Romer-EPTI: Rotating-view motion-robust super-resolution EPTI for SNR-efficient distortion-free in-vivo mesoscale dMRI and microstructure imaging

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Abstract

Purpose: To overcome the major challenges in diffusion MRI acquisition, including low SNR, distortion/blurring, and motion vulnerability.

Methods: A novel Romer-EPTI technique is developed to provide high SNR, sharp spatial resolution, high motion-robustness, images free from distortion and slab-boundary artifacts, and simultaneous multi-TE imaging. It integrates a ROtating-view Motion-robust supEr-Resolution technique (Romer) with a distortion/blurring-free self-navigated EPTI encoding. Romer enhances SNR with high-motion robustness by employing a thick-slice acquisition with rotating-view encoding, and a motion-aware super-resolution reconstruction that incorporates motion, slice-profile and real-value diffusion. The in-plane encoding of the thick-slice volumes is performed using distortion/blurring-free EPTI readout, which further improves Romer's motion robustness by preventing detrimental blurring resulting from combination of inconsistent geometries caused by motion or eddy-current induced dynamic distortions. The Romer encoding, motion-aware reconstruction, together with T_2/T_2^*-blurring-free EPTI readout enable effective reconstruction of the sharp spatial resolution. Furthermore, Romer-EPTI provides short TE and low SAR for 7T dMRI and high robustness to phase variations for high-b-value imaging.

Results: Using Romer-EPTI, we demonstrate distortion-free whole-brain mesoscale in-vivo dMRI at both 3T (500μm-iso) and 7T (485μm-iso) for the first time, with high SNR efficiency (e.g., $\sqrt{25}\times$), and high image quality free from distortion and slab-boundary artifacts with minimal blurring. Motion experiments demonstrate the high motion-robustness of Romer-EPTI and its ability to recover sharp images in presence of subject motion. We also demonstrate its significant SNR gain and robustness in high b-value (b=5000s/mm^2) and time-dependent dMRI.

Conclusion: Romer-EPTI significantly improves SNR, motion-robustness, and image quality of dMRI, providing a highly efficient acquisition for high-resolution dMRI and microstructure imaging.

Keywords: diffusion imaging, EPTI, super-resolution, high resolution, mesoscale, microstructure.

1. Introduction

The evolution in in-vivo diffusion MRI (dMRI) has yielded exciting insights into the structural connectivity and tissue microstructure of the human brain. Notably, high-resolution dMRI techniques (1-8) have enabled the investigation of the brain's fine-scale structures, allowing for the visualization of small but crucial circuitries (1,3,9) and the cytoarchitecture within the thin cortical layers (2,5). Moreover, the use of stronger diffusion encodings/gradients (10-14) has become available due to hardware advances (15-18). Combined with advanced diffusion models (19-28), it can probe various tissue microstructural characteristics with more comprehensive and precise information. Advancing dMRI in these directions holds great promise of providing richer information about the human brain structure in both health and disease (29-31). However, significant technical challenges persist in in-vivo dMRI acquisition that limit its ability to achieve higher spatial resolution and/or increased b-values. These challenges include: i) diminishing signal-to-noise ratio (SNR) as voxel size is reduced and/or b-values are raised; ii) severe image degradation, including geometric distortion and T_2/T_2^*-blurring; and iii) susceptibility to subject motion and motion-related phase variations. Over the past decades, significant efforts have been made to mitigate these limitations in in-vivo dMRI.

To improve SNR efficiency, several acquisition methods have been developed. Notably, multi-slab imaging (4,6,32-34) employs thick-slab acquisition with Fourier encodings along slice direction, and reconstructs thin-slice volume from encoded thick-slab data acquired across multiple TRs. The thick-slab acquisition reduces TR and achieves more efficient noise averaging. Simultaneous multi-slab imaging (35-37) combines multi-slab imaging with simultaneous multi-slice (SMS) (38-40) and further improves the SNR efficiency. gSlider-SMS (7,41,42) employs thick-slab acquisition with Hadamard-like encodings along slice direction (43,44) for self-navigated phase correction, and combines with SMS for higher SNR efficiency. However, despite the efficacy of these methods in improving SNR, they suffer from several limitations. Both the multi-slab imaging and gSlider methods suffer from slab boundary artifacts, manifesting as striping artifacts at slab boundaries due to imperfect slab profiles and/or spin-history effects. This issue has been recognized and several methods have been developed to mitigate these artifacts (42,45,46). Furthermore, to estimate and correct physiological-motion-induced phase variations between encoded volumes, these methods often require additional navigator acquisition (32), or specialized RF pulses (7) for self-navigated spatial encoding, leading to compromised efficiency with increased specific absorption rate (SAR) deposition or susceptibility to B_0/B_1 inhomogeneity, which can pose challenges at higher field strengths. Alternatively, another promising strategy, the super-resolution methods (47-53) can be used to improve SNR efficiency by acquiring multiple low-resolution volumes with different slice shifts, orthogonal views, or orientations to resolve a high-resolution volume. They provide a viable approach for self-navigated phase correction without the cost of additional scan time, extra SAR deposition, or B_0/B_1 susceptibility. However, all aforementioned methods share two additional common drawbacks. First, they suffer from distortion and T_2^*-blurring artifacts, particularly severe at high spatial resolutions and/or high field strengths. Second, they can be sensitive to subject motion. In addition to the physiological-motion-induced phase variations as mentioned above, several effects associated with the bulk

motion between spatially-encoded volumes can interrupt spatial encoding and lead to motion artifacts. While it is feasible to model bulk motion in the reconstruction process (41), it can be challenging to fully address motion-related artifacts—notably the motion-related dynamic distortions which are difficult to model. Motion will change the susceptibility field, the direction of PE axis, and the interaction with the eddy-current and shimming fields, leading to changes in image geometry. As a result of combining encoded volumes with inconsistent geometries/dynamic distortions, detrimental artifacts and blurring will be introduced on the final reconstructed high-resolution images. All these limitations limit the attainable image quality and effective spatial resolution, and pose escalating challenges at higher resolutions, b-values, and field strengths.

To reduce distortion and blurring of EPI, parallel imaging (54-56) and multi-shot EPI including readout-segmented EPI (57-61) and interleaved-segmented EPI (62-69), can be used. However, achieving more effective distortion/blurring reduction requires a higher acceleration factor or a larger number of shots, resulting in higher noise amplification or prolonged scan time, and residual distortions still remain. Methods using reversed phase-encoding acquisitions to derive a field map, and subsequently correcting distortion either through post-processing (e.g., TOPUP (70,71)) or integration into reconstruction (e.g., BUDA (72,73)) can correct for image distortion but do not alleviate image blurring. To fully eliminate distortion and blurring, a point-spread-function (PSF) encoded multi-shot EPI approach was developed (74-77) but requires a lengthy scan time. Our recent tilted-CAIPI technique (78) accelerates PSF-EPI from ~200 shots per image (fully-sampled) to less than 10 shots at ~1-mm resolution, achieving distortion/blurring-free dMRI within a practical scan time. More recently, we developed Echo-planar time-resolving imaging (EPTI) (79-85) to achieve distortion/blurring-free time-resolved multi-echo imaging. Instead of combing all PE lines with phase accumulation and signal decay to generate a single distorted and blurred image as in EPI, EPTI reconstructs the full k_y-t (PE-TE) space data and resolves a time series of distortion/blurring-free images within the readout at a short TE interval of ~1 ms. In addition, EPTI provides additional SNR gain over EPI (30-40%) for diffusion imaging by achieving minimized TE using echo-train shifting and optimized readout lengths (82).

In this work, to overcome the challenges in dMRI acquisition, we introduce a novel technique, ROtating-view Motion-robust supEr-Resolution (Romer) EPTI, which can achieve: i) significantly higher SNR efficiency, for example, a $\sqrt{25}\times$ folds improvement, corresponding to 25× scan time reduction for mesoscale resolution; ii) image free from distortion and slab boundary striping artifacts, with minimal spatial blurring; iii) high robustness to various source of motion (bulk motion, physiological motion, and motion-related dynamic distortions); iv) minimal TE, no extra SAR or B_0/B_1 susceptibility for 7T dMRI; v) simultaneously resolved multi-TE images for diffusion-relaxometry.

Romer-EPTI integrates an SNR-efficient rotating-view motion-robust super-resolution technique (Romer), which encodes along slice-readout dimensions, with a distortion/blurring-free self-navigated EPTI encoding, that encodes along the PE-TE dimensions. Specifically, the Romer technique enhances SNR efficiency with high-motion robustness and sharp spatial resolution. It employs an SNR-efficient thick-slice acquisition with rotating-view encoding, and resolves isotropic resolution volumes by developing a motion-aware super-

resolution reconstruction that incorporates motion correction, real-value diffusion and realistic slice-profile. The in-plane encoding of the Romer-encoded thick-slice volumes is performed using distortion/blurring-free EPTI readout, which is crucial for achieving high motion robustness, as it prevents detrimental artifacts and blurring (e.g., 400% wider PSF using EPI with in-plane acceleration of 4 at 500μm) in the final high-resolution image that result from the combination of encoded volumes with inconsistent geometries caused by dynamic distortion due to motion, eddy-current or drift-induced field changes. Romer-EPTI encoding is developed with self-navigation capability to enable effective removal of physiological-motion-related phase variations without extra scan time, SAR, or increased B_0/B_1 susceptibility. In addition, we show an optimized reconstruction with sufficient Romer encodings, fulfilling the Nyquist criterion, enables effective reconstruction of sharp spatial resolution, which, coupled with EPTI readout free from T_2/T_2^* blurring (e.g., 45% using EPI at 500μm), achieves further improvement in effective spatial resolution compared to current methods. Additional developments have been incorporated in Romer-EPTI to further improve its performance, including SMS for improved SNR efficiency, an acquisition scheme to address spin history artifacts, and an optimized EPTI readout with minimal TE and additional SNR gain.

Using Romer-EPTI, we demonstrate distortion-free whole-brain in-vivo dMRI data acquired at a mesoscopic resolution (~0.1 mm^3) at both 3T (500-μm isotropic) and 7T (485-μm isotropic) on clinical scanners (e.g., ~27× smaller voxel than the 1.5-mm iso standard resolution). To our knowledge, this is the first study that has achieved whole-brain mesoscale in-vivo dMRI on both 3T and 7T. Motion experiments demonstrate the high motion robustness of Romer-EPTI and its ability to recover high-quality sharp diffusion images in the presence of subject motion. We also demonstrate its significant SNR gain and robustness for microstructure imaging, such as high b-value dMRI (5000 s/mm^2) and time-dependent diffusion. Initial results of this work have been presented at the ISMRM (86-88).

