetite[44] (and personal
communication Nynke Dekker, University of Delft), we characterized trapped bead temperature
extensively. Performing transmission electron microscopy (TEM) on dehydrated resin-embedded
70 nm thick sections of the magnetic beads (online methods) indicated electron opaque
nanoparticles distributed in a ~100 nm thin surface just inside the outer functionalisation layer
(Fig. 2a,b) while electron diffraction was consistent with an iron (II/III) oxide magnetite mixture as
expected (Fig. 2c). We estimated temperature increase near trapped beads by measuring the
distance dependence on melting alkane waxes (online methods). By positioning a trapped bead
adjacent to a surface-immobilised wax particle, we observed the melting interface using brightfield
microscopy (Fig. 2d-f), enabling distance measurement to the bead surface (Fig. 2g). Modelling heat
generation analytically suggested ~1/x dependence for small x (distance from the bead surface) less
than the bead radius (Supplementary Note 2). We used the data corresponding to small x to show
that increasing the distance of the magnetite from the bead centre significantly reduces the bead
surface temperature (Supplementary Fig. 10), resulting in 45˚C in our case (Supplementary Note 3).
Finite element modelling of heat transfer outside the bead confirmed deviation of 1/x for larger x
(Fig. 2h), fitting all wax data points within experimental error, indicating a range of 45-30˚C for
distances from the bead surface from zero through to the ~5 μm DNA contour length. The mean
~37-38˚C over this range is serendipitously perfectly aligned for physiological studies. This
acceptable temperature increase limits our trapping force to approximately 10 pN, well within the
physiological range we want to explore for DNA.

TEM and electron diffraction on beads

a — Polystyrene bead core

500nm

Surface coating of magnetite

b — 100nm

c

Sample temperature characterisation

d — C19 (Nonadecane, m.p. 33°C) — 0s / 30s — 2μm / 2μm

e — C20 (Icosane, m.p. 37°C) — 0s / 30s — 2μm / 2μm

f — C22 (Docosane, m.p. 42°C) — 0s / 30s — 2μm / 2μm

g — Bead edge to melting contur distance (µm) — C19 C20 C22

h — Temperature (°C) — Distance from bead centre (µm)

Figure 2 Absorption of NIR laser by magnetite results in physiological temperatures surrounding trapped beads. a) TEM
of 70 nm thick section of resin-embedded dehydrated magnetic bead (JEOL 2100+ TEM 200 kV). b) Zoom-in on the bead
surface showing red circled electron-dense nanoparticles produce a c) selected area diffraction pattern consistent with iron
(II,III) oxide. d)-f) Brightfield of trapped magnetic bead positioned adjacent to solid ~10 μm surface immobilised alkane wax
particle, shown for waxes C19, C20 and C22, indicating formation of melting interface at 30 s timepoint. C22 often either
did not visibly melt or had interface less than a radius from bead edge. g) Boxplot indicating mean (*) distance from bead
edge to melting interface for the three waxes (blue box interquartile range). h) Finite element model (blue, Supplementary
Note 3) for heat transfer predicts that the temperature stays constant inside the bead at ~45˚C and decreases with
distance away from the bead (experimental datapoints overlaid in red, s.d. errorbars). The temperature dependence
beyond bead surface becomes shallower than the ~1/x predicted from analytical modelling (Supplementary Note 2) due to
heat transfer into the glass coverslip from the surrounding water.

The estimated DNA persistence length determined from wormlike chain (WLC)[45] fits to force-
extension data (online methods) was comparable to previous studies[46] with mean of approximately
50 nm (Fig. 3a) with no significant difference between stretch and release half cycles indicating
minimal hysteresis due to stress-relaxation[47] (Extended Data Fig. 1). Mean contour length was
approximately 5 µm (Fig. 2a), comparable to sequence expectations. We configured OT stiffness to
be low (10 pN/µm) compared to earlier DNA studies that probed overstretch, allowing instead stable
trapping up to a few pN relevant to physiological processes while avoiding detrimental heating.

We tested COMBI-Tweez to twist torsionally constrained DNA, first keeping the OT stationary as a
trapped bead was continuously rotated at 1 Hz. We found that force increased as DNA is wound,
until high enough to pull the bead from the trap, towards the anchor bead at which point
meaningful measurement ends (Supplementary Movie 3). As reported by others, we observed that
DNA force does not increase linearly with torsional stress but undergoes buckling[37] at which DNA no
longer absorbs torsional stress without forming secondary structures which shorten its end-to-end
length (Fig. 3b). Utilising the 50 kHz QPD sampling, we monitored rapid fluctuations in
conformations between individual rotation cycles which would not be detectable by the slower
video rate sampling (Fig. 3b inset). For the example shown, there is an initial 1.7 pN force at 4.5 µm
extension (bead image inset, 36 s). Force increased non-linearly during rotation with corresponding
decrease in extension to 4.3 µm (inset, 72 s) prior to buckling at 2.2 pN and exiting the trap (75 s).
Modelling twist for an isotropic rod suggests torque τ per complete DNA twist is approximately C/L
where C is the torsional modulus and L the DNA length. Using C = 410 pN.nm obtained previously on
DNA using MT single-molecule twist experiments[2] indicated torque of 0.08 pN.nm per bead rotation.

We next sought to reproduce "hat curves" which map relations between DNA extension versus twist
when positively and negatively supercoiled (online methods). At forces less than a critical value F_c of
0.6-0.7 pN [48], DNA supercoiling was approximately symmetric around σ = 0 [49]. At higher forces,

negative supercoiling no longer leads to plectonemes but instead to melting bubbles[48]. We selected
forces either side of F_c, fixed in real time using bead position feedback to the nanostage. As
anticipated, high-force hat curves (Fig. 3c left panel, 1.1 pN) indicate asymmetry with a high
extension plateau from σ = 0 to σ < 0 (blue trace) and σ > 0 to σ = 0 (green trace), with decreasing
extension as DNA is overtwisted (red). At lower force (Fig. 3c right panel and Fig. 3d, 0.5 pN)
negative supercoiling, indicated by green and red traces, comprised 200 rotations for each trace
equivalent to maximum negative torque of -1.6 pN.nM, was broadly symmetrical with the positive
supercoiling pathway, indicated by blue and yellow traces, which comprised 200 rotations per trace
equivalent to maximum positive torque of +1.6 pN.nM. Lateral (15 nm/s) and axial (7 nm/s) drift was
effectively negligible for individual rotation cycles by allowing COMBI-Tweez to reach a stable
temperature following coil activation, however, over longer duration hat curve experiments
comprising several hundred seconds we performed drift correction on bead positions (online
methods).

215
Figure 3 COMBI-Tweez in brightfield quantifies key features of supercoiling. a) Left: (Blue) representative DNA force vs
fractional extension showing no obvious stress-relaxation[47], WLC fit indicated (red) Lc = 5.3 μm and persistence length P =
52 nm obtained as mean from n = 44 consecutive stretch-release half cycles, s.d. 13%, error on individual fits <0.002%
estimated from 1,000 bootstrapped fits from 1% of data per bootstrap. Right: violin plot of WLC fitted mean Lc and P for
n = 27 separate tethers. b) End-to-end extension measured from QPD tracking of trapped bead (blue) plotted as function of
time during continuous overtwist for fixed trap, initially 1.7 pN. Inset: brightfield of bead pair at σ values of 0.02 and 0.04
taken at 36 s and 72 s respectively before magnetic bead is lost from trap at 75 s. Zoom-in of extension measured using
QPD 50 kHz sampling (blue) plus indicative running median overlaid (red, 5,000-point window), showing same trend in
decreasing extension as video analysis but revealing additional conformational heterogeneity between individual rotation
cycles. c) Left: Hat curve for force clamp experiment, 1.1 pN (green "outward" trace is almost entirely overlaid onto blue
"inward" trace indicating negligible hysteresis); Right: hat curve, 0.5 pN. Both curves corrected for drift between different
sections taken at timepoints which span up to 25 min. Apparent hysteresis between blue/yellow sections at low force due
to 1-2 s response time of force clamp, while that between green/red sections is due both to this effect and bead pair
transiently adhering for a few seconds following formation of tether extension reduction upon negative supercoiling.
Arrows indicate path taken during the experiment (blue outward and yellow inward overtwist, followed by green outward
and red inward undertwist). d) Brightfield from low force clamp experiment of c) at indicated timepoints, with nanostage
moving anchor bead (green) relative to optically trapped bead (magenta) to maintain constant force (see also
Supplementary Movie 4).

DNA dynamics during stretch/twist visualized by correlative fluorescence imaging

Figure 4 Correlative fluorescence imaging and torsional manipulation of DNA enables visualisation of tether dynamics. a) Optically trapped bead (magenta) next to surface-immobilised anchor bead (green). Multiple DNA molecules clearly visible on anchor bead as distinct foci since entropic compaction of untethered DNA results in ~500 nm end-to end length (also see Supplementary Fig. 11). b) Tether is formed between the two beads in a), indicated by white arrow. c) Image frames extracted from continuous stretch-release experiment performed in fluorescence. d) Representative force-extension data compiled from n = 8 consecutive stretch-release half cycles obtained from same tether by WLC fits (red). Mean persistence length determined from n = 9 separate tethers was 53 ± 15 nm (± s.e.), comparable with that obtained for unlabelled DNA construct while e) mean contour length larger by >30% consistent with reports of SYBR Gold interactions[38]. f) Two DNA molecules formed between anchor and trapped bead in which the tethers are coaxial. After one tether breaks (right), it retracts along the second leaving a bright still-braided region and a dimmer single-tether region. g) Two DNA molecules have formed a Y shape with "braided" section and two single tethers meeting anchor bead at different points. After rotation the braided section grows (see also Extended Data Fig. 2). h) Tether snapping and retracting to anchor bead, indicated by white arrow.

