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Liver regeneration requires reciprocal release of tissue vesicles to govern rapid hepatocyte proliferation

Running Title: Hepatocyte EVs safeguard liver regeneration

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Abstract

Background & Aims: The liver possesses a remarkable regenerative capacity involving intricate intercellular communication, the mechanisms of which remain poorly understood. Extracellular vesicles (EVs) emerge as important messengers in diverse pathophysiological conditions. However, tissue-derived, cell-specific functional EV populations in regeneration have not been robustly investigated.

Methods: Bulk and single-cell RNA sequencing analyses of the regenerating liver after partial hepatectomy (PHx), ultrastructural examinations of *in situ* liver tissue EVs (LT-EVs), and nanoscale and proteomic profiling of hepatocyte-derived tissue EVs (Hep-EVs) were integrated. Targeted inhibition of Hep-EV release *in vivo* was performed *via* AAV-mediated shRNA knockdown of *Rab27a*, and Hep-EVs were intravenously infused for therapeutically use. Gross, histological, and immunofluorescent examinations of livers with evaluating *in vivo* and *ex vivo* hepatocyte proliferation were conducted.

Results: LT-EVs contribute to the liver regenerative process after PHx, and hepatocytes serve as the major origin of tissue EVs in the regenerating liver. Moreover, Hep-EVs play an indispensable role to orchestrate liver regeneration, which is strengthened to release with proliferative messages identified after PHx. Mechanistically, Hep-EVs from the regenerating liver reciprocally promote hepatocyte proliferation, which are hallmarked by and function based on the Cyclin dependent kinase 1 (Cdk1) activity. Importantly, replenishment of Hep-EVs from the regenerating liver holds translational promise and rescues insufficient liver regeneration.

Conclusions: Our study establishes a functional and mechanistic framework that release

55   of regenerative Hep-EVs govern rapid hepatocyte proliferation through cell cycle control,

56   shedding light on investigation of physiological and endogenous tissue EV populations in

57   organ regeneration and therapy.

59   **Key words**

60   Liver regeneration; partial hepatectomy; hepatocytes; extracellular vesicles; cell cycle

Introduction

The liver is the largest solid organ in the body which critically maintains the metabolism and serves as the central hub for detoxification. In order to cope with daily challenges, the liver has developed a potent, robust, and fine-tuned regenerative capability, which can fully regenerate up-to-2/3 loss of the total parenchyma [1, 2]. The process of liver regeneration involves a complex cellular interplay primarily centered on hepatocytes but also including biliary cells and various non-parenchymal cells (NPCs) [3]. Particularly, in the healthy liver, hepatocytes are mitotically quiescent; whereas following toxic damage or surgical resection, hepatocytes can rapidly enter the cell cycle to proliferate with orchestrating the immune, endothelial, and stromal components to synergistically restore liver mass and function [4-8]. This hepatocyte expansion-related cellular coordination is acknowledged to be mediated by diverse paracrine cytokines, which safeguard efficient liver regeneration as a prerequisite for proper organismal functioning [4, 5, 9]. However, the liver regeneration capacity can be overwhelmed or suppressed under large injury or progressive damages, resulting in hepatic diseases as a global medical challenge [10, 11]. Further deciphering in-depth mechanisms underlying liver regeneration will thus help to devise feasible strategies for hepatic disease therapy.

Extracellular vesicles (EVs) represent an emerging and alternative form of intercellular communication regulating a variety of biological processes, which are functionalized with surface molecules and encapsulated cargoes, such as proteins, nucleic acids, and lipids [12, 13]. Particularly, solid tissues/organs are increasingly recognized as natural reservoirs of endogenous EVs, and tissue-derived EVs play a putative role in reflecting and regulating

the tissue health and disease statuses [14]. A recent study has isolated tissue EVs from the

kidney and the skin, which have been applied to promote target tissue repair in a donor

tissue-specific manner after allogeneic transplantation [15]. It has also been reported that

the liver tissue EVs (denoted LT-EVs) isolated from both normal and carbon tetrachloride

(CCl_4)-induced damaged livers accelerate the recovery of liver tissues from CCl_4-induced

hepatic necrosis after administration [16]. However, owing to the heterogeneous nature of

tissue resident cells and the imprecision property of the bulk isolation method of tissue EVs,

it remains an unmet need to characterize the detailed endogenous EV populations that

contribute to tissue physiology and pathology [17-19]. With regard to liver regeneration,

EVs derived from the cultured hepatocyte supernatant have been shown to promote liver

regeneration after infusion [20]. We have also recently reported that circulatory apoptotic

EVs contribute to liver regeneration [21]. Nevertheless, whether LT-EVs from hepatocytes

or any other cell types specifically participate in the liver regeneration process has not been

evaluated rigorously *in situ.*

Here, we aimed to investigate the role and mechanisms of tissue-derived, cell-specific

functional EV population(s) which potentially safeguard liver regeneration. By performing

unbiased examinations of the liver transcriptome *via* bulk RNA sequencing (RNA-seq) and

the hepatic cell landscape *via* single-cell RNA sequencing (scRNA-seq), we revealed that

hepatocytes serve as the key source of intercellular communication in the regenerating liver

after partial hepatectomy (PHx), which are programmed to be enriched for biogenesis and

release of EVs. Furthermore, we first conducted the ultrastructural observation of LT-EVs *in*

situ and established an immunomagnetic sorting protocol analyzing the hepatocyte-specific

LT-EVs marked by the featured asialoglycoprotein receptor (ASGPR) (denoted Hep-EVs),

which reveal enhanced release at the nanoscale with proliferative information identified at

the high-throughput proteomic level during liver regeneration. Then, by targeted inhibition

of hepatocyte EV release *in vivo* based on adeno-associated virus (AAV)-mediated short

heparin RNA (shRNA) knockdown of the GTPase *Rab27a* expression, we discovered that

Hep-EVs are indispensable for orchestrating liver regeneration. Mechanistically, Hep-EVs

from the regenerating liver were shown to reciprocally promote proliferation of hepatocytes,

which are hallmarked by and function *via* the Cyclin dependent kinase 1 (Cdk1) activity.