2. Theory

2.1 Romer: ROtating-view Motion-robust supEr-Resolution

Thick-slice acquisition with rotating-view encoding: As shown in Fig. 1, Romer acquisition acquires thick-slice volumes with reduced volume TR to enhance SNR efficiency, and employs a rotating-view super-resolution scheme across the multiple thick-slice volumes to encode the high isotropic resolution. For instance, by rotating the slice-readout direction around the PE axis, Romer samples thick-slice volumes with different slice orientations. The rotating-view encoding is designed to sample sufficient spatial information to achieve full reconstruction of the target spatial resolution. For example, if we define the ratio of the slice thickness between the encoded thick-slice volume and the target thin-slice volume as $Romer_{factor}$, the number of encoding orientations (N) should be no less than $\pi/2$ times $Romer_{factor}$ ($N \geq \frac{\pi}{2} Romer_{factor}$) (49). From a k-space sampling perspective, the thick-slice sampling in Romer can be approximated as a blade-band encoding in the 3D k-space (with low-frequency along k_z and high-frequency along k_x). The rotation of slice orientation corresponds to the rotation of the blades in the 3D k-space. By acquiring rotated blades with multiple

orientations fulfilling the Nyquist criterion, the entire 3D *k*-space is sampled including the high-frequency signals needed to produce an isotropic high-resolution volume.

Romer acquisition also employs multi-band excitation with blipped CAIPI encoding (38-40) to simultaneously acquire multiple thick slices (Fig. 1), which further shortens the volume TR and improves SNR efficiency. In addition, to minimize potential spin-history artifacts associated with a short TR, an acquisition ordering scheme is employed that acquires diffusion encodings or averages of the same slice orientation first before changing orientations. This sampling order avoids spatially non-uniform signal recovery that may occur when changing orientations for each volume. Furthermore, since there is no accumulative spin-history effect across different Romer-encoded volumes, the final reconstructed high-resolution Romer image will be free from the commonly seen slab-boundary striping artifacts.

Motion-aware super-resolution reconstruction: In Romer, various sources of motion-related effects between the encoded thick-slice volumes are systematically addressed to ensure the reconstruction of high-fidelity volumes with sharp effective spatial resolution. These include (a) 3D rigid bulk motion; (b) physiological-motion induced phase variations; and (c) geometric inconsistencies/dynamic distortions due to motion, eddy-current, or drift-induced field changes (e.g., motion will change the susceptibility field, the direction of PE axis, and the interaction with the eddy-current and shimming fields, leading to changes in image geometry).

The rotating-view encoding employed in Romer itself is relatively robust to motion (effect a) because of its oversampled center with data redundancy, analogous to Propeller (89) acquisition. To correct for 3D bulk motion, a motion-aware super-resolution reconstruction is employed. The following minimization problem is solved to obtain each high-resolution volume with high motion robustness:

$$\min_{I_{HR}} \|AMI_{HR} - I_{LR}\|_2^2 + \lambda \|I_{HR}\|_2^2.$$

Here, I_{LR} represents the thick-slice volumes acquired with rotated slice orientations, I_{HR} is the target high-resolution volume, M is the rigid-motion transformation matrix (90) modeling 3D motion between the encoded thick-slice volumes, A is the Romer encoding matrix constructed based on the slice profile calculated from the 90°-180° RF pulses, and λ controls the Tikhonov regularization. The Romer acquisition provides self-navigation capability, and the motion parameters can be directly estimated by registering the thick-slice volumes after up-sampling them to the same isotropic resolution.

To address the physiological motion-induced phase variations (effect b), the spatially low frequency 3D phases are removed from each Romer-encoded volume in a self-navigation manner. Additionally, to address geometry changes/dynamic distortions (effect c), the in-plane encoding of the Romer-encoded thick-slice volumes is performed using a distortion-free EPTI readout, as described in section 2.2.

Complex-value reconstruction and slice-profile modeling: The proposed Romer reconstruction is designed to perform complex-value reconstruction (91), allowing the use of real data rather than magnitude data, thereby reducing the noise floor in the reconstructed images (Supporting Information Figure S1A). Additionally, the

Romer reconstruction incorporates realistic slice profiles. Although the Romer reconstruction is relatively robust to slice profile variations as it does not rely on RF-encoding to resolve spatial resolution, neglecting the imperfect slice profile or using a simplified model (e.g., box function) can still introduce bias into the reconstruction model. By using realistic slice profiles calu, we can achieve high reconstruction accuracy and prevent information loss (Supporting Information Figure S1B). The modulation within the slice and the cross-talk into the neighboring slices will be accounted for in the reconstruction model.

2.2 Romer with EPTI encoding

The in-plane encoding of Romer-encoded volumes is performed using EPTI readout. This not only eliminates distortion and T_2/T_2^* blurring (e.g., 45% PSF side-lobe amplitude in EPI even with a 4× inplane acceleration at 500-µm, Fig. 2A-a), but also further improves the motion robustness of Romer. Specifically, EPTI readout eliminates geometric inconsistencies or dynamic distortions between the encoded volumes caused by motion, eddy-current or drift-induced field changes, therefore avoiding detrimental artifacts/blurring on the final reconstructed high-resolution images. For example, at 500-µm resolution, using an EPI readout (4× inplane accelerated) can result in ~400% such blurring (Fig. 2A-b). By using EPTI to perform the in-plane encoding of Romer, we can achieve perfect alignment of the spatially-encoded volumes and eliminate these sources of blurring and achieve sharp resolution (Fig. 2A-c).

EPTI exploits the spatiotemporal correlation to reconstruct the full k_y-*t/TE* space data and resolve a time series of multi-echo images at every echo spacing (Fig. 1, right). Because of this time-resolving feature, EPTI enables continuous sampling with highly flexible readout length and TEs. Specifically, EPTI's readout length is independent from spatial matrix sizes, and can be optimized to improve SNR efficiency. In addition, it allows for flexible TEs without constraints imposed by readout length as in EPI. For example, a minimal TE can be achieved by starting the readout immediately at the spin-echo timepoint , thereby reducing dead time between 90° and 180° pulses. Together, they provide additional SNR gain on top of the Romer acquisition. Moreover, the multi-TE images resolved across EPTI readout also provide useful information for diffusion-relaxometry and/or multi-compartment modeling (23,92-94).

The EPTI encoding is designed to sample *k*-space center in each shot (Fig. 1, bottom right) to provide self-navigation for physiological phase correction (82). A 5-shot EPTI encoding achieves mesoscale in-plane resolution, and can be accelerated to 3 shots by a *k-t* partial Fourier acquisition (with POCS (95) to preserve spatial resolution). To further improve the robustness of Romer-EPTI to phase variation for high/ultra-high b-value imaging, a single-shot EPTI encoding (88,96) is employed, which has shown robust performance at standard spatial resolutions (e.g., 1.2–2 mm). Subspace reconstruction (80,97-99) with shot-to-shot phase correction (82) is used to reconstruct EPTI data.

SNR efficiency provided by Romer-EPTI: The overall SNR improvement provided by Romer-EPTI is determined by $Romer_{factor}$, multiband (MB) factor, EPTI readout, and Romer reconstruction. We characterize the SNR gain of Romer through an SNR and PSF analysis, which considers the Romer reconstruction

conditioning and the effect of regularization, similar to the approach described in Wang et al (41). A higher Tikhonov regularization improves the conditioning and leads to higher SNR, but will result in higher PSF error—a measure of effective resolution. Fig. 2A-d shows that, at a good trade-off point between SNR and PSF error, a Romer factor of 8 can achieve a high SNR efficiency gain of $\sqrt{7.3}\times$ (close to the theoretical SNR gain of $\sqrt{8}\times$), while achieving sharp resolution along slice-readout dimensions with a mild spatial blurring (~14% side-lobe amplitude). By combining with a MB factor of 2, Romer provides a ~$\sqrt{14.6}\times$ SNR efficiency gain ($Romer \times MB = \sqrt{7.3}\times\sqrt{2}$). Then, as mentioned above, the EPTI readout with minimized TE and optimized readout length contributes an additional ~30-40% SNR gain (82), leading to an overall SNR efficiency gain of ~$\sqrt{25}$ ($\sqrt{14.6}\times\sqrt{1.3^2}$), compared to conventional 2D slice-by-slice imaging.

3. Methods

In-vivo experiments were performed on healthy volunteers with a consented institutionally approved protocol on a Siemens Prisma 3T scanner with a 32-channel head receiver coil (Siemens Healthineers, Erlangen, Germany), and on a Siemens Terra 7T scanner with a 32-channel Nova head coil (Nova Medical, Wilmington, MA).

3.1 In-vivo mesoscale dMRI at 500µm-iso resolution at 3T

Whole-brain mesoscale in-vivo diffusion data were acquired at 500-µm isotropic resolution on a clinical 3T scanner using Romer-EPTI to demonstrate its high SNR efficiency and image quality for high-resolution diffusion imaging. The Romer-EPTI data were acquired with imaging parameters: b = 1000 s/mm^2, 25 diffusion directions, FOV = 200×192×184 mm^3, matrix size of the high-resolution volume = 400×384×368, matrix size of the acquired thick-slice volume = 400×384×46, $Romer_{factor}$ of 8, 12 orientations (15° rotation per orientation), a 5-shot EPTI encoding, MB factor = 2, 56 echoes, TE_{range} = 39–123 ms, echo spacing = 1.54 ms, TR = 3.1 s, total acquisition time ~80 minutes. As a comparison, thick-slice EPI data was acquired with the following parameters: FOV = 200×192×184 mm^3, resolution = 0.5×0.5×4 mm^3, MB factor = 2, in-plane acceleration factor ($R_{inplane}$) = 4, partial Fourier factor = 5/8, TE/TR = 77/3700 ms. Even after using high accelerations ($R_{inplane}$ = 4 and partial Fourier 5/8), EPI has a longer TE than EPTI (77 ms vs 39 ms) and a long TR due to the prolonged echo train length.

3.2 In-vivo motion experiment at 500µm-iso resolution

To assess the motion robustness of Romer-EPTI, an in-vivo motion experiment was conducted at 500-µm isotropic resolution. The identical 3T mesoscale Romer-EPTI imaging protocol was used with a 3-shot EPTI encoding with a *k-t* Partial Fourier factor of 5/8, and with fewer diffusion directions (12 directions instead of 25, total scan time ~25 minutes). The subject was informed to move the head deliberately during the scan approximately every two minutes. The acquired Romer-EPTI data were reconstructed with and without motion correction for comparison.

