1 **Title:** Long-term evolution experiments fully reveal the potential for
2 thermal adaptation

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Abstract

Global warming is leading to worldwide biodiversity decline at a fast pace.
Evolutionary responses may be crucial in allowing organisms to cope with prolonged
effects of climate change. This urges the need for a better understanding of the
dynamics of adaptation to warming environments. In particular, addressing how
reproductive success evolves in deteriorating environments is extremely relevant, as
this trait is more likely constrained at lower temperatures than upper physiological
thermal limits. Experimental evolution under a warming environment can elucidate the
potential of populations to respond to rapid environmental changes. The few studies
following such framework lack analysis of long-term response. We here focus on the
long-term thermal evolution of two *Drosophila subobscura* populations, from different
European latitudes, under warming temperatures. We estimated the reproductive
success of these populations in two test environments: the ancestral (control) and the
warming environment after 39 and 52 generations of thermal evolution. We found that
a relevant long-term adaptive response to warming temperatures can occur, but the
pace of such response is slow. In addition, we observed contrasting responses in the
ancestral environmental and differences in the evolutionary dynamics between
populations of distinct histories, with those originally from higher latitude only
showing an adaptive response under the to the warming environment regime in at a
later generation. This study reinforces the need for long-term evolution experiments to
fully reveal the potential for thermal response. It also highlights that the scrutiny of
several populations in this context is needed for a measure of variation within a
species. Accounting for these sources of variation - both temporal and spatial - will
allow for more robust assessments of climate change responses.

Keywords: Thermal adaptation, Experimental evolution, Long-term evolution,
Climate change, Fertility, Drosophila

Introduction

Climate change is causing declines in biodiversity at an unprecedented pace and is likely to continue doing so in the future (IPCC 2023). Evolution may play an important role in enhancing organisms' ability to cope with the prolonged effects of climate change (Urban et al. 2016). It is thus crucial to understand the dynamics of adaptation to sustained warming temperatures to better predict the impacts of climate change (Martin et al. 2023; Edelsparre et al. 2024). In particular, addressing how reproductive success evolves in warmer environments is extremely relevant, as it has been shown that negative effects of heat stress on fertility occur quite often at lower temperatures than physiological impairment (Walsh et al. 2019a,b; Parratt et al. 2021; van Heerwaarden and Sgrò 2021). In fact, fertility patterns have been shown to track species' geographical distribution in nature, highlighting its role as a predictor of biodiversity changes due to climate change (Parratt et al. 2021; van Heerwaarden and Sgrò 2021).

The possibility of an adaptive response to a deteriorating environment is shaped by two main factors: the standing genetic variation within populations and the rate of environmental change (Burger and Lynch 1995; Bell 2017). The amount of genetic variation sets the limit to the rate of environmental change a given population can sustain. If genetic variation is present and provided that the environmental change is not too high, the average phenotype may evolve in parallel though lagging behind the changing optimum. In contrast, when genetic variation for fitness-related traits is low and/or evolutionary constraints between traits occur, the rates of evolution will be limited and populations may not be able to keep pace with environmental change (Burger and Lynch 1995). Low population size will expectedly compromise genetic variation and as such will hinder the effectiveness of evolution (Gomulkiewicz and Holt 1995; Martin et al. 2023). Under such demographic scenario, adaptation to the new conditions may only be possible if the rate of environment change is very slow or ceases (Hoffmann and Sgró 2011; Lindsey et al. 2013; Bell 2017).

Experimental evolution is a powerful tool to deepen our understanding about the tempo

and mode of thermal evolution, as it allows to follow the real-time evolution of populations under

relevant thermal settings (Kawecki et al. 2012; Rogell et al. 2014; Kellermann and van Heerwaarden

2019; Santos et al. 2021; van Heerwaarden and Sgrò 2021). Furthermore, it allows to directly test

the role of specific environmental factors, e.g. such as temperature, while confounding

environmental effects are minimized relative to field studies. Some studies in ectotherms (mostly

Drosophila) have focused on evolutionary responses of reproductive traits to experimental warming

but most have covered a limited temporal range – around 20 generations or less (Schou et al. 2014;