We tested the fluorescence capability using several illumination modes including widefield epifluorescence, Slimfield[50] (a narrowfield microscopy enabling millisecond imaging of single fluorescent molecules), and an oblique-angle variant of Slimfield that combines narrowfield with highly inclined and laminated optical sheet microscopy (HILO)[51], using 488 nm wavelength laser excitation (online methods). To visualize tether formation, we pre-incubated DNA-coated anchor beads with intercalating dye SYBR Gold[38] at one molecule per 1-2 μm² (Fig. 4a, online methods and Supplementary Movie 5), enabling inter-bead tethers to be visualized, using oxygen scavengers to mitigate photodamage (Fig. 4b). Low power widefield epifluorescence allowed single tethers to be observed at video rate for ~100 s before tether breakage due to photodamage (Fig. 4c). Repeating the same torsional unconstrained stretch-release protocol as for unlabelled DNA (Fig. 4d and Supplementary Movie 6) indicated a mean persistence length comparable to unlabelled of approximately 50 nm, whereas the contour length increased over 30% (Fig. 4e), consistent with earlier reports at comparable stoichiometry values of SYBR Gold:DNA[38] if at least half available SYBR Gold intercalation sites are occupied.

Experimenting with DNA concentration also demonstrated potential for studying interactions between multiple molecules, e.g. "braided" double tethers that can be controllably unwound by bead rotation to reform separated single tethers (Fig. 4f, Extended Data Fig. 2, online methods and

268 Supplementary Movie 7), including studying two fully braided coaxial DNA molecules (Fig. 4g and
269 Supplementary Movie 8) in some instances resulting in visible entropic retraction when one of these
270 snaps (Fig. 4h and Supplementary Movie 9). These unique features of COMBI-Tweez allowed high-
271 precision control of DNA-DNA interactions as a function of supercoiling.

Time-resolved visualization of DNA structural motifs

To explore the capability to study complex structural dynamics, we investigated DNA plectonemes,
higher-order structural motifs that emerge in response to torque[46]. Applying constant force to a
SYBR Gold labelled tether using the same protocol as for unlabelled DNA of 1-2 pN, above the critical
F_c of 0.6-0.7 pN [48], and rotation to control σ , resulted in a similar asymmetrical hat curve (online
methods) – in the example shown in Fig. 5a starting from σ = 0 and overtwisting (blue trace) to σ > 0
with associated drop in fractional extension, then undertwisting through to σ = 0 (yellow trace) then
to σ < 0 with characteristic plateau in fractional extension (green/red traces), high-frequency QPD
sampling enabling detection of rapid structural fluctuations over ~100 nm in this region (Fig. 5a
inset). We measured a small difference to σ at which extension begins to decrease during
continuous overtwisting; for SYBR Gold labelled DNA this occurred at σ close to zero, whereas for
unlabelled DNA this was between 0.05-0.1, likely caused by DNA mechanical changes due to SYBR
Gold intercalation[38].

To measure longer timescale structural dynamics, we redesigned data acquisition using stroboscopic
imaging to expose just 10 consecutive images in fluorescence between 50 continuous bead rotations
to minimise photodamage, allowing 1 min equilibration between 50 rotation segments – the
example of Fig. 5b obtained below F_c using this discontinuous imaging protocol showed the same
qualitative features of an approximately symmetrical hat curve at low force for unlabelled DNA, with
the caveat of negligible hysteresis following equilibration between rotation segments.

Using the stroboscopic illumination protocol, high forces for relaxed or negatively supercoiled DNA
caused no differences in terms of tether shortening from the fluorescence images and no evidence
of the formation of higher-order structures (Fig. 5c left and centre panels), though negatively
supercoiled DNA exhibited image blur in localized tether regions, absent from relaxed DNA, manifest
in a higher average full width at half maximum (FWHM) intensity line profile taken perpendicular to
the tether axis (Fig. 5d and online methods). Conversely, overtwist resulted in visible tether
shortening along with the appearance of a higher intensity fluorescent puncta along the tether itself
(Fig. 5c right panel and inset, indicated as a plectoneme, see also Supplementary Movie 10.
Significant overtwisting leads eventually to sufficient DNA shortening which pulls the magnetic bead
out of the optical trap, shown in a different tether in Supplementary Movie 11).

At low force, fluorescence images of positively supercoiled DNA indicated similar tether shortening
and formation of a fluorescent punctum (Fig. 5e and inset, σ = 0.11 and 0.14). Conversely, although
relaxed DNA showed no evidence of higher-order localized structures, negatively supercoiled DNA
indicated both tether shortening and the appearance of a fluorescent punctum (Fig. 5e and inset,
σ = -0.14), albeit dimmer than puncta observed for positively supercoiled DNA. Notably, we find that
tethers formed by undertwisting appeared at different locations from those created through positive
supercoiling.

Similar experiments on full length λ DNA (48.5 kbp) resulted in more than one plectoneme (online
methods), the example of Fig. 5f following positive bead rotations (Supplementary Movie 12) having
three puncta per tether. Using Gaussian fitting to track puncta to 20 nm precision and summing
background-corrected pixel intensities enabled estimation of bp content, indicating 2.6-3.1 kbp per
plectoneme whose rate of diffusion decreased with increasing bp content (Fig. 5g). In this example,
there was a step-like increase in DNA extension of ~400 nm at approximately 860 ms, consistent
with a single-strand nick. Following this, each plectoneme then disappeared in sequence between
approximately 900-1,000 ms (Fig. 5h) indicative of a torsional relaxation wave diffusing from the
nick[52].

Estimating the proportion of bp associated with puncta in the shorter 15 kbp construct for positively
supercoiled DNA indicated up to ~50% of bp for the brightest puncta ($\sigma = 0.14$) and ~40% for the
$\sigma = 0.11$ case are associated with plectonemes, while for negatively supercoiled DNA the brightest
puncta contained closer to ~10% of the number of bp in the total tether length, broadly comparable
with the range of bp per plectoneme in λ DNA. Puncta tracking indicated displacements of
approximately 100 nm per frame equivalent to an apparent 2D Brownian diffusion coefficient in the
focal plane of 310-1,900 nm^2/s (Table 1 and Fig. 6a). Note, that these 2D diffusion coefficient
estimates give indications of the local mobility of plectonemes in the lateral focal plane of a DNA
tether, though the physical processes of plectoneme mobility parallel (possible sliding movements)
and perpendicular (likely to be lateral tether fluctuations in addition to plectoneme mobility relative
to tether) to a tether are likely to be different, which we do not explore here. We found that puncta
for positively supercoiled DNA have higher mean diffusion coefficients than for negatively
supercoiled by a factor of ~6.

We next predicted plectoneme location using a model based on localized DNA curvature[53] and the
stress-induced destabilization (SIDD) during undertwist algorithm[54] to model the likelihood of
forming melting bubbles and plectonemes at each different bp position along the DNA (online
methods), using the same sequence of the 15 kbp construct and so presenting an excellent
opportunity for cross-validation between experiment and simulation. This analysis showed
agreement for bubble formation to the location of puncta observed during negative supercoiling at
low force off-centre at ~4.5 kbp (within 3.6% of our predictions, Fig. 6b). SIDD focuses on locating
denaturation bubbles and has limitations in assuming torsional stress is partitioned into twist,
therefore over-predicting bubble prevalence in systems in which plectonemes are present, and
failing to account for influences of DNA curvature on plectonemes, and by extension, bubble
formation. The presence of a predicted peak in the centre 7 kb region was likely an artifact of over-
prediction, borne out by the integrated area under the suite of ~6 peaks pooled around ~4.5 kbp
being over five times greater than the 7 kbp peak; it is likely this secondary bubble might have
effectively been "replaced" by the plectoneme. Considering the high energy cost associated with
initialisation of a run of strand separation of 10.84 kcal/mol[55], which is independent of bubble size,
the formation of a single bubble is favourable in this regime.

Conversely, plectonemes under the same conditions are predicted to form at the DIG-functionalised
end of the DNA, opposite to that observed experimentally (Fig. 6c), although the plectoneme
prediction algorithm was developed for exclusively positively supercoiled DNA and we are not aware
of studies using it for negative supercoiling. The analysis predicted that plectoneme formation
during positive supercoiling was most likely located at the midpoint of the DNA tether, consistent
with experimental observations of puncta (Fig. 6c).