3.3 In-vivo mesoscale dMRI at 485µm-iso resolution at 7T

Romer-EPTI's shortened TE, low SAR, and distortion-free imaging provide additional advantages for ultra-high field dMRI, where T_2 is inherently shorter and field inhomogeneity is larger. To demonstrate the performance of Romer-EPTI at ultra-high field, whole-brain mesoscale in-vivo dMRI data were acquired at 485-µm isotropic resolution at 7T. The key imaging parameters were: b = 1000 s/mm^2, 40 diffusion directions, FOV = 194×186×178.5 mm^3, matrix size of the high-resolution volume = 400×384×368, matrix size of the acquired thick-slice volume = 400×384×46, $Romer_{factor}$ = 8, 12 orientations (15° rotation per orientation), 3-shot EPTI encoding with a *k-t* partial Fourier factor of 5/8 (with POCS (95) for partial Fourier reconstruction to preserve resolution), MB factor = 2, 50 echoes, TE_{range} = 40–110 ms, echo spacing = 1.40 ms, TR = 3 s, total acquisition time ~75 minutes. Thick-slice EPI data were also acquired for comparison with the following parameters: FOV = 194×186×178.5 mm^3, resolution = 0.485×0.485×3.88 mm^3, MB = 2, $R_{inplane}$ = 4, partial Fourier = 5/8, TE/TR = 70/3500 ms. Again, even after using high accelerations ($R_{inplane}$ = 4 and partial Fourier 5/8), EPI has a longer TE than EPTI (70 ms vs 40 ms) and a long TR due to the prolonged echo train length.

3.4 High b-value dMRI at b = 5000 s/mm^2 using Romer with single-shot EPTI

High b-value dMRI can suffer from low SNR due to the strong signal decay and the long TE associated with the use of a strong diffusion gradient. To demonstrate the high SNR efficiency and motion robustness of Romer-EPTI for high/ultra-high b-value imaging, b = 5000 s/mm^2 dMRI data were acquired using Romer with a single-shot EPTI encoding. The data were acquired at a 1.2-mm isotropic resolution with whole brain coverage on the clinical 3T scanner within 1 min. Conventional EPI was also acquired at the same resolution within a matched 1-minute scan time. The acquisition parameters of Romer-EPTI were: FOV = 211×211×204 mm^3, 1.2-mm isotropic resolution, matrix size of the high-resolution volume = 176×176×170, matrix size of the acquired thick-slice volume = 176×176×34, $Romer_{factor}$ = 5, 8 orientations (22.5° rotation per orientation), single-shot EPTI encoding with a *k-t* partial Fourier of 6/8 (with POCS), MB = 2, 66 echoes, TE_{range} = 72–133 ms, echo spacing = 0.93 ms, TR = 2.5s, number of signal averages (NSA) = 2. The acquisition parameters of EPI were: FOV = 211×211×172 mm^3, matrix size = 176×176×144, MB = 2, $R_{inplane}$ = 4, partial Fourier = 6/8, TE = 88 ms, TR = 10 s, NSA = 6.

3.5 Time-dependent diffusion experiment

As a preliminary demonstration of Romer-EPTI's capability for imaging tissue microstructure, a time-dependent diffusion experiment was performed. Whole-brain dMRI data with 5 different diffusion times (Δ = 25, 30, 40, 50, 60 ms) were acquired using Romer-EPTI at 3T. For each diffusion time, 26 diffusion directions (12 at b = 800 s/mm^2, 12 at b = 1600 s/mm^2, and 2 at b = 0 s/mm^2) were acquired, and the total acquisition time was ~30 minutes. Other key imaging parameters were: FOV = 224×224×208 mm^3, 2-mm isotropic resolution, matrix size of the high-resolution volume = 112×112×104, matrix size of the acquired thick-slice volume = 112×112×26, $Romer_{factor}$ = 4, 6 orientations (30° rotation per orientation), single-shot EPTI encoding with *k-t* partial Fourier of 6/8 (with POCS), MB = 2, 64 echoes, TE_{range} = 118–168 ms, TE was kept the same for all the diffusion times, echo spacing = 0.7 ms, TR = 2.3 s.

3.6 Image reconstruction and post-processing

Image reconstruction and post-processing were performed in MATLAB. EPTI was reconstructed by subspace reconstruction (80) with a locally low-rank constraint (regularization factor = 0.001) in BART toolbox (100,101). Romer reconstruction with a Tikhonov regularization of λ = 0.025 was then performed on the complex EPTI data, either on all-echo-averaged or group-averaged echo images. To estimate the rigid motion parameters between the Romer encoded thick-slice volumes of each diffusion direction, the volumes were first up-sampled to the same isotropic resolution (i.e., up-sampling the slice dimension by $Romer_{factor}$), and then registered using the FLIRT (102,103) function in FSL (104,105). The reconstructed high-resolution Romer-EPTI volumes are also free from distortion and dynamic distortion changes caused by eddy currents. Therefore, during post-processing, only rigid registration was performed across diffusion directions using FLIRT (102,103). FSL (104,105) was then used to fit diffusion tensor imaging (DTI) (106) to calculate the colored Fractional Anisotropy (cFA) maps. To further improve the DTI fitting of the mesoscale dMRI data in Sections 3.1 and 3.3, local PCA (LPCA) denoising (107) was applied (note that denoising was only applied to calculate the mesoscale cFA maps, all images (e.g., mesoscale DWIs) and other results presented in this work are without denoising). For the time-dependent dMRI experiment (Section 3.5), diffusion kurtosis imaging (DKI) (108) was fitted to dMRI data of each diffusion time Δ using the method described in (109) to calculate the mean, radial, and axial kurtosis; a three-parameter power-law model for the structural disorder was fitted to the time-dependent mean, radial, and axial kurtosis in cortical gray matter and white matter (20-22,24,28): $K(\Delta) \simeq K_\infty + c \cdot \Delta^{-\vartheta}$, where K_∞ is the kurtosis value in $\Delta \to \infty$ limit, c is the amplitude of time-dependence, and ϑ is the dynamical exponent indicating the structure universality class and dimensionality. Cortical gray matter and white matter masks were generated on a T1-weighted MPRAGE image and coregistered to the diffusion images using FreeSurfer (110-112).

4. **Results**

The point-spread-function (PSF) analysis in Figure 2A (a-b) characterizes the extent of image blurring in conventional EPI at high spatial resolution even with the use of a high in-plane acceleration factor of 4. This includes the T_2/T_2^* blurring due to signal decay across the readout (~45% side-lobe amplitude at 500-µm resolution, Fig. 2A-a), and the blurring in the final reconstructed volume due to the combination of encoded volumes with dynamic distortions and inconsistent geometries (~400% wider PSF, Fig. 2A-b). In contrast, by using EPTI to perform in-plane encoding of the Romer-encoded volumes, these sources of blurring artifacts can be eliminated (Figure 2A-c). To characterize the effective resolution and SNR of the Romer reconstruction, Figure 2A-d shows the PSF-error versus 1/SNR plots (L-curve) under different regularization parameters. As can be seen, at a good trade-off point between PSF error and SNR ($\lambda = 0.025$), a Romer factor of 8 in acquisition can achieve a high SNR efficiency gain of $\sqrt{7.3}\times$ (close to the theoretical SNR gain of $\sqrt{8}\times$), while achieving sharp resolution along slice-readout dimensions with mild spatial blurring (~14% side-lobe amplitude) at a mesoscale resolution of 500-µm. This, combined with SMS and optimized EPTI readout, achieves an overall

SNR efficiency of $\sim\sqrt{25}$ (see calculation in Section 2.2). Figure 2B shows the high isotropic spatial resolution reconstructed by Romer (middle, 0.5-mm iso) compared to the directly acquired high in-plane resolution EPTI image as a reference (right, 0.5×0.5 mm^2 in-plane). The Romer reconstructed image shows sharp structures with no noticeable blurring, demonstrating its effectiveness in reconstructing high isotropic spatial resolutions. The low-res view of one of the thick-slice volumes is also shown (left, 4×0.5 mm^2) for comparison.

The in-vivo whole-brain distortion-free mesoscale dMRI at 500-μm isotropic resolution acquired by Romer-EPTI on a clinical 3T scanner are shown in Fig. 3-5. The mean DWI images (Fig. 3A) show exceptional isotropic resolution in three orthogonal views, revealing fine-scale structures such as the intricate layered cortical folding in the hippocampus and cerebellum, as well as detailed subcortical structures including deep brain basal ganglia such as the caudate and putamen, and brain stem nuclei. At this mesoscale spatial resolution, these DWI images present superior quality with high SNR, distortion-free, sharp spatial resolution, and no slab-boundary artifacts. Notably, the deep brain regions, which typically suffer from severe distortion and low SNR in conventional acquisition, show high SNR and anatomical integrity in the Romer-EPTI images. The single-direction DWI images are also presented without noticeable image artifacts (Fig. 3B).

The calculated colored-FA maps from this data are shown in Figure 4. At this ultra-high resolution (~0.1 mm^3), the cFA maps still exhibit some noise, and after LPCA denoising, the cFA maps show increased SNR with preserved mesoscale spatial resolution (Fig. 4A). More views of the cFA maps are presented in Fig. 4B, which exhibit high-quality and high SNR. In addition to the sharp fibers in the white matter, achieving such high mesoscale resolution allows the investigation of rapidly turning fibers at the gray-white matter boundaries (e.g., U-fibers) and within the thin cortical gray matter (e.g., gyral structures), as shown by the zoomed-in tensor images. Note that denoising was only applied to calculate the mesoscale cFA maps, and all images (e.g., mesoscale DWIs) and other results presented in this work are without denoising.

Figure 5 shows the 500-μm multi-TE b=0 and diffusion-weighted images acquired simultaneously within the same Romer-EPTI dataset, with consistent high image quality and high spatial resolution across different TEs. The fitted T_2^* maps using the b=0 s/mm^2 and b=1000 s/mm^2 data are also shown. An overall lower T_2^* value was observed in the b=1000 s/mm^2 T_2^* maps compared to the b=0 s/mm^2 maps as expected due to the suppression of the free water compartment (long T_2/T_2^*) by the diffusion gradients.

Figure 6 shows the results of the motion experiment, which compares the 500-μm isotropic Romer-EPTI data reconstructed without and with motion correction. The subject exhibited translation and rotation movements up to ~6 mm/degrees (estimated motion shown in Supporting Information Figure S2). Without proper motion correction, severe image blurring and artifacts appear in both the b=0 s/mm^2 and DWI images after super-resolution reconstruction. In contrast, utilizing the proposed motion-aware Romer reconstruction, high-resolution images are reconstructed with successfully restored sharp details highlighted by the zoomed-in views. This shows the capability of Romer-EPTI to produce high-quality dMRI data at high spatial resolution even in the presence of substantial subject motion.