Kinzner et al. 2019; van Heerwaarden and Sgrò 2021). In general, these studies have found limited

evolutionary response to warming in reproductive traits (Schou et al. 2014; Kinzner et al. 2019; van

Heerwaarden and Sgrò 2021). On the other hand, Rogell et al. (2014) found an evolution of

increased reproductive performance in response to incremental warming (rate of 0.3°C per

generation) during 18 generations, with populations of seed beetle *Callosobruchus maculatus*

evolving under higher temperatures presenting increased offspring production relative to their

controls. Importantly, this effect on fecundity was only observed 23 generations after the

incremental setting   (Rogell et al. 2014) and not immediately after the increment (Hallsson and

Björklund 2012). These experiments suggest that the tempo of adaptive change to new thermal

conditions is likely slow – possibly due to limited genetic variation for reproductive traits - and that

a rapid rate of environmental change poses serious problems to a timely adaptive response. In

addition, reductions in genetic variation might result from prolonged evolution under stressful

conditions due to the continuous effects of genetic drift when effective population size is rather low

and/or there are population crashes causing bottlenecks. Considering these different sources of

genetic variation, long-term responses to incremental temperatures may be highly variable

between populations and species. One caveat of the thermal experimental evolution studies

reported above is that they neglect effects of variation at the inter-population level - namely by

studying different geographical populations of a species - and how it affects the adaptive response.

Experimental evolution studies under controlled conditions offer the possibility to assess

adaptation to specific conditions as well as to detect associated costs of adaptation by testing

control and experimental populations in both the ancestral and a novel environment during real-

time evolution, something that is not straightforward in field studies (though this may be achieved

through reciprocal transplant experiments, Kawecki and Ebert 2004). Adaptation to a specific

thermal environment can lead to a reduced performance in the ancestral (thermal) environment,

for instance, due to the expression of genes with antagonistic pleiotropy (Kawecki and Ebert 2004).

However, detection of costs of adaptation in general has been evasive possibly because of their low

magnitude (Hereford 2009; Bono et al. 2017).

Drosophila subobscura is a species that shows evolutionary responses to climatic factors

with repeatable clines of body size (Huey et al. 2000; Gilchrist et al. 2004) and chromosomal

inversions (Prevosti et al. 1988). The inversion polymorphism in this species is particularly relevant

as it tracks global warming (Balanyà et al. 2006; Rezende et al. 2010). This species also presents

high levels of thermal plasticity for reproductive traits(Fragata et al. 2016; Simões et al. 2020;

Santos et al. 2021). Our team has been studying how populations of this species evolve under an

increasingly warmer environment (Santos et al. 2021). We have been focusing on populations

originally from northern (high latitude) and southern (low latitude) European locations and

maintained as separate populations for 70 generations in a benign laboratory environment, to

address the relevance of different historical backgrounds during thermal evolution (Santos et al.

2021, 2023a,b). Prior to the imposition of the thermal selection regime, in agreement with

expectations, these populations showed evidence of fast adaptation to the lab environment during

around 30 generations of laboratory evolution - the stronger phase of lab adaptation (Simões et al.

2017). Despite this clear phenotypic response, karyotypic and genomic differentiation resulting

from the distinct historical origins was maintained in that period (Simões et al. 2017; Barreira 2023).

To study thermal adaptation in these populations, we applied an incremental warming

regime (0.2°C increase per generation) until generation 24 and then the thermal environment was

kept the same across generations until the end of the experiment, in a daily fluctuating regime

spanning both high and low temperatures (with daily peaks of respectively 11°C and 5°C above and

below 18°C, the control conditions). Given the fact that this warming regime includes daily

fluctuations and considering the steeper decline in fitness towards upper thermal limits - typical of

thermal performance curves – this will likely lead to a higher impact of high temperature on

organism performance (i.e. due to the expected effect of Jensen's inequality, see (Martin and Huey

2008; Colinet et al. 2015). This effect would enhance selective pressures towards adaptation to the

high temperatures, contributing to a selective response to warming. We previously found that the

evolutionary response of populations to warming conditions was slow and specific to the history of

the populations. In fact, thermal adaptation was only observed in the populations of low latitude,

and only after 39 generations, while neither population showed signs of an evolutionary response

after 22 generations in the warming environment (Santos et al. 2023b). We also found minor

evidence supporting costs for thermal adaptation in the populations of southern origin (Santos et

al. 2023b). It remains to be tested whether longer-term evolution would allow for an adaptive

response in the higher latitude populations. These findings call for a better understanding of the

evolutionary dynamics of thermal responses that can occur in different populations.