Formation of a localized bubble is a precursor of dsDNA melting, leaving two regions of single-
stranded DNA (ssDNA) with high local flexibility which can form the tip of a plectoneme, a scenario
which is energetically and entropically favourable compared to forming a second bubble. We
therefore hypothesise that bubbles generated through low negative supercoiling act as subsequent
nucleation points for plectonemes as negative supercoiling increases. SYBR Gold is capable of
binding to ssDNA in addition to dsDNA, with the result that during the sampling time used
experimentally, rapidly fluctuating ssDNA conformations will result in localized image blur, which is
what we observed experimentally (Fig. 5d). However, fluorescence imaging of cy3b-SSB (online
methods), which indicated binding to ssDNA oligos, showed no binding at comparable levels in
tethers, which may mean that the typical bubble size is smaller than the probe ~50 nt footprint[56];
although SIDD modelling indicated bubble sizes of ~60 nt these are limited by not considering
plectoneme dependence, which may result in smaller effective bubble sizes. For positive

supercoiling, considering only the intrinsic curvature and sequence accurately predicted the
plectoneme location, as described previously.

To better understand bubble/plectoneme coupling, we performed MD simulations of DNA
fragments held at constant force with varying σ (Fig. 6d,e, online methods and Supplementary
Movies 13-16). We found that plectoneme formation was always accompanied by bubbles forming
at or near plectoneme tips, caused by significant bending in this region, while relaxed DNA showed
no evidence for bubble or plectoneme formation. However, the nature of these bubbles varied
between over- and undertwisted fragments. For overtwisted, bubbles remained relatively close to a
canonical conformation, with bases on opposite strands still pointing towards each other. For
undertwisted, the structural damage was catastrophic; base pairs were melted and bases face away
from the helical axis, leaving large ssDNA regions. In addition, bubbles in undertwisted DNA tended
to be longer (up to 12 bp) and more stable (lasting for up to 2,200 ns in our simulations, though
since simulations were performed in implicit solvent there is no direct mapping to experimental
timescales) than the ones formed in overtwisted DNA (maximum of 5 bp and 100 ns) resulting in a
significantly higher prevalence of bubbles for negatively supercoiled vs positively supercoiled DNA
(Fig. 6d and Extended Data Fig. 3). This agrees with previous experimental studies: while the
presence of defects has been widely reported in negatively supercoiled DNA, they have only been
detected recently in strongly positive supercoiling with σ > 0.06 [57]. We hypothesise that the differing
nature, size and frequency of these bubbles accounts for the relative mobilities of plectonemes we
observe; for the less disturbed positively supercoiled plectonemes, motions away from bubbles have
a lower energy barrier than for undertwisted plectonemes which would need to form a large highly
disrupted site during motion.

σ	rmsd$_\parallel$ (nm)	rmsd$_\perp$ (nm)	rmsd$_{tot}$ (nm)	D_{tot} (nm^{2}s^{-1})
0.14	108 ± 37	96 ± 58	144 ± 47	1,900 ± 1,200
0.11	76 ± 52	72 ± 50	105 ± 41	990 ± 770
-0.14	49 ± 35	37 ± 14	62 ± 28	310 ± 280

387 **Table 1 Plectoneme mobility is supercoiling-dependent.** 1-dimensional root mean square
388 displacements parallel (rmsd$_\parallel$) and perpendicular to tether (rmsd$_\perp$), and combined total 2-
389 dimensional rmds (rms$_{tot}$) and diffusion coefficient D for the puncta shown in Fig. 5e. The
390 perpendicular thermal motion of the same tether without applied supercoiling was found to be
391 66 ± 46 nm, s.d. errors.

395
Figure 5 Plectoneme dynamics in single molecules can be quantified at positive and negative supercoiling. a)
Continuously acquired hat curve at 1.0 pN using QPD tracking of trapped bead showing asymmetric behaviour in presence
of SYBR Gold dye labelling (arrows indicate direction of overtwist red-green-blue followed by undertwist yellow, paths
corrected for experimental drift). Inset: 50 kHz QPD sampling of DNA extension (red) plus black indicative running median
filter window 1,500 points showing steep but finite negative gradient. b) Low force (approximately 0.5 pN) discontinuous
hat curve showing extension reduction during positive and negative supercoiling (distances measured with ImageJ and
indicative error bars shown equivalent to width of a point spread function for the microscope). c) Fluorescence microscopy
of high force (approximately 1 pN) plectoneme formation at σ = -0.28 (no plectoneme), 0 (no plectoneme) and 0.14 (inset
plectoneme). d) Intensity line profiles for tethers of c) normalized to σ = 0 spanning blur region of σ = -0.28 tether using
same size region for σ = 0 and σ = 0.14 tethers but excluding plectonemes, indicating FWHM widths of 251, 214 and
205 nm for σ = -0.28, 0 and 0.14 respectively (s.d. error ~0.2% estimated using bootstrapping, see online methods). e)
Fluorescence microscopy of low force plectoneme formation, anchor and magnetic bead indicated with green and
magenta circles respectively: when DNA is overtwisted a plectoneme forms and grows (inset, with altered display settings
to match local background). Removing positive supercoiling allows DNA to relax, extend to its original length, and removes
the plectoneme. After negative supercoiling is applied, extension decreases and a plectoneme is formed (inset). See also
Supplementary Movie 6. f) In longer 48.5 kbp λDNA, in the example shown here extended to ~70% fractional extension
(approximately 0.3 pN), more plectonemes form upon torsional manipulation, three indicated here (small circles); single-
strand nick forms at ~860 ms (relative to the start of the fluorescence acquisition at 0 ms) resulting a torsional relaxation
wave which diffuses along the tether to remove the positive supercoiling of the plectonemes which then disappear
sequentially. g) The rate of plectoneme diffusion in this example decreases with increasing bp content. h) The integrated
fluorescence intensity of plectonemes remain roughly stable before the nick (no net turnover of bp content), though with
qualitative evidence of some anticorrelation between the cyan and blues traces whose plectonemes are separated by a
few microns. g) and h) same colour code as circled plectonemes in f).

Figure 6 Plectonemes are mobile but form at preferred locations. a) Distribution of inter-frame displacements for puncta
mobility as assessed by 2D Gaussian tracking and calculating frame-to-frame displacement for tether with σ = -0.14, 0.11,
and 0.14 respectively. Inset: scatter plots of frame-to-frame displacement in parallel to (y) and perpendicular to (x) the
tether in nm, kymographs taken from a profile along the centre of the tether axis. b) Bubble forming probability density
function as predicted by Twist-DNA[58], σ = -0. Plotted in blue on same axes is the normalised, background-corrected
intensity of the plectoneme imaged from a single tether in fluorescence microscopy (Fig. 4c). Red triangles indicate the
closest agreement between experimental and predicted peaks (within 3.6%). c) Plectoneme formation probability as
predicted by the probabilistic model of Kim et al[53] with modified average plectoneme sizes. Solid line: -200 turns (σ = -
0.14), dashed line: +150 turns (σ = 0.11), dotted line: +200 turns (σ = 0.14). Dotted and dashed line overlap so they cannot
be distinguished in the plot. d) Percentage of each simulation over which bubbles are seen, with errors representing s.d.
Lack of error in σ=-0.1, F=0.7 pN case indicates presence of at least one bubble in every frame. e) Representative structures
of our simulations highlighting plectonemes in blue and denaturation bubbles in red.

Discussion

Three existing approaches of molecular manipulation correlated with fluorescence visualisation
enable DNA supercoiling to be studied: 1) utilising stochastic biotin-avidin unbinding[26] between an
optically trapped bead and DNA molecule, followed by transient torsional relaxation and religation
which introduces negative supercoils. Fluorescence microscopy is applied to visualize DNA. The
approach is valuable in not requiring engineering of precise magnetic tweezers as with COMBI-
Tweez, however, the introduction of supercoils is stochastic and limited to negative superhelical

density, whilst COMBI-Tweez enables more scope to explore positive and negative supercoiling dependence on DNA topology with higher reproducibility; 2) permanent magnetic tweezers[22] in a vertical geometry to twist a magnetic bead conjugated to the free end of surface-tethered dye-labelled DNA to form plectonemes through positive supercoiling, followed by orthogonal rotation of magnets to create an obliquely oriented tether which is almost but not entirely parallel to the microscope focal plane due to imprecision with knowing the exact position of the surface relative to the bead, but which can enable plectoneme dynamics visualisation via epifluorescence. This method reports visualisation of mechanically induced plectonemes though not visualization of mechanically controlled bubbles nor of mechanically induced plectonemes directly correlated in real time to the mechanical driving torque; it does not require accurate engineering of coils nor optical tweezers, however, there is no high-precision force measurement and control compared to COMBI-Tweez, there are potential issues with surface interference and uncertainty in the angle between tether and coverslip leading to imprecision concerning plectoneme mobility and, importantly, it does not enable observation of plectoneme formation at the same time as twisting DNA, so it is not possible to study early onset plectoneme dynamics but only several seconds following mechanical perturbations; 3) intercalation of Sytox Orange dye[23] by surface-tethered DNA induces torsional stress which is resolved by plectoneme formation through positive supercoils, but under certain concentration regimes can also enable negative supercoils to be added. This approach is relatively easy to configure, allows for simultaneous visualization of tethers and plectonemes, and can be performed with higher throughput than COMBI-Tweez. However, a key advantage of COMBI-Tweez is that it can control the state of DNA supercoiling directly, reversibly and consistently without relying on stochastic intercalating dye binding/unbinding which, unavoidably, varies from tether to tether. COMBI-Tweez is also able to precisely exert biologically relevant force regimes to DNA whilst observing plectoneme formation and dynamics. The independent control of torque and force over a physiological range with high-speed data acquisition coupled to high-precision laser interferometry is also a unique capability which can enable biological insights in real time structural dynamics of DNA and processes that affect its topology over a more rapid timescale than is possible with existing approaches, such as DNA replication, repair and transcription. Also, COMBI-Tweez can monitor how torsional dynamics affects plectonemes in real time, and can quantify torsional interactions between two DNA molecules to high-precision, which has not to our knowledge been reported with these earlier technologies. Being based around a standard inverted microscope, it is cost-effective to implement offering access to interchangeable widefield and narrowfield illumination modes. These modes can be multiplexed with trivial engineering adaptations to enable multicolour excitation or combined with techniques such as polarization microscopy[25,59,60] to extract multidimensional data concerning biopolymer molecular conformations.