Figure 7 evaluates the image quality of the Romer-EPTI data at mesoscale resolutions (500-μm isotropic at 3T, 485-μm isotropic at 7T), and compares it with conventional EPI with the same in-plane resolution but thicker slices ($0.5\times0.5\times4$ mm^3 at 3T and $0.485\times0.485\times3.88$ mm^3 at 7T). In both the 3T and 7T images, conventional EPI images show severe distortion artifacts (indicated by red arrows) even with a high in-plane acceleration factor of 4, along with ghosting artifacts (orange arrows). The EPI images are also relatively blurred due to the T_2/T_2^* blurring effect at this high spatial resolution. In contrast, Romer-EPTI provides distortion-free and sharp images with high SNR. Note that thick slices were used in EPI to boost its SNR, roughly matching that of Romer-EPTI without significantly extending the scan time, for a fair image quality comparison for EPI (at the same isotropic resolution, EPI acquisition would take >30 minutes).

At 7T, Romer-EPTI enables high-quality, distortion-free whole-brain in-vivo mesoscale dMRI (Fig. 8). High-resolution dMRI on 7T poses greater challenges than 3T due to stronger field inhomogeneity and faster T_2/T_2^* decay. By shortening TE (e.g., 40 ms vs 70 ms), Romer-EPTI can better take advantage of the SNR gain offered by the increased field strength with less offsets from the shorter T_2^* (see improved SNR observed in 7T images compared to 3T in Supporting Information Figure S3). Benefiting from the higher SNR at 7T, we further increased the spatial resolution to 485-μm isotropic. The acquired mean DWI images (Fig. 8A) show high SNR and high image quality without distortion or striping artifacts. The 7T data exhibit a stronger gray-white matter contrast. The mesoscale spatial resolution reveals exquisite fine-scale structures, such as i) the thin edges of the putamen and white matter tracts, ii) the gray matter bridges spanning the internal capsule, and iii) the layered cortical folding in the hippocampus, highlighting the high spatial resolution and accuracy of this data. Image intensity inhomogeneities due to B_1 inhomogeneity are observed, particularly at the bottom part of the brain. The colored-FA maps shown in Fig. 8B also demonstrate high SNR at this mesoscale resolution.

The whole-brain high b-value imaging at b=5000 s/mm^2 and 1.2-mm isotropic resolution are shown in Fig. 9. As can be seen, Romer-EPTI provides significantly higher SNR compared to the EPI data acquired within a matched scan time. The use of single-shot EPTI encoding ensures high robustness to strong phase variations in high b-value imaging. Figure 10 shows the results of the time-dependent diffusion experiment. The mean, radial and axial kurtosis maps derived from Romer-EPTI data acquired at 2-mm isotropic resolution at five different diffusion times are presented. The mean, radial and axial kurtosis reveal clear time-dependency in both cortical gray matter and white matter (p-value <0.05).

5. Discussion and Conclusions

This study aims to overcome the major challenges in diffusion MRI acquisition, including low SNR, poor image quality, and susceptibility to motion artifacts—especially prominent when aiming for higher spatial resolutions or elevated b-values. To achieve this, we introduce the Romer-EPTI technique, which integrates an SNR-efficient rotating-view motion-robust super-resolution technique with a distortion/blurring-free self-navigated EPTI encoding. We demonstrated that Romer-EPTI provides a significant increase in SNR efficiency (e.g., $\sqrt{25}\times$), improved image quality free from distortion, T_2/T_2^* blurring, and slab-boundary artifacts, the ability to

resolve sharp spatial resolution, as well as high robustness to various sources of motion and additional multi-echo imaging. These are all achieved without introducing extra SAR or B_0/B_1 susceptibility. Using Romer-EPTI, we successfully acquired whole-brain mesoscale in-vivo dMRI at both 3T and 7T, and to our knowledge, this is the first study that has achieved this. Furthermore, Romer-EPTI's efficacy for efficient and robust microstructure imaging has also been demonstrated through high b-value and time-dependent dMRI experiments.

The whole-brain mesoscale in-vivo dMRI data acquired at 3T and 7T demonstrate the significant SNR gain and superior image quality provided by Romer-EPTI. The spatial resolution achieved in this study (~0.12 mm^3) is ~27-fold higher than the standard dMRI acquisition at 1.5 mm isotropic resolution (~3.3 mm^3), and ~4-fold higher than the high-performance 14-hour submillimeter dataset (0.44 mm^3) we have recently published (8), therefore providing much more detailed structural information to aid in future studies (113). Microstructure imaging demonstrated here, such as high-b value (10-14,25) and time-dependent dMRI (20-24,28), represents another vital application in dMRI. Using conventional acquisition methods, even at moderate/standard spatial resolution, these microstructure imaging applications can still be SNR-starved due to the strong signal decay and long TE associated with high b value. In addition, the diffusion model fitting can be sensitive to data SNR levels and may require extended scan times to boost the SNR (22,24). The successful measurement of time-dependent kurtosis in an efficient acquisition using Romer-EPTI (each diffusion time acquired in 6 mins with 26 diffusion directions with whole brain coverage) preliminarily validates its efficacy and potential to serve as an efficient acquisition tool for dMRI-based microstructure imaging.

Romer-EPTI's high SNR efficiency significantly reduces the scan time for mesoscale dMRI and ultra-high b-value imaging. For example, the conventional 2D EPI acquisition would require >30 hours to reach the same SNR level at the same mesoscale resolution of 485-µm and 500-µm isotropic achieved in our 70-80-minute Romer-EPTI data. The high SNR gain of Romer-EPTI (e.g., $\sim\sqrt{25}$ folds) results from the combination of the thick-slice Romer acquisition and the efficient EPTI readout with minimized TE and optimized readout length. Further increasing the Romer factor can provide higher SNR efficiency, but careful consideration of two factors is essential when employing a higher Romer factor. First, a higher Romer factor leads to a thicker slice thickness, and the capability of the thicker-slice volume to accurately estimate motion and physiological phase should be considered. Second, although a higher Romer factor will reduce the volume TR and enhance SNR efficiency, pushing the reduction of volume TR beyond a certain point (e.g., <2 s) may yield less gain in SNR efficiency for spin-echo-based diffusion sequences, as the magnetization cannot effectively recover within each TR. Moving to 7T, Romer-EPTI addresses unique challenges compared to 3T. At 7T, in conventional dMRI acquisition, where long EPI readouts and extended TE are employed, the anticipated SNR gain from increased field strength is offset by the inherently shorter T_2 at 7T. In contrast, the minimized TE (e.g., 40 ms vs 70 ms) achieved by Romer-EPTI better preserves 7T's SNR gain by reducing T_2 decay. The B_1 inhomogeneity is another common problem for spin-echo dMRI sequences at 7T, and future work will integrate parallel transmission and pTx pulses (114-116) with Romer-EPTI to address this.

Advanced denoising techniques and hardware can be combined with Romer-EPTI to further enhance SNR. For instance, our demonstration preliminarily show that applying denoising (LPCA) (107) to Romer-EPTI data effectively enhances the SNR of FA maps. Exploring new denoising methods (117-121) with finely tuned parameters tailored to Romer-EPTI's data and noise characteristics, or employing machine learning-based denoising techniques (122,123), holds promise for further improving SNR. Moreover, it's crucial to note that all data presented in this study were acquired on clinically accessible 3T and 7T scanners using commercially available coils. Future work will leverage high-performance MRI systems, such as Connectome 2.0 (15), MAGNUS (16), 'Impulse' 7T (124), along with custom-built high-channel receive arrays (125) for further SNR improvement. This can also enhance the achievable imaging resolution, acquisition efficiency, and attainable b-values for in-vivo diffusion MRI.

In addition to SNR, the ability of Romer-EPTI to effectively address distortion, blurring, and motion-related artifacts is critical in achieving mesoscale and high b-value dMRI, as these problems also become more prominent when increasing spatial resolution and/or b values. One key element contributing to Romer's high motion robustness is the utilization of distortion-free EPTI readout which effectively eliminates the geometric inconsistencies across the thick-slice volumes that are challenging to estimate and correct. Such effect has been often overlooked but can result in detrimental spatial blurring in super-resolution reconstruction. Romer-EPTI's robustness to motion and phase variation also benefits from its self-navigated nature. Each Romer-encoded thick-slice volume is reconstructed independently with high-SNR and can be used to estimate motion and phase variations. This makes the motion correction problems more tractable, as it decouples motion correction from unaliasing using parallel imaging and *k*-space reconstruction (e.g., multi-slab imaging), or interference with RF encodings that introduce encoding-related contrast differences and phase changes that complicate motion and phase estimation (e.g., gSlider). In the context of mesoscale dMRI, multi-shot EPTI was employed for the in-plane encoding of Romer-encoded volumes to ensure favorable reconstruction conditioning for achieving ultra-high spatial resolution. Notably, distortion/blurring-free mesoscale in-plane resolution can be achieved using only three shots. The EPTI encoding was designed with efficient self-navigation that can effectively correct for shot-to-shot phase variations. In addition, since the motion between different Romer-encoded volumes has been modeled and each of these volumes is imaged at a relatively high temporal resolution, the motion sensitivity timeframe (e.g., volume TR of 9 s using 3 shots at 485 um) of Romer-EPTI at mesoscale spatial resolution is short, compared to EPI (e.g., volume TR of ~30 s) or other thick-slab/slice acquisitions (e.g., >1 minute at the same resolution/coverage(37,73)). The self-navigation in the EPTI encoding can be used to further reduce the motion sensitivity timeframe of mesoscale dMRI down to 2-3 s. Future work will exploit EPTI's self-navigation for intra-encoded-volume motion correction (41,126). It is also worth noting that even data corruption occurs for certain encoded thick-slice volumes, they can be simply removed before Romer reconstruction without severely degrade the final high-resolution image quality, benefiting from the oversampled center with data redundancy of the rotating-view encoding. In the context of high b-value dMRI and microstructure imaging, where the strong diffusion gradient makes these applications sensitive to shot-to-shot phase variations or data

corruption, single-shot EPTI was employed for the in-plane encoding of Romer-encoded volumes that can achieve high b-value dMRI at sufficiently high spatial resolutions (e.g., 1-2 mm) in a single shot acquisition, while avoiding the intra-volume shot-to-shot phase variations and motion issues. This already achieved a motion sensitivity timeframe down to 2-3 s, making Romer-EPTI a highly efficient and motion robust acquisition for high b-value dMRI and microstructure imaging.