Importantly, replenishment of Hep-EVs from regenerating livers holds translational promise

and rescues insufficient liver regeneration. Therefore, our study establishes a functional

and mechanistic framework that release of regenerative Hep-EVs govern rapid hepatocyte

proliferation through cell cycle control, shedding light on investigation of physiological and

endogenous tissue EV populations in organ regeneration and therapy.

Materials and Methods

Animals

C57BL/6 male mice at the 8 weeks of age were used in this study, which were

purchased from the Laboratory Animal Center of the Fourth Military Medical University.

Mice were group-housed and maintained under specific pathogen-free conditions with

standard 12 h light/dark cycles and were kept feeding and drinking *ad libitum*. All animal

experiments were performed in compliance with the relevant laws and ethical regulations,

following the Guidelines of Intramural Animal Use and Care Committees of the Fourth

Military Medical University, approved by the Ethics Committee of the Fourth Military Medical

University (No. 2020-003), and following the ARRIVE guidelines.

PHx surgery

The PHx procedure was performed under a sterile condition [21]. Isoflurane inhalation

(R500IP, RWD Life Science, USA) was used to anesthetize the animals. For 2/3 PHx, the

median and left lobes of the liver were sequentially resected. The Sham operation was

performed by laparotomy. Sampling time points were set at 72 h throughout the study.

LT-EV collection and Hep-EV isolation

Tissue EVs were collected following our published protocol [22]. Mice were sacrificed

after 72 h of Sham or PHx surgeries, and the liver tissue was gently dissociated into tiny

pieces before being digestion with the Liberase TM enzyme (LIBTM-RO, Sigma-Aldrich,

USA) for 30 min at 37°C, followed by a filtration step through a 0.70-μm pore size filter. The

remaining liquid was centrifuged at 300 g for 10 min at 4°C and 2,000 g for 20 min at 4°C to

remove cell and tissue debris, and the supernatant was further centrifuged at 16,800 g for

30 min at 4°C to collect LT-EVs. For additional processing, LT-EVs were stained in dark with

ASGPR-PE antibody (sc-166633 PE, Santa Cruz Biotechnology, USA; diluted at 1:100) at

4°C for 4 h, and subsequently incubated with the anti-PE magnetic microbeads

(130-048-801, Miltenyi Biotec, USA) diluted at 1:16 in MACS buffer (130-091-221, Miltenyi

Biotec, USA) at 4°C for 15 min. After passing through the LD column (130-042-901, Miltenyi

Biotec, USA), ASGPR$^+$ LT-EVs (*i.e.*, Hep-EVs) were captured by the magnet. Hep-EVs

were then pushed into fresh sterile tubes and were subjected to two washes with PBS.

Hep-EVs were collected after 30 min of centrifugation at 16,800 g at 4°C.

Hep-EV inhibition and replenishment in vivo

The liver-targeting AAV serotype 8 (AAV8) with a hepatocyte-specific promoter, human

α1-antitrypsin promoter (hAATp), and an apolipoprotein E (ApoE) enhancer, was used to

specifically deliver shRNA to knockdown *Rab27a* in hepatocytes *in vivo*. Mice were injected

with either an AAV vector carrying the *Rab27a* shRNA (pAAV-ApoE/hAATp-*Rab27a*-shRNA,

Genechem, China) or a negative control vector (pAAV-ApoE/hAATp-null, Genechem, China)

through tail vein at a dose of 1×10^{11} v.g/200 µl per mouse. The AAVs were injected for 4

weeks before PHx and Hep-EV administration. For Hep-EV administration, Hep-EVs in

filtered PBS were injected after 28 days of AAV injection *via* the mouse caudal vein at a

dose of 5×10^{10} particles/200 µl per mouse for 24 h, followed by PHx surgery.

Additional materials and methods are described in Supplementary Materials and

Methods.

Results

Active involvement of *in situ* LT-EVs in the regeneration process after PHx

To begin, we selected the PHx model which enables the study of liver regeneration

without enormous necrosis [1, 2]. As expected, hepatocyte proliferation was confirmed at

72 h after 2/3 PHx by immunofluorescence (IF) staining, with also increased macrophage

inflammation and activation of liver sinusoidal endothelial cells (LSECs) and hepatic stellate

cells (HSCs), indicating regenerative responses at the organ level (Figure S1A and B). We

then performed liver bulk RNA-seq to analyze the potential events occurred during the

regenerative process. Within the 9,388 overlapping genes detected between Sham and

PHx livers (Figure 1A), 1,009 were differentially expressed genes (DEGs) (Figure 1B,

Figure S1C, and Table S1), which demonstrated regenerative characteristics enriched in

cell cycle and proliferation regulation, as shown by Gene Oncology (GO) analysis, Kyoto

Encyclopedia of Genes and Genomes (KEGG) analysis and Gene Set Enrichment Analysis

(GSEA) (Figure S1D-F). Notably, we further discovered remarkable enrichment of DEGs in

multiple EV-related GO terms, such as the "Extracellular exosome", "Extracellular vesicle",

and "Regulation of vesicle-mediated transport" (Figure 1C). Particularly, for the GO terms of

"Extracellular exosome" and "Extracellular vesicle", GSEA revealed significant upregulation

in the PHx liver over the Sham control, suggesting EV involvement in the liver regeneration

(Figure 1D).

Next, we intended to validate that whether LT-EVs indeed participated in regeneration.

Although not proved rigorously, *in situ* EVs putatively exist in the tissue extracellular space

and reflect pathophysiological features of the tissue [14, 15]. However, current studies

examine tissue EVs mainly *via* enzymatic digestion and isolation methods, resulting in loss

of spatiotemporal information and potential compromise of EV amount and integrity [17-19].

Existing literatures are also limited on the evaluation of *in situ* EVs in tissue regeneration.

To detect the *bona fide* EVs in the liver, we conducted transmission electron microscopy

(TEM) analysis of liver tissues. In tissue sections of PHx, compared to those of Sham,

hepatocytes were enlarged and the interstitial space among neighbored hepatocytes was

narrowed, in accordance with the hypertrophic phenotype in regeneration (Figure 1E) [23].