We here focus on the long-term adaptive response of our warming-evolved populations by

analysing their reproductive success after more than 50 generations of thermal evolution.

Additionally, we aim to test the dynamics of thermal adaptation, comparing the response to that of

generation 39 (Santos et al. 2023b). Finally, coupling data from both long-term assays (generations

39 and 52) we allow for a more robust analysis of the adaptive response. Specifically, with such long

term analysis we expect that: 1) the fact that the warming regime was kept unchanged for more

than 25 generations by the time the last assay was conducted will have facilitated the adaptive

response in both high and low latitude populations; 2) by assaying populations in the ancestral and

the warming environment we expect a stronger response in the warming environment and

eventually adaptive costs expressed by a poor performance of warming populations in the control

environment.

Material and methods

Population maintenance and thermal selection regimes

The experimental populations used in this study were obtained from two collections of natural

populations of *Drosophila subobscura*, done in August/September 2013 in Adraga, Portugal (38°48□

N) and Groningen, The Netherlands (53°13□ N). 213 founder females were collected in Adraga and

170 in Groningen (Simões et al. 2017). These collections gave rise to the PT and NL laboratorial

populations. In the two first generations in the lab, females were maintained as families to avoid

losing genetic variability due to sampling effects in the initial generations of lab foundation (see

Fragata et al. 2014, cf. Santos et al. 2013). Outbred populations were originated in generation three

as described in Fragata et al. 2014. These populations were maintained in 30 cm3 glass vials with

controlled densities in eggs (70 eggs per vial) and adults (40 adults per vial), with discrete

generations of 28 days, 12L:12D photoperiod and a constant 18°C temperature. 18°C is a benign

temperature for this species (e.g. see Santos et al. 2005, Fragata et al. 2014) so we do not expect

that temperature *per se* is a major factor in determining patterns of lab adaptation. At the start of

each generation, eggs laid by adults during a 24h period were counted and allocated to

developmental vials (24 vials per replicate population). Upon emergence, imagoes were collected

from each development vial during four days. These individuals were subsequently mixed together

with CO_2 anaesthesia, redistributed as adults in 24 vials per replicate population and maintained for

one week. After that, egg collection for the new generation took place. As such, adults were seven

to ten days old. By generation four in the lab, three replicate populations were created of each

founding population, leading to PT1-3 and NL1-3 populations.

This maintenance protocol was maintained for 70 generations, after which a new thermal

selection regime was created. The derivation of the new thermal regime was done by dividing the

egg collection of each ancestral PT and NL replicate population in equal parts, that were assigned to

the two different temperature regimes: the control with the standard maintenance protocol, at

constant 18°C) and the warming regime (the new thermal regime, see Figure 1 and below). For

example, the NL1 replicate population generated the control NL1 and the warming WNL1

populations. PT and NL population, used as control populations in the experiment, are assumed to

represent the ancestral state of the WPT and WNL populations, being maintained as much as

possible in synchrony with the warming populations (see also Figure 1).

The new, warming regime had a daily fluctuation cycle that ranged between 15°C and 21°C

and increased its daily mean temperature (0.18°C) and amplitude (0.54°C, with a lower minimal and

higher maximal daily temperature) every generation – see Supplementary Figure 1. The increase in

mean temperature in the warming regime (0.18 per generation) agrees with the expected rate of

temperature increase per decade (0.19–0.63°C, (IPCC 2023)). In addition, the ratio of increase of

thermal amplitude relative to the mean increase (0.54/0.18) is also aligned with the IPCC

predictions (2/1). However this variation in amplitude does not intend to mimic changes in

diurnal:nocturnal amplitudes as expected in nature *per se*. The rate of environmental change we

imposed was high, aiming to address the potential for thermal evolution in an ectotherm species. It

is comparable to the warming rates used in other experimental evolution studies (e.g. Schou et al.

2014; Rogell et al. 2014).