Other optimization in Romer-EPTI are also important in achieving high image quality and accurate reconstruction with minimal bias. Specifically, the acquisition scheme in Romer-EPTI was designed to avoid accumulative spin history effect and spatially non-uniform signal recovery, therefore providing images free from common striping artifacts. In addition, given that Romer encoding does not depend on RF encoding to resolve spatial resolution, it is inherently less susceptible to B_0/B_1 imperfections. For accurate super-resolution reconstruction, realistic slice profile modeled in Romer avoids biases (Supporting Information Figure S1B). Factors affecting the slice profile, such as B_0 and B_1 inhomogeneity, can also be modeled for each voxel to further improve the accuracy in the future. The complex value reconstruction was also designed to enable real-value dMRI (91), which reduces noise floor and avoiding magnitude bias (Supporting Information Figure S1A).

Romer-EPTI holds significant potential for clinical applications to increase spatial resolution, enhance image quality of dMRI with anatomy integrity matched with other distortion-free anatomical scans, and enable efficient microstructure measurements for identifying new biomarkers. While we have demonstrated the acquisition of 485-µm and 500-µm isotropic dMRI, achieving high-resolution dMRI in clinical settings with a whole brain coverage at 750-µm isotropic resolution, while maintaining the same SNR level, can be achieved in just ~7-8 minutes. Romer-EPTI can also be further accelerated. For instance, the current Romer reconstruction is performed independently for each diffusion encoding volume, but the rotating encoding of Romer makes it well-suited for undersampled reconstruction and acceleration methods, such as joint diffusion reconstruction (127-129). Implementing these techniques could further reduce the scan time and enhance the efficiency of Romer-EPTI in clinical applications.

Acknowledgements

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Figures and Captions

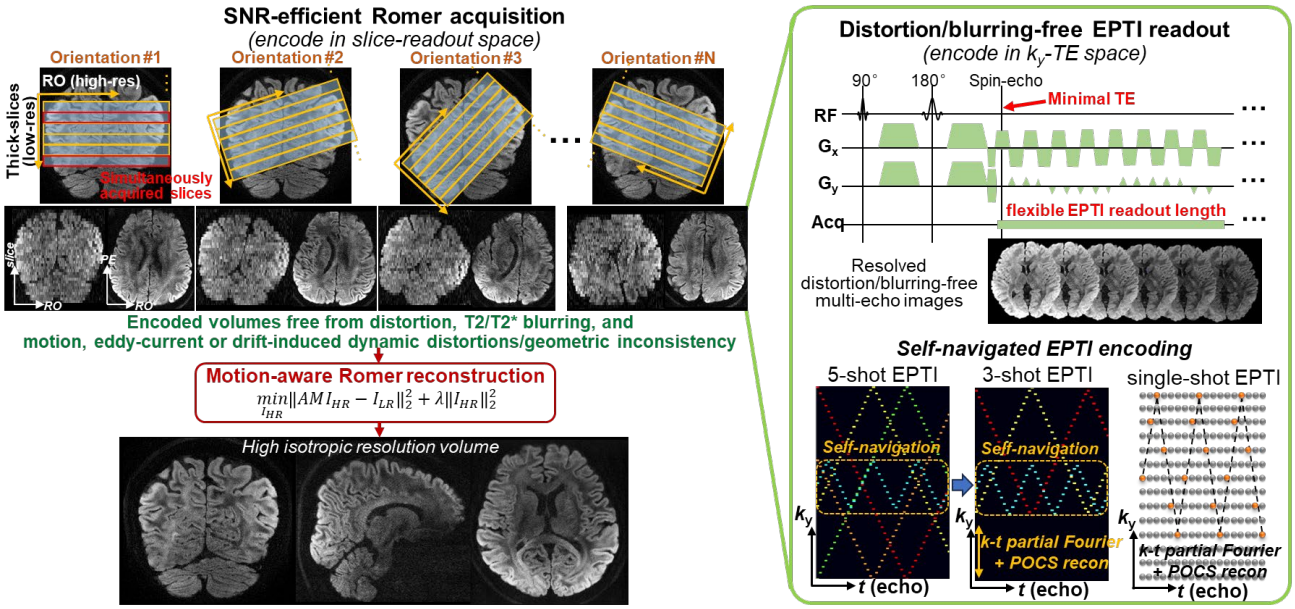

Figure 1. Illustration of Romer-EPTI. The Romer acquisition enhances SNR efficiency with high motion robustness. It encodes the slice-readout dimensions by acquiring thick-slice volumes with different slice orientations. The in-plane encoding of these Romer-encoded volumes are performed using EPTI readout, so these encoded volumes are free from i) geometric distortion, ii) T_2/T_2^* blurring, and iii) motion, eddy-current or drift-induced dynamic distortions/geometric inconsistencies between encoded thick-slice volumes, which can cause detrimental artifacts/blurring on the final reconstructed high-resolution image. Then, a motion-aware super-resolution reconstruction that incorporates motion, slice profile and real-value diffusion, is proposed to reconstruct target high isotropic resolution volume. The sequence diagram of the diffusion EPTI readout and the self-navigated EPTI encodings are presented on the right. EPTI encodes the k_y-TE space and resolves multi-echo distortion/blurring-free images across the readout. The continuous EPTI readout enables flexible readout length that is independent from spatial matrix size and can be chosen to achieve optimized SNR efficiency. The TE can be minimized by starting the readout right at the spin-echo point to avoid deadtime between 90° and 180° pulses to further improve SNR. For mesoscale imaging, a 5-shot EPTI encoding can be further accelerated to a 3-shot EPTI encoding using a *k-t* partial Fourier acquisition with POCS. For high-b value imaging, a single-shot EPTI encoding is employed to provide high robustness to physiological phase variations.

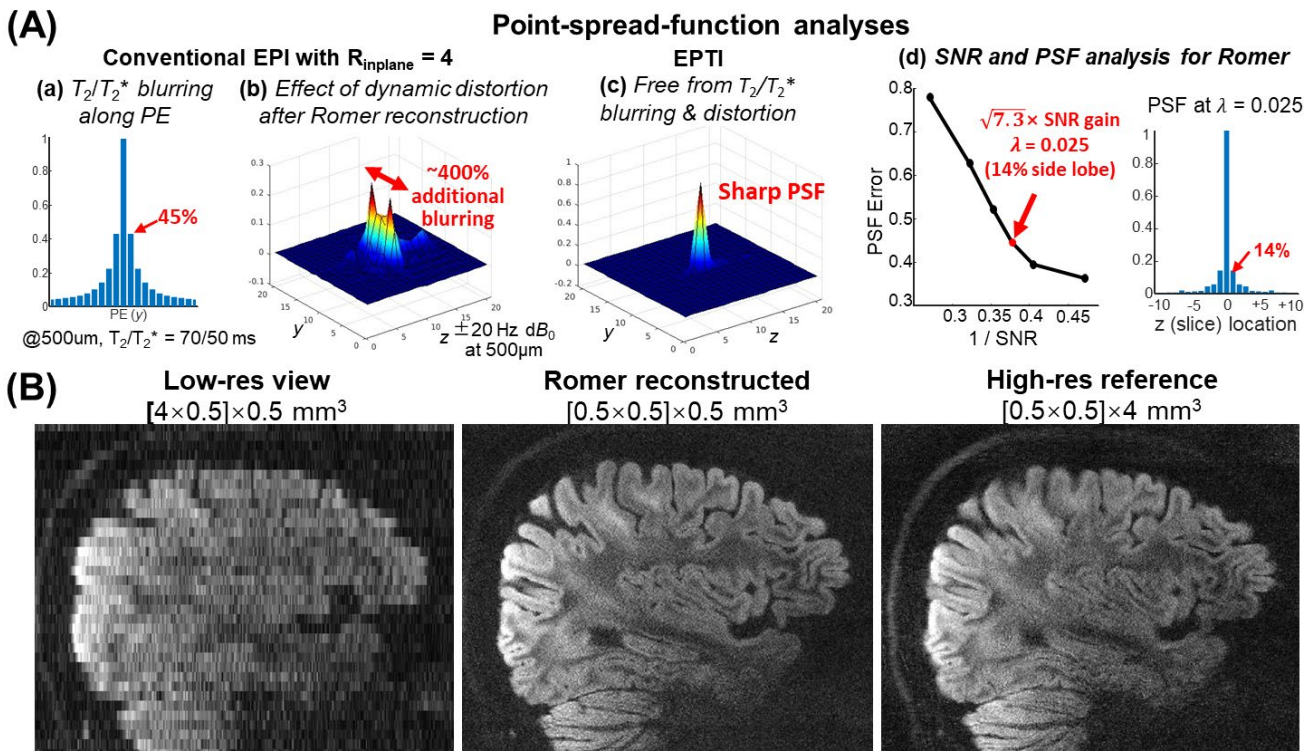

Figure 2. (**A**) Point-spread-function (PSF) analyses. a) PSF that shows the T_2/T_2^* blurring of EPI along the phase encoding (PE) direction due to signal decay across readout, with a 45% side-lobe amplitude at 500-μm resolution even with a high in-plane acceleration of 4. b) PSF that shows additional significant image blurring on the final reconstructed high-resolution image using EPI readout. This blurring is due to combining encoded volumes with dynamic distortion/inconsistent geometries caused by motion, eddy-current or drift induced field changes. A ±20 Hz dB_0 change can lead to ~400% wider PSF at 500-μm using EPI readout even with a high in-plane acceleration factor of 4, significantly compromising the effective spatial resolution. c) PSF of the final reconstructed high-resolution volume after using EPTI readout to perform in-plane encoding of the Romer-encoded volumes. The sources of blurring (T_2/T_2^* blurring and dynamic distortion) are eliminated and sharp PSF is achieved. d) PSF-error versus 1/SNR (L-curve) under different Tikhonov regularization parameters in Romer reconstruction. At a good trade-off point between PSF error and SNR ($\lambda = 0.025$), a Romer factor of 8 can achieve a high SNR efficiency gain of $\sqrt{7.3}\times$ (close to the theoretical SNR gain of $\sqrt{8}\times$), while achieving sharp resolution along slice-readout dimensions with a mild spatial blurring (~14% side-lobe amplitude) at a mesoscale resolution of 500 μm. This, combined with SMS and optimized EPTI readout, achieves an overall SNR efficiency of $\sim\sqrt{25}$. (**B**) Comparison of the low-resolution view of a thick-slice volume (left), the Romer reconstructed high-isotopic-resolution volume at the same view (middle), and the reference high in-plane resolution EPTI image at the same view (right). Romer effectively reconstructs the isotropic resolution volume with high sharp resolution and no noticeable blurring compared to the directly sampled high in-plane resolution data.