Intriguingly, in the extracellular space adjacent to hepatocytes, vesicle-like nanoparticles

were observed, which were presence in the Sham liver and demonstrated a dramatic

increase in abundance in the PHx liver (Figure 1E). In tissue extracellular spaces between

hepatocytes and macrophages or endothelial cells (ECs), nanosized vesicles were also

detected in Sham and PHx livers (Figure 1E). Together, these findings first indicate the

active involvement of *in situ* EVs in liver regeneration.

Hepatocytes are the major origin of LT-EVs during liver regeneration

Next, we examined the origin of LT-EVs in the liver regenerative process. Accordingly,

we re-analyzed two scRNA-seq data of the mouse liver respectively from Sham and PHx

conditions (GSM4572241 and GSM4572244). Cell clustering using t-distributed stochastic

neighbor embedding (tSNE) plot visualization identified 8 distinct liver cell types, in which

the proportion of hepatocytes decreased after PHx (Figure 2A and B). Despite decreased

proportion, pseudotime analysis showed that hepatocytes from Sham and PHx livers fell

into distinct stage branches with a few transitioning cells, indicating a cellular state shift

(Figure S2A). A total of 3,524 DEGs between Sham and PHx hepatocytes were identified

(Figure 2C), which were categorized based on the functional annotations of GO and KEGG

databases, such as the GO term "cellular anatomical entity" and the KEGG term "Transport

and catabolism" (Figure S2B and C). In-depth functional implications of the DEGs further

demonstrated remarkable enrichment of EV-related GO terms, particularly associated with

EV assembly and secretion (Figure 2D). These results suggest that hepatocytes might be

programmed for biogenesis and release of EVs in liver regeneration.

We then performed flow cytometric analysis of collected LT-EVs to investigate the

surface antigens inherited from their parental cells. Interestingly, ASGPR-marked LT-EVs

derived from hepatocytes were the largest ingredients of total LT-EVs at the physiological

state (a mean percentage at about 31%), which demonstrated an approximately two-fold

increase after PHx (Figure 2E). Other main components of Sham LT-EVs included those

from biliary epithelial cells (marked by cytokeratin 19, CK19) and B cells (marked by CD19),

which, nevertheless, were decreased after PHx (Figure 2E). Another LT-EV subpopulations

with increased proportions during the liver regeneration process were from F4/80-marked

Kupffer cells and CD31-marked ECs, while LT-EVs from liver-infiltrated monocyte-derived

macrophages (MoMFs, marked by CD11b), HSCs (marked by glial fibrillary acidic protein,

GFAP), and T cells (CD3) were only around or below 5% percentages of total constitution

(Figure 2E). Correspondingly, we mapped the previously unrecognized cell origin of LT-EVs

(Figure 2F). Taken together, these results suggest that hepatocytes are the major origin of

LT-EVs and serve as the key source of intercellular EV communication in the regenerating

liver.

Hep-EV release is indispensable for orchestrating liver regeneration

The above findings prompted us to investigate that whether Hep-EVs were functionally

required for liver regeneration. To address this question, we constructed and intravenously

(*i.v.*) administered the pAAV-ApoE/hAATp-*Rab27a*-shRNA to specifically inhibit hepatocyte

release of EVs *in vivo* (Figure 3A). As expected, compared to the PHx group and PHx mice

injected with the control vector, AAV8-mediated sh*Rab27a* delivery successfully reduced

LT-EV amount during liver regeneration (Figure 3B). To specifically analyze Hep-EVs, we

established a general protocol for collecting and characterizing antigen-specific tissue EVs

by integrating our previous methods of immunomagneto-activated sorting of the marked EV

population from cultured cells and isolation of traceable EVs from the tissue (Figure S3A)

[22, 24]. Using this method with adopting the ASGPR surface marker, we then validated the

suppressed release of Hep-EVs *in vivo* after pAAV-ApoE/hAATp-*Rab27a*-shRNA delivery

(Figure 3B). Importantly, targeted inhibition of Hep-EV release substantially reduced the

survival rate of mice after the PHx surgery, with only 25% of survival at 72 h, indicating

diminished liver regeneration (Figure 3C). Furthermore, gross analysis of livers from even

survived mice at 72 h, with histological examination and quantification of liver weight over

body weight (LW/BW) ratio, confirmed retarded regeneration without tissue alterations after

AAV8-mediated *Rab27a* knockdown (Figure 3D and E). Indeed, IF staining further showed

that pAAV-ApoE/hAATp-*Rab27a*-shRNA delivery prevented hepatocytes from entering into

proliferation after the PHx challenge, suggesting the functional importance of Hep-EVs for

liver parenchymal recovery (Figure 3F and G). Besides, AAV8-mediated *Rab27a* inhibition

led to suppressed inflammation of liver macrophages with reduced normal and activated

LSECs, as well as decreased quiescent HSCs yet increased activated HSCs, indicating the

necessity of Hep-EVs coordinating immune, endothelial, and mesenchymal responses in

liver regeneration (Figure 3F and G). Taken together, these findings highlight that Hep-EV

release is indispensable for orchestrating liver regeneration.

Hep-EVs reveal enhanced release with proliferative information in liver regeneration

Next, we investigated the characteristics of Hep-EVs in liver regeneration. As expected,

flow cytometric data confirmed that the ASGPR$^+$ percentage of LT-EVs was 33.79% before

immunomagnetic sorting, while the percentage decreased to 0.10% in ASGPR⁻ LT-EVs and

increased to 98.34% in sorted Hep-EVs (Figure 4A and Figure S3B). After validation of the

efficacy, we adopted this approach to investigate LT-EVs and Hep-EVs derived from Sham

and PHx mice, with the quality of EVs evaluated according to the Minimal information for

studies of extracellular vesicles 2023 (MISEV2023) [25]. Nanoparticle tracking analysis

(NTA) demonstrated that the diameters of LT-EVs from both Sham and PHx mice ranged

from 50 to 500 nm and peaked at 150-200 nm (Figure 4B). Notably, compared to Sham

mice, PHx mice produced significantly more amount of LT-EVs, as quantified by calculating

the particle number by NTA and the protein content by the BCA assay (Figure 4C). Further

observation by TEM showed that LT-EVs exhibited the typical cup-shape morphology with

membranous structure in Sham and PHx (Figure 4D). Furthermore, after immunomagnetic

sorting, Hep-EVs from Sham and PHx mice still showed characteristic particle distribution

in NTA (Figure 4E), and Hep-EVs derived from the PHx liver revealed higher yield than the

Sham counterparts (Figure 4F). Taken together, these results suggest that hepatocytes

strengthen EV release in liver regeneration.