All experimental populations were subjected to the maintenance protocol described above,

only differing in the thermal regime imposed. Specifically, egg density and adult density (70 eggs

and 40 adults per vial), the one-week of adult life duration and an egg-laying period of 24h for egg

collection to the next generation were maintained as in the ancestral populations. However,

evolution in the warming regime led to a decoupling in generation time – from 28 days to 24 days

by the time of the experiment - given the faster developmental time of populations evolving under

this thermal regime. This is expected based on the association between developmental time and

temperature. PT and NL population We do not expect high selective pressures for faster

development as the vast majority of individuals emerged within the 4-day emergence collection

period we applied and could therefore potentially contribute to the next generation.

Nevertheless, by generation 22, when the peak temperature in the warming regime

reached 30.2°C, there was a significant crash in adult census sizes due to high juvenile mortality for

all warming populations, which also occurred at generation 24 (average sizes of 200 and 250

respectively). As a result of this, we had to reverse the warming cycle back to the cycle of

generation 20 (Santos et al. 2023b). This cycle, with a mean temperature of 21.4 °C and a

fluctuation between 13.5°C to 29.4°C, was then maintained till the end of the study and was the

warming environment applied in phenotypic assays (see Supplementary Figure 1 and also details

below). Apart from the population crashes referred above, very low population census sizes were

only observed by generation 44 that motivated a two-generation transfer of the warming

populations to control conditions to allow for population recovery. Otherwise, population sizes

were generally high throughout the study (between 600-1000 individuals) – see Table S1.

Experimental assays

This study includes data from the reproductive success of warming populations analysed at

generations 39 and 52 of thermal adaptation. Data from the assay performed at generation 39 was

already published in Santos et al. (2023b). In both assays, an orthogonal design was applied with

Warming and Control populations being tested in each (Warming and Control) environment.

The assay of generation 39 involved twenty pairs of flies – placed in individual glass vials -

per replicate population and environment. We used an experimental design with blocks, with each

block corresponding to all same numbered replicate populations representing each Regime and

History (e.g. block 1 included NL1 and WNL1, as well as PT1 and WPT1). Several racks were

required in each block to cover all corresponding samples, and a pseudo-randomized approach was

implemented, each rack having a subsample of each population of the corresponding block, with

vials aligned per replicate population but with the relative positions changing between racks. In

total, 480 pairs of flies were studied in this assay (20 pairs × 3 replicate populations × 2 thermal

selection regimes (control vs warming selection regimes) × 2 historically differentiated populations

(low vs high latitude) × 2 test environments (warming and control test environments) – see also

(Santos et al. 2023b). At generation 52, an additional assay was performed involving sixteen pairs

of females and males per replicate population and environment, in a total of 384 pairs of flies (16

pairs × 3 replicate populations × 2 selection regimes × 2 historically differentiated populations × 2

test environments).

In both assays, we estimated reproductive success as the total number of offspring derived

from eggs laid by each mating pair at day 9 of adult age (a 24-hour laying period), that emerged

during a 10-day period starting from the first day of emergence (maintained in the same test

environment as the assayed parental generation). The ninth day of adult life was chosen as it is

within the interval of the age of individuals contributing to the next generation during our

population maintenance system (~ 6 to 10 days of age). Maternal environmental effects were

minimized by maintaining all assayed populations for one full generation in the control environment

prior to the assay.

Statistical methods

Data from each mating pair was used as raw data in the analyses. These included Linear mixed

effects models, defining a "sum to zero" contrast option for each factor. These are orthogonal

contrasts, in which the intercept refers to the average treatment effect and differences are

estimated between each of the treatment means (levels) relative to the average treatment mean.

Generalized linear mixed-effects models (GLMM) were applied on the whole dataset and tested

with different distributions - poisson, quasipoisson, and negative binomial. To account for zeros in

our dataset, zero-inflated and Hurdle models were also tested. The best overall model, based on

the lowest values of Akaike information criterion (AIC), was the one assuming a quasipoisson

distribution with the inclusion of a parameter accounting for zero inflation. This distribution was

used in all analyses. Significance levels were obtained by applying Type III Wald chisquare tests.