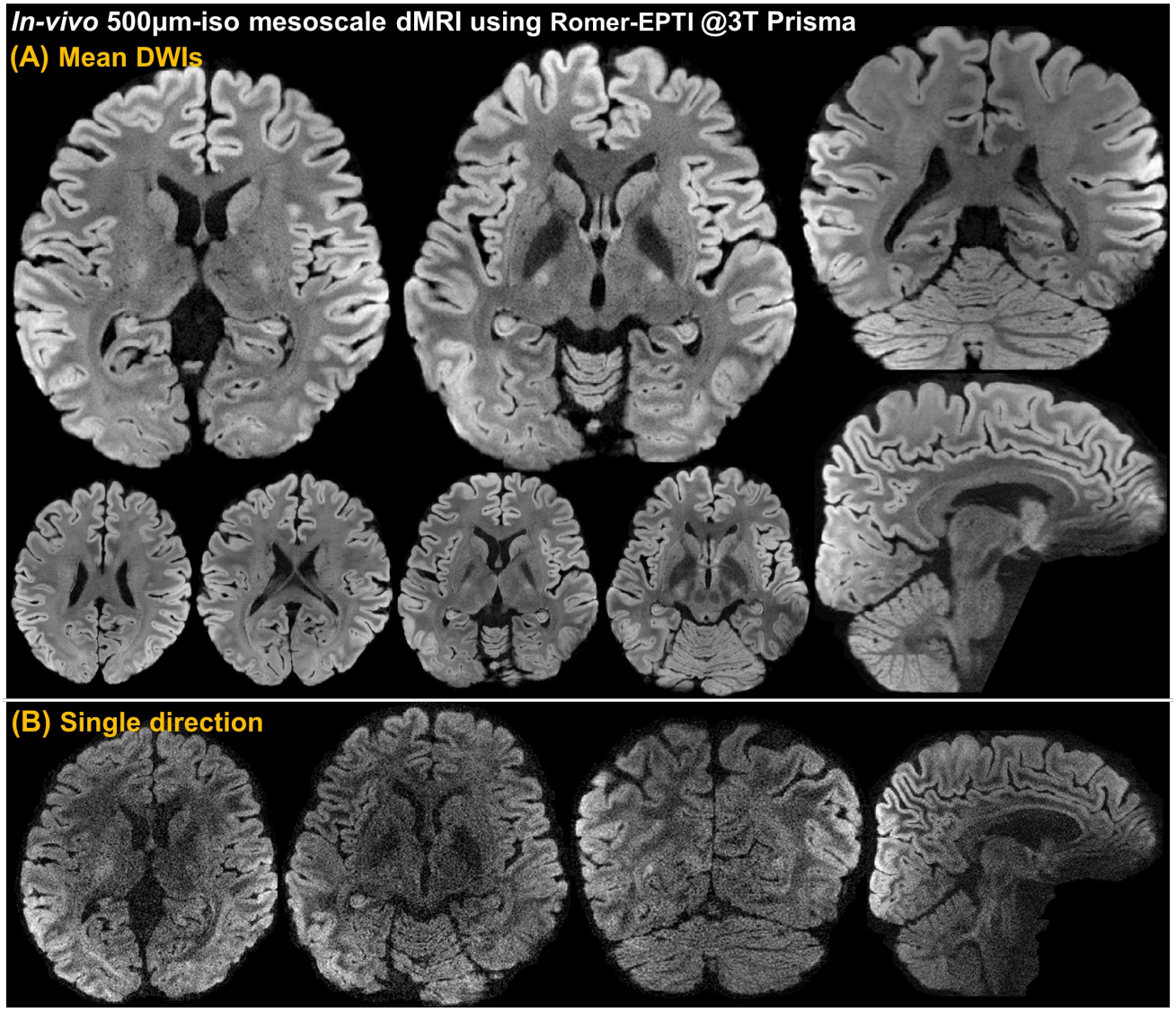

Figure 3. In-vivo whole-brain distortion-free 500µm-isotropic mesoscale diffusion data acquired by Romer-EPTI on a clinical 3T scanner. (**A**) Mean diffusion-weighted images (DWIs) of different axial, coronal, and sagittal views (b = 1000 s/mm^2). At this mesoscale spatial resolution, the diffusion images exhibit superior image quality characterized by their distortion-free, high SNR, no slab boundary artifacts, and sharp isotropic resolution. The mesoscale resolution reveals exquisite fine-scale structures such as the intricate layered cortical folding in the hippocampus and cerebellum, as well as detailed subcortical structures including deep brain basal ganglia such as the caudate and putamen, and brain stem nuclei. The deep brain regions, which typically suffer from severe distortion and low SNR in conventional acquisition, show high SNR and quality in the Romer-EPTI image. (**B**) The single-direction DWIs of the Romer-EPTI data, which are also free from distortion and slab boundary striping artifacts with high SNR and sharp isotropic resolution.

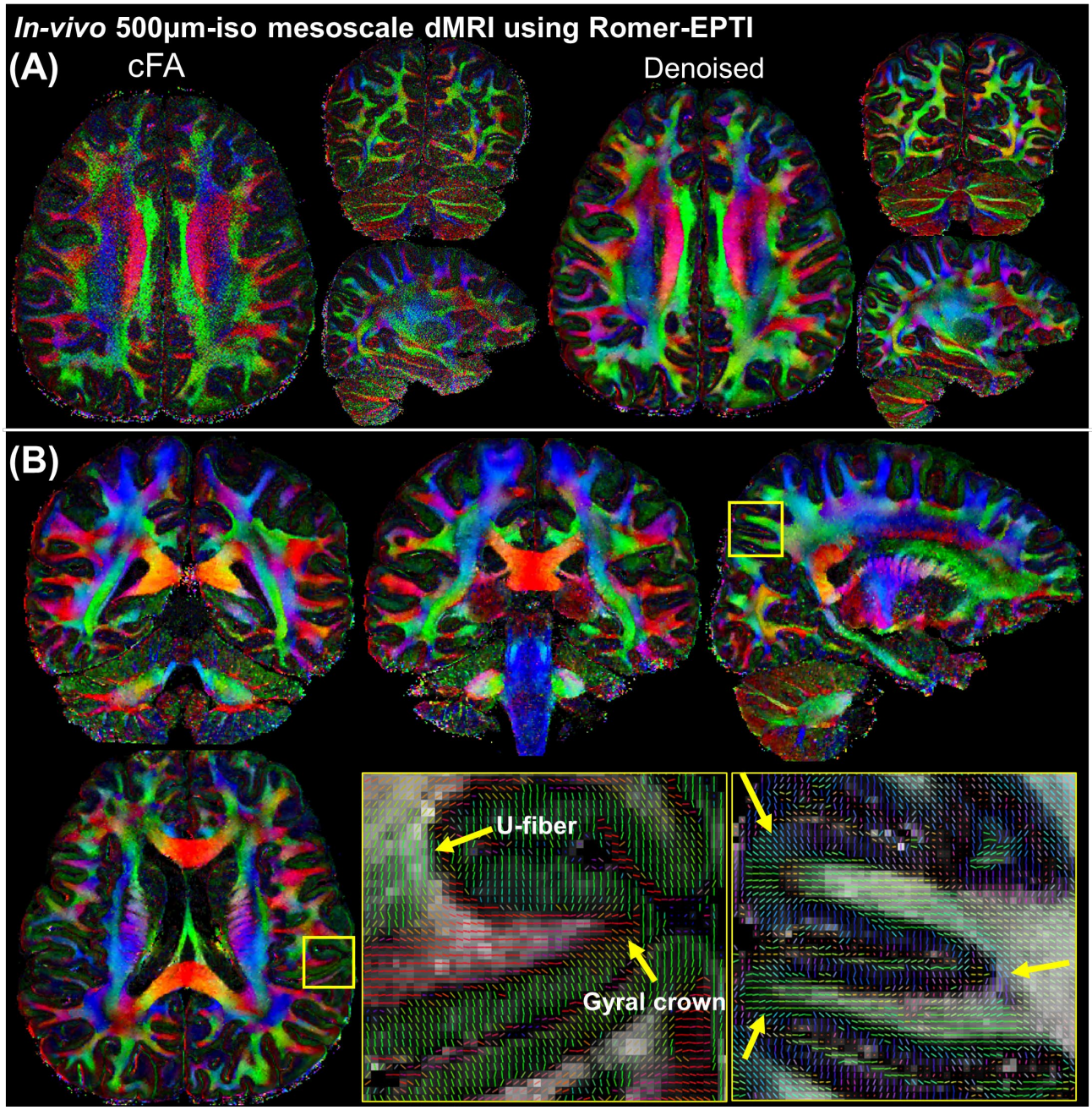

Figure 4. Colored-FA (cFA) maps calculated from the 500μm-iso mesoscale dMRI Romer-EPTI data at 3T. (**A**) The mesoscale cFA maps acquired by Romer-EPTI without and with LPCA denoising. The high spatial resolution with sharp details is well-preserved in the denoised cFAs while the noise level is further reduced. (**B**) mesoscale cFA maps reveal fine-scale structures and connectivity in both white matter and gray matter. The zoomed-in views of the diffusion tensors highlight the resolved small and rapidly turning U-fibers at the gray-white matter boundary and gyral crown within the cortex (yellow arrows). Note that denoising was only applied to calculate the mesoscale cFA maps, and all images (e.g., mesoscale DWIs) and other results presented in this work are without denoising.