Although a previous report indicated the single-molecule fluorescence imaging of plectonemes in DNA using intercalators to change σ with both DNA ends attached to a coverslip[23], we report here to our knowledge the first transverse single-molecule fluorescence images of mechanically controlled supercoiling-induced higher-order DNA structural motifs including both plectonemes and bubbles. In the same earlier report it was indicated that plectonemes had high mobility equivalent to a diffusion coefficient of ~0.13 $\mu m^2 s^{-1}$, which contrasts our observation using COMBI-Tweez of a lower mobility equivalent at its highest to ~0.002 $\mu m^2 s^{-1}$ for the shorter 15 kbp construct, but is comparable to that observed for full length λ DNA. Aside from these length differences, there are also differences in intercalating dye used, in that the previous study used Sytox Orange dyes, whereas we focus on SYBR Gold. We speculate that the different observed diffusion response may also result from the interplay between applied supercoiling, axial force on differently sized plectonemes. The plectonemes reported previously were relatively small, equivalent to ~0.15-4 kbp, and were generated by relatively small supercoiling changes of σ ~-0.025 at forces typically <0.5 pN. Conversely, in our study we used a higher σ and forces closer to the physiological scale, resulting in larger plectonemes which we find does affect their mobility, since it is known that DNA in general responds to external mechanical stresses by preserving stretches of B-DNA while other regions are

highly distorted[19,59]. Also, as our previous MD simulations of the emergence of structural motifs in
DNA in response to stretch and twist indicates[31], we find that sequence differences make significant
impacts to DNA topological responses to mechanical stress and damage.

The model we applied involves the SIDD algorithm[54] which is limited in its ability to accurately
predict where bubbles form since 1) it assumes torsional stress is partitioned into twist, effectively
that the DNA is fully extended, therefore over-predicting bubble prevalence if plectonemes are
present; 2) it does not consider DNA curvature on plectoneme or bubble formation. With these
caveats, our calculations perform well in the context of single-molecule experiments and previous
modelling studies in which we saw excellent agreement to AFM data[34,61] for bending angles and radii
of gyration in addition to validation against bulk elastic properties of DNA demonstrated by the
SerraNA algorithm we reported previously[62].

The agreement between predictions of bubbles and plectonemes with the observed positions of
puncta for negatively supercoiled DNA raises several questions. Firstly, do bubbles nucleate
plectonemes? This would be entropically and energetically favourable compared to forming two
bubbles – one at the melting site and one at the plectoneme tip. Previous studies indicate a balance
between denatured and B-DNA that depends on torsional stress[19,63], and utilising a pre-existing
bubble to nucleate plectonemes drives this balance towards more B-DNA, that may be
physiologically valuable in maintaining overall structural integrity. Secondly, is the smaller bp
content measured for puncta during undertwisting compared to overtwisting a consequence of the
seeding of plectoneme nucleation by a bubble? Future studies using dyes sensitive to both ssDNA
and dsDNA such as Acridine Orange[64] may delineate the kinetics of bubble from plectoneme
formation, since if initial bubble formation takes a comparable time to form compared to
subsequent plectoneme nucleation this may explain the time-resolved differences observed in
plectoneme content between under- and overtwisted DNA. Thirdly, can a bubble act as a "staple",
providing an entropic and energetic barrier to plectoneme diffusion, holding it in place at the
plectoneme tip – as mismatched/unpaired regions have been shown to do in experiment[23] and
simulation[30]? If so, since predictions indicate sequence dependence on bubble formation, could
plectoneme formation serve a role to regulate DNA topology at "programmed" sites in the genome?
Given that in *E. coli* the genome is negatively supercoiled with a mean σ ~-0.05 could sequence
repeats with enhanced likelihoods for bubble formation serve as a hub for plectonemes that prevent
mechanical signal propagation along DNA, in effect defining genetic endpoints of "topological
domains" that have roles in protein binding and gene expression[57]?

To our knowledge, this is the first time that size, position, and mobility of higher-order structural
motifs in DNA under mechanical control have been *directly* measured in real time simultaneously
with the driving mechanical perturbation. The dependence of DNA shape and mechanics on its
interactions with its local environment represents a divergence from traditional views of DNA seen
through the lens of the Central Dogma of Molecular Biology; COMBI-Tweez has clear potential to
facilitate mechanistic studies of DNA topology dependence on the interactions with binding partners
such as enzymes, transcription factors and other nucleic acid strands. And, with trivial adaption, the
technology can be implemented to study other filamentous chiral biopolymers; RNA is an obvious
candidate, but also modular proteins such as silk show evidence for interesting torsional properties[65]
which have yet to be explored at the single-molecule level in regards to their response to twist. It
may also be valuable to use COMBI-Tweez to explore specific mechanistic questions relating to
emergent features of DNA topology, including the dependence on force and ionic strength on DNA
buckling, to further probe the source of very rapid fluctuations we observe in DNA supercoiling using
bfp detection, of putative long-range rapid plectoneme hopping mobility reported previously[22], as
well as investigating the role of DNA topology in crucial cell processes involving interaction with DNA
binding proteins, such as DNA repair mechanisms[66]. The collation of single-molecule tools in COMBI-
Tweez around a single optical microscope also presents valuable future opportunities to integrate
even more single-molecule biophysics tools, many of which are developed around optical
microscopy [67–69].

References

1. Leake, M. C. The physics of life: one molecule at a time. *Philos Trans R Soc Lond B Biol Sci* **368**,
20120248 (2013).

2. Bryant, Z. *et al.* Structural transitions and elasticity from torque measurements on DNA.
Nature **424**, 338–341 (2003).

3. Wuite, G. J. L., Smith, S. B., Young, M., Keller, D. & Bustamante, C. Single-molecule studies of
the effect of template tension on T7 DNA polymerase activity. *Nature* **404**, 103–106 (2000).

4. Wen, Y., He, M. Q., Yu, Y. L. & Wang, J. H. Biomolecule-mediated chiral nanostructures: a
review of chiral mechanism and application. *Adv Colloid Interface Sci* **289**, (2021).

5. J. M Wollman, A. *et al.* Tetrameric UvrD Helicase Is Located at the E. Coli Replisome due to
Frequent Replication Blocks. *J Mol Biol* **436**, 168369 (2024).

6. Smith, S. B., Finzi, L. & Bustamante, C. Direct mechanical measurements of the elasticity of
single DNA molecules by using magnetic beads. *Science* **258**, 1122–6 (1992).

7. Strick, T. R., Allemand, J. F., Bensimon, D. & Croquette, V. Behavior of supercoiled DNA.
Biophys J **74**, 2016–2028 (1998).

8. Smith, S. B., Cui, Y. & Bustamante, C. Overstretching B-DNA: The Elastic Response of
Individual Double-Stranded and Single-Stranded DNA Molecules. *Science (1979)* **271**, 795–799
(1996).

9. Heller, I., Hoekstra, T. P., King, G. A., Peterman, E. J. G. & Wuite, G. J. L. Optical tweezers
analysis of DNA-protein complexes. *Chem Rev* **114**, 3087–3119 (2014).

10. Baumann, C. G., Smith, S. B., Bloomfield, V. A. & Bustamante, C. Ionic effects on the elasticity
of single DNA molecules. *Proc Natl Acad Sci U S A* **94**, 6185–6190 (1997).

11. Brouwer, I. *et al.* Sliding sleeves of XRCC4-XLF bridge DNA and connect fragments of broken
DNA. *Nature* **535**, 566–569 (2016).

12. Whitley, K. D., Comstock, M. J. & Chemla, Y. R. High-Resolution 'Fleezers': Dual-Trap Optical
Tweezers Combined with Single-Molecule Fluorescence Detection. *Methods Mol Biol* **1486**,
183–256 (2017).

13. Meijering, A. E. C. *et al.* Imaging unlabeled proteins on DNA with super-resolution. *Nucleic
Acids Res* **48**, (2020).

14. Sheinin, M. Y., Forth, S., Marko, J. F. & Wang, M. D. Underwound DNA under tension:
structure, elasticity, and sequence-dependent behaviors. *Phys Rev Lett* **107**, (2011).

15. Lionnet, T., Joubaud, S., Lavery, R., Bensimon, D. & Croquette, V. Wringing out DNA. *Phys Rev
Lett* **96**, (2006).

16. Kriegel, F. *et al.* The temperature dependence of the helical twist of DNA. *Nucleic Acids Res*
46, 7998–8009 (2018).