We applied two overall models to the data of assays from generation 39 and 52, that varied in the

random factor defined (for simplicity interactions with random factors are not presented but were

included):

(1) $Y = \mu$ + History + Selection + Environment + Generation + AP{History} + History × Selection +

History × Environment + History × Generation + Selection × Environment + Selection ×

Generation + Environment × Generation + History × Selection × Environment + History ×

Selection × Generation + History × Environment × Generation + Selection × Environment ×

Generation + History × Selection × Environment × Generation + ε

(2) $Y = \mu$ + History + Selection + Environment + Generation + Block + History × Selection +

History × Environment + History × Generation + Selection × Environment + Selection ×

Generation + Environment × Generation + History × Selection × Environment + History ×

Selection × Generation + History × Environment × Generation + Selection × Environment ×

Generation + History × Selection × Environment × Generation + ε

In model (1), AP{History} is a random factor, that represents the Ancestral population (NL1-3; PT1-3)

nested in the fixed factor History (PT low latitude vs NL high latitude). Thus, this term accounts for

the variation between replicate populations considering the pairing due to their shared ancestry

(e.g. NL1 is the ancestral population of NL1 and WNL1, nested in NL origin, etc.). Block is a random

effect in model (2), being the set of same-numbered replicate populations assayed in the same

pseudo-randomized experimental rack. Y is the trait under study, reproductive success. Selection is

a fixed factor corresponding to the two thermal selection regimes (Warming and Control selection

regimes), Environment is the fixed factor Environment representing the test environments used in

the assays (Warming and Control test Environments), and Generation is the fixed factor

corresponding to the two generations assayed (39 and 52). All other terms in the model represent

the interactions between the fixed factors. Model (1) – ancestral population as random factor - was

chosen based on lower AIC values. Considering the complexity of the model, we decided to simplify

it by removing non-significant higher-order (four and three-way) interactions of fixed factors as well

as their corresponding interactions including random factors. We then compared AIC values of the

overall and the simplified models (see the simplified model in Table 1 and the complete model in

Table S2), testing for increased fit. Considering the lower AIC values of the simplified model, we

chose to interpret this model in the results section. Considering the results of the simplified model,

namely the highly significant Generation term and the marginally significant Selection x Generation

interaction we performed additional separate analyses for the data of each generation (39 and 52).

All analyses and figures were done in R v4.3.3, with glmmTMB, car and ggplot2 packages

(Wickham 2016; Brooks et al. 2017; Fox and Weisberg 2019).

Results

To assess long-term adaptation in our warming populations we performed an overall analysis including both assays, done at generations 39 and 52 (see Table 1 and Figure 2). We observed strong evidence for differentiation in reproductive success between thermal selection regimes (significant *Selection* factor, Table 1), with a general better performance of the warming populations relative to the controls (with the exception of the patterns for the low latitude populations in the control test environment, see Figure 2 and below). We also obtained very strong evidence of a lower performance of populations when assayed in the warming test environment (significant *Environment* factor, see Table 1 and Figure 2). Importantly, we also observed that differences between thermal selection regimes changed greatly across test environments, with the warming populations showing a better performance than controls in the warming environment but less so in the control environment (significant Selection $\times$ Environment interaction; see Table 1). These differences between selection regimes across test environments were particularly evident in the case of the low latitude populations where the sign of differences reversed between environments mostly at generation 39 (see Figure 2 and below). We also found very strong evidence for variation in performance between generations, with a generally higher performance at generation 39 (significant *Generation* factor, see Table 1). Despite this, we did not find any evidence for relevant interactions of other fixed factors with generation, suggesting that the differences between generations were mostly environmental (due to asynchrony of assays) and that differences between populations of different selective regimes across environments were maintained across generations (e.g. non-significant *Selection* $\times$ *Environment* $\times$ *Generation* interaction, see Table 1). The only exception was a weak evidence for differences between selection regimes across generations (when considering both test environments) with generally higher differences between selection regimes at generation 52 than at generation 39 although this is not a conspicuous pattern (marginally significant *Selection x Generation* interaction, see Table 1 and Figure 2).