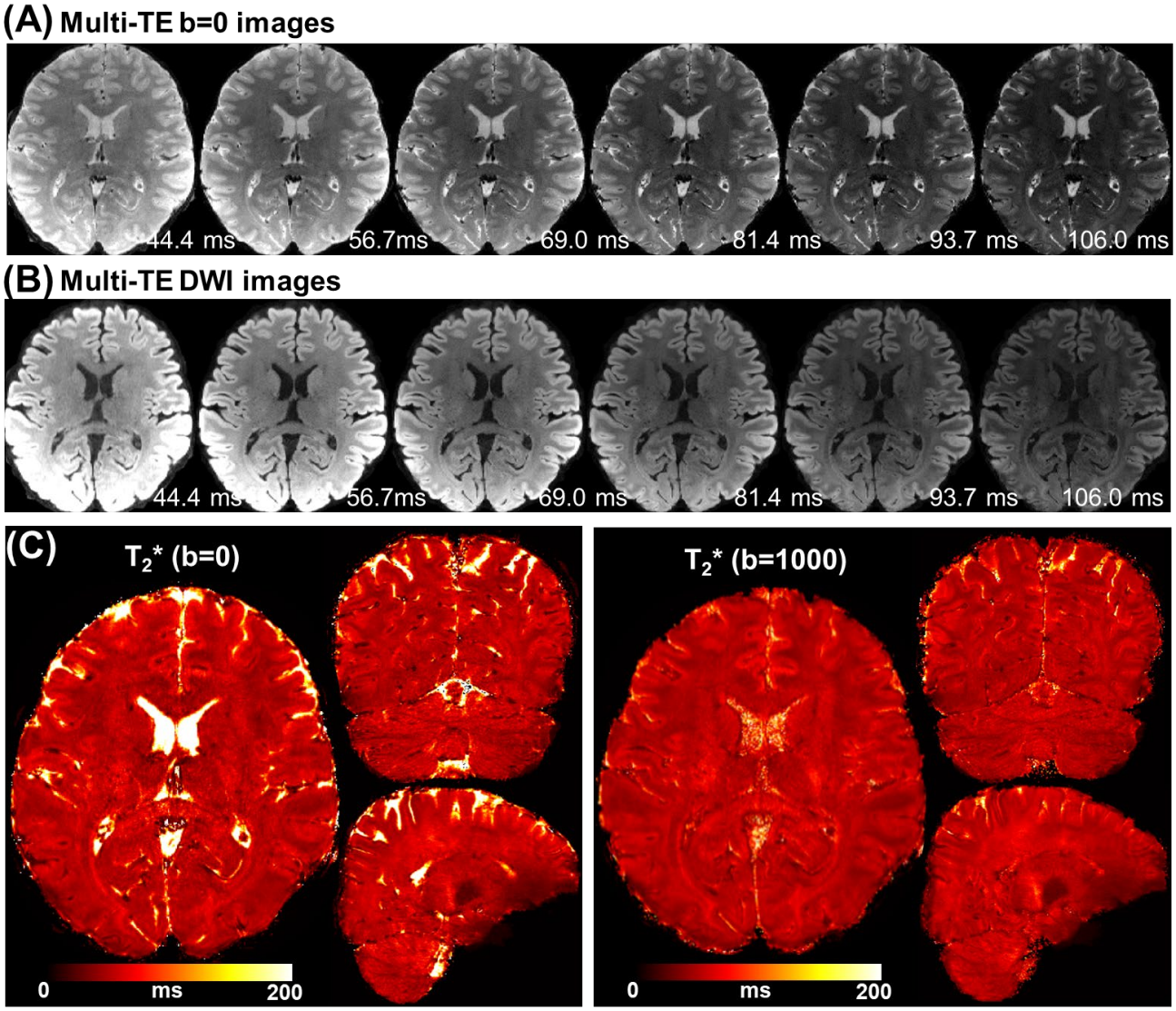

Figure 5. Multi-TE dMRI data acquired by Romer-EPTI at 500μm-isotropic resolution in the same data without additional scan time. (**A**) Multi-TE b=0 s/mm^2 images of 6 averaged echo groups from a total of 48 echoes. The effective TE of each echo group is shown. (**B**) Multi-TE DWI images (b = 1000 s/mm^2) of the same 6 echo groups. (**C**) Fitted T_2^* map using the multi-TE b=0 and DWI images presented in 3 orthogonal views. The DWI T_2^* maps exhibit overall lower T_2^* values than the b=0, because the diffusion weighting suppresses the free water compartment.

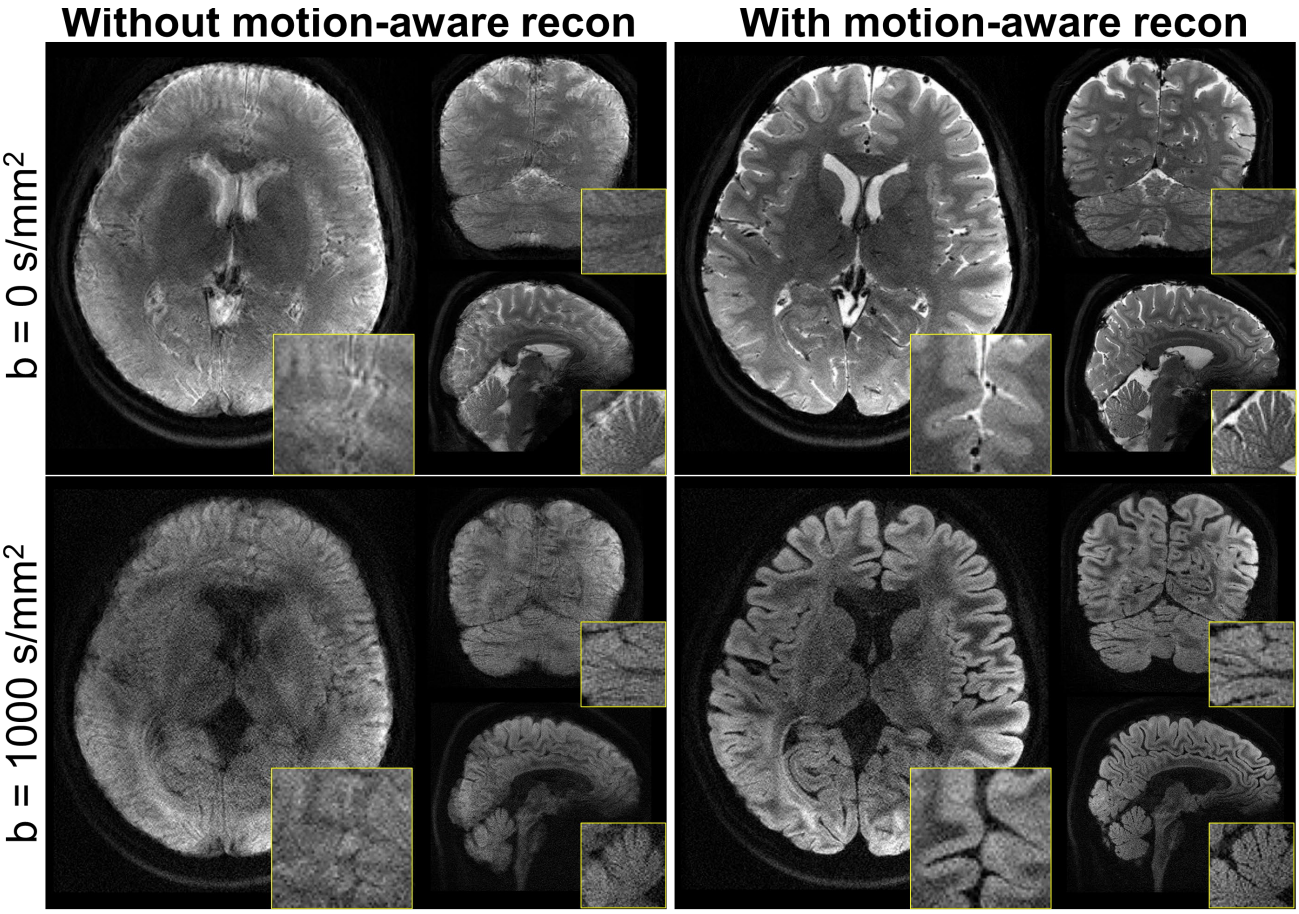

Figure 6. Results of in-vivo motion experiment comparing non-DW and DWI Romer-EPTI images without and with motion-aware reconstruction. Mesoscale 500µm-iso dMRI data were acquired at 3T while the subject was asked to deliberately move the head during the scan (with translation and rotation movements up to ~6 mm/degrees). Without proper motion correction, severe image blurring and artifacts appear in both the b=0 s/mm^2 and DWI images after super-resolution reconstruction. In contrast, the proposed motion-aware reconstruction cleans up these blurring artifacts and provides sharp high-resolution images with high image quality, as can be seen in the zoomed-in images, demonstrating the high motion robustness of Romer-EPTI.

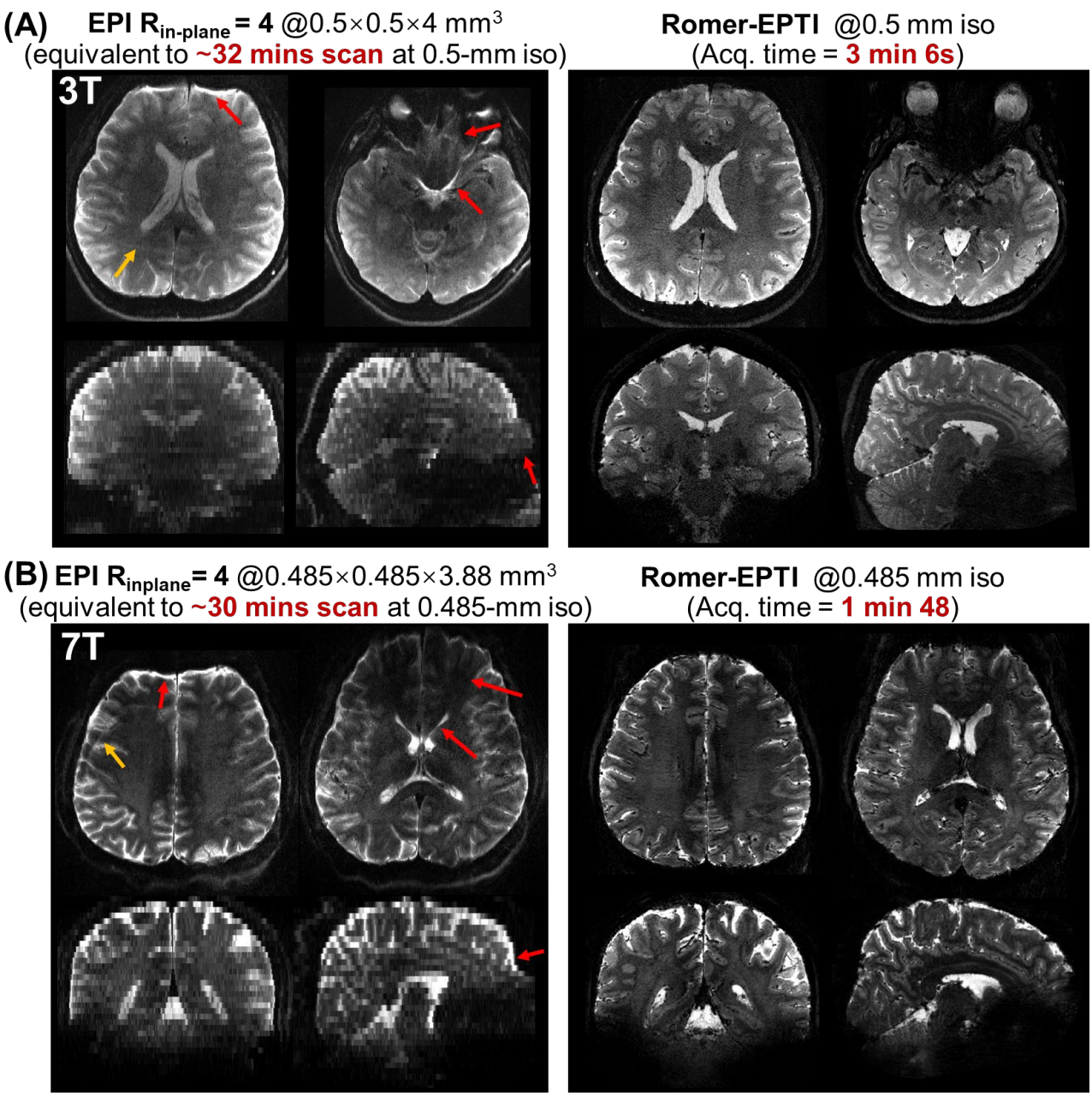

Figure 7. Image quality comparison at 3T **(A)** and 7T **(B)** between Romer-EPTI at isotropic mesoscale resolution and conventional EPI with the same in-plane resolution. In both the 3T and 7T images, conventional EPI images show severe distortion artifacts (red arrows) even with a high in-plane acceleration factor of 4, along with ghosting artifacts (orange arrows). The EPI images are also relatively blurred due to the T_2/T_2^* blurring effect at this high spatial resolution. In contrast, Romer-EPTI provides distortion-free and sharp images with high SNR. Note that thick slices were used in EPI to boost its SNR, roughly matching that of Romer-EPTI without significantly extending the scan time, for a fair image quality comparison for EPI.