17. Kriegel, F. *et al.* Probing the salt dependence of the torsional stiffness of DNA by multiplexed
magnetic torque tweezers. *Nucleic Acids Res* **45**, 5920–5929 (2017).

18. Lipfert, J., Kerssemakers, J. W. J., Jager, T. & Dekker, N. H. Magnetic torque tweezers:
measuring torsional stiffness in DNA and RecA-DNA filaments. *Nat Methods* **7**, (2010).

19. Allemand, J. F., Bensimon, D., Lavery, R. & Croquette, V. Stretched and overwound DNA
forms a Pauling-like structure with exposed bases. *Proc Natl Acad Sci U S A* **95**, 14152–14157
(1998).

20. Vlijm, R., Mashaghi, A., Bernard, S., Modesti, M. & Dekker, C. Experimental phase diagram of
negatively supercoiled DNA measured by magnetic tweezers and fluorescence. *Nanoscale* **7**,
3205–3216 (2015).

21. Long, X., Parks, J. W., Bagshaw, C. R. & Stone, M. D. Mechanical unfolding of human telomere
G-quadruplex DNA probed by integrated fluorescence and magnetic tweezers spectroscopy.
Nucleic Acids Res **41**, 2746–2755 (2013).

22. van Loenhout, M. T. J., de Grunt, M. V & Dekker, C. Dynamics of DNA supercoils. *Science* **338**,
94–7 (2012).

23. Ganji, M., Kim, S. H., Van Der Torre, J., Abbondanzieri, E. & Dekker, C. Intercalation-Based
Single-Molecule Fluorescence Assay To Study DNA Supercoil Dynamics. *Nano Lett* **16**, 4699–
4707 (2016).

24. King, G. A. *et al.* Revealing the competition between peeled ssDNA, melting bubbles, and S-
DNA during DNA overstretching using fluorescence microscopy. *Proc Natl Acad Sci U S A* **110**,
3859–3864 (2013).

25. Backer, A. S. *et al.* Single-molecule polarization microscopy of DNA intercalators sheds light
on the structure of S-DNA. *Sci Adv* **5**, (2019).

26. King, G. A., Burla, F., Peterman, E. J. G. & Wuite, G. J. L. Supercoiling DNA optically. *Proc Natl
Acad Sci U S A* **116**, 26534–26539 (2019).

27. Ouldridge, T. E., Louis, A. A. & Doye, J. P. K. Structural, mechanical, and thermodynamic
properties of a coarse-grained DNA model. *J Chem Phys* **134**, (2011).

28. Wang, Q. & Pettitt, B. M. Modeling DNA thermodynamics under torsional stress. *Biophys J*
106, 1182–1193 (2014).

29. Mosayebi, M., Louis, A. A., Doye, J. P. K. & Ouldridge, T. E. Force-Induced Rupture of a DNA
Duplex: From Fundamentals to Force Sensors. *ACS Nano* **9**, 11993–12003 (2015).

30. Matek, C., Ouldridge, T. E., Doye, J. P. K. & Louis, A. A. Plectoneme tip bubbles: coupled
denaturation and writhing in supercoiled DNA. *Sci Rep* **5**, (2015).

31. Shepherd, J. W., Greenall, R. J., Probert, M. I. J., Noy, A. & Leake, M. C. The emergence of
sequence-dependent structural motifs in stretched, torsionally constrained DNA. *Nucleic
Acids Res* **48**, 1748–1763 (2020).

32. Harris, S. A., Sands, Z. A. & Laughton, C. A. Molecular dynamics simulations of duplex
stretching reveal the importance of entropy in determining the biomechanical properties of
DNA. *Biophys J* **88**, 1684–1691 (2005).

33.   Mitchell, J. S., Laughton, C. A. & Harris, S. A. Atomistic simulations reveal bubbles, kinks and
wrinkles in supercoiled DNA. *Nucleic Acids Res* **39**, 3928–3938 (2011).

34.   Pyne, A. L. B. *et al.* Base-pair resolution analysis of the effect of supercoiling on DNA flexibility
and major groove recognition by triplex-forming oligonucleotides. *Nat Commun* **12**, (2021).

35.   Schakenraad, K. *et al.* Hyperstretching DNA. *Nat Commun* **8**, (2017).

36.   Friese, M. E. J., Nieminen, T. A., Heckenberg, N. R. & Rubinsztein-Dunlop, H. Optical alignment
and spinning of laser-trapped microscopic particles. *Nature 1998 394:6691* **394**, 348–350
(1998).

37.   Forth, S. *et al.* Abrupt buckling transition observed during the plectoneme formation of
individual DNA molecules. *Phys Rev Lett* **100**, (2008).

38.   Kolbeck, P. J. *et al.* Molecular structure, DNA binding mode, photophysical properties and
recommendations for use of SYBR Gold. *Nucleic Acids Res* **49**, 5143–5158 (2021).

39.   Simpson, N. B., Allen, L. & Padgett, M. J. Optical tweezers and optical spanners with
Laguerre–Gaussian modes. *J Mod Opt* **43**, 2485–2491 (1996).

40.   Bustamante, C. J., Chemla, Y. R., Liu, S. & Wang, M. D. Optical tweezers in single-molecule
biophysics. *Nature reviews. Methods primers* **1**, (2021).

41.   Miller, H., Zhou, Z., Shepherd, J., Wollman, A. J. M. M. & Leake, M. C. Single-molecule
techniques in biophysics: a review of the progress in methods and applications. *Reports on
Progress in Physics* **81**, 024601 (2017).

42.   Gao, X., Hong, Y., Ye, F., Inman, J. T. & Wang, M. D. Torsional Stiffness of Extended and
Plectonemic DNA. *Phys Rev Lett* **127**, (2021).

43.   Gittes, F. & Schmidt, C. F. Interference model for back-focal-plane displacement detection in
optical tweezers. *Opt Lett* **23**, 7 (1998).

44.   Fatima, H., Charinpanitkul, T. & Kim, K. S. Fundamentals to Apply Magnetic Nanoparticles for
Hyperthermia Therapy. *Nanomaterials* **11**, (2021).

45.   Marko, J. F. & Siggia, E. D. Stretching DNA. *Macromolecules* **28**, 8759–8770 (1995).

46.   Kriegel, F., Ermann, N. & Lipfert, J. Probing the mechanical properties, conformational
changes, and interactions of nucleic acids with magnetic tweezers. *J Struct Biol* **197**, 26–36
(2017).

47.   Linke, W. A. A. & Leake, M. C. C. Multiple sources of passive stress relaxation in muscle fibres.
Phys Med Biol **49**, 3613–27 (2004).

48.   Meng, H., Bosman, J., Van Der Heijden, T. & Van Noort, J. Coexistence of twisted,
plectonemic, and melted DNA in small topological domains. *Biophys J* **106**, 1174–1181 (2014).

49.   Strick, T. R., Allemand, J.-F., Bensimon, D., Bensimon, A. & Croquette, V. The Elasticity of a
Single Supercoiled DNA Molecule. *Science (1979)* **271**, 1835–1837 (1996).

50.   Plank, M., Wadhams, G. H. & Leake, M. C. Millisecond timescale slimfield imaging and
automated quantification of single fluorescent protein molecules for use in probing complex
biological processes. *Integrative Biology* **1**, 602–612 (2009).

51. Tokunaga, M., Imamoto, N. & Sakata-Sogawa, K. Highly inclined thin illumination enables
clear single-molecule imaging in cells. *Nat Methods* **5**, 159–161 (2008).

52. Gutiérrez Fosado, Y. A., Landuzzi, F. & Sakaue, T. Twist dynamics and buckling instability of
ring DNA: the effect of groove asymmetry and anisotropic bending. *Soft Matter* **17**, 1530–
1537 (2021).

53. Kim, S. H. *et al.* DNA sequence encodes the position of DNA supercoils. *Elife* **7**, (2018).

54. Benham, C. J. & Bi, C. The analysis of stress-induced duplex destabilization in long genomic
DNA sequences. *J Comput Biol* **11**, 519–543 (2004).

55. Benham, C. J. Energetics of the strand separation transition in superhelical DNA. *J Mol Biol*
225, 835–847 (1992).

56. Bell, J. C., Liu, B. & Kowalczykowski, S. C. Imaging and energetics of single SSB-ssDNA
molecules reveal intramolecular condensation and insight into RecOR function. *Elife* **4**,
(2015).

57. Fogg, J. M., Judge, A. K., Stricker, E., Chan, H. L. & Zechiedrich, L. Supercoiling and looping
promote DNA base accessibility and coordination among distant sites. *Nat Commun* **12**,
(2021).

58. Jost, D. Twist-DNA: computing base-pair and bubble opening probabilities in genomic
superhelical DNA. *Bioinformatics* **29**, 2479–2481 (2013).

59. Backer, A. S. *et al.* Elucidating the Role of Topological Constraint on the Structure of
Overstretched DNA Using Fluorescence Polarization Microscopy. *J Phys Chem B* **125**, 8351–
8361 (2021).