Despite the weak evidence for differences between thermal regimes across generations (see Table 1), we found advisable to analyse data from each generation separately, to address

specific patterns in each generation while at the same time comparing results between the two

assays.   In general, we found a higher performance in the control test environment in both

generations, as expected (significant *Environment* factor, χ2 = 163.10, p < 0.001 for generation 39,

χ2 = 128.03, p < 0.001 for generation 52; see Table S3). Also in both assays we found strong

evidence for differences in the relative performance of thermal selection regimes across test

environments, with generally higher differences between warming and control populations in the

warming test environment than in the control one (significant Selection x Environment interaction,

χ2 = 7.540, p = 0.006 for generation 39, χ2 = 7.249, p = 0.007 for generation 52; see Table S3). In

contrast, a moderate evidence for historical differences in the effect of selection across test

environments was only found at generation 39 (significant *History x Selection x Environment*

interaction, χ2 = 3.851, p = 0.049; see Table S3). Specifically, this was due to the pattern observed in

the low latitude populations at generation 39, with the sign of differences between warming and

control populations changing across test environments (Warming > Control populations in the

Warming test environment; Warming < Control populations in the Control test environment). This

effect, already reported in Santos et al (2023), was not observed at generation 52 (non-significant

History x Selection x Environment interaction, see Table S3; see also Figure 2).

We estimated effect sizes for the differentiation – through Cohen's d estimates - between

thermal regimes by generations 39 and 52 (see Table S4). Let us consider first the low latitude

populations. In the warming test environment at generation 39, the warming regime clearly

outperformed the control, with a "very large" differentiation between the thermal selection

regimes (Cohen's d of 1.67, Warming > Control populations). By generation 52 the differentiation

between selection regimes in this test environment was still present but changed to "large"

(Cohen's d of 0.99, Warming > Control populations). In the control test environment, the already

described pattern of inverted sign showed a "large" effect (Cohen's d of 1.06, Control > Warming

populations) when tested at generation 39 but just a "small" differentiation by generation 52

(Cohen's d of 0.29), suggestive of an evolutionary reduction of differences between selective

regimes in the ancestral environment (see Table S4). As for the high latitude populations, there was

a "small" differentiation in both test environments between selective regimes at generation 39

(Warming > Control populations), with an increase in performance of the warming populations

relative to the controls being observed at generation 52 in both test environments: a "large"

differentiation between thermal regimes in the warming environment (Cohen's d of 0.83, Warming

> Control populations), and even "very large" in the control environment (Cohen's d of 1.22,

Warming > Control populations) (see Table S4).

Discussion

Here we provide evidence for long-term adaptation to increased temperatures in

Drosophila subobscura populations evolving in a warming environment. In fact, by generation 52

we found that our warming populations showed a large increase in reproductive success relative to

the ancestral populations (controls) when assayed in their own (warming) test environment (around

30%, see also below). Our findings point to the existence of sufficient standing genetic variation to

allow for an adaptive response in our populations despite the occurrence of sporadic bottlenecks

associated with thermal stress during development in particular generations and the long-term

maintenance of the ancestral populations in the lab. It might also be the case that some of these

episodes of high stress have opened the opportunity for interactions between drift and selection

(Cohan 1986; Cohan and Hoffmann 1989) and/or reshuffling of the genetic architecture with

increased additive genetic variation following bottlenecks (Bryant and Meffert 1993) that may allow

for further evolutionary potential and subsequent responses.

In any case, the slow response suggests that levels of genetic variability are not high in our

populations. Apart from the expected low heritability in traits closely related to fitness (Mousseau

and Roff 1987; Houle 1992), as well as reduced genetic variation from lower effective population

sizes in some generations. Prior laboratory adaptation (Simões et al 2017) may have also

contributed to a reduction of the initial standing genetic variation. Nevertheless, we expect

considerable genetic variability remains in our populations considering the genomic data from

other populations frame in our lab, with similar maintenance procedures and time frame (Seabra et

al. 2018).