We then examined the protein cargo profiles of Hep-EVs from Sham and PHx livers by

performing the liquid chromatography with tandem mass spectrometry (LC-MS/MS). A total

of over 3000 proteins were identified (Table S2). The Venn diagram illustrated the presence

of 3357 shared proteins between Sham and PHx Hep-EVs, with respective 56 and 129

distinct proteins in each group (Figure 4G). Among the shared proteins, 387 proteins were

identified as the differentially expressed proteins (DEPs; fold change > 1.5 and p value <

0.05), and 193 DEPs were upregulated in PHx Hep-EVs with 184 DEPs downregulated

(Figure 4H), showing clear separation and distinct protein signatures between Sham and

PHx Hep-EVs (Figure S4A). GO enrichment analysis of DEPs in the Cellular Component

(GO-CC) category further demonstrated that annotations related to the proliferative process,

such as "replication fork", "chromosomal, telomeric region", and "cytoplasmic microtubule",

were particular regulated terms in Hep-EVs during liver regeneration (Figure 4I). Regarding

the functionality of DEPs, they were also notably associated with "DNA replication" and

"Cell cycle" in the KEGG enrichment analysis, as well as certain mitosis-related terms in the

Biological Process (GO-BP) and Molecular Function (GO-MF) categories of GO databases

(Figure S4B-D).

The above findings identified liver regeneration-associated cargo profiles of Hep-EVs

centered on proliferative regulation. To validate these data, we selected several top DEPs

of interest for Western blot analysis (Figure 4J). Not surprisingly, both LT-EVs and Hep-EVs

from Sham and PHx mice expressed representative EV markers, such as the tetraspanin

surface molecule CD63, the lipid raft protein Flotillin-1, and the endosomal sorting complex

required for transport (ESCRT)-associated protein tumor suppressor gene 101 (TSG101)

(Figure 4K). Meanwhile, the Golgi component protein Golgin84, a negative EV marker, was

not detected in either LT-EVs or Hep-EVs (Figure 4K). Interestingly, PHx-derived Hep-EVs

were verified to highly express the matrix protein Proteoglycan 4 (Prg4) and the Non-SMC

condensin II complex subunit G2 (Ncapg2), which mediates the microtubule-attachment

process to accelerate mitosis [26], despite not being enriched with the epigenetic enzyme

DNA methyltransferase 1 (Dnmt1) and the DNA helicase Minichromosome maintenance

complex component 3 (Mcm3) [27] (Figure 4K). It was notable that Cdk1, the critical kinase

to promote the G2/M and G1/S transitions [28], was especially enriched in both LT-EVs and

Hep-EVs during liver regeneration (Figure 4K). Taken together, these findings highlight that

Hep-EVs reveal enhanced release with proliferative information in liver regeneration.

Hep-EVs from the regenerating liver reciprocally promote hepatocyte proliferation

via **Cdk1 activity**

We kept focusing on these DEPs and intended to dissect the potential relationship

between Hep-EV proteomic alterations and transcriptomic changes of their parental cells.

By integrating the scRNA-seq data and the proteomic data, we performed a nine-quadrant

analysis to distinguish cellular and vesicular expression patterns under liver regeneration.

The graph depicted the same expression patterns in a particular interested quadrant of P3,

showing upregulation in both cases (Figure 5A). GO enrichment analysis of this quadrant

revealed association of terms with cellular activity, especially the terms "epidermal growth

factor receptor binding" and "cyclin B1-CDK1 complex", suggesting proliferation-related

functionality (Figure 5B). Intriguingly, data suggested that organelle-related proteins were

uniquely upregulated in Hep-EVs irrespective of the cellular transcriptome (Figure S5A),

whereas metabolism-related terms showed consistent downregulation in hepatocytes and

their EVs during liver regeneration (Figure S5B). Together, these results indicate that EVs

diversify hepatocyte-derived information meanwhile inherit potential proliferative regulation

capability during liver regeneration.

We then deciphered that whether PHx-derived Hep-EVs were indeed able to regulate

cell proliferation for liver regenerative repair. Although that many liver cell populations were

affected by Hep-EV inhibition *in vivo* (Figure 3F), we focused on hepatocytes as putative

reciprocal targets of Hep-EVs given the critical role they plays to regenerate the liver based

on effective proliferation control [1]. Furthermore, considering the proliferative information

carried by PHx-derived Hep-EVs, particularly the Cdk1 enrichment (Figure 4K and 5B), we

tested that whether PHx-derived Hep-EVs regulated target cell mitosis mediated by Cdk1

activity. To this end, cultured hepatocytes were treated with Hep-EVs from Sham and PHx

livers, and PHx-derived Hep-EVs were preconditioned with or without a chemical inhibitor

of Cdk1. Expectedly, 5-ethynyl-2'-deoxyuridine (EdU) labeling analysis and Ki67 IF staining

demonstrated that PHx-derived Hep-EVs significantly promoted DNA synthesis of cultured

hepatocytes, while Sham-derived Hep-EVs failed to do so (Figure 5C and D). IF staining of

Ki67 with Phosphohistone H3 (PHH3), which marks cells in late G2 and M phases [29],

further revealed the effect of PHx-derived Hep-EVs, but not their Sham counterparts, to

accelerate hepatocyte mitosis (Figure 5C and D). The effects of PHx-derived Hep-EVs on

hepatocyte proliferation were suppressed by the Cdk1 inhibitor pretreatment, as shown by

reduced EdU, Ki67, and PHH3 positive cell percentages (Figure 5C and D), which was

particularly related to Cdk1 inhibition given the Cdk1 function to facilitate the G1/S and

G2/M transitions [28]. The cellular wound closure assay confirmed the beneficial effects of

PHx-derived Hep-EVs, rather than Sham-derived Hep-EVs, on the healing capability of

hepatocytes, which were also based on Cdk1 activity (Figure 5E and F). Collectively, these

findings suggest that Hep-EVs from the regenerating liver reciprocally promote hepatocyte

proliferation *via* Cdk1 activity.