60. Shepherd, J. W., Payne-Dwyer, A. L., Lee, J. E., Syeda, A. & Leake, M. C. Combining single-
molecule super-resolved localization microscopy with fluorescence polarization imaging to
study cellular processes. *Journal of Physics: Photonics* **3**, 034010 (2021).

61. Yoshua, S. B. *et al.* Integration host factor bends and bridges DNA in a multiplicity of binding
modes with varying specificity. *Nucleic Acids Res* **49**, 8684–8698 (2021).

62. Velasco-Berrelleza, V. *et al.* SerraNA: a program to determine nucleic acids elasticity from
simulation data. *Phys Chem Chem Phys* **22**, 19254–19266 (2020).

63. Randall, G. L., Zechiedrich, L. & Pettitt, B. M. In the absence of writhe, DNA relieves torsional
stress with localized, sequence-dependent structural failure to preserve B-form. *Nucleic Acids*
Res **37**, 5568–5577 (2009).

64. Miller, H. *et al.* Biophysical characterisation of DNA origami nanostructures reveals
inaccessibility to intercalation binding sites. *Nanotechnology* **31**, (2020).

65. Emile, O., Le Floch, A. & Vollrath, F. Biopolymers: shape memory in spider draglines. *Nature*
440, 621 (2006).

66. J. M Wollman, A. *et al.* Tetrameric UvrD Helicase Is Located at the E. Coli Replisome due to
Frequent Replication Blocks. *J Mol Biol* **436**, 168369 (2024).

67. Shashkova, S. & Leake, M. C. Single-molecule fluorescence microscopy review: shedding new
light on old problems. *Biosci Rep* **37**, (2017).

68.   Leake, M. C. C. Analytical tools for single-molecule fluorescence imaging in cellulo. *Phys Chem*
698   *Chem Phys* **16**, 12635–47 (2014).

699   69.   Harriman, O. L. J. & Leake, M. C. Single molecule experimentation in biological physics:
700   exploring the living component of soft condensed matter one molecule at a time. *J Phys*
701   *Condens Matter* **23**, (2011).

702   70.   Zhou, Z., Miller, H., Wollman, A. & Leake, M. Developing a New Biophysical Tool to Combine
703   Magneto-Optical Tweezers with Super-Resolution Fluorescence Microscopy. *Photonics* **2**,
704   758–772 (2015).

705   71.   Leake, M. C. *et al.* Stoichiometry and turnover in single, functioning membrane protein
706   complexes. *Nature* **443**, 355–358 (2006).

707   72.   Paul, T. & Myong, S. Protocol for generation and regeneration of PEG-passivated slides for
708   single-molecule measurements. *STAR Protoc* **3**, 101152 (2022).

709   73.   Shashkova, S. & Leake, M. C. Single-molecule fluorescence microscopy review: shedding new
710   light on old problems. *Biosci Rep* **37**, (2017).

711   74.   Leake, M. C., Wilson, D., Gautel, M. & Simmons, R. M. The elasticity of single titin molecules
712   using a two-bead optical tweezers assay. *Biophys J* **87**, 1112–35 (2004).

713   75.   Dillingham, M. S. *et al.* Fluorescent single-stranded DNA binding protein as a probe for
714   sensitive, real-time assays of helicase activity. *Biophys J* **95**, 3330–3339 (2008).

715   76.   Modesti, M. Fluorescent labeling of proteins. *Methods Mol Biol* **783**, 101–120 (2011).

716   77.   Dresser, L. *et al.* Amyloid-β oligomerization monitored by single-molecule stepwise
717   photobleaching. *Methods* **193**, 80–95 (2021).

718   78.   Badrinarayanan, A., Reyes-Lamothe, R., Uphoff, S., Leake, M. C. & Sherratt, D. J. In vivo
719   architecture and action of bacterial structural maintenance of chromosome proteins. *Science*
720   **338**, 528–31 (2012).

721   79.   Shepherd, J. W., Higgins, E. J., Wollman, A. J. M. & Leake, M. C. PySTACHIO: Python Single-
722   molecule TrAcking stoiCHiometry Intensity and simulatiOn, a flexible, extensible, beginner-
723   friendly and optimized program for analysis of single-molecule microscopy data. *Comput*
724   *Struct Biotechnol J* **19**, 4049–4058 (2021).

725   80.   Macke, T. J. & Case, D. A. Modeling Unusual Nucleic Acid Structures. *ACS Symposium Series*
726   **682**, 379–393 (1998).

727   81.   Watson, G. D., Chan, E. W., Leake, M. C. & Noy, A. Structural interplay between DNA-shape
728   protein recognition and supercoiling: The case of IHF. *Comput Struct Biotechnol J* **20**, 5264–
729   5274 (2022).

730   82.   Roe, D. R. & Cheatham, T. E. PTRAJ and CPPTRAJ: Software for Processing and Analysis of
731   Molecular Dynamics Trajectory Data. *J Chem Theory Comput* **9**, 3084–3095 (2013).

Correlating fluorescence microscopy, optical and magnetic tweezers to study single chiral biopolymers, tested on DNA plectoneme formation dynamics

Jack W Shepherd[1,2]*, Sebastien Guilbaud[1]*, Zhaokun Zhou[3]*, Jamieson Howard[1]*, Matthew Burman[1], Charley Schaefer[1], Adam Kerrigan[4], Clare Steele-King[5], Agnes Noy[1], and Mark C Leake[1,2, †]

[1] School of Physics, Engineering and Technology, University of York, York, YO10 5DD

[2] Department of Biology, University of York, York, YO10 5DD

[3] Guangdong Provincial Key Lab of Robotics and Intelligent System, Shenzhen Institute of Advanced Technology, Chinese Academy of Sciences, China

[4] The York-JEOL Nanocentre, University of York, York, YO10 5BR

[5] Bioscience Technology Facility, University of York, York, YO10 5DD

[†] For correspondence. Email mark.leake@york.ac.uk

* Authors contributed equally

ONLINE METHODS

Instrumentation

Optical tweezers (Supplementary Fig. 1) were built around an inverted microscope (Nikon Eclipse Ti-S, Nikon Instruments Inc.) with NIR trapping laser (opus 1064, Laser Quantum), to overfill objective aperture (100x, NA 1.45, oil immersion, MRD01095, Nikon Instruments Inc.). Oil immersion condenser (NA 1.4, Nikon Instruments Inc.) recollimated beam, back focal plane imaged onto a QPD[43] (QP50-6-18u-SD2, First Sensor) and digitized (NI 9222 and NI cDAQ-9174). For most fluorescence microscopy, a 488nm wavelength laser provided excitation, detection via a -80°C air-cooled EMCCD (Prime 95B, Photometrics, or iXon Ultra 897, Andor Technology Ltd, 55 and 69 nm/pixel respectively). Magnetic tweezers were generated using Helmholtz coils (Supplementary Fig. 2) on an aluminium platform. B field measurements indicated uniformity over several mm (maximum DC force 4.2 x 10⁻⁵pN, Supplementary Note 1). SWG20 copper wires (05-0240, Rapid Electronics Ltd.) were wound onto 3D printed spools (Autodesk Inventor, Object30, material: VeroWhitePlus RGD835), 95 turns for two smaller spools, 100 turns for two larger spools[70]. LabVIEW signals were generated (NI 9263 and NI cDAQ-9174); two bipolar 4-quadrant linear operational amplifiers (BOP 20-5M, Kepco, Inc.) received voltages to convert to coil currents. COMBI-Tweez was optical table mounted (PTQ51504, Thorlabs Inc.) in aluminium walls/card lids, ±0.1 °C climate controlled with air conditioning (MFZ-KA50VA, Mitsubishi Electric). Custom LABVIEW software (Supplementary Fig. 3) enabled instrument control/data acquisition. Phased/modulated currents were sent to generate a 2D rotating B field; QPD (2 axes), current (2 coils), nanostage (3 axes) and camera fire signal were sampled at 50kHz.

Characterising tweezers. 40nm beads were incubated with 3μm magnetic beads to impart morphological asymmetry detectable on the QPD as a magnetic bead rotated. A 0.54A sinusoidal 1-8Hz current was sent to the larger coil pair, 1.5A to the smaller pair (Supplementary Fig. 5a). We evaluated phase shifts between coil input and bead rotation by taking QPD voltage correlated with its time-reversed signal to reduce noise for peak detection. Supplementary Fig. 5b plots phase shift as peak vs rotation frequency. Data were fitted using linear regression to yield gradient -0.429 rad Hz⁻¹, angular stiffness $k_\theta = 8\pi\eta R^3/|\text{gradient}| = 1.1 x 10^3 \text{pN} \cdot \text{nm} \cdot \text{rad}^{-1}$. To confirm no OT/MT interdependence we intermittently switched a rotating 1 Hz B field on/off for 10s intervals and monitored QPD signals in the absence of beads, confirming no 1Hz peak (Supplementary Fig. 5c). We could entirely remove any driving 1Hz signal from QPD responses of rotating trapped beads using narrow bandpass filtering, indicating no intrinsic influence of bead rotation on QPD signals.

We measured trapping force as displacement of a magnetic bead from the trap centre (estimated
from mean-filtered QPD signals[42], using prior 2D raster scanning of surface-immobilised beads as
calibration) multiplied by trap stiffness (determined from corner frequency of a Lorentzian fitted to
the trapped bead power spectrum), Supplementary Fig. 5.