It is important to note that the adaptive responses were only observed after the thermal

increase per generation in the warming cycle was halted by generation 24, as a similar experimental

test done at generation 22 failed to find evidence for thermal adaptation (Santos et al. 2023b). This

finding agrees with those of another evolution experiment addressing adaptation to incremental

warming in seed beetles (Hallsson and Björklund 2012; Rogell et al. 2014). These results are in

accordance with the expectation that evolution lags behind environmental change, with such

decoupling becoming larger with increasing rates of environmental change. Such high rates of

environmental change are challenging for Evolutionary rescue (Gomulkiewicz and Holt 1995),

further hindered by expected reductions in population size and in levels of genetic variation (Burger

and Lynch 1995; Bell and Gonzalez 2011; Bell 2017; Martin et al. 2023). The rate of environmental

change has been shown to be a critical factor for evolutionary rescue in experimental studies in

bacteria, with more adaptive responses observed under slower environmental change (Liukkonen

et al. 2021) and particular genotypes not being evolutionarily accessible under rapid environmental

change (Lindsey et al. 2013). Consistent with this, experimental studies in ectotherms addressing

short term evolution under continuously, fast increasing temperatures have shown a lack of

adaptive response (Schou et al. 2014; Kinzner et al. 2019; van Heerwaarden and Sgrò 2021). We

here show that adaptive responses can arise after prolonged evolution in a thermal environment

with daily fluctuation and wide thermal extremes but likely not when populations face a sustained,

fast rate of environmental perturbation. Consequently, this raises concerns about the ability of

populations to respond to sudden thermal shifts and in particular to sustained high rates of

environmental change.

We found that adaptation to the warming conditions was accompanied by changes of

different magnitude in the ancestral environment, with differences between warming and controls

being generally higher in the warming environment than in the ancestral environment as expected.

(Santos et al. 2023b) In this context, we observed that the patterns of the two geographical

populations were different, with relevant evidence that the difference in performance between the

ancestral and the new, warming environment was more substantial in the low latitude warming

populations than in the high latitude ones. Specifically, the low latitude warming populations

showed a large decline in performance in the ancestral environment at generation 39,which was

not the case for the high latitude populations. This pattern is suggestive of costs of adaptation in

these populations (see Santos et al. 2023) Such adaptive costs could be due to genetic trade-offs,

with alleles leading to opposite fitness effects across environments reinforcing local adaptation

(Kawecki and Ebert 2004). Nevertheless, by generation 52 such differences in the ancestral

environment were rather small, suggesting that such costs of adaptation were not particularly

relevant. This is not a surprising finding considering other studies in the literature (see (Hereford

2009; Bono et al. 2017) for a review). It might be the case that evolution under fluctuating

(heterogeneous) environments, as we use here, is less likely to allow for measurable costs of

adaptation than homogeneous environments since in the latter case organisms are not exposed to

different environmental conditions and consequently selection will not act to adjust/increase

performance in a wider range of environments (Bono et al. 2017). Our finding of an adaptive

response with transient costs suggests a possible advantage in future climatic scenarios where

warmer seasons are projected to be warmer (IPCC 2023) but, at the same time, populations will

need to keep their ability to cope with lower temperatures during colder seasons. However, this is

most likely not enough to ensure population persistence, given the pace of the evolutionary

response of the populations under study.

Even though populations of distinct history showed a quite comparable adaptive response

in the warming environment at the later generation assayed (i.e. higher latitude populations

showed a 31% increase relative to controls while a 28% increase was found for the lower latitude

populations), we found differences between them in the tempo of evolution. In fact, the high

latitude populations showed a delayed response to thermal selection, only evident after more than

50 generations of thermal evolution. In contrast, a response had been already observed in the low

latitude populations by generation 39 (Santos et al. 2023b). It is an open question whether the

different evolutionary dynamics and patterns observed between populations (still) reflect the

geographical differentiation of this species in nature, given they had been already evolving in the

control environment for around 70 generations by the time the new warming regime was imposed.

Regardless, it is interesting to note that these populations still maintained clear genomic and

karyotypic differentiation after the stronger phase of laboratory adaptation (~30 generations, see

Barreira 2023 and Simões et al. 2017). This suggests that some signature of past geographical

history still remains. Other studies in this species have found signs of geographical differentiation

associated with thermal responses (Castañeda et al. 2015; Porcelli et al. 2017). However, patterns

are contrasting across traits and populations studied, with higher thermal fertility in lower latitude

European *D. subobscura* populations (Porcelli et al. 2017), while the opposite trend was observed

for thermal tolerance (critical thermal maximum) in South American populations (Castañeda et al.