Replenishment of Hep-EVs from the regenerating liver rescues insufficient liver regeneration

Finally, we investigated that whether Hep-EVs were of translational promise to promote liver regeneration upon infusion. As a first proof-of-concept experiment, we intravenously administered liver-isolated Hep-EVs to replenish diminished *in vivo* Hep-EVs in recipient AAV8-treated *Rab27a*-knockdown mice (Figure 6A). Importantly, survival analysis showed that Hep-EV replenishment was remarkably effective to promote liver regeneration after the PHx surgery, and mice injected with PHx-derived Hep-EVs exhibited higher survival rate than those receiving Sham-derived EVs (Figure 6B). Further gross view with histological analysis of livers from survived mice of each group confirmed that PHx-derived Hep-EVs significantly promoted liver regeneration upon infusion (Figure 6C and D). The effects of Hep-EVs to promote hepatocyte proliferation after replenishment were also discovered by IF staining, in which infusion of both Sham-derived and PHx-derived Hep-EVs increased the Ki67-positive hepatocyte percentages *in vivo*, especially PHx-derived Hep-EVs (Figure 6C and D). Taken together, these results suggest that replenishment of Hep-EVs from the regenerating liver is able to rescue insufficient liver regeneration.

Discussion

The liver is responsible for maintaining metabolism and detoxification of the body and is highly regenerative [1, 2]. The process of liver regeneration involves complex intercellular communication [3]. However, the mechanism of this elaborate functional interaction has not been thoroughly understood. EVs are biologically active paracrine messengers which act

dynamically in various pathophysiological states [12, 13]. In the present study, we mapped

the transcriptomic landscape of liver regeneration at both the bulk and the single cell levels,

which highlighted the crucial role of hepatocyte-centered intercellular communication based

on EVs. Our investigation further uncovered that liver regeneration promoted the release of

LT-EVs, particularly Hep-EVs, which were confirmed both *in situ* and *ex vivo* with inheriting

regulated regenerative cues. Notably, Hep-EVs were demonstrated to promote hepatocyte

proliferation in a reciprocal mode based on the Cdk1 activity, which played a necessary role

in vivo to safeguard liver regeneration in the physiology and upon therapeutic infusion. For

the first time, this study provides an integrated phenotypic and functional characterization of

the hepatocyte-specific tissue EVs in liver regeneration, offering insights into the biological

and mechanistic aspects of the regenerating liver.

The liver possesses the remarkable ability to fully regenerate after undergoing partial

resection [2]. Studies have documented that liver regeneration involves a combination of

subsequent hepatocyte division, hypertrophy, and proliferation [8, 23]. Our sequencing data

further suggested significant influences of liver regeneration on the metabolic processes of

hepatocytes, which are largely suppressed in the regenerating liver. Indeed, the metabolic

reprogramming after PHx represent an important event, and the transcriptome sequencing

combined with metabolomic analysis has indicated detailed metabolic changes during liver

regeneration [30, 31]. Our findings, together with others' findings and despite preliminary,

suggest that hepatocytes might sacrifice metabolic activity for safeguarding regenerative

expansion, and that hepatocytes are equipped with flexible metabolic machinery able to

adapt dynamically to tissue regeneration [31]. It is also noteworthy that our data revealed

involvements of the immune, endothelial and stromal cell components in liver regeneration,

which are in accordance with the current understanding [3, 10, 32], and that communication

between hepatocytes and various cell populations through EVs potentially contributed to

liver regeneration. Future research is needed to examine in-depth the multimodal paracrine

regulation mechanisms *via* Hep-EVs that safeguard liver regeneration.

Researchers worldwide have recently dedicated significant efforts to investigating EVs.

These membranous nanoparticles are discovered to escape from the autophagy-lysosomal

pathway and be release into the circulation and the extracellular space of tissues [33, 34].

Particularly, studies have shown the potential of tissue EVs in promoting regeneration, and

LT-EVs have been employed to expedite the hepatic disease recovery process [15, 16, 35].

However, the specific cell origin of tissue EVs responsible for the action remains unknown.

In this study, we established an immunomagnetic assay to specifically isolate Hep-EVs in

the regenerating liver. As phenotypically assessed, the isolation procedure did not exert

significant impact on EV morphology and size distribution, suggesting that the properties of

these tissue-derived EVs were largely maintained. With advantages of potent specificity

and efficiency [36, 37], utilization of this approach in the EV research will benefit biological

and mechanistic investigations of endogenous tissue EVs, as well as for diagnostic and

therapeutic applications. In addition, this approach can be applied to gain profound insights

into crucial subsets of EVs not only derived from specific cell sources but also possessing

featured membrane proteins. Future examinations should elucidate distinct functionalities

of LT-EVs from diverse cell sources in liver health and disease.

The pivotal role EVs play in regulating liver health and disease has been suggested,

but the function of endogenous LT-EVs remains not fully understood [38]. In a recent work, it has been documented that Interferon regulatory factor 1 (IRF1)-Rab27a-regulated EVs promote liver ischemia/reperfusion injury through surface oxidized phospholipids (OxPL) activation of neutrophils [35]. In our study, we have also discovered that the regenerative Hep-EVs are released based on Rab27a control, while it remains to be investigated the upstream molecular regulator of Rab27a following the PHx challenge. For the EV diversity contributing to liver regeneration, we have previously uncovered that circulatory apoptotic vesicles (apoVs) safeguard liver regeneration through facilitating the organelle assembly of hepatocytes [21]. Others have unraveled that PHx-induced apoVs stimulate neutrophils to secrete regenerative growth factors [39]. Here, we first reveal that Hep-EVs are functionally required to govern rapid hepatocyte proliferation *in vivo* and *in vitro*, which further show translational promise to promote liver regeneration upon systemic infusion. It has recently been reported that the EV cargoes are not randomly but specifically selected [40]. Notably, the Cdk1-based cell cycle control mechanism will have particular implications as potential pharmacological targets [28]. Therefore, the effects of Hep-EV infusion on promoting liver regeneration are valuable for the translational use of tissue EVs in therapies.