Force clamping. A Proportional Integral Derivative (PID) feedback loop was enabled between QPD
and nanostage to keep tether force constant parallel to its axis (defined as *x*) by dynamically
repositioning the nanostage by the difference between set and measured force divided by trap
stiffness (10pN/μm), using PID optimisation to prevent overshooting/discontinuities. The clamp
response time was ~1s (Supplementary Fig. 6) with set force constant ±0.1pN throughout entire
over-/undertwisting experiments (Supplementary Fig. 7). Small forces detected parallel to *y*- and *z*-
axes due to angular constraints in trapped beads were minimised by manual nanostage adjustment.

DNA preparation. A ~15kbp DNA construct was synthesised by ligating functionalized handles,
containing biotin-16-dUTP or digoxigenin-11-dUTP (Roche, 1093070910/11277065910 respectively),
to a λ DNA fragment (Supplementary Fig. 8). Two PCR reactions were performed using primers
NgoMIV forward/NheI reverse, amplifying a 498bp region of plasmid pBS(KS+) generating a 515bp
handle. For biotinylation, the ratio of dTTP to biotin-16-dUTP was 1:1 generating ~120 handle
nucleotides. For digoxigenin-labelling, the ratio of dTTP to digoxigenin-11-dUTP was 6.5:1 generating
~32 digoxigenin-11-dUTPs. PCR reactions were monitored by gel electrophoresis and handles
purified using a Qiaquick PCR kit before digestion with NgoMIV (biotinylation) or NheI-HF
(digoxigenin-labelling). The remaining tether comprises a 14.6kb fragment, purified using the
Monarch gel extraction kit from a 0.5% agarose TBE gel at 2V/cm for 36h. Handles were mixed with
cut λ in 5:1 λ:handle ratio (two compatible sticky ends for each handle), ligated using T4 DNA ligase
(NEB). 48.5kbp λ DNA was also created using a previously reported protocol[26], removing
phosphorylation steps using T4 polynucleotide kinase as already supplier-phosphorylated (IDT
N3011S).

Bead functionalisation. To suppress bead brightness in fluorescence (Supplementary Fig. 9), beads
were functionalised; 250μL of 50mg/mL solution of Micromer or Micromer-m (Micromod 01-02-
503/08-55-303 respectively), were incubated with 62.5μL of 5x MES (Alfa Aesar J61587), 2mg of EDC
Hydrochloride (Fluorochem 024810-25G), and 4mg *N*-Hydroxysuccinimide (Sigma 130672-5G) at
room temperature for 45min while vortexing. Beads were pelleted by centrifugation at 12,000xg and
resuspended in 200μL of 200μg/mL anti-digoxigenin (Merck Life Sciences 11333089001) or 200μL of
200μg/mL NeutrAvidin (Thermo Scientific 31000), then further incubated 3h. Beads were pelleted
and resuspended in 100μL PBS and 25mM glycine quench for 30min. Beads were
centrifuged/resuspended 3x in 500μL PBS before resuspending in 250μL PBS/ 0.02% azide,
generating anti-digoxigenin Micromer beads and NeutrAvidin Micromer-M beads, or the converse at
50mg/mL.

Sample preparation/tethering. A flow cell was prepared using truncated slides by scoring/snapping
a 50x26mm glass slide (631-0114, VWR), forming a double-sided tape plus 22x22mm coverslip
"tunnel" as described previously[71]. Flow cells were nominally passivated using polyethylene glycol
(PEG)[72] variants MeO-PEG-NHS and Biotin-PEG-NHS (Iris biotech PEG1165 and PEG1057
respectively). Anchor and trapping beads were commercially carboxylated then functionalized with
anti-digoxigenin or NeutrAvidin as above. 5μm anti-digoxigenin anchor beads were diluted to
5mg/mL in PBS/0.02% sodium azide and 2mM MgCl$_2$ and vortexed to disaggregate. 10μL was
introduced, inverted and incubated in a humidified chamber 15min room temperature for surface
immobilisation; for PEG passivated flow cells 5μm NeutrAvidin anchor beads were used. 20μL
2mg/mL BSA in PBS was introduced and incubated 5min. Nominally, 10μL DNA 0.12ng/μL in T4 DNA
ligase buffer and with 1μL T4 DNA ligase was introduced and incubated 1h, washed 200μL PBS, 20μL
imaging buffer introduced, and flow cell was sealed with nail varnish.

For stretch-release experiments we used ~1Hz nanostage triangular waves, amplitude ~5μm,
acquiring for ≥2 consecutive cycles. For fluorescence, the imaging buffer comprised PBS, 1mg/mL
3μm NeutrAvidin-functionalised Micromer-m beads, 6% glucose, 1mM Trolox, 833ng/mL glucose
oxidase, 166ng/mL catalase, 25nM SYBR Gold. For brightfield-only experiments, the imaging buffer
comprised 1mg/mL 3μm NeutrAvidin functionalised Micromer-m beads in PBS. Fluorescence
experiments used 40ms exposure time, maximum camera gain. Oblique-angle Slimfield[73]
0.11kW/cm^2 was the default mode, but we confirmed compatibility with epifluorescence, TIRF and
HILO. We first imaged DNA for a few seconds at 0.1mW to enable focusing but avoiding
photobleaching/photodamage, then imaged at 1mW. For continuous imaging, we acquired data for
200 rotations. For discontinuous imaging, we recorded 50 bead rotations using no fluorescence,
paused 1 min, then10 frames in fluorescence, acquiring ~10 supercoiling states per molecule.
Brightfield-only experiments were 40ms exposure time, zero camera gain, no camera cooling. σ was
calculated as number of bead rotations divided by number of turns in relaxed DNA (B-DNA twist per
base pair multiplied by number of bp in the DNA construct).

An anchor bead was selected and nearby free magnetic bead optically trapped. Beads were brought
within 500nm and incubated 2min to facilitate tether formation (optimised using fluorescence by
acquiring 10 frames to visualise DNA and reposition beads). Beads were separated ~5μm and
visualised with fluorescence if appropriate to test if a tether had formed (Supplementary Movies 2,
6). A force-extension curve was generated by oscillating the trapped bead and fitted by a wormlike
chain to generate persistence and contour lengths. Throughput, dependent on DNA concentration,
was nominally one in ~20 attempts (~5min) using 0.24ng/μL, analysis indicating binding fraction for
>1 tether was 5% [74]. Using 0.48ng/μL enabled controllable formation of two tethers between bead
pairs to explore the effects of braided DNA. Surface drift was quantified from brightfield video-
tracked intensity centroid displacements every 30s up to 1h of surface-immobilised beads in the
absence of tethering, indicating mean of ~15nm/s and ~7nm/s for lateral and axial drift respectively.
Trapping drift was assessed using QPD signals from a trapped untethered magnetic bead but aside
from expected rms fluctuations of a few tens of nm no directed drift was detected.

Imaging SSB/hRPA. Surface-immobilized 100nt ssDNA-cy5 and ssDNA binding proteins (cy3b-
SSB[75] and hRPA-eGFP[76]) were imaged on PEG passivated slides, incubated 5min at room temperature
with 200μg/mL Neutravidin (Thermofisher Scientific, 31000) in PBS followed by 200μL wash. 10μL
500pM ssDNA-cy5 in PBS was introduced and incubated 10min to allow binding of 5ʹ biotin on
ssDNA-cy5 to Neutravidin on flow cell surface, excess ssDNA-cy5 washed 2x 100μL PBS. 100μL
100nM cy3b-SSB/hRPA-eGFP in PBS was introduced before the flow cell was sealed. A bespoke
single-molecule TIRF microscope with ~100nm penetration depth[77] imaged surface-immobilised
binding complexes, excitation was by an Obis LS 50 mW 488nm wavelength laser (hRPA-eGFP); Obis
LS 50mW 561nm wavelength laser (cy3b-SSB); Obis LX 50mW 640nm wavelength laser (ssDNA-cy5),
10mW at 14μW/μm^2. Both probes showed colocalization when incubated with surface-immobilised
ssDNA-cy5 oligo. Since cy3b-SSB was more photostable and less impaired by steric hindrance than
hRPA-eGFP we focused on cy3b-SSB to probe DNA tethers. Due to PEG slide passivation, anchor
beads were functionalised with NeutrAvidin to bind to PEG-biotin coverslips, so Micomer-M beads
were functionalised with anti-digoxigenin. Tether preparation was as before with addition of 10nM
cy3b-SSB to the imaging buffer, and alternating 488nm/561nm wavelength laser excitation[78],
1mW/10mW respectively.

Wormlike chain fitting. Force-extension data were fitted by a wormlike chain (WLC) using Python3
and numpy's curve_fit to minimise least squares, error estimated from bootstrapping by taking 1%
of randomly selected data, WLC fitting, iterating 1,000 times, indicating ~0.2% s.d.

Puncta analysis. To assess percentage of tether bp in a plectoneme we used ImageJ to integrate
background-corrected pixel intensities associated with puncta normalised to the integrated
background-corrected intensity for the whole tether. To measure two-dimensional rms puncta

displacements, we used single-particle tracking software PySTACHIO[79] with mean square
displacement $<r^2> = 4D.\delta t$ where D is the two-dimensional diffusion coefficient, and δt the inter-
frame time interval 40ms, to 20nm localization precision.