2015). All told, more robust studies of the impact of historical backgrounds would need additional

sampling of recently founded lab populations from varying latitudes.

In summary, we found that long-term adaptation to higher temperatures can occur *in D.

subobscura* but the pace of such response is slow and likely dependent on low rates of

environmental change. Thus, this finding supports the evidence that ectotherms may have limited

capability to respond evolutionarily to temperature shifts (Kellermann and van Heerwaarden 2019)

and may struggle to show an adaptive response to a fast-paced global warming. As expected, we

observed more robust changes in the warming than in the ancestral environment. We further

observed that the long-term evolutionary dynamics differs between populations of distinct

geographical origin, with the higher latitude populations showing an adaptive response to the

warming environment only in a more advanced generation (cf. (Santos et al. 2023b). This study

reinforces the need for long-term evolution experiments that assess the evolution of performance

under both the ancestral and the novel environment, and that scrutinize several populations to

account for variation within a species. Both these components will allow for more robust

assessments of species' responses to sustained climate change.

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Conflict of interest disclosure

The authors declare that they comply with the PCI rule of having no financial conflicts of interest in relation to the content of the article. The senior author (PS) is recommender for PCI Evol Biol.

Data, scripts, code, and supplementary information availability

Raw data and scripts are available online at https://doi.org/10.6084/m9.figshare.25431880.v2 Simões, Pedro (2024). Complete dataset and scripts for manuscript entitled: "Long-term dynamics of adaptation to a warming environment is dependent on historical background"; Authors: Marta A. Antunes, Afonso Grandela, Margarida Matos & Pedro Simões (2024). figshare. Dataset. https://doi.org/10.6084/m9.figshare.25431880.v2

Supplementary information is available online: https://www.biorxiv.org/content/10.1101/2024.02.15.580572v5.supplementary-material

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Tables

Table 1 - Analysis of local adaptation across generations, populations of distinct history and
environments.

Model parameters	Estimate	St. error	Df	χ2	p-value
Intercept	**3.185**	**0.022**	**1**	**20709.2**	**<0.001**
History	0.005	0.022	1	0.052	0.821
Selection	**-0.057**	**0.018**	**1**	**10.540**	**0.001**
Environment	**0.319**	**0.018**	**1**	**313.58**	**<0.001**
Generation	**0.087**	**0.018**	**1**	**23.907**	**<0.001**
History x Selection	-0.010	0.015	1	0.402	0.526
History x Environment	-0.017	0.018	1	0.875	0.349
Selection x Environment	**0.068**	**0.018**	**1**	**15.021**	**<0.001**
History x Generation	-0.017	0.016	1	1.106	0.293
Selection x Generation	0.026	0.015	1	2.917	0.088
Environment x Generation	0.025	0.018	1	1.939	0.164

604 Note: Total sample size: 915 observations. "Df": the degrees of freedom. Chisquare tests (χ2)
605 are presented. Statistically significant terms are represented in bold ($p<0.05$)

Figure Legends

Figure 1 - Design of the thermal adaptation experiment. Populations were collected in Adraga, Portugal (PT) and Groningen, Netherlands (NL) in 2013. By generation 70 in the lab (in January 2019), from each NL and PT replicate population (NL1-3 and PT1-3, then on designated as Ancestral population - AP) a new replicate population was derived and moved to the warming environment (see Figure 1) originating the populations WNL1-3 and PT1-3 (e.g. WPT1 and PT1 derive from the ancestral population PT1 etc) that constitute the warming thermal selection regime.

Figure 2 - Patterns of local adaptation for low latitude and high latitude populations at generations 39 and 52. Note: Full dots represent average replicate population values, while white dots represent the averages for each combination of thermal selection regime and history (i.e. NL, WNL, PT and WPT populations). Low latitude populations are represented in the first line and high latitude in the second line; Generation 39 is represented in the first column and generation 52 in the second column. Assayed individuals were subjected to Environment C - the "Control" test environment (constant 18oC) or the Environment W - "Warming" test environment (a daily fluctuation regime with a mean temperature of 21.4°C and a fluctuation between 13.5°C to 29.4°C).

622   **Figure 1**

632   **Figure 2**