In summary, our findings provide the first knowledge that hepatocyte-specific tissue vesicles are phenotypically involved in and functionally required for liver regeneration. Our study paves an avenue for in-depth biological and mechanistic research of regenerative Hep-EVs and sheds light on physiological and endogenous tissue EV populations in organ regeneration and therapy.

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Author contributions

S.Q.Y. and Y.C. contributed equally to the design and conduction of the study and drafted the manuscript. Z.K.Z. and X.Y.L. analyzed and interpreted data. X.H.Z. contributed to the transcriptomic and scRNA-seq experiments. K.S. performed partial hepatectomy. J.Y.Q. contributed to NTA and WB experiments. S.J.X. contributed to H&E and IF experiments. Y.Y.L. contributed to TEM and flow cytometry analysis. K.Z. contributed to the proteomic experiment. C.X.Z. and F.J. contributed to the discussion and interpretation of data. Y.J. and B.D.S. conceived the project, designed and supervised the experiments. All authors revised the manuscript and approved the final version.

Competing interests

Authors declare that they have no competing interests.

Data and materials availability

460 All data included in this study are available upon reasonable request of corresponding

461 authors.

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 Figure Legends

 Figure 1. LT-EVs are involved in the liver regenerative process after PHx. **(A)** Venn

 diagram of transcriptome of PHx and Sham livers. **(B)** Volcano plot of transcriptome of PHx

 and Sham livers. **(C)** GO terms of DEGs related to EVs enriched in PHx over Sham livers.

 (D) GSEA analysis of DEGs between PHx and Sham livers for the GO terms "extracellular

 exosome" and "extracellular vesicle". **(E)** TEM analysis of Sham and PHx liver tissues.

 Hepatocytes, macrophages, and ECs were identified with featured morphologies. Red

 arrows indicating LT-EVs in the extracellular interstitial space. Bars: 1 μm (low

 magnification) and 200 nm (high magnification).

 Figure 2. Hepatocytes are the major origin of LT-EVs during liver regeneration. (A)

 tSNE plots displaying the distribution of different cell types in Sham and PHx livers. Source

 data were derived from the GSM4572241 and GSM4572243 series in the GEO database.

 (B) Cell type proportion in Sham and PHx livers. **(C)** Volcano plot showing DEGs between

 PHx and Sham hepatocytes. **(D)** GO enrichment analysis of DEGs in PHx over Sham

 hepatocytes. **(E)** Flow cytometric analysis of Sham and PHx LT-EVs with surface exposure

 of ASGPR, F4/80, CD11b, CD31, GFAP, CK19, CD3, and CD19. Corresponding isotype

 control groups were used to distinguish positively stained EVs. Mean ± SD. n = 3 per group.

 , $p < 0.01$; ***, $p < 0.001$; ****, $p < 0.0001$; two-tailed Student's unpaired *t* tests. **(F) Pie

 charts illustrating the quantification of LT-EV constitution originated from different cell types

 using mean values of (E) normalized to percentages.

Figure 3. Hep-EV release is indispensable for orchestrating liver regeneration. (A) Schematic diagram of the study design using AAV8-shRNA to inhibit hepatocyte *Rab27a via i.v.* injection prior to PHx. **(B)** Quantification of particle number of LT-EVs and Hep-EVs determined by NTA. Hep-EVs were immunomagetically sorted from LT-EVs. Mean ± SD. n = 3 per group. **, $p < 0.01$; ****, $p < 0.0001$; one-way ANOVA with Turkey's post-hoc tests. **(C)** Kaplan-Meier survival analysis of mice. n = 8 per group. Log-rank test was used. **(D)** The gross view images and H&E staining of liver tissues. Bars = 500 mm (gross view) and 100 mm (H&E). **(E)** Quantification of liver weight over body weight ratio. Mean ± SD. n = 3 per group. *, $p < 0.05$; one-way ANOVA with Turkey's post-hoc tests. **(F)** IF staining of hepatocyte proliferation, macrophage inflammation, LSEC and HSC activation in the liver. Bars = 50 μm. **(G)** Quantification of percentages of proliferative hepatocytes, total and inflammatory macrophages, total and activated LSECs and HSCs in the liver. Mean ± SD. n = 3 per group. *, $p < 0.05$; one-way ANOVA with Turkey's post-hoc tests.

Figure 4. Hep-EVs reveals enhanced release with proliferative information during liver regeneration. (A) Flow cytometric analysis showing ASGPR surface expression on LT-EVs before and after immunomagnetic sorting. **(B)** Size distribution of LT-EVs analyzed by NTA. **(C)** Quantification of particle number of LT-EVs by NTA and protein amount of LT-EVs determined by the BCA assay. Mean ± SD. n = 3 per group. *, $p < 0.05$; ***, $p < 0.001$; one-way ANOVA with Turkey's post-hoc tests. **(D)** Representative TEM image of LT-EVs from Sham and PHx livers. Bars = 250 nm. **(E)** Size distribution of sorted Hep-EVs analyzed by NTA. **(F)** Quantification of particle number of sorted Hep-EVs by NTA and

protein amount determined by the BCA assay. Mean ± SD. n = 3 per group. ***, $p < 0.001$;

****, $p < 0.0001$; one-way ANOVA with Turkey's post-hoc tests. **(G)** Venn diagram of

proteome of PHx and Sham Hep-EVs. **(H)** Volcano plot of proteome of PHx and Sham

Hep-EVs. **(I)** GO terms in the Cellular Component category of DEPs enriched in PHx over

Sham Hep-EVs. **(J)** Western blot analysis of protein marker expression of LT-EVs and

Hep-EVs. **(K)** Top-ranked DEPs of interest in Hep-EVs and Western blot validation of

expression.