Plectoneme/bubble calculations. Predictions for plectoneme loci were made using a model[53]
considering DNA curvature as determining factor, modified to increase the largest possible
plectoneme to deal with the ~15kbp construct and higher σ levels. Cutoff was increased from 1kbp,
as set in the original model, to 8.3kbp for σ=0.14 (or +200 DNA turns), to 6.7kbp for σ=0.11 (+150
DNA turns) and to 1.9kbp for σ=-0.14 (or -200 DNA turns); limits were differently established
according to experimental estimations of number of plectoneme bp. Predictions for bubble loci were
made using the Stress-Induced DNA Destabilization (SIDD) algorithm[54] implemented on the Twist-
DNA program to deal with long sequences at genomic scales[58]. Calculations were done at σ=-0.14,
0.1M salt, T=310K. For comparison of experimental fluorescence data to bubble predictions, the
plectoneme tether line profile was normalised and fitted with a cubic spline, regularised and plotted
on the central 14.6kbp.

Control of tension and torsion *in silico*. DNA was modelled under restraints to control tension and
torsion mimicking experimental conditions (Fig. 5) using positional and 'NMR' restraints of AMBER[61].
One end of the duplex was fixed by restraining coordinates of O3' and O5' atoms of the final bp
('fixed end'). The other ('mobile end') was kept at force 0.3 or 0.7pN by applying a linear distance
restraint to each strand, between O3' or O5' of the final bp and two fixed dummy atoms[62] used as
reference points (A and B, Supplementary Fig. 12). Angular restraints were applied for confining
'mobile end' motion to the tether axis (Supplementary Fig. 12, denoted *z*). To prevent *y* movement,
angles θ_1 and θ_2 were constrained. Another pair of reference points and restraints were
implemented to prevent *x* movement. Supercoiling was relaxed by passing DNA over either end of
the molecule. To prevent 'untying', we applied one angular restraint per phosphorus atom of the
bulk of the chain and per end (Supplementary Fig. 12b). Specifically, ψ angles (defined by a
phosphorus atom, the last mobile O3' or O5' on that strand and the corresponding reference point)
were forced >90°, creating an excluded volume resembling a bead. To ensure excluded volume
restraints were triggered as infrequently as possible, we added 60 GC bp to the 'mobile end' as a
buffering molecular stretch which were prevented from bending by dihedral restraints applied to
each complementary pair of phosphorus atoms (Supplementary Fig. 12c). DNA torsional stress was
maintained by ensuring O3' and O5' of the first relevant bp of the 'mobile end' (61st bp) were co-
planar with respective reference points A and B, achieved through a dihedral restraint that reduced
the angle between ABF and BAE planes to zero. The 'fixed end' was torsionally constrained using an
equivalent dihedral angle defined by O3' and O5' of the next-to-last bp and reference points I and J.

DNA *in silico*. The structure of a linear 300bp DNA molecule was built using Amber18[80] NAB module
from a randomly generated sequence with 49% AT surrounded by 2 GC bp at the 'fixed end' and 60
GC bp at the 'mobile end', 362bp total; 300bp sequence was:

^{1}TGCAAGATTT ^{11}GCAACCAGGC ^{21}AGACTTAGCG ^{31}GTAGGTCCTA ^{41}GTGCAGCGGG ^{51}ACTTTTTTTC
^{61}TATAGTCGTT ^{71}GAGAGGAGGA ^{81}GTCGTCAGAC ^{91}CAGATACCTT ^{101}TGATGTCCTG ^{111}ATTGGAAGGA
^{121}CCGTTGGCCC ^{131}CCGACCCTTA ^{141}GACAGTGTAC ^{151}TCAGTTCTAT ^{161}AAACGAGCTA ^{171}TTAGATATGA
^{181}GATCCGTAGA ^{191}TTGAAAAGGG ^{201}TGACGGAATT ^{211}CGCCCGGACG ^{221}CAAAAGACGG
^{231}ACAGCTAGGT ^{241}ATCCTGAGCA ^{251}CGGTTGCGCG ^{261}TCCGAATCAA ^{271}GCTCCTCTTT ^{281}ACAGGCCCCG
^{291}GTTTCTGTTG

To determine the default twist, we performed a σ=0 simulation. We used the 3DNA algorithm in
CPPTRAJ[64] as a reference to build under- and overtwisted straight DNA, σ=±0.1.

MD. Simulations were done in Amber18, performed using CUDA implementation of AMBER's
pmemd. DNA molecules were implicitly solvated using a generalised Born model, salt concentration
0.2M with GBneck2 corrections, mbondi3 Born radii set and no cutoff for better reproduction of

molecular surfaces, salt bridges and solvation forces. Langevin dynamics was employed using similar
temperature regulation as above with collision frequency 0.01 ps to reduce solvent viscosity[81]. The
BSC1 forcefield was used to represent the DNA molecule[70]. A single simulation was calculated for
each combination of force and σ (=±0.1, force F=0.3, 0.7pN), following our protocols for
minimisation and equilibration. In addition, we performed a control simulation at σ=0 . We
performed 40ns re-equilibration, applying the above restraints with exception of tensile force, for
allowing plectoneme formation; restraints on the canonical WC H-bonds were added to avoid
premature double helix disruption and allow distributions of twist and writhe to equilibrate.
Simulations were extended 500ns-2.3μs depending on convergence, measured by cumulative end-
to-end distance over time (Extended Data Fig. 3b), calculated using a single NVIDIA Tesla V100 GPU
from the local York Viking cluster at 40ns/day.

Determination of bubbles *in silico*. Melting bubbles were easily identifiable by visual inspection. To
quantify and ensure we only captured significant denaturation, we assumed a bubble was formed by
≥3 consecutive bp that didn't present WC H-bonds, whose angular bp parameters (propeller twist,
opening and buckle) were ≥2 s.d. from the average obtained from relaxed DNA and that disruption
lasted for more than 1ns. This information was acquired using the nastruct routine of CPPTRAJ[82].
Percentages of simulations where DNA presented bubbles were calculated considering the last
400ns. Standard deviations were calculated using bootstrapping, sampling 1% of each simulation
200 times.

Wax melting. A 1% w/v suspension of each of three different alkane waxes was made, warmed in a
water bath 10°C hotter than the alkane melting point and sonicated 1min before plunge cooling in
an ice bath, injected into a flow cell and incubating 20min prior to 100μL PBS washing, introducing
50μg/mL magnetic beads, and sealing the flow cell. The experiment comprised selecting a surface-
immobilized wax particle, trapping a nearby magnetic bead and bringing it in contact with the wax,
then leaving it in position for 3min, recording brightfield timelapse movies.

TEM/electron diffraction. 3μm diameter magnetic beads at initial concentration 50mg/ml
were pelleted by centrifugation 1,000xg 1min, washed in 100% Ethanol by
resuspension/centrifugation, then infiltrated over 48h in LR White resin (Agar Scientific), and
subsequent polymerisation at 60°C for 48h. 70nm sections were cut (Leica Ultracut UCT7
ultramicrotome and Diatome diamond knife). TEM was carried out on a JEOL 2100+, 200 kV using a
150μm diameter condenser aperture, brightfield imaging achieved with a 120μm objective lens
aperture. Simulated electron diffraction was performed for Fe_3O_4 nanoparticles using a standard Al
diffraction sample for calibration at camera length $25cm^{-1}$ compared to Selected Area Electron
Diffraction (SAED) images taken from the edges of beads where nanoparticles were present. SAED
was also taken from within beads and showed no crystal structure.

Data availability

Data used are publicly available at DOI:10.5281/zenodo.7786636

Code availability

All code used for instrument design/control, data acquisition/processing/analysis and figure
generation directly relied on: Matlab, LabVIEW, Mathematica, Autodesk Inventor, Jupyter,
Matplotlib, NumPy, Pandas, SciPy. COMBI-Tweez source code available at https://github.com/york-
biophysics under Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International
License (CC-BY-NC-SA; https://creativecommons.org/licenses/by-nc-sa/4.0/).

Acknowledgements

This work was supported by the Leverhulme Trust (RPG-2017-1340, RPG-2019-156), BBSRC
(BB/R001235/1, BB/W000555/) and EPSRC (EP/N027639/1, EP/R513386/1, EP/R029407/1,
EP/T022205/1). Thanks to Mark Dillingham (University of Bristol, UK) and Mauro Modesti (CRCM,
France) for donation of cy3b-SSB and hRPA-eGFP respectively.

974   Author contributions

M.L. conceived the study. J.Z. developed tweezers/imaging instrumentation and control software,
which in the following years of development S.G., J.S. expanded. J.H. developed DNA chemistry. J.S.,
J.H., S.G. collected data which J.S. analysed. A.N. conceived theoretical molecular dynamics
simulations, M.B. performed them. C.S. developed an analytical temperature model. C.S-K, A.K.
performed TEM and electron diffraction. J.S., M.L wrote the bulk of the manuscript, with
contribution, discussion and revision from all of the authors. M.L. was the project administrator.

981   Competing interests

982   All authors declare that they have no competing interests.

985