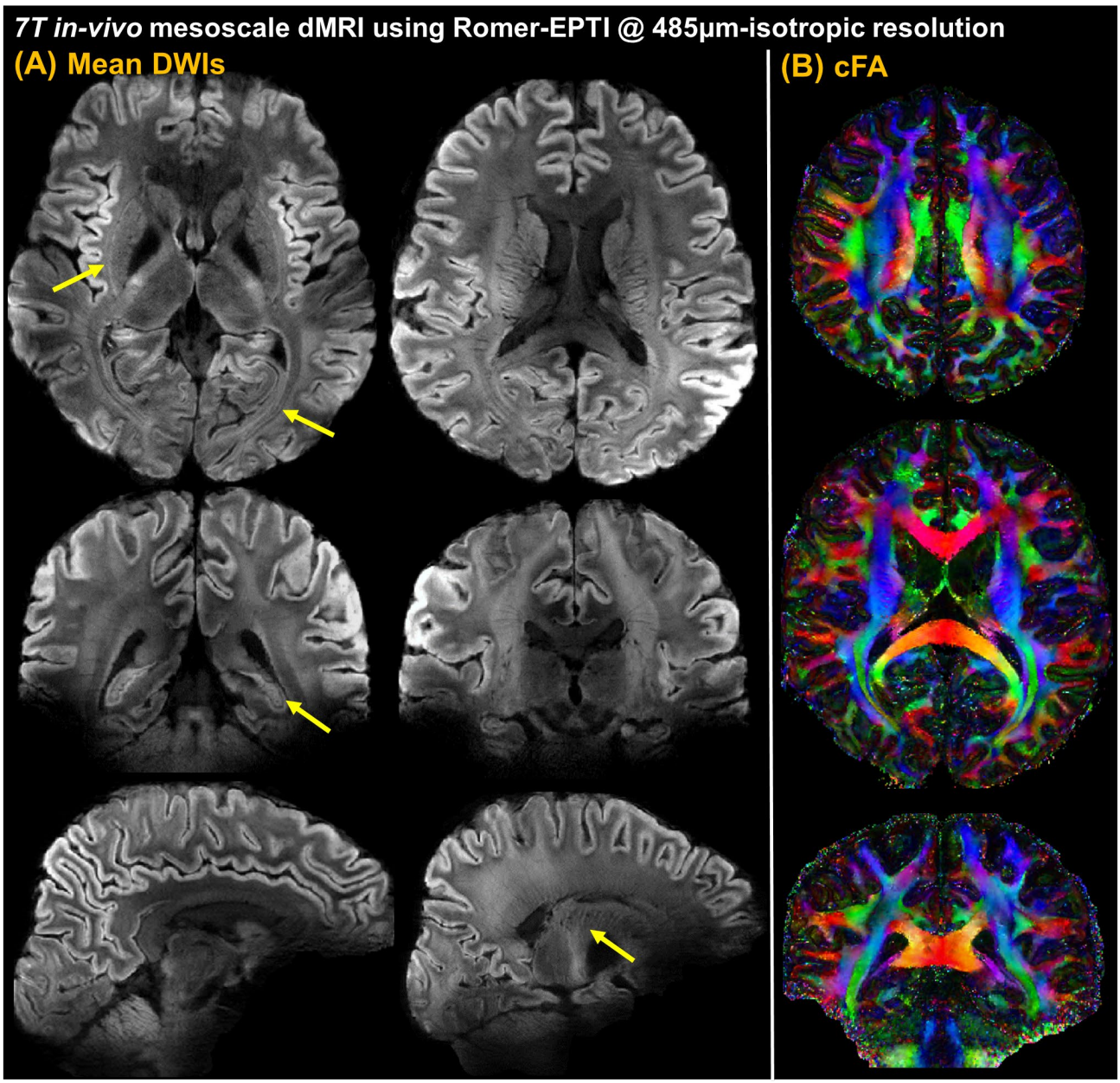

Figure 8. In-vivo whole-brain distortion-free 485µm-isotropic mesoscale resolution dMRI data on a clinical 7T scanner acquired by Romer-EPTI. (**A**) The mean DWIs exhibit high SNR with detailed structures highlighted by the yellow arrows, including the thin edges of the putamen and white matter tracts (axial view), the gray matter bridges spanning the internal capsule (sagittal view), and the layered cortical folding in the hippocampus (coronal view), highlighting the minimal blurring and high spatial accuracy of this data. There is no distortion or striping artifacts observed in this mesoscale data, and the gray-white matter contrast at 7T is much stronger than 3T. Image intensity inhomogeneities resulting from strong B_1 inhomogeneity at 7T are observed, particularly at the bottom part of the brain, which can be addressed through parallel transmission. (**B**) The colored-FA maps of the 7T mesoscale data.

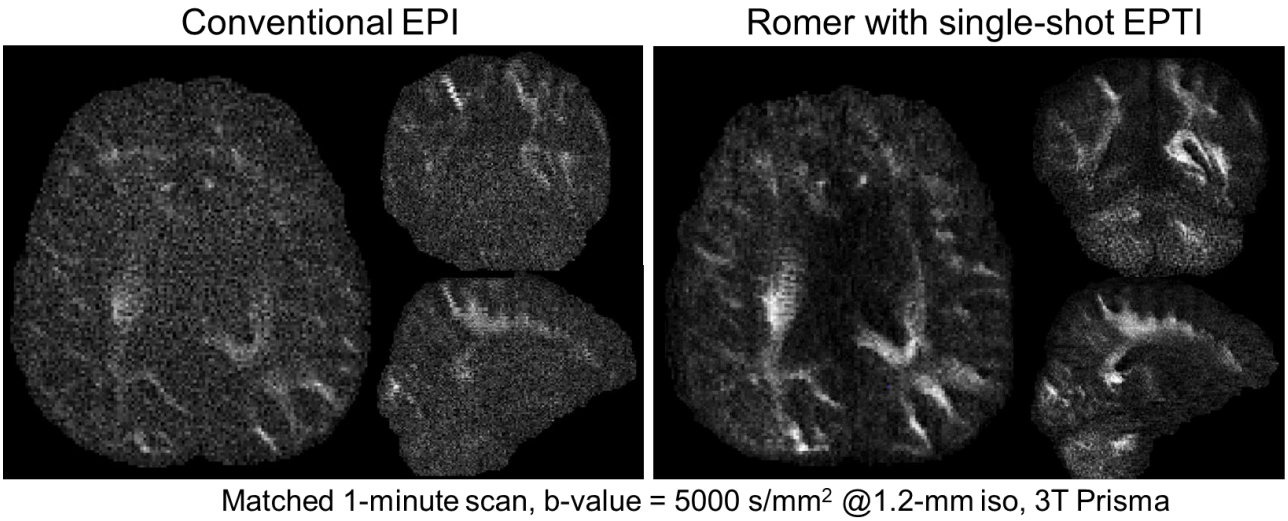

Figure 9. High b-value dMRI results at b = 5000 s/mm^2 and 1.2-mm isotropic resolution using conventional EPI and Romer-EPTI. In a matched 1-minute scan time, Romer-EPTI provides significantly higher image SNR compared to the conventional EPI data, demonstrating the high SNR gain and utility of Romer-EPTI for high b-value dMRI. The single-shot EPTI encoding ensures high robustness to large phase variations in high b-value scans.

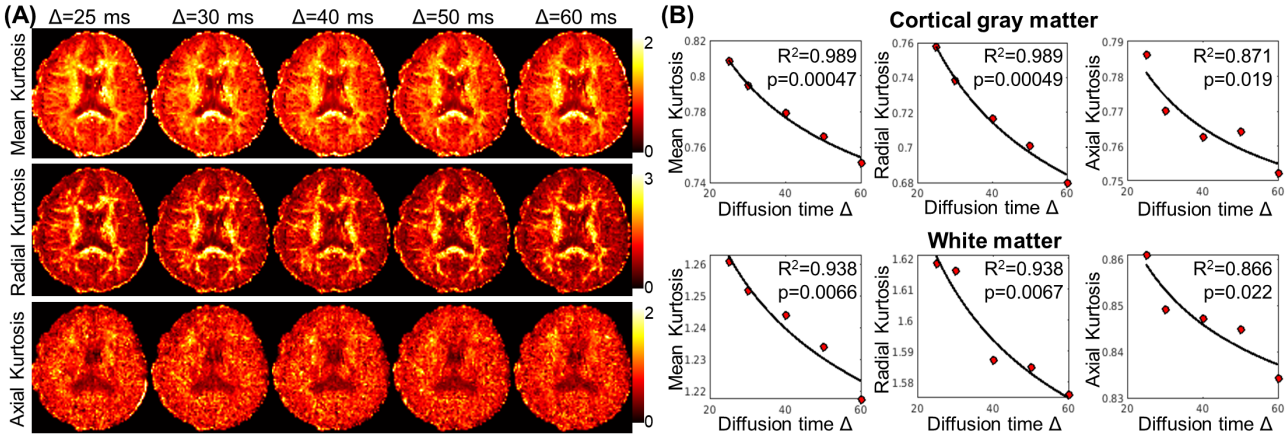

Figure 10. Results of the time-dependent diffusion experiment, where Romer-EPTI data at 2-mm isotropic resolution with whole-brain coverage at five different diffusion times (Δ=25, 30, 40, 50, 60 ms) were acquired (each diffusion time acquired in ~6 mins with 26 diffusion directions). (**A**) Mean, radial and axial kurtosis maps derived from data at the five diffusion times. (**B**) Mean, radial and axial kurtosis in cortical gray matter and white matter plotted as a function of diffusion time, where clear time-dependence is observed ($p<0.05$).

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