Figure 5. Hep-EVs from the regenerating liver reciprocally promote proliferation of

hepatocytes *via* Cdk1 activity. (A) Nine-quadrant diagram showing integrated analysis of

hepatocyte transcriptome from scRNA-seq and Hep-EV proteome. **(B)** GO enrichment

analysis of the P3 quadrant showing consistent upregulation of hepatocyte genes and

Hep-EV proteins. **(C)** EdU assay and IF staining of PHH3 with Ki67 for proliferative

hepatocytes treated with Hep-EVs and the Cdk1 inhibitor RO-3306. Bars = 100 μm. **(D)**

Quantification of percentages of EdU$^+$, Ki67$^+$, PHH3$^+$ hepatocytes and PHH3$^+$Ki67$^+$

hepatocytes among Ki67$^+$ hepatocytes. n = 3 per group. *, $p < 0.05$; **, $p < 0.01$; ***, $p <$

0.001; ****, $p < 0.0001$; one-way ANOVA with Turkey's post-hoc tests. **(E)** Representative

images of wound closure assay of hepatocytes treated with Hep-EVs and the Cdk1 inhibitor

RO-3306. Bars = 250 μm. **(F)** Quantification of wound closure rates of hepatocytes. n = 3

per group. *, $p < 0.05$; **, $p < 0.01$; one-way ANOVA with Turkey's post-hoc tests.

Figure 6. Replenishment of Hep-EVs from the regenerating liver rescues insufficient

liver regeneration. (A) Schematic diagram of the study design using Hep-EV infusion as a

replenishment into AAV8-sh*Rab27a*-treated mice before liver regeneration analysis. **(B)**

Kaplan-Meier survival analysis of mice. n = 8 per group. Log-rank test was used. **(C)** Gross

view liver images, H&E staining of liver tissues, and IF staining of hepatocyte proliferation.

Bars = 500 mm (gross view), 100 mm (H&E), and 50 µm (IF). **(D)** Quantification of liver

weight over body weight ratio and percentages of proliferative hepatocytes. Mean ± SD. n =

3 per group. *, $p < 0.05$; **, $p < 0.01$; one-way ANOVA with Turkey's post-hoc tests.

A Liver bulk RNA-seq analysis

Sham   PHx

129   9388   715

B DEGs: PHx VS Sham ● Down: 121 ● Up: 888

-Log10 *p* value vs Log2 fold change

C GO enrichment analysis of PHx VS Sham DEGs

Gene number ● 10 ● 20 ● 30

-log$_{10}$(Qvalue)

Extracellular exosome
Extracellular vesicle
Protein processing in phagocytic vesicle
Regulation of protein processing in phagocytic vesicle
Positive regulation of protein processing in phagocytic vesicle
Positive regulation of vesicle fusion
Regulation of vesicle-mediated transport
Renal vesicle formation
Minus-end-directed vesicle transport along microtubule

Gene ratio

D GSEA: Extracellular exosome

Nominal p-value: 0.034517765
FDR: 0.45559755
ES: 0.53461057
Normalized ES: 1.2893915

Positive   Negative

GSEA: Extracellular vesicle

Nominal p-value: 0.02532928
FDR: 0.47628653
ES: 0.52281255
Normalized ES: 1.277613

Positive   Negative

E Liver tissue TEM

Sham   PHx

A Liver scRNA-seq analysis

Sham / PHx
tSNE-2 vs tSNE-1

- Hepatocytes
- B cells
- T cells
- Erythrocytes
- Endothelial cells
- Neutrophils
- Macrophages
- Plasma B cells

B

Percentage of cells (%)
Sham / PHx

- Hepatocytes
- T cells
- Erythrocytes
- B cells
- Endothelial cells
- Neutrophils
- Macrophages
- Plasma B cells

C DEGs: PHx^{Hep} VS Sham^{Hep}

Down: 2292   Up: 1232

$-Log10$ FDR vs Log2 fold change

D GO enrichment analysis of PHx^{Hep} VS Sham^{Hep} DEGs

- extracellular vesicle
- positive regulation of extracellular exosome assembly
- regulation of extracellular exosome assembly
- positive regulation of exosomal secretion
- regulation of exosomal secretion
- extracellular exosome assembly
- negative regulation of exosomal secretion
- exosomal secretion
- extracellular vesicle biogenesis

Gene number: 1, 7.5, 14, 20.5, 27
$-log_{10}(FDR)$: 0.6, 0.5, 0.4, 0.3, 0.2, 0.1

Gene ratio

E Cell origin of LT-EVs

Sham^{LT-EVs} / PHx^{LT-EVs}

ASGPR (Hepatocytes): 30.7%±12.9% / 65.1%±8.5%**
F4/80 (Kupffer cells): 1.0%±0.1% / 7.5%±0.8%****
CD11b (MoMFs): 1.0%±0.1% / 3.2%±0.8%**
CD31 (Endothelial cells): 6.2%±1.9% / 15.6%±0.9%**
GFAP (Hepatic stellate cells): 3.2%±0.3% / 5.6%±0.5%**
CK19 (Biliary epithelial cells): 19.1%±0.6% / 10.1%±0.9%***
CD3 (T cells): 5.0%±0.7% / 1.0%±0.3%***
CD19 (B cells): 18.1%±1.5% / 1.1%±0.3%****

F Sham^{LT-EVs} / PHx^{LT-EVs}

Sham: 31%, 16%, 18%, 5%, 3%, 19%, 6%, 1%, 1%
PHx: 60%, 1%, 1%, 5%, 9%, 14%, 3%, 7%

- Hepatocytes
- Kuffer cells
- MOMFs
- Endothelial cells
- Hepatic stellate cells
- Biliary epithelial cells
- T cells
- B cells
- Others

A Hep-EV sorting efficacy

Unsorted LT-EVs — 33.79%
ASPGR(-) LT-EVs — 0.10%
ASGPR(+) LT-EVs — 98.34%

Counts (%) / ASGPR / PE-H

B NTA analysis

— Sham^LT-EVs
— PHx^LT-EVs

Particle number / Size / nm

C LT-EV quantification

Particle number (10^11/mg liver): Sham^LT-EVs, PHx^LT-EVs *
Protein content (μg/mg liver): Sham^LT-EVs, PHx^LT-EVs ***

D TEM analysis

Sham^LT-EVs / PHx^LT-EVs

E NTA analysis

— Sham^Hep-EVs
— PHx^Hep-EVs

Particle number / Size / nm

F Hep-EV quantification

Particle number (10^10/mg liver): Sham^Hep-EVs, PHx^Hep-EVs ****
Protein content (μg/mg liver): Sham^Hep-EVs, PHx^Hep-EVs ***

G Proteomic analysis

Sham^Hep-EVs 56 — 3357 — 129 PHx^Hep-EVs

H DEPs: PHx^Hep-EVs VS Sham^Hep-EVs

Down: 184
Up: 193

-Log10 p value / Log2 fold change

Labels: Mup17, Glb1, Eef1d, Pbld1, Mup22, Saa2, Qrm2, Golm1, Saa1, Dnmt1

I GO-CC enrichment of PHx^Hep-EVs VS Sham^Hep-EVs DEPs

replication fork
pronucleus
serine C-palmitoyltransferase complex
protein-cysteine S-palmitoyltransferase complex
palmitoyltransferase complex
nuclear replisome
chromosome
chromosome, telomeric region
condensed nuclear chromosome
replisome
chromosomal region
cytoplasmic microtubule
protein-DNA complex
condensin complex
nuclear replication fork
condensed chromosome
U12-type spliceosomal complex
nuclear chromosome
endoplasmic reticulum membrane
endoplasmic reticulum subcompartment
organelle subcompartment
endoplasmic reticulum
nucleocytoplasmic transport complex
RNA nuclear export complex
microbody lumen
peroxisomal matrix
GPI-anchor transamidase complex
signal peptidase complex
platelet dense granule lumen
chylomicron
mitochondrial respiratory chain complex III
respiratory chain complex III
very-low-density lipoprotein particle
triglyceride-rich plasma lipoprotein particle
high-density lipoprotein particle
MICOS complex
muscle myosin complex
fibrillar center
myosin II complex
mitochondrial intermembrane space

Q category: Q1, Q2, Q3, Q4
Low — -Log10(P value) — High
0 1 2 3 4

J Top DEPs of interest

Protein	Ratio	P value
Dnmt1	15.437	0.035379
Golm1	13.626	0.017569
Tubb6	11.559	0.004754
Ncapg2	10.372	0.004013
Cdk1	9.0727	0.046486
Prg4	8.9982	0.015453
Ipo9	7.2444	0.009041
Mcm3	6.5057	0.004057

K

Dnmt1
Ncapg2
Cdk1
Prg4
Mcm3
CD63
Flotillin-1
TSG101
Golgin84

Sham PHx | Sham PHx
LT-EVs | Hep-EVs

A Integrated analysis of hepatocyte transcriptome and Hep-EV proteome

B GO enrichment analysis of P3

C

Heps | Heps+Sham^Hep-EVs | Heps+PHx^Hep-EVs | Heps+PHx^Hep-EVs+Cdk1i

D Proliferation rate analysis

E

0 h | 6 h | 12 h

Heps | Heps+Sham^Hep-EVs | Heps+PHx^Hep-EVs | Heps+PHx^Hep-EVs+Cdk1i

F Wound closure analysis

■ Heps
■ Heps+Sham^Hep-EVs
■ Heps+PHx^Hep-EVs
■ Heps+PHx^Hep-EVs+Cdk1i

A

Pseudotime analysis of hepatocytes

Stage

Sham^Hep

PHx^Hep

B

GO analysis of PHx^Hep VS Sham^Hep DEGs

Cellular Component

cellular anatomical entity
protein-containing complex
virion component

Biological Process

cellular process
metabolic process
biological regulation
regulation of biological process
response to stimulus
localization
multicellular organismal process
developmental process
positive regulation of biological process
negative regulation of biological process
signaling
multi-organism process
immune system process
reproduction
reproductive process
locomotion
growth
viral process
biological adhesion
behavior
rhythmic process
detoxification
biomineralization
pigmentation
nitrogen utilization
carbohydrate utilization
biological phase
carbon utilization

Molecular Function

binding
catalytic activity
transporter activity
molecular function regulator
transcription regulator activity
structural molecule activity
ATP-dependent activity
molecular transducer activity
molecular adaptor activity
translation regulator activity
antioxidant activity
molecular carrier activity
cargo receptor activity
cytoskeletal motor activity
protein tag
small molecule sensor activity
protein folding chaperone
general transcription initiation factor activity
toxin activity

Up
Down

C

KEGG analysis of PHx^Hep VS Sham^Hep DEGs

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Signaling molecules and interaction — 55
Membrane transport — 16

Gene number

A

| Preparation of LT-EVs | Magnetic isolation of Hep-EVs |

Preparation of LT-EVs

Dissociation
Liver tissue dissociation

Liberase TM
37°C, 30 min

Digestion
Enzymatic incubation — Filtration

300 g, 10 min, 4°C
2,000 g, 20 min, 4°C

16,800 g, 30 min, 4°C

Differential centrifugation
Liver tissue EVs (LT-EVs)

Magnetic isolation of Hep-EVs

Antibody incubation
LT-EVs — Add ASGPR-PE antibody — 4 h, 4°C, in dark place
Resuspension — ASGPR-PE incubation

Magnetic bead incubation
Add anti-PE magnetic microbeads
15 min, 4°C, in dark place
Bead incubation

Magnetic sorting
Passing *via* the LD column — Magnetic microbead-incubated LT-EVs — ASGPR(-) LT-EVs

Collection
16,800 g, 30 min, 4°C — Magnetic microbead-sorted ASGPR(+) LT-EVs (*i.e.*, Hep-EVs)

B

	Tube A	Tube B	Tube C	Tube D	Tube E
ASGPR-PE antibody			+	+	+
PE isotype antibody	+	+	+	+	+
Anti-PE microbeads	+	+	+	+	+
PBS	+	+	+	+	+

ASGPR(-) LT-EVs

ASGPR(+) LT-EVs

Magnetic sorting

A DEPs of proteomic analysis

B KEGG enrichment of PHx^Hep-EVs VS Sham^Hep-EVs DEPs

C GO-BP enrichment of PHx^Hep-EVs VS Sham^Hep-EVs DEPs

D GO-MF enrichment of PHx^Hep-EVs VS Sham^Hep-EVs DEPs

A GO enrichment analysis of P6 and P9

B GO enrichment analysis